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# Restful Me. The Great State of Maine Roadside Rest Areas

Maine Department of Economic Development

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**MAINE ROADSIDE REST AREAS**  
 built and maintained by the Maine State Highway Commission are also indicated on the *Official Highway Map* of Maine. The approximate locations are indicated by the symbol ▲. Also shown on the map are approximate locations of campsites and lunchgrounds, in the Forestry District, under supervision of the Maine Forest Service. These are shown by the symbols ▲ and △. Further details about these are given in the booklet "Forest Campsites".



#### PUBLICATIONS AND INFORMATION SOURCES

##### Publications Mentioned in This Folder:

*Official Maine Highway Map*  
 Maine State Highway Commission  
 State Office Building, Augusta, Maine 04330  
*Forest Campsites -- Maine Forest Service*  
 State Office Building, Augusta, Maine 04330

##### Other Information and Publications about Maine:

Maine Department of Economic Development  
 State Office Building, Augusta, Maine 04330  
 Maine Publicity Bureau  
 78 Gateway Circle, Portland, Maine 04102  
 State of Maine Information Center  
 48 Rockefeller Plaza, New York City, N. Y. 10020  
 State of Maine Information Center  
 Laurentien Hotel, Dominion, Montreal, Canada

##### Other Information Centers:

Jct. of U. S. Rt. 1 & Me. Turnpike, Kittery, Maine  
 Bass Park, Bangor, Maine  
 U. S. Rt. 302, Fryeburg, Maine (summer only)  
 Maine Turnpike, North  
 Cumberland, Maine (summer only)  
 Internat'l Bridge, Calais, Maine (summer only)  
 All Local Chamber of Commerce Offices

## MAINE ROADSIDE REST AREAS

### Greetings:

The Maine State Highway Commission invites you to use the roadside rest areas that are conveniently located along major highways throughout the state.

Each area is marked with a large brown and yellow "Rest Area" sign at the site and an advance warning sign to let you know a rest stop is just ahead. The rest areas are equipped with tables and litter barrels as well as other facilities for your pleasure and comfort.

Maine is proud of its natural scenery from the rugged coast to the beautiful lakes and mountains. Please help keep Maine beautiful by using litter bags in your car and the litter barrels provided in the rest areas and turnouts.

It is our sincere wish that you enjoy using the roadside rest areas and Maine highways. Enjoy your trip, and visit with us often in the future.

David H. Stevens, Chairman  
 State Highway Commission

### THIS VACATION PLANNER

indicates the locations of Highway Rest Areas by listing the routes and towns where these are to be found. Also listed are the number of picnic tables at each site. We trust this will be helpful in planning your travels in Maine.

\* \* \* \* \*

One in a series of Vacation Planners programmed by the Maine Department of Economic Development, available from 78 Gateway Circle, Portland, Maine 04102. Prospective visitors to Maine are interested in the "facts", and these brochures are designed with this in mind. We would appreciate receiving your comments.

#### Please write:

Maine Department of Economic Development  
 State Office Building, Augusta, Maine 04330

published by  
 Department of Economic Development  
 State House, Augusta, Maine 04330  
 Appropriation Number 1230



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# MAINE ROADSIDE REST AREAS

## WHERE TO FIND THEM

LOCATION	TABLES
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U. S. ROUTE 1	
Kittery	10
York	8
York	8
Kennebunk	12
Saco	14
Freeport	15
West Bath (northbound)	12
West Bath (southbound)	12
Newcastle	16
Damariscotta	9
Waldoboro	11
Rockport	17
Northport	6
Verona	10
Ellsworth	8
Sullivan	6
Milbridge	4
Jonesboro	4
Whiting	5
Edmunds	6
Perry	6
Calais	11
Weston	3
Orient	4
Littleton	4
Westfield	4
Cyr	8
Van Buren	3
Madawaska	6
Fort Kent	6

U. S. ROUTE 1A	
Hampden	11
Ellsworth	6
Mars Hill	3

U. S. ROUTE 2	
Gilead	5
Bethel	12
Rumford	9

U. S. ROUTE 2 (Continued)	
Dixfield	14
Wilton	9
Farmington	6
Skowhegan	11
Skowhegan	4
Pittsfield	7
Carmel	9
Greenbush	5
Lincoln	8
Mattawamkeag	6
Macwahoc	4
Township 1 Range 5	6
Dyer Brook	5

U. S. ROUTE 2A	
Forkstown (T3-R2)	10

ROUTE 3	
Vassalboro	14
Verona	10
Ellsworth	6

ROUTE 4	
North Berwick	4
Alfred	3
Gorham	4
New Gloucester	4
Auburn	16
Turner	6
Livermore	5
Jay	6
Avon	6
Madrid	21

ROUTE 5	
Waterboro	9
Baldwin	8
Brownfield	4
Stoneham	3

ROUTE 6	
Codyville Plt.	3
Topsfield	4
Sebec	8
Guilford	5
Greenville	10
Sandy Bay Twp. (T5-R3)	5

ROUTE 9	
Wells	4
Clifton	6
Devereaux (T29 MD)	6
Township 31 Middle Div.	5
Crawford	4
Baileysville	4

ROUTE 11	
Limington	4
Mechanic Falls	6
Poland	5
Brownville	6
Township 4 Indian Purch.	3
Township A Range 7	6
Grindstone (T1-R7)	3
Grindstone (T1-R7)	5
Hersey	3
Township 7 Range 5	5
Township 8 Range 5	4
Township 9 Range 5	3
Township 15 Range 6	6

ROUTE 15	
Corinth	5
Greenville	10

ROUTE 16	
Lower Cupsuptic (T4-R3)	3
Kingsbury Plt.	11
Guilford	5
Sebec	8
Alton	5

ROUTE 17	
Coopers Mills (Whitefield)	4
Readfield	4
Fayette	3
Roxbury	4
Byron	6

ROUTE 23	
Dexter	4
Sangerville	5

ROUTE 24	
Harpwell	10

ROUTE 25	
Porter	4
Kezar Falls (Parsonsfield)	12
Limington	7

ROUTE 26	
Gray	4
Poland	5
Oxford	7
West Paris	11
Greenwood	8
Upton	4

ROUTE 27	
Boothbay	4
Edgecomb	3
New Vineyard	6
Alder Stream (T2-R5)	6

ROUTE 32	
Waldoboro	11
Coopers Mills (Whitefield)	4

ROUTE 35	
Standish	4
Standish	6
Waterford	3

INTERSTATE 95	
Augusta (northbound)	14
Pittsfield (northbound)	14
Hampden (northbound)	12
Old Town (northbound)	10
Old Town (southbound)	10
Hampden (southbound)	12
Pittsfield (southbound)	14
Sidney (southbound)	12

ROUTE 96	
Boothbay	3

ROUTE 98	
Saco	14

ROUTE 100	
Pittsfield	5
Palmyra	5

ROUTE 109	
Sanford	4

ROUTE 113	
Baldwin	8
Brownfield	4

ROUTE 114	
Scarboro	5
Standish	4

ROUTE 117	
Hiram	3
Otisfield	10
Norway	4

ROUTE 118	
Waterford	3
Norway	2

ROUTE 120	
Andover	15

ROUTE 121	
Poland	5

ROUTE 130	
Bristol	4

ROUTE 133	
Winthrop	5

ROUTE 137	
Oakland	3

ROUTE 140	
Canton	4

ROUTE 150	
Athens	12

ROUTE 156	
Perkins Township	3

ROUTE 157	
Township A Range 7	6

ROUTE 161	
Township 16 Range 4	9
Township 16 Range 4	6

ROUTE 165	
Fort Fairfield	14
Hamlin	6

ROUTE 172	
Blue Hill	4

ROUTE 175	
Sedgwick	2
Penobscot	4

ROUTE 179	
Mariaville	2

ROUTE 182	
Township 10 South Div.	12

ROUTE 190	
Eastport	4

ROUTE 196	
Topsham	4

U. S. ROUTE 201	
Bowdoin	5
Gardiner	5
Vassalboro	7
Fairfield	6
Bingham	12
Moscow	9
The Forks Plantation	5
Johnson Mtn.	
Township (T2-R6)	4
Jackman	3
Sandy Bay Township (T5-R3)	5

U. S. ROUTE 201A	
Norridgewock	4

U. S. ROUTE 202	
Lebanon	10
Alfred	6
Gorham	4
New Gloucester	7
Monmouth	4
Winthrop	8
Vassalboro	14
Dixmont	6

ROUTE 219	
Hartford	4

U. S. ROUTE 302	
Windham	8
Raymond	8
Naples	5
Bridgton	3
Fryeburg	8

UNNUMBERED ROUTES	
Farmington — 1.3 miles off Route 43 on Mosher Hill	
Eustis — 2 miles off Route 27 on Eustis Ridge	