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Do You Really Hear Me Now?

Maine Department of Labor
Maine Bureau of Rehabilitation Services
Maine Division of Deafness

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HELP!!!!!! I need
Hearing Aids!!!!

"I said, it's the only hearing aid
covered by your insurance."

Medicare, MaineCare, and most insurance companies do
not cover the cost of hearing aids. A few possible
resources are available in the Division of Deafness

Helpful Web Sites:
Alpha One
www.alphaonenow.com

Area Agencies on Aging (in Maine)
www.maine.gov/dhhs/bean/resource/aaa.htm

Association of Late Deafened Adults Inc.,
www.alda.org/

Division of Deafness
www.maine.gov/rehab/dod

Guide to Deafness/Hard of Hearing
www.deafness.about.com

Hearing Loss (SHHH)
www.hearingloss.org

Maine Center on Deafness (MCD)
www.mainecenterondeafness.org

Bureau of Rehab Services Vocational Rehabilitation
www.maine.gov/rehab/dvr/dvr_vr.htm

DO YOU REALLY
HEAR ME NOW?

Do you or someone you know have a
hearing loss?

Do you sometimes feel very alone
because of your hearing loss?

You're not alone.
28 million people in the
United States have a
hearing loss.

Has your hearing loss affected your
job and finances?

Does misunderstanding conversations
embarrass you?

Do you find listening to be exhausting?

Are you overly sad or anxious? This may
be related to your hearing loss.

Is your hearing loss affecting your
relationships?

There is help available!
Hearing Loss? What to Do:

If you suspect a hearing loss, see your family physician. Your physician can refer you to a hearing loss specialist if needed.

Doctors
To find an Ear, Nose and Throat Doctor (ENT) in good standing go to the Licensing & Registration web site:
www.docboard.org/me/df/mesearch.htm
or call

Audiologists
To find an Audiologist in good standing go to the Licensing & Registration web site:
www.state.me.us/pfr/olr/olr_disclaimer.htm
or call
Angela McAllister: 624-8630 (V).

Need a phone that works for you?

Maine Communications Equipment Program offers specialized telecommunications equipment (phones, pagers) to people with hearing loss in Maine for free or at reduced rates.

Maine Center on Deafness (MCD)
68 Bishop Street, Suite 3
Portland, ME 04103
E-mail: info@mcdmaine.org
Call 1-800-639-3884 (V/TTY), 797-7656 (V/TTY), or 797-9791 (FAX)

Difficulty Hearing the TV?

Most TVs made after 1993 have built in closed captioning ability. Check your TV manual for directions on how to set up closed captioning. Look for this symbol:

Adjusting to Hearing Loss

There are Counselors who understand how hearing loss impacts your life, beyond the physical aspects of having difficulty hearing. They can help you look at hearing loss in a way that is meaningful to you.

It's not just about losing the ability to hear, it's about losing independence, losing access to conversations around you, losing your identity, and sometimes losing hope.

It's also about redefining what you can do, how you can cope, interact, advocate for yourself, and gain strengths you may never have known you were capable of.

You don't have to go it alone, you deserve counseling.

To find counselors familiar with hearing loss go to the clinical section of the Resource Guide for Deaf and Hard of Hearing. The guide is available on the web at:
www.maine.gov/rehab/dod
or call
Division of Deafness 624-5963 (V)
Or 1-888-755-0023 (TTY)
and a guide will be mailed to you.

Or contact:

Community Counseling Center
874-1030 (V)
874-1043 (TTY)
www.commcc.org