

Summertime in the Belgrades

... Serving the Central Maine Lakes & Kennebec River Corridor

— A Cider Mill Press Publication —

VOLUME 16, NUMBER 3



Saluting the Kennebec River Drivers

by Esther J. Perne



Former river driver and singer David Calder performing in the Skowhegan History House."

Imagine the mighty Kennebec River filled bank-to-bank with floating, rolling, sometimes tangled (jammed) logs that are being walked across, pushed, prodded and driven by precariously-balanced men and the picture that comes to life is that of a rough, adventure-filled world that was a vital input to the Maine economy. It

was a world with its own special words and unique tools and with men – river drivers – whose lifestyles and livelihoods were dictated by and dedicated to the seasonal rituals of life, and death, along the icy waters of the river.

In 1976 the river drives in Maine ended and logs have since been transported by truck but for-

tunately, while the words are still somewhat familiar and the occasional tools found in old sheds and barns are still somewhat recognizable and the men who lived the life are available to share their memories, the Skowhegan History House has organized an exhibit "Kennebec River – Skowhegan's First Highway" with pictures, maps, and artifacts – all well labeled, films and recordings – all accessible, and research and records – all securely preserved.

Most importantly, it has called on the former log drivers themselves to help with their recollections, provide their guidance and be present at programs at the History House and at other locations in conjunction with the exhibit. During June through August a person with log driving experience will be present for a 1-2 hour stint at the Skowhegan History House on specific publicized days to talk about experiences on the river and answer questions about the river drive.

One such former river driver is David Calder, who sings some of the best known river driving chanties of the 1800s – of logs piled high and of jams that defy and of brave boys, so young, carried off by the river.

Curator of the exhibit, Ben Doty, a graduate of Skowhegan High School, the University of Maine at Orono and the University of Britain is

Continued on page 2

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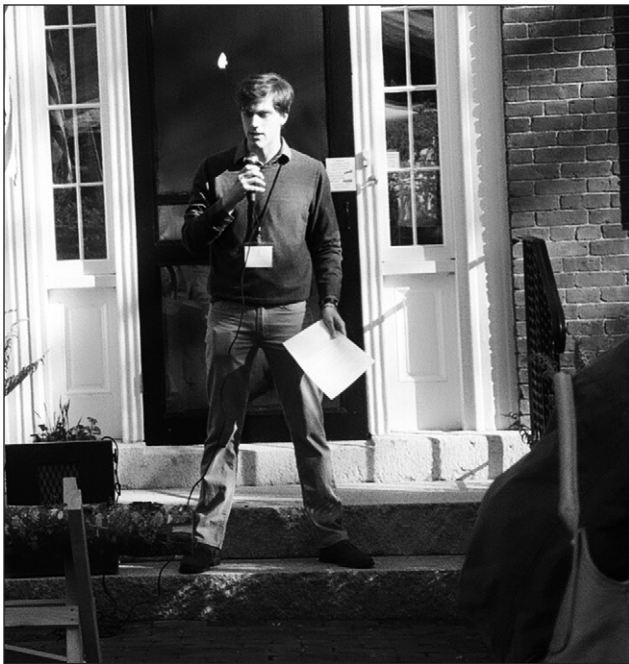
Continued from page 1

Old Kennebec Skowhegan's First Highway

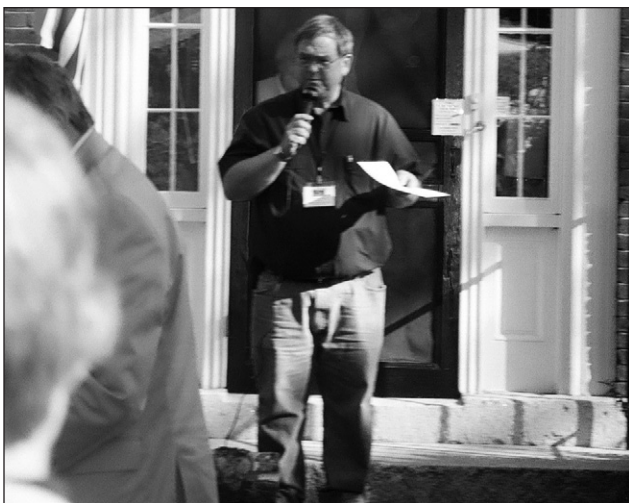
The Kennebec River, a natural byway, has been at the center of life—economically and culturally—in Skowhegan since the town's settlement. One of the earliest, most prominent, and certainly most colorful uses of the river came in the form of the log drives, which date from Skowhegan's establishment and only recently ended in 1976. These drives provide a way to understand the importance of the river to life in Skowhegan.



Summer Intern Sam Wheeler and Curator Ben Doty officially open the river driver exhibit with a Log-Cutting Ceremony.



Curator Ben Doty: "Skowhegan would not be here without the Kennebec River."



Melvin Burnham, Director of the Skowhegan History House.

himself young and carried not off but along by the river.

"I started with the log drive because the river is literally and figuratively of Skowhegan. Skowhegan would not be here without the river and log drives are the most colorful part of Skowhegan's history and economic drive," explains Doty.

"It's a lost way of life but a lot of people still remember it. It ties the community together." With the support of volunteers and trustees, a donation by the Plum Creek Foundation, help from former log drivers, the assistance of a summer intern from Bates, Sam Wheeler, and the enthusiasm and endorsement of Melvin Burnham, Director of the History House, the exhibit is a testimony to an historic legacy that in Maine lasted the longest, and figured big, on the Kennebec River. How big? By one 1929 news account, about 80,000,000 sticks of pulpwood passed through the South Channel in Skowhegan every summer.

Although the pictures and displays are a fascinating and educational aspect of the exhibit, it is the videos and interviews that give some of the best insights into the history of the river drive. When a former driver explains about the sheer, hard and dangerous labor of manning a bateau through the logs by stating matter-of-factly, "that's what you was there for, to work," the listener catches a true glimpse of the human drive behind the river drive. And, when a driver states, "you had to be able to read the river,"

Continued on page 4

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Table of Contents

River Drivers: A Lost Way Of Life..... 1-2

Table of Contents..... 3

Belgrade/Rome Food Pantry..... 3

Conservation: Enhancing Habitat For Grassland Birds..... 5

Directory: Getting Around Town by Town 6-7

Calendar of Events: Busy, Busy, Busy..... 8-9

Waterville Art Camp for Kids (Adults, Too)..... 9

Gardiner’s Whatever Riverfront Festival..... 10

Upcoming..... 10

Katy’s Column: Words On Wilderness..... 11

Belgrades Watershed Map..... 12-13

Kennebec Land Trust Events – Nature Camp..... 14

Cobbossee: 5K on the 4th, Info You Otter Know..... 15

The Luckiest Boy: Harvesting Ice..... 16

Artdogs Exhibit in Gardiner..... 17

Accommodations: Stay Awhile 18

Notebook: Notes, News and Useful Trivia..... 18

Dining: Where Oh Where Shall We Eat?..... 19

Farm-acy in Belgrade; Maine Fare in Belfast 19

Business Directory: Great “Go-To” Listing 20-21

Take It Outside by Pete Kallin: Kennebec Fish/Belgrade Hike..... 22

Conservation Too: The Mean Side of Lush Green Lawns..... 23

Assisting the Food Insecure



The Belgrade/Rome Special Needs Food Pantry, located on Route 27 at the Belgrade Town Office, has been providing a valuable service to eligible residents of Belgrade and Rome for almost 20 years.

In Maine, 14.9 percent of households, about 200,000 people are food insecure according to the U.S. Department of Agriculture. One in four Maine children are food insecure. Often hard working adults, seniors and children simply can not make ends meet. Due to the difficult economic times, many of our neighbors are facing this situation. In 2013 the Food Pantry assisted a total of 80 households from the towns of Rome and Belgrade. Within those households, 162 adults and 104 children were provided with a week’s worth of food and household items each month.



With the monetary assistance and item donations (in 2013 over 11,500 item donations) from the taxpayers of Rome and Belgrade, along with donations from individuals, schools, clubs, churches, foundations and government support, the Pantry was able to assist families who would otherwise have gone hungry each month. Residents of Rome and Belgrade who may be in need of assistance are welcome to visit the Pantry monthly for additional and supplemental items to their family’s budget. We are open on Tuesday from 9:00 a.m. to 11:00 a.m. throughout the year.

Without the dedicated volunteer force of more than 40 individuals who collect, purchase, organize and distribute contributions this valuable service would not be possible. Anyone interested in making a monetary or food item donation, please drop it off to either the Belgrade or Rome Town Office. Anyone interested in volunteering their time and talent to this worthwhile organization, please call Marylou Butterfield at 495-2022

Summertime in the Belgrades

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...Continued from page 2

there is no mistaking that drivers not only worked the drive, they lived it, too.

Special events related to the river drive that will be held during the summer include on August 20 at 7 pm, Richard Judd, professor of history at the University of Maine and co-editor of the Historical Atlas of Maine will discuss the history of log driving. The talk will be held at the Margaret Chase Smith Library in Skowhegan.

On August 23, tentatively, a program on "Taking the Rear" will be presented. At the end of each river drive men were assigned to "Take the Rear," which meant they would go back to the beginning of the drive path and move logs that had become lodged on rocks, islands, sand bars, etc. back into the river flow. This event will salute this very important process with a public dinner featuring a river fried menu served in an authentic manner, demonstrations, music, storytelling, etc.

A unique aspect of the Skowhegan History House is that for the 19 weeks of its summer season it is open 5 days a week (Tuesday-Saturday), 10 am-4 pm, which, according to Director Melvin Burnham, is unheard of in Maine for a museum of its size to be open so much. "What we like to do," Burnham describes, "is make this old house hum with vitality."

And so it does. In addition to the river drive exhibit, there is much other history to enjoy during the visit, history that has provenance from Skowhegan and is 1937 or earlier. And it's all waiting for visitors, along with a heirloom garden, at 66 Elm Street. For more information call 474-6632.



Videos are an integral part of the exhibit.



Master Gardener Patricia Horine, creator of the History House Heirloom Gardens.



The River Drive exhibit opening.

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—Conservation—

In recent decades, grassland birds, including species such as Bobolinks, Eastern Meadowlarks, and Savannah Sparrows, are showing the steepest population declines of any group of birds in the Northeast and all of North America, making them a continental conservation priority. Habitat loss, as grassland has been developed, overgrown, or replanted to alfalfa, is thought to be one of the major contributing factors to their decline.

It is spring and the bobolinks have arrived once again in the fields and meadows of Maine. These birds are most conspicuous from their beautiful bubbling song, punctuated with sharp metallic notes. The male bobolink is a handsome and distinguished black and white bird with a yellow nape, easily identified from quite a distance. These birds are remarkable migrants, arriving here to breed each spring all the way from their winter homes in Argentina, Bolivia, and Paraguay, traveling about 12,500 miles round-trip every year, in one of the longest migrations of any songbird in the New World. Throughout its lifetime, a single bobolink may travel the equivalent of 4 or 5 times around the circumference of the earth. According to the Cornell Lab of Ornithology, a migrating Bobolink can orient itself with the earth's magnetic field, thanks to iron oxide in bristles of its nasal cavity

and in tissues around the olfactory bulb and nerve. Bobolinks also use the starry night sky to guide their travels.

Because they need open hayfields for nesting, bobolinks are natural beneficiaries of dairy and other grassland farms. In fact, it is due to the open fields maintained by farmers that these birds have significant habitat here at all. Unfortunately, however, managing hayfields for production often inadvertently causes nest failure and mortality of nestling bobolinks and other grassland birds. Bobolinks arrive in central Maine around May 10-15th and numbers increase through late May. Early nests are built by May 20-25th. Bobolink nests consist of a well concealed cup of grass placed on the ground in a field. Nestlings are tended by both the male and female, and are fed exclusively insects, while adults also consume a variety of weed seeds. Bobolink babies mature through June and fledge through the end of July. This time frame often comes into conflict with optimizing hay quality, as leaving hay standing until the end of July greatly reduces the protein content of the forage. Farmers managing their fields for livestock feed mow their hay at least once and often twice during the nesting timeframe. This often results in complete nest failure. Though other grassland birds, such as Savannah Sparrows and

Habitat Conservation Mowing

by Laura Suomi-Lecker,

Technical Director of the Somerset County Soil and Water Conservation District, www.somersetswcd.org



Meadowlarks may have multiple broods in a season, Bobolinks will nest only once.

So what can be done to help make hay harvest more compatible with grassland bird nesting? Obviously, any field that isn't needed as livestock feed can be left standing until after August first. If you are lucky enough to have bobolinks on your land and can allow them to have standing hayfields through August 1st, you will give them (and other grassland birds) their best chance for a successful nesting season, and you may be rewarded by their return to your fields year after year. For farmers that need to produce high qual-

Continued on page 9...

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- **Farmers' Market at the Arboretum**, indoors, Friday 1-5 pm
- **Art in the Capitol**, Maine Arts Commission monthly self-guided exhibits in State House hallways (Mon-Fri 8 am-5 pm), Blaine House (call for times), and Maine Arts Commission Office (8:30am-4:30 pm), 287-6746, mainearts.maine.gov
- **Children's Discovery Museum**, CDM, hands-on displays, activities, Tuesday-Thursday 10 am-4 pm, Friday-Saturday 10 am-5 pm, Sunday 11 am-4 pm, admission, 622-2209, www.childrensdiscoverymuseum.org, 171 Capitol Street
- **Danforth Gallery**, Jewett Hall, art exhibits, UMA-1234, www.uma.edu
- **Governor's Mansion**, 1830 Blaine House, Tuesday-Thursday 2-4 pm, 287-2121, www.blainehouse.org, State Street
- **Holocaust and Human Rights Center of Maine**, Michael Klahr Center, Monday-Friday 8 am-4 pm, 621-3530, www.hhrc.uma.edu, University of Maine at Augusta, off Route 27
- **Kennebec Historical Society**, Wednesday-Friday 10 am-2 pm, 622-7718, www.kennebechistorical.org, 107 Winthrop Street
- **Maine State Museum**, Tuesday-Friday 9 am-5 pm, Saturday 10 am-4 pm, \$2 adults, \$1 ages 6-18, 287-2301, www.maine-state-museum.org
- **Maine State House**, Hall of Flags, House and Senate Rooms, Klir Beck dioramas, Monday-Friday 8 am-5 pm, book tours at Maine State Museum, walk-ins welcome 9 am-1 pm, 287-5600, www.maine.gov, State Street
- **Maine State Library**, Monday-Saturday opens 9 am, 287-5600, www.maine.gov/msl/, State Street
- **Museum in the Streets**, walking/history tour, www.augustamaine.gov, Water Street/downtown
- **Old Fort Western**, 1754 fort, house, store, 1-4 pm daily, admission \$6, 4-14 years \$4, 626-2385, www.oldfortwestern.org, Cony Street
- **Riverfront Park**, boat launch, Greenway Trail, playground, eastside Kennebec River
- **Kennebec River Rail Trailhead**, Maine State Housing Authority parking lot, 623-8162, www.krrt.org, Water Street
- **UMA Fitness Trail**, 2 miles of wooded trails, near Civic Center, Route 27
- **Farmers' Market at Mill Park**, Tuesday 2-6 pm, 626-2305, www.farmersmarketmillpark.org/, North Water Street
- **Farmers' Market at Turnpike Mall**, 549-5112, Wednesday and Saturday 10 am-1 pm, Western Avenue

BELGRADE LAKES

- **Great Pond Mailboat**, 215-7520, Monday-Saturday 10 am, Post Office, Main St.
- **Spring Gallery**, cast bronze display at Maine Lakes Resource Council, 495-3113, www.springgallerymaine.com, 137 Main Street

- **The Belgrade Community Center for All Seasons**, pool and lakefront, gym, playground, picnic area, rec programs, 495-3481, www.belgrademaine.com, 1 Center Drive
- **Union Church Coffee House**, check for schedule, 7:30 pm, \$5, 495-3599, www.unionchurchmaine.org, Main Street
- **Belgrade Historical Society**, monthly meetings, 465-7924
- **Farmers' Market**, Sun 8 am-1 pm, 465-7058, www.belgradelakesfarmersmarket.org, Main Street
- **Peninsula Park on Long Pond**, picnic tables, Main Street
- **Maine Lakes Resource Center**, 512-5150, www.mainelakesresourcecenter.org, 137 Main Street

FAIRFIELD

- **Fairfield Historical Society**, 1890 Cotton-Smith History House, every Tuesday 9 am-12 noon and 1-4 pm and second Saturday of month, 453-2998, www.fairfieldmehistoricalociety.net, 42 High Street
- **Farmers' Market**, 948-5724, Wednesday 2-6 pm, Saturday 9:30 am-1:30 pm, Nazarene Church parking lot, 81 Main Street

FARMINGTON

- **Farmington Historical Society**, Titcomb House Museum, 778-4275, Wednesday and Saturday, 11 am-2 pm, July-August, 118 Academy Street
- **Nordica Homestead Museum**, opera singer Lillian Nordica costumes, jewelry, mementos, 778-2042, Tuesday-Saturday 10 am-12 noon and 1-5 pm, Sunday 1-5 pm, www.lilliannordica.com, 116 Nordica Lane, Holley Road
- **Contra Dance**, 491-9928, www.starleft.org 2nd Saturday of the month, all welcome, 6:30-7:30 pm family dance, 8-11 pm regular dance, admission, Grange Hall, Bridge Street, Route 43, West Farmington
- **University of Maine campus and Arboretum**, four walking tours with informal guide pamphlet to campus trees, 581-1541, www.umaine.edu/arboretum/, downtown
- **Farmers' Market**, 778-6602, Friday 9 am-2 pm, Better Living Center parking lot, Front Street; Saturday 8 am-12 noon, Main Street
- **Meetinghouse Park and Gazebo**, weekly concerts throughout summer, downtown
- **Fairgrounds**, events throughout summer, Franklin County Fair in September, High Street

GARDINER

- **Artdogs and Circling the Square Fine Art Press**, Friday 1-5 pm, Saturday 10 am-4 pm, 582-6600, www.theartdogs.com, 275-277 Water Street
- **Johnson Hall Performing Arts Center**, 582-7144, www.johnsonhall.org 280 Water Street
- **Monkitree**, art exhibits, 512-4679, www.monkitree.com, Tuesday-Friday 10 am-6 pm, Saturday 12-6 pm, 263 Water Street
- **SpinOff Studio**, 588-7297, spinoffstudio.org, Monday-Friday 8:30 am-4:30 pm, 405 Water Street
- **Farmers' Market**, 512-8022, www.gardinerfarmersmarket.org, Wednesday and Saturday 3-6 pm, rain or shine, The Common
- **Kennebec River Rail Trail**, 623-8162, www.krrt.org, access near Gardiner/Randolph Bridge, 6.5 miles to Augusta
- **Waterfront Park**, picnicking, events throughout summer, Kennebec River
- **The Center for Maine Craft**, 9 am-8 pm daily, 588-0021, www.maine-crafts.org, West Gardiner Service Plaza, Route 126 off Routes 95 and 295

GREENE

- **Araxine Wilkins Sawyer Memorial**, free entertainment programs, monthly - Fri 2 and 7 pm, 946-5311, www.sawyer-foundation.com, 371 Sawyer Rd, off Rt 202

HALLOWELL

- **Harlow Gallery, Kennebec Valley Art Association**, 622-3813, www.harlowgallery.org Wed- Sat, 12-6 pm, 160 Water Street
- **Gaslight Theater**, 626-3698, www.gaslighttheater.org City Hall, 1 Winthrop Street
- **Museum in the Streets**, history/walking tour, www.historichallowell.org, downtown
- **Farmers' Market**, 622-1350, Sun 3-6 pm, Water Street
- **Vaughn Woods**, 166 acre park/trails/homestead, Middle Street
- **Kennebec River Rail Trail**, www.krrt.org, to Augusta, Farmingdale/Gardiner, Water Street
- **Waterfront Park**, North Water Street

HINCKLEY

- **L.C. Bates Museum** at Good Will-Hinckley School, early 20th century natural history and cultural exhibits, nature trails and camps, adults \$3, up to 17 years \$1, 238-4250, www.gwh.org Wednesday-Saturday 10 am-4:30 pm, Sunday 1-4:30 pm, Route 201

KINGFIELD

- **Reinhart Gallery Art Center**, 266-8458, 245 Main Street, www.ianreinholdt.com/gallery.html
- **Ski Museum of Maine**, by appointment, 265-2023, 256 Main Street www.skimuseumofmaine.org
- **Stadler Gallery**, 265-5025, 12-4 pm daily or by appointment. 225 Main Street www.stadlergallery.com
- **Stanley Museum**, 265-2729, www.stanleymuseum.org, memorabilia/displays on photographs, violins and Stanley Steamers, Tuesday-Sunday 1-4 pm, 40 School Street

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- **Skowhegan School of Painting and Sculpture**, 474-9345, www.skowheganart.org, summer evening artists lecture series, East Madison Road

MONMOUTH

- **Monmouth Museum**, local and regional Maine history, Wednesday-Sunday 1-4 pm, 933-2287, www.monmouthmuseum-minc.org, 751 Main Street
- **The Theater At Monmouth**, The Shakespeare Theater of Maine, Cumston Hall, 933-9999, www.theateratmonmouth.org, Main Street

MOUNT VERNON

- **D.E.W Animal Kingdom**, Zoo, 293-2837, www.dewanimal-kingdom.com, Tuesday-Sunday 10 am-5 pm, \$10, 918 Pond Rd, Route 41
- **Villages Market**, farmers/crafters, Saturday 10 am-2 pm (start 6/29), next to Flying Pond Store, sharihamilton@gmail.com,

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NEW SHARON

- **Farmers' Market**, Saturday 9 am-1 pm, Douin's Market, 491-9025, 150 Mercer Road, Routes 2/27
- **New Sharon Historical Society**, Saturday 1-3, Routes 2/27

NORRIDGEWOCK

- **Norridgewock Historical Society Museum**, 1838 building, Saturday 10 am-3 pm, 634-5032, www.norridgewock.com, Mercer Road, Route 2
- **Oosoola Park**, picnic area, great playground, boat launch, on Kennebec River, Route 8

OAKLAND

- **Macartney House Museum**, Oakland Area Historical Society, 465-7549, Wednesday 1:30-4:30 pm, 1815 home with antique furnishings and Oakland artifacts, 25 Main Street
- **Park**, playground, picnic tables, swimming area, boat launch area, Belgrade Road
- **Farmer's Market**, Friday 2-6 pm, 465-3094, Pine Acres Parking Lot, 895 Kennedy Memorial Drive

READFIELD

- **Readfield Historical Society and Museum** in 1853 school-house, 685-4662, www.readfieldhistorical.org, Thursday and Saturday 10 am-2 pm or by appointment, Route 17, Readfield Depot

ROME

- **Mt. Philip Grange**, suppers 3rd Sat of month, 4:30-6 pm, all you can eat beans, cornbread, rolls, chop suey, pies, Routes 135/225
- **Trails: Mount Philip** on Route 225; **The Mountain** on Route 27; **French's Mountain** and **21** on Watson Pond Road; for information call 495-6039 or visit www.belgradelakes.org; maps available at BRCA, 137 Main Street, Belgrade Lakes

SIDNEY

- **New England Music Camp**, concerts free and open to the public, Bowl-in-the-Pines on Lake Messalonskee, 465-3025, www.nemusiccamp.com, Route 23
- **Sidney Historical Society**, 547-3142, <http://www.rootsweb>
- **Silver Spur Riding Club**, horse shows, www.silverspurmaine.com/, River Road, Route 104

SKOWHEGAN

- **Margaret Chase Smith Library**, residence, home, museum exhibits, 474-7133, www.mcslibrary.org, free, Monday-Friday, 10 am-4 pm. 54 Norridgewock Ave.
- **History House Museum**, 1800s local history and culture, heirloom gardens, free, Tuesday-Saturday, 10 am-4 pm, 474-6632, www.skowheganhistoryhouse.org, 66 Elm Street
- **Fairgrounds**, weekly horse shows/competitions, free public events, covered arena, Skowhegan State Fair in August,

474-3621, Madison Avenue, Route 201

- **Farmers' Market**, Wednesday 3-6 pm, Saturday 9 am-1 pm, weekly entertainment, 938-3906, Somerset Gristmill parking lot, downtown

SMITHFIELD

- **Fairview Grange**, 362-2791, Route 8
- **Smithfield History Society** "The Groves House," 634-4392, 21 Lakeview Drive
- **Sunbeam Roller Rink**, 362-4951, 830 Village Rd, Route 8
- **Sunset Camps**, public beach, 362-2611, www.sunsetcamps.com, 834 Village Road, Route 8

UNITY

- **Unity College Centre for the Performing Arts**, folk genre music, 568-3147, www.unitymaine.org, 42 Depot Street.

WATERVILLE

- **Aqua City Actor's Theatre (ACAT)**, 873-7000, www.acattheatre.org. Waterville Opera House Studio Theater, Main Street
- **Museum in the Streets**, downtown history/walking tour, www.the museum in the streets.com/waterville.htm
- **Two Cent Bridge**, historic foot bridge over Kennebec River connecting Waterville and Winslow, Head of Falls park/events area, Front Street
- **Common Street Arts**, 872-2787, www.commonstreetarts.org, Wednesday-Saturday 12-6 pm, 16 Common Street
- **Colby College Museum of Art**, 859-5600, www.colby.edu/museum/ Tuesday-Saturday 10 am-4:30 pm, Sunday 12-4:30 pm, free admission, Colby College Campus, Mayflower Hill
- **Colby College Special Collections**, Miller Library, Monday-Friday 10 am-12 noon and 1-4 pm, free admission
- **Thomas College Art Gallery**, 180 West River Road
- **Waterville Historical Society Redington Museum**, 1814 home, pharmacy, 872-9439, www.redingtonmuseum.org. Tuesday-Saturday tours at 10 and 11 am, 1 and 2 pm, 62 Silver Street
- **Waterville Opera House**, 873-7000, www.operahouse.com, 93 Main Street
- **Farmers' Market**, Thursday 2-6 pm, 680-2055, www.watervillefarmersmarket.org, The Concourse parking lot

WAYNE

- **Farmers' Market**, 685-4657, <http://waynefarmersmarket.weebly.com>, Saturday 9 am-noon, Town Green, at the Mill Pond, Main Street

WILTON

- **Wilton Farm & Home Museum**, 645-2091, 645-4578, www.wiltonmaine.org, Saturday 1-4 pm or by appointment, 10 Canal Street

WINSLOW

- **Fort Halifax on the Kennebec**, historic fort tower, park, Route 201

WINTHROP

- **Norcross Park**, playground, picnic site, boat launch on Maranacook Lake
- **Farmers' Market**, 446-2899, www.camarkets.com, Tuesday and Saturday 9 am-1 pm, town office parking lot, 17 Highland Avenue



ASSOCIATIONS/GROUPS

THE BELGRADES...

- **East Pond Association**, Smithfield/Oakland, www.eastpond.org
- **North Pond Association**, Smithfield/Rome/Mercer, www.northpond.net
- **McGrath Pond/Salmon Lake Association (MP/SL)**, Belgrade/Oakland, RR 2, Box 2800, Belgrade, 04917, 465-3983,
- **Great/Long Ponds: Belgrade Lakes Association (BLA)**, Belgrade/Rome/Mount Vernon, PO Box 551, 137 Main Street, Belgrade Lakes, 04918, 512-5150, www.belgradelakesassociation.com
- **Friends of Messalonskee Lake Watershed**, Oakland/Belgrade/Sidney, PO Box 532, Oakland, 04963, 465-4622, www.friendsofmessalonskee.com
- **Belgrade Regional Conservation Alliance and BRCA Conservation Corps**, PO Box 250, 137 Main Street, Belgrade Lakes, 04918, 495-6039, www.belgradelakes.org
- **Belgrade Lakes Region Business Group (BLRBG)**, PO Box 596, Belgrade Lakes, 04918, 495-3700, www.belgradelakesmaine.com
- **Maine Lakes Resource Center/Docks to Doorways**, PO Box 431, 137 Main Street, Belgrade Lakes, 04918, 495-3617, 620-6029, www.mainelakesresourcecenter.org

BEYOND...

- **Friends of the Cobbossee Watershed**, PO Box 5003, Augusta, 04332-5003, 621-4100, www.watershedfriends.com
- **Franklin County Soil & Water Conservation District**, 107 Park Street, Farmington 04938, 778-4279, www.franklincswcd.org
- **Kennebec County Soil & Water Conservation District**, 21 Enterprise Drive, Augusta 04330, 622-7847, ext. 3, www.kcswcd.org
- **Somerset County Soil & Water Conservation District**, 12 High Street, Skowhegan 04976, 474-8324, www.somersetswcd.org
- **Kennebec Land Trust (KLT)**, PO Box 261, 331 Main Street, Winthrop, 04364, 377-2848, www.tkl.org
- **Kennebec Messalonskee Trails**, PO Box 2388, Waterville, 04903, 873-6443, www.kmtrails.org
- **Kennebec River Rail Trail**, PO Box 2195, Augusta, 04338, 623-8162, www.krrt.org
- **30 Mile River Watershed Association (30 MRWA)**, Kimball Pond in Vienna to the Androscoggin River, PO Box 132, Mt Vernon, 04352, 685-4956, www.30mileriver.org
- **Maine Lakes Society**, formerly Congress of Lake Associations, PO Box 447, 137 Main Street, Belgrade Lakes, 04918, 1-855-463-2652
- **Central Maine chapter of the New England Mountain Bike Association (CeMeNEMBA)**, 441-6227, www.cemenemba.org



Additions/Updates/Corrections: Please contact Summertime in the Belgrades, 495-3777, with changes to this Directory.



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— Calendar —

Wednesday 6/18 through Saturday 6/21 – Blistered Fingers Family Bluegrass Music Festival, a dozen great bands, giant tent, plenty of parking, food, camping areas, Robinson's Bluegrass Gospel Sing & Jam, www.blisteredfingers.com, 873-6539, Fairgrounds, Litchfield.

Thursday 6/19 through Sunday 6/22 – "Noises Off," comedy, 474-7176, Lakewood Theater, Route 201, Madison.

Thursday 6/19 – New England Music Camp Classical Music Concert, 3 pm, 495-3617, Maine Lakes Resource Center, 137 Main Street, Belgrade Lakes.

Friday 6/20 through Sunday 6/22 – "The Bat," mystery \$12 adults, \$10 students and seniors, 7:30 pm Friday and Saturday, 2 pm Sunday, 626-3698, Gaslight Theater, Hallowell City Hall, Winthrop Street, Hallowell.

Friday 6/20 – Family Open House at Camp Tracy, sponsored by Inland Hospital's "Let's Go! Family Fun Series," canoe, rock climb, swim, do archery, arts & crafts, sneak peek at the newly turfed "Maine's Fenway," 4-6 pm, 873-0684 ext. 203, Camp Tracy, 388 McGrath Pond Road, Oakland.

Friday 6/20 – From the Top, program taping live with Host Christopher O'Riley, open to public, \$18 adults, \$8 students, 6:30-8:30 pm, tickets at 465-3025 or www.nemusic-camp.com, New England Music Camp, Pond Road, Route 23, Sidney.

Friday 6/20 – Poetry Reading with Ted and Ruth Bookey, fee, 7 pm, 622-3813, Harlow Gallery, Water street, Hallowell.

Friday 6/20 – Artist Lecture, Yoshu Okon, 2014 Barbara Lee Artist Lecture Series, free and open to the public, 8:30 pm, 474-9345, Skowhegan Art School, Old Dominion

Fresco Barn, Skowhegan Campus.

Saturday 6/21 – Greater Gardiner River Festival, events all day, downtown and on the Kennebec River, sales, children's activities, crafts, Coast Guard Vessel tours, food, music, carnival, Talent Show, Fireworks, (see more details on page 10) 8 am-dark, Water Street and Waterfront Park, Gardiner.

Saturday 6/21 – New England Paint Horse Club Show, public welcome, covered arena, concessions, Fairgrounds, Route 201, Skowhegan.

Saturday 6/21 – Huge Indoor Yard, 8 am-2 pm, 622-0552, South Parish Congregational Church, Augusta.

Saturday 6/21 – Portable Sawmill Demonstration, the recently felled spruce tree at the new Kennebec Land Trust office will be milled by Mark Birtwell to provide KLT with locally harvested boards and posts for building projects such as benches, tables, and signage, a work day at the office will be in the morning, 377-2848, 133 Main Street, Winthrop.

Saturday 6/21 – Hike Mt. Phillip with Margaret Pietrak, sponsored by the Belgrade Regional Conservation Alliance, 10 am, pre-register by June 19, 495-6039, Route 225, Rome.

Saturday 6/21 – Creating a Fairy Jar with Robin Duperry, bring your own glass container, 1 pm make a fairy stone – all ages, 2 pm fairy door – all ages, 3 pm captured fairy – 12 and up, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Saturday 6/21 – 2nd Annual Cobby's Olympic Carnival, free event for kids and families sponsored by Augusta Elks Lodge and Augusta Boys & Girls Club, 10 am-1 pm, 622-0452, Buker Center, Capitol Street, Augusta.

Saturday 6/21 – Texan Barbecue, fee, 12-6 pm, 622-0552, South Parish Congregational

Church, Augusta.

Saturday 6/21 – Public supper, 3 kinds of beans, American Chop Suey, hot dogs, coleslaw, bread, corn bread and homemade pies, all you can eat, adults \$7, under 5 free, family of 4 or more \$20, 4:30 pm, Mt. Philip Grange, Route 225, Rome.

Saturday 6/21 – First Day of Summer Party, family friendly celebration of summer with snacks, drinks, ice cream, music, art-making and a chance to view the "Earth-Art-Maine" exhibition in its last week on view, 5-7 pm, 872-2787, Common Street Arts, 16 Common Street, Waterville.

Saturday 6/21 – Opening Reception for Variations VII, a group exhibit by the Artdogs studio artists, 5:30-7:30 pm, artists' talk at 6 pm, gallery hours Fridays and Saturdays 10 am-4 pm and by appointment, 582-6600, Circling the Square Fine Art Pres, 275 Water Street, Gardiner.

Saturday 6/21 – "A Midsummer Night's Dream," to celebrate the summer solstice, performed by the Recycled Shakespeare Company, free, family friendly; refreshments will be sold, doors open at 6 pm, performance at 7 pm, for reservations call 314-8607, St. Joseph Maronite Catholic Church, Front Street, Waterville.

Saturday 6/21 – Bats: Fabulous Winged Mammals; What is Happening to Maine Bats? Discover some bat updates, explore outdoors at dusk and learn facts about the life of bats, all ages may participate, there will be a craft for kids, 8 pm, 238-4250, L.C. Bates Museum, Hinckley.

Sunday 6/22 – The 6th Annual Kennebec River Rail Trail Half Marathon, 5K, and Half Marathon Relay, 7:30 am, 622-9009, City Center, Old Fort Western Parking Lot, Augusta.

Sunday 6/22 – Petanque Tournament, fee, 9 am, 622-3389, Mill Park, Augusta.

Monday 6/23 – Collections Care Free Workshop, with conservator Ron Harvey, two themes: "Caring For and Storing Your Organic Objects," open to everyone, 9 am-3 pm, register at 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Monday 6/23 – Old Fort Western, Nation's oldest surviving wooden fort, open every day during the Whatever Family Festival, daily tours and demonstrations, 1-4 pm, 626-2385, Cony Street, Augusta.

Tuesday 6/24 – Belgrade Historical Society Annual Meeting, catered refreshments, 6 pm, 465-7924, Belgrade Community Center for All Seasons, Route 27, Belgrade Lakes.

Tuesday 6/24 – Rock On The River, 7-8:30 pm, 620-7477, Riverfront Boardwalk, Hallowell.

Wednesday 6/25 – Public Supper, 5 pm, \$8, Under 10 \$4, Fairview Grange, Route 8, Smithfield.

Wednesday 6/25 – "Sharon Buck and Dixon Road," Waterfront Wednesday Free Concert, concessions, activities for children, 6 pm, Waterfront Park, Downtown Augusta.

Wednesday 6/25 through Saturday 6/28 – "Noises Off," comedy, 474-7176, Lakewood Theater, Route 201, Madison.

Thursday 6/26 – Maine Audubon's "Fish Lead Free," 40-minute multimedia presentation to increase the use of lead free tackle on Maine's lakes and ponds, lead free sinkers and jig samples will be available for attendees to take home, 6 pm, 465-7533, Oakland Public Library, 18 Church Street, Oakland.

Thursday 6/26 – "Blood Orange Martinis," Summer Concert Series, 6:30 pm, 626-2415, on the lawn, Lithgow Library, Winthrop Street, Augusta.



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Movies, Monsters and Memories: Art Classes for Kids

Six weeks of art for kids, July 7-August 22, is being offered at Waterville's Common Street Arts' summer classes. Each program is one week, Monday-Friday, 9 am-12 noon, for ages 5-12, and costs \$100 per week. Some classes may have an additional materials fee. Topics and dates are as follows:

- Monster Making with Adrienne Beacham, July 7-11. Friendly, scary, or strange, monsters will be developed through drawings, paintings and short stories and turned into stuffies. Students will learn basic sewing skills and construction of simple patterns.
- Kaleidoscope Movies with Lisa Wheeler, July 14-18, ages 8-12. In the spirit of the Maine

International Film Festival, create an original animated kaleidoscope movie. Use iMovie, cameras, design and mirrors.

- Art in Nature, Nature in Art with Kiri Guyaz, July 21-25. Transform nature into works of art, create nature journals, sand paintings, nature object pendants, and more.
- Handbuilding with Clay with Heidi Pomerleau, August 4-8. Introduction to the basic techniques of handbuilding, explore surface decoration, design, color and glazing while creating an ocean environment sculpture and a rainbow fish.
- Bookmaking Through the Ages with Kathy McGrath, August 11-15, ages 8-12. Explore the history of book binding in three ancient cultures,

Egypt, China and Japan. Using traditional materials, methods and language, make an Egyptian scroll with hieroglyphics, a traditionally bound Chinese book with Chinese symbols, and a Japanese Stab Binding Haiku Book.

- Puppets with Adrienne Beacham, August 18-22. Bring a fun character to life using sculpting, paper mache, and painting and give miniature theatrical performances for parents.

Preregistration is taken on a first come, first served basis and must be accompanied by full payment. The deadline is noon the Thursday before a Monday class. 872-2787

There is also an "Adult Art Camp" from July 28-August 1.

...Continued from page 5



This bobolink nestling was found in Somerset County after its nest was destroyed by haying. It was taken to Avian Haven Wild Bird Rehabilitation Center where it was raised until ready for release at the Village Farm property in Freedom.

Photo by Glori Berry, courtesy of Avian Haven.

ity feed on fields with bobolink populations, leaving un-mowed blocks within the field can help reduce nestling fatalities.

Dr. Peter Vickery, president for the Center for Ecological Research in Richmond, Maine, indicates that given the varied shapes of most hayfields,

specific configurations are tough to recommend, but the bigger and the more compact the blocks are, the better. For instance, a few long strips left in a field are not nearly as good as that same area in a single block or circle. Compact blocks reduce the likelihood of nest predation. Consistency is also important and the same area should be left standing throughout the breeding season, and if possible, year after year.

Jeff Norment, State Biologist with the Natural Resources Conservation Service (NRCS) suggests that since most grassland birds generally gravitate to field centers, it is best to leave un-mowed nesting areas in the interior of a field as far away from field edges as possible. This will help reduce predation and increase the chance of the blocks being used by nesting birds. Not mowing hay at night or during dawn and dusk can also reduce fatalities.

Polly Shyka and Prentice Grassi of the Village Farm in Freedom have been experimenting with creating bird blocks in their fields for several years now. This year, Prentice says that an area along their vegetable gardens was left un-mowed and many bobolinks were observed using that area. He states that building ecological diversity benefits not only the birds but the farm as well. Encouraging beneficial birds and insects provides a natural tool for weed and pest control on the farm.

So next time you are enjoying the sights and sounds of some of these beautiful grassland birds, thank your local farmer for helping to provide this critical habitat. And if you are interested in creating or enhancing habitat for grassland birds on your land, contact your local NRCS or Soil and Water Conservation District office to find out more information on practices and programs for this purpose. Finally, you can get more information from the Cornell Lab of Ornithology. See more photos and hear the beautiful bobolink song at <http://www.allaboutbirds.org/>.



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Greater Gardiner River Festival June 21: The Best Yet!

Lots of activities and entertainment for all ages mark the Greater Gardiner River Festival on Saturday, June 21. The day-long downtown celebration on historic Water Street and scenic Waterfront Park includes music and entertainment on three stages, a craft fair, items from Gardiner Main Street's popular "Ride Into Summer," an opportunity for members of the public to crown the title of "Gardiner's Best Pizza," stand-up paddleboard demonstrations, chainsaw sculpture demonstrations and free boat rides on the Kennebec River. Water Street will be transformed into a pedestrian mall with artists, crafters, children's activities and specialty food vendors from 10 am-4 pm. The festival will end on the Waterfront with a Talent Show, Fireworks and a concert by the band "Alter Ego."

Highlights of the day include a pancake breakfast, lawn and yard sales, the Grand Opening of "Frosty's Donuts," children's art, games, bounce house, giant slide and many more activities, demonstrations in martial arts, robotics, dance, chainsaw and kayak, live music, a library book sale and a range of food and eating



options. Activities begin at 8 am and continue until after dark. Join the fun and discover a vibrant river community.

— Upcoming —

JUNE

- The Belgrade Lakes Information Center on Route 27, Belgrade Depot, will be opening for the season on Saturday, June 28. 495-3700

- Kids Day In Capitol Park, the Grand Celebration of Whatever Family Festival in Augusta will be on Saturday, June 28. Over 80 exhibits, activities, entertainments. 623-4559

- Saturday, June 28 is Kingfield Pops, art show, music under the stars held at the Kennedy Farm. From 9 am-4 pm, Festival of the Arts takes place in Kingfield, gates to the POPS concert open at 4:30 pm. 265-7677

- Norlands Living History Center in Livermore will hold a Strawberry Festival & Living History Day on Saturday, June 28, 10 am-4 pm. 897-4366

- An Artist Reception for the "Northern Skies, Clear Light" exhibit will be held on Sunday, June 29, 2-4 pm at the L.C. Bates Museum in Hinckley. Free event; visit with artists. 238-4250

- Portland Symphony Orchestra will perform at New England Music Camp on Sunday, June 29 at 3 pm. 465-3025

JULY

- Le Festival de la Bastille, featuring music, dance, food, fun, children's program, talent show, will be celebrated on Friday and Saturday, July 11 and 12 at Pete Gagne Field, 65 Old Belgrade Road, Augusta. 592-5001

- The Union Coffee House will feature a one-hour presentation by Bill Peterson at the Union Church on Saturday, July 12, at 7 pm, followed by an hour of open mic. Donations \$5; yummy refreshments.

- Indoor "Yard Sale" spaces are available on Saturday, July 26, 9 am-3 pm, at the Fairview Grange on Route 8 in Smithfield. \$20 per table with \$10 refund for tidy clean-up. Lunch available. 634-2592

AUGUST

- August 20-23, the 43rd Blistered Fingers Family Bluegrass Music Festival will be held at Litchfield Fairgrounds with 12 bands, Kids Academy, camping, food, field pickin' and more. 873-6539

- Maine Farm Days is scheduled for August 21 and 22 at Misty Meadows Farm in Clinton, 9 am-4 pm. Public is welcome, free admission to this agricultural trade show held on a working farm. mainefarmdays.com

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Katy Perry is an author, news commentator, Peace Corps Volunteer (at age 65), all around interesting lady, enthusiast about most things Maine and a very vibrant nonagenarian who resides at Granite Hill Estates in Hallowell and contributes a weekly column for Summertime in the Belgrades.





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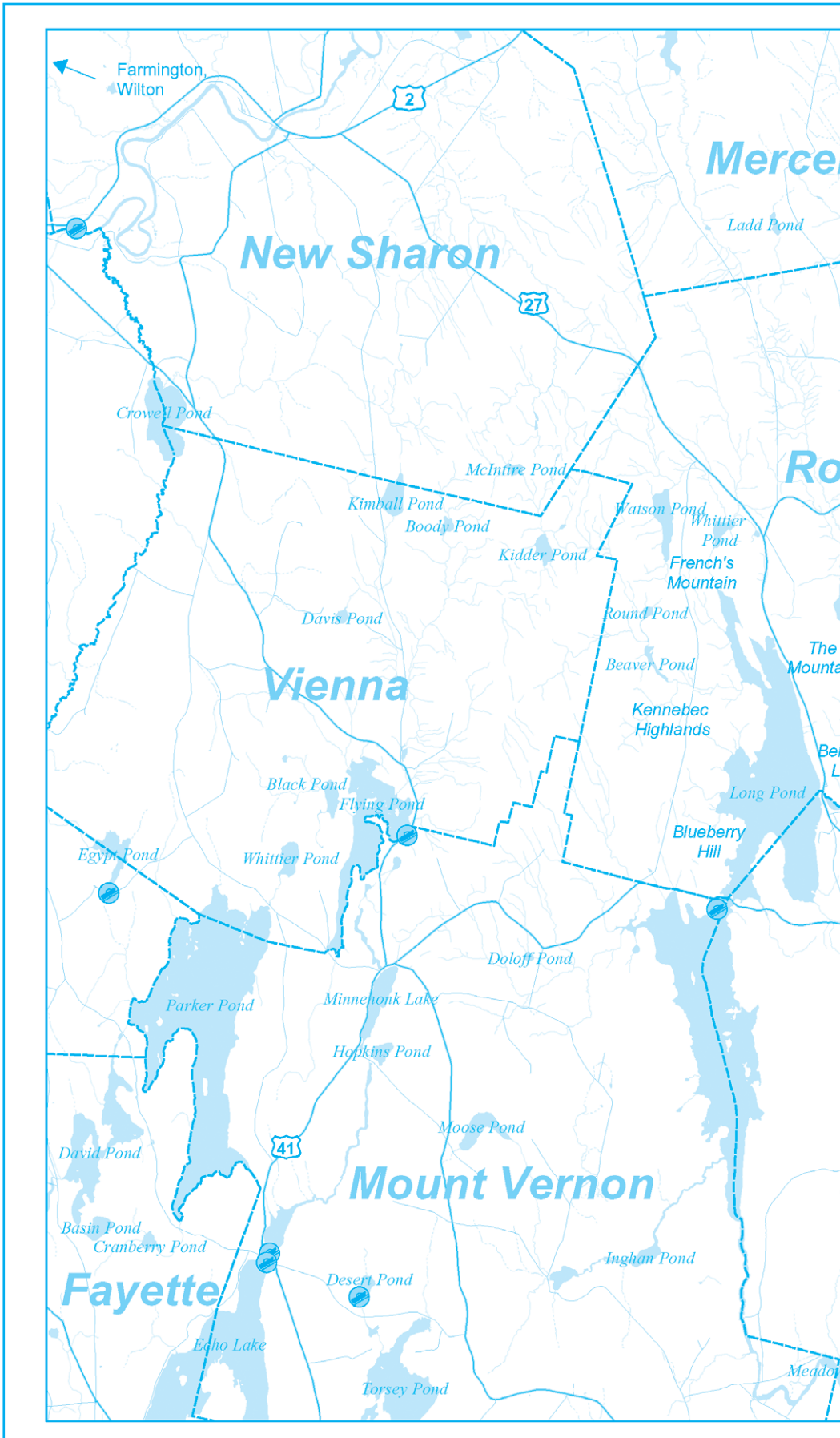
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4BR/2BA, 2 car garage,
four rental lodging units
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VIENNA: 3BR/2BA, liv-
ing room, dining room,
family room, 2 car
attached
gar w/direct entry, barn
all on 10 +/- acres.
#1122349 \$239,900

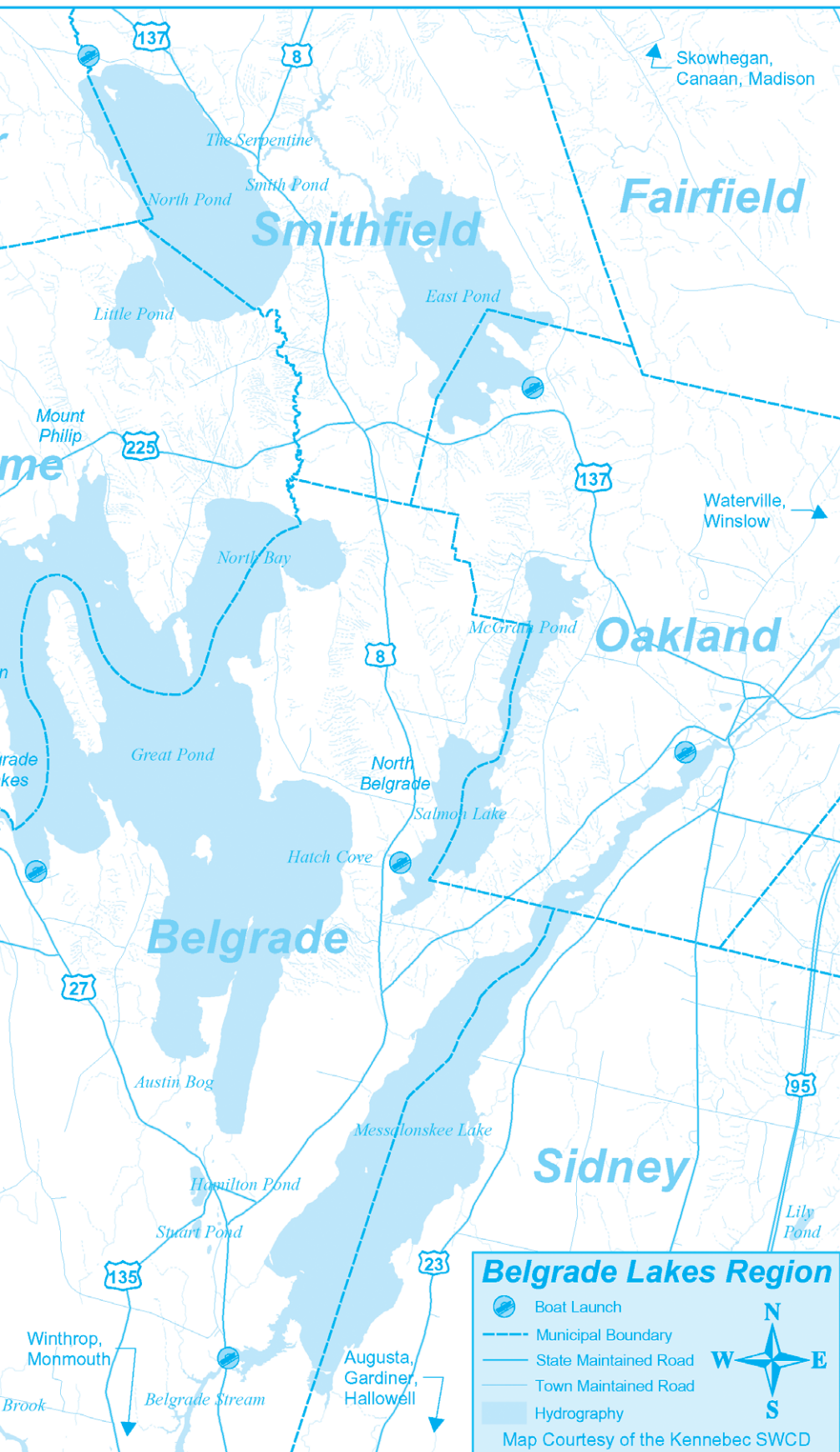


OAKLAND: 3BR/3BA,
LR, office, wood floors,
fam rm, deck overlook-
ing pvt open sunny back
yard, 2 car gar w/2.32
acres.#1079884
\$179,999



BELGRADE: Village
Cape on sunny corner
lot. Kitchen w/granite
counter tops, nice appli-
ances. Master BR on
1st flr. 2 BR on second.
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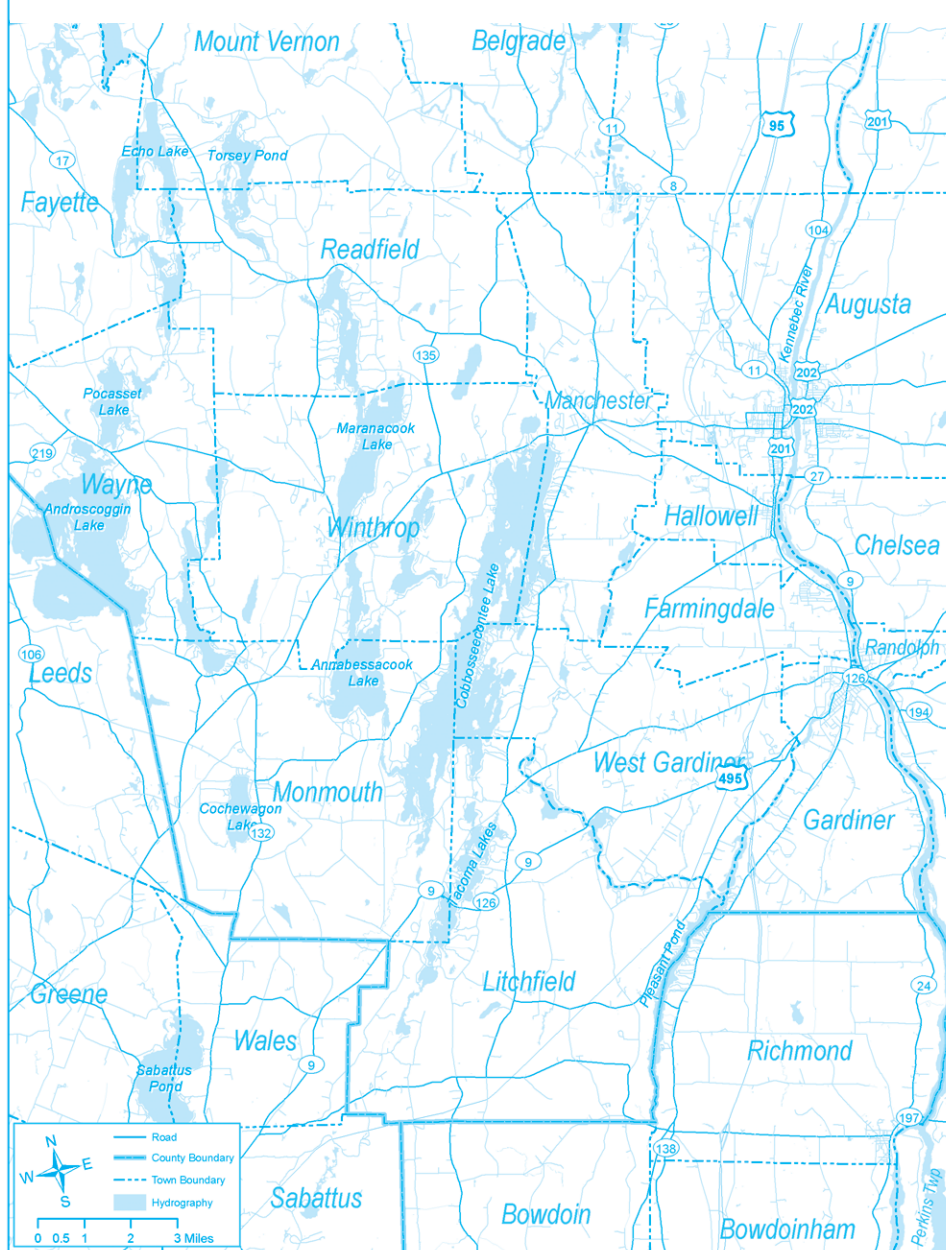


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Cobbossee Watershed



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— Kennebec Land Trust —

Kennebec Land Trust Upcoming Events

The Kennebec Land Trust is offering two unique events in June and July. On Saturday, June 21, at 1 pm, a milling demonstration by Mark Birtwell will take place on the front lawn of the new office location at 133 Main Street in Winthrop. A recently felled spruce tree that stood in front of the office will be used to provide the Trust with locally-harvest boards and posts for building projects such as benches, tables and signage.

On Monday through Friday, July 7-11, 9 am-3 pm daily, an Art and Nature Camp for 6-9 year olds is scheduled at Vaughan Homestead in Hallowell. A collaboration between the Kennebec Land Trust, the Vaughan Homestead and the Harlow Gallery, the 5-day day camp will focus on connecting kids to nature through outdoor activity and art. The camp has a limited number of slots; please register early. 377-2848 



Fall Art Exhibit to Celebrate 25th Anniversary



An open call for art in celebration of the Kennebec Land Trust's 25th anniversary invites artists to create art depicting or inspired by any Kennebec Land Trust properties that are open to the public. (For a complete list visit <http://www.tkl.org/land/land.htm>)

Submissions are being accepted through September 1, 2014 by email and will be reviewed by a curatorial committee including Kennebec Land Trust founder Jym St. Pierre. The art exhibition will be on view at the Harlow Gallery (622-3813), 160 Water Street, Hallowell from October 10 through November 1, with a public reception on Sunday, October 12th to coincide with a related art opening, featuring Howard Hill, at Slates Restaurant.



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Cobboossee Corner

"Central Maine's Biggest Road Race" Returns for the 12th Year in a Row!



Come join the Friends of the Cobboossee Watershed on the 4th of July for their 12th Annual "Friends on the 4th" 5K Run/Jog/Walk! The race will be held Friday July 4, 2014 at 8:00 a.m. in Winthrop, Maine along the beautiful eastern shore of Lake Maranacook.

Last year we had runners from all across New England and the U.S. With 662 registrations, last year's race was a huge success and we look forward to making the 12th annual race one to remember as well!

Pre-registration is \$20 and open until 12:00 noon Monday June 30th, guaranteeing participants a free t-shirt sporting the Friend's "Spotter the Otter" race logo and a stuffed gift bag! Event day registration is \$25 with no guarantee of free t-shirt and gift bag. Registration will begin at 7:00 a.m. at the American Legion on Bowdoin Street in Winthrop. Stick around after the race for the awards ceremony and free raffle with a list of

wonderful prizes!

This race would not be possible without all of our returning and new runners as well as our many generous, local sponsors- Major sponsor: Homestead Realty; Gold Level sponsors: On Target Utility Services, G&E Roofing, and The China Dine-ah; Silver Level sponsors: MacPage LLC, Mattson's Flooring & Lighting Center, and Kennebec Savings Bank; and Bronze Level sponsors: Lipman & Katz, The Copy Center, and American Awards. All the proceeds from registrations support the Friends of the Cobboossee Watershed, whose mission is "to engage individuals, communities, and businesses in protecting and improving the lakes, ponds, and streams of the Cobboossee Watershed."

FMI or to download a registration form or register online, visit www.watershedfriends.com or call the Friend's office at 621-4100.



Things You Otter Know...



School's out for summer! We hope everyone is getting excited for barbecues, fishing, kayaking, boating, and all the excitement summer has to offer! Here at the Friends, we are busy at work getting all of our programs and events ready for what we hope will be a warm, dry, and fun-filled summer! Check out the links to the left and below to see all that's happening this season!

This spring our nature day camp was a great success with 34 kids in attendance participating in activities from geocaching to salamander searching! We are looking forward to our Summer Nature Day Camps, two 1-week long sessions filled with activities geared toward helping kids become more connected to the natural world. Look to the "Stuff You 'Otter' Know" section for more information!

Our CBIs (Courtesy Boat Inspectors) are at it again this year, inspecting boats for invasive aquatic plants at ten of our busiest public boat launches! There are some changes this year to maximize protection so look below to catch up on what those will be! And don't be shy, when you see a CBI, you 'otter' say hi!



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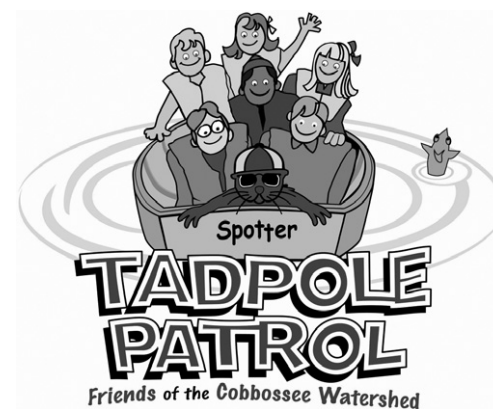
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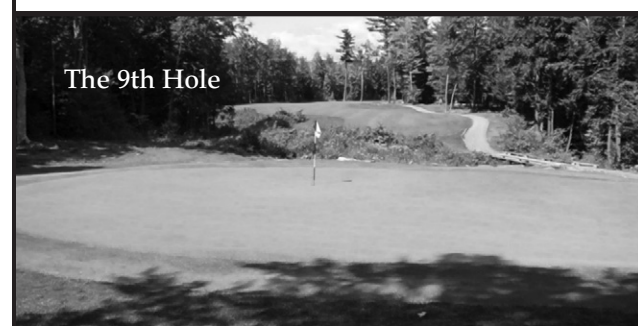
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The 9th Hole





—The Luckiest Boy—

It was in the winter of 1964-65 that, to my knowledge, the last major ice field was laid out and harvested on Great Pond in Belgrade. It certainly marked the end of an era, one that had been dwindling for decades since those new-fangled refrigerators had come along and replaced the good old ice boxes. In previous years, decades, and probably even centuries, the art of cutting pieces of ice from a frozen lake and saving them to dole out during the hot summer months was quite a common practice. Ice was “put up” by entrepreneurs to sell to the general public for commercial and residential uses. Often ice was delivered on a daily or bi-daily route, sometimes combined with other deliveries like milk, coal or wood. Some individuals did their own harvesting.

In the Maine fishing camp business, the camp owner would harvest large amounts to satisfy seasonal needs when the camps were full. When the ice was thick enough, usually in the 2 foot range, crews were gathered and the process would begin. The ice was cut, hauled, then packed away in a specially designed shed. The cracks and crevices in the giant blocks were filled with snow and capped with sawdust to stop any air infiltration and curtail melting. Sawdust was plentiful, cheap, and good insulation. Many sawmills in the area would give it away to farmers for bedding and for other purposes including ice packing. When summer came the cabin boy would deliver a small chunk, about a cubic foot in size, to each occupied cabin and place it in the ice box out on the porch. Camps were usually the last to use ice for refrigeration as the camp roads were often the last to get electricity.

Particulars of the last cut on Great Pond in the winter of 64/65 are well known; here's why. There were two teenage boys who were greatly intrigued with the idea of learning to cut and store ice. They were young and foolish boys who asked Mr. Don Mosher, a long time ice cutter and then owner of Woodland Camps, if he would teach them the process—they even offered to help with no pay. Their request was granted by Mr. Mosher and soon the day came and the job began. The first part required removing all snow from a large area out in front of the camps, approximately a half-acre. After the area was cleaned down to bare ice, a device

known as a “groover/marker” was attached to a horse or truck. The groover was dragged back and forth over the area to be cut making grooved lines about 4 inches deep while a secondary arm marked a line about 18 inches to the side to define the path of the second and subsequent passes. When all the marking and grooving was complete, the half-acre of frozen lake looked like a giant piece of graph paper.

Next, a starter hole had to be chopped with a chisel

and it never stopped all summer. In May, my father asked Ralph and me what we were going to do with all that ice. We said “sell it to the tourists.”

After a pause and while walking away, he said with Red Top snuff tainted lips, “Oh, good luck, I thought they all got refrigerators at least 10 years ago.”

Well, fathers seem to have some wisdom, though we doubted it then. We never sold an ounce of ice, but

did make it into our own beer brewery and club house. We had a cool place to go all summer until it was time to go off to college. So much for our first corporation aptly named: ITandT for Ice, Trash and Truckin’.

The old Dodge panel truck was purchased from Bill Pulsifer’s Dad, Old Bill, for \$75. It was his plumbing truck for a couple decades before we had it. The following spring, the truck sat idly on my mother’s front yard and she insisted we either use it or move it. Having had quite enough of the ice business the previous

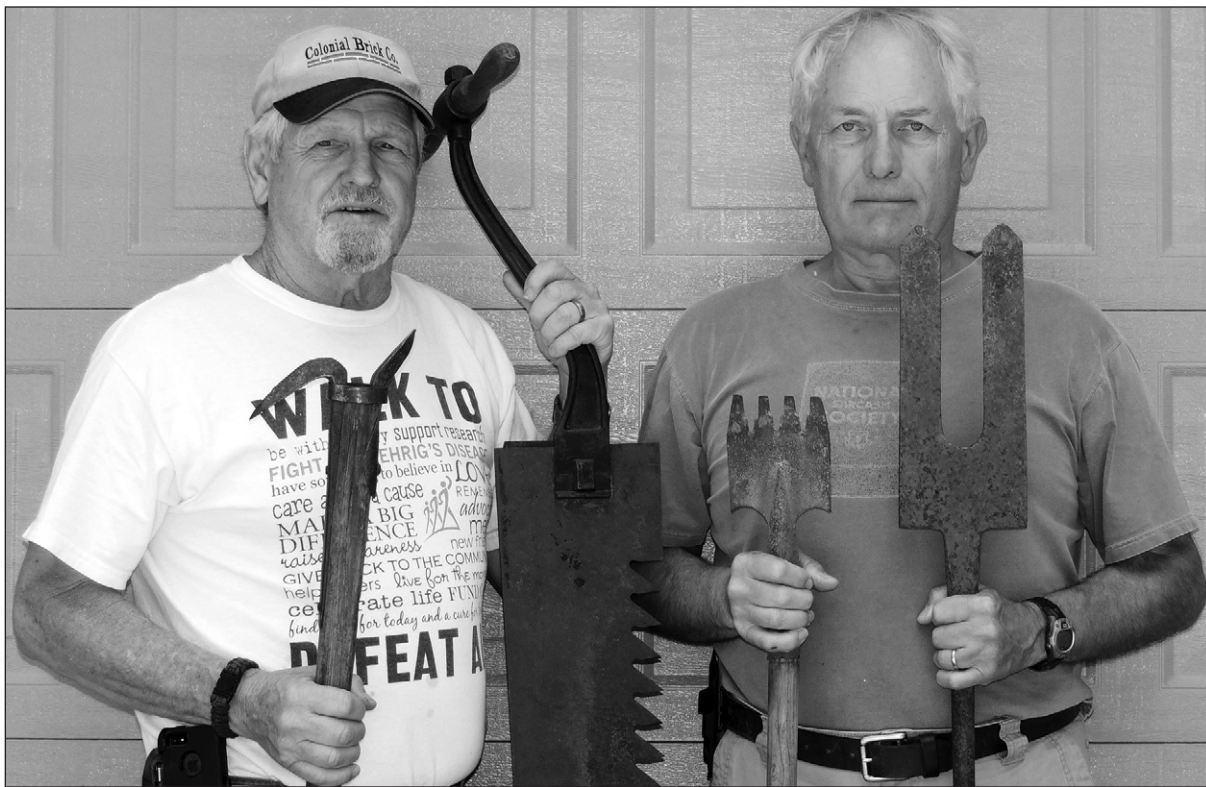
year, we rolled the truck down the grade to the Pulsifer’s side yard and put the truck back where we had found it.

The ice tools got scattered over the next 50 years and just recently we recollected them with the help of John Gawler and Joe Tinker. Above is a photo of the two foolish boys, Rod and Ralph, now 67 years old. The tools shown are a pike pole, also called a pick pole and sometimes a picaroon. Secondly is the ice saw, then a four-fingered ice shaver used to fit blocks together tightly and a breaker bar used to snap off the large ice cakes. We lost the largest ice tool, the groover/marker, but let us know if anyone has one for the completion of this set being donated to the Belgrade Historical Society.

We hope you have enjoyed this true story and hope you will join us next week to hear from a cabin boy who delivered the ice, cousin Ernie Johnson.

Author’s note: For any folks who missed last year’s 12 stories, we published a small book called The Luckiest Boy containing all 12, available at Day’s Store.

Rod Johnson can be reached at rodorjohn@hotmail.com



through the 2 feet of ice. Ice saws are similar to huge cross cut wood saws with big teeth and a wooden T-handle on one end. The grid work lines are sawn one way and then a huge “breaker bar” is used to snap off the piece. Little by little an open water area is created and large pieces are floating about, ready to load.

Long “pike poles” are used to guide the chunks which are sized about 2’x2’x18” and weighing approximately 300 pounds each. A wooden ramp was put in place and the ice blocks were slid up to a sled or truck, in this case a 1946 Dodge panel truck. After 3 or 4 days of work, the Woodland Camp ice house was brimming full of ice. I only know about all this because, yes, I was one of the foolish boys and my cohort was Ralph Pope. We had learned the trade and fulfilled our commitment to Mr. Don Mosher.

Ralph and I continued to be foolish for another week or two and filled another building “all our own” over on the West Road in Belgrade Lakes, just up the grade from the Sunset Grill. We called it our “money in the bank.” When winter was gone and April came, a trickle of water began to run down the West Road—

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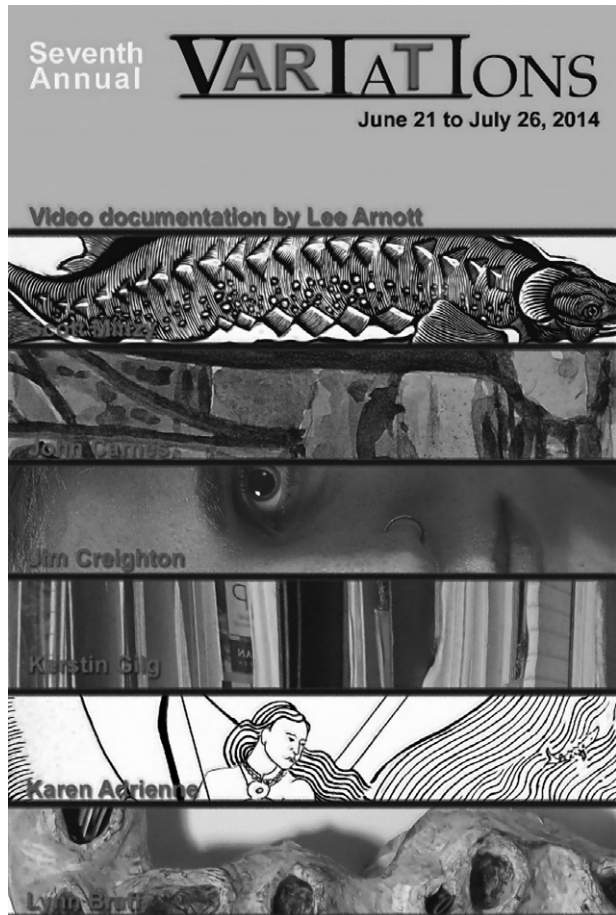
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Artdogs Variations VII



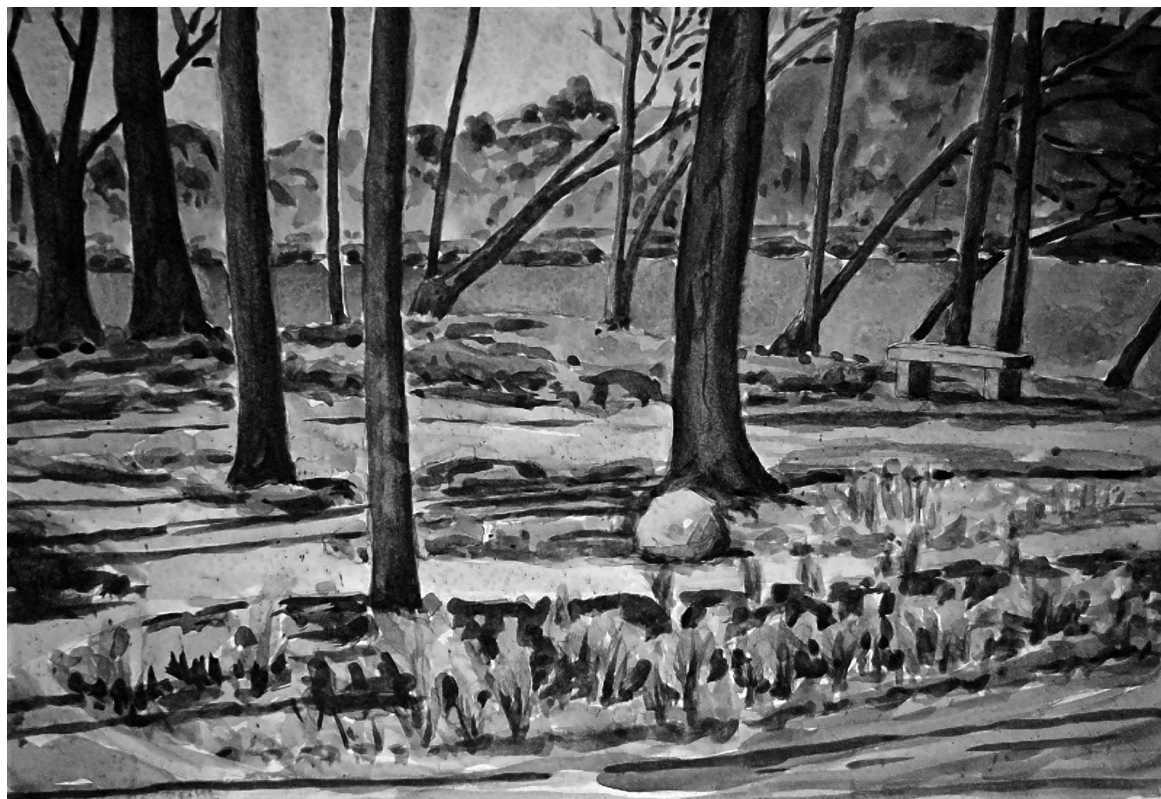
For the seventh annual Variations Exhibition, the Artdogs artists have chosen Gardiner's Historic Downtown District as inspiration for their work. Each artist highlights areas of significant local and/or historical importance in the community, and respond with their site specific proposals for public art. The Variations VII show features conceptual sketches and scaled prototypes of artworks that could be commissioned for the public spaces proposed. An artist talk will take place during the opening to allow for community response and discussion of the artists' process and opportunity for future public artworks. Participating artists are: Karen Adrienne, John Carnes, Scott Minzy, Jim Creighton, Lynn Braff, Kerstin Gilg, and Lee Arnott. This project was funded by the Creativity Fund for Gardiner.

Karen Adrienne invites the community to discover Gardiner's rich commercial and cultural heritage, with a treasure hunt. A hand crafted map and sculpted sturgeon placed throughout the downtown mark places of historic and cultural significance from the past, while highlighting current and future potential for development.

John Carnes proposes a "Plein Air Painting Day" that would be followed by a public exhibit and sale of the work created on the beautiful waterways of Gardiner. This event compliments existing city plans for reclamation of the Cobbossee Stream Corridor and the extension of the Kennebec River Trail.

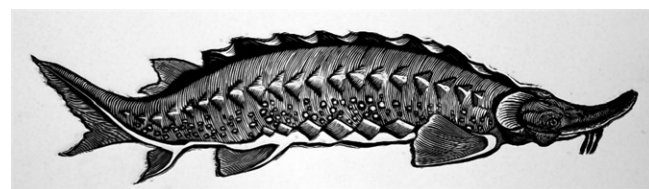
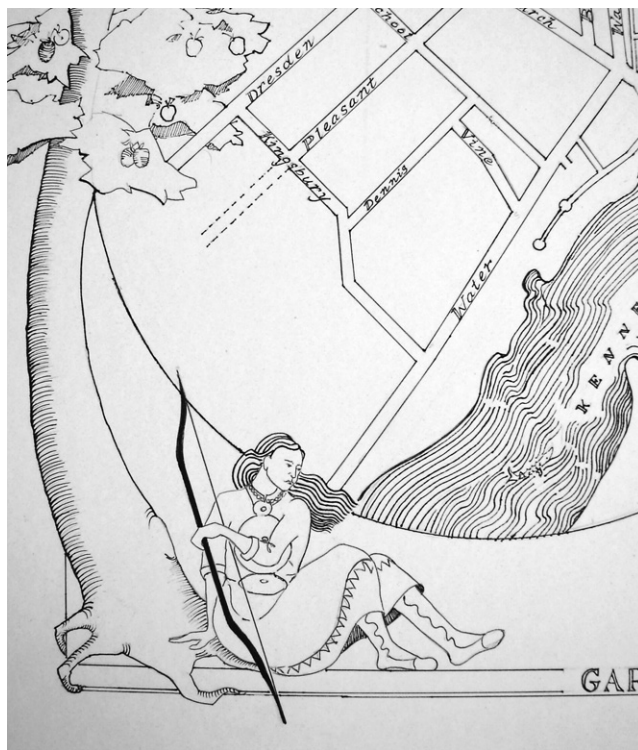
Scott Minzy has plans for a large scale sturgeon mural on the Pearl Harbor Remembrance Bridge, connecting the communities of Gardiner and Randolph to the rich heritage of the Kennebec River.

Jim Creighton focuses on the individuals that make up a community. His photo documentation of everyday citizens shows what Gardiner is today through the eyes of the residents that call it home.



Lynn Braff combines her love of art and literature in her proposal to create "Words of Wisdom" for the children's area at the Gardiner Public Library. Her sculptural arch invites youngsters to be thoughtful with their words and playful with a piece of art.

Kerstin Gilg's idea references Gardiner's past in paper production and the current tension



between economic advancement, and maintaining authenticity of place. A traditional take on contemporary street art he would feature large scale Illustrations of office supplies and natural elements to be pasted along the Cobbossee Stream side of buildings downtown. The work is temporary, allowing for multiple pieces in limited space over time and would add visual appeal upon entering the city.

Lee Arnott contributes her video production expertise in documenting the other six artists at work, discussing their thoughts on, and proposals for, public art. A short video, including interviews, will be screened at the show opening.

The show will be on exhibition from June 21, through July 26, at Circling the Square Fine Art Press, 275 Water Street Gardiner, ME. Gallery hours are Friday and Saturday from 10 to 4, or by appointment. All events are free and open to the public. Please call (207) 582-2108 or visit www.theartdogs.com for more information.

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Bear Spring Camps, 60 Jamaica Point Rd., Rome, 397-2341, www.bearspringcamps.com

Belgrade Vacation Rentals, 81 Main St, Belgrade Lakes, 495-4011, www.belgradevacationrentals.com

Castle Island Camps, American Plan, Castle Island Rd, Belgrade Lakes, 495-3312, www.castleislandcamps.com

The Village Inn, 1 & 2 bedroom suites, Rt 27, Belgrade Lakes Village, 495-3553, www.villageinnnducks.com

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— Notebook —

Augusta

• Host families, 3-week "starter families" and "friendship families" are needed for French students from the University of Western Brittany studying at the University of Maine at Augusta. Host families provide a room for the late August-May school year. Starter families help the student for up to three weeks to get settled in, set up a bank account, choose a phone service, visit potential apartments, etc. Friendship families visit the students and provide occasional weekend visits. 621-3487

Farmington

• Nominations for the Franklin County Big Tree Contest will run through September 30th with nominations taken at the Soil & Water Conservation District. The focus of the 2014 contest is to find native trees including the lesser-known trees such as Black and Pin Cherry, Alternate-leaf and Florida Dogwood, Hawthorn, Hornbeam, Hophornbeam and Nanny Berry. There are also other trees of large stature that haven't been nominated, like the American Elm, 5 types of Oak and 3 types of Pine. Once the nominations are in, the Conservation District will work with the Maine Forest Service to measure and photograph the trees to see if they really are the biggest in Franklin County. 778-4279

Mount Vernon

• The 6th Annual Paddle Trek from Mt. Vernon Village to Wayne Village, sponsored by the 30 Mile River Watershed Association, is scheduled for Saturday, July 26. A once-a-year opportunity to see the watershed from a new perspective - by canoe and kayak. Rain date is July 27. Register online at www.30mileriver.org 685-4956

Skowhegan

• The Skowhegan Area Chamber of Commerce office - a popular information stop - is temporarily moving to the nearby Renaissance Center at 60 Water Street until July due to construction at the parking lot surrounding the chamber. The "new" office will be on the first floor by the public restrooms and will offer the usual selection of brochures and event announcements and will be staffed to greet tourists and answer questions. 474-3621

Smithfield

• Fairfield Grange has returned to its weekly summer supper schedule from mid-June to early August. First supper is Wednesday, June 18th at 5 pm. The menu is turkey pie, mashed potato, vegetable, rolls, coffee or lemonade and homemade dessert. The menu will alternate each week from turkey pies to baked ham. The price is \$8 for adults and \$4 for children under 10.

Waterville

• Waterville Creates! a new partnership of Waterville's arts organizations, will kick off its first collaborative event on Saturday, July 12, with the return of Arts Fest - enhanced with "A Feast of Creative Delights," featuring creativity in all its forms. Activities in the "new" event will include a video competition for young filmmakers, an Outdoor Family Clay Day, woodworking, mosaic building, "Reframe yourselfie," Decorate your Bike and Bike Parade, face painting, beading and a "Stairway to the Arts. 680-2055

Winthrop

• Sell your wares at the "Bizarre Bazaar" an indoor Yard Sale, Craft Sale, Bake Sale, Used Books, Rada Knives and Lunch event sponsored by the Women's Guild of St. Andrew's Episcopal Church on Saturday, July 19, 9 am-2 pm. Rent a Table \$20, share _ a table for \$10. 293-4965 or 685-7292



The Women's Guild of St. Andrew's
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Dining

Augusta

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Belgrade

• **Pete's Pig**, 81 Main Street, Belgrade Lakes Village, also offering a full range of catering, 495-4095, www.petespig.com
 • **The Village Inn**, Main Street, Route 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com
 • **Whisperwood**, Salmon Lake/McGrath Pond, 103 Taylor Woods Road, Belgrade, open to the public by reservation only, 465-3983, www.whisperwoodlodge.com

• **Wings Hill Inn and Restaurant**, Route 27, Belgrade Lakes Village, 495-2400 or 800-495-2400, www.wingshillinn.com

Oakland

• **Alden Camps**, Lunch or dinner by reservations, Saturday-Wednesday, space permitting, 3 Alden Camps Cove, Oakland, 465-7703, www.aldencamps.com
 • **Riverside Farm Market & Cafe**, 291 Fairfield Street, Oakland, 465-4439, www.riversidefarmmarket.com

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• **Lobster Trap & Steakhouse**, 21 Bay St, Winslow. 872-0529. www.lobstertrap-seafood.com.

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The Small Garden Guide

Belgrades B-Well Farm-acy Offers Weekly Wisdom

A new twist on the old strategies of gardening will be offered at the Belgrade Lakes Wellness Center this summer and fall. Called the B-Well Farm-acy, Gardening 101, the course will provide bi-weekly classes as follows:

- June 18 – Weeds or not. Identifying weeds and how to keep them out of the garden.
- July 2 – Harvesting and keeping the garden happy. When to water, when to weed and when to pick.
- July 16 – Problems, pests and possibilities.
- July 30 – Recipes and eating the harvest.

Planting for a Fall Harvest:

- August 5 – Prepping soil in summer and how to plant in dry weather.
- August 20 – Identifying weed sprouts from seedlings.
- September 3 – When to water and when to not.
- September 17 – To cover or not to cover.
- October 1 – Putting the garden to bed for winter.

All classes will be held at the wellness center's outside garden and will cost \$5 per class. For more information call 495-2560.

Maine Fare Features Good Food and Food For Thought

On June 20 and 21 on the waterfront in Belfast Maine Farmland Trust and Penobscot East Resource Center are hosting Maine Fare, two days of cooking demonstrations, farm tours, an open air market, kids activities, music, art, tastings and do-it-yourself classes. Taught by food artisans the classes will include:

- Sourdough: A Natural Locavore
- Maine Crab Cakes
- Mushrooms: Cooking with the Lion's Mane

- Fermented Spring Vegetables

Saturday, June 21:

- The Art of Making Teas, Infusions, and Decoctions
- Seasonal Eating
- Queso Rexo
- Cooking with Sea Vegetables

Classes are \$15 each and will be held in the DIY Tent and the Demo Tent. For more details visit www.maine-fare.org

....Continued from page 23
 tilizer runoff.

Try and remember why you like spending the summer here in Maine with its great lakes and streams and greenery. Here is a hint - "IT'S THE WATER"! How you manage and care for your yard, can have a disastrous impact on water quality.

Personally I've tried to move my yard care from the socialist to the anarchist philosophy. I seldom water the grass, then only a small patch in front of the house. Much of the original lawn is now garden with various trees, shrubs and other plants mulched with old leaves and stump grindings. These gardens are situated to collect nearly all the water runoff from my yard. And, last but not least, the lawn I still have is only mowed in selective areas. Whole sections just have pathways mowed through or around them and the "wild stuff" is allowed to grow until late fall when I cut and compost the summer's growth.

***Statistics come from PPPlants. Check out the new web site at www.safelawns.org

***Other information from Maine YardScaping publications.

OTHER SOURCES OF INFORMATION INCLUDE:

- Gardening to Conserve Maine's Landscape: Plants to Use and Plants to Avoid" available at www.umext.maine.edu/onlinepubs.
- For wildlife check out www.nwf.org/gardenforwildlife/
- Maine YardScaping Partnership: www.yardscaping.org
- Lawn Care without Pesticides: www.gardening.cornell.edu/lawn/
- The Homeowners Lawn Care Water Quality Almanac: www.gardening.cornell.edu/lawn/almanac/ ➔ index.html
- Fertilizer Calculator: www.cag.uconn.edu/ces/sustainability/fertcalc.html
- Insect Parasitic Nematodes for Turfgrass Pest Management: www.oardc.ohio-state.edu/nematodes/ ➔ turfgrass_pest_management.htm
- Maine and on-line vendors of biocontrols: http://www.yardscaping.org/lawn/documents/local-online-vendors-biocontrols_5-08.pdf

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-Business Directory-

ACCOMMODATIONS

See page 18

ADVENTURE

Belgrade Canoe & Kayak, Route 27, Belgrade, 495-2005, www.kayakandcanoe.com

ANTIQUES

Barbara’s Antique & Collectibles Group Shoppe, Rt 201, 414 Lakewood Rd, Madison, 474-2550, 474-8357

APPLIANCES

Brown House Appliances, 71 Francis St, Waterville, 873-4777, www.brownhouseproperties.com

BANKING

Kennebec Savings Bank, 150 State Street, Augusta, 622-5801, www.kennebecsavings.com
Maine State Credit Union, 200 Capitol Street, Augusta, 623-1851, www.maine.statecu.org
Skowhegan Savings Bank, 450 Civic Center Drive, Route 27, Augusta, 1-800-303-9511, 623-2300, www.skowsavings.com

BEVERAGES

Jokas’ Discount Beverage, 52 Front St, Waterville, 873-6228, www.jokas.net
Tree Spirits, 152 Fairfield St, Oakland, 861-2723, www.treespiritsofmaine.com

BICYCLES

Auclair Cycle & Ski, 64 Bangor St, Augusta, 623-4351, www.auclaircycle.com

BOATS

(Besides the categories immediately following, see Canoes and Kayaks, Docks, and Boat Repair.)

BOAT COVERS

Waterville Upholstery & Canvas, 1042 Kennedy Memorial Dr, Oakland, 465-7847

BOAT LIFTS

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemiquire, Portland, Skowhegan, Wilton, 866-HAMMOND, www.hammondlumber.com

BOAT MOORINGS

Brightside Wooden Boat Services, 21 Hulin Rd, Belgrade Lakes, 495-3680, 778-1706, www.brightsidewoodenboat.com
Great Pond Marina, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

BOAT RENTALS

Belgrade Canoe & Kayak, Rt 27, Belgrade, 495-2005, www.kayakandcanoe.com
Brightside Wooden Boat Services, 21 Hulin Rd, Belgrade

Lakes, 495-3680, 778-1706, www.brightsidewoodenboat.com
Castle Island Camps, Castle Island Rd, Belgrade Lakes, 495-3312, www.castleislandcamps.com
Great Pond Marina, 25 Marina Dr , Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com
Whisperwood Cottages, 103 Taylor Woods Rd, Belgrade, 465-3983, www.whisperwoodlodge.com

BOAT REPAIR

Belgrade Boat Shop, 769 Oakland Rd, Belgrade, 465-9720, 485-6953
Brightside Wooden Boat Services, 21 Hulin Rd, Belgrade Lakes, 495-3680, 778-1706, www.brightsidewoodenboat.com

BOAT SALES AND SERVICES

Belgrade Canoe & Kayak, Rt 27, Belgrade, 495-2005, www.kayakandcanoe.com
Brightside Wooden Boat Services, 21 Hulin Rd, Belgrade Lakes, 495-3680, 778-1706, www.brightsidewoodenboat.com
Clark Marine, 57 Puddledock Rd, Manchester, 622-7011, mail@clarkmarine.biz, funonthewaterstartshere.com
Hamlin’s Marine, 290 West River Road, Waterville, 872-5660, www.hamlinsmarine.com
Mid-Maine Marine and RV, 885 Kennedy Memorial Drive, Oakland, 465-2146, www.midmainemarine.com
Trailside Performance, 797 Augusta Rd (Rt 201), Winslow, 873-2366, www.trailsideperformance.com

BOAT STORAGE

Belgrade Boat Storage, 46 Oakland Road, Belgrade, 495-3421, 314-3287, www.belgradeboatstorage.com
Belgrade Lakes Marine and Storage, Inc, 366 Augusta Rd, Belgrade, 495-2378, www.belgradelakesmarine.com
Brightside Wooden Boat Services, 21 Hulin Rd, Belgrade Lakes, 495-3680, 778-1706, www.brightsidewoodenboat.com
Clark Marine, 57 Puddledock Road, Manchester, 622-7011; and Rt 202, Monmouth, mail@clarkmarine.biz, funonthewaterstartshere.com
Great Pond Marina, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com
Hamlin’s Marine, 290 West River Rd, Waterville, 872-5660, www.hamlinsmarine.com
Maple Leaf Self Storage, 688 Manchester Rd, Rt 135, Belgrade, 495-2191, 441-5529
Mid-Maine Marine and RV, 885 Kennedy Memorial Dr, Oakland, 465-2146, www.midmainemarine.com
Trailside Performance, 797 Augusta Rd, Rt 201, Winslow, 873-2366, www.trailsideperformance.com

BOOKS

Children’s Book Cellar, 52 Main St, Waterville, 872-4543, kidsbookseller@myfairpoint.net
The People’s Book Shop, 605 Wings Mill Road, Mount Vernon/Belgrade line, 620-2392

BOTTLE AND CAN REDEMPTION

Damon’s Quick Stop, 670 Civic Center Dr., Augusta, 622-3334
Jokas’ Discount Beverages, 52 Front St, Waterville, 873-6228, www.jokas.net

BUILDERS

(See also Kitchens, Plumbing, and Excavating)
Craig’s Carpentry/North Bay Estates, Rt 8, North Belgrade, Craig Alexander, 649-3749
G&L Contracting, 116 Lakeshore Dr, Belgrade Lakes, 495-9009, gandlcontractingmaine.com
LakeHouse Renovations, 242-3663, www.lakehousedesignbuild.com

BUILDING MATERIALS

Gagne and Son, 28 Old Rt 27, Belgrade, 495-3313, www.gagneandson.com
Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemiquire, Portland, Skowhegan, Wilton 866-HAMMOND, www.hammondlumber.com

CANOES AND KAYAKS

Belgrade Canoe & Kayak, sales and rentals, Route 27, Belgrade, 495-2005, www.kayakandcanoe.com
Brightside Wooden Boat Services, 21 Hulin Rd, Belgrade Lakes, 495-3680, 778-1706, www.brightsidewoodenboat.com

COMPUTER CONSULTANTS

Macintosh Solutions, Michael Breault, 24 Welch Rd, Wilton, 645-5083, cell 578-0226, m.o.breault@michaelbreault.net, www.michaelbreault.net

DINING

(See Dining Directory on page 19)

DOCKS

G&L Contracting, 116 Lakeshore Dr, Belgrade Lakes, 495-2325, 215-7951, 233-7408, gandlcontractingmaine.com
Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, Wilton, 866-HAMMOND, www.hammondlumber.com
Trailside Performance, 797 Augusta Rd, Rt 201, Winslow, 873-2366, www.trailsideperformance.com

ELDER CARE

Maine-ly Elder Care, 28 Center St, Oakland, 465-3249, www.maine-lyeldercare.com

ENGINEERING

Thayer Engineering, septic design, storm water mitigation, permitting, 17 Hasson St, Farmingdale, 582-7762,

EXCAVATING

Belgrade Boat Storage, 46 Oakland Road, Belgrade, 495-3421, 314-3287, www.BelgradeBoatStorage.com
David Stevens, P.O.Box 146, Belgrade, 465-3815, cell 314-0314

EYE CARE

Eye Care of Maine, 325 E. Kennedy Memorial Dr, Waterville, 873-2731, www.Maine2020.com



FARMSTANDS

Riverside Farm Market & Cafe, 291 Fairfield St, Oakland, 465-4439, www.riversidefarmmarket.com
Winterberry Farm, 538 Augusta Rd, Rt 27, Belgrade, 495-2593, 649-3331, www.winterberryfarmstand.com

FINANCIAL PLANNING

Golden Pond Wealth Management, 129 Silver St, Waterville, 873-2200, www.goldenpondwealth.com

FIREWOOD

J & M Logging, Inc. 853 Civic Center Dr., Augusta, 622-6353

FLOORING

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, Wilton, 866-HAMMOND, www.hammondlumber.com

GENERATORS

Mid Maine Generator, Kohler generators, 395-8066, www.midmainegenerator.com

GIFTS

Day’s Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com
Fyre Flye Creations, 58 Main St Suite 2, Oakland, ME, 660-1829, www.fyreflyecreations.webs.com

GOLF

Belgrade Lakes Golf Club, 46 Clubhouse Drive, Belgrade Lakes, 495-4653 , www.belgradelakesgolf.com
Natanis Golf Course, 735 Webber Pond Rd, Vassalboro, 622-3561, www.natanisgc.com

GROCERIES

Damon’s Quick Stop, 670 Civic Center Dr., Augusta, 622-3334
Day’s General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

HEALTH CENTERS

Belgrade Regional Health Center, 4 Clement Way, Belgrade Lakes, 495-3323, www.healthreachchc.org
Inland Hospital, 200 Kennedy Memorial Dr., Waterville, 861-3000, 1-800-491-8600, www.inlandhospital.org

ICE CREAM

Day’s Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

JEWELRY

Larsen’s Jewelers, 57 Main St, Waterville, 872-6301, 800-697-1874, www.larsensjewelers.com
L.Tardif Jeweler, 62 Main St, Waterville, 872-7542, 800-834-3638

KITCHENS

Hammond Lumber Company, Auburn, Bangor, Belgrade,

Boothbay, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, Wilton, 866-HAMMOND, www.hammondlumber.com

LAKE ASSOCIATIONS & RESOURCES

Belgrade Lakes Association (BLA), Long Pond and Great Pond, PO Box 551, 137 Main St, Belgrade Lakes, 512-5150, www.belgradelakesassociation.com
Maine Lakes Resource Center, PO Box 431, 137 Main St, Belgrade Lakes, 495-3617, 620-6029, www.mainelakesresourcecenter.org

LANDSCAPING

G&L Contracting, 116 Lakeshore Dr, Belgrade Lakes, 215-7951, 495-2325, 233-7408, gandlcontractingmaine.com
Lynch Landscaping, Skowhegan, 474-2420, lynchlandscaping.com
Native Notions, 213 West Rd, Belgrade, 495-6040, 314-9538, nativenotions@hotmail.com, www.nativenotionslandscape.com

MEATS

Day’s Store, 180 Main St, Belgrade Lakes, 495-2205, www.go2days.com

MOVIE THEATERS

Railroad Square Cinema, call for titles and times, 17 Railroad Square, Waterville, 873-6526, www.railroadsquarecinema.com

PHYSICAL THERAPY

Dockside Physical Therapy, 47 Main St, Belgrade Lakes, 495-3195, 512-2544, Fax 512-2545

PIANO ENJOYMENT

Diane Gorman, Gorman3366@roadrunner.com, 906 Manchester Rd, Belgrade, 495-3222

PICTURE FRAMING

The Framemakers, 46 Main St, Waterville, 872-8927, www.theframemakers.com

PLUMBING

Paul Hanna’s Plumbing, Belgrade Lakes, 495-3805

PRINT, MAIL & MORE

Color Storm, Inc, Main St, Belgrade Lakes, 592-5990

REAL ESTATE DEVELOPMENTS

North Bay Estates, Belgrade, 649-3749, crgsnbe@yahoo.com

REAL ESTATE

Coldwell Banker Thomas Agency, 75 Main St, Winthrop, 377-2121, www.coldwellbankerthomas.com
Day’s Real Estate, 262 Augusta Rd, Rt 27, Belgrade Lakes, 495-3111, 1-888-495-3111, www.daysrealestate.com
Lakepoint Real Estate, 221 Main St, Belgrade Lakes, 495-3700, www.belgradelakepoint.com
Sprague & Curtis Real Estate, 75 Western Ave, Augusta, 623-1123, www.spragueandcurtis.com

RESERVATIONS

See page 18

RESTAURANTS

See Dining Directory on page 19

RETIREMENT COMMUNITIES

Granite Hill Estates, 60 Balsam Dr, Hallowell, 626-7786, 1-888-321-1119, www.granitehillestates.com

SCHOOLS

St. Michael School, grades pre-K through 8, 56 Sewell St, Augusta, 623-3491, www.smsmaine.org

SEAFOOD

Day’s Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com
Lobster Trap & Steakhouse, 15 Bay St, Winslow, 872-0529, www.lobstertrap-seafood.com

SECURITY SYSTEMS

Cayer Security Services, Inc, 208 College Ave, Waterville, 453-9177, www.cayersecurity.com

SELF STORAGE

Maple Leaf Self Storage, 688 Manchester Rd., Rt 135, Belgrade, 495-2191

STONEWORK

Gagne and Son, 28 Old Rt 27, Belgrade, 495-3313, 1-800-339-3313, www.gagneandson.com

SURVEYING

Acme Land Surveying, 108 Fairbanks Rd., Suite 5, Farmington, 778-4801, www.acmelandsurveying.com
Thayer Engineering, septic design, storm water mitigation, permitting, 17 Hasson St, Farmingdale, 582-7762,

THEATER

The Theater at Monmouth, Cumston Hall, off Rt 135, Monmouth, 933-9999, www.theateratmonmouth.org

VETERINARY SERVICES

Lakeside Veterinary Clinic, 88 Libby Hill Rd, Oakland, 465-7387, 465-8387, www.lakevets.com

VIDEO PRODUCTIONS

Fertile Matrix Media, Oakland, 423-6934, www.FertileMatrixMedia.com

WINDOWS

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland and Skowhegan, Wilton 1-866-HAMMOND, www.hammondlumber.com

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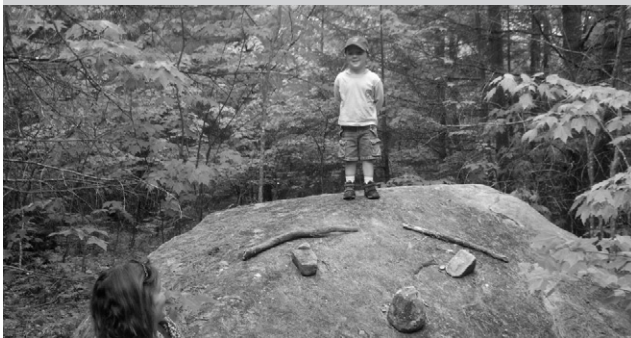
— Take It Outside —

The fishing has continued to be good in the Belgrades and nearby. During June, hundreds of thousands of anadromous fish (those that live in the ocean and spawn in fresh water) run up the nearby Kennebec River. Most of these are alewives, a roughly foot-long herring, whose role in life seems to be to be someone else's lunch. These fish are extremely prolific (nearly a million ran the predator gauntlet up the Kennebec last year to Benton) and form the base of a complex marine food web. Fisheries biologists carefully measure flows and temperatures to try to figure out when the fish will be arriving. Somehow the cormorants and eagles just know and show up a day or two before the alewives and sit on the wires and trees overlooking the river, waiting for the fish to show up. Right behind the alewives come the blueback herring and American shad (a somewhat larger member of the herring family), followed shortly by the striped bass, who eat all the others, as do the cormorants, eagles, loons, seals, and others. Recently Dick Greenan and I put his canoe into the Kennebec in Waterville and had a lot of fun catching shad on lead-free shad jigs.

June 8th was National Trails Day. On that day I led the intrepid group (pictured above right) up the Roundtop Trail in the Kennebec Highlands, where we had a nice scenic picnic lunch at the top. About 75% of the land depicted in the picture is permanently protected, including French Mountain and Mount Phillip seen in the distance behind Round Pond. It was a warm day but we had a nice hike and saw hundreds of lady slippers in bloom, including many white ones. Those hiking later in the summer will be able fill them-



(Left) Nice Kennebec River shad caught on a lead free shad jig. Please check out <http://maineaudubon.org/wildlife-habitat/fish-lead-free/> for more information on fishing lead free.



Nathaniel Burton scrambles up Whale Rock while Margaret Elliott rests below.

selves with blueberries, which were blooming everywhere- looks like a bumper crop, especially along the cliffs the northernmost portion of the trail traverses.

I encourage everyone to get out on one of the nearby hiking trails. Margaret Pietrak will be leading a



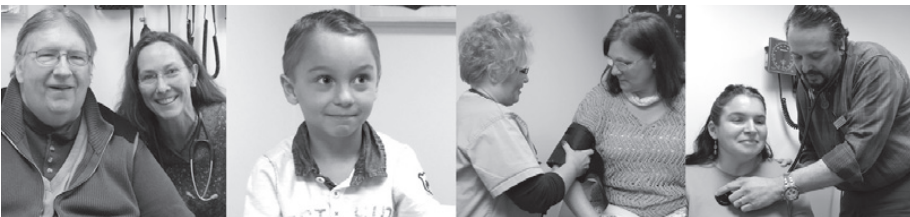
... a white lady slipper.

hike at 10 AM on June 21st at Mount Phillip. Mount Phillip has some spectacular views of Great Pond and is home to King Kababa (see: <http://www.belgrade-lakes.org> for the BRCA Summer 2014 newsletter). Call BRCA at 495-6039 for more information.



BELGRADE REGIONAL HEALTH CENTER

4 Clement Way, Belgrade, ME 04917 • 207.495.3323 • Fax: 207.495.3353 • BelgradeCHC.org



Dear Friends,

Welcome to the spectacular Belgrade Lakes Region. We at Belgrade Regional Health Center hope that your visit is memorable and that you enjoy good health during your stay. We look forward to the return of our summer residents as well as visitors to the area.

In case you do have a health concern while visiting, we are available to treat acute problems as well as chronic health conditions. Please call us for an appointment at (207) 495-3323, and we will see you as soon as possible at the health center. Our appointment hours are Monday through Friday, 8:00 am to 12:30 pm and 1:30 to 4:30 pm, and Tuesday evening 5:00 to 6:30 pm.

If you have a major medical emergency such as chest pain, a severe breathing problem, cardiac condition, or major trauma, please call 911 or go to the nearest emergency room.

If you have a minor health condition such as poison ivy, a fish hook or laceration, please try to call before arriving at the health center. We accept patients on a walk-in basis, but you will be asked to wait until our regularly scheduled patients are seen. If you call ahead, we can give you a scheduled appointment and likely reduce your wait.

We are located at 4 Clement Way, just off Route 27, 3 miles north of the intersection of Routes 27 and 135. We look forward to seeing you for any of your healthcare concerns.

Sincerely,

Amy Madden, MD

Robert Cianfarano, PA

Lisa LaGrange, FNP

HealthReach
Community Health Centers 207.495.3323 | BelgradeCHC.org



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NEW LISTING-Waterfront-Winthrop— Upper Narrows Pond. Gorgeous setting, beautiful private lot, exceptional water views. 3BR, 2.5BA, year round home. 150' frontage. Cathedral open kit/DR/LR, 1st flr master suite, decks, screened porch, 2 car grg, guest cottage, more! Possession Oct 1st. MLS #1139890 \$299,900



NEW LISTING-Vassalboro— Spacious 3BR, 2BA Vassalboro Ranch w/lovely 2.4 ac lot. Nice setting, convenient location. Open kit, DR, LR w/glass doors to deck, large LR, Master BR w/BA, lower level rec room, lots of bsmnt space. Storage over 2 car grg. Sets back from road. MLS #1139339 \$198,500



NEW LISTING-Augusta — TASTEFULLY RENOVATED- very elegant & charming throughout! Post/Beam, Oak kitchen, pretty wood floors, 3BR (one on 1st flr) 2 full baths w/nice vanities, very close to brand new, Rannai Propane monitors in each room, new septic system & roof, over 3+ acres. MLS #1139591 \$149,900



NEW LISTING-Sidney — New Colonial w/nice features, pretty maple Kit w/cntr Isl, wood & ceramic flrs, elegant formal DR, 3BR (lrg Master) 3 full BA over 2000SF, full w/o bsmnt. Quality built-area of fine homes. BLDG PKGS W/OTHER LOTS. PICS OF SIMILAR HOUSE. MLS #1139922 \$264,900



NEW LISTING-Augusta — Lovely setting for this one owner home. Private backyard. Offers 4BR, 1.5BA, great FR w/bar and fireplace for fun & entertaining! Backyard deck! Offering \$2,000 towards refinishing wood floors. MUST SEE! MLS #1139844 \$162,000



NEW LISTING-Winthrop — Lovely home, recently updated & move in condition. Featuring 2-3BR, appliances kitchen & spacious livingroom. Two baths & nice familyroom. Oversized garage, deck & paved drive. Great location & nice yard. Come see! MLS #1139275 \$149,000



NEW LISTING-Whitefield — Immaculate 3 BR, 2.5 Bath colonial home on a quite dead end road. Large master BR suite w/full bath. New flooring & fresh paint through out. Large kitchen, formal DR, attached 2 car garage & more! MLS #1139137 \$225,000



NEW LISTING-Augusta — Charm & Character abound in this delightful Eastside Cape. Offering a LR w/fireplace, DR & separate 3 season sunroom. 3BR, remodeled bath, well insulated for energy efficiency. Spectacular oversized yard filled w/unique specimens! Great location, MUST SEE! MLS #1139646 \$156,000



NEW LISTING-Sidney — Nice ranch with lots of acreage! Many recent updates here including large deck, new windows, roof and others. Spacious kitchen with lots of oak cabinets & appliances included. Full absement. Offers lots of privacy and located in popular Sidney. MLS #1140302 \$132,000



— Conservation Too —

So the summer has started, the neighbors have all tuned up their lawn mowers and weed whackers and the “friendly” competition has begun to see whose yard looks the best. It may just be another example where that competitive spirit generates some nasty community consequences.

Perhaps I’m just a socialist at heart but sometimes individual competition does NOT generate the most good for the greatest number. The drive of many landowners to create and manage their prize “lawn scape” is a case in point.

Each year, an average family with a one-third-acre lawn will use up to 18 gallons of fuel in their efforts to manage their lawn. That includes the fuel for lawn care machinery plus the petroleum products used for fertilizer and pesticides.

An attractive lawn can be grown without regular use of pesticides (weed, insect, or disease controls) and little or no added fertilizer. Researchers have been analyzing every facet of lawn production and maintenance to see what works and what doesn’t. Old guidelines have been refined and new ones developed. Following these amended guidelines will help us to have truly “green” lawns that can significantly reduce the risks for our children, pets, and the environment.

What are the options for people who still want that great, green and lush yard? You need to ask

yourself a few questions. Such as –

- How much of your yard needs to be lawn?
- How much of your yard even needs to be managed? Can you let some of the property grow back to a more natural state with local varieties of plants and little to no need for maintenance?
- Given the amount of lawn you want or need, what sort of grass would be best to grow? There are varieties that grow better in different conditions and different soils. Get a soil test to learn what will be best and what, if any, soil amenities you need i.e. fertilizer.
- Once a lawn area is established, how and when should you mow and maintain it?

The following is some useful information.

Contrary to common practice, spring is not the best time to fertilize a lawn. At that time, nitrogen will encourage top growth at the expense of roots and will promote germination of weed seeds. If and when fertilizer is applied, ideally it should be done only once or twice a year in late August or September. This approach provides fertilizer when the grass can best utilize it, not when it is likely to run off into waterways (always sweep fertilizer back onto the lawn from sidewalks and driveways). Fertilizer should never be applied to frozen or saturated soils, or in advance of expected heavy rain.

Select a type of grass seed that works in your area and demands less maintenance. Turf-type

tall fescues and fine-leaf fescues require less fertilizer and water and are more shade-tolerant. These are the “green” species we want on our lawns. In small amounts, perennial ryegrass, because of its quick growth rate, is perfect for overseeding bare spots but it is not as suitable for covering an entire lawn.

Mow your lawn to maximize its health. It is well established that the higher the cut when mowing the lawn, the deeper and more extensive the root system. Deeper-rooted lawns recover more quickly from drought. Higher mowing heights leave a lawn with more resistance to water movement, therefore reducing runoff. Higher cut grasses can also tolerate a higher population of pests without significant damage. Last, and certainly not least, taller grass blades shade out weeds and reduce the number of seeds that germinate.

In much of Maine, an appropriate lawn will need little watering. In the Northeast, except for a few weeks in the summer, most lawns rarely need watering. Only if absolutely necessary, deeply soak the lawn once or twice a week with a total of 1" of water. Frequent, shallow watering encourages shallow root growth, thatch buildup, and increases the potential for pesticide and fer-

Continued on page 19....

For information about any of our conservation projects please contact Dale Finseth at 622-7847, x 3 or check our website at www.kcsawcd.org



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Saturday, June 28, 2014

10:00 am - 4:00 pm

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- Japanese Water Garden
- Rock Garden
- Shade and Sun Gardens

www.monmouthgardenclub.org

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