Take it Outside with Pete Kallin...... Page 5

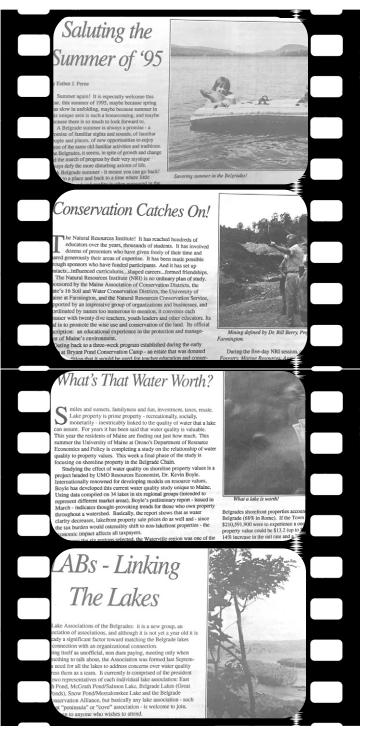




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VOLUME 22, NUMBER 3

25 Years Ago: A Milestone Year



olden sunshine, clear blue skies, warm scented pine carpets and clean refreshing waters ... It seemed like any other beautiful summer in the Belgrades, except that change was afoot.

1995 was the year that Belgrade was planning a Bicentennial Bash for 1996. The celebration would be big and had already been in the works for a year but now memorabilia to fund the ambitious schedule was on sale in local businesses and a call was being put out for "floats" for the various parades. The plan, and it was a successful one, incorporated Belgrade's three centers (the Lakes, the Depot and the North) - each with its own day, plus ongoing dedications and celebrations and observations of history throughout the summer - all with no library, no historical society and no town museum to consult.

1995 was the year that conservation took center stage state and region wide and caught on locally watershed wide. Because of conservation awareness, new buzz words - buffer strips, runoff, phosphorus control - were becoming familiar vocabulary. The effect of water quality on property values would soon be released in a report by the University of Maine. And there were concerns about new lake-friendly ways to build and landscape. The challenges of gloeotrichia and milfoil lay in the future.

1995 was the year that groups and organizations at all levels were popular: the KVM women, the individual lake associations, the Maine Lakes Conference and a new group called the Lake Associations of the Belgrades - LABs. So strong for so long, the last of the area's women's clubs, the KVM, was still raising money at a July fair at the Belgrade Central School to donate to good causes. The five lake associations in the Belgrades were following their individual missions be it dams, water quality, issues with speeding boats and also tentatively joining in with the new group, LABs, that would link them together and eventually become the 7 Lakes Alliance so active in the Belgrades today.

1995 was the year that the Colby College connection with the Belgrades took a significant step forward. Colby was the site of the annual Maine Lakes Conference, sponsored in part by the Maine Congress of Lake Associations (now renamed the Maine Lakes Society and head-quartered in Belgrade Lakes), during which LABs conducted one of the sessions: "The Belgrade Lakes: Threats and Opportunities." And it was from the Colby College Environmental Studies Program in 1995 that LABs hired 2 summer interns to help monitor water quality and review road, driveway and property runoff - a beginning to a long liaison with Colby faculty, students and alumni.

1995 was the year that child power received some much-needed attention as schools in the area organized conservation projects and added natural resource studies to classes. An emphasis on nature and the outdoors also became more integral to recreation programs and camps.

Continued on page 2

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MAINE INTERNATIONAL



Continued from page 1

The best and last news of the season was a water level reprieve for Great Pond. Just as the lake was bracing for an unprecedented foot and a half water level drop in September to facilitate bridge construction in Belgrade Lakes, the good news was announced. Boats could be left in the lake, docks would not be high and dry and the mail could get through. Bridge engineers had determined that water levels could be maintained until their normal lowering later in the fall.

As 1995 wound down it seemed like any other beautiful fall in the Belgrades, except that some significant changes had been set in motion that helped form the Belgrades of today.

Belgrade Lakes Farmers' Market Now Open

Belgrade Lakes Farmers' Market opened for its 17th season on Sunday, June 21, 8 am-1 pm and will continue until mid-September. Located at the 7 Lakes Alliance property on Main Street in Belgrade Lakes, the market layout will be designed for customers and vendors to be safe during the Covid-19 pandemic. The market will be following guidelines established by the Maine Department of

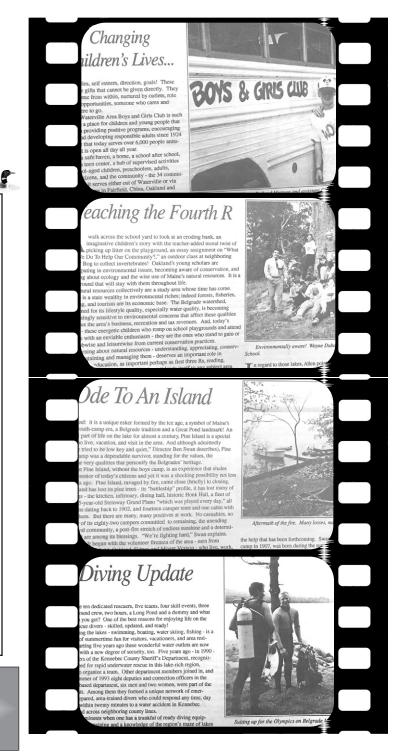
Agriculture, Conservation and Forestry, including:

- All vendors are required to wear face coverings - customers are asked to do likewise.

- Booths will be spaced to allow plenty of space for social distancing.
- Extra measures will be take to keep booths, hands and products clean.

- Appropriate social distancing of other customers and vendors is requested. The Belgrade Lakes Farmers' Market asks for your patience. If you have any questions you can visit the website - www.belgradelakesmarket or call the market manager at 397-4214.





Land and Water Protection Continues Despite Pandemic

by Laura Rose Day

Lakes. The diverse landscape offers beauty, inspiration, solitude, trails to roam and waters to explore. The pandemic has compelled many to seek what nature has to offer here; a privilege we take for granted at

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our peril.

Ongoing threats to the health of lakes and lands continue, pandemic notwithstanding. Fortunately, 7 Lakes Alliance is tenacious, too, finding safe and effective ways to protect our lakes and land. 7 Lakes crews began battling invasive milfoil in May, as soon as it began to grow. Our Courtesy Boat Inspectors are out there preventing new plants from entering or moving between our lakes. Erosion does not rest for pandemics, so we are tackling erosion through programs such as the Youth Conservation Corps. Water quality monitoring and analysis is ongoing. Land conservation and stewardship have not stopped.

Get in touch to get involved!

Together, 7 Lakes Alliance, lake associations, towns, citizens, businesses and youth continue to protect the lands and waters that sustain us all





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VOTED

BEST

Please Help to Continue to Feed Maine Families



Te are writing today to once again ask for your help to ensure V that families receive meals throughout the summer

Mechuwana has been an Emergency Pandemic School Food Site since March. During that time we have provided more than 10,000 meals.

Now that school programs have ended for the summer, Mechuwana is solely responsible for providing food to hundreds of Maine families. We will continue feeding families through at least August 31, and we need your help.

The last time we wrote to you about our need for meal supplies of sandwich and Ziploc bags, we created an Amazon wish list. We had no idea how quickly you would all act on this request! Within 48 hours we had thousands of supplies, which helped us immensely.

We have created a new wish list on Amazon (https://www.amazon.com/hz/wishlist/ls/QOKYENLF96YJ?ref_=wl_share) with just three items (multiple quantities of each) on it. This makes it very easy to see what we need and place an order to be shipped directly to us at our physical address of 92 Holmes Road, Winthrop, ME 04364.

Or, if it is easier for you to pick up some of these items at a local store, you can drop the items off in the Palmer Room in the first level of the camp office building across the road from camp. Please do not go down the camp road as we are not allowing anyone in or around the Dining Commons if they aren't staff working on meal prep.

Thank you for any assistance you can provide. We continue to hold you in prayer during this time. Be safe & healthy.

God bless & be well,

Norman Thombs, Camp Director



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-The Luckiest Boy-

Mrs. Herling's Helpers

by Rod Johnson

Growing up in a rural Maine town during the 1950's and 60's surely was an Gexperience that one never forgets. In addition to the fun stuff that we kids usually created (think kick the can or swimming at the dam) we were expected to be helpful around our own family homes. In addition, in keeping with our parent's expectations, getting small jobs that earned money happened fairly early in life, usually around the age of 10. Everybody had a piggy bank. If you didn't pick up on it without prompting, a parent would surely help you along with a strong suggestion or more. Few questioned the need for money as the local store was always calling to come by and get a candy bar or Coca-Cola. How everyone earned their first dollars varied, but often it was mowing lawns, raking leaves in the fall and general cleanup around a neighbor's house. For the girls it was baby sitting or learning to clean camps.

My first job was mowing grass for Elmer Green. He and I mowed his home lawn and that of Gilman's Camps (now the Village Camps) by the dam in Belgrade Lakes. It didn't take long to grow a small clientele of homeowners who asked for their lawns to be mowed. A couple of years of that and youngsters were ready to move on. Possible jobs were, among others: At a summer camp in the kitchen, the local store sorting bottles and sweeping, or at the local rec center as a helper. My friend Ralph Pope and I each had summer stints of working for the Herling family. Here's the story.

Robert and Stella Herling came to Belgrade early in the 1950's. They bought a piece of land bordering on Long Pond in Rome, directly across from Belgrade Lakes village. The area is somewhat hidden from the villager's west view by Blueberry Island, previously known as Frink's Island. There was no road access to the shoreline, only an old trail leading part way to it off the Blueberry Hill road. A portable sawmill had once created a large sawdust pile on the property, still intact at that time. More to come on the sawdust pile.

The Herlings hired local men, including my father Clifford, to build a small cedar camp and a pumphouse very near the water. I suspect they sit there





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today in expanded form. The couple loved their simple summer home and made an arrangement with Jim Day to keep their car behind the store. Bob Herling trekked back and forth across Long Pond every day or two for miscellaneous needs. Their chosen craft was a 12 foot flat-bottomed skiff with a 5.5 horsepower outboard. Needless to say, the trip was not fast. Stella disliked the boat trips as getting in and out of the skiff was difficult. She would seldom be seen in the village until it was time to go home in the fall. After several years, the Herling's bliss came to a halt when Bob passed away. My folks got the call from Stella during the winter and she was undecided what to do about the Maine camp.

Ultimately Stella decided to give it a try on her own, with some assistance from a helper of sorts. My father, then her friend and caretaker of the cottage, suggested hiring me or another kid to go back and forth daily with the skiff, weather permitting. Our duties included bringing whatever she had listed the previous day, start the gasoline powered water pump and let it fill the tank, and last but not least, continue making and maintaining Bob's trails in the woods with sawdust from the big pile. The last item, Bob's trails became my nemesis. Maintaining the trails in the woods was hot and sticky in the summer heat, with no shortage of flies and other bugs. We were also charged with keeping the trails weeded and cleaned out. By the second hour, visions of swimming and boating were prevailing and any excuse to leave early was easy to come by. Stella was a gentle understanding woman and always let us off the hook pretty easily. As I recall, one year was enough to cure me and Ralph took the job the following summer. He claims now that he didn't mind the trail repair, but he is a botanist now and perhaps spent his trail days gawking at plants and bugs!

Not many years after my tenure of working for Stella, I heard my parents discussing the letter they had received. Stella regretfully would not be back as her health and agility were poor. That was about 60 years ago. May she rest in peace, a wonderful lady and her husband Bob was of like kind. We were blessed to have them as summer guests for many years. I wonder if the remnants of the sawdust pile are still there?

Summertime in the Belgrades

- Take It Outside –



Sign of the times: on an SUV with MA plates at The Mountain.

A lthough the calendar says summer has barely begun, it already seems to be flying by with lots going on with the various groups I work with, all under the shadow of the COVID-19 pandemic. I am inspired by the way various groups have used originality and technology to carry out their missions and still comply with the restrictions and social distancing of the governor's executive orders. As infection numbers have dropped and testing capacity has increased, there has been a careful and measured loosening of the restrictions in order to reopen the economy. In our county, restaurants and most businesses are open on at least a limited basis. Some of the summer camps and sporting camps are beginning to host clients. It is good to see our friends from away and people seem to be carefully complying with restrictions.

Among the many hats I wear, I chair the Advisory Board of The Maine Lakes Society, a state-wide nonprofit dedicated to protecting the health of Maine's lakes for future generations through sciencebased education, action, and policy (http://mainelakessociety.org/). Last week they held their 50th annual meeting, which is normally an all-day meeting of over 100 people, with multiple speakers on various aspects of Maine's lakes. This year they went virtual and the speakers each presented a weekly 45-minute webinar over the past couple of months, with the board elections and keynote at the end. Over 800 people attended one or more webinars and the talks are now available for viewing any time at: https://mainelakessociety.org/conferencearchive/. Check it out. I guarantee you will find something that piques your interest. Another group I work with, Lake Stewards of Maine is doing something similar with a series of weekly webinars on citizen science and water quality monitoring. Check out "Fridays at Four for Lakes" at https://www.lakestewardsofmaine.org/.

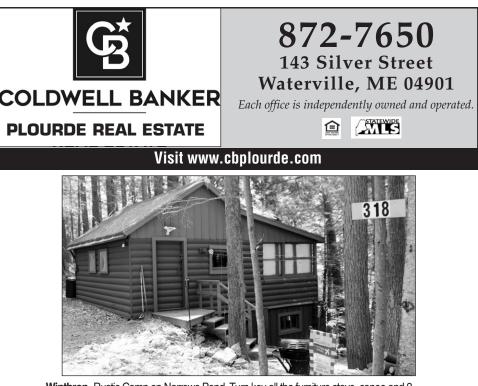
Mother Nature has continued to ignore the pandemic and provide a venue where people can relax and find a bit of sanctuary in the rela-

Summer Arrives

by Pete Kallin



Olivia (UNE) and Jake (Lawrence HS '20) at French Mountain



Winthrop- Rustic Camp on Narrows Pond. Turn key all the furniture stays, canoe and 2

tive safety of the outdoors. The lakes are continuing to warm, the palette of wildflowers and birds in the forests continue to change and the fishing remains good. I have continued to catch lots of big fish at sunrise as they cruise the shallows at the Sunfish Breakfast Buffet and many fishermen in Great Pond are catching lots of brown trout below 25 feet. Kids are swimming everywhere, including young Lily Johnstone, learning to swim under the watchful eyes of her grandparents, George and Judy. I recently hiked several 7-Lakes Alliance trails and met Jake celebrating his recent graduation from Lawrence High with his friend, Olivia, who graduated last year and is now a student at UNE. Jake has been hiking French Mountain since he was 5 or 6.

This area offers some great outdoor recreation, whether you like to hike, bike, birdwatch, fish, sail, or paddle a canoe or kayak. Pick up a map of the local trails at Day's Store or from the 7-LA at the Maine Lakes Resource Center (MLRC). There are scheduled webinars on

Continued on page 15....

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MIFF Presents Maine Shorts

By Gregor Smith

old Aably slimmed down, an important element of the festival remains. The festival will be presenting a new batch of Maine Shorts, recently made short films that are all directed by Mainers, set in Maine, or shot in Maine. Collectively, the eight films, comprising two documentaries and six works of fiction and averaging 8_ minutes in length, represent the best of new Maine filmmaking.

One can see the Maine Shorts at the Skowhegan Drive-In on the second night of the festival, Wednesday, July 8, starting at 8:45, for \$10. Starting on July 9, one can also watch all eight online and on demand for the rest of the

festival. For more information, go to www.miff.org.

One of the shorts will be of particular interest to local residents. In "Meridians," David Gulak, one of three founders of the eponymous restaurant and gourmet food shop on Main Street in Fairfield, shares his vision for a local food economy, in which food is grown or raised in the same region where it is consumed. At Meridians, 85% to 90% of the food sold is sourced locally, and at any given time, the store is buying from 75 to 100 local producers, most within 20 miles. There are challenges to buying locally, however: For example, the menu for restaurant has to vary from week to week according to what ingredients are available at the time. (At this writing, the restaurant was closed due to COVID-19, but the shop was open for both in-store shopping and curbside pickup.)

The five-minute film was made by Ronan Schwarz and Joey Searle, both riencing real, or is it just a realistic nightmare? You can decide for yourself._ members of Colby College's Class of 2020.

This year's other documentary, "Shoulder Season," takes a light-hearted look at an adult, coed, recreational dodgeball league organized by the YMCA in Rockland. In a statement on the website of the Maine College of Art (MCA), director Halle Johns explains, "Before attending Salt Institute of Documentary Studies [at MCA in Portland], I lived in the Midcoast and played in the league on a team called Hard Knox. I never got over how special it was that this rec league was able to pull so many people out of the woodwork, especially in the dreariest months of the year.... Dodgeball kind of united people in the area whose lives don't usually converge, and I like the idea of coming together and celebrating a shared experience on screen."

The first of the fictional films also takes place on the coast. In "The Bold Coast," director Camille Howard plays Penny, a young woman, who dissatisfied with her life and having heard news reports of other women having become mermaids, decides to walk into the ocean and become one herself. This decision is supported, but not entirely understood, by her mother (Elizabeth Lawley) and her best friend (Faith Kelly).

On her website, the director states, "When working in a fictional space, I



Ithough this year's Maine International Film Festival has been consider- use elements of magical realism and silliness to create spaces where big feelings can be felt. I make films about Love, whether between partners, sisters, or people with their places. My most recent fiction film, 'The Bold Coast,' contains all this, as well as mermaids."

> The next film also has an element of the unreal, in the form of a "muse" who is not physically present but very much in the mind of the lead character. With its title taken from the prologue of Shakespeare's Henry V, "Oh For a Muse of Fire" follows struggling, New York City actress Laura (Laura Darrell) as she retreats to her aunt's lake house in Maine to sort out her life and her career.

Initially taunted by her muse (Julian Elfer) as she tries novel writing,

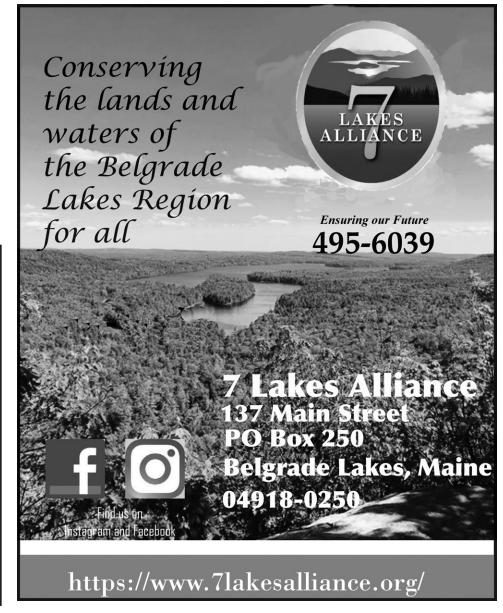
painting, and ukulele playing, Laura resolves to overcome her insecurities, taking inspiration from a passage from a speech in Paris by Theodore Roosevelt: "It is not the critic who counts....The credit belongs to the man who is actually in the arena,...who, at the best, knows...the triumph of high achievement, and who, at the worst...fails while daring greatly ... " Filmed mainly on and around Moosehead lake, director Peter Rohan's opus has the the best scenery of any of this year's shorts.

The four remaining shorts, all works of fiction, are described below:

• In "The Caller," directed by Thomas Barzilay Freund, a young man (Cirque Gammelin) is stalked by a nocturnal visitor. Is what he is expe-

 In "Felix the Robot," directed by Joseph Ahern and shot in black and white on location in Portland, Larry (Oliver Rhodes) is the caretaker for his brother Felix (John Shelley), who, in a sinister government experiment, has had his human brain replaced with a robotic one that is now failing. Once a proficient soldier, Felix now dreams of becoming a karaoke singer.

• Directed by Gordon LePage and filmed in stop-motion animation, "Say Continued on page 10....





David Gulak

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A Focused Watershed Group Helps!

By Dale Finseth

Lepeating, that active community groups, such as watershed groups are an essential part of protecting water quality. The level of expertise that exists in a watershed group and the effective manner in which they can on bigger projects to protect water quality.

communicate it to their neighbors is a great way to educate the people who live around and use a lake, pond or stream. It also serves as an excellent way to introduce new ideas for how to protect water quality and sometimes provides a way to change misguided or erroneous beliefs or practices.

Neighbors are often the best way to learn about problems you may be having on your property, ways to address that problem and resources for technical assistance. With the additional

assistance of an active watershed association or even a more local camp road association others can gain guidance when you have questions about how to identify a problem, address the issue or where to seek other more useful advice.

What is a "watershed group" or Watershed Association? Some are more formal than others. Some are more expansive and focus their efforts on entire watershed systems. They are composed of people from all walks of life and they share the desire to do the right thing for their watershed and the water quality of the stream, pond or lake. use, but they tend to agree on the goal.

Folks want to do the right thing but don't always know what that "right thing" is. This holds true with watershed conservation. Most people have good intentions and would not knowingly harm water resources, particularly if they happen to live near a lake or pond. The bottom line is good water quality is good for the recreation and it is good for protecting your asset. Even if one's conservation motivations are a bit self-serving, conservation actions still benefit everybody. It's a win-win situation. By using good conservation practices on the land, one is doing what's right for the land, for water quality and in the long run, for your real estate values.

ve talked about it before, and it bears buffers, using Erosion Control Mulch, or stormwater management. Or they may seek more elaborae ways to address issues like a gravel road management plan. That sometimes includes hiring a consultant or taking



Before any of these larger projects might be addressed, it is necessary to first identify the extent of the problem. In the Belgrade area folks have an opportunity to take part in helping to identify where some of the sites needing assistance are located. There is an opportunity to help with the upcoming Long Pond watershed survey scheduled for September 22nd and 23rd. For more information check the BLA website or directly contact the BLA at 512-5150 or info@BLAmaine.org Take the opportunity to help protect the future of one of your lakes i.e. Long Pond.

Watershed groups like an Association or They do not always agree on the methods to even a camp road group can pool their resources, landowners can take action as a group or undertake tasks that require larger amounts of manpower or money. They also make it easier to take advantage of professional assistance/expertise or financial help. By using the Association, individuals are able to find answers to the question: "What is the right thing to do here?" Lake associations are able to do important things for their watersheds. This is due in no small part to the fact that they are made up of people who care about the resource and want to see it taken care of properly. That feature alone can make all the difference between good work out there - you know who you active conservation and environmental are. We'll follow your lead. degradation. As people in the area see good things happening, it generates more and protect water quality.





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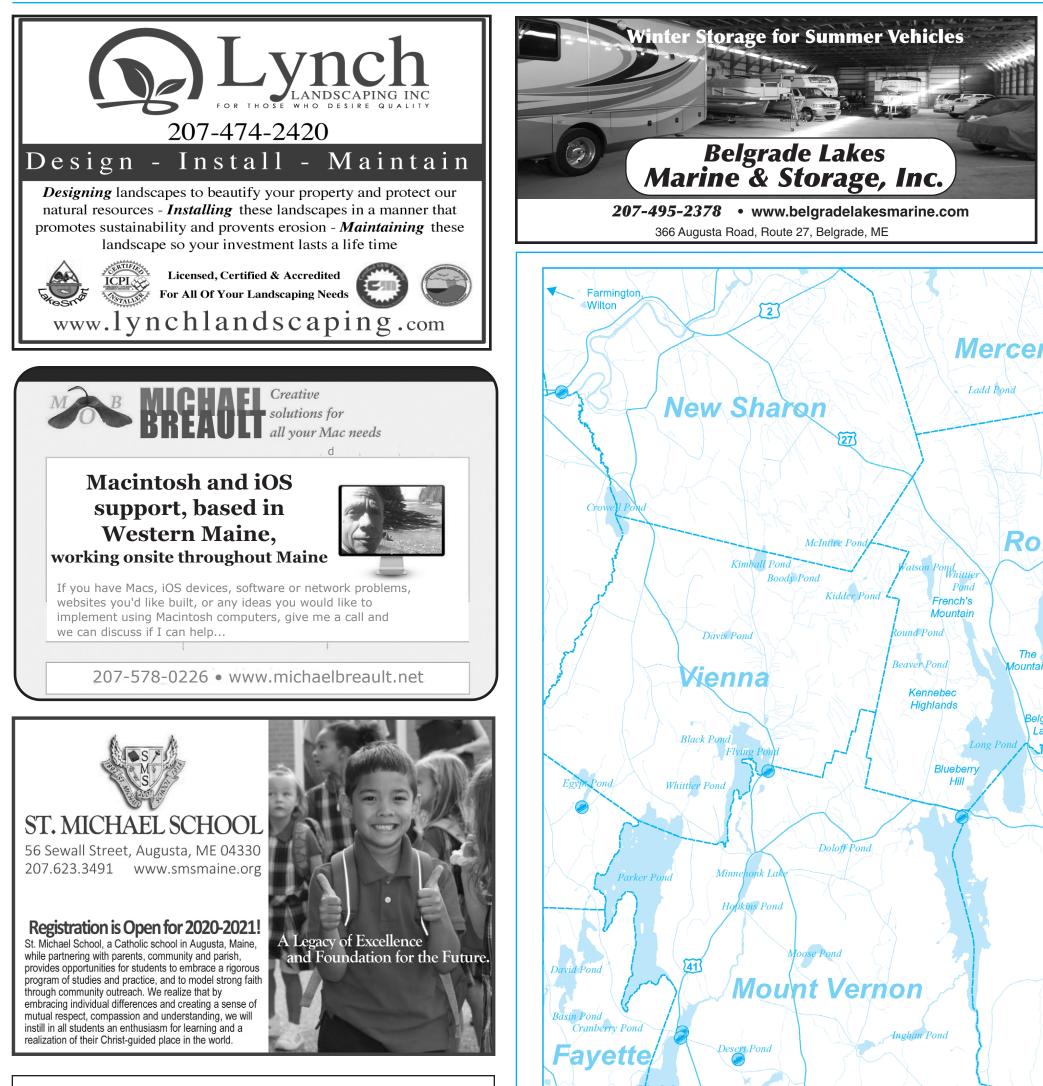
Depending on the extent of the group and its resources they may focus on simpler practices used by individual landowners i.e.

more interest and support. Volunteerism works and the spirit of community stays alive For information about any of our conservation when it is fed by new energy. So keep up the

Remember, there is a lot to do in order to

projects please contact Dale Finseth at 622-7847, *x* 3 or check our website at www.kcswcd.org







8

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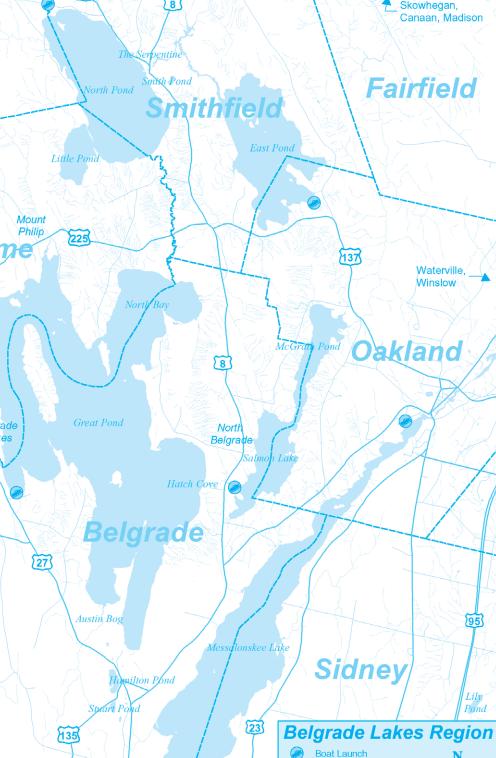
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- Dock Installations
- Jacking

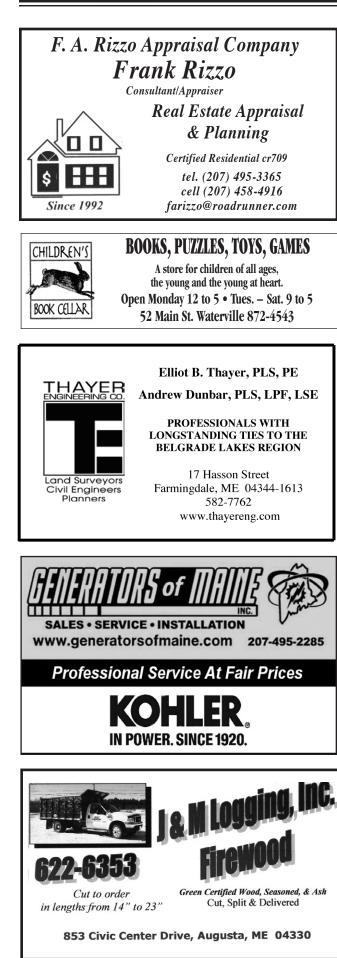


www.gandlcontractingmaine.com



Lift Services Serving: Great and Long Pond, Messalonskee, and Cobbossee





...MIFF continued from page 6

Cheese" is the whimsical tale of a bored girl at an art auction, who at the behest of a group of mice, helps them rescue a sad-looking colleague bound to a table made of cheese in one of the works that

Notebook

Fireworks: State Laws for Consumer Fireworks

• Notwithstanding town ordinances, there are Maine state laws fireworks users must follow:

- Fireworks are permitted only between the hours of 9 am and 10 pm, except on the 4th of July and New Year's Eve and the weekends immediately before and after those holidays when the hours are from 9 am to 12:30 am.

- Fireworks are permitted only on the user's own property or on the property of a person who has consented to the use of consumer fireworks on that property.

- A person under 21 years of age may not purchase, use or possess consumer fireworks within the state of Maine.

Also, please be considerate of the people, especially young children and people who get up early to work, and pets where fireworks are being used.

Work Zone Safety

• An average of 500 crashes occur each year in Maine work zones, resulting in several fatalities and 200 injuries. Workers in these areas are vulnerable to serious injury, as are vehicle occupants. To keep Work Zones safe:

- Slow down - drive at the posted work zone speed

- Pay attention

required

- Maintain a safe following distance

- Stay calm and be patient if there are traffic delays

- Remember to always wear your safety belt

Summer Dog Registration!

• Dogs that are staying in Maine for 10 days or more must be registered under Maine State Law. Re-registration may be done online or via mail, but the initial registration must be done at a Town Office. Proof of rabies and neuter/spay are required. Dogs that are neutered/spayed are \$6; dogs that aren't are \$11. Maine takes dog registrations seriously because of the possibility of a rabies outbreak.

50th Anniversary of Allagash Wilderness Waterway

• July 2020 marks the 50th anniversary of the Allagash Wilderness Waterway's federal designation as "wild and scenic." August is the 20th anniversary of Maine's Ecological Reserve System. They are some of the last remaining state lands that embody the wilderness spirit and will be honored throughout the summer by the Natural Resources Council of Maine celebration of the importance of wilderness. According to the NRCM those who enjoy spending time in wilderness know that immersive experiences in nature nurture the soul. Nature also provides a multitude of other life-sustaining goods and services that benefit everyone. A biodiverse, healthy ecosystem is also more resilient to climate change. 287-2345

Camp Tracy Alumni **Providing Scholarships**

• Alumni of Camp Tracy on McGrath Pond in Oakland are ready to help children afford camp this summer by offering partial or full scholarships for weeks 6-10. The deadline for applications is Tuesday, June 30. Send completed applications to CampTracyAlumni@gmail.com or Will Barlock, 267 Concord Street West, Portland, ME 04103.

Lake Stewards of Maine **Offers Webinar Series**

• In lieu of the Annual Lake Monitoring - Merge as soon as safely possible when Conference, Lake Stewards of Maine - Volunteer Lake Monitoring program will be hosting a series of weekly informational webinars through August. The sessions will be one hour and will allow for Q&A. Pre-registration is required. The live webinars will take place at 4 pm on Fridays. stewards@lakestewardsme.org

ArtGusta Strikes Again

• Kris Markvich, a nationally recognized artist from California, recently painted a beautiful mural on Commercial Street in Augusta. Over the same weekend volunteers painted all of the steps on Commercial Street colors that complement the mural, along with a quote about hope by Stephen King. In honor of the new mural friends and sponsors are offering a contest - a community-wide game to see how many Augusta/Eye/Smart Eye Care/Downtown refer ences can be identified on the new mural. info@augustadowntown.com

is about to be auctioned.

• Finally, "The Space Between Words" depicts an elderly husband and wife, played by unnamed actors wearing oversized paper maché heads, going about their daily chores on their lakeside farm on a day in late fall or early spring. Directed by M. Stanford Campbell and filmed in stopmotion animation, this wordless meditation on rural life takes on sinister overtones when the wife starts seeing her husband's face in a pail of milk, eggs in a basket, and sheets on the clothesline.

Please note that the order in which the shorts are described in this article is not necessarily the order in which they will be shown. The running order was not available at press time. -

2020 Maine Books Challenge

• Educate Maine is leading an initiative to provide students with books while supporting local bookstores. To support the program, cards may be purchased at one of Maine's independent bookstores. Every \$10 donation provides a book for a Maine student. Every donation will be matched by the Law Offices of Joe Bornstein up to \$5,000. A \$5,000 donation can support 1,500 books for 500 students. Books will be distributed to students directly through their schools and at local meal sites throughout the summer. katherine@educatemaine.org.

7 Lakes Alliance Schedules **Program On Frogs**

• A webinar program on frogs with Maine Master Naturalist and Wildlife Photographer Paul Powers will be presented on Wednesday, June 26, 6-7 pm by the 7 Lakes Alliance in Belgrade Lakes. He will explore Maine's native frog species and the vital role they play in the stability of the natural ecosystems. For more information contact info@7lakesalliance.org





- Dining

Augusta

• Riverfront Barbeque & Grille and Gin Mill Lounge, world class barbeque, seafood, pasta and vegetarian entrees, full service dining, catering, bulk take out, 300 Water Street, Augusta, www.riverfrontbbq.com, 622-8899

Belgrade

H.J Blake's for Goodness Sake's, fresh, homemade, tasty take out, signature lobster rolls, hot dogs, burgers, scenic outdoor seating, 945 West Road, Belgrade, 462-2280

• Winterberry Farm Café, homemade treats, pie, cookies, granola bars, grilled organic cheese sandwiches, veggies, drinks, 538 Augusta Rd, (Route 27), Belgrade, 649-3331

Waterville

• Pete's Pig, barbecue, catering, carry out, limited dining, 35 Water Street, Waterville, www.petespig.com, 616-0969

Oakland - Wines & Spirits

• Tree Spirits, tasting room for award winning wines and spirits made from local apples, pears and maple syrup, tours available, 152 Fairfield Street, Oakland,

www.treespiritsofmaine.com, 861-2723 or 465-3007

— The Small Garden Guide –

Belgrade Lakes Farmers' Market Now Open





m Uits 17th season on Sunday, June 21, 8 am-1 you can visit the website - www.belgradepm and will continue until mid-September. lakesmarket or call the market manager at Located at the 7 Lakes Alliance property on 397-4214. Main Street in Belgrade Lakes, the market layout will be designed for customers and vendors to be safe during the Covid-19 pandemic. The market will be following guidelines established by the Maine Department of Agriculture, Conservation and Forestry, including:

Delgrade Lakes Farmers' Market opened for for your patience. If you have any questions



June 29 - July 3 & July 27 - 31 signup online Ages 5-11 \$200.00

Belgrade's working family farm FARMSTORE & CAFÉ Open 7 days a week, 8am - 6pm Featuring all-organic products gro and produced here on the farm. 3 miles south of Belgrade Lakes Village on route 27.



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Good-Will Hinckley Trails and Kid's Kits

The Good-Will Hinckley trails are now re-opened and picnic tables are available for visitors. Soon the museum will have natural science "Kid's Kits" and activities to share with the community. These free kits will include booklets, supplies and activity guides that will encourage learning at home. Some kits will be distributed through community programs. Contact the museum for information at: www.gwh.org or 238-4250.

- All vendors are required to wear face coverings - customers are asked to do likewise.

- Booths will be spaced to allow plenty of space for social distancing.

- Extra measures will be taken to keep booths, hands and products clean.

- Appropriate social distancing of other customers and vendors is requested.

The Belgrade Lakes Farmers' Market asks

Advertising in

Summertime in the

Belgrades really

works!

Call 207-495-3777

for rates

and information.



Amy Bernatchez Associate Broker

143 Silver Street, Waterville, ME 04901 Phone: 207-660-4010 (o) 207-314-2353 (c) email: abernatchez@cbplourde.com

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PLOURDE REAL ESTATE



-Business Directory-

ANTIQUES

12

Hathaway Mill Antiques, Multi-Dealer Emporium, 10 Water Street, Waterville, 877-0250, www.hathawaymillantiques.com

APPLE ORCHARDS The Apple Farm, 104 Back Road, Fairfield, 453-7656, www.applefarm.us

ARCHITECTURAL DESIGN LakeHouse Design, Build, Renovate, 17 Birchwood Road, Augusta, 242-3663. www.lakehousedesignbuildmaine.com houzz

ARTS

Waterville Creates, 10 Water Street, Suite 106, Waterville, 616-0292, www.watervillecreates.org

AUTOMOBILE STORAGE

Belgrade Lakes Marine and Storage, Inc, 366 Augusta Road, Belgrade, (Rte. 27), 495-2378, *www.belgradelakesmarine.com*

BANKING

Maine State Credit Union 200 Capitol Street, Augusta, 623-1851, *www.mainestatecu.org* Skowhegan Savings Bank, 450 Civic Center Drive, Route 27, Augusta, 1-800-303-9511, 623-2300, *www.skowsavings.com*

BEVERAGES

Tree Spirits, 152 Fairfield Street (Rte. 23), Oakland, 861-2723 or 465-3007, *www.treespiritsofmaine.com*

BOAT COVERS Covers It All Upholstery, 1042 Kennedy Memorial Dr, Oakland, 465-7847, www.coversitallupholstery.com

BOAT LIFTS

Hammond Lumber Company, at 21 locations: Auburn, Bangor, Bar Harbor, Belfast, Belgrade, Blue Hill, Boothbay Harbor, Brunswick, Bucksport, Calais, Camden, Cherryfield, Damariscotta, Ellsworth, Fairfield, Farmington, Greenville, Machias, Portland, Rockland,

BOAT SALES AND SERVICES

Mid-Maine Marine, 885 Kennedy Memorial Drive, Oakland, 465-2146, *www.midmainemarine.com*

BOAT STORAGE

Belgrade Boat Storage, 31 Pinkham's Cove Road, Belgrade, 495-3421, 314-3287 (cell), www.belgradeboatstorage.com Belgrade Lakes Marine and Storage, Inc, 366 Augusta Road, Belgrade, 495-2378, www.belgradelakesmarine.com Great Pond Marina, 25 Marina Drive, (off Rte. 27), Belgrade Lakes, 495-2213, www.greatpondmarina.com Mid-Maine Marine, 885 Kennedy Memorial Drive, Oakland, 465-2146, www.midmainemarine.com

BOOKS

Children's Book Cellar, 52 Main Street, Waterville, 872-4543, *www.facebook.com/ChildrensBook Cellar/* Oliver and Friends, Bookshop and Reading Room, 87 Main Street, Belgrade Lakes, 707-2123

BUILDERS

Craig's Carpentry/North Bay Estates, Route 8, North Belgrade, Craig Alexander, 649-3749 G&L Contracting, 116 Lakeshore Drive, Belgrade Lakes, 215-7951, 495-2325, 233-7408, gandlcontractingmaine.com Horne Construction, Seavey Corner Road, Mount Vernon, 293-2382, 242-6111 LakeHouse Design, Build, Renovations, 17 Birchwood Road, Augusta, 242-3663. 512-8161 https://www.houzz.com/pro/contact7917/lakehouse-designbuild

BUILDING MATERIALS

Hammond Lumber Company, at 21 locations: Auburn, Bangor, Bar Harbor, Belfast, Belgrade, Blue Hill, Boothbay Harbor, Brunswick, Bucksport, Calais, Camden, Cherryfield, Damariscotta, Ellsworth, Fairfield, Farmington, Greenville, Machias, Portland, Rockland, Skowhegan, 1-866-HAMMOND, www.hammondlumber.com

CAMP JACKING AND LEVELING

John Webster, 32 Webster Way, Belgrade, 495-2965

Drive, Belgrade Lakes, 495-2325, 215-7951, 233-7408, *gandlcontractingmaine.com*

Hammond Lumber Company, at 21 locations: Auburn, Bangor, Bar Harbor, Belfast, Belgrade, Blue Hill, Boothbay Harbor, Brunswick, Bucksport, Calais, Camden, Cherryfield, Damariscotta, Ellsworth, Fairfield, Farmington, Greenville, Machias, Portland, Rockland, Skowhegan, 1-866-HAMMOND, *www.hammondlumber.com*

ELDER CARE

Assistance Plus, 1604 Benton Avenue, Benton, 453-4708, www.assistanceplus.com Maine-ly Elder Care, 28 Center Street, Oakland, 465-3249, www.maine-lyeldercare.com

EXCAVATING

Belgrade Boat Storage, 31 Pinkham's Cove Road, Belgrade, 495-3421, 314-3287 (cell), *belgradeboatrentals.com* **David Stevens,** P0 Box 146, Belgrade, 465-3815, cell 314-0314

EYE CARE

Eye Care of Maine, 325 E. Kennedy Memorial Drive, Waterville, 873-2731, 1-800-660-3403, *www.Maine2020.com*

FARMSTANDS

Winterberry Farm, 538 Augusta Road, (Rte. 27), Belgrade, 649-3331, www.winterberryfarmstand.com

FINANCIAL PLANNING

Golden Pond Wealth Management, 129 Silver Street, Waterville, 873-2200, *www.goldenpondwealth.com*

FILMS

Maine International Film Festival, July 7-16, Skowhegan Drive-In Theater, 201 Waterville Road (Rte. 201), Skowhegan, ticket reservations - 861-8138, *miff.org*

FIREWOOD

J & M Logging, Inc. 853 Civic Center Drive, Augusta, 622-6353, *www.jmlogginginc.com*

FLOORING

Hammond Lumber Company, at 21 locations: Auburn, Bangor, Bar Harbor, Belfast, Belgrade, Blue Hill, Boothbay Harbor, Brunswick, Bucksport, Calais, Camden, Cherryfield, Damariscotta, Ellsworth, Fairfield, Farmington, Greenville, Machias, Portland, Rockland, Skowhegan, 1-866-HAMMOND, *www.hammondlumber.com*

Skowhegan, 1-866-HAMMOND, *www.hammondlumber.com*

BOAT MOORINGS

Great Pond Marina. 25 Marina Drive, (off Rte. 27), Belgrade Lakes, 495-2213, *www.greatpondmarina.com*

BOAT RENTALS

Castle Island Camps, Long Pond, 441 Castle Island Road, Belgrade Lakes, 495-3312, www.castleislandcamps.com Great Pond Marina, 25 Marina Drive, (off Rte. 27),

Belgrade Lakes, 495-2213, www.greatpondmarina.com

CIVIL ENGINEERS

Thayer Engineering septic design, storm water mitigation, permitting, 17 Hasson Street, Farmingdale, 582-7762, *www.thayereng.com*

COMPUTER CONSULTANTS

Macintosh Solutions, Michael Breault, 24 Welch Road, Wilton, cell 578-0226, *www.michaelbreault.net*

DINING

See Directory on page 11

DOCKS

G&L Contracting, installation only, 116 Lakeshore

GENERATORS

Generators of Maine, 262 Augusta Road (Rte. 27), Belgrade, 495-2285, *www.generatorsofmaine.com*

HOME CARE

Assistance Plus, 1604 Benton Avenue, Benton, 453-4708, *www.assistanceplus.com*

Maine-ly Elder Care, 28 Center Street, Oakland,

465-3249, www.maine-lyeldercare.com

Summertime in the Belgrades

JEWELRY

L.Tardif Jeweler, 62 Main St., Waterville, 872-7542, *ltardifjewelers.com*

KITCHENS

Hammond Lumber Company, at 21 locations: Auburn, Bangor, Bar Harbor, Belfast, Belgrade, Blue Hill, Boothbay Harbor, Brunswick, Bucksport, Calais, Camden, Cherryfield, Damariscotta, Ellsworth, Fairfield, Farmington, Greenville, Machias, Portland, Rockland, Skowhegan, 1-866-HAMMOND, *www.hammondlumber.com*

LAKE ASSOCIATIONS

Belgrade Lakes Association (BLA), Long Pond and Great Pond, PO Box 551, 137 Main Street, Belgrade Lakes, 512-5150, *belgradelakesassociation.org*

LAND AND LAKE CONSERVATION

7 Lakes Alliance, PO Box 250, 137 Main Street, Belgrade Lakes, 931-7710, *www.7lakesalliance.org*

LANDSCAPING

G&L Contracting, Belgrade Lakes, 215-7951, 495-2325, 233-7408, gandlcontractingmaine.com Lynch Landscaping, 78 Maple Street, Norridgewock, 474-2420, 405-0880, www.lynchlandscaping.com Paradis Landscape Construction, Sidney, 547-4867, jrparadis@paradislandscape.com

PHYSICAL THERAPY

Dockside Physical Therapy, 47 Main Street, Belgrade Lakes, 495-3195, 512-2544, Fax 512-2545

PIANO ENJOYMENT

Diane Gorman, 191B Bartlett Road, Belgrade, 495-3222

REAL ESTATE APPRAISALS AND PLANNING

F.A. Rizzo Appraisal Company, Consultant/Appraiser, Real Estate Appraisal & Planning, 495-3365, 458-4916 (cell), farizzo@roadrunner.com, Gorman3366@roadrunner.com"

REAL ESTATE DEVELOPMENTS North Bay Estates, Belgrade, 649-3749, crgsnbe@yahoo.com

REALTORS



The Dams Keeper Report

I know that this is already sounding like a broken record but we're into the beginnings of another drought. Belgrade has only received 0.16" of rain (actually drizzle) in the past eleven days. Not nearly enough replenishment for our ponds nor our gardens. With a lack of precipitation should be an increase in water quality/clarity due to the lack of phosphorous run-off but such is not the case this year. We are already seeing a heavy concentration of the blue-green algae, Gloeotrichia, which normally doesn't rear its ugly head until the water temperature is around 78F and up, not 66F which is where we are at today. I hope to report more on this in future columns.

As previously reported, Great Pond's Belgrade Village dam and Long Pond's Wings Mill dam have been completely shut down for four weeks now. Salmon/McGrath will continue to have it's one gate cracked just 3 turns to allow for the

Stephanie Yeaton, Lakepoint Real Estate, 495-4046, 592-5577, stephanie@belgradelakepoint.com Trisha Cheney, Lakepoint Real Estate, 716-6494, trisha@belgradelakepoint.com Sprague & Curtis Real Estate, 75 Western Avenue, Augusta, 623-1123, www.spragueandcurtis.com

RECREATIONAL VEHICLE AND TRAILER STORAGE

Belgrade Lakes Marine and Storage, Inc, 366 Augusta Road (Rte. 27), , Belgrade, 495-2378, www.belgradelakesmarine.com

RESERVATIONS

Belgrade Vacation Rentals, lakeside camp and cottage rentals throughout the area long and short stays many size accomodations ad rates, 1-800-760-1503, *www.belgradevacationrentals.com*

Lakeside Cottage Rentals, featuring over 70 private homes, 24/7 customer-friendly service, 25 Marina Drive, Belgrade Lakes, 592-5577 or 495-4046, *www.lcrentals.com* required 1cfs flow. As of this writing, Great Pond is now down 1" from full pond. Long Pond is now down 1.32" below full pond with Salmon/McGrath now at 4/10" below full pond. So, you can see that the lack of precipitation is beginning to have an effect already on our water levels with summer just starting to get underway. Remember that once the air temperature hits 80F and above we lose 3/10" a day due to evaporation so you can see why our water levels are of a concern.

But this is all for those volunteers on your Dams Committee to fret about. All you have to 'worry' about is do I put on spf 30 or 50? Do we go to into the Village before or after lunch?

The lake looks great and feels great at a perfect 80F. What's not to love! Enjoy the family, your vacation and this incredibly beautiful weather and please stay safe!

Dick Greenan

Secretary, Belgrade Lakes Watershed Dams Committee

Waterville, 453-9177, www.cayersecurity.com

SURVEYING

Acme Land Surveying, 108 Fairbanks Road, Suite 5, Farmington, 778-408, 1800-778-408, www.acmelandsurveying.com

TREE REMOVAL

Paradis Landscape Construction, Tree Service, 3675 Middle Road, Sidney, 547-4867

WINDOWS

Hammond Lumber Company, at 21 locations: Auburn, Bangor, Bar Harbor, Belfast, Belgrade, Blue Hill, Boothbay Harbor, Brunswick, Bucksport, Calais, Camden, Cherryfield, Damariscotta, Ellsworth, Fairfield, Farmington, Greenville, Machias, Portland, Rockland, Skowhegan, 1-866-HAMMOND, *www.hammondlumber.com*

WINE AND SPIRITS

Tree Spirits, 152 Fairfield Street, Route 23, Oakland, 861-

Coldwell Banker Plourde Real Estate, 143 Silver Street, Waterville, 660-4001, 872-7650, *www.coldwellbanker.com* Amy Bernatchez, Coldwell Banker Plourde Real

Estate, 143 Silver Street, Waterville, 314-2353, *abernatchez@cbplourde.com*

LakeHome Group, 75 Main Street, Belgrade Lakes, 495-2500, www.lakehomegroup.com

Lakepoint Real Estate, 221 Main Street, Belgrade Lakes, 495-3700, www.belgradelakepoint.com Gail Rizzo, Lakepoint Real Estate, 242-8199, gail@gailrizzo.com

Pat Donahue, Lakepoint Real Estate, 730-2331, pldcamp@msn.com

RESTAURANTS

See Dining Directory on page 11

RETIREMENT COMMUNITIES

Granite Hill Estates, 60 Balsam Drive, Hallowell, 626-7786, 1-888-321-1119, *www.granitehillestates.com*

SCHOOLS

St. Michael School, grades pre-K 3-year-old through 8th, 56 Sewell Street, Augusta, 623-3491, *www.smsmaine.org*

SECURITY SYSTEMS

Cayer Security Services, Inc, 208 College Avenue,



Changes?

Updates?

New contact information?

Please let us know...

mo.breault@gmail.com

or ebelnews@earthlink.net



Settled in the Wild, "Notes from the Edge of Town" by Susan Hand Shetterly

As we were doing the laundry in Thomaston, I had to escape the hot building for the breezes on Main Street to discover and enter The Personal Book Shop, "Where Art & Spirit Meet". Resident cat and owner welcomed me, and, of course, I bought a book. This was way back in 2010.

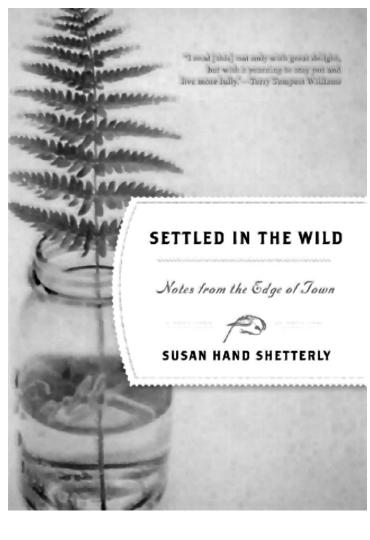
Much to my surprise, I found the very same title in our Belgrade Public Library May 2019 and quickly checked it out. Rereading the author's immersion in the out of doors helped me to adjust to my summer home on the lake after a long winter away. It always seems so quiet here. Susan Hand Shetterly notes the same stillness around her coastal home near the mudflats and marshes in Prospect Harbor and Surry.

The cricket bites caught my attention upon first reading her book telling of experiences with her children. Yes, a finger was bleeding: first the child's and then the unbelieving parent's finger.

When I perused this little book a second time years later, I was caught up in her descriptions of birding and fishing. "Distracted by the song of a veery, my neighbor Hugh turned away to listen to the full-

throated music coming through the trees: a bar of downward-slanting, burry notes that ended down again. A rhapsody of musical hills and val-

by Martha F. Barkley



leys, of rises and dips. The song stopped him in his tracks."

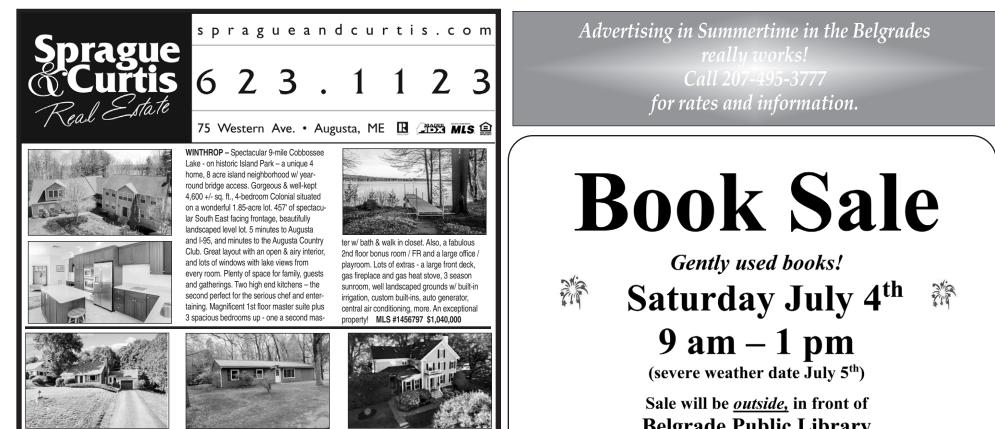
Exactly, that is what I hear in the evenings, birdsong from the deep woods and near the horses grazing. So often I have tried to describe the veery song and failed. Shetterly has finally done it for me!

Often when I am barely awake and making coffee in the kitchen, I hear the fishermen's low murmurs on their boat by our rocky shoreline. I look out the big diningroom window and there they are once again. Got to catch that big one in our deep water every summer, here! Shetterly writes about alewives that used to grow over a foot long in a fast stream near her home.

"Ospreys coast back and forth...One draws it's wings in, tilts, and drops. It rakes it's talons into the water with a quick punch. Then the bird lifts, hovering as it adjusts the thrashing slick body of a fish...". Birding and fishing like here at the lake. This writer helps me to attune myself once more to the beauty surrounding our summer home in the Belgrades.

I agree with Lynne Cox's blurb on the back cover: "What a beautiful little book. It reads like you're listening to water flowing over

stones. Shetterly writes with great detail and understanding, and you feel immersed in her world.



HALLOWELL–3 BR, 2 BA home in desirable Hallowell. Lots to offer, inc. a Granite Kitchen, hardwood floors, vaulted ceiling sunroom, spacious deck, partially finished basement, etc. Lovely landscaped lot, convenient to downtown Hallowell. MLS # 1455891 \$299,900 AUGUSTA – Ranch style home with 3-5 BR, 1 full BA, 1,296 SF, laminate flooring, FHA heat, gas range, open concept living area, freshly painted kitchen cabinets, vinyl windows, laundry area, new hot water tank, one floor living, metal roof, 2 driveways, . 51 acre lot. MLS #1452615 \$144,900

AUGUSTA – The Ham-Nason-Swift home C. 1835. A historical and charming 4-5 BR, 2-5 bath Winthrop Street home. A gracious layout with lovely formal DR and impressive double LR wfireplace. Formal entry, kitchen w/adjoining FR, mudroom/entry w/half BA. 2nd floor features 5 BR w/2 BA. Walk up attic for storage, 2 car detached garage w/2nd floor storage, full unfinished basement with bulkhead. MLS #1456371 \$279,000



MANCHESTER-BColonial style home on Pond Road. Great floor plan with front to back living room with brick fireplace. South facing sur room with lots of glass; applianced kitchen includes a wine refrigerator and separate dining room. 3 BR, 1 1/2 BA. Most rooms have oak hardwood floors. Full attic. Basement level has a cozy family room with second fireplace that has a wood-stove ins ert for cold winter nights. Attached garage with workshop in the back. MLS#1456305 5259,000



WINTHROP-Stunning home. Offering approx 5300 SF of sprawling living space. Privacy galore on over 10 acres. Custom kitchen, open concept LR & DR. Brazilian cherry floors. Lovely patio overlooks the fields and woods beyond. 1st floormaster suite, upstairs w/additional bedrooms and bath. Separate entry to an in-law apartment or guest area situated over the garage. MLS #1455965 \$547,000



WINTHROP – Spacious 2 story colonial style in the heart of Winthrop. Walking distance to downtown, the library and beach. Up to 4 BR, 3 BA. The Town of Winthrop calls the property a single family but it appears it has been used as a two unit as there are 2 kitchens and separate entrances. Please check with Winthrop Code office if you wish to use as a two unit. Attached barn/shed. MLS #1456073 \$79,900 Belgrade Public Library 124 Depot Rd, Belgrade

YOUR HEALTH IS IMPORTANT TO US: <u>MASKS COVERING</u> <u>NOSE AND MOUTH REQUIRED</u>. <u>NO</u> exceptions - this is a privately sponsored event. <u>NO</u> Food available. <u>NO</u> toilet facilities available. Only 30 people allowed in sales area at a time. Shoppers allowed no more than 30 minutes each. Upon arrival, entry numbers will be given so people can wait in cars. Park along street by ball fields <u>NOT</u> in front of homes. *We are doing our best during these challenging times and hope you understand. For information, call 649-4238.*





Sponsored by: The Friends of the Belgrade Public Library



Not a Shopper? That's Not a Stopper

Who wants to drive around and look at properties on beautiful lakes and overlooks or in quiet towns and visualize how ideal each setting is for prospective buyers who have just that type of property in mind?

Real estate folks do, that's who. Owners, brokers and employees in real estate in this amazing lake region have lived, worked, raised children, helped parents retire, enjoyed the full range of activities in the area and supported the full range of businesses, schools, camps and community resources. Some of them are locals with a lifetime of familiarity with the region, some are longterm "new" residents with years of

settling in under their belts and some are recent arrivals, here for many of the same reasons that bring buyers to the area today.

But all of them are familiar with the lay of land, the lakes, the communities and know the similarities and the distinctions - even the small ones that make a big difference. In addition to knowing the answers to prospective buyer questions, they are a community that can find the answers unique to each buyer's search.

Be a visitor to the area, be a guest, but don't let not being a shopper stop you. Enjoy vacation time or even just a quick break in this beautiful region and let your real estate representatives pursue the search.

... Take it Outside continued from page 5

Great Pond Water Quality (Jul 1), Invasive Milfoil (Jul 17), and a Plant Paddle planned for North Pond (Jul 20). Keep an eye on the sign in front of the MLRC and check the 7-LA web site (https://www.7lake salliance.org/) and Facebook page for further updates. And make sure you take a kid along on your next outdoor adventure!

Dick Greenan, AKA "Dam Keeper," with nice pike from Messalonskee.





18" largemouth bass caught at the Sunfish Breakfast Buffet.



Plan a vist to the Fairview Grange grounds on North Pond in Smithfield to view the display of shorefront Best Management Practices.

Growing and Protecting Family Treasures for 30 Years





George and Judy Johnstone watching son, Joshua and granddaughter, Lily.

Please call or email us to start a conversation 207-873-2200 • info@goldenpondwealth.com

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