





# Clothes for Young Men

## and Men Who Stay Young

Clothing is acknowledged to be high but never was there the time when so much style was put into the clothes that men and boys wear as now.

Never was the time when the young men demanded the latest minute styles as now.

We are constantly striving to meet these demands.

Kirschbaum's      Society Brand      Fords

are makers of the clothing that you see in the window. Come and see the representation of their clothing to show. Come and see.

Shirts	Underwear	Neckwear	Hats
Bates Street	Hatch One Button	65c, \$1, \$1.25	Lamson & Hubbard

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South Paris || **BLUE STORES** || Norway

Formerly Noyes & Pike

**Z. L. MERCHANT**

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**Women's, Misses', and Children's Spring  
and Summer Suits, Coats, Dresses,  
Skirts, etc.**

may be selected from our stock at not too high prices,  
quality considered. As light as a spring zephyr, as warm  
as lamb's wool—these are the polo coats, smart affairs of  
the sport variety that will be indispensable to the complete  
wardrobe. Some striking models are new arrivals.

**Economy**

is a great word and its full significance can be realized by buying your goods by the yard here. We are offering splendid fashionable dress goods, suitings, coatings, wash goods, white goods, etc., at saving prices when considering the present market value.

A very attractive collection of

## New Waists

Just received

Dainty, crisp, new models having first showing in all white and colored effects for your selection.

### Figured Dress Voiles

Several new pieces just received, making our large stock of this line of goods more complete than ever. If you cannot come and see them, write for samples. See the new Loraine Tissues.

**New Favored Voile and Gingham Dresses**

in a splendid assortment just received for your selection.

**Summer Underwear and Hosiery**

In a great assortment of women's, misses' and children's, in all the different combination garments whether separate pieces or union suits.

ONE PRICE CASH STORE.  
NORWAY, . . . . . MAINE

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# SEEDS

Get Your Seeds Early for

Spring Planting

We have a full stock of all kinds.  
Fertilizer and Grass Seed is in and ready  
for delivery.


**N. DAYTON BOLSTER & CO.  
SOUTH PARIS, ME.**

# The Business "Rookie"

Within the next few years thousands upon thousands of young men will make their first appearance on the firing line of business. Most of these beginners will come, limited in both money and experience. They—more than their seniors—will need the counsel and friendship of some strong, friendly Bank.

Come to us. The Norway National Bank takes great pleasure in assisting the worthy young man who often must make expediency take the place of money. The dominating idea behind this institution is something even more than efficient service—it is helpfulness.

**THE NORWAY NATIONAL BANK**  
 Oldest and Strongest National Bank  
 in Oxford County  
 Norway, - - - - - Maine











**Liqgett's**  
"The Chocolates with the Wonderful Centers"

ALL your favorite centers—each in a substantial chocolate overcoat. You'll have to eat one to learn how good they are—and eat many to learn that they are all equally good. Come in as you go by today, and get some. Packed in a handsome box that will please anybody.

**CHAS. H. HOWARD CO.**  
THE REXALL STORE  
SOUTH PARIS, MAINE.

## The Year 1920

Still Finds the World Crying for Bread

and every nation on earth is looking to the United States of America for the bread. Every farmer should redouble his efforts to raise more than his needs will require, the other fellow stands ready with the cash to buy it.


..GO TO..

## A. W. Walker & Son's

and you will find the machinery and tools that will reduce your labor greatly and increase your crops.

## Socony Service

A wide variety of mixtures is being sold under the name "gasoline." The best way to be sure that the gasoline you buy measures up to quality



standards is to buy from the dealers listed below. They sell only SOCONY Gasoline—pure, powerful. Look for the Red, White and Blue Socony Sign.

The Sign of a Reliable Dealer and the World's Best Gasoline

DEALERS WHO SELL SOCONY MOTOR GASOLINE

<b>South Paris</b> Ripley & Fletcher Paris Auto Sales Co. F. B. Fogg Cole-Wiggin Co. Oswell's Garage A. C. Maxim <b>Paris</b> C. M. Johnson <b>Norway</b> Norway Auto Company Beck's Garage, N. U. Greenlaw, Prop. Homer Bros. Ulmer Installation Co. H. L. Drake M. W. Sampson A. P. Bassett E. E. Witt M. T. Doughty <b>Waterford</b> L. R. Rounds Co. W. W. Fillebrown <b>South Waterford</b> W. K. Hamlin <b>North Waterford</b> W. S. Perkins Harry Brown <b>East Stoneham</b> W. H. Brown <b>Bolster's Mills</b> Stuart & Gay <b>Oxford</b> Lord & Starbird J. B. Robinson Naimery Bros.	<b>Welchville</b> P. G. Barrett <b>West Paris</b> C. H. Young H. L. McKee I. W. Andrews & Son Geo. E. Boutelle <b>North Paris</b> Howard McAllister Wheeler Lumber Co. <b>Bryant Pond</b> M. C. Allen L. W. Titus William Ellery E. C. Perham G. W. Q. Perham <b>Locke's Mills</b> E. L. Tebbets Spool Co. <b>Bethel</b> Herrick's Garage R. E. Crockett G. L. Thurston & Son Bethel Inn I. L. Carver J. A. Thurston Merrill Springer Co. Arthur Herrick J. P. Skillings <b>West Bethel</b> W. J. Douglass H. N. Head <b>Gilead</b> George E. Leighton W. R. Kimball
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**Standard Oil Company of New York**

**WANTED.** Man to work on farm for seven months. Small rent could be furnished if wanted. Address A. B. C., Democrat Office, South Paris.

**FOR SALE.** A nice Lauter piano, upright Grand, practically new. Inquire of lock box 142, South Paris, Maine.

**FOR SALE.** Four Cylinder Roadster in perfect mechanical condition. Newly painted. All new tires. Fully equipped. New storage battery, starter and electric lights. This is the Raymond Roadster. Inquire of MRS. AGNES L. MORTON, South Paris, Maine.

Write your folks to come

Be sure to be on hand yourself

## STATE OF MAINE CENTENNIAL CELEBRATION

At PORTLAND  
June 28--July 5

Send their names and addresses, and yours, for circulars, etc., of this, Maine's greatest event. Write today.

State of Maine Centennial  
Publicity Dept., City Hall  
Portland, Maine

## RAGS

### Junk Is Still High

Do not dispose of it for little or nothing, when Sam Isaacson pays high cash prices for it.

Call me up, or drop me a line, and I will be right there.

**The Norway Junk Shop**  
**SAM ISAACSON**  
1067 Tel. 9-12



*The Aristocrat of the Dining Table*

SOLD BY  
**The Hills Jewelry Store**  
S. L. HUTCHINS, Prop.  
Watchmaker and Jeweler  
Phone 120-2  
Opera House Block, Norway, Me.

**FOR SALE.**  
The double tenement house of the late Dr. O. K. Yates at West Paris, Maine. Will rent both tenements, and stable until property is sold. House has flush toilet and fine spring of water. Also garden.  
**C. R. DUNHAM, Adm.,**  
South Paris, Maine.

## HOMEMAKERS' COLUMN.

Correspondence on topics of interest to the ladies will be accepted for publication in this column. Write to: Editor, HOME MAKERS' COLUMN, South Paris, Me.

New Dresses for Our Old Friend.

WHEN EGGS COME DOWN, THE GOOD COOK USES THEM IN PLACE OF MEAT.

Now that eggs are a little more plentiful and comparatively reasonable in price they can provide a welcome variation in the family diet. In many families eggs are seldom served except at breakfast, but they furnish just as many possibilities for delectable dishes for luncheon or supper as they do for breakfast. They can well take the place of a meat dish, for, like meat, they furnish protein, fat and mineral matter, and the yolk is also a good source of vitamin. A few recipes for attractive dishes suitable to serve in place of meat for the midday or evening meal follow. These recipes were tested in the experimental kitchen of the United States Department of Agriculture.

Combinations of eggs with bread crumbs, rice, or some starchy cereal to give body to the dish are always good.

**SKINNED EGGS WITH RICE**  
Fill a baking dish half full of hot boiled rice. Break six eggs and carefully drop them in the rice, taking care not to break the yolks. Pour a cup of cheese sauce over the eggs and rice and bake in a moderate oven until the yolks of the eggs are set.

To make the cheese sauce: Melt 1 tablespoon of butter and stir into it 1 tablespoon of flour, 1 teaspoon of salt, and 1-2 teaspoon of white pepper. Add a cup of cold milk, and stir over the flame until thick and creamy. Add 4 tablespoons of grated cheese and stir until melted.

**CHEESE EGGS**  
Hard cook 6 eggs.  
Cook 1-2 cup washed rice in 2 quarts of boiling water containing 1 teaspoon of salt.  
Make a sauce in the following way: Melt 2 tablespoons of butter in a skillet and add 4 tablespoons of chopped onion. Cook until the onion is soft, but not brown. Add 1-2 cups of canned tomatoes and 2 finely chopped green peppers, and 1-2 teaspoon of salt. Cook for 15 minutes. Place a layer of boiled rice in a baking dish, cover with slices of hard-cooked eggs and cover the sliced eggs with cheese sauce. Repeat until baking dish is full. Grate cheese over the top and bake for 20 minutes in a moderate oven.

**EGGS IN TOMATO CUPS**  
When fresh tomatoes are in season no more attractive way of serving eggs can be found than this.  
Select the desired number of good-sized tomatoes, allowing one to each person. Cut off the blossom end, scoop out the seeds, and stand the tomatoes in a baking pan in the oven until they are partly cooked. Put a 1-2 teaspoon of butter and a dusting of salt and pepper into the bottom of each and break in 1 egg. Place in the oven until the eggs are "set" to the desired hardness. Have ready a round of toasted bread well buttered, and place each tomato in the center of a round of toast. Serve hot.

**EGGS COOLED IN TOMATO SAUCE**  
Make a tomato sauce by melting 2 tablespoons of butter and stirring into it 3 tablespoons of flour, 1-2 teaspoon of celery salt, 1-2 teaspoon of pepper and 2 teaspoons of salt. Strain 2 cups of tomato pulp and juice through a sieve and add to the butter and flour. Cook until thickened. Place one-half of the tomato sauce in a baking dish, break 6 eggs, one at a time, and carefully slide each egg into the sauce, taking care not to break the yolks. Cover with the remaining sauce, sprinkle with grated cheese, and bake in the oven until the egg is set. It is well to serve each egg on a round of toasted bread, or each may be baked in an individual ramekin if preferred.

**Tested Recipes to Serve Fifty.**  
Cooking in large amounts often troubles even the experienced cook, for most women are accustomed to plan for only small numbers. When a hot dish is to be served in school, club or grange a recipe for large numbers is convenient to have. The following recipes for soups and cream soups will serve 50.

**COCOA**  
Cocoa, 1-2 cups  
Sugar, 2 cups  
Milk, 8 quarts  
Boiling water, 1 quart  
Water, 1 pint  
Mix cocoa with pint of cold water until smooth; add boiling water and boil 20 to 30 minutes, stirring occasionally. Add sugar to hot milk in double boiler, and pour cocoa mixture into this. Beat with egg beater until froth forms on surface.

**CREAM SOUP—POTATO**  
Potatoes, 8 pounds, or 24 of medium size  
Onions, 4 medium-sized ones  
Boiling water, 2 quarts  
Parsley, 4 tablespoons, chopped  
Scalded milk, 10 quarts  
Vegetable fat, 2 cups  
Flour, 1-2 cups  
Salt, 6 tablespoons  
Cayenne, 1-2 teaspoon  
Make a white sauce of scalded milk, fat, flour and salt; add to this the onion, diced or mashed potatoes and onion. Season; serve hot.

This recipe may be used for any cream soup by substituting any vegetable or fruit for the potato and onion or by using fish for flavoring.

**Gravies and Sauces for Mutton.**  
A well-made gravy or sauce adds much to the palatability of a meat dish. The following recipes are recommended by the home economics specialists of the United States Department of Agriculture as suitable for use with mutton:

**CURRIANT-JELLY GRAVY**  
A gravy flavored with curriant and acid with currant jelly is often served with roast mutton. To each cup of brown gravy made from the fat of roast mutton add a glass or less of curriant jelly.

**BROWN GRAVY FOR ROAST MUTTON**  
In making gravy for roast mutton allow 2 level tablespoons of fat for each cup of gravy desired, pouring off any excess of this amount. To the fat add 3 tablespoons of flour and cook thoroughly, browned, but being careful not to burn it. Add boiling water or broth and boil for a short time, stirring constantly. Add salt and pepper. The proportions are 2 tablespoons of fat, 3 tablespoons of flour, and 1 cup of water or stock. If the flour is not browned, only 2 level tablespoons are needed for each cup.

**MINT SAUCE**  
1-4 cup finely chopped mint leaves  
1 tablespoon powdered sugar  
1-2 cup vinegar  
1-2 teaspoon salt  
Combine the ingredients and let the mixture stand in a warm place until the flavor of the mint has penetrated the liquid.  
Mint sauce, which is so generally related with roast mutton and roast lamb, may be made from either fresh or dried spearmint.

**Omelet with Croquettes.**  
A well-made omelet or soufflé is a dish that tempts most people. Try this omelet with croquettes for variety.  
Make croquettes by cutting stale bread into 1-3 inch cubes; fry in butter until crisp and well browned. Beat 4 eggs slightly; add 4 tablespoons of cream or milk, 1-2 teaspoon of salt, 1-8 teaspoon pepper, and the browned croquettes. Put 2 tablespoons of butter in a hot frying pan, and when the butter is melted and hot turn in the mixture. As it cooks prick and pick up with a fork until the whole is a uniform, creamy consistency. Increase the heat and brown quickly underneath, then fold and turn on a hot platter; garnish with sprigs of parsley and serve.

When frying doughnuts add a teaspoonful of vinegar to the dough or to the fat and they will take less fat to fry.

## OUT THIS OUT—IT IS WORTH MONEY

Out on this slip, enclose with 5c to Foley & Co., 208 Elmwood Avenue, Chicago, Ill., writing your name and address clearly. You will receive in return a trial package containing Foley's Honey and Tar Compound, for coughs, colds and croup. Foley Kidney Pills and Foley Cathartic Tablets. Sold Everywhere.

"Pat, here's the dollar I borrowed of ye last week."

"Bedad, Mike, I'd forget all about it."

"Oooh, why the devil didn't ye say so?"

**SHE FEELS FINE NOW**  
Your kidneys need help if your hands or feet are swollen and there is a puffiness look under the eyes. Mrs. L. Gibson, 12th and Edison St., La Junta, Colo., writes: "My kidneys gave me a great deal of trouble for some time. I took Foley Kidney Pills and they helped me right away. There is such a change in me I feel fine now." Sold Everywhere.

"Papa," said Tommy Treadway.  
"Now, Tommy," replied Mr. Treadway, "I shall only answer one more question to-day. So be careful what you ask."

"Yes, papa."

"Well, go on."

"Why don't they bury the Dead Sea?"

**GRANDMOTHER KNOWS WHAT'S GOOD**  
Mrs. V. M. Katz, 502 Armonde St., N. S. Pittsburg, Pa., writes: "I used Foley's Honey and Tar for my little grandson as he had a bad cold, and it did him lots of good. I used a lot of it when my own children were small." This old reliable medicine helps coughs, colds, croup and whooping cough. Sold Everywhere.

An old farmer and his wife were standing before their pigsty looking at their only pig when the old lady said: "Say, John, it will be our silver wedding tomorrow. Let's kill the pig!"

John replied in disgust: "What's the use of killing the poor pig for what happened 26 years ago?"

**HOW TO DESTROY A GOOD DISPOSITION**  
Bad digestion will ruin the best disposition. If the world looks dark and blue, if you are generally "out of sorts" and feel stuffed up and uncomfortable, just take a Foley Cathartic Tablet. Relieves mean headaches, biliousness, coated tongue, sour stomach, constipation and all the ills that follow disordered digestion. Sold Everywhere.

Two Pullman porters met in front of the La Salle Street station recently. "Where is Sam Brown, Tom?" He's been missing 'round here for the last two or three nights."

"Guess dat's 'cause he had a birth up to his house."

"What did old Sam git—boy or girl?"

"Twin, dat's what he got."

"Man o' man! I don't call dat no birth; dat's what I call a section."

**NEVER SAW ANYTHING BETTER**  
Mrs. A. B. Griffith, Box 154, Andrews, Ind., writes: "Last winter my family all had the 'flu.' I tried Foley's Honey and Tar, and never saw anything better. From now on I will not be without Foley's Honey and Tar in the house." Sold Everywhere.

A small storekeeper to the surprise of his brethren suddenly decorated his window with a gorgeous new blind.

"Nice blind of yours, Isaac," quoth his neighbor.

"Yes, Aaron."

"Who paid for it, Isaac?"

"The customers paid for it, Aaron."

"What! The customers paid for it, Isaac?"


"Yes, Aaron, I put a leaded box on my counter. 'For the blind,' and they paid for it."

**GIVES CREDIT THROUGH THE LAND**  
"I had weak bladder, bad kidneys and liver," writes Willie Carter, Luxar, Pa. "I could not sleep well and my back pained me awful. I had a daisy feeling in the morning. Since taking Foley's Honey and Tar I have been relieved of all such ailments." Sold Everywhere.

**EXPENDED \$2,000,000 DURING PAST YEAR**  
Col. Gifford Shows Why Salvation Army Needs \$1,250,000 to Continue Work Throughout New England.

Boston, April 13.—The Salvation Army expended during the past year nearly \$2,000,000 in New England according to the statement today of Col. Adam Gifford, Commander of the organization forces in the six states in rendering aid to the needy.

At the first sign of any disorder, take one or two tea-spoonsful of "L. F." Atwood's Medicine. This will keep your digestive organs in good order and relieve the disturbing symptoms. If you suffer from sick headaches, regular doses of this tried and tested old remedy will bring blessed relief by removing the cause. The relief will not be temporary, at the expense of some other organ, but will be a permanent improvement for the entire system. Get a 50c bottle today from any medicine dealer. "L. F." Medicine Co., Portland, Me.



## They used to call a man a "sport" when he bought an automobile

THAT was before the days when pretty nearly everybody owned one—or could, if he wanted to.

There was a lot of waste about motoring in those days. A man spent a lot of money on his car and never thought very much about what he was getting in return.

When a man buys a tire nowadays he has a pretty definite idea of what he expects to get out of it.

The dealer who sells him one that gives him less than he expects isn't likely to get any more of his business.

That's one of the reasons why we handle U. S. Tires—and recommend them to the motorists of this community.

III

The U. S. reputation for quality is not built on any one tire.

There is not one standard for large U. S. Tires and another standard for small ones.

Every tire that bears the name "U. S." is built the best way its makers know how to build it. The oldest and largest rubber concern in the world cannot afford to play favorites in seeking its public.

IV

Come in and tell us what you are looking for in tires. We can probably tell you whether you need a U. S. Nobby, Chain, Usco, Plain, or a Royal Cord.


Select your tires according to the roads they have to travel:

In sandy or hilly country, wherever the going is apt to be heavy—The U. S. Nobby.

For ordinary country roads—The U. S. Chain or Usco.

For front wheels—The U. S. Plain.

For best results—everywhere—U. S. Royal Cord.



## United States Tires

F. B. FOGG, South Paris, Maine.

## Exercise

Anyone whose occupation or duties prevents some daily outdoor exercise, is likely to be troubled with biliousness and other digestive evils. If possible you should walk to business every morning, but be sure not to eat a heavy breakfast just before you start. It is advisable to take long walks before eating, but at least a quarter hour should elapse if possible after a heavy meal, before indulging in any active exercise.

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## BARGAINS

### MEN'S HEAVY RUBBERS WITH LEATHER TOPS

We have a lot of Men's Rubbers with leather tops. A mixed lot, but all first quality and all sizes. We are selling them far below the wholesale price today, a good investment to buy them now for next winter. See them in our windows.

**E. N. Swett Shoe Co.**  
Opera House Block, Telephone 38-2.

## LUMBER

### DOORS! WINDOWS! GLASS!

## House Finish of All Kinds

We can furnish you material for any building made of wood from the foundation up.

We specialize in cabinet work of all kinds.

We will quote you prices of anything made of wood.

OUR MOTTO:

Prompt service, good workmanship and good material.

We would be pleased to have you visit our plant and judge for yourself.

**J. A. KENNEY & CO.**  
South Paris, Maine

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**E. N. Swett Shoe Co.**  
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## Keep Your Feet Warm and Dry

...WITH...  
Felt Shoes, Rubbers or Overshoes

AT  
**FROTHINGHAM'S**  
South Paris

**For Sale.**  
Hereford Bull calf 4 weeks old. WM. FRANK NOTTAGE, South Paris, Me., R. F. D., No. 1.

**Grow Your Own Pop Corn!**  
Plant Golden Progress Pop Corn. Hardy and prolific, delicious flavor. Send 25c for garden size pkg. (50 hills). Order early as supply is limited. Address Progress Farm, C. M. MERRILL, Prop., South Paris, Maine.

**F. R. PENLEY, WEST PARIS, MAINE.**

**Pulpwood Wanted.**  
Peeled poplar, second growth white maple, spruce, fir and second growth white hemlock for delivery on Grand Trunk Railway. Portland to Gorham, N. H., 1920-21.

**Farm For Sale.**  
160 acre farm, only 25 tons hay, good pasture, plenty of wood for farm, good buildings, running spring water in both house and barn, on main road, only 8 miles from village and railroad, telephone and R. F. D. This beautiful home can be bought if taken at once for \$3,750, including whole equipment of farming tools. Part cash, balance on easy terms. For sale by L. A. BROOKS, Real Estate Dealer, office 81 Market Square, South Paris, Maine.

**NOTICE.**  
This is to notify the inhabitants of Paris, Maine, that beginning Monday, April 19th, 1920, and continuing until May 15th, 1920, the board of health offers you free vaccination with the cow pox.

In this particular case you are respectfully requested to confine yourself to any of the physicians mentioned below. The only vaccine used will be that of the U. S. Government.

F. B. FOGG, M. D., West Paris, Maine.  
F. G. Littlefield, M. D., South Paris, Maine.  
D. M. Stewart, M. D., South Paris, Maine.  
W. B. Raymond, M. D., South Paris, Maine.

W. B. RAYMOND, M. D., Secretary Board of Health, South Paris, Maine. F. S. Physicians will go and procure their vaccine at Howard's Drug Store.