

HOMEMAKERS' COLUMN.

Correspondence on topics of interest to the ladies is solicited. Address: Editor HOMEMAKERS' COLUMN, Oxford Democrat, South Paris, Me.

A Good Pudding for Holiday Meal

CHRISTMAS TABLES INCOMPLETE WITHOUT PLenty OF PUDDINGS.

Desserts of the English plum pudding type are general favorites for the holiday season. Perhaps one reason for their popularity is their good keeping quality. A steamed plum pudding will keep for weeks and can be heated up for serving whenever desired. With a delicious pudding or two on the pantry shelf Mrs. Housewife will find her Christmas dinner easier to prepare, as well as other dinners during the holiday season when an unexpected guest "happens in."

CARROT AND SUET PUDDING

1 cup beef suet chopped fine
1 cup grated carrots
1-2 cup chopped citron
1 cup chopped dates
1 cup sultana raisins
2 eggs (well beaten)
1-2 cup molasses
1-2 teaspoon soda
1-4 cup brown sugar
2 cups sifted flour
1-2 teaspoon salt
2 teaspoons cinnamon
1-2 teaspoon nutmeg
1-4 teaspoon mace
1-2 teaspoon allspice
Place in a well-greased pan or pudding mold and steam four hours.

SUET PUDDING

1 cup molasses
1-4 cup brown sugar
1 cup raisins
1 cup currants or 1-2 cup chopped citron and 1-2 cup chopped dates
1 cup beef suet (cut very fine)
1 cup milk (sour or sweet)
2 cups sifted flour
2 teaspoons soda if sour milk is used
1 teaspoon soda and 2 teaspoons baking powder if sweet milk is used
1 tablespoon cinnamon
1 teaspoon nutmeg
1 teaspoon allspice
1-2 teaspoon mace
1-2 teaspoon salt
Mix ingredients and turn into a well-greased mold. Place the pan or mold in a steamer over boiling water and steam four hours. Place the pudding in a warm oven for 10 minutes to dry.
Serve either of these puddings warm with any sauce desired. Foamy sauce is good with a plum pudding, or a hard sauce may be preferred.

FOAMY SAUCE

1-4 cup butter
1 cup powdered sugar
1 egg
Cream the butter, add sugar gradually and well-beaten egg. Beat over hot water, stirring constantly. Flavor with vanilla or lemon juice and a little grated rind of lemon.

FOR CUSTARD SPONGE

1-2 tablespoons gelatine
3 cups milk
3 eggs
1-2 cup sugar
1-4 teaspoon vanilla
Soak the milk with the gelatine and pour slowly on the yolks which have been beaten to a froth with the sugar. Return to the double boiler and stir until thickened. Remove from the fire, add salt and flavoring, and the stiffly-beaten whites.

FRUIT GELATINE

2 tablespoons gelatine soaked 20 minutes in 1-2 cup cold water
1-2 cups boiling water
3-4 cup sugar
1-2 cup lemon juice
3-4 cup oranges cut into small sections
1-4 cup chopped red cherries (pre-served or candied)
Chill and when it begins to stiffen add fruit and mold.

TO MOLD THE GELATINE

To mold the gelatine pour a layer of the sponge one-inch thick into an oblong mold. Allow it to chill until partially firm, then add a layer of the fruit gelatine and another layer of the sponge. Keep in a cold place until firm when it may be removed from the mold. Garnish the dish with sections of oranges and red cherries.

FROZEN PUDDING

Alternate layers of plain frozen custard and frozen custard containing raisins, cherries, and chopped candied pine apple may be molded in a square mold. Served in slices it also makes an attractive dessert for the Christmas dinner.

Wallops for H. C. L.

To eat to save is to waste, but to leave bread and butter to eat cake is also waste.

Cereals are usually the cheapest food on the market for supplying fuel to the body, together with a fair amount of tissue-building material.

Insist on getting clean eggs. Dirty ones spoil quickly. But do not wash an egg until just before using, as washing may hasten the spoilage.

Rinse all the soap out of garments before bluing them. Some bluing contains a compound of iron, which when brought in contact with soap may make rust spots on the clothes.

Wash no food, but take proper care of a leftover, and use it before harmful micro-organisms have a chance to breed in it. Some of these organisms cause poisoning.

Divide your food dollar into fifths. Use about 20 cents of it for fruits and vegetables; 20 cents or more for milk and cheese; 20 cents or less for meat, fish and eggs; 20 cents or more for bread and cereals; 20 cents or less for sugar, fat, tea, coffee, chocolate and flavoring.

Make enough of the Christmas fruit cake or plum pudding so you can have some on hand to serve in emergencies after the holidays. Both puddings and cakes which are rich in fruits improve with age.

Good Meat from Cheap Cuts.

When the housekeeper attempts to reduce her meat bill by using the less expensive cuts, she commonly has two difficulties to contend with—tough meat and lack of flavor. Prolonged cooking softens the connective tissues of the meat. Pounding the meat and chopping it are also employed with tough cuts to help break the muscle fibers. The flavor of meat, even in the least desirable cut, may be developed by careful cooking, noticeably by broiling the surface. Other flavors may be given by the addition of vegetables and by seasoning with condiments of various kinds.

A New Birthday Cake—The birthday cake for my small daughter, this year, elicited such favorable comment from the grown-ups who saw it that I felt the idea might be a "discovery" on my part.

I covered the cake with boiled icing and let it harden. Then I took a water-color brush, dipped it into melted chocolate, and made a border of small objects in silhouette—cats, birds, etc.—around the sides of the cake. As the day was near Christmas, I painted a Christmas tree on top with the small girl's name and age. The tiny candles on the top and a spray of similar around the base made the whole quite effective. The joy of the youngsters was unbounded, and they insisted upon turning the cake around and around, admiring over each new discovery.—Mrs. A. A. S., Ore.

Mashed Rice and Potatoes—In an attempt to economize in the use of potatoes, I discovered that a wholesome and appetizing dish may be prepared by using a combination of potatoes and rice.

Use four medium-sized potatoes to one-half cup of rice. Boil the potatoes and the rice separately until tender. Mash and season the potatoes, then add the rice, and beat until smooth and creamy. The resulting dish is hard to distinguish from one composed wholly of potatoes, and the taste is just as satisfying.—Mrs. G. E. W., Mass.

Boudoir Caps

A gift of this kind is very acceptable, made of lace, crepe de chene and satin, beautifully trimmed with ribbon and fine laces.

50c, 75c, \$1.00, 1.25, 1.50



Beads of Many Kinds

Large assortment of pearls in several lengths, jet and colored, of many kinds.

25c, 50c, 75c, \$1.00, 1.50, 1.95, 2.95

Let This Be Your Christmas Store

OUR PREPARATIONS FOR THIS SEASON OF GIFT GIVING HAVE BEEN MADE ON A MORE EXTENSIVE SCALE THAN EVER. MORE COMPLETE AND MORE PRACTICAL.

The great assortments are in splendid condition and in all lines stocks are thoroughly ready. Do your Christmas buying now before the real rush begins. The crowds are gradually becoming larger and each day this busy place gets more popular among the Xmas shoppers.

Bath Robes Excellent Gifts

There's many a woman who never would buy a bath robe for herself, but would nevertheless thoroughly appreciate a gift of one of the bath robes we have. They never were so pretty.

BATH ROBES, choice patterns in beautiful combinations of colors, many are satin trimmed, all have a nice looking cord.

\$4.95, 5.95, 6.95, 7.95, 9.95

CHILDREN'S BATH ROBES in sizes 2 to 12 years, pretty patterns, \$1.95 up to 2.95.

DOVE UNDER-WEAR

Dainty, well-made Lingerie.

Beautiful Underwear

Gifts that will be appreciated, for any woman of refinement has an innate love of daintiest underwear. It is hard to describe the beauties of this underwear so daintily made. The price is much below today's worth owing to our buying before it was advanced in price. Every woman should see these garments.

SILK CAMISOLES of Georgette and satin ribbon, lace and hand embroidery trimmed, dozens of styles.

\$1.00, 1.25, 1.50, 1.95, 2.45

SILK ENVELOPES of satin and Georgette, beautifully trimmed, some have the camisole top.

\$2.95, 3.45, 3.95, 4.95, 5.95

SILK VEST AND BLOOMERS, fine jersey silk, \$3.95 and 4.95.

Muslin Underwear

that make splendid Christmas gifts, you make no mistake in selecting, gifts of this kind being so practical.

ENVELOPES, a large range of styles neatly trimmed with laces and fine embroidery.

ENVELOPES, \$1.25, 1.50, 1.98, 2.45, 2.98, 3.95.

CAMISOLES, 87c and \$1.00.

GOWNS, \$1.25, 1.50, 1.98, 2.45, 2.98.

WHITE SKIRTS, \$1.50, 1.98, 2.45, 2.98, 3.45.

Leather Goods

Very useful and a lasting gift. You will find the largest line of the best and prettiest new leather goods we have yet shown.

TOURIST WRITING TABLETS of fine leather in brown, taupe and black, all filled, \$1.98, 2.75, 2.98.

MANICURE SETS of good quality suede, folds up closely, \$2.00, 2.98.

PURSES, dozens of styles, many new shapes, fine leather used, some are of pin seal. Prices range from \$1.00 up to \$7.50.

HAND BAGS, all shapes and sizes in a large assortment.

\$1.50, 1.98, 2.45, 2.98, 3.95, 4.95, 5.95

CHILDREN'S HAND BAGS, attractive colors, some of velvet, 50c and 75c.

LEATHER GOODS FOR MEN, bill folds, card cases and pocket purses.

Silk Hosiery, Good Gifts

Hosiery is always in good taste for Christmas presents, always acceptable and useful, too. You'll find it a pleasure to select from assortments that contain all the staple kinds and practically all the wanted novelties that the hosiery market affords.

New Self Striped Silk Hose, called the thick and thin, see this new one, it is very desirable. Colors, black and white, has seam back, triple heel and toe, elastic top, a good hose for \$3.00 a pair.

SILK HOSE, lace, fancy clock and plain, from 75c, \$1.00, 1.25, 1.50, 2.00, 2.87.

FINE CASHMERE HOSE in dark brown, white and black, great demand for these, priced \$1.25.

Other hose for ladies, misses and children in all grades that will make good Christmas gifts.

Xmas Shirt Waists

Waists form a good serviceable and appreciative gift. We never were better prepared with so large an assortment of all kinds of waists than we are now, large shipments fresh from the manufacturer. You make no mistake when you make a gift of a waist.

BEAUTIFUL GEORGETTE CREPE WAISTS, many, many styles. Really to appreciate their beauty you ought to see them, many new style touches are displayed, beautiful trimmings of beads and silk embroidery. Colors, white, flesh, tan, navy, brown and taupe.

Price \$5.95, 6.95, 7.45, 7.95, 8.95

FRENCH VOIL WAISTS, nearly as sheer as Georgette Crepe, neatly trimmed with laces and fine embroidery, \$3.95, \$4.95, \$5.95.

VOILE AND MADRAS, with the high or low collar, strictly tailored, plain and trimmed with tucks and lace. Priced \$2.45, \$2.95.

VOILE WAISTS, large assortment, fancy trimmed, \$1.50, \$1.75, 1.98, 2.45, 2.98.

HANDKERCHIEFS FOR MEN

Women and Children

Your every Handkerchief need can be supplied at this store. Whether you want a small cotton handkerchief for every day use or for the children's use, or a good big one for men, or a fine embroidered one for yourself, or to make a gift of handkerchief prettily boxed, you can rest assured that the kind wanted can be found here and at a cost that will be a pleasant surprise for the quality you will receive.

Ladies' Plain Linen Handkerchiefs 15c, 25c. Fancy Embroidered Linen, 39c, 50c, 75c. Embroidered Swiss, 15c, 25c. Plain and Fancy Cotton, 5c, 10c, 12 1-2c.

Children's Handkerchiefs, 6c, 10c, 12 1-2c, 15c. Boxed 10c, 15c, 18c.

Men's Handkerchiefs 10c, 15c, 25c, 50c.

CHRISTMAS SALE

Winter Suits and Coats

Surely a good time to select, the Worst-ed Coats are all marked down, and the prices on suits will interest you. Some at a saving of \$10.00. Now you can get most any color you want and most any size in the season's best material. Make your selection early before the assortment is broken badly.

Practical Gifts For Children

What is prettier than an attractive, lively baby, daintily dressed? We're doing what we can to add to any tot's natural beauty by furnishing those bits of exquisiteness which mothers delight in. Let us show you some of the new things.

Bootees, Knit Sacques, Sweaters, Knit Set of Sweaters, Bootees and Bonnet, Leggings, Robes, Mittens, Garter Drawers, Bath Robes, Toques and Dresses.

Moderately Priced Jewelry

Jewelry is always appropriate for gifts, but is particularly so at Xmas time. You will be surprised to learn how far a little money will go in selecting from our great display.

LINGERIE CLASPS, gold and sterling, 25c and 50c.

BAR PINS in many shapes, including the blue birds, 25c, 50c, 75c, \$1.00.

BROOCH PINS, fancy stone settings and cameo, 25c, 50c, 75c, \$1.00.

BRACELETS for children and misses, 50c, 75c, \$1.00.

NECK CHAINS with pendant, jewel setting, 50c and \$1.00.

COLLAR PINS, large variety, 10c, 25c, 50c.

HAT PINS, gold and sterling, 25c, 50c pair.

JEWEL BARRETTS AND COMBS, 25c, 50c, \$1.00.

Xmas Aprons

No more serviceable gift than an apron. Our apron variety is such that we believe it impossible for us not to be able to meet the demands of any customer.

TEA APRONS, plain and dotted muslin, lace and hamburger trimmed, many fancy shapes, 35c, 50c, 65c, 87c.

LARGE WHITE APRONS, several shapes, trimmed with hamburger, the large round is very popular, 75c, 87c.

COLORADO APRONS, styles that will meet the demands of any woman.

KIMONO APRONS, \$1.25, 1.50, 1.95, 2.45.

Ribbons and Ribbons

Ever think of all the pretty, dainty things you can make of ribbons? Nothing is more appreciated than a little handmade gift. Then, too, how pleased is the little girl with a new hair ribbon. When out shopping come in and see the new ribbons.



Ladies' Christmas Gloves

Ladies like to receive gloves, why not give her gloves? If gloves are selected for presentation, any size will do, because they can be changed any time after Christmas. Then, too, she may want to get some particular shade.

GLOVES, of fine quality kid, some are fur lined, some are worsted lined, some are silk lined, then we have the unlined. Priced \$2.50 to \$5.95.

CHAMOISETTE GLOVES in grey, black, tan. A fabric glove that will wear long and look well, 75c, \$1.00.

CHILDREN'S GLOVES of kid and worsted knit and mittens of many kinds.

Fur Muffs and Neckpieces

Give her a real Christmas gift. There is nothing that gives more real comfort and adds more to one's dress than a beautiful fur.

MUFFS of Fox, Skunk, China Wool, Hudson Seal, French Lynx and Coney, ranging in prices from \$7.95 to \$37.50.

FUR NECKPIECES in many new shapes, in same kinds to match muffs, priced \$9.95 up to \$37.45.

Sweet Grass Baskets

Last Christmas we couldn't get enough of these much wanted gift things. At present we have a large display, but will not last long. Sewing Baskets, Shopping Baskets, Knitting Baskets, Glove Cases, Flower Baskets, Pin Cushions, Thimble and Scissors Cases.

Towels, Scarfs and Runners

Useful gifts for the housewife. Articles of this kind are given more and more every year as Christmas Gifts. Think how useful they are.

FANCY BATH TOWELS in nearly all sizes, colors, blue, pink and maize, many have special place for initial.

25c, 50c, 75c, \$1.00, 1.25, 1.60

SCARFS of many kinds, plain center with cluny and filet lace trimmed, some have lace insertion, then, there are the all lace ones.

Priced 50c, 75c, \$1.00, 1.50, 1.95, 2.45

Shams and table covers to match, square and round.

Dolies of many kinds and doily sets.

BLANKETS AND BED SPREADS are good gifts, all grades can be found here.

A USEFUL GIFT

The portable Perfection Oil Heater—lit, and actually radiant with its message of warmth and cheer—what a Christmas greeting!

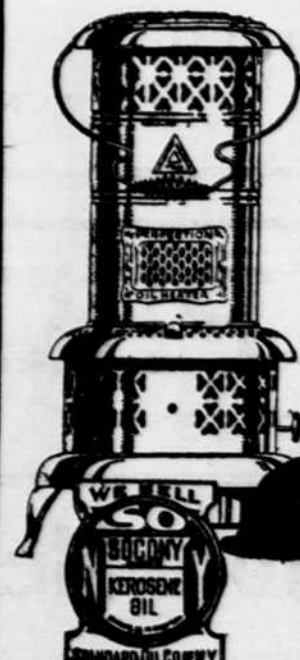
Give mother and the children a Perfection—with its touch of extra warmth to make cold corners snug. Give yourself one for use in the bathroom when shaving.

The Perfection is clean, safe, odorless and pays for itself in furnace heat saved. Easily filled and re-wicked—creates no soot or ashes. Carried from cellar to garret as easily as a lamp. Burns 10 hours on a gallon of kerosene. Over 8,000,000 in use.

Use SoCony kerosene for best results.

STANDARD OIL COMPANY OF NEW YORK

PERFECTION Oil Heaters



YOUR finest silk waists—HOW would you like to use them to sift your flour? Sounds extravagant, doesn't it? Yet we do practically the same thing with

WILLIAM TELL FLOUR

Every pound of WILLIAM TELL Flour is sifted through finest silk—not once, but thirteen times.

Expensive? Yes, but WILLIAM TELL must be the finest and best flour that can be made, and silk sifts the flour better and finer than any other material yet discovered.

This is only one of many expensive processes which we employ in our efforts to make WILLIAM TELL a perfect flour for you.

Next time tell your grocer—WILLIAM TELL.

It costs no more to use the best.



N. D. BOLSTER CO., South Paris, Maine

Norway, BROWN, BUCK & CO. Maine

EIGHT CHILDREN HAD CROUP

"I have eight children and give Foley's Honey and Tar to all of them," writes Mrs. P. Rohkamp, 2404 Sherman St., Covington, Ky., "they all were subject to croup." It loosens mucus and phlegm, stops that strangling cough, makes easy breathing possible and permits quiet sleep. Contains no opiates. Children like it. Sold Everywhere.

CUT THIS OUT—IT IS WORTH MONEY

DON'T MISS THIS. Cut out this slip, enclose with 5c to Foley & Co., 2835 Sheffield Avenue, Chicago, Ill., writing your name and address clearly. You will receive in return a trial package containing Foley's Honey and Tar Compound, for coughs, colds and croup. Foley Kidney Pills and Foley Cathartic Tablets. Sold Everywhere.

"After all," remarked Methuselah, "my long life has been a good deal of a failure."

"Merely because you kept out of politics?"

"No. But it does seem to me that I've been at least entitled to an occasional interview as to whether or not I attribute my longevity to abstention from strong drink and tobacco."

MINISTER WANTS TO HELP

It is only natural that one who has been relieved from suffering should feel grateful and want to help others. Rev. W. F. M. Swynolds, 818 Elm St., Macon, Ga., writes: "My kidneys gave me much trouble before I took Foley Kidney Pills. I am ready at any time to speak a word for Foley Kidney Pills." Sold Everywhere.

WINTER WEATHER AND HEAVY FOODS

Extra work put on digestive organs in cold weather leads to indigestion, biliousness, bad breath, bloating, gas, constipation. Foley Cathartic Tablets cleanse the bowels, sweeten the stomach and benefit the liver. Cause no griping or nausea. Stout persons like the light, free feeling they bring. Sold Everywhere.

GIVES PERMISSION TO USE NAME

Eugene Palmer, Lawrence, Mass., writes: "Foley's Honey and Tar relieved me of a cough from which I suffered for weeks. You have my full permission to use my name in any advertising." Foley's Honey and Tar checks colds, cuts the phlegm, soothes inflamed membranes, clears breathing passages. Sold Everywhere.

The civilizational Lieutenant who was the odd male in the mixed veranda party of seven was not getting anywhere near so much attention as the three discharged brags.

"But, you know," he confided at last to the blondest of the hero-worshippers, "I could have been a private if I'd wanted to."

WAS RESTLESS WITH PAIN

R. W. Kitt, R. F. D. 2, Shorters, Ala., writes: "I took Foley Kidney Pills as I was restless at night with pains in my back and side, and they did me good. I can truthfully say Foley Kidney Pills is the medicine for kidney trouble." They relieve rheumatic pains, stings, swollen joints, lameness, soreness. Sold Everywhere.

One of the most useful machines on the farm is a

GAS or OIL ENGINE!

When you buy you want the best.

We believe in the

Fairbank, Morse & Co.'s Z Engine

with

BOSCH MAGNETO

We have the most practical farm engine made. The Price is right. Come in and see it. "An Oil Engine with Gas Power."

A. W. Walker & Son,

SOUTH PARIS, MAINE.

In Time of War

PROGRESSIVE

In Times of Peace