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Marshall Point Lighthouse, as seen from a lobster boat in Port Clyde. PHOTO BY CHRISTINE SIMMONDS



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From Offshore

by Eva Murray

I Hesitate to Admit This, But...

I gave up on my garden. Right plumb-dumb in the middle of summer, I hoisted the white flag. I quit. I pulled a Bartleby maneuver and quietly said, “I prefer not to,” the difference being I am — or at least was at that time — acceptably sane. I walked. I decided, with considerable hand wringing and face red with shame, that it might be alright to not have a vegetable garden this summer.

Talk about mixed feelings.

I am at once wracked with guilt on several levels, and yet enjoying a sense of relief, as though some important duty has been crossed off my “to-do” list with a fat red Sharpie. The failed garden was a bit of a ball-and-chain as I felt pressed to spend hot afternoons under the sun swinging long-handled tools. But the chain gang boss was just me, and all I was managing was busting rocks. While nobody was looking, I made a break.

The thing is, I didn’t have time for the garden. I did realize that I ought to strongarm myself to make time for the garden. Truthfully, I haven’t had time to do right by my garden in several years, but lately I hadn’t quite understood that it was optional. If you own a piece of arable land in a rural area, you grow a garden. It’s what you’re supposed to do, a social compact, sort of an unwritten rule. And, if you do it once, you keep it up. That’s just how it works.

Every spring I, like many, indulged the fantasy that this year would be different. We admired the pictures in the catalogues, my husband rototilled (no small job either, and not fun, given the particulars of both the tiller and the land). I planted, and the spread started out looking nice. “I will downsize,” I promised, and “only plant things that don’t need a lot of maintenance.” It turned out that, even with such discipline, I couldn’t take care of what I’d started. Don’t judge me too harshly. I know what some readers are thinking: “She could no doubt find the time if she were more organized ...”

It’s not that I don’t enjoy working on the garden. I truly do — I mean, did. But I enjoy lots of things there aren’t time for in the summer. I have about 38 summer jobs. We’ve already talked about how much I don’t read.

I have a good well, but it didn’t rain here for weeks. I have both a small business and a dozen neighbors counting on that well, and growing my own cucumbers came in low on the water supply priority list.

We had some tasty peas early in July. I love fresh peas. We harvested the five or six dozen bulbs of garlic that I’d planted the previous fall. I had a handsome row of lettuces of different colors, but discovered they didn’t taste very good, which I attribute to the lack of water during that heat spell. I raised happy strawberry plants but saw few edible strawberries.

I do harbor significant guilt concerning the potatoes, which I cannot even find at this point. My neighbor, an expert gardener (one of those Ph.D.s who is a farmer at heart), gave me the seed potatoes. The plants emerged, but since have shriveled and disappeared in the incipient hayfield. I reminded myself not to get too worked up about “the sunk cost fallacy” as I dug some test holes looking for the potato row. I then felt like a complete idiot when strangers wandered into my yard and asked what I was doing.

People will ask questions at the worst times.

We are members of the Maine Organic Farmers and Gardeners Association, and I have won blue ribbons for vegetables in the past, so I feel a little bit like I’m letting down the team. Sorry — hoeing and weeding at 8 p.m. is not going to happen. This garden was never about subsistence, or nutrition, or even economy. It is just a hobby.

“But gardening is therapeutic, and so relaxing, and good for the soul ...” All true, unless the overgrown condition of one’s smallholding just makes said gardener feel like a screw-up. Time to cut my losses.

The songbirds have their own garden. Beside the wood splitter, where the Phone Man often dumps out soggy birdseed from the feeders he tends, is a small patch of assorted crops that we did nothing to cultivate: sunflowers — short ones, but beautiful — corn, a couple of kinds of millet. It’s a little patch of Iowa on my lawn.

Next year will be different! Next year I will cultivate a lush and well-tended garden, yielding ample healthy and delicious vegetables, enough to freeze and can and share around, and I will water it regularly! You betcha I will.

Eva Murray lives, works and writes on Matinicus Island.



Questioning Sears Island Proposed Port—

Having attended the MDOT presentation Aug. 13 of the proposed port for launching offshore wind turbines that the Mills administration and thus MDOT is planning to build on Sears Island, we feel compelled to register our shock. First, that this is the first presentation that has been offered by MDOT to the Searsport Select Board (no direct discussion in three years?) on such a huge, proposed project, and second, the sheer scale of this project, the size and building of which is such that the town of Searsport, not just Sears Island, will be forever changed. Something of which the select board, the town’s people, and indeed all of us in the adjacent Mid-coast region should be fully apprised.

It made us wonder just who the port was being built for, what industry is pushing to use Sears Island rather than Mack Point, or even Eastport, which has the deepest natural sea port in the entire U.S. and no dredging at all would be required. Searching the internet, we found that the University of Maine is partnering with Diamond Offshore Wind, and when we dug deeper, we found that they are in collaboration? (a subsidiary of) with Mitsubishi, Japan’s largest trading company. We already know that CMP is owned by a Spanish corporation (who takes the profit out of the U.S.), Iberdrola. Now we find that most of the 119 wind farms already launched around the world are owned by a few very large multinational corporations, working hard to consolidate worldwide ownership and major consolidation of our power grids for their profit.

This is really big, folks. We need offshore wind, but we need to be thoughtful about it. And it feels like the MDOT spokesperson was disingenuous when he could not answer questions such as “What will this development do to the lives of Searsport citizens?” and “Will the electricity produced stay in Maine?” Even about the lighting — think about it. A port this size will certainly need lighting and activity 24/7, 365 days a year, but DOT’s representative could not or did not answer this question. Questions? Oh yes. There are many, many more questions, in a brand-new industry that is still working out the kinks. Iberdrola (CMP parent company) also owns the wind farm off Martha’s Vineyard which recently had a shattered windmill blade (300 feet in length) that shot shards of fiberglass onto local beaches, which have to be closed.

There is a lot to talk about, and we appreciate very much the select board inviting the public to attend and to ask more questions. I hope the board has the MDOT return very soon, to continue this conversation, because citizens have a right to know the whole story and why our opinions do not seem to matter.

We will never see an island like Sears Island again. Ever. Why not Mack Point? or Eastport? Please!

Meredith Bruskin and Donna Short, Swanville

Supporting Candidate Mike Ray—

Mike Ray is my idea of a great neighbor. He’s a regular volunteer for the Waldo County Woodshed, has served on many local committees and is currently on the Lincolnville Selectboard. Mike deeply respects our natural environment, having led camping trips as a Registered Maine Guide and managed a woodlot. He’s a down-to-earth, regular person.

As a selectman, Mike understands firsthand the challenge of watching out for his neighbors’ pocketbooks while providing essential services such as education, fire/emergency services and sensible development.

For those living in Appleton, Islesboro, Liberty, Lincolnville, Montville, Morrill or Searsmont, a vote for Mike Ray for state representative will bring locally informed, commonsense leadership to Augusta. And he’s done his homework — sitting in on legislative committee meetings to study how the legislative process works. Mike is ready to hit the ground running!

Bob Kohl, Liberty

The Free Press welcomes and encourages your letters about whatever is on your mind. Include your name, town of residence, and phone number (in case we need to contact you). Please note our deadline for letters is Wednesday at noon for the following Tuesday publication. Send letters to copyedit@freepressonline.com or mail them to The Free Press, P.O. Box 1177, Rockport, ME 04856-1177. Letter limit: 500 words. Edited for space, libel, clarity. Longer pieces may be submitted for consideration as guest columns. We reserve the right to reject any submission for any reason.

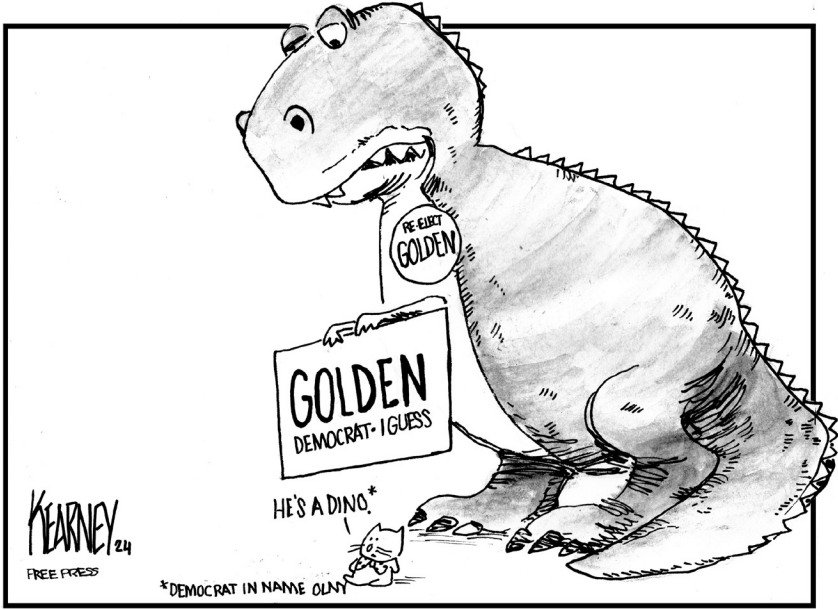
LETTERS / OPINIONS

No Sense of Humor—

During the first Trump/Biden debate in 2019, I felt extremely uncomfortable and concerned for the future of America. I woke the next day and had a heart attack. The danger that Trump posed then is still with us now. However, in the eight years since he was elected, I discovered Trump’s greatest problem — he has no sense of humor. Finding nicknames for opponents is not funny unless you are in grade school. Nevertheless, there is something humorous about Trump, something that has given me hope that we can send him back to building Towers, or to jail. Trump made us laugh when he suggested COVID patients should drink Lysol or sent me into a fit of laughter when he predicted the path of a hurricane. Why do we laugh at these idiotic comments? Because they are the mark of a thoughtless buffoon.

Since Kamala and Walz have come on the scene, Americans have discovered that Trump’s lack of humor makes us less fearful and thus makes him easier to defeat. We have discovered that the Trump who would be king is nothing but a jester surrounded by clowns.

Andrew Stancioff, Spruce Head



Rep. Jared Golden Says He Won’t Endorse Harris for President ILLUSTRATED BY GREG KEARNEY

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LETTERS / OPINIONS

In Support of Candidate Steve Ellis—

As a Mainer living in District 38, I support Steve Ellis to serve as my representative to our State Legislature and will be voting for him this coming November. District 38 is the heart of Maine's organic farming community, and we deserve a representative who will work to protect our natural environment and help prepare Maine for the ongoing climate breakdown. Steve recognizes the importance of climate change mitigation and will work to support our farming, forestry, and fishing industries while also protecting wildlife and hunting. Unfortunately, our current representative, Benjamin Hymes, voted against environmental measures in 2023, including bills to launch offshore wind energy, protect loons, and reform net energy billing. Maine Conservation Voters gave Hymes a score of 17%, certainly a failing grade, in protecting Maine's natural environment.

Not only is Steve Ellis running to help prepare for climate disasters, but also for other essential rights for Mainers. He supports our right to "privacy and dignity in all personal healthcare decisions" (quoted from his website) and he will work for all Maine families to have healthcare coverage. He believes in democracy and values our rights to vote, while Hymes voted against LD 1365, a bill to Protect Voting Rights. I urge all District 38 voters to meet Steve Ellis, visit his website ellis.mainecandidate.com, and to vote for Steve in November.

Eleanor Weisman, Knox

Save the Republic—

All the issues brought up by the Democratic Party candidates are problems that have become issues during their administration.

Let's start with the border — a problem Kamala was put in charge of — a dismal failure.

How about inflation: Kamala's boss claimed during his administration that our economy was the most robust in American history. Have you been to the supermarket lately? Most of us get around in a fossil fuel burning vehicle. Gasoline prices have risen from around \$2 per gallon when Trump left office to as high as \$5 during the Biden-Harris fiasco. I would bet they will be over that price if the Democrats are elected.

If you watch the news, you should notice the incidents of violent crime, much drug-related and almost all associated with our porous border. The term illegal has always meant (to me at least) criminal. The Democratic solution at our borders is to reduce the number of illegal crossings to acceptable levels. Do I need to describe to you left-wingers how insane that is?

Almost without exception every major military conflict has occurred during Democratic administrations. Right now, there is a serious, a real serious threat of nuclear conflict. If you love and appreciate the freedoms we all have been privileged to experience and want those freedoms for your children and your children's children, inform yourself! If you are a single-issue voter — for example reproductive rights or Second Amendment or the makeup of the court — look at the big picture, don't be swayed by the talking heads on the major networks.

Donald Trump was not a dictator or a fascist during his administration. He did or tried to do exactly what he said he would with little or no help from the other side of the aisle. We are a Democratic Republic, let's keep it. Vote the Right way.

Thank You,

Leo H. Mazerall Jr., Stockton Springs

Supporting Candidate Ray Thombs—

Please vote in November. It is vital that we send representatives to Augusta that listen to us, the people, and make decisions and pass bills that represent our values.

My friend and I became aware of a few bills that were going to be voted on this past year. We were excited to call, email and speak to the men and women we voted into office about the bills and share our concerns.

We heard nothing back. We decided to head to Augusta when they were in session. We were able to observe the chambers. We were Americans and we were witnessing the bill writing and voting processes.

During a break, we saw one of our district public officials, that we had left messages for and had emailed (but never heard back from), coming down the corridor. We stepped out and called her name, she looked over at us, lifted a hand and waved us off and continued walking.

Our spirits sank. We were not heard. That was unacceptable.

Ray Thombs is running for State Representative in District 44. He has served his community since 1987 in many different roles. As your advocate, he will listen and serve. Over the years, Ray has been a firsthand witness to the joys and struggles of Maine people and made it his mission to help.

Let's send Ray Thombs to Augusta!

Tammy Blake, Cushing

World AIDS Day 35, Remember and Commit—

Dec. 1 is the 35th anniversary of World AIDS Day, and the theme this year globally is "Remember and Commit," focusing on global solidarity and shared responsibility. The lack of equity in the world that has been made more transparent by recent global health challenges is reflected as well in the lack of equity to resources for prevention and treatment of HIV.

We come together Dec. 1 to express solidarity with the worldwide fight against HIV, to show support for people living with HIV, and to remember the people we have lost.

Camp Chrysalis, a summer camp for 15 years for children and families affected by HIV/AIDS here in Maine, continues to support our camp family who thrive with HIV and remember the many loved ones we have lost. We are no longer an "active" camp, gratefully, because access to treatment and prevention in the U.S. means we are not seeing children born with HIV in Maine. This is our goal worldwide. But Maine still has new cases of adult HIV every year.

Join us to remember those we have lost and honor those who are living with HIV/AIDS. There will be a candlelight vigil on Dec. 1, from 4:30 to 5 p.m. in front of the post office in Belfast.

Meredith Bruskin, Swanville

Supporting Candidate Jan Dodge—

Now in my eighth decade, over these many years I have had the opportunity to engage in many ways with many legislators.

Amongst all of them, Jan Dodge, who represents the citizens of Belfast, Belmont and Northport, stands out and above for her attentiveness and responsiveness.

Jan carefully listens, thoughtfully considers and respectfully responds to every engagement, via the mail, telephone or in person.

Her words in Augusta and her voting record clearly demonstrate her advocacy for matters that concern the citizens of our district.

I would emphasize her environmental stances on chemical disposal, and air and water quality, as well as support for students and retirees.

I'll be voting to reelect her and urge others to do the same.

Sincerely,

Sid Block, Northport

In Support of Candidate Reagan Paul—

As a lifelong sportsman, gun owner and Marine Corps veteran, I am proudly supporting the re-election of Reagan Paul in November. In the Legislature, she has championed our Second Amendment rights. She voted against the 72-hour waiting period and spoke out against the encroachments on our constitutional freedoms.

Her opponent, Scott Cuddy, has also served in the Legislature; he voted for the dangerous and unconstitutional Red Flag bill when he was there before. This not only seriously infringes on our 2nd Amendment rights, but due process as well.

The choice in November could not be any clearer, I hope you will join me in supporting Reagan Paul, the only candidate in this race we can trust to stand up for constitution and preserve our sporting heritage.

Paul Jordan, Winterport

Supporting Candidate Jamie Hopkins—

Dear Friends of Rockland, parts of Owls Head, and the islands of North Haven, Criehaven, Muscle Ridge and Matinicus, please join me in supporting Jamie Hopkins for state representative of District 42. I have been blessed to know Jamie for 20 years and I have to say how incredibly proud I am of her and her fight for all of us! Jamie is an incredibly hard-working woman, and she wants to work hard for us to make our beautiful state more affordable again. We want our children to be able to have a bright future right here at home! Jamie also wants to work to ensure that we are helping those in need without enabling them in ways that are detrimental to all of us, that our schools are meeting the needs of our students with high academic excellence and that our communities are safe.

I have had many long conversations with Jamie and so admire her commitment to the people of Maine and her determination to serve us, and advocate on our behalf, by being a strong voice representing our hard-working Maine families. I can't say enough good things about Jamie in this short letter to the editor, but I assure you, she wants an affordable, safe future for all of us, "brimming with opportunity," and she is very brave in her pursuit of that.

Please vote for Jamie Hopkins! We are blessed to have her on our side! jamie4mainehouse.com

Kimberley Blair, South Thomaston

Concerning Gaza, a Response to Cohen Letter—

I am responding to a letter from Jordan Cohen ("A Call to Action: Remembering the Hostages in Gaza"). The writer attended a "Yellow Ribbons for the Hostages" event at the Maine Jewish Museum. Senator Angus King and a representative from Rep. Jared Golden's office attended as well.

Yes, it's been nearly 11 long months, and the remaining Israeli hostages, civilians and military, should come home. However, they are not the priority of Israel's leaders.

I refuse to vilify the Palestinian resistance. Palestinians have suffered under Israeli repression for their entire lives. Perhaps the biggest miscalculation the resistance made on Oct. 7 was to believe that Israel's leaders would have the humanity to want to bring back their POW's and detainees alive.

The resistance was fully prepared to hand over its prisoners shortly after Oct. 7, in exchange for Palestinian prisoners. But Israel preferred collective punishment on the entire population of Gaza.

For context: Israel holds well over 10,000 Palestinians hostage within its vast prison system, including hundreds of children and several thousand civilians without charges in administrative detention. Israel's torture of Palestinian detainees at Sde Teiman was recently documented by CNN. A recent report by the Israeli human rights group B'Tselem documents widespread use of torture throughout Israel's prisons. Released Palestinians are dumped at checkpoints, battered and starved, with harrowing stories of rape and numerous other atrocities committed on prisoners by Israeli guards.

Angus King and Jared Golden have voted repeatedly for the U.S. to ship more weapons to Israel for the slaughter of Palestinian civilians. Cutting off military aid to Israel would have imposed a ceasefire long ago. Instead, endless talk about negotiations normalizes the extermination of Palestinian people and the total destruction of Gaza.

The Palestinian resistance agreed to Biden's ceasefire proposal months ago, but Israel continues to move the goal post and has made it clear their goal is total control of every bit of land they failed to grab in 1948 and 1967. King, Golden, Biden and Harris maintain their hypocritical, "ironclad" support for Israel.

On Saturday, Aug. 10, Israel dropped U.S.-made bombs that murdered around 100 civilians during dawn prayers at a school serving as a shelter for displaced Palestinians in Gaza City. The bodies were so completely shredded and unidentifiable that family members were given bags of assorted human flesh to bury in place of their actual loved ones. 70 kg for an adult, 18 kg for a six-year-old child. U.S. taxpayers paid for those bombs, so we are all complicit.

For a more comprehensive understanding of the situation, don't simply rely on mainstream media. One of several excellent resources is mondoweiss.net which you can access at no charge.

Those Israelis still in the custody of the Palestinian resistance can still come home. The only way is for the U.S. government to unconditionally stop arming this genocide.

Jamila Levasseur, Waldo

Supporting Candidate Elise Brown—

Mainers have the luxury of meeting the people who are running for office to represent us. Getting to know candidates personally makes a difference. I have met Elise Brown several times, and I'm voting for her to be Waldo County Commissioner in District 3.

In the past six months, I have spoken with Elise at the Searsmont Town Meeting, the Searsmont Memorial Day Parade, and at Hannaford in Belfast. She took the time to come to a Searsmont Selectmen's meeting to ask, "What do you need from your county government?" and "What issues do you have with the Commissioners now?" Attending that meeting as a newspaper's town correspondent, I was impressed with her questions. I was even more impressed when she listened to the answers.

Elise also tells you when she does not know something. And, special for a candidate, she treats you like you are the only and most important person in the room. I'm old enough to appreciate these qualities, and to have experienced very different reactions and evasions in the past from people running for local, state and federal office.

In short, I have gotten to know something about Elise Brown, the person. Call her a breath of fresh air. Or call her the Waldo County District 3 County Commissioner. Come November, that's who I hope she will be. I ask folks from Brooks, Burnham, Freedom, Knox, Liberty, Montville, Morrill, Palermo, Searsmont, Thorndike, Troy and Unity to join me in voting for Elise.

Michael Sirota, Searsmont

LETTERS / OPINIONS

Supporting Candidate Scott Cuddy—

As a Winterport resident, I support bringing Scott Cuddy back to Augusta. People in House District 37 are feeling the pain of price gouging on essential goods. Corporate greed has placed many people into financial hardship, while wages remain stagnant. We need someone in Augusta who understands the financial struggles of hard-working Mainers and I believe Scott Cuddy is the right person for the job.

Like many people in our district, I've witnessed my grocery and fuel bills skyrocket. Although my household's consumption has remained stable, our bills eat more of our hard-earned income. We have held off on home repairs, reconsidered medical visits, and greatly decreased leisure activities to ensure we are fed, housed, and comfortable. Our struggles reflect those of our neighbors and friends who have expressed how defeated they feel in this economy.

Scott Cuddy understands the source of people's financial hardships isn't due to personal failings, but to corporate greed. Scott has shown he supports everyday people during his previous time as our representative by supporting bills that will increase wages, strengthen labor protections, and grow local industries through targeted tax incentives. He has also fought to hold utility providers accountable by ensuring electricity costs remain affordable.

We need someone who won't instigate culture wars, take people's rights away, or give handouts to corporations. Scotty Cuddy knows what's important for his constituents to thrive and will side with everyday people. That's why I support bringing Scott Cuddy back to Augusta to represent District 37.

Craig Cardamone, Winterport

LETTERS continue page 16

Building an Economy That Works for All Mainers

by House Majority Leader Mo Terry

This time of year, the Maine Legislature is fairly quiet, with members getting an opportunity to spend some time in their home districts to enjoy the summer and meet with constituents. It's also a time to reflect on all we've accomplished over the last two years, including significant steps towards building a fair economy that makes life easier for Maine families and allows everyone to reach their full potential.

To help more young families build their lives here, in 2023 we created a \$300 state child tax credit, a measure I sponsored that will put money directly back into the pockets of working families across our state. We've made investing in child care a top priority, because it's unavailable or unaffordable for too many parents. To address this, we raised wages for child care providers — our workforce behind the workforce — to improve retention, make child care more available and reduce barriers for parents to participate in our economy. And we made a significant investment to boost the child care affordability program, so more families will be eligible to apply.

We also made Maine the 13th state in the country to establish a paid family and medical leave program, so no one will have to choose between putting food on the table and caring for themselves or a loved one in need. Every Mainer knows someone who could benefit from this program, whether it's to take the time they need to heal when they're sick, to care for a loved one or to bond with their newborns. PFML will support our working families and set us on a better path to improved health and well-being, both now and well into the future. The program will be fully up and running for Mainers to utilize in 2026.



Rep. Mo Terry PATRICK HIGGINS

Additionally, we enacted measures that will strengthen our workforce by expanding career pathways for more Mainers. This includes broadening free community college tuition, improving access to skills training for new workers and bolstering apprenticeship and pre-apprenticeship programs. In 2023, the number of people in Maine apprenticeship programs nearly doubled over 2022 — a promising sign that our investments are already showing results. These apprenticeships will allow us to fill open Maine jobs right now and into the future.

And finally, we passed laws to expand the ability of Maine workers to organize, hold bad actors accountable for wage theft and improve workers' compensation, giving more Mainers a fair shot at better working conditions and receiving the wages they deserve.

Each one of these new laws will collectively help to build a stronger, more robust economy that works for all Mainers in every corner of our state — not just a select few. They also each have something else in common: every Republican in the Maine House of Representatives but one voted against them when given the opportunity on the House floor.

This unfortunately isn't surprising. Over the last two years, House Republicans consistently opposed nearly every proposal we passed to invest in Maine families, expand career pathways and protect the well-being of Maine workers. As a Legislature, the laws we pass and investments we make are a statement of our values. In voting against all of these measures, Republicans showed that supporting hard-working Maine families simply isn't a priority.

House Majority Leader Mo Terry represents Maine's 108th District.

Maine's Mark on Women's History

by Sen. Cameron Reny

August 18, 2024, marked the 104-year anniversary of women earning the right to vote through ratification of the 19th Amendment to the U.S. Constitution in 1920. While Americans across the U.S. celebrate this momentous occasion in the fight towards equity and equality, we must remember not all women earned the right to vote in 1920. It took years of organizing until Black and Brown women and Native American women could vote in our nation. The push for all women to earn the right to vote took years — both at the State Legislature level, as well as at the federal level. It took dedicated Mainers organizing local chapters, engaging their peers to become involved in lobbying legislators to create this change, and rabble-rousers of all kinds with the perseverance that lies in the heart of every Mainer to ensure this crucial legislation made it across the finish line.

Women earning the right to vote ultimately opened the door for women to earn the right to cast their vote in the Maine State Legislature. The first woman to serve in the Maine Legislature was Dora Pinkham of Fort Kent, a Republican who was elected in 1923 to the House of Representatives and then in 1926 as a senator serving Aroostook County. Dora was known as an effective orator around the State House, consistently fighting for the expansion of, and access to, health care for women, especially mothers. During her first session as a legislator, only one piece of her proposed legislation did not pass a vote. It was a bill for Maine to participate in the federal Sheppard-Towner program.



Sen. Cameron Reny

This program would have funded health clinics, health education, and midwifery training. These types of reforms aimed to support maternal health are a torch many still carry within the Legislature, myself included.

Fast-forward to 1949, less than 30 years after women had earned the right to vote, Margaret Chase Smith became the first woman to serve in both houses of the United States Congress, and the first woman to represent Maine in either. Margaret hailed from Skowhegan and served in D.C. with the Republican Party. She was so entrenched in servitude to the nation, she became the first woman to be placed in nomination for the presidency at a major party's convention. Famously, Margaret stood up against McCarthyism in her speech, "The Declaration of Conscience."

These female change-agents did so much for the country during their service to our nation; but more than that, they set the stage for women in Maine to be able to run for office, garner votes, and become elected in a way that can bring about true and meaningful change. Currently, there are 13 women senators serving on both sides of the aisle within the Maine State Legislature, myself being one of them. I am honored to serve alongside several other impactful female legislators in the wake of the powerful women who came before us, knowing well that we are also setting the stage for strong women legislators who will come after us.

Sen. Cameron Reny (D-Lincoln) represents Senate District 13.

Red's Eats in the Rearview Mirror

by Paula Delano Christensen

This is a nostalgic piece from my memory of the years my dad — Red Delano (the "Red" of Red's Eats) — and mom owned and operated the now famous lobster shack. Readers, travelers up Route 1, and Wiscasset residents are likely weary of reading anything about Red's. I am remembering not just Red's Eats, but small-town life in an earlier time. My reminiscence has nothing to do with present-day Red's Eats — a place my dad wouldn't recognize! Red is not a brand — he was my dad, a hardworking man with a great sense of humor and kind and caring ways. My mom was the driving force of the business, to tell the truth. She made hundreds, if not thousands, of lobster rolls in that tiny place. We all have seen the backed-up traffic and long lines at Red's Eats in Wiscasset. But I want to take you back to an earlier time when the clock ticked more slowly.

In 1957, my parents, Red and Millie Delano, bought the former "Al's Eats," renaming it "Red's Eats," Dad's nickname from childhood. My sister and I were just kids, but we remember it well. This is what I saw through my 11-year-old eyes. It's a summer Saturday evening somewhere in the late 1950s. Red's Eats, on the corner of Main and Water streets, is book-ended by two hardware stores — Stetson's and Flood's. There is a trickle of northbound traffic on Route One.

Millie and Red wait at the window for the hungry crowds arriving from the Lakehurst and Clary Lake dance halls. Saturday is their busiest night, and they are ready. Hamburgers are stacked beside the lobster and the crabmeat in the tiny fridge. The frialator is bubbling, hot dogs are in the steamer and the grill is hot. Cars are pulling straight into the curb in front of the stand, worrying the Delanos that someday one might roll right up to the counter. Radio music and voices spill out with the customers. There are no patio tables or chairs. Folks will sit in their cars or on hoods and bumpers or the curb. Some will sit on benches and railings by the hardware store alongside pots of flowers.

All the other businesses in town are closed up, except for maybe Ma Colby's, an establishment where we were not allowed (for reasons that are still a mystery). The news stand is closed, as is Minnie Lewis's shoe store, Dick's Diner and the Five and Ten. Marston's drug store is shuttered, although Roy would likely accommodate an urgent request. Pendleton's Market is dark, and Depositor's Trust Company is locked up tight. There is a telephone booth on the corner with a folding door that clicks on the light when opened. Occasionally someone will back their car into a space up the street and roll down the window for a smoke, just to pass the time.

Alton Erskine, the town's police officer, sits in his car or steps out to make his rounds. He might peel out of his parking spot to chase a speeding car. Alton would often escort Millie home on late nights to ensure she got there safely with the day's cash. Officer Erskine was sometimes the target of pranks by rowdy boys who would tie a trash barrel to the bumper of his Ford and wait for him to take off. If they had a dime, they might head for the pay phone and put in a call themselves, sending Alton into action.

Millie spends all day preparing food. Red delivers crabmeat, carefully picked out by Helen Lewis, to Millie at the stand. He then rushes home to peel potatoes for French fries. On the porch sit two 50-pound sacks of spuds from Wilson Ryder's farm in Dresden. Gratefully, a well-used electric potato peeler was purchased to relieve the family of that dreaded job. This newfangled piece of equipment had a large barrel with a gritty base into which the potatoes were dumped and spun around while a garden hose doused them with water. Next, the cleaned potatoes were placed one at a time into a hand-driven slicer, which extruded perfect sticks. Millie would blanch them in hot grease so they would cook more quickly on demand. No one imagined that fries could be purchased already prepared and frozen!

A lot of food passed through that tiny window at Red's. Some of it was pretty close to home made. Millie and Red sold hundreds of lobster rolls when lobster meat was \$3.75 a pound. Locals and folks passing through would line up for food alongside Bath Iron Works employees coming off the midnight shift. Red's Eats was always the first stop after a ball game, dance or movie. Sometimes, just going there was an event all by itself in a small town where it was often the liveliest place.

The Delanos sold Red's when the nights became too long, and the children lamented the absence of their mom and dad. But it was only a couple of years before they reentered the food business with a drive-in restaurant. That's a story for another time.

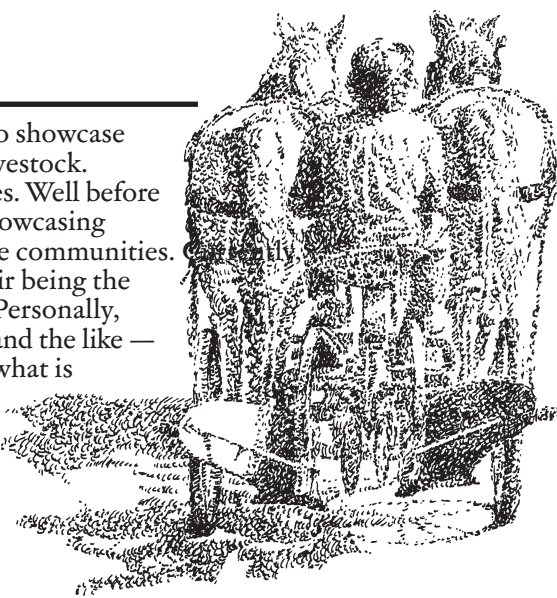
Paula Delano Christensen, daughter of Red and Millie Delano, of Red's Eats, in Wiscasset

Inksploitation—

by Dan Kirchoff

Agricultural fairs in Maine started in the early 19th century to showcase farming methods and new techniques for better crops and livestock. Generally, they were sponsored by county agricultural societies. Well before 1900, though, most fairs were more about entertainment, showcasing farm products and functioning as a gathering place for Maine communities. Maine has 25 agricultural fairs, with the Skowhegan State Fair being the oldest (1818) and the Fryeburg Fair being one of the largest. Personally, I love the farm animals — sheep, goats, rabbits, oxen, horses and the like — that a townie like me rarely gets to interact with. Of course, what is summer if you don't eat at least one fried dough with maple syrup and powdered sugar on it? This drawing is from the Common Ground Country Fair in Unity, where it's all about selecting something to eat for lunch from all the tasty, Maine organic offerings. I could spend all day just trying to decide....

Dan Kirchoff is a Belfast artist and illustrator. He can be found at dankirchoff.com.



Specter of Artificial Super Intelligence Looms in Camden Discussion

by Daniel Dunkle

“It's not controlled and it's not secure.”

That was one of the messages shared by computer experts in the room for the Camden Philosophical Society's recent discussion on AI at the Camden Public Library.

At one point we created machines that could learn to play human games like Go or chess. However, what happens when those machines invent their own games with their own rules, rules we don't know or understand, in a language we don't share? What happens when machines play the games against each other and get better and better?

There is a concern they will breed Artificial Super Intelligence and then “all bets are off.”

The meeting of the philosophically minded brought together a diverse group of locals. Some were merely part-time philosophers. Some came armed with PhDs. Some had experience with computers, teaching classes on AI and working as nuclear engineers. Some young people were also visiting.

Part of the discussion was just learning how artificial intelligence is changing the ways we search for things on the internet and how we can use it every day as a tool.

Generative artificial intelligence has already changed these familiar searches. Instead of simply finding an existing document from one of thousands online, AI actually looks at numerous varied sources almost instantly and produces something new, answering the question.

While it is good at this data-mining and doing it very fast, it does not always know how to differentiate between trustworthy or accurate information and incorrect misinformation.

At this point, 18th-century German philosopher Immanuel Kant came into the discussion. He said there were tools and people, and people cannot be used as tools.

However, if AI can teach itself and gain a sense of agency, does it start to have moral standing?

The group discussed concerns about the new technology. Would it eliminate jobs? Would it replace writers, artists, poets, even dancers? Will we, as we use high-tech tools to help us with every decision, spelling, GPS for direction, become weaker, reliant?

Already, some experts have seen sparks of AGI, artificial general intelligence.

In the discussion, it was suggested that AI may be on its own evolutionary path, and this AGI will come about within 10 years.

However, there are many amazing benefits as well, it was noted. AI is useful in the medical field. It can comb through massive amounts of data in wide-ranging studies to find patterns and information that could lead to new breakthroughs. It could help with software problems. It could revitalize outdated air traffic control systems.

The group had come prepared, having looked at advanced readings and videos including a New Yorker article by Cal Newport titled “Can an A.I. Make Plans?”

“It discusses the skill sets and potentials of different modes of generative AI, including the large language models used in ChatGPT, as well as more predictive modes so far used primarily in targeted programs such as those for driving, playing chess and other complex games,” a press release for the event stated.

The March 15 article can be found at this link: tinyurl.com/camphilsoc1.

The society also encouraged attendees to check out a “briefing” tool on AI terminology from the World Economic Forum Davos): tinyurl.com/camphilsoc2.

Some also read the transcript of a debate between Yann Le Cun, a director of AI research at Facebook and professor at NYU; and Yuval Noah Harari, author of best-sellers “Sapiens” and “Homo Deus.” It appeared in French magazine Le Point. That article can be found at: tinyurl.com/camphilsoc3. It is dated May 14, 2023.

Also suggested is a piece by Australian philosopher and Fellow in the Oxford Institute for Ethics in AI, Seth Lazar, on “Frontier AI Ethics”: tinyurl.com/camphilsoc4 and/or listening to one or both of these recorded interviews with British/Canadian computer scientist, psychologist, and University of Toronto professor Geoffrey Hinton: tinyurl.com/camphilsoc5 (13 minutes duration from “60 Minutes”); tinyurl.com/camphilsoc6 (More in-depth, from CBS).

For more information about the event or the Camden Philosophical Society, contact Sarah Miller at sarahmiller@usa.net.

Green Burial Discussion

Rockport Public Library will host An Introduction to Green Burial by Jean Matlack, a member of the non-profit Midcoast Maine Green Burial, Wednesday, Sept. 4, at 6 p.m. Matlack will discuss how the practice sequesters carbon and preserves land. She will also explore how the process affords an intimate healing experience for the loved ones of the person who has died.

The Green Burial Council, a national educational and certifying organization, defines green burial as “a way of caring for the dead with minimal environmental impact that aids in the conservation of natural resources, the reduction of car-



bon emissions, the protection of worker health, and the restoration and protection of habitat.” Matlack will explain the basics of green burials, review how they differ from conventional burial practices, and answer audience questions.

MMGB is a local, grass-roots volunteer organization formed to promote the creation of a green burial cemetery in Knox, Waldo or Lincoln County.

Learn more at rockportlibrary.net.

Jean Matlack is a member of the nonprofit Midcoast Maine Green Burial.

PHOTO COURTESY OF JEAN MATLACK.

The Water Connection, Impacts of Metal Mining in Maine

The community is invited to the third program in the series Turn on the Taps: Ensuring Clean Water for All on Saturday, Sept. 7, at 10:30 a.m. in the Rockport Opera House. This program, The Water Connection: Risks of Metal Mining in Maine, will feature two speakers who will explore how mining affects the quality of both surface and underground water supplies and the social, environmental and cultural issues that can result when mining companies put profits over safety.

Jan Morrill, a resident of Rockland, is the Tailings

Campaign Manager at Earthworks. Since 1988, Earthworks has helped communities secure protection of their health, land, water and air from extractive industries. It focuses exclusively on preventing the destructive impacts of extraction of oil, gas and minerals. Morrill works with communities around the world directly affected by tailings storage facilities, including in Brazil, the Dominican Republic, South Africa, and more.

Morrill will be joined by Ralph Chapman, now retired, who had a multifaceted career as an industrial en-

LETTERS / OPINIONS

‘Here’s Looking at You, Kid’

by Eddie Adelman

As a child, can you remember the first movie you ever saw in a movie theater? Take a moment....

Depending on your age, it might have been “Sleeping Beauty,” “Fantasia,” “Mary Poppins,” “Star Wars,” “The Lion King,” “E.T.,” “Harry Potter,” “Spider-Man.” The list is endless.

I have a very clear recollection of my first movie in a theater. It was a Western whose name I can't remember. But I do remember the word “Cinemascope” sprawled across the screen in the biggest letters I ever saw.

The other thing I remember was the color.

Up until then I had only watched black-and-white TV. And as a city kid who had never seen an actual live horse, I just assumed that all horses were either black or white, or both.

So, when I saw a brown horse on the screen I was just agog. I was unable to raise the popcorn from my hand to my wide-open mouth. I could not believe how brown that horse was.

And thus began a lifelong love affair with movies.

As a pre-teen I couldn't get enough of B horror films like “The Blob,” “Night of the Living Dead,” and “The Crawling Eye.” And I never doubted for a single moment that all of it was real.

College brought more sophisticated and intellectual fare. Bergman, Fellini, Kurosawa. If the movie had writing at the bottom of the screen, I was all over it. Each movie was usually followed by hours and hours of dissecting the film with like-minded wannabe intellectuals. These sessions were usually accompanied by a “mood enhancer.”

It was in my adult years, however, that movies had the biggest impact.

They say that the '60s and '70s were a magical era for movies, propelled by a whole new generation of filmmakers like Martin Scorsese, Mike Nichols and Stanley Kubrick. And iconic actors like Paul Newman, Al Pacino and Meryl Streep.

But of all the great movies of that era, one film stands high above the rest — “The Graduate.”

From the moment Dustin Hoffman appeared on the screen in the opening credits to the moment he screamed “Elaine” at the end of the movie, I was joined at the hip with his character, Ben. Everything that happened to Ben was also happening to me.

And, deep inside, isn't that why we go to the movies? To live inside the skin of someone else and feel what they're feeling, even if only for a few hours?

It's the same reason mankind has sat around campfires for eons and entertained each other with stories, especially the scary ones.

“It was exactly one hundred years ago, on this very night, at this very spot, that they first heard the footsteps — getting closer and closer.” Oh, (expletive)!

My love of movies, combined with a love of writing, would inevitably lead me to try my hand at screenwriting. I didn't care that the odds were a bazillion to one to get one of my scripts to the silver screen. I had to scratch that itch.

As it turns out, I wasn't one of the chosen. However, one of my scripts, set in the world of horse racing, was optioned twice. Also, a sitcom pilot I wrote in 2005 called “The Maine Dish” about a hapless diner in Midcoast Maine was optioned by NBC.

I've made my peace with the realization that I'll never see my name up on the silver screen. But that hasn't dampened my utter passion for sitting in a darkened theater and getting lost in the lives of others.

And as I look back on a life of endless Milk Duds, buckets of popcorn, and oversized soft drinks, one movie quote fully encapsulates my torrid love affair with motion pictures. It's delivered by Humphrey Bogart in the final scene of “Casablanca” as he looks deeply into Ingrid Bergman's eyes and says ... “Here's looking at you, kid.”

Pass the popcorn.

Eddie Adelman is a writer who lives in Belfast. His book of columns and short essays is called “Don't Get Me Started.”

gineer, applied physics research scientist, science educator and former state legislator. For eight years, Chapman represented the only Maine House District that has had commercial metal mining in the past century. He lives in Bucksport.

This program, sponsored by Nativity Lutheran Church, is free and open to the public. Refreshments will be provided. For more information, visit the church's website at nativityrockport.org or contact Denise at das75gms@gmail.com.

UMaine Considers State's First Public Medical School

The University of Maine System will partner with a medical education consultant to study the feasibility of starting the state's first public medical school.

In response to a critical shortage of physicians in rural Maine and with the support of the Maine Hospital Association, the Maine Primary Care Association and Northern Light Health, in 2023 the Maine Legislature and Gov. Janet Mills provided funding for UMS to undertake a study to examine establishing an MD-granting institution in Penobscot County — likely affiliated with the University of Maine.

Following a competitive request that generated multiple proposals, UMS has selected Tripp Umbach to assist with the study. The firm has worked with most

U.S. medical schools over the past 30 years, including in Maine, and conducted some 50 medical school feasibility studies, including in rural states such as Idaho and Montana.

"As with Maine in general, our physician population is aging. It has been difficult to keep pace with retirements and demographic shifts to fulfill the healthcare needs of northern Maine," said Northern Light Eastern Maine Medical Center Director of Clinical Education Dr. James Jarvis. "This exciting first step, determining the feasibility of a new medical school in Penobscot County, may spark interest in current physicians to move here, while looking toward building a sustainable physician workforce for the future. Northern Light Health looks forward to expanding its tradition of training the next generation of physicians and building on our existing education and research partnerships with Maine's public universities."

Tripp Umbach was chosen by UMS in part because of its extensive experience in graduate medical education models, including multi-state medical education programs, health system-driven medical schools and state pathway programs with established out-of-state medical schools.

As part of the study, UMS and Tripp Umbach will engage stakeholders throughout the state, including community and statewide healthcare organizations, state and federal healthcare and veterans agencies, research institutions, other medical education providers, policymakers and associations, such as those representing hospitals, physicians and primary care providers.

The study will consider whether a public medical school is necessary for Maine and what resources including funding, personnel, and research and clinical laboratories and equipment would be required if such an initiative is deemed essential. Any proposal to establish a medical school within the System would require a public review process and approval by the UMS Board of Trustees, as well as significant public and philanthropic support.

"We appreciate that Maine policymakers and healthcare leaders see our university as central to addressing the state's healthcare workforce shortages,


which are particularly acute in rural regions where we are so strongly rooted and include the need for more physicians," said UMaine President Joan Ferrini-Mundy, who is also the System's vice chancellor for research and innovation. "While we are realistic about the substantial resources required for starting and sustaining a public medical school, we look forward to working with Tripp Umbach and statewide stakeholders to understand the opportunities for our university, the broader System and our partners to build upon our strengths to further improve healthcare access and outcomes for Maine and beyond."

The UMS Board of Trustees is authorized to operate a college of medicine and confer the degree of Doctor of Medicine, but the public system has never had the resources to do so and has focused on other education and research initiatives to improve Mainers' health and well-being.

A UMS news release stated, "Last year, Maine's public universities produced 894 healthcare graduates and brought tens of millions of dollars in related research investment to the state, mostly through UMaine — the state's only institution to have achieved the prestigious Carnegie R1 classification for very high research activity — and the University of Southern Maine's Catherine Cutler Institute."

UMaine is also the degree-granting institution that anchors Maine's Graduate School of Biomedical Science and Engineering, an innovative, multi-institutional education and research consortium that also includes The Jackson Laboratory, the MaineHealth Institute of Research, the MDI Biological Laboratory and the University of New England. In 2018, UMaine launched its Institute of Medicine to coordinate the institution's accelerating activities and partnerships in health and life science education and cutting-edge research.

The feasibility study and its recommendations are due to the Maine Legislature in November 2025.



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A BEATLES EXPERIENCE

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Fort Edgecomb — The amazing timberwork on the ceiling of Fort Edgecomb on Davis Island in Edgecomb. The intricate beams are the result of the octagonal shape of the blockhouse structure. PHOTO BY DAN KIRCHOFF

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Today we celebrate nearly 40 years of local journalism in The Free Press as we build a bridge to the future of local journalism with the launch of the Midcoast Villager.

The commemorative final issue of The Free Press will publish on September 10th and be followed by the inaugural issue of the Midcoast Villager on September 19.

We invite you to join us as we celebrate the past and embrace this bridge to the future.

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ENTERTAINMENT



Julie Be, left, and Miles Crabtree of Ants on a Log.

Khaya Cohen, left, and Alyssa Kelly of Bellybutton Peace Brigade.

Ants on a Log Brings Children's Folk Music to Outdoor Series

The Strand Theatre's outdoor Sunshine Series will present Ants on a Log, an award-winning children's music group that centers on positivity, social justice and silliness, at the Safe Harbor Gazebo, 60 Ocean St., Rockland, on Thursday, Aug. 29, at 10:30 a.m. This performance is appropriate for all ages and admission is pay-what-you-can (\$0 to \$20).

The Sunshine Series performance from the Philadelphia-based Ants on a Log will feature a duo arrangement with music therapists Julie Be and Miles Crabtree. "Blending their skills has enabled them to reach beyond the usual scope of simple songs for children, tackling complex themes and embracing the full potential of a child's ability to think and feel. Full of humor and harmony, Ants concerts are energetic, interactive, and a delight for children and adults," the Strand said in a press release. Ants on a Log's music has been featured widely

in national media, including The New York Times and NPR, and the duo's self-produced music videos have been selected for juried film festivals around the world.

The Bellybutton Peace Brigade will open the show. This new music duo is made up of local music teachers Alyssa Kelly and Khaya Cohen. Midcoast Music Academy is sponsoring this engagement.

Sunshine Series performances are co-produced by the Coastal Children's Museum.

In the event of rain, the performance will take place in the theater at 345 Main St. Tickets are available at rocklandstrand.com, by calling 594-0070, or at the lobby box office when the theater is open for shows. Advance ticket purchases are recommended for all but required for groups over 20. All group inquiries can be directed to Education Manager Brittany Parker at brittany@rocklandstrand.com.

in Rockport—

Just Honey for Aug. 29 Arts on the Hill

Coastal Mountains Land Trust's summer concert series Arts on the Hill will bring the Just Honey duo to Beech Hill Preserve in Rockport on Thursday, Aug. 29, at 5:30 p.m.

"Just Honey is not a typical cover band — it is a duo that delivers with rock-solid rhythm guitar, infectious percussion and haunting harmonies drawing from an eclectic musical library influenced by new Americana, roots, funk, rock, blues and outlaw country," said concert organizers in a press release.

Attendees are encouraged to bring a picnic, relax and enjoy the view. All Arts on the Hill performances are free and open to all ages; leave dogs at home.



Just Honey

Ukes Rock at Lawn Concert Aug. 28



Members of Ukes Rock performing at a previous Rockport Masonic Center lawn concert.

PHOTO BY PAUL SATKOWSKI

The Rockport Masonic Center will continue its free lawn concerts on Wednesday, Aug. 28, featuring the music of Ukes Rock from 6 to 7 p.m.

The event is free to the public, with pass-the-hat donations taken for the band. Attendees are encouraged to bring a lawn chair or blanket and enjoy the summer night and music. Rain brings it inside.

One hamburger or two hot dog plates with a side, chips, drink and ice cream are available for \$10 per plate. There will also be a 50-50 raffle drawn.

Future performers are: Sept. 4, Ukes Rock; and Sept. 11, Lise & Rose.

The center is located at 361 Main St., just up from the Simonton Corner four-way stop signs. For more information, call Jeff Sukeforth at 691-2270.

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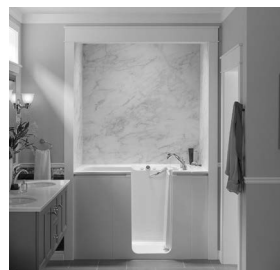
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in Waldoboro—

Organist, Violinist, Cellist Give Concert at Broad Bay

Organist Kevin Birch will return to Waldoboro's Broad Bay Congregational Church for a concert on the church's historic 1875 E. & G. G. Hook & Hastings organ, accompanied by violinist Anatole Wieck and cellist Sarah Hoskins, on Friday, Sept. 6, at 7 p.m. at 941 Main St.

The program will feature Joseph Rheinberger's Suite for Organ, Violin and Cello (1887) and works of Johann Sebastian Bach (1685–1750) and Gabriel Fauré (1845–1924).

Birch said, "Rheinberger's Suite for Organ, Violin and Cello (Opus 149) is a major chamber work for a rarely explored combination of instruments. We are looking forward to performing it at Broad Bay Congregational Church."



Organist Kevin Birch.

Birch has performed solo recitals in the United States, Canada, Europe and South America. He studied at the New England Conservatory and the University of Iowa, earning Master of Music and Doctor of Musical Arts degrees. He is director of music at St. John's Catholic Church in Bangor and is the executive

Cellist Sarah Hoskins.

director of St. John's Organ Society — a nonprofit organization dedicated to the preservation and stewardship of E. & G. G. Hook's Opus 288, built for St. John's Church in 1860. He is especially devoted to the many historic fine organs in Maine.

Born in Latvia, Wieck studied violin and viola at the Juilliard School of Music in New York City where he earned his bachelor, master and doctorate degrees. Since 1986, Wieck has performed in Europe and in North and South America as well as teaching at the University of Maine.

Hoskins plays cello in the Bangor Symphony; collaborates with musicians, dancers and spoken word artists; and teaches music to K-8 students. She earned cello performance degrees at Wheaton College and DePaul University and was a prize winner in the Fischhoff National Chamber Music Competition.

The concert is free, with donations welcomed. It is part of the Broad Bay Church's 40th anniversary series of events.



Violinist Anatole Wieck.



The cast members of "Playboy of the Western World" rehearse on the Basil Burwell Community Theater stage. From left are Greta Brown, Emily LeBlanc McConnell, Tyler Johnstone, Ember Hoffman, Eden Hoffman, Isla Hughes, Mark Durbin, Tom Maycock, Tyson Hoffman and Greg Marsanskis. Set design is by John Bielenberg. PHOTO BY GWYNETH SAUVAGE

Belfast Maskers Puts On 'Playboy of the Western World'

Belfast Maskers will perform John M. Synge's play "Playboy of the Western World" at Basil Burwell Community Theater, 17 Court St., Belfast, from Aug. 30 through Sept. 8. Directed by actor, director and dialect coach Michael Toner, the comedy concerns the coming of age of a young man and woman in rural Ireland around the turn of the 20th century.

Greta Brown, a relative newcomer to Belfast Maskers, plays the role of Pegeen Mike Flaherty and Tyler Johnstone, a face familiar to Midcoast audiences, plays Christy Mahon. Joining them on stage are Emily LeBlanc McConnell as The Widow Quin, Peter Conant as Old Mahon, Greg Marsanskis as Michael James Flaherty, Mark Durbin as Shawn Keogh, Tom Maycock as Philly Cullen, Tyson Hoffman as Jimmy Farrell, Ember Hoffman as Sara Tansey, Isla Hughes as Susan Brady,

and Eden Hoffman as Honor Blake. Ivy Lobato is stage manager and Tom Maycock is the producer, as well as playing the role of Philly.

The set was designed by scenic designer John Bielenberg. Elaine Bielenberg provides set dressing. Lighting is designed by Zafra Whitcomb and sound design provided by Jay Rosenberg. Sandy Lehman handles properties and Beth Zeitlin designs costumes.

Shows are nightly, Thursdays through Saturdays, at 7 p.m. with Sunday matinees at 2 p.m. General-admission seating is \$18, with a \$3 discount for students and seniors, and there is a \$10 Preview Night performance Thursday, Aug. 29. Tickets can be purchased at belfast-maskers.com or at the door, one hour before each performance.

Belfast Flying Shoes Holds Dance on Armistice Footbridge

Belfast Flying Shoes will present an outdoor community dance on the Armistice Footbridge in Belfast on Saturday, Sept. 7, with music by the BFS All Comers Band and Chrissy Fowler calling.

This program, produced in partnership with the Belfast Parks & Recreation Department, features fiddle tunes, participatory dance for all ages, and the almost-autumnal-equinox sunshine sparkling on the waters of the Passagassawakeag River, Belfast Harbor and Penobscot Bay.

Use city parking on the west side and walk over the water to the dancing on the east side of the bridge. Musicians warm up at 6 p.m., and the dance starts at 6:30 p.m., continuing through the 7 p.m. sunset hour and into the evening. The program is free, and donations to support Belfast Flying



Belfast Flying Shoes hosts a community dance on the Armistice Footbridge.

Shoes are welcomed.

For more information, visit belfastflyingshoes.org or contact belfastflyingshoes@gmail.com.

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HOME & GARDEN

If each garden year has a success story or two, this season will go down in history as The Year of Cukes and Corn. Cukes became the new zucchini, with everyone gifting family and friends with cukes fresh from the vine and jars of pickles and relish. My son-in-law and I have worked out an amiable trade: he fills a little red basket with cukes, I return it with jars of relish.

It's the corn, however, that has been spectacular this year. Every dozen we've eaten, from Silver Queen in Pennsylvania to bicolors from Maine and Vermont, has been sweet and tender, which means we always overbuy and have lots of corn left to cut from the cob, both fresh and leftover cooked. Extra fresh corn on hand is like money in the bank; there are so many ways to use it. Toss it in scrambled eggs for breakfast, make a hot corn salad sprinkled with lime juice and Tajin, make curried corn and coconut milk soup or a New England corn chowder. Add a cup of kernels to cornbread or to chili.

One note on squeezing every last bit of goodness from this summer bounty. Simmer the cobs to make stock. I keep a bag of vegetable trimmings in the freezer and when it's bulging with carrot peels, celery tops, ginger parings, onion skins and cabbage leaves, I dump

it into a stock pot, cover it with water and simmer it for an hour before straining and freezing. Corn cobs in this mixture up the flavor exponentially. Cob stock is definitely a flavor enhancer for soup and chowder.

If you have an extra half dozen ears of corn, you can make a batch of corn fritters, savory with cheese and herbs.



by Georgeanne Davis

So Corny

Corn Fritters

6 ears corn
4 eggs
1/2 medium onion, finely chopped
1/2 cup minced parsley, chives or cilantro or a combination of the three
1 cup grated cheddar
2/3 cup flour
Salt, pepper

Oil for frying

Slice kernels from corn (about 3 cups). Add a teaspoon of salt to kernels, then all the other ingredients. Stir to combine. Mixture should be pasty, firm enough to form a golf-ball-sized mound for each fritter. Heat a tablespoon of oil to a shimmer in a frying pan and drop balls of batter in, flattening them with a spatula. When brown on pan side, flip and brown the other side. Serve with salsa and sour cream if desired.

My family moved cross-country a few months before my ninth birthday. Our new home was in rural farm country in the Deep South; we were the only house on a heavily forested block. And the only kids I knew during that first year were through my local soccer team. So, for my birthday party, every girl on my team received an invitation. Come eat, play games, and leave with a "goodie" bag.

As my guests trickled in that evening, I was surprised by a strange girl who arrived with my teammate, Tess. Tess explained that this girl was her neighbor, staying over for the weekend, and could she please be included in the festivities? The strange girl smiled and held up a neatly wrapped gift. Of course I wanted to include her! One small problem, however — my mother. I found my mother in the kitchen arranging snacks on platters, and I quickly explained the fortuitous circumstances that led to us having an extra guest at my party. My mother frowned.

She said, "Absolutely not. Tell that girl she needs to go home. Don't you understand? Tess is trying to manipulate you; she's trying to make *your* birthday party all about *her*."

Confused, disappointed, and more than a little embarrassed, I returned to the front door where the small girl patiently awaited entrance with her wrapped offering. I tried to explain the situation the best I knew how, saying that my mother could not accommodate extra guests. What exactly was I supposed to say? Tess was standing there with the girl, and even at age 9, I understood I couldn't repeat my mother's twisted reasons for excluding company.

The girl went home, and all I remember about the party was that I

was deeply uncomfortable, that I had lost two potential friends instead of gaining them, and that my mother had made me do her dirty work. Something in me shifted, and throughout the rest of my grade school and high school years, I always insisted on including *everyone*.

In the following years, my friends all found their niches — I had the athletic friends, the preppy friends, the scholarly, straight-A friends who knew by age 5 they would become engineers (which they did), and the grunge friends who wore black gel pen ink as eyeliner when their parents took away their makeup as punishment. My birthday gatherings grew larger and more diverse. I never forgot that little girl my mother forced me to turn away.

I never really fit into any of the stereotypical social castes, and I never minded it. I found a certain pleasure in seeing my friends befriend each other when they might not have otherwise had a chance to socialize. I still feel that way today. I think a fundamental takeaway I learned at a young age was that everyone had something to contribute, and I learned from them all.

When socializing with diverse groups now, I find that everyone enjoys themselves when they are genuinely interested in learning about other people. A cat lady (me) can be best friends with a mother of three. A mother of three can offer invaluable conflict resolution skills to the single finance bro, and so on and so forth.

Is your social life rich in diversity? When is the last time you befriended someone who broke the mold? Can you recall a memory that shaped your core values?

*Delightfully yours,
Matilda Rhodes*



host.

by Matilda Rhodes

An Origin Story



Young Matilda and her huge feet, early '90s.

Bluegrass Concert on Rockland Library Lawn

Rockland Public Library will present the Katahdin Valley Boys Bluegrass Band Thursday, Sept. 5, at 5:30 p.m. on the lawn at 80 Union St. This event is free and open to all.



Katahdin Valley Boys

The Katahdin Valley Boys has been performing traditional and contemporary bluegrass music throughout New England since 1998. The group has received awards from the Maine Country Music Association and the Maine Academy of Country Music. Each band member brings with them many years of experience and mastery of their instruments. "Their repertoire features vocal versatility in tight harmonies; smooth solos; and

Survivor-Led Talk on Domestic Abuse Coming to Botanical Gardens

Hannah Marden-Johnson, a Lincoln County high school teacher, is one of six survivors of domestic abuse sharing their stories and leading a community conversation at Coastal Maine Botanical Gardens on Sept. 11.

PHOTO BY PATRISHA MCLEAN



Finding Our Voices will present a talk on domestic abuse by the real experts — survivors — Wednesday, Sept. 11, at Coastal Maine Botanical Gardens in Boothbay.

The 2:30 to 4 p.m. event is free and open to the public and includes free admission to the Gardens. Attendees are encouraged to arrive early to take in miles of wooded trails and 48 acres of cultivated gardens that include white and lilac-blue Wild Swan anemone in the Vayo Meditation Garden.

The survivors sharing their stories and leading a community conversation include Hannah Marden-Johnson, Lincoln County high school teacher and college access counselor; Camden business owner Christine Buckley; retired second grade teacher Mary Lou Smith from Scarborough; Rockport hotel manager Sarah McLean; and Rickey Celentano talking from the perspective of a mother of a domestic abuse victim. Topics discussed include emotional, financial, and sexual abuse; the impact on children as well as the mother/child relationship; what to do if you suspect or know that a loved one or co-worker is in an unhealthy intimate partner relationship; and the restorative power of gardens and flowers.

Two short movies will precede the presentation, and a reception with refreshments will follow.

Patrishia McLean, CEO and founder of Finding Our Voices, the grassroots nonprofit marshaling survivor voices and stories to break the silence of domestic abuse, said, "There are lots of studies showing how looking at plants and walking in nature and beauty can reduce stress, fear, and sadness. The gardens in my marital home did all this for me. I am so grateful to Coastal Maine Botanical Gardens for providing us a free space in their sanctuary in which to break the silence of domestic abuse, provide camaraderie to survivors, and promote understanding and healing for all."

The Sept. 11 afternoon event will be held in the Bosarge Education Center located within the Gardens and attendees should visit the front desk to obtain free admission. The buildings and central gardens are fully wheelchair and stroller accessible, with varied accessibility in the remainder of the campus. Cart transportation, electric scooters and wheelchairs are available with advance notification.

The Boothbay event launches the fall swing of the statewide Finding Our Voices "Let's Talk About It" Tour. Other September stops are Westbrook Community Center on Sept. 16, and a booth in the Social Justice tent at the Common Ground Fair in Unity, Sept. 20, 21, and 22. The October tour stops include the Bangor and South Portland community colleges, Elements Books Coffee Beer in Biddeford, and the Maine Irish Heritage Center in Portland.

For more information about the Finding Our Voices Coastal Maine Botanical Gardens event, contact hello@findingourvoices.net. For more information about Finding Our Voices, visit FindingOurVoices.net.

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THE ABC'S OF BACK-TO-SCHOOL SAFETY



Avoid Empty Places

Don't cut through empty lots

Be Alert

Watch what's going on around you

Crossing the Street

Look both ways

Doors

Don't answer the door when alone

Exit Plan

Get off bus calmly

Find a Good Backpack

Find one that fits closely

Guard Belongings

Take care of books, lunch & other items

Hands & Arms

Keep hands, arms & head inside cars

If You Get Lost

Find a policeman or go to closest store

Just Say No

Stay away from drugs & cigarettes

Keep Away from Buses

Don't play near buses

Loose Hanging Clothing

Be careful with clothing that touches the ground

Memorize

Learn your phone number & address

Never Cross

Don't cross street between cars

Obey Teachers &

Parents

Listen to what adults tell you

Plan a Route

Plan the safest & quickest route to school

Quiet Time

When on the bus talk quietly

Riding To/From School

Listen to your car or bus driver

Strangers

Don't talk to strangers

Ten Steps

Take 10 steps away from parked bus



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Understand Traffic Signals

Know what traffic signs, lights & signals mean

Valuable Friends

Walking to school with friends is safer

Walk Away

If someone tries to start a fight

X Marks the Spot

Stand in the right place when waiting for bus

Yell Out!

If a stranger bothers you

Zero In On Safety

Follow these tips to a safer school year!

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TIPS FOR PARENTS & DRIVERS

- Everyone should wear a seatbelt, and children should be in age and size appropriate car seats.
- Stay focused on driving and don't be distracted by kids in the car or with other activities.
- Slow down in school zones. Driving just 5 MPH over the speed limit increases both the risk of hitting a child and the severity of any injuries.
- You never know if children crossing the street are paying attention, so remain stopped until the child has crossed not only your lane of traffic, but the adjacent lane as well.
- Never pass a vehicle that has stopped at a crosswalk, as they may be waiting for someone to cross.
- Do not pass a school bus when its red lights are flashing, even if it is on the other side of the street.
- Use extra care in areas where children may enter the road from between parked vehicles or other things that block drivers' view of the road. And, watch out for bicycles.

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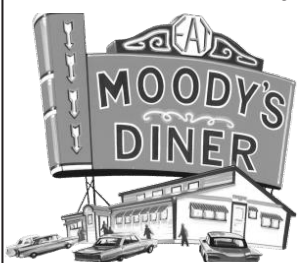


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2024 - 2025



FOOTBALL CONTEST ENTRY FORM

CHECK OFF ONE WINNER OF EACH GAME
WINNER: Person with most correct answers.
TIES: In the event of a tie, winner will be chosen by closest score of Monday Night Game.
ONLY ONE ENTRY PER HOUSEHOLD, PER WEEK, WILL BE ENTERED IN THE DRAWING.

Sunday, Sept. 8	Time (ET)
<input type="checkbox"/> Pittsburgh at Atlanta	1:00 pm
<input type="checkbox"/> Arizona at Buffalo	1:00 pm
<input type="checkbox"/> Tennessee at Chicago	1:00 pm
<input type="checkbox"/> New England at Cincinnati	1:00 pm
<input type="checkbox"/> Houston at Indianapolis	1:00 pm
<input type="checkbox"/> Jacksonville at Miami	1:00 pm
<input type="checkbox"/> Carolina at New Orleans	1:00 pm
<input type="checkbox"/> Minnesota at NY Giants	1:00 pm
<input type="checkbox"/> Las Vegas at LA Chargers	4:05 pm
<input type="checkbox"/> Denver at Seattle	4:05 pm
<input type="checkbox"/> Dallas at Cleveland	4:25 pm
<input type="checkbox"/> Washington at Tampa Bay	4:25 pm
<input type="checkbox"/> LA Rams at Detroit	8:20 pm

Monday, Sept. 9	Time (ET)
<input type="checkbox"/> NY Jets at San Francisco	8:20 pm

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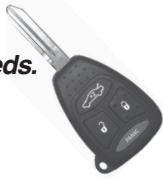
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ENTERTAINMENT



Halcyon String Quartet during one of its multimedia performances.

Halcyon Celebrates Rockland Through Live Music, Film

Halcyon musicians Josie and Sophie Davis, Luke Fatora and Colin Wheatley will present a free community performance of “Lime City” on Friday, Aug. 30, at 7 p.m. in Rockland.

Written and filmed by Fatora, “Lime City” combines Halcyon’s live music with synchronized film and historical context to celebrate the city of Rockland and reflect on how its maritime histories and many industries have shaped its identity.

Performed at the water’s edge with the Rockland Harbor as a backdrop, this performance will take place outside at the Steel House amphitheater, 639 Main St., in downtown Rockland and will be followed by a reception. In the event of rain, the event will be held inside Steel House.

In addition to featuring folk tunes and music by Erik Satie, Philip Glass and Florence Price, the performance will premiere a new work by Rockland City Councilor Nathan Davis.



Rockland, the “Lime City.”

St. Cecilia Chamber Choir Holds Auditions for December ‘Lessons and Carols’

St. Cecilia Chamber Choir is holding auditions for all voice parts as the choir begins preparing its December “Ceremony of Lessons and Carols” concert. Drawing inspiration from the world-famous King’s College Cambridge Service of Lessons and Carols, the program blends carols both sacred and secular with seasonal readings, accompanied by a professional string quartet and performed in the Bowdoin College Chapel and Damariscotta Baptist Church.

St. Cecilia Chamber Choir is a fully auditioned group of singers that includes talented youth and seasoned performers. It performs challenging choral repertoire spanning the centuries from medieval to modern, under the direction of husband-and-wife team Linda Blanchard and Sean Fleming of Damariscotta. In the English choral tradition, the group sings with a straight tone, enabling attention to fine-tuning rich harmonies. Much of the repertoire is a cappella, and the choir is frequently accompanied by a professional chamber orchestra. St. Cecilia presents two to three concerts per year, typically in December and May.

As described in a press release: “It is a dedicated and friendly bunch, eager to welcome new members, and gifted students are especially encouraged to audition. Rehearsals are high-energy and challenging.” “We work hard,” said Blanchard, “but we keep the rehearsals up-



St. Cecilia Chamber Choir PHOTO BY BRUCE COWAN

beat and fun. We provide practice materials to use at home, so singers can come to rehearsal feeling prepared and ready to go.”

Singers wishing to audition should have good vocal control, and sopranos and altos should be able to sing without vibrato. The ability to read music is preferred, but those who cannot read may participate by spending extra time learning the music at home with the aid of provided practice materials.

Rehearsals are Wednesdays at 6:30 p.m. starting Sept. 11 at St. Andrew’s Church, 11 Glidden St., Newcastle. To schedule an audition, call Linda Blanchard at 315-9740 or email audition@ceciliachoir.org. For more information about the choir, visit ceciliachoir.org.

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Thursday Night	Mostly clear, with a low around 53.
Friday	Sunny, with a high near 71.
Friday Night	Partly cloudy, with a low around 57.
Saturday	A 30 percent chance of showers. Partly sunny, with a high near 70.
Saturday Night	A 40 percent chance of showers. Mostly cloudy, with a low around 61.
Sunday	Partly sunny, with a high near 75.

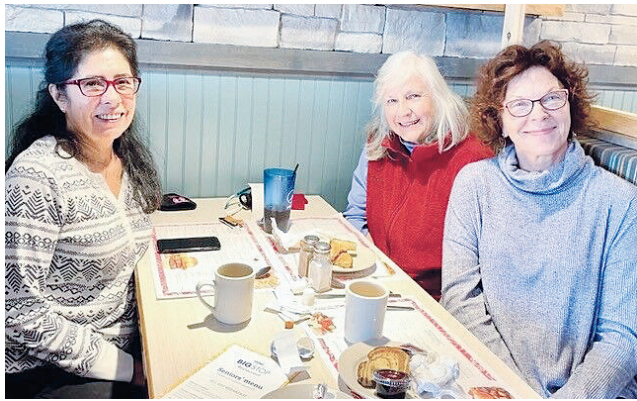
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Tuesday	5:59	6:18	11:53	--	
Wednesday	7:07	7:25	12:47	1:00	
Thursday	8:12	8:28	1:53	2:05	
Friday	9:11	9:25	2:54	3:05	
Saturday	10:04	10:16	3:49	3:59	
Sunday	10:51	11:03	4:38	4:46	
Monday	11:34	11:44	5:21	5:29	
Tuesday	--	12:13	5:59	6:07	

ENTERTAINMENT



“Called to Lead” screens Thursday, Aug. 29, at Rockland Public Library and is followed by a discussion with the filmmakers and film subject.

‘Called to Lead’ Documentary Screening, Discussion at Rockland Library

Rockland Public Library and Midcoast Women will present a film screening and discussion of “Called to Lead” Thursday, Aug. 29, at 5:30 p.m. This event is free and open to all.

The documentary film is about Brenda Commander’s rise to leadership in a world dominated by patriarchy, poverty, domestic violence, and ethnic discrimination to become the first woman chief of the Houlton Band of Maliseet Indians. Following the screening will be a discussion with the filmmakers, Pam Maus and Susanna Liller, and Chief Brenda Commander regarding the challenges women in leadership roles face, particularly among Indigenous peoples.

Midcoast Women provides opportunities for area women of all ages, including trans women and genderqueer women, to find and strengthen their individual and collective voices.

This event will take place in the library’s Community Room and will be simultaneously streamed over Zoom; Rockland Public Library is located at 80 Union St. For more information or for Zoom links, email elewis@rocklandmaine.gov.

Barnaby Bright Brings Sweet Harmonies to Camden Opera House

Louisa Stancioff opens Sept. 6 show.

Camden Opera House, 29 Elm St., will present Barnaby Bright, with special guest Louisa Stancioff, Friday, Sept. 6, at 7:30 p.m.

Alt-Americana trio Barnaby Bright has contemporary influences that reflect a geographical journey from Brook-



Pictured, from left, are Carmen Dieker, Becky Bliss and Nathan Bliss of Barnaby Bright. PHOTO BY SHAWN BRACKBILL

lyn to Nashville to Kansas, while calling on Nathan Bliss’s Oklahoma roots (and distant relation to Merle Haggard). “The band takes audiences on a ride through love songs, murder ballads and deeply moving, relatable themes. Nathan’s virtuosic acoustic guitar and banjo playing and Becky Bliss’s effortless soaring vocals over the drone of the harmonium are joined by Carmen Dieker’s haunting fiddle and violin-playing in a three-part harmony, pushing the boundaries of today’s indie folk landscape,” Camden Opera House said in a press release.

Singer-songwriter Louisa Stancioff will open the evening. The “folk rock singin’ songstress,” a local favorite, is currently touring in support of her debut album, “When We Were Looking.”

Choose-your-own reserved seats are \$22 in advance, \$25 day-of-show. For tickets, visit camdenoperahouse.com or call the box office at 236-3154.



Louisa Stancioff

‘A Day in the Life’ Kicks Off Labor Day Weekend

“A Day in the Life: A Beatles Experience,” a touring celebration of The Beatles, is back on the stage of the Camden Opera House, 29 Elm St., Friday, Aug. 30, at 7:30 p.m.

Camden native Morgan Cates, who wrote and premiered the show some years ago, describes “A Day in the Life: A Beatles Experience” as taking audiences on a multi-sensory journey back to the turbulent decade of the 1960s. The Beatles’ entire groundbreaking career, from Ed Sullivan to Abbey Road, is recreated through live music and multiple costume changes, while a video backdrop depicts the highs and lows of their era. The show recreates more than 30 Beatles songs, many of which were never performed live.

“A Day in the Life” fills the seats and provokes standing ovations every year, so advance ticket purchase is encouraged. Choose-your-own reserved seats are \$40 for adults downstairs (orchestra) and \$34 upstairs in the balcony. Tickets for those younger than 18 are \$25 in any seating section. For tickets, visit camdenoperahouse.com or call the box office at 236-3154.

“A Day in the Life: A Beatles Experience” comes to Camden Opera House Friday, Aug. 30. PHOTO BY DAGNEY C. ERNEST



Tapestry Singers Invites New Members

Community choir Tapestry Singers is organizing for the fall semester with ‘Tis the Season concerts on Dec.

14 and 15 at Damariscotta Baptist Church. The concert repertoire ranges from classical choral

music to popular holiday standards. The concerts feature organist Sean Fleming, a full orchestra, soloists, and an audience holiday sing-along. The audition process is informal to double-check voice range and musical ability.

“Some of the music is more advanced, so we want to make sure that all our singers commit to learning their part on their own using the practice tracks provided,” said Beth Preston, Tapestry Singers’ director, in a press release.

Rehearsals are on Monday nights from 6:30 to 8:30 p.m. at Damariscotta Baptist Church, 4 Bristol Road. The first rehearsal is Monday, Sept. 9; concerts are Saturday, Dec. 14, at 7 p.m. and Sunday, Dec. 15, at 4 p.m. To set up an audition and get more details, visit tapestrysingersmaine.org.



Tapestry Singers

ENTERTAINMENT



"Matador" by Sheep Jones.

Belfast Poetry Festival Announces Festival Artist

The Belfast Poetry Festival announces local artist Sheep Jones as its official Festival Artist. The festival steering committee has selected several of Jones' paintings to represent this year's festival, celebrating its 19th year, on fliers, programs and other materials. In addition, there will be an exhibit of Jones' paintings at Belfast Free Library's Kramer Gallery throughout October.

Jones' paintings invite the viewer to contemplate the story the artist hints at. "I am a narrative painter, so books, movies and, best of all, other people's tales, lend



"Dragonfly Dreams" by Sheep Jones.

themselves as building blocks to create an interesting story in paint," she said. "My paintings begin with layers. I always am looking for the puzzle pieces to suggest a narrative. Disparate images finally come together and start to hint at some kind of sense. Often, people will look at one of my paintings and recognize in it their own story, their own past, their own dreams."

Jones was raised in Waterville and studied art at the University of Southern Maine. After years living out of state, Jones returned to Maine and now has a studio in Belfast. There will be an opening reception in the Kramer Gallery, 106 High St., on Tuesday, Oct. 8, at 6 p.m. A writing workshop inspired by Jones' exhibit will take place later in the month.

The 19th Annual Belfast Poetry Festival will take place Oct. 17 through 20 in various venues in downtown Belfast. Highlights of the weekend's events include a Belfast Poet Laureate Reading and reception at Waterfall Arts; a Haiku Death Match at the Colonial Theatre; a performance by Songs From Here with Sarah Tuttle, Erica Ball and guest poets at Belfast Free Library; and a Community Open Mic at the UU Church. For a full listing of events, visit belfastpoetryfestival.com.

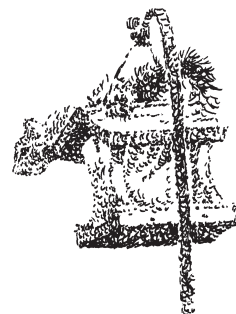


"Lexicon" by Sheep Jones.



Squirrel — A very determined and hungry squirrel pokes his head out of a bird feeder in South Thomaston.

PHOTO BY CHRISTINE SIMMONDS



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LETTERS / OPINIONS

Continued from page 4

Response to Rodney Lynch's Letter 'Overturning an Election'—

Rodney is a friend, but he's subject to Republican illogic and misnaming. He equates Trump's attempt to overturn and negate the results of the 2020 election with the recent replacement of Joe Biden with Kamala Harris on the Democratic ticket. He calls both of them cases of disenfranchisement, or, in Trump's case, attempted disenfranchisement.

Let's see, first, if President Biden's ceding to Kamala Harris the presidential spot on the Democratic ticket really overturned the Democratic primary and disenfranchised, as Rodney claims, those who voted for Biden in the primary.

Rodney contends that Democratic party bosses and Hollywood moguls and billionaire donors and Congressional leaders forced Biden out, thus subverting the will of all those who voted for him in the primary. But after Biden's dismal debate performance, most Democrats, the vast majority of whom had voted for Biden in the primary, now wanted him to bow out just as much as the rich and powerful did. People close to him, including top Democratic leaders, finally convinced him of what most Democrats already knew: that Harris stood a better chance of winning than he did.

My wife and I, like most Democrats who voted in the primary, voted not just for Biden but for the Biden-Harris ticket. We had no assurance that Joe Biden would make it through four more years as president, and we were comfortable and confident in Harris's ability to take over if something happened to him. Now that Harris has taken over the role of Democratic nominee, we, like most Democrats, are not just comfortable and confident but thrilled. If Rodney is acquainted with 100 Democrats, I challenge him to find two of them who aren't thrilled; and I challenge him to find a single one of them who feels disenfranchised.

Now let's look at Trump's attempt to overturn the 2020 election. If he'd succeeded, the whole American electorate would have been disenfranchised; their votes would have amounted to nothing. His plot, and the attack on the Capitol that he encouraged, were acts of violent, treasonous sabotage of the American voting process.

The Biden-Harris switch was neither sabotage nor treason. It was the agreed-upon best step forward for the democratic ideals and democratic vision of the Democratic Party. Any attempt to convince Democrats who voted for the Biden-Harris ticket in the primary that they've been disenfranchised is laughably misguided and misplaced.

Jonathan Frost, Rockland

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ENTERTAINMENT



Liam Purcell and Cane Mill Road.

Purcell, Cane Mill Road Bring Bluegrass Excellence to Lincoln Theater

Lincoln Theater welcomes Liam Purcell back to the stage! Fans may recall Purcell's captivating banjo performance in the Lincoln County Community Theater's 2022 production of "Bright Star." Now, the 22-year-old prodigy returns to Lincoln Theater leading his band, Cane Mill Road, with a performance that's sure to resonate with both longtime bluegrass enthusiasts and new listeners alike. Known for their innovative blend of tradition and modernity, these rising stars of bluegrass promise a night of exceptional music Friday, Sept. 6, at 7:30 p.m.

Described by No Depression Journal as "the future of bluegrass," Purcell has made a significant impact on the American music scene despite his young age. Growing up less than a mile away from the legendary guitarist Doc Watson, Purcell's youth was steeped in Appalachian old-time and bluegrass traditions. He began writing and performing from a young age, which led to the formation of Cane Mill Road during his teenage years, and just this past spring earned a string performance degree from Berklee.

Cane Mill Road is made up of five top musicians in

addition to Purcell himself; Ella Jordan on fiddle, Rob McCormac on guitar, Jacob Smith on bass, Zack Vickers on banjo, and Alex Naismith as audio technician. The group quickly gained a reputation for its virtuosic performances, earning spots on the Billboard Top 10 Bluegrass charts and capturing the International Bluegrass Music Association's Momentum Band of the Year Award in 2019. Purcell and Cane Mill Road's latest album, "Yellow Line," showcases their deep connection to Appalachian music while pushing the boundaries of the genre.

Purcell described the responsibility of carrying on a living tradition, "It was very important to me that I began this project the way I had learned from my heroes. Just us, telling stories in songs, building on the rich and diverse folk culture I had grown up in. However, I couldn't simply leave it there. Everyone I've ever looked up to as an entertainer, Doc in particular, had never acknowledged boundaries between genre, style, origin or influence. While I cared deeply about honoring the Appalachian stringband music I loved, I also have my own songs inside, my own feelings to express, and my own innovations to contribute."

This one night only concert offers a rare opportunity to witness the future of bluegrass in an intimate setting. Tickets are available in advance at \$15 for general admission (adults and LT members) and \$5 for youth 18 and younger through LincolnTheater.net. Tickets will also be available at the door beginning at 7 p.m. at \$20 for adults, \$18 for LT members, and \$5 for youth 18 and younger. Lincoln Theater is located at 2 Theater St. in downtown Damariscotta. More information is available online or by contacting info@LincolnTheater.net or 563-3424.




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ECON Mode Is All Pros, No Cons

Dear Car Talk: I have a 2019 Honda CR-V that I love. It has something called an ECON mode, and I tend to just leave it in ECON. Is there any reason not to? I mostly drive around town but take several long trips a year, mostly on interstates.

Does ECON mode really help with gas mileage? — Amy

Ray: Yes, ECON mode can boost your gas mileage slightly. But it's not a magic button. Its greatest effect may be that it helps you to drive more gently. And that can save you fuel and prolong the life of your car.

And there's no reason you can't use it all the time.

Basically, ECON mode adjusts your car's power delivery to make it a little less "sporty."

It modifies the throttle response. So, when you step on the accelerator, the engine doesn't respond quite as quickly. It's probably unnoticeable to you most of the time. But by accelerating more slowly and gently, you'll use less fuel. And at high speeds, when you're just cruising along on the highway, it means that every little twitch of your big toe no longer sends a spray of

gasoline into the cylinders varying your speed for no reason or causing a downshift, which is wasteful.

ECON mode also lowers the transmission shift points. In normal mode, your transmission may shift at say, 2,300 rpm. In ECON mode, shifts may happen at 2,000 rpm. Not allowing the engine to rev higher, where it burns more fuel, increases your mileage.

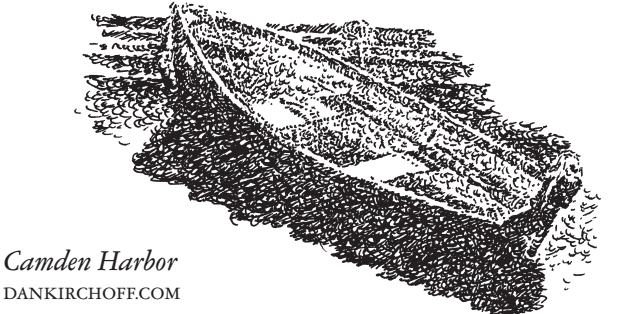
The tradeoff is that your engines produce more power at higher rpm (up to a point). But if you don't feel like you need more power, why not save the fuel? And if you suddenly need power and floor the gas pedal, you'll override ECON mode and the car will respond.

Finally, on some cars, ECON mode also puts the air conditioning system in a more efficient mode. Again, if it's not a heat wave, you probably won't notice it.

And there's no downside to any of this, in terms of the longevity of the car. In fact, it'll probably help your car last longer, because you'll drive more gently, Amy. So feel free to keep that ECON button fired up.

Got a question about cars? Write to Car Talk in care of The Free Press, P.O. Box 1177, Rockport, ME 04856-1177 or via email by visiting www.cartalk.com.

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Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 through 9 with no repeats. That means that no number is repeated in any row, column or box. Solution, tips and computer program at www.sudoku.com. Sudoku solution on page 22.

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ACROSS

1 Crouch
6 Poet -- Sandburg
10 Long, thin piece
15 Org.
20 Chili con --
21 Chills and fever
22 Statue by Michelangelo
23 Pinball joint
24 Passion
25 Something forbidden (Hyph.)
26 Aquatic mammal
27 Made a touchdown
28 And
29 Block
31 Knitting stitch
33 Interlock
35 Like Solomon
36 Place for a goatee
37 Make plump
39 Basic soap?
41 Special quality
44 Heart
45 Aboriginal Japanese
48 Leafy shelter
53 Eschew
54 Campus courtyard
55 Unkempt
57 "Well done!"
58 Droopy
59 -- and void
60 Best bud
61 Sound of relief
63 Three-pip card
64 Dog breed, for short
65 Death notice
66 Computer fun enthusiast
68 Frond
70 Meas. of time
71 -- -- even keel
72 Threatened
74 Guideline
76 Eddy or Allman
79 Nobleman
81 Snow tire projection
83 Plod
87 Put forth
88 Life of Riley
89 Secondhand
91 Health club attraction
92 Movement

94 Discharge
96 Bandleader -- Shaw
97 Bit of color
98 Painter's subject
100 Grottoes
102 Kitchen discard
104 Ring event
107 Except
109 Juicy fruits
110 Teller of tales
111 Dry, said of wine
114 Raise
116 Salad plant
118 Org. for sawbones
119 Diplomacy
120 -- the Explorer
121 Metal mixture
123 Smooth and shiny
125 Gossip
126 Popped
127 Silly
128 Old Indian of Peru
129 Discover
130 Bring about
131 Calendar abbr.
133 Fine point
136 Urban dirt
137 Be a sign of
141 Outdo
144 Painter -- Chagall
145 Larger-than-life celebrity
146 Really good (Hyph.)
149 Disinclined
151 -- plexus
153 Fabled racer
155 Striped animal
157 Shipboard kitchen
158 Saying
159 Black
160 Put up
161 Icy rain
162 Sat for a painter
163 Dimple
164 Holdup

DOWN

1 Jazz singing
2 Source of poi
3 Church calendar
4 Lennon's widow
5 Sat
6 Body of works
7 Eager
8 Try for office
9 Zoo denizen
10 Wear with pride
11 Name
12 Soak, as flax
13 Single thing
14 Reduce
15 Circle segment
16 Flat-bottom boat
17 Wraparound garment
18 Poems
19 Yield by treaty
23 Pallid
30 Kindled
32 Western Indian
34 Accomplished batter
36 Flake
37 Young equine
38 Harass
40 -- tide
41 Match the bet
42 Footwear company
43 Salon item
44 Unorthodox sect
46 -- a boy!
47 Brad
49 Scrap of food
50 Cautious
51 At any point in time
52 Rogers and Orbison
54 Jelly fruit
55 Avatar of Vishnu
56 Guinness and Baldwin
59 Sports org.
60 Gasp
62 Transport
65 Burdensome
66 Military rank
67 Investment yields
69 Befuddle
71 -- -- a million
72 "The Sound of --"
73 Does a cleaning job
75 Online messages

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76 Monk's title
77 Spacecraft
78 Rearward
80 Clumsy fellow
82 Agnus --
84 Bread roll
85 Sch. subject
86 Actress -- Dawn Chong
90 Portray
93 State near Mont.
95 Water brand
96 Field
99 Equivocal

101 Entertainment award
103 Take in
104 Bangkok native
105 Tobacco oven
106 Stillwater's state (Abbr.)
108 -- vital
110 Cooking fat
111 Marsh bird
112 Formerly, formerly
113 Actress -- Blanchett
115 Many years
117 Catchall abbr.
119 Minuscule
120 Performing pair

122 Hankering
124 Actor Sommerhalder
125 Got rid of
126 Nicely tanned
129 -- -de-lance
130 Dove's cry
132 Comply
134 PR concern
135 Gave a hoot
136 Perfume
137 Luggage
138 Racetrack shape
139 Remove textual matter

140 Oil magnate -- Halliburton
142 "On the double!"
143 Turmoil (Hyph.)
145 Golf club
146 Genesis name
147 Killer whale
148 Singer -- Perry
150 Term in tennis
152 -- Vegas
154 Honest --
156 "... -- I saw Elba"

Crossword solution on pg 22.

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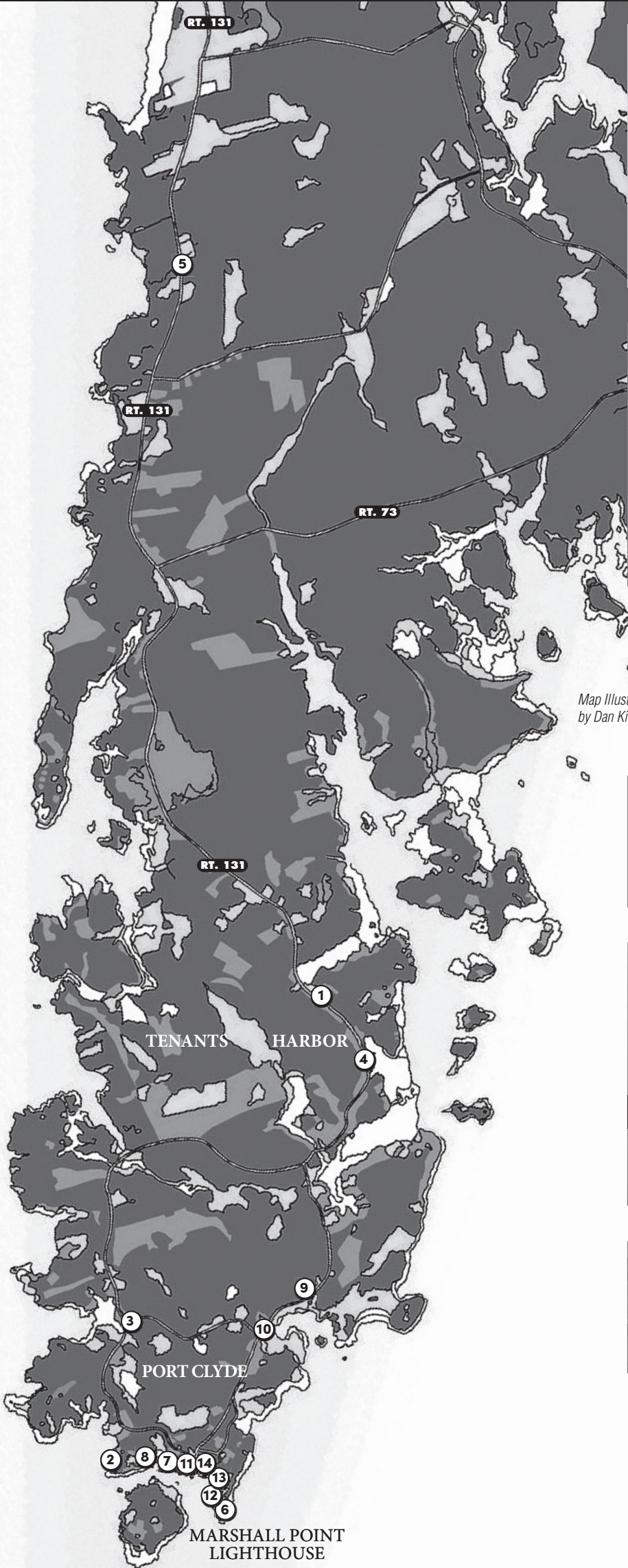
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CALENDAR OF EVENTS

Submissions

to the Calendar of Events must be made by noon Wednesday before the Tuesday publication day. Send them, along with your contact information, to calendar@freepressonline.com or The Free Press, P.O. Box 1177, Rockport, ME 04856-1177.

NOTEWORTHY

THURSDAY, AUG. 29:

• **“Playboy of the Western World,”** Preview Night, 7 p.m., discounted admission/\$10. Belfast Maskers production runs nightly, Thursday through Saturday, Aug. 30 to Sept. 8; also, 2 p.m., Sundays, Basil Burwell Community Theater, 17 Court St., Belfast. General admission/\$18; students and seniors receive \$3 discount. Visit belfast-maskers.com.

COMING UP:

• **Community Dance & Contra Dance**, 6 p.m., Friday, Sept. 6, First Church, 8 Court St., Belfast. Full evening admission/\$15–\$20; Community Dance only/\$2 adults; \$1 children. Email belfastflyingshoes@gmail.com or visit belfastflyingshoes.org.
• **Belfast Flying Shoes Outdoor Community Dance**, 6:30 p.m., Saturday, Sept. 7, Armistice Footbridge, Belfast. Fiddle tunes, participatory dance for all ages. Free; donations welcome. Email belfastflyingshoes@gmail.com or visit belfastflyingshoes.org.
• **Comedian Paula Poundstone**, 7:30 p.m., Saturday, Sept. 7, Strand Theatre, 345 Main St., Rockland. General admission, \$50. Call 594-0070 or visit rocklandstrand.com.
• **19th Annual Maine Wienerfest**, 11 a.m. to 3 p.m., Sunday, Sept. 8, Steamboat Landing Park, Belfast. Hosted by PAWS. Dachshund Parade, Doxie Dash, Canine Costume Contest. Food trucks. Admission/\$5; children 12 and under and dogs, free.
• **Annual 9-11 Bridge Walk**, 8:30 a.m., Veterans Memorial Bridge, Belfast. Public invited to join Veterans of Foreign Wars, Lions Club, police and fire departments. Line-up at 8:30. Ceremony with 21-gun salute, playing of taps, remarks and tribute to lives lost on Sept. 11, 2001. Call 323-5403 with questions.
• **Thorndike Day**, 10 a.m. to 3 p.m., Saturday, Sept. 14, various locations. Parade, vendors, chicken barbecue, live music and more.

MUSIC

• **Song Clinic Registration Now Open**. Clinic, 4 to 8 p.m., Friday, Sept. 6, Torchlight Media, 158 High St., Belfast. For songwriters of all levels. Taught by songwriters Sara Trunzo and Tiffany Williams, on tour in Maine from Nashville. Fee/\$50. Registration required. Visit saratrunzo.com.
• **Down East Singers Registration Now Open** through Tuesday, Sept. 24. First rehearsal, Tuesday, Sept. 10. Visit downtownsingers.org.
• **St. Cecilia Chamber Choir Auditions Open** for “Ceremony of Lessons and Carols” Concert. Rehearsals, 6:30 p.m., Wednesdays starting Sept. 11, St. Andrew’s Church, Glidden St., Newcastle. Call 315-

9740 or email audition@ceciliachoir.org.
• **Tapestry Singers Invites New Members**. Organizing for fall semester with ‘Tis the Season concerts on December 14 and 15, Damariscotta Baptist Church. Classical choral to popular holiday standards. Visit tapes-tryingsingersmaine.org.

WEDNESDAY, AUG. 28:

• **Rockport Masonic Center Lawn Concert**, 6 to 7 p.m., 361 Main St. Indoors if it rains. Music by Ukes Rock Band. Food sales/50-50 raffle benefit Masons. Bring chair. Concert free; donations for band welcome. Call 691-2270 for details.

THURSDAY, AUG. 29:

• **Arts on the Hill: Just Honey**, 5:30 p.m., Beech Hill Preserve, 316 Beech Hill Road, Rockport. Presented by Coastal Mountains Land Trust. New Americana, roots, funk, rock, blues and outlaw country. Bring picnic. Free. Open to all ages. No dogs.
• **United States Navy Band Country Current**, 7 p.m., Opera House at Boothbay Harbor, 86 Townsend Ave. Free community event; no ticket needed. Visit boothbayop-erahouse.com.

FRIDAY, AUG. 30:

• **Halcyon String Quartet: “Lime City,”** 7 p.m., Steel House amphitheater, 639 Main St., Rockland. Combines live music with synchronized film and historical context to celebrate Rockland. Folk tunes. Admission by donation.
• **Novel Jazz**, 7 to 9:30 p.m., Skidompha Public Library, 184 Main St., Damariscotta. All ages welcome. Free; donations welcome. Visit mainejazz.net.
• **A Day in the Life: A Beatles Experience**, 7:30 p.m., Camden Opera House, 29 Elm St. Multimedia live music tribute. Reserved seats/\$40 for adults downstairs; balcony/\$34; under 18/\$25 at camdenopera-house.com.
• **Skidompha Strummers: Play Music on the Porch Day**, 10 a.m., Skidompha Public Library, 184 Main St., Damariscotta. Music kicks off with local ukulele group. Call 887-0919 or visit skidompha.org.
• **Muzzy Ridge Concerts: Gossamer Trio**, 3 p.m.; also, **Sunday, Sept. 1**, Searsport. Flutist Carol Wincenc, harpist Nancy Allen, cellist Claire Marie Solomon. Indoor seating/\$25; outdoor bring-your-own chair seating/\$15. Visit robertsirota.com for tickets and directions.
• **“Italia’s Got Talent” Star Ekaterina Shelehova**, 7:30 p.m., The Waldo Theatre, 916 Main St., Waldoboro. Advance tickets/\$25; at the door/\$30. Visit thewaldotheatre.org.

SATURDAY, AUG. 31:

• **Skidompha Strummers: Play Music on the Porch Day**, 10 a.m., Skidompha Public Library, 184 Main St., Damariscotta. Music kicks off with local ukulele group. Call 887-0919 or visit skidompha.org.
• **Muzzy Ridge Concerts: Gossamer Trio**, 3 p.m.; also, **Sunday, Sept. 1**, Searsport. Flutist Carol Wincenc, harpist Nancy Allen, cellist Claire Marie Solomon. Indoor seating/\$25; outdoor bring-your-own chair seating/\$15. Visit robertsirota.com for tickets and directions.
• **“Italia’s Got Talent” Star Ekaterina Shelehova**, 7:30 p.m., The Waldo Theatre, 916 Main St., Waldoboro. Advance tickets/\$25; at the door/\$30. Visit thewaldotheatre.org.

SUNDAY, SEPT. 1:

• **Skerryvore**, 7:30 p.m., Opera House at Boothbay Harbor, 86 Townsend Ave. Contemporary Scottish traditional music. Advance tickets/\$30; regular tickets/\$35. Visit boothbayoperahouse.com.

ONGOING:

• **Unitarian Universalist Youth Chorus**, 7 to 8 p.m., Mondays, 37 Miller St., Belfast. Learn sacred and secular songs during practice. For ages 12 to 18. No church affiliation required. Email office.uubelfast@gmail.com.

• **Senior Singing Group: Classic Harmony**, 2 p.m., Tuesdays, The Lincoln Home Senior Retirement Community, 22 River Road, Newcastle. Donation for membership helps pay for sheet music. No advance sign-up required.
• **Maine Resistance Revival Chorus**, 6 p.m., 37 Miller St., Belfast. Singing group supporting progressive causes in times of information overload meets every Tuesday. Call (808) 352 1714 or email joenienczura@gmail.com.
• **Belfast Summer Nights**, 5:30 to 7:30 p.m., Thursdays through Sept. 5, Steamboat Landing Park, Belfast. Different band weekly. Free. Call 322-7123 or follow Belfast Summer Nights on Facebook.

COMING UP:

• **Rockport Masonic Center Lawn Concert**, 6 to 7 p.m., Wednesday, Sept. 4, 361 Main St. Indoors if it rains. Music by Ukes Rock. Food sales/50-50 raffle benefit Masons. Bring chair. Concert donations for band welcome. Call 691-2270 for details.
• **Lawn Concert: Katahdin Valley Boys**, 5:30 p.m., Thursday, Sept. 5, Rockland Public Library, 80 Union St. Traditional and contemporary bluegrass. Bring chair. Email elewis@rocklandmaine.gov.
• **Organist Kevin Birch**, 7 p.m., Friday, Sept. 6, Broad Bay Congregational Church, 941 Main St., Waldoboro. Accompanied by violinist Anatole Wieck and cellist Sarah Hoskins. Free; donations welcome.
• **Liam Purcell and Cane Mill Road**, 7:30 p.m., Friday, Sept. 6, Lincoln Theater, 2 Theater St., Damariscotta. Traditional and modern bluegrass. Call 563-3424 or visit lincoltheater.net for ticket information.
• **Barnaby Bright with Special Guest Louisa Stancioff**, 7:30 p.m., Friday, Sept. 6, Camden Opera House, 29 Elm St. Americana/folk music. Advance tickets/\$22; day of show/\$25. Call 236-3154 or visit camdenoperahouse.com.
• **12th Annual Live Edge Music Festival**, noon to 6 p.m., Saturday, Sept. 7, Hidden Valley Nature Center, 131 Egypt Road, Jefferson. Live music, food, beer and cider. Midcoast Conservancy members/\$25; non-members/\$30. Call 389-5150 or visit midcoastconservancy.org.
• **Mystics & Visionaries: An Evening Concert Experience**, 5 to 8 p.m., Wednesday, Sept. 11, Farnsworth Art Museum, 16 Museum St., Rockland. Concert, Emilie Stark-Menneg exhibit, after-concert cocktail hour, meet musicians. Members/\$30; non-members/\$35. Visit farnsworthmuseum.org.
• **Rockport Masonic Center Lawn Concert**, 6 to 7 p.m., Wednesday, Sept. 11, 361 Main St. Indoors if it rains. Lise and Rose Band. Food sales/50-50 raffle benefit Masons. Bring chair. Concert free; donations for band welcome. Call 691-2270.

FILM

TUESDAY, AUG. 27:

• **“Between the Temples,”** 1 p.m. and 7 p.m.; additional showings **Aug. 28 and 29**, Strand Theatre, 345 Main St., Rockland. Adult/\$9; seniors, matinee or under 12/\$8; Strand member/\$7, at box office. Visit rocklandstrand.com.

WEDNESDAY, AUG. 28:

• **“Touch,”** 2 p.m. and 7 p.m.; also on **Thursday, Aug. 29**, Lincoln Theater, 2 Theater St., Damariscotta. Widower’s emotional journey to find first love who disappeared 50 years ago. Adult/\$9; youth or theater member/\$6. Visit lincoltheater.net.

THURSDAY, AUG. 29:

• **Documentary Screening and Discussion**, 5:30 p.m., Rockland Public Library, 80 Union St. Also, on Zoom. “Called to Lead,” Brenda Commander, first woman chief of the Houlton Band of Maliseet Indians. Email elewis@rocklandmaine.gov.

FRIDAY, AUG. 30:

• **“Fly Me to the Moon,”** 2 p.m. and 7 p.m.; other show times **through Sept. 5**, Lincoln Theater, 2 Theater St., Damariscotta. Starring Scarlett Johansson and Channing Tatum. Adult/\$9; youth or theater member/\$6. Visit lincoltheater.net.
• **“Lake Michigan Monster,”** 7:30 p.m., The Waldo Theatre, 916 Main St., Waldoboro. An absurdist cryptozoology tale from the makers of “Hundreds of Beavers.” Advance tickets/\$10; regular tickets/\$15; youth/\$5. Visit thewaldotheatre.org.

COMING UP:

• **“Beetlejuice, Beetlejuice,”** 8:45 p.m., Thursday, Sept. 5, Colonial Theatre, 163 High St., Belfast. Sequel to 1980s film “Beetlejuice.” Starring Michael Keaton. Visit colonialtheatre.com.
• **2024 Sundance Film Festival Shorts Tour**, 7 p.m., Friday, Sept. 6, The Waldo Theatre, 916 Main St., Waldoboro. Advance tickets/\$10; regular tickets/\$15. Visit thewaldotheatre.org.
• **Fairweather Film: “The Great Gatsby,”** 7 to 9 p.m., Friday, Sept. 6, Boothbay Harbor Memorial Library, 4 Oak St. Bring snacks and lawn chairs. Free. Cancelled in case of rain. Visit bbhlibrary.org.

ARTS

• **Great Art for Great Reads Art Show/Online Auction**. Art show, through Sept. 13, Waldoboro Public Library, 958 Main St. Opening Reception, 5 to 7 p.m., **Friday, Aug. 30**. Light refreshments provided. Bidding open Aug. 30 through Sept. 13. Visit waldoborolibrary.org.
• **Open Call to Artists: “I’ve Been Wrong Before” Fall Exhibition**. **Saturday, Aug. 31** deadline. Visit waterfallarts.org.
• **Owls Head Village Library Art Auction**. Bidding ends **Saturday, Aug. 31**. Visit tinyurl.com/rhwjkb5 to view and bid, or visit in person at 31 South Shore Drive, during regular library hours. Call 593-0302 or visit owlsheadlibrary.org.
• **Thomaston Historical Society Logo Contest Now Open**, deadline, **Sept. 1**. Call 354-2295 for details. Submit entries to info@thomastonhistoricalsociety.com.
• **“Art in Maine” Call for Artists** for Boothbay Region Art Foundation juried exhibition, Oct. 5 to Nov. 9. Large 2D words in various mediums and styles, small sculptures. Visit boothbayartists.org.

TUESDAY, AUG. 27:

• **Funvelopes and Other Mail Art**, 6 to 8 p.m., Marshall Wharf Brewing Co., 36 Marshall Wharf, Belfast. Co-hosed by Wa-



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TV Listings

For the latest on TV - either live or streaming - go to: https://ontvtoday.com/

CHANNEL LINE-UP Knox County

- 2 CKSH – French
- 3 UPN – WPME
- 4 FOX – WFPO
- 5 CBS – WABI
- 6 NBC – WCSH
- 7 PEG – Public
- 8 ABC – WMTW

- 9 TWCTV
- 10 MPBS – WCBB
- 11 PEG – Education
- 12 WB – WPXT
- 13 CBS – WGME
- 14 QVC
- 15 HSN
- 16 CHLT
- 17 Shop NBC

- 18 TV Guide
- 19 C-SPAN
- 20 C-SPAN2
- 21 ION
- 22 PEG – Government
- 23 GAC
- 24 Comcast Sports Net
- 25 ESPN
- 26 ESPN2
- 27 NESN
- 28 MTV
- 29 VH-1
- 30 Lifetime
- 31 Spike TV
- 32 CMT
- 33 Weather Channel
- 34 NECN
- 35 FOX News
- 36 CNN

- 37 Headline News
- 38 TOON
- 39 CNBC
- 40 MSNBC
- 41 truTV
- 42 TCM
- 43 INSP
- 44 TNT
- 45 Comedy
- 46 FX
- 47 USA
- 48 TBS
- 49 Oxygen
- 50 A&E
- 51 AMC
- 53 Bravo
- 54 E!
- 55 HGTV
- 56 Food Network

- 57 Travel Channel
- 58 EWTN
- 59 Hallmark Channel
- 60 TBN
- 61 History Channel
- 62 TLC
- 63 Discovery
- 64 TV Land
- 65 BET
- 66 ABC Family
- 67 Nickelodeon
- 68 Disney Channel
- 69 Animal Planet
- 70 SCI-FI
- 71 TV5
- 72 ONTV4
- 85 Local Access

WEDNESDAY EVENING AUGUST 28, 2024												
	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
3	Blue Bloods "More Than Meets the Eye"		Blue Bloods "For Whom the Bell Tolls"		Blue Bloods "The Common Good"		Blue Bloods "Guardian Angels"		Blue Bloods "Happy Endings"		Blue Bloods "Fallen Heroes"	
4	Big Bang		Big Bang		MasterChef "Tag Team; Storm's a Brewin" (N)		FOX23 News at Ten (N) (Live)		National (N) (Live)		National (N) (Live)	
5	Big Bang		Big Bang		Big Brother The houseguests compete to win the power of veto. (N)		Real CSI "The Miramar Murders" (N)		News (N)		(:35) Late Show-Colbert (N)	
6	207		Inside Ed. (N)		America's Got Talent (N)		Toby Keith: American Icon (N)		NEWSCE NTER (N)		(:35) Tonight Show (N)	
8	Wheel of Fortune		Jeopardy!		Million Reggie Watts, Ron Funches (SF)		Claim to Fame "I'm Coming Four You; Blood, Sweat and Returning Peers" (N) (SF)		MAINE'S (N)		(:35) Jimmy Kimmel Live! (N)	
10	PBS News Hour		Nature "American Ocelot"		Odysseus Returns Makis Melaxas discovers the home of King Odysseus. (N)				PBS News Hour		Amanpour and Company (N)	
12	Young Sheldon		Modern Family		Sullivan's Crossing "Boiling Point"		Police 24/7 "Three Stops You're Out"		Maine's Total (N)		TMZ	
13	News (N) (Live)		ET (N)		Big Brother The houseguests compete to win the power of veto. (N)		Real CSI "The Miramar Murders" (N)		News (N) (Live)		(:35) Late Show-Colbert (N)	
21	Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods	
24	Basketball Connecticut Sun at Indiana Fever		Zolak-Bertrand		Boston (N) (Live)				Boston Sports		Boston Sports	
25	2024 US Open Tennis Second Round (N) (Live)								SportCtr (N) (Live)		SportCtr (N) (Live)	
26	2024 US Open Tennis Second Round (N) (Live)								NFL Live		Inoue	
27	MLB Baseball Toronto Blue Jays at Boston Red Sox (N) (Live)						Extra (N) Red Sox		MLB Baseball			
30	Castle "Almost Famous"		Castle "Murder Most Fowl"		Castle		(:05) Castle "Last Call"		(:05) Castle "Nikki Heat"		Castle "Murder Most Fowl"	
35	Ingraham (N) (Live)		Jesse (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News (N) (Live)		The Five	
36	OutFront (N) (Live)		Cooper 360 (N) (Live)		The Source (N) (Live)		CNN (N) (Live)		Laura (N) (Live)		Anderson Cooper 360	
39	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank	
40	ReidOut (N) (Live)		All In With (N) (Live)		Wagner (N) (Live)		Last Word (N) (Live)		11th Hour (N) (Live)		Alex Wagner Tonight	
41	Wipeout		Wipeout		Wipeout		Jokers		Jokers		Jokers	
42	(6:30) 🌟🌟🌟🌟 Shanghai Express		🌟🌟🌟🌟 Blonde Venus (32) Herbert Marshall, Cary Grant, Marlene Dietrich.		🌟🌟🌟🌟 Morocco (30) Marlene Dietrich, Adolphe Menjou, Gary Cooper.		🌟🌟🌟🌟 Solo: A Star Wars Story (18) Emilia Clarke, Donald Glover, Alden Ehrenreich.		🌟🌟🌟🌟 Angel (37) Marlene Dietrich.			
44	Supernatural		🌟🌟🌟🌟 Rogue One: A Star Wars Story (16) Diego Luna, Alan Tudyk, Felicity Jones.									
45	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	South Park	South Park	South Park	South Park
46	(6:00) 🌟🌟🌟🌟 Venom: Let There Be Carnage		🌟🌟🌟🌟 Deadpool 2 (18) Josh Brolin, Morena Baccarin, Ryan Reynolds.		🌟🌟🌟🌟 Deadpool 2 (18) Josh Brolin, Morena Baccarin, Ryan Reynolds.							
47	(6:30) La..		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		The Anonymous	
48	Big Bang		Big Bang		All Elite Wrestling: Dynamite (N) (Live)		Modern Family		Modern Family		Modern Family	
49	Dateline "Consumed"		Dateline NBC "The Phone Call"				Dateline: Secrets		Dateline: Secrets		Dateline: Secrets	
50	Court Cam		Court Cam		Court Cam		Arrest (N)		Arrest (N)		CourtCam	
51	(4:00) 🌟🌟🌟🌟 Casino (95)		🌟🌟🌟🌟 The Shawshank Redemption (94) Morgan Freeman, Bob Gunton, Tim Robbins.		🌟🌟🌟🌟 A Few Good Men (92) Jack Nicholson, Demi Moore, Tom Cruise.							
53	Million Dollar LA		Million Dollar LA		Million Dollar LA (N)		Million Dollar LA		Below Deck		Housewives SLC	
56	Grocery		Grocery "DDD Dads"		Grocery		Grocery		Grocery		Grocery	
59	🌟 Summer Villa (16) Victor Webster, Emorphia Margaritis, Hilarie Burton.		🌟 A Harvest Wedding (17) Victor Webster, Merren McMahon, Jill Wagner.				Golden Girls		Golden Girls		Golden Girls	
60	Allen (N)		Stakelbeck		Praise		Harvest		Gaither		Turning	
61	Pawn Stars		Pawn Stars		Pawn Stars (N)		(:05) Pawn Stars (N)		(:05) Pawn Stars		(:05) Pawn Stars	
62	Skin Tight		600-Lb. Life "Nathan and Amber"				600-Lb. Life "Ontreon & Wess"				600-Lb. Life	
63	Expedition X		Expedition X		Expedition X (N)		Expedition Bigfoot (N)		Expedition Unknown		Expedition X	
64	Raymond		Raymond		Raymond		Raymond		Raymond		(:05) King	
66	Movie		🌟🌟🌟🌟 Ralph Breaks the Internet (18) John C. Reilly.				Wayne Brady (N)		The 700 Club		Simpsons	
67	🌟🌟🌟 Sonic the Hedgehog (20) James Marsden.		Friends		Friends		Friends		Friends		Friends	
68	Big City Greens		Big City Greens		🌟🌟🌟🌟 Aladdin (92) Voices of Robin Williams, Scott Weinger.		(:40) ZOMBIES		(:05) Primos		Primos	
69	Dr. Dee: Alaska Vet		Dr. Jeff: RMV		Dr. Jeff: RMV		Dr. Jeff: RMV		Dr. Jeff: RMV		Dr. Jeff: RMV	
70	🌟🌟🌟 Battleship (12) Alexander Skarsgård, Rihanna, Taylor Kitsch.						The Ark "It Can't Be True" (N)		🌟🌟🌟 Rampage (18) Naomie Harris, Malin Akerman, Dwayne Johnson.			

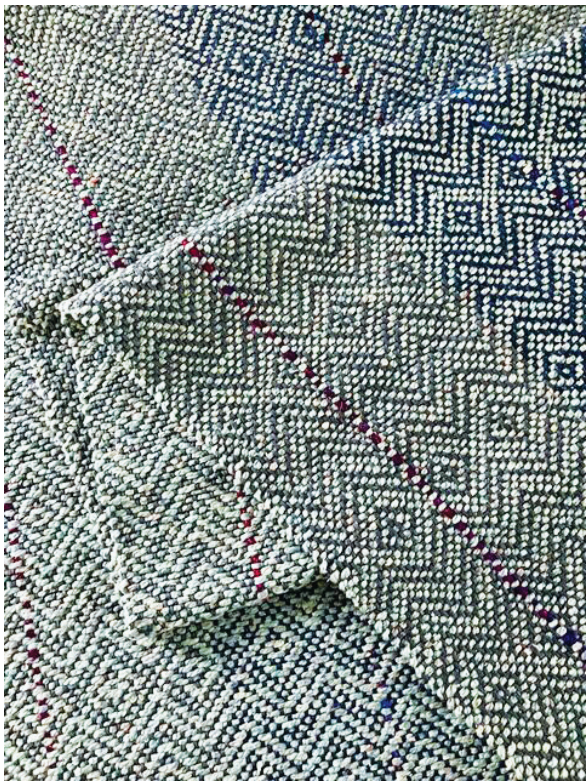
THURSDAY EVENING AUGUST 29, 2024												
	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
3	Chicago P.D. "Donde Vives"		Chicago P.D. "Pink Cloud"		Chicago P.D. "Sympathetic Reflex"		Chicago P.D. "Into the Deep"		Chicago P.D. "Proof of Burden"		Chicago P.D. "This Job"	
4	Big Bang	Pregame (N) (Live)	College Football North Minneapolis. (N) (Live)		Carolina at Minnesota		From Huntington Bank Stadium in		FOX23 News (N)		ICRIME - Vargas	Seinfeld
5	Big Bang	Big Bang	Big Brother (N) (Live)		Young Sheldon	Ghosts	Fire Country "I Do"		News (N)	(:35) Late Show- Colbert (N)	(:35) After Mid. (N)	(:35) Seth Meyers
6	207	Inside Ed. (N)	Law & Order		Law & Order: Special Victims Unit		Law & Order: Organized Crime		NEWSCE NTER (N)	(:35) Tonight Show (N)	(35) Seth Meyers	
8	Wheel of Fortune	Jeopardy!	Press Your Luck "The New Legend" (N)		Lucky 13 "Feeling Lucky" (N)		Who Wants to Be Dave Burd, GaTa		MAINE'S (N)	(:35) Jimmy Kimmel Live! (N)	(35) Nightline	
10	PBS News Hour		Week-ends	HS Quiz Show	Forever Wild		Rick Steves Iceland		PBS News Hour		Amanpour and Company (N)	
12	Young Sheldon	"Mod Fam" Paris	The Conners	The Conners	Masters of (N)	Animals (N)	Maine's Total (N)	TMZ	Extra	Young Sheldon	American Housewife	American Housewife
13	News (N) (Live)	ET (N)	Big Brother (N) (Live)		Young Sheldon	Ghosts	Fire Country "I Do"		News (N) (Live)	(:35) Late Show- Colbert (N)	(35) After Mid. (N)	
21	Chicago P.D.		Chicago "Pink Cloud"		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago "This Job"	
24	Early Edition		Felger & Mazz		Zolak-Bertrand		Boston (N) (Live)		Boston Sports		Boston Sports	
25	Football Countdown		College Football North Dakota State at Colorado (N) (Live)						SportsC. (N) (Live)		SportCtr (N) (Live)	
26	2024 US Open Tennis Second Round (N) (Live)								NFL Live		UFC Main Events	
27	MLB Baseball Toronto Blue Jays at Boston Red Sox (N) (Live)						Extra (N)	Red Sox	MLB Baseball			
30	Castle "Lucky Stiff"		Castle "The Final Nail"		Castle "Setup"		(:05) Castle "Countdown"		(:05) Castle "One Life to Lose"		Castle "The Final Nail"	
35	Ingraham (N) (Live)		Jesse (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News (N) (Live)		The Five	
36	OutFront (N) (Live)		Cooper 360 (N) (Live)		The Source (N) (Live)		CNN (N) (Live)		Laura (N) (Live)		Anderson Cooper 360	
39	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank	
40	ReidOut (N) (Live)		All In With (N) (Live)		Wagner (N) (Live)		Last Word (N) (Live)		11th Hour (N) (Live)		Alex Wagner Tonight	
41	🌟🌟🌟 The Longest Yard (05) Adam Sandler.				MountainW		College Football Sacramento State at San Jose State (N) (Live)					
42	(6:30) 🌟🌟🌟 News Hounds (47)		🌟🌟🌟 Angels in Disguise (49)		(:15) 🌟🌟 Blonde Dynamite (49) Bowery Boys.		🌟🌟🌟 Blues Busters (50) Bowery Boys.		(:45) 🌟🌟🌟 Ghost Chasers (51) Bowery Boys.			
44	(5:00) 🌟 Star Wars: Phantom Menace		🌟🌟🌟 Star Wars: Attack of the Clones (02) Natalie Portman, Hayden Christensen, Ewan McGregor.				(10) 🌟🌟🌟 Star Wars: Revenge of the Sith (05) Natalie Portman, Ewan McGregor.					
45	The Office		The Office		The Office		The Office		The Office		South Park	
46	(5:30) 🌟🌟🌟 The Equalizer 2 (18)		🌟🌟🌟 Bad Boys for Life (20) Martin Lawrence, Vanessa Hudgens, Will Smith.				🌟🌟🌟 Bad Boys for Life (20) Martin Lawrence, Vanessa Hudgens, Will Smith.					
47	Law & Order: SVU		🌟🌟🌟 Ocean's 8 (18) Cate Blanchett, Sandra Bullock.				🌟🌟🌟 The 355 (22) Sebastian Stan, Jessica Chastain.					
48	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Impract. Jokers (N)	Impract. Jokers (N)	🌟🌟🌟 Ace Ventura: Pet Detective (94) Courteney Cox Arquette, Jim Carrey.			
49	Dateline: Unforgettable				Dateline: Unforgettable "The Officer's Wife"				Dateline: Secrets "Somebody's Daughter"			
50	The First 48		The First 48 (N)		60 Days In "Top 50 of 60" (N) (SP)				(:05) The First 48		(:05) The First 48	
51	🌟🌟🌟 Transformers (07) Tyrese Gibson, Josh Duhamel, Shia LaBeouf.				🌟🌟🌟 The Fifth Element (97) Gary Oldman, Ian Holm, Bruce Willis.							
53	Housewives/OC		Housewives/OC		Housewives/OC (N)		Housewives/OC		Housewives of Dubai		Housewives SLC	
56	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Outch'e'd	BBQ Brawl		Beat Bobby	Beat Bobby	Beat Bobby	Outch'e'd
59	🌟 Two Tickets to Paradise (22) Ryan Paevey, Ashley Williams.				🌟 The Magic of Lemon Drops (24) Ian Harding, Lyndsy Fonseca.				Golden Girls	Golden Girls	Golden Girls	Golden Girls
60	Allen	Stakelbeck	Christian History		Rosenberg	Insights	Cahn	Stakelbeck	Christian History		Prince	J. Osteen
61	Alone		Alone "Collapse" (N)		(:35) Alone (N) (SF)				(:05) Alone (N)		(:05) Alone	
62	I Love a Mama's Boy		Police Women		Police Women		Police Women		Police Women		Police Women	
63	Caught!	Caught	Caught!	Caught!	Caught!	Caught!	Caught!	Caught!	Caught!	Caught!	Caught!	Caught!
64	Raymond	Raymond	Raymond	Raymond	(:20) Raymond		Raymond	Raymond	(:05) King	(:40) King	(:15) King	(:50) King
66	(6:00) 🌟 The Princess Diaries		🌟🌟🌟 The Princess Diaries 2: Royal Engagement				The 700 Club		Simpsons		Simpsons	
67	🌟🌟🌟 Sonic the Hedgehog 2 (22) James Marsden.				Friends		Friends	Friends	Friends	Friends	Friends	Friends
68	Big City Greens	Big City Greens	🌟🌟🌟🌟 Cinderella (15) Lily James, Richard Madden, Cate Blanchett.		(:55) ZOMBIES		Primos		Jessie	Jessie	Bluey	Bluey
69	River Monsters		Extinct or Alive		Extinct or Alive "The Zanzibar Leopard"				Extinct or Alive		Extinct or Alive	
70	🌟🌟🌟 Transformers: Revenge of the Fallen (09) Megan Fox, Josh Duhamel, Shia LaBeouf.						🌟🌟🌟 Transformers: Revenge of the Fallen (09) Megan Fox, Josh Duhamel, Shia LaBeouf.					

FRIDAY EVENING AUGUST 30, 2024													
	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	
3	WNBA- Prega. (N)	WNBA Basketball Indiana Fever at Chicago Sky (N) (Live)				WNBA-Game (N)	WNBA Basketball New York Liberty at Seattle Storm (N) (Live)				Bull "Off the Rails"		
4	Big Bang	Big Bang	WWE Friday Night SmackDown (N) (Live)			(N) (Live)	FOX23 News at Ten (N) (Live)		National (N) (Live)	National (N) (Live)	iCRIME - Vargas	Seinfeld	
5	Big Bang	Big Bang	Let's Make a "Sing for a Big Deal" (N)		Lingo (N)		Blue Bloods "On the Ropes"		News (N)	(:35) The Late Show With Stephen Colbert	(:35) After Mid. (N)		
6	207	Inside Ed. (N)	America's Got Talent "Quarterfinals 3"		2024 Paris Paralympics Primetime: Opening Ceremony & More (N) (Live)		NEWSCE NTER (N)		(:35) Tonight Show (N)	(:35) Seth Meyers			
8	Wheel of Fortune	Jeopardy!	Jeopardy! Masters "The Finals"		20/20 (N)		MAINE'S (N)		(:35) Jimmy Kimmel Live!	(:35) Nightline			
10	PBS News Hour		Washington Wk (N)	Hoover (N)	Counting the Vote: Firing Line (N)		Citizen's Guide		PBS News Hour		Amanpour and Company (N)		
12	Young Sheldon	Modern Family	The Conners	The Conners	Inside the NFL 2024 Season Preview (SP)		Maine's Total (N)	TMZ	Extra	Young Sheldon	American Housewife	American Housewife	
13	News (N) (Live)	ET (N)	Let's Make a "Sing for a Big Deal" (N)		Lingo (N)		Blue Bloods "On the Ropes"		News (N) (Live)	(:35) The Late Show With Stephen Colbert	(:35) After Mid. (N)		
21	WNBA (N)	Basketball Indiana Fever at Chicago Sky (N)			WNBA-G..	Basketball New York Liberty at Seattle Storm			Bull "Off the Rails"				
24	(6:30) Ear..	Early Edition		Benny vs. Zolak-Bertrand		BST Fri (N) (Live)		BST Fridays		BST Fridays			
25	College Football Temple at Oklahoma (N) (Live)				Scoreboard		College Football TCU at Stanford (N) (Live)						
26	2024 US Open Tennis Third Round (N) (Live)						SportCtr (N) (Live)		SportCtr (N) (Live)		SportCtr (N) (Live)		
27	(6:30) Baseball Boston Red Sox at Detroit Tigers (N)				Extra (N)	Red Sox	Baseball Boston Red Sox at Detroit Tigers						Extra
30	Castle "The Dead Pool"		Castle "To Love and Die in L.A."		Castle "Pretty Dead"		(:05) Castle "Knockout"		(:05) Castle "Rise"		Castle "To Love and Die in L.A."		
35	Ingraham (N) (Live)		Jesse (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News (N) (Live)		The Five		
36	OutFront (N) (Live)		Cooper 360 (N) (Live)		The Source (N) (Live)		CNN (N) (Live)		Laura (N) (Live)		CNN Spec		
39	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		
40	ReidOut (N) (Live)		All In With (N) (Live)		Wagner (N) (Live)		Last Word (N) (Live)		11th Hour (N) (Live)		Alex Wagner Tonight		
41	Football Sacramento State at San Jose State				Baseball		Wipeout		Jokers		Jokers		
42	(6:00) ***** Top Hat (35)		***** Swing Time (36) Ginger Rogers, Fred Astaire.				***** Shall We Dance (37) Ginger Rogers, Eric Blore, Fred Astaire.				***** The Major and the Minor (42)		
44	(6:15) ***** The Dark Knight Rises (12) Anne Hathaway, Tom Hardy, Christian Bale.						All Elite Wrestling: Rampage (N)			***** Batman Begins (05) Michael Caine, Liam Neeson, Christian Bale.			
45	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	
46	(6:00) ***** Doctor Strange in the Multiverse of Madness (22)				***** Shang-Chi and the Legend of the Ten Rings (21) Awkwafina, Meng'er Zhang, Simu Liu.				***** X-Men: Days of Future Past				
47	Chi. Fire "Chopper"		Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire		
48	Big Bang	Big Bang	***** Welcome Home Roscoe Jenkins (08) Martin Lawrence.				(:55) ***** Blue Streak (99) Luke Wilson, Peter Greene, Martin Lawrence.		(:55) ***** Dumb & Dumber (94) Jeff Daniels, Jim Carrey.				
49	Snapped		The Backyard		The Backyard		Girl on Carton		Girl on Carton		Snapped		
50	The First 48		The First 48		Cold Case (N)		Tell (N)		(:05) The First 48		(:05) The First 48		
51	(5:00) ***** The Fifth Element (97)		***** Ghostbusters (84) Dan Aykroyd, Harold Ramis, Bill Murray.				***** Ghostbusters II (89) Dan Aykroyd, Sigourney Weaver, Bill Murray.						
53	***** The Fate of the Furious (17) Vin Diesel. (P)						***** The Fate of the Furious (17) Dwayne Johnson, Vin Diesel.						
56	Diners	Diners	Diners	Diners	Diners (P)	Diners	Diners	Diners	Diners	Diners	Diners	Diners	
59	***** Rescuing Christmas (23) Sam Page, Bailey Stender, Rachael Leigh Cook.				***** Falling Like Snowflakes (24) Marcus Rosner, Ava Weiss, Rebecca Dalton.				Golden Girls		Golden Girls		
60	Allen	Stakelbeck	October 7th Special		October 7th Special		From	Stakelbeck	October 7th Special		Prince	Vinia	
61	Ancient Aliens		Ancient Aliens		Ancient Aliens (N)		(:05) Ancient Aliens		(:05) Ancient Aliens		(:05) Ancient Aliens		
62	90 Day Fiancé		90 Day Fiancé: Happily Ever After? (N)				90 Day Forbidden Love		90 Day		90 Day Fiancé		
63	Gold Rush-Res.		Gold Rush-Res. (N)		Bering Sea Gold (N)		Deadliest Catch		Contraband		Gold Rush-Res.		
64	Raymond	Raymond	Raymond		(:20) Raymond		Raymond		Raymond	King	King	King	
66	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	The 700 Club		Simpsons	Simpsons	
67	***** Clifford the Big Red Dog (21)				Friends		Friends		Friends		Friends		
68	Big City Greens	Big City Greens	***** Brave (12) Voices of Billy Connolly, Kelly Macdonald.				(:40) Big City		Big City Greens		Big City Greens	Big City Greens	
69	Insane Pools		The Pool Master		The Pool Master		The Pool Master		The Pool Master		The Pool Master		
70	(4:20) Harry Potter and the Chamber of Secrets (02) Rupert Grint, Emma Watson, Daniel Radcliffe.								(3:55) Harry Potter and the Prisoner of Azkaban (04)				

SATURDAY EVENING AUGUST 31, 2024													
	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	
3	NWSL-Pre (N)	NWSL Soccer Seattle Reign at Racing Louisville FC (N) (Live)				NWSL Soccer Utah Royals FC at Houston Dash (N) (Live)			NWSL-Post (N)	Bull "Wrecked"			
4	MLB Baseball (N) (Live)					FOX23 News (N)		The Nite Show (N)	I Can See Your Voice		WOW - Women Of Wrestling (N)		
5	Postgame (N) (Live)	College Football UCLA at Hawaii From Clarence T. C. Ching Athletics Complex in Honolulu. (N) (Live)					WABI TV5 We (N)		Nite Show (N)	InvestigateTV	Game Time		
6	Big Ten (N) (Live)	College Football Fresno State at Michigan From Michigan Stadium in Ann Arbor, Mich. (N) (Live)					NEWS (N)		Saturday Night Live				
8	Studio (N) (Live)	College Football Notre Dame at Texas A&M From Kyle Field in College Station, Texas (N) (Live)					MAINE'S (N)		Hometown In Tragedy	The Good Doctor "Intangibles"			
10	Revival 69: The Concert That Rocked the World '22				John & Yoko: Above Us Only Sky				The Tragically Hip: A National Celebration		Revival 69: Concert		
12	(6:30) College Football Idaho State at Oregon State From Reser Stadium in Corvallis, Ore. (N) (Live)					Maine's Total (N)		Wait, What (N)	The Rookie "Fallout"		American Housewife	American Housewife	
13	Postgame (N) (Live)	College Football UCLA at Hawaii From Clarence T. C. Ching Athletics Complex in Honolulu. (N) (Live)					News (N) (Live)		The National Desk (N) (Live)		Sharyl Attkisson		
21	NWSL-Pre	NWSL Seattle Reign at Racing Louisville FC			NWSL Utah Royals FC at Houston Dash (N)		NWSL-Po..		Bull "Wrecked"				
24	The '86 Celtics				Mazzulla	United Fight Alliance		United Fight Alliance	World Chase Tag		Poker		
25	College Football Western Kentucky at Alabama (N) (Live)					Scoreboard		College Football New Mexico at Arizona (N) (Live)					
26	2024 US Open Tennis Third Round (N) (Live)								SportCtr (N) (Live)		SportCtr (N) (Live)		
27	(6:00) MLB Baseball				Extra (N)	Red Sox		Baseball Boston Red Sox at Detroit Tigers		Dirty (N)		To Be	
30	(6:00) Twisted Neighbor Who Saw Too Much				Twisted Neighbor (23) Natalie Brown, Zach Smadu, Kathryn Kohut. (P)		(05) Girl in the Basement (21) Judd Nelson, Joely Fisher, Stefanie Scott.				Twisted Neighbor (23) Kathryn Kohut.		
35	Weekend (N) (Live)		Life, Liberty (N)		One Nation (N)		Saturday Night (N)		Gutfeld!		Weekend		
36	CNN Newsroom (N)				Real, Bill Maher (N)		CNN Spec		CNN Spec		Real, Bill Maher		
39	Track and Field Diamond League: Rome (N)				2024 World Athletics U20 Championships (N)								
40	Ayman (N) (Live)		Ayman (N) (Live)		R. Maddow		Ayman		11th Hour		The Saturday Show		
41	Jokers	MountainW		College Football Texas A&M-Commerce at San Diego State (N) (Live)						MountainW	American		
42	(6:00) The Outsider (61)		Some Like It Hot (59) Jack Lemmon, Marilyn Monroe, Tony Curtis.				(15) The Defiant Ones (58) Sidney Poitier, Theodore Bikel, Tony Curtis.			The Boston Strangler (68)			
44	(5:15) Den of Thieves (18)		All Elite Wrestling: Collision (N)						TNT Overdrive "Survival Instincts" Suspects take cops on wild rides; nighttime chaos. (N)			Black Panther (18)	
45	The Office		The Office		The Office		The Office		The Office		Cleveland	Cleveland	
46	The Avengers (12) Chris Evans, Mark Ruffalo, Robert Downey Jr..					Guardians of the Galaxy (14) Zoe Saldana, Dave Bautista, Chris Pratt.				Eternals			
47	Law & Order: SVU		Law-SVU "Dear Ben"		Law-SVU "Part 33"		Law & Order: SVU		Law-SVU "Blackout"		Law & Order: SVU		
48	(6:00) Despicable Me 3		Beetlejuice (88) Alec Baldwin, Geena Davis, Michael Keaton.				Beetlejuice (88) Alec Baldwin, Geena Davis, Michael Keaton.			Despicable Me (10) Steve Carell.			
49	Killer Relationship		Killer Relationship (N)		Real Murders (N)		Snapped		Real Murders		Real Murders		
50	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	
51	(5:45) The Breakfast Club (85)		Pretty in Pink (86) Jon Cryer, Andrew McCarthy, Molly Ringwald.				Sixteen Candles (84) Anthony Michael Hall, Molly Ringwald.			Fast Times at Ridgemont High			
53	F9 The Fast Saga (21) Michelle Rodriguez, Vin Diesel. (P)					F9 The Fast Saga (21) Michelle Rodriguez, Vin Diesel.							
56	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	
59	(6:00) Autumn Dreams (15)		Head Over Heels (24) Olivier Renaud, Rebecca Dalton. (P)				A Costa Rican Wedding (24) Christopher Russell, Rhiannon Fish.			Golden Girls		Golden Girls	
60	Your Move	God's	Huckabee (N)		The Story		Rosenberg	The Lion	Youseff	Huckabee	The Story		
61	The UnXplained		The UnXplained		The UnXplained		(05) The UnXplained		(05) The UnXplained		(05) The UnXplained		
62	90 Day Fiancé: Other		Forbidden Love (N)		Forbidden Love (N)		Forbidden Love (N)		Unexpected		Forbidden Love		
63	Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		
64	Mike	(3:50) Mike		Raymond	Raymond		Raymond		Raymond	Seinfeld	Seinfeld	Seinfeld	
66	(6:50) Moana (16) Auli'i Cravalho.		(120) Aladdin (92) Scott Weinger.				(25) Mulan (20) Yifei Liu.						
67	SpongeB..	SpongeB..	SpongeB..	SpongeB..	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	
68	ZOMB-IES: Re-	Big City Greens		The Princess and the Frog (09) Anika Noni Rose.			(45) Primos	(10) Primos	(35) Primos	Primos	Big City Greens	Big City Greens	
69	Louisiana Lockdown		Louisiana Law		Louisiana Law		Louisiana Law		Louisiana Law		Louisiana Law		
70	(5:00) Harry Potter and the Prisoner of Az..					Harry Potter and the Goblet of Fire (05) Rupert Grint, Emma Watson, Daniel Radcliffe.				Harry Potter and the Order of the Phoenix (07)			

SUNDAY EVENING SEPTEMBER 1, 2024												
	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
3	NCIS "House Rules"		NCIS "Check"		NCIS "The Enemy Within"		NCIS "We Build, We Fight"		NCIS "Cadence"		NCIS "Cabin Fever"	
4	MasterChef "Quarry Field Challenge"		The Simpsons	Bob's Burgers	Family Guy	The Great North (N)	FOX23 News at Ten (N) (Live)		Sharyl Attkisson	The National Desk (N) (Live)		Seinfeld
5	60 Minutes (N)		Tulsa King "Adobe Walls" (N)		Big Brother (N)		Tracker "Camden"		WABI TV5 We (N)	The Song "Jewel"		Opry
6	Paris Paraly. Primetime The action at the 2024 Paralympic Games in Paris. (N) (Live)				American Ninja Warrior Semifinals 3 & 4				NEWS (N)	Maine Life (N)	Inside Ed. (N)	Bill Green
8	Fun Videos		College Football USC vs. LSU From Allegiant Stadium in Las Vegas. (N) (Live)						MAINE'S (N)	Matter (N)	The Rookie "Safety"	
10	Rick Steves: Why We Travel		Hotel Portofino "Masquerades"			Classical Rewind (My Music Presents)			Brothers Celebrating The Allman		Eric Church	
12	Funny Kids (N)		Animals (N)	The Chosen (N) (SP)			The Conners	Maine's Total (N)	Matter (N)	TOTAL MAINE	TMZ (N)	Extra (N)
13	60 Minutes (N)		Tulsa King "Adobe Walls" (N)		Big Brother (N)		Tracker "Camden"		News (N) (Live)	Sharyl Attkisson	Graham Bensinger	Game Time
21	NCIS "House Rules"		NCIS "Check"		NCIS		NCIS		NCIS "Cadence"		NCIS "Cabin Fever"	
24	Invincible		Garnett Ceremony		Anything Kevin Garnett, Paul Pierce				First-Time	World Poker Tour		World Poker Tour
25	MLB Baseball Atlanta Braves at Philadelphia Phillies (N) (Live)						SportCtr (N) (Live)		SportsCenter (N) (Live)		SportCtr	
26	2024 US Open Tennis Round of 16 (N) (Live)								Jai Alai		UFC Unleashed	
27	C. Moore	Bruins	Paris (N)	Paris (N)	Dining	Boston	Wicked	Fame	C. Moore	Dirty	Red Sox	
30	(6:00) Twisted Neighbor (23)		The Daughter I Gave Away (24) Kelly Penner, Romina D'Ugo. (P)				(05) When Mom Becomes a Murderer (24) Matreya Scarrowener. (P)		The Daughter I Gave Away (24)			
35	Weekend (N) (Live)		Life, Liberty (N)		Sunday Night (N)		Weekend		Life, Liberty & Levin		Sunday Night	
36	CNN Spec		CNN Spec		CNN Spec		CNN Spec		CNN Spec		CNN Spec	
39	2024 World Athletics U20 Championships										Greed "The Imposter"	
40	Ayman (N) (Live)		Ayman (N) (Live)		Prime: Weekend		Inside With Jen Psaki		Ayman		The Saturday Show	
41	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers
42	(5:45) Kill a Mockingbird		The Glenn Miller Story (54) June Allyson, Charles Drake, James Stewart.				(15) The Benny Goodman Story (55) Donna Reed, Berta Gersten, Steve Allen.		Exit		Smiling	
44	(5:15) Hobbit: Battle of the Five Armies		Black Panther (18) Michael B. Jordan, Lupita Nyong'o, Chadwick Boseman.				Men in Black (97) Will Smith, Linda Fiorentino, Tommy Lee Jones.		Cleveland		Cleveland	
45	(5:30) Talladega N...		Step Brothers (08) Will Ferrell.				Cleveland	Cleveland	Cleveland	Cleveland	Cleveland	Cleveland
46	(4:30) Pirates of the Caribbean: At World...		Pirates of the Caribbean: On Stranger Tides (11) Penelope Cruz, Ian McShane, Guy Lapointe.				Spider-Man: No Way Home (21) Zendaya, Tom Holland.					
47	(6:00) NASCAR Cup Series Cook Out Southern 500 (N) (Live)						NASCAR	The Anonymous	(45) The Anonymous			
48	(5:45) Pitch Perfect (12)		Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Impractical Jokers	Impractical Jokers	Pitch Perfect (12) Skylar Astin, Anna Kendrick.		
49	Snapped		Real Murders		Killer Relationship		Killer Relationship		Snapped		Snapped	
50	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage
51	(6:00) Jaws (75) Robert Shaw, Richard Dreyfuss, Roy Scheider.				Snowpiercer "A Moth to a Flame" (N)				(05) Snowpiercer "A Moth to a Flame"		(15) Jaws (75) Robert Shaw, Richard Dreyfuss, Roy Scheider.	
53	The Anonymous		The Anonymous (N)		Housewives (N)		(05) The Waterboy (98)		(05) The Waterboy			
56	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Alex (N) (P)		Alex vs America		Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby
59	(6:00) Head Over Heels (24)		Signed, Sealed, Delivered: The Vows We Have Made (21) Eric Mabius.				The Color of Rain (14) Warren Christie, Callum Seagram Airlie.		Lacey Chabert.		Golden Girls	Golden Girls
60	Marcus	Robert	J. Osteen	Turning	Huckabee		He Leadeth Me (N)		Praise		Stop the Pain	
61	Built America		America "Cola Wars"		Built America		(05) Built America		(05) Built America		(05) Built America	
62	90 Day Fiancé		90 Day Fiancé "Great Expectations" (N) (SP)		Forbidden Love (N)		90 Day Fiancé (N)		90 Day Fiancé (N)		90 Day Fiancé	
63	(6:00) Naked (N)		Naked and Afraid "Forced Out of Africa" (N)				In the Eye		In the Eye		Naked and Afraid	
64	Mike	Mike	Two Men		Two Men		Two Men	Two Men	Two Men	Seinfeld	Seinfeld	Seinfeld
66	(15) Monsters, Inc. (01)		(20) Monsters University (13) Billy Crystal.		(50) WALL-E (08)							
67	SpongeB...	SpongeB...	SpongeB...	SpongeB...	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
68	Big City Greens	Big City Greens	Lightyear (22) Voices of Keke Palmer, Chris Evans.			(50) Hamster &	(15) Hamster &	(40) Hamster &	(05) Hamster & Gretel	Bluey	Bluey	
69	Yellowstone Wardens		Yellowstone Wardens				Yellowstone Wardens		Yellowstone Wardens		Yellowstone Wardens	
70	(5:35) Harry Potter and the Order of the Phoenix				(3:55) Harry Potter and the Half-Blood Prince				(09) Rupert Grint,		Harry Potter & the Deathly Hallows: Par.	

ART ON THE COAST



“Smokey Shawl,” woven silk by Christina Bliss.



“Afternoon Looking West from Great Spruce Head Island,” an oil on canvas by Jim Lynch.



“Looking Out,” a bronze sculpture by Bill Jackson.



“Poppies,” an oil by Carolyn Gabbe.

‘Creations in Cushing’ Opens Aug. 30 for Final Arts In The Barn

From Aug. 30 to Sept. 1, Arts In The Barn/Cushing Historical Society will present “Creations in Cushing,” an arts and crafts community exhibition where anything goes in sculpture, photographs, paintings, found-object assemblages, jewelry, weaving and many other mediums. It is a community fair and the last show of the season.

The opening celebration is Friday, Aug. 30, from 5 to 7 p.m.; refreshments will be served. Exhibit hours on Saturday and Sunday, Aug. 31 and Sept. 1, are from 10 a.m. to 4 p.m. The rustic barn venue at 17 Hathorne Point Road is only open during the summer.

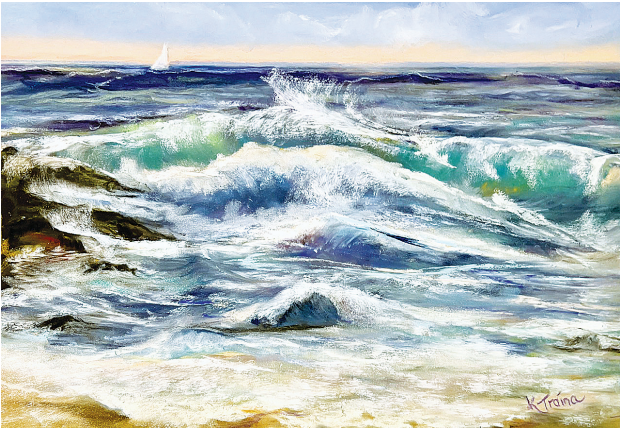
Featured are artists from all over working in all kinds of mediums — some of the work will be useful and some will be adornment, but there will be humor and beau-

ty, and price ranges that cover all bases. All the work is original and hand made.

Arts In The Barn/Cushing Historical Society is a 501c(3) nonprofit organization, supporting and educating about cultural heritage and highlighting persons of interest in the community. For more information about Cushing Historical Society, visit cushingmainehistorical.org; for Arts In The Barn, artsinthebarncush.org.

Great Art for Great Reads Art Show Reception Is Aug. 30

The Great Art for Great Reads Art Show reception will be held Friday, Aug. 30, from 5 to 7 p.m. at Waldo-boro Public Library, 958 Main St. The reception coincides with the Waldo-boro Art Walk (artwalk. waldoboro.org). This year’s show has on display over 100 works of art by more than 50 artists and runs through Sept. 13 during library hours.



“Pemaquid Waves” by Kim Traina.

Bidding for the online art auction component of the event begins Friday, Aug. 30, and runs through Friday, Sept. 13. More information is provided at waldoborolibrary.org and the Great

Art for Great Reads Facebook page. This event supports the Waldo-boro Public Library, participating artists and the community.



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<div><div>PORTLAND Sea Dogs™</div><div></div><div>Visit us online for tickets and full season schedule milb.com/portland</div><div><div> - Buy Tickets</div><div> - Promotion</div><div> - Home Games in red</div></div></div>		8 <div></div> @ New Hampshire 1:35 pm EDT Catch on the Field (10-11) <div></div>	9	10 <div></div> vs Binghamton 6:00 pm EDT <div></div>	11 <div></div> vs Binghamton 6:00 pm EDT September 11th Remembrance <div></div>	12 <div></div> vs Binghamton 6:00 pm EDT Let's Talk Cannabis <div></div>	13 <div></div> vs Binghamton 6:00 pm EDT <div></div>	14 <div></div> vs Binghamton 6:00 pm EDT Fan Appreciation Day <div></div>
		15 <div></div> vs Binghamton 1:00 pm EDT Team Awards Presentation	16	17 Eastern League Division Series Game 1 6:00 pm EDT	11	12	13	14

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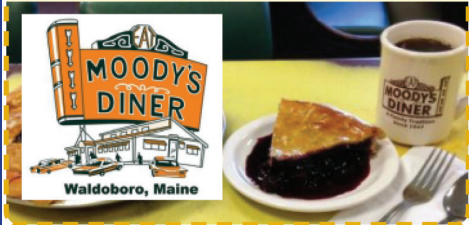
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