

WOULD HAVE RED CROSS ESTABLISH HEALTH CENTERS

Dr. Farrand Outlines Features of Permanent Program to New England Workers

The American Red Cross will concentrate its future efforts upon warfare on preventable disease and saving the vitality of the nation, according to Dr. Livingston Farrand, executive head of the organization, who discussed the principal features of the future program for the first time publicly in Worcester, Mass., on September 1 at a conference of representatives of the Chapters and Branches of the New England Division of the Red Cross.

Dr. Farrand declared that the public health is the most vital problem of today and that it is the problem to which the Red Cross proposes to devote itself in the future.

The greatest contribution the Red Cross could make to the fight against the common enemy, disease in the opinion of Dr. Farrand, would be to establish a health center in every community, that would physically unite all the health and public welfare movements and would result in effective coordination of their efforts. After reviewing the work of the Red Cross during the war and its present tasks, Dr. Farrand discussed the future, speaking as follows:

Greatest Single Organization.

"Now the armistice was signed last November and immediately war subsided and the war emotion subsided. All over the world people began to think of readjustment of their own personal affairs where they had set them down to take up relief work and war activities for those two years. Like every other organization the Red Cross began to look forward to the future. What was happening in the American Red Cross was happening in the French Red Cross, in the Italian Red Cross, in the British Red Cross, in the Belgian Red Cross, in the Japanese Red Cross and in practically every other Red Cross organization in the world.

"The American Red Cross during the war had built up in this country the greatest single organization in the world has ever known, nothing of this kind had ever been built up before. There had been aroused among the people in this country an enthusiasm and a new spirit for service. The question that immediately came to the Red Cross was this: Is the war over, is it to subside to the situation that it was in before the war or is it to be retained to accomplish something in time of peace? As far as I am concerned the question was not, was the Red Cross going to be retained; that didn't worry me for a moment, it didn't seem to me the question at issue. The question at issue seemed to be this: Does this war leave problems, or are there problems that existed before the war, which exist after the war that are more capable of being solved now than before the war, and is the Red Cross in a position to help solve these problems? If it is not, if this energy that has been built up in these two years of war can be directed toward the solution of these fundamental problems it would be legitimate that energy should be dispersed absolutely without an attempt being made to push the world further on than it was before the war, and if possible to make the world a better place to live in than it was before the war.

"The question was whether the Red Cross was adapted to contribute or help in that situation. The question was not whether the Red Cross and the work it had done should subside. That is not the issue. There are too many other interests involved. We have got to be sure before we decide that a given agency can accomplish a given thing and that it can accomplish it better than some other agency, or are you going to accomplish more by this or that method. The only reason for saving the organization is that it should be able to accomplish something better than some other organization.

Saving the World's Vitality.
"There is the problem that has been with the world since before the dawn

of history, there is the problem of distress and misery. In other words there is the problem of saving the world's vitality which has been reduced by the ravages of war. Every child should be guarded with health. There is the knowledge that a large portion of the diseases of humanity are preventable diseases. Therefore it is our part to do the things we know ought to be done and can be done to relieve the situation.

"There was held last spring in Cannes a conference at which were present representatives, scientists and physicians of the five allied nations, to discuss the problems which only the Red Cross of the world was fitted to attempt. And the opinion of these men was absolutely unanimous even these men who themselves had been buried in study of the health problems of their respective countries that on the Red Cross must devolve the movements for advancing the human life of the world, that there should be a world commission. For what purpose? Not for the purpose of war, but for the purpose of health, and for preserving the health of the world and avoiding unnecessary diseases; in other words, the representatives of the nations gathered in Paris saw the possibilities that had been opened up by that gathering.

A Grave Situation.

"When we look at the situation here in this country, what do we see? We see a country far from healthy. It is a situation which is a very grave one. It is so common that we have become accustomed to it. I need not stand here and discuss with you the problems that existed in military countries and the hundreds of thousands of deaths that are absolutely needless, nor do I need to go into details as to that Belgium where a million and a half perished of preventable diseases. I wish to speak to you of diseases that are taking their toll and undermining the vitality of our people.

"Now, then, what can the Red Cross do? Even before the war, tuberculosis had become a problem in this country. The health of the people is not the problem for the physician, it is not for the hospital nor the sanitarium, it is for the visiting nurse, the nurse who goes into the home; in other words it is not the cure, it is the prevention of sickness, and the medical profession is slowly realizing it, the people are still more slowly realizing it—that it is not the cure but the prevention of disease that is the vital question, and the Red Cross had already undertaken this vast and large problem when it was called upon to expend all its strength on the war, and it has begun again to take up this problem.

"In the last 20 years other groups of citizens have devoted their energies to the prevention of this disease and there have been various organizations formed to improve the condition of the children in this country. Thus far, it has not been taken up by any one great group although in many cases different public officials have taken it up, but I want to emphasize right here that the responsibility for the health of the community and of the people of the nation is a public responsibility. It rests squarely upon the shoulders of our public officials, but our public officials cannot do anything until they have been authorized by adequate legislation and have been given adequate support by the public. This question of the health of the nations has become not only a national but an international problem and the Red Cross of America, of England, of France, of Italy, and of every other country where the Red Cross has an organization, is the agency in all these countries through which the work should be carried on.

Reflects Unified Spirit.

"We realize that the Red Cross is the first, last, and all the time the one great cooperating organization that reflects the great unified spirit of the American people. It is the only agency in existence that can render the home service that is necessary to conserve the health of the nation, and, of course, it will continue in such activities until there is some other agency that can take it over and do it better than the Red Cross.

"The Red Cross will not assume to do the work of other organizations, or to assume the responsibility of public officials, but it will work with and cooperate in the communities with organizations already in its welfare work in such a way that there will be no confusion.

"We find that the fight against tuberculosis is not a problem by itself.

It is only one of the other great problems; there is the problem of venereal disease and of cancer, and all those things with which the public is affected.

"No other agency in the country has the cementing tendency of all these various movements as the Red Cross. It seems to me and it seems to many of us that there is not any great problem for relief that the Red Cross cannot take up in any community. I don't care whether it is in a village of a purely rural district, or in one of the great cities of the first class. These different individual and independent movements fill in a place in the community where this spirit exists.

"And it seems to me and to many of us that the best thing, the greatest contribution that the Red Cross could make would be to establish some center some place which would be the expression of all these efforts on the part of the public and that the establishment of a small center in a small community and a large center in a large community would be the best method by which the Red Cross can accomplish on a broad policy the results sought if we only devise the means.

All Look to America.

"All the countries of Europe look to America to take the lead in the movement to establish health centers and to gather together the movements, public or private, official or voluntary dealing with the problem of health or with the prevention of diseases.

"These centers could be called upon in case of sickness. If there is a visiting nurse in the community or if there are visiting headquarters in a larger community and you have some one room for that purpose, you have a place where the visiting nurse can be located. It may or may not be operated by the Red Cross, but it is proper activity for the Red Cross. Now, this work might be carried on in the larger cities, a building might be used for the Red Cross purposes. This is a plan which unites for the first time in the history of the country all these various organizations' movements.

"It would be a die for me to say how is a chapter to handle this particular point. It remains for each particular chapter to decide how best it can act. Any chapter can act. There are communities where probably the best way to handle it would be to erect a building, a Red Cross building, and that building should be the center of activity. One thing they must realize and that is that the only reason for the Red Cross' existence is to be of service in the community in which it is, and if it cannot be of service itself then to serve by active cooperation with the organizations in a community.

A Survey of Conditions.

"To outline the working out of this health center idea, we will touch first on the activities of the Red Cross. It is going to make a survey of conditions to see whether a Red Cross organization is a desirable thing. Any careful survey is going to cover the points in that community that are not now covered by the organization, and there is going to be call for more of the devoted service that was rendered by the women of the country during the war, in the rehabilitation of the world and the building up of the vitality of the nation, more call than before the war.

"Now, why is this the sort of problem that we feel ought to be attacked before all others? It is because the problem that is left after this war is the greatest problem that the world has known, it is the problem of its vitality. The war, as you know has left us in a state of national and international bewilderment, in a kind of economic and social revolution we see it all around us. What does it mean. It means that there is necessity for our adjustment that there was want and necessity for adjustment before the war, but that this problem has been increased since the war.

"Don't let us deceive ourselves that we can solve this problem by legislation, that we can solve the economic problem that this country is facing by any simple legislation or by a simple adjustment of this or that relation between groups. There are certain fundamental obligations that have got to be faced. The world has got to produce and there has got to be economy. There has got to be increased production, there has got to be more work, there has got to be things done. They must be done by us because we have not suffered by this war what the various countries of Europe have, but these cannot be accomplished because the vitality does not exist. The solution cannot be reached until the vitality sapped by the war has been renewed and rehabilitation is on its way. And rehabilitation is impossible without a realization of the world that the rehabilitation of the vitality of the world is its really great problem. This is the problem which must be solved before our economic and social problem can be solved.

"That is the reason why there is no condition today that compares in importance and in demand for solution, such as this problem which I have been outlining. There is no problem to which the Red Cross can devote its energy and which you, as citizens, can devote your personal energy, as essential as this condition of our country and nation, and that is the problem which the Red Cross proposes to devote itself to in the future.

"There are certain steps that must be taken, and there is no wisdom in existence that can tell in detail just

how these steps can be taken. The next step that must be taken in this movement forward for human and American welfare will be these health movements. The next step will be prepared and will be taken, and if you will stop to think you will see that there is a possibility that a greater movement will be undertaken by the Red Cross than has ever been taken by any organization in the history of the world."

JUNIOR REC CROSS PLANS FOR EXTENSIVE ACTIVITIES

With a membership of 10,000,000 American school children the Junior Red Cross is planning extensive activities in connection with the peace program of the American Red Cross, to sustain which the Third Red Cross Roll Call will be held throughout the country November 2 to 11, it was announced at New England Division Headquarters in Boston today.

Chief among the activities in which the boys and girls will engage will be extending relief to less fortunate children in war-swept Europe and lending a helping hand to suffering children in this country, particularly through Red Cross Home Service. This assistance in the home towns will take many forms, such as providing clothes and other necessities to children of service men disabled in the war; helping children threatened with tuberculosis build up their strength at open-air camps; helping crippled children by providing companionship, crutches and doctor's care, or finding means of transportation to and from school; founding free beds in children's hospitals and sending flowers, books and toys to the tiny patients that use them.

Members of the Junior Red Cross will be kept informed of the results attending their efforts for child victims of the war abroad through a new monthly bulletin which will be issued through the school year.

- EAST SURRY.**
Ralph Lord has enlisted in the navy.
George E. Closson has gone to Bernard to spend a few days with his sons.
Charles and Lloyd Treworgy have gone to Waterville to attend Colby college.
Mrs. Omar J. Stevens and family have moved from Surry into Sabrina Stevens' house.
Mrs. Lionel Stewart and children of Bar Harbor are with her mother, Mrs. Jennie Swett, who is ill.
Mrs. Hervey Phillips and two children, and Miss Clark of Boston, who have spent the summer here, have returned to their home.
Sept. 29. DALT.

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Tonic food for motors—a powerful kick in every drop
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but a beautiful skin is possible only when the liver and kidneys are active, and the bowels functionate properly. The secret of beauty as well as of health is to maintain perfect digestion and elimination.

BEECHAM'S PILLS

help to preserve beauty and maintain health, because they influence liver, kidneys, skin and stomach to functionate in harmony and efficiently.

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 from Coughs, Colds, Sore Throat, Cramps, Chills, Sprains, Strains, etc.
Johnson's ANODYNE Liniment
 is a doctor's famous prescription for internal and external use. A soothing, healing, pain quelling anodyne with a record of over 100 years of remarkable success.

COUNTY NEWS

EAST BLUEHILL.
 Work has begun on the cellar of a new library.
 Miss Ida Bostelmann has returned to New York.
 Mrs. S. M. Milliken has closed her cottage and, with her children, left Thursday for New York.
 Louis J. Bostelmann and wife closed their cottage Wednesday and left for White Plains, N. Y.
 Mrs. John Tufts will leave Tuesday for Waltham, Mass., called there by the illness of her daughter, Mrs. Fred Williams.
 Ensign Alva Gray, who has just been released for inactive duty, spent a few days last week with his mother, Mrs. Ellen Gray.
 Miss Elizabeth Strauss of New York and William Guckman of Jersey City, N. J., who have spent the summer here, are returned home.
 Sept. 29. R.

WEST TREMONT.
 W. H. Lunt has gone to Rockland to work.
 Merle Farley has gone to Somerville to work. His family will join him later.
 Rena Lunt, who has been at the Ocean house, is home. Miss Mildred Palmer is her guest.
 Miss Zulma Norwood, who has been employed at Hotel Dirigo, Southwest Harbor, is home.
 Sept. 29. THELMA.

Capt. Charles D. Thurston, formerly of this place, died Thursday at his home in Rockland, aged sixty-four years. He had been employed for several years on Maine Central steamers, and later as commander of yachts. He leaves five brothers and two sisters—Sullivan of Tremont, Mrs. Annie M. Lunt and Mrs. Myra J. Wooster of West Tremont, Henry and William of Bath, George of Dorchester, Mass., and Nelson of Bangor.

BAR HARBOR.
 Mrs. Chandler Haie has purchased "Beaute," one of the King cottages on Prospect avenue.
 David Rodick of this place, who recently passed the State bar examination, was admitted to practice in the Waldo county bar last week.
 Stephen Ryder, for many years in the employ of the Bar Harbor Water Co., died Sept. 22, aged seventy-eight years. He had lived here twenty-five years. The body was taken to West Gouldsboro, where he formerly lived, for interment.

BUCKSPORT.
 Mrs. Bernice Caden fell down the steps at her cottage on Verona island Wednesday, breaking her hip.
 Alvin E. Maddocks died Sunday, after a long illness, at the age of fifty-three years. He leaves a widow and four children—Roy V. and Miss Lena of Bucksport, Mrs. John Richards of Greenville,

and Merle of Butte, Mont. He leaves also five sisters and a brother—Mrs. M. W. Gian of Orland, Mrs. Pearl Parker of Bluehill, Mrs. E. W. Burrill of Dedham, Mrs. W. A. Goodwin of Whitman, Mass., Mrs. W. E. Leach of Bucksport and Vernon D. Maddocks of Seattle, Wash.

WEST FRANKLIN.
 Mrs. Salisbury of Otis visited her son Irvin recently.
 Gladys Mosely of Ellsworth is visiting her grandparents.
 Eugene S. Coombs carried a party to North Jay last week.
 Everett Salisbury and family of Bar Harbor spent the week-end here.
 Mrs. Ella Bradbury has been visiting her sister at North Hancock.
 Julius Darling, wife and son Murray, of Brewer, visited here last week.
 E. P. B. Sinkerson of Portland was a recent guest at Frank Bradbury's.
 Fred Macomber of Seal Harbor was a guest at H. G. Worcester's Thursday and Friday.
 Dr. DeBeck and son visited Misses Muriel and Eirena DeBeck at Belfast Thursday.
 Miss Valma Shuman has gone to Bar Harbor to stay with Mrs. Zelpha Gray a few weeks.
 Dalton Reed is at home from Northeast Harbor, where he has been employed during the summer.
 Clark Bros. Co. has moved from the old quarry to a new location on the Mill Lane, and began operations last week.
 R. H. Williams, who has rented his place for the winter, has moved into rooms in Fred McKenzie's house.
 Mrs. Claud Clark and three children went to Bar Harbor Thursday to visit Mr. Clark, who is chief on the yacht Alert.
 Merle Smith, who has been employed by the Lincoln Pulp Co. in Aroostook county, is home to attend high school.
 P. W. DeBeck, wife and son Kenneth, S. O. Hardison and wife were in Bangor Saturday. Mrs. Frank Grindle and daughter Mary, who have been visiting here, returned to their home at Brewer with them.
 Sept. 29. ECHO.

LAMOINE.
 Mrs. Sadie Pettee of Seal Harbor, with little son Merton, is visiting her sister, Mrs. Charlotte A. Crane.
 Miss Edith C. Rice is away for a vacation, and will visit in Bangor, Pittsfield, North Livermore and Bath.
 Mrs. Cassie King and daughter, Mrs. Marcia Chamberlain, Miss Kathrine Jones and Mrs. Lester Young will return to Massachusetts by auto Tuesday.
 Rev. W. H. Rice was agreeably surprised Sunday evening by having a letter placed in his hand by a member of his congregation containing a check of \$30 from six friends, to pay expenses as a delegate to the Maine Baptist convention at Augusta.
 Sept. 28. R.

HANCOCK POINT.
 The Tarratine house is closed and is for sale.
 Mrs. C. C. King of Lamoine visited Mrs. Howard Hodgkins last week.
 The postoffice will be moved Wednesday from H. S. Young's store to Mrs. Lucy Ball's home.
 Mrs. M. J. Cowley is with Mrs. H. A. Ball a few weeks. Her daughter Elizabeth has returned to New York, to resume teaching in Vassar college.
 Sept. 29. M. R.

For any itching skin trouble, piles, eczema, salt rheum, hives, itch, scald head, herpes, scabies, Doan's Ointment is highly recommended. 60c a box at all stores.—Advt.

RED CROSS STARTS FALL CAMPAIGN
To Meet Need in Eastern Europe and Balkans

Refugee Clothing Must be Made Up and Shipped Before Cold Weather

To help meet the pressing need for clothing among the war sufferers of Europe next winter, especially in Poland, Siberia and the Balkans, New England Division Headquarters of the American Red Cross has announced a Fall program of production. The program is to be wholly on a volunteer basis, so there will be no quota, but Red Cross women who prefer sewing to other forms of volunteer work have been assured that there will be plenty for them to do.

American Red Cross commissions abroad, in an effort to fight the spread of disease, such as typhus, tuberculosis and influenza, are concentrating on medical relief, but to make the benefits of the medical service permanent, warm clothing and nourishing food are needed. The epidemics of typhus which swept over Eastern Europe last winter, and are still raging in Poland and Russia, took so large a toll of lives because the populations of these countries were underfed and insufficiently clothed.

In Serbia but 5,000 children of the 35,000 who followed the Serbian Army in the retreat of 1915 are alive today, according to figures verified by Red Cross overseas workers. Statistics of human wastage in Poland and Siberia are equally appalling.

In order that garments may reach the people for whom they are intended before cold weather sets in, chapters, branches and auxiliaries in the New England Division have been asked by Division Manager James Jackson to decide at once whether they wish to take up production again. Material will be furnished Chapters from Division Headquarters, in Boston.

A substantial supply of clothing and petticoats, cut out ready to be made up, is now in the Division warehouse and these will be forwarded to Chapters desiring immediate work.

Accurate information on the need for clothing overseas has been furnished Red Cross officers by Miss Larinia H. Newell, of Boston, Director of Chapter Production for both the National and New England Division organizations. Miss Newell went to France and from France into Serbia during the summer, travelling 400 miles by motor camion from Belgrade to Nish, to investigate the production problem for the Red Cross.

The articles needed, Miss Newell reported, are as follows: women's house gowns, night gowns, chemises, skirts, sacks, aprons, shawls and petticoats; men's and boys' shirts, girls' one-piece dresses, chemises and petticoats, children's stockings; and afghans.

All materials for these garments, according to instructions issued by the Division Manager, must be ordered by chapters from the Division office, and distributed by them to their branches and auxiliaries which should return the finished articles to the chapters.

Provided garments are carefully inspected, chapters may ship them straight to the American Red Cross Clearing House, Pier 1, Hoboken, New Jersey. Otherwise they should be shipped to the New England Division Headquarters, American Red Cross, 108 Massachusetts avenue, Boston.

In her trip through Serbia and Northern France Miss Newell visited American Red Cross distributing stations and said that all the garments given out were absolutely satisfactory. "Nothing is wasted," she added. "Pajamas and hospital garments are being made over into children's suits and in some parts of the Balkans surgical dressings are being used for baby clothes."

COUNTY NEWS

SEAL COVE.
 Roland B. Ashley went to Sullivan Wednesday to visit his mother, Mrs. Jane Ashley, who has been an invalid several months.
 Mrs. Kate Pray of Tremont, Miss Marion Wyman of Ellsworth and George Clark of Baltimore, Md., called on relatives here Thursday.
 Irving Ashley and wife of Northeast Harbor, are receiving congratulations on the birth of a daughter, Bernice Emily, born Sept. 25.
 John J. Whitney and William H. Brown of Ellsworth with a surveyor, were in town recently, looking over the Heath lot, where the Whitcomb, Haynes & Whitney Co. has conducted operations. They will soon rebuild the dam and have it in readiness to move the 1918 output of logs still in the pond, and also the output of the coming winter's operation. They plan to put a crew at work early in the fall.
 Sept. 29. N.

EGYPT.
 George Butler has been having his buildings shingled and repaired.
 Miss Minnie Fenton went to Waltham Saturday.
 Edgar Scammon is making repairs upon his dwelling.
 Arvill Jordan and wife of Waltham were week-end guests of Oliver Bragdon.
 Elder John Sheehy of Jonesport came

COUNTY NEWS

here Monday, Sept. 22, to assist at the funeral of Charles J. Smith.
 Mrs. Bessie Darling of Brewer is visiting her parents, E. E. Scammon and wife.
 Schooner W. D. Mangan, Capt. Fred Eaton, of Little Deer Isle, is here loading lumber for Smith & Lin-cott, for Brewer, Sept. 29. L.

MARIAVILLE.
 Blanche Heath, who has been working in Bar Harbor, is at home.
 Mrs. J. F. Morrison of Ellsworth is visiting at Emery Morrison's.
 C. R. Goodwin's daughter Cora, with her husband, is visiting her parents.
 The fair Sept. 24 was a great success. The foot-race was won by Harold Frost of Waterville. Dancing commenced early in the afternoon and continued until the early hours of the next morning. There was baseball and horse-pulling in the afternoon.
 Sept. 29. S.

NORTH HANCOCK.
 Miss Gertrude L. McFarland of Ellsworth spent Saturday and Sunday with her aunt, Mrs. J. W. McKay.
 Charles M. Martin and wife are receiving congratulations on the birth of a son, (Richard Lewis) born Sept. 23.
 Richard Yeo, with a friend, is visiting his sister, Mrs. Maynard Springer. Mr. Yeo was in the English army during the war. He was wounded, and owes his life to the skill of the surgeon who performed a wonderful operation.
 Sept. 29. M.

COUNTY NEWS

SOUTH PENOBSCOT.
 Mrs. S. B. Condon is in Boston on business.
 Fred Mitchell is spending a few days in Lewiston.
 Elmer Perkins of Chicago is visiting his sister, Miss Bertha.
 Galen Grindle and wife are spending a week at North Penobscot.
 Mrs. Lewis Bridges was in Bangor Thursday, for an operation on her throat.
 Wade Grindle and wife have gone to Eastport, where Mr. Grindle will teach.
 Mrs. Percy Perkins has gone to Hermon to visit her mother, Mrs. Bryant, who is ill.
 Mrs. Clara Davis of Tenant's Harbor, who has been visiting her sister, Mrs. Calvin Leach, returned home to-day.
 Sept. 29. L.

REACH.
 R. King Annis went to Little Deer Isle Monday, to teach.
 D. W. Torrey, jr., is attending high school at Hampden.
 E. E. Morey, who has been employed in New Haven, Conn., during the summer, is home.
 Miss Charlena Morey, who has been employed at Monhegan the past season, is home.
 Mrs. Mercy Torrey, son Roswell and daughter Etta have returned to Roxbury, Mass., after two weeks at their old home.
 Sept. 25. L.

ATTENTION! Sick Women

To do your duty during these trying times your health should be your first consideration. These two women tell how they found health.

Hellam, Pa.—"I took Lydia E. Pinkham's Vegetable Compound for female troubles and a displacement. I felt all run down and was very weak. I had been treated by a physician without results, so decided to give Lydia E. Pinkham's Vegetable Compound a trial, and felt better right away. I am keeping house since last April and doing all my housework, where before I was unable to do any work. Lydia E. Pinkham's Vegetable Compound is certainly the best medicine a woman can take when in this condition. I give you permission to publish this letter."—Mrs. E. R. CRUMLING, R. No. 1, Hellam, Pa.

Lowell, Mich.—"I suffered from cramps and dragging down pains, was irregular and had female weakness and displacement. I began to take Lydia E. Pinkham's Vegetable Compound which gave me relief at once and restored my health. I should like to recommend Lydia E. Pinkham's remedies to all suffering women who are troubled in a similar way."—Mrs. ELISE HEIM, R. No. 6, Box 83, Lowell, Mich.

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LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.



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CAMELS are in a class by themselves—easily the most refreshing, the most likable cigarette you ever smoked. You can prove that! Simply compare Camels puff-by-puff with any cigarette in the world at any price! Put quality, flavor and cigarette satisfaction to the utmost test!

Made to meet your taste, Camels never tire it, no matter how liberally you smoke them! The expert blend of choice Turkish and choice Domestic tobaccos makes Camels delightful—so full-bodied, yet so fascinatingly smooth and mellow-mild. Every time you light one you get new and keener enjoyment!

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Entirely Free from Catarrh of the Stomach

"Peruna has positively done for me what many doctors failed to do. I have been time and again compelled to take to my bed for days. The first bottle of Peruna gave relief and while I always keep it in the house for emergencies, I consider myself entirely free from catarrh of the stomach, the trouble from which I suffered for so long before taking this remedy."

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The painter on the kitchen ell remarked, "I get a fragrant smell which very clearly goes to show the use of Town Talk Flour below."

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