

... Serving the Central Maine Lakes & Kennebec River Corridor

-A Cider Mill Press Publication -

VOLUME 17, NUMBER 9

# The Terrific Tastes of Maine

by Esther J. Perne



Taste of Waterville

Pancake breakfasts, public suppers, a lobster bake!

This is the week of wonderful, unique and varied tastes - Maine tastes, celebration tastes, yes, wicked good tastes.

The leading Taste opportunity takes place on Wednesday, August 5 in downtown Waterville with a day-long celebration of food and fun (see write-up on page 19) which not only features an array of restaurants but also a variety of entertainers, vendors, sales, specials and street performances.

For other tastes throughout the area, let's start with bread. "Bread Has A Story to Tell," is the presentation of the keynote speaker at the two-day Kneading Conference in Skowhegan. Bread's story in Skowhegan involves a group of visionaries who saw a need to restore the region's lost grain economy, who transformed a former jail into the Somerset Grist Mill, and who have brought together the farmers, millers, bakers,

chefs, and wheat researchers at the workshops, demonstrations and tours of the Kneading Conference since 2007.

But that's not all. The Maine Artisan Bread Fair at the Skowhegan Fairgrounds on Saturday, August 1 is dedicated to Real Bread, features over 60 vendors and is free to the public.

If bread is the most central of staples in the world, beans are the food that fueled the loggers in Maine's hard, cold and death-defying river

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Continued from page 1



A pot of Bean Hole Beans at the Belgrade Fire Department fire pit.

drives when cooks would advance downriver a day ahead of the drivers and bury cast iron pots of beans in hot coals to cook overnight. Memorabilia on river drives is displayed at the Skowhegan History House while real bean hole beans will be available at two unique local festivities this weekend: on Friday, July 31 at the Smithfield Grange in celebration of Smithfield's 175th Anniversary and on Saturday, August 1 at the Center for All Seasons in Belgrade Lakes to raise funds for Belgrade Fire and Rescue. The Belgrade supper will be followed by the legendary Loon Calling Contest sponsored by Castle Island Camps.

Starting the day with a good breakfast is easy

to do on Saturday, August 1. A Pancake Breakfast, sponsored by the Smithfield Historical Society as part of Smithfield's 175 Anniversary celebration, will be served at the Smithfield Baptist Church from 7-10 am. Or, for those heading to the Central Maine Regional Airport Fly-In and Family Fun-Fest, breakfast will be available from 7-10:30 am.

Like barbecue and good music, too? The Air Force Strings with BBQ Picnic program will be presented on Friday, July 31 at the Bowl in the Pines at New England Music Camp in Sidney.

Finally, two unique splurges in taste! For a fine wine dinner, Riverside Restaurant in Oakland is offering a four-course Italian meal on



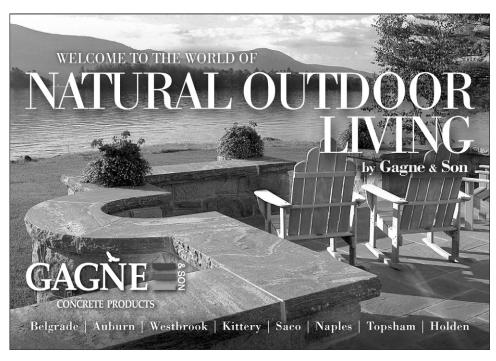
Mt Philip Grange cooks at a Monthly Bean Suppah! Thursday, July 30. And, on Friday, August 7, The Skowhegan Rotary Club is hold its 31st Annual Lobster Bake as part of the five-day Skowhegan River Fest.

Also, a splurge in taste, a "Wine and Dine" Event will be held on Tuesday, July 28 at the newly added Crostini's at A Rise And Shine Bed and Breakfast, the former Woolworth Estate in Monmouth.

While tasting, look for Maine's public suppers at local churches and granges, the agricultural fairs so popular at this time of year, and the festivals still to come.

And don't forget where it all begins on the farms (see article page 22) of Maine and where the best-tasting Maine food is for sale at the many Farmers' Markets, the farm stands and the roadside vendors - and in the produce section of local stores.

This is the week, and the month, and the year of wonderful, unique and varied tastes. Enjoy!







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# Summertime in the Belgrades

-- A Cider Mill Press Publication--

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# Smithfield's 175th Celebration!! Maine's Only Leap Year Town



North Pond Association will give shoreland conservation tours similar to the one given here by YCC Director Nathan Durant.

This summer join the town of Smithfield for a long weekend of wonder-▲ ful events! Friday, July 31, Fairview Grange #342 hosts a Bean Hole Bean Supper with all the fixin's and live music with Maine's own Blues Artist, Dave Mello accompanied by Smithfield's own, Kevin James! Free Family Fun throughout the day on Saturday August 1st including an award winning Magician-Stephan the Great!, 70 ft inflatable obstacle course, Bounce House, Free Cotton Candy and Sno Cones while they last, Free Balloon Twister, Free Face Painting, Antique Tractors & Motors, Classic Car Show, NPA and EPA will have LakeSmart and R U Buff Enough information, Buffer Plants, Arts & Crafts Fair in the Grange Hall featuring local artisans and concessions for sale, food specials at Smithfield Village Store and Smithfield Ice Cream Place, Fonzo's will sell concessions and Dollar Days for food at Sunset Camps, Sunbeam Roller Rink skating for a small donation, Dunk Tank, Pie in the Face Contest, Game Warden Christopher Roy, Elvis will even be crooning, meet SuCaya Farm alpacas, poetry night with Maine's Poet Laureate, Wesley McNair, Dance at the Grange with Shiloh Creek and so much more!! The fun doesn't stop there...on Sunday, August 2nd there will be an SVFD Fire Attack Demonstration at the fire station at 10 am and Smithfield Baptist Church will be hosting a special Sunday Service, Joyful Noise.

Don't miss Maine's Only Leap Year Town Parade Sunday the 2nd at 1:30! Shriners Go Karts, Clowns, Fire Trucks and Floats galore...so much more! It is not too late to enter a float in the contest! 4pm is the re-dedication of the Municipal Complex with guest speakers and cake! Find a 175th Celebration Official Program at local stores and town offices! Smithfield Town Office has Event Programs & many 175th commemorative items on sale: coins, mugs and books...stop by and grab yours before they are all gone!

Contact Parade Chairman Gary Bulmer: 207-399-3336 or Co- Chair 175th Committee, Jodie Mosher-Towle: 362-5533



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# Legacies

The Skowhegan Free Public Library and Margaret Chase Smith Library are pleased to offer a free book discussion series, The Gilded Age: A Tale of Today? This Maine Humanities Council Let's Talk About It program explores one of the most pivotal yet most overlooked eras of United States history, the last third of the nineteenth century, when the modern world of industry, urbanization, and mobility in which we live today first took shape.

The series will kick-off with a showing of the movie version of the Age of Innocence at 6 PM on August 3rd at the Margaret Chase Smith Library located at 56 Norridgewock Avenue in Skowhegan. Books will be available at the Skowhegan Free Public Library, but sessions will be held at the Margaret Chase Smith Library on the following Mondays at 6 PM.

**September 14, 2015**-The Age of Innocence by Edith Wharton

**October 5-**The Gilded Age by Mark Twain and Charles Dudley Warner

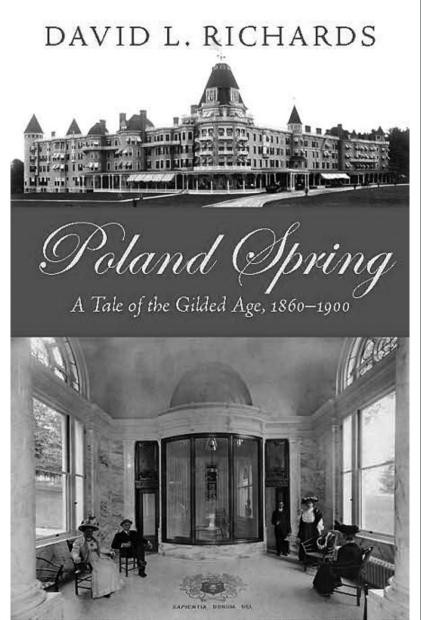
**November 2-**The Rise of Silas Lapham by William Dean Howells

**December 7-**The Devil in the White City by Erik Larson

**January 11, 2016**-Poland Spring: A Tale of the Gilded Age by David Richards.

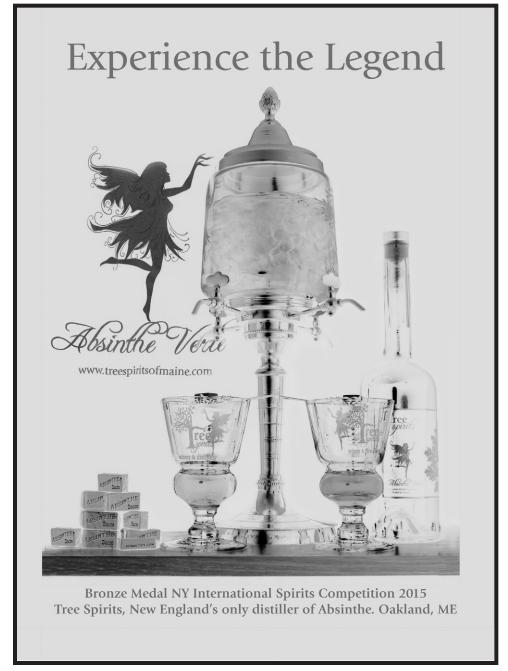
All the sessions will be led by David Richards, Director of the Margaret Chase Smith Library. For more details, feel free to contact him at 474-7133 or the Skowhegan Free Public Library at 474-9072.

### When the Modern World Took Shape











# -Conservation -

Inspections, a program that is the State of Maine's first line of defense in preventing invasive aquatic plants from entering bodies of water. The Friends of the Cobbossee Watershed's (Friends) CBI program is currently in its thirteenth year, employs over 20 area residents, and accounts for over 10% of Maine's boat inspections every year. The following story is a recent reminder of the success of this program, and of why we should all check our boats before they float.

On Friday, July 3, 2015, Sam Onion was on duty at the Wilson Pond Public Boat Launch in North Monmouth. During a routine boat inspection, Sam found an object between the boat and the trailer. Not sure whether the object was a plant or fibers from the trailer's carpet-like covering, Sam looked at the object more closely after the boat had launched and the boaters were on their way. Having been through plant identification training for his work on the Friends' Plant Survey team, Sam immediately recognized the plant's feather shaped divided leaves and the leaves' whorled attachment to the stem, which are both clear indicators of milfoil. The Friends' Plant Survey Coordinator Shannon Power's assessment of the plant's identification was confirmed by staff of the Maine Department of Environmental Protection's Invasive Aquatic Plant Program. The plant fragment that had

# "This is Why We CBI"

by Tamara Whitmore, Executive Director, Friends of the Cobbossee Watershed



Sam Onion on Wilson Pond

almost made its way into Wilson Pond was Eurasian Milfoil.

Eurasian Milfoil is non-native invasive milfoil, one of eight different milfoils found in the state of Maine, six of which are native and considered non-invasive. Variable-leaf milfoil is one of the non-native invasive milfoils and the State of Maine's most prevalent aquatic invasive, located in 39 water bodies, five of which are in the Cobbossee Watershed. While much less formidable looking than Variable-leaf Milfoil, Eurasian Milfoil is more feared as an invasive, as it is known to take over an ecosystem much faster than the Variable Leaf. Currently, only one water body in the state is known to be infested with Eurasian Milfoil - Pleasant Hill Pond near Portland.

So, where did the fragment that almost made it into Wilson Pond originate? Inspection protocol includes asking boaters to provide the last body of water in which their boat was located. The boat entering Wilson Pond on July 3 was last located in the Mystic River in Massachusetts. Follow-up research shows that the Mystic River not only has Eurasian Milfoil, but also includes infestations of Variable-leaf Milfoil, Water Chestnut and Common Reed, all invasive plants. Public attitude towards invasive aquatic plants is sometimes more lassiez-faire in other states than in Maine. With 6,000 lakes and ponds, and only 43 with known infestations of aquatic plants, as well as a robust tourism industry that depends upon pristine natural resources, Maine has everything to lose if we are not diligent in protecting our lakes against these invasive species.

The catch on Wilson Pond proves that the Courtesy Boat Inspection program does work. But what happens when inspectors are not on duty? The most critical part of the program is not actually the inspector doing the work, but the message that is getting to our resident and visiting boaters; it is crucial to check your vessel for hitchhiking plants every time, before you enter a water body and when you leave a water body, if not to protect yourself from the potential of receiving a hefty fine for transporting plants, then for the protection of the lakes, ponds and streams that we all enjoy.

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# Calendar Directory

#### TOWN BY TOWN...

GREAT VISITS, AWESOME OUTINGS – ART, MUSIC, CULTURE, HISTORY, RECREATION, FARMERS' MARKETS, TRAILS, SCENIC SITES, AND MORE...

#### AUGUSTA

- Viles Arboretum, 224 acres with 6 miles of year round walking trails, including art and sculpture trail, open dawn to dusk, Visitor Center open Monday-Friday, 9 am-4 pm, admission free, 626-7989, www.vilesarboretum.org, 153 Hospital Street
- Farmers' Market at the Arboretum, indoors, Friday 1-5 pm
- Art in the Capitol, Maine Arts Commission monthly self-guided exhibits in State House hallways (Mon-Fri 8 am-5 pm), Blaine House (call for times), and Maine Arts Commission Office (8:30am-4:30 pm), 287-6746, mainearts.maine.gov
- Children's Discovery Museum, CDM, hands-on displays, activities, Tuesday-Thursday 10 am-4 pm, Friday-Saturday 10 am-5 pm, Sunday 11 am-4 pm, admission, 622-2209, www.childrensdiscoverymuseum.org, 171 Capitol Street
- **Danforth Gallery**, Jewett Hall, art exhibits, UMA-1234, www.uma.edu
- Governor's Mansion, 1830 Blaine House, Tuesday-Thursday 2-4 pm, 287-2121, www.blainehouse.org, State Street
- Holocaust and Human Rights Center of Maine, Michael Klahr Center, Monday-Friday 8 am-4 pm, 621-3530, www.hhrc.uma.edu, University of Maine at Augusta, off Route 27
- **Kennebec Historical Society,** Wednesday-Friday 10 am-2 pm, 622-7718, *www.kennebechistorical.org*, 107 Winthrop Street
- Maine State Museum, Tuesday-Friday 9 am-5 pm, Saturday 10 am-4 pm, \$2 adults, \$1 ages 6-18, 287-2301, www.mainestatemuseum.org
- Maine State House, Hall of Flags, House and Senate Rooms, Klir Beck dioramas, Monday-Friday 8 am-5 pm, book tours at Maine State Museum, walk-ins welcome 9 am-1 pm, 287-5600, www.maine.gov, State Street
- Maine State Library, Monday-Saturday opens 9 am, 287-5600, www.maine.gov/msl/, State Street
- Museum in the Streets, walking/history tour, www.augustamaine.gov, Water Street/downtown.
- Old Fort Western, 1754 fort, house, store, 1-4 pm daily, admission \$6, 4-14 years \$4, 626-2385, www.oldfortwestern.org, Conv Street
- Riverfront Park, boat launch, Greenway Trail, playground, eastside Kennebec River
- **Kennebec River Rail Trailhead,** Maine State Housing Authority parking lot, 623-8162, *www.krrt.org*, Water Street
- **UMA Fitness Trail**, 2 miles of wooded trails, near Civic Center, Route 27
- Farmers' Market at Mill Park, Tuesday 2-6 pm, 626-2305, www.farmersmarketmillpark.org/, North Water Street
- Farmers' Market at Turnpike Mall, 549-5112, Wednesday and Saturday 10 am-1 pm, Western Avenue

### BELGRADE LAKES

- **Great Pond Mailboat**, 592-1537, Monday-Saturday 9 am, Post Office, Main St.
- **Spring Gallery**, cast bronze display at MLRC, 495-3113,

www.springgallerymaine.com, 137 Main Street

- The Belgrade Community Center for All Seasons, pool and lakefront, gym, playground, picnic area, rec programs, 495-3481, www.belgrademaine.com, 1 Center Drive
- Union Church Coffee House, check for schedule, 7:00 pm, \$5, 495-3599, www.unionchurchmaine.org, Main Street
- Belgrade Historical Society, 465-7924, belgradehistoricalsociety.org
- Farmers' Market, Sun 8 am-1 pm, 465-7058, www.belgradelakesfarmersmarket.org, Main Street
- Peninsula Park on Long Pond, picnic tables, Main Street
- Maine Lakes Resource Center, 512-5150, www.mainelakesresourcecenter.org, 137 Main Street

#### FAIRFIELD

- Fairfield Historical Society, 1890 Cotton-Smith History House, every Tuesday 9 am-12 noon and 1-4 pm and second Saturday of month, 453-2998, www.fairfieldmehistoricalsociety.net, 42 High Street
- Farmers' Market, 948-5724, Wednesday 2-6 pm, Saturday 9:30 am-1:30 pm, Nazarene Church parking lot, 81 Main Street

#### **FARMINGTON**

- Farmington Historical Society, Titcomb House Museum, 778-4275, Wednesday and Saturday, 11 am-2 pm, July-August, www.farmingtonhistory.org, 118 Academy Street
- Nordica Homestead Museum, opera singer Lillian Nordica costumes, jewelry, mementos, 778-2042, Tuesday-Saturday 10 am-12 noon and 1-5 pm, Sunday 1-5 pm, www.lilliannordica.com, 116 Nordica Lane, Holley Road
- Contra Dance, 491-9928, www.starleft.org 2nd Saturday of the month, all welcome, 6:30-7:30 pm family dance, 8-11 pm regular dance, admission, Grange Hall, Bridge Street, Route 43, West Farmington
- University of Maine campus and Arboretum, four walking tours with informal guide pamphlet to campus trees, 581-1541, www.umaine.edu/arboretum/, downtown
- Farmers' Market, 778-6602, Friday 9 am-2 pm, Better Living Center parking lot, Front Street; Saturday 8 am-12 noon, Main Street
- Meetinghouse Park and Gazebo, weekly concerts throughout summer, downtown
- Fairgrounds, events throughout summer, Franklin County Fair in September, High Street

### GARDINER

- Artdogs and Circling the Square Fine Art Press, Friday 1-5 pm, Saturday 10 am-4 pm, 582-6600, www.theartdogs.com, 275-277 Water Street
- Johnson Hall Performing Arts Center, 582-7144, www.johnsonhall.org 280 Water Street
- Monkitree, art exhibits, 512-4679, www.monkitree.com, Tuesday-Friday 10 am-6 pm, Saturday 12-6 pm, 263 Water Street
- **SpinOff Studio**, 588-7297, *spinoffstudio.org*, Monday-Friday 8:30 am-4:30 pm, 405 Water Street
- Farmers' Market, 512-8022, www.gardinerfarmersmarket.org, Wednesday 2-6 pm, rain or shine, The Common
- Kennebec River Rail Trail, 623-8162, www.krrt.org, access near Gardiner/Randolph Bridge, 6.5 miles to Augusta
- Waterfront Park, picnicking, events throughout summer, Kennebec River
- The Center for Maine Craft, 9 am-8 pm daily, 588-0021,

www.mainecrafts.org, West Gardiner Service Plaza, Route 126 off Routes 95 and 295

#### GREENE

• Araxine Wilkins Sawyer Memorial, free entertainment programs, monthly - Fri 2 and 7 pm, 946-5311, www.sawyer-foundation.com, 371 Sawyer Rd, off Rt 202

#### HALLOWELL

- Harlow Gallery, Kennebec Valley Art Association, 622-3813, www.harlowgallery.org Wed-Sat, 12-6 pm, 160 Water Street
- Gaslight Theater, 626-3698, www.gaslighttheater.org City Hall, 1 Winthrop Street
- Museum in the Streets, history/walking tour, www.historichallowell.org, downtown
- Farmers' Market, 622-1350, Sun 3-6 pm, Water Street
- Vaughn Woods, 166 acre park/trails/homestead, Middle Street
- Kennebec River Rail Trail, www.krrt.org, to Augusta, Farmingdale/Gardiner, Water Street
- Waterfront Park, North Water Street

#### HINCKLEY

• L.C. Bates Museum at Good Will-Hinckley School, early 20th century natural history and cultural exhibits, nature trails and camps, adults \$3, up to 17 years \$1, 238-4250, www.gwh.org Wednesday-Saturday 10 am-4:30 pm, Sunday 1-4:30 pm, Route 201

### KINGFIELD

- High Peaks Artisan Guild and Galleryc, local artwork and crafts, 245 Main St., Friday, Saturday and Sunday 11-5
- Ski Museum of Maine, 265-2023, www,skimusuemofmaine.org, 256 Main Street
- Stanley Museum, 265-2729, www.stanleymuseum.org, memorabilia/displays on photographs, violins and Stanley Steamers, Tuesday-Sunday 1-4 pm, 40 School Street

### LIVERMORE

• Washburn-Norlands Living History Center, 18th-19th century mansion/farmstead/schoolhouse, library, chapel, 897-4366, www.norlands.org, admission, living history tours Tuesday and Thursday 1-4 pm, 290 Norlands Road

### MADISON

- Lakewood Theater, Maine's Summer Theater, Young Performers Camp, 474-7176, www.lakewoodtheater.org, Route 201
- Skowhegan School of Painting and Sculpture, 474-9345, www.skowheganart.org, summer evening artists lecture series, East Madison Road

### Monmouth

- Monmouth Museum, local and regional Maine history, Wednesday-Sunday 1-4 pm, 933-2287, www.monmouthmuseuminc.org, 751 Main Street
- The Theater At Monmouth, The Shakespeare Theater of Maine, Cumston Hall, 933-9999, www.theateratmonmouth.org, Main Street

### MOUNT VERNON

- D.E.W Animal Kingdom, Zoo, 293-2837, 918 Pond Rd, Route 41
- Villages Market, farmers/crafters, Saturday 10 am-2 pm (start 6/29), next to Flying Pond Store, sharihamilton@gmail.com, Route 41



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**New Portland** 

• Wire Bridge, 1864, probably only wire suspension bridge in U.S., off Route 27

#### **NEW SHARON**

- Farmers' Market, Saturday 9 am-1 pm, Douin's Market, 491-9025, 150 Mercer Road, Routes 2/27
- New Sharon Historical Society, Saturday 1-3, Routes 778-4167, 2/27

#### Norridgewock

- Norridgewock Historical Society Museum, 1838 building, Saturday 10 am-1 pm, 634-5032, www.norridgewock.com, Mercer Road, Route 2
- Oosoola Park, picnic area, great playground, boat launch, on Kennebec River, Route 8

### OAKLAND

- Macartney House Museum, Oakland Area Historical Society, 465-7549, Wednesday 1:30-4:30 pm, 1815 home with antique furnishings and Oakland artifacts, 25 Main Street
- Town Parks, playground, picnic tables, swimming area, boat launch area, Belgrade Road on Lake Messalonskee and McGrath Pond Road on McGrath Lake
- Farmer's Market, Friday 2-6 pm, 465-3094, Pine Acres Parking Lot, 895 Kennedy Memorial Drive

### READFIELD

• Readfield Historical Society and Museum in 1853 schoolhouse, 685-4662, www.readfieldhistorical.org, Thursday and Saturday 10 am-2 pm or by appointment, Route 17, Readfield Depot

### **ROME**

- Mt. Philip Grange, suppers 3rd Sat of month, 4:30-6 pm, all you can eat beans, cornbread, rolls, chop suey, pies, Routes 135/225
- Trails: Mount Philip, Route 225; The Mountain, Route 27; French's Mountain and Kennebec Highlands, Watson Pond Road; for information call 495-6039 or visit www.belgradelakes.org; maps available at BRCA, 137 Main Street, Belgrade Lakes

### **SIDNEY**

- New England Music Camp, concerts free and open to the public, Bowl-in-the-Pines on Lake Messalonskee, 465-3025, www.nemusiccamp.com, 8 Goldenrod Lane, Route 23
- Sidney Historical Society, 724-8032, www.sidneyhistoricalsociety.org,2986 Middle Road
- Silver Spur Riding Club, horse shows, River Road, Route

### SKOWHEGAN

- Margaret Chase Smith Library, residence, home, museum exhibits, 474-7133, www.mcslibrary.org, free, Monday-Friday, 10 am-4 pm, 54 Norridgewock Ave.
- History House Museum, 1800s local history and culture, heirloom gardens, free, Tuesday-Saturday, 10 am-4 pm, 474-6632, www.skowheganhistoryhouse.org, 66 Elm Street
- Fairgrounds, weekly horse shows/competitions, free public

events, covered arena, Skowhegan State Fair in August, 474-3621, Madison Avenue, Route 201

• Farmers' Market, Wednesday 3-6 pm, Saturday 9 am-1 pm, weekly entertainment, 938-3906, Somerset Gristmill parking lot, downtown

#### **SMITHFIELD**

- Fairview Grange, 362-2791, Route 8
- Smithfield History Society "The Groves House," 634-4392, 21 Lakeview Drive
- Sunbeam Roller Rink, 362-4951, 830 Village Rd, Route 8
- Sunset Camps, public beach, 362-2611, www.sunsetcamps.com 834 Village Road, Route 8

### UNITY

• Unity College Centre for the Performing Arts, folk genre music, 568-3147, www.unitymaine.org, 42 Depot Street.

#### WATERVILLE

- Aqua City Actor's Theatre (ACAT), 873-7000, www.acattheatre.org. Waterville Opera House Studio Theater, Main Street
- Museum in the Streets, downtown history/walking tour, www.themuseuminthestreets.com/waterville.htm
- Head of Falls Park/Two Cent Bridge, historic foot bridge over Kennebec River connecting Waterville and Winslow, Front Street
- Common Street Arts, 872-2787, www.commonstreetarts.org, Wednesday-Saturday 12-6 pm, 16 Common Street
- Colby College Museum of Art, 859-5600, www.colby.edu/museum/Tuesday-Saturday 10 am-5 pm, Sunday 12-5 pm, free admission, Colby College Campus, Mayflower
- Colby College Special Collections, Miller Library, Monday-Friday 10 am-12 noon and 1-4 pm, free admission
- Thomas College Art Gallery, 180 West River Road
- Waterville Historical Society and Redington Museum, 1814 home and pharmacy, 872-9439, www.redingtonmuseum.org. Tuesday-Saturday tours at 10 and 11 am, 1 and 2 pm, 62 Silver
- Waterville Opera House, 873-7000, www.operahouse.com, 93 Main Street
- Farmers' Market, Thursday 2-6 pm, 680-2055, www.watervillefarmersmarket.org, The Concourse parking lot

### WAYNE

• Farmers' Market, 685-4657,

http://waynefarmersmarket.weebly.com, Saturday 9 am-noon, Town Green, at the Mill Pond, Main Street

### WILTON

• Wilton Farm & Home Museum, 645-2091, 645-4578, www.thewiltonfarmandhomemuseum.org, Saturday 1-4 pm or by appointment, 10 Canal Street

### WINSLOW

• Fort Halifax on the Kennebec River, historic fort tower, park, Route 201

### WINTHROP

- Norcross Park, playground, picnic site, boat launch on Maranacook Lake
- Farmers' Market, 446-2899, Tuesday and Saturday 9 am-1 pm, town office parking lot, 17 Highland Avenue





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### ASSOCIATIONS/GROUPS

### THE BELGRADES...

- East Pond Association, Smithfield/Oakland, www.eastpond.org
- North Pond Association, Smithfield/Rome/Mercer, www.northpond.net
- McGrath Pond/Salmon Lake Association (MPSLA), Belgrade/Oakland, PO Box 576, Oakland, 04963, 873-5285, www.mcgrathpond-salmonlake.org
- Great/Long Ponds: Belgrade Lakes Association (BLA), Belgrade/Rome/Mount Vernon, PO Box 551, 137 Main Street, Belgrade Lakes, 04918, 512-5150, www.belgradelakesassociation.com
- Friends of Messalonskee Lake Watershed, Oakland/Belgrade/Sidney, PO Box 532, Oakland, 04963, 465-4622, www.snowpond.org
- Belgrade Regional Conservation Alliance and BRCA Conservation Corps, PO Box 250, 137 Main Street, Belgrade Lakes, 04918, 495-6039, www.belgradelakes.org
- Belgrade Lakes Region Business Group (BLRBG), PO Box 518, Belgrade Lakes, 04917, 465-4915, www.belgradelakesmaine.com
- Maine Lakes Resource Center/Docks to Doorways, PO Box 431, 137 Main Street, Belgrade Lakes, 04918, 495-3617, 620-6029, www.mainelakesresourcecenter.org

### BEYOND...

- Friends of the Cobbossee Watershed, PO Box 5003, Augusta, 04332-5003, 621-4100, www.watershedfriends.com
- Franklin County Soil & Water Conservation District, 107 Park Street, Farmington 04938, 778-4279, www.franklincswcd.org
- Kennebec County Soil & Water Conservation District, 21 Enterprise Drive, Augusta 04330, 622-7847, ext. 3, www.kcswcd.org
- Somerset County Soil & Water Conservation District, 12 High Street, Skowhegan 04976, 474-8324, www.somersetswcd.org
- Kennebec Land Trust (KLT), PO Box 261, 331 Main Street, Winthrop, 04364, 377-2848, www.tklt.org
- Kennebec Messalonskee Trails, PO Box 2388, Waterville, 04903, 873-6443, www.kmtrails.org
- Kennebec River Rail Trail, PO Box 2195, Augusta, 04338, 623-8162, www.krrt.org
- 30 Mile River Watershed Association (30 MRWA), Kimball Pond in Vienna to the Androscoggin River, PO Box 132, Mt Vernon, 04352, 685-4956, www.30mileriver.org
- Maine Lakes Society, formerly Congress of Lake Associations, PO Box 447, 137 Main Street, Belgrade Lakes, 04918, 1-855-463-2652
- Central Maine chapter of the New England Mountain Bike Association (CeMeNEMBA), 441-6227,

www.cemenemba.org



Additions/Updates/Corrections: Please contact Summertime in the Belgrades, 495-3777, with changes to this Directory.

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### Calendar —

... Thursday 7/30 and Friday 7/31 - Kneading Conference, Keynote speaker Peter Reinhart "Bread Has A Story to Tell," workshops, tours, presentations, ovens, grains, events in the area, www.heartofmaine.org/kneading/, 947-6622, Fairgrounds, Skowhegan.

...Thursday 7/30 through Sunday 8/2 -Monmouth Fair, small family agricultural fair with midway, animal exhibits, crafts, pulling events, www.monmouthgrows.com/monmouthfair, off Route 202, Monmouth.

...Thursday 7/30 through Saturday 7/31 – "The Real Inspector Hound," preview Thursday, opening Friday, 933-9999, Cumston Hall, Theater At Monmouth.

...Wednesday 7/29 through Saturday 8/1 -"Damn Yankees," 474-7176, Lakewood Theater, Route 201, Madison.

...Friday 7/31 through Sunday 8/2 - Smithfield, Maine's only leap year town, celebrates its 175th Anniversary with events at many historic sites, music, food, \$3 admission at Sunset Beach, Brigadier General Darren Hartford -Smithfield's returning son will be Grand Marshal of the Leap Year Town Parade at 1:30

pm on Sunday, 362-4772, all events in downtown Smithfield.

...Friday 7/31 - Seth Pillsbury and Friends, Market Square Melodies, free live music on your lunch break, 11 am-1 pm, Market Square Park,

Water Street, downtown Augusta.

...Friday 7/31 - Opening Reception of "Fired Up," Ceramic Work of 32 Artists, through 8/22, exhibition and reception are free, 5-8 pm, 622-2813, Harlow Gallery, 160 Water Street, Hallowell.

...Friday 7/31 - Air Force Strings with BBQ Picnic, 2015 Summer Concert Series presented by Snow Pond Center for the Arts, concert open to the public, free, everyone welcome, BBQ Picnic \$10 adults, \$5 children 11 and under reservations recommended, gates open and BBQ 5 pm, concert 6 pm, (844) 476-6976, Bowl in the Pines, Route 23, 8 Goldenrod Lane, New England Music Camp, Sidney.

...Friday 7/31 - Joey Charles "Tales of a Wandering Heart" CD release, special guests Ed DesJardins and Jenny Van West, \$10, \$15 couples, 7 pm, contact leprofesseur@gmail.com, Maine Lakes Resource Center, Main Street, Belgrade Lakes.

...Friday 7/31 - Atlantic Music Festival final

chamber music concert, 7 pm, Lorimer Chapel, Colby College, Waterville.

...Friday 7/31 and Saturday 8/1 - Elk Summer Music Festival, featuring some of the best bands in Central Maine, proceeds to benefit the Travis Mills Foundation, gates open Friday 5 pm, Saturday 11 am, Elks Club, Route 27, Augusta.

..Saturday 8/1 - Pancake Breakfast, sponsored by Smithfield Historical Society, pancakes, sausage, homemade baked beans, juice and coffee, \$6, also bake sale, 7-10 am, Smithfield Baptist Church, downtown Smithfield.

...Saturday 8/1 - Central Maine Regional Airport Fly-In and Family Fun-Fest, aviation events, airplane rides, helicopter rides, demonstrations, breakfast 7-10:30 am, raffle, candy drop, business expo, refreshments available, free admission and parking, 634-5351, Central Maine Regional Airport, off Route 2, Norridgewock.

...Saturday 8/1 - Paddle Trek, day long guided trip, Mount Vernon Village to Wayne Village, sponsored by the 30 Mile River Watershed Association, adults \$25, teens (13-17) \$15, children 12 and under fee, register at www.30mileriver.org, 7:30 am-3 pm, 860-4043, depart downtown Mount Vernon.

...Saturday 8/1 - Maine Artisan Bread Fair, over 60 vendors, delicious breads, pastries, books, equipment, professional bakers, live music, demos, superb Maine made foods, free, everyone is invited, parking \$2, 9 am-3 pm, 717-4578, Skowhegan Fairgrounds, Route 201, Madison Avenue, Skowhegan.

...Saturday 8/1 – Rome Yacht Club annual race, convene in front of the Vines Camp on Great Pond and await instructions from the Clue Master, victory cookout and official ceremonies on Crooked Island around noon, Crystal Spring cove, Great Pond, Rome.

...Saturday 8/1 - "Hairy Tale Rock," performed by the Lakewood Theatre Young Performers Camp, ages 8 and up, 10 am, \$5, 474-7176, Lakewood Theatre, Route 201, Madison.

...Saturday 8/1 - LL Bean Camping & Discovery Schools at the Maine Wildlife Park Summer Wildlife Days, join LL Bean staff for a camping demonstration for families, exhibits, displays and raffles, 11 am-2 pm, 657-4977, Maine Wildlife Park, Route 26, Gray.

...Saturday 8/1 and Sunday 8/2 - "A Midsummer Night's Dream," by William Shakespeare, 1 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...Saturday 8/1 - Atlantic Music Festival



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...Saturday 8/1 - "The Little Memaid," production by local youth, Missoula Theater Camp, 3 pm, 873-7000, The Waterville Opera House, Main Street, Waterville.

...Saturday 8/1 – New England Music Camp Concert, free and open to the public, 3 pm, 465-3025, Bowl in the Pines, Route 23, Sidney.

...Saturday 8/1 - "Poetry in the Grange -Carrying the Torch," Smithfield Poetry Celebration, hosted by published local poet Douglas "Woody" Woodsum with very special guest, Maine's Poet Laureate, Wesley McNair, poets wanted, each participant will have approximately 3 minutes, contact Kevin James 612-9357, 4-5 pm, Fairview Grange, Main Street, downtown Smithfield.

...Saturday 8/1 - Friends of Messalonskee Annual Meeting, starts with church supper 4:30 pm, \$7 adults, \$5 ages 5-12 \$20 family, followed by meeting program: Lake Updates and Issues, RSVP to friendsofmessalonskee@hotmail.com or 465-8333, United Baptist Church, Church Street, Oakland.

...Saturday 8/1 - Bean Hole Bean Supper, to benefit Belgrade Fire and Rescue, 5-7 pm, music by the Gawler family, Belgrade Community Center for All Seasons, Route 27, Belgrade Lakes.

...Saturday 8/1 - Loon Calling Contest, all ages welcome, registration 6:45 pm, contest 7 pm, 495-3312, Rome side of Belgrade Lakes bridge, downtown Belgrade Lakes.

...Sunday 8/2 through Sunday 8/9 - Topsham Fair, agricultural exhibits, animal pull events, 4-H, crafts, midway and harness racing,

...Sunday 8/2 – Lakeside Artisan Show, pottery, fiber, collectibles, jewelry, wood working, handcrafted items, artisans from around the state, inside and outside booths, shuttle boat to Belgrade Lakes Village for a small fee, 9 am-3 pm, 495-3481, Belgrade Community Center for All Seasons, Route 27, Belgrade Lakes.

...Sunday 8/2 - Mercer Old Home Day, lunch 11:30 am-1 pm, program 1-2 pm, 634-2332 or 587-2225, Meeting House, Route 2, Mercer.

...Sunday 8/2 - "The Winter's Tale," by William Shakespeare, 1 pm, 933-9999, Cumston Hall, The Theater at Monmouth.

...Sunday 8/2 - Concert, free and open to the public, 2-4 pm, Summer Concerts at Norcross Point, Lake Maranacook, Winthrop.

...Sunday 8/2 - New England Music Camp Concert, "Bowl in the Pines," free, everyone welcome, 3 pm, 465-3025, Route 23, Goldenrod Lane, Sidney.

...Sunday 8/2 – Hope Savage and Brian Richmond, Coburn Park Concerts, bring lawn chairs and blankets, 5-6:15 pm, Philbrick Gazebo, Route 2, Skowhegan.

...Sunday 8/2 - "Rhythm Future," Cabaret Night presented by Riverside Farm Restaurant & Wine Market, doors open 5:30 pm, music 6:30-9 pm, reserved seating \$15, 465-4439, 291 Fairfield Street, Oakland.

...Monday 8/3 - Free monthly book discussion series on "The Gilded Age: A Tale of Today?", showing of the movie version of the "Age of Innocence," led by David Richards, Director of the Margaret Chase Smith Library, 6 pm, 474-7133 or 474-9072, Margaret Chase Smith Library, 56 Norridgewock Avenue, Skowhegan.

...Monday 8/3 - "Write On!," the Theater at Monmouth's Student Playwriting Project, staged reading, 7:30 pm, 933-9999, Cumston Hall, Main Street, The Theater at Monmouth.

...Tuesday 8/4 through Saturday 8/8 -Skowhegan RiverFest 2015, celebrating recreation and life on the Kennebec River, highlights ... Wednesday 8/5 - Art Afternoon, fun mini include Moonlight Madness 8/6, Rotary Lobster Bake 8/7, Drivers and Duffers Golf Classic 8/7, 474-3621, events centered on the

Kennebec River and downtown Skowhegan.

...Tuesday 8/4 - "Fool of the World and the Flying Ship," 1 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...Tuesday 8/4 – "Owls of Maine" presented by Chewonki, includes three live owls, 2-3 pm, 495-6039, Maine Lakes Resource Center, Main Street, Belgrade Lakes.

...Tuesday 8/4 - Apollo concert, all ages, free, 5:15-6:45 pm, South End Neighborhood festival, Green Street Park, Waterville.

...Tuesday 8/4 - "The Real Inspector Hound," by Tom Stoppard, 7:30 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...Tuesday 8/4 - Movie Night, call for selection, 495-2205, in back of Day's Store, Long Pond, Main Street, Belgrade Lakes.

...Wednesday 8/5 - Taste of Greater Waterville, a 22-year-old tradition celebrating Waterville's heritage with family, food and fun, and music and other entertainment, children's activities and fun foods, sit-down dining hosted by local restaurants, and beer garden, 9 am-11 pm, 873-3315, Chamber of Commerce, downtown Waterville.

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Continued on page 11...



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# — Upcoming —

#### **AUGUST**

- "Into The Woods," by Stephen Sondheim will be performed by the New England Music Camp students at Alumni Hall, August 7 and 8 at 7:30 pm. Tickets are \$15, students \$9. 465-3025
- The 33rd Annual Wilton Blueberry Festival will be held August 7 and 8 with food, fun, competitions, a parade with the theme "Reading & Writing," downtown for pedestrians only and over 10 authors in attendance with readings and signings.
- On Friday, August 7 learn some "Southside Stone Stories" in a tour of the Southside Cemetery led by Kay Marsh and David James of the Skowhegan History House Museum, 10 am, Main Street entrance. 474-6632
- Britannica Acoustic Duo will perform at the Belgrade Community Center for All Seasons to benefit the Belgrade Public Library on Friday, August 7 at 7 pm. 495-3111
- On Saturday, August 8 at 7 pm the Union Coffeehouse in Belgrade Lakes will provide two hours of singing entertainment. Simons & Goodwin will be the featured performers; open mic will follow. Donation \$5 at the door includes refreshments.
- The Oakland-Sidney United Methodist Church on West School Street in Oakland will hold its annual August Turkey Supper on Wednesday, August 12, from 5-7 pm. Roast turkey with all the trimmings and homemade pies are on the menu. Adults \$8; children 6-12 \$4.
- August 13-22 are the dates of the Skowhegan State Fair, featuring a huge midway, animal exhibits, crafts, commercial exhibits, flower shows, animal pull events and harness racing.
- "A Soldier's Story" by Army Staff Sergeant Travis Mills will be presented on Friday, August 14 at 2 and 7 pm at the Araxine Wilkins Sawyer Foundation in Greene. Admission is free. 946-5311
- The Friends of Cobbossee annual Cocktail Party Fundraiser will be on Wednesday, August 15, 5:30-7:30 pm. Invitations available at 621-4100
- "Cinder Fella" will be presented by the Out & Allied Youth Theater at the Studio Theater, Waterville Opera House, on Tuesday and WEednesday, August 18 and 19 at 7 pm, Tickets are \$5 adults, \$3 children. 660-1672
- Learn about the industrious "Life of the Honeybee" and the role of the beekeeper with displays of equipment and keepers on hand to answer questions at the Maine Wildlife Park in Gray on Saturday, August 22,

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- On Wednesday and Thursday, August 26 and 27 the annual Maine Farm Days will be held at Misty Meadows Farm in Clinton, a large dairy farm (over 800 cows) that grows hundreds of acres of crops. There will be a kid's tent, equipment displays, a wagon tour, many exhibits and concessions all free to the public. www.MaineFarmDays.com
- On August 26-29, the 45th Blistered Fingers Family Bluegrass Music Festival will be held at Litchfield Fairgrounds with 12 bands, Kids Academy, camping, food, field pickin' and more. Children 16 and under free with adult. 873-6539
- The Windsor Fair is Sunday August 30 through Labor Day, September 7, with free parking every day, season passes, campground reservations at 446-6461, race simulcasting daily, many barns and exhibition halls, an Historical Society museum, midway and full entertainment schedule. Gate open at 9 am every day. www.windsorfair.com

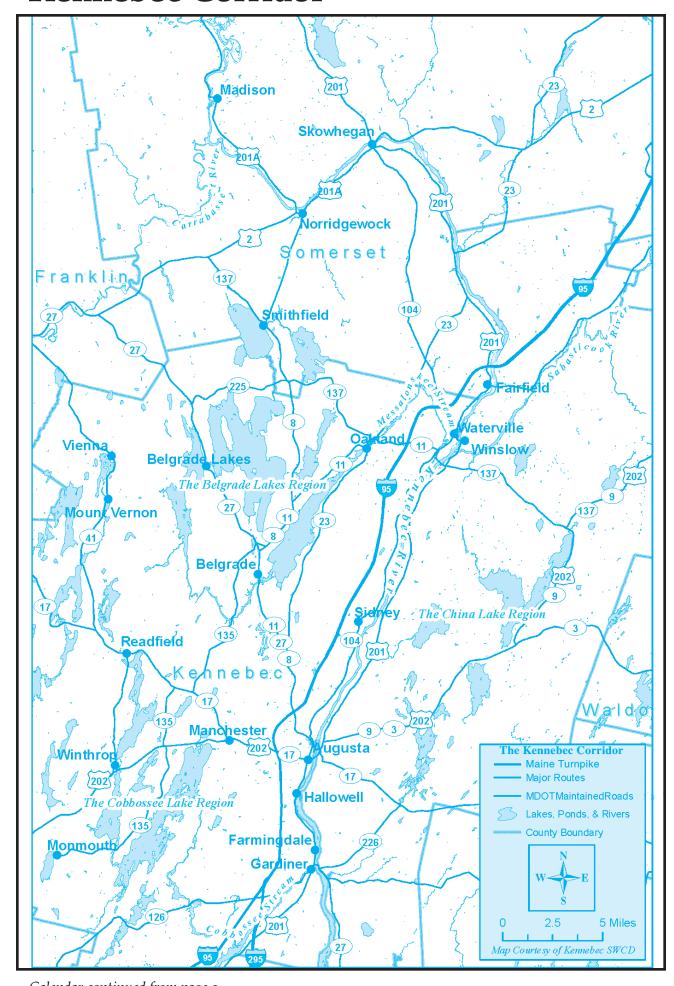
### **SEPTEMBER**

- The 8th Annual 5K Race for the Lakes will be held on Saturday, September 5, 8 am, at Camp Runoia, Point Road, Belgrade. 495-6039
- The Autumnfest Horse Show will be September 6-7 at Skowhegan Fairgrounds. Free admission, covered arena, concessions, barns to visit. 676-8529
- The 3rd Annual Lake George-Somerset Sports & Fitness sprint Triathlon from Lake George Regional Park in Canaan to Somerset Sports & Fitness in Skowhegan is Sunday, September 13. 474-2224
- Sunday, September 13 is National Grandparents' Day, free admission for Grandparents accompanied by their grandchildren; regular entrance fees for all other family members, at Maine Wildlife Park, Route 26, Gray. 657-4977
- A Heritage Tea co-sponsored by the Bloomfield Garden Club and Skowhegan History House Museum & Research Center will be held on Saturday, September 19, 1-3 pm with guest speaker Paul Johnson presenting "Wildflowers" and music provided by Foxwell & Friends. 474-6632
- The Monthly Bean Supper at the Mt Philip Grange in Rome will be on Saturday, September 19, 4:30-6 pm; tickets \$7, under 5 years free, family of 4 or more \$20.
- September 20-26 are the dates of the Farmington Fair, featuring a large midway, exhibit halls, livestock exhibits, animal pull, harness racing and a demolition derby.
- The Common Ground Country Fair, sponsored by the Maine Organic Farmers and Gardeners Association will be September 26-27 at the fairgrounds in Unity.





### **Kennebec Corridor**



...Calendar continued from page 9 members, 1 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

...Wednesday 8/5 – "The Winter's Tale," by William Shakespeare, 1 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...Wednesday 8/5 – Public Supper, final of the season, baked ham, potato, vegetable, bread, beverage, dessert, 5 pm, Fairview Grange, Main Street, Route 8, Smithfield.

...Wednesday 8/5 - Independent Publishing for Maine Writers, Jane Karker, president of Maine Authors Publishing: the process from editing to design to marketing, the evolving changes in the printing/publishing industry and the difference between self-publishing

and traditional publishing, free and open to the public, 6-8 pm, 495-3508, Belgrade Public Librry, 124 Depot Road, Belgrade.

...Wednesday 8/5 - New England Music Camp Recital, Concerto Competition winners performing with the faculty orchestra, 7:30 pm, 465-3025, Route 23, Sidney.

...Thursday 8/6 through Sunday 8/9 -"Laughing Stock," 474-7176, Lakewood Theater, Route 201, Madison.

...Wednesday 8/5 and Thursday 8/6 -"A Midsummer Night's Dream," by William Shakespeare, 7:30 pm Wednesday, 1 pm Thursday, 933-9999, Cumston Hall, The Theater At

Monmouth.

.Thursday 8/6 - Children's Day with "The Great Stephan," magician Steve Cornish amazes combines astonishing magic with funny wit, children should be accompanied by an adult, free and open to the public, 2 pm, 946-5311, Araxine Wilkins Sawyer Foundation, 371 Sawyer Road, Greene.

...Thursday 8/6 - Open Mic with Joey Charles, le Professeur Music, 6-9 pm, 495-2205, in back of Day's Store, Long Pond, Main Street, Belgrade Lakes.

...Thursday 8/6 – "The Turn of the Screw," 7:30 pm, 933-9999, Cumston Hall, Theater At Monmouth.

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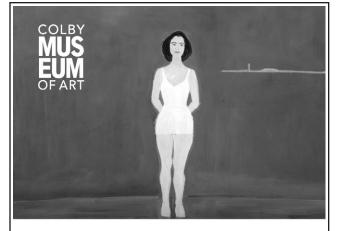
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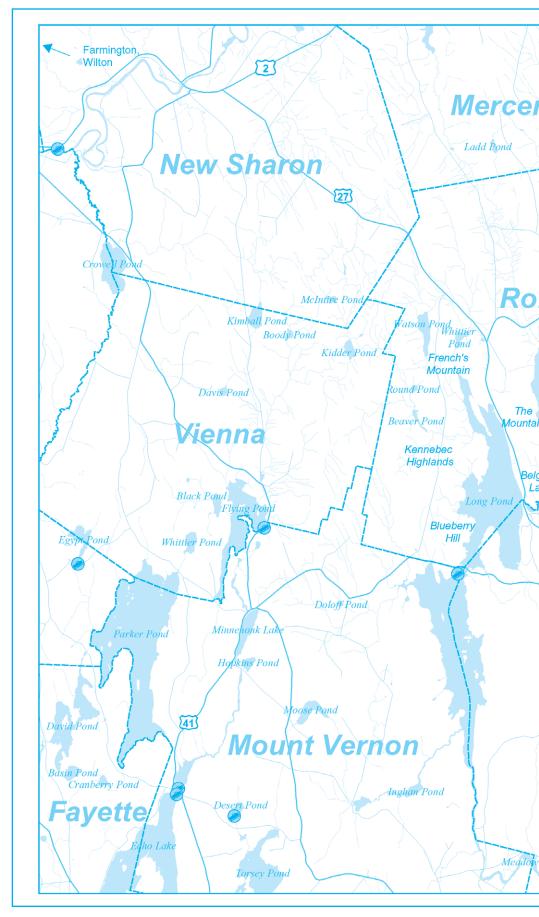
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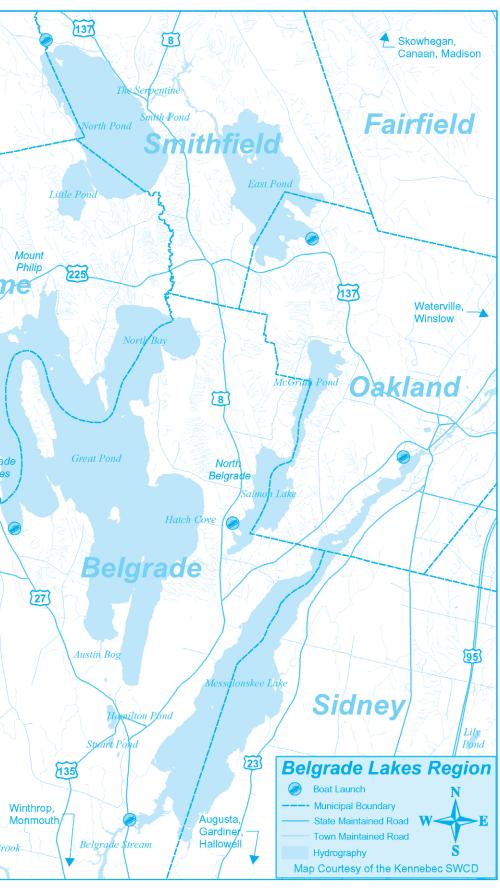
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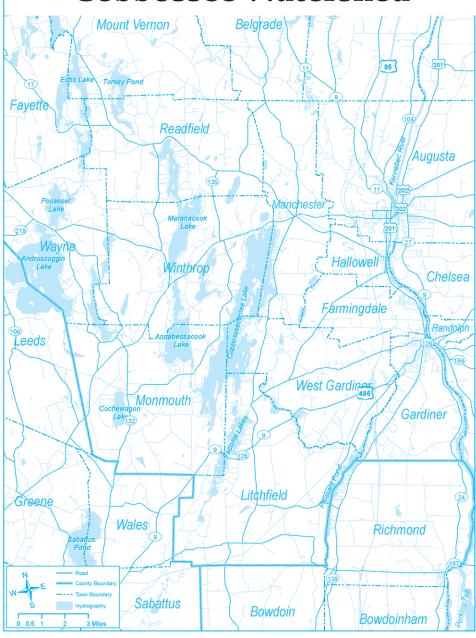
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Directors (L to R) Diane Hastings, Mark Johnston, Dick O'Connor, Mary Denison, Andrew Silsby, Doug Reinhardt, Bill Mitchell, Norm Elvin, Chuck Hays, Jr., & Bill Sprague, Jr.

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VISA



# A Rise And Shine Bed and Breakfast with Crostini's Catering

Announce that we are now an Eating establishment as well as a lodging place!!!!

Celebrate with us at our first "Wine and Dine" Event
July 28<sup>th</sup>, TUESDAY evening

Social Hour 5:30 to 6:30 p.m. Featuring Maine Wines and Maine brewed beers at our cash bar

Plus Crostini's clamcake appetizers, wine and cheese

Dinner 6:30 p.m. <u>Reservations</u>: \$35.00 pp. plus tax and gratuity

Choice of: Soup du Jour or Caesar Salad or Bruschetta
 Choice of Entrée: \*Prime Rib Au Jus OR \*Baked Stuffed Scallops OR \*Chicken Cacciatore

<u>Dessert:</u> Choice of Apple Tart OR Carrot Cake, Coffee/Tea Alcoholic beverages from our cash bar

Please call 207 377 2323 or 207 557 3791 so that we can plan your menu. See you soon!

A Rise and Shine B & B is on Route 135 in East Monmouth, and was once a part of the former Woolworth Estate. It offers indoor or outdoor dining and overlooks Lake Cobbossee.



1 1/2 Miles West Exit 127, I-95, KMD, Oakland 465 - 7847





# Readfield History Walk on Saturday August 8th of Readfield Corner

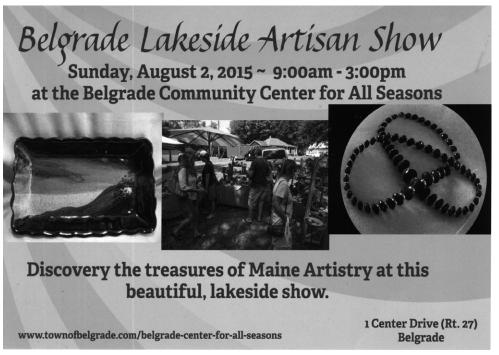


Nearly every building at Readfield Corner was destroyed in the great fire of Readfield Corner on June 11, 1921. The John Williams house, pictured here, was located on Church Street and was the only residence lost. The Williams house lot has remained vacant ever since, but the rest of "the Corner" was rebuilt almost immediately.

special Readfield History Walk will be held 1850 will be open for tours along the way. **T**on Saturday morning August 8th from 10am to 12noon during Readfield Heritage Days. Walk 10am. There is no fee for the walk although some leaders will be Dale Potter-Clark, Readfield History Walks Coordinator; Milt Wright, Readfield Trails Committee; and William Adams, Readfield Corner Historian. Adams and Potter-Clark are researching for a future publication about all the old houses in Readfield and the people who lived in them. Thus far they have researched more than one-hundred fifty buildings throughout town

Included on this History Walk will be the new pathway that leads from the Community Library to Union Meeting House, and parts of the Old Fairgrounds Trail. Also, lower Church Road and Main Street from Gile Hall to the Old Fairgrounds trailhead on route 17. Walkers will make some brief stops to learn about some of the oldest and more intriguing homes. Bill Adams will be stationed at Readfield Corner center, where a major fire occurred in 1921, and where many businesses have come and gone since the late 1700s. The Judge Emery O. Beane house circa

Meet at Gile Hall, 8 Old Kents Hill Road by of Potter-Clark's and Adam's research will be available in a specially produced booklet for a minimum donation of \$20. The 40 page booklet includes three (of the nine) maps Adams has created that portray the evolution of Readfield Corner since pre-1799. Also included are dozens of pictures and information about the old homes and buildings at Readfield Corner; excerpts from Ernest "Tink" Rolfe's oral history done by Potter-Clark in 1987 - including his memories of Readfield Fire Department and another big fire that occurred at Readfield Corner in 1934; and information about the Old Fairgrounds and development at the north end of Lake Maranacook. Booklet profits will benefit a project to purchase and install historical site markers throughout Readfield. FMI about the history walk or to purchase a copy of the History Walk booklet call 441-9184 or email crossings4u@gmail.com



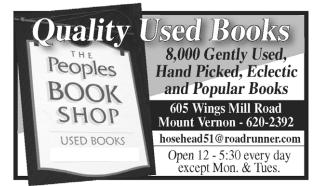




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Vienna - WATERFRONT Home 455'on Whittier Pond and 30' dock! Three bedroom, 2 1/2 bath home built in 2005 on 13+ A. Great room with vaulted ceiling. Large, heated porch with "wall

of windows", and sunset views! All flooring wood or tile. Trex deck & front porch. 1 1/2 car garage. Swimming, fishing, kayaking, and loons. 677' on town road. \$349,500. 207.293.2025 for appointment, or directions to Open Houses July 12 & Aug. 15, 12-4 pm.

> Advertising in Summertime in the Belgrades really works! Call 207-495-3777 for rates and information.

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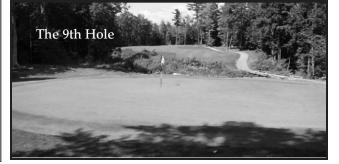
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### ArtWalk Gardiner Celebrates its 11th Year in **Historic Downtown Gardiner**

n Friday, August 7 from 5:30-8:00pm, McKeen, John Polhemus, Jennifer Strode, ArtWalk Gardiner will showcase original fine art and crafts created by area artists who live and/or work within a 20-mile radius of Gardiner. Featuring unique works of art ranging from paintings, drawings, fine art prints and photography to textiles, sculpture, jewelry and ceramics, this lively community celebration will take place in artists' studios, galleries, shops, and other venues all along Water Street in Gardiner's beautiful historic downtown.

First launched in 2005 by Artdogs™ studios and a handful of other area artists, the mission of Artwalk Gardiner is to increase community awareness and appreciation of the visual arts, to encourage interaction with local artists and the public, and to nurture a supportive network that also enhances the local economy. Since its inception, Artwalk Gardiner has drawn hundreds of appreciative visitors to Water Street to enjoy these festive evenings of great art and good cheer with area artists.

As in other recent years, this ArtWalk will feature hundreds of original works by more than two dozen local artists, including: Joyce Acheson, Karen Adrienne, Nancy Barron, Ken Carlson, John Carnes, Matt Demers, Angela Goodwin, John Gregoire, Scott King, Katherine Kollman, Kala Ladenheim, Allison us on Facebook.

Ellen Roberts, Tanya Russell, Robert Saunders, Marylu Wellwood, and Tina Wood. The artists and artisans of Artdogs Studios, Circling the Square Fine Art Press, Cre8ive Events, Monkitree, and SpinOff Studio will also be offering work for sale.

In addition to filling the downtown with beautiful and unique artwork, Gardiner's August ArtWalk will also include free refreshments, artists' demonstrations, children's activities such as "Chalk the Walk," and live music by Brian Kavanah and Stan Davis of "Hurry Down Sunshine." A special reception for this year's "Arts in the Park" sculptor, Jesse Salisbury, will be held at Circling the Square Fine Art Press at 6:30pm, and horsedrawn wagon rides to outlying venues will be provided by Meadow Creek Farm.

This season, ArtWalk Gardiner has been sponsored by Gardiner Food Co-op & Cafe, Healthy Smiles, Lisa's Legit Burritos, Main E Market Etc., Mainiac Brewing & Supply, Monkitree, and Raggamuffins. Many other local businesses will also be hosting artists for the evening. For more information, please contact ArtWalk Coordinator Sarah Miller at 207-712-9734, email artwalkgardiner@gmail.com, or find



Karen Adrienne Nancy Barron Ken Carlson John Carnes Matt Demers Angela Goodwin

Artdogs Studios Cre8tive Events SpinOff Studio

Scott King Katherine Kollman Kala Ladenheim Allison McKeen John Polhemus Jennifer Strode

Tanya Russell Robert Saunders Marylu Wellwood Tina Wood

Circling the Square Fine Art Press Monkitree

6:30 pm: special guest at Circling the Square Jesse Salisbury (Arts in the Park sculptor)

our supporting businesses:

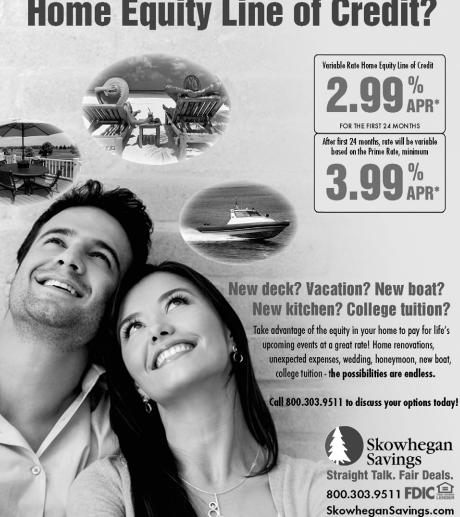
Mainiac Brewing & Supply Monkitree Healthy Smiles Raggamuffins Lisa's Legit Burritos Main E Market Etc. Gardiner Food Co-op & Café

582-6600 theartdogs.com

artwalkgardiner@gmail.com

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Long Pond lakeside community. Lovely 3 BR, 2.5 BA Cape w/spacious rooms & open floor plan. Sensational garage & workshop--2 car attached w/handy laundry/pantry breezeway. 2 car detached w/workshop. Amazing finished walk-out lower level w/gas stove. Enjoy own boat slip & assoc dock. Brand new roof shingles. \$349,500



Classy year round camp with shared 300' beach & boat access on Long Pond, located in Wildwood Estates. Full kitchen with granite island, gas fireplace, wonderful open dining & living rooms with knotty pine cathedral ceilings, wood floors, stone fire-place and woodstove, deck and porch, all on 1.8 acres. Above ground pool and hot tub, garage & shed. Two maintained common dock areas, swimmers' beach, moorings, boat storage and recreation area. Furnished and 2 jet skis. \$218,000



Remarkable Cobbossee Lake location. Contemporary 3 BR Ranch w/magnificent cantilevered deck over the water facing sunsets. Private haven w/artistic flair. Cathedral ceilings, tall windows & skylights bring the outdoors in. Mstr suite on one end. 2 BR, BA & a half on the other. Galley kitchen is open to LR & DR. Attractive LR w/built-ins & soap stone wood stove. Sep 3 car garage w/workshop/storage. The essence of the home takes full advantage of the outdoors w/sliders to back patio & gardens. \$625,000.



# Take It Outside -

spent much of last week and all weekend in the ■Philadelphia area, attending a wedding of some good friends. We stayed with some former neighbors and it was fun to see old friends and share a joyous occasion together. Unfortunately every day was in the mid-90s and very humid and the traffic was worse than I remembered. I was really glad to get back to Maine. And I was really glad that Mike Guarino was back and could write a fishing column while I was gone.

The last thing I did before I left was to go on the BRCA-sponsored Geology of the Kennebec Highlands hike on The Mountain along with about 10 other stalwart hikers, including BRCA's new Education and Outreach Coordinator, Matt Leahy. Retired geologist and current BRCA President, Mel Croft, led the hike and explained how the Kennebec Highlands and the Belgrade Lakes formed from a geological perspective. We discussed plate tectonics, Milankovitch Cycles, crystal formation and fracturing in rocks, ice ages, dinosaurs, eskers, deltas, and assorted other geological forces that shaped our local landscape. I then led a discussion about the ecological processes of succession that converted the bare rock and sterile meltwater left after the last ice age into the forests and life-teeming lakes we have today. I think everyone learned something and a good time was had by all.

While I was gone I had some routine maintenance done on my boat. I picked it up at Hamlin's Marine and launched it at the Long Pond ramp near Castle Island. I decided to troll a bit on my way back up the lake and soon had a big fish on. About 15 minutes later I boated a nice (36-in, almost 15 pounds) fat pike, which later turned into dinner for me and several of my neighbors.

The next day, Dick Greenan and I went fishing with Mike Guarino on the Kennebec River between Sidney and Augusta. It is an absolutely beautiful stretch of river and we saw eagles, ospreys, herons, sturgeon and only one other boat in 7 hours on the water. We caught fish continuously, nothing particularly large but a steady stream of one to two pound smallies that put up a good battle on light spinning and fly rods. I am always amazed at how fish in the river can fight so hard and leverage the current to feel much bigger than they turn out to be when you get them in. At one point, Dick managed to land ten fish on ten consecutive casts.

On Saturday, August 15, Barbara Skapa from Echo Ridge Farm in Mt Vernon will lead a mushroom walk, which will take place at 10 AM in the

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# Back to Maine Back to Hiking and Fishing

by Pete Kallin





Michael Bernstein (left) contemplates 200 million years of geological history at the Long Pond overlook during the Geology of the Kennebec Highlands hike led by BRCA President Mel Croft.





36-in pike. Check out those teeth.



Dick Greenan with his tenth fish in ten casts.

Trailhead parking lot. Please call 495-6039 to reg- or get out and explore on your own. And take a ister. Check the BRCA website and Facebook page kid or two along.

Kennebec Highlands beginning at the Roundtop for other guided trips (www.belgradelakes.org)







# Accommodations -

Alden Camps, lakeside cottages on East Pond, established 1911 American Plan meals, boat and motor rentals, dining and lobster bake open to public by reservation, 3 Alden Camps Cove, Oakland, 465-7703, www.aldencamps.com

Bear Spring Camps, waterfront cottages on Great Pond, homestyle meals, sandy beach, boats, motors, docks, 60 Jamaica Point Road, Rome, 397-2341, www.bearspringcamps.com

Belgrade Vacation Rentals, lakeside camp and cottage rentals throughout the area, long and short stays, many size accommodations and rates, 81 Main Street, downtown Belgrade Lakes, 495-4011, www.belgradevacationrentals.com

Castle Island Camps, cottages on the water, Long Pond, American Plan meals, boat and kayak rentals, Castle Island Road, Belgrade Lakes, 495-3312, www.castleislandcamps.com

Whisperwood Cottages, overlooking Salmon Lake, American Plan meals, fishing boat rentals, open to the public for dining by reservation only, 103 Taylor Woods Road, North Belgrade, 465-3983, www.whisperwoodlodge.com

Wings Hill Inn, historic Inn & Restaurant, casually elegant accommodations, centrally located in Belgrade Lakes Village, Route 27, Belgrade Lakes, 495-2400, 866-495-2400, www.wingshillinn.com

### --- Notebook -

### Mid-Maine Global Forum

• Senator George Mitchell will speak on the "U.S. Role in the World: Challenges of the 21st Century" at the Mid-Maine Global Forum Annual Dinner on Thursday August 6. Senator Mitchell was born in and attended public schools in Waterville and earned a B.A. from Bowdoin College in Brunswick and a J.D. from Georgetown University Law Center Washington, D.C. He was U.S. Senator from Maine from 1980 to 1995 and Senate Majority Leader from 1989-1995, was instrumental in peace negotiations in Northern Ireland in the 90s and was special envoy to the Middle East in 2009-2011. His latest book, "The Negotiator: A Memoir," will be available for purchase and signing. The event at Colby College begins with a 6:15 pm reception and 7 pm dinner. Tickets \$30; RSVP to rsvp@midmaineglobalforum.org or 859-

### 30 Mile River Watershed Association



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• The 30 Mile River Watershed Association will host its 7th Annual Paddle Trek on Saturday, August 1. This event offers paddlers an opportunity to experience the watershed from a new perspective as they travel by canoe and kayak through many of the lakes that form the "30 Mile River." The daylong, guided trip goes from Mt. Vernon Village to Wayne Village, along 15 miles of connected lakes and streams, with varying lengths and portage options for those wanting a shorter trip. Register online at www.30mileriver.org. Fees are adults \$25, teens 13-17 \$15 and 12 and under free. 860-4043

### Messalonskee High School **Chamber Singers**

• On Saturday, August 22 at 7 pm, the Messalonskee High School Chamber Singers will be serving delicious treats while performing music at the Belgrade Community Center For All Seasons. The students are raising funds to help defray the cost of their trip to New York City where they will be performing at Carnegie Hall on May 28, 2016. They will also be attending Broadway musicals, visiting museums and Saint Patrick's Cathedral. The cost for this delightful evening is \$5, although donations will be gladly accepted. Silent Auction items will be available for some added enjoyment. Come join us for some pampering, fun, and great music!

### Belgrade Lakes Water Quality Community Meeting

 An update on the ongoing efforts of the Water Quality Initiative will be held on Wednesday, July 29 at 6 pm at the Maine Lakes Resource Center. Lean how the Maine Lakes Resource Center is partnering with Colby College, the Belgrade Regional Conservation Alliance and the lake associations to collect water quality data and to make available results online and on an interactive map. 620-6029

### Friends of Cobbossee

• The Friends of Cobbossee need a truck to move the pontoon boat, the Otter II, to transport invasive plants that are removed from the lakes, and to transport Slow the Flow and Youth Conservation Corps materials. Interested donors of a truck or contributors to the fund should call 621-4100.

### Boys & Girls Clubs and MNCA of **Greater Watervillle**

• The Maine Celebrity Classic, Sugarloaf to benefit the Boys & Girls Clubs and YMCA of Greater Waterville at the Alfond Youth Center will be held on Tuesday and Wednesday, July 28-29, in honor of a true Waterville patron, Mary Nash Beaupre. The Chef Celebrity Gala on July 28, 6 pm to midnight, features eight award winning chefs, includig Mary's son Mark, who will each prepare a signature dish. The Wednesday golf tournament, 9 am-5 pm, will take place on Sugarloaf's newly upgraded course. Many national sports celebrities will be at the events. To find out more visit wwwmainecelebrityclassic.org

### Augusta

• The Elks Summer Music Festival 2015, Friday and Saturday, July 31 and August 1, to benefit the Travis Mills Foundation, will feature the following bands: Friday - Working Class Band and Emerald Sky; Saturday - "Elvis," Amber Jack, Elton John Tribute Band, Little Twisted\, False Alarm and GE3KS. Gates open at 5 pm on Friday, 11 am on Saturday. Tickets are \$10 per day or \$15 per weekend. The Elks Lodge is on Route 27 north of the Turnpike.

### Belgrade

- Belgrade Fire & Rescue is looking for pies & desserts for the Beanhole Supper on Saturday evening, August1. The fire station will be open Saturday during the day or they can be dropped off at the Community Center in the afternoon. Any questions please call Dan at 446-0603.
- To celebrate the 200th Anniversary of the Old Town Meeting House on Cemetery Road, the Belgrade Historical Society is holding the first annual Belgrade Fair there on Saturday, August 8, 10 am-4 pm (rain date August 9). A lawn sale, plant table, baked goods, crafts and a food booth will be featured. Historical items will be on display. Anyone having items to donate may call 495-2973 or 495-3581.

### **Farmington**

• On Saturday, August 8, a Contradance will be held at the Farmington Grange, Bridge Street, West Farmington. The Regular Contra with Anadama playing and Ricky Holt calling will be 8-10:30 pm. Adults \$6, students \$5, family \$15. All dances are taught; beginners are welcome; no partner necessary. 491-9928

### Gardiner

• Within hours of the downtown fire 2 weeks ago that displaced 12 residents and damaged several businesses, a Downtown Fire Relief Fund was set up and many fundraisers are in the works. The United Way of Kennebec Valley accepts taxdeductible cash donations, which are the best way to support the fire victims and will be directed by a special fire relief committee. Donations can be mailed or dropped off at 121 Commercial Street, Augusta 04330 or made at gofundme.com/downtownfire (a service charge is deducted).

### Monmouth

• The 2015 Silent Auction to benefit the Theater At Monmouth's artistic and education programs will be held Thursday, July 30 through Thursday, August 20. The Silent Auction is being held in the Reding Room of the Monmouth Public Library in Cumston Hall. 933-9999

### Oakland

• Riverside Farm Restaurant and Wine Market is presenting a special four-course Italian Wine Dinner on Thursday, July 30 at 6 pm. Dinner, Continued on page 19...



# Dining

### Augusta

• Riverfront Barbeque & Grille and Gin Mill Lounge, world class barbeque, seafood, pasta and vegetarian entrees, full service dining, catering, bulk take out, 300 Water Street, Augusta, 622-8899, www.riverfrontbbq.com

### Belgrade

- Pete's Pig, 81 Main Street, sandwiches and platters for picnicstyle eating on the premises or to go, , also offering a full range of catering, Main Street, Belgrade Lakes Village, 495-4095, www.petespig.com
- Whisperwood Lodge and Cottages, Salmon Lake/McGrath Pond, homestyle cooking, traditional fishing camp diningroom, open to the public by reservation only, 103 Taylor Woods Road, Belgrade, 465-3983, www.whisperwoodlodge.com
- Wings Hill Inn and Restaurant, gourmet fine dining in historic inn, daily culinary chef's specialties, Route 27/Main Street, Belgrade Lakes Village, 495-2400 or 800-495-2400, www.wingshillinn.com

### **Oakland**

• Alden Camps, lunch or dinner by reservation Saturday-Wednesday space permitting, lobster bakes on Friday night by reservation, 3 Alden Camps Cove, Oakland, 465-7703, www.aldencamps.com

• Riverside Farm Restaurant & Wine Market, simple, wholesome food and drink since 1990, 291 Fairfield Street, Oakland, 465-4439, www.riversidefarmmarket.com

### Wines & Spirits **Oakland**

• Tree Spirits, tasting room for award winning wines and spirits made from local apples, pears and maple syrup, tours available, 152 Fairfield Street, Oakland, www.treespiritsofmaine.com

### Pizza & Picnic Fare North Augusta

• Tree Spirits, tasting room for award winning wines and spirits made from local apples, pears and maple syrup, tours available, 152 Fairfield Street, Oakland, www.treespiritsofmaine.com

### **Belgrade Lakes**

• Day's Store, pizza, sandwiches, desserts, beverages, to go, tables in store and lakeside, docks available from Great and Long Ponds, 180 Main Street, Belgrade Lakes, 495-2205, www.go2days.com

### Smithfield

• Smithfield Village Store, breakfast, lunch, and picnic foods drinks candies, 858 Village Road, Smithfield, 362-5022

Beer Garden, open from 5-11PM in the Concourse

and featuring live music with Sharon Hood & Dixon

Road at 6pm and this year's headliner Sparks the

Rescue at 8:30pm. There will be live music all day throughout downtown with acoustic acts scattered

around and the Down East Brass Band will perform

Taste offers something for everyone. A full day of

children's activities is planned for families, and rows

of vendors offer items and activities for all interests.

"The Bite" on Appleton Street offers snacks and

meals throughout the day, and Main Street will be

lined with area restaurants offering up á la carte din-

trash at the event and donated the compostable

material to local farmers. Thousands of pounds have now been kept out of the waste stream. This year,

organizers plan on the largest amount recycled to

more, visit www.tasteofwaterville.com or call Mid-

Maine Chamber of Commerce at 873-3315

For a full schedule of events, menus, parking and

In recent years, volunteers from the Sustain Mid-Maine Coalition have recycled the majority of the

From the V.I.P. dining to the Beer Garden, the



from 6-8pm on Main Street.

ner options beginning at 5PM.

date with more volunteers than ever.

### **Waterville Festival Offers** Something for All "Tastes"

id-Maine Chamber of Commerce presents the  $\mathsf{VL}$ day-long festival, now in its 23rd year and a perennial favorite of locals and visitors to mid-Maine alike. Locals enjoy attending as they can catch up with old friends and visitors get to enjoy what the region has to offer.

This year will once again include what organizers are calling the "V.I.P. Dining", referring to the more formal atmosphere with a four course meal planned for its attendees with a private bar and entertainment, in addition to two other venues featuring local restaurants. This year, the Heritage House Restaurant is participating once again. Tickets must be purchased in advance at the Heritage House or at the Mid-Maine Chamber of Commerce at 50 Elm Street in Waterville until Monday, August 3rd.

In recent years, the Taste has grown to be mid-Maine's largest outdoor festival with average crowds of up to 10,000, becoming a day-long family event which not only features an array of restaurants but a variety of entertainers and vendors with free admission. Downtown businesses will also be offering specials and activities at their locations and local gymnastic and dance studios will perform starting at 5pm on Main Street.

Another highlight of the event is the ever-popular

...Continued from page 18

by reservation. 465-4439

under \$5). Advance reservations recommended at snowpond.org. 465-3025

### Sidney

including wine and tax is \$64 per person. Seating is

• Snow Pond Center for the Arts and the New England Music Camp present The United States Air Force Strings at the Snow Pond Center for the Arts' historic Bowl in the Pines on Friday, July 31, 2015 at 6 pm. The program will include works by Mozart, Tchaikovsky, Bartok, Grieg, and Foote. Students from the New England Music Camp will join the Air Force Strings in a special performance of Praeludium from Grieg's Holberg Suite, Op. 40. The concert is free and preceded by a 5 pm BBQ (Adults \$10, veterans and children ages 11 and

### Waterville

• Former Major League Baseball All Stars are coming to Waterville, Monday, August 3 to support the efforts of the Boys & Girls Club and YMCA of Greater Waterville at the Alfond Youth Center. 2015 marks the 8th season that over 500 youth from around the country spend two weeks at the New England Baseball Camp at Maine's Fenway Park at Camp Tracy on McGrath Pond learning the fundamentals of baseball while playing evening games under the lights, hitting balls off the Green Monster Wall and turning double plays on the new turf field that was dedicated last season. www.ClubAYC.org



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M-SAT 8AM-6PM • SUN 10AM-4PM

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Various size units Owners live on site



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# -Business Directory-

### **ACCOMMODATIONS**

See page 18

### **ADVENTURE**

**Belgrade Canoe & Kayak,** Route 27, Belgrade, 495-2005, www.kayakandcanoe.com

### **ANTIQUES**

Barbara's Antique & Collectibles Group Shoppe, Rt 201, 414 Lakewood Rd, Madison, 474-2550, 474-8357

### **APPLIANCES**

**Brown House Appliances,** 71 Francis St, Waterville, 873-4777, *www,brownhouseproperties.com* 

### **ART MUSEUMS**

Colby College Museum of Art, 5600 Mayflower Hill, Waterville, 859-4000, www.colby.edu/museum/

### **BANKING**

**Kennebec Savings Bank,** 150 State Street, Augusta, 622-5801, *www.kennebecsavings.com* 

Maine State Credit Union, 200 Capitol Street, Augusta, 623-1851, www.mainestatecu.org

**Skowhegan Savings Bank**, 450 Civic Center Drive, Route 27, Augusta, 1-800-303-9511, 623-2300, *www.skowsavings.com* 

### **BEVERAGES**

**Tree Spirits,** 152 Fairfield St, Oakland, 861-2723, www.treespiritsofmaine.com

### **BICYCLES**

**Auclair Cycle & Ski**, 64 Bangor St, Augusta, 623-4351, www.auclaircycle.com

### **BOAT COVERS**

Waterville Upholstery & Canvas, 1042 Kennedy Memorial Dr, Oakland, 465-7847, www.watervilleupholstery.com

### **BOAT CRUISES**

**Snow Pond Cruises,** Lake Messalonskee/Snow Pond, 97 Rocky Shore Lane, Oakland, 314-3520, www.snowpondcruises.com

### **BOAT LIFTS**

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemiquid, Portland, Skowhegan, Wilton, 866-HAMMOND, www.hammondlumber.com

### **BOAT MOORINGS**

Great Pond Marina. 25 Marina Drive, Route 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

### **BOAT RENTALS**

Belgrade Canoe & Kayak, Route 27, Belgrade, 495-2005, www.kayakandcanoe.com

Brightside Wooden Boat Services, Great Pond, 21 Hulin Road, Belgrade Lakes, 495-3680, 778-1706,

www.brightsidewoodenboat.com

Castle Island Camps, Long Pond, 441 Castle Island Road, Belgrade Lakes, 495-3312,

www.castleislandcamps.com

**Great Pond Marina**, 25 Marina Drive, Route 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

**Sunset Camps,** North Pond, 834 Village Road, Smithfield, 362-2611, www.sunsecamps.com

Whisperwood Cottages, Salmon Lake/McGrath Pond, 103 Taylor Woods Road, Belgrade, 465-3983, www.whisperwoodlodge.com

### **BOAT REPAIR AND RESTORATION**

**Belgrade Boat Shop**, 769 Oakland Road, Belgrade, 465-9720, 485-6953

Brightside Wooden Boat Services, 21 Hulin Road, Belgrade Lakes, 495-3680, 778-1706, www.brightsidewoodenboat.com

### **BOAT SALES AND SERVICES**

**Belgrade Canoe & Kayak,** Route 27, Belgrade, 495-2005, www.kayakandcanoe.com

**Clark Marine,** 57 Puddledock Road, Manchester, 622-7011, mail@clarkmarine.biz, funonthewaterstartshere.com

Hamlin's Marine, 290 West River Road, Waterville, 872-5660, www.hamlinsmarine.com

**Mid-Maine Marine and RV,** 885 Kennedy Memorial Drive, Oakland, 465-2146, www.midmainemarine.com

### **BOAT STORAGE**

**Belgrade Boat Storage**, 46 Oakland Road, Belgrade, 495-3421, 314-3287, www.belgradeboatstorage.com

**Belgrade Lakes Marine and Storage, Inc,** 366 Augusta Road, Belgrade, 495-2378, www.belgradelakesmarine.com

Clark Marine, 57 Puddledock Road, Manchester,

622-7011; and Route 202, Monmouth, mail@clarkmarine.biz, funonthewaterstartshere.com

**Great Pond Marina**, 25 Marina Drive, Route 27,

Belgrade Lakes, 495-2213, www.greatpondmarina.com

Hamlin's Marine, 290 West River Road, Waterville, 872-5660, www.hamlinsmarine.com

Maple Leaf Self Storage, 688 Manchester Road, Route 135, Belgrade, 495-2191, 441-5529

Mid-Maine Marine and RV, 885 Kennedy Memorial Drive, Oakland, 465-2146, www.midmainemarine.com

### **BOOKS**

**Children's Book Cellar,** 52 Main Street, Waterville, 872-4543, *childrensbookcellar.com* 

The People's Book Shop, 605 Wings Mill Road, Mount Vernon/Belgrade line, 620-2392

### **BUILDERS**

Craig's Carpentry/North Bay Estates, Route 8, North Belgrade, Craig Alexander, 649-3749

G&L Contracting, 116 Lakeshore Drive, Belgrade

Lakes, 215-7951, 495-2325, 233-7408,

gandlcontractingmaine.com

**LakeHouse Renovations**, 242-3663, www.lakehousedesignbuild.com

### **BUILDING MATERIALS**

**Gagne and Son, 2**8 Old Route 27 Road, Belgrade, 495-3313, www.gagneandson.com

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemiquid, Portland, Skowhegan, Wilton, 866-HAMMOND, www.hammondlumber.com

### **CANOES AND KAYAKS**

**Belgrade Canoe & Kayak**, sales and rentals, 1005 Augusta Road/Route 27, Belgrade, 495-2005, www.kayakandcanoe.com, www.belgradecanoeandkayak.com

### **CANOE REPAIR AND RESTORATION**

**Kimball Pond Boat Barn,** 21 Day Road, Vienna, 578-0876, *boatbarn.wcha.org* 

### **COMPUTER CONSULTANTS**

Macintosh Solutions, Michael Breault, 24 Welch Road, Wilton, 645-5083, cell 578-0226, m.o.breault@michaelbreault.net, www.michaelbreault.net

### **DINING**

See Dining Directory on page 19

### **DOCKS**

**G&L Contracting,** 116 Lakeshore Drive, Belgrade Lakes, 495-2325, 215-7951, 233-7408, gandlcontractingmaine.com

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, Wilton, 866-HAMMOND, www.hammondlumber.com

### **ELDER CARE**

Maine-ly Elder Care, 28 Center Street, Oakland, 465-3249, www.maine-lyeldercare.com

### **ENGINEERING**

**Thayer Engineering,** septic design, storm water mitigation, permitting, 17 Hasson Street, Farmingdale, 582-7762, www.thayereng.com

### **EXCAVATING**

**Belgrade Boat Storage**, 46 Oakland Road, Belgrade, 495-3421, 314-3287, *belgradeboatrentals.com* **David Stevens**, P0 Box 146, Belgrade, 465-3815, cell 314-0314



### **EYE CARE**

**Eye Care of Maine,** 325 E. Kennedy Memorial Drive, Waterville, 873-2731, www.Maine2020.com

### **FARMSTANDS**

Lakeside Orchards & Farm Market, 318 Readfield Rd., Manchester, 622-2479, www.lakesideorchards.com
Winterberry Farm, 538 Augusta Road, Route 27,
Belgrade, 495-2593, 649-3331,
www.winterberryfarmstand.com

### FINANCIAL PLANNING

**Golden Pond Wealth Management,** 129 Silver Street, Waterville, 873-2200, www.goldenpondwealth.com

#### **FIREWOOD**

J & M Logging, Inc. 853 Civic Center Drive, Augusta, 622-6353

### **FLOORING**

Hammond Lumber Company, Auburn, Bangor,
Belgrade, Boothbay, Brunswick, Damariscotta,
Fairfield, Farmington, Greenville, Pemaquid, Portland,
Skowhegan, Wilton, 866-HAMMOND,
www.hammondlumber.com
Maine Hardwood Floors, 313-6600

**Day's Store,** 180 Main Street, Route 27, Belgrade Lakes, 495-2205, www.go2days.com

### **GOLF**

**GIFTS** 

Natanis Golf Course, 735 Webber Pond Road, Vassalboro, 622-3561, www.natanisgc.com

### **GROCERIES**

Damon's Quick Stop, 670 Civic Center Drive/Route 27, North Augusta, 622-3334

**Day's Store,** 180 Main Street, Route 27, Belgrade Lakes, 495-2205, www.go2days.com

### **HEALTH CENTERS**

**Belgrade Regional Health Center,** 4 Clement Way, Belgrade Lakes, 495-3323, www.healthreachchc.org, belgradechc.org

Inland Hospital, 200 Kennedy Memorial Drive, Waterville, 861-3000, 1-800-491-8600, www.inlandhospital.org

MaineGeneral Medical Center, Alfond Center for Health, 35 Medical Center Parkway, Augusta; Thayer Center for Health, 149 North Street, Waterville, 1-855-4463, www.mainegeneral.org

### **ICE CREAM**

**Day's Store**, 180 Main Street/Route 27, Belgrade Lakes, 495-2205, www.go2days.com

### **JEWELRY**

Larsen's Jewelers, 57 Main Street, Waterville, 872-6301, 800-697-1874, www.larsensjewelers.com
L.Tardif Jeweler, 62 Main Street, Waterville, 872-7542,

### **KITCHENS**

800-834-3638

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, Wilton, 866-HAMMOND, www.hammondlumber.com

### LAKE ASSOCIATIONS

**Belgrade Lakes Association (BLA),** Long Pond and Great Pond, PO Box 551, 137 Main Street, Belgrade Lakes, 512-5150, www.belgradelakesassociation.com

### **LANDSCAPING**

**G&L Contracting,** Belgrade Lakes, 215-7951, 495-2325, 233-7408, gandlcontractingmaine.com **Lynch Landscaping,** Skowhegan, 474-2420, lynchlandscaping.com

### **MEATS**

Day's Store, 180 Main Street, Belgrade Lakes, 495-2205, www.go2days.com

### **MOVIE THEATERS**

**Railroad Square Cinema,** call for titles and times, 17 Railroad Square, Waterville, 873-6526, www.railroad-squarecinema.com

### **MUSEUMS**

Colby College Museum of Art, Mayflower Hill, Waterville, 859-4000, www.colby.edu/museum/

### MUSICAL PERFORMANCE

**Snow Pond Center For The Arts,** New England Music Camp, 8 Goldenrod Lane, Sidney, 465-3025, www.snowpond.org

### PHYSICAL THERAPY

**Dockside Physical Therapy,** 47 Main Street, Belgrade Lakes, 495-3195, 512-2544, Fax 512-2545

### PIANO ENJOYMENT

**Diane Gorman**, 906 Manchester Road, Belgrade, 495-3222,

### **PLUMBING**

Paul Hanna's Plumbing, Belgrade, 495-3805

### REAL ESTATE DEVELOPMENTS

North Bay Estates, Belgrade, 649-3749, crgsnbe@yahoo.com

### REAL ESTATE

Coldwell Banker Thomas Agency, 75 Main Street,

Winthrop, 377-2121, www.coldwellbankerthomas.com

Day's Real Estate, 262 Augusta Road, Route 27,

Belgrade Lakes, 495-3111, 1-888-495-3111,

www.daysrealestate.com

Lakepoint Real Estate, 221 Main Street, Belgrade Lakes, 495-3700, www.belgradelakepoint.com

**Sprague & Curtis Real Estate,** 75 Western Avenue, Augusta, 623-1123, www.spragueandcurtis.com

### **LODGING RESERVATIONS**

See page 18

### **RESTAURANTS**

See Dining Directory on page 19

### **RETIREMENT COMMUNITIES**

**Granite Hill Estates,** 60 Balsam Drive, Hallowell, 626-7786, 1-888-321-1119, www.granitehillestates.com

### **SCHOOLS**

**St. Michael School,** grades pre-K through 8th, 56 Sewell Street, Augusta, 623-3491, www.smsmaine.org

### **SEAFOOD**

Day's Store, 180 Main Street, Belgrade Lakes, 495-2205, www.go2days.com

### **SECURITY SYSTEMS**

Cayer Security Services, Inc, 208 College Avenue, Waterville, 453-9177, www.cayersecurity.com

### **SELF STORAGE**

Maple Leaf Self Storage, 688 Manchester Road., Route 135, Belgrade, 495-2191

### **STONEWORK**

**Gagne and Son,** 28 Old Route 27, Belgrade, 495-3313, 1-800-339-3313, *www.gagneandson.com* 

### **SURVEYING**

**Acme Land Surveying,** 108 Fairbanks Road, Suite 5, Farmington, 778-4081, www.acmelandsurveying.com

### VETERINARY SERVICES

**Lakeside Veterinary Clinic,** 88 Libby Hill Road, Oakland, 465-7387, 465-8387, www.lakevets.com

### WINDOWS

Hammond Lumber Company. Auburn, Bangor, Belgrade, Boothbay, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, Wilton, 1-866-HAMMOND, www.hammondlumber.com

Advertising in Summertime in the Belgrades really works! Call 207-495-3777 for rates and information.

# Expressions —

# Acadia Wind Ensemble

he Acadia Wind Ensemble will present a ■ summer concert on Friday, August 7th at 7pm in the Messalonskee Performing Arts Center in Oakland, ME. The Acadia Wind Ensemble is a band consisting of music educators from all across Maine. The group meets once a year to perform advanced repertoire for the band medium. The Acadia Wind Ensemble was created by Manager, Jennifer Fortin and Director, Andrew Forster. Last year's performance received rave reviews.

This year, we are pleased to announce the return of guest conductor, Anthony Maiello from George Mason University in Virginia for his fourth year directing Acadia. Maestro Maiello's credits include conducting the American Wind Symphony, Honorary Conductor of the United States Navy Band, and conducting the National Symphony Orchestra. In 1980, he conducted musical activities for the Gold Medal Ceremonies at the Winter Olympics in Lake Placid, New York. He has served as Musical Director for Music **Festivals** International and was selected as President of the International Association of Jazz Educators. In March of 2010, he was inducted into the Bands of America Hall of Fame.



Maestro Maiello is no stranger to Maine. He Music Educator's Association. Friday's concert has guest conducted ensembles and given conis free of charge. (donations are welcome). ducting clinics at the University of Maine on al All State student ensembles for the Maine aforster@rsu18.org.

For additional information, contact Jennifer several occasions. He has also conducted sever- Fortin at jfortin@msad54.org or Andy Forster at

### Belgrade Regional Health Center

4 Clement Way, Belgrade, ME 04917 • 207.495.3323 • Fax: 207.495.3353 • BelgradeCHC.org



Dear Friends,

Welcome to the spectacular Belgrade Lakes Region. We at Belgrade Regional Health Center hope that your visit is memorable and that you enjoy good health during your stay. We look forward to the return of our summer residents as well as visitors to the area.

In case you do have a health concern while visiting, we are available to treat acute problems as well as chronic health conditions. Please call us for an appointment at (207) 495-3323, and we will see you as soon as possible at the health center. Our appointment hours are Monday through Friday, 7:30 a.m. to 12:30 p.m. and 1:30 to 4:30 p.m., and Tuesday evening 4:30 to 7:00 p.m.

If you have a major medical emergency such as chest pain, a severe breathing problem, cardiac condition, or major trauma, please call 911 or go to the nearest emergency room.

If you have a minor health condition such as poison ivy, a fish hook or laceration, please try to call before arriving at the health center. We accept patients on a walk-in basis, but you will be asked to wait until our regularly scheduled patients are seen. If you call ahead, we can give you a scheduled appointment and likely reduce your wait.

We are located at 4 Clement Way, just off Route 27, 3 miles north of the intersection of Routes 27 and 135. We look forward to seeing you for any of your healthcare concerns.

Sincerely,

Amy Madden, MD Robert Cianfarano, PA Lisa LaGrange, FNP





spragueandcurtis.com

6 2 3

75 Western Ave. • Augusta, ME II AND MLS 😩



**NEW LISTING- GARDINER-- Spacious** 3BR, 3BA home with in-law apartment or 2BR rental unit in rear. Wonderful features, nice area, large yard. Wood floors, high ceilings, vinyl siding, 2 garages, 2 heating systems. Lots to offer! MLS 1230070 \$129,900



AUGUSTA- Spectacular 4,000sq ft ranch, 4BR, 2.5BA home, 18 ac, rural yet convenient North Augusta, Barn, pasture & fenced corral. Picturesque setting, an abundance of openness and light. master suite w/ fabulous BA, huge FR, inground pool, 3 car heated shop/garage, radiant floor heat, more. Close to I-95, the Marketplace & the new osnital MIS 1210120 \$549 000



Professional Zone. 2,600SF recently renovated Antique Colonial. Convenient in town location. Beautiful features, hardwood firs, nice layout. 2 heating systems. Lg yard for potential parking. Lots of charm! Some freeze damage. MLS 1084097 \$106.000



NEW LISTING- MARANACOOK LAKE -Charming Cottage offering a combination LR/BD kitchen & BA. Enclosed porch could be used for additional sleeping area. Sandy beach area, dock, outdoor patio for dining & granite steps into the water. Sunsets! MLS 1229719 \$129,900



AUGUSTA- - Lovely 4BB, 1BA cape style home. Large LR w/hardwood floors & brick fireplace. Formal DR, kitchen, full BA & 2BR on 1st level, 2BR upstairs Nice backyard & carport. Freshly paved driveway & more! MLS 1148993 \$99,900



LAND- AUGUSTA - Land w/improvements. In 2012- a new slab, well & septic, garage were built, Slab is 18X 48 :septic is designed for 3 BR's. Nice deck ing. Shared access to beach/ boat launch on Togus Pond . Either build or park your motor home seasonally. MLS 1149416 \$54,000



COBBOSSEE LAKE- WEST GARDINER Unique home, 1-3 family, over 6,000 SF. Family compound or rental income. Sits at waters' edge, excellent frontage, dock, great swimming, gorgeous lake views. 3,000 SF 3-4 BR home w/2 BR apt, & 1,500 SF MLS 1135140 \$349.900



PALERMO - Classic Maine Farmhouse w/14 acres & shed w/barn. Pretty setting, mostly fields. Kitchen w/cookstove. formal DR/LR, 2BR's down + 2 up. Nice deck area Oil heat plus wood furnace. HW flrs, lots of ontions-home business, animals, crops, etc COME SEE! MLS 1060105 \$169,900



LAND- PALERMO - - Very nice house lots for sale! 2 remaining lots to choose from, all surveyed & soils tested, lot sizes range from 3.5 to 7.5 ac! Wooded. very guiet, peaceful & rural location. Ready to build on. No restrictions. Building pkgs available. MLS 988516 \$14,900

HealthReach Community Health Centers

207.495.3323 | BelgradeCHC.org



# Conservation Too -

# **Eating Local**

by Dale Finseth

Now is the time of year when "eating local" comes at its easiest. As Maine's farms are increasing in numbers rather than disappearing, many farms are smaller. They grow and produce seasonal and specialty food products. Your efforts to "eat local" and buy food from local sources is the best way to support those farmers.

Today it's hard to watch a news program or read a newspaper without an article praising the benefits of local foods. This year Open Farm Day was Sunday, July 26th. Perhaps you had the opportunity to stop at one of the operations and learn about their work and the food they produce. It is an opportunity to visit one of the many farms statewide that are open to the public. For those using the internet, check www.GetRealGetMaine.com and search for sites in your area where you can buy from a local farmer. You can certainly take advantage of the many farmer's markets and farm stands scattered around the County. If most of your food shopping is only in the larger grocery store, check out which products are actually produced right here in Maine. Many stores now identify "locally grown" products from fruits and vegetables to local preserves, baked goods, meat and seafood, craft beers and wines. There are many enjoyable ways to support the effort to "eat local".

The primary arguments made in favor of eat-



ing locally are fresher food and knowing where your food comes from. Depending upon how that food is produced and transported, it may also have a smaller carbon footprint. Perhaps the best reason is that you can actually talk to the person who had a hand [literally] in the production of that food you purchase and consume. When was the last time you had a chance to talk to the person who picked or produced that chicken nugget you had for lunch? I suppose you may know the person who drove the delivery truck....

A local orchard operator refers to how many gallons of gasoline it takes to get a bushel of California apples to your store instead of the ones from her orchard. Food on our dinner plate has traveled an average of 1,500-2,000 miles in

order to finally get to our plate. That's a lot of hydrocarbons used to get our food to the table. It is also a lot of time that could be spent ripening in the field rather than traveling on the road. It seems inconsistent that our food must travel such a distance to get to us when we may be able to purchase it from our neighbor and know exactly how it got to our plate. It may have traveled less than ten miles.

Here in Maine the winter is tough. Naturally the summer months provide more choice. Take advantage. But the winter months now offer more options as local farmers extend their season or begin to can and freeze product for later sale. You need to plan your menus around what is available not what you may be craving at the moment. Having watermelon for New Years is not usually a realistic option.

It doesn't mean a total ban on your favorites. Even the Romans were willing to pay the price for something they called "ice cream". Just rethink some of your choices and give preference to foods that were grown or produced within 100 miles. There are far more choices than you may realize. Use the internet and look for "local foods in Maine". Keep your eyes open as you drive around. There are lots of options.

For information about any of our conservation projects please contact Dale Finseth at 622-7847, x 3 or check our website at www.kcswcd.org

# Taste of Waterville



August 5, 2015 11AM - 11PM

Downtown Waterville



Join us for the 23rd year at one of Maine's largest food festivals. With over 30 food vendors, any craving can be satisfied. This day long event caters to the entire family. We hope to see you downtown!

Street-Side Dining

Children's Events

Beer Garden 5-11pm

Live Music All Day!

Looking for an elegant dining experience? Join us at the 4 course fine dining area with the Heritage House Restaurant. Tickets must be purchased in advance at the Chamber or participating restaurant. FMI: 207.873.3315

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www.tasteofwaterville.com

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# Kennebec River Cor LONG P location w/stone #11231 LONG F room w porch, 2 lage. #1



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LONG POND, MT VERNON: Yr-rnd, private location, heated sunroom, finished basement w/stone fireplace, full bath & kitchenette. #1123167 \$599.900



**NORTH POND, MERCER:** 3BR/1BA, yr-md. 100' sandy bottom waterfront, open flr plan w/lots of glass, Ige screened porch, amazing views from most rooms #1228324 **\$249,000** 



LONG POND, BELGRADE LAKES: 1831 12 rm Colonial w/two wrap around porches. 105' lakefront, sandy beach, 5BR/3.5BA, 5 fireplaces. #1151010 \$585,000



LONG POND, BELGRADE: 3BR/1BA, living room w/fieldstone fireplace, screened in porch, 250' +/- on Long Pond. Walk to the vilage. #1227324 \$324,500



**GREAT POND, BELGRADE:** 3BR/2.5BA, master ste w/Jacuzzi, frplc, French doors to pvt balcony overlooking 100' lakefront. Much more #1123902 **\$585,000** 



COBBOSSEE LAKE, MANCHESTER: 3BR/1 BA, yr-rnd Cottage at water's edge, pvt dock, 2nd cottage framed up and complete on outside. #1215825 \$499,000



MESSALONSKEE LAKE, OAKLAND: 4BR/2.5 BA with 224' +/- lakefront on 2 acres. New to the market, includes walkout basement. Great views. #1227407 **\$499,000** 



MESSALONSKEE LAKE, BELGRADE: 3BR/3BA open concept. Master BR and dining overlook the lake. 4 bay gar, landscaped location. #1226839 \$479,000



**BELGRADE:** Gorgeous 4 bedrooms, 3.5 baths, on 5+ private acres. Family room with kitchen and full bath. Above ground pool. #1229293 **\$299,900** 



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# **AUCTION**

Mount Vernon Community Center

### Furniture, artwork, collectibles

Linwood "Junior" Meader,
Auctioneer

## SATURDAY, AUGUST 1<sup>st</sup>

9 am – Doors Open for Viewing 10 am – Live Auction Starts

Mount Vernon Community Center 2 Main St., Mt. Vernon, Maine 04352