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# 4th National Community Impact Assessment Workshop, August 21-26, 2004 : Optional Group Activities

Maine Department of Transportation

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#### 4th National

## Community Impact Assessment Workshop

August 21 - 26, 2004

#### OPTIONAL GROUP ACTIVITIES - Rain or Shine

#### <u>Saturday, August 21, 2004 ~ Sea Kayaking</u>

Cost \$65.00 /13 & Older \$50.00 /12 & Under

A Waiver and Release of Liability must be signed prior to departure.



Seaspray Kayaking has set up an exciting opportunity for our group to enjoy Sea Kayaking on the beautiful coast of Maine during our stay in Portland! No experience is necessary. Participants can choose between two scheduled Guided Tours.

Maine Guides from Seaspray Kayaking will provide instruction, equipment, a guided tour and a snack & drink for each individual. Sea Kayaks are very stable and will be equipped with rudders, allowing beginners the option of steering with their feet. It is usually very comfortable paddling on the Coast of Maine, although we do recommend bringing a fleece top and/or windbreaker. The tours will be a relaxed paddle for all ages

and levels. We will stop on an island or beach for a break, snack and possible swim.

The number of participants is limited. Please indicate on the registration form the preferred time, solo or two person kayak, and your size for the Lifejacket/Wetsuit.

Meet in Hotel Lobby Depart: 9:00 am Arrive: 2:00 pm Depart: 12:30 pm Arrive: 6:00 pm

#### Sunday, August 22, 2004 ~ Golf Challenge

Eighteen holes of championship golf surrounded by woods and ponds, with soft fair-ways and gently rolling, manicured greens. Includes cart.

Please indicate on the registration form the preferred time and names of those you wish to tee off with, if known; otherwise teams will be assigned.

Tee times will be posted in Hotel Lobby.

#### Cost \$65.00/person



Cost \$ 20.00/Person

#### Monday, August 23, 2004 ~ Shopping in Freeport

Freeport is a beautiful coastal Maine village with over 170 upscale outlets, designer shops, eclectic boutiques, B&B's, hotels, fantastic restaurants & casual cafes. Also, home to world-famous L.L.Bean.

Depart: 4:30 pm Arrive: 10:00 pm

