MAINE FISHERIES.
Commissioner One Says Larger Appearances of Herring.
At a meeting before Governor Miller, the commissioner of fisheries and impressario to the coast people at the Harpswell conference, forthwith to the Department of the Sea and Marine, the commissioner submitted a report of the results of an investigation of the herring fisheries of the state. A few weeks ago he stated that the herring season of 1925 would be of greater importance than the last several years, and the Impression given by that statement was confirmed in this report. The commissioner reported that the herring season of 1925 was more successful than any season in the past ten years. The herring season of 1925 was estimated at 2,506,000, which was the highest estimate ever made. The commissioner also reported that the herring season of 1926 was expected to be even more successful than the previous season. The commissioner recommended that the herring season be extended to the end of the season.

FEMALE HELP WANTED.
WOMEN AND GIRLS WANTED—WILLING TO WASH, IRON, CLEAN, SEW, ETC. FOR FAMILY.

FOR SALE.
400 Acres $6,000 With 7 Rooms

STATE OF MAINE.

Said 400 Acres of Land

INDIVIDUALS WHO HAVE NOT PAID AGRICULTURAL TAXES ARE WARNED TO PAY SAME IMMEDIATELY ON OR BEFORE JANUARY 1ST, OR BE LIABLE TO BE ASSESSED.

FOR SALE.
400 Acres

STATE OF MAINE.

Said 400 Acres of Land

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FOR SALE.
400 Acres
Another Royal Suggestion

Biscuits and Cinnamon Buns
From the New Royal Cook Book

BISCUITS
Be under no illusion—there is a method, and of such delicious flours, that the
best biscuits can be produced. Three biscuits should be made royalty.

ROYAL

Baking Powder
Absolutely Pure
Made from Queen of Timor, distant from grapes.

FREE

New World for the New Woman

LOCAL AFFAIRS

October 27, 1920

Mr. and Mrs. Taylor received a call from
Mr. J. Milton, and Mrs. Taylor.

MOUTH OF THE RIVER

Mrs. Mary Pratt received a call from
Mr. J. Milton, and Mrs. Pratt.

RHEUMATISM RELIEF

From its delicious nature and action. It
is proper to be might in a good

health, because of the

vitalizing and

nourishing action. It is

producing in the

community and

justly.


The Sweetness of
Grape-Nuts

is a natural sweetness
developed from wheat and
malted barley by processing
and long baking. You need
add no sugar.

The rich flavor appeals
and the food is both
eco-
nomical and convenient.

Try Grape-Nuts for breakfast.

It builds health and strength.

There's a Reason
AT GROCERS EVERYWHERE!

Made by
Postum Cereal Company,
Battle Creek, Michigan.

FREE LECTURE

Mr. L. Ridley Pratts will Speak in
Baptist Church, on Friday, Oct. 27, 1920.

MRS. M. S. BAGLEY: Our sincerest
thanks to Mrs. A. S. Pratts for her

SUCCESSFUL PARKING

Mr. and Mrs. Pratts were extremely
pleased with the abundance of


DISHWASHING RECIPES

old home Falls Gutter at Boston,

The editors, and friends of the
Boston News, were extremely
pleased with the abundance of

BRANDIES

Bottled at the

BRANDY WHISKEY

Among these present:

and Mrs. W. E. Braithwaite, Mrs.

Mrs. W. E. Braithwaite, Mr. and Mrs.

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Mrs. W. E. Braithwaite, Mr. and Mrs.
Coffee is often the hidden cause of many ills and discomforts.

That is because it contains certain elements that are injurious to many people.

If coffee disturbs your health, change to POSTUM CEREAL

This pure cereal is healthful and wholesome, has a delightful coffee-like flavor, but none of coffee's harmful elements.

Sold by all grocers Costs less than coffee

Made by Postum Cereal Co., Inc., Battle Creek, Mich.
South Brooksville—Mr. Willard W. Miller, who has been employed in President the past year, has been appointed city manager of Brooksville.

Another Ellsworth Case

It Proves That There's a Way Out for Many Industrious Ellsworth Folks. Another typical case of a family working so hard that it hasn't enough. Mrs. Christian and her three children are in this plight.

The Miller family, with whom they lived, were treated with Mrs. Christian's family as if they were the owners of the house. They were to have their meals at night to the kitchen, and when they were hungry they ate at the same table with the Miller family.

Mrs. Christian, who was not employed, said that her husband worked in the day, and that she spent most of her time at home with the children. She said that she would be glad to have a job of any kind, but that she was unable to find any work.

Another Ellsworth Case

Coughs and Colds

Children, young or old, are sometimes subject to chronic colds, which may cause much suffering. A cure for this disease is often difficult to find, but there is no reason why it should not be obtained with the proper treatment. The following remedy is said to be very effective:

Ingredients: 2 oz. of willow bark, 1 oz. of angustifolia leaves, 1 oz. of thyme, 1 oz. of salt.

Directions: Boil the ingredients in 1 quart of water for 10 minutes. Strain and add 1/2 teaspoon of sugar to each ounce of the tea. Drink 1/2 cup of this tea 3 times a day.

MILWAUKEE

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MI-ONA

FREESTYLE PLEASURES

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Now is the Time to SAVE and to Invest SAFELY

Deflation has set in and wise people are:

1. SAVING STEADILY.

2. INVESTING SAFELY.

1. The whole world has turned from reckless spending to wise saving. They are acting on Andrew Carnegie's advice, "Keep expenditures always below income, save something. The fundamental difference between the civilized man and the savage is THRIFT."

2. The money saved should go into some security which gives promise of paying dividends through all times.

CENTRAL MAINE POWER COMPANY 7 per cent. preferred stock, which sells at $107.50 to net 6½ per cent., is such a security. It has paid 56 consecutive, uninterrupted dividends; and gives every promise of paying dividends forever, in good times or in better.

"The ability of Electric Companies to maintain earnings in times of depression was illustrated in the panic of 1907 when the gross earnings of the so-called 'industrial group' shrunk 50 per cent. railroad receipts decreased 10 per cent., while gas and electric earnings actually gained about 8 per cent."

"The wider uses for electricity, the growing population, increasing without effort the amount of service required, the fact that gas and electricity are so highly useful to so many people and are not, therefore, so largely affected by periods of business depression, give to the securities of these companies a steadiness of value unequalled by any on the market; while the Public Service Commissions, to a great extent, eliminate the risk of financial loss."

From National Electric Light Association Committee Report.

If you are satisfied with a net return of 6½ per cent., provided you are. morally sure of GETTING IT ALWAYS, then Central Maine stock will appeal to you.

Why not send in the coupon and learn more about this Maine investment?

Central Maine Power Company

Augusta, Maine

COUPON

Central Maine Power Company, Augusta, Maine

Please send full information about your security.

Name

Address

Subscriber

The American, Ellsworth, Me., Wednesday, November 24, 1892.