

Summertime in the Belgrades

... Serving the Central Maine Lakes & Kennebec River Corridor

— A Cider Mill Press Publication —

VOLUME 15, NUMBER 9

Bringing Back the One-on-One

by Esther J. Perne

Strange changes were happening at the Information Booth on Route 27 in Belgrade Depot earlier this summer. First, old bookshelves and racks were placed by the roadside and offered “free.” Then the front of the log cabin was cleaned and cleared, grass cut, flags hung. Cars were frequently parked in the driveway. Finally, a port-a-potty appeared.

The Information Booth on Route 27 in Belgrade Depot, once a vital link between the Belgrades and the passersby was back in business

by volunteers, was a unique success story until its sponsoring organization, Belgrade Lakes Region, Inc., was merged with the Belgrade Lakes Region Business Group a decade ago and the Information Booth shut down.

Twenty years ago, Belgrade Lakes Region, Inc. operated the Information Booth from June through October, printed and mailed out 15,000 brochures promoting the region in addition to personally distributing a significant quantity, acted as a reservation service and maintained a

In 1994, for example, six countries and eighteen states were represented among the two hundred plus visitors. A lot of people were traveling within state, the season started slowly but picked up in July, fewer Canadians stopped than in previous years (due to the high rate of exchange), and more people asked for October lodging. Volunteers staffed the Information Booth for a total of 160 hours and assessed the maintenance and upkeep needs. Most of the services and supplies were donated by local businesses.



1993

– the business of meeting and greeting visitors from all over the world, answering questions and giving directions. As close to a Chamber of Commerce as the Belgrades ever came, this rustic log building at the south end of town, run mostly

“vacancy” board at the booth to enable lodgers and lodgings to get together. It also kept detailed records on who stopped at the booth, where from, and why and what trends and patterns each summer followed.



2013

During the summer of 1997, twenty-four volunteers logged 322 hours staffing the center throughout the week while one paid employee worked Saturdays all summer, upping the open

Continued on page 2

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Continued from page 1

hours to 399. Approximately 800 people from around the world stopped for information and reservations. According to the visitor book they hailed from 30+ states, four Canadian provinces and such far-flung corners of the world as Bangkok, Thailand, Sidney, Australia and Mali, West Africa, as well as France, Wales, Germany and England and two groups from Belgrade, Yugoslavia.

A couple of years later 12 volunteers and one employee put in 539 hours, 1,452 guests signed in from 31 states and D.C. and 9 countries and the busiest week was July 25-31. Belgrade Lakes Region, Inc., it was observed at the time, was an important force behind the tourism, visitor and vacationer traffic that so enhances the entire Belgrades' economy. Twenty-five lodging facilities – cottages, fishing camps, bed and breakfasts – on all the seven lakes of the chain participated in the reservation service, and the organization belonged to both the Kennebec Valley Tourism Council and the Maine Publicity Bureau, some years sharing a booth with the former at the Eastern States Exposition where it distributed 2,000 brochures.

Steeped in history and tradition, Belgrade Lakes Region, Inc. traced its roots to the early 1900s; the Information Center was established in 1955. Originally part of the Kennebec Fish and Game Association, the organization distributed brochures and provided information for the area's tourists. The Information Booth served



uniquely for reservations.

Strange changes are happening at the Information Booth on Route 27 in Belgrade Depot, but they aren't so strange after all. The Information Booth is back in business, open initially on Saturdays, to provide that vital link

between the Belgrades and the passersby of meeting and greeting, supplying information, answering questions, and representing that good old-fashioned one-on-one that enhances the entire region.



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Maine Lakes Resource Center
Hosts an Evening with Donn
Fendler & the New Movie
Lost On A Mountain In Maine



On Friday August 9th at 7pm the Maine Lakes Resource Center will once again host an evening with Donn Fendler of the iconic Maine story "Lost On A Mountain In Maine". Alongside Donn will be the filmmakers who are adapting his adventure for the big screen. The event will showcase the brand new short film based on Fendler's book, as well as a Question and Answer period after the film's showing. You can view a preview of the film on their website at www.DonnFendlerFilm.com.

For those who don't know of Donn Fendler, his story is one of Maine legend. In July of 1939, a then 12-year-old Fendler was hiking Mt. Katahdin, Maine's tallest mountain, with his family and friends. After running ahead of the hiking party, Donn was caught in a fast moving storm and became separated from the trail. Donn soon became lost, and spent the next nine days walking barefooted over ninety miles through the harsh Maine wilderness. His adventure became a national news story, and to this day the largest search and rescue effort in Maine's history. Seventy four years later Donn and his story of survival continue to inspire the young and old alike. Join the MLRC on August 9th to meet Donn and get a first look at this amazing film.

Summertime in the Belgrades

--A Cider Mill Press Publication--
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Pet World

It is strange how some pets will fight, literally tooth and nail, to avoid taking a medication, while others will go to great lengths to steal and ingest an entire bottle of a medication not intended for them. Unfortunately the latter situation can be much more dangerous than the former.

Many pet owners understand that human medications are often dangerous and sometimes deadly in their pets. However in some situations owners may actually elect to give their dog or cat human medication which can also have dire effects. For instance, some people don't appreciate the damage that Tylenol can do to their dog, or especially to a cat (tylenol can cause fatal anemia in pets). Similarly, aspirin can be taken by cats in only very small amounts. Many NSAIDs used by people, such as ibuprofen, can cause ulcers or in some cases kidney failure in pets. When it comes to medications, pets often metabolize medications differently than people.

There are many substances that are frequently given to or stolen by pets that can be dangerous and in extreme cases fatal. Certain things are well known toxins, such as rat bait, antifreeze and pesticides, but there are many household substances than may seem innocent, yet hold significant danger for our pets.

It bears mentioning a few of these things, hopefully to prevent unintentional injury to a beloved friend. Chocolate, especially dark chocolate, can be toxic for pets. The toxic ingredient, theobromine, can have a dose related effect on an animal. It can result in stomach upset, neurologic disease (stag-

gering, shaking, seizing) and in very high doses, can be fatal. For instance, a small poodle ingesting a square of dark baking chocolate may be more seriously affected than a 100 pound lab who eats a single milk chocolate candy bar.

It is always best to consult with your veterinarian, the animal emergency clinic, or poison control before trying to induce vomiting but in many cases having the pet expel what they have eaten is indicated. A home remedy to effect this is to give the animal hydrogen peroxide by mouth. It isn't pleasant but it is an effective means of inducing vomiting. Some substances should not be vomited and some pets shouldn't be made to vomit, so it is best to check first.

Xylitol, a sweetener used in many sugar free gum products and in diabetic foods, can also cause serious harm by causing low blood sugar and liver damage. Raw onions and garlic, even onion and garlic powders eaten by a pet can lead to serious hemolytic anemia and should not be fed to pets.

Some types of grapes and raisins have been shown to cause kidney failure in dogs when eaten in quantity. The basis for kidney failure following consumption of grapes or raisins is unclear, but this is being studied closely in the veterinary community.

Macadamia nuts can be dangerous to dogs. Clinical signs commonly reported in dogs ingesting macadamia nuts include weakness, depression, vomiting, incoordination, and tremors. At this time, the toxic principle is not known, nor is the reason for dog sensitivity to this nut. Other nuts, eaten whole or poorly chewed, can also cause stomach

Toxic Treats

upset and even intestinal obstruction in dogs and cats.

If a dog ingests a piece of bread dough that is uncooked and in the process of rising, it can be fatal. The animal's body heat will cause the dough to rise in the stomach. The dough can become many times larger as it expands in the stomach. Alcohol is produced during the rising process. Signs seen with bread dough ingestion include severe abdominal pain, bloating, vomiting, lack of coordination, and depression. Surgical intervention may be required with these cases.

It should go without saying that an animal should never be allowed to have alcoholic beverages of any kind or street drugs. A pet's small size and sensitivity to these substances can lead to serious poisoning.

Clearly no one would plan to intentionally hurt their pet but inadvertent poisoning of our fur friends can happen when we don't understand the dangers. Your animal may become poisoned in spite of your best efforts to prevent it. You should keep telephone numbers for your veterinarian, a local emergency veterinary service, and the ASPCA Animal Poison Control Center (1-888-4 ANI-HELP) in a convenient location. If you suspect that your pet has ingested something poisonous, seek medical attention immediately.

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Pet World, is a bi-weekly column by Dr. Eleanor Sabeen. She can be reached at Lakeside Veterinary Clinic lakevets@roadrunner.com or by phone at 465-7387



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—Conservation—

Stop Milfoil Update: Progress Being Made

by Lynn Matson

The divers are in the water, survey work is ongoing and plant identification training is underway. It's all part of implementing another very aggressive action plan this year in our battle with invasive variable milfoil on Great Pond.

And the news from the front is good. We are gaining on this very real threat to our lakes and community.

As of July 23, 14,655 gallons of milfoil had been removed from Great Meadow Stream and North Bay. That compares to about 22,000 at the same time last year.

The decrease is due to there being less milfoil in the lake, not from a scaled back effort. We actually have the same numbers of divers pulling this year as we did last year. We just started with a smaller infestation this year. That was the result of so much milfoil being removed in 2012 and the more normal spring weather this spring, which helped keep the milfoil in check a bit longer.

The STOP MIFOIL team has also surveyed all the at-risk shoreline on Great Pond and is currently at work on Long Pond. Only one new small patch has been found and it was quickly removed.

Other team members are implementing the new Adopt A Shoreline program, which invites road associations and camp owners to regularly check their shoreline for outbreaks of invasive milfoil. To date 63 individuals in 8 associations have received milfoil identification training with 3 more scheduled. If you are interested in joining their ranks, please contact Milfoil Program Director Toni Pied at 207 215-2685.

The STOP MILFOIL Capital Campaign fund also continues to grow. To date, \$85,000 has been con-



Great Meadow Stream



tributed in 2013. Our goal is \$150,000 and it is a very important number because we have a \$150,000 matching gift grant. That means if we raise \$150,000 the fund will match it with \$150,000 for a total contribution this year of \$300,000. If you can possibly help us reach this goal your gift will be greatly appreciated.

HOW YOU CAN HELP

1. Learn to identify variable milfoil and be on the look out for it when you are on or near the water. Everyone needs to be vigilant to keep the milfoil from spreading and taking over our lakes.
2. Check your boats, trailers, kayaks, anchors, fishing lures and duck decoys and hunting blinds to make sure you are not unknowingly carrying milfoil into our lakes. It only takes a small plant fragment to start a whole new infestation.

3. Sign up for Adopt A Shoreline. You can enjoy our lakes and help protect them at the same time.

4. Make a donation to the STOP MILFOIL Capital Campaign. Make your check out to "BLA - STOP MILFOIL" and send it to BLA, PO Box 551, Belgrade Lakes, Maine 04918. Your donation will be doubled if you have given in the past and tripled if you are a first time giver!

For more information on our STOP MILFOIL campaign see the Belgrade Lakes Association website at www.belgradelakesassociation.org or attend the next public milfoil meeting at 6:30 PM on Thursday, August 8th at the Maine Lakes Resource Center in Belgrade Lakes village.

Thanks for all your support. With your help we can and will beat invasive milfoil.



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Calendar Directory

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AUGUSTA

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- **Farmers' Market at the Arboretum**, indoors, Friday 1-5 pm

Capitol Complex, 230 State Street

- **Maine State House**, Hall of Flags, House and Senate Rooms, Klir Beck dioramas, Mon-Fri 8 am-5 pm, book tours at Maine State Museum, walk-ins welcome 9 am-1 pm, 287-5600, www.maine.gov
- **Art in the Capitol**, Maine Arts Commission monthly self-guided exhibits in State House hallways (Mon-Fri 8 am-5 pm), Blaine House (call for times), and Maine Arts Commission Office (8:30am-4:30 pm), 287-6746, mainearts.maine.gov
- **Governor's Mansion**, 1830 Blaine House, Tue-Thu 2-4 pm, 287-2121, www.blainehouse.org
- **Maine State Museum**, Tue-Fri 9 am-5 pm, Sat 10 am-4 pm, \$2 adults, \$1 ages 6-18, 287-2301, www.maine-statemuseum.org
- **Maine State Library**, Mon-Sat opens 9 am, 287-5600, www.maine.gov/msl/

Riverfront/Downtown/Water Street

- **Old Fort Western**, 1754 fort, house, store, 1-4 pm daily, admission \$6, 4-14 years \$4, 626-2385, www.oldfortwestern.org Cony St.
- **Riverfront Park**, boat launch, Greenway Trail, playground, eastside Kennebec River
- **Kennebec River Rail Trailhead**, Maine State Housing Authority parking lot, 623-8162, www.krrt.org, Water St.
- **Museum in the Streets**, walking/history tour, www.augustamaine.gov, downtown.
- **Farmers' Market at Mill Park**, Tues 2-6 pm, 626-2305, www.farmersmarketmillpark.org/, North Water St.
- **Farmers' Market at Turnpike Mall**, 549-5112, Wed and Sat 10 am-1 pm, Western Ave.

University of Maine at Augusta, University Drive

- **Danforth Gallery**, Jewett Hall, art exhibits, UMA-1234, www.uma.edu
- **Holocaust and Human Rights Center of Maine**, Michael Klahr Center, Mon-Fri 8 am-4 pm, 621-3530, www.hhrc.uma.edu
- **UMA Fitness Trail**, 2 miles of wooded trails, near Civic Center

BELGRADE LAKES

- **Great Pond Mailboat**, 215-7520, Mon-Sat, 10 am, Post Office, Main St.
- **Spring Gallery**, cast bronze display at MLRC, 495-3113, www.springgallerymaine.com, 171 Main St.
- **The Belgrade Community Center for All Seasons**, swimming, gym, playground, picnic area, rec programs, library, 495-3481, www.belgrademaine.com 1 Center Dr.
- **The Belgrade Public Library**, books, movies, computers, WiFi, 495-3508, www.belgrade.lib.me.us, Tuesday 10-7, Wednesday 3-7, Thursday 10-7, Friday 10-1, 124 Depot Rd.
- **Union Church Coffee House**, check for schedule, 7:30 pm, \$5, 495-3599, www.unionchurchmaine.org, Main St.
- **Belgrade Historical Society**, monthly meetings, 465-7924
- **Farmers' Market**, Sun 8 am-1 pm, until Sept. 15, 465-7058, www.belgradelakesfarmersmarket.org, Main St.
- **Peninsula Park on Long Pond**, picnic tables, Main St.
- **Maine Lakes Resource Center**, 512-5150, www.mainelakesresourcecenter.org, 171 Main St.

FAIRFIELD

- **Fairfield Historical Society**, 1890 Cotton-Smith History House, Tue 9 am-12 noon, 1-4 pm, 453-2998, www.fairfieldmehistoricalociety.net, 42 High St.
- **Farmers' Market**, 948-5724, Wed 2-6 pm, Sat 9:30 am-1:30 pm, Nazarene Church parking lot, 81 Main St.

FARMINGTON

- **Farmington Historical Society**, 778-2835, Wed and Sat, 11 am-2 pm, July-August, 118 Academy St.
- **Nordica Homestead Museum**, opera singer Lillian Nordica costumes, jewelry, mementos, 778-2042, Tue-Sat 10 am-12 n and 1-5 pm, Sun 1-5 pm, www.lilliannordica.com, 116 Nordica Lane, Holley Rd.
- **Contra Dance**, 491-9928, www.starleft.org 2nd Sat of the month, all welcome, 6:30-7:30 pm family dance, 8-11 pm regular dance, admission, Grange Hall, Bridge St, Rt 43, West Farmington
- **University of Maine campus and Arboretum**, four walking tours with informal guide pamphlet to campus trees, 581-1541, www.umaine.edu/arboretum/, downtown
- **Farmers' Market**, 778-6602, Fri 9 am-2 pm, Better Living Center parking lot, Front St; Saturday 8 am-12 noon, Main St.
- **Meetinghouse Park and Gazebo**, weekly concerts throughout summer, downtown
- **Fairgrounds**, events throughout summer, Franklin County Fair in Sept, High St.

Gardiner

- **Artdogs and Circling the Square Fine Art Press**, 1-5 pm Fri, 10 am-4 pm Sat, 582-2108, www.theartdogs.com, 275-277, Water St.
- **Johnson Hall Performing Arts Center**, 582-7144, www.johnsonhall.org 280 Water St.
- **Monkitree**, art exhibits, Tues-Fri 10 am-6 pm, Sat 12-6 pm, 512-4679, 263 Water St.
- **Farmers' Market**, 582-3100, www.gardinerfarmersmarket.org, Wed 2-6 pm, rain or shine, The Common
- **Kennebec River Rail Trail**, 623-8162, www.krrt.org, access near Gardiner / Randolph Bridge, 6.5 miles to Augusta

- **Waterfront Park**, picnicking, events throughout summer, Kennebec River
- **The Center for Maine Craft**, 9 am-6 pm daily, 588-0021, www.maine-crafts.org, West Gardiner Service Plaza, Route 126 off Routes 95 and 295

GREENE

- **Araxine Wilkins Sawyer Memorial**, free entertainment programs, monthly - Fri 2 and 7 pm, 946-5311, www.sawyer-foundation.com, 371 Sawyer Rd, off Rt 202

HALLOWELL

- **Harlow Gallery**, Kennebec Valley Art Association, 622-3813, www.harlowgallery.org Wed- Sat, open 12 pm, 160 Water St.
- **Gaslight Theater**, 626-3698, www.gaslighttheater.org City Hall, 1 Winthrop St.
- **Museum in the Streets**, history/walking tour, www.historichallowell.org, downtown
- **Farmers' Market**, 622-1350, Sun 3-6 pm, Water St.
- **Vaughn Woods**, 166 acre park/trails, Middle St.
- **Kennebec River Rail Trail**, www.krrt.org, to Augusta, Farmingdale/Gardiner, Water St.
- **Waterfront Park**, weekly summer concerts, Tues 7 pm, North Water St.

HINCKLEY

- **L.C. Bates Museum** at Good Will-Hinckley School, early 20th century natural history and cultural exhibits, nature trails and camps, adults \$3, up to 17 years \$1, 238-4250, www.gwh.org Wed-Sat 10 am-4:30 pm, Sun 1-4:30 pm, Rt 201

KINGFIELD

- **Reinhart Gallery Art Center**, 266-8458, 245 Main St, www.ianreinholdt.com/gallery.html
- **Ski Museum of Maine**, by appointment, 265-2023, 256 Main St, www.skimuseumofmaine.org
- **Stadler Gallery**, 265-5025, 12-4 pm daily or by appointment. 225 Main St, www.stadlergallery.com
- **Stanley Museum**, 265-2729, www.stanleymuseum.org, memorabilia/displays on photographs, violins and Stanley Steamers, Tue-Sun 1-4 pm, 40 School St.

LIVERMORE

- **Washburn-Norlands Living History Center**, 18th-19th century mansion/farmstead/schoolhouse, library, chapel, 897-4366, www.norlands.org, admission, living history tours Tue and Thu 1-4 pm, 290 Norlands Rd.

MADISON

- **Lakewood Theater**, Maine's Summer Theater, Young Performers Camp, 474-7176, www.lakewoodtheater.org, Rt 201
- **Skowhegan School of Painting and Sculpture**, 474-9345, www.skowheganart.org, summer evening artists lecture series, East Madison Rd.

MONMOUTH

- **Monmouth Museum**, local and regional Maine history, Wed-Sun 1-4 pm, 933-2287, www.monmouthmuseuminc.org, 751 Main St.
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Maine, Cumston Hall, 933-9999, www.theateratmonmouth.org, Main St.

MOUNT VERNON

- **D.E.W Animal Kingdom, Zoo**, 293-2837, www.dewanimalkingdom.com, Tue-Sun 10 am-5 pm, \$10, 918 Pond Rd, Rt 41
- **Villages Market**, farmers/crafters, Sat 10 am-2 pm (start 6/29), next to Flying Pond Store, sharihamilton@gmail.com, Rt 41

NEW PORTLAND

- **Nowetah's American Indian Museum and Craft Shop**, 628-4981, daily 10 am-5 pm, free, 628-4981, 2 Colegrove Rd, Rt 27, www.nowetahs.webs.com/
- **Wire Bridge**, 1864, probably only wire suspension bridge in U.S., off Rt 27

NEW SHARON

- **Farmers' Market**, Sat 9 am-1 pm, Douin's Market, 491-9025, 150 Mercer Rd, Rt 2

NORRIDGEWOCK

- **Norridgewock Historical Society Museum**, 1838 building, Sat 10 am-3 pm, 634-5032, www.norridgewock.com, Mercer Rd, Rt 2
- **Osoola Park**, picnic area, great playground, boat launch, on Kennebec River, Rt 8

OAKLAND

- **Macartney House Museum**, Oakland Area Historical Society, 465-7549, Wed 1:30-4:30 pm, 1815 home with antique furnishings and Oakland artifacts, 25 Main St.

READFIELD

- **Readfield Historical Society and Museum** in 1823 school house, 685-4662, www.readfieldhistorical.org, Thu and Sat 10 am-2 pm or by appointment, Rt 17, Readfield Depot

ROME

- **Mt. Philip Grange**, suppers 3rd Sat of month, 4:30-6 pm, all you can eat beans, cornbread, rolls, chop suey, pies, Rts 135/225
- **Trails: Mount Philip** on Rt 225; **The Mountain** on Rt 27; **French's Mountain** and **Kennebec Highlands**, Watson Pond Rd; 495-6039, www.belgradelakes.org, maps available at BRCA, Belgrade Lakes

SIDNEY

- **New England Music Camp**, concerts free and open to the public, famous Bowl-in-the-Pines on Lake Messalonskee, 465-3025, www.nemusiccamp.com, Rt 23
- **Sidney Historical Society**, 547-3142, <http://www.rootsweb>
- **Silver Spur Riding Club**, horse shows, www.silverspurmaine.com/, River Rd/Rt 104

SKOWHEGAN

- **Margaret Chase Smith Library**, residence, home, museum exhibits, 474-7133, www.mcslibrary.org, free, Mon-Fri 10 am-4 pm. 54 Norridgewock Ave.

- **History House Museum**, 1800s local history and culture, 474-6632, www.skowhegan.com/historyhouse, Tue-Fri 1-5 pm, Elm St.
- **Fairgrounds**, weekly horse shows/competitions at covered arena, Skowhegan State Fair in Aug, 474-3621, Madison Ave.
- **Farmers' Market**, Wed 3-6 pm, Sat 9 am-1 pm, weekly entertainment, 938-3906, Somerset Gristmill parking lot, downtown

SMITHFIELD

- **Sunbeam Roller Rink**, Wed, Fri, Sat 7-10 pm, 362-4951, 830 Village Rd, Rt 8
- **Sunset Camps**, public beach, 362-2611, www.sunsetcamps.com, Village Rd, Rt 8

UNITY

- **Unity College Centre for the Performing Arts**, folk genre music, 568-3147, www.unitymaine.org, 42 Depot St.

WATERVILLE

- **Aqua City Actor's Theatre (ACAT)**, 873-7000, www.acattheatre.org. Waterville Opera House Studio Theater, Main St.
- **Museum in the Streets**, downtown history/walking tour, www.the.museum.in.the.streets.com/waterville.htm
- **Two Cent Bridge**, historic foot bridge over Kennebec River, Head of Falls park/events area, Front St.
- **Colby College Museum of Art**, 859-5600, www.colby.edu/museum/ Tues-Sat 10 am-4:30 pm, Sun 12-4:30 pm, free, Colby College Campus, Mayflower Hill
- **Colby College Special Collections Library**, "Men Who Served: Colby in the Civil War." 859-5150, Mon-Fri 10 am-noon, and 1-4 pm, free, Colby College, Mayflower Hill, Waterville.
- **Thomas College Art Gallery**, 180 West River Rd.
- **Waterville Historical Society Redington Museum**, 1814 home, pharmacy, 872-9439, www.redingtonmuseum.org. Tue-Sat tours at 10 and 11 am, 1 and 2 pm, 62 Silver St.
- **Waterville Opera House**, 873-7000, www.operahouse.com, 93 Main St.
- **Farmers' Market**, Thu 2-6 pm, 680-2055, www.watervillefarmersmarket.org, The Concourse parking lot.

WAYNE

- **Farmers' Market**, 873-7000, <http://waynefarmersmarket.weekly.com>, Sat 9 am-noon, Town Green, next to Post Office, Main St.

WILTON

- **Wilton Farm & Home Museum**, 645-2091, 645-4578, www.wiltonmaine.org, Sat 1-4 pm or by appointment, Canal St.

WINTHROP

- **Norcross Park**, playground, picnic site, boat launch on Maranacook Lake, downtown.
- **Farmers' Market**, 395-4244, www.camarkets.com, Tue and Sat 9 am-1 pm, parking lot, downtown,



ASSOCIATIONS/GROUPS

THE BELGRADES...

- **East Pond Association**, Smithfield/Oakland, www.eastpond.org
- **North Pond Association**, Smithfield/Rome/Mercer, www.northpond.net
- **McGrath Pond/Salmon Lake Association (MP/SL)**, Belgrade/Oakland, RR 2, Box 2800, Belgrade, 04917, 465-3983, www.salmonlake.org
- **Great/Long Ponds: Belgrade Lakes Association (BLA)**, Belgrade/Rome/Mount Vernon, PO Box 551, 171 Main Street, Belgrade Lakes, 04918, 512-5150, www.belgradelakesassociation.com
- **Friends of Messalonskee Lake Watershed**, Oakland/Belgrade/Sidney, PO Box 532, Oakland, 04963, 660-5069; www.friendsofmessalonskee.com
- **Belgrade Regional Conservation Alliance and BRCA Conservation Corps**, PO Box 250, 171 Main Street, Belgrade Lakes, 04918, 495-6039, www.belgradelakes.org
- **Belgrade Lakes Region Business Group (BLRBG)**, PO Box 596, Belgrade Lakes, 04918, 495-3700, www.belgradelakesmaine.com
- **Maine Lakes Resource Center/Docks to Doorways**, PO Box 431, 171 Main Street, Belgrade Lakes, 04918, 495-3617, 620-6029, www.mainelakesresourcecenter.org

BEYOND...

- **Maine Congress of Lake Associations (COLA)**, PO Box 426, 171 Main Street, Belgrade, 04917, 1-855-463-2652, www.mainecola.org
- **Friends of the Cobbossee Watershed**, PO Box 5003, Augusta, 04332-5003, 621-4100, www.watershedfriends.com
- **Franklin County Soil & Water Conservation District**, 107 Park St, Farmington, 04938, 778-4279, www.franklin-cswcd.org
- **Kennebec County Soil & Water Conservation District**, 21 Enterprise Dr, Augusta, 04330, 622-7847, ext. 3, www.kcswcd.org
- **Kennebec Land Trust (KLT)**, PO Box 261, 134 Main St, Winthrop, 04364, 377-2848, www.tkltr.org
- **Kennebec Messalonskee Trails**, PO Box 2388, Waterville, 04903, 873-6443, www.KMTrails.org
- **Kennebec River Rail Trail**, PO Box 2195, Augusta, 04338, 623-8162, www.krrt.org
- **30 Mile River Watershed Association (30 MRWA)**, Kimball Pond in Vienna to the Androscoggin River, PO Box 132, Mt Vernon, 04352, 670-7298, www.30mileriver.org
- **Parker Pond Association**, Mount Vernon/Vienna. www.parkerpond.org
- **Central Maine chapter of the New England Mountain Bike Association (CeMeNEMBA)**, 441-6227, www.cemenemba.org



Additions/Updates/Corrections: Please contact Summertime in the Belgrades with any changes to this Directory.



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— Calendar —

...Through Saturday 8/3 – Monmouth Fair, small family agricultural fair with midway, animal exhibits, crafts and animal pull events,
www.monmouthgrows.com/monmouthfair, off Route 202, Monmouth.

...Through Sunday 8/4 – Skowhegan RiverFest 2013, celebrating recreation and life on the Kennebec River, 474-3621, the Kennebec River and downtown Skowhegan.

...Thursday 8/1 through Sunday 8/4 – "Footloose," musical, 474-7176, Lakewood Theater, Route 201, Madison.

...Friday 8/2 and Saturday 8/3 – 31st Annual Wilton Blueberry Festival, sales, food, crafts, book sale, free giveaways, children's games and activities, expo, parade and much more,
www.wiltonbbf.com, downtown Wilton.

...Friday 8/2 – Skowhegan RiverFest 2013 Annual Lobster Bake, Skowhegan Rotary Club, single lobster, double lobster, hamburger or hot dog, tickets available from

any Rotarian or at Skowhegan Area Chamber of Commerce or at event, 11 am-8 pm, 474-3621, located under the Tent behind the C of C office, downtown Skowhegan.

...Friday 8/2 – Drivers and Duffers Golf Classic, sponsored by Skowhegan Area Chamber of Commerce, 12pm registration, 1 pm tee-off, 474-3621, Lakewood Golf Course, Madison.

...Friday 8/2 – Opening of August Art Exhibit, drawings and paintings by Micah Webbert and sculpture by Allen Ponziani, 5-8 pm, exhibit on view through August 24, 622-3813, Harlow Gallery, Water Street, Hallowell.

...Friday 8/2 – Artwalk Gardiner, open studios, painting, ceramics, sculpture, jewelry, photographs and more, refreshments, 5:30-8 pm, 582-6600, downtown Gardiner.

...Friday 8/2 - Atlantic Music Festival Chamber Music Series VI, 7 pm, free, www.atlanticmusicfestival.org, 859-4353, Lorimer Chapel, Colby College, Waterville.

...Friday 8/2 - New England Music Camp Student Recital, open to the public, free, everyone welcome, 7:30 pm, 465-3025, Alumni Hall, Route 23, Sidney.

...Friday 8/2 – "The Taming of the Shrew," by William Shakespeare, 7:30 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...Friday 8/2 – 2013 Barbara Lee Artist Lecture Series, Tommy Lanigan-Schmidt, 8:30 pm, free and open to the public, 474-9345, Skowhegan School of Painting and Sculpture Campus, Fresco Barn, Madison.

...Saturday 8/3 – The Capital & Tri, Adult Sprint and Youth Triathlon, 7 am, 622-9622, Kennebec Valley YMCA, Augusta.

...Saturday 8/3 – RiverFest Saturday, rafting trips, games for children, live music and entertainment under the tent, fireworks, 9 am-10 pm, 474-3621, downtown Skowhegan.

...Saturday 8/3 – Second Annual 5K/id's Scramble with prizes for 50 and under, 50 and over, male and female and kids age 10 and under, Cary Festival's Lobster Roll Lunch and Loon Calling Contest, Cary

Library's Silent Auction, race starts 9 am, 685-3612, 48 Wayne Elementary School, 48 Pond Road, Wayne.

...Saturday 8/3 and Sunday 8/4 - Mercer Old Home Days, kids' activities, vendors, crafters, yummy eats, "Lil' Miss Mercer Pageant," ATV Bog Water Carry obstacle course, lobster bake, street dance, and much more, 10 am-11 pm Saturday, 11 am 'til after pageant Sunday, 587-2225, most events at the Mercer Community Center, 1015 Beech Hill Road, Mercer.

...Saturday 8/3 – AugustaFest, live bands and entertainment, food – pancake breakfast, many vendors, kids' activities – balloon animals, face painting, explore-a-truck, bounce house, craft vendors, art exhibits, trolley rides, fishing tournament, beer garden and more, rain or shine, 10 am-9 pm, downtown Augusta.

...Saturday 8/3 – "The Taming of the Shrew," by William Shakespeare, 1 pm, call for details 933-9999, Cumston Hall, The Theater At Monmouth.

...Saturday 8/3 – Insect Trail Walk – Signs of Animals, explore some of the wonder-

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ful things to discover about insects in Maine, 1 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

...**Saturday 8/3** - "Rapunzel," production by local youth, Missoula Theater Camp, 3 pm, 873-7000, The Waterville Opera House, Main Street, Waterville.

...**Saturday 8/3** - Summer Smorgasbord, baked beans, casseroles, salads, dessert bar, adults \$7, children 12 and under \$3, under 5 free, 5-6:30 pm, 873-7410, First Congregational Church, corner of Main Street and Eustis Parkway, Waterville.

...**Saturday 8/3** - Bean Hole Bean Supper, to benefit Belgrade Fire and Rescue, 5-7 pm, music by the Gawler family, Belgrade Community Center for All Seasons, Route 27, Belgrade Lakes.

...**Saturday 8/3** - Loon Calling Contest, all ages welcome, registration 6:45 pm, contest 7 pm, 495-3312, Rome side of Belgrade Lakes bridge, downtown Belgrade Lakes.

...**Saturday 8/3** - Atlantic Music Festival Composer Concert IV, 1 pm, Orchestra III, 7 pm, www.atlanticmusicfestival.org, 859-4353, Colby College, Waterville.

...**Saturday 8/3** - New England Music Camp Annual POPS concert, 7:30 pm, preferred seating \$20 per person donation, tickets at NEMC 465-3025 and at door, Messalonskee Performing Arts Center, Oakland.

...**Saturday 8/3** - "The Knight of the Burning Pestle," 7:30 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...**Sunday 8/4** - Ron Paquette RiverFest 5K, registration starts 7:30 am, race at 9 am, 356-7082, Farmers' Market site, corner of Court and High Streets, Skowhegan.

...**Sunday 8/4** - "The Year of Magical Thinking," by Joan Didion, 1 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...**Sunday 8/4** - New England Music Camp Student Concert, "Bowl in the Pines," rain or shine, free, everyone welcome, 3 pm, 465-3025, Route 23, Sidney.

...**Sunday 8/4** - Brass and Woodwind Quintets, Coburn Park Concerts, bring lawn chairs and blankets, 5-6:15 pm, Philbrick Gazebo, Route 2, Skowhegan.

...**Sunday 8/4** - "Our Town," by Thornton Wilder, 7:30 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...**Monday 8/5** - Sue McConnell Memorial Swing for Hope and Hospice Golf Tournament, to benefit Hope's Place, a grieving children and teen program (next session begins September 26), cost per player \$115, 8 am registration, 9 am team scramble/shotgun start, 2:30 pm awards, 873-1493, 873-3615, Natanis Golf Course, Vassalboro.

...**Monday 8/5** - "Old Crow Band," 7-9:30 pm, bandstand, Meetinghouse Square, Main Street, Farmington.

...**Tuesday 8/6** - "The Crosbys," free public concert, 11:30 am-1 pm, 778-3424, bandstand, Meetinghouse Square, Main Street, Farmington.

...**Tuesday 8/6** - "The Velveteen Rabbit," children's play, 2 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...**Tuesday 8/6** - Habits and Adaptations of Maine's Native Owls, live Barred Owl, Great Horned Owl and Screech or Saw-whet Owls, natural history program by Chewonki, 2 pm; "Kennebec Highlands History," by John Moser, Maine Historic Preservation Commission, 7 pm, 495-

6039, Maine Lakes Resource Center, Main Street, Belgrade Lakes.

...**Tuesday 8/6** - "The Taming of the Shrew," by William Shakespeare, 7:30 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...**Tuesday 8/6** - Movie on Long Pond, behind Day's Store, call 495-2205 for title and time, Main Street, Route 27, Belgrade Lakes.

...**Wednesday 8/7** - REM yard sale, toys, books, clothing, housewares, furniture and more, 9 am-8 pm, 873-4444, REM Forum, 93 Main Street, Waterville.

...**Wednesday 8/7** - Taste of Greater Waterville, a 21-year-old tradition celebrating Waterville's heritage with family, food and fun, and music and other entertainment, children's activities and fun foods starting at 11 am, sit-down dining hosted by local restaurants and beer garden from 4 pm, 873-3315, Chamber of Commerce, downtown Waterville.

...**Wednesday 8/7** - North Cemetery Guided Walking Tour, sponsored by Skowhegan History House Museum, 474-6632, Elm Street, Skowhegan.

Continued on page 15...

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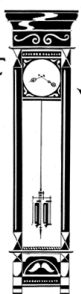


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Activities & Outings

Waterville Festival Offers Something for All "Tastes"



The Taste of Greater Waterville will expand its diverse offerings on Wednesday, August 7th, when it returns a portion of the annual event to its original, fine dining format.

Mid-Maine Chamber of Commerce presents the day-long festival, now in its 21st year and a perennial favorite of locals and visitors to mid-Maine alike. This year will include what organizers are calling "the Sit-Down," referring to the more formal atmosphere planned for its attendees, in addition to two other venues featuring local restaurants.

Participating Sit-Down restaurants Heritage House and 18 Below will serve four-course meals to ticket holders on Common Street alongside Castonguay Square, a beautiful green space in the heart of downtown Waterville. Their featured menus for the evening of the Taste are available at the event's Web site, www.tasteofwaterville.com. Tickets can be purchased at either restaurant or from Mid-Maine Chamber of Commerce at 50 Elm Street in Waterville until Monday, August 5th.

The Sit-Down is reminiscent of the early days of the Taste, when tables lined Main Street and participating restaurants served multi-course evening meals to ticket holders.

In recent years, the Taste has grown to be mid-Maine's largest outdoor festival, becoming a day-long family event which not only features an array of restaurants but a variety of entertainers and vendors with free admission as well.

Another highlight of the event is the ever-popular Beer Garden, open from 4-11PM on the Concourse and featuring live music, including headlining band Rustic Overtones and several other acts.

From the Sit-Down to the Beer Garden, the Taste offers something for everyone. A full day of children's activities is planned for families, and rows of vendors offer items and activities for all interests. "The Bite" on Appleton Street offers snacks and meals throughout the day, and Main Street will be lined with area restaurants offering up à la carte dinner options beginning at 5PM.

The Sit-Down will be the only part of the Taste requiring a ticket; all other Taste attractions are open for all to enjoy. For a full schedule of events, menus, and much more information, visit www.tasteofwaterville.com or call Mid-Maine Chamber of Commerce at 873-3315.

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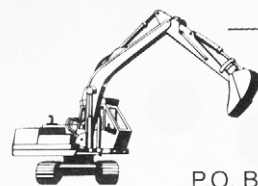
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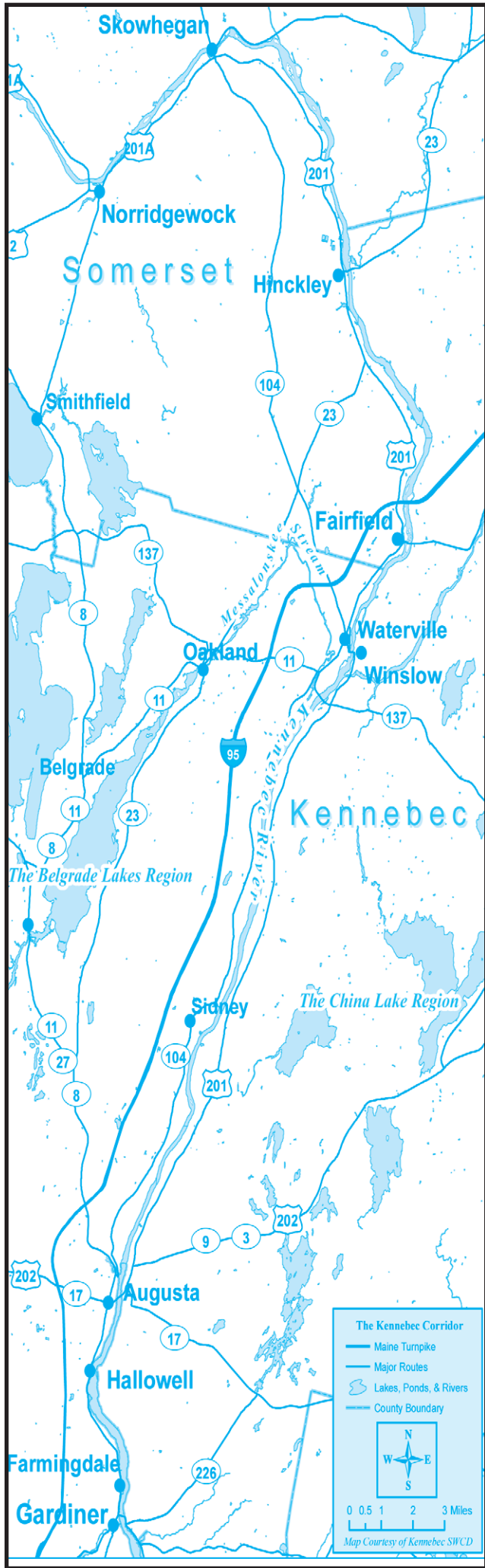


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—Katy's Column—

This is Today – But – Tomorrow?

I seriously wonder. In a few decades will there no longer be a U.S. Postal Service? I dare say there are about 25-30 “appeal” letters the dear postman has to tote to my mailbox each day. Each is opened – merely to assure that unused postal stamps are not included on what the sender hopes will be donations enclosed! Now and then a personal letter makes me happy the postman still comes!

In addition to the mayhem of quests for funding hundreds of good cases there is the presence of all the technological devices that have truly taken over the world of communications this day. The up side of this item is that the young people of today are as familiar with that way of contact as I was back in the 1930s to “turn on the radio.” If we lose mail service I will have to resort to smoke signals!

I’m off the target again. I did not mean to speak unkindly about the way the world runs today but rather all the wonderful organizations I have learned about because of their folders arriving in my mailbox. Many such groups have so inspired me that I have answered their call for help and thus have increased my letters of appeal – but before I get into that saga again let me tell you about just a couple that have greatly inspired me with the benefits they provide.

The Chewonki Camp just a bit south of Wiscasset has been here in Maine since 1915. Nearly 100 years and thousands of young people throughout those years have lived a simple, well-fed and lots of fun life along the shore, under the trees and perhaps slept in tents and have truly seen the beauty and gifts that nature has provided.

At the outset this kind of life was seen fit only for boys. Wisdom arrived, perhaps a dozen years ago, when the need was felt that young girls should share those same important aspects of life. A location was found at Fourth Debsconeag Lake near Mount Katahdin and a girls’ camp was established. In January 2011 it was awarded an American Camp Association’s accreditation.

Continued on page 15.....

Katy Perry is an author, news commentator, all around interesting lady, enthusiast about most things Maine and a very vibrant nonagenarian who writes a weekly column for Summertime in the Belgrades and who makes the weekly rounds delivering Summertime in her hometown Hallowell. And she welcomes your call about story ideas!

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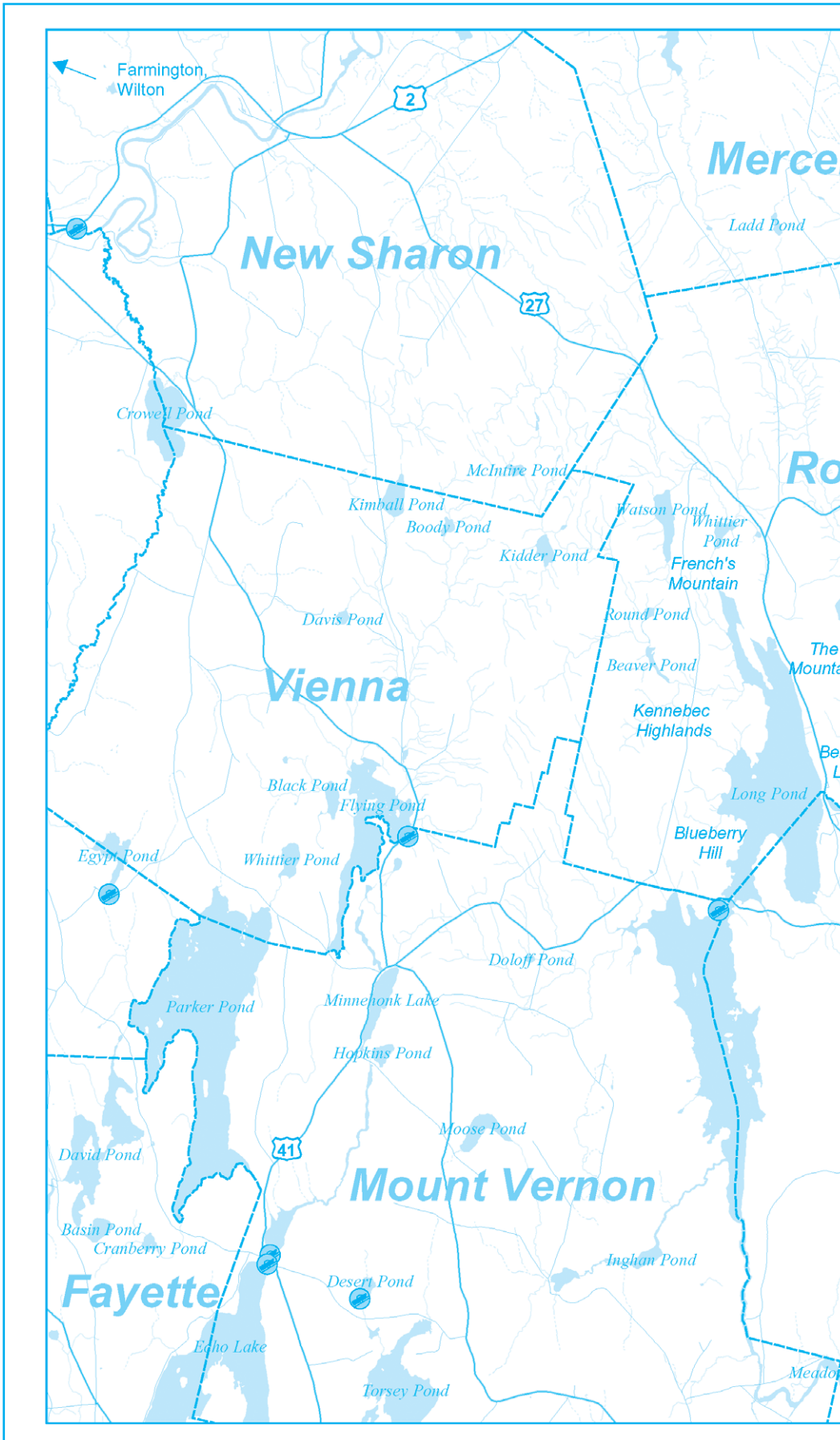


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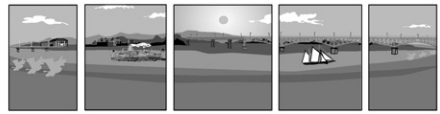
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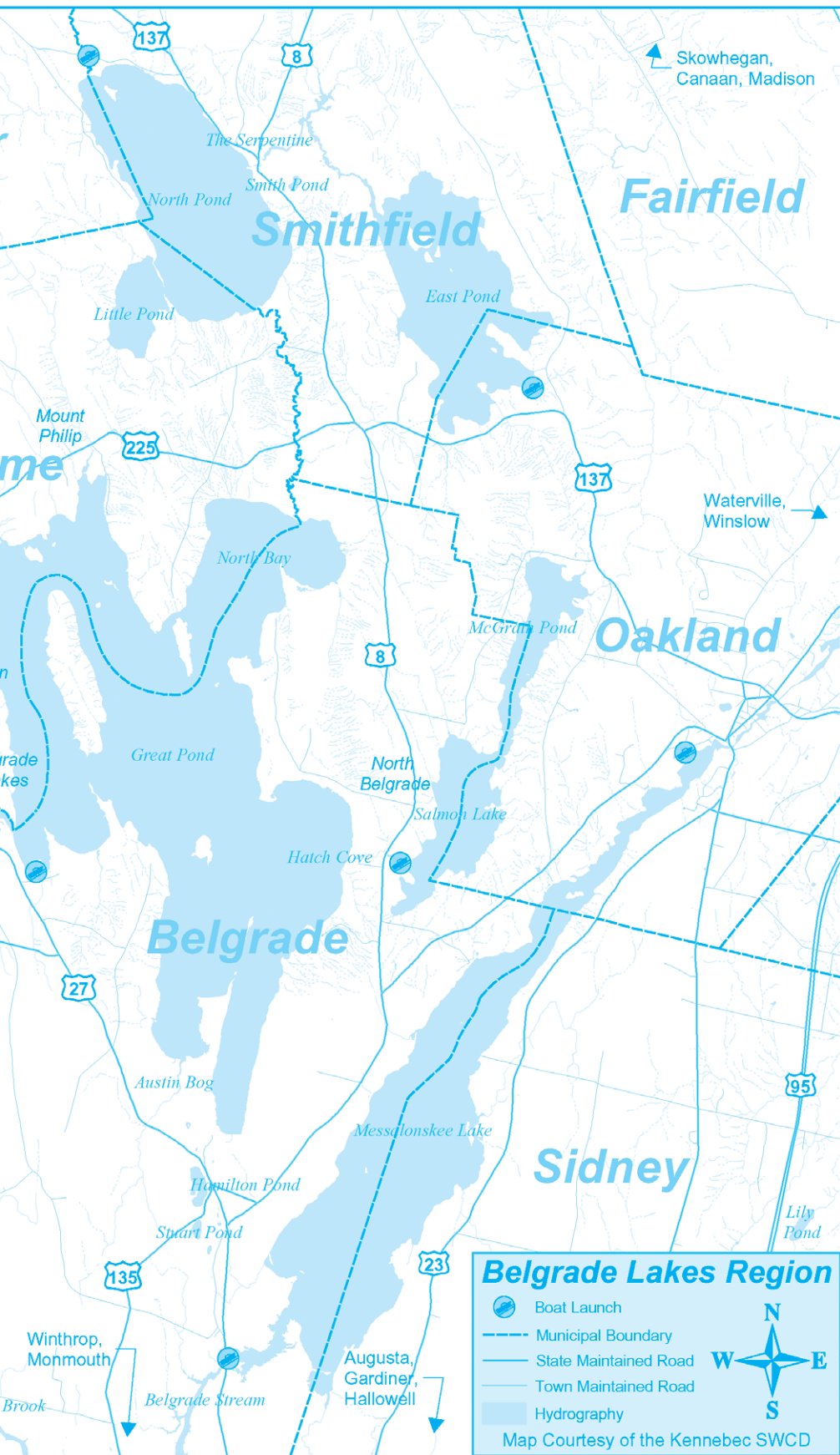
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Notebook

Friends of the Cobbossee Watershed

• "Spotter's Sprint," an annual canoe and kayak paddle, is scheduled for Sunday, August 18 at 10:30 am at the YMCA Camp of Maine, Cobbossee Lake, E. Winthrop. "Spotter's Sprint" is a 1.5+ mile course off the Western Shore of picturesque Lake Cobbosseecontee. Open to all casual & competitive paddlers. Awards in 30 different category combinations. A cookout is provided by YMCA Camp staff following the awards ceremony and is included in the registration fee. Spectators are welcome to attend the cookout for \$6 per person.

Belgrade Regional Conservation Alliance

• On Tuesday, September 3rd at 5:15 pm the Belgrade Regional Conservation Alliance's Annual Meeting will be held at Alden Camps on East Pond in Oakland. A buffet dinner will be available with a main entrée, salad, dessert and other fixings for \$21 per person. RSVP by Thursday, August 29th. You are welcome to BYOB. The meeting will follow. 495-6039.

Belgrade

• St. Helena Church Roman Catholic Church in Belgrade Lakes will celebrate its 100th Anniversary on Sunday, August 18 at the 10 am Catholic Mass. A potluck picnic lunch and social activities will follow Mass. All are invited.

Fairfield

• The Hope Haitian Choir of children will perform at

the Fairfield United Methodist Church on Tuesday, August 13 at 7 pm. The group has an extensive schedule in the eastern states starting Friday, August 9 and ending Thursday August 29. 633-7195

Farmington

• The Farmington Grange at 124 Bridge Street, West Farmington, holds an indoor Yard Sale the first Saturday of each month ending with September 1. Tables are \$10 each. Refreshments are available. 778-6968

Gardiner

• Cool down at the library. Or keep dry. The library has recently added air-conditioning and has several special events planned. On Tuesday August 6, 6-7 pm, Magician Conjuring Carroll will present "I Dig Books Magic Show;" tickets will be given out and are required, no phone reservations please. On Tuesday, August 20, 6-7 pm, local author Sandra Fish will present a "hands on" workshop of her book-making process. Copies of her book, Peace by Piece, will be on sale and profits will be donated to the library. 582-3312

Hallowell

• Fundraiser follow-up! \$12,000 was the amount raised at the Harlow Gallery 50th Anniversary Auction at Slaters Restaurant, featuring 50 artists and donors, 61 bidders, and auctioneer Perry McCourtney. 622-3813

Oakland

• Singer-songwriter Judy Pancoast is performing at the Oakland Public Library on Thursday, August 1, 2

pm, with special music for the library's Summer Reading Program participants. Pancoast was nominated in 2011 for a Grammy for Best Children's Album for "Weird Things are Everywhere! A Reading Road Trip with Judy Pancoast." She was born and raised in Waterville, but her music has taken her all over the world, to the White House, and to the Oakland library where she will focus on gardening with feature songs such as "Bug Huntin'," "Ladybug, Ladybug" and "I'm a Slug." For more about Pancoast, www.judy-pancoast.com. 465-7533

Rome

• Barrier free playground! Pine Tree Camp is building a fully accessible playground to provide an environment for all children of all abilities to be active and enjoy being outside. The playground will be built on an approximately 30,000 square foot space and will include a variety of features such as wheelchair and group swings, a slide, accessible playhouse and pirate ship, and autism sensory features. The cost is \$125,000 and it will open June 2014 in time for the camp season. Groundbreaking took place July 25. 443-3341

Winthrop

• A concert to benefit the Bailey Library expansion will be held on Saturday, August 10, 7 pm with American folk music singer/songwriter David Mallett. The concert is sponsored by the Bailey Library Trustees and the Bank of Maine. Mallett's songs celebrate nature, farming and rural life, including "The Garden Song," which inspired Winthrop's Inch by Inch Garden project. Admission is \$25 in advance; \$30 at the door. 377-8673



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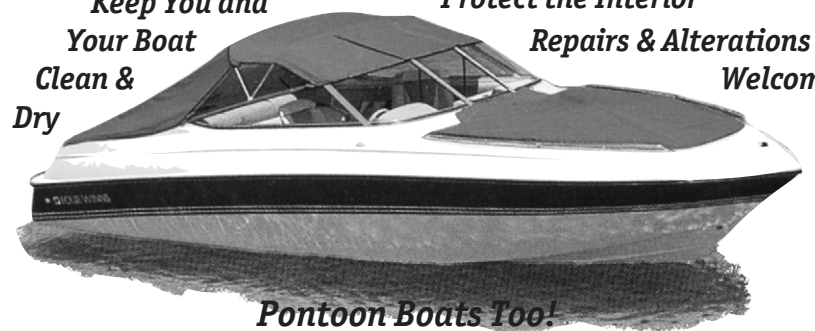
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...Continued from page 9

...Wednesday 8/7 - Art Program, Drawing from Collections, create art about nature, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

...Wednesday 8/7 - "The Taming of the Shrew," by William Shakespeare, 1 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...Wednesday 8/7 - Civil War presentation by Elizabeth Leonard, Chair of Colby College History Department and author of "Lincoln's Forgotten Ally: Judge Advocate General Joseph Holt of Kentucky," 1 pm, 495-3508, Belgrade Public Library, Depot Street, Belgrade.

...Wednesday 8/7 - Waterfront Wednesday Series, make-up act, 6 pm, 626-2352, Waterfront Park, downtown Augusta.

...Wednesday 8/7 - New England Music Camp Student Recital, 7:30 pm, 465-3025, Route 23, Goldenrod Lane, Sidney.

...Wednesday 8/7 through Saturday 8/10 - "Footloose," musical, 474-7176, Lakewood Theater, Route 201, Madison.

...Wednesday 8/7 - "Our Town," by Thornton Wilder, 7:30 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

....Katy's continued from page 11

This summer both boys and girls will learn a great deal about weather stations, composting, partnerships, sharing life without iPods (etc.) and, equally important, 'who they are'. Many years ago I visited the camp as a member of an Elderhostel group. Believe me, I came away hoping that any great grandchildren I ever had would experience all that location had to offer. Today their concentration on "Zero Waste" might be recommended for adults!

From a different prospective I have gleaned an amazing interest in Maine Farmland Trust (MFT) and all it endeavors to accomplish in saving the open, fertile land in Maine and denying development or materialistic sales places. What the world does not need more of is "stuff." Almost every household is busy all spring and summer downsizing. We must learn to use what we have - save and reuse. MFT is working throughout the State to assure that we learn and adopt that rite-of-liv-

...Thursday 8/8 through Saturday 8/17 - Skowhegan State Fair, large agricultural fair, huge midway, ten days of competitions, food, flower show, harness racing, exhibits, demonstrations, livestock shows, nightly entertainment, and much more, www.skowheganstatefair.com, 474-2947, Fairgrounds, Route 201, Skowhegan.

...Thursday 8/8 - History Program, enjoy a hands-on history program, play with old fashioned toys, try out tools, try on clothes, 1 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

...Thursday 8/8 - Annual Children's Day Program, puppet show featuring "'Abracadabra," with Philip Smith magician - magic, juggling, comedy, storytelling, children should be accompanied by an adult, 2 pm, free admission, air-conditioned auditorium, 946-5311, Araxine Wilkins Sawyer Memorial, 371 Sawyer Road, Greene.

...Thursday 8/8 - The Blood Red Orange Martinis, Outdoor Summer Concert, blues music, 6:30 pm, on the lawn, 626-2415, Lithgow Public Library, Winthrop Street, Augusta.

...Thursday 8/8 - "The Velveteen Rabbit," children's show, 1 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

ing concept for the future.

I first heard of this group - not through the mail - but when the orchard across from Kent's Hill School was up for development. Local people and others intent on saving open land did not like that idea and contacted MFT. The land was purchased and saved! I so thoroughly liked the idea that I became a life member. You could, too.

In spite of all the bad news, tragedies, mishaps and unpleasant experiences we hear about, if we look just a bit deeper, we find there are many ways to soothe those negative events, not eliminate them, of course, but simply do what we can to prevent another such happening.

There, we have strayed a long way from the U.S. Postal System and I have ranted on long enough - but I guess the final word is obvious. Enjoy your life and do what you can to help others enjoy their lives. There's nothing like a good neighbor and I firmly believe that concept is a genuine part of the Maine culture!

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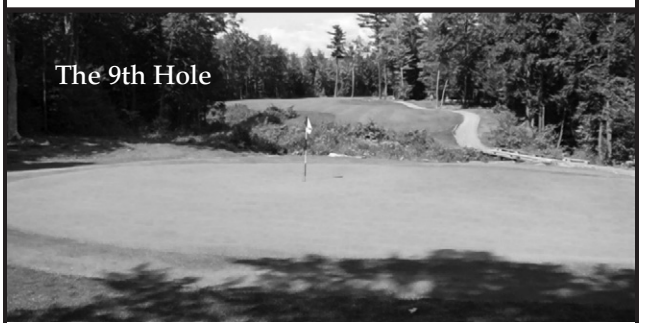
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—The Luckiest Boy—

Bean hole suppers are nothing new in Belgrade, or in many other towns in Maine for that matter. If you stay home and have beans and hot dogs for supper, you generally wouldn't think of that as a gourmet meal. So, why is it that bean hole suppers are called "special"?

Let's start with tradition. Bean hole suppers have Maine written all over them. We may not have been the first to practice cooking beans this way, but we have hung to it pretty well. The Maine logging camps had bean hole beans going almost constantly for 2 centuries. So there, beat that. In the working lumber camps, the beans were a way to feed lots of hungry men for a long winter, as the beans stored well in dry tins, and they were cheap and plentiful in the summers. Now in our time, bean hole suppers at community gatherings and fund raisers give us a taste of the past in more ways than one.

Belgrade got its start about 1960 when Lyle Strickland, a Belgrade native, went to a bean hole supper in a small town near Winthrop. Lyle returned and came to an ad hoc meeting of the fledgling Belgrade Chamber of Commerce. He shared his excitement about the possibilities of starting the bean hole bean tradition as the centerpiece of fund raisers to support the new (under construction then) Belgrade Recreation Center. The early Chamber of Commerce membership included Uncle Al and Aunt Lydia Johnson, Clayton Grant, Bud and Marylyn Young, Ken Bartlett and many others, all of whom agreed to give it a shot and try to put on a bean hole supper. Finding enough black cast iron pots as well as digging and lining a fire pit were first on the list. Pots were acquired hither and skither, one at a time. The back parking lot of the building-in-progress recreation center was the natural choice for the fire pit to be dug. Many volunteers came forth to help dig and line the inside of the pit with large rocks; the rocks primary purpose was to hold the heat after a fire was burned out, though it also kept the pit sides from caving in.



Chapter IX – The Magic of Bean Hole Suppers

by Rod Johnson



The first fire, set off about noon of the previous day of serving the first Belgrade beans, went off about as planned. The wood was "hardwood slabs" including oak, maple, ash and beech, as prescribed, the best for making coals. Softwood such as pine, hemlock and spruce were no-no's, as they burned up to ash. Most lumber mills, including Hammond's, still had slabs in big bundles before the days of chipping any waste. For folks from away who don't know what slabs are, they are the rounded part of a tree that is sliced off first by the saw mill in order to "square-up" the tree for cutting into boards. Getting the cast iron pots onto the coals, now filled with beans, water and "special flavorings" was no easy task. Oh, incidentally, Al and Lydia Johnson were the keepers of the FLAVORING SECRETS for about the next 25 years, when the torch was passed to Dave and Kris Viens. Uncle Al was often accused of dribbling tobacco juice into the brew.

Moving on: Two men on opposite sides of the long narrow pit held a long pipe and slowly lowered each pot into just the right spot on the bed of coals, the spot having been prepared like a bird's nest by using long shovels or so-called spoons. This nest making business was a very hot task and usually men were sprayed constantly with the water hose. On occasion even the fire truck hose got used. In the early years, only 6 or 8 pots were used, but as more and more people came to the suppers more pots were acquired and the pit was made longer. Currently there are 13 pots used and 120 pounds dry weight of beans cooked, half pea bean and half yellow eye.

The beans cook overnight and are dug up around 6 a.m.. Water is usually added and the decision is made to either reset the pot for more cooking or leave it up to stay warm until serving time at 5 p.m.. As the years have passed, the volunteers have changed and much knowledge has been passed down. The fire department does a great job now. Many goof-ups happened during the early years and here's just a few of them.

Goof-up #1: We started the fire too early and ran short of wood. We called Skip Hammond and he showed up with the GMC pulp truck loaded with 3 cords of hardwood slabs. Skip hollered "Where do you want it?" Uncle Karl Johnson said "On the fire." So it was, it all went on at once, made an inferno for hours and we couldn't put the beans on the coals until midnight.

Goof-up #2: One year, just after lowering the last pot and covering them all with a topping of hot coals, we got a deluge of rain. A real heavy wham-banger hit us first, and then it settled in and rained all night. We scurried and got some old tin sheets from Donnie Hammond at midnight, but it was a day late and dollar short. The coals got doused down real deep and the next morning at the 6 a.m. dig-up time, we sadly found that no beans were cooked at all. Chairman Karl said, "No problem, put them all in the back of my pickup." We did so and went door to door in Belgrade and Rome, asking to use people's smaller pots and ovens. Everyone said, "Sure, c'mon in." By the time we had them all in ovens it was noon. We re-collected at 3 to 4 p.m. and took the now-cooked beans back to the recreation center pit. While John and Ellen Gawler were a-twangin'-and-a-wailin' away, keeping people very happy, we smuggled the beans back into the big black pots and walked them down to hang on the serving tri-pods, just at 5 p.m. No one knew the difference and fun was had by all. That's no baloney!

Goof-up #3: Each year a "bean hole chairperson" was elected (even under protest). A summer resident named Pat Murphy agreed to do the job, after all, he ran a business in Virginia and was a good organizer. Well, the day prior to the supper several of us had agreed to meet Pat at the fire pit around noon. We knocked off a bit early and went to the pit to look things over, lay out the tools needed, etc. At 12 o'clock sharp Pat rolled in with his big old Mercedes S 430. We all knew Pat and Carol well so anything



Continued on page 17....



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Fishing

Fishing = Friendship

by Mike Guarino



Dick Dempster caught this huge largemouth in the Belgrades last week.

There is something special about fishing with true friends, real down-to-earth people that you know, love and trust. As my time here in the Belgrades slowly comes to an end (we are moving away this fall), I realize how much I cherish my friends here and the fishing opportunities in the area. Suddenly I enjoy every eagle, every osprey,

... continued from page 16

could be said. When Pat got out of the car, Mel Pray quickly said, "Where's the beer?" Pat thought he was kidding, but none of us had told Pat that it was the Chairperson's job to bring enough beer to build a fire and keep it burning for several hours. Being a good sport, Pat went down to Day's store and filled the big Mercedes' trunk full of beer and ice. When he returned and opened the trunk for proof, Mel grabbed a beer and went over and lit the fire.

Goof-up #4: Sometimes the beans were only partially cooked at 6 a.m.. One time Bill P., after examining and tasting from a pot, said: "These are not done, I've got an idea and will be right back." He soon returned with wife Marie's hair dryer, for which we

and every fish much more. Sunsets are clearer and more vibrant and the smell of the water gets sweeter each day.

Well, this past week I had the privilege to fish with a real friend and a legend in the area – someone who I've come to know, and thank my lucky stars to have met. If it wasn't for the beauty of the

jimmied a cord from the water pump circuit and began blowing on the coals with the dryer. It worked great, an electric bellows of sorts. Of course, it's now 7 a.m. and Bill takes the hair dryer home and quietly puts it back on Marie's vanity. After her shower, Marie started to dry her hair. She was instantly sprayed with ashes that had been sucked into the intake of the dryer. Bill was in the dog house for a couple of weeks.

Come one, come all and get your BEANHOLE BEANS. Hats off to all those who have made this annual event possible, both now and in the past. The End-- Any photos with this story are thanks to the Bill Pulsifer photo collection.

Rod Johnson can be reached at rodorjohn@hotmail.com

Belgrades and our mutual love of fishing, our paths would never have crossed. It may sound corny, but the luxury of my job is to meet some wonderful people from all over the world and Dick Dempster is certainly at the top of the list.

Perhaps the title of this article should read: "Fishing Creates Friendship" or better yet, "Fishing Friends Fish Forever". Either way, my friend and his son-in-law Gentry went fishing last week and made some memories!

It was a full moon that brought a cold front and a breezy day, so I was concerned the bite would be off. That's normal this time of year and if you pay attention, you can actually feel Fall in the air. Well those excuses came true because the fish were being stinkers, but we managed to find a few smallies and some pike on the deep edges of weed beds. We caught the fish on live bait and tube jigs, and we were happy to get the bites we got. After about an hour we decided to move into some back waters where there was current and lots of structure. It was technical fishing and the casting target was really small, but we managed to get the right casts into the right areas and caught some big fish. Sometimes it's better to catch a few big fish than catch a bunch of smaller ones.

Boat position is key when fishing technical waters, and we managed to position just right in front of a fallen tree. After the boat was set up, my friend Dempster told me that he thought the fish would be on the leeward side of the fallen tree. I positioned the boat and chucked a shiner into the spot he had called. It wasn't more than 10 seconds and he landed a HUGE largemouth. There's something to be said for skill & experience and Dick has both going for him! High fives and the clicking of cameras followed, but the best part was a few seconds of silence when we all realized how special the moment was. Three friends brought together by the love of fishing had just shared in the sweet success of the catch. A few minutes later the big female was released and we all went back to fishing. Silence ensued for a while, but the memory of that fish and that moment will be burned in my mental CD for the rest of my life.

Good luck this week!



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- Accommodations -

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Among the Lakes Bed & Breakfast, Rt 8, North Belgrade, 465-4900, www.amongthelakes.com

Bear Spring Camps, 60 Jamaica Point Rd., Rome, 397-2341, www.bearspringcamps.com

Belgrade Cottages, 9 Bass Lane, Belgrade, 495-9217, www.belgradecottages.com

Belgrade Vacation Rentals, 81 Main St, Belgrade Lakes, 495-4011, www.belgradevacationrentals.com

Castle Island Camps, American Plan, Castle Island Rd, Belgrade Lakes, 495-3312, www.castleislandcamps.com

The Village Inn, 1 & 2 bedroom suites, Rt 27, Belgrade Lakes Village, 495-3553, www.villageinnnducks.com

Whisperwood Cottages, American Plan, boat rentals, 103 Taylor Woods Rd, Belgrade, 465-3983, www.whisperwoodlodge.com

Wings Hill Inn, Rt 27, Belgrade Lakes, 495-2400, 866-495-2400, www.wingshillinn.com

- Upcoming -

AUGUST

- On Friday, August 9 a talk and book signing by Tess Gerritsen, author of suspense and medical thrillers will be at the Maine State Library in Augusta, 5:30-7:30 pm. 287-5600
- Day's Store 3rd Annual "Dam Jam" will be Saturday, August 10, 2-5 pm with an outdoor concert by The School Street Band. Limited land seating, unlimited lake seating on Long Pond; bring your boat, canoe or kayak. 495-2205
- Britannica Acoustic Duo will perform at the Belgrade Community Center for All Seasons to benefit the Belgrade Public Library on Saturday, August 10 at 7 pm. 495-3111
- On Saturday, August 10 at 7:00 pm the Union Coffeehouse in Belgrade Lakes will provide two hours of singing entertainment. Bill Berlinghoff will be the featured performer. Donation \$5 at the door includes refreshments.
- A Maine Bluegrass Concert to benefit the Union Meeting Hose Restoration in Readfield will take place August 10 at 7 pm, featuring The Sandy River Ramblers and the Maranacook String Band. 685-3531
- Auditions for "Promises, Promises," with Gaslight Theater are August 11 at 2 pm and 14 at 7 pm, City Hall, Winthrop Street, Hallowell. Production dates are November 14-17 and 21-23. 626-3698
- The 43rd Annual Golf Scramble to benefit United Way of Kennebec Valley will be held on Monday, August 12 at the Augusta Country Club. United Way supports 50 local programs. 626-3400
- The 2013 Belgrade Regional Conservation Alliance Bi-Annual Pro Am Golf Tournament and Reception for the Lakes will be held Wednesday, August 14 at the Belgrade Lakes Golf Club. 495-6039
- On Wednesday, August 14, Linda Snow McLoon will give a program on all the news from Belgrade, 1905-1914, as printed in the Waterville Sentinel, at the Belgrade Historical Society meeting at the Maine

Lakes Resource Center at 7 pm. 465-7924

- The Mid-Maine Global Forum Annual Dinner will be Thursday, August 15 at 6:15 pm at Colby College with guest speaker Gordon Adams, Professor in the US Foreign Policy Program at the School of International Service, American University. 859-4730
- The 26th Annual Winthrop Sidewalk Art Show will be held on Saturday, August 17, 10 am-4 pm, with many sales, food, Farmers' Market, Pam Baker Blues Band at Norcross Park (1-3 pm) and other activities throughout the day. 377-8020
- The Annual Meeting of the Kennebec Land Trust and potluck BBQ will be held at the Wayne Yacht Club on Sunday, August 19, 4-6 pm; field trips 2-4 pm. 377-2848
- On Tuesday, August 20 at 7 pm there will be a "Ticks and Lyme Disease" lecture with the medical director for Maine Lyme, Dr. Beatrice M. Szantyr, at the Maine Lakes Resource Center, Main Street, Belgrade Lakes.
- On Thursday and Friday, August 22 and 23 the annual Maine Farm Days will be held at Misty Meadows Farm in Clinton, a large dairy farm (over 800 cows) that grows hundreds of acres of crops. There will be a kid's tent, equipment displays, a wagon tour, many exhibits and concessions - all free to the public. www.MaineFarmDays.com
- The 6th Annual 5K Race for the Lakes will be held on Saturday, August 31, 8 am, at Camp Runoia, Point Road, Belgrade. Pre-registration by 8/23, \$15. 495-6039

SEPTEMBER

- September 1st is the deadline for electronic submissions for the art show "All Creatures Great and Small" at the Harlow Gallery in Hallowell October 4-26. 622-3813
- The Monthly Bean Supper at the Mt Philip Grange in Rome will be on Saturday, September 21, 4:30-6 pm; tickets \$7, under 5 years free, family of 4 or more \$20 to help fund the Grange's September donation of dictionaries to all the 3rd grade students in Rome, Belgrade, Sidney & Oakland as part of the Grange's "Words For Thirds" program.

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Augusta

• **Riverfront Barbeque & Grille and Gin Mill Lounge**, 300 Water St., Augusta. 622-8899, www.riverfrontbbq.com

Belgrade

• **Belgrade Lakes Golf Club**, lunch/snacks, West Rd, Belgrade Lakes, 495-4653, www.belgradelakesgolf.com
 • **Pete's Pig**, 81 Main St., Belgrade Lakes Village, 495-4095, www.petespig.com
 • **The Village Inn**, Rte. 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com
 • **Whisperwood**, Salmon Lake/McGrath Pond, 103 Taylor Woods Rd, Belgrade, open to the public by reservation only, 465-3983, www.whisperwoodlodge.com
 • **Wings Hill Inn and Restaurant**, Rt. 27, Belgrade Lakes Village, 495-2400 or 800-495-2400, www.wingshillinn.com

Fairfield

• **Cacciatores**, 29 Main St, Fairfield, 872-9700, www.cacciatores.com

Oakland

• **Alden Camps**, Lunch or dinner by reservations, Sat. - Wed., space permitting, 3 Alden Camps Cove, Oakland. 465-7703. www.aldencamps.com
 • **Riverside Farm Market & Cafe**, 291 Fairfield St, Oakland, 465-4439. www.riversidefarmmarket.com

Winslow

• **Lobster Trap & Steakhouse**, 21 Bay St, Winslow. 872-0529. www.lobstertrap-seafood.com

Winthrop

• **Peppers Garden & Grill**, 357A Main St, Winthrop. 377-8877

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The Small Garden Guide

Buttermilk Hill as a Working Farm



Known for its music festivals and flowers and veggies, its site as a youth camp campground in the 1900s and as a beacon in the 1800s – a lantern light in the dark to give travelers between Gardiner and Farmington their bearings, Buttermilk Hill (sometimes called “top of the world”) is now a major working farm.

Operated by Ken and Kamala Hahn, the farm includes three acres cultivated to vegetables that are sold to stores (including Day's) and restaurants and to the CSA (community supported agriculture) shareholders; pigs for a pork CSA; hundreds of chickens, ducks and turkeys for a poultry CSA; and a starter flock of sheep for both wool and meat. Partner with the Hahns in the vegetable CSA is Ellen Gawler.

A motivator and a mover behind the music festival during its 25 years, the vegetable CSA which was started in 2010 as an outgrowth of market sales and the Belgrade Lakes Farmers' Market is Buttermilk Hill owner Sue Gawler, who in the past two summers has successfully raised epic contributions for ALS (Lou Gehrig's Disease) in response to her determination to deal with the disease.

Buttermilk Hill's expanding function as a working farm is a return to its origins; it has been farmed off and on since at least the early 1800s. Buttermilk Hill Farm is located on the Guptil Road, one mile off Route 27. For more information call 712-7988, 495-5928, or 712-7933.

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-Business Directory-

ACCOMMODATIONS

See page 18

ADVENTURE

Belgrade Canoe & Kayak, Route 27, Belgrade, 495-2005, www.kayakandcanoe.com

Belgrade Cottages Guide Service, fishing, lake tours, canoe/kayak trips and rentals. 9 Bass Lane, Belgrade, 495-9217, 242-9958, 314-8469, www.belgradecottages.com

Maine Wilderness Tours, fishing, canoeing/kayaking, lobster picnic, bird watching, 7 Croquet Lane, Belgrade, 465-4333, www.MaineWildernessTours.com

Somerset Stone Center, canoe and kayak sales, 1078 Kennedy Memorial Drive, Oakland, 465-9800, www.somersetstonecenter.com

ANTIQUES

Barbara’s Antique & Collectibles Group Shoppe, Rt 201, 414 Lakewood Rd, Madison, 474-2550, 474-8357

APPLIANCES

Brown House Appliances, 71 Francis St, Waterville, 873-4777, www.brownhouseproperties.com

BANKING

Kennebec Savings Bank, 150 State St, Augusta, 622-5801, www.kennebecsavings.com

Maine State Credit Union, 200 Capitol St, Augusta, 623-1851, www.mainestatecu.org

Skowhegan Savings Bank, 450 Civic Center Drive, Route 27, Augusta, 1-800-303-9511, 623-2300, www.skowsavings.com

BEVERAGES

Jokas’ Discount Beverage, 52 Front St, Waterville, 873-6228, www.jokas.net

Tree Spirits, 152 Fairfield St, Oakland, 861-2723, www.treespiritsofmaine.com

BICYCLES

Auclair Cycle & Ski, 64 Bangor St, Augusta, 623-4351, www.auclaircycle.com

BOATS

(Besides the categories immediately following, see Canoes and Kayaks, Docks, and Boat Repair.)

BOAT COVERS

Waterville Upholstery & Canvas, 1042 Kennedy Memorial Dr, Oakland, 465-7847

BOAT LIFTS

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemiquire, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

BOAT MOORINGS

Great Pond Marina, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

BOAT RENTALS

Belgrade Canoe & Kayak, Rt 27, Belgrade, 495-2005, www.kayakandcanoe.com

Castle Island Camps, Castle Island Rd, Belgrade Lakes, 495-3312, www.castleislandcamps.com

Great Pond Marina, 25 Marina Dr , Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

Whisperwood Cottages, 103 Taylor Woods Rd, Belgrade, 465-3983, www.whisperwoodlodge.com

BOAT REPAIR

Belgrade Boat Shop, 769 Oakland Rd, Belgrade, 465-9720, 485-6953

Brightside Wooden Boat Services, 21 Hulin Rd, Belgrade Lakes, 495-3680, 778-1706, www.brightsidewoodenboat.com

BOAT SALES AND SERVICES

Belgrade Canoe & Kayak, Rt 27, Belgrade, 495-2005, www.kayakandcanoe.com

Clark Marine, 57 Puddledock Rd, Manchester, 622-7011, mail@clarkmarine.biz, funonthewaterstartshere.com

Hamlin’s Marine, 290 West River Road, Waterville, 872-5660, www.hamlinsmarine.com

Mid-Maine Marine and RV, 885 Kennedy Memorial Drive, Oakland, 465-2146, www.midmainemarine.com

Somerset Stone Center, canoe and kayak sales, 1078 Kennedy Memorial Drive, Oakland, 465-9800, www.somersetstonecenter.com

Trailside Performance, 797 Augusta Rd (Rt 201), Winslow, 873-2366, www.trailsideperformance.com

BOAT STORAGE

Belgrade Boat Storage, 46 Oakland Road, Belgrade, 495-3421, 314-3287, www.belgradeboatstorage.com

Belgrade Lakes Marine and Storage, Inc, 366 Augusta Rd, Belgrade, 495-2378, www.belgradelakesmarine.com

Clark Marine, 57 Puddledock Road, Manchester, 622-7011; and Rt 202, Monmouth, mail@clarkmarine.biz, funonthewater-startshere.com

Great Pond Marina, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

Hamlin’s Marine, 290 West River Rd, Waterville, 872-5660, www.hamlinsmarine.com

Maple Leaf Self Storage, 688 Manchester Rd, Rt 135, Belgrade, 495-2191, 441-5529

Mid-Maine Marine and RV, 885 Kennedy Memorial Dr, Oakland, 465-2146, www.midmainemarine.com

Trailside Performance, 797 Augusta Rd, Rt 201, Winslow, 873-2366, www.trailsideperformance.com

BOOKS

Children’s Book Cellar, 52 Main St, Waterville, 872-4543, kidsbookseller@myfairpoint.net

Charles S. Pierce Bookseller, 11 Lakeshore Dr, Belgrade Lakes, 495-3465

The People’s Book Shop, 605 Wings Mill Road, Mount Vernon/Belgrade line, 620-2392

BOTTLE AND CAN REDEMPTION

Damon’s Quick Stop, 670 Civic Center Dr., Augusta, 622-3334

Jokas’ Discount Beverages, 52 Front St, Waterville, 873-6228, www.jokas.net

BUILDERS

(See also Kitchens, Plumbing, and Excavating)

All Season Home Improvement Co., 823 Church Hill Road, Augusta, 626-3039, 1-800-464-3039, www.all-season.com

Craig’s Carpentry/North Bay Estates, Rt 8, North Belgrade, Craig Alexander, 649-3749

G&L Contracting, 116 Lakeshore Dr, Belgrade Lakes, 495-9009, gandlcontractingmaine.com

LakeHouse Renovations, 242-3663, www.lakehousedesignbuild.com

Mainly Molding & Restoration, P.O.Box 6332 China Village, 634-2821, ejlancaster77@gmail.com

BUILDING MATERIALS

Gagne and Son, 28 Old Rt 27, Belgrade, 495-3313, www.gagneandson.com

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemiquire, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

CANOES AND KAYAKS

Belgrade Canoe & Kayak, sales and rentals, Route 27, Belgrade, 495-2005, www.kayakandcanoe.com

Belgrade Cottages Guide Service, trips and rentals. 9 Bass Lane, Belgrade, 314-8469, www.belgradecottages.com

Kimball Pond Boat Barn, wood-canvas canoe restoration, 23 Day Road, Vienna, 249-2814, 578-0876

Somerset Stone Center, sales, 1078 Kennedy Memorial Drive, Oakland, 465-9800, www.somersetstonecenter.com

CLOTHING

New Balance Factory Outlet, 12 Walnut St, Skowhegan, 474-6231, www.newbalance.com, nbfactorystore.com

COMPUTER CONSULTANTS

Macintosh Solutions Consultant, Michael Breault, 24 Welch Rd, Wilton, 645-5083, cell 578-0226, m.o.breault@michaelbreault.net, www.michaelbreault.net

DINING

(See Dining Directory on page 19)

DOCKS

G&L Contracting, 116 Lakeshore Dr, Belgrade Lakes, 495-9009, gandlcontractingmaine.com

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

Somerset Stone Center, 1078 Kennedy Memorial Drive, Oakland, 465-9800, www.somersetstonecenter.com

Trailside Performance, 797 Augusta Rd, Rt 201, Winslow, 873-2366, www.trailsideperformance.com

ELDER CARE

Maine-ly Elder Care, 28 Center St, Oakland, 465-3249, www.maine-lyeldercare.com

ENGINEERING

Thayer Engineering, septic design, storm water mitigation, permitting, 17 Hasson St, Farmingdale, 582-7762,

EXCAVATING

Belgrade Boat Storage, 41 Pinkham’s Cove Rd, Belgrade, 495-3421, 314-3287, www.BelgradeBoatStorage.com

David Stevens, P.O.Box 146, Belgrade, 465-3815, cell 314-0314

EYE CARE

Maine Eye Care Associates, 325 E. Kennedy Memorial Dr, Waterville, 873-2731, www.MaineEyeCare.com

FARMSTANDS

Riverside Farm Market & Cafe, 291 Fairfield St, Oakland, 465-4439, www.riversidefarmmarket.com



Winterberry Farm, 538 Augusta Rd, Rt 27, Belgrade, 495-2593, www.winterberryfarmstand.com

FINANCIAL PLANNING

Golden Pond Wealth Management, 129 Silver St, Waterville, 873-2200, www.goldenpondwealth.com

FIREWOOD

J & M Logging, Inc. 853 Civic Center Dr., Augusta, 622-6353

FLOORING

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

FLOWERS AND PLANTS

Pierce’s Greenhouse, 407 Belgrade Rd, Oakland, 465-7788

GALLERIES

Artisan’s Barn, 163 North Rd, Readfield. 685-9787, www.theartisansbarn.com
Spring Gallery, bronze castings: Online Exhibition and at MLRC, Belgrade Lakes, 495-3113, www.springgallerymaine.com

GIFTS

Day’s General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com
The 1830 House on Long Pond, 134 Main St, Belgrade Lakes Village, 495-3277
The Village Peddler Gift Shop, Lake Shore Dr, Belgrade Lakes, 495-7707

GOLF

Natanis Golf Course, 735 Webber Pond Rd, Vassalboro, 622-3561, www.natanisgc.com

GROCERIES

Damon’s Quick Stop, 670 Civic Center Dr., Augusta, 622-3334
Day’s General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

HEALTH CENTERS

Belgrade Regional Health Center, 4 Clement Way, Belgrade Lakes, 495-3323, www.healthreachchc.org
Inland Hospital, 200 Kennedy Memorial Dr., Waterville, 861-3000, 1-800-491-8600, www.inlandhospital.org
Inland Family Care, Oakland 465-7342

ICE CREAM

Day’s Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

JEWELRY

Larsen’s Jewelers, 57 Main St, Waterville, 872-6301, 800-697-1874, www.larsensjewelers.com
L.Tardif Jeweler, 62 Main St, Waterville, 872-7542, 800-834-3638

KITCHENS

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

LAKE ASSOCIATIONS & RESOURCES

Belgrade Lakes Association (BLA), Long Pond and Great Pond, PO Box 551, 137 Main St, Belgrade Lakes, 512-5150, www.belgradelakesassociation.com
Maine Lakes Resource Center, PO Box 431, 137 Main St, Belgrade Lakes, 495-3617, 620-6029, www.mainelakesresourcecenter.org

LANDSCAPING

Fieldstone Gardens, 55 Quaker Lane, Vassalboro, 877-3526, www.fieldstonegardens.com
G&L Contracting, 116 Lakeshore Dr, Belgrade Lakes, 495-9009, gandlcontractingmaine.com
Lakeside Landscape, 13 Station Rd, Belgrade, 465-3039, 831-7053, 632-1086, lakesidelandscape1@yahoo.com
Lynch Landscaping, Skowhegan, 474-2420, lynchlandscaping.com
Native Notions, 213 West Rd, Belgrade, 495-6040, 314-9538, nativenotions@hotmail.com, www.nativenotionslandscape.com

MEATS

Ballard Meats & Seafood, Myrtle St, Manchester, 622-9764, 1-800-564-6328
Day’s Store, 180 Main St, Belgrade Lakes, 495-2205, www.go2days.com

MOVIE THEATERS

Railroad Square Cinema, call for titles and times, 17 Railroad Square, Waterville, 873-6526, www.railroadsquarecinema.com

PEST CONTROL

Maine Mosquito & Pest Services, 797-0498, 622-6600, www.mainepestservices.com

PHYSICAL THERAPY

Dockside Physical Therapy, 47 Main St, Belgrade Lakes, 495-3195, 512-2544, Fax 512-2545

PIANO LESSONS

Diane Gorman, Gorman3366@roadrunner.com, 906 Manchester Rd, Belgrade, 495-3222

PICTURE FRAMING

The Framemakers, 46 Main St, Waterville, 872-8927, www.theframemakers.com

PLUMBING

Paul Hanna’s Plumbing, Belgrade Lakes, 495-3805

PRINT, MAIL & MORE

Color Storm, Inc, Main St, Belgrade Lakes, 592-5990

REAL ESTATE DEVELOPMENTS

North Bay Estates, Belgrade, 649-3749, crgsnbe@yahoo.com

REAL ESTATE

Coldwell Banker Thomas Agency, 75 Main St, Winthrop, 377-2121, www.coldwellbankerthomas.com
Day’s Real Estate, 262 Augusta Rd, Rt 27, Belgrade Lakes, 495-3111, 1-888-495-3111, www.daysrealestate.com
Lakepoint Real Estate, 221 Main St, Belgrade Lakes, 495-3700, www.belgradelakepoint.com
Sprague & Curtis Real Estate, 75 Western Ave, Augusta, 623-1123, www.spragueandcurtis.com

RESERVATIONS

See page 20

RESTAURANTS

(See Dining Directory on page 21)

RETIREMENT COMMUNITIES

Granite Hill Estates, 60 Balsam Dr, Hallowell, 626-7786, 1-888-321-1119, www.granitehillestates.com

SCHOOLS

St. Michael School, grades pre-K through 8, 56 Sewell St, Augusta, 623-3491, www.smsmaine.org

SEAFOOD

Ballard Meats & Seafood, 55 Myrtle St, Manchester, 622-9764, 1-800-564-6328
Day’s Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com
Lobster Trap & Steakhouse, 15 Bay St, Winslow, 872-0529, www.lobstertrap-seafood.com

SECURITY SYSTEMS

Cayer Security Services, Inc, 208 College Ave, Waterville, 453-9177, www.cayersecurity.com

SELF STORAGE

Maple Leaf Self Storage, 688 Manchester Rd., Rt 135, Belgrade, 495-2191

SHOES AND SNEAKERS

New Balance Factory Outlet, 12 Walnut St, Skowhegan, 1-877-623-7867, www.newbalance.com

SPAS

Belgrade Lakes Wellness Center and Day Spa, 495-2560, www.belgradelakesdayspa.com

STONEMARK

Gagne and Son, 28 Old Rt 27, Belgrade, 495-3313, 1-800-339-3313, www.gagneandson.com
Somerset Stone Center, 1078 Kennedy Memorial Drive, Oakland, 465-9800, www.somersetstonecenter.com

STOVES

Somerset Stone Center, 1078 Kennedy Memorial Drive, Oakland, 465-9800, www.somersetstonecenter.com

SURVEYING

Acme Land Surveying, 108 Fairbanks Rd., Suite 5, Farmington, 778-4801, www.acmelandsurveying.com

THEATER

The Theater at Monmouth, Cumston Hall, off Rt 135, Monmouth, 933-9999, www.theateratmonmouth.org

VETERINARY SERVICES

Lakeside Veterinary Clinic, 88 Libby Hill Rd, Oakland, 465-7387, 465-8387, www.lakevets.com

WINDOWS

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland and Skowhegan, 1-866-HAMMOND, www.hammondlumber.com

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BELGRADE REGIONAL HEALTH CENTER

4 Clement Way, Belgrade, ME 04917 • (207) 495-3323 • www.BelgradeCHC.org
Health Care Providers: Amy Madden, MD • Megan O'Brien, FNP • Jessica Hopkins, LCSW • Tammy Gannaway Kerr, FNP
Practice Manager: Wendi Wainer

Summer 2013

Dear Belgrade Community

Welcome to the beautiful Belgrade Lakes Region. We at the Belgrade Regional Health Center hope you enjoy your stay and enjoy good health during your visit. We look forward to the return of our summer residents, as well as visitors to the area.

In case you do have a health concern while visiting, we are available to treat acute problems as well as chronic health conditions. Please call us for an appointment at 495-3323. We will see you as soon as possible at the health center. Our appointment hours are Monday through Friday, 8:00 AM to 12:30 PM and 1:30 PM to 4:30 PM, and Tuesday evening 5:00 PM to 7:00 PM.

If you have a major medical emergency such as chest pain, a severe breathing problem, cardiac condition, or major trauma, please call 911 or go to the nearest emergency room.

If you have a minor health condition such as poison ivy, a fish hook, laceration, etc, please try to call before arriving at the health center. We accept patients on a walk-in basis, but you will be asked to wait until our regularly scheduled patients are seen. If you call ahead, we can give you a scheduled appointment and likely reduce your wait.

We are located at 4 Clement Way, just off Route 27, 3 miles north of the intersection of Routes 27 and 135. We look forward to seeing you for any of your healthcare concerns.

Sincerely,

Amy Madden, M.D.

Robert Cianfarano, PA-C

Jessica Hopkins, L.C. S.W.

Tammy Gannaway Kerr, FNP



A proud member of HealthReach Community Health Centers

Sprague & Curtis Real Estate

spragueandcurtis.com

6 2 3 . 1 1 2 3

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NEW LISTING- COBBOSSEE LAKE- WEST GARDINER— Spectacular Lakefront home. Gorgeous setting w/ sandy beach area & dock. Large concrete patio overlooking the lake. LR w/cathedral ceiling & stone hearth w/views. 3BR, 2.5BA, attached 2 car grg & FR above. Lots of privacy! Lake view. WOW! MLS#1102785 \$599,900



WINTHROP— Well maintained country home w/barn currently used as a 2 family. Extensively renovated approx 20yrs ago. 2 spacious 2BR apartments- Live in one and rent the other. Pretty lot, lovely setting, oil heat, vinyl siding, new roof, more! Interesting property. MLS#1071571 \$199,000



DEXTER POND- WAYNE— Beautiful frontage- level lot, private, lg yard- 4 acres. Quiet pond. 1992 Cape sleeps 6+. Open floor plan & cathedral ceiling. Lots of windows to enjoy the outside- nice landscaped yard & garage. Walk out basement. MLS#1097116 \$249,900



WATERFRONT CONDO - WINTHROP— Immaculate lakefront condo with beautiful views of Cobbossee lake. 2brm and 2 baths. Like new condition. Brick fireplace in living room, screened in porch, 1 car garage, screened in deck, boat slip! MLS#1073658 \$239,900



WHITEFIELD— Just like new! Wonderful setting for this 2BR Ranch w/attached garage. Also a cozy apartment above the garage for extra income or a relative. Barn for animals or storage. Great garden area. Well done! MLS#1072403 \$169,000



WILSON POND- WAYNE— Wonderful 2BR cottage located on very pretty & pristine Wilson Pond. Sandy water frontage, close to water with very nice views! Cottage has solid cinder block foundation, full bath, dining area & kitchen propane stove for heat. Quiet area, lots to offer! MLS#1098712 \$165,000



WINTHROP— Lots of privacy, yet close to town. 4BR Colonial over 5 acres of land. Sunny, custom birch cabinets, 2.5BA, full daylight basement could also be finished. Den or office & front to back livingroom. This is a lovely home! MLS#1083399 \$229,900



LAKE VIEWS- WAYNE— Incredible Androscoggin Lake views from every room, wonderful hillside/treetop setting. Beautiful, spacious 3BR, 2.5BA home. Open design, light & airy, great layout! Cherry kitchen/granite, cathedral FR & MBR suite. 2 decks, HW floors, sauna, very special. MLS#1040933 \$449,900



AUGUSTA— Warm & inviting classic Cape Cod on 10.45 park-like ac. This well maintained 3-4BR, 2BA home has been beautifully updated w/new kitchen that opens into spacious FR w/vaulted ceiling & loads of windows to appreciate the beauty & privacy. MLS#1086790 \$269,900



Business

Belgrade Town News 1905 – 1914



An illustrated program titled Belgrade Town News, 1905-1914, will be presented by author and historian Linda Snow McLoon at the Maine Lakes Resource Center in Belgrade Lakes on Wednesday, August 14, beginning at 7:30 pm. Sponsored by the Belgrade Historical Society, the program will use old photographs and town news from the Waterville Morning Sentinel to portray life in Belgrade a century ago during the decade prior to WWI.

It will introduce some Belgrade residents of that time, discuss significant changes that were taking place, and relate interesting day to day happenings. Fishing on the lakes, terrible accidents, crimes, celebrity weddings, devastating fires, and horse & buggy runaways – plus lots more – will be featured. The program will provide a special focus on the first class to graduate from Belgrade High School in 1908. Along with describing social interaction and economic activity in that period, the town news will offer a glimpse of how visiting tourists affected a town which otherwise depended primarily on farming for its livelihood.

\$5 suggested donation to the Belgrade Historical Society

Belgrade Lakes Association Annual Summer Raffle



Volunteer Lynn Matson

If you haven't already, you will want to mail in your 2013 Raffle Ticket receipts for the Grand Drawing during our Belgrade Lakes Association's Annual Meeting, 4-6pm August 10th at the Belgrade Lakes Golf Course. And you do not have to attend to win! We will notify you and make arrangements for delivery!

If you need tickets, please let us know and we will get them to you. Raffle tickets are available for sale in the Village across from Day's Store most Saturday and Sundays and of course, at Day's Store anytime!

Remember, the Annual Raffle has great odds and is a necessary adjunct in the health and heritage of our Great and Long Ponds.

Please mail your Raffle Ticket stubs along with your check to the:

Belgrade Lakes Association
c/o 2013 Annual Raffle
PO Box 551
Belgrade Lakes, Maine 04918

Thank you once again for your continued support of this all volunteer organization!



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MESSALONSKEE LAKE, OAKLAND: 2BR w/sunsets on east shore. Large glassed in porch & deck. Slab foundation & updated septic. Great rental. MLS# 1095317 **\$229,900.**



GREAT POND, ROME: Yr-rnd just steps from the lake. Creative style w/mix of rustic & elegance. Wide pine flrs, granite, 2 fps, screened porch, unique wood & stone throughout. 2 car garage w/bonus rm. Views from every room! MLS# 1101987 **\$435,000.**



PARKER POND, FAYETTE: Parker Pond 150 ft. of lake front. Complete the existing shell designed as two bedroom cottage. Interior framed ,windows are installed needs septic system .The lake front is awesome. MLS# 1094869 **\$190,000.**



LONG POND, ROME: Cozy Two bedroom cottage with loft. Expansive views of Long Pond beautiful 110 ft. of water-front. Enjoy the deck near the water morning ,noon and night. MLS# 1094422 **\$258,000.**



NORTH POND, MERCER: Great Rustic Camp and priced to sell. Beautiful views and frontage, enclosed porch, mostly furnished. Come take a look! MLS# 1098888 **\$104,900.**



LONG POND ACCESS, ROME: Gorgeous home w/ water access & dock. Open Kit/DR/LR w/ FP & cath ceilings. Screen Porch, 3BRs, Master BR w/private bath/Jacuzzi tub, attach 2 car garage. MLS# 1093808 **\$349,500.**



LONG POND, BELGRADE: Pvt yr-rnd w/100' of shore frontage. 2BR/2BA, rock fireplace in LR w/cathedral ceiling. Full finished basement. 40' screened porch w/westerly lake views. 2 car garage and storage shed. MLS# 1087898 **\$469,000.**



LONG POND, MT VERNON: 300'+/- on Long Pond on 1.24 acres. Screen porch, lge deck, views from screened sun room. Open concept with 2BR/2BA, full basement w/garage, work shop & laundry. Private dead end road. MLS# 1061136 **\$449,000.**



PARKER POND, MT VERNON: Custom crafted w/200' +/- waterfront. Post/Beam 3BR/2BA, open concept hearth w/woodstove, oversized windows, 3 sliding glass doors exit to large deck/screen porch overlooking water. MLS# 1083720 **\$499,900.**

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