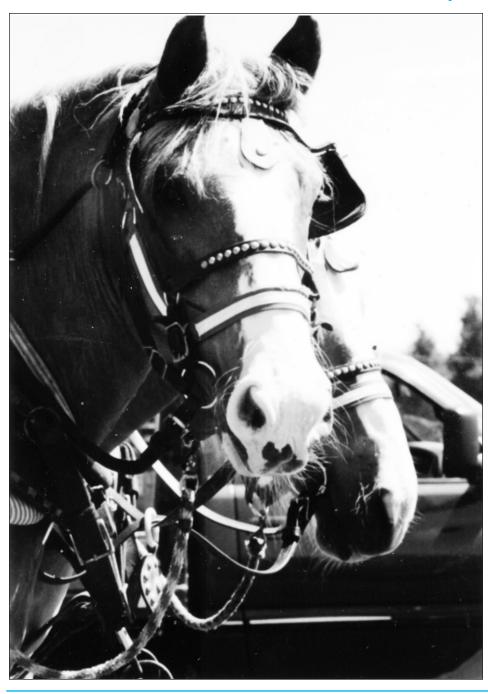
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-A Cider Mill Press Publication -

VOLUME 16, NUMBER 11

# Local, Awesome, Fun, Free!

by Esther J. Perne





here is adventure in heading to Maine Farm Days in Clinton – a destination where fields stretch flat and far, where dairy herds number in the hundreds and where farm families number in the

Here on August 21 and 22, during the last week before school begins for many families, one of the most rewarding outings of the summer takes place: an exciting, educational and relaxing farm show where working professionals and appreciative public merge on the sprawling, scenic acres of a typical Maine working farm – and both groups discover a lot about the other.

Free and very welcoming to the public, Maine Farm Days offers a visit without demands for guests who want to just stroll around or, for

Continued on page 2







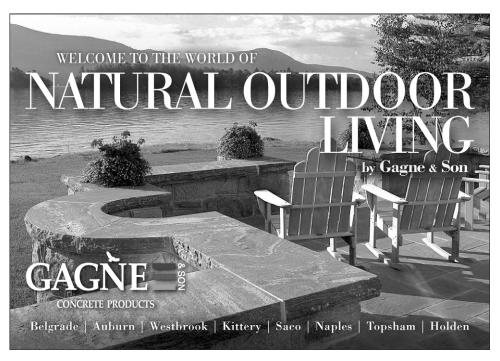


Continued from page 1

those who like schedules, a full program of events and activities from friendly farm animal pets for young children to admire, to guided wagon tours for all ages to view the property and the barns, to baking and cooking contests, to the Craft Tent, to a field full of the immense machinery that is the mark of modern agriculture, to the milking contest that any kid can try. And, oh yes, to the food – the barbecue, the summer fare, the cool drinks, and the cold ice cream.

Through it all, while the youngsters are absorbed in the Children's Activity Tent, the teens are maybe a little bit interested in the technology or the dairy princesses or the challenge of the corn maze, and the adults are feeling a tinge of nostalgia, today's Maine farmers are attending critical classes, becoming recertified, collecting facts, figures and literature, and giving the immense, modern equipment a hopeful long-term-planning look over.









Misty Meadows, owned by the Stoughton family, has about 600 milking cows and ships about 40,000 pounds - over 4,000 gallons - of milk daily. Feed for the herd is all grown on the farm and involves a lot of machinery and a lot of labor.

Generously, the family shares Misty Meadows each year to everyone who wants to learn more about "local agriculture" here in central Maine, and who likes to watch demonstrations, eat good food, have fun, join the adventure.

For more information, directions and a map visit www.MaineFarmDays.com or call the Kennebec Soil & Water Conservation District at 622-7847 ext. 3. Misty Meadows Farm is on Hill Road in Clinton, Maine.



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# Summertime in the Belgrades --A Cider Mill Press Publication--

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# Belgrade Regional Health Center Walking Trail Ribbon Cutting Event



 $B^{\rm elgrade}$  Regional Health Center will celebrate National Community Health Center Week by holding a ribbon cutting ceremony for the center's new walking trail from 2:00 - 5:00 PM on Friday, August 15.

The event is free and open to the public. There will be a cookout, live music, face painting and a fun and educational Story Walk for children set around the trail. The health center's care team partners, Delta Ambulance and Kennebec Valley Community Care Team will also be present.

Belgrade Regional Health Center is committed to the encouragement of healthy lifestyles for patients and members of the community, and the trail is the latest result of that initiative. The walking trail, created by Brian Alexander of Red Oak Enterprises, is ADA accessible and will be open to the public year round.

The health center is located at 4 Clement Way, off Route 27 in Belgrade. For more information, call (207) 495-3323 or visit BelgradeCHC.org.

Each year the second week in August is dedicated to celebrating the services and contributions of community health centers. This year's theme is America's Health Centers: Local Engines for Healthier Communities. National Health Center Week showcases the importance of these facilities and the impact they have on their communities, providing access to affordable, high quality, cost effective health care to medically vulnerable and underserved people throughout the United States.

Belgrade Regional Health Center is a practice of HealthReach Community Health Centers, a system of eleven federally qualified health centers in Central and Western Maine. Dedicated providers deliver high quality health care to citizens in over 80 rural communities. To ensure access for everyone, HealthReach accepts Medicare, MaineCare and major insurances. In addition, HealthReach offers an Affordable Care Program to uninsured and underinsured residents and assists with applications for other programs that help with the cost of health care and medications including the new Health Insurance Marketplace. A private, non-profit organization with a 39-year history, HealthReach is funded by patient fees, grants and individual donations.





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# Legacies

Quilters in Maine" is an exhibition on view now through August 30 at Maine Fiberarts, 13 Main Street, Topsham. The exhibition includes twelve large quilts created by the quilters of Gee's Bend, Alabama—a group that has been quilting since the sixties and who became famous for their freeform and original style. The New York Times once hailed these quilts as "some of the most miraculous works of modern art America has produced."

In 2002, art collector Will Arnett recognized these quilts as important works of art and organized an exhibition which began at the Houston Museum of Fine Arts and travelled to nine major museums across the country including the Boston Museum of Fine Arts and the Whitney Museum in New York City. The quilts and the quilt makers of Gee's Bend garnered national media attention, including articles in Newsweek, O, Smithsonian Magazine and Martha Stewart Living. In 2006 the United States Post Office issued Gee's Bend quilt commemorative stamps.

Boykin, Alabama, the home of most of the Gee's Bend quilters, has been described as one of the most isolated villages in the U.S. Here, undeterred by a scarcity of materials and long days working in their gardens or in the cotton fields, generations of black women have developed a unique tradition of quilting. Traditional ideas and sewing techniques are passed on, back and forth in this tightly-knit community, but the highest praise is saved for quilts that follow their own inspiration. In Gee's

# Gee's Bend Quilts on View at Maine Fiberarts



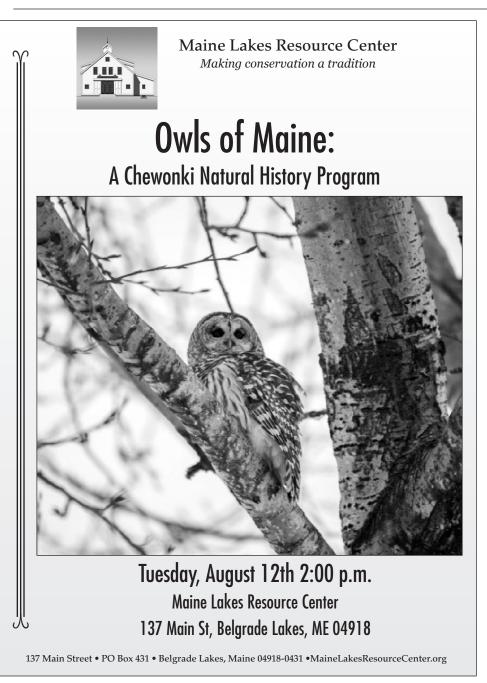
Bend, quilting rules are broken. Often unable to afford new materials, the makers use pieces from feed bags, worn patches from blue jeans, and other incongruous materials together in one quilt. A seemingly quiet cotton top deviates with one shocking red flannel edge. Corduroy remnants, available for a while from an adjacent clothing factory, even polyester—nothing is wasted or forbidden. Dissimilar materials can be found side by side. If a traditional log cabin pattern is established in one-quarter of the quilt, then in the other three-quarters, that pattern is twisted to other ends, turned sideways or upside down and backwards, done in many or in one color instead of two—becoming more interesting as the rules are flaunted.

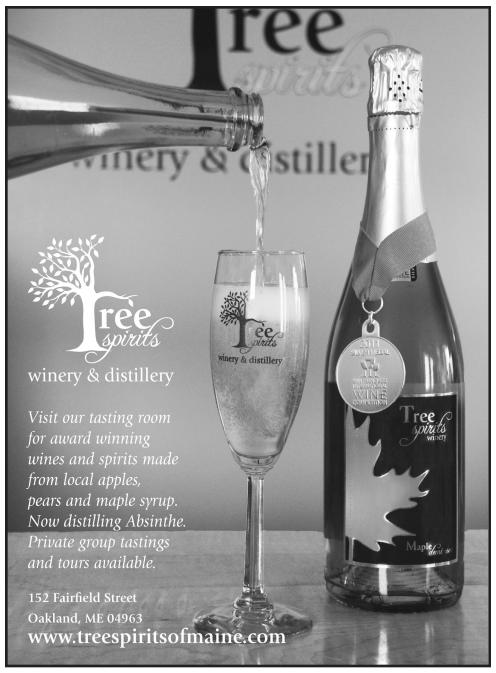
The quilts demand that the viewer, see, feel, and deal with the unpredictable.

Unlike African American "story quilts," Gee's Bend quilts are not narratives. They are expressive in the way that the best abstract paintings are—more like "jazz," than "folk song." Patterns may start from tradition, but then are improvised upon. Corners do not always abut precisely. Lines need not always be straight. Ripping has its own charms. Once stated, often a pattern is exploded, turned and run askew. If it is pieced more regularly, then colors are used contradictorily.

It is perhaps entirely natural that during the show of Gee's Bend quilts at the Whitney Art Museum in 2003, a New York Times art critic raved.

Continued on page 18...







# Conservation Too -

Now that I've spent more time kayaking this summer, I've been irritated enough to sound off! While I honestly believe that most people appreciate the concept of the "common good," I often see evidence of the 'non-believers' behavior. Frequently my kayaking or my walks take place on or near some public lands and almost always involve the use of the public boat launch or an "unofficial carry in." These are all areas used by the public in order to access our public waterways and recreation areas. We all have a part to play in maintaining these areas. It is NOT the sole responsibility of public employees.

A recent paddle on the Kennebec and a walk along Cobbossee Stream provided examples of how the public chooses to exercise their shared responsibility space. It is a bit disheartening but not without hope. A walk in my neighborhood, which takes me along Cobbossee Stream next to a popular swimming hole, really focused my attention on this issue of "the common good" and each person's responsibility to take care of it. Someone had chosen to dump two loads of old tires along the abandoned road along the stream. I suppose the expectation was that someone else, i.e. the City Public Works would take care of it.

My ire was raised by the evidence where my

# Don't Expect Others to Treasure Your Trash

by Dale Finseth



"common" had obviously been mistreated by others. At some other waterfront sites there is litter and garbage scattered about an area used by locals for walks, swimming and other miscellaneous activities. My visits to riverfront parks or one of the local boat ramps provides plenty of examples where people do not take care of their garbage or share responsibilities for these common areas. In some cases people have decided to clean out their entire vehicle of trash or even bring a bag or two from home. But then I'll come upon a spot where the garbage has been picked up and it is possible to walk around and get to the water without walking through trash. Maine has a number of public areas used by any number of people. The Belgrade, the Cobbossee, ThirtyMile and the Kennebec River watersheds are blessed with areas where the public has great access to our common natural resources. These great outdoor areas including trails, streams, lakes and ponds are assets we all hold in common. Whether it is garbage, water pollution, invasive plants or animals that have been introduced or any number of other destructive elements, when we don't pick up after ourselves, we shift that burden onto others. I'm tired of being one of the "others."

Occasionally I think ahead and take an old shopping bag with me in order to pick up waste. When kayaking, when I take my boat out of the water I'll toss miscellaneous junk in the back of my truck but I'd prefer not taking care of other people's mess.

There are examples of responsible behavior. Many groups may organize local clean-up campaigns to make an area more presentable. A couple of years ago I actually saw a couple of the users of a local swimming hole spend the time to pick up all the trash. Following that example I made much more of an effort to pick up the occasional piece of garbage and pack it home to my own garbage.

It is amazing what the occasional good example can start. Be a good example.

For information about any of our conservation projects please contact Dale Finseth at 622-7847, x 3 or check our website at www.kcswcd.org

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# Calendar Directory

### TOWN BY TOWN...

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### AUGUSTA

- Viles Arboretum, 224 acres with 6 miles of year round walking trails, including art and sculpture trail, open dawn to dusk, Visitor Center open Monday-Friday, 9 am-4 pm, admission free, 626-7989, www.vilesarboretum.org, 153 Hospital Street
- Farmers' Market at the Arboretum, indoors, Friday 1-5 pm
- Art in the Capitol, Maine Arts Commission monthly self-guided exhibits in State House hallways (Mon-Fri 8 am-5 pm), Blaine House (call for times), and Maine Arts Commission Office (8:30am-4:30 pm), 287-6746, mainearts.maine.gov
- Children's Discovery Museum, CDM, hands-on displays, activities, Tuesday-Thursday 10 am-4 pm, Friday-Saturday 10 am-5 pm, Sunday 11 am-4 pm, admission, 622-2209, www.childrensdiscoverymuseum.org, 171 Capitol Street
- Danforth Gallery, Jewett Hall, art exhibits, UMA-1234, www.uma.edu
- Governor's Mansion, 1830 Blaine House, Tuesday-Thursday 2-4 pm, 287-2121, www.blainehouse.org, State Street
- Holocaust and Human Rights Center of Maine, Michael Klahr Center, Monday-Friday 8 am-4 pm, 621-3530, www.hhrc.uma.edu, University of Maine at Augusta, off Route 27
- **Kennebec Historical Society**, Wednesday-Friday 10 am-2 pm, 622-7718, *www.kennebechistorical.org*, 107 Winthrop Street
- Maine State Museum, Tuesday-Friday 9 am-5 pm, Saturday 10 am-4 pm, \$2 adults, \$1 ages 6-18, 287-2301, www.mainestatemuseum.org
- Maine State House, Hall of Flags, House and Senate Rooms, Klir Beck dioramas, Monday-Friday 8 am-5 pm, book tours at Maine State Museum, walk-ins welcome 9 am-1 pm, 287-5600, www.maine.gov, State Street
- Maine State Library, Monday-Saturday opens 9 am, 287-5600, www.maine.gov/msl/, State Street
- Museum in the Streets, walking/history tour, www.augustamaine.gov, Water Street/downtown
- Old Fort Western, 1754 fort, house, store, 1-4 pm daily, admission \$6, 4-14 years \$4, 626-2385, www.oldfortwestern.org, Cony Street
- Riverfront Park, boat launch, Greenway Trail, playground, eastside Kennebec River
- Kennebec River Rail Trailhead, Maine State Housing Authority parking lot, 623-8162, www.krrt.org, Water Street
- UMA Fitness Trail, 2 miles of wooded trails, near Civic Center, Route 27
- Farmers' Market at Mill Park, Tuesday 2-6 pm, 626-2305, www.farmersmarketmillpark.org/, North Water Street
- Farmers' Market at Turnpike Mall, 549-5112, Wednesday and Saturday 10 am-1 pm, Western Avenue

# BELGRADE LAKES

- Great Pond Mailboat Service, 592-1537, Monday-Saturday 9:30 am departure, call for reservation, calm days are best, Post Office, Main St.
- Spring Gallery, cast bronze display at Maine Lakes Resource

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17 Hasson Street Farmingdale, ME 04344-1613 582-7762 www.thayereng.com Council, 495-3113, www.springgallerymaine.com, 137 Main Street

- The Belgrade Community Center for All Seasons, pool and lakefront, gym, playground, picnic area, rec programs, 495-3481, www.belgrademaine.com, 1 Center Drive
- Union Church Coffee House, check for schedule, 7:30 pm, \$5, 495-3599, www.unionchurchmaine.org, Main Street
- Belgrade Historical Society, monthly meetings, 465-7924
- Farmers' Market, Sun 8 am-1 pm, 465-7058, www.belgradelakesfarmersmarket.org, Main Street
- Peninsula Park on Long Pond, picnic tables, Main Street
- Maine Lakes Resource Center, 512-5150, www.mainelakesresourcecenter.org, 137 Main Street

### **FAIRFIELD**

- Fairfield Historical Society, 1890 Cotton-Smith History House, every Tuesday 9 am-12 noon and 1-4 pm and second Saturday of month, 453-2998, www.fairfieldmehistoricalsociety.net, 42 High Street
- Farmers' Market, 948-5724, Wednesday 2-6 pm, Saturday 9:30 am-1:30 pm, Nazarene Church parking lot, 81 Main Street

### **FARMINGTON**

- Farmington Historical Society, Titcomb House Museum, 778-4275, Wednesday and Saturday, 11 am-2 pm, July-August, 118 Academy Street
- Nordica Homestead Museum, opera singer Lillian Nordica costumes, jewelry, mementos, 778-2042, Tuesday-Saturday 10 am-12 noon and 1-5 pm, Sunday 1-5 pm, www.lilliannordica.com, 116 Nordica Lane, Holley Road
- Contra Dance, 491-9928, www.starleft.org 2nd Saturday of the month, all welcome, 6:30-7:30 pm family dance, 8-11 pm regular dance, admission, Grange Hall, Bridge Street, Route 43, West Farmington
- University of Maine campus and Arboretum, four walking tours with informal guide pamphlet to campus trees, 581-1541, www.umaine.edu/arboretum/, downtown
- Farmers' Market, 778-6602, Friday 9 am-2 pm, Better Living Center parking lot, Front Street; Saturday 8 am-12 noon, Main Street
- Meetinghouse Park and Gazebo, weekly concerts throughout summer, downtown
- Fairgrounds, events throughout summer, Franklin County Fair in September, High Street

# GARDINER

- Artdogs and Circling the Square Fine Art Press, Friday 1-5 pm, Saturday 10 am-4 pm, 582-6600, www.theartdogs.com, 275-277 Water Street
- Johnson Hall Performing Arts Center, 582-7144, www.johnsonhall.org 280 Water Street
- Monkitree, art exhibits, 512-4679, www.monkitree.com, Tuesday-Friday 10 am-6 pm, Saturday 12-6 pm, 263 Water Street
- **SpinOff Studio**, 588-7297, *spinoffstudio.org*, Monday-Friday 8:30 am-4:30 pm, 405 Water Street
- Farmers' Market, 512-8022, www.gardinerfarmersmarket.org, Wednesday and Saturday 3-6 pm, rain or shine, The Common
- Kennebec River Rail Trail, 623-8162, www.krrt.org, access near Gardiner/Randolph Bridge, 6.5 miles to Augusta
- Waterfront Park, picnicking, events throughout summer, Kennebec River
- The Center for Maine Craft, 9 am-8 pm daily, 588-0021, www.mainecrafts.org, West Gardiner Service Plaza, Route 126 off Routes 95 and 295



### GREENE

• Araxine Wilkins Sawyer Memorial, free entertainment programs, monthly - Fri 2 and 7 pm, 946-5311, www.sawyer-foundation.com, 371 Sawyer Rd, off Rt 202

### HALLOWELL

- Harlow Gallery, Kennebec Valley Art Association, 622-3813, www.harlowgallery.org Wed- Sat, 12-6 pm, 160 Water Street
- **Gaslight Theater,** 626-3698, www.gaslighttheater.org City Hall, 1 Winthrop Street
- Museum in the Streets, history/walking tour, www.historichallowell.org, downtown
- Farmers' Market, 622-1350, Sun 3-6 pm, Water Street
- Vaughn Woods, 166 acre park/trails/homestead, Middle Street
- Kennebec River Rail Trail, www.krrt.org, to Augusta, Farmingdale/Gardiner, Water Street
- Waterfront Park, North Water Street

## HINCKLEY

• L.C. Bates Museum at Good Will-Hinckley School, early 20th century natural history and cultural exhibits, nature trails and camps, adults \$3, up to 17 years \$1, 238-4250, www.gwh.org Wednesday-Saturday 10 am-4:30 pm, Sunday 1-4:30 pm, Route 201

### KINGFIELD

- Reinhart Gallery Art Center, 266-8458, 245 Main Street, www.ianreinholt.com/gallery.html
- **Ski Museum of Maine**, by appointment, 265-2023, 256 Main Street *www.skimuseumofmaine.org*
- **Stadler Gallery**, 265-5025, 12-4 pm daily or by appointment. 225 Main Street *www.stadlergallery.com*
- Stanley Museum, 265-2729, www.stanleymuseum.org, memorabilia/displays on photographs, violins and Stanley Steamers, Tuesday-Sunday 1-4 pm, 40 School Street

# Livermore

• Washburn-Norlands Living History Center, 18th-19th century mansion/farmstead/schoolhouse, library, chapel, 897-4366, www.norlands.org, admission, living history tours Tuesday and Thursday 1-4 pm, 290 Norlands Road

# MADISON

- Lakewood Theater, Maine's Summer Theater, Young Performers Camp, 474-7176, www.lakewoodtheater.org, Route 201
- Skowhegan School of Painting and Sculpture, 474-9345, www.skowheganart.org, summer evening artists lecture series, East Madison Road

# Моммоитн

- Monmouth Museum, local and regional Maine history, Wednesday-Sunday 1-4 pm, 933-2287, www.monmouthmuseuminc.org, 751 Main Street
- The Theater At Monmouth, The Shakespeare Theater of Maine, Cumston Hall, 933-9999, www.theateratmonmouth.org, Main Street

# MOUNT VERNON

- D.E.W Animal Kingdom, Zoo, 293-2837, www.dewanimalkingdom.com, Tuesday-Sunday 10 am-5 pm, \$10, 918 Pond Rd, Route 41
- Villages Market, farmers/crafters, Saturday 10 am-2 pm (start 6/29), next to Flying Pond Store, sharihamilton@gmail.com,





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- Wire Bridge, 1864, probably only wire suspension bridge in U.S., off Route 27

### New Sharon

- Farmers' Market, Saturday 9 am-1 pm, Douin's Market, 491-9025, 150 Mercer Road, Routes 2/27
- New Sharon Historical Society, Saturday 1-3, Routes 2/27

### Norridgewock

- Norridgewock Historical Society Museum, 1838 building, Saturday 10 am-3 pm, 634-5032, www.norridgewock.com, Mercer Road, Route 2
- **Oosoola Park,** picnic area, great playground, boat launch, on Kennebec River, Route 8

### OAKLAND

- Macartney House Museum, Oakland Area Historical Society, 465-7549, Wednesday 1:30-4:30 pm, 1815 home with antique furnishings and Oakland artifacts, 25 Main Street
- Park, playground, picnic tables, swimming area, boat launch area, Belgrade Road
- Farmer's Market, Friday 2-6 pm, 465-3094, Pine Acres Parking Lot, 895 Kennedy Memorial Drive

### READFIELD

• Readfield Historical Society and Museum in 1853 school-house, 685-4662, *www.readfieldhistorical.org*, Thursday and Saturday 10 am-2 pm or by appointment, Route 17, Readfield Depot

# ROME

- Mt. Philip Grange, suppers 3rd Sat of month, 4:30-6 pm, all you can eat beans, cornbread, rolls, chop suey, pies, Routes 135/225
- Trails: Mount Philip on Route 225; The Mountain on Route 27; French's Mountain and 21

on Watson Pond Road; for information call 495-6039 or visit www.belgradelakes.org; maps available at BRCA, 137 Main Street, Belgrade Lakes

# SIDNEY

- New England Music Camp, concerts free and open to the public, Bowl-in-the-Pines on Lake Messalonskee, 465-3025, www.nemusiccamp.com, Route 23
- Sidney Historical Society, 547-3142, http://www.rootsweb
- Silver Spur Riding Club, horse shows, www.silverspurmaine.com/, River Road, Route 104

# SKOWHEGAN

- Margaret Chase Smith Library, residence, home, museum exhibits, 474-7133, www.mcslibrary.org, free, Monday-Friday, 10 am-4 pm. 54 Norridgewock Ave.
- **History House Museum**, 1800s local history and culture, heirloom gardens, free, Tuesday-Saturday, 10 am-4 pm, 474-6632, *www.skowheganhistoryhouse.org*, 66 Elm Street
- Fairgrounds, weekly horse shows/competitions, free public events, covered arena, Skowhegan State Fair in August,

474-3621, Madison Avenue, Route 201

• Farmers' Market, Wednesday 3-6 pm, Saturday 9 am-1 pm, weekly entertainment, 938-3906, Somerset Gristmill parking lot, downtown

### SMITHFIELD

- Fairview Grange, 362-2791, Route 8
- Smithfield History Society "The Groves House," 634-4392, 21 Lakeview Drive
- Sunbeam Roller Rink, 362-4951, 830 Village Rd, Route 8
- Sunset Camps, public beach, 362-2611, www.sunsetcamps.com, 834 Village Road, Route 8

### UNITY

• Unity College Centre for the Performing Arts, folk genre music, 568-3147, www.unitymaine.org, 42 Depot Street.

### WATERVILLE

- Aqua City Actor's Theatre (ACAT), 873-7000, www.acattheatre.org. Waterville Opera House Studio Theater, Main Street
- **Museum in the Streets,** downtown history/walking tour, www.the museum in the streets.com/waterville.htm
- Two Cent Bridge, historic foot bridge over Kennebec River connecting Waterville and Winslow, Head of Falls park/events area, Front Street
- Common Street Arts, 872-2787, www.commonstreetarts.org, Wednesday-Saturday 12-6 pm, 16 Common Street
- Colby College Museum of Art, 859-5600, www.colby.edu/museum/ Tuesday-Saturday 10 am-4:30 pm, Sunday 12-4:30 pm, free admission, Colby College Campus, Mayflower Hill
- Colby College Special Collections, Miller Library, Monday-Friday 10 am-12 noon and 1-4 pm, free admission
- Thomas College Art Gallery, 180 West River Road
- Waterville Historical Society Redington Museum, 1814 home, pharmacy, 872-9439, www.redingtonmuseum.org. Tuesday-Saturday tours at 10 and 11 am, 1 and 2 pm, 62 Silver Street
- Waterville Opera House, 873-7000, www.operahouse.com, 93 Main Street
- Farmers' Market, Thursday 2-6 pm, 680-2055, www.watervillefarmersmarket.org, The Concourse parking lot

# WAYNE

• Farmers' Market, 685-4657,

http://waynefarmersmarket.weebly.com, Saturday 9 am-noon, Town Green, at the Mill Pond, Main Street

# WILTON

• Wilton Farm & Home Museum, 645-2091, 645-4578, www.wiltonmaine.org, Saturday 1-4 pm or by appointment, 10 Canal Street

# WINSLOW

• Fort Halifax on the Kennebec, historic fort tower, park, Route 201

# WINTHROP

- Norcross Park, playground, picnic site, boat launch on Maranacook Lake
- Farmers' Market, 446-2899, www.camarkets.com, Tuesday and Saturday 9 am-1 pm, town office parking lot, 17 Highland Avenue

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# ASSOCIATIONS/GROUPS

### THE BELGRADES...

- East Pond Association, Smithfield/Oakland, www.eastpond.org
- **North Pond Association,** Smithfield/Rome/Mercer, *www.northpond.net*
- McGrath Pond/Salmon Lake Association (MP/SL), Belgrade/Oakland, RR 2, Box 2800, Belgrade, 04917, 465-3983, www.mcgrathpond-salmonlake.org
- Great/Long Ponds: Belgrade Lakes Association (BLA), Belgrade/Rome/Mount Vernon, PO Box 551, 137 Main Street, Belgrade Lakes, 04918, 512-5150, www.belgradelakesassociation.com
- Friends of Messalonskee Lake Watershed, Oakland/Belgrade/Sidney, PO Box 532, Oakland, 04963, 660-5069, www.friendsofmessalonskee.com
- Belgrade Regional Conservation Alliance and BRCA Conservation Corps, PO Box 250, 137 Main Street,
  Belgrade Lakes, 04918, 495-6039, www.belgradelakes.org
- Belgrade Lakes Region Business Group (BLRBG), PO Box 518, Belgrade, 04917, 465-4915, www.belgradelakesmaine.com
- Maine Lakes Resource Center/Docks to Doorways, PO Box 431, 137 Main Street, Belgrade Lakes, 04918, 495-3617, 620-6029, www.mainelakesresourcecenter.org

## BEYOND...

- Friends of the Cobbossee Watershed, PO Box 5003, Augusta, 04332-5003, 621-4100, www.watershedfriends.com
- Franklin County Soil & Water Conservation District, 107 Park Street, Farmington 04938, 778-4279, www.franklincswcd.org
- Kennebec County Soil & Water Conservation District, 21 Enterprise Drive, Augusta 04330, 622-7847, ext. 3, www.kcswcd.org
- Somerset County Soil & Water Conservation District, 12 High Street, Skowhegan 04976, 474-8324, www.somersetswcd.org
- Kennebec Land Trust (KLT), PO Box 261, 331 Main Street, Winthrop, 04364, 377-2848, www.tklt.org
- Kennebec Messalonskee Trails, PO Box 2388, Waterville, 04903, 873-6443, www.kmtrails.org
- Kennebec River Rail Trail, PO Box 2195, Augusta, 04338, 623-8162, www.krrt.org
- 30 Mile River Watershed Association (30 MRWA), Kimball Pond in Vienna to the Androscoggin River, PO Box 132, Mt Vernon, 04352, 685-4956, www.30mileriver.org
- Maine Lakes Society, formerly Congress of Lake Associations, PO Box 447, 137 Main Street, Belgrade Lakes, 04918, 1-855-463-2652
- Central Maine chapter of the New England Mountain Bike Association (CeMeNEMBA), 441-6227,

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Additions/Updates/Corrections: Please contact Summertime in the Belgrades, 495-3777, with changes to this Directory.



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# - Calendar <del>—</del>

Through Saturday 8/16 – Skowhegan State Fair, 196th year, midway, harness racing, exhibits, food, fun, entertainment, live music every night, shows daily, more, children under 5 free, parking \$4, ride bracelet \$15, gate admission varies, Monday 8/11 Senior Citizen Day – over 62 admission \$4, 474-2947, www.skowheganstatefair.com, Fairgrounds, Route 201, Skowhegan.

Through Sunday 8/17 – Annual Tent Sale, New Balance Factory Store, 474-6231, 12 Walnut Street, Skowhegan.

Thursday 8/14 through Sunday 8/17 – "Figaro," comedy, 474-7176, Lakewood Theater, Route 201, Madison.

**Thursday 8/14 –** Friends and Neighbors luncheon, free, soup/salad/sandwich fare, 11:30 am, Union Church, Main Street, Belgrade Lakes.

Thursday 8/14 – "Point Last Seen" with Odelle Newman, multi-media performance, 7:30 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

Friday 8/15 through Sunday 8/17 – Great

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Falls Balloon Festival, "Swashbucklin' In The Sky," parade, balloon launches, family fun day, moonglow, pancake breakfast and more, Lewiston/Auburn.

Friday 8/15 – Ribbon Cutting Ceremony, Belgrade Regional Health Center's new walking trail, to celebrate National Community Health Center Week, 2-5 pm, 495-3323, BRHC, Route 27, Belgrade.

Friday 8/15 – Britannica Acoustic Duo, classic rock music from the Beatles, Moody Blues, Rolling Stones, Jimi Hendrix, the Kinks and others, 7 pm, \$12 adults, \$6 children 6-15, age 5 and under free, refreshments available, 50/50 raffle, 495-2286, Belgrade Community Center for All Seasons, Route 27, Belgrade Lakes.

**Friday 8/15** – "What The Butler Saw," 7:30 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

**Saturday 8/16 –** Made in Maine show, including art, baskets, dishware, soaps, quilts, wood products, food, sauces, jewelry, home décor and much more, 9 am-4 pm, Colby College Field House, Waterville.

**Saturday 8/16 -** Winthrop Sidewalk Art Festival, artists, food, sales, concert, a

farmers' market, BBQ, rain or shine, 10 am-4 pm, 458-4112, downtown Winthrop.

Saturday 8/16 – Kennebec River Canoe and Kayak Tour, led by Curator Ben Doty, attendees must bring their own canoe/kayak and life jacket – no exceptions, meet at Arnold Park on the Island, 10 am, 474-6632, Skowhegan History House, Elm Street, Skowhegan.

**Saturday 8/16 -** Smithfield Historical Society Open House, 11 am-1 pm, 362-5340, Groves House, 21 Lakeview Drive, Smithfield.

**Saturday 8/16** – Open Mic with Stan Davis and Caleb Orion, free and open to the public, 1-3 pm, Norcross Park, Maranacook Lake, Winthrop.

**Saturday 8/16** – "A Woman Of No Importance," by Oscar Wilde, 1 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

Saturday 8/16 – Frog Day! Come learn about all things frog, catch frogs in the pond, plus other cool pond creatures, wear mud boots and prepare to get dirty, 1 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Saturday 8/16 – "Treasure Island," Missoula Children's Theatre, performed by young people entering grades 1-8, performance at 3 pm, 873-7000, Waterville Opera House, Main Street, Waterville.

Saturday 8/16 - Monthly Bean supper, 3 kind of beans, 2 types American Chop Suey, hot dogs, coleslaw, bread, homemade pies, all you can eat, \$7, under 5 free, proceeds used to donate school supplies to Messalonskee Middle School & Messalonskee High School, 4:30-6 pm, Mt. Philip Grange, Routes 225 and 27, Rome.

**Saturday 8/16 -** Annual Turkey Dinner and all the fixings, cole slaw, corn on the cob, potato salad, rolls, brownies with ice cream, cold drinks, tea and coffee, 5-7 pm, Union Church, Route 27, Belgrade Lakes.

**Saturday 8/16** – "Romeo and Juliet," by William Shakespeare, 7:30 pm, 933-9999, Cumston Hall, The Theater at Monmouth.

Sunday 8/17 – Mount Vernon 5K, The Loon Loop, to support the Greater Minnehonk Lake Association and the Mount Vernon Community Partnership, registration 9:30 am, race 10 am-12 noon, \$10, under 12 free, Community Center,







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Route 41, Mount Vernon.

**Sunday 8/17 -** "As You Like It," by William Shakespeare, 1 pm, 933-9999, Cumston Hall, The Theater at Monmouth.

**Sunday 8/17** – Feather Lungs, Summer Concerts at Norcross Point, free and open to the public, 2-4 pm, Norcross Point, Maranacook Lake, Winthrop.

**Sunday 8/17** – Skowhegan Community Band, 5-6:15 pm, bring lawn chairs and blankets, 474-0527, Philbrick Gazebo, Coburn Park, Water Street, Skowhegan.

**Sunday 8/17** – "What The Butler Saw," 7 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

Monday 8/18 – 44th Annual Golf Scramble to benefit the United Way of Kennebec Valley, Hole in One, Putting Contest, Raffles, Awards, lunch and dinner included, 12 pm, 626-3400, Augusta Country Club, Route 202, Manchester.

Tuesday 8/19 – "Tales From the Blue Fairy Book," Family Show, 1 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

Tuesday 8/19 – Free Child Identification Program, sponsored by the Oakland Messalonskee Masonic Lodge in conjunction with the National Center for Missing and Exploited Children, parents will receive a DVD video of each child, a DNA swab, copies of fingerprints, and walletsized emergency cards, children must be accompanied by parent or legal guardian, free and open to the public, 2-6 pm, 495-3508, Belgrade Public Library, Depot Street, Belgrade Depot.

**Tuesday 8/19 –** Concert, on the Kennebec River, 7-8:30 pm, Water Street, Hallowell.

**Tuesday 8/19** – "What The Butler Saw," 7:30 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

Tuesday 8/19 – Potluck dinner and ArtTalk with Maine ceramic artist Ayumi Horie, studio potter in Portland and co-founder of Handmade For Japan to support relief and rebuilding efforts from the 2011 earthquake and tsunami in Japan, free and open to the public, 5:30 pm, Harlow Gallery, 160 Water Street, Hallowell.

Tuesday 8/19 – Movie Night, free outdoor movie behind Day's Store on Long Pond, weather permitting, family rated, for title and time call 495-2205, Day's Store, Main Street, Belgrade Lakes.

Wednesday 8/20 and Thursday 8/21 -

Maine Farm Days, wagon tours, children's activities, display booths, farm equipment

displays, demos, milking, barn visits, food booths, and much more, free and open to the public, www.mainefarmdays.com, Misty Meadows Farm, 308 Hill Road, exit 138 off I-95, Clinton.

Wednesday 8/20 – Art Afternoon, diverse activities, many media, inspired by the collections, with a museum guide, 1 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Wednesday 8/20 – "As You Like It," by William Shakespeare, 1 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

Wednesday 8/20 – "Fort Halifax," presented by Daniel Tortora, sponsored by Kennebec Historical Society, 6:30 pm, 622-7718, Augusta City Center, 16 Cony Street, Augusta.

Wednesday 8/20 – Log Driving History Talk, Richard Judd, professor of history at the University of Maine and co-editor of the "Historical Atlas of Maine' will discuss the history of log driving, 7 pm, 474-7133, Margaret Chase Smith Library, 54 Norridgewock Avenue, Skowhegan.

Wednesday 8/20 – Belgrade Historical Society presents "Tourism in the Belgrades," speaker Maine State Historian Earle Shettleworth will use old photographs, post cards, and tourist brochures to trace how Victorian religious campgrounds paved the way for hotels, fishing camps, and boys and girls camps in the Belgrades. \$5 non-members, free to members, 7:30 pm, 797-3218, Maine Lakes Resource Center, Main Street, Belgrade Lakes.

Wednesday 8/20 through Saturday 8/23 - "Figaro," comedy, 474-7176, Lakewood Theater, Route 201, Madison.

Wednesday 8/20 – "Romeo and Juliet," by William Shakespeare, 7:30 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

Thursday 8/21 through Sunday 8/23 – Blistered Fingers Family Bluegrass Festival, great line-up of bands, camping, hot showers, booths, foods, extra large tent area for spectators, field picking 24 hours a day, 873-6539, blist-f@blisteredfingers.com, www.blisteredfingers.com, Litchfield Fairgrounds, Litchfield.

Thursday 8/21 through Sunday 8/24 – Madison/Anson Days, Chili Cook-Off, 5K Road Race, Bike Race, Sidewalk Crafter's Show, Outdoor Concert, Parade, Carnival, Car Show, Fishing Derby, most events Main Street, Madison.

Thursday 8/21 – "Tales From The Blue Fairy Book," Family Show, 1 pm, 933-

9999, Cumston Hall, The Theater At Monmouth.

**Thursday 8/21** – Free Outdoor Concert, Skosh, 5:30-7 pm, 582-3100, Waterfront Park, Gardiner.

**Thursday 8/21 –** Picnic Concert with Ken Labrecque, "Garden Stage" series, \$10, 6 pm, 622-9831, Vaughan Homestead, Hallowell.

Thursday 8/21 – Billy Libby & Sean Morin, Summer concert Series 2014, 6:30 pm, Front Lawn Lithgow Library, Winthrop Street, Augusta.

Thursday 8/21 – "Legends: The Music of Judy Garland," with Kelly Caufield, 7:30 pm, 933-9999, Cumston Hall, The Theater At Monmouth.



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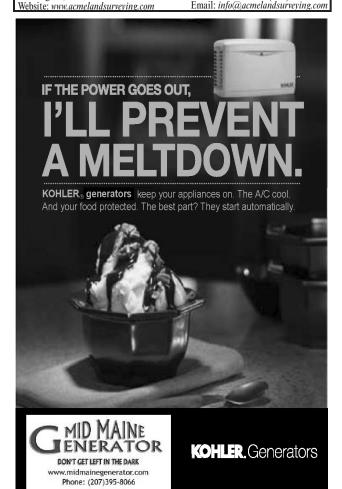


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# Kennebec Corridor

Kennebec Land Trust's celebration will feature a Tri-Sport Challenge (pre-register at www.tklt.org), photography, and nature workshops, children's activities, music by the Gawler Family, a potluck cookout lunch, and a reunion with former Kennebec Land Tturst presidents, directors, members, and interns. Join us for all or part of the day.

Thank you Camp Winnebago!

Sunday, August 24, Schedule of Events:

9:00 a.m. KLT's Tri-Sport Challenge (For details and to registergo to www.tklt.org )

10:45 a.m. Workshops and Activities for all ages 12:00 p.m. Potluck Cookout Lunch

12:45 p.m. Annual Meeting

1:30-3:00 p.m. The Gawler Family Band

\$15 Adults, 12 and under free, \$37 Family.

# Kennebec Land Trust's 25TH Anniversary Celebration!

Kennebec Land Trust will provide hamburgers made with local, grassfed beef, veggie burgers, hot dogs, and beverages. Please bring a dish to share.

Please register by August 15\* at www.tklt.org



KENNEBEC LAND TRUST

# — Upcoming -

### **AUGUST**

- The Adoptive and Foster Families of Maine New Balance 5K starts at 9 am on Saturday, August 23 at the New Balance Factory Store on Walnut Street, Skowhegan. 827-2331
- Mark the calendar for the United Methodist Women Yard Sale on August 23, 8 am-2 pm, at Union Church in Belgrade Lakes. Drop donations off on August 22.
- "Spotter's Sprint" Canoe & Kayak Paddle, sponsored by the Friends of the Cobbossee Watershed will be held on Sunday, August 24 at 10:30 am at the YMCA Camp of Maine in Winthrop. 621-4100
- The 7th Annual 5K Race for the Lakes will be held on Saturday, August 30, 8 am, at Camp Runoia, Point Road in Belgrade. Pre-register by 8/22 \$20; day of race \$25. 495-6039

# SEPTEMBER

- The Annual Meeting of the Belgrade Regional Conservation Alliance will be held Tuesday, September 2 at 5:15 pm at Alden Camps, East Pond, Oakland. 495-6039
- The Children's Book Cellar in Waterville will host an Author Chat with local children's author Joyce Ray, whose debut YA historical novel "Feathers and Trumpets, A Story of Hildegard of Bingen" was published in March, 2014, on Friday, September 5, 3-5 pm. 465-4756
- "On Golden Pond" will be performed at the Waterville Opera House starting September 5. 873-7000

- BikeMaine 2014, "Pedaling the Waterways," will take place September 6-13, with overnights in Norway, Winthrop, Gardiner, Boothbay Harbor, Bath and Westbrook. ride.bikemaine.org
- The Litchfield Fair is September 5-7, free grandstand, free handicapped parking, midway, food, shows, pulling events, bingo, pig scramble, exhibits, historical fair museum and more.
- A community-wide arts festival, COTA, Celebration of the Arts will be held on Saturday, September 13 in Skowhegan. 474-3621
- Discover! Learn! Enjoy! Connect! At the Common Ground Country Fair on Friday, Saturday and Sunday, September 19-21 in Unity.
- Family Fun Day sponsored by Inland Hospital in Waterville will be on Saturday, September 20 at the Quarry Road Rec Area, includes climbing wall, trail walks, music and dancing, geocaching, information to help local families make healthy choices. 861-3292
- The 21st Annual Rise 'N Shine 5K Road Race, sponsored by Kennebec Savings Bank, will be held Friday, September 26 at 6:31 am. 622-5801
- Fryeburg Fair will run from Sunday, September 28 through Sunday, October 4, featuring Senior Citizens Day Tuesday, 65 and over free, Exhibition Halls and Farm Museum open 9 am-9 pm, giant midway, sheepdog show, pulling events, food booths, and much more. www.fryeburgfair.org



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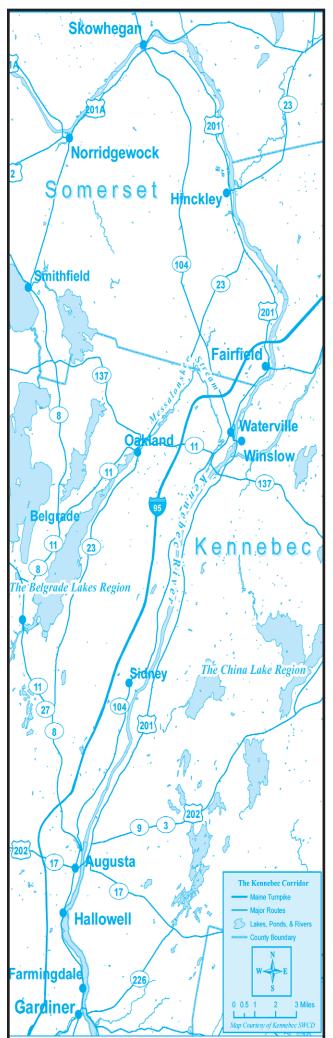
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# **Kennebec Corridor**





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# —Katy's Column —

# How Often There Is **Good News!**

it was a pleasant day to take a drive to the Lsmall village where my four sons began life. As usual, I traveled the 'back' roads and left the main highways for others - my choice every trip. On that day, however, there was a special reason why I was going there. A cousin had a serious fall and another cousin was having a fund-raising potluck luncheon for him. The fundraiser was important. Eric had fallen from a ladder and did extensive damage to his back, pelvis and ankle. He had been self-employed so did not have health insurance. The need was obvious.

Along the way I spotted an old friend mowing grass along the highway that bordered his newly constructed stonewall. I waved. He recognized me and waved back. I had to stop and catch up on his family.

"Katy, good to see you. Come on in. I want you to see the project my daughter is creating!"

"Sure, Tom, but I can't stay long - I'm already late."

Late or not I had time to witness the involved project the pre-teenage, blond young lady was working on. She was well underway and doing what, I felt, was a pretty professional job for one so young. As we talked, Tom mentioned to his wife that I was off to a fundraising luncheon, which evoked questions.

It became obvious to me that as Tom explained my mission, he felt the worthiness of what was before me for he went to the nearby desk and pulled out a checkbook. Even before I suggested, "You don't even know the guy, Tom," he came back to my side, handed me the still-wet piece of paper and said, "I've made the check out to Hank, who is having the luncheon. I hope that will work!"

I assured him it would and thanked him for his generosity.

That may seem the end of the story I want to share with you and, in essence, it is - but it sees to me there is more this story reveals.

How often someone reaches out to help when no one has asked for help! Far more often than we know. Even the tiniest kind of thoughtfulness or polite act merits acknowledgement.

The elderly lady drops her purse and you retrieve it for her; the kid's ball rolls across the street and a passerby stops, picks it up and tosses it back to the child; a sign in the store window states that a local baby needs surgery and they're accepting donations. Such seemingly simple acts are happening all the time.

Kindness is often taken for granted. Probably that's a good thing because the 'giver' certainly isn't looking for applause or attention. The Good Samaritan is just doing what

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comes naturally -comes naturally because such action has been part of their childhood develop-

Because my early training demanded that I show appreciation or thanks for an act of kindness, I felt duty-bound to send a short note to Tom, thanking him for his generosity to my relative. I did this, of course, because the recipient had no idea who Tom was nor how to get in touch with him. I had been the transporter so I felt I should intercede.

I'm not telling you all this just as a story. The bigger picture is to show how often there is good news, a kindness to report or an action that may make you smile or nod your head in agreement.

Wouldn't life be softer and perhaps more civil if we took time to tell such tales?

Katy Perry was an author, news commentator, Peace Corps Volunteer, all around interesting and interested lady and an enthusiast about most things Maine. She wrote a popular weekly column for Summertime in the Belgrades for several seasons.



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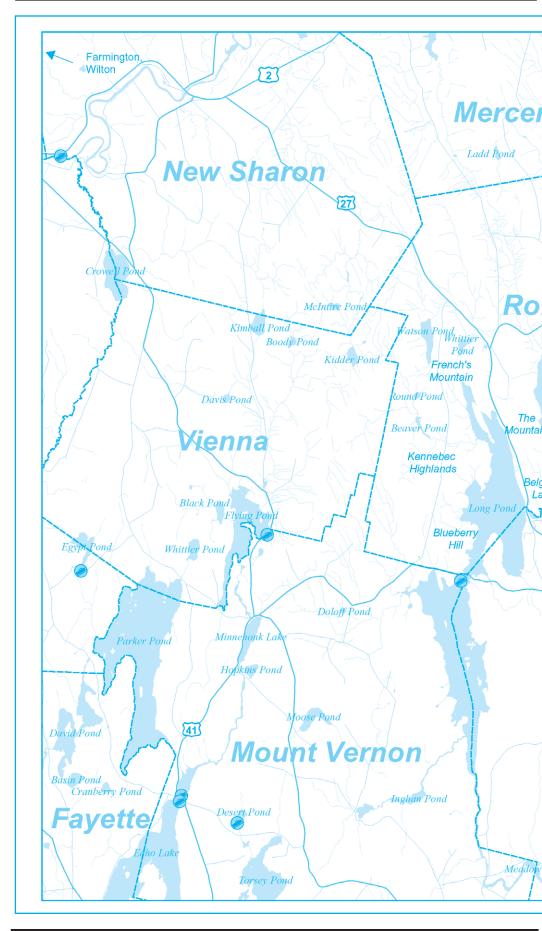




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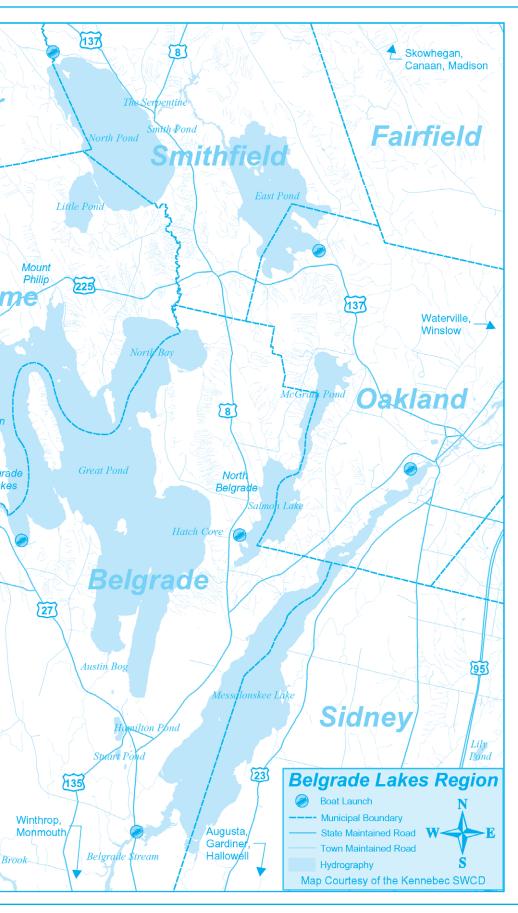
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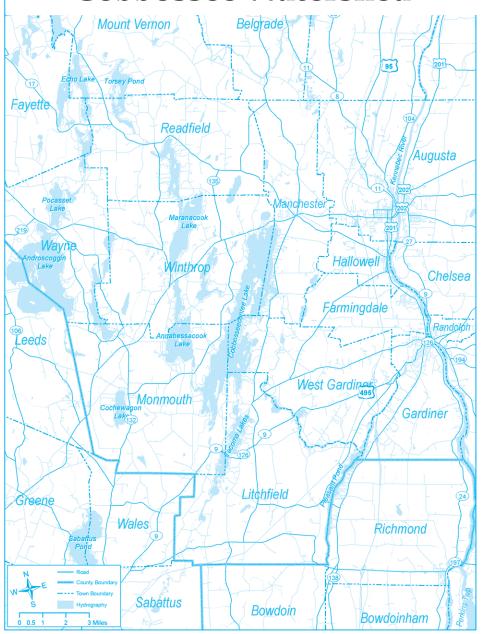
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# Acclaimed Memoir Receives World Premiere at Theater at Monmouth

Theater at Monmouth presents a world-premiere adaptation of Hannah Nyala's memoir *Point Last Seen* featuring Odelle Bowman on Thursday, August 14 at 7:30 p.m. Join Odelle Bowman for this work-in-progress presentation as she tells the story of Hannah Nyala, search and rescue tracker, who escapes an abusive marriage by teaching herself to track in the Mojave Desert. A post-performance discussion with the artists will follow the performance.

Bowman first encountered the memoir *Point Last Seen* by Nyala ten years ago when a friend mentioned it and said it was meant for her. Bowman connected with the story immediately, but the journey to the stage adaptation wasn't as quick. "It has lay in waiting for some time," Bowman said. "Always in my mind, but never the right time within my life itself." During this time, Bowman met Nyala at a women's tracking conference in Massachusetts, and collaboration began between the two women. Bowman and Nyala became friends though phone conversations, emails, and Nyala's blog, *www.pointlastseen.com*. "I am the vessel for Hannah's story and strive to do her journey justice," Bowman said. "She is a remarkable human being." Bowman took Nyala's story and adapted it into a 90-minute presentation, something Bowman says was "an often daunting task."

Odelle Bowman is a professional actor/director, storyteller, and arts educator. She is the founder of the Cassandra Project, a women's performing arts festival in Portland. She was the Director of the Maine Humanities program "Girls Going Places', bringing the arts and humanities to youth incarcerated at Long Creek Development Center for six years. In 2002 she was one of three women honored with the Maine Women's Fund Award. Prior to her work in non-profits she was an ensemble member with Mad Horse Theatre Company and performed at Portland Stage and many regional theatres. Her current focus is to bring to the stage original works of theatre that help to illuminate our world past and present.

Point Last Seen features Odelle Bowman as Hannah Nyala. Project collaborators include: Dawn McAndrews (dramaturgy) Michael Reidy (sets and lights), Barb Truex (original score), Susan Bickford (video), and Christine McDowell (costumes). Tickets are \$25. Discounts available for groups of 10 or more. For calendar and reservations, please contact the TAM Box Office at 207.933.9999 or visit www.theateratmonmouth.org





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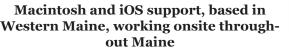




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The 43rd Blistered Fingers Family Bluegrass Festival will be no different. Scheduled for August 20-23 at the Litchfield Fairgrounds, the festival will provide 12 great bands on-stage, a lot of good music off stage, camping rates which include indoor bathroom facilities and free hot showers, food and music concessions, a large tent to fend off rain and sun, easy parking, the security of a well-supervised facility and the warm welcome of the Cormier family.

For the August Festival, the line-up of bands during the 4-day weekend will include:

-The Gibson Brothers (NY)	Saturday
-Junior Sisk & Ramblers Choice (VA)	Friday
-The Grascals (TN)	Friday
-Nothin Fancy (VA)	Wednesday, Thursday
-The Church Sisters (VA)	Saturday
-Larry Efaw & Mountaineers (OH)	Thursday, Friday
-Bluegrass Diamonds (NB)	Friday, Saturday
-The Seth Sawyer Band (VT)	Friday, Saturday
-CPA Express (ME)	Wednesday, Friday, Saturday
-Monadnock (NH)	Thursday, Saturday
-Bluegrass Gospel Sing & Jam (MA)	Sunday
-Blistered Fingers (the Host Band(ME)	Saturday
	DI ( 1 T) T/ 1 A 1 C

The festival emcee will be Evan Carl. There will be a Blistered Fingers Kids Academy for ages 6-18. And Early Bird camping starts Sunday, August 17 at 8 am for those who travel far or wish to relax and enjoy a great getaway.

Day prices per person payable at the gate only are:

- Visitors Sunday-Tuesday \$10
- Thursday 5-9:30 \$15
- Friday 12-10 pm and Saturday 10 am-10 pm \$25
- After 5 pm Friday and Saturday \$20
- Sunday Gospel Sing 10-11 am free

For more highlights of the festival and weekend rates contact www.blisteredfingers.com, blist-f@blisteredfingers.com or 873-6539.







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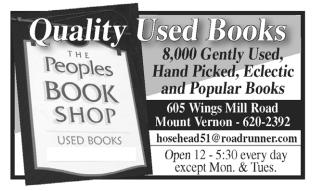
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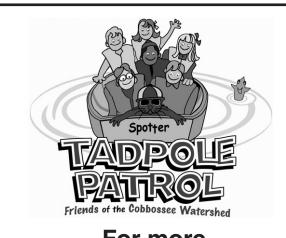


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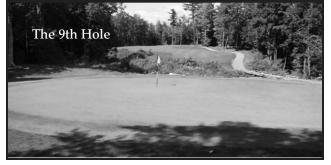
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# —The Luckiest Boy—

Welcome back strollers. For those who missed the first leg of our stroll in the previous Summertime issue, our goal was to stroll Belgrade Lakes village in 1959 and see what was going on then. We grossly under estimated the time needed to complete the mission, so time and space restraints caused us to pack it in and restart this week. We had come from the dam and had just passed the Nagem family's Lakeshore Hotel (now Janet Nichols and her family's compound). Let us proceed.

Not far past the Lakeshore, we see a humongous wooden building with a big CASINO sign on the street side high above the door. Casino implies gambling to most of us but my friend Ralph says that in earlier times it could generally mean "a place of entertainment." It has been defunct for decades, but a peek into the back door shows us the old stage and curtain, still intact. We walk down around the outside back area near Long Pond and see that the building's rear addition has been partly torn down or snow load has caved it in. There are huge laminated wooden bowling lanes mixed in the fallen rubble. The residents in town often refer to the place as "the playhouse," presumably referring to the days when live shows went on here. We realize there's a lot of history here but we must leave it for another day. Local kids play inside the old building and the word is that Day's Marina has bought it for a boat storage facility.

Back on the sidewalk, we move up the street a bit to see a large two story home with glass porches on each end. Mr. and Mrs. Clyde Tillson spent their last years there and the home has been sold to Joe Tinker Sr. and his wife Sara. Joe T. Jr. is the new kid on the block. This is now the lime green house.

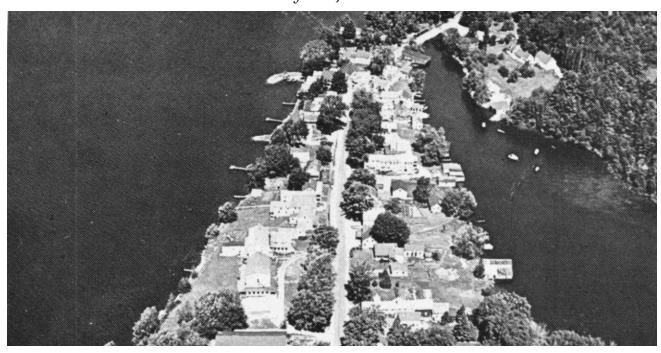
Next door up is Everett "Bunny" Tillson and wife Dorothy, with a "neat-as-a-pin" smaller home and a big barn attached on the back. Son Donald and his wife live there now..

The next home is a long and narrow two story that we know belongs to Harold and Irene Tukey. "Tuke" is the Maine State Game Warden for this area. He and Irene have three children there: Darryl, Linda and Jim. Now the Alter home.

The next two properties belong to school teacher Erma Clement and then the Hersom sisters. Their homes have both recently burned in

# Things, They Are a Changin' Part II

by Rod Johnson



separate fires. Erma's barn was saved and she has purchased a new turquoise and white house trailer which is attractively set up with picket fences, etc. — but looks a bit like Florida. The Hersom sisters had owned and operated Camp Abena, a girls, camp just south of town, for many decades. Many strollers know of someone who now lives on Abena Shores. Joe Tinker Sr. (we just passed his house) has purchased Camp Abena and continues its operation. The Hersom property remains a vacant lot after the fire rubble is cleaned up and is later combined with Erma's lot. A new home has since been built on the two lots now owned by the Yotides.

We shuffle south 20 yards or so and see a cute smaller home across from the Union Church. The Rodenhiser family has purchased the property as a summer home and the deep lot reaches perhaps a thousand feet back to Long Pond. A camp is there or is being built there.

Crowded fairly close on the south of the Rodenhiser home is another big derelict building. It was used as an annex for the Belgrade Hotel, which burned three years ago. This building is to be torn down in the fall. Local kids have a self-proclaimed baseball field out back and many of the windows are smashed by fly balls and rocks.

Last but not least is a large home where the West Road splits off from Main Street. Again, it is a hotel property up until the hotel fire 3 years ago. The home was used by Charles Hill, hotel

owner and builder as well as the Acheson family when they were in town now the Saxton home.

The huge inferno took the Belgrade Hotel three years ago and now developer Tobey is selling the outlying cottages and ancillary buildings. Also, surveying has divided up the 250 acre property's golf course and adjoining Long Pond shoreline, also for sale. We see a few of the original cottages in the distance, sparsely scattered and strangely missing their mother hotel. (They are homes still today.)

We have reached the upper (south) end of the immediate main street and realize that the trip back downtown cannot be accomplished at this time. Once again we have time and space restraints. After some input from the strollers we agree that in order to do justice to the return trip back to dam we must make it a 2015 priority. Thank you strollers for accompanying us on this and the initial walkabout. Hope you enjoyed it and maybe learned something as well.

Author's note: For any folks who missed last year's 12 stories, we published a small book called *The Luckiest Boy* containing all 12, available at Day's Store.

Rod Johnson can be reached at rodorjohn@hotmail.com



Buffer Plantings
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# – Take It Outside –

spent much of last week hiking and fishing Land meeting others out doing the same. On the Mountain, I met the Matsons of Rome who walk their dogs daily there, Dave and his wife from Texas, who have owned a camp in Belgrade Lakes over 40 years and have integrated the Mountain Trail into their daily exercise routine, and the Barow Family from Boston who summer in Sidney, who were hiking with their kids and dog. It was fun to see so many different people of all ages enjoying the outdoors with their families and developing a greater appreciation for our special area. On Long Pond, I watched my neighbor's son, Luke, catching fish in Tracy Cove early in the morning

My hero of the week was Dave Axelman of Belgrade Regional Conservation Alliance's Stewardship Committee who, at the last minute agreed to lead a group of almost 50 girls from a camp in Winthrop up Roundtop Mountain, a trip I had previously agreed to lead. That allowed me to get away to rejoin my son and his family on the Appalachian Trail in Grafton Notch for a couple of days. The trip up Table Rock brought back special memories because my son Dave's first trip on the AT was to Table Rock when he was about 4 months old. On that trip, he stood in a pocket in the back of my old Kelty back pack where I normally carried my tent. As the picture below shows, he no longer fits back there.

I encourage everyone to get out on one of the nearby hiking trails or paddle one of our lakes. I especially encourage you to get outside with your kids or grandkids. Who knows where it may lead?

# More Children in the Woods.

by Pete Kallin



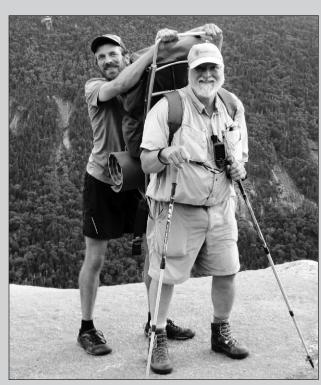


Couple from Texas (and Belgrade Lakes) enjoying the Mountain Trail. The Barow's of Boston (and Sidney) doing the same



Left: Luke Orup, of Sudbury, MA (and Rome) fishing in Tracy Cove.

Below: Girls climbing Roundtop.





Above Left: On top Table Rock in Grafton Notch with my son Dave hanging on to the back of the pack in which he first got to the top when he was 4 months old.



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Belgrade Vacation Rentals, 81 Main St, Belgrade Lakes, 495-4011, www.belgradevacationrentals.com

Castle Island Camps, American Plan, Castle Island Rd, Belgrade Lakes, 495-3312, www.castleislandcamps.com

The Village Inn, 1 & 2 bedroom suites, Rt 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com

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# Notebook -

# Free Health Insurance Workshops

• Make an informed choice about insurance. Take advantage of all its benefits. Come to a free Workshop on Health Insurance Literacy, sponsored by Spectrum Generations, Healthy Communities of the Capital Area, Greater Somerset Public Health Collaborative and Maine Community Health Options. Free and open to the public. 402-3338. Locations and dates: Friday, August 15, 10 am, Muskie Community Center, 38 Gold Street, Waterville – no registration required; Friday, August 15, 12:30 pm, William S. Cohen Community Center, 22 Town Farm Road, Hallowell no registration required; Tuesday, August 19, 1:30 or 5:30 pm, Skowhegan Free Public Library, 9 Elm Street register at 474-8552.

# Augusta

• Host families, 3-week "starter families" and "friendship families" are needed for French students form the University of Western Brittany studying at the University of Maine at Augusta. Host families provide a room for the late August through May school year. Starter families help the student for up to three weeks to get settled in, visit potential apartments, set of a bank account, choose a phone service, etc. Friendship families visit the students and provide occasional weekend visits. 621-3487

# Gardiner

• Volunteers are needed for the BikeMaine overnight stay at Waterfront Park on Tuesday, September 9. BikeMaine, a project of the Bicycle Coalition of Maine, is a mass bicycle ride that explores the people, places, culture and food of Maine. Hundreds of bicyclists will ride into Gardiner, one of the host cities, on September 9 to enjoy eating, shopping and having fun downtown. Volunteer help of all kinds from the community is needed. 582-3100

# Greene

• On Thursday, August 14, the Children's Day program, "Everybody Loves Pirates," will be presented by Frogtown Mountain Puppeteers at 2 pm at the Araxine Sawyer Memorial. The story: Eight-year-old Lucy and her goofy pal Little Chucky are searching for buried treasure, but a gang of bumbling pirates

....Continued from page 4

Leaping in one single move from the periphery to the center of the art world, these quilts were at home.

This exhibition marks the first time the quilts and the quilters have been north of Boston and is part of an exciting collaboration. A second exhibition of different quilts takes place at the Penobscot Marine Museum in Searsport, August 2-September 7. Finally, Fiber College in Searsport, initiator of the events, offers classes and special programming to

keeps getting in their way. The kids get some help from their new ocean-dwelling friends, including enthusiastic superhero Lobster Boy, his reluctant sidekick Crabby, and an overgrown sea monkey. "Everybody Loves Pirates " features 15 hand-crafted mouth and rod puppets and an 8-foot paper mache pirate ship. The length of the show is approximately 52 minutes. Recommended audience: ages 4 and up. Admission is free. 946-5311

## Hallowell

• The Gaslight Theater Announces Auditions for a Halloween-themed play called "Boo" on Saturday, August 16 at 9 am and Tuesday and Thursday, August 19 and 21 at 6 pm, at Hallowell City Hall. Needed are 32 actors including 7 children between 8 and 10 who look like that age group. Performances will take place October 24-26 and October 31-November 2; Fridays and Saturdays at 7:30 pm, Sundays at 2 pm. 626-3698

# Sidney

• The Sidney Historical Society is meeting on Wednesday, August 13, to hear a presentation on "A Small Maine Town in the Decade Prior to the Great War," by Linda Snow McLoon. McLooon grew up in North Belgrade where her parents ran Whisperwood Camps on Salmon Lake. She has been a teacher, a children's book author and a National Park Services historian. The program is a result of the research and indexing of the Waterville Morning Sentinel news for the years 1904-1915 in the Belgrade area. The presentation is at 7 pm at the Grange Hall on the Middle

# **Waterville**

• James Risen, an investigative reporter for the New York Times and an author who is currently under threat of incarceration for refusing to reveal his sources of information detailing a botched CIA operation dealing with Iran, will receive Colby College's Lovejoy Award for courageous journalism on Sunday, October 5 at 5:30 pm at Colby's Lorimer Chapel. Risen has received recognition for some of the most important reporting in the 21st century, including a Pulitzer Prize. He also is the author of 4 books, including "State of War: The Secret History of the CIA and the Bush Administration." The event, which includes a speech by the recipient, is open to the public.

celebrate the women. Four of the Gee's Bend quilters-China Pettway, Stella Mae Pettway, Revile Mosley and Lucy Mingo-will teach classes between September 2-8. The evening of September 3 has been reserved for a public New England boiled dinner and forum and gospel singing (during which two quilts will be raffled) at the Searsport Congregational Church moderated by Suzette McAvoy of the Center for Maine Contemporary Art. Tickets for the dinner are available through www.fibercollege.org



# Dining

# Augusta

• Riverfront Barbeque & Grille and Gin Mill Lounge, 300 Water St., Augusta. 622-8899, www.riverfrontbbq.com

# Belgrade

- Pete's Pig, 81 Main Street, Belgrade Lakes Village, also offering a full range of catering, 495-4095, www.petespig.com
- The Village Inn, Main Street, Route 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com
- Whisperwood, Salmon Lake/McGrath Pond, 103 Taylor Woods Road, Belgrade, open to the public by reservation only, 465-3983, www.whisperwoodlodge.com

• Wings Hill Inn and Restaurant, Route 27, Belgrade Lakes Village, 495-2400 or 800-495-2400, www.wingshillinn.com

## Oakland

- Alden Camps, Lunch or dinner by reservations, Saturday-Wednesday, space permitting, 3 Alden Camps Cove, Oakland, 465-7703, www.aldencamps.com
- Riverside Farm Market & Cafe, 291 Fairfield Street, Oakland, 465-4439, www.riversidefarmmarket.com

### Winslow

• Lobster Trap & Steakhouse, 21 Bay St, Winslow. 872-0529. www.lobstertrap-seafood.com.



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# A Celebration of Winthrop – **Art and Much More**

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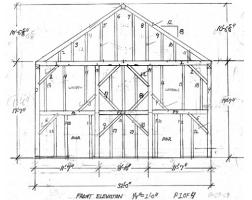
Downtown will be full of artists, showcasing their work, and full of other activities, too: book signings, food specials at local restaurants bake sales, luncheons, in-store and sidewalk discounts, benefits, and an "Open Mic" with Stan Davis and Caleb Orion in Norcross Park on Maranacook Lake.

Rain or shine, dozens of artists will be exhibiting their work along Main Street and in the parking lot in the center of town. Types of art will include painting, photography, pottery, weed, metal, jewelry, ceramic and more.

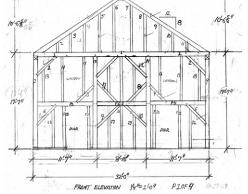
Sponsored by the Winthrop Lakes Region Chamber of Commerce, the Sidewalk Art Festival is a perfect park and walk event. For more information call 377-8020.



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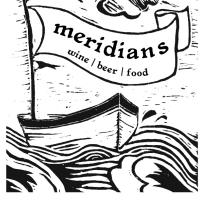
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# -Business Directory-

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Maine State Credit Union, 200 Capitol Street, Augusta, 623-1851, www.mainestatecu.org

**Skowhegan Savings Bank,** 450 Civic Center Drive, Route 27, Augusta, 1-800-303-9511, 623-2300, www.skowsavings.com

### **BEVERAGES**

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Meridians, 151 Main St, Fairfield, 230-0254, www.meridians.me

**Tree Spirits,** 152 Fairfield St, Oakland, 861-2723, www.treespiritsofmaine.com

# **BICYCLES**

**Auclair Cycle & Ski,** 64 Bangor St, Augusta, 623-4351, www.auclaircycle.com

# BOATS

(Besides the categories immediately following, see Canoes and Kayaks, Docks, and Boat Repair.)

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495-3312, www.castleislandcamps.com

**Great Pond Marina,** 25 Marina Dr , Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

Whisperwood Cottages, 103 Taylor Woods Rd, Belgrade, 465-3983, www.whisperwoodlodge.com

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**Brightside Wooden Boat Services,** 21 Hulin Rd, Belgrade Lakes, 495-3680, 778-1706, www.brightsidewoodenboat.com

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Hamlin's Marine, 290 West River Road, Waterville, 872-5660, www.hamlinsmarine.com

**Mid-Maine Marine and RV,** 885 Kennedy Memorial Drive, Oakland, 465-2146, www.midmainemarine.com

**Trailside Performance**, 797 Augusta Rd (Rt 201), Winslow, 873-2366, www.trailsideperformance.com

# **BOAT STORAGE**

**Belgrade Boat Storage**, 46 Oakland Road, Belgrade, 495-3421, 314-3287, www.belgradeboatstorage.com

**Belgrade Lakes Marine and Storage, Inc,** 366 Augusta Rd, Belgrade, 495-2378, www.belgradelakesmarine.com

**Brightside Wooden Boat Services,** 21 Hulin Rd, Belgrade Lakes, 495-3680, 778-1706, www.brightsidewoodenboat.com

**Clark Marine,** 57 Puddledock Road, Manchester, 622-7011; and Rt 202, Monmouth, *mail@clarkmarine.biz*, *funonthewater-startshere.com* 

**Great Pond Marina**, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

Hamlin's Marine, 290 West River Rd, Waterville, 872-5660, www.hamlinsmarine.com

Maple Leaf Self Storage, 688 Manchester Rd, Rt 135, Belgrade, 495-2191, 441-5529

Mid-Maine Marine and RV, 885 Kennedy Memorial Dr, Oakland, 465-2146, www.midmainemarine.com

**Trailside Performance**, 797 Augusta Rd, Rt 201, Winslow, 873-2366, *www.trailsideperformance.com* 

# **BOOKS**

**Children's Book Cellar,** 52 Main St, Waterville, 872-4543, *kidsbookseller@myfairpoint.net* 

The People's Book Shop, 605 Wings Mill Road, Mount Vernon/Belgrade line, 620-2392

# **BOTTLE AND CAN REDEMPTION**

**Damon's Quick Stop,** 670 Civic Center Dr., Augusta, 622-3334

**Jokas' Discount Beverages,** 52 Front St, Waterville, 873-6228, www.jokas.net

### **BUILDERS**

(See also Kitchens, Plumbing, and Excavating)
Craig's Carpentry/North Bay Estates, Rt 8, North Belgrade,
Craig Alexander, 649-3749

**G&L Contracting**, 116 Lakeshore Dr, Belgrade Lakes, 495-9009, gandlcontractingmaine.com

LakeHouse Renovations, 242-3663,

www.lakehousedesignbuild.com

## **BUILDING MATERIALS**

**Gagne and Son,** 28 Old Rt 27, Belgrade, 495-3313, www.gagneandson.com

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemiquid, Portland, Skowhegan, Wilton 866-HAMMOND, www.hammondlumber.com

### **CANOES AND KAYAKS**

Belgrade Canoe & Kayak, sales and rentals, Route 27, Belgrade, 495-2005, www.kayakandcanoe.com Brightside Wooden Boat Services, 21 Hulin Rd, Belgrade Lakes, 495-3680, 778-1706, www.brightsidewoodenboat.com

### **COMPUTER CONSULTANTS**

**Macintosh Solutions,** Michael Breault, 24 Welch Rd, Wilton, 645-5083, cell 578-0226,

m.o. breault@michaelbreault.net, www.michaelbreault.net

# **DINING**

(See Dining Directory on page 19)

# **DOCKS**

G&L Contracting, 116 Lakeshore Dr, Belgrade Lakes, 495-2325, 215-7951, 233-7408, gandlcontractingmaine.com

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, Wilton, 866-HAMMOND, www.hammondlumber.com

Trailside Performance, 797 Augusta Rd, Rt 201, Winslow, 873-2366, www.trailsideperformance.com

# **ELDER CARE**

Maine-ly Elder Care, 28 Center St, Oakland, 465-3249, www.maine-lyeldercare.com

# ENGINEERING

**Thayer Engineering,** septic design, storm water mitigation, permitting, 17 Hasson St, Farmingdale, 582-7762,

# EXCAVATING

Belgrade Boat Storage, 46 Oakland Road, Belgrade, 495-3421, 314-3287, www.BelgradeBoatStorage.com

David Stevens, P.O.Box 146, Belgrade, 465-3815, cell
314-0314

# EYE CARE

**Eye Care of Maine,** 325 E. Kennedy Memorial Dr, Waterville, 873-2731, www.Maine2020.com

# August 15 - August 21, 2014

# Summertime in the Belgrades



## **FARMSTANDS**

Riverside Farm Market & Cafe, 291 Fairfield St, Oakland, 465-4439, www.riversidefarmmarket.com
Winterberry Farm, 538 Augusta Rd, Rt 27, Belgrade, 495-2593, 649-3331, www.winterberryfarmstand.com

### FINANCIAL PLANNING

**Golden Pond Wealth Management,** 129 Silver St, Waterville, 873-2200, www.goldenpondwealth.com

### **FIREWOOD**

J & M Logging, Inc. 853 Civic Center Dr., Augusta, 622-6353

### **FLOORING**

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, Wilton, 866-HAMMOND, www.hammondlumber.com

### **GENERATORS**

Mid Maine Generator, Kohler generators, 395-8066, www.midmainegenerator.com

### **GIFTS**

Day's Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

**Fyre Flye Creations,** 58 Main St Suite 2, Oakland, ME, 660-1829, www.fyreflyecreations.webs.com

# **GOLF**

Belgrade Lakes Golf Club, 46 Clubhouse Drive, Belgrade Lakes, 495-4653, www.belgradelakesgolf.com

Natanis Golf Course, 735 Webber Pond Rd, Vassalboro, 622-3561, www.natanisgc.com

# **GROCERIES**

**Damon's Quick Stop,** 670 Civic Center Dr., Augusta, 622-3334

Day's General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

# **HEALTH CENTERS**

Belgrade Regional Health Center, 4 Clement Way, Belgrade Lakes, 495-3323, www.healthreachchc.org
Inland Hospital, 200 Kennedy Memorial Dr., Waterville, 861-3000, 1-800-491-8600, www.inlandhospital.org

# **HEAT PUMPS**

**Giroux Refrigeration**, 871 Village Rd, Smithfield, 877-7600, girouxrefrigeration@gmail.com

# **ICE CREAM**

Day's Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

# **JEWELRY**

Larsen's Jewelers, 57 Main St, Waterville, 872-6301, 800-697-1874, www.larsensjewelers.com
L.Tardif Jeweler, 62 Main St, Waterville, 872-7542, 800-834-3638

# **KITCHENS**

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, Wilton, 866-HAMMOND, www.hammondlumber.com

### LAKE ASSOCIATIONS & RESOURCES

**Belgrade Lakes Association (BLA),** Long Pond and Great Pond, PO Box 551, 137 Main St, Belgrade Lakes, 512-5150, www.belgradelakesassociation.com

Maine Lakes Resource Center, PO Box 431, 137 Main St, Belgrade Lakes, 495-3617, 620-6029, www.mainelakesresourcecenter.org

### **LANDSCAPING**

**G&L Contracting**, 116 Lakeshore Dr, Belgrade Lakes, 215-7951, 495-2325, 233-7408, *gandlcontractingmaine.com* **Lynch Landscaping**, Skowhegan, 474-2420, *lynchlandscaping.com* 

Native Notions, 213 West Rd, Belgrade, 495-6040, 314-9538, nativenotions@hotmail.com, www.nativenotionslandscape.com

### **MEATS**

Day's Store, 180 Main St, Belgrade Lakes, 495-2205, www.go2days.com

### **MOVIE THEATERS**

Railroad Square Cinema, call for titles and times, 17 Railroad Square, Waterville, 873-6526, www.railroadsquarecinema.com

# PHYSICAL THERAPY

**Dockside Physical Therapy,** 47 Main St, Belgrade Lakes, 495-3195, 512-2544, Fax 512-2545

# PIANO ENJOYMENT

**Diane Gorman,** *Gorman3366@roadrunner.com*, 906 Manchester Rd, Belgrade, 495-3222

# PICTURE FRAMING

**The Framemakers**, 46 Main St, Waterville, 872-8927, www.theframemakers.com

# **PLUMBING**

Paul Hanna's Plumbing, Belgrade Lakes, 495-3805

# PRINT, MAIL & MORE

Color Storm, Inc, Main St, Belgrade Lakes, 592-5990

# REAL ESTATE DEVELOPMENTS

North Bay Estates, Belgrade, 649-3749, crgsnbe@yahoo.com

# **REAL ESTATE**

Coldwell Banker Thomas Agency, 75 Main St, Winthrop, 377-2121, www.coldwellbankerthomas.com

Day's Real Estate, 262 Augusta Rd, Rt 27, Belgrade Lakes,

495-3111, 1-888-495-3111, www.daysrealestate.com **Lakepoint Real Estate**, 221 Main St, Belgrade Lakes,

495-3700, www.belgradelakepoint.com

**Sprague & Curtis Real Estate,** 75 Western Ave, Augusta, 623-1123, *www.spragueandcurtis.com* 

## RESERVATIONS

See page 18

### **RESTAURANTS**

See Dining Directory on page 19

### RETIREMENT COMMUNITIES

**Granite Hill Estates**, 60 Balsam Dr, Hallowell, 626-7786, 1-888-321-1119, *www.granitehillestates.com* 

### **SCHOOLS**

**St. Michael School,** grades pre-K through 8, 56 Sewell St, Augusta, 623-3491, www.smsmaine.org

### **SEAFOOD**

**Day's Store**, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

**Lobster Trap & Steakhouse**, 15 Bay St, Winslow, 872-0529, www.lobstertrap-seafood.com

# SECURITY SYSTEMS

**Cayer Security Services, Inc,** 208 College Ave, Waterville, 453-9177, www.cayersecurity.com

### **SELF STORAGE**

**Maple Leaf Self Storage**, 688 Manchester Rd., Rt 135, Belgrade, 495-2191

## **STONEWORK**

**Gagne and Son,** 28 Old Rt 27, Belgrade, 495-3313, 1-800-339-3313, www.gagneandson.com

# **SURVEYING**

Acme Land Surveying, 108 Fairbanks Rd., Suite 5, Farmington, 778-4801, www.acmelandsurveying.com
Thayer Engineering, septic design, storm water mitigation, permitting, 17 Hasson St, Farmingdale, 582-7762,

# **THEATER**

The Theater at Monmouth, Cumston Hall, off Rt 135, Monmouth, 933-9999, www.theateratmonmouth.org

# **VETERINARY SERVICES**

**Lakeside Veterinary Clinic,** 88 Libby Hill Rd, Oakland, 465-7387, 465-8387, www.lakevets.com

# **VIDEO PRODUCTIONS**

Fertile Matrix Media, Oakland, 423-6934, www.FertileMatrixMedia.com

# WINDOWS

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland and Skowhegan, Wilton 1-866-HAMMOND, www.hammondlumber.com

Advertising in Summertime in the Belgrades really works! Call 207-495-3777 for rates and information.



# **Belgrade Historical Society News**



ast August the historical society sponsored a program at the Maine Lakes Resource Center on Belgrade during the ten years before WWI (1905 – 1914), as told through newspaper accounts from that period along with numerous pictures. This illustrated program shows the prominent part farming played in the town during that period, and how summer tourism had become an important part of the town's economy.

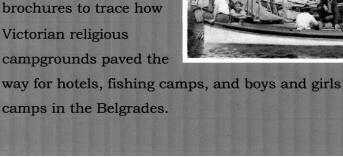
In case you missed it, the Sidney Historical Society is sponsoring this event, The Belgrade News, at the Sidney Grange Hall on Wednesday, August 13, beginning at 7:00pm. The program will be presented by Linda Snow McLoon.

To reach the Sidney Grange Hall on Middle Road in Sidney:

From Rte. 27 toward Augusta, go past Steve's Appliances and take a left onto Bog Road, which becomes Middle Road. The Grange Hall is across from the Town Hall on Middle Road.

From Oakland, take Rte. 23 toward Sidney. Bear left off Rte. 23 onto Middle Road. The Grange Hall is across from the Town Hall on Middle Road





# Belgrade Regional Health Center

4 Clement Way, Belgrade, ME 04917 • 207.495.3323 • Fax: 207.495.3353 • BelgradeCHC.org



Dear Friends,

Welcome to the spectacular Belgrade Lakes Region. We at Belgrade Regional Health Center hope that your visit is memorable and that you enjoy good health during your stay. We look forward to the return of our summer residents as well as visitors to the area.

In case you do have a health concern while visiting, we are available to treat acute problems as well as chronic health conditions. Please call us for an appointment at (207) 495-3323, and we will see you as soon as possible at the health center. Our appointment hours are Monday through Friday, 8:00 am to 12:30 pm and 1:30 to 4:30 pm, and Tuesday evening 5:00 to 6:30 pm.

If you have a major medical emergency such as chest pain, a severe breathing problem, cardiac condition, or major trauma, please call 911 or go to the nearest emergency room.

If you have a minor health condition such as poison ivy, a fish hook or laceration, please try to call before arriving at the health center. We accept patients on a walk-in basis, but you will be asked to wait until our regularly scheduled patients are seen. If you call ahead, we can give you a scheduled appointment and likely reduce your wait.

We are located at 4 Clement Way, just off Route 27, 3 miles north of the intersection of Routes 27 and 135. We look forward to seeing you for any of your healthcare concerns.

Sincerely,

Amy Madden, MD

Robert Cianfarano, PA

Lisa LaGrange, FNP



old photographs, post

cards, and tourist

spragueandcurtis.com

75 Western Ave. • Augusta, ME II AND MLS @



NEW LISTING-WINDSOR- Turn key home built in 2013! 3 bed/2bath ranch with radiant heat. 2 car attached garage. Open concept kitchen/living/dining area. Beautiful lot in country setting, yet close to town for conven ience. No work needed, just sit on the deck and relax! MLS#1148083 \$164,900



THREE MILE POND-PRICE REDUCED -Lakefront living, 200' frontage, Incredibly unique, high quality, post & beam, 3,200SF 3BR, 3.5BA, Contemporary home. Fabulous details, beautiful finishes, vaulted ceilings, lofts, lots of glass/lake views decks. Designed to bring the outside in. MLS#1143799 \$449.000



LITCHFIELD- -Lovely 2 bedroom camp on waters edge, 100 feet of frontage on Sand Pond, nice swimming area with dock and float, beautiful stone fireplace in living room, great level waterfrontage MLS#1146016 \$159,000



NEW LISTING-PALERMO - Lovely and spacious 3BR, 2BA Ranch on pleasant, rural lot. Freshly painted, new kitchen appliances, great condition. Open interior, MBR w/bath in floor radiant heat, propane heat & hot water. Lots to offer, move in condition! MLS#1147764 \$124.900



HARPSWELL-NEW LISTING - Spectacular ocean views from this fabulous waterfront home! Sited on a lovely half acre lot, this contemporary w/ walls of glass affords lots of passive solar gain. Lrg decks. Privacy & flexible space. Living on the ocean doesn't get any bet ter. MLS#1147096 \$795.000



VASSLABORO-- Pleasant 3BR home on Outlet Stream in East Vassalboro, Formal DR w/fireplace, LR w/wood floors, sun porch, Den/office, deck, small Barn/Garage needs work, vinvl siding, metal roof, more, Nice back yard borders on stream. Village setting. MLS #1144341 \$119,900



CHINA LAKE - Wonderful Lakeside Cottage on beautiful China Lake. Very nice frontage. Big livingroom overlooking the lake. Have your own Maine camp. Enjoy boating, fishing, swimming or just relaxing at the lake! You'll love it! MLS #1145315 \$155,000



JEFFERSON- Beautiful quiet setting on Long Pond in Jefferson, 1,664 sg ft Gambrel home with new granite kitchen 4 BR, 2 full BA & large sun room overlooking Long Pond. In great condition. Just bring your boat and move right in! MLS#1145420 \$249.900



WINTHROP LAND- - Beautiful Winthrop Subdivision, large lots, pretty wooded setting. Reserved wildlife area w/small pond. A number of quality homes already built. Deed restrictions to protect your investment. Easy commute to Augusta or Downtown Winthrop. MLS#983814 \$39.900

HealthReach

Community Health Centers 207.495.3323 | BelgradeCHC.org



# **Business**

After a fire in 1913 destroyed 22 village businesses and homes, Ray Groves, born in 1894, began building Sunset Camps practically by himself. They were called the New North Pond House Cottages then Sunset Cabins and now Sunset Camps. The property had an assessed value of \$650 in 1919

At the time of Grove's death in 1941



there were 19 camps, a lunch room, a dance hall and about 20 bathhouses.

He built a huge water toboggan at a cost of

\$1800. The late Doris Haines, Evelyn Carpenter and Louise Holton shared fond memories of the thrilling ride down into the water. A twister or 'flash hurricane' as it was reported in the newspaper back then, destroyed it in 1941.

Louise Groves, one of Ray's daughters, met her husband Hans Holton at the roller rink, and together, while raising their children, Rex, Hans, Eric, Frantz and daughters Gretchen and Kathy, they ran Sunset Camps from 1946 until the Zarcone family, from New Jersey, bought it in

# **Sunset Camps Celebrates** 100 Years on North Pond



Photo Circa 1960s

1974.

While summering at the lake with their children, Michael, Jr. and daughter, Michele, Mike and Ellie decided to buy Sunset Camps. Mike wanted the challenge and they were ready to make the move to Maine from New Jersey.

The Zarcones expanded the snack bar which now serves pizza, hoagies, ice cream, chips, candy and cold drinks. There are 18 housekeeping cabins which all have running, state-tested well water and heat. There are one, two and three-bedroom cabins with screened porches. The beach has an arcade game room, boats with motors for rent and boats can drive in to gas up. The Public Beach has a water trampoline and is open to everyone for a nominal fee of \$2.00 which includes all day parking.

With Ellie's help, Michael, Jr. and his wife, Shery have been managing and maintaining Sunset Camps since Mike's untimely death in 2006. Ellie is celebrating her 40th year at Sunset Camps and always looks forward to seeing families who return year after year. But it is time to sell the business to someone with a young family who will love growing up on the lake and love what she and Mike, the Holtans and Mr. Groves started 100 years ago. To order food or rent a camp call: 362-2611

Write-up by Jodie Mosher-Towle

Information was gathered from The History Of Smithfield by Deane Ferm and Debra Campbell and from Ellie Zarcone.

All black and white photos courtesy of Smithfield, Maine Historical Society



Photo Circa mid-1930s -Toboggan Slide



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# Lakepoint REAL ESTATE

207.495.3700

221 Main St., E Selgrade Lakes, ME 04918

www.belgradelakepoint.com



LONG POND. BELGRADE: 250' +/- on 1.6 ac w/sandy-walkout and deep, Shoremaster dock, soil tested, surveyed, road moved for larger bldg site. #1145291 \$250,000



MESSALONSKEE LAKE, SIDNEY: 3BR/2BA. 100' +/- lakefront, new kitchen. many updates and renovations, yr-rnd porch, lge garage. #1128204 \$483,900



GREAT POND, ROME: 3BR, LR, Den, Dining area w/cath ceiling, amazing views from covered porch w/deck lakeside. #1093005 \$347,000



MARRANACOOK LAKE, READFIELD: Once in a lifetime opportunity. 16.00 acres with 1,500 +/- waterfront at Tallwood Estates, #1130078 \$918,850



NORTH POND, MERCER: 3BR/1.5BA w/lge deck, platform at water's edge, sandy swim area, 1BR guest cottage w/kit, bath and deck. #1143160 \$165,000



MCGRATH POND, OAKLAND: Stunning w/lots of windows, gourmet kitchen, screened in porch, mahogany flrs, quality throughout. #1107676 \$725,000



RFI GRADE: 3BR/2BA Contemp on 1.23 wooded acres, nice interior with sunroom, master BR has pvt bath, dbl sinks, whirlpool, sep shower. #1147987 \$194,500



LOVEJOY POND, FAYETTE: Yr-rnd ener gy efficient w/radiant heat, wine cellar, canoe, kayak, swim at nearby association beach. MLS #1089585 \$199,900



GREAT POND, BELGRADE: 3BR/2.5BA main home. 2BR/1BA guest quarters above 2 car heated garage. Pvt sandy frontage, on 4.110 acres. #1141526 \$1,195,000



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