

Summertime in the Belgrades

... Serving the Central Maine Lakes & Kennebec River Corridor

—A Cider Mill Press Publication—

VOLUME 16, NUMBER 7



Sun Hot! Rain Heavy!

by Esther J. Perne



Sun hot, rain heavy, wind strong, water high! When the weather report and that (often more reliable) glance out the window show extremes that challenge the summer vacation, it's time to take a tip from the old-time, early 1900s, vacationers. Let's look back and see what they did.

Foremost, their natural defense was trees. Lofty pines provided cooling sanctuaries of shade over camps and cabins and when they wanted sun, that's why long docks stretched out from the shore. The tall trees also served as incredible natural umbrellas against downpours and driving rain.

Secondly, early vacationers faithfully read Nature's signs and warnings – clouds gathering, trees bending, birds agitating, the quiet lull before the storm, and they got off the lake. They gathered inside away from windows during thunderstorms, closed shutters during hurricanes, kept fireplaces



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Continued from page 1

and woodstoves stoked during exceptional damp spells.

Finally, although the early vacationers enjoyed their outdoor recreation - fishing, boating, bathing, walking, and picnicking - which they carefully dressed for with wise woolies, big-brimmed hats and awesome oiled slickers they equally enjoyed their indoor recreation, too. Books, cards, games, handcrafts, art, conversation, music, stationery and a cozy fireplace - and oil lamps and candles - were always at the ready in those old-time camps and lodges for windy and cold days and evenings and also - just like emergency food and water provisions - for times when weather patterns held them hostage inside.

When cars came into use and mobility was possible, vacationers added local libraries, museums, stores and movie theaters as outlets to avoid the elements. Of course, they would have marveled at modern day mobility, air-conditioning, electronics, entertainment centers, global communications, emergency preparedness and shopping malls, but then again they had some pretty good substitutes.

Sun hot? Rain heavy? Relax with some old-fashioned indoor outlets, learn to read weather signs, and plan to plant more trees.



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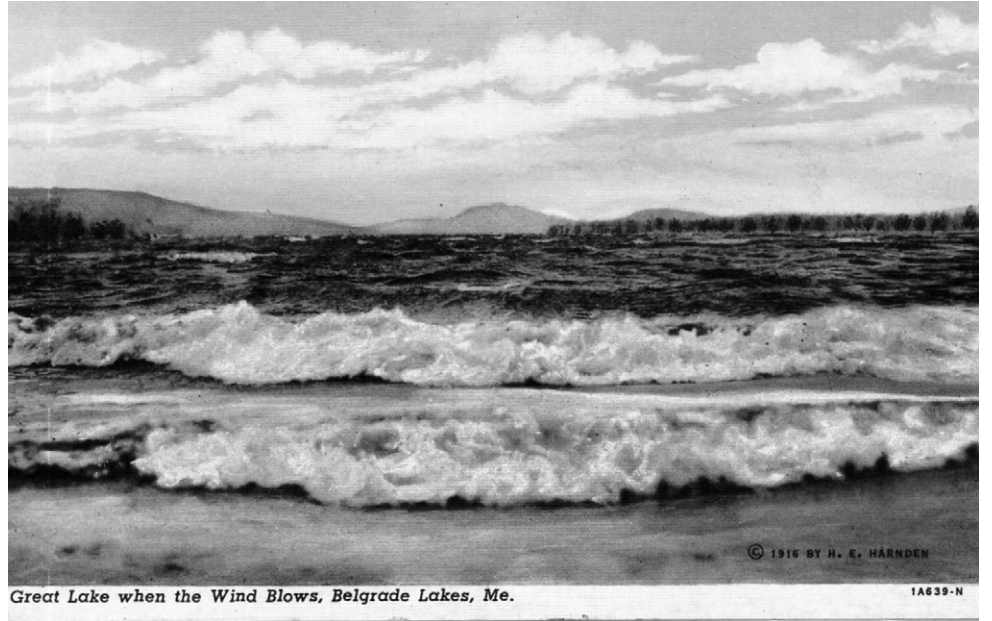
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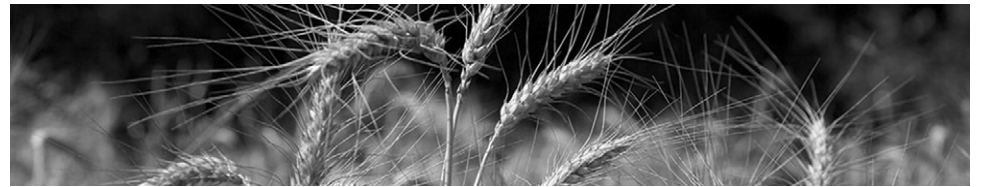
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The Kneading Conference: Restoring Lost Grain Economies



Albie Barden, discussing the firing and baking techniques necessary for using one of the Le Panyol wood fired ovens his family's company, Maine Wood Heat Company in Skowhegan, Maine, have been designing and building and that have been, in part, responsible for the rediscovery of wood fired baking in the United States.

On Thursday and Friday, July 24 and 25, the 2014 Kneading Conference will be held in Skowhegan, Maine. Now in its 8th year, the conference brings together farmers, millers, bakers, chefs, wheat researchers, interested citizens, business backers and entrepreneurs interested in the local food movement.

Founded in 2007, the conference has grown significantly. In 2011 it received nonprofit status as the Maine Grain Alliance; in 2013 it paved the way for year-round educational baking workshops by contributing to the renovation of the commercial kitchen at the Somerset Grist Mill in Skowhegan.

This year's Kneading Conference offers day-long schedules including speeches and workshops on such topics as ancient wheats, oven building, baking, demonstrations of wood-fired ovens and lunches which focus on topic tables.

On Saturday, July 26, the Maine Artisan Bread Fair will be held at Skowhegan Fairgrounds, representing a wide range of food alliances and guilds, farms, baking products, vendors, associations and much more. This unique event is free; the whole family is encouraged to attend. For information call 717-4578.



Summertime in the Belgrades

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Legacies

Bernard Langlais Art Trail Connects Iconic Artworks in Communities Across Maine

The Colby College Museum of Art, in partnership with the Kohler Foundation Inc., has gifted a vast trove of artworks by Bernard Langlais to more than 50 institutions in communities across the state of Maine. To map and connect the artworks, the organizations have created the Langlais Art Trail, which will link the museums, libraries, parks, and schools from Portland to Presque Isle and from Rockland to Starks where Langlais's artworks can be visited and enjoyed. Best known for the iconic 62-foot Abenaki Indian in Skowhegan, Bernard Langlais (1921–1977, b. Old Town, Maine) was inspired by his New England roots and deeply represents Maine through his paintings and works in wood, many of which are monumental in size. Concurrently, Bernard Langlais, the first scholarly retrospective of the artist's work, will be on view July 19, 2014 through January 4, 2015 at the Colby Museum.

Langlais began painting in the late 1940s and early 1950s and subsequently worked in wood, catching the attention of the art world with his abstract reliefs. He became disenchanted with New York gallery culture and returned permanently to Maine in 1966, creating large-scale sculptures and reliefs in the barns and fields of his property in the rural, coastal town of Cushing. Constructing what he called an "environmental complex," Langlais completely integrated his life and work in the last decade of his career.


When Langlais's widow died in 2010, she left his 90-acre estate and a large bequest of works to the Colby Museum. More than 170 artworks from this gift joined Colby's collection, and the Museum



worked with the Kohler Foundation and the Georges River Land Trust to ensure that additional artworks and portions of the property are maintained going forward. This partnership includes developing the Langlais Art Trail, a mapping project that outlines the distribution of nearly 3,000 additional pieces of the artist's work to museums, public libraries, schools, and other nonprofit institutions across Maine. Recipients include the

Portland Museum of Art, the Monhegan Memorial Library, Main Street Skowhegan, York High School, and the University of Maine, among many others (. The Langlais Art Trail can be explored online beginning July 14, 2014 at <http://langlaisarttrail.org>. A highlight of the Langlais Art Trail will be the Langlais Sculpture Preserve, owned and managed by the Georges River Land Trust. The Preserve, being a portion of the artist's estate in Cushing, will be open to the public in the fall of 2014.

Curated by Langlais Curator for Special Projects Hannah W. Blunt, the Bernard Langlais exhibition at the Colby Museum will feature more than 120 sculptures and reliefs, oil paintings on panel and canvas, and works on paper. Exhibition highlights will include early paintings such as *The Town* (1956–57), which depicts his hometown of Old Town, Maine; critically acclaimed works in wood from the middle of his career, including *Around Four* (c. 1959–62); and figurative reliefs of shore birds, raptors, horses, cows, bulls, and other animals of coastal Maine. In the last nine years of his life, Langlais populated his Cushing property with wood reliefs and three-dimensional pieces, including more than 65 monumental sculptures, which will be represented by a display of working models, photographs, and archival video footage of the Cushing property

Admission to the Colby College Museum of Art is free. Hours are Tuesday through Saturday, 10 a.m. to 5 p.m., and Sunday, noon to 5 p.m. Open on Thursdays until 9 p.m. during the academic year. For more information visit colby.edu/museum or call 859-5600. 



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- Conservation Too -

Not Just Perched and Blocked Culverts Prevent Fish Passage

by Dale Finseth Prepared by Ben Naumann [NRCS biologist] re-printed from USDA-NRCS publication

It is widely known that fish need to move; this is because they cannot find everything they need to survive and reproduce in one location. Fish need large connected areas of habitat with essential elements to thrive including foraging, spawning, nursery and cold water refuge areas. When important habitat is blocked or fragmented individual fish will suffer. It can have negative effects on a population's genetic structure (i.g., selection for smaller fish), And populations can be severely reduced or even extirpated. One major source of the blocking or fragmentation of habitat is road stream crossings (culverts).

Throughout Maine it is estimated that 25 to 40 percent of a watershed is impaired due to improperly sized or installed culverts. When we think of culverts acting as fish passage barriers we immediately think of the culvert as being perched or blocked. Even though perched and blocked culverts make up a high percentage of the culvert barriers on the landscape there are many other ways culverts are blocking fish to upstream habitats. Culvert issues involving velocity, low flow, temperature or a combination are sometimes overlooked as barriers to fish; each of these lesser known barriers to fish are discussed below.

Velocity Barriers: When a culvert is too small for a stream, water flows faster at the culvert outlet. For example if you turn on a hose and place your thumb over the end you can control the water velocity by how much you cover the end of the hose.



The more you cover the hose the more the water velocity increases (i.e. the more undersized the culvert the more water velocity increases). Usually undersized culverts are also perched because the increased water velocity scours out the substrate below the culvert. Natural stream bottoms are diverse with rocks and wood that influence changes in water velocity creating resting places for fish unlike most conventional culverts.

Low Flow Barriers: When we look at culverts like the one pictured above right it's easy to think the culvert is not a fish barrier because of its size. During high spring and fall flows this culvert is probably not a fish barrier. However, during



the summer months in low flow conditions when fish are seeking cold water refuge upstream to escape rising mainstem river temperatures, this culvert becomes a barrier. In a round or elliptical culvert there is no low flow channel; water disperses over the bottom and is too shallow for fish to swim. A natural stream channel has a low flow channel allowing fish to commonly navigate up and down stream during summer flows.

Thermal Barriers: Thermal dams are formed when a culvert is set too high, is greatly undersized, and/or debris continually blocks it, creating a deadwater upstream. The picture to the right shows a deadwater created by a culvert affecting stream function by changing the natural flow of the stream, increasing water temperature because the water is not moving and shade cover is gone because the backed up water has killed the trees. Fine sediments are settling out in the deadwater, covering any type of stream bottom which also increases water temperature because the sediments are dark in color. This water heats up in the summer months creating a wall of warm water or "thermal dam". Fish will stop feeding and can die when water temperature increases above a certain species threshold. Thermal dams are often overlooked as a fish passage barrier because at first glance it looks as if there is no passage issue at the culvert itself. Aforementioned



Conclusion: There are thousands of culverts on the Maine landscape with the above-mentioned types of fish barriers. For a stream and its inhabitants to function naturally and to be healthy, barriers to passage need to be identified and stream connectivity re-established.

Note: Information and photos used in this article were adapted from "Stream Smart" workshop presentations
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TOWN BY TOWN...

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AUGUSTA

- **Viles Arboretum**, 224 acres with 6 miles of year round walking trails, including art and sculpture trail, open dawn to dusk, Visitor Center open Monday-Friday, 9 am-4 pm, admission free, 626-7989, www.vilesarboretum.org, 153 Hospital Street
- **Farmers' Market at the Arboretum**, indoors, Friday 1-5 pm
- **Art in the Capitol**, Maine Arts Commission monthly self-guided exhibits in State House hallways (Mon-Fri 8 am-5 pm), Blaine House (call for times), and Maine Arts Commission Office (8:30am-4:30 pm), 287-6746, mainearts.maine.gov
- **Children's Discovery Museum**, CDM, hands-on displays, activities, Tuesday-Thursday 10 am-4 pm, Friday-Saturday 10 am-5 pm, Sunday 11 am-4 pm, admission, 622-2209, www.childrensdiscoverymuseum.org, 171 Capitol Street
- **Danforth Gallery**, Jewett Hall, art exhibits, UMA-1234, www.uma.edu
- **Governor's Mansion**, 1830 Blaine House, Tuesday-Thursday 2-4 pm, 287-2121, www.blainehouse.org, State Street
- **Holocaust and Human Rights Center of Maine**, Michael Klahr Center, Monday-Friday 8 am-4 pm, 621-3530, www.hhrc.uma.edu, University of Maine at Augusta, off Route 27
- **Kennebec Historical Society**, Wednesday-Friday 10 am-2 pm, 622-7718, www.kennebechistorical.org, 107 Winthrop Street
- **Maine State Museum**, Tuesday-Friday 9 am-5 pm, Saturday 10 am-4 pm, \$2 adults, \$1 ages 6-18, 287-2301, www.maine-state-museum.org
- **Maine State House**, Hall of Flags, House and Senate Rooms, Klir Beck dioramas, Monday-Friday 8 am-5 pm, book tours at Maine State Museum, walk-ins welcome 9 am-1 pm, 287-5600, www.maine.gov, State Street
- **Maine State Library**, Monday-Saturday opens 9 am, 287-5600, www.maine.gov/msl/, State Street
- **Museum in the Streets**, walking/history tour, www.augustamaine.gov, Water Street/downtown
- **Old Fort Western**, 1754 fort, house, store, 1-4 pm daily, admission \$6, 4-14 years \$4, 626-2385, www.oldfortwestern.org, Cony Street
- **Riverfront Park**, boat launch, Greenway Trail, playground, eastside Kennebec River
- **Kennebec River Rail Trailhead**, Maine State Housing Authority parking lot, 623-8162, www.krrt.org, Water Street
- **UMA Fitness Trail**, 2 miles of wooded trails, near Civic Center, Route 27
- **Farmers' Market at Mill Park**, Tuesday 2-6 pm, 626-2305, www.farmersmarketmillpark.org/, North Water Street
- **Farmers' Market at Turnpike Mall**, 549-5112, Wednesday and Saturday 10 am-1 pm, Western Avenue

BELGRADE LAKES

- **Great Pond Mailboat Service**, 592-1537, Monday-Saturday 9:30 am departure, call for reservation, calm days are best, Post Office, Main St.
- **Spring Gallery**, cast bronze display at Maine Lakes Resource

- Council, 495-3113, www.springgallerymaine.com, 137 Main Street
- **The Belgrade Community Center for All Seasons**, pool and lakefront, gym, playground, picnic area, rec programs, 495-3481, www.belgrademaine.com, 1 Center Drive
- **Union Church Coffee House**, check for schedule, 7:30 pm, \$5, 495-3599, www.unionchurchmaine.org, Main Street
- **Belgrade Historical Society**, monthly meetings, 465-7924
- **Farmers' Market**, Sun 8 am-1 pm, 465-7058, www.belgradelakesfarmersmarket.org, Main Street
- **Peninsula Park on Long Pond**, picnic tables, Main Street
- **Maine Lakes Resource Center**, 512-5150, www.maine-lakes-resource-center.org, 137 Main Street

FAIRFIELD

- **Fairfield Historical Society**, 1890 Cotton-Smith History House, every Tuesday 9 am-12 noon and 1-4 pm and second Saturday of month, 453-2998, www.fairfieldmehistoricalociety.net, 42 High Street
- **Farmers' Market**, 948-5724, Wednesday 2-6 pm, Saturday 9:30 am-1:30 pm, Nazarene Church parking lot, 81 Main Street

FARMINGTON

- **Farmington Historical Society**, Titcomb House Museum, 778-4275, Wednesday and Saturday, 11 am-2 pm, July-August, 118 Academy Street
- **Nordica Homestead Museum**, opera singer Lillian Nordica costumes, jewelry, mementos, 778-2042, Tuesday-Saturday 10 am-12 noon and 1-5 pm, Sunday 1-5 pm, www.lillianordica.com, 116 Nordica Lane, Holley Road
- **Contra Dance**, 491-9928, www.starleft.org 2nd Saturday of the month, all welcome, 6:30-7:30 pm family dance, 8-11 pm regular dance, admission, Grange Hall, Bridge Street, Route 43, West Farmington
- **University of Maine campus and Arboretum**, four walking tours with informal guide pamphlet to campus trees, 581-1541, www.umaine.edu/arboretum/, downtown
- **Farmers' Market**, 778-6602, Friday 9 am-2 pm, Better Living Center parking lot, Front Street; Saturday 8 am-12 noon, Main Street
- **Meetinghouse Park and Gazebo**, weekly concerts throughout summer, downtown
- **Fairgrounds**, events throughout summer, Franklin County Fair in September, High Street

GARDINER

- **Artdogs and Circling the Square Fine Art Press**, Friday 1-5 pm, Saturday 10 am-4 pm, 582-6600, www.theartdogs.com, 275-277 Water Street
- **Johnson Hall Performing Arts Center**, 582-7144, www.johnsonhall.org 280 Water Street
- **Monkitree**, art exhibits, 512-4679, www.monkitree.com, Tuesday-Friday 10 am-6 pm, Saturday 12-6 pm, 263 Water Street
- **SpinOff Studio**, 588-7297, spinoffstudio.org, Monday-Friday 8:30 am-4:30 pm, 405 Water Street
- **Farmers' Market**, 512-8022, www.gardinerfarmersmarket.org, Wednesday and Saturday 3-6 pm, rain or shine, The Common
- **Kennebec River Rail Trail**, 623-8162, www.krrt.org, access near Gardiner/Randolph Bridge, 6.5 miles to Augusta
- **Waterfront Park**, picnicking, events throughout summer, Kennebec River
- **The Center for Maine Craft**, 9 am-8 pm daily, 588-0021, www.maine-crafts.org, West Gardiner Service Plaza, Route 126 off Routes 95 and 295

GREENE

- **Araxine Wilkins Sawyer Memorial**, free entertainment programs, monthly - Fri 2 and 7 pm, 946-5311, www.sawyer-foundation.com, 371 Sawyer Rd, off Rt 202

HALLOWELL

- **Harlow Gallery, Kennebec Valley Art Association**, 622-3813, www.harlowgallery.org Wed- Sat, 12-6 pm, 160 Water Street
- **Gaslight Theater**, 626-3698, www.gaslighttheater.org City Hall, 1 Winthrop Street
- **Museum in the Streets**, history/walking tour, www.historichallowell.org, downtown
- **Farmers' Market**, 622-1350, Sun 3-6 pm, Water Street
- **Vaughn Woods**, 166 acre park/trails/homestead, Middle Street
- **Kennebec River Rail Trail**, www.krrt.org, to Augusta, Farmingdale/Gardiner, Water Street
- **Waterfront Park**, North Water Street

HINCKLEY

- **L.C. Bates Museum** at Good Will-Hinckley School, early 20th century natural history and cultural exhibits, nature trails and camps, adults \$3, up to 17 years \$1, 238-4250, www.gwh.org Wednesday-Saturday 10 am-4:30 pm, Sunday 1-4:30 pm, Route 201

KINGFIELD

- **Reinhart Gallery Art Center**, 266-8458, 245 Main Street, www.ianreinholt.com/gallery.html
- **Ski Museum of Maine**, by appointment, 265-2023, 256 Main Street www.skimuseumofmaine.org
- **Stadler Gallery**, 265-5025, 12-4 pm daily or by appointment. 225 Main Street www.stadlergallery.com
- **Stanley Museum**, 265-2729, www.stanleymuseum.org, memorabilia/displays on photographs, violins and Stanley Steamers, Tuesday-Sunday 1-4 pm, 40 School Street

LIVERMORE

- **Washburn-Norlands Living History Center**, 18th-19th century mansion/farmstead/schoolhouse, library, chapel, 897-4366, www.norlands.org, admission, living history tours Tuesday and Thursday 1-4 pm, 290 Norlands Road

MADISON

- **Lakewood Theater**, Maine's Summer Theater, Young Performers Camp, 474-7176, www.lakewoodtheater.org, Route 201
- **Skowhegan School of Painting and Sculpture**, 474-9345, www.skowheganart.org, summer evening artists lecture series, East Madison Road

MONMOUTH

- **Monmouth Museum**, local and regional Maine history, Wednesday-Sunday 1-4 pm, 933-2287, www.monmouthmuseum-inc.org, 751 Main Street
- **The Theater At Monmouth**, The Shakespeare Theater of Maine, Cumston Hall, 933-9999, www.theateratmonmouth.org, Main Street

MOUNT VERNON

- **D.E.W Animal Kingdom**, Zoo, 293-2837, www.dewanimalkingdom.com, Tuesday-Sunday 10 am-5 pm, \$10, 918 Pond Rd, Route 41
- **Villages Market**, farmers/crafters, Saturday 10 am-2 pm (start 6/29), next to Flying Pond Store, sharihamilton@gmail.com,



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- **Nowetah's American Indian Museum and Craft Shop**, 628-4981, www.nowetahs.webs.com/, daily 10 am-5 pm, free, 628-4981, 2 Colegrove Road, Route 27
- **Wire Bridge**, 1864, probably only wire suspension bridge in U.S., off Route 27

NEW SHARON

- **Farmers' Market**, Saturday 9 am-1 pm, Douin's Market, 491-9025, 150 Mercer Road, Routes 2/27
- **New Sharon Historical Society**, Saturday 1-3, Routes 2/27

NORRIDGEWOCK

- **Norridgewock Historical Society Museum**, 1838 building, Saturday 10 am-3 pm, 634-5032, www.norridgewock.com, Mercer Road, Route 2
- **Osoola Park**, picnic area, great playground, boat launch, on Kennebec River, Route 8

OAKLAND

- **Macartney House Museum**, Oakland Area Historical Society, 465-7549, Wednesday 1:30-4:30 pm, 1815 home with antique furnishings and Oakland artifacts, 25 Main Street
- **Park**, playground, picnic tables, swimming area, boat launch area, Belgrade Road
- **Farmer's Market**, Friday 2-6 pm, 465-3094, Pine Acres Parking Lot, 895 Kennedy Memorial Drive

READFIELD

- **Readfield Historical Society and Museum** in 1853 school-house, 685-4662, www.readfieldhistorical.org, Thursday and Saturday 10 am-2 pm or by appointment, Route 17, Readfield Depot

ROME

- **Mt. Philip Grange**, suppers 3rd Sat of month, 4:30-6 pm, all you can eat beans, cornbread, rolls, chop suey, pies, Routes 135/225
- **Trails: Mount Philip** on Route 225; **The Mountain** on Route 27; **French's Mountain** and **21** on Watson Pond Road; for information call 495-6039 or visit www.belgradelakes.org; maps available at BRCA, 137 Main Street, Belgrade Lakes

SIDNEY

- **New England Music Camp**, concerts free and open to the public, Bowl-in-the-Pines on Lake Messalonskee, 465-3025, www.nemusiccamp.com, Route 23
- **Sidney Historical Society**, 547-3142, <http://www.rootsweb>
- **Silver Spur Riding Club**, horse shows, www.silverspurmaine.com/, River Road, Route 104

SKOWHEGAN

- **Margaret Chase Smith Library**, residence, home, museum exhibits, 474-7133, www.mcslibrary.org, free, Monday-Friday, 10 am-4 pm. 54 Norridgewock Ave.
- **History House Museum**, 1800s local history and culture, heirloom gardens, free, Tuesday-Saturday, 10 am-4 pm, 474-6632, www.skowheganhistoryhouse.org, 66 Elm Street
- **Fairgrounds**, weekly horse shows/competitions, free public events, covered arena, Skowhegan State Fair in August,

474-3621, Madison Avenue, Route 201

- **Farmers' Market**, Wednesday 3-6 pm, Saturday 9 am-1 pm, weekly entertainment, 938-3906, Somerset Gristmill parking lot, downtown

SMITHFIELD

- **Fairview Grange**, 362-2791, Route 8
- **Smithfield History Society** "The Groves House," 634-4392, 21 Lakeview Drive
- **Sunbeam Roller Rink**, 362-4951, 830 Village Rd, Route 8
- **Sunset Camps**, public beach, 362-2611, www.sunsetcamps.com, 834 Village Road, Route 8

UNITY

- **Unity College Centre for the Performing Arts**, folk genre music, 568-3147, www.unitymaine.org, 42 Depot Street.

WATERVILLE

- **Aqua City Actor's Theatre (ACAT)**, 873-7000, www.acattheatre.org. Waterville Opera House Studio Theater, Main Street
- **Museum in the Streets**, downtown history/walking tour, www.the museum in the streets.com/waterville.htm
- **Two Cent Bridge**, historic foot bridge over Kennebec River connecting Waterville and Winslow, Head of Falls park/events area, Front Street
- **Common Street Arts**, 872-2787, www.commonstreetarts.org, Wednesday-Saturday 12-6 pm, 16 Common Street
- **Colby College Museum of Art**, 859-5600, www.colby.edu/museum/ Tuesday-Saturday 10 am-4:30 pm, Sunday 12-4:30 pm, free admission, Colby College Campus, Mayflower Hill
- **Colby College Special Collections**, Miller Library, Monday-Friday 10 am-12 noon and 1-4 pm, free admission
- **Thomas College Art Gallery**, 180 West River Road
- **Waterville Historical Society Redington Museum**, 1814 home, pharmacy, 872-9439, www.redingtonmuseum.org. Tuesday-Saturday tours at 10 and 11 am, 1 and 2 pm, 62 Silver Street
- **Waterville Opera House**, 873-7000, www.operahouse.com, 93 Main Street
- **Farmers' Market**, Thursday 2-6 pm, 680-2055, www.watervillefarmersmarket.org, The Concourse parking lot

WAYNE

- **Farmers' Market**, 685-4657, <http://waynefarmersmarket.weebly.com>, Saturday 9 am-noon, Town Green, at the Mill Pond, Main Street

WILTON

- **Wilton Farm & Home Museum**, 645-2091, 645-4578, www.wiltonmaine.org, Saturday 1-4 pm or by appointment, 10 Canal Street

WINSLOW

- **Fort Halifax on the Kennebec**, historic fort tower, park, Route 201

WINTHROP

- **Norcross Park**, playground, picnic site, boat launch on Maranacook Lake
- **Farmers' Market**, 446-2899, www.camarkets.com, Tuesday and Saturday 9 am-1 pm, town office parking lot, 17 Highland Avenue

ASSOCIATIONS/GROUPS

THE BELGRADES...

- **East Pond Association**, Smithfield/Oakland, www.eastpond.org
- **North Pond Association**, Smithfield/Rome/Mercer, www.northpond.net
- **McGrath Pond/Salmon Lake Association (MP/SL)**, Belgrade/Oakland, RR 2, Box 2800, Belgrade, 04917, 465-3983,
- **Great/Long Ponds: Belgrade Lakes Association (BLA)**, Belgrade/Rome/Mount Vernon, PO Box 551, 137 Main Street, Belgrade Lakes, 04918, 512-5150, www.belgradelakesassociation.com
- **Friends of Messalonskee Lake Watershed**, Oakland/Belgrade/Sidney, PO Box 532, Oakland, 04963, 660-5069, www.friendsofmessalonskee.com
- **Belgrade Regional Conservation Alliance and BRCA Conservation Corps**, PO Box 250, 137 Main Street, Belgrade Lakes, 04918, 495-6039, www.belgradelakes.org
- **Belgrade Lakes Region Business Group (BLRBG)**, PO Box 596, Belgrade Lakes, 04918, 495-3700, www.belgradelakesmaine.com
- **Maine Lakes Resource Center/Docks to Doorways**, PO Box 431, 137 Main Street, Belgrade Lakes, 04918, 495-3617, 620-6029, www.mainelakesresourcecenter.org

BEYOND...

- **Friends of the Cobbossee Watershed**, PO Box 5003, Augusta, 04332-5003, 621-4100, www.watershedfriends.com
- **Franklin County Soil & Water Conservation District**, 107 Park Street, Farmington 04938, 778-4279, www.franklincswcd.org
- **Kennebec County Soil & Water Conservation District**, 21 Enterprise Drive, Augusta 04330, 622-7847, ext. 3, www.kcswcd.org
- **Somerset County Soil & Water Conservation District**, 12 High Street, Skowhegan 04976, 474-8324, www.somersetswcd.org
- **Kennebec Land Trust (KLT)**, PO Box 261, 331 Main Street, Winthrop, 04364, 377-2848, www.klt.org
- **Kennebec Messalonskee Trails**, PO Box 2388, Waterville, 04903, 873-6443, www.kmtrails.org
- **Kennebec River Rail Trail**, PO Box 2195, Augusta, 04338, 623-8162, www.krrt.org
- **30 Mile River Watershed Association (30 MRWA)**, Kimball Pond in Vienna to the Androscoggin River, PO Box 132, Mt Vernon, 04352, 685-4956, www.30mileriver.org
- **Maine Lakes Society**, formerly Congress of Lake Associations, PO Box 447, 137 Main Street, Belgrade Lakes, 04918, 1-855-463-2652
- **Central Maine chapter of the New England Mountain Bike Association (CeMeNEMBA)**, 441-6227, www.cemenemba.org



Additions/Updates/Corrections: Please contact *Summertime in the Belgrades*, 495-3777, with changes to this Directory.

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— Calendar —

Through Sunday 7/20 - Maine International Film Festival (MIFF), final weekend, full daily schedules, www.miff.org, downtown Waterville.

Thursday 7/17 through Saturday 7/19 - "A Woman of No Importance," by Oscar Wilde, preview on Thursday, opening on Friday, 7:30 pm, 933-9999, Cumston Hall, The Theater at Monmouth.

Thursday 7/17 through Sunday 7/20 - "Skin Flick," comedy, 474-7176, Lakewood Theater, Route 201, Madison.

Thursday 7/24 - Reading and Booksigning with C.B. Anderson, author of "River Talk," life in the river valleys of western Maine, 7 pm, 778-3454, Devaney Doak & Garrett Booksellers, 193 Broadway, Farmington.

Friday 7/18 through Sunday 7/20 - ASAM Summer Spectacular Horse Show, free and open to the public, covered arena, barns to visit, concessions, Skowhegan Fairgrounds, Route 201 North, Madison Avenue, Skowhegan.

Friday 7/18 - An evening of poetry featuring Steve Cowperthwaite and Susann Pelletier, free and all listeners are welcome, 7 pm, 685-3612, Cary Memorial Library, 17 Old Winthrop Road, Wayne.

Friday 7/18 - Atlantic Music Festival, Chamber Music Series I, free, open to the public, 7 pm, 888-704-1311, Lorimer Chapel, Colby College, Waterville.

Friday 7/18 - New England Music Camp Student Recital, open to the public and free of charge, everyone welcome, 7:30 pm, 465-3025, Alumni Hall, NEMC, Route 23, Sidney.

Friday 7/18 - Skowhegan Art School 2013 Barbara Lee Artist Lecture Series, Betye Soar, free and open to the public, 8:30 pm, 474-9345, Old Dominion Fresco Barn, White Schoolhouse Road, Madison.

Saturday 7/19 - Maine Audubon Society Loon Count day, to volunteer call a local lake association or Maine Audubon at 781-6180 or email sgallo@maineaudubon.org, statewide.

Saturday 7/19 - "Bizarre Bazaar," an indoor event, yard sale, craft sale, bake sale, used books, Rada knives, lunch, 9 am-2 pm, 685-7292, 293-4965, St. Andrew's Episcopal Church, Winthrop.

Saturday 7/19 - Old Hallowell Day, 3d Saturday in July since 1968, activities Friday-Sunday, art, food, music, large parade and celebration of all things Hallowellian, old-hallowellday.org, Water Street, Kennebec Riverfront, and downtown Hallowell.

Saturday 7/19 - Annual Lake Monitoring Conference; mingle, chat, network, interactive display booths, guest speakers, including how state of the art cell phone technology may be used to help learn more about lakes, certified lake monitors attend free, all others \$35, 783-7733, Maine Volunteer Lake Monitoring Program, Great Outdoors lake lodge, Pleasant Pond, Turner.

Saturday 7/19 - Bernard Langlais, noted Maine painter and wood works, the first scholarly retrospective of the artist's work, opening July 19, 2014 through January 4, 2015, 859-5600, Colby College Museum of Art, Mayflower Hill, Waterville.

Saturday 7/19 - "Flapper," come celebrate the roaring twenties, Young Performers Camp teen production, 10 am, 474-7176, Lakewood Theater, Route 201, Madison.

Saturday 7/19 - East Pond Association Annual Meeting, open to all, www.EastPond.org, 10 am, Birchcrest, off

Bricket Point Road, East Pond Road, Oakland.

Saturday 7/19 - Kennebec River Canoe and Kayak Tour, led by Curator Ben Doty, attendees must bring their own canoe/kayak and life jacket - no exceptions, 10 am, meet at Arnold Park, the Island, Skowhegan.

Saturday 7/19 - "Tales from the Blue Fairy Book," Family Show, 1 pm. 933-9999, Cumston Hall, The Theater at Monmouth.

Saturday 7/19 - Insect Afternoon for Girls, focus on ladybugs, part of a longer series of free 'girls and science' events, 1-3 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Saturday 7/19 - Monthly Bean Supper, 3 kinds of beans, chop suey, hot dogs, bread, homemade pies, all you can eat, \$7 adults, under 5 free, family of 4 or more \$20, 4:30-6 pm, Mt. Philip Grange, Routes 27 and 225, Rome.

Saturday 7/19 - 35th Annual New England Music Camp Pops Concert, \$20 general admission, 465-3025, Messalonskee Performing Arts Center, 131 Messalonskee High Drive, off Oak Street, Oakland.

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Saturday 7/19 - Atlantic Music Festival, Chamber Music Series II, 7 pm, open to the public free, 888-704-1311, Lorimer Chapel, Colby College, Waterville.

Sunday 7/20 - Community Day, Colby College Museum of Art, family-friendly event featuring musical duo Edith & Bennett from Belfast, museum tours, art-making activities, Stone Fox Farm Creamery ice cream, and workshop related to summer exhibits on Bernard Langlais and on Lois Dodd: Cultivating Vision, 859-5600, Colby College, Mayflower Hill, Waterville.

Sunday 7/20 - Atlantic Music Festival, Salon at The Bar, Manchester Blue Light Pub, Cotter Union, informal gathering, features a variety of chamber and solo favorites, 7 pm, 888-704-1311, 859-4353, Colby College, Waterville.

Sunday 7/20 - New England Music Camp Student Concert at Bowl in the Pines, 3 pm, free to the public, everyone welcome, in case of rain concert still scheduled, 465-3025, Route 23, Sidney.

Sunday 7/20 - Coburn Park Concert Series, "Barbie & the Band," 5 pm, 474-0527, Philbrick Gazebo, Coburn Park, Water Street, Skowhegan.

Monday 7/21 - Atlantic Music Festival:

Gabriel Chodos in Concert, piano works by Beethoven, Schubert, Chopin and Brahms, free and open to the public, 7 pm, 888-704-1311, Lorimer Chapel, Colby College, Waterville.

Tuesday 7/22 - Atlantic Music Festival: Piano Institute Concert I, keyboard masterworks, free and open to the public, 7 pm, 888-704-1311, Lorimer Chapel, Colby College, Waterville.

Tuesday 7/22 - Zulu Leprechauns, Concert on the River, 7-8:30 pm, North Water Street, Hallowell.

Wednesday 7/23 - Art Afternoon, printmaking, watercolors, acrylics, collage, and pastels, be inspired by the museum collections, guided by a museum staff member, 1 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Wednesday 7/23 - Public supper, entrée, potato, vegetable, rolls, coffee or lemonade, homemade dessert, \$8 adults, \$4 children under 10, 5 pm, Fairview Grange, Route 8, Smithfield.

Wednesday 7/23 - "43 North," Waterfront Wednesday Sunset Concert Series, free event, 6 pm, 626-2352, Waterfront Park, Augusta.

Wednesday 7/23 - Atlantic Music Festival, Chamber Music Series III, organized in conjunction with Colby's Alumni College, 7 pm, 888-704-1311, Lorimer Chapel, Colby College, Waterville.

Wednesday 7/23 - Douglas Coffin, master letter cutter, a talk about the history of the alphabet and letterforms, hand-carving fine letters and decorative motifs in stone, 7 pm, 474-6632, Skowhegan History House, 66 Elm Street, Skowhegan.

Wednesday 7/23 through Saturday 7/2 - "Skin Flick," comedy, 474-7176, Lakewood Theater, Route 201, Madison.

Wednesday 7/24 - "A Woman of No Importance," by Oscar Wilde, 7:30 pm, 933-9999, Cumston Hall, The Theater at Monmouth.

Wednesday 7/23 - New England Music Camp Faculty Recital, open to the public, free of charge, everyone welcome, 7:30 pm, 465-3025, Alumni Hall, Route 23, Sidney.

Thursday 7/24 through Sunday 7/27 - Pittston Fair, small family-oriented country fair, midway, animal and mechanical pulling events, Exhibition Hall, children's games, strawberry festival, free concert "Motor Booty Affair," Thursday, Admission \$6 for everyone, Route 194, Pittston.

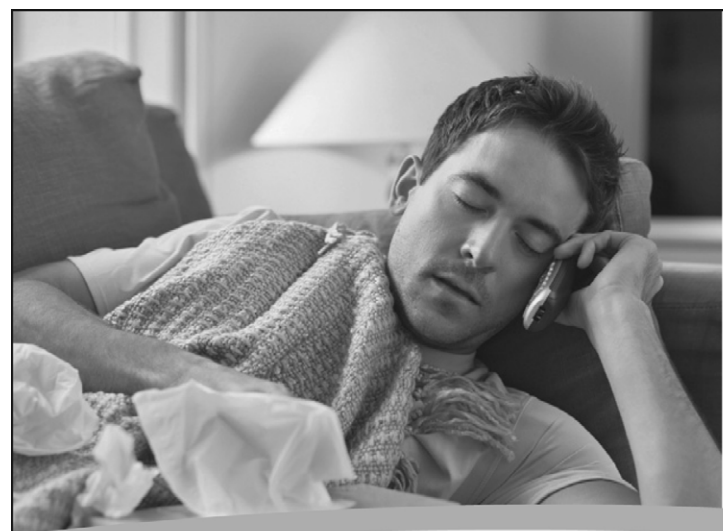
Thursday 7/24 through Saturday 7/26 - Annual KNEADING Conference, workshops, demonstrations, lectures, field trips, local grain growing, milling, oven building, baking, for professional and home bakers, farmers and millers, oven builders and interested community members, Artisan Bread Fair on Saturday 7/27, 947-6622, Skowhegan Fairgrounds, Skowhegan.

Thursday 7/24 - "Scales and Tails," a Chewonki Natural History Program, sponsored by the Maine Lakes Resource Center, 2 pm, 495-6039, MLRC, 137 Main Street, Belgrade Lakes.

Thursday 7/24 - Sara Hallie Richardson, Summer Concert Series, 6:30 pm, 626-2415, on the lawn, Lithgow Public Library, Winthrop Street, Augusta.

Thursday 7/24 - Atlantic Music Festival, Opera Gala, selections from the opera and art song repertoire, 7 pm, free and open to the public, 888-704-1311, www.atlanticmusicfestival.org, Colby College, Waterville.

Thursday 7/24 through Saturday 7/26 - "Romeo and Juliet," by William Shakespeare, 7:30 pm, preview Thursday, opening Friday, 933-9999, Cumston Hall, Main Street, The Theater At Monmouth.



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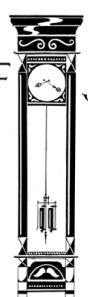
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Old Halloween Day July 19



Old Halloween Day – the day to discover, return to, or celebrate “Maine’s smallest city” on the Kennebec River - is Saturday, July 19, 2014. Music, entertainment, food, a large parade and fireworks – and a lot of family-oriented fun

are on the day-long agenda as well as special sales, luncheons, a commemorative poster and art exhibits. Old Halloween Day programs are available at local businesses.

Music on the Kennebec at Old Halloween Day

Music is one of the many highlights of Old Halloween Day on July 19. Starting at 11 am the Halloween Community Band will perform at the Cotton Mill Courtyard on Water Street and the Muddy Marsh Ramblers will play bluegrass tunes at Vaughan Field Way near Middle and Lincoln Streets.

various styles of roots music. At 1:30 pm music by Bishop Avenue will be performed by Tim Bishop, a well-loved original Maine songwriter. And, at 3 pm, Boogie Mob, a soul, funk, jazz & vocal group will take the bandstand stage. The Veayo Twins, will perform at 4:30 pm, The Shakes at 6 pm and The All-Night Rascals at 7:30 pm followed by fireworks at dusk.

At the City Bandstand on Water Street, The Boneheads will perform at noon. They combine

— Upcoming —

JULY

- Join the Antique Boat Party on Friday, July 25, 5:30 pm, sponsored by the Belgrade Regional Conservation Alliance, at the Village Inn, Belgrade Lakes. 495-6039
- On Friday, July 25, Richard Ford, Pulitzer Prize-winning New York Times best seller will give a talk at the Maine State Library in Augusta at 6 pm, admission free. 287-2301
- A huge indoor “Yard Sale” will be held at the Fairview Grange in Smithfield on Saturday, July 26 from 9 am-3 pm. Lunch will be available, provided by Grange members. 399-2099
- The Seven Lakes Festival to benefit the Maine Lakes Resource Center in Belgrade Lakes will take place on Sunday, July 27, beginning at 8 am, rain or shine, featuring Frigate, Dos Ekies, Analivia, the Gawler Family, Rick & Jackie Davis and Molly Gawler. 495-3617

- The Annual Belgrade Lakes Loon Calling contest and the Belgrade Fire Department Bean Hole Bean Supper will be on Saturday, August 2 in Belgrade Lakes. The supper is 5-7 pm at the Center for All Seasons; the Loon Calling sign-up is 6:30 pm, the contest at 7 pm at the bridge in Belgrade Lakes. 495-3312

- Artwalk Gardiner will take place Friday, August 1, 5:30-8:30 pm in the Historic district of downtown. The event features art in exhibition spaces and open studios; maps available at shops in the area. 582-6600

- A course in Astronomy is being offered by RSU 38 Maranacook Adult Education on Tuesday, August 5, 7:30-9:30 pm, rain date Wednesday, August 6, for \$10 at Maranacook Community High School in Readfield. 685-4923 x1065

- “Point Last Seen” with Odelle Bowman, a multimedia performance, will be presented on Thursday, August 14 at 7:30 pm at the Theater at Monmouth. 933-9999

SEPTEMBER

- The Ron Paquette RiverFest 5K to benefit the Wounded Heroes Program of Maine, is scheduled for Sunday, August 3 at the Farmers’ Market site, corner of Court and High Streets, Skowhegan. Pre-register \$12, day of race \$15. Race starts 7:30 am. 356-7082

- The Common Ground Country Fair will be Friday-Sunday, September 19-21 at the Unity Fairgrounds. Admission adults \$10 in advance, \$15 at gate; seniors \$8 in advance, \$10 at gate. www.commongroundcountryfair.com

AUGUST

- The Acadia Wind Ensemble will appear at the Messalonskee Performing Arts Center August 1 at 7pm.

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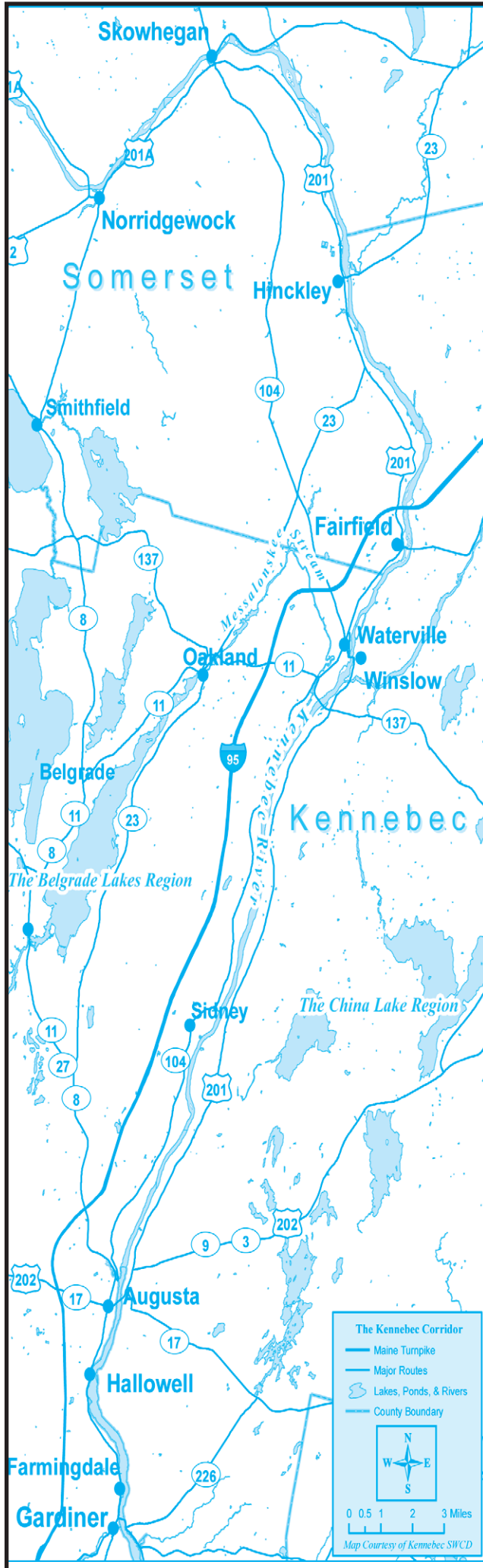
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— Katy's Column —

Painting As A Pastime: Winston Churchill Said It!

You know how it goes. You are at a gathering of old friends who want you to meet a visitor. Talk is delightful as you get acquainted –almost always some aspect of politics, a bit about the weather, where they came from, their business and the like. It happened, however, about 35 years ago I was enthralled to meet a professional gent from The County who was very learned about and definitely 'into' art. It did not take long for me – at least – to realize Walt was a dedicated art patron. It was a lovely evening and well remembered.

As I was searching for a long-neglected book a few years ago I came across a small tome that this Mr. Walt had sent me just a week after our first and only meeting. "Painting As a Pastime" was written back in the mid 1930s by none other than Sir Winston S. Churchill! I gasped when I recalled all that small reading had told me and immediately sat down and did a re-read. I knew I had to share the man's very sage remarks with my readers.

Of course, you might believe, as I did, that Churchill was far too occupied with the goings-on in world upheavals to spend time with a paintbrush in hand. But if the book was on your table and you reached the last of the reading and saw a half dozen of his reproductions, you would quickly know that there was a giant diversity of skills embedded in this famous world leader.

You would also know that Churchill was thinking with a sense of motivation to inspire people who were becoming bored with life. It happens far too often with those who have retired, many have some physical difficulties that confine them to a chair or simply who believe: "I don't have any talent." Churchill would wisely say, "How do you know if you have never tried?"

Just a few of his comments will show you: "Change is the master key. A man can wear out a part of his mind by continually using and reusing it. What is undoubtedly needed is a change." He elaborated on this single item to the place that you realize it surely is something to ponder.

Churchill admits that he had never handled a paintbrush until he was 40 years old! When he did make an attempt he found it to be an amazing and enriching experience. He indicates that his was not a unique experience. Many other people, some far older than he, share the same feeling. He states his hopes that the statement he made was seen as 'modest.' His reason for voicing his feeling was not to flatter himself but to assure that what he gained from the attempt was far more rewarding than he would ever have believed it could be.

So here we are. I suspect people who may be readers of what I write are simply wondering – "What is the old lady up to this week?" The answer is stop looking out there for diversion or reading a 'how-to' series of essays (even this one) on use of free time. Think about what pleases you and start heading toward it. It's never too late to learn to play the piano, to write the great American novel, to sing an operatic aria or even play a splashing game of tennis. The hardest step – and the most important first step is to begin. One step at a time! Remember when your first-born took the first step! What a proud day that was. Never ever stopped talking

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about it for weeks, did you? The Babe knew nothing about that step – it was part of the learning process and thus it will be with you. One step leads to another and another and before you know it, like Churchill your artistic works may be shown in a local gallery and, perhaps, later in the Metropolitan Museum of Art!

Heck, no that is not your mission. If I have piqued your interest or even your curiosity it has only been to keep you, your mind, your creativity and interest alive and sparkling. Nothing else matters! We are who we are and darned if we should not be enjoying every day we have left to us.

Let me close with a very wise remark that a Senior College instructor left with a gang of would-be artists at a recent course. "You can't make a mistake and you will – I promise you – have fun." Ruth Bookey, the 'Teach' caught the theme of the class in a lot fewer words than did Winston Churchill in his book that prompted this column. I guess I would add my comment. Believe in yourself. If you want to, you can do it!

Katy Perry is an author, news commentator, Peace Corps Volunteer (at age 65), all around interesting lady, enthusiast about most things Maine and a very vibrant nonagenarian who resides at Granite Hill Estates in Hallowell and contributes a weekly column for Summertime in the Belgrades.



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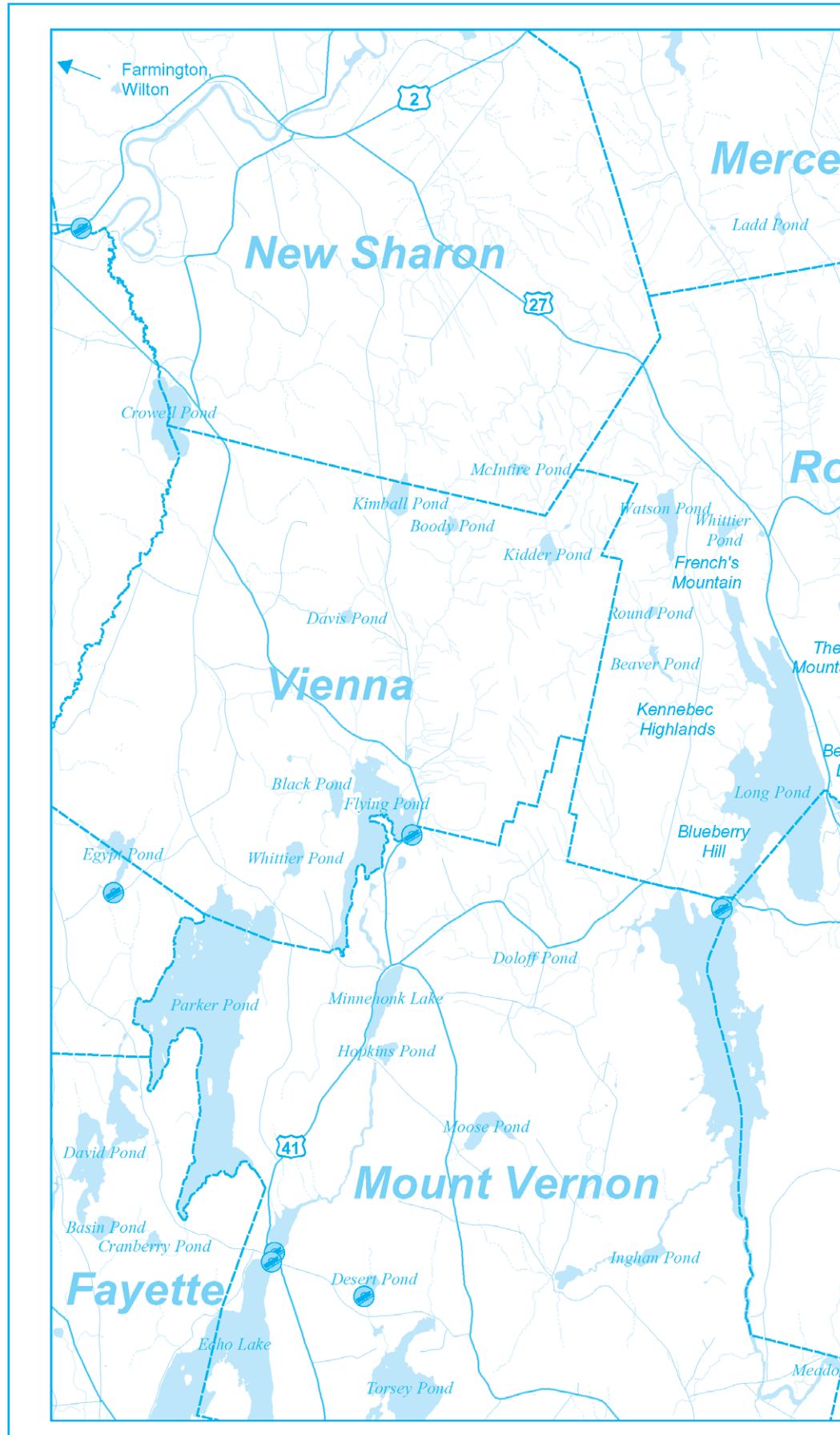
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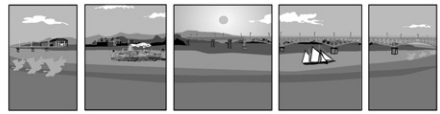
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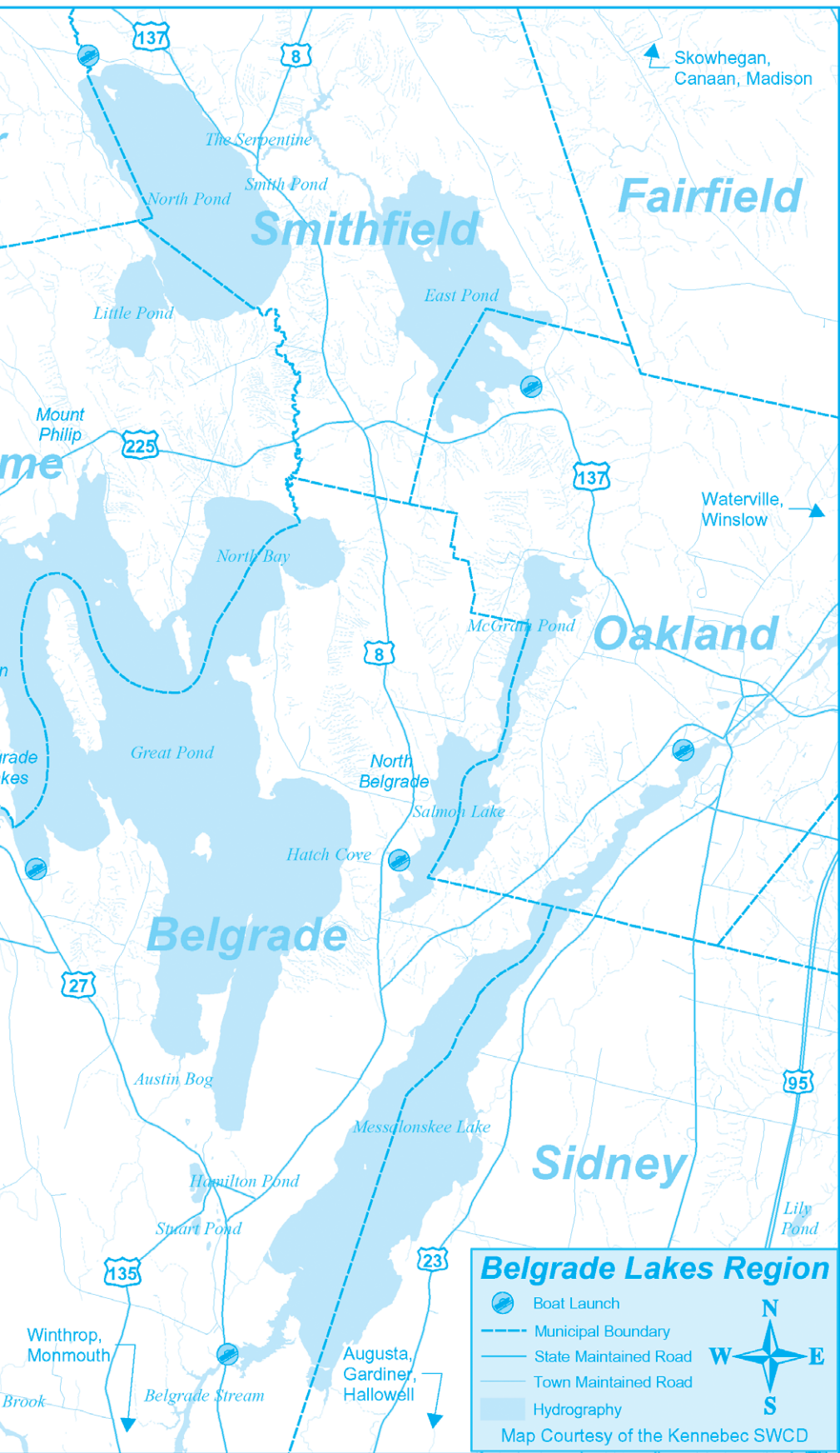


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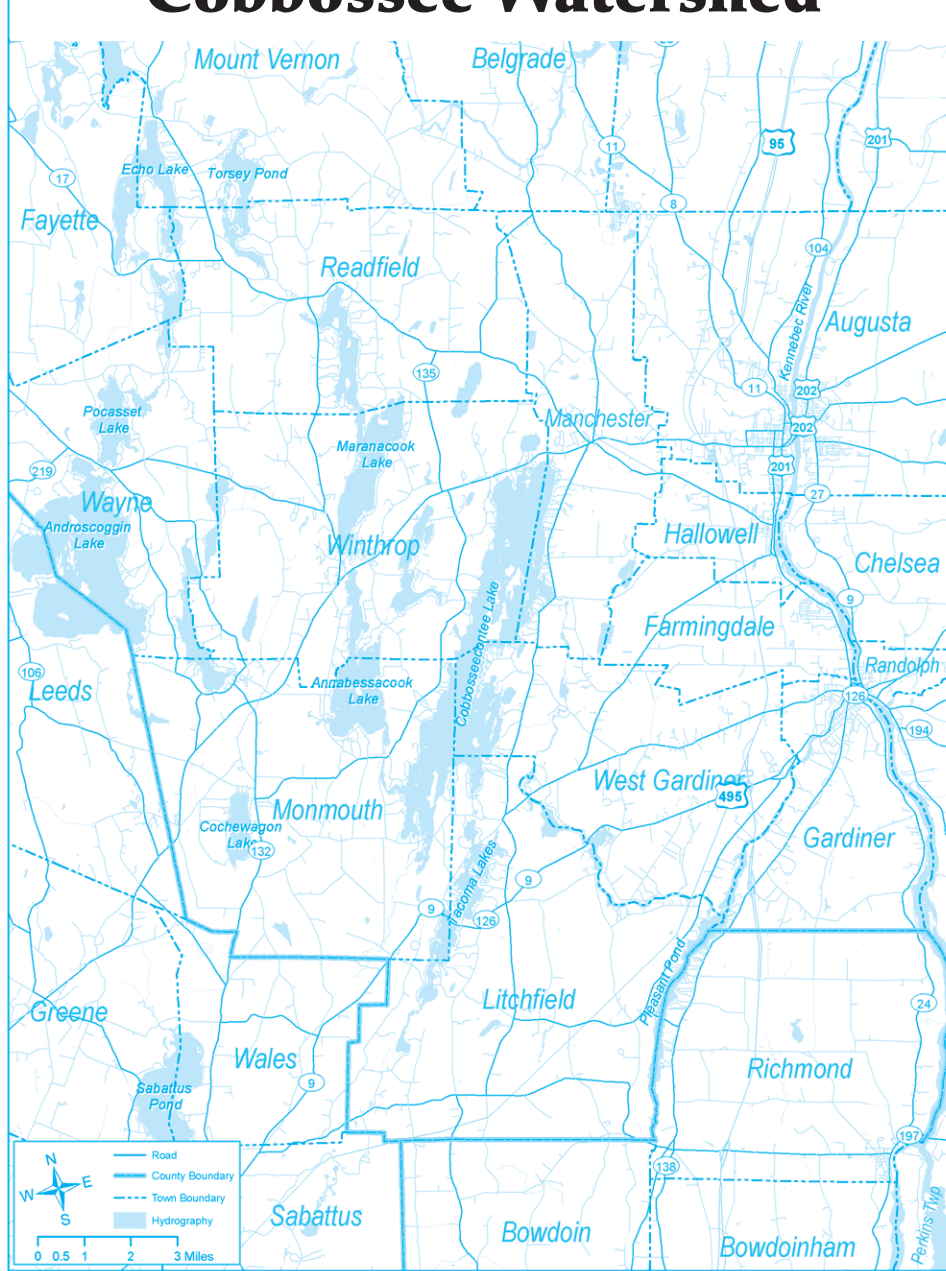


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Cobbossee Watershed



Wilde's Searing Wit Skewers Social Conventions in TAM's *A Woman of No Importance*



directed by Will Rhys

Season 45 continues at Theater at Monmouth with Oscar Wilde's deliciously witty satire, *A Woman of No Importance*, opening Friday, July 18 at 7:30 p.m. Fraught with epigrams and pithy sentiments, *A Woman of No Importance* probes the societal hypocrisy of punishing women for the sin of passion while lauding men for their conquest. Surely the basis for *Downton*

Abbey, Wilde's dark comedy lays bare the moral contradictions of Victorian England.

A flamboyant, well-known personality in his day, Oscar Wilde's "witticisms, liberally skewering late-Victorian society and innumerable unfortunate individuals, were his calling card," according to director Will Rhys. Rhys, a former Artistic Director at The Cleveland Playhouse, joins TAM for his third season. Rhys believes that Wilde's own words speak volumes about his character, "At a reception he reportedly greeted someone with the biting line: 'Oh I'm so glad you've come! There are a hundred things I

Continued on page 15....

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Paddle Trek Connects Local Lakes

The 30 Mile River Watershed Association will host its 6th Annual Paddle Trek on Saturday, July 26, 2014. This event offers paddlers an opportunity to experience the watershed from a new perspective as they travel by canoe and kayak through many of the lakes that form the "30 Mile River." This daylong, guided trip goes from Mt. Vernon Village to Wayne Village, along 15 miles of connected lakes and streams, with varying lengths and ending points for those wanting a shorter trip.

The Trek begins at Minnehonk Lake in Mt. Vernon at 7:30 a.m. The trip route proceeds down Hopkins Pond, Hopkins Stream, Taylor Pond, Echo Lake and its Mill Pond, Lovejoy Pond, Pickerel Pond, and Pocasset Lake, ending in Wayne at approximately 3:00 p.m. Through this once-a-year opportunity, participants will be permitted to travel a continuous route, thanks to the generous landowners that grant permission to



portage across their property for this event.

The trip is split into four parts – with the option of paddling one, two, three or all four parts. Some parts require a person to portage their boat because of a dam

or other impasse. Paddlers may join the group at any of the four meeting points, and return shuttles will be available at three locations. People of all ages and skill level enjoy this yearly Trek.

All of those who pre-register by July 10th will receive a 2014 Paddle Trek t-shirt. Register online at www.30mileriver.org. Registration fees are as follows: Adults – \$25, Teens (13-18) – \$15, and children 12 and under FREE. The event is sponsored by Clark Marine and the Fayette Country Store.

...Continued from page 14

want not to say to you."

An upper-class house party is in full swing at Lady Hunstanton's country estate when witty, seductive Lord Illingworth announces that he has hired Gerald Arbuthnot as his new secretary. Gerald's mother, Lady Arbuthnot, protests the arrangement, but cannot reveal why without confessing her secret past. When the truth is revealed, will Gerald choose social advancement or loyalty of the heart?

A Woman of No Importance features Wendy Way as Lady Pontefract; Anna Doyle as Hester Worsley; Mark S. Cartier as Sir Pontefract; Janis Stevens as Lady Hunstanton; Turner Frankosky as Francis/Farquhar; Leighton Samuels as Gerald Arbuthnot; Lisa Woods as Mrs. Allonby; Lindsay

Tornquist as Lady Stutfield; Bill Van Horn as Mr. Kelvil; James Noel Hoban as Lord Illingworth; Will Harrell as Lord Alfred Rufford; Denise Cormier as Mrs. Arbuthnot; and Erica Murphy as Alice. Set design by Michael Reidy, costumes by Caitlin Cisek, lights by Cecilia Durbin, and sound by Rew Tippin.

Performance Calendar: PREVIEW 7/17 at 7:30 p.m.; OPENING 7/18 at 7:30 p.m.; additional performance dates 7/19, 7/23, 8/13, 8/23 at 7:30 p.m.; 8/3, 8/6, 8/16 at 1:00 p.m.; 7/27 at 7:00 p.m. with post-show talk-back. Ticket prices \$10-\$30. Discounts available for groups of 10 or more. For calendar and reservations, please contact the TAM Box Office at 207.933.9999 or visit www.theateratmonmouth.org.

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Go to page 10 for more information on Old Halloween Days.



—The Luckiest Boy—

In the two previous issues of Summertime in the Belgrades, we recounted stories of two different run-ins with ghosts on Great Pond. Rod was lost in the fog and was nearly side-swiped by a guide boat back in 1966. In that same year Phil Cobb nearly caught guide ghosts partying on Oak Island, again on an extremely foggy night. Phil also found 10 sets of mysterious initials freshly carved into the old plank bench at the Oak Island campsite, and crudely recorded the initials onto an old Day's Marina gas receipt.

In hashing over the known details of the two occasions, and with some speculation added, Rod, Doris, Mark and Pam agree that it was most likely the same night on two different parts of the Pond.

When people hear about "ghostly sightings," there is most usually doubt and some proof is required to make "believers." Here's what we uncovered and you can be the judges.

The mystery of the initials carved into the wooden plank was never solved. With the busy camp life at Camp Runoia, Phil had tucked the smudged receipt into a shoe box of personal items, with intentions of getting back to it after camp ended. At a family cookout later in the fall, he again recounted the whole story of the foggy night to wife Betty and for the first time to his children. Over time the children pretty much forgot the story and chalked it up as another "Dad" story. It wasn't until late last fall when Pam was doing a major hoe-out of the Runoia farmhouse attic and decided to finally clean out her dad's old roll-top desk. With flashlight in hand, she slowly made her way to the low headroom attic area just under the eaves, near the south dormer. After picking through the top draw, she recalled that her Dad Phil had always thrown odd receipts into a shoe box kept in the lower left draw. She gingerly opened the drawer and pulled out the tattered box, then took a seat on the old steamer trunk nearby. The shoebox contained a mish mash of old papers such as personal notes, receipts for camp purchases and lists of chores long since done. Also found were some lists of camp attendees, now over 50 years of age. Thumbing through the dog-eared papers, she noticed a smudged receipt from Day's Marina, showing purchases for gas and oil dated August

The Guide Ghosts of Great Pond Part 3

by Rod Johnson



before, they both became spellbound. A 100 percent match was confirmed.

Rod's best evidence of ghostly visitations is that one of the guides noted in the article was Charles Grant, and one of the 10 sets of initials uncovered by Pam in the attic was in fact CG. Also, just to nail it down a little tighter, the Guide Ghost's boat that nearly rammed Rod's Chris Craft in the fog in 1966, had the name IDA on the bow. A conversation with Franny Grant, Charlie's granddaughter confirmed her grandmother's first name was IDA.

What conclusions can we draw? Do The Guide Ghosts of Great Pond in fact come out to visit on foggy occasions, and how can you be sure? My advice is to go out on Great Pond on a very soupy night. You might become a believer—Phil and I did! THE END

Author's note: For any folks who missed last year's 12 stories, we published a small book called *The Luckiest Boy* containing all 12, available at Day's Store.

Rod Johnson can be reached at rodorjohn@hotmail.com

10, 1966. Pam recollected the story her dad had told the family about the initials and his writing them down with a charcoal stick. At this time she moved to the old Boston rocker long stored in the attic and pondered the significance of the initials her dad had copied off the wooden plank seat on Oak Island. Having recently read an article in Summertime in the Belgrades called The Guides, it came to her that a list of guides names was in the story. A tingle went up her spine as it occurred to her to see if the names matched the initials. Suddenly the silence was broken with a strong voice calling "Pam, Pam—are you okay?" It was her husband Mark calling from the head of the stairs and she knew it was time to share her thoughts and excitement.

After going downstairs and while fixing dinner, they dug out a copy of the Summertime edition that had The Guides story. Upon examining the guides names in the article and comparing the initials that Phil had copied nearly 50 years

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So Long to MIFF (But Not Quite Yet!)

by Gregor Smith

Although the lights will soon go dark on the seventeenth annual Maine International Film Festival, there's still plenty to see and do during the festival's final weekend. Highlights of the last few days include a visit by an American star of Italian westerns and police dramas, an exposition of the best works of Maine's youngest filmmakers, an interactive exhibition that celebrates cinema, a concert of '60s psychedelia, and the showing of an award-winning Spanish road movie. Except for the exhibition, all of these events take place in the festival's largest venue, the Waterville Opera House.

While visiting Italy as a young man, Italian-American Leonardo Manzella was "discovered" by an Italian producer, who Americanized his name to Leonard Mann and cast him in a "spaghetti western," kicking off Mann's two-decade career. From the late '60s to the late '80s, Mann starred in Italian westerns and "Eurocrime," an Italian genre of cop thriller. MIFF will present that very first western, *The Forgotten Pistolero* (Sunday, 12:30 pm), along with two Eurocrime thrillers, *Weapons of Death* (Friday, 9:30 pm) and *Street Law* (Saturday, 9:30 pm).

Saturday's events begin at 12:30 pm with the 37th Annual Maine Student Film & Video Festival. Open to Maine children and teens, the Maine Student Film & Video Festival accepts short films (no more than 10 minutes long and in any genre), groups the submissions into three divisions by the grade level of their makers (K-6, 7-8, and 9-12), and judges the entries on "originality, content, style, and technique." Each year at MIFF, the finalists' films are shown and the grand prize winner is announced.

While you're downtown, be sure to check out MIFFONEDGE, Vol. 2, at Common Street Arts, across Castonguay Square from the Opera House. Open 2:00 - 9:00 pm through Saturday, this multimedia exhibit blends still and moving images. Besides looking at other people's creations, visitors may help make a simple animated film by using markers to draw directly onto the

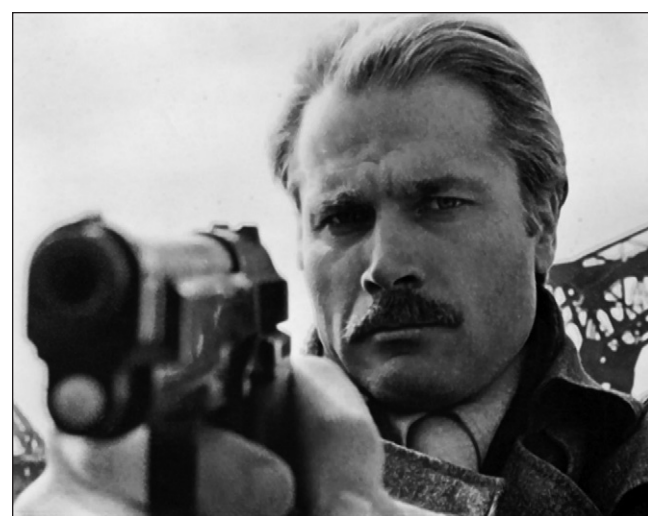


Living is Easy With Eyes Closed

celluloid. The results of this communal collaboration will be shown at the MIFFONEDGE wrap-up party at 9:00 pm on Saturday.

Also on Saturday evening, but two hours earlier, at 7:00 pm, festival goers can experience *Psychedelic Cinema* at the Opera House. From 1967 to 1969, Ken Brown, a "survivor of the psychedelic wars of the 1960s" (his words), shot short Super 8 films that were projected over concerts by of the great performers of the time, including Jimi Hendrix, The Velvet Underground, Sly and the Family Stone, Neil Young, The Who, and The Grateful Dead. According to the MIFF website, these films feature "[s]wirling colors and lights, clip art animations, girls in flowing skirts, candles, flowers, and more than a few references to drugs." Brown has now edited these films into a 57-minute montage, which will be shown while an ensemble playing percussion, clarinet, synthesizers, electric guitar, and saxophone improvises and incorporates recorded excerpts of '60s speeches and other archival audio.

Continuing with the 1960s theme is the Closing Night film, to be shown Sunday at 7:00 pm. When Antonio, a small-town teacher who uses Beatles lyrics to help his pupils learn English, learns that John Lennon will be visiting Spain to make a movie, he sets off in his Fiat to meet his idol. Along the way, he picks up two runaways, a 16-year-old boy and a 20-year-old



Leonard Mann's Eurocrime

girl. Winner of six Goyas (Spanish Oscars), *Living is Easy with Eyes Closed* is a road movie that takes its characters not only on a geographical journey, but, at least for the boy and the girl, also the psychological journey from adolescence to adulthood.

Admission costs \$12 for *Psychedelic Cinema* and the Closing Night Ceremony and \$9 for the Leonard Mann films, but is free for the Student Film and Video Awards and MIFFONEDGE. For more information about these and the other festival events, consult the MIFF broadsheet brochure, available at the Opera House, Railroad Square Cinema, and many other places around town; visit the MIFF website, www.miff.org; or call the MIFF office at 861-8138.

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Alden Camps, American Plan cottages, boat rentals, 3 Alden Camps Cove, Oakland, 465-7703, www.aldencamps.com

Bear Spring Camps, 60 Jamaica Point Rd., Rome, 397-2341, www.bearspringcamps.com

Belgrade Vacation Rentals, 81 Main St, Belgrade Lakes, 495-4011, www.belgradevacationrentals.com

Castle Island Camps, American Plan, Castle Island Rd, Belgrade Lakes, 495-3312, www.castleislandcamps.com

The Village Inn, 1 & 2 bedroom suites, Rt 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com

Whisperwood Cottages, American Plan, boat rentals, 103 Taylor Woods Rd, Belgrade, 465-3983, www.whisperwoodlodge.com

Wings Hill Inn, Rt 27, Belgrade Lakes, 495-2400, 866-495-2400, www.wingshillinn.com



Notebook

Maine Historic Preservation

• Nominations of historic properties or people, that make historic preservation happen, from across the state are due July 31 for inclusion in the 17th Annual Historic Preservation Honor Awards. The awards celebration will take place on Wednesday, November 19 at the Portland Country Club in Falmouth. www.mainehistoricpreservation.org

Mid-Maine Global Forum

• "As China Goes, So Goes the Planet" is the topic of the annual dinner of the Mid-Maine Global Forum on Friday, August 8 at Colby College. Noted China specialist and environmentalist Judith Shapiro, Director of the Masters in Natural Resources and Sustainable Development for the School of International Service, American University will be the guest speaker. www.midmaineglobalforum.org

Maine Farmland Trust Launches Annual Journal

• Maine Farmland Trust announces "Maine Farms," a farm-driven annual journal for members. Maine is a national leader in the "local foods" movement that is revitalizing farms and communities and Maine Farms journal will cover related topics such as new markets, cooking with local ingredients, the intersection of art and agriculture and visions for Maine's farming future. 338-6575

Canaan

• Contra Dance: all levels are welcome, all dances taught, no partners necessary! Come dance in the historic Canaan Farmers Hall on Main Street in downtown Canaan Village (Route 2). Starting at 8 pm - live music with the Velocipede Band and dance calling with Kim Roberts. Admission: \$7. 399-8454

Gardiner

• A creature-creation workshop for middle and high school students will be held on Wednesday, July 23, 10 am-2 pm at the Gardiner Public Library. Imagined monsters will be turned into patterns and into sewn, stuffed monsters. Pizzas will be provided for lunch.

The Women's Guild of St. Andrew's
Episcopal Church, Winthrop
is hosting their first ever

"Bizarre Bazaar"

Saturday, July 19th, 9:00 to 2:00

An indoor event, Yard Sale, Craft Sale, Bake Sale, Used Books, Rada Knives, Lunch

Rent a Table to sell your wares
\$20.00 per table / Share 1/2 a table for \$10.00

Contact Cheryl 293-4965 or Betty 685-7292



The Muddy Marsh Ramblers will appear July 19 at Old Halloween Days

Free and open to the public. Pre-registration required. 582-3312

Oakland

• The Oakland Public Library, 18 Church Street, is holding its annual book sale until July 31. Recent hardbound and paperback books are available at reduced prices. There is also a collection of old, out of print books, offered at half price. The library is open from 10 am-7 pm on Tuesdays and 10 am-6 pm Wednesday, Thursday and Friday. 465-7533

Sidney

• The New England Music Camp will present "The 25th Annual Putnam County Spelling Bee," a long one-act musical comedy with music and lyrics by William Finn, on Friday and Saturday, August 8 and 9 at Alumni Hall at 7:30 pm. For information about special ticket reservations visit www.nemusiccamp.com or www.snowpond.org. 465-3025

Waterville

• A Talking Walls Exhibit will be featured at the Waterville Public Library July 9-August 30 with 25 original illustrations from the book "Talking Walls: Discover Your World." Twenty-six illustrations from the book invite viewers to wander through an ancient cave with four French children, see the walls of Nelson Mandela's prison and stop at a wall in Tokyo to honor a loyal dog. 872-5433

Wayne

• On Friday evening, July 18 at 7 pm, the Cary Memorial Library at 17 Old Winthrop Road is presenting an evening of poetry featuring Steve Cowperthwaite and Susann Pelletier. Pelletier grew up and lives in Lewiston, graduated from Bates College and Northwestern University's School of Journalism and is active in social justice and environmental issues. Her chapbook, "Immigrant Dream and other Poems," is a classic of the poetry world in Maine. Cowperthwaite lives in the woods of Mount Vernon. He is a retired English teacher, a story-teller and the author of "Boulders, Birch and Wood Smoke." He writes about plumbing, trees undressing, nature discussing politics and the rascals he knew growing up. The reading is free and all listeners are welcome. 685-3612



Dining

Augusta

• **Riverfront Barbeque & Grille and Gin Mill Lounge**, 300 Water St., Augusta. 622-8899, www.riverfrontbbq.com

Belgrade

• **Pete's Pig**, 81 Main Street, Belgrade Lakes Village, also offering a full range of catering, 495-4095, www.petespig.com
 • **The Village Inn**, Main Street, Route 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com
 • **Whisperwood**, Salmon Lake/McGrath Pond, 103 Taylor Woods Road, Belgrade, open to the public by reservation only, 465-3983, www.whisperwoodlodge.com

• **Wings Hill Inn and Restaurant**, Route 27, Belgrade Lakes Village, 495-2400 or 800-495-2400, www.wingshillinn.com

Oakland

• **Alden Camps**, Lunch or dinner by reservations, Saturday-Wednesday, space permitting, 3 Alden Camps Cove, Oakland, 465-7703, www.aldencamps.com
 • **Riverside Farm Market & Cafe**, 291 Fairfield Street, Oakland, 465-4439, www.riversidefarmmarket.com

Winslow

• **Lobster Trap & Steakhouse**, 21 Bay St, Winslow. 872-0529. www.lobstertrap-seafood.com





Fishing Boat Rentals on Salmon Lake & McGrath Pond

Located on the South end of Salmon Lake in North Belgrade

All boats shown on our website

Now open to the Public for Dining by reservation only, 465-3983

Breakfast 8:am - 9:am, Dinner served at 5:pm
Daily menu listed on our website
 Boat docking available for Lake Residents

www.whisperwoodlodge.com

Mid-Maine's Largest Festival Revisits Its Roots



A view from a previous Bite Menu

The Taste of Waterville will revisit its roots on Wednesday, August 6th, when it returns a portion of the annual event to its original format again this August.

Mid-Maine Chamber of Commerce, which coordinates the Taste of Waterville, announced Monday that tickets are now available for the portion of the event that organizers are calling "the Sit-Down," referring to the four course elegant dining option planned for its attendees.

Heritage House Restaurant of Skowhegan and T&B's Celebration Centers of Waterville and Skowhegan are currently confirmed to participate. Their featured menus for the evening of the Taste, along with ticket information, are available at www.tasteofwaterville.com.

The Taste has been held in downtown Waterville each year since its inception in 1992. In its early years, tables lined Main Street and participating restaurants served full evening meals to ticket holders. In recent years, the Taste has grown into mid-Maine's largest outdoor festival, becoming a day-long family event which features a variety of entertainers and vendors with free admission.

The decision to add the more formal character of the Taste's early years back into the event was made last year by the Mid-Maine Chamber's committee responsible for planning the Taste, which is headed up again this year by downtown

business owner Jeff Corey of Day's Jewelers. Corey helped launch the event in 1992.

"The Taste will be the best of both worlds once again," Corey said. "By adding a third food venue to the event again this year, we are planning an event that truly has something for everyone."

Christian Savage of the Mid-Maine Chamber said the organization's goal in organizing the Taste is to highlight the area and its businesses.

"Each year, the Taste brings throngs of locals and tourists alike to downtown Waterville," Savage said. "We want to showcase our area, along with its businesses and organizations, and this event is one way the Chamber is able to do so on such a large scale."

This year's Taste will also feature headlining band The School Street Band in the Beer Garden, which is free to enter for adults 21 years and older, and a wide variety of other entertainment scheduled throughout the day. Children's activities and non-food vendors broaden the event's family appeal.

The Sit-Down will be the only part of the Taste requiring a ticket, which must be purchased in advance at participating restaurants or by contacting Mid-Maine Chamber of Commerce. For a full schedule of events, menus, and much more information, visit www.tasteofwaterville.com





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 Waterville, Maine 04901
207-873-4777
brownhouseappliance.com



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 M-SAT 8AM-6PM • SUN 10AM-4PM

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495-2191

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Boat / Auto Storage
 By foot or unit



-Business Directory-

ACCOMMODATIONS

See page 18

ADVENTURE

Belgrade Canoe & Kayak, Route 27, Belgrade, 495-2005,
www.kayakandcanoe.com

ANTIQUES

Barbara's Antique & Collectibles Group Shoppe, Rt 201,
414 Lakewood Rd, Madison, 474-2550, 474-8357

APPLIANCES

Brown House Appliances, 71 Francis St, Waterville,
873-4777, www.brownhouseproperties.com

BANKING

Kennebec Savings Bank, 150 State Street, Augusta, 622-
5801, www.kennebecsavings.com

Maine State Credit Union, 200 Capitol Street, Augusta, 623-
1851, www.mainestatecu.org

Skowhegan Savings Bank, 450 Civic Center Drive, Route
27, Augusta, 1-800-303-9511, 623-2300, www.skowsavings.com

BEVERAGES

Jokas' Discount Beverage, 52 Front St, Waterville, 873-6228,
www.jokas.net

Meridians, 151 Main St, Fairfield, 230-0254,
www.meridians.me

Tree Spirits, 152 Fairfield St, Oakland, 861-2723,
www.treespiritsofmaine.com

BICYCLES

Auclair Cycle & Ski, 64 Bangor St, Augusta, 623-4351,
www.auclaircycle.com

BOATS

(Besides the categories immediately following, see Canoes
and Kayaks, Docks, and Boat Repair.)

BOAT COVERS

Waterville Upholstery & Canvas, 1042 Kennedy Memorial
Dr, Oakland, 465-7847

BOAT LIFTS

Hammond Lumber Company, Auburn, Bangor, Belgrade,
Boothbay Harbor, Brunswick, Damariscotta, Fairfield,
Farmington, Greenville, Pemaquid, Portland, Skowhegan,
Wilton, 866-HAMMOND, www.hammondlumber.com

BOAT MOORINGS

Brightside Wooden Boat Services, 21 Hulin Rd, Belgrade
Lakes, 495-3680, 778-1706, www.brightsidewoodenboat.com

Great Pond Marina, 25 Marina Dr, Rt 27, Belgrade Lakes,
495-2213, www.greatpondmarina.com

BOAT RENTALS

Belgrade Canoe & Kayak, Rt 27, Belgrade, 495-2005,
www.kayakandcanoe.com

Brightside Wooden Boat Services, 21 Hulin Rd, Belgrade
Lakes, 495-3680, 778-1706, www.brightsidewoodenboat.com

Castle Island Camps, Castle Island Rd, Belgrade Lakes,
495-3312, www.castleislandcamps.com

Great Pond Marina, 25 Marina Dr, Rt 27, Belgrade Lakes,
495-2213, www.greatpondmarina.com

Whisperwood Cottages, 103 Taylor Woods Rd, Belgrade,
465-3983, www.whisperwoodlodge.com

BOAT REPAIR

Belgrade Boat Shop, 769 Oakland Rd, Belgrade, 465-9720,
485-6953

Brightside Wooden Boat Services, 21 Hulin Rd, Belgrade
Lakes, 495-3680, 778-1706, www.brightsidewoodenboat.com

BOAT SALES AND SERVICES

Belgrade Canoe & Kayak, Rt 27, Belgrade, 495-2005,
www.kayakandcanoe.com

Brightside Wooden Boat Services, 21 Hulin Rd, Belgrade
Lakes, 495-3680, 778-1706, www.brightsidewoodenboat.com

Clark Marine, 57 Puddledock Rd, Manchester, 622-7011,
mail@clarkmarine.biz, funonthewaterstartshere.com

Hamlin's Marine, 290 West River Road, Waterville,
872-5660, www.hamlinsmarine.com

Mid-Maine Marine and RV, 885 Kennedy Memorial Drive,
Oakland, 465-2146, www.midmainemarine.com

Trailside Performance, 797 Augusta Rd (Rt 201), Winslow,
873-2366, www.trailsideperformance.com

BOAT STORAGE

Belgrade Boat Storage, 46 Oakland Road, Belgrade,
495-3421, 314-3287, www.belgradeboatstorage.com

Belgrade Lakes Marine and Storage, Inc, 366 Augusta Rd,
Belgrade, 495-2378, www.belgradelakesmarine.com

Brightside Wooden Boat Services, 21 Hulin Rd, Belgrade
Lakes, 495-3680, 778-1706, www.brightsidewoodenboat.com

Clark Marine, 57 Puddledock Road, Manchester, 622-7011;
and Rt 202, Monmouth, mail@clarkmarine.biz, funonthewaterstartshere.com

Great Pond Marina, 25 Marina Dr, Rt 27, Belgrade Lakes,
495-2213, www.greatpondmarina.com

Hamlin's Marine, 290 West River Rd, Waterville, 872-5660,
www.hamlinsmarine.com

Maple Leaf Self Storage, 688 Manchester Rd, Rt 135,
Belgrade, 495-2191, 441-5529

Mid-Maine Marine and RV, 885 Kennedy Memorial Dr,
Oakland, 465-2146, www.midmainemarine.com

Trailside Performance, 797 Augusta Rd, Rt 201, Winslow,
873-2366, www.trailsideperformance.com

BOOKS

Children's Book Cellar, 52 Main St, Waterville, 872-4543,
kidsbookseller@myfairpoint.net

The People's Book Shop, 605 Wings Mill Road, Mount
Vernon/Belgrade line, 620-2392

BOTTLE AND CAN REDEMPTION

Damon's Quick Stop, 670 Civic Center Dr., Augusta,
622-3334

Jokas' Discount Beverages, 52 Front St, Waterville,
873-6228, www.jokas.net

BUILDERS

(See also Kitchens, Plumbing, and Excavating)

Craig's Carpentry/North Bay Estates, Rt 8, North Belgrade,
Craig Alexander, 649-3749

G&L Contracting, 116 Lakeshore Dr, Belgrade Lakes,
495-9009, gandlcontractingmaine.com

LakeHouse Renovations, 242-3663,
www.lakehousedesignbuild.com

BUILDING MATERIALS

Gagne and Son, 28 Old Rt 27, Belgrade, 495-3313,
www.gagneandson.com

Hammond Lumber Company, Auburn, Bangor, Belgrade,
Boothbay Harbor, Brunswick, Damariscotta, Fairfield,
Farmington, Greenville, Pemaquid, Portland, Skowhegan,
Wilton 866-HAMMOND, www.hammondlumber.com

CANOEES AND KAYAKS

Belgrade Canoe & Kayak, sales and rentals, Route 27,
Belgrade, 495-2005, www.kayakandcanoe.com

Brightside Wooden Boat Services, 21 Hulin Rd, Belgrade
Lakes, 495-3680, 778-1706, www.brightsidewoodenboat.com

COMPUTER CONSULTANTS

Macintosh Solutions, Michael Breault, 24 Welch Rd, Wilton,
645-5083, cell 578-0226,
m.o.breault@michaelbreault.net, www.michaelbreault.net

DINING

(See Dining Directory on page 19)

DOCKS

G&L Contracting, 116 Lakeshore Dr, Belgrade Lakes,
495-2325, 215-7951, 233-7408, gandlcontractingmaine.com

Hammond Lumber Company, Auburn, Bangor, Belgrade,
Boothbay Harbor, Brunswick, Damariscotta, Fairfield,
Farmington, Greenville, Pemaquid, Portland, Skowhegan,
Wilton, 866-HAMMOND, www.hammondlumber.com

Trailside Performance, 797 Augusta Rd, Rt 201, Winslow,
873-2366, www.trailsideperformance.com

ELDER CARE

Maine-ly Elder Care, 28 Center St, Oakland, 465-3249,
www.maine-lyeldercare.com

ENGINEERING

Thayer Engineering, septic design, storm water mitigation,
permitting, 17 Hasson St, Farmingdale, 582-7762,

EXCAVATING

Belgrade Boat Storage, 46 Oakland Road, Belgrade, 495-
3421, 314-3287, www.BelgradeBoatStorage.com

David Stevens, P.O.Box 146, Belgrade, 465-3815, cell
314-0314

EYE CARE

Eye Care of Maine, 325 E. Kennedy Memorial Dr, Waterville,
873-2731, www.Maine2020.com



FARMSTANDS

Riverside Farm Market & Cafe, 291 Fairfield St, Oakland, 465-4439, www.riversidefarmmarket.com

Winterberry Farm, 538 Augusta Rd, Rt 27, Belgrade, 495-2593, 649-3331, www.winterberryfarmstand.com

FINANCIAL PLANNING

Golden Pond Wealth Management, 129 Silver St, Waterville, 873-2200, www.goldenpondwealth.com

FIREWOOD

J & M Logging, Inc. 853 Civic Center Dr., Augusta, 622-6353

FLOORING

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, Wilton, 866-HAMMOND, www.hammondlumber.com

GENERATORS

Mid Maine Generator, Kohler generators, 395-8066, www.midmainegenerator.com

GIFTS

Day's Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

Fyre Flye Creations, 58 Main St Suite 2, Oakland, ME, 660-1829, www.fyreflyecreations.webs.com

GOLF

Belgrade Lakes Golf Club, 46 Clubhouse Drive, Belgrade Lakes, 495-4653, www.belgradelakesgolf.com

Natanis Golf Course, 735 Webber Pond Rd, Vassalboro, 622-3561, www.natanisgc.com

GROCERIES

Damon's Quick Stop, 670 Civic Center Dr., Augusta, 622-3334

Day's General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

HEALTH CENTERS

Belgrade Regional Health Center, 4 Clement Way, Belgrade Lakes, 495-3323, www.healthreachchc.org

Inland Hospital, 200 Kennedy Memorial Dr., Waterville, 861-3000, 1-800-491-8600, www.inlandhospital.org

HEAT PUMPS

Giroux Refrigeration, 871 Village Rd, Smithfield, 877-7600, girouxrefrigeration@gmail.com

ICE CREAM

Day's Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

JEWELRY

Larsen's Jewelers, 57 Main St, Waterville, 872-6301, 800-697-1874, www.larsensjewelers.com

L.Tardif Jeweler, 62 Main St, Waterville, 872-7542, 800-834-3638

KITCHENS

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, Wilton, 866-HAMMOND, www.hammondlumber.com

LAKE ASSOCIATIONS & RESOURCES

Belgrade Lakes Association (BLA), Long Pond and Great Pond, PO Box 551, 137 Main St, Belgrade Lakes, 512-5150, www.belgradelakesassociation.com

Maine Lakes Resource Center, PO Box 431, 137 Main St, Belgrade Lakes, 495-3617, 620-6029, www.mainelakesresourcecenter.org

LANDSCAPING

G&L Contracting, 116 Lakeshore Dr, Belgrade Lakes, 215-7951, 495-2325, 233-7408, gandlcontractingmaine.com

Lynch Landscaping, Skowhegan, 474-2420, lynchlandscaping.com

Native Notions, 213 West Rd, Belgrade, 495-6040, 314-9538, nativenotions@hotmail.com, www.nativenotionslandscape.com

MEATS

Day's Store, 180 Main St, Belgrade Lakes, 495-2205, www.go2days.com

MOVIE THEATERS

Railroad Square Cinema, call for titles and times, 17 Railroad Square, Waterville, 873-6526, www.railroadsquarecinema.com

PHYSICAL THERAPY

Dockside Physical Therapy, 47 Main St, Belgrade Lakes, 495-3195, 512-2544, Fax 512-2545

PIANO ENJOYMENT

Diane Gorman, Gorman3366@roadrunner.com, 906 Manchester Rd, Belgrade, 495-3222

PICTURE FRAMING

The Framemakers, 46 Main St, Waterville, 872-8927, www.theframemakers.com

PLUMBING

Paul Hanna's Plumbing, Belgrade Lakes, 495-3805

PRINT, MAIL & MORE

Color Storm, Inc, Main St, Belgrade Lakes, 592-5990

REAL ESTATE DEVELOPMENTS

North Bay Estates, Belgrade, 649-3749, crgsnbe@yahoo.com

REAL ESTATE

Coldwell Banker Thomas Agency, 75 Main St, Winthrop, 377-2121, www.coldwellbankerthomas.com

Day's Real Estate, 262 Augusta Rd, Rt 27, Belgrade Lakes, 495-3111, 1-888-495-3111, www.daysrealestate.com

Lakepoint Real Estate, 221 Main St, Belgrade Lakes, 495-3700, www.belgradelakepoint.com

Sprague & Curtis Real Estate, 75 Western Ave, Augusta, 623-1123, www.spragueandcurtis.com

RESERVATIONS

See page 18

RESTAURANTS

See Dining Directory on page 19

RETIREMENT COMMUNITIES

Granite Hill Estates, 60 Balsam Dr, Hallowell, 626-7786, 1-888-321-1119, www.granitehillestates.com

SCHOOLS

St. Michael School, grades pre-K through 8, 56 Sewell St, Augusta, 623-3491, www.smsmaine.org

SEAFOOD

Day's Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

Lobster Trap & Steakhouse, 15 Bay St, Winslow, 872-0529, www.lobstertrap-seafood.com

SECURITY SYSTEMS

Cayer Security Services, Inc, 208 College Ave, Waterville, 453-9177, www.cayersecurity.com

SELF STORAGE

Maple Leaf Self Storage, 688 Manchester Rd., Rt 135, Belgrade, 495-2191

STONEMWORK

Gagne and Son, 28 Old Rt 27, Belgrade, 495-3313, 1-800-339-3313, www.gagneandson.com

SURVEYING

Acme Land Surveying, 108 Fairbanks Rd., Suite 5, Farmington, 778-4801, www.acmelandsurveying.com

Thayer Engineering, septic design, storm water mitigation, permitting, 17 Hasson St, Farmingdale, 582-7762,

THEATER

The Theater at Monmouth, Cumston Hall, off Rt 135, Monmouth, 933-9999, www.theateratmonmouth.org

VETERINARY SERVICES

Lakeside Veterinary Clinic, 88 Libby Hill Rd, Oakland, 465-7387, 465-8387, www.lakevets.com

VIDEO PRODUCTIONS

Fertile Matrix Media, Oakland, 423-6934, www.FertileMatrixMedia.com

WINDOWS

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland and Skowhegan, Wilton 1-866-HAMMOND, www.hammondlumber.com

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— Take It Outside —

Into the Bog!

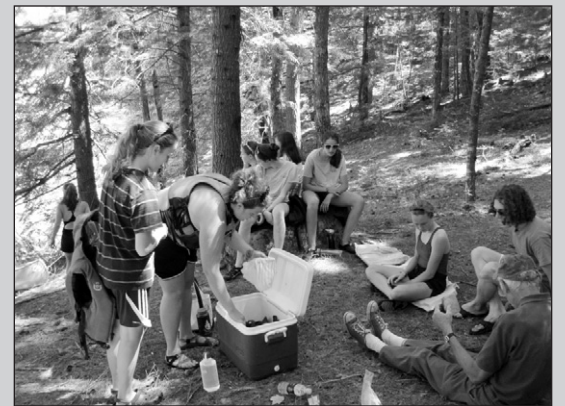
by Pete Kallin



Snapping turtle at the boat launch



Watching the snapper through the Aquascope



Picnic lunch on shore



Warren demonstrating a magic trick with bunchberry plant



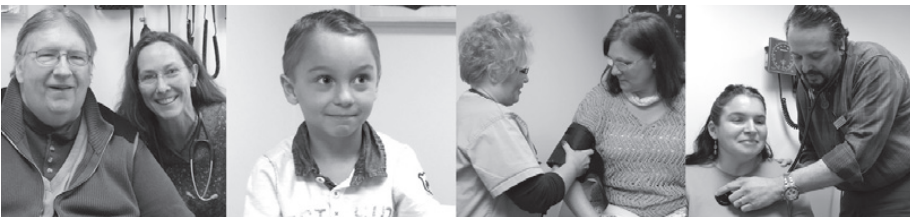
Heading home.

Last week, Warren Balgooyen and I led a canoe expedition into Lost Pond, a small, former glacial kettle pond in Mount Vernon that is now connected to Long Pond via a small stream. For thousands of years, this pond was probably not connected to Long Pond and developed as an isolated bog with lots of sphagnum moss, carnivorous plants such as pitcher plants and sundews

...Continued on page 23

BELGRADE REGIONAL HEALTH CENTER

4 Clement Way, Belgrade, ME 04917 • 207.495.3323 • Fax: 207.495.3353 • BelgradeCHC.org



Dear Friends,

Welcome to the spectacular Belgrade Lakes Region. We at Belgrade Regional Health Center hope that your visit is memorable and that you enjoy good health during your stay. We look forward to the return of our summer residents as well as visitors to the area.

In case you do have a health concern while visiting, we are available to treat acute problems as well as chronic health conditions. Please call us for an appointment at (207) 495-3323, and we will see you as soon as possible at the health center. Our appointment hours are Monday through Friday, 8:00 am to 12:30 pm and 1:30 to 4:30 pm, and Tuesday evening 5:00 to 6:30 pm.

If you have a major medical emergency such as chest pain, a severe breathing problem, cardiac condition, or major trauma, please call 911 or go to the nearest emergency room.

If you have a minor health condition such as poison ivy, a fish hook or laceration, please try to call before arriving at the health center. We accept patients on a walk-in basis, but you will be asked to wait until our regularly scheduled patients are seen. If you call ahead, we can give you a scheduled appointment and likely reduce your wait.

We are located at 4 Clement Way, just off Route 27, 3 miles north of the intersection of Routes 27 and 135. We look forward to seeing you for any of your healthcare concerns.

Sincerely,

Amy Madden, MD

Robert Cianfarano, PA

Lisa LaGrange, FNP

HealthReach
Community Health Centers 207.495.3323 | BelgradeCHC.org



Sprague & Curtis Real Estate

spragueandcurtis.com

6 2 3 . 1 1 2 3

75 Western Ave. • Augusta, ME



WINDSOR— Like new, spacious, 3BR, 2BA oversized Ranch w/3 car grg and lovely yard. Open interior, glass doors to deck, MBR w/bath, 1st flr laundry. Bright & airy, private backyard, very well maintained. Convenient location, energy efficient, more. **MLS#1145067 \$189,000**



WHITEFIELD— Here's a nice Antique Cape with 10 acres of pretty and picturesque land! Lots of privacy, 2 ponds, barn/garage in back yard, 3BR (lrg Master) stone Fireplace in LR, BBHW/Wood boiler, woodstove, breezeway, family room, paved drive. Close to Togus VA. **MLS #1145040 \$159,900**



SIDNEY— Spacious 3BR, 2.5BA Sidney Colonial. Nice neighborhood, lovely private lot. Lg kitchen w/island, DR w/HW flrs, full length deck, 1st fl den/study, master suite w/whirlpool, huge daylight rec room, oversized 2 car grg w/storage. Well kept, convenient. **MLS#1144780 \$274,900**



READFIELD— Historic Classic Cape in quiet private setting. 3BR & 1 full BA. 1st flr BR, open dining area to kitchen and large front to back LR w/ built-in bookshelves. Property abuts a lovely little Brook. 2 car garage & large lot. **GREAT VALUE! MLS #1144888 \$99,900**



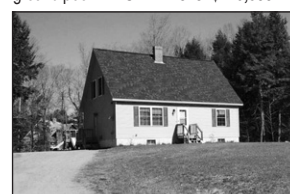
MANCHESTER— Private location w/this charming Gambrel home loaded w/nice features! Oak kitchen w/pantry, pretty center stone chimney in LR, HW flrs throughout, 1st flr laundry, 2BR, 1.5BA, front porch/deck, pleasant 2+ac lot w/lots of yard area, in ground pool. **MLS #1144575 \$179,900**



AUGUSTA— Very nice 2BR, 1.5BA intown Bungalow home. Remodeled kitchen & bathroom, new windows & fresh paint throughout! Lrg FR in bsmnt, new systems 2000, Boiler in 2011. HW & tile flrs, lrg fenced in yard & 1 car grg. **MOVE IN READY! MLS #1144413 \$119,000**



WEST GARDINER— Spectacular Cobossee Lakefront home. Gorgeous setting w/245' frmtg w/sandy beach & prvt. boat launch. LR w/cathedral ceiling & stone hearth w/views. 3BR, 2.5BA, att 2 car grg & FR above. Lots of privacy! **WOW! MLS #1102785 \$559,000**



WEST GARDINER— Spacious 2005 Cape Cod style home in popular West Gardiner. Large lot in this newer subdivision. Oak kitchen w/appliances. LR w/pellet stove, 3-4BR, central vac, excellent basement & lighted back deck. **MLS #1103611 \$189,000**



AUGUSTA-WATERFRONT— Incredible lot, 330' waterfront, gorgeous Westery views. Lovely expandable 2+ BR Cape w/2car. Lake views from most rooms. Lots to offer. Easily accessible, large front lawn, great water access. A wonderful waterfront home! **MLS #1093127 \$189,000**



Business

Snow Pond Educational, Romantic and Eco Cruises

Captain Gary Bennett, a Registered Maine Guide, Licensed Commercial Boat Operator and 30-year resident of Snow Pond/Messalonskee Lake is now offering cruises aboard the luxury Snowdrifter II pontoon boat.

The premier cruise is a 3-hour educational adventure designed to show people the lake's

wonderful natural resources, history and surroundings, to observe the effects of milfoil infestation – that threatens all of Maine's lakes and to view the Messalonskee Lake Marsh up close and search for its notable inhabitants including the Sand Hill Crane, Least Bittern, Black Tern and the North American Bald Eagle.

Relax, have a picnic, soak in the sunshine, hold a corporate retreat, enroll the children in a special junior captain program or even get married on a Snow Pond Cruise. For reservations or more information call 314-3520.



...continued from page 22

and other plants such as swamp milkweed and various bog orchids. When the dam at Wings Mill was built over a century ago, it increased the level of Long Pond by 4 or 5 ft and a small stream developed, connecting the two ponds and creating an interesting ecological journey for canoeists or kayakers. We met our team of seven campers and two counselors from Camp Runoia at the public boat launch on lower Long Pond, near Castle Island. The first excitement of the day came from a large snapping turtle that was hanging out near the boat launch. The girls got to watch the turtle up close with my Aquascope, a specialized viewing tube designed to look at things underwater, including Secchi discs or aquatic plants. Works fine for snapping turtles as well.

We launched the canoes and paddled around the point and headed west towards the entrance

to the stream. The girls got a lot of practice paddling into a brisk wind. As we entered the stream, an osprey was fishing overhead and two great blue herons stalked along the shoreline. Our canoes were surrounded by a large school of juvenile fish as we headed towards the pond, cruising past pink and white water lilies as well as purple pickerel weed and yellow spatterdock. The closer we got to the pond, the darker the water got as tannin from the bog increased. We talked about various plants and animals that lived in the wetlands along the stream and arrived at Lost Pond in time for lunch. We ate lunch and took a short nature hike, discovering lots of moose droppings, various lichens, ferns, and trees, and a few edible plants.

We paddled back through the stream, past swamp milkweed, numerous carnivorous pitcher plants, various orchids, tamarack trees, and

expanses of cotton grass. Plenty of red winged blackbirds and other birds, as well as beaver and muskrat lodges, loon nests, dragon flies, etc gave proof to what diverse habitats these wetland ecosystems are. The girls had an "awesome" time and everyone learned something. When I asked each girl to tell me something they learned, I was impressed with how much they had picked up in such a short time. It was fun to lead a group that was clearly having such a good time enjoying the outdoors.

I encourage everyone to get out on one of the nearby hiking trails or paddle one of our lakes. On Saturday July 26th Robyn LeGrand will be leading a paddling expedition on upper Long Pond. Canoes and kayaks welcome. Bring the whole family. Call the BRCA at 495-6039 to register.



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- 8'x8' Aluminum Swim Raft White Aluminum **\$1,899**
- Rip Raft – Tan or Orange **\$769**

- Ladder sold separately*
- 3 step pivot ladder **\$269**
 - 4 step pivot ladder **\$309**
 - 5 step pivot ladder **\$379**
 - Nylon Rope Ladder (Rip Raft only) **\$52**
 - 2 step Rip Raft Ladder..... **\$194**

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NEW LISTING

EAST POND, SMITHFIELD: Log home, 3BR/3.5BA, open fir plan, log interior, antique cherry kit, park like setting, extensive dock system. #1142929 **\$295,000**



GREAT POND, BELGRADE : Custom kit, master BR suite, 113' frontage, fish and boat. 3BR/2BA hardwood and tile floors throughout. #1107850 **\$519,000**



NEW PRICE

LONG POND, ROME: 2BR/1BA, screened porch, 150'+/- on Beaver Cove, many updates, Shoremaster dock system most furnishings negotiable. MLS#1136682 **\$354,900**



MT VERNON: 3BR/1BA, private dining room, living room with brick hearth, 1800's renovated cape on 3.7 acres, nestled among the trees. #1131815 **\$135,000**



NEW LISTING

NORTH POND, MERCER: 3BR/1.5BA w/lge deck, platform at water's edge, sandy swim area, 1BR guest cottage w/kit, bath and deck. #1143160 **\$165,000**



NEW PRICE

PATTEE POND, WINSLOW: 4BR/2BA w/ endless possibilities, former campground & dance hall. 433' +/- owned wtrfrnt, 12.720 +/- acres. #1129285 **\$625,000**



GREAT POND, BELGRADE : Sunset views steps from water's edge, decks, patio, outdoor bar/kit/pizza oven, swim area, docks. #1104290 **\$329,000**



HALLOWELL: Historic District. Traditional 3BR/1.5BA, cupola, double LR, new upgrades, near new pet friendly park, walk to downtown. #1131867 **\$209,000**



NEW LISTING

LONG POND SHARED, BELGRADE: Hoyt Island 3BR cottage steps from lake w/ views. Seasonal ferry service, clubhouse, laundry facilities. #1143354 **\$260,000**

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