What jobs pay the most?
HIGHEST PAYING JOBS IN MAINE shows the average hourly wage, estimated employment, and annual job openings for the highest paying jobs.

What’s happening in the local economy?
LABOR MARKET DIGEST provides news about economic activity, special articles of interest, useful statistics on the civilian labor force, industry employment, and earnings and hours for production workers in manufacturing.

What’s the most comprehensive resource for employment and wage data?
THE MAINE EMPLOYMENT STATISTICAL HANDBOOK contains detailed labor force, employment, and wage data for the state, counties, and labor market areas.

How can I evaluate future job possibilities?
MAINE EMPLOYMENT OUTLOOK includes ten-year projections for industries and occupations with job openings, educational and training requirements, and average wages for each occupation.

What is the size of the labor force in my area?
MAINE CIVILIAN LABOR FORCE ESTIMATES presents annual average labor force estimates for counties, labor market areas, and cities and towns.

What industries are expected to grow the most?
EMPLOYMENT CHANGE IN MAINE ranks all industries, beginning with those projected to grow the most and ending with those projected to decline the most, between 2000 and 2010.

Where can I find business-related workforce information?
WORKFORCE INFORMATION FOR BUSINESS provides numerous resources to assist with business concerns such as finding and training employees, labor market conditions, wages, and regulations.

For information on services and training sponsored by the Maine Department of Labor or for directions to your nearest CareerCenter, call 1-888-457-8883 or visit their Web site at http://www.mainecareercenter.com

The Maine Department of Labor provides equal opportunity in employment and programs. Auxiliary aids and services are available upon request to individuals with disabilities.
This guide to workforce information in Maine seeks to introduce you to the many products we have developed about the state and local labor markets. The Division of Labor Market Information Services collects, analyzes, and disseminates employment and unemployment statistics, employment forecasts, wages, and other demographic and labor market-related information in cooperation with the U.S. Department of Labor, Bureau of Labor Statistics. Labor market information is a valuable resource for many purposes and provides useful tools for employers, job seekers, Workforce Investment Boards, One-Stop customers, program developers, students, guidance counselors, policy makers and the general public.

We hope the resources in Maine Labor Market Information At-A-Glance help enable you and others to make informed decisions in areas such as career choices, business planning and economic development.

Copies of the publications listed in this flyer are available at any CareerCenter.


What is a labor market and where is mine? The LABOR MARKET AREA MAP shows all 35 Maine labor market areas by numerical listing. A labor market area consists of an economically integrated geographical area within which workers can reside and find employment within a reasonable distance or can change employment without changing their place of residence.

Maine Labor Market Information

What is this career about? OCCUPATIONAL PROFILES contain job descriptions, average wages, employment outlook, skills and aptitudes, educational requirements and related jobs for a wide range of occupations.

What does this job pay? MAINE OCCUPATIONAL WAGES provides employment and wage data by occupation for more than 700 occupations in Maine and its six substate areas.

What's the best approach to my job search? JOB HUNTING IN MAINE: PUTTING THE PIECES TOGETHER gives tips and techniques on résumés, cover letters and interviews, as well as highlights on the many resources available at the CareerCenters.

Do I need a license to do this job? THE MAINE DIRECTORY OF OCCUPATIONAL LICENSING lists most occupations for which a license, certification or registration is required by state statute as a prerequisite for working in Maine. It lists the licensing agency which may be contacted for detailed requirements.

What skill level is required for this occupation? OCCUPATIONS IN DEMAND (PROJECTED EMPLOYMENT OPPORTUNITIES INDICATOR) details by county and region the most promising projected employment opportunities, their wage rates and their required skill levels.

Is information available on employee benefits? MAINE FRINGE BENEFIT STUDY summarizes various types of benefits by industry group, employer size, and geographic area, as well as by full-time and part-time workers.

What jobs are anticipated to be in high demand? HOT JOBS IN MAINE identifies the average hourly wage, employment projections, and where to obtain training for the occupations anticipated to grow the fastest. In addition, these projections are displayed on a poster (not shown here).

Which jobs requiring a college degree are expected to be in high demand? CAREERS IN MAINE FOR COLLEGE GRADUATES identifies the average hourly wage, employment projections, and where to obtain training for occupations anticipated to grow the fastest and that generally require a college degree (two-year Associate's degree or above).

What web sites and resources can help me plan my career? WICKED GOOD STUFF FOR JOB SEEKERS identifies internet sites and labor market publications to help individuals make informed career choices.