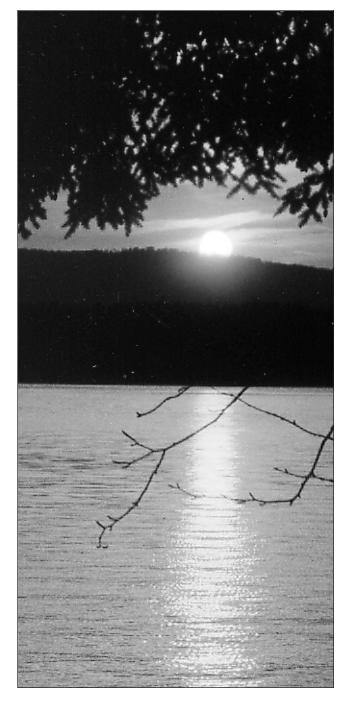
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VOLUME 14, NUMBER 11



-A Cider Mill Press Publication-

# **Taking the Summertime Test**



### by Esther J. Perne

top! Wait! It's not too late. There are still some wonderful days of summer left, still time to sample the lakeside, countryside, outside traditions of the season while the temperatures are gracious and the weather forgiving.

They are simple pleasures, these sights and sounds and actions but they can add a meaningful touch to the day or make a vacation special. How many of these summer experiences have you enjoyed? Let's take the test!

Have you heard:

- \_Loons laughing in the rain
- \_Waves lapping on the shore
- A fish jump
- A mosquito hum in the night
- Rain on the roof
- Songbirds chattering at dawn
- \_An echo across the lake
- A baby laugh
- \_An apple falling from a tree
- \_Pine trees whispering
- \_A hummingbird hum
- \_The shriek of an osprey
- \_Thunder rumbling
- Have you seen:
- \_A sunbeam dance
- \_Whitecaps churning in the wind
- A moonbeam shining on water
- \_Mist rising from a lake
- \_The northern lights
- \_The big dipper
- A rainbow
- \_A great blue heron An image in the clouds
- A turtle sunning



*Continued on page 2* 



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Continued from page 1







A sky full of stars Turkeys crossing the road \_Fireflies flickering Eagles soaring Have you smelled: \_Warm, dry pine needles A fresh-baked pie \_New mown hay Have you tasted: \_\_Wild berries from the bush Local corn on the cob \_Cold ice cream on a hot day Have you felt: \_The warm summer rain The sun on your back \_A breeze across a lake And have you: \_Floated on a wave \_Skipped a pebble on the water \_Peeled the petals off a daisy Been nice to a nest Boated by a buoy \_Braked for an animal \_Fed a feathered friend Picked up litter \_Visited a farm \_Had a picnic in a park \_Hugged your child \_Watched a setting sun

Add some more of your own! There's still time to stock up on memories with the simple touches that make summer special. And that's no test.



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ummertime in the Belgrades

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### www.sumbelnews.com

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## **Hug Your Little Ones** ...Help Kolten James



n Kolten James' life there are many heroes: First the EMTs, then a battery of L rescue personnel, teams of doctors, a vanguard of nurses and caregivers, a loving family, dozens of community members providing donations, material, support, prayers.

These are all heroes, yes! But the biggest hero of all, the three-year-old in a stroller who got run into by a pickup truck going 50 miles an hour, is Belgrade's Kolten James.

Kolten James is the little boy with the engaging smile, the big spark of life and the dangling left arm and he is a hero because he survived multiple fractures that included his head being detached from his spine, because he successfully survived the surgery that reattached his head using one of his own ribs, because he survived being in a body cast for months, and because he still smiles.

On Sunday, August 19, 10 am-3 pm, at the Belgrade Community Center for All Seasons in Belgrade Lakes, Kolten will be celebrated with a Family Fun Day and a Fundraiser. The fun part will feature a Touch-a-Truck with Belgrade Fire and Rescue, including the equipment and the EMTs who saved him, bake sale and lawn sale items, a BBQ Lunch and an ice cream concession, music, and a Bounce House and Kids Games. The fundraiser part of the day will help pay for the expenses of Kolten's next operation.

On August 29 Kolten is scheduled to check into Children's Hospital in Boston to have the nerves in his left shoulder reattached to his spine, a six-hour surgery that the doctors feel will be successful. His medical costs are covered by MaineCare, but the family needs help with expenses for work time lost, for the trip and for lodging during the several days that Kolten, who will be "wrapped up like a mummy," will be unable to travel. The funds, all of which will go into a special account for Kolten, will also help provide for his care while he is recovering.

Kolten will be four on October 22. His accident was on November 11, 2011. His recovery has been a miracle. He is a tough little boy and resilient. He is an example for all and a hero, too.

Says Kolten's grandmother, "Stop and take a look at your life. In a moment it could all be gone. Think how fortunate you are... Hug your little ones."

Hug your little ones and help Kolten by coming to his Fun Day and



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## Legacies

### We Are Coming, Father Abraham. 300,000 more!

Confederate and Union troops will battle in Hinckley Aug. 25-26 as the Good Will Hinckley School hosts the largest Civil War Sesquicentennial event slated to take place in Maine this year.

Sponsored by the Maine Living History Association, "We Are Coming, Father Abraham" will honor five Maine infantry regiments mustered into the Union army in August 1862. The weekend's activities will include military encampments, a civilian town, author presentations, and a supper and dance on Saturday, Aug. 25.

According to event organizer Miss Christabell Rose, uniformed re-enactors will stage skirmishes and battles in the fields and woods at Good Will Hinckley School, located on Route 201 in Hinckley. Event hours are 9 a.m.-5 p.m., Aug. 25 and 9 a.m.-2 p.m., Aug. 26. Each visitor age 12 and older can make a suggested \$5 donation.

Limited parking will be available at the site; free satellite parking will be available at Kennebec Valley Community College at 92 Western Ave., Fairfield, and a free shuttle service will transport visitors to and from the re-enactment. Take Interstate 95, Exit 132 to reach KVCC.

Re-enactors representing Confederate and Union artillery, cavalry, and infantry units have already committed to participating in "We Are Coming, Father Abraham." The military encampments and civilian town will be open to visitors both days; re-enactors encourage visitors to ask questions about Civil War-era life. Visitors will be able to watch the battles and skirmishes scheduled for both days.

Among the authors scheduled to speak are:

• Tom Desjardin, a Maine author who was the archivist and historian at Gettysburg National Military Park in the 1990s. He has written such books as "Stand Firm, Ye Boys From Maine."

• Pamela Weeks, curator of the New England Quilt Museum and co-author of "Civil War Quilts." She has appeared at Belfast Historical Society programs highlighting that city's recently returned Civil War Soldiers' Quilt. She is also the

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curator of the New England Quilt Museum.

Summertime in the Belgrades

• Jean Mary Flahive, a South Portland author who in 2007 published "Billy Boy: The Sunday Soldier of the 17th Maine."

• William Thomas Tear, who wrote "Memoirs of a Confederate Gentleman." He will display Victorian hair work jewelry and will read excerpts from his novel.

• Blaikie Hines, a Thomaston historian who has written "Civil War Volunteer Sons of Connecticut" and the well-researched "The Battle of First Bull Run – Manassas Campaign July 16-22, 1861 – An Illustrated Atlas and Battlefield Guide."

• Kat Smutz of Calais, who has written "American Civil War History In An Hour."

The L.C. Bates Museum and Bangor Museum and History Center will display historic artifacts, and the Quilt of Valor Program will display quilts made for soldiers wounded in modern wars.

In July 1862, President Abraham Lincoln asked for another 300,000 volunteers to fight the Confederacy. "The patriotic sons of Maine responded with such enthusiasm that the state exceeded her quota of four regiments by raising five," Rose said. Those five infantry regiments were the 16th, 17th, 18th, 19th, and 20th, all destined for glory on distant battlefields.

Among the officers joining these regiments

Maine at Little Round Top during the Battle of Gettysburg.

Employed as a Bowdoin College professor in 1862, Chamberlain lacked military experience. He wanted to serve, so on July 14, 1862 he wrote Maine Gov. Israel Washburn and asked "if your Excellency desires and will accept my service.

"I believe you will be satisfied with my antecedents," Chamberlain wrote. "I am a son of Joshua Chamberlain of Brewer. I have always been interested in military matters, and what I do not know in that line, I know how to learn."

Washburn accepted Chamberlain's offer, and Chamberlain fought his way into American history.

Particularly welcome at "We Are Coming, Father Abraham" are descendants of soldiers who served with the regiments created in summer 1862. Descendants can "enlist" under their ancestors' names and can bring "memorabilia they can display and talk about," Rose said.

Other visitors can "adopt a soldier for the day," she said. "These soldiers will be the men of the five regiments who answered Lincoln's call." Each visitor will learn about "their" adopted soldier and sign his name in the official Roll Book by tracing over his name as he wrote it 150 years ago. Visitors will then "fall in with the soldiers on the field as the brave soldiers swear their alle-

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Making our client's ideas happen throughout the Belgrade Lakes. Member of the U.S. Green Building Council www.mainelymolding.com were Charles Tilden from Castine and Joshua Lawrence Chamberlain from Brewer (Brunswick also claims him). Tilden later commanded the 16th Maine at Fredericksburg and Gettysburg; Chamberlain, of course, commanded the 20th

giance to the Union," she said.

The Maine Public Broadcasting Network will film the MLHA re-enactment as part of the network's "Maine at Gettysburg" production, slated for release in 2013.



Summertime in the Belgrades





his summer I've had the opportunity to talk about the milfoil threat to Great and Long Pond at several public events, receptions and road associations meetings. One of the questions I've been asked most often at these gatherings is how much money does the state of Maine take in from the Milfoil Boat Sticker Program and what is it used for. At the time I didn't have an answer, but a little research has turned up the numbers.

The milfoil sticker, which reads, "Stop Aquatic Hitchhikers – Preserve Maine Waters" has been required for all motorized watercraft operating on Maine inland waters since 2002. For Maine registered watercraft the purchase of the sticker is automatically combined with the watercraft registration fee. \$10 of the total registration fee is for the milfoil sticker.

All owners of non-Maine registered boats are also required to purchase and affix a separate nonresident sticker to their motorized watercraft. Nonresident milfoil stickers are \$20 and can be purchased right at Days Store in the Belgrade Lakes Village.

### MILFOIL STICKER REVENUE

In 2010, the last year for which the state has reported numbers, milfoil sticker revenue totaled \$1,180,144. \$971,410 came from the sale of 97,141 stickers to Maine registered boats and \$208,734 from the sale of 10,986 stickers to nonresident watercraft owners.

All of the milfoil sticker revenue is divided between two state departments. \$708,086 (60%) goes to the Department of Environmental Protection and the remaining \$472,058 (40%) goes to the Department of Inland Fisheries and Wildlife.

### MDEP MILFOIL STICKER EXPENDITURES

The milfoil sticker revenue appears to be well used and clearly directed at prevention and control efforts. The Maine Department of Environmental Protection budgeted \$256,073 in 2011 to fund three staff positions in the Invasive Aquatic Species Program. John McPhedran, who has been a great partner in our milfoil battle, heads up this team.

The next biggest MDEP expenditure is for the management of infested sites and rapid response to new infestations. The DEP took an active role in the removal of Eurasian milfoil from Salmon Lake in North Belgrade in 2010, but with invasive aquatic plants now growing in over 30 lakes in Maine, the DEP is adopting more of an adviso-

### Maine's Milfoil Boat Sticker Program

### by Lynn Matson

ry role working with local lake associations on grams. removal programs.

response to news outbreaks, and \$70,000 to grants for local plant removal programs.

Another important DEP invasive plant initiative is the Courtesy Boat Inspection Program. In 2010, CBIs inspected 72,428 boats on 119 of Maine's approximately 6,000 lakes. Invasive plants were found on 40 boats entering our lakes and 241 boats leaving infested lakes.

The 2011 CBI Program included \$95,000 for North Bay. grants to local boat inspection programs, \$75,960 for inspections to prevent the spread from infested lakes and \$33,870 for volunteer training, grant milfoil last week and the BRCA team pulled an administration and project work. The Belgrade Regional Conservation Alliance, headquartered right here in the Maine Lakes Resource Center, receives funding from these DEP grants to help pay for the 23 CBIs who are working on the seven lakes in the Belgrade watershed.

Monies from the Milfoil Sticker program also permit the MDEP to add more volunteers to the cadre of 2,300 existing volunteers who identify invasive plants statewide. Expenses in 2011 The next milfoil public meeting is tonight, included \$32,650 for Invasive Plant Patrol Workshops and \$47,750 for technical assistance and public outreach. An additional \$13,300 was budgeted for educational and outreach pro-

### MDIFW EXPENDITURES

In 2011, the DEP budgeted \$54,000 for the 70% of all the funds the Maine Department of management of existing infestations and rapid Inland Fisheries and Wildlife receives from the milfoil sticker program go to support the Maine Warden Service. Wardens checked 13,856 boats in 2010. They issued 128 summons and 312 warnings for failure to produce a valid registration and milfoil sticker. Wardens have been actively working in Great Pond since May to educate boaters and enforce the closure of Great Meadow Stream and the milfoil infested areas in

### **GREAT POND ACTION PLAN UPDATE**

New England Milfoil removed 4,240 gallons of additional 1,300 gallons. To date, 38,804 gallons have been taken out of Great Meadow Stream and North Bay. That's over 12 times the total that was removed in 2010 and 2011 combined.

The STOP MILFOIL Capital Campaign has received \$160,820 from 217 individual donors. More is needed to complete the work. Please contribute.

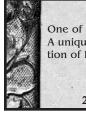
### STOP MILFOIL PUBLIC MEETING

August 14th, 6:00 PM, at the Maine Lakes Resource Center in Belgrade Lakes Village. For more information, call 207 512-5554 or visit www.belgradelakesassociation.org.

## Eyes on the Water Plant ID Workshop & Plant Mapping on August 18th



Torth Pond Association hosted an Aquatic Plant ID Workshop on Tuesday, August 7th at the Fairview Grange which was attended by about 25 from around people North Pond. Toni Pied, Milfoil Program Director at the Belgrade Regional Conservation Alliance, was the guest speaker. She brought about 20 dif-



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## Activities & Outings -

Come visit Misty Meadows Farm in Clinton, Site of the 2012 Maine Farm Days on Wednesday and Thursday, August 22 and 23.

Spend time on one of the larger dairy farms in the "dairy belt" of Maine. Misty Meadows, owned by the Stoughton family, has about 600 milking cows and ships about 40,000 pounds (over 4,000 gallons) of milk daily.

Take a tour of the farm. Guided wagon tours will provide an explanation of how all the parts of the farm work. It's a lot more than just taking care of the cows.

Discover the displays. A field full of the latest and greatest farm equipment will be on display for visitors to admire. There will be tents full of





folks with information about agricultural products, supplies and services. One tent will be devoted to children's activities – including animals to pet. Another will be just for crafts.

Ask questions and learn more about "local agriculture" here in central Maine. Watch demonstrations. Eat good food. Have fun. But don't get lost in the corn maze.

For more information, directions and a map visit www.MaineFarmDays.com or call the Kennebec Soil & Water Conservation District at 622-7847 ext. 3.

Misty Meadows Farm is on Hill Road in Clinton, Maine. Maine Farm Days are free to the public.

## 2012 Maine Farm Days August 22-23





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## Notebook -

### Annual Bulb Sale

• Last chance to order bulbs for fall planting and next spring's blooms. Order forms for the 2012 bulb sale are currently available from the Kennebec and Somerset County Soil and Water Conservation Districts. The Early Order deadline is August 16. Final deadline for orders is August 29. Bulbs will be ready for pickup after October 12. Order forms are available at the Somerset SWCD office on 1 High Street in Skowhegan or Kennebec County SWCD at 21 Enterprise Drive in Augusta, or at www.kcswcd.org, info@sometsetswcd.org, dale@kcswcd.org or 622-7847 x 3.

### Museum Day Live

• The 8th annual national museum day that celebrates cultural education through the nation's museums and institutions will be Saturday, September 29, when participating offer free admission, and often special programs, all day. Over two dozen museums in Maine will participate, including the L.C. Bates Museum in Hinckley, the Maine State Museum in Augusta, Museum L-A in Lewiston, and Nowetah's American Indian Museum and Store in New Portland. Tickets for "Museum Day Live," which grant free admission for two people per household are available at smithsonian.com/museumdaylive.

### Loon Calling Results

• The 2012 Loon Calling Contest, sponsored by Castle Island Camps the first Saturday in August, had nearly 50 callers, great weather, and a large, supportive crowd. The youngest competitors were three years old; the oldest ??, and besides Maine came from California, Michigan, Rhode Island and New Jersey to name a few states. And the winners were: Seven and Under – Lauren Paquet (age 4) 1st place, Alex Gerald (age 6) 2nd place, Ben Biche (age 7) 3rd place; Ages 8 to 12 - Casey Gram (age 8) 1st place, Dylan Rothschild (age 12) 2nd place, Lybby (no last name given, age 12) 3rd place; Age 13 and Up - Natalie Juris (age 14) 1st place, Sabrina Endicott (age 14) 2nd place, Emily Belanger (age 15) 3rd place. Next summer's contest will be held Saturday, August 3 on the Rome side of the Belgrade Lakes bridge (Lakepoint Real Estate). Start practicing those calls, now! 495-3312

### Belgrade

• The week of August 20-24 Community Swim at the swimming pool at the Belgrade Community Center for All Seasons in Belgrade Lakes will be 12-5 pm daily. Resident fee is \$1, non-resident fee \$2 per day; children under 18 must be accompanied by an adult. August 20-September 3 the Gym will be closed while the floor is refinished. On August 27 and 28 KID-

After School Enrichment Program begins August 29, Reiki Level I, 9/13; Estate Planning, 3:15-5:30 pm. 495-3481

### Farmington

• The September art exhibit at Sugarwood Gallery, 248 Broadway, will feature Megan Roberts with an Opening Reception on Friday, September 7, 4-7 pm and Saturday, September 8, 11 am-3 pm. Regular hours for the gallery are Monday-Friday 10 am-5:30 pm and Saturday-Sunday 10 am-4 pm. 778-9105

### Hallowell

• "Two Worlds of Home," an exhibition of recent works by 23-year-old Vienna artist Ross Grams, will be on view at the Harlow Gallery September 7-29. The public is invited to an opening reception on Friday, September 7, 5-8 pm. Ross Grams will return to the Harlow Gallery to present an ArtTalk on his work on Thursday, September 12 at 7 pm. "Two Worlds of Home" showcases traditional landscapes - view of the family farm in Vienna - and realist fantasy paintings. 622-3813

### Hinckley

• Beekeepers wanted. September is National Honey Month. The L.C. Bates Museum will have a fun program on pollination to celebrate bees on Saturday, September 8 at 1 pm "National Honey Month Celebrated!" Come sample some of the work of bees and look at how pollination works. Are you a beekeeper? Ask about volunteering that day to amaze both kids and adults. 238-4250

### Livermore

• Living History Tours at the Washburn-Norlands Living History Center. It's a fun way to learn about life in 1870. Tour the historic buildings and meet people portraying real characters of the era. Bring a picnic lunch and enjoy the grounds. Tuesdays and Thursdays throughout July and August, 11 am-4 pm. Admission \$10 per person, \$25 family rate. 897-4366

### Oakland

• The Oakland Lions Club Annual Lobster Bake will be Saturday, August 25th, 11:30 am until gone, rain or shine, at 15 Hubbard Street (near the Post Office). Also, Giant Yard Sale at the same location Friday and Saturday, August 24 and 25, 8 am-4 pm. All proceeds to Lions Charities. Meals packaged to go include single lobster (\$11) or twin lobsters (\$19), corn on the cob, potato, dessert, and cold drink. PLEASE ORDER IN ADVANCE by calling 465-9007 or 692-2493

### Readfield

• Registration for Maranacook Early Fall Adult Education Classes begins Thursday, August 23. The line-up includes: Gymnastics 9/7; Re-Cane your Chair, 9/9; Living Well for Better Health, 9/13;

9/17; Beginner/Intermediate Stained Glass, 9/17; Zumba, Make your own Hula Hoop, 917: 9/18; Beginner/Intermediate Ceramics, 9/20; Upholstery Basics, 9/20; Computers for the Over 50 Crowd, 9/25; Nordic Pole Walking, 9/27. Register online at http://maranacook.maineadulted.org or email adulted@maranacook.org. 685-4923 ext. 1065

### Skowhegan

• Skowhegan Fairgrounds is a great place to watch the fall horse shows. There's a covered arena, restroom facilities, barns to visit, concessions, and space for children to run around. Admission is free and open to the public. The fall schedule includes: August 24-26: 43rd Annual State Appaloosa Horse Show, September 8-9 Autumnfest Horse Show, September 14-16 Downeast Medal Finals, September 21-23 The Maine Event Horse Show, September 29 Special Olympics Maine Equestrian Competition. The Fairgrounds are on Madison Avenue, Route 201, on the north side of downtown. 474-2947

### Waterville

• Hospice Volunteers of Waterville Area (HVWA) will offer a certified Hospice Volunteer training beginning Monday, September 10. Volunteers share 2-4 hours a week with individuals and family members who are facing a life threatening illness. Support may include companionship, letter writing, life review, reading, compassionate listening, respite for the caregiver or bereavement support for family members. Training classes will run Monday and Wednesday evenings September 10, 12, 17, 19, 26, October 1, 3 and 10, 5:30-8:30 pm. A pre-training interview is required. 873-3615

• Inland Hospital's new event Let's Go! Family Fun Day on Saturday, September 15 kicks off a year-long series of activities focused on helping families with children live healthy, active lives. The free community event will be held at the Inland Woods trailhead behind Inland Hospital and will offer activities promoted by Let's Go! 5210 including a climbing wall, music and dancing with Mr. Harley, trail walks, geocaching, Let's Go! Story Walk, taste testings, a light lunch, free resources and information on healthy choices. Family Fun Passes provided at the event will highlight regularly scheduled events and suggested activities to encourage families to engage in life-long healthy habits. Details will be posted at www.inlandhospital.org. 861-3292

### Winthrop

• The last concert of the season at Norcross Park will be Sunday, August 19 - "Ampersand," jazz, funk, disco, classic rock. COME DANCE OUTSIDE, 2-4 pm. August 26 is a make up date. For information email bettybizarre@aim.com or call 620-6231 the day of the

SZONE will be held at the Center 7:30 am-5:30 pm.



Summertime in the Belgrades

August 17 – August 23, 2012

## Calendar Directory

### TOWN BY TOWN...

GREAT VISITS, AWESOME OUTINGS - INCLUDING ART, MUSIC, CULTURE, HISTORY, RECREATION, FARMERS' MARKETS, TRAILS, SCENIC SITES AND MORE...

### AUGUSTA

• Arboretum, 6 miles of year round walking trails open dawn to dusk, Visitor Center open Mon-Fri 9 am-4 pm, Viles Arboretum, 626-7989, vilesarboretum.org, 153 Hospital St. Capitol Complex, State Street

• Maine State House, Hall of Flags, House and Senate Rooms, Klir Beck dioramas, Mon-Fri 8 am-5 pm, book tours at Maine State Museum, walk-ins welcome 9 am-1 pm, 287-2301, www.maine.gov

 Art in the Capitol, Maine Arts Commission monthly selfguided exhibits in State House hallways (Mon-Fri 8 am-5 pm), Blaine House (call for times), and Maine Arts Commission Office (8:30am-4:30 pm), 287-6746, mainearts.maine.gov

• Governor's Mansion, 1830 Blaine House, Tue-Thu 2-4 pm, 287-2121, www.blainehouse.org

• Maine State Museum, Tue-Fri 9 am-5 pm, Sat 10 am-4 pm, Sun. 1-4 pm, \$2 adults, \$1 ages 6-18, 287-2301, www.mainestatemuseum.org

• Maine State Library, Mon-Sat opens 9 am, 287-5600, www.maine.gov/msl/

### **Other Museums**

• Children's Discovery Museum, CDM, hands-on displays, actives, Tue-Thu 10 am-4 pm, Fri-Sat 10 am-5 pm, Sun 11 am-4 pm, admission, 622-2209, www.childrensdiscoverymuseum.org, 171 Capitol St.

• Kennebec Historical Society, Wed-Fri 10 am-2 pm, 622-7718, www.kennebechistorical.org, 107 Winthrop St.

University of Maine at Augusta, University Drive

• Danforth Gallery, Jewett Hall, art exhibits, UMA-1234, www.uma.edu

 Holocaust and Human Rights Center of Maine, Michael Klahr Center, Mon-Fri 8 am-4 pm, 621-3530, www.hhrc.uma.edu

• UMA Fitness Trail, 2 miles of wooded trails, near Civic Center

### Riverfront/Downtown

• Old Fort Western, 1754 fort, house, store, 1-4 pm daily, admission \$6, 4-14 years \$4, 626-2385, www.oldfortwestern.org Cony St.

• Riverfront Park, boat launch, Greenway Trail, playground, eastside Kennebec River

• Farmers' Market at Turnpike Mall, 549-5112, Wed and Sat o The Center for Maine Craft, 9 am-6 pm daily, 588-0021, 10 am-1 pm, Western Ave.

### **BELGRADE LAKES**

• Great Pond Mailboat, 215-7520, Mon-Sat, 10 am, Post Office, Main St.

• Spring Gallery & Sculpture Garden, Modern Art Foundry, Thu-Sun 11 am-5 pm and by appointment, 495-3113, www.springgallerymaine.com, 81 Main St.

• The Belgrade Community Center for All Seasons, swimming, gym, playground, picnic area, rec programs, library, 495-3481, www.belgrademaine.com 1 Center Dr.

• Union Church Coffee House, check for schedule, 7:00 pm, \$5, 495-3599, www.unionchurchmaine.org, Main St.

 Belgrade Historical Society, monthly meetings, 465-7924

• Farmers' Market, Sun 8 am-1 pm, 465-7058, www.belgradelakesfarmersmarket.org, Main St.

• Peninsula Park on Long Pond, picnic tables, Main St.

• Maine Lakes Resource Center, 512-5150, www.dockstodorways.com, 171 Main St.

### FAIRFIELD

• Fairfield Historical Society, 1890 Cotton-Smith House, Tue 9 am-12 noon, 1-4 pm, 453-2998, www.fairfieldmehistori*calsociety.net*, 42 High St.

• Farmers' Market, 948-5724, Wed 2-6 pm, Sat 9:30 am-1:30 pm, Nazarene Church parking lot, 81 Main St.

### FARMINGTON

• Farmington Historical Society, 778-2835, Wed and Sat, 11 am-2 pm, July-August, 118 Academy St.

• Nordica Homestead Museum, opera singer Lillian Nordica costumes, jewelry, mementos, 778-2042, Tue-Sat 10 am-12 n and 1-5 pm, Sun 1-5 pm, 116 Nordica Lane, Holley Rd.

• Contra Dance, 491-9928, www.starleft.org 2nd Sat of the month, all welcome, 6:30-7:30 pm family dance, 8-11 pm regular dance, admission, Grange Hall, Bridge St, Rt 43, West Farmington

 University of Maine campus and Arboretum, four walking tours with informal guide pamphlet to campus trees, 581-1541, www.umaine.edu/arboretum/, downtown

• Farmers' Market, 778-6602, Fri 9 am-2 pm, Better Living Center parking lot, Front St; Saturday 8 am-12 noon, Main St.

 Meetinghouse Park and Gazebo, weekly concerts throughout summer, downtown

• Fairgrounds, events throughout summer, Franklin County Fair in Sept, High St.

### GARDINER

 Artdogs and Circling the Square Fine Art Press, 1-5 pm Fri, 10 am-4 pm Sat, 582-2108, , 275-277, Water St.

• Johnson Hall Performing Arts Center, 582-7144,

www.mainecrafts.org, West Gardiner Service Plaza, Route 126 off Routes 95 and 295

### GREENE

• Araxine Wilkins Sawyer Memorial, free monthly entertainment programs, 946-5311, www.sawyer-foundation.com, 371 Sawyer Rd, off Rt 202

### HALLOWELL

• Harlow Gallery, Kennebec Valley Art Association,

622-3813, www.harlowgallery.org Wed, Thu, Sat, 12-6 pm, 160 Water St.

• Gaslight Theater, 626-3698, www.gaslighttheater.org City Hall, 1 Winthrop St.

• Museum in the Streets, history/walking tour, www.historichallowell.org, downtown

• Farmers' Market, 622-1350, Sun 11 am-3 pm, north end of Water St.

- Vaughn Woods, 166 acre park/trails, Middle St.
- Kennebec River Rail Trail, to Augusta,
- Farmingdale/Gardiner, downtown
- Waterfront Park, weekly summer concerts, North Water St. HINCKLEY
- L.C. Bates Museum at Good Will-Hinckley School, early 20th century natural history and cultural exhibits, nature trails, adults \$3, up to 17 years \$1, 238-4250, www.gwh.org Wed-Sat 10 am-4:30 pm, Sun 1-4:30 pm, Rt 201

### KINGFIELD

• Reinhart Gallery Art Center, 266-4656, 245 Main St, www.ianreinholt.com/gallery.html

• Ski Museum of Maine, by appointment, 265-2023, 256 Main St, www.skimuseumofmaine.org

• Stadler Gallery, 265-5025, 12-4 pm daily or by appointment. 225 Main St, www.stadlergallery.com

• Stanley Museum, 265-2729, www.stanleymuseum.org, memorabilia/displays on Stanley Steamers, Tue-Sun 1-4 pm, 40 School St.

### LIVERMORE

• Washburn-Norlands Living History Center, 18<sup>th</sup>-19<sup>th</sup> century mansion/farmstead/schoolhouse, library, chapel, 897-4366, www.norlands.org, admission, living history tours Tue and Thu 1-4 pm, 290 Norlands Rd.

### MADISON

• Lakewood Theater, Maine's Summer Theater, Young Performers Camp, 474-7176, www.lakewoodtheater.org, Rt 201 • Skowhegan School of Painting and Sculpture, 474-9345, www.skowheganart.org, summer evening artists lecture series, East Madison Rd.

### MONMOUTH

• Monmouth Museum, local and regional Maine history,

• Kennebec River Rail Trailhead, Maine State Housing Authority parking lot, 623-8162, www.krrt.org, Water St. • Museum in the Streets, walking/history tour, www.augustamaine.gov, downtown.

• Farmers' Market at Mill Park, Tues 2-6 pm, 626-2305, www.farmersmarketmillpark.org/, North Water St.

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www.johnsonhall.org 280 Water St.

• Farmers' Market, 582-3100, www.gardinerfarmersmarket.org,

Wed 2-6 pm, rain or shine, The Common

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Gardiner/Randolph Bridge, 6.5 miles to Augusta o Waterfront Park, picnicking, events throughout summer,

Kennebec River



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Wed-Sun 1-4 pm, 933-2287, www.monmouthmuseuminc.org, 751 Main St.

• The Theater At Monmouth, The Shakespeare Theater of Maine, Cumston Hall, 933-9999, www.theateratmonmouth.org, Main St.



Jim Webster,

West Road, Belgrade, 495-2370, 462-3472

## ummertime in the Belgrades



• D.E.W Animal Kingdom, Zoo, 293-2837, www.dewanimalkingdom.com, Tue-Sun 10 am-5 pm, \$10, 918 Pond Rd, Rt 41

### **NEW PORTLAND**

• Nowetah's American Indian Museum and Craft Shop, 628-4981, daily 10 am-5 pm, free, 628-4981, 2 Colegrove Rd, Rt 27, www.nowetahs.webs.com/

• Wire Bridge, 1864, probably only wire suspension bridge in U.S., off Rt 27

### **NEW SHARON**

• Farmers' Market, Sat 9 am-1 pm, Douin's Market, 491-9025, 150 Mercer Rd, Rt 2

### NORRIDGEWOCK

 Norridgewock Historical Society Museum, 1838 building, Sat 10 am-3 pm, 634-5032, www.norridgewock.com, Mercer Rd, Rt 2

• Oosoola Park, picnic area, great playground, boat launch, on Kennebec River, Rt 8

### OAKLAND

• Farmers' Market, Fri 2-6 pm, 465-3094, Pine Acres Parking Lot, 895 Kennedy Memorial Drive.

• Macartney House Museum, Oakland Area Historical Society, 465-7549, Wed 1:30-4:30 pm, 1815 home with antique furnishings and Oakland artifacts, 25 Main St.

### READFIELD

• Readfield Historical Society and Museum in 1823 schoolhouse, 685-4662, www.readfieldhistorical.org, Thu and Sat 10 am-2 pm or by appointment, Rt 17, Readfield Depot

### ROME

• Mt. Philip Grange, suppers 3rd Sat of month, 4:30-6 pm, all you can eat beans, cornbread, rolls, chop suey, pies, Rts 135/225

• **Trails: Mount Philip** on Rt 225; The Mountain on Rt 27; French's Mountain and Kennebec Highlands, Watson Pond Rd; 495-6039, www.belgradelakes.org, maps available at BRCA, Belgrade Lakes

### **SIDNEY**

• New England Music Camp, concerts free and open to the public, famous Bowl-in-the-Pines on Lake Messalonskee, 465-3025, www.nemusiccamp.com, Rt 23

• Sidney Historical Society, 547-3142, http://www.rootsweb

• Silver Spur Riding Club, horse shows, www.silverspurmaine.com/, River Rd/Rt 104

### SKOWHEGAN

• Margaret Chase Smith Library, residence, home, museum exhibits, 474-7133, www.mcslibrary.org, free, Mon-Fri 10 am-4 pm. 54 Norridgewock Ave.

Ave.

• Farmers' Market, Wed 3-6 pm, Sat 9 am-1 pm, weekly entertainment, 938-3906, SSomerset Gristmill parking lot, downtown

### SMITHFIELD

- Fairview Grange suppers, 362-2791, every Wed in summer, 5 pm, Village Rd, Rt 8
- Sunbeam Roller Rink, Wed, Fri, Sat 7-10 pm, 362-4951, 830 Village Rd, Rt 8
- Sunset Camps, public beach, 362-2611, www.sunsetcamps.com, Village Rd, Rt 8

### UNITY

• Unity College Centre for the Performing Arts, folk genre music, 568-3147, www.unitymaine.org, 42 Depot St.

### WATERVILLE

• Aqua City Actor's Theatre (ACAT), 873-7000, www.acattheatre.org. Waterville Opera House Studio Theater, Main St.

• Common Street Arts, Wed-Sat 12-6 pm, 16 Common St.

• Museum in the Streets, downtown history/walking tour, www.the museum in the streets.com/waterville.htm

 Two Cent Bridge, historic foot bridge over Kennebec River, Head of Falls park/events area, Front St.

• Colby College Museum of Art, 859-5600, www.colby.edu/museum/ Tues-Sat 10 am-4:30 pm, Sun 12-4:30 pm, free, Colby College Campus, Mayflower Hill

• Colby College Special Collections, Miller Library, Mon-Fri 10 am-12 noon and 1-4 pm, free, current exhibit "The Power of Myth and Legend: The Irish Literary Revival," Colby College Campus, Mayflower Hill.

• Thomas College Art Gallery, 180 West River Rd.

• Waterville Historical Society Redington Museum, 1814 home, pharmacy, 872-9439, www.redingtonmuseum.org. Tue-Sat tours at 10 and 11 am, 1 and 2 pm, 62 Silver St.

• Waterville Opera House, 873-7000, www.operahouse.com, 93 Main St.

• Farmers' Market, Thu 2-6 pm, 680-2055, www.waterville*farmersmarket.org*, The Concourse parking lot.

### WAYNE

• Farmers' Market, 873-7000, http://waynefarmersmarket.weekly.com, Sat 9 am-noon, Town Green, next to Post Office, Main St.

### WILTON

• Wilton Farm & Home Museum, 645-2091, 645-4578, www.wiltonmaine.org, Sat 1-4 pm or by appointment, Canal St.

### WINTHROP

• Norcross Park, playground, picnic site, boat launch on Maranacook Lake, downtown.

• Farmers' Market, 395-4244, www.camarkets.com, Tue and Sat 9 am-1 pm, parking lot, downtown,

### ASSOCIATIONS/GROUPS

### THE BELGRADES...

• East Pond Association, Smithfield/Oakland, www.eastpond.org

• North Pond Association, Smithfield/Rome, 152 Madison Avenue, Skowhegan, ME 04976, 474-8988, www.northpond.net

 McGrath Pond/Salmon Lake Association (MP/SL), Belgrade/Oakland, RR 2, Box 2800, Belgrade, 04917, 465-3983, www.salmonlake.org

 Great/Long Ponds: Belgrade Lakes Association (BLA), Belgrade/Rome/Mount Vernon, PO Box 551, 137 Main Street, Belgrade Lakes, 04918, 512-5150, www.belgradelakesassociation.com

Friends of Messalonskee Lake Watershed,

Oakland/Belgrade/Sidney, PO Box 532, Oakland, 04963, 465-2888, www.snowpond.org

• Belgrade Regional Conservation Alliance and BRCA Conservation Corps, PO Box 250, 137 Main Street, Belgrade Lakes, 04918, 495-6039, www.belgradelakes.org

• Belgrade Lakes Region Business Group (BLRBG), PO Box 596, Belgrade Lakes, 04918, 495-3700, www.belgradelakesmaine.com

• Maine Lakes Resource Center, PO Box 431, 137 Main Street, Belgrade Lakes, 04918, 495-3617, 620-6029, www.mainelakesresourcecenter.org.

### BEYOND...

 Maine Congress of Lake Associations (COLA), PO Box 426, 137 Main Street, Belgrade, 04917, 1-855-463-2652, www.mainecola.org

Friends of the Cobbossee Watershed, PO Box 5003,

Augusta, 04332-5003, 621-4100, www.watershedfriends.com • Franklin County Soil & Water Conservation District, 107 Park St, Farmington, 04938, 778-4279, www.franklincswcd.org

 Kennebec County Soil & Water Conservation District, Central Maine Commerce Center, 21 Enterprise Dr, Augusta, 04330, 622-7847, ext. 3, www.kcswcd.org • Kennebec Land Trust (KLT), PO Box 261, 134 Main St,

Winthrop, 04364, 377-2848, www.tklt.org

• Kennebec Messalonskee Trails, PO Box 2388, Waterville, 04903, 873-6443, www.KMTrails.org

• Kennebec River Rail Trail, PO Box 2195, Augusta, 04338, 623-8162, www.krrt.org

• 30 Mile River Watershed Association (30 MRWA), Kimball Pond in Vienna to the Androscoggin River, 293-2181, www.30mileriver.org

• Parker Pond Association, Mount Vernon/Vienna.

 History House Museum, 1800s local history and culture, 474-6632, www.skowhegan.com/historyhouse, Tue-Fri 1-5 pm, Elm St.

• Fairgrounds, weekly horse shows/competitions at covered arena, Skowhegan State Fair in Aug, 474-3621, Madison Additions/Updates/Corrections: Please contact Summertime in the Belgrades with any changes to this Directory. 🦜

www.parkerpond.org

• Central Maine chapter of the New England Mountain Bike Association (CeMeNEMBA), 1154 West Rd, Belgrade 04917, 441-6227, www.cemenemba.org

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## Calendar —

Through Saturday 8/18 – Skowhegan State Fair, midway, harness racing, exhibits, food, fun, entertainment, more, www.skowheganstatefair.com, Fairgrounds, Route 201, Skowhegan.

Through Sunday 8/19 - New Balance Tent Sale, factory store, 474-6231, 12 Walnut Street, Skowhegan.

Thursday 8/16 through Sunday 8/19 -"Murdered to Death," by Agatha Christie, 474-7176, Lakewood Theater, Route 201, Madison.

Friday 8/17 and Saturday 8/18 - Book Sale, Friends of Lithgow Library, cash only, 7 am-7 pm Friday, 9 am-noon Saturday, 626-2415, at the former church, corner of Oak & State Streets, Augusta.

Friday 8/17 – Children's Story Time and Songs, 9-10 am, 362-5003, Smithfield Library, Route 8, Smithfield.

Friday 8/17 – "The Little Prince," by Antoine de Saint-Exupery, summer show for children, 1 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

Friday 8/17 – Archaeology Day Program, come touch, discover and use prehistoric tools to learn what archaeology is all about, make a craft to bring home, 1 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Friday 8/17 - "Two Gentlemen of Verona," by William Shakespeare, 7:30 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

Saturday 8/18 – Ken's Hot Dog Ride, 30 mile road bicycling, 9 am, klouis17@hotmail.com, start in Mount Vernon.

Saturday 8/18 – Guided Canoe/Kayak

Trip to Lost Pond with Guest Guide Warren Balgooyen, 9 am, sponsored by the Belgrade Regional Conservation Alliance, 495-6039, Long Pond Boat Launch, Castle Island Road, Belgrade.

Saturday 8/18 – GPS Mapping Training, sponsored by North Pond Association, learn how to locate and identify plants in the littoral zone (the land in and out of the water along the shoreline), for all ages, free of charge, don't have to be North Pond property owners, 9 am-3 pm, 362-6111, Fairfield Grange, Route 8, Smithfield.

Saturday 8/18 - "Living In A Seashell," Children's Program, 10 am, \$1, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Saturday 8/18 - Winthrop Sidewalk Art Festival, artists, food, sales, concert, a farmers' market, BBQ, rain or shine, 10 am-4 pm, 458-4112, downtown Winthrop.

Saturday 8/18 – Annual Mushroom Walk with Barbara Skapa, bring a basket and a pocket knife, in case of rain please call, 10 am, 293-2565, Dr. Shaw Memorial Library, 344 Pond Road, Mount Vernon.

Saturday 8/18 – LakeSmart Workshop, learn about porous pavers, rain gardens, and septic systems, 10 am-2 pm, 495-3617, Maine Lakes Resource Center, 137 Main Street, Route 27, Belgrade Lakes.

Saturday 8/18 – Healthy Family Fun Concert to benefit the Halcyon House Emergency Shelter for homeless and runaway youth, many live bands, food vendors, bounce house, rain or shine, tickets \$3, 11 am-4 pm, 873-2136, Waterfront Park, Augusta.

Saturday 8/18 – Summer Reading Program Picnic, sponsored by the Friends of Hubbard Free Library, cook out on the library lawn, for parents, grandparents and kids - all welcome, 12 noon, 622-6582, Hubbard Free Library, 115 Second Street, Hallowell.

Saturday 8/18 - Pam Baker Blues Band, Concert at Norcross Point, free and open to the public, in the gazebo just off Bowdoin Street, Lake Maranacook, 1-3 pm, 620-6231, off Bowdoin Street, Winthrop.

Saturday 8/18 – Birds of Maine, discover both outside and inside the museum some hints on watching birds, bird feathers, skulls, and feet, Fun!, 1 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Saturday 8/18 – "Henry IV," by William Shakespeare, 1 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

Saturday 8/18 – Dam-Jam, free music on Long Pond, The School Street Band, come by lake or by land, 2-5 pm, 495-2205, Day's Store, Main Street, Route 27, Belgrade Lakes.

Saturday 8/18 - "Hansel & Gretel," Missoula Children's Theatre, performed by young people entering grades 1-8, 873-7000, Waterville Opera House, Main Street, Waterville.

Saturday 8/18 - Monthly Bean supper, 3 kind of beans, 2 types American Chop Suey, hot dogs, coleslaw, bread, homemade pies, all you can eat, \$7, under 5 free, proceeds used to donate school supplies to Messalonskee Middle School & Messalonskee High School, 4:30-6 pm, Mt. Philip Grange, Routes 225 and 27, Rome.

Saturday 8/18 - Annual Turkey Dinner and all the fixings, cole slaw, corn on the cob, potato salad, rolls, desserts, cold drinks, tea and coffee, 5-7 pm, Union Church, Route 27, Belgrade Lakes.

Saturday 8/18 – Annual Raffle Drawing and Neighbor Reception and presentation of Ed Mayer Award, sponsored by the Belgrade Lakes Association, superb appetizers, local musicians, last chance to buy raffle tickets, 5-8 pm, 512-5150, Maine

Lakes Resource Center, 137 Main Street, Route 27, Belgrade Lakes.

Saturday 8/18 – "The Glass Menagerie," by Tennessee Williams, 7:30 pm, 933-9999, Cumston Hall, The Theater at Monmouth.

Saturday 8/18 – Firefly Night!, this program explores the lovely fireflies around the museum and uses the fun citizen science project Firefly Watch as a guide, 8 pm, 238-4250, L.C. Bates Museum, Route 201, Hickley.

Sunday 8/19 – Family Fun Day and Fundraiser for Kolten James, the Belgrade 3-year-old who was hit by a truck while riding in his stroller, to raise funds for travel expenses to his next operation at Children's Hospital in Boston, activities will include a bounce house, EMT trucks, BBQ lunch available, ice cream, children's games and more, 10 am-3 pm, 790-1353, Belgrade Community Center for All Seasons, Route 27, Belgrade Lakes.

Sunday 8/19 – Spotter's Sprint Canoe & Kayak Paddle, sponsored by the Friends of Cobbossee Watershed, lunch cookout to follow for \$6 per person, pre-registration for race, which includes lunch, is \$20, 621-4100, YMCA Camp of Maine, Cobbossee Lake, Route 135, Winthrop.

Sunday 8/19 - "Tartuffe," by Moliere, 1 pm, 933-9999, Cumston Hall, The Theater at Monmouth.

Sunday 8/19 – Penobscot Basketry Workshop with Barbara Francis, sponsored by the Belgrade Regional Conservation Alliance, pre-registration required, 1 pm, 495-6039, 137 Main Street, Belgrade Lakes.

Sunday 8/19 - Kennebec Land Trust Annual Meeting and Potluck BBQ, field trips including the new mountain trail to Nancy's Bog or a paddle to Perkins Woods 2-4 pm, potluck and brief meeting, photo









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contest and exhibit, 4-6 pm, bring kayak, canoe, bathing suit, 377-2848, Wayne Yacht Club, Wayne.

**Sunday 8/19 –** "Dixie Mix," 5-6:15 pm, bring lawn chairs and blankets, 474-0527, Philbrick Gazebo, Coburn Park, Water Street, Skowhegan.

Sunday 8/19, Monday 8/20, Wednesday 822 - Auditions for Agatha Christie's "Murder on the Nile," cold readings, rehearsals start after Labor Day weekend, performances in November, audition times Sunday 6 pm, Monday and Wednesday 6:30 pm, 626-3698, Gaslight Theater, Hallowell City Hall, Winthrop Street, Hallowell.

Monday 8/20 through Friday 8/24 -Archaeological Field School in the Kennebec Highlands, join for a day or more of excavation, learn how to dig and screen for artifacts, learn to take notes, 8 am-4 pm, 495-3617, Maine Lakes Resource Center, Main Street, Belgrade Lakes.

Monday 8/20 - The Old Crow Band, 7-9:30 pm, Gazebo, Meetinghouse Square, Route 27, downtown Farmington.

Tuesday 8/21 - Morning Paddle, 8 am, 495-3481, Belgrade Community Center for All Seasons, Route 27, Belgrade Lakes.

Presented by Modern Art Foundry

Tuesday 8/21 - The Crosbys, Outdoor Concert, free, 11:30 am-1 pm, Meetinghouse Park Gazebo, downtown Farmington.

Tuesday 8/21 – Rock on the River Summer Concert Series, 7-8:30 pm, Bandstand, Water and Winthrop Streets, Hallowell.

Wednesday 8/22 and Thursday 8/23 -Maine Farm Days, wagon tours, children's activities, display booths, farm equipment displays, demos, milking, barn visits, food booths, and much more, free and open to the public, www.mainefarmdays.com, Misty Meadows Farm, 308 Hill Road, ex 138 off I-95, Clinton.

Wednesday 8/22 through Saturday 8/25 -"Murdered to Death," by Agatha Christie, 474-7176, Lakewood Theater, Route 201, Madison.

Wednesday 8/22 - Antonio Rocha, storyteller of tales from around the world, last performance in Lively Lunches at Johnson Hall Mini-Park series, noon-1 pm, 582-7144, Water Street, Gardiner.

Wednesday 8/22 – Art Program, come explore the capturing of animals with pen and paper, and many other mediums, 1

hen you leave your vacation home, please leave your unopened, unexpired foodstuffs for the Food Pantry! Drop Off Locations: **Belgrade Post Office** • **Belgrade Lakes Post Office**  Belgrade Community Center for All Seasons Belgrade Town Office

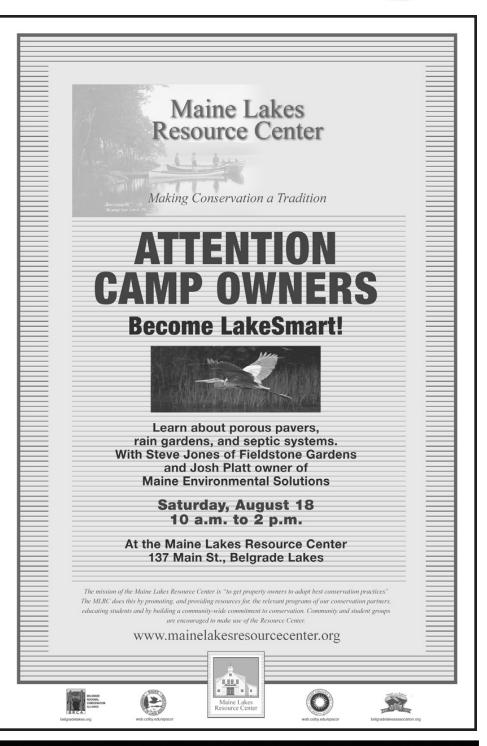
pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Wednesday 8/22 – "Bees," lecture by Matt Scott, Retired State of Maine Aquatic Biologist and Re-founder of the Maine State Beekeepers Association, 7 pm, 495-6039, Belgrade Regional Conservation Alliance, 137 Main Street, Route 27, Belgrade Lakes.

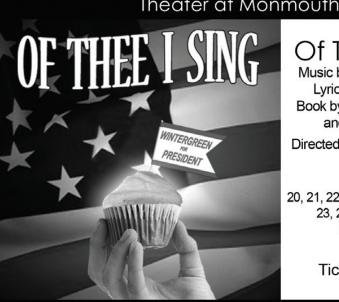
Wednesday 8/22 – Author Betty Cichocki talk about her book "Things That Last," Norridgewock Historical Society, Route 2, Norridgewock.

Thursday 8/23 through Sunday 8/26 -**Blistered Fingers Family Bluegrass** Festival, great line-up of bands, camping, hot showers, booths, foods, extra large tent area for spectators, field picking 24 hours a day, 873-6539, blist-f@blisteredfingers.com, www.blisteredfingers.com, Litchfield Fairgrounds, Litchfield.

Thursday 8/23 – Guided Walking Tour of Skowhegan Island with Melvin Burnham, 7 pm, 474-6632, Skowhegan History House Museum & Research Center, Skowhegan.







Of Thee I Sing Music by George Gershwin, Lyrics by Ira Gershwin, Book by George S. Kaufman and Morrie Ryskind Directed by Dawn McAndrews SEPTEMBER 20, 21, 22, 27, 28 & 29 at 7:30 p.m. 23, 29 & 30 at 1:00 p.m. 23 at 7:00 p.m.

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12

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## Kennebec Corridor News & Notes —

Healthy Family Fun Concert Set For August 18



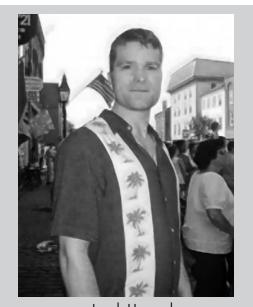
Summertime in the Belgrades

Acoustic Chi

rennebec Behavioral Health will host a NHealthy Family Fun Concert to benefit the Halcyon House Emergency Shelter for Youth from 11 a.m. to 4 p.m. Aug. 18 at the Augusta Waterfront Park.

Kee'd Up with Terrie Kee, the Jonah Howard Band and Acoustic Chi are among the musicians to perform throughout the day. Vendors will sell hamburgers, hot dogs and fried dough. There will be a bounce house, face painting and other activities for the very young. The concert, held at a gazebo in the tree-lined park, is "rain or shine."

The Halcyon House, operated by KBH, is a







Terrie Kee

youth shelter that takes in homeless and runaway youths ages 10 through 17, as well as kids of those ages who are at risk of homelessness. Program goals are to alleviate the problems and risks of homeless youth, help them move toward stable living options and supports, and reduce homelessness. The shelter is supported by the United Way of Kennebec Valley and the United Way of Mid-Maine.

Concert tickets are \$3 for individuals and \$5 for a family.

Halcyon House hopes that businesses might step forward as concert sponsors at rates of \$100, \$250, \$500 and \$1,000. All proceeds will go toward operational costs and material upgrades at the shelter, which serves youths from across the state and that is based in Skowhegan.

KBH thanks the United Way of Kennebec Valley for funds that allow for the purchase of new furniture for the house, and the United Way of Mid-Maine for its operational support of the shelter.

For tickets or to help sponsor the event, call Jody Bucknam at 873-2136, ext. 1005.



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- Intramural sports and healthy acitivities
- A strong athletic program
- Science Fairs and environmental projects
- Children's Stage Adventure
  - Adventure Club for Grades 6-8
- Community service projects
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Summertime in the Belgrades

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Contact Summertime with ads and event information. 207-495-3777 • ebelnews@earthlink.net www.sumbelnews.com

## -Katy's Column —

## A Short Lesson in Living and Giving

The volunteer reader at the Hall-Dale Primary School read the story "Beatrice's Goat" to the children in Mrs. Ree's first grade class. The story is about a young girl in Uganda whose family was too poor to send her to school. Things changed dramatically when the family received a goat through the Heifer International program.

The children listened attentively to the story. With goat milk to sell, after the family had all they needed, Beatrice could go to school.

The discussion after the story prodded the youngsters to consider how much more they had than the little girl in the story and her brothers and sisters. They spoke of the different animals Heifer International gave to people in other countries. They were told that many people in this country gave money to buy these animals.

Someone asked if bees are animals. This mention of bees caught the children's imagination. The teacher suggested that if the students and their brothers and sisters saved their pennies and found some dropped on the street there might be enough money to buy a hive of bees before the school year ended. The class was excited with the idea.

A plastic container with "Heifer International" taped on the top was brought into the schoolroom with a few pennies already inside.

One week later, when the volunteer arrived, several of the young people met her at the door and pointed to a half-gallon glass jar that was FULL of pennies.

The mother of a student spent the afternoon counting the jar's contents. There was \$37.54 – enough already to purchase a hive of bees through Heifer International.

The class was excited that they had completed their wish in just one week. Just as important, perhaps, is the good feeling each child had about their ability to reach out and help children they do not know nor perhaps will ever know. Heifer International does far more than helping provide food for needy people. It also helps give our young people self-satisfaction and self-respect. Just here for the summer, or new to the area? Looking for a vet? Maybe we can help



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Katy Perry is an author, and news commentator who knows, loves, and respects Maine.

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## Summertime in the Belgrades

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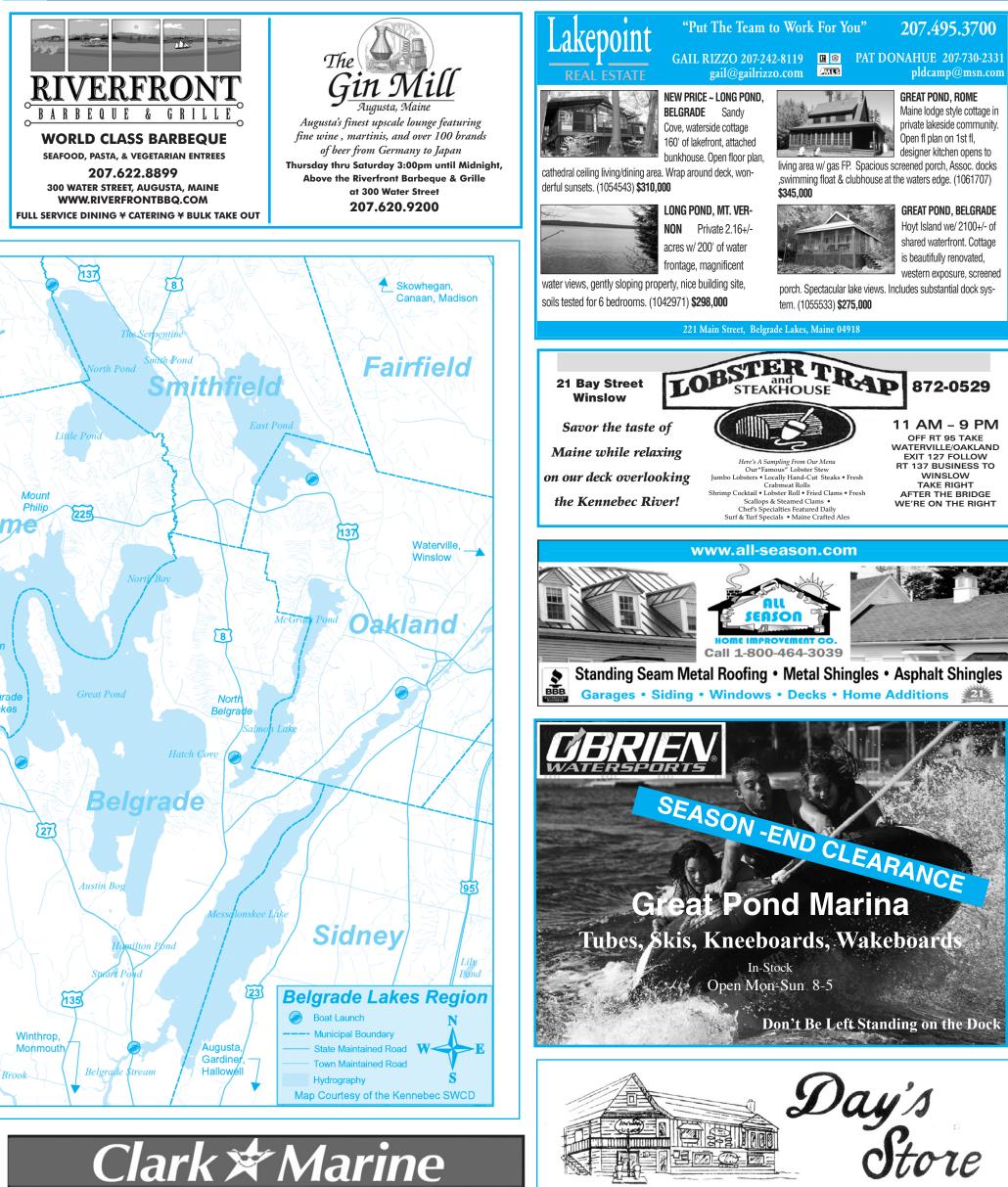
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## **Cobbossee Watershed**

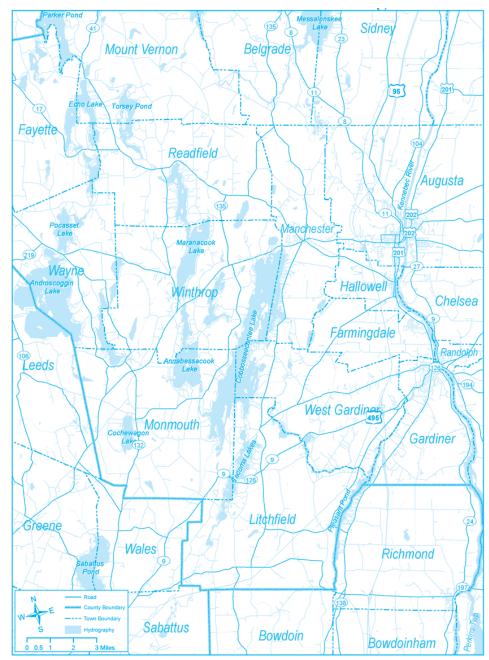




Photo by Dean Gyorgy



## 

Four photographers from Wayne will exhibit selected images celebrating the town's people, nature and landscape from August 18 through September 1 at the Williams House, 14 Old Winthrop Road.

The show, titled "Focus on Wayne," opens with a public reception on Saturday, August 18, 4-6 pm, featuring refreshments and entertainment.

Produced in partnership with Cary Memorial Library Arts, the show will hang in the library's new exhibit space at the Williams House property. The exhibit will officially launch a new website, www.wayneinfocus.org, dedicated to showcasing community submissions in photography, video and creative writing celebrating life in Wayne.

Photographers featured are Jane Davis, Dean Gyorgy, Margot Gyorgy and Molly Saunders.

For more information call 685-3612. Cary Memorial Library hours are Monday 9 am-1 pm and 3-8 pm, Tuesday 3-8 pm, Wednesday 1-8 pm, Thursday 3-8 pm and Saturday 9 am-3 pm.



Photo by Jane Davis







Rescue

Want to be part of a Miracle story?

**FAMILY FUN DAY AND FUNDRAISER** AUGUST 19<sup>TH-</sup> Belgrade Community Center - 10:00 – 3:00

On 11-11-11, Kolten was hit by a truck while riding in a stroller. He had numerous broken bones, with the most severe in his upper spine near the brain stem, and his head and left arm were detached from his spine. Kolten has made a miraculous recovery over the last months with the exception he has no use of his left arm. On August 30<sup>th</sup> a team of doctors in Boston will attempt to reattach the nerves to the spine with the hope that he will regain full use of his arm.



5 Cushman Rd. Winslow, ME 207.872.8776 www.windowsplus.me

### **"KARE – 4 – KOLTEN"**

This event is being held to raise funds to support the next step in this miracle and to assist the family with expenses and housing in Boston and time lost from work while caring for Kolten during his recovery. Call 207-790-1353 for More Information









Bounce House and Kids Games

Darling's ice cream for a caus Friendly's ice cream sundaes





## Cobbossee Corner

## We Are All Connected by Watersheds

*By Tamara Whitmore, Education & Programs Director Friends of the Cobbossee Watershed* 

Whenever I tell friends or family that I work for a watershed organization for a living they generally smile, nod and reply "oh that's nice". When asked what my role is and I reply that I'm an ecologist and educator that specializes in watershed issues, it's generally received with a confused look and the question: "But what do you really DO?".

The term watershed is one of those that is used frequently, but rarely fully understood. Most simply put, a watershed is a body of water and the area of land that drains water into it. One watershed is separated from another by the higher land that is between them, such as hills or a mountain range. Watersheds are often connected, which means water from one watershed flows into another. I like to use the analogy of those Russian nesting dolls that fit one into another from smallest doll to largest doll. Picture this: the watershed of one lake or pond (for example, Maranacook Lake), is part of a bigger watershed (Cobbossee), which is part of an even larger watershed (Kennebec River) which is part of a still larger watershed (Gulf of Maine and the Atlantic Ocean). This connection between bodies of water means that if the water in one watershed is polluted, that pollution can flow "downstream" to another watershed.

As an ecologist, I study the connections between living things and their environment, especially human actions and their affect on our natural resources. Watersheds provide an excellent frame of reference for this study, because they provide the connection between land and water, the connection between people and their local environment and the connection between one community to another. As an educator, my life's passion is to communicate the importance of all people understanding our connections to land and water, the affect our actions can take and how we can help conserve and protect these resources.

Why are healthy watersheds important? The obvious answer is the protection of local wildlife and natural resources. Native and migrating animals depend on clean aquatic habitats for food, water, and shelter. Some bodies of water are used as a water source for towns and cities. Clean water is also important for attractive and safe recreation. Surface waters are often connected to groundwater resources, which are extremely important for household & industrial water usage.

If that wasn't enough, there are also economic



The Friends 2012 Youth Conservation Corps gets ready to plant a vegetative buffer along the lake shoreline.



The finished buffer, which will grow into an attractive and natural way to slow down and filter water before it reaches the lake. Standing behind, are YCC members (from left to right): Nate Blanchard, Jared Diou-Cass, Cameron Guild, Harry Lanphear, Aaron St. Pierre and Sam Nielsen.

local water body becomes the problem of the other people that own property or enjoy your lake, pond or stream. As mentioned before, the health of our local watersheds influences the health of regional bodies of water. And since oceans are connected throughout the globe, having clean local water quality impacts the quality of water throughout the earth.

The Friends of the Cobbossee Watershed (FOCW), and similar organizations, work to protect these valuable resources of land and water. Emphasis is placed on engaging citizens to do their part in protecting water quality. To start, remember that the land is connected to the water and that watersheds





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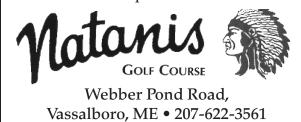
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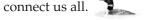
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advantages. A decrease in water quality and/or infestations of invasive aquatic plants can have a severe impact on shorefront property values. Reduced property values may affect overall town or city property tax income and therefore potentially raise property taxes or have impacts on town funding budgets. Also, decreases in water quality can be connected to a reduction in numbers of tourists that visit an area, preferring more pristine lakes and ponds to visit. A decrease in tourism would have an affect on all services provided by local businesses....including lodging, restaurants, real estate and property management businesses, marinas, grocery stores, retail stores, and convenience stores.

The effects are not just local; there are even global connections. Water flows downhill...meaning any pollution that runs off of your land and into your



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## Upcoming -

### AUGUST

• A 5K to benefit Adoptive and Foster Families of Maine will be held at New Balance, Walnut Street, Skowhegan on Saturday, August 25, 8 am. 1-800-823-9786

• The last Coburn Park Concert Series of the season in Skowhegan will be on Sunday, August 26, 5-6:15 pm, featuring the Skowhegan Community Band. 474-0527

• On Thursday, August 30, "Sweet Wednesday" will perform on the lawn at Lithgow Library, 45 Winthrop Street in Augusta at 6:30 pm. 626-2415

• "The Fox on the Fairway" will be performed by Gaslight Theater, City Hall, Hallowell, on August festival from 1-4 pm. Admission \$5. 897-4366 30, 31 and September 1 and 7-9. 626-3698

• "Equus" will be performed August 31-September 1 and September 6-9 at the Studio Theater, Waterville Opera House. 873-7000

### **SEPTEMBER**

• On Saturday, September 8 the Skowhegan History House will celebrate its 75th Anniversary, which is also the 156th Birthday of Louise Helen Coburn. 474-6632

Wilkins Sawyer Foundation in Greene at 2 and 7 pm. Admission is free. 946-5311

Summertime in the Belgrades

• Lakewood Theater's final show of the season, "Who Goes Bare," will run September 13-16 and 19-22.474-7176

• The 9th Annual Thomas College Lunder Scholars Golf Invitational will be held at the Belgrade Lakes Golf Club on Friday, September 14. 859-1167

• William Ayot, award winning poet from the United Kingdom will read at the Harlow Gallery in Hallowell on Friday, September 14, 7-8:30 pm. 622-3813

• On Saturday, September 15, Norlands Living History Center will hold its Autumn Pie and Arts

• A Hallowell Cemetery Tour with Sam Webber, a narration on notable Hallowell Citizens and veterans from the American Revolution and the Civil War, will be held Saturday, September 15 at 1 pm. 623-4021

• The Western Maine Storytelling Guild will meet on Thursday, September 20 from 7-8:30 pm at the Olsen Student Center, Room 123, University of Maine at Farmington. 778-4662

will perform on Friday, September 7, at the Araxine I Sing" will be performed at the Theater at Monmouth September 20-23 and 27-30. 933-9999

> • ACAT Theatre in Waterville will present "Office Hours" September 21-23 and 28-30 at the Waterville Opera House Studio Theater. 873-7000

> The 19th Annual Rise 'N Shine 5K Road Race, sponsored by Kennebec Savings Bank, will be held Friday, September 28 at 6:35 am. 622-5801

### Kennebec County Soil & Water **Conservation District** - Annual Bulb Sale

Last chance to order bulbs for fall planting and next spring's blooms. Order forms for the 2012 bulb sale are currently available from the Kennebec and Somerset County Soil and Water Conservation Districts. Plant this fall for next spring's color.

The 'Early Order' deadline - August 16th. Final deadline for orders is August 29th. Bulbs will be ready for pickup after October 12th.

Order forms are available at the Somerset SWCD office on 12 High Street in Skowhegan or Kennebec County SWCD at 21 Enterprise Drive in Augusta. Call 622-7847 x3 to have one mailed. They are available on the website at www.kcswcd.org Or contact info@somersetswcd.org or dale@kcswcd.org

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## Summertime in the Belgrades 🍞

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## - Conservation Too -

### Harvest season has started in the garden. Unfortunately the weeds are also doing well. I argue that gardeners are just "control freaks". We select which plants are 'weeds' and which do not deserve living. We exercise control. We impose our vision on the vegetative landscape. Pity the poor plant that breaks a rule by growing in the 'wrong' place, getting too large, or exhibiting a characteristic which we find objectionable. So... we apply fossil fuel products in our quest to control the world around us i.e. petroleum based fertilizers and pesticides.

A garden, and the gardening which it demands, should become an exercise in a long and contemplative process. Such a philosophy appeals to my laissez faire attitude. Some call it "laziness". Expecting immediate gratification is inconsistent with that attitude. The annuals at the greenhouse look great so we purchase and plant them too early. Then we wonder why they don't thrive in the early spring's cool soil temperatures. A tree or shrub which we import from the southwest doesn't flower until late in the summer. We are disappointed that the plant couldn't modify its growing habit to our needs. We are unforgiving when it comes to our gardening.



spring and summer move through the calendar, the various plants all have their own season. Let the plant life follow their own schedules. Focus on the things you actually can control. Let the yard establish itself. Don't get in its way.

One way to support the local plants is to support local farms and farmers. They have come to rely on plants and animals that thrive in our local environment. They work with the seasons. Sure... they extend the season with greenhouses or different varieties of plants. Those efforts require more work, but it's the farmer doing the work to improve their own season's income. Farming is hard work. Working with plants and animals in their natural rhythm helps and farmers try and take advantage of that. But the market's demand for food is year round. A successful farmer needs to modify their schedule and assist the plants and animals to produce.

On August 22nd and 23rd the public can visit a large local farm as part of the Maine Farm Days Agricultural Exposition. The Misty Meadows Farm in Clinton, Maine is a large dairy farm that grows hundreds of acres of their own feed and raises many of their own replacement animals. They milk about 600 cows, three times daily. It is a HUGE operation. That Wednesday and Thursday they open up their farm to the public so we can see how that farming work is done. It is 'up close and personal' as the young woman to the left can attest. There are product displays, a kid's tent, equipment displays, alternative energy demonstrations, a wagon tour and many other activities over the two days. ... And it is all free to the public.

Plan to visit. Check out more information at their website www.mainefarmdays.com or our website at www.kcswcd.org and select the Maine Farm Days 2012 tab.

Articles contributed by the Kennebec County Soil & Water Conservation District in Augusta For information about any of our conservation projects please contact Dale Finseth at 622-7847, x 3 or check our website at www.kcswcd.org

## Meet Your LakeSmart Screeners



Lighten up ... Plants have their seasons. As the

The LakeSmart program, which was started by local folks concerned about the declining water quality in Great and Long Ponds, has attracted some conscientious and committed volunteers. They are trained to screen lakefront properties and to educate homeowners about "Best Management Practices" for clean water as outlined by the DEP.

When asked why they decided to become screeners, their responses are varied. Maggie Shannon of COLA says she wanted to learn how to determine the "lake friendliness" of shore land properties. With Michael Bernstein's science background, he has enjoyed using many of his teaching by Susan Gay

skills and knowledge in the interest of conservation. He believes that the LakeSmart program can prolong the quality and life of our lakes. Ann Dolbear was inspired to become a screener when she had her property screened by Dave Gay, LakeSmart Coordinator, who she says first taught her the LakeSmart principles.

Before the training, "We didn't know what we didn't know," remarks screener Susan Gay. The half-day training course provides the screeners with specific knowledge regarding how to curb water run-off from the regional watershed through their properties and into the lake. This water carries the prime culprit PHOSPHORUS which feeds MILFOIL and other unwanted vegetation in the water. Ann Dolbear remarked that she first learned by training, how roof run-off causes erosion and how drip line trenches to catch the water are so easily installed. Michael Bernstein became aware niques. He became more familiar with how a septic system should properly function during the training.

Screeners observe that the response from property owners has been very positive. The water quality education provided by the screeners along with free "how to" brochures have created a greater appreciation and understanding of how a clean lakes preserves the qualities of a Belgrade summertime that we and our grandchildren can continue to enjoy. Clean water preserves our real estate values and benefits local businesses as well.

Current screeners also include Paula Irving, Phyllis and Lynn Matson, Mark Heuberger, Clark Freeman, and Maryjane Shiverick,

People interested in having their property screened can sign up at the Maine Lakes Resource Center or contact Dave Gay at 397-5465.

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> Lakepoint Real Estate

Annual Raffle Drawing and Neighbor Reception, Saturday, August 18th. Sponsored by the Belgrade Lakes Association. Don't miss a relaxing night out with refreshing drinks and superb appetizers. Join your neighbors and hear local musicians. Last chance to buy raffle tickets. At the Maine Lakes Resource Center, 137 Main Street, Belgrade Lakes Village, 5:00-8:00 p.m. The raffle drawing will be at 7:30 p.m. 512-5150.

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Are You a Winner? Join us Saturday, August 18, for the BLA Raffle Drawing and Neighbor Reception. Refreshing drinks and superb appetizers. 5:00 to 8:00 p.m. at the MLRC, 137 Main Street, Belgrade Lakes Village. Raffle drawing: 7:30 p.m. Sponsored by the Belgrade Lakes Association 207-512-5150





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Bear Spring Camps, 60 Jamaica Point Rd., Rome, 397-2341, www.bearspringcamps.com

Belgrade Cottages, 9 Bass Lane, Belgrade, 495-9217, www.belgradecottages.com

**Castle Island Camps**, American Plan, Castle Island Rd, Belgrade Lakes, 495-3312, www.castleislandcamps.com

Kozy Cove Cottages, Rt 8, Salmon Lake, Belgrade, 465-0959, www.kozy-covecottages.com

Loon Ridge, cottages, 1339 Augusta Road, Rt 27, Belgrade, 495-2294, www.LoonRidge.com

**The Village Inn,** 1 & 2 bedroom suites, Rt 27, Belgrade Lakes Village, 495-3553, *www.villageinnducks.com* 

Whisperwood Cottages, American Plan, boat rentals, 103 Taylor Woods Rd, Belgrade, 465-3983, *www.whisperwoodlodge.com* 

Wings Hill Inn, Rt 27, Belgrade Lakes, 495-2400, 866-495-2400, www.wingshillinn.com

### **RESERVATIONS SERVICES**

Belgrade Vacation Rentals, 81 Main St, Belgrade Lakes, 495-4011, www.belgradevacationrentals.com

## Archaeological Field School in Rome

Join professional archaeologists for a day or more of excavation the week of August 20-24 and explore two neighboring archaeological sites in the Kennebec Highlands in Rome.

Participants will learn how archaeological excavations are carried out, including how to dig and screen for artifacts, how to map archaeological features, and how to take good notes. They will also begin to learn how to identify historical artifacts and be introduced to such related skills as "reading" historical landscapes and surveying.

The two sites that will be excavated were farmsteads owned by neighbors John Rogers and John Prescott Rogers in the late 1700s through the late 1800s. They are located in the current town of Rome in the Kennebec Highlands conservation land.

The Kennebec Highlands is a 5,500 acre tract of conservation land located in the towns of Mount Vernon, New Sharon, Rome and Vienna. Through the ongoing Kennebec Highlands History and Archaeology Project information is being compiled on the lives of the people who once lived on this land. Through the 1700s, settlers arrived in this part of Kennebec and Somerset Counties, especially in the years following the Revolution. They apparently liked what they found in the low-lying intervals and hillsides for they cleared the land, built houses and barns and raised families. In the ensuing years more than thirty farms had been established and were active in the Kennebec



who came to Rome in the late 1700s. In the 1870s, his grandson, John Rogers Prescott remained on the same land, a location that the August Archaeological Field School led by Peter Morrison of Crane & Morrison Archaeology will excavate and study.

Archaeologist will be leading the interested public in an exploration of the two sites to determine the age of the farmsteads and to continue learning how life on the farms changed over the generations.

On the first day participants will meet with archaeologists and representatives of the Belgrade Regional Conservation Alliance in downtown Belgrade Lakes at the Maine Lakes Resource Center and caravan to the location. Bring sunscreen, bug spray, brown bag lunch

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Highlands tract, but by the mid-1900s due to poor farming conditions and the lure of better economic opportunities in other regions, only one remained.

One of the earliest settlers was John Rogers,

and water. The hours of the Field School are 8 am-4 pm.

Sign-ups in advance are appreciated but lastminute arrivals will be welcome. Email infomainelakes@gmail.com or call 495-3617.



ummertime in the Belgrades



## Dining

### Augusta

• **Riverfront Barbeque & Grille and Gin Mill Lounge**, 300 Water St., Augusta. 622-8899, www.riverfrontbbq.com

### Belgrade

 Belgrade Lakes Golf Club, lunch/snacks, West Road, Belgrade Lakes, 495-4653, www.belgradelakesgolf.com
 Beta's Pig. 81 Main St. Belgrade Lakes Village 405 400

- Pete's Pig, 81 Main St., Belgrade Lakes Village, 495-4095, www.petespig.com
- The Village Inn, Rte. 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com

• Whisperwood, Salmon Lake/McGrath Pond, Taylor Woods Rd, Belgrade, open to the public by reservation only,

465-3983, www.whisperwoodlodge.com

• Wings Hill Inn and Restaurant, Rt. 27, Belgrade Lakes Village, 495-2400 or 800-495-2400, www.wingshillinn.com

### Fairfield

• Cacciatores. 29 Main St, Fairfield, 872-9700.

... continued from page 5

### Oakland

• Alden Camps, Lunch or dinner by reservations, Sat. - Wed., space permitting. 3 Alden Camps Cove, Oakland. 465-7703. www.aldencamps.com

• Riverside Farm Restaurant and Wine Market, 291 Fairfield St, Oakland, 465-4439. www.riversidefarmmarket.com

### Waterville

• **Restaurant & Pub at the Waterville Grand.** 375 Upper Main St, Waterville. 873-0111.

### Winslow

• Lobster Trap & Steakhouse. 21 Bay St, Winslow. 872-0529. www.lobstertrap-seafood.com.

### Winthrop

• Peppers Garden & Grill. 357A Main St, Winthrop. 377-8877



ferent native plants commonly found in area lakes and she even had a sample of invasive milfoil from the Great Meadow Stream at Great Pond's North Bay in a jar for all to see. †Many invasive species mimic and look just like natives so when in doubt take a piece out†and put in a baggie and take to Maine Lakes Resource Center in Belgrade Village or hand to a Courtesy Boat Inspector at boat launches. The plant species pictured here is Coontail which has forked leaves. †Looking on are Carol Murdock, Barb Winslow, Bruce Corson, Toni has the plant†and Hazel Grove.

place Saturday, August 18 from 9-3 at the Fairview Grange in Smithfield. Tim and Christine O'Leary from Milfoil Crisis (milfoilcrisis.com) will conduct the training which will enable participants to map the different plants in the littoral zone (the land in and out of the water along the shoreline) of the lake. Come learn how you can help us to locate and identify these plants and plot them by GPS on a map that can be used in future years to keep track of native and invasive plants. You do not have to have property on North Pond to attend. The training is for all ages and is free of charge. For more information or to register for the training, call Joni at 362-6111. 🦜



Open to the Public

**Belgrade Lakes Golf Club** 

North Pond Association also has a unique opportunity to locate what plants are where with a GPS Mapping Training for North Pond taking







Farm and farmstand open 7days a week 9-6 Where veggies and Children grow!

Come visit the animals and tour the gardens. Our 40 acre farm on the shores of great pond.

Certified organic produce, herbs and flowers Pies, breads and soups Rt.27 Belgrade, Maine • 207.495.2593 www.winterberryfarmstand.com

## Summertime in the Belgrades

August 17 – August 23, 2012

## -Business Directory-

ACCOMMODATIONS

See page 20

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### ADVENTURE

**Belgrade Cottages Guide Service,** fishing, lake tours, canoe/kayak trips and rentals. 9 Bass Lane, Belgrade, 314-8469, *www.belgradecottages.com* 

Maine Wilderness Tours, fishing, canoeing/kayaking, lobster picnic, bird watching, 7 Croquet Lane, Belgrade, 465-4333, *www.MaineWildernessTours.com* 

### ANTIQUES

Barbara's Antique & Collectibles Group Shoppe, Rt 201, 414 Lakewood Rd, Madison, 474-2550, 474-8357 Heirloom Antiques & Vintage, 35 Concourse E, Waterville, 877-7877

Stoney Creek Antiques, 881 Civic Center Drive, Augusta, 626-9330

### BANKING

Kennebec Savings Bank, 150 State St, Augusta, 622-5801, www.kennebecsavings.com Maine State Credit Union, 200 Capitol St, Augusta, 623-1851, www.mainestatecu.org Skowhegan Savings Bank, Rt 27, Belgrade, 495-7787, www.skowsavings.com

BEVERAGES Jokas' Discount Beverage, 52 Front St, Waterville, 873-6228, www.jokas.net

### BICYCLES

Auclair Cycle & Ski, 64 Bangor St, Augusta, 623-4351, auclaircycle@msn.com

### BOATS

(Besides the categories immediately following, see Canoes and Kayaks, Docks, and Boat Repair.)

BOAT COVERS Waterville Upholstery & Canvas, 1042 Kennedy Memorial Dr, Oakland, 465-7847

### **BOAT LIFTS**

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com Kennebec Boat Repair, 907 Oakland Road, Belgrade, 465-9012, www.KennebecBoatRepair.com

### **BOAT SALES AND SERVICES**

Belgrade Canoe & Kayak, Rt 27, Belgrade, 495-2005,
242-6331, www.kayakandcanoe.com
Clark Marine, 57 Puddledock Rd, Manchester, 622-7011, mail@clarkmarine.biz, funonthewaterstartshere.com
Hamlin's Marine, 290 West River Road, Waterville,
872-5660, www.hamlinsmarine.com
Mid-Maine Marine and RV, 885 Kennedy Memorial Drive,
Oakland, 465-2146, www.midmainemarine.com
Trailside Performance, 797 Augusta Rd (Rt 201), Winslow,
873-2366, www.trailsideperformance.com

### **BOAT STORAGE**

**Belgrade Boat Storage,** 41 Pinkham's Cove Rd, Rt 27, Belgrade, 495-3421, 314-3287, *www.belgradeboatstorage.com*, *www.belgradeboatrentals.com* 

**Belgrade Lakes Marine and Storage,** Inc, 366 Augusta Rd, Belgrade, 495-2378, www.belgradelakesmarine.com

**Clark Marine**, 57 Puddledock Road, Manchester, 622-7011; and Rt 202, Monmouth, *mail@clarkmarine.biz, funonthewater-startshere.com* 

**Great Pond Marina**, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, *www.greatpondmarina.com* 

Hamlin's Marine, 290 West River Rd, Waterville, 872-5660, www.hamlinsmarine.com

**Kennebec Boat Repair**, 907 Oakland Road, Belgrade, 465-9012, *www.KennebecBoatRepair.com* 

Maple Leaf Self Storage, 688 Manchester Rd, Rt 135, Belgrade, 495-2191, 441-5529

Mid-Maine Marine and RV, 885 Kennedy Memorial Dr,

Oakland, 465-2146, www.midmainemarine.com

**Trailside Performance**, 797 Augusta Rd, Rt 201, Winslow, 873-2366, *www.trailsideperformance.com* 

### BOOKS

CHILDREN'S BOOK CELLAR, 52 Main St, Waterville, 872-4543, kidsbookseller@verizon.net

### BOTTLE AND CAN REDEMPTION

Jokas' Discount Beverage, 52 Front St, Waterville, 873-6228, www.jokas.net

BUILDERS (See also Kitchens, Plumbing, and Excavating)

All Season Home Improvement. 823 Church Hill Rd., Augusta, 626-3039, 800-464-3039, *www.all-season.com* Craig's Carpentry/North Bay Estates, Rt 8, North Belgrade, Craig Alexander, 649-3749 G&L Contracting, Adam Gardner, Belgrade, 215-7951 LakeHouse Design Build, Serving Central Maine's Waterfront Design Build Needs Since 1987. 10 Liberty Lane P.O. Box 663 Readfield, Maine 04355 *www.lakehousedesignbuild.com* 207.685.7393 -207.242.3663 Mainely Molding & Restoration, 449 Wilder Hill Rd, Norridgewock, 634-2821, *www.mainelymolding.com* 

### CANOES AND KAYAKS

Belgrade Canoe & Kayak, Route 27, Belgrade, 495-2005, 242-6331, www.kayakandcanoe.com

**Belgrade Cottages Guide Service,** fishing, lake tours, canoe/kayak trips and rentals. 9 Bass Lane, Belgrade, 314-8469, *www.belgradecottages.com* 

### CLOTHING

**New Balance Factory Outlet,** 13 Walnut St, Skowhegan, 474-6231, *www.newbalance.com*, *nbfactorystore.com* 

### **COMPUTER CONSULTANTS**

Samara Consulting, Macintosh Consultant, Michael Breault, 24 Welch Rd, Wilton, 645-5083, cell 578-0226, *mbreault@samaraconsulting.com*, www.samaraconsulting.com

### DENTAL CARE

The Complete Dental Center, 107 Birch St, Farmington, 860-2781

### DINING

(See Dining Directory on page 21)

### DOCKS

G&L Contracting, Belgrade, 215-7951, agardner81@yahoo.com Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com Trailside Performance, 797 Augusta Rd, Rt 201, Winslow, 873-2366, www.trailsideperformance.com

### ELDER CARE

Maine-ly Elder Care, 28 Center St, Oakland, 465-3249, www.maine-lyeldercare.com

### EXCAVATING

**Belgrade Boat Storage,** 41 Pinkham's Cove Rd, Belgrade, 495-3421, 314-3287, *www.boatstorage.com* **David Stevens,** P.O.Box 146, Belgrade, 465-3815, cell 314-0314

### EYE CARE

Maine Eye Care Associates, 325 E. Kennedy Memorial Dr, Waterville, 873-2731, www.MaineEyeCare.com

### FARMSTANDS

Winterberry Farm, 538 Augusta Rd, Rt 27, Belgrade, 495-2593, www.winterberryfarmstand.com

### FINANCIAL PLANNING

Golden Pond Wealth Management, 129 Silver St, Waterville,

### **BOAT MOORINGS**

Great Pond Marina. 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

### **BOAT RENTALS**

Belgrade Canoe & Kayak, Rt 27, Belgrade, 495-2005,
242-6331, www.kayakandcanoe.com
Castle Island Camps, Castle Island Rd, Belgrade Lakes, 495-3312, www.castleislandcamps.com
Great Pond Marina, 25 Marina Dr , Rt 27, Belgrade Lakes,
495-2213, www.greatpondmarina.com
Whisperwood Cottages, 103 Taylor Woods Rd, Belgrade,
465-3983, www.whisperwoodlodge.com

### BOAT REPAIR Belgrade Boat Shop, Rt 135, Belgrade, 485-6953

### **BUILDING MATERIALS**

Gagne and Son, 28 Old Rt 27, Belgrade, 495-3313, www.gagneandson.com

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com 873-2200, www.goldenpondwealth.com Kennebec Wealth Management, 150 State St, Augusta, 622-5801, www.kennebecsavings.com

### FIREWOOD

J & M Logging, Inc. 853 Civic Center Dr., Augusta, 622-6353

### FLOORING

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com



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### FLOWERS AND PLANTS

Longfellow's Greenhouses, 81 Puddledock Rd, Manchester, 622-5965, www.longfellowsgreenhouses.com Pierce's Greenhouse, 407 Belgrade Rd, Oakland, 465-7788

### GALLERIES

Artisan's Barn, 163 North Rd, Readfield. 685-9787, www.theartisansbarn.com

**Spring Gallery & Sculpture Garden**, bronze castings, 81 Main St, Belgrade Lakes, 495-3113, *www.modernartfoundry.com*, *www.springgallery.com* 

### GIFTS

Kozy Cottage, 13 Church St, Oakland, 465-0959, www.kozy-covecottages.com Day's General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com The 1830 House on Long Pond, 134 Main St, Belgrade Lakes Village, 495-3277 The Village Peddler Gift Shop, Lake Shore Dr, Belgrade Lakes, 495-7707

### GOLF

Lakewood Golf Course, 803 Lakewood Rd, Madison, 474-5955, www.lakewoodgolfmaine.com Natanis Golf Course. 735 Webber Pond Rd, Vassalboro, 622-3561, www.natanisgc.com

### GROCERIES

Day's General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

### HEALTH CENTER

Belgrade Regional Health Center, 4 Clement Way, Belgrade Lakes, 495-3323, *www.healthreachchc.org* Inland Hospital, The Clinic at Walmart, walk-in health care, 80 Waterville Commons Dr, Waterville, 680-2110, *www.inlandhospital.org* 

HEATING Jim Webster, West Road, Belgrade, 495-2370, 462-3472

### ICE CREAM

Day's General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

### JACKING

Mainely Molding & Restoration, 449 Wilder Hill Rd, Norridgewock, 634-2821, www.mainelymolding.com

JEWELRY Larsen's Jewelers, 57 Main St, Waterville, 872-6301,

### LANDSCAPING

**G&L Contracting**, Belgrade, 215-7951, *agardner81@yahoo.com* **Lakeside Landscape**, 13 Station Rd, Belgrade, 465-3039, 831-

7053, 632-1086, lakesidelandscape1@yahoo.com

Longfellow's Greenhouses, 81 Puddledock Rd., Manchester, 622-5965, www.longfellowsgreenhouses.com

Lynch Landscaping, Skowhegan, 474-2420, lynchlandscaping.com

Native Notions, 213 West Rd, Belgrade, 495-6040, 314-9538, nativenotions@hotmail.com, www.nativenotionslandscape.com

### MASONRY

Michonski Brothers Mason Contractors, PO Box 656, Norridgewock, 634-2516 www.michonskibrothers.com

### MEATS

**Ballard Meats & Seafood,** Myrtle St, Manchester, 622-9764, 1-800-564-6328

### **MOVIE THEATERS**

**Railroad Square Cinema,** call for titles and times, 17 Railroad Square, Waterville, 873-6526, *www.railroadsquarecinema.com* 

### PHYSICAL THERAPY

Dockside Physical Therapy, 47 Main St, Belgrade Lakes, 495-3195, 512-2544, Fax 512-2545

### PIANO SUMMER CAMP

Diane Gorman, Gorman3366@roadrunner.com, 906 Manchester Rd, Belgrade, 495-3222

### PICTURE FRAMING The Framemakers, 46 Main St, Waterville, 872-8927,

www.theframemakers.com

### PLUMBING

**Paul Hanna's Plumbing**, Belgrade Lakes, 495-3805 **Houle's Plumbing**, **Heating and Air Conditioning**, 19 North St, Waterville, 872-6762, *www.houlesphac.com* 

PRINT, MAIL & MORE Color Storm, Inc, Main St, Belgrade Lakes, 592-5990

**PROTECTIVE COATINGS Normile Sealcoating,** pavement and roofing, 332-4131, *normile.chris@gmail.com* 

REAL ESTATE DEVELOPMENTS North Bay Estates, Belgrade, 649-3749, crgsnbe@yahoo.com

**REAL ESTATE** 

### RESTAURANTS (See Dining Directory on page 21)

**RETIREMENT COMMUNITIES** 

**Granite Hill Estates**, 60 Balsam Dr, Hallowell, 626-7786, 1-888-321-1119, *www.granitehillestates.com* 

### SCHOOLS

**St. Michael School,** grades pre-K through 8, 56 Sewell St, Augusta, 623-3491, *www.smsmaine.org* 

### SEAFOOD

Ballard Meats & Seafood, 55 Myrtle St, Manchester, 622-9764, 1-800-564-6328 Lobster Trap & Steakhouse, 15 Bay St, Winslow, 872-0529, www.lobstertrap-seafood.com

### SECURITY SYSTEMS

Cayer Security Services, Inc, 208 College Ave, Waterville, 453-9177, www.cayersecurity.com

### SELF STORAGE

Maple Leaf Self Storage, 688 Manchester Rd., Rt 135, Belgrade, 495-2191

### SEPTIC SYSTEMS

Bellavance Construction Company Inc, 31 Hulin Rd, Belgrades Lakes, 495-2492 Stanley's Septic Tank Service & Construction, 187 Norridgewock Rd, Fairfield, 453-9819, 1-800-660-7826, www.stanleysseptic.com

SHOES AND SNEAKERS New Balance Factory Outlet, 13 Walnut St, Skowhegan, 1-877-623-7867, www.newbalance.com

### SPA

**Belgrade Lakes Day Spa**, "Your Premier Wellness Center," 495-2560, www.belgradelakesdayspa.com

### STONEWORK

Gagne and Son, 28 Old Rt 27, Belgrade, 495-3313, 1-800-339-3313, *www.gagneandson.com* 

### THEATER

**The Theater at Monmouth,** Cumston Hall, off Rt 135, Monmouth, 933-9999, *www.theateratmonmouth.org* 

### **VETERINARY SERVICES**

Lakeside Veterinary Clinic, 88 Libby Hill Rd, Oakland, 465-7387, 465-8387, *www.lakevets.com* 

800-697-1874, *www.larsensjewelers.com* **L.Tardif Jeweler**, 62 Main St, Waterville, 872-7542, 800-834-3638

### **KITCHENS**

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

### LAKE ASSOCIATIONS

**Belgrade Lakes Association (BLA)**, Long Pond and Great Pond, PO Box 551, Main Street, Belgrade Lakes, 512-5150, *www.belgradelakesassociation.com*  Coldwell Banker Thomas Agency, 75 Main St, Winthrop, 377-2121, www.coldwellbankerthomas.com Day's Real Estate, 262 Augusta Rd, Rt 27, Belgrade Lakes, 495-3111, 1-888-495-3111, www.daysrealestate.com Lakepoint Real Estate, 221 Main St, Belgrade Lakes, 495-3700, www.belgradelakepoint.com Rizzo Mattson Realtors, 219 Capitol St, Aigista. 622-9000. 800 894-7979, www.rizzomattson.com Sprague & Curtis Real Estate, 75 Western Ave, Augusta, 623-1123, www.spragueandcurtis.com Webber Real Estate. Main Street, Mount Vernon. 293-2601, www.webberrealestate.net

RESERVATIONS See page 20

### WINDOWS

Hammond Lumber Company, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

### WINDOW TREATMENTS

Blind Time, 24 Meadow Hill Dr, Farmingdale, 621-9832, *www.blindtime.com* 

YOGA School Street Yoga, Waterville-Hallowell, 330-1450, www.schoolstreetyoga.com

## Expressions -

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## **Family Bluegrass Weekend Features 12 Top Bands**

Summertime in the Belgrades

"Don't just hear about it! Experience it! The 39th Blistered Fingers Family Bluegrass Festival will be held August 23-26 at the Litchfield Fairgrounds and everyone is invited to experience the "Welcome Home" feeling and 12 great bands, the reasonable camping rates which provide indoor bathroom facilities and free hot showers, the food and music concessions, a large tent to fend off rain and sun, and a lot of good friendly fun and fellowship.

The line-up of bands during the 4-day weekend is as follows:

-Russell Moore & III Tyme Out (GA) - Saturday -Karl Shiflett & Big Country (TX) - Thursday, Friday -The James King Band (VA) - Friday, Saturday, Sunday -Junior Sisk & Ramblers Choice (VA) - Thursday, Friday -The Moron Brothers (KY) - Friday, Saturday -Acoustic Blue (MA) - Friday, Saturday, Sunday -Acoustic Blue (MA) - Thursday, Friday -Remington Ryde (PA) - Thursday, Friday -Wilf Clark & The Misty's (ME) - Friday, Saturday, Sunday -Crossover (CT) - Saturday, Sunday -Wyld Blue Yonder (ME) - Friday -Bluegrass Gospel Sing & Jam (MA) - Sunday -Blistered Fingers (ME) - Saturday

The emcee will be Evan Carl. There will be a Blistered Fingers Kids Academy for ages 6-18. There will be Open Stage Saturday afternoon for Acoustic Bluegrass Bands with a guaranteed 2013 booking for some lucky band. And there will be early bird camping starting Monday, August 20 at 8 am.

Day prices per person payable at the gate only are: Thursday \$15 5-9:30 pm; Friday 12-10 pm and Saturday 10 am-10 pm \$25, after 5 pm each day \$20; Sunday \$10 10 am-1:30 pm.

For more highlights of the festival including weekend prices visit www.blisteredfingers.com, email blist-f@blisteredfingers.com or call 873-6539.









**Stoney Creek Antiques** Quality Antiques and Collectibles

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881 Civic Center Drive, Augusta 10-5 Tues-Sat 626-9330





## - Fishing -

## A Birthday Light Show!

by Mike Guarino



Steve Culberston caught this big smallie on a tube jig and followed it up with a double on huge largemouth!

very year around this time star gazers get a Especial treat. The Perseid Meteor Shower comes to town and gives folks an opportunity to see upwards of 60 meteors per hour. I started following this specific show when I was a little kid because fortunately for me the meteor shower coincided with my birthday. So naturally we'd be upta' camp that week , and I have amazing memories of lying on my back next to the bonfire, listening to the waves lap the shoreline; all the while staring hopefully to the northeast. Back then we use to catch hornpout and eels at night right off the beach, so for me it was a double whammy - fishing and star gazing (not to mention celebrating my birthday - which was much more important then compared to now!). I can remember as a kid swimming in the lake every day and collecting clams to use for bait later that night. The eels and the bullheads loved the clams; probably because they put off so much scent, and we would always catch a few to cook on the open fire. I remember taking a fresh bullhead and wrapping him in foil with some sweet butter, salt & pepper, and garlic. The bonfire pit was what we called a "turtle pit" because there was one large ring of rocks and then a smaller ring attached to it. From up above it looked like a turtle. This is a great pit for cooking because you make a big fire in the larger ring and when you want to cook, simply rake a bunch of very hot coals into the smaller ring. That's where you put the fish wrapped in foil. It keeps the food from

burning and you can control the cooking

better. I still use that fire pit concept to this day. Anyway, back to the meteors. This year during the week of August 12, you'll be able to see the show better because the moon doesn't rise until late at night (or early in the morning depending on how you look at it). So, the skies should be very dark, making for great star watching. I think one night this week I'll keep the girls up and make a fire and enjoy the show. But I'll have to bring marshmallows and hot dogs instead of bullheads, otherwise I have a feeling I'll be dining alone.

*Fishing Report* – Despite being in the middle of Maine's hottest month, the fishing has remained quite steady with a variety of different fish being caught throughout the region. One of the more underutilized fish in our lakes is the black crappie and now is a great time of year to fish for them. The crappie are a schooling fish, so once you find them you can generally catch a few. They are also minnow eaters, so small jigs tipped with live shiners is a great way to target bigger fish. This time of year black crappie are generally



Walter Straus hooked this big pike last week on a chartreuse and white spinnerbait.

sunken weed beds. Having decent electronics is always a blessing when searching for schools. I usually take a milk jug and wrap it with about 35 feet of twine and put a heavy weight at the end. When I find a school, I put the milk jug out to mark the school. It makes it easier to find your starting point if you drift off the spot. Of course modern day GPS systems eliminate this oldschool approach, but the empty milk jug system will save you about \$700. In addition to the crappie, some of the bigger smallmouth bass are lurking in roughly the same depths, so don't be surprised if you hook a few nice bass in the process. This past week we were fishing tube jigs on a sunken bump and managed to catch a crappie, a white perch, a smallmouth and a pike all in the same spot and all on the same black tube. Pretty neat! I was hoping a brown trout would hit too because they love tube jigs, but we didn't have any luck that day. Good luck this week!

### Mike Guarino can be contacted at 465-4333 www.mainewildernesstours.com

found in about 20 feet of water around humps or



Vienna - 400 FT WATERFRONT on Whittier Pond. 8 Acres. Sunset views. Swimming, fishing, kayaking, loons. Surveyed & soil tested. 548' on town rd with shared private road to site. \$129,000. Webber Real Estate 207-293-2601 fred@webberrealestate.net



### Maine Wilderness Tours Belgrade Lakes, Maine 207-465-4333

Complete packages for fishing and family vacations Cottage Rentals, Boat Rentals and Guide Services. Guided Fishing for trout, pike, bass and striped bass Canoeing and kayak trips Drift boat or remote pond fly fishing for brown, rainbow or brook trout. Private lakeside cottages available!

www.mainewildernesstours.com



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> Home-style meals
> Bass, pike, and brown-trout fishing
> Boats, motors, docks
> Sandy beach
> 3.5 hours from Boston
> May-September

on Great Pond in the Belgrade Lakes Region www.bearspringcamps.com 207.397.2341



## Pet World

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Let's Have a Look...

Summertime in the Belgrades

The other day I saw one of my older patients who I hadn't seen for a while because the owners had been alerted to the fact that he had a tumor on his leg, an ear infection, fleas, and a bad smell coming from his mouth. The owners love and care for their dog, but these problems were just not readily apparent to them. They were very grateful to their groomer (as was I) who pointed these things out to them, and recommended they call me for an exam. After my exam I also told them he had a heart murmur, but we were able to come up with treatments to address all these issues fairly quickly, and he left with a plan to help him feel better.

I must admit that I was envious of the groomer who gets to put her hands on this little old fella every 6 to 8 weeks, where I may or may not see him once a year for his "annual" exam. After all, a dog, for instance, ages at a rate of six times faster than a person. So an annual exam for a dog is like a person going to their doctor for a checkup once every 6 years. Many groomers are very sensitive to feeling abnormal things as they touch their client's pets and most are excellent about recommending an exam with the pet's vet if they see or feel something amiss; however, they are not trained to address most health issues nor should they be expected to. A lot of pets don't end up at a groomer regularly either!

Many vets recommend physical exams for older pets at least twice yearly, and for healthy younger pets, annual exams are the norm. However there are still many people who own pets who do not understand what an exam entails or how important it can be, and many will forgo a routine physical exam until something is visibly wrong with their pet. While a good exam may not identify or predict every problem a pet may have, it may be useful in at least improving the pet's quality of life. Often there is an advantage if an issue is caught early, before someone identifies a "problem". For instance, the little dog's heart murmur had not yet progressed to congestive heart failure; if left untreated, it well may have done so in a short time. His teeth were very diseased and contributing to his heart problems. Part of the challenge is that pets don't often complain and are often stoic about pain or secretive (e.g. the cat that hides when he's sick) about their discomfort.

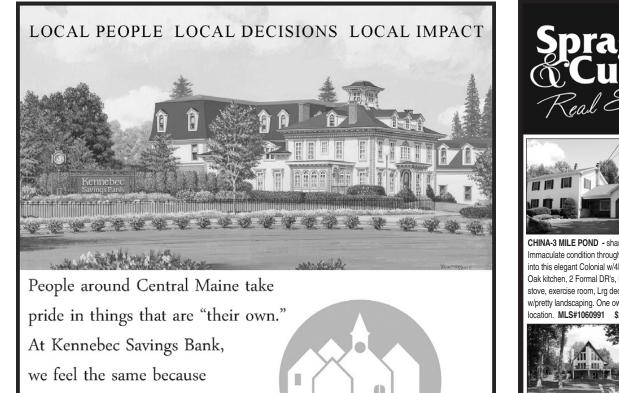
So what do we vets actually do in a routine pet physical? Most vets do a well educated and experienced "tip to tail" hands on feel and look that includes examining eyes (inside and out), ears, the mouth (dental health, gums, oral cavity, smell), facial muscles and nerve responses, the nose, neck movement and

any pain, salivary glands, and neck lymph nodes. We check muscle tone and symmetry of the shoulders, trunk and hind limbs. Size and appearance of joints, mobility and response to manipulation of joints can reveal a great deal about leg and joint pain. We listen to the chest to assess heart sounds (e.g. murmur, rate, rhythm) and the sound of air moving in the lungs, throat and bronchial tubes; we feel pulses to see how well the heart is doing its job. We feel the entire body for superficial lumps and bumps that are out of the ordinary, and often can make a recommendation about which are likely to cause problems and which are not. On patients that are not obese we can feel internal organs through the wall of the abdomen, assessing pain or abnormal size. We feel the bladder for size, thickness and pain response. We check the size and symmetry of all external lymph nodes. We examine the biggest organ in the body, the skin, to look for signs of infection, infestation and even hormonal disease. We check the health of toe nails and the nail beds. We look at places that owners never want to (anal sacs, urinary tract orifices) that can actually be quite uncomfortable for a pet.

Often this is all done so quickly (many pets lack patience) that owners may not be aware that anything has happened at all. But a clean routine health check is a good thing, not unlike getting a sticker on your car without having to replace the brakes. It's never a waste of time. It's not clear to me where the resistance to exams lays for some folks; it may be the expense, but generally an exam is similar in cost to a good grooming. Some people worry that once they know there is something wrong, that they will have to address it (the ostrich head in the sand approach). However, when we commit to care for a pet, ignorance really is no excuse.

Thankfully most pet owners come and seek care because they do want to do what they can for their pets. Not everyone can justify the same level of care, but at least with a good understanding of a pet's health, informed decisions and plans can be made. It's a very good idea for owners to touch their pets and feel them all over regularly (most really like it) to get a sense of what is "normal" for their pet. Several years of training and many years of examining hundreds of pets gives vets a very big edge, however, when it comes to assessing what they see and feel when they put their hands and stethoscopes on a pet. In the end, offering, encouraging and utilizing this important service should bring us all to the same place: mindful care for those who rely so entirely on us for their health and well being.

Pet World, is a bi-weekly column by Dr.Eleanor Sabean. She can be reached at Lakeside Veterinary Clinic lakevets@roadrunner.com or by phone at 465-7387





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MONMOUTH-WATERFRONT LAND-COB-BOSSEE LAKE- w/so much to offer! 2 car log sided garage in place, septic system is in & ready, nice beach area w/gentle slope to water, ready to build on! Perfect location for your dream home or cottage! MLS#1065047 \$214,900



READFIELD- MARANACOOK LAKE- -Incredible sandy beach frontage. Lg private lot with 211+/.<sup>1</sup> frontage. Like new 2BR, 2BA home w/gorgeous lake views! MBR w/full BA, Irg FR in daylight bsmnt. Unbelieveable park like grounds. Level lot & auto generator. MLS#1014494 \$369,000

## 25th Annual Winthrop Sidewalk Art Festival on Saturday, August 18

Summertime in the Belgrades

The 25th Annual Winthrop Sidewalk Art Festival will be held (rain or shine) on Saturday, August 18, 2012, from 10 am to 4 pm in downtown Winthrop. Sponsored by the Winthrop Lakes Region Chamber of Commerce, the event is known as one of the best art festivals in Maine, and features many high-quality artists and draws attendees from throughout the region. In recent years, the array of artwork has been expanded to include fabric, leather, metal, and wood, in addition to the traditional categories of oil paintings, watercolors, photography, and other media.

The 25th Annual Winthrop Sidewalk Art Festival will be complemented by many other special activities in Winthrop held on the day of the Sidewalk Art Show, including a concert, children's activities, and church bake sales and luncheons. In addition to viewing and purchasing the amazing art on display, attendees have the opportunity to take advantage of these special activities, as well as numerous discounts and sales to be offered by local merchants. In addition, food vendors will be on hand. The exciting plans include the following:

• The Winthrop Congregational Church will be holding its annual bake sale (starting at 9 am) and serving its luncheon on the lawn (starting at 11 am). The luncheon menu includes 100% lobster salad rolls, chicken salad rolls, pie, and fruit





cups. The bake sale and luncheon ends at 2 pm. All proceeds will benefit the missions of the church.

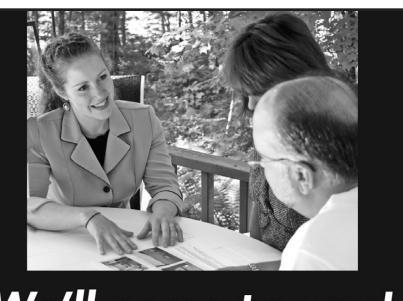
• The Winthrop Farmers' Market will be held as Commerce, please go to www.v usual from 9 am to 1 pm in the Winthrop Town Office parking lot. From 11 am to 1pm, there will info@winthropchamber.org.

be special activities for kids, featuring playing outside with Margy Knight and tasting yummy food from the local farmers.

• The Town of Winthrop will be presenting a special concert by the Pam Baker Blues Band at Norcross Point from 1 to 3 pm. Hometown girl Pam Baker (Winthrop High School Class of 1974 graduate) and her blues band will undoubtedly please the crowd. The concert will be held in the gazebo just off of Bowdoin Street and will be free of charge.

• The Rotary Club of the Winthrop Area will be hosting the First Annual Family Barbecue & Gumbo Festival to End Hunger from 4:30 to 7:30 pm at the Winthrop High School Rambler football field. There will be ribs, pulled pork, chicken and sausage gumbo, and more delicious fare on the menu. There also will be music, a poetry slam, a raffle, and prizes. Tickets are on sale at Annabessacook Farm, Apple Valley Books, and the Flaky Tart Café for \$10 per person and \$25 per family. All proceeds will benefit the Winthrop Food Pantry, Hot Meal Kitchen, and other charitable efforts to end hunger.

For more detailed information about the 25th Annual Winthrop Sidewalk Art Festival and/or the Winthrop Lakes Region Chamber of Commerce, please go to www.winthropchamber.org, call 207-377-8020, or send an email to info@winthropchamber.org.



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