... Serving the Central Maine Lakes & Kennebec River Corridor

-A Cider Mill Press Publication -

VOLUME 14, NUMBER 12

2012: Summer Ends...or Does It?

by Esther J. Perne



ummer ends, doesn't it? Or does this season that is still with us, still gracing the lakes with sunshine and dousing the gardens with rain just add to all those summers that are stored in a special place where memories blend, where change stands stiller, and where better times always rise to the surface.

School starts...or does it? Students carry with them the lessons of the woods and waterways, the accomplishments of warm weather recreation, the benefits of enrichment events in a casual atmosphere, and the profits of living more aware of

ummer ends, doesn't it? Or does this season nature, of conservation, of climate changes.

Work routines take over...or maybe not. Maybe the experience of summer makes the repetition more palatable, the demands less stressful, the addiction just plain less. Maybe thoughts from summer get mixed into the serious and purposeful pace of work in ways that encourage a more balanced system of values.

Summer we look forward to, but we also look back on it, look back on our own best experiences and look back on what we have been able to give to others – a vacation, camp, or maybe just the simple

roasting of a marshmallow.

Ahh! Summer, it's great – it always lives on in our hearts and memories...

Now, in the meantime the hiking gets really good...the biking, too, the strolling in villages and the lingering in parks. There are cool, crisp temperatures, clear views, more peace and quiet...the trails beckon.

Outdoor activities are invigorating in the fall and winter, the museums and theaters are still open, and there are some great festivals and celebrations, out-

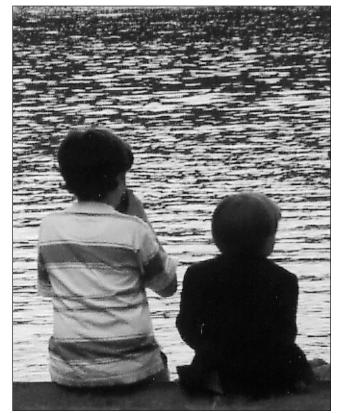
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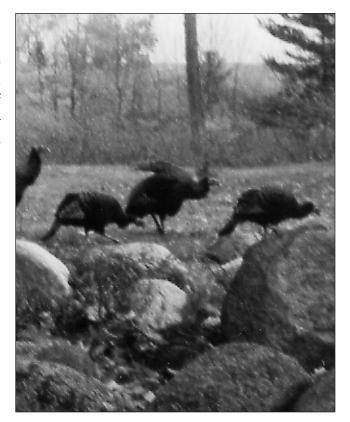
doors and in.

Why not plan a weekend of return? A weekend devoted to a busy celebration or festivity or sports event, or a weekend of total peace and quiet, or a weekend of roughing it for those lucky users of old-fashioned rustic (unwinterized) camps, or – and this is the best – a weekend of splurging on area lodging...restaurants...shops...

Summer ends...or does it?





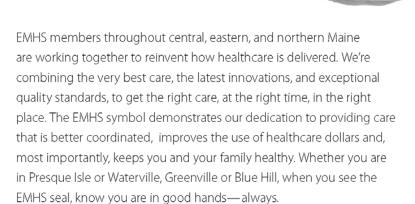






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Send More Kids to Music Camp



ix children attended music camps in Maine this past summer through Othe Bill Giasson Memorial Music Camp Scholarship Fund, a program set up by a group of grandparents to pay tribute to Bill's memory. Their goal for next summer is to give music camp scholarships to twelve children in need.

Why Bill Giasson? Bill loved children. He taught third grade in Winthrop for 19 years where he told his students each day that he was glad to see them, that they were special, and that they could succeed in their interests and goals.

Why music? Bill Giasson played the guitar and sang country music most of his life. That music was Bill's other self, singing the familiar stories of love and loss, disappointment and hope to his many fans and friends on the country music circuit.

Why grandparents? For years Bill moderated, with great compassion and understanding, support groups in Augusta and Lewiston for grandparents who are raising their grandchildren.

Bill passed away in March 2012 and in his memory the Bill Giasson Music Camp Fund has been set up. Two projects are currently being held to fundraise.

An American Girl Holiday Raffle for a doll (pictured above) and her wardrobe of holiday outfits will be held on Saturday, December 1 at 7 pm at Balloons and Things in Belgrade Lakes. Tickets are \$1 each or 6 for \$5.00. For information call 495-3864.

On Sunday, October 28 a Country Music Jamboree with Bob Elston and the Road Rangers, plus several special guest performers will be held at the American Legion, Post 205, Route 17, Augusta. The event will include a lunch menu, silent auction, 50/50, and music. The doors open at noon, the show will be 1-5 pm. Donations are \$10 per person, with advance sales available by calling 495-3864, 426-9580, 793-8884 and 490-1232.



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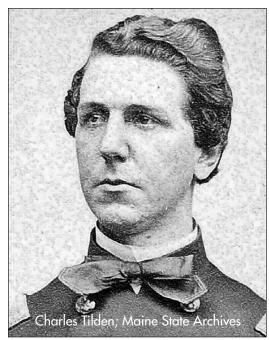


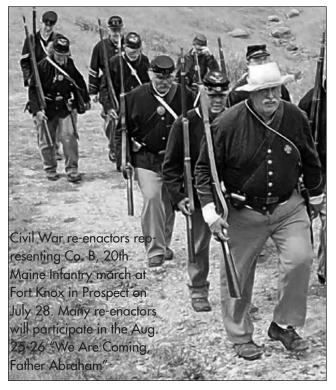


Legacies

Hinckley Hosts Civil War Re-enactment

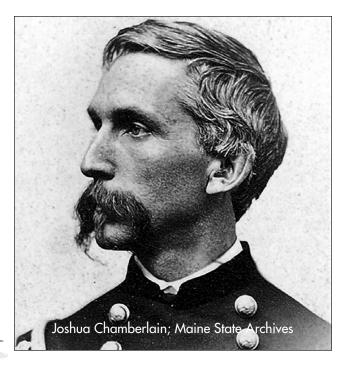






ug. 24-26 the Good Will Hinckley School hosts the largest Civil War Sesquicentennial event slated to take place in Maine this year. Sponsored by the Maine Living History Association, "We Are Coming, Father Abraham" will honor five Maine infantry regiments mustered into the Union army in August 1862. The weekend's activities will include military encampments, a civilian town, author presentations, and a supper and dance on Saturday, Aug.

Uniformed re-enactors will stage skirmishes and battles in the fields and woods at Good Will Hinckley School, located on Route 201 in Fairfield. Event hours are 9 a.m.-5 p.m., Aug. 25 and 9 a.m.-2 p.m., Aug. 26. Each visitor age 12 and older can make a suggested \$5 donation.





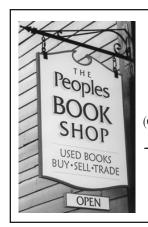
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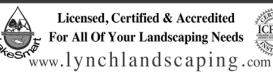


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Milfoil — Matters

With summer winding down and this year's milfoil work in Great Pond coming to an end, it's a good time to do an assessment. Just what have we accomplished and what do we face in the future.

Overall, it's been a very good year on several fronts. Almost 40,000 gallons of invasive milfoil have been removed from Great Meadow Stream and North Bay in Great Pond. That's about 80 pick up truckloads and over 12 times more than was removed in 2010 and 2011 combined. Impressive numbers but also an indication of just how fast this infestation has grown in just 3 years.

With the support of Maine state officials, the milfoil-infested areas were closed to all water-craft to help minimize fragmentation of the plants and to afford maximum safety to the divers and milfoil workers operating in the area.

The STOP MILFOIL Capital Campaign has raised over \$160,000 from 220 individual donors with a good prospect of new contributions to come. Thank you for your support. \$250,000 will be spent this year on the milfoil fight, so the fund raising will go on.

The public awareness and knowledge of milfoil and the threat it poses for our community have increased significantly. Everyone needs to know how to identify it and be vigilant for new outbreaks on our lakes.

Many organizations, including the BLA, BRCA, and Maine COLA have pulled together along with Colby College and the Belgrade business community to develop and implement our STOP MILFOIL action plan and work with state officials. It's been a very effective cooperative team effort.

The new Maine Lakes Resource Center in Belgrade Lakes Village opened its doors last summer just weeks before it was learned that the milfoil had spread into North Bay of Great Pond. Since that time the MLRC has become an active partner in the fight and the MLRC has become the center for all task force activities, meetings and public information.

The Belgrade Lakes community has responded to the milfoil problem in a very effective manner. Local citizens and non-resident property owners have come together to raise questions, scrutinize practices, offer solutions, volunteer time, challenge state and local officials and hold information and fund raising events. Keep it up. We're all in this together.



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2012 Milfoil Action Plan Assessment

by Lynn Matson

Finally we've had the benefit of some very dedicated milfoil workers. The BRCA leadership and field team have done a tremendous job. The New England Milfoil divers have been working 10 hour days since late May. Given their success, their contract has been extended to include 3 additional weeks in September.

By the time they finish, over 95% of the invasive milfoil will have been removed from the stream and North Bay.

Maine DEP officials have commended this milfoil response and stated that it is the best organized and most aggressive they have seen in the state. But the question still remains if this strong action will be enough to stop the milfoil invasion in the future.

WHAT DOES THE FUTURE HOLD

In short, you can be very proud of the battle that has been fought, but this milfoil war is a long way from over. The reality is that the invasive the head milfoil in Great Meadow Stream and North Bay will likely never be fully eradicated. The milfoil protect is too well established in these areas.

This is going to be an ongoing fight. As a next keep if from taking over our lakes. If everyon step, the STOP MILFOIL task force will work continues to support this effort, we can do it.

with state DEP officials to do a final assessment this fall as a basis for putting together the 2013 action plan. But we'll be battling milfoil for years to come. And it's going to be up to the local community and local governments to wage this war.

The goal of the milfoil program is very simple ... keep it from spreading ... to other parts of Great Pond and to other nearby lakes.

Removing 40,000 gallons of milfoil this season reduced the likelihood of it spreading. So did closing the infested areas to boat traffic. So does teaching the public to identify milfoil so they can be spot any new breakouts. So does setting up an "Adopt A Shoreline" program so shorefront property owners can take responsibility for checking for invasive plants. So does continuation of our Courtesy Boat Inspector program. And so does finding a sustainable funding model.

This fight has to go on because our lakes are the heart of this community. They are loved and cherished by all, and it's our responsibility to protect and preserve them for the generations to come. We've got to win this milfoil battle and keep if from taking over our lakes. If everyone continues to support this effort, we can do it.

Free to Fly - Keeping Cats Indoors Protects our Songbirds

by Laura Suomi-Lecker, Technical Director of the Somerset County Soil and Water Conservation District, volunteer for Avian Haven (and owner of two healthy and content indoor cats).

Every spring, people are heartened by the return of the symphony of birdsong in their yards and neighborhoods. Since the aftermath of Rachel Carson's Silent Spring, many believe that we have done what we need to do to protect our nation's birds. Unfortunately, this is not the case. The 2009 "State of the Birds" report released by the U.S. Fish and Wildlife Service, the Cornell Lab of Ornithology, and several conservation groups warns that scores of the 800 U.S. bird species are declining. Research from Stanford University shows that ten percent of all bird species are likely to disappear by the year 2100, and another 15 percent could be on the brink of extinction. This dramatic loss is expected to have a negative impact on forest ecosystems, agriculture worldwide, and may even encourage the spread of human diseases, according to the Stanford study.

The issues causing songbird population

declines are many, but there is something we can do to help birds in our own backyards. Keeping domestic cats indoors or in fenced enclosures is one of the best things we, as citizens, can do for the birds. Each year four billion birds and small mammals are killed by free-roaming cats. In addition, countless cats are run over by cars, taken by predators, poisoned or lost. All of this suffering is unnecessary.

Keeping Them Indoors, For the Love of Your Cat –

Though your cat may enjoy being outside on a warm, sunny day, the perils of allowing her to roam freely are many. Outdoor cats live an average of five years while indoor-only cats can live twenty years or longer. Some of the hazards to outdoor cats include: cars, poison, wildlife such as fishers and foxes, domestic animals, rabies and other diseases, and wildlife traps.

Continued on page 17...



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Activities & Outings -

Oakland Lions Lobster Bake and Yard Sale

The Oakland Lions Club is sponsoring two great events on the weekend of August 24 and 25.

The Annual Lobster Bake will be on Saturday, August 25, 11:30 am until gone, rain or shine, at 15 Hubbard Street (near the Post Office).

Meals may be eaten there or packaged to go. Please order in advance by calling 465-9007 or 692-2493. Meals packaged to go include, single lobster (\$11) or twin lobsters (\$19), corn on the cob, potato, dessert, and a cold drink.

A Giant Yard Sale will be held on both days, also at 15 Hubbard Street, and will feature household, recreational and yard items, quality clothing for children and adults, and miscellaneous collectibles and mementos. All proceeds will go to local Lions Club charities.

The Lions Club also accepts donations of eyeglasses and hearing aids which are recycled for qualifying Maine residents and those in need in developing countries, and cell phones which are reconditioned for 911 calls for at-risk individuals and families in Maine.

Blistered Fingers in Litchfield August 23-26

Don't miss the music, the setting, the fun. Join the Blistered Fingers Family Bluegrass Music Festival Thursday, August 23 through Sunday, August 26 at the Litchfield Fairgrounds. Twelve bands, field strumming 24 hours a day, food concessions, camping. Entertainment on stage 5-9:30 pm Thursday, 12 noon-10 pm Friday, 10 am-10 pm Saturday, 10 am-1:30 pm Sunday. For information contact blist-f@blisteredfingers.com, www.blisteredfingers.com, 873-6539.





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Notebook -

Colby College: Belgrade Watershed **Household Survey**

• "Life in the Belgrade Lakes Watershed" – A survey of Households in the Belgrade Lakes Watershed by Colby College invites all watershed households to participate in an economic impact study of the Belgrade Lakes Watershed. The survey is designed to help better understand what it costs to live in this part of Central Maine, what types of jobs exist in the region, and the ways in which those who live, work, and play in the Belgrade Lakes region identify with the resources here. More information and access to the survey www.colby.edu/economics/belgradewatershedsurvey/; obtain a paper copy of the survey or send comments by email to Professor Michael Donihue at Michael.Donihue@colby.edu. More information about the research project is available at web.colby.edu/epscor/859-5232

Belgrade

• Oktoberfest, Saturday, October 6, is right around the corner! There will be events and food specials throughout Belgrade Lakes Village all day long; children's activities at the Belgrade Community Center for All Seasons will be 11 am-2 pm and there will be a Beer and Wine tasting at the Center for All Seasons 4-6 pm. Oktoberfest is sponsored by the Belgrade Lakes Region Business Group. 495-3481

Greene

• Head to the Araxine Wilkins Sawyer Memorial, 371 Sawyer Road, for two free presentations in October: Hillbilly Swing with father/son duo Ralph and Averill Lovely on Friday, October 12 and "Pakistan & Afghanistan" presented by Marlin Darrah, a photographer's journey from Kabul to the Khyber Pass and into the tribal zone, on Friday, October 26. Shows are at 2 and 7 pm. 946-5311

Hallowell

• Free Financial Fraud Seminar! Financial fraud and elder abuse affect thousands of Mainers each year. Join Spectrum Generations on Monday, September 10, 9-11 am at the Cohen Center for a FREE seminar on "Outsmarting Financial Fraud and Elder Abuse." Learn the facts, how to spot a scam, how to stay safe - important for anyone retired or nearing retirement age. A 45-minute train-the-trainer session immediately follows the presentation for community partners. Spectrum Generations is central Maine's Area Agency on Aging, and Aging and Disability Resource Center. Space is limited. Register at 623-0764 ext.

Monmouth

• The Holiday Show at the Theater at Monmouth, November 29 through December 9, will be "This Wonderful Life," featuring Mike Anthony, who inhabits over 20 roles in this hilariously touching adaptation of Frank Capra's "It's a Wonderful Life." Journey with him as he discovers that the actions of one person really can make a difference in the world. 933-9999

Rangeley

• 8th Annual Saddleback Mountain Fall Festival and Trail Run, Sunday, September 16. Festival, 10 am-3 pm, includes live music, barbecue, an art show, pie eating contest, arts and crafts vendors and a pumpkin patch for the kids. The Trail Run will take place at 9 am; registration 7:30-8:30 am or on www.saddlebackmaine.com, \$25 to support the Saddleback Ski Scholarship Fund. The run is approximately 4 miles, up and down beautiful Saddleback Mountain.

Rome

• The Mt Philip Grange season ends with a monthly Bean Supper on Saturday, October 20, 4:30-6 pm, and the Annual Hallowell Party on Saturday, October 27, 6:30-8 pm (admission free). Suppers will start up next May. To get on the mailing list e-mail holtie@tstelme.net with "mailing list" noted in the subject line.

Skowhegan

• The Somerset Woods Trustees is holding its second annual BBQ fundraiser on Wednesday, August 22 at the rest area on Route 2, known as Kennebec Banks, 11:30-am-1:30 pm. The BBQ will be prepared by the Trustees of Somerset Woods and includes a hamburger or two hot dogs, chips and drink. Tickets are \$5. The State of Maine is no longer maintaining the Route 2 picnic area, and this fundraiser is to help fund its continued maintenance. For information and tickets call 474-0057, 474-3324, or 431-5021.



Waterville

- The 2012-2013 Reopening Season of the Waterville Opera House includes the following 2012 shows: 40th Annual Barbershop Harmony Show October 6; Bob Marley October 13; Inland Hospital Fall Pops Concert, October 20; Jekyll & Hyde November 2-4 and 9-11; The Capitol Steps November 8; Scrooge! November 30-December 2, 7-9; and The Nutcracker December 14-16. ACAT, Aqua City Actor's Theatre will perform "Welfarewell" at the Studio Theater in the Opera House November 9-11 and 16-18. 873-7000
- REM to Hold Third Annual Craft Fair. The community organization REM will hold its third annual Craft Fair and Soup Fest on October 6 and 7, at Champions Fitness Club in Elm Plaza on Upper Main Street in Waterville. The two-day fair is the successor to the popular and long-running Colby Craft Fair, which REM took over after the college decided to stop hosting it.

REM organizers are expecting to have around 65 carefully selected Maine artisans this year. They will also be offering an expanded selection of soups and will be raffling items from some of the crafters.

The fair will run 10:00 a.m. to 6:00 p.m. on Saturday and 10:00 a.m. to 3:00 p.m. on Sunday. Admission is free, and food and drink will be for sale. For more information, call REM at 873-4444 or visit www.reml.org.





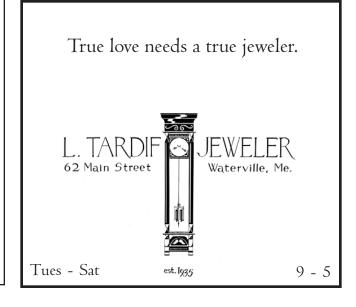




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Calendar Directory

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- Maine State House, Hall of Flags, House and Senate Rooms, Klir Beck dioramas, Mon-Fri 8 am-5 pm, book tours at Maine State Museum, walk-ins welcome 9 am-1 pm, 287-2301, www.maine.gov
- Art in the Capitol, Maine Arts Commission monthly selfguided exhibits in State House hallways (Mon-Fri 8 am-5 pm), Blaine House (call for times), and Maine Arts Commission Office (8:30am-4:30 pm), 287-6746, mainearts.maine.gov
- Governor's Mansion, 1830 Blaine House, Tue-Thu 2-4 pm, 287-2121, www.blainehouse.org
- Maine State Museum, Tue-Fri 9 am-5 pm, Sat 10 am-4 pm, Sun. 1-4 pm, \$2 adults, \$1 ages 6-18, 287-2301, www.mainestatemuseum.org
- Maine State Library, Mon-Sat opens 9 am, 287-5600, www.maine.gov/msl/

Other Museums

- Children's Discovery Museum, CDM, hands-on displays, actives, Tue-Thu 10 am-4 pm, Fri-Sat 10 am-5 pm, Sun 11 am-4 pm, admission, 622-2209, www.childrensdiscoverymuseum.org, 171 Capitol St.
- Kennebec Historical Society, Wed-Fri 10 am-2 pm, 622-7718, www.kennebechistorical.org, 107 Winthrop St.

University of Maine at Augusta, University Drive

- Danforth Gallery, Jewett Hall, art exhibits, UMA-1234, www.uma.edu
- Holocaust and Human Rights Center of Maine, Michael Klahr Center, Mon-Fri 8 am-4 pm, 621-3530, www.hhrc.uma.edu
- UMA Fitness Trail, 2 miles of wooded trails, near Civic Center

Riverfront/Downtown

- Old Fort Western, 1754 fort, house, store, 1-4 pm daily, admission \$6, 4-14 years \$4, 626-2385, www.oldfortwestern.org Cony St.
- Riverfront Park, boat launch, Greenway Trail, playground, eastside Kennebec River
- Kennebec River Rail Trailhead, Maine State Housing Authority parking lot, 623-8162, www.krrt.org, Water St.
- Museum in the Streets, walking/history tour, www.augustamaine.gov, downtown.

PAUL HANNA'S PLUMBING

• Farmers' Market at Mill Park, Tues 2-6 pm, 626-2305, www.farmersmarketmillpark.org/, North Water St.

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- Office, Main St.
- Spring Gallery & Sculpture Garden, Modern Art Foundry, Thu-Sun 11 am-5 pm and by appointment, 495-3113, www.springgallerymaine.com, 81 Main St.
- The Belgrade Community Center for All Seasons, swimming, gym, playground, picnic area, rec programs, library, 495-3481, www.belgrademaine.com 1 Center Dr.
- Union Church Coffee House, check for schedule, 7:00 pm, \$5, 495-3599, www.unionchurchmaine.org, Main St.
- Belgrade Historical Society, monthly meetings, 465-7924
- Farmers' Market, Sun 8 am-1 pm, 465-7058, www.belgradelakesfarmersmarket.org, Main St.
- Peninsula Park on Long Pond, picnic tables, Main St.
- Maine Lakes Resource Center, 512-5150, www.dockstodorways.com, 171 Main St.

FAIRFIELD

- Fairfield Historical Society, 1890 Cotton-Smith House, Tue 9 am-12 noon, 1-4 pm, 453-2998, www.fairfieldmehistoricalsociety.net, 42 High St.
- Farmers' Market, 948-5724, Wed 2-6 pm, Sat 9:30 am-1:30 pm, Nazarene Church parking lot, 81 Main St.

FARMINGTON

- Farmington Historical Society, 778-2835, Wed and Sat, 11 am-2 pm, July-August, 118 Academy St.
- Nordica Homestead Museum, opera singer Lillian Nordica costumes, jewelry, mementos, 778-2042, Tue-Sat 10 am-12 n and 1-5 pm, Sun 1-5 pm, 116 Nordica Lane, Holley
- Contra Dance, 491-9928, www.starleft.org 2nd Sat of the month, all welcome, 6:30-7:30 pm family dance, 8-11 pm regular dance, admission, Grange Hall, Bridge St, Rt 43, West
- University of Maine campus and Arboretum, four walking tours with informal guide pamphlet to campus trees, 581-1541, www.umaine.edu/arboretum/, downtown
- Farmers' Market, 778-6602, Fri 9 am-2 pm, Better Living Center parking lot, Front St; Saturday 8 am-12 noon, Main
- Meetinghouse Park and Gazebo, weekly concerts throughout summer, downtown
- Fairgrounds, events throughout summer, Franklin County Fair in Sept, High St.

GARDINER

- Artdogs and Circling the Square Fine Art Press, 1-5 pm Fri, 10 am-4 pm Sat, 582-2108, , 275-277, Water St.
- Johnson Hall Performing Arts Center, 582-7144, www.johnsonhall.org 280 Water St.
- Farmers' Market, 582-3100, www.gardinerfarmersmarket.org, Wed 2-6 pm, rain or shine, The Common
- Kennebec River Rail Trail, terminus near Gardiner/Randolph Bridge, 6.5 miles to Augusta o Waterfront Park, picnicking, events throughout summer, Kennebec River

• Farmers' Market at Turnpike Mall, 549-5112, Wed and Sat o The Center for Maine Craft, 9 am-6 pm daily, 588-0021, www.mainecrafts.org, West Gardiner Service Plaza, Route 126 off Routes 95 and 295

GREENE

• Araxine Wilkins Sawyer Memorial, free monthly entertainment programs, 946-5311, www.sawyer-foundation.com, 371 Sawyer Rd, off Rt 202

HALLOWELL

- Harlow Gallery, Kennebec Valley Art Association, 622-3813, www.harlowgallery.org Wed,Thu, Sat, 12-6 pm, 160 Water St.
- Gaslight Theater, 626-3698, www.gaslighttheater.org City Hall, 1 Winthrop St.
- Museum in the Streets, history/walking tour, www.historichallowell.org, downtown
- Farmers' Market, 622-1350, Sun 11 am-3 pm, north end of Water St.
- Vaughn Woods, 166 acre park/trails, Middle St.
- Kennebec River Rail Trail, to Augusta, Farmingdale/Gardiner, downtown
- Waterfront Park, weekly summer concerts, North Water St. HINCKLEY
- L.C. Bates Museum at Good Will-Hinckley School, early 20th century natural history and cultural exhibits, nature trails, adults \$3, up to 17 years \$1, 238-4250, www.gwh.org Wed-Sat 10 am-4:30 pm, Sun 1-4:30 pm, Rt 201

KINGFIELD

- Reinhart Gallery Art Center, 266-4656, 245 Main St, www.ianreinholt.com/gallery.html
- Ski Museum of Maine, by appointment, 265-2023, 256 Main St, www.skimuseumofmaine.org
- Stadler Gallery, 265-5025, 12-4 pm daily or by appointment. 225 Main St, www.stadlergallery.com
- Stanley Museum, 265-2729, www.stanleymuseum.org, memorabilia/displays on Stanley Steamers, Tue-Sun 1-4 pm, 40 School St.

LIVERMORE

• Washburn-Norlands Living History Center, 18th-19th century mansion/farmstead/schoolhouse, library, chapel, 897-4366, www.norlands.org, admission, living history tours Tue and Thu 1-4 pm, 290 Norlands Rd.

MADISON

- Lakewood Theater, Maine's Summer Theater, Young Performers Camp, 474-7176, www.lakewoodtheater.org, Rt 201
- Skowhegan School of Painting and Sculpture, 474-9345, www.skowheganart.org, summer evening artists lecture series, East Madison Rd.

Monmouth

- Monmouth Museum, local and regional Maine history, Wed-Sun 1-4 pm, 933-2287, www.monmouthmuseuminc.org, 751 Main St.
- The Theater At Monmouth, The Shakespeare Theater of Maine, Cumston Hall, 933-9999, www.theateratmonmouth.org, Main St.



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MOUNT VERNON

• D.E.W Animal Kingdom, Zoo, 293-2837, www.dewanimalk-ingdom.com, Tue-Sun 10 am-5 pm, \$10, 918 Pond Rd, Rt 41

New Portland

- Nowetah's American Indian Museum and Craft Shop, 628-4981, daily 10 am-5 pm, free, 628-4981, 2 Colegrove Rd, Rt 27, www.nowetahs.webs.com/
- Wire Bridge, 1864, probably only wire suspension bridge in U.S., off Rt 27

New Sharon

• Farmers' Market, Sat 9 am-1 pm, Douin's Market, 491-9025, 150 Mercer Rd, Rt 2

Norridgewock

- Norridgewock Historical Society Museum, 1838 building, Sat 10 am-3 pm, 634-5032, www.norridgewock.com, Mercer Rd, Rt 2
- Oosoola Park, picnic area, great playground, boat launch, on Kennebec River, Rt 8

OAKLAND

- Farmers' Market, Fri 2-6 pm, 465-3094, Pine Acres Parking Lot, 895 Kennedy Memorial Drive.
- Macartney House Museum, Oakland Area Historical Society, 465-7549, Wed 1:30-4:30 pm, 1815 home with antique furnishings and Oakland artifacts, 25 Main St.

READFIELD

• Readfield Historical Society and Museum in 1823 school-house, 685-4662, www.readfieldhistorical.org, Thu and Sat 10 am-2 pm or by appointment, Rt 17, Readfield Depot

ROME

- Mt. Philip Grange, suppers 3rd Sat of month, 4:30-6 pm, all you can eat beans, cornbread, rolls, chop suey, pies, Rts 135/225
- Trails: Mount Philip on Rt 225; The Mountain on Rt 27; French's Mountain and Kennebec Highlands, Watson Pond Rd; 495-6039, www.belgradelakes.org, maps available at BRCA, Belgrade Lakes

SIDNEY

- New England Music Camp, concerts free and open to the public, famous Bowl-in-the-Pines on Lake Messalonskee, 465-3025, www.nemusiccamp.com, Rt 23
- Sidney Historical Society, 547-3142, http://www.rootsweb
- Silver Spur Riding Club, horse shows, www.silverspurmaine.com/, River Rd/Rt 104

$S \\ kowhegan$

- Margaret Chase Smith Library, residence, home, museum exhibits, 474-7133, *www.mcslibrary.org*, free, Mon-Fri 10 am-4 pm. 54 Norridgewock Ave.
- **History House Museum**, 1800s local history and culture, 474-6632, www.skowhegan.com/historyhouse, Tue-Fri 1-5 pm, Elm St.
- Fairgrounds, weekly horse shows/competitions at covered arena, Skowhegan State Fair in Aug, 474-3621, Madison

Ave.

• Farmers' Market, Wed 3-6 pm, Sat 9 am-1 pm, weekly entertainment, 938-3906, SSomerset Gristmill parking lot, downtown

SMITHFIELD

- Fairview Grange suppers, 362-2791, every Wed in summer, 5 pm, Village Rd, Rt 8
- Sunbeam Roller Rink, Wed, Fri, Sat 7-10 pm, 362-4951, 830 Village Rd, Rt 8
- Sunset Camps, public beach, 362-2611, www.sunsetcamps.com, Village Rd, Rt 8

UNITY

• Unity College Centre for the Performing Arts, folk genre music, 568-3147, www.unitymaine.org, 42 Depot St.

WATERVILLE

- Aqua City Actor's Theatre (ACAT), 873-7000, www.acattheatre.org. Waterville Opera House Studio Theater, Main St.
- Common Street Arts, Wed-Sat 12-6 pm, 16 Common St.
- Museum in the Streets, downtown history/walking tour, www.the museum in the streets.com/waterville.htm
- **Two Cent Bridge**, historic foot bridge over Kennebec River, Head of Falls park/events area, Front St.
- Colby College Museum of Art, 859-5600, www.colby.edu/museum/ Tues-Sat 10 am-4:30 pm, Sun 12-4:30 pm, free, Colby College Campus, Mayflower Hill
- Colby College Special Collections, Miller Library, Mon-Fri 10 am-12 noon and 1-4 pm, free, current exhibit "The Power of Myth and Legend: The Irish Literary Revival," Colby College Campus, Mayflower Hill.
- Thomas College Art Gallery, 180 West River Rd.
- Waterville Historical Society Redington Museum, 1814 home, pharmacy, 872-9439, www.redingtonmuseum.org. Tue-Sat tours at 10 and 11 am, 1 and 2 pm, 62 Silver St.
- Waterville Opera House, 873-7000, www.operahouse.com, 93 Main St.
- Farmers' Market, Thu 2-6 pm, 680-2055, www.waterville-farmersmarket.org, The Concourse parking lot.

WAYNE

• Farmers' Market, 873-7000, http://waynefarmersmarket.week-ly.com, Sat 9 am-noon, Town Green, next to Post Office, Main St.

WILTON

• Wilton Farm & Home Museum, 645-2091, 645-4578, www.wiltonmaine.org, Sat 1-4 pm or by appointment, Canal St.

WINTHROP

- Norcross Park, playground, picnic site, boat launch on Maranacook Lake, downtown.
- Farmers' Market, 395-4244, www.camarkets.com, Tue and Sat 9 am-1 pm, parking lot, downtown,

Additions/Updates/Corrections: Please contact Summertime in the Belgrades with any changes to this Directory.

ASSOCIATIONS/GROUPS

THE BELGRADES...

- East Pond Association, Smithfield/Oakland, www.eastpond.org
- North Pond Association, Smithfield/Rome, 152 Madison Avenue, Skowhegan, ME 04976, 474-8988, www.northpond.net
- McGrath Pond/Salmon Lake Association (MP/SL), Belgrade/Oakland, RR 2, Box 2800, Belgrade, 04917, 465-3983, www.salmonlake.org
- Great/Long Ponds: Belgrade Lakes Association (BLA), Belgrade/Rome/Mount Vernon, PO Box 551, 137 Main Street, Belgrade Lakes, 04918, 512-5150, www.belgradelakesassociation.com
- Friends of Messalonskee Lake Watershed, Oakland/Belgrade/Sidney, PO Box 532, Oakland, 04963, 465-2888, www.snowpond.org
- Belgrade Regional Conservation Alliance and BRCA Conservation Corps, PO Box 250, 137 Main Street, Belgrade Lakes, 04918, 495-6039, www.belgradelakes.org
- Belgrade Lakes Region Business Group (BLRBG), PO Box 596, Belgrade Lakes, 04918, 495-3700, www.belgrade-lakesmaine.com
- Maine Lakes Resource Center, PO Box 431, 137 Main Street, Belgrade Lakes, 04918, 495-3617, 620-6029, www.mainelakesresourcecenter.org.

BEYOND...

- Maine Congress of Lake Associations (COLA), PO Box 426, 137 Main Street, Belgrade, 04917, 1-855-463-2652, www.mainecola.org
- Friends of the Cobbossee Watershed, PO Box 5003, Augusta, 04332-5003, 621-4100, www.watershedfriends.com
- Franklin County Soil & Water Conservation District, 107 Park St, Farmington, 04938, 778-4279, www.franklinc-swcd.org
- Kennebec County Soil & Water Conservation District, Central Maine Commerce Center, 21 Enterprise Dr, Augusta, 04330, 622-7847, ext. 3, www.kcswcd.org
- Kennebec Land Trust (KLT), PO Box 261, 134 Main St, Winthrop, 04364, 377-2848, www.tklt.org
- Kennebec Messalonskee Trails, PO Box 2388, Waterville, 04903, 873-6443, www.KMTrails.org
- Kennebec River Rail Trail, PO Box 2195, Augusta, 04338, 623-8162, www.krrt.org
- 30 Mile River Watershed Association (30 MRWA), Kimball Pond in Vienna to the Androscoggin River, 293-2181, www.30mileriver.org
- Parker Pond Association, Mount Vernon/Vienna. www.parkerpond.org
- Central Maine chapter of the New England Mountain Bike Association (CeMeNEMBA), 1154 West Rd, Belgrade 04917, 441-6227, www.cemenemba.org



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- Calendar —

Wednesday 8/22 and Thursday 8/23 - Maine Farm Days, free and open to the public, children's activities, great food, workshops, wagon tours, corn maze, much more, www.mainefarmdays.com, 622-7847 ext. 3, Misty Meadows Farm, Hill Road, Clinton.

Thursday 8/23 through Sunday 8/26 - Father Rasle and Madison-Anson Days, 36th Anniversary Celebration, children's activities, Sidewalk Crafters Show, Chili Cook-Off, entertainment, book sale, Bike & Doll Carriage Parade, concert, Parade, fireworks, fishing derby, farmers' market, golf tournament, more, www.madisonmaine.com, downtown Madison.

Thursday 8/23 through Sunday 8/26 – Blistered Fingers Family Bluegrass Music Festival, 12 live bands, extra large tent area, food concessions, camping, security on grounds, www.blisteredfingers.com, 873-6539, Litchfield Fairgrounds, Litchfield.

Wednesday 8/23 through Saturday 8/25 - "Murdered to Death," by Agatha Christie, Lakewood Theater, 474-7176, Rt. 201, Madison.

Friday 8/24 and Sunday 8/25 - Oakland Lions Club Giant Yard Sale, 8 am-4 pm, (also Lobster Bake - see 8/25) 465-9007, 15 Hubbard Street near the Post Office, Oakland.

Friday 8/24 through Sunday 8/26 – 43rd Annual State Appaloosa Horse Show, free, open to the public, covered arena, concessions, family-oriented, 474-3621, Fairgrounds, Route 201/Madison Avenue, Skowhegan.`

Friday 8/24 through Sunday 8/26 - Civil War Sesquicentennial event, largest in Maine this year, re-enactors representing Confederate and Union artillery, cavalry and infantry units, battles, skirmishes, presentations by noted authors, quilt display, supper, dance, visitors welcome to visit encampments, 9

am-5 pm Sat, 9 am-2 pm Sun, 238-4000, Good Will Hinckley School, Route 201, Hinckley.

Friday 8/24 – Children's Story Time and Songs, 9-10 am, 362-5003, Smithfield Library, Route 8, Smithfield.

Friday 8/24 – "Music for the Soul," baritone vocalist, Larry Gowell, presents an afternoon and evening of inspirational music, Broadway hits, pop music, classical and other favorites, he also plays piano and flugelhorn, 2 pm and 7 pm, free to the public, 946-5311, Araxine Wilkins Sawyer Foundation, 371 Sawyer Road, Greene.

Saturday 8/25 - New Balance 5K to benefit Adoptive and Foster Families of Maine and the Kinship Program, registration 8 am, race starts 9 am, \$12 for pre-registration until 8/22, \$15 day of race, nude 18 \$10, 1-800-823-9786, New Balance Factory Store, Walnut Street, Skowhegan.

Saturday 8/25 - Fine Art and Craft Show, hosted by Designing Women, high quality and beautifully handcrafted pottery, handbags, glasswork, handwoven clothing and accessories, home accents, stained glass, sculptural ceramic art, \$2 donation and lunch/refreshment proceeds to benefit Winthrop's Sexual Assault Crisis and Support Center, 9:30 am-4:30 pm, 582-7985, Longfelllow's Greenhouse, 81 Puddledock Road, Manchester.

Saturday 8/25 – "Old Time Toys," Children's Program, 10 am, \$1, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Saturday 8/25 - Oakland Lions Club Annual Lobster Bake, to benefit Lions charities, Meals packaged to go include single lobster (\$11) or twin lobsters (\$19), corn on the cob, potato, dessert and cold drink, 11:30 am until gone, order in advance by calling 465-9007 or 692-2493, 15 Hubbard Street, near the Post Office, Oakland.

Saturday 8/25 – Simons & Goodwin, performing all forms of Americana music including soft rock country, blues, pop stan-

dards and both traditional and contemporary folk and originals, 7 pm, Maine Lakes Resource Center, Main Street, Route 27, Belgrade Lakes.

Sunday 8/26 through Monday 9/3 – The Windsor Fair, extensive agricultural, art/crafts exhibits, midway, animal pull events, harness racing, food booths, historical section, www.windsorfair.com, 549-7121, Windsor.

Sunday 8/26 - Norcross Point Concert, 2-4 pm, 620-6231, Norcross Point, on Lake Maranacook, off Bowdoin Avenue, Winthrop.

Sunday 8/26 – "Skowhegan Community Band," Coburn Park Concert, 5-6:15 pm, free, bring lawn chairs and blankets, 474-0527, Coburn Park Bandstand, Route 2, Water Street, Skowhegan.

Monday 8/27 - Old Crow Band, 7-9:30 pm, Gazebo, Meetinghouse Park, downtown Farmington.

Tuesday 8/28 –Morning Paddle, 8 am, 495-3481, Belgrade Community Center for All Seasons, Route 27, Belgrade Lakes.

Tuesday 8/28 – Arizona Rose and the Rich Ric Band, Music on Main, free, 11:30 am-1 pm, 778-3424, Gazebo, Meeting House Park, Downtown Farmington.

Wednesday 8/29 - Final deadline for bulb order for fall planting, available from the Kennebec and Somerset County Soil and Water Conservation Districts, bulbs will be ready for pickup October 12, 622-7847 ext. 3, order forms at www.kcswcd.org, or Somerset SWCD, 1 High Street, Skowhegan or Kennebec County SWCD, 21 Enterprise Drive, Augusta.

Thursday 8/30 through Sunday 9/2 – "The House of Blue Leaves," comedy, 474-7176, Lakewood Theater, Route 201, Madison.

Thursday 8/30 through Saturday 9/1 and September 7-9 - "Fox On The Fairway," comedy, 7:30 pm, \$12 adults, \$10 students and

seniors, 626-3698, Gaslight Theater, City Hall, Winthrop Street, Hallowell.

Thursday 8/30 – "Sweet Wednesday," Lithgow Summer Concert Series, free music, 6:30 pm, 626-2415, on the lawn, Lithgow Library, 45 Winthrop Street, Augusta.

Friday 8/31 through Monday 9/3 - GSAA Color Caper Review Horse Show, free to public, covered arena, concessions, barns to visit, 474-3621, Fairgrounds, Madison Avenue/Route 201, Skowhegan.

Friday 8/31 through Saturday 9/1 and September 6-9 - Equus, a psychological puzzle, 873-7000, Studio Theater, Waterville Opera House, Main Street, Waterville.

Saturday 9/1 – 5K Race for the Lakes, sponsored by the Belgrade Regional Conservation Alliance, \$15 pre-registration by 8/25, \$18 day of race, visit www.belgradelakes.org to register, 495-6039, 8 am, Camp Runoia, Point Road, Belgrade.

Saturday 9/1 – Route 8 Figure 8 bicycle ride, 25-30 miles road touring, 9 am, Larry Childs, lrchilds@roadrunner.com, Fire Station, Route 8, downtown Smithfield.

Saturday 9/1 - "How Leaves Change," Children's Program, 10 am, \$1, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Monday 9/3 - Oosoola Day aka Frog Day, parade at 9 am down Main Street to Oosoola Park, fun, frog jumping contests, booths, food, family events, boat landing, 10 am-2 pm, 634-2252, Oosoola Park, Route 2, Norridgewock.

Wednesday 9/5 through Saturday 9/8 – "The House of Blue Leaves," 474-7176, Lakewood Theater, Route 201, Madison.

Wednesday 9/5 - Belgrade Regional Conservation Alliance dinner and annual meeting, buffet dinner by reservation only, limited seating, byob, reservations at 495-6039 by Friday 8/31, Alden Camps, Route 137, Oakland.

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Friday 9/7 through Sunday 9/9 - Litchfield Fair, nice family event, agricultural displays, pulling events, barrel racing, food, small midway, easy parking, children's events - pig scramble, coin hunt, bike giveaway, 353-8105, litchfieldfair.com, Litchfield.

Friday 9/7 and Saturday 9/8 – Hill 'n Ville, a free day-long music festival designed to welcome college students to Waterville, 680-2055, Head of Falls, downtown Waterville.

Friday 9/7 – Phil House and Kathy Haley, Phil is an accomplished pianist and organist, Kathy is one of the area's best known vocalists and lead singer for the musical group, "Good and Plenty," 2 and 7 pm, free, 946-5311, Araxine Wilkins Sawyer Foundation, Sawyer Road, Greene.

Saturday 9/8 and Sunday 9/9 - Autumnfest Horse Show, free, open to the public, covered arena, 474-2947, Skowhegan Fairgrounds, Madison Avenue/Route 201, Skowhegan.

Saturday 9/8 – National Honey Month Celebrated, come sample some of the work of bees and look at how pollination works, 1 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Saturday 9/8 – 75th Anniversary of the Skowhegan History House – 1839 Greek

Revival cottage - and the 156th Birthday of Louise Helen Coburn, music by Peter Foxwell and Company, local artisans, tours, refreshments, door prizes, everyone welcome, admission free, 1-3 pm, 474-6632, 66 Elm Street, Skowhegan.

Saturday 9/8 - Union Coffeehouse, featuring "Sweet Wednesday," Lisa Housman and David Falk, acoustic duo from the Boston area who perform their original music accompanied by guitar, mandolin, harmonica, banjo and fiddle, plus Open Mic hour, \$5 donation at door includes refreshments, 7 pm, Union Church, Route 27, downtown Belgrade Lakes.

Sunday 9/9 – Belgrade Lakes and Highlands bicycle ride, 15/28/35 mile road touring, 9 am, Jim Merrick, hjmerrick@gmail.com, Belgrade Community Center for All Seasons, Route 27, Belgrade Lakes.

Thursday 9/13 through Sunday 9/16 and 9/19 through 9/22 – "Who Goes Bare, 474-7176, Lakewood Theater, Route 201, Madison.

Friday 9/14 – 9th Annual Thomas College Lunder Scholars Golf Invitational, 8 am registration and continental breakfast, 9 am shotgun start, 1 pm catered luncheon, 859-1167, Belgrade Lakes Golf Club, West Road, Belgrade Lakes.

Friday 9/14 – William Ayot, award winning

poet from the United Kingdom, reading from his works, 7-8:30 pm, \$3 suggested donation, 622-3813, The Harlow Gallery, 160 Water Street, Hallowell.

Saturday 9/15 – A Cobbossey Odyssey bicycle ride, 30 mile Road Touring, Cynthia Snow, csnow@sad11.k12.me.us, 9 am, Tom's Bike Boutique, East Winthrop.

Saturday 9/15 – Let's Go! Family Fun Day, sponsored by Inland Hospital, free community event, climbing wall, music and dancing, trail walks, geocaching, taste testings, a light lunch, free resources and information to help local families make healthy choices, 861-3292, Inland

Woods trailhead behind Inland Hospital, Kennedy Memorial Drive, Waterville.

Saturday 9/15 – Hallowell Cemetery Tour with Sam Webber, narration on notable Hallowell Citizens and veterans from the American Revolution and the Civil War, 1 pm, 623-4021, Cemetery, north of Hallowell.

Saturday 9/15 – Autumn Pie and Arts, music on the lawn, pie sale, admission \$5, 1-4 pm, Washburn-Norlands Living History Center, 897-4366, 290 Norlands Road, Livermore.

Simons and Goodwin

in Concert
Saturday August 25, 7 PM
Maine Lakes Resource Center

137 Main Street, Belgrade Lakes, Maine



B ob Simons and Renee Goodwin have known each other for more than 40 years, meeting when they were both involved in, what has been called, the great folk music scare of the 60's. Over the years, their tastes broadened to include all types of acoustic or Americana styles of music, but with the folk roots always showing through.

The idea of joining forces and putting together an acoustic act didn't occur to them until 2006. Since that time they have delighted audiences of many varied venues. They have been appreciated in pubs, coffeehouses, outdoor and indoor concert settings, libraries and private parties.

Simons and Goodwin cover all forms of Americana music including soft rock, country, blues, pop standards and, of course, both traditional and contemporary folk and originals. A Simons and Goodwin performance is always unpredictable, always keeping the audience anticipating the next song. The predictable part of each performance is the tightness that comes from years of friendship and beautiful, intricate harmonies.

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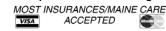
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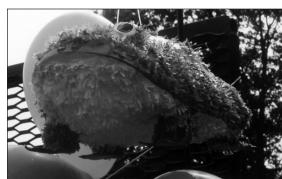
Email: completedenturecenter@gmail.com



Kennebec Corridor News & Notes —

Celebrate Labor Day on the Kennebec





n Labor Day, Monday, September 3, there's a great celebration in Norridgewock on the Kennebec River. A morning parade downtown and all-day festivities in Oosoola Park on Route 2, provide an exciting outing for all ages, including booths sponsored by local organizations, food (homemade pie!), children's activities, pet activities, picnic tables, a fabulous playground and the famous Frog Races.

Festivities traditionally start at 9 am with a parade down Main Street (the line-up is at 7:45 for participants), complete with fire trucks, floats, marchers, politicians, local civic groups, horses, antique cars, and a few frog characters, which are the symbol of the day. This year's theme for the parade is "Favorite Nursery Rhymes and Children's Stories."

The parade will end at Oosoola Park on the Kennebec River, where children flock to the playground or the bounce house and everyone can enjoy a variety of food booths, informational displays and musical entertainment.

The highlight of the celebration is the Frog Race – bring your own, or buy one. Sign up usually ends at 12:30 pm. The children's division is at 1 pm; the adults at 2 pm. Everyone gets a ribbon.

Oosoola Park is on Route 2 just north of Norridgewock. There is ample parking, restroom facilities, a covered gazebo, and the Public Boat Landing. Additional information will be posted on townofnorridgewock.com.















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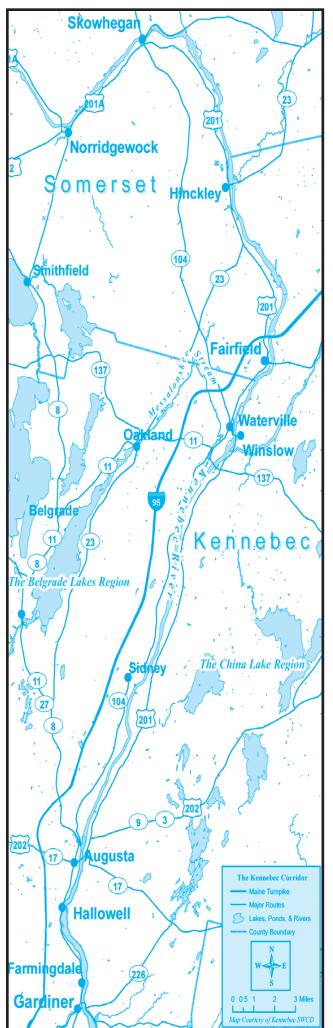
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Katy's Column –

Maine's Favorite Birds -A Book Worth Owning

Tarlier in the summer I wrote a piece saying that "Hallowell residents are 'for the birds." Not for a minute am I about to recall that statement but rather add to it by saying that Maine natives as well as hundreds of summer visitors in this amazingly beautiful state are dedicated birdwatchers. That fact alone prompts me to tell you about a recently released book by Tilbury House.

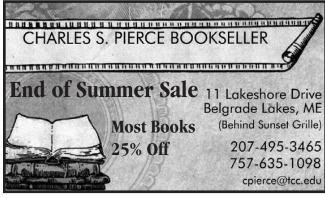
Jefferson Wells and Allison Childs Wells, residents of Gardiner, both grew up in families that knew the attraction of birds. The interest in watching those flying creatures in early youth never left them. When married and with a child of their own they knew the long-lasting pleasure their children would have if they, too, became bird-watchers. That same realization took shape when they decided to put their efforts together and publish a small, readable book that would be available in the car, on the family kitchen table or even beside the lamp in the bedroom.

For illustrations and appropriate colorations Evan Barbour, an educator and artist was contacted and has done beautiful bird illustrations for the book.

Never been a bird-watcher? Now might be the right time to find a copy of "Maine's Favorite Birds," read it yourself and, if children are in your family, go bird-watching on a nice Saturday afternoon - rather than a movie even if I should say so!

Check out the local bookstore or contact Tilbury House on Brunswick Avenue in Gardiner and learn where they are available. I dare say you may thank me for the idea when you see how excited the kids are at knowing which bird they see!

Katy Perry is an author, and news commentator who knows, loves, and respects Maine.



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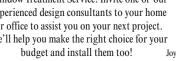
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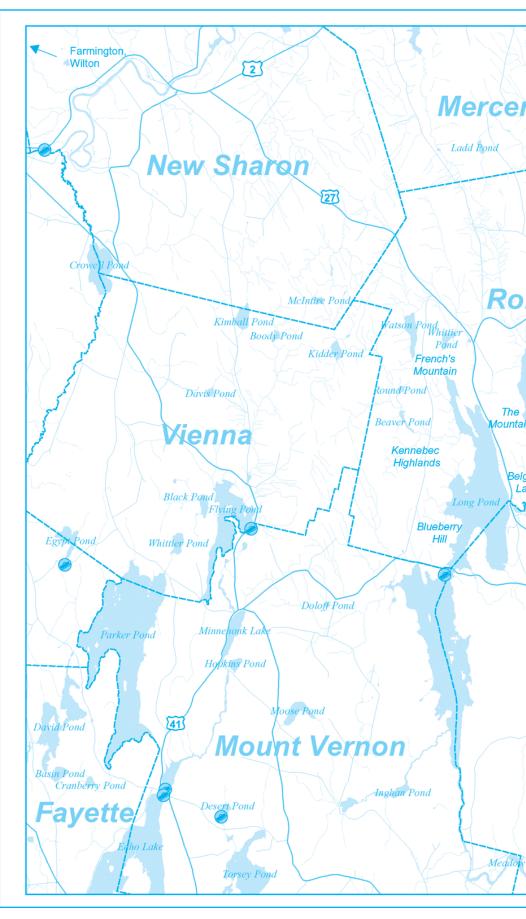
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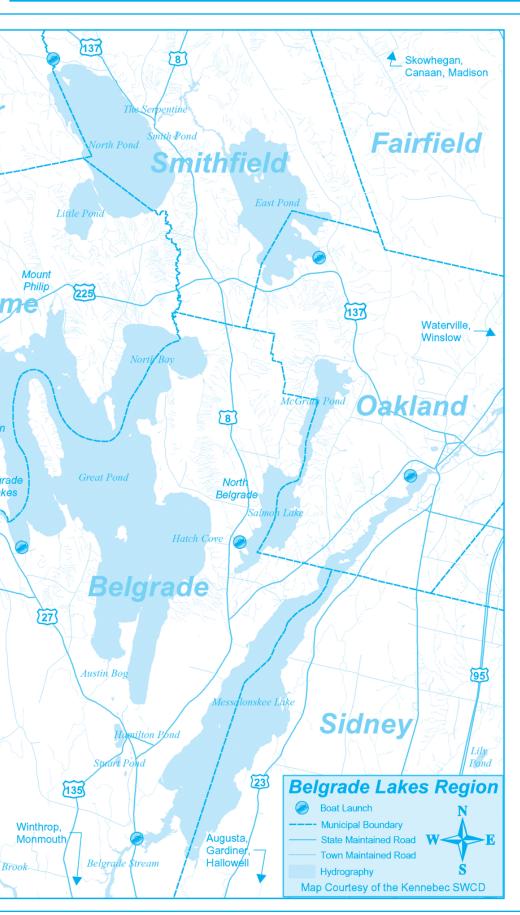
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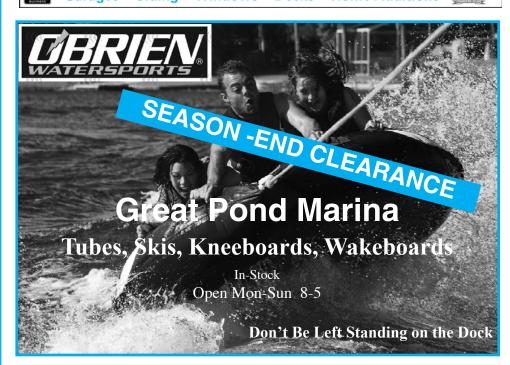
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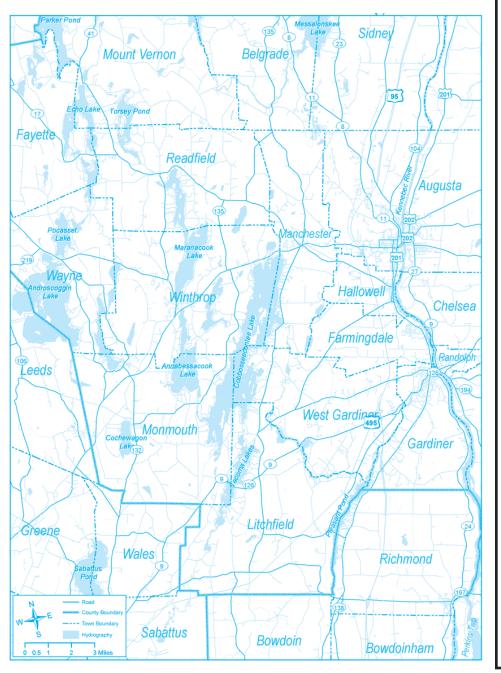


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Summer 2012

Dear Belgrade Community:

Welcome to the beautiful Belgrade Lakes Region. We at the Belgrade Regional Health Center hope you enjoy your stay and enjoy good health during your visit. We look forward to the return of our summer residents, as well as visitors to the area.

In case you do have a health concern while visiting, we are available to treat acute problems, as well as chronic health conditions. Please call us for an appointment at 495-3323. We will see you as soon as possible at the health center. Our appointment hours are Monday through Friday, 8 a.m. to 12:30 p.m. and 1:30 p.m. to 4:30 p.m., and Tuesday evening from 5 to 7 p.m..

If you have a major medical emergency such as chest pain, a severe breathing problem, cardiac condition, or major trauma, please call 911 or go to the nearest emergency room.

If you have a minor health condition such as poison ivy, a fish hook, laceration, etc, please try to call before arriving at the health center. We accept patients on a walk-in basis, but you will be asked to wait until our regularly scheduled patients are seen. If you call ahead, we can give you a scheduled appointment and likely reduce your wait.

We are located at 4 Clement Way, just off Route 27, 3 miles north of the intersection of Routes 27 and 135. We look forward to seeing you for any of your healthcare concerns. For more information call 495-3323 or visit www.BelgradeCHC.org.

Sincerely,

Amy Madden, MD Megan O'Brien, FNP Jessica Hopkins, LCW Tammy Gannaway Kerr, FNP Wendi Wainer, Practice Manager



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"Designing Women" at Longfellow's August 25











Fine Art and Craft Show and luncheon sponsored by Designing AWomen will be held on Saturday, August 25, 9:30 am-4:30 pm, at Longfellow's Greenhouses, 81 Puddledock Road in Manchester. The show will feature the work of over twenty artists and craftswomen and will include high quality and beautifully handcrafted pottery, handbags, glasswork, handwoven clothing and accessories, home accents, stained glass, and sculptural ceramic art.

A nonprofit volunteer corporation of women artisans, Designing Women has been bridging art and community since 1991 by working with organizations that benefit women and girls locally by holding annual shows in Maine and New Hampshire.

The August 25 show will benefit the Sexual Assault Crisis and Support Center in Winthrop through a \$2 donation at the door and the proceeds from the luncheon.

The Sexual Crisis and Support Center in Winthrop provides free and confidential services, support, advocacy, education and community collaboration to Kennebec, Somerset, Knox and Waldo Counties. http://www.silentnomore.org.

Visit www.designingwomen.org for more information about Designing



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....Continued from page 5.

Keeping Them Indoors, For the Love of the Birds and Other Wildlife -

Cat predation is a major threat to bird populations, especially those already on the decline due to habitat loss. Cats do not observe fair hunting ethics; they kill indiscriminately, taking babies, parents caring for young, and threatened and endangered species of both birds and mammals. Newly fledged nestlings need time to condition their flight muscles and are particularly vulnerable to cat predation, as are birds that nest or feed on or near the ground.

A study conducted over this past year by the American Bird Conservancy and the Wildlife Society, found that cats killed an average of 2.1 animals every week but brought home only one out of every four kills. This makes it likely that cats kill far more than earlier estimates, bringing the number to more than four billion animals per year, including at least 500 million birds.

"Cat predation is one of the reasons why one in three American bird species are in decline," says Dr. George Fenwick, President of the American Bird Conservancy.

Cats were brought to North America by Europeans seeking to control rodent populations. Although this may have been the original reason for bringing them over, cats have become pets that hunt for pleasure. Cats that are kept as pets do not need to kill in order to eat and so they have an unfair advantage over the native wildlife that must kill in order to survive. Generally when the prey is mostly gone from an area, predators will move on to other areas and allow the prey species to recover, but cats can decimate wildlife of all kinds around their owners' homes. Humans consider some of these animals to be pests, but many are not, and even the "pests" are an integral part of the grander picture, as part of the food chain for native animals such as owls, hawks, fox, and other predatory species.

At Avian Haven Wild Bird Rehabilitation Center in Freedom, the statistics on cat-injured birds are grim. In their practice over the last several years, cat predation is the most commonly reported cause of injury, averaging roughly 40% of known injury cases. This equates to 70-100 birds per year, with a little more than half of them babies. The cat caught birds brought to Avian Haven since 2008 have only a 19% survival rate, despite antibiotics and rehabilitators best efforts. Cats have bacteria in their saliva that can prove fatal even if the bite or scratch didn't kill. Catinduced injuries aren't always easily apparent, as cats' teeth are so tiny and sharp that punctures are virtually impossible to find, especially under feathers. It is often only in a necropsy after the fact that mysterious bird deaths are determined to be caused by cat punctures, frequently over the kidneys. There is nothing that can be done for this kind of kidney trauma, even if it were known in advance.

As grim as these statistics are, it is important to remember that these are only the cases where someone witnesses the injuries and intervenes. Most birds that fall prey to cats are in situations where their deaths will never be discovered. And



Ovenbird nestling brought into Avian Haven Wild Bird Rehabilitation Center in Freedom after the mother and nest-mates were killed by a cat. Photo courtesy of Glori Berry and Avian Haven.

There are several misconceptions about outdoor cats and their hunting habits, so it is important to understand a few important facts:

Cats that are fed at home still kill birds and small mammals. They are killing for sport, not survival.

Birds and small mammals that escape from a cat's grip still have a very high mortality rate. The bacteria in cats' mouths and on their claws is lethal.

Cats that wear bells still kill wildlife.

Some cats are very proficient at stalking and can still come in without a sound. Also, birds don't necessarily know that the bell means they should flee.

Cats will stalk bird feeders. Feeding the birds where there are free-roaming cats may be well-intentioned, but it is essentially luring birds to their death.

in the spring and summer months, the death of an adult bird often means that now orphaned babies will be left to starve to death.

It is not the cats that are to blame for this situation, but owners who allow their cats to roam freely. Cat owners need to take responsibility for the local wildlife decimation caused by the actions of their cats.

By all accounts, our Eastern songbird populations are struggling with habitat loss and a host of other critical issues. Keeping cats indoors is the most significant thing we can do to make a real difference in the survival rate of these birds. It is the right decision for the safety and longevity of our cats, as well as the lives of birds and mammals who should be allowed their natural order of life, too.



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Saturday 9/15 – Monthly Bean Supper, all you can eat, to benefit "Words For Thirds" program giving dictionaries to all the 3rd grade students in Rome, Belgrade, Sidney and Oakland, 4:30-6 pm, tickets \$7, under 5 free, family of 4 or more \$20, Mt. Philip Grange, Routes 225 and 27, Rome.

Sunday 9/16 – Farmington Fair, large midway, exhibit halls, livestock exhibits, animal pull events, harness racing, food, fun, special days for seniors, children, 778-6083, Fairgrounds, Farmington.

Sunday 9/16 – 8th Annual Saddleback Mountain Fall Festival and Trail Run, family event with live music, barbecue, art show, pie eating contest, arts and crafts vendors and a pumpkin patch, Trail Run 9 am, register 7:30-8:30 am, Festival 10 am-3 pm, Saddleback Mountain, Rangeley.

Thursday 9/20 – Western Maine Storytelling Guild, tellers and non welcome, 7-8:30 pm, 778-4662, Olsen Student Center, Room 123, University of Maine, Farmington.

Friday 9/21 through Sunday 9/23 – Common Ground Fair, a celebration of rural life, demonstrations, Maine-organic produced foods and crafts as well as livestock exhibits, www.mofga.org, 568-4142, Fairground, Unity.

Friday 9/21 through Sunday 9/23 and September 28-30 -"Office Hours," ACAT, Aqua City Actor's Theatre, 873-7000, Waterville Opera House, Main Street, Waterville.

Saturday 9/22 - A Tribute to Herbie Hancock, the Colby Faculty Jazz Ensemble joined by guest artists Jesse Feinberg and Wells Gordon, 873-7000, Waterville Opera House, Main Street, Waterville.

Friday 9/28 - 19th Annual Rise 'N Shine 5K Road Race, sponsored by Kennebec Savings Bank 6:35 am, 622-5801, Kennebec Savings, State Street, Augusta.

Friday 9/28 – "Texas Highways and Byways," presented by Dale Johnson, explore familiar places such as the Alamo and many spots the average traveler never gets to see, 2 and 7 pm, 946-5311, Araxine Wilkins Sawyer Memorial, 371 Sawyer Road, off Route 202, Greene.

Saturday 9/29 – "Museum Day Live," 8th annual event, free admission at participating museums, tickets available at smithsonian.com/museumdaylive, local participants are L.C. Bates, Hinckley; Maine State Museum, Augusta; Nowetah's American Indian Museum, New Portland.

An Uncommon Gallery and Studio Opens in Waterville

Waterville arts scene. Common Street Arts opened in July in two storefronts, at 16 and 18 Common Street, across Castonguay Square from Waterville's historic city hall.

The new nonprofit venture is a merger of the Common Street Gallery, a private gallery which had operated next door for a year, closing this spring; and Freshwater Arts, a program of Waterville Main Street that offered classes for aspiring artists of all ages in the basement of Barrels Market, a oneminute walk away.

The new art center had its opening exhibit, ARTworks, for four weeks in July and August and subsequently invited community members to create a mobile mural, which is now on display. On September 14, from 5:00 to 8:00 p.m., the space will have an opening reception with live music for its next exhibit, Between the Bars, which will feature

There is a new player in the downtown "LP still life paintings" by Gideon Bok and photographs of musicians in clubs and studios in New York City in the 1970's and '80's by Gary Green.

> On September 22, at 7:30, the gallery will host a performance by Olas, a music and dance group "heavily influenced by Andalusian Flamenco and Arabic folk music, translated through a blend of American folk, rock, Arabic, and Afro-Cuban sounds." Tickets cost \$10, and advance purchase is recommended.

> The adjoining studio has six potter's wheels, a kiln, and assorted art supplies, so that the art center can hold classes for community members throughout the year.

> Common Street Arts is open Wednesday through Saturday from noon to 6:00 p.m. For more information about these and other upcoming exhibits and events, go to www.commonstreetarts.com.



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- Conservation Too -

Even though it's the last 2012 issue of "Summertime in the Belgrades" most of the readers remain in the area. Some year round, others for a number of months yet. There is still plenty you can do to protect water quality before the cold grip of winter sets in. You can do things now that will actually help throughout the winter.

We all benefit from clean water and we all live in a watershed Even if you are not on the shoreline of a pond or lake you impact a water body in one way or another.

Following summer rainstorms you probably notice areas of your property where excessive stormwater runoff is causing some level soil erosion, the most serious threat to Maine's lakes. To reduce runoff you must increase infiltration and evaporation. Although we will always impact our environment, the degree to which we do it can be minimized. The following are some things that you can do to minimize your impact.

Plant vegetation: Fall is an excellent time to plant trees and shrubs. Some think it is the best time since the soils are warm but the plants themselves are beginning to go into their dormant stage. It is a great time to design and plant a buffer or expand the one you already have. Even better, the nurseries and greenhouses start to offer sales on plants in the fall where you can

End of the Season But Plenty of Conservation Left to Do

save money! . . . or spend just as much money but get many more plants.

Cut back on your lawn: Let a portion of your lawn revert back to forest. At least let some of it revert to wild flowers and tall grasses. Infiltration and evaporation are much higher for forested land as compared to a lawn. Leaves, twigs and other organic matter found in a forest environment absorb rainfall. This increases the rate of evaporation and the undulating terrain increases infiltration, reducing runoff. So relax, watch a ballgame, and get a smaller mower!

Maintain your septic system and oil tank: A failing septic system is not only a stinky nuisance but can be a serious threat to water quality. Sewage from your leach field or holding tank contains bacteria and nutrients that are harmful to groundwater and surface water. Make sure your system is functioning properly by inspecting you leach field for "break outs" and have your tank pumped periodically. Also check and protect your heating oil tank. Protect it from winter damage and ice from the roof. A tank of heating oil in the lake could be a disaster.

Maintain your driveway/camp road: You've spent all summer using your gravel road. Fall is a good time to make improvements prior to next spring's thaw and subsequent stormwater runoff. Re establish the crown on your driveway/camp

road to effectively disperse rainwater off of the surface where infiltration can take place. Crowning will also help prevent potholes, wash outs, and "mud runs" in the spring.

Be mindful of your gutters: Specifically pay attention to your downspouts. During a rainstorm a large volume of water from your rooftop is concentrated and led down the side of your house. This charge of water can create obvious soil erosion problems. This flow should be directed into a forested area (where your lawn used to be) so that infiltration can take place. Just because you are NOT at camp this fall and winter doesn't mean that the water runoff and erosion isn't occurring.

Use fertilizer wisely: If you are going to fertilize. Do it in the fall. Fertilizers contain nutrients that help your lawn to grow. Unfortunately these are the same nutrients that help aquatic vegetation, like algae, to grow. If you must fertilize your lawn sample your soil to find out how much and what blend of fertilizer to use, it'll save you money.

Contact your local Watershed Association or Conservation District: They can provide you assistance regarding conservation practices.

Articles contributed by the Kennebec County Soil & Water Conservation District in Augusta For information about any of our conservation projects please contact Dale Finseth at 622-7847, x 3 or check our website at www.kcswcd.org

Come Visit Maine Farm Days

The event is free....and everyone is invited. Maine Farm Days is being held now, Wednesday and Thursday, August 22 and 23, 9 am-4 pm each day.

Some of the cows at the Misty Meadow Farm in Clinton, owned by the Stoughton family, produce more than 10 gallons of milk each day! Visit them, visit the entire farming operation!

Maine Farm Days is an Agricultural Trade Show held on a working farm: Open to the public and free. Farm Days, Inc. joins the host family and others to sponsor this agricultural exhibition. The Stoughton family opens their farm to the public but they do not stop farming. They just allow the public to come in and join them as they work and see what is involved in the operation of a large dairy farm.

For visitors from last year, there will be changes



to see and new areas to discover. The Conservation Tour, for instance, has been redesigned and includes additional information and views of the barns and milking sheds.

Misty Meadows is approximately a thousand in Clinton. Follow the sign acre operation that milks about 600 cows, producing approximately 1.8 million gallons of milk or call 622-7847 ext. 3.

annually. The setting is scenic, the displays excit-

ing, the children's tent fun and educational, and there's good food and friendship available.

The Misty Meadows Farm is on Hill Road in Clinton. Follow the signs, or check out the website for more details at www.MaineFarmDays.com, or call 622-7847 ext. 3.



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Are You a Winner?!

The BLA raffle drawing was held August 18, 2012. The winners' names will be posted on our website: www. blamaine.org Thank you for your participation!











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Bear Spring Camps, 60 Jamaica Point Rd., Rome, 397-2341, www.bearspringcamps.com

Belgrade Cottages, 9 Bass Lane, Belgrade, 495-9217, www.belgradecottages.com

Castle Island Camps, American Plan, Castle Island Rd, Belgrade Lakes, 495-3312, www.castleislandcamps.com

Kozy Cove Cottages, Rt 8, Salmon Lake, Belgrade, 465-0959, www.kozy-covecottages.com

Loon Ridge, cottages, 1339 Augusta Road, Rt 27, Belgrade, 495-2294, www.LoonRidge.com

The Village Inn, 1 & 2 bedroom suites, Rt 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com

Whisperwood Cottages, American Plan, boat rentals, 103 Taylor Woods Rd, Belgrade, 465-3983, www.whisperwoodlodge.com

Wings Hill Inn, Rt 27, Belgrade Lakes, 495-2400, 866-495-2400, www.wingshillinn.com

RESERVATIONS SERVICES

Belgrade Vacation Rentals, 81 Main St, Belgrade Lakes, 495-4011, www.belgradevacationrentals.com

National Honey Month Celebrated at L.C.Bates Museum!



useum Activities for the whole family will explore the world of the honey bee. The L.C. Bates Museum will host a fun Celebrating Honey and Pollinators Day program on Saturday September 8, 2012 at 1pm. Samantha Burns, president of the Somerset Beekeepers and a certified master gardener with the Somerset County Cooperative Extension will be at the museum with honey, some beekeeping equipment, and lots of great pollination knowledge. Burns also owns and operates Runamuk Micro-Farm in Anson, which is a certified bee-friendly farm producing organic heirloom vegetables and all-natural raw honey.

The event will explore the basics of pollination through hands-on models, museum collections, and a fun take home craft. The kids will have plenty to do and play with but the event is also for the grown-ups! Adults will get in depth information on how to help pollinators in our



area, native pollinators vs. honeybees, threats facing pollinators today and other great tips. Of course, everyone will taste honey too! Celebrating Honey and Pollinators day will be fun for every age.

Regular admission museum admission= \$3 for adults and \$1 for anyone under 18 years of age.

The L.C Bates Museum is dedicated to inspiring wonder, discovery and responsibility for our natural and cultural worlds through exhibitions and programs. For more information about the L.C. Bates Museum's Honey Bee Program, contact the L.C.Bates Museum at Good Will-Hinckley 207-238-4250 or lcbates@gwh.org. The L.C. Bates Museum is located on Rt 201 in Hinckley, Maine on the campus of Good Will-Hinckley. The Museum is open Wednesday, Thursday, Friday and Saturday from 10AM to 4:30.





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in North Belgrade

Dining

Augusta

• Riverfront Barbeque & Grille and Gin Mill Lounge, 300 Water St., Augusta. 622-8899, www.riverfrontbbq.com

Belgrade

- Belgrade Lakes Golf Club, lunch/snacks, West Road, Belgrade Lakes, 495-4653, www.belgradelakesgolf.com
- **Pete's Pig,** 81 Main St., Belgrade Lakes Village, 495-4095, www.petespig.com
- The Village Inn, Rte. 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com
- Whisperwood, Salmon Lake/McGrath Pond, Taylor Woods Rd, Belgrade, open to the public by reservation only, 465-3983, www.whisperwoodlodge.com
- Wings Hill Inn and Restaurant, Rt. 27, Belgrade Lakes Village, 495-2400 or 800-495-2400, www.wingshillinn.com

Fairfield

• Cacciatores. 29 Main St, Fairfield, 872-9700.

Oakland

- Alden Camps, Lunch or dinner by reservations, Sat. Wed., space permitting. 3 Alden Camps Cove, Oakland. 465-7703. www.aldencamps.com
- **Riverside Farm Restaurant and Wine Market,** 291 Fairfield St, Oakland, 465-4439. www.riversidefarmmarket.com

Waterville

• **Restaurant & Pub at the Waterville Grand.** 375 Upper Main St, Waterville. 873-0111.

Winslow

• Lobster Trap & Steakhouse. 21 Bay St, Winslow. 872-0529. www.lobstertrap-seafood.com.

Winthrop

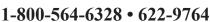
• Peppers Garden & Grill. 357A Main St, Winthrop. 377-8877

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Apple Fest Features 5K Run



It's Fall: Time to celebrate the apples, to pick them, munch on them, press them for cider, preserve them, fest them, and run...or jog...or walk for them.

On Saturday, September 28, the 2012 Friends of Cumston Hall – Apple Fest 5K Run, Jog, Walk will take place in Monmouth at 8 am. Race day registration, \$25, is 7-7:45 am; advance registration at www.runreg.com closes at 5 pm on Friday, September 28; a t-shirt with the Apple Fest logo will be provided to those registered by September 17. Proceeds support restoration, preservation and maintenance of historic Cumston Hall.

The Friends of Cumston Hall Apple Fest 5K is open for all runners, joggers and walkers. The course starts and ends at Cumston Hall at the Theater at Monmouth, 796 Main Street and



Cumston Hall coming into view on the last leg of the Apple Fest 5K Run, Jog, Walk.

meanders along the side streets of Monmouth. The scenic route includes the Academy Road uphill, passing Monmouth Fairgrounds and Monmouth Academy, a double-back hairpin turn, downhill on Norris Hill Road with short glimpses of Cochnewagon Lake, and the finish in front of the arch of Cumston Hall where awards will take place for men and women by age categories and overall winners.

And then? It's time to visit downtown Monmouth, eat breakfast, attend other Apple Fest activities, and maybe pick apples at an orchard in the area.

The Friends of Cumston Hall Apple Fest 5K is Cumston Hall and the historic building visit www.friendsofcumston hall.org or call 607-2775.





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-Business Directory-

ACCOMMODATIONS

See page 20

ADVENTURE

Belgrade Cottages Guide Service, fishing, lake tours, canoe/kayak trips and rentals. 9 Bass Lane, Belgrade, 314-8469, www.belgradecottages.com

Maine Wilderness Tours, fishing, canoeing/kayaking, lobster picnic, bird watching, 7 Croquet Lane, Belgrade, 465-4333, www.MaineWildernessTours.com

ANTIQUES

Barbara's Antique & Collectibles Group Shoppe, Rt 201, 414 Lakewood Rd, Madison, 474-2550, 474-8357

Heirloom Antiques & Vintage, 35 Concourse E, Waterville, 877-7877

Stoney Creek Antiques, 881 Civic Center Drive, Augusta, 626-9330

BANKING

Kennebec Savings Bank, 150 State St, Augusta, 622-5801, www.kennebecsavings.com

Maine State Credit Union, 200 Capitol St, Augusta, 623-1851, www.mainestatecu.org

Skowhegan Savings Bank, Rt 27, Belgrade, 495-7787, www.skowsavings.com

BEVERAGES

Jokas' Discount Beverage, 52 Front St, Waterville, 873-6228, *www.jokas.net*

BICYCLES

Auclair Cycle & Ski, 64 Bangor St, Augusta, 623-4351, auclaircycle@msn.com

BOATS

(Besides the categories immediately following, see Canoes and Kayaks, Docks, and Boat Repair.)

BOAT COVERS

Waterville Upholstery & Canvas, 1042 Kennedy Memorial Dr, Oakland, 465-7847

BOAT LIFTS

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

BOAT MOORINGS

Great Pond Marina. 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

BOAT RENTALS

Belgrade Canoe & Kayak, Rt 27, Belgrade, 495-2005, 242-6331, www.kayakandcanoe.com

Castle Island Camps, Castle Island Rd, Belgrade Lakes, 495-3312, www.castleislandcamps.com

Great Pond Marina, 25 Marina Dr , Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

Whisperwood Cottages, 103 Taylor Woods Rd, Belgrade, 465-3983, *www.whisperwoodlodge.com*

BOAT REPAIR

Belgrade Boat Shop, Rt 135, Belgrade, 485-6953

Kennebec Boat Repair, 907 Oakland Road, Belgrade, 465-9012, www.KennebecBoatRepair.com

BOAT SALES AND SERVICES

Belgrade Canoe & Kayak, Rt 27, Belgrade, 495-2005, 242-6331, www.kayakandcanoe.com

Clark Marine, 57 Puddledock Rd, Manchester, 622-7011, mail@clarkmarine.biz, funonthewaterstartshere.com

Hamlin's Marine, 290 West River Road, Waterville, 872-5660, www.hamlinsmarine.com

Mid-Maine Marine and RV, 885 Kennedy Memorial Drive, Oakland, 465-2146, www.midmainemarine.com

Trailside Performance, 797 Augusta Rd (Rt 201), Winslow, 873-2366, *www.trailsideperformance.com*

BOAT STORAGE

Belgrade Boat Storage, 41 Pinkham's Cove Rd, Rt 27, Belgrade, 495-3421, 314-3287, www.belgradeboatstorage.com, www.belgradeboatrentals.com

Belgrade Lakes Marine and Storage, Inc, 366 Augusta Rd, Belgrade, 495-2378, www.belgradelakesmarine.com

Clark Marine, 57 Puddledock Road, Manchester, 622-7011; and Rt 202, Monmouth, *mail@clarkmarine.biz*, *funonthewater-startshere.com*

Great Pond Marina, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

Hamlin's Marine, 290 West River Rd, Waterville, 872-5660, www.hamlinsmarine.com

Kennebec Boat Repair, 907 Oakland Road, Belgrade, 465-9012, www.KennebecBoatRepair.com

Maple Leaf Self Storage, 688 Manchester Rd, Rt 135, Belgrade, 495-2191, 441-5529

Mid-Maine Marine and RV, 885 Kennedy Memorial Dr, Oakland, 465-2146, www.midmainemarine.com

Trailside Performance, 797 Augusta Rd, Rt 201, Winslow, 873-2366, www.trailsideperformance.com

BOOKS

CHARLES S. PIERCE BOOKSELLER, 11 Lakeshore Dr, Belgrade Lakes, 495-3465

CHILDREN'S BOOK CELLAR, 52 Main St, Waterville, 872-4543, *kidsbookseller@verizon.net*

THE PEOPLES BOOK SHOP, , 605 Wings Mill Rd, Mount Vernon, 620-2392

BOTTLE AND CAN REDEMPTION

Jokas' Discount Beverage, 52 Front St, Waterville, 873-6228, *www.jokas.net*

BUILDERS

(See also Kitchens, Plumbing, and Excavating)

All Season Home Improvement. 823 Church Hill Rd., Augusta, 626-3039, 800-464-3039, www.all-season.com Craig's Carpentry/North Bay Estates, Rt 8, North Belgrade, Craig Alexander, 649-3749

G&L Contracting, Adam Gardner, Belgrade, 215-7951 **LakeHouse Design Build,** Serving Central Maine's Waterfront Design Build Needs Since 1987. 10 Liberty Lane P.O. Box 663 Readfield, Maine 04355

 $www.lake house design build.com\ 207.685.7393\ -207.242.3663$

Mainely Molding & Restoration, 449 Wilder Hill Rd, Norridgewock, 634-2821, www.mainelymolding.com

BUILDING MATERIALS

Gagne and Son, 28 Old Rt 27, Belgrade, 495-3313, www.gag-neandson.com

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

CANOES AND KAYAKS

Belgrade Canoe & Kayak, Route 27, Belgrade, 495-2005, 242-6331, www.kayakandcanoe.com

Belgrade Cottages Guide Service, fishing, lake tours, canoe/kayak trips and rentals. 9 Bass Lane, Belgrade, 314-8469, www.belgradecottages.com

CLOTHING

New Balance Factory Outlet, 13 Walnut St, Skowhegan, 474-6231, www.newbalance.com, nbfactorystore.com

COMPUTER CONSULTANTS

Samara Consulting, Macintosh Consultant, Michael Breault, 24 Welch Rd, Wilton, 645-5083, cell 578-0226, *mbreault@samaraconsulting.com*, www.samaraconsulting.com

DENTAL CARE

The Complete Dental Center, 107 Birch St, Farmington, 860-2781

DINING

(See Dining Directory on page 21)

DOCKS

G&L Contracting, Belgrade, 215-7951, agardner81@yahoo.com Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com Trailside Performance, 797 Augusta Rd, Rt 201, Winslow, 873-2366, www.trailsideperformance.com

ELDER CARE

Maine-ly Elder Care, 28 Center St, Oakland, 465-3249, www.maine-lyeldercare.com

EXCAVATING

Belgrade Boat Storage, 41 Pinkham's Cove Rd, Belgrade, 495-3421, 314-3287, www.boatstorage.com

David Stevens, P.O.Box 146, Belgrade, 465-3815, cell 314-0314

EYE CARE

Maine Eye Care Associates, 325 E. Kennedy Memorial Dr, Waterville, 873-2731, www.MaineEyeCare.com

FARMSTANDS

Winterberry Farm, 538 Augusta Rd, Rt 27, Belgrade, 495-2593, www.winterberryfarmstand.com

FINANCIAL PLANNING

Golden Pond Wealth Management, 129 Silver St, Waterville, 873-2200, www.goldenpondwealth.com

Kennebec Wealth Management, 150 State St, Augusta, 622-5801, www.kennebecsavings.com

FIREWOOD

J & M Logging, Inc. 853 Civic Center Dr., Augusta, 622-6353

FLOORING

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield,



Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

FLOWERS AND PLANTS

Longfellow's Greenhouses, 81 Puddledock Rd, Manchester, 622-5965, www.longfellowsgreenhouses.com

Pierce's Greenhouse, 407 Belgrade Rd, Oakland, 465-7788

GALLERIES

Artisan's Barn, 163 North Rd, Readfield. 685-9787, www.theartisansbarn.com

Spring Gallery & Sculpture Garden, bronze castings, 81 Main St, Belgrade Lakes, 495-3113,

www.modernartfoundry.com, www.springgallery.com

GIFTS

Kozy Cottage, 13 Church St, Oakland, 465-0959, www.kozy-covecottages.com

Day's General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

The 1830 House on Long Pond, 134 Main St, Belgrade Lakes Village, 495-3277

The Village Peddler Gift Shop, Lake Shore Dr, Belgrade Lakes, 495-7707

GOLF

Lakewood Golf Course, 803 Lakewood Rd, Madison, 474-5955, www.lakewoodgolfmaine.com

Natanis Golf Course. 735 Webber Pond Rd, Vassalboro, 622-3561, www.natanisgc.com

GROCERIES

Day's General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

HEALTH CENTER

Belgrade Regional Health Center, 4 Clement Way, Belgrade Lakes, 495-3323, www.healthreachchc.org

Inland Hospital, The Clinic at Walmart, walk-in health care, 80 Waterville Commons Dr, Waterville, 680-2110, www.inlandhospital.org

HEATING

Jim Webster, West Road, Belgrade, 495-2370, 462-3472

ICE CREAM

Day's General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

JACKING

Mainely Molding & Restoration, 449 Wilder Hill Rd, Norridgewock, 634-2821, www.mainelymolding.com

JEWELRY

Larsen's Jewelers, 57 Main St, Waterville, 872-6301, 800-697-1874, www.larsensjewelers.com
L.Tardif Jeweler, 62 Main St, Waterville, 872-7542, 800-834-3638

KITCHENS

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

LAKE ASSOCIATIONS

Belgrade Lakes Association (BLA), Long Pond and Great

Pond, PO Box 551, Main Street, Belgrade Lakes, 512-5150, www.belgradelakesassociation.com

LANDSCAPING

G&L Contracting, Belgrade, 215-7951, agardner81@yahoo.com **Lakeside Landscape**, 13 Station Rd, Belgrade, 465-3039, 831-7053, 632-1086, lakesidelandscape1@yahoo.com

Longfellow's Greenhouses, 81 Puddledock Rd., Manchester, 622-5965, www.longfellowsgreenhouses.com

Lynch Landscaping, Skowhegan, 474-2420, lynchlandscaping.com

Native Notions, 213 West Rd, Belgrade, 495-6040, 314-9538, nativenotions@hotmail.com, www.nativenotionslandscape.com

MASONRY

Michonski Brothers Mason Contractors, PO Box 656, Norridgewock, 634-2516 www,michonskibrothers.com

MEATS

Ballard Meats & Seafood, Myrtle St, Manchester, 622-9764, 1-800-564-6328

MOVIE THEATERS

Railroad Square Cinema, call for titles and times, 17 Railroad Square, Waterville, 873-6526, www.railroadsquarecinema.com

PHYSICAL THERAPY

Dockside Physical Therapy, 47 Main St, Belgrade Lakes, 495-3195, 512-2544, Fax 512-2545

PIANO SUMMER CAMP

Diane Gorman, *Gorman3366@roadrunner.com*, 906 Manchester Rd, Belgrade, 495-3222

PICTURE FRAMING

The Framemakers, 46 Main St, Waterville, 872-8927, www.theframemakers.com

PLUMBING

Paul Hanna's Plumbing, Belgrade Lakes, 495-3805 Houle's Plumbing, Heating and Air Conditioning, 19 North St, Waterville, 872-6762, www.houlesphac.com

PRINT, MAIL & MORE

Color Storm, Inc, Main St, Belgrade Lakes, 592-5990

PROTECTIVE COATINGS

Normile Sealcoating, pavement and roofing, 332-4131, normile.chris@gmail.com

REAL ESTATE DEVELOPMENTS

North Bay Estates, Belgrade, 649-3749, crgsnbe@yahoo.com

REAL ESTATE

Coldwell Banker Thomas Agency, 75 Main St, Winthrop, 377-2121, www.coldwellbankerthomas.com

Day's Real Estate, 262 Augusta Rd, Rt 27, Belgrade Lakes, 495-3111, 1-888-495-3111, www.daysrealestate.com

Lakepoint Real Estate, 221 Main St, Belgrade Lakes, 495-3700, www.belgradelakepoint.com

Rizzo Mattson Realtors, 219 Capitol St, Aigista. 622-9000. 800 894-7979, www.rizzomattson.com

Sprague & Curtis Real Estate, 75 Western Ave, Augusta, 623-1123, www.spragueandcurtis.com

Webber Real Estate. Main Street, Mount Vernon. 293-2601, www.webberrealestate.net

RESERVATIONS

See page 20 RESTAURANTS

(See Dining Directory on page 21)

RETIREMENT COMMUNITIES

Granite Hill Estates, 60 Balsam Dr, Hallowell, 626-7786, 1-888-321-1119, www.granitehillestates.com

SCHOOLS

St. Michael School, grades pre-K through 8, 56 Sewell St, Augusta, 623-3491, www.smsmaine.org

SEAFOOD

Ballard Meats & Seafood, 55 Myrtle St, Manchester, 622-9764, 1-800-564-6328

Lobster Trap & Steakhouse, 15 Bay St, Winslow, 872-0529, www.lobstertrap-seafood.com

SECURITY SYSTEMS

Cayer Security Services, Inc, 208 College Ave, Waterville, 453-9177, www.cayersecurity.com

SELF STORAGE

Maple Leaf Self Storage, 688 Manchester Rd., Rt 135, Belgrade, 495-2191

SEPTIC SYSTEMS

Bellavance Construction Company Inc, 31 Hulin Rd, Belgrades Lakes, 495-2492 Stanley's Septic Tank Service & Construction, 187 Norridgewock Rd, Fairfield, 453-9819, 1-800-660-7826, www.stanleysseptic.com

SHOES AND SNEAKERS

New Balance Factory Outlet, 13 Walnut St, Skowhegan, 1-877-623-7867, www.newbalance.com

SPA

Belgrade Lakes Day Spa, "Your Premier Wellness Center," 495-2560, www.belgradelakesdayspa.com

STONEWORK

Gagne and Son, 28 Old Rt 27, Belgrade, 495-3313, 1-800-339-3313, *www.gagneandson.com*

THEATER

The Theater at Monmouth, Cumston Hall, off Rt 135, Monmouth, 933-9999, www.theateratmonmouth.org

VETERINARY SERVICES

Lakeside Veterinary Clinic, 88 Libby Hill Rd, Oakland, 465-7387, 465-8387, www.lakevets.com

WINDOWS

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

WINDOW TREATMENTS

Blind Time, 24 Meadow Hill Dr, Farmingdale, 621-9832, www.blindtime.com

YOGA

School Street Yoga, Waterville-Hallowell, 330-1450, www.schoolstreetyoga.com



Expressions •

The Marcia Gallagher Quartet

The "Concerts at Jewett" Series, sponsored by the University of Maine at Augusta College of Arts and Sciences and UMA Senior College, will present the Marcia Gallagher Quartet in a Tribute to Jazz Sirens on Sunday, September 16 at 2 pm at the University of Maine at Augusta, Jewett Auditorium.

Local performer Marcia Gallagher is a popular vocalist, keyboardist and bassist who has taught her love of music to many of the area's students through her positions as adjunct faculty professor for UMA's music department, music teacher at St. Michael School in Augusta, musical director for the Theater at Monmouth, and director of the musical portion of Augusta's Cony High School Chizzle Wizzle. Her many local appearances include performing in restaurants and at weddings, anniversary parties and other celebrations both solo and as part of a trio or quartet.

Joining Marcia in this concert with commentary will be UMA musicians Rick Nelson on guitar, Steve Grover, drums, and Duane Edwards on bass. They will present an afternoon of stories and songs from Jazz's greatest female singers: Betty Carter, Sarah Vaughan, Ella, Peggy Lee, Nina Simone, and Lena Horne.

Tickets are \$10 for adults, students \$5, 12 and under free and are available at Pat's Pizza in Augusta, Apple Valley Books in Winthrop, and at the door. For mail order tickets email umas@maine.edu or call 621-3551.



Announcing the 10th Season of "Concerts at Jewett"

Jan. 13).

The University of Maine at Augusta College of Arts and Sciences and UMA Senior College announce the 2012-2013 concert schedule for the 10th season of "Concerts at Jewett" held at Jewett Hall Auditorium. Tickets are \$10, students \$5, and children 12 and under free. Tickets are available at Pat's Pizza, Augusta, Apple Valley Books in Winthrop, and at the door.

Subscriptions (7 or more concerts) at reduced rates are available by mail. For further information call 621-3551, email umasc@maine.edu, or visit concertsatjewett.com.

The series, supported by local businesses that have had a major impact on the Augusta area and by private contributions, features talented local Maine performers representing a variety of musical forms. Profits will be used to subsidize present and future lectures and concerts to benefit the community.

The following artists will perform:

Sunday, September 16, 2012, 2 PM—Marcia Gallagher Quartet: A Tribute to Jazz Sirens.

Sunday, October 14, 2012, 2 PM —Shu Jing Lian & Christopher Staknys, classical pianists. These talented high school students are two of Maine's finest young artists.

Sunday, November 18, 2012, 2 PM—Two Old Friends: Mac McHale & Emery Hutchins. Songs, tunes and stories from Ireland and America.

Saturday, Dec. 8, 2012, 2 PM--A Christmas Concert: The Downeast Brass with Jay Zoller, organist, playing South Parish's historic 1866 E.& G.G. Hook

Organ. South Parish Congregational Church, 9 Church St., Augusta. Sunday, January 6, 2013, 2 PM—Masanobou Ikemiya: Classics to Ragtime--a piano recital with commentary. A return of this popular concert. (Snow date

Sunday, February 10, 2013, 2 PM —Dueling Sopranos: Deb Perkins and Bethany Ferland. This talented mother/daughter vocal team has appeared locally to rave reviews. Snow date Feb. 24).

Sunday, March 17, 2013, 2 *PM*—Castlebay: The Shamrock Shore--A Concert of Traditional Irish Music from Maine. Fred Gosbee and Julia Lane mix vocals, Celtic harp, guitar, and fiddle with legend, lore & history. (Snow date March 24).

Sunday, April 7, 2013, 2 PM/1 PM Pre-concert talk--DaPonte String Quartet. Dino Liva (violin), Lydia Forbes (violin), Myles Jordan (cello), and Kirsten Monke (viola)--celebrating their 20th anniversary.

*Sunday, May 19, 2013, 2 PM--*Erica Brown & The Bluegrass Connection. Traditional Bluegrass and French Canadian music.

All concerts, except for the Dec. 8th one, are at UMA Jewett Auditorium. Tickets (\$10, \$5 students, 12 & under free.

Call 621-3551 for information and or tickets.

Website: www.concertsatjewett.com.

Media contact: Deena Day--293-3406—dvday@prexar.com



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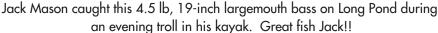


Fishing -

2012 – A Summer to Remember

by Mike Guarino







Hayden and his dad Jim get picture of the year for his huge pike!

s I sit here and write the final article of the season, my mind drifts over all the memories created during our fishing excursions this summer. We made a lot of memories and caught a lot of good fish, but even more memorable was getting to see all my summer friends who travel to the Belgrades each year to enjoy our beautiful playground. Some of the most vivid memories were "ugly" like when I got a treble hook through my hand on July 14 and asked my friend to pull it out. Then on August 1 it happened again and I pulled the hook out myself – only to watch my customer nearly pass out in the back of the boat. In his defense, that was pretty gross! But most of the memories were fun and pain free. During 2012, we also made a bunch of new fishing buddies, including some young and upcoming fishermen who are now hooked on the sport. Fishing can certainly be a quiet, relaxing, solo sport, but when you get in a boat with a couple of friends it often turns into a festival of laughter and jokes. Add a couple of young guns who out fish their parents or uncles and you have trash talking that would make an NBA player blush.

Sure, there are stories (some true and some embellished) and jokes to be told, but more often than not, we make our own fish stories. One of the best caught fish of the year has to be by 14-year old Hayden from Australia. He was on a mission to catch a 40-inch pike, so we picked up some live bait at Wild Things in Oakland and

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headed to the lake. He caught a few good pike on live bait and artificial lures. But it was the last cast of the day – when we had one minnow left – that he caught his dream fish. A 40-inch northern pike was in the net and the cameras were flashing pictures. The young man did a great job on the fish and landed it perfectly. He released the pike unharmed, and we all rejoiced in a moment of triumph.

Another success story came in this week from Jack Mason over on Long Pond. He was trolling a crankbait out of a kayak and hooked into a giant largemouth bass. Jack mentioned that he hasn't caught a lot of really big largemouth in Long Pond over the years, and his story rings true. Through the years we never really caught a lot of big largemouth out of Long Pond, but honestly the lake is really producing some lunkers in the last few years. Last year our personal best largemouth of 7.6 pounds came out of Long Pond. I have a feeling that Long Pond will be right up there with North Pond and Messalonskee for the better largemouth bass lakes in the Belgrades for 2013. Of course you can't count out Salmon Lake/McGrath Pond either. Special thanks to Candee and Doug at Whisperwood for a wonderful season!

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caught some giants over there and some beautiful brown trout, too. In my opinion it's a tie between Salmon and East Pond for the best crappie fishing in the Belgrades. You can bet the boys and I will be ice fishing both lakes for crappie this winter!

So as I finish up this year's final article, I'd like to say thank you to everyone who e-mailed or facebooked with pictures and stories. Thanks again to all my friends both local and from away who keep in touch during a very busy fishing season. We are all truly blessed to live and play in such a magnificent area where we have clean water and a variety of fish to chase around. Kudos to all the people involved with the Lakes Resource Center, BLA, and BRCA, etc. and even more important – the people who take care of our lakes personally. It's obvious that we have something special here in the Belgrades and with a little bit of effort we can preserve it for future generations of outdoor loving folks. Good luck fishing over the next few months. Some of the best fishing is yet to come!

Mike Guarino can be contacted at 465-4333 www.mainewildernesstours.com





Pet World

"La Rage"

'n French the word for rabies is "la rage", which **⊥**describes the common impression that people have of an animal with rabies; it also reflects the fear with which this viral disease has been regarded for thousands of years. Rabies has infected and killed wildlife, domestic pets and people all over the world. The most fearsome aspect of rabies is that once clinical signs develop, there is no treatment and death ensues within 10 days. The most classic picture of a rabid animal is one who is foaming at the mouth, with no fear and unbridled "rage", but there are actually other forms of the disease which are just as deadly to other animals, and can be misinterpreted by the well meaning public. Despite the wide availability of effective vaccines against rabies, every year new cases emerge, and death ensues, even in this area.

There are a number of stages of infection and infectivity. Initially, virus in an infected animal's saliva enters a victim's tissues during a bite (or scratch or other open wound). The virus attaches to the local muscle cells for a couple of days before penetrating to local nerves and beginning its slow ascent to the brain. Once in nervous tissue, the virus is not accessible to the immune system and can safely progress. The journey to the brain is slow but inevitable; it can take up to one year, but the average time between bite and detectable virus in the brain is 20 to 30 days. Once it reaches the brain, in two to three days it travels back down the nerves and becomes evident in all body secretions, including saliva. At this point, the disease

becomes transmissible and symptoms begin.

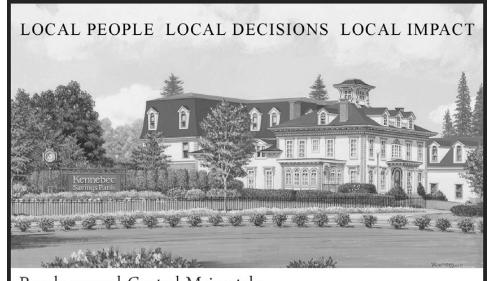
The first one an a half days after symptoms have started is known as the prodromal stage. A change in personality is noted. Friendly animals become shy, behavior may seem odd, they may hide, etc. The larynx begins to spasm and a voice change may be noted (especially true in rabid cattle). Most infected animals will actively lick or scratch the site of the original bite. The next two to three days is the excitative stage; this is the classic "mad dog" phase. The animal has no fear and suffers from hallucinations. If confined, the animal often attacks the bars of the cage. As the animal enters the paralytic or dumb stage during the next two days, they are just as dangerous for others in contact with them, however. Weakness sets in. The larynx is paralyzed resulting in an inability to swallow, thus drooling and "foaming at the mouth" result. The animal dies when the intercostal muscles (which control breathing) are paralyzed. It is from animals in this stage where most human exposure occurs. Never handle wildlife (even cute baby raccoons), especially if they have lost their fear response or seem unusually weak. There is no treatment for an animal once any of these clinical signs appear.

Once the virus is in body secretions, it is again accessible to the immune system but the animal dies before an adequate immune response is mounted to combat it. When human exposure to the animal in question is involved, what happens depends on a number of things. There is no test for rabies in a living

animal but since we know that death follows quickly after the clinical signs appear and the virus becomes contagious, a living animal can be confined in "quarantine" for 10 days. If the animal in question dies in that time, its brain can be tested for rabies. If the animal is still alive 10 days after biting a person, then the bite could not have transmitted rabies. This is a terrible time for any one who has found themselves in this situation with a pet.

The most common carriers of rabies in the North East include skunks, bats, raccoons, fox and coyote. The virus can affect all warm blooded mammals, including cows and horses. Bats are a particular problem because they frequently find their way into houses and garages. Cats commonly are able to catch bats, even if they are "indoor cats". In this area alone rabid wildlife have come into houses through dog doors, basement windows and drier vents. Even if your cat never goes outside, the importance of having him vaccinated against rabies cannot be stressed enough. Frequently we see cats or dogs with bite wounds of unknown origin. If these pets are not up to date on rabies vaccination, we (and their owners) must treat the pet as a potentially exposed to rabies. If your pet, you or your family has a potential exposure to rabies, consult your vet, your physician, the Maine Department of Health and Human Services, or the Maine CDC as soon as possible. But more importantly, you have an option for your pets that can protect them and your family: be proactive, make sure routine vaccinations are up to date for all your pets.

Pet World, is a bi-weekly column by Dr.Eleanor Sabean. She can be reached at Lakeside Veterinary Clinic lakevets@road-runner.com or by phone at 465-7387



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Business

Skowhegan Savings' Belgrade Branch to Relocate

Tight miles down Route 27 from its current $oldsymbol{\mathsf{L}}$ Belgrade facility is the Civic Center Drive site of Skowhegan Savings proposed new, stateof-the-art Augusta branch, which plans to open in March 2013. It will be accessible from both sides of the road, will feature convenient driveup banking services and will utilize an open dialogue concept to promote better customer communication. Most important for Belgrade clients, Branch Manager Meghan Loubier and her team will relocate to the Augusta location.

Simultaneous with the move, Skowhegan Savings will open a new, state of the art drive-up ATM machine in Belgrade that will accept check and cash deposits as well as dispense cash.

While the new bank is in construction, the Belgrade branch at 940 Augusta Road will continue to operate as usual. For more information visit www.skowsavings.com or call 858-2563.

Face the Days Ahead

hh! Look - September is right around the corner. But, WAIT—no longer do I have to think about kids getting ready to go back to schoolevery one of them have graduated—not only from high school but from college—and they are on their own! since - when was it - 1989 - and I have no need to think of the back-to-school tasks!

But, having brought this thought realistically to mind, I truly wonder what my life will be like. Years ago the Love of my life and I were alone with the four sons. I was busy almost day and night keeping house, going to work to help the family funds and seeing that all was well in our home! Where in heck has the time gone?

have experienced similar thoughts, dire fears for self, making plans and cautioning how such plans might work. Well – listen up and let me share some of the things I have experienced and items I have read that could suggest sage advice for the mother who is left holding her own hand!

It may sound a bit psychotic – but dwell on the wonderful blessings you have received over the past few decades - both good times and down moments, each has provided you the now-needed determination to face the future, accept the solo duties facing you, certainly consider the assets rather than the tasks ahead, smile – if only to yourself. Let the world know that you will face the days ahead.

That last statement sounds a bit ego-centered, but that is not as it is intended. When you have truly discovered the person you are—and over the years that personal sense has developed even if you did not realize it – it will show. The ups and downs of past years have melded together and made you the person you are.

The days ahead may look hazy - and indeed some will be - but with a positive frame of mind there will still be fun, new acquaintances, new opportunities and a continuing belief in yourself!

That amazing man, Shakespeare, said it all many year ago and it still rings true: "To thine own self be true and it follows as the night the day, thou cans't not then be false to any man."

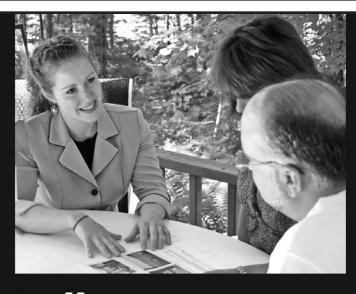
No matter your role in life this coming autumn the days ahead may develop into a twisted road but Over the years I have learned a lot. Many of us you will be the only navigator that steers your route. Others will offer support for the days of fun or woe and their offer should be warmly appreciated but the decision of which road you follow is a personal decision and that decision is yours to make.

> It's easy to read what others write and I know that. I also know that you may take comfort in your own decisions or distress when they foul up - but from each of these you will learn and slowly you will straighten that twisted path!

> To change the subject just a bit – I have recently become aware there is far more to Henry David Thoreau than environmental visions. His statement that closes this piece may simplify what I have attempted to say: "The man who goes alone may start today; but he who travels with another must wait until the other is ready"

Nuff said?

Many thanks from Summertime for the wonderful columns from Katy Perry each issue. Katy, age 92, lives a charmed and very active life in downtown Hallowell but her observations and wisdom reach far beyond and she chronicles and shares them generously.



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