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A WONDERFUL servant, for pleasure, and for business. And we hope now, with the factory increasing production, very shortly we will be able to make fairly prompt deliveries with Ford Runabouts. Anyway bring in your orders and we will see what we can do.

Do not forget whenever you think of Ford cars, to remember that in the dependable, thorough and satisfactory "Ford After-Service" that is expressed by more than seven thousand dealers and fifteen thousand authorized Ford garages scattered all over the United States, that there is one right near you, no matter where you live, and wherever there is one there is the assurance of reliable, economical, prompt and efficient Ford service, where nothing but genuine Ford-made parts are used.

Let us have your order as early as possible, to be fair to yourself as well as fair to us.

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A \$2.00 present to every one who buys \$10.00 worth of goods from our store between December 27th, 7 o'clock A. M., and December 31st, 9 o'clock P. M.

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185 Main Street, Norway, Maine.
Look for the "Clock in the steeple."

CASTORIA For Infants and Children. Bears the Signature of *Dr. J. C. Ayer*

HOMEMAKERS' COLUMN.

Contribution on topics of interest to the ladies in the home. Address: Editor, Homemakers' Column, South Paris, Me.

Meats and Their Sauces.

(By Helen Morda Smith.)

Sauces, or accompaniments to meats, are as essential to a true flavor as salt or pepper, in the opinion of those who are in the kitchen, the noted chefs of metropolitan hotels. These masters of cuisine consider often a sauce originated by them the chef-d'oeuvre of their whole culinary career.

It is a fact that the added zest and tang of the food served in the famous restaurants of the country come from the sauces and accompaniments that are usually lacking in home cooking. As one time the secrets of these sauces were jealously guarded by the originators, but of late the secrets have been disclosed, and no roast or fowl need grace the home table without its proper sauce, or the added glory and name of the cook.

The importance of these sauces is seen by the fact that grills have been made famous by the serving of a certain sauce. And who can think of lamb without mint sauce, or roast pork without apple sauce? One could as soon visualize the dreary spectacle of ham without eggs.

All sauces, of course, are not equally good with all meats. Each dish has its own special accompaniment.

Probably no griddle has ever tickled the palate of hungry diners without its mound of quivering, saucy cranberry jelly. Current jelly has sometimes been used as a substitute, but somehow it cannot fill the part.

Roast beef tastes best when served with tomato sauce, mushroom sauce, or mustard. Tomatoes or onion sauce transforms the usually tasteless veal roast to a succulent viand. Current jelly is a delicate accompaniment for the mutton roast. Baked mutton is enhanced by caper sauce. Wild fowl is rendered especially palatable when sauce made of ripe olives is served with it. Spread cranberry and apple sauce over the fowl, and it is a delicious and healthy meal.

Veal and wild duck really need a tart jelly to give the desirable tang. Wild rice is excellently wild duck. Fish, too, is better when accompanied by a sauce. Oyster sauce is good with salmon and fish. Seafood and brown sauce are also excellent fish sauce. Egg sauce or mushroom sauce makes a delicious accompaniment for a king, while blue fish with lemon sauce is equally delicious. Stewed gooseberries are delicious with fresh mackerel.

Some of the most tasty sauces that can be made are given below.

RIPE OLIVE SAUCE

Melt four tablespoonsful of butter in a saucepan; add one sliced onion and cook until slightly brown. Remove onion and stir butter well until browned. Add five and one-half tablespoonsful of flour, stirred with a teaspoonful of salt and one-fourth a teaspoonful of pepper, and stir to a smooth paste. Add two cups of brown stock gradually, and continue stirring, beating constantly. Pare the meat from a dozen ripe olives, removing pits; cover with boiling water and cook seven minutes. Drain and add sauce.

CAPER SAUCE

Chop capers slightly. Add capers to half a pint of drawn butter, with a large spoonful of the juice in which capers are sold. Let simmer and serve in tureen.

ONION SAUCE

Work together a half-cup of butter with a large tablespoonful of flour. Add slowly two cups of boiling milk. Stir constantly until mixture boils. Add four boiled onions, chopped fine. Season to taste.

TOMATO SAUCE

Add a bit of onion and two cloves to a quart of tomatoes and boil in stewpan twenty minutes. Strain, and add to drawn butter.

BECHAMEL SAUCE

Add three tablespoonsful of sifted flour to three tablespoonsful of melted butter. Beat together with a bit of nutmeg, few peppercorns and a teaspoonful of salt. Add three slices of onion, two slices of carrot, and some dried mushrooms. Add to whole mixture a pint of stock and a cup of cream. Cook slowly for an hour; strain.

SPICED CURRANTS

Put into preserving kettle three quarts of currants, one quart of sugar, one-half pint of vinegar, a tablespoonful of cloves and the stems of cinnamon. Skin carefully when mixture begins to boil. Put up in glasses.

HOLLANDAISE SAUCE

Beat half a cup of butter to a cream; add to it the yolks of two eggs, then the juice of half a lemon, a dash of pepper and salt. Beat very thoroughly. Place the bowl in a pan of boiling water and beat with a Dover egg-beater until it thickens. Add half a cup of boiling water, still beating until the sauce is consistency of soft custard, continuing the beating for several minutes after taking pan from fire.

Government Apples.

All my life I have heard of evaporated apples, but until this winter I have never tried to use them. This is because we have always managed to beg, buy or raise our own fruit.

Many people have attempted new fields since 1914, and I am no exception. Still, these apples have been on my conscience, instead of on my pantry shelves, for as many months as have passed since the paternal government turned its attention to our apples.

I have a terror of the unknown. I did not know how to handle evaporated apples. Hoping that they were forgotten by the family, I kept a guilty silence and ignored my duty.

"By the way," said the professor one day, "did you ever do anything with those apples we bought at the sale?" With great presence of mind I answered casually, "Not yet."

No more was said, for I am supposed to know how to run the table to the best advantage, for have we not been well taught of late, both by precept and by pun? The professor's question set me to wondering whether even evaporated apples might not spoil if left too long to themselves.

I timidly asked the landlady about it. She had lived in the country, and proved an authority, indeed!

"Yes," she said, "I've tried them, and they're just what you need. I simply didn't dare to open that tin. How could I look upon a waste like that!"

But hope died hard, and I decided to look for further data before throwing the whole thing out. So I asked the dreamer, whom life has led by devious paths to the needle, what she knew about evaporated apples.

"Why," said she, "they'll last all summer. Of course they'll keep!" Thus encouraged I opened the box, and found them perfect.

Being assured that they would keep indefinitely I became anxious at once to use them up. There must be a reason for this sort of impulse, it is so common. It was strong in me at that moment. But I reflected that Martha was coming to do some cooking on the new basis of country work we were trying out; why not leave them to her?

So when Martha came, I told her to put a bag of apples in soak, and then I went to my study and pulled the screen around the door, as I do when I do not want to be interrupted. I did feel vexed when Martha took the liberty to push it away with one sweep of her arm, and even more than her accustomed air of assurance. She had a bag of the apples under her arm.

NOT VASTLY RICH

Ample Men of Wealth Just Comfortably Off.

Compared with the Stupendous Fortunes of Today These Old Fellows Would Have Been Considered Merely as "Pikars."

OUR BIRTH RATE IS NORMAL

Census Bureau Statistics Show That Births Exceed Deaths by About One-Third.

The census bureau, on the strength of registered returns, gives figures to show that the birth rate in the United States exceeds the death rate by one-third, which is a gratifying fact. We are not one of the nations that need be anxious on this vital point as far as present conditions are concerned.

One of the most serious troubles in France is the warning in its censuses that in some years of its inhabitants die than are born. Some of its neighbors grow much faster in population. This disparity was somewhat noticed in the past, yet without fully realizing the terrible menace involved. The desolated towns and farms of France are a monument to the old census administrations and the awful sacrifice of young French manhood is far more dreadful than the devastation. Often have the public men of France sounded an alarm on the defective birth rate. It is much discussed now by thoughtful French legislators and writers. A census always demands intelligent study.

The United States grows by immigration as well as births, and our school system tends to Americanize the whole body of citizens. Our schools are a great melting pot for Americans of the future and to increase their proportionate number.

The welfare of children is a great national issue. The birth rate and death rate need continuous attention.

ALL WANT TO LIVE IN PARIS

So Many Foreigners Are Being That the Frenchman Is Being Crowded.

The New York Evening Post's Paris correspondent says that in the article in Excelsior a French writer contends that while Paris before the war was the meeting place of all nationalities, it has now become their permanent abode, so that the Parisians are crowded out into the suburbs or unable to find an apartment in the city.

The writer says that if you take a census of the average apartment you will find that it contains "Belgians who left when the Germans came, Russians driven out by bolshevism, French families from the devastated regions who seem to like it where they are. American students with their omnipotent dollars, Englishmen trying to do business and representatives of the Balkan states, Poland, Turkey and other distressed and unsettled regions who are living on the Lord only know what." Paris is proud of her cosmopolitanism, but is finding it inconvenient when the peoples of the world show so little inclination to move.

Cardinal's Hat Symbol of Office.

The peculiarity of the cardinal's hat is that it is not to be worn. On an occasion only is it to be seen on the head of the cardinal, and that is when the pope himself places it there as a symbol of his own elevation to the Sacred college. When the cardinal dies it is placed in his coffin. The hat is of a deeper red than that of the robe worn by the cardinal. It has long heavy silken cords, each with 15 tassels at the end, hanging on either side. The crimson robes which, like the hat, denote the cardinal's office, are made of cloth with fur collar and cuffs. The past has been supplied by a firm of cloth merchants at Burtchfield, near Aix-la-Chapelle. The process by which the dye is distilled is a jealously guarded secret.

Trade With Australia Grows.

Trading between this country and Australia is showing a healthy growth, according to figures supplied to the department of commerce by A. W. Fern, trade commissioner, who is at Melbourne. They cover imports and exports for the first quarter of the current year, and show the imports during that period to have been about \$27,775,000, against exports to this country of approximately \$10,350,000. February exports nearly equaled in value the totals for January and March, and in that month the outgoing shipments exceeded the imports. In the same month, however, the value of the imports was less than half of the goods brought in during March.

Making It Homelike.

On Dolly's birthday was presented with a baby building, and her delight was delicious to behold. It was very young, and she insisted upon taking it to bed with her, but the next morning she was looking very tired.

"Haven't you slept well, darling?" asked her mother.

"No, mummy," said Dolly. "Nelson was crying in the night for his mummy, so I kept awake with him for company, and I made awful faces all night to make him feel I was his building mummy to comfort him!"—Answers, London.

Can Quiet Down Now.

"Three time in four days," says a Daily Express report, "a Parisian has thrown his wife out of a bedroom window." Later reports point out that all is now quiet, as the fellow has found his collar button.—Punch, London.

THE AMERICAN RED CROSS

IN PEACE TIME

Health Promotion

Health is at the foundation of human happiness. Through its Rural Service, Public Health Nursing Service and Health Center Service, the American Red Cross aims greatly to strengthen this foundation and to draw more closely the ever-neighboring ties that bind the American people together. Here is shown a Red Cross Public Health nurse attending a young mother with a brand new baby, seeing that both receive scientific care.

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EQUALITY

American women recently enjoyed, for the first time, the privilege of voting on a national scale. The dream that has inspired womanhood through the ages has been fulfilled.

The Grange conferred this equality upon woman half a century ago. It was the first great national body to grant women the same rights and responsibilities as men. Much of its success has been due to the heed it has given to the deep sympathies, the clear understanding and the instinctive justice of women.

In granting this equality the Grange holds its purpose of fostering home life. It always has considered a satisfactory and wholesome home life the basis of all sound citizenship. It realizes the great part woman plays in the making of such home life, and gives her a wider opportunity to display her talents.

The faith and vision that have marked the Grange through the years are undimmed. It offers to the men and women alike a splendid field for service and improvement.

Let us add, THE COUNTRY GENTLEMAN also stands for the fullest and finest development of farm life. It seeks to inspire and help by stories of success. It is not alone a magazine of the business of farming and home building, but one of entertainment also. The whole family will enjoy its clean fiction, its cheery "Brighten the Corner" page, its clever jokes and cartoons. A year's subscription—52 issues—is splendid value for \$1.00. Let our secretary mail you your order today.

Oxford County Pomona Grange, No. 2
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HAROLD S. PIKE, Master
Waterford, Maine

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7 per cent Preferred Stock is, we feel perfectly confident, such a security.

Why not have the comfort of a worry-proof investment by placing some of your savings in Central Maine Preferred?

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PEOPLE who use Klenzo Dental Cream regularly, tell us that it keeps their teeth white—their gums firm—and their mouths healthy, clean, and comfortable, with that Cool, Clean, Klenzo Feeling.

And Klenzo is a safe dentifrice, approved by the dental profession because it does all that any dentifrice ought to do. Try it.

KLENZO DENTAL CREME

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SOUTH PARIS, MAINE

THE REXALL STORE

NOTICE

There will be a meeting of the policy holders of the Oxford County Life Insurance Co., at the Grange Hall, South Paris, on January 1st, 1921, for the purpose of electing officers and the transaction of any other business that may come before said meeting. Time of meeting, 10:30 A. M.

G. W. RICHARDSON, Sec.

MOLEY KIDNEY PILLS

FOR KIDNEY, BLADDER AND URINARY AFFECTIONS