

# Summertime in the Belgrades



... Serving the Central Maine Lakes &amp; Kennebec River Corridor

—A Cider Mill Press Publication—

VOLUME 14, NUMBER 3

## In the Land of Whatever

by Esther J. Perne



Summer arrives, the community celebrations start, and first among them is the three-and-a-half-decades old festival that began as a single day in Augusta and now enjoys a full two-week whirlwind schedule staged in the extended Augusta area.

The Whatever Family Festival, June 20 through July 4, 2012 is an extravaganza of activities, some for fees but mostly free. Highlights include the kick-off event - the Greater Gardiner River Festival June 23, Kids Day in Capitol Park June 30, the Hallowell Riverfront Celebration July 1, and the Capital City Riverfront Fourth, with many daily activities and events in between.

Over the two-week period, more than 150 events will take place, including live entertainment, sales, tours, fireworks, rides, and food. Details are available on the events calendar which may be picked up at locations throughout the area or by visiting [www.augustamaine.com](http://www.augustamaine.com) or calling 623-4559.



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## Kids Day in Capitol Park

**F**ree Family Fun is the theme of Kids Day in Capitol Park in Augusta, a unique celebration that is one of the highlights of the Whatever Family Festival. Starting at 11 am until 3 pm (for most activities and exhibits) on Saturday, June 30, over a dozen Characters will be roaming the park where several dozen booths, exhibits and displays, trucks of all sizes and types, vendors and concessions, and entertainment on three different stages will be set up. (Rain location will be Augusta Civic Center.) Nearby, the Maine State Museum will have free admission from 10 am-4 pm.

Kids Day is fun - face painting, balloons, a dunk tank. It's educational - K-9 Demonstrations, Summer Reading Program Sign-Up. And it makes some great resources available - Girl Scouts, Friends of the Cobbossee Watershed.

The Dance Stage and the Kids Stage provide the perfect opportunity for relaxing and watching. The Touch A Truck (and climb on it, and pretend drive) displays are a kids' dream come true.

The B98.5 Texaco Country Showdown on the Capital



Stage, 12 noon-4 pm, provides entertainment which takes over the park as the festivities wind down.

For a complete list of activities, entertainment, and displays go to [www.AugustaMaine.com](http://www.AugustaMaine.com) or call 623-4559.

P.S. Bring blankets, lawn chairs, sunscreen, and walking shoes. 

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Visual Anchors and Touchable Bronze

Welcome to the twelfth summer season of the Spring Gallery and Sculpture Garden in the Belgrade Lakes Region. Established in 2000 by Modern Art Foundry, Spring Gallery exhibits a diverse collection of sculpture and other works of art. Varying in size, edition, and price, the majority of works on display are cast in bronze but there is also aluminum, wood, plaster, some paintings, drawings and jewelry.

*A word from owner, Jeff Spring...*

"Modern Art Foundry is a family owned and operated fine art foundry located in Astoria, New York. We have been serving artists and communities since 1932. The company was started by my grandfather, John Spring. My father, Bob Spring, managed the day-to-day operations since the early 1970s and just around 2000, my sister Mary Jo and I began running the business. Last year we celebrated our seventy-ninth year in business and continue to provide sculpture casting in non-ferrous metals such as bronze and aluminum, commemorative design services, conservation and maintenance of outdoor and indoor sculpture, exhibition space, and educational opportunities.

We recently loaned a work to the Holocaust and Human Rights Center of Maine in Augusta and a work to the city of Waterville for outdoor display in their downtown square. Last year we also loaned an outdoor sculpture to the neighborhood church here in Belgrade Lakes. Other works cast at Modern Art Foundry and installed in Maine are the "John Ford Monument" in Portland, "General Joshua Chamberlain" in Brunswick, "Man for All Seasons – Harold Alfond" in Orono, the "Samantha Smith Memorial," and "Law Enforcement Memorial" in Augusta. This year we have the work of three Maine artists displayed in the gallery: Richard Klyver, Antje Roitzsch, and Bill Meyer."

Bill Meyer, the minister of the Union Church in Belgrade Lakes, prepares a sketch the day before he gives a sermon to offer a visual anchor for the spiritual content of a particular worship experience. The drawings are taped to the wall of the sanctuary behind him, "created for a moment in



Continued on page 20...

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## — Legacies —

## Colby Presents Painter Alex Katz

For decades American painter Alex Katz has split his time between New York City and Maine. From July 14 through Dec. 30, 2012, the Colby College Museum of Art, which holds the world's largest collection of Katz's work, will present an exhibition focusing on the themes of the city and the country in Katz's work from the 1950s to the present.

Drawn from the Colby Museum's collection and loans, Alex Katz: Maine/New York is curated by the New York poet and critic Carter Ratcliff, an expert on Katz's work. The exhibition will include 28 paintings and one multipart sculpture and will be accompanied by a catalog published by Charta and the Colby College Museum of Art.

Katz's connection to Maine dates to 1949, when he attended the Skowhegan School of Painting and Sculpture. His relationship with Colby began a few years later.

A quintessential New York artist, Katz is also a summer resident of Lincolnville, Maine. Thus his subject matter varies widely, from landscape to cityscape, from rural vignette to Manhattan interior. A master of urban portraiture at its most elegant, he also paints "portraits" of trees and flower-strewn meadows. Whatever his subject, Katz -- a painter of atmosphere -- evokes the distinctive light of a particular time and place.

In Alex Katz: Maine/New York, the viewer will be immersed in the haze of a city afternoon, the flickering green light of a rural path, the glare of a fashionable event, the dusk as it descends on a pond in the Maine woods. At every step are encounters with the remarkable people who populate Katz's



Alex Katz, Tracy On the Raft At 7:30, 1982, Oil on canvas, 120 in. x 72 in.,  
Gift of the artist

paintings. Members of his family, friends, and others who might be described as iconic figures represent the large themes that shape this artist's world -- night and day, city and countryside.

A special installation of the Colby Museum's permanent collection, selected and arranged by the artist, will complement the exhibition. This exhibition, Interior Visions: Selections from the Collection by Alex Katz, will be on view from July 14 through Oct. 7, 2012 and is the third installment of the Rediscoveries exhibition series. Rediscoveries invites members of the Colby community to offer new perspectives on

the permanent collection. Interior Visions will be accompanied by a catalog featuring an introductory essay by critic Sanford Schwartz and poems by John Godfrey and Jim Brodey.

After graduating from Manhattan's Cooper Union in 1949, Katz quickly found his way to the New York art world. While most of his contemporaries were following the path blazed by Willem de Kooning, Katz took a different direction. A highly accomplished draftsman, Katz possesses a refined command of his materials. He has transformed the openness of the all-over image, which is usually abstract, into the large scale and striking immediacy of a major realist style. This transformation, along with Katz's eye for the telling detail, is demonstrated by the paintings in this exhibition.

Guest curator Carter Ratcliff is a poet and art critic who has lived in New York since 1967 and has been writing about Alex Katz for almost as long. His publications include Alex Katz (Phaidon, 2005), Out of the Box: The Reinvention of Art, 1965-1975 (Allworth Press, 2000), Alex Katz: Cutouts (Cantz Verlag, 1997), and The Fate of Gesture: Jackson Pollock and Post-War American Art (1996, Farrar, Straus, Giroux).

The museum will present three films on Alex Katz and his work Sunday, July 15, at 7 p.m. at Common Street Arts (20 Common Street, Waterville): Alex Katz Painting (1978, 28 mins.), Alex Katz: Five Hours (1996, 31 mins.), and Alex Katz: What About Style? (2003, 56 mins.).

The Colby College Museum of Art, formally established in 1959, now comprises four wings, more than 7,000 works of art, and over 28,000 square feet of exhibition space. It holds a significant permanent collection that specializes in American and contemporary art. The museum is currently undergoing an ambitious expansion of its facilities led by Frederick Fisher & Partners Architects.

The Colby College Museum of Art is free and open to the public. Museum hours are Tuesday through Saturday, 10 a.m. to 5 p.m., and Sunday, noon to 5 p.m. Closed Mondays.

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## Milfoil Matters

*This column is devoted to telling the milfoil story; what it is, what problems it can cause, what's being done to stop it and what you can do to help.*

*Non-native milfoil is an invasive plant that has the potential to greatly diminish the recreational value of our lakes, alter the balance of the eco system in our watershed and adversely impact our entire community. It's a serious threat to everything we cherish and want to protect and preserve about this area.*

*Last fall, variable milfoil was found growing in North Bay in Great Pond. The good news is that it is confined to a relatively small part of the lake and an aggressive action plan is underway to remove it and keep it from spreading. This column is devoted to telling the milfoil story; what it is, the problems it can cause, what's being done to stop it and what you can do to help.*

### WHERE DID INVASIVE MILFOIL COME FROM?

Eurasian milfoil, the species that was in Salmon Lake, was brought into this country from Southeast Asia as a fish tank plant and sold in pet stores. It's not hard to imagine how it got out. One fish tank carelessly dumped into the Potomac River in Maryland was all it took. That happened in the 1940's and its been spreading across the country ever since.

Variable milfoil, the species that is in Great Pond and Lake Messalonskee, is actually native to our southern states from Florida to Texas but very foreign and destructive elsewhere, including Maine.

All species of invasive milfoil are spread primarily by hitching a ride on boats and boat trailers. A boat pulled out of an infested lake can easily and unknowingly transport milfoil to a non-infested lake, changing it forever.

That's why the Courtesy Boat Inspection program is such an important part of our invasive plant program. And why it's so critically important for all boaters to inspect their boats and trailers before putting them in and after taking them out of any freshwater pond, lake, stream or river.

Invasive milfoil has spread throughout the U.S. all the way to our western states and into Canada. It has followed the I-95 corridor right up the east coast. Maine was one of the last states to see non-native milfoil invade its lakes. Now it's in 26 of Maine's lakes, Great Pond being one of the last to be added to the list.

Even our winters won't help. Like most perennial aquatic plants, milfoil winters over below the ice. In Minnesota, where the temperature in January regularly drops to 20 below zero, many of its renowned 10,000 lakes are loaded with milfoil.

### HOW DOES MILFOIL SPREAD IN OUR LAKES?

One of the things that makes milfoil so difficult to control is the way it grows and multiplies. Under optimum conditions it can grow an

inch a day!

Milfoil reproduces in three ways: by spreading along horizontal shoots, by seed and by fragmentation. The last one is the real culprit.

When pieces of stem break off a healthy milfoil plant, they can stay alive in the water for many days. In that time the fragments can be moved around the lake by water currents, the wind, on a boat anchor line, a fisherman's hook or a hunter's decoy. When those fragments settle in a new part of the lake, the root hairs, that grow all along the stem, find their way down into the sediment and a whole new infestation breaks out.

It's because of this fragmentation capability that it's so critical for all of us to not only inspect our boats and trailers but anything that goes in the lake and might snag milfoil. And why it's equally important for everyone to stay out of all

milfoil infested areas.

### GREAT POND MILFOIL ACTION PLAN UPDATE

The BRCA milfoil team has removed and repaired all the benthic barriers and completed construction of new ones. Last week they laid 9 barriers in Great Meadow Stream and pulled 150 gallons of milfoil. New England Milfoil will resume milfoil pulling operations on June 25th.

The STOP MILFOIL Capital Campaign has received \$134,980 from 180 individual donors. A MILFOIL PUBLIC MEETING is planned for Tuesday, June 26th, 6:00 PM, at the Maine Lakes Resource Center in Belgrade Lakes. For more information, to volunteer or donate, call the Milfoil Hotline at 512-5554 or visit [www.belgradelakesassociation.org](http://www.belgradelakesassociation.org).



## Conservation

### KLT to Conserve 256 Acres of Working Farmland



Berndt and Elaine Graf photo by Jane Davis

**W**inthrop— On May 31, Meadow Brook Farm, owned by Berndt and Elaine Graf, Fayette, was permanently conserved by an agricultural conservation easement held by

Kennebec Land Trust (KLT) and the Maine Department of Agriculture, Food and Rural Resources. The easement protects the only working dairy farm in Fayette and valuable wetlands

*Continued on page 19...*

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## — Activities & Outings —

## Humanity in Nature

Join us Sunday, June 24 from 2-4 pm for a reception celebrating the artists in the Humanity In Nature exhibit at the L.C. Bates Museum. Come meet the artists and look through the diverse and wonderful art in our hallways and throughout the museum. Refreshments will be provided.

The L.C. Bates Museum is proud to present this interesting summer art exhibit. The work in the exhibition looks closely at the dynamic between humans and the rest of the natural world. Local artists, curious about the ways in which we seem to imagine ourselves apart from nature, provide their insights on this relationship.

Nature still thrives where humans cannot, yet we insist on a mindset that our species' agenda trumps anything else. Human influence is found everywhere, but nature's influence on our humanity is just as universal. The artists' thoughts on the subject now hang among the extensive and historic L.C. Bates collection of mammals, birds, fish, and early New England culture.

The level of personal engagement that these artists have with the subject is profound. The artists' statements express their feelings.

Don't miss this chance to meet and talk with the artists and provoke your own thoughts on the themes of the exhibit. Good food, great art, and wonderful company!


The L.C. Bates Museum is dedicated to inspiring wonder, discovery and responsibility for our natural and cultural worlds through exhibitions and programs. For more information about the L.C. Bates Museum's art reception, contact the L.C. Bates Museum at Good Will-Hinckley at

238-4250 or [lcbates@gwh.org](mailto:lcbates@gwh.org). The L.C. Bates Museum is located on Route 201 in Hinckley, Maine. The Museum is open Wednesday, Thursday, Friday and Saturday from 10 am to 4:30 pm.



### HUMANITY IN NATURE

May 15, 2012 to October 14, 2012



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## Notebook

### East Pond Association

- Plant Paddle! On June 30, Maggie Shannon, Executive Director of Maine Congress of Lake Associations, and Toni Pied, Milfoil Program Director for the Belgrade Regional Conservation Alliance, will lead a "Plant Paddle" program on East Pond (in Oakland/Smithfield). The "Plant Paddle," an informal introduction to learning about native and invasive plants, will begin at 8 am at the public boat launch off East Pond Road and will last about 4 hours. Participants will receive a set of plant identification cards to help identify invasive species. 495-6039

### Belgrade

- Adults! Enjoy the rec life at the Belgrade Community Center for All Seasons. Start the week with Ping Pong or relax with Yoga on Mondays. Tuesdays, go out in the Center's canoes and kayaks for Morning Paddle. In the evening, join the Zumba group for an exciting, fast-paced workout. Get fit with Adult Basketball on Wednesday and Sunday nights. Thursday is fun filled with Senior Water Aerobics in the morning and Bridge in the afternoon. Also Latin Babies, Story Time and Toddler Time on Thursday mornings allow caregivers and their babies or toddlers to enjoy salsa dancing, a story and craft provided by the Belgrade Public Library and free playtime in the gym. There is Volleyball in the evening. At the in-ground pool Community Swim is each afternoon 3-5 pm, lessons are Thursday afternoons; the swim and picnic area on Great Pond is also available. 495-3481

### Gardiner

- Johnson Hall Performing Arts Center is offering a new film camp to give teens, ages 13-18 or entering grades 7-12, hands-on experience using professional video cameras and producing their own short films. Lessons will include cinematography, sound track planning, operating a camera and microphone, planning shots, using color, and the film industry and festivals. Camp dates are July 30-August 3, with a showing of films on Saturday, August 4 at 6 pm. Indie film company DiBacco Films will be shooting a thriller in Gardiner during the same week, which campers will be able to observe. Registration brochures

are available at [www.johnsonhall.org](http://www.johnsonhall.org), at Johnson Hall, 280 Water Street, and at area libraries and schools. 582-7144

### Hallowell

- On Thursday, July 12 the Harlow Gallery will hold a very special ArtTalk in celebration of Hallowell's 250th anniversary year. At 7 pm four individuals will share their own unique personal histories of Hallowell through the long honored art and tradition of story telling. Katy Perry remembers how she got the "Hallowell Bug," Ellen Gibson recalls an adventure on Litchfield Road Hill in a soap box racer, Charles Dwyer shares his "coming home" story and Sam Shain tell tales of growing up in the Hallowell community. 622-3813

### Kingfield

- The 2012 Kingfield POPS will take place Saturday, June 30 with the Bangor Symphony Orchestra performing under the stars. Special guest will be Noel Paul Stookey (of Peter, Paul & Mary) along with other fine performers. And, there will be a Fireworks Finals. The event will also include a full weekend of cultural activities. On Friday, an Art Walk will take place in downtown Kingfield where galleries, shops and museums will be open to visit and explore. On Saturday, the Festival of Arts will be held 10 am-4 pm with live local music all day, a Farmers' Market, and fine artists and artisans selling and displaying their work. Starting at 4:30 pm, activities of the POPS Concert will begin. Food vendors will be on site, picnics are ok. For more information go to [www.kingfieldpops.com](http://www.kingfieldpops.com). 265-3370

### Mt. Vernon

- Summer Art and Craft Fair! On Saturday, July 7 from 9 am-2 pm, the annual Summer Art and Craft Fair will be held at the Mt. Vernon Community Center on Minnehonk Lake. Vendors with many fine hand-crafted items will be set up inside the building and outside on the town beach. For more information or to purchase a space contact Wanda at 293-2877.

### Oakland

- The Oakland Public Library is holding a Summer Camp Book Sale from June 19 to July 31. All books at half price! Stock up on books for the beach or rainy days. Adult and young adult hardbound \$1, large paperbacks 2/\$1 and paper-

backs 4/\$1. Children hardbound are 2/\$1 and paperback and board books 10/\$1. Library hours are Tuesday 10 am-7 pm, Wednesday, Thursday, Friday 10 am-6 pm. 465-7533

### Readfield

- Don't forget Day Camp! Maranacook Summer Camps have begun. The remaining schedule includes:

June 25-August 11: Track Experiences, ages 6-11, Mon & Tues, 5-6 pm and Thurs meets, \$65; Track Experiences, ages 12-15, Mon & Tues 5-6:30 pm and Thurs meets, \$65

July 9-13: Write On! When Did That Happen? ages 10-12, 8:30-11:30 am, Mon-Fri, \$110

July 16-19: Black Bear Baseball Camp, grades 1-12, 9 am-noon, Mon-Thurs, \$90

July 23-27: Art Camp, ages 8-12, 9 am-noon, Mon-Fri, \$65; Gymnastics Camp, ages 5 & up, noon-3 pm, Mon-Fri, \$100

August 6-9: Little Kickers Soccer Camp[, ages 5-8, 9:30-11:30 am, Mon-Thurs, \$55; Maranacook Soccer Camp, grades 4-8, 9:30 am-2:30 pm, Mon-Thurs, \$95

August 6-10: Beginning Tennis, ages 6-10, 10-11 am, \$35

For times, rates and to register online go to [maranacook.maineadulted.org](http://maranacook.maineadulted.org). 685-4923

### Skowhegan

- Vendor applications for the Skowhegan RiverFest, July 27 through August 5, are available in the Skowhegan Area Chamber of Commerce office. There are also splash passes available which for \$75 include 2 single Lobster Bake tickets, 2 Chicken BBQ tickets, 4 cards of Beano, 4 tickets to the Strand Cinema, and 2 tickets to the Jazz Breakfast. 474-3621

### Waterville

- The Hospice Volunteers of Waterville Area Resale Shop, 304 Main Street, opened on June 4. Store hours are Monday - Friday, 10 am-4:30 pm. HVWA needs the following donations: gently used furniture, brand name seasonal clothing, collectibles, books, house ware, antiques, jewelry, toys in good condition and linens. If new and unopened: bandages and medical supplies, bike helmets, mattresses, pillows, cosmetics, disposable diapers/pads. They are unable to accept: computer CPUs, electric or kerosene heaters, flammable items, hair dryers, personal hygiene

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## Calendar Directory

### TOWN BY TOWN...

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#### AUGUSTA

• Arboretum, 6 miles of year round walking trails open dawn to dusk, Visitor Center open Mon-Fri 9 am-4 pm, Viles Arboretum, 626-7989, [vilesarboretum.org](http://vilesarboretum.org), 153 Hospital St.

#### Capitol Complex, State Street

• **Maine State House**, Hall of Flags, House and Senate Rooms, Klir Beck dioramas, Mon-Fri 8 am-5 pm, book tours at Maine State Museum, walk-ins welcome 9 am-1 pm, 287-2301, [www.maine.gov](http://www.maine.gov)

• **Art in the Capitol**, Maine Arts Commission monthly self-guided exhibits in State House hallways (Mon-Fri 8 am-5 pm), Blaine House (call for times), and Maine Arts Commission Office (8:30am-4:30 pm), 287-6746, [mainearts.maine.gov](http://mainearts.maine.gov)

• **Governor's Mansion**, 1830 Blaine House, Tue-Thu 2-4 pm, 287-2121, [www.blainehouse.org](http://www.blainehouse.org)

• **Maine State Museum**, Tue-Fri 9 am-5 pm, Sat 10 am-4 pm, \$2 adults, \$1 ages 6-18, 287-2301, [www.maine.state.museum.org](http://www.maine.state.museum.org)

• **Maine State Library**, Mon-Sat opens 9 am, 287-5600, [www.maine.gov/msl/](http://www.maine.gov/msl/)

#### Other Museums

• **Children's Discovery Museum, CDM**, hands-on displays, actives, Tue-Thu 10 am-4 pm, Fri-Sat 10 am-5 pm, Sun 11 am-4 pm, admission, 622-2209, [www.childrensdiscoverymuseum.org](http://www.childrensdiscoverymuseum.org), 171 Capitol St.

• **Kennebec Historical Society**, Wed-Fri 10 am-2 pm, 622-7718, [www.kennebechistorical.org](http://www.kennebechistorical.org), 107 Winthrop St.

#### University of Maine at Augusta, University Drive

• **Danforth Gallery**, Jewett Hall, art exhibits, UMA-1234, [www.uma.edu](http://www.uma.edu)

• **Holocaust and Human Rights Center of Maine**, Michael Klahr Center, Mon-Fri 8 am-4 pm, 621-3530, [www.hhrc.uma.edu](http://www.hhrc.uma.edu)

• **UMA Fitness Trail**, 2 miles of wooded trails, near Civic Center

#### Riverfront/Downtown

• **Old Fort Western**, 1754 fort, house, store, 1-4 pm daily, admission \$6, 4-14 years \$4, 626-2385, [www.oldfortwestern.org](http://www.oldfortwestern.org) Cony St.

• **Riverfront Park**, boat launch, Greenway Trail, playground, eastside Kennebec River

• **Kennebec River Rail Trailhead**, Maine State Housing Authority parking lot, 623-8162, [www.krrt.org](http://www.krrt.org), Water St.

• **Museum in the Streets**, walking/history tour, [www.augustamaine.gov](http://www.augustamaine.gov), downtown.

• **Farmers' Market at Mill Park**, Tues 2-6 pm, 626-2305,

[www.farmersmarketmillpark.org/](http://www.farmersmarketmillpark.org/), North Water St.

• **Farmers' Market at Turnpike Mall**, 549-5112, Wed and Sat 10 am-1 pm, Western Ave.

#### BELGRADE LAKES

• **Great Pond Mailboat**, 215-7520, Mon-Sat, 10 am, Post Office, Main St.

• **Spring Gallery & Sculpture Garden, Modern Art Foundry**, Thu-Sun 11 am-5 pm and by appointment, 495-3113, [www.springgallerymaine.com](http://www.springgallerymaine.com), 81 Main St.

• **The Belgrade Community Center for All Seasons**, swimming, gym, playground, picnic area, rec programs, library, 495-3481, [www.belgrademaine.com](http://www.belgrademaine.com) 1 Center Dr.

• **Union Church Coffee House**, check for schedule, 7:00 pm, \$5, 495-3599, [www.unionchurchmaine.org](http://www.unionchurchmaine.org), Main St.

• **Belgrade Historical Society**, monthly meetings, 465-7924

• **Farmers' Market**, Sun 8 am-1 pm, Thu 2-6 pm, 465-7058, [www.belgradelakesfarmersmarket.org](http://www.belgradelakesfarmersmarket.org), Main St.

• **Peninsula Park on Long Pond**, picnic tables, Main St.

• **Maine Lakes Resource Center**, 512-5150, [www.dockstodorways.com](http://www.dockstodorways.com), 171 Main St.

#### FAIRFIELD

• **Fairfield Historical Society**, 1890 Cotton-Smith House, Tue 9 am-12 noon, 1-4 pm, 453-2998, [www.fairfieldmehistoricalssociety.net](http://www.fairfieldmehistoricalssociety.net), 42 High St.

• **Farmers' Market**, 948-5724, Wed 2-6 pm, Sat 9:30 am-1:30 pm, Nazarene Church parking lot, 81 Main St.

#### FARMINGTON

• **Farmington Historical Society**, 778-2835, Wed and Sat, 11 am-2 pm, July-August, 118 Academy St.

• **Nordica Homestead Museum**, opera singer Lillian Nordica costumes, jewelry, mementos, 778-2042, Tue-Sat 10 am-12 n and 1-5 pm, Sun 1-5 pm, 116 Nordica Lane, Holley Rd.

• **Contra Dance**, 491-9928, [www.starleft.org](http://www.starleft.org) 2nd Sat of the month, all welcome, 6:30-7:30 pm family dance, 8-11 pm regular dance, admission, Grange Hall, Bridge St, Rt 43, West Farmington

• **University of Maine campus and Arboretum**, four walking tours with informal guide pamphlet to campus trees, 581-1541, [www.umaine.edu/arboretum/](http://www.umaine.edu/arboretum/), downtown

• **Farmers' Market**, 778-6602, Fri 9 am-2 pm, Better Living Center parking lot, Front St; Saturday 8 am-12 noon, Main St.

• **Meetinghouse Park and Gazebo**, weekly concerts throughout summer, downtown

• **Fairgrounds**, events throughout summer, Franklin County Fair in Sept, High St.

#### GARDINER

• **Artdogs and Circling the Square Fine Art Press**, 1-5 pm Fri, 10 am-4 pm Sat, 582-2108, , 275-277, Water St.

• **Johnson Hall Performing Arts Center**, 582-7144, [www.johnsonhall.org](http://www.johnsonhall.org) 280 Water St.

• **Farmers' Market**, 582-3100, [www.gardinerfarmersmarket.org](http://www.gardinerfarmersmarket.org), Wed 2-6 pm, rain or shine, The Common

• **Kennebec River Rail Trail**, terminus near Gardiner/Randolph Bridge, 6.5 miles to Augusta

o Waterfront Park, picnicking, events throughout summer, Kennebec River

o **The Center for Maine Craft**, 9 am-6 pm daily, 588-0021, [www.maineecrafts.org](http://www.maineecrafts.org), West Gardiner Service Plaza, Route 126 off Routes 95 and 295

#### GREENE

• **Araxine Wilkins Sawyer Memorial**, free monthly entertainment programs, 946-5311, [www.sawyer-foundation.com](http://www.sawyer-foundation.com), 371 Sawyer Rd, off Rt 202

#### HALLOWELL

• **Harlow Gallery, Kennebec Valley Art Association**, 622-3813, [www.harlowgallery.org](http://www.harlowgallery.org) Wed, Thu, Sat, 12-6 pm, 160 Water St.

• **Gaslight Theater**, 626-3698, [www.gaslighttheater.org](http://www.gaslighttheater.org) City Hall, 1 Winthrop St.

• **Museum in the Streets**, history / walking tour, [www.historichallowell.org](http://www.historichallowell.org), downtown

• **Farmers' Market**, 622-1350, Sun 11 am-3 pm, north end of Water St.

• **Vaughn Woods**, 166 acre park/trails, Middle St.

• **Kennebec River Rail Trail**, to Augusta, Farmingdale/Gardiner, downtown

• **Waterfront Park**, weekly summer concerts, North Water St.

#### HINCKLEY

• **L.C. Bates Museum at Good Will-Hinckley School**, early 20th century natural history and cultural exhibits, nature trails, adults \$3, up to 17 years \$1, 238-4250, [www.gwh.org](http://www.gwh.org) Wed-Sat 10 am-4:30 pm, Sun 1-4:30 pm, Rt 201

#### KINGFIELD

• **Reinhart Gallery Art Center**, 266-4656, 245 Main St, [www.ianreinholdt.com/gallery.html](http://www.ianreinholdt.com/gallery.html)

• **Ski Museum of Maine**, by appointment, 265-2023, 256 Main St, [www.skimuseumofmaine.org](http://www.skimuseumofmaine.org)

• **Stadler Gallery**, 265-5025, 12-4 pm daily or by appointment. 225 Main St, [www.stadlergallery.com](http://www.stadlergallery.com)

• **Stanley Museum**, 265-2729, [www.stanleymuseum.org](http://www.stanleymuseum.org), memorabilia/displays on Stanley Steamers, Tue-Sun 1-4 pm, 40 School St.

#### LIVERMORE

• **Washburn-Norlands Living History Center**, 18<sup>th</sup>-19<sup>th</sup> century mansion/farmstead/schoolhouse, library, chapel, 897-4366, [www.norlands.org](http://www.norlands.org), admission, living history tours Tue and Thu 1-4 pm, 290 Norlands Rd.

#### MADISON

• **Lakewood Theater, Maine's Summer Theater, Young Performers Camp**, 474-7176, [www.lakewoodtheater.org](http://www.lakewoodtheater.org), Rt 201

• **Skowhegan School of Painting and Sculpture**, 474-9345, [www.skowheganart.org](http://www.skowheganart.org), summer evening artists lecture series, East Madison Rd.

#### MONMOUTH

• **Monmouth Museum**, local and regional Maine history, Wed-Sun 1-4 pm, 933-2287, [www.monmouthmuseuminc.org](http://www.monmouthmuseuminc.org),

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751 Main St.

• **The Theater At Monmouth**, The Shakespeare Theater of Maine, Cumston Hall, 933-9999, [www.theateratmonmouth.org](http://www.theateratmonmouth.org), Main St.

#### MOUNT VERNON

• **D.E.W Animal Kingdom**, Zoo, 293-2837, [www.dewanimalkingdom.com](http://www.dewanimalkingdom.com), Tue-Sun 10 am-5 pm, \$10, 918 Pond Rd, Rt 41

#### NEW PORTLAND

• **Nowetah's American Indian Museum and Craft Shop**, 628-4981, daily 10 am-5 pm, free, 628-4981, 2 Colegrove Rd, Rt 27, [www.nowetahs.webs.com/](http://www.nowetahs.webs.com/)  
• **Wire Bridge**, 1864, probably only wire suspension bridge in U.S., off Rt 27

#### NEW SHARON

• **Farmers' Market**, Sat 9 am-1 pm, Douin's Market, 491-9025, 150 Mercer Rd, Rt 2

#### NORRIDGEWOCK

• **Norridgewock Historical Society Museum**, 1838 building, Sat 10 am-3 pm, 634-5032, [www.norridgewock.com](http://www.norridgewock.com), Mercer Rd, Rt 2  
• **Osoola Park**, picnic area, great playground, boat launch, on Kennebec River, Rt 8

#### OAKLAND

• **Macartney House Museum**, Oakland Area Historical Society, 465-7549, Wed 1:30-4:30 pm, 1815 home with antique furnishings and Oakland artifacts, 25 Main St.

#### READFIELD

• **Readfield Historical Society and Museum** in 1823 schoolhouse, 685-4662, [www.readfieldhistorical.org](http://www.readfieldhistorical.org), Thu and Sat 10 am-2 pm or by appointment, Rt 17, Readfield Depot

#### ROME

• **Mt. Philip Grange**, suppers 3rd Sat of month, 4:30-6 pm, all you can eat beans, cornbread, rolls, chop suey, pies, Rts 135/225  
• **Trails: Mount Philip** on Rt 225; The Mountain on Rt 27; French's Mountain and Kennebec Highlands, Watson Pond Rd; 495-6039, [www.belgradelakes.org](http://www.belgradelakes.org), maps available at BRCA, Belgrade Lakes

#### SIDNEY

• **New England Music Camp**, concerts free and open to the public, famous Bowl-in-the-Pines on Lake Messalonskee, 465-3025, [www.nemusiccamp.com](http://www.nemusiccamp.com), Rt 23  
• **Sidney Historical Society**, 547-3142, <http://www.rootsweb.com>  
• **Silver Spur Riding Club**, horse shows, [www.silverspur-maine.com/](http://www.silverspur-maine.com/), River Rd/Rt 104

#### SKOWHEGAN

• **Margaret Chase Smith Library**, residence, home, museum exhibits, 474-7133, [www.mcslibrary.org](http://www.mcslibrary.org), free, Mon-Fri 10 am-4 pm. 54 Norridgewock Ave.  
• **History House Museum**, 1800s local history and cul-

ture, 474-6632, [www.skowhegan.com/historyhouse](http://www.skowhegan.com/historyhouse), Tue-Fri 1-5 pm, Elm St.

• **Fairgrounds**, weekly horse shows/competitions at covered arena, Skowhegan State Fair in Aug, 474-3621, Madison Ave.  
• **Farmers' Market**, Wed 3-6 pm, Sat 9 am-1 pm, weekly entertainment, 938-3906, SSomerseset Gristmill parking lot, downtown

#### SMITHFIELD

• **Fairview Grange** suppers, 362-2791, every Wed in summer, 5 pm, Village Rd, Rt 8  
• **Sunbeam Roller Rink**, Wed, Fri, Sat 7-10 pm, 362-4951, 830 Village Rd, Rt 8  
• **Sunset Camps**, public beach, 362-2611, [www.sunset-camps.com](http://www.sunset-camps.com), Village Rd, Rt 8

#### UNITY

• **Unity College Centre for the Performing Arts**, folk genre music, 568-3147, [www.unitymaine.org](http://www.unitymaine.org), 42 Depot St.

#### WATERVILLE

• **Aqua City Actor's Theatre (ACAT)**, 873-7000, [www.acattheatre.org](http://www.acattheatre.org). Waterville Opera House Studio Theater, Main St.  
• **Museum in the Streets**, downtown history/walking tour, [www.the museum in the streets.com/waterville.htm](http://www.the museum in the streets.com/waterville.htm)  
• **Two Cent Bridge**, historic foot bridge over Kennebec River, Head of Falls park/events area, Front St.  
• **Colby College Museum of Art**, 859-5600, [www.colby.edu/museum/](http://www.colby.edu/museum/) Tues-Sat 10 am-4:30 pm, Sun 12-4:30 pm, free, Colby College Campus, Mayflower Hill  
• Thomas College Art Gallery, 180 West River Rd.  
• **Waterville Historical Society Redington Museum**, 1814 home, pharmacy, 872-9439, [www.redingtonmuseum.org](http://www.redingtonmuseum.org). Tue-Sat tours at 10 and 11 am, 1 and 2 pm, 62 Silver St.  
• **Waterville Opera House**, 873-7000, [www.operahouse.com](http://www.operahouse.com), 93 Main St.  
• **Farmers' Market**, Thu 2-6 pm, 680-2055, [www.waterville-farmersmarket.org](http://www.waterville-farmersmarket.org), The Concourse parking lot.

#### WAYNE

• **Farmers' Market**, 873-7000, <http://waynefarmersmarket.weekly.com>, Sat 9 am-noon, Town Green, next to Post Office, Main St.

#### WILTON

• **Wilton Farm & Home Museum**, 645-2091, 645-4578, [www.wiltonmaine.org](http://www.wiltonmaine.org), Sat 1-4 pm or by appointment, Canal St.

#### WINTHROP

• **Norcross Park**, playground, picnic site, boat launch on Maranacook Lake, downtown.  
• **Farmers' Market**, 395-4244, [www.camarkets.com](http://www.camarkets.com), Tue and Sat 9 am-1 pm, parking lot, downtown,

*Additions/Updates/Corrections: Please contact Summertime in the Belgrades with any changes to this Directory.*



#### ASSOCIATIONS/GROUPS

##### THE BELGRADES...

- **East Pond Association**, Smithfield/Oakland, [www.eastpond.org](http://www.eastpond.org)
- **North Pond Association**, Smithfield/Rome, 152 Madison Avenue, Skowhegan, ME 04976, 474-8988, [www.northpond.net](http://www.northpond.net)
- **McGrath Pond/Salmon Lake Association (MP/SL)**, Belgrade/Oakland, RR 2, Box 2800, Belgrade, 04917, 465-3983, [www.salmonlake.org](http://www.salmonlake.org)
- **Great/Long Ponds: Belgrade Lakes Association (BLA)**, Belgrade/Rome/Mount Vernon, PO Box 551, 137 Main Street, Belgrade Lakes, 04918, 512-5150, [www.belgradelake-sassociation.com](http://www.belgradelake-sassociation.com)
- **Friends of Messalonskee Lake Watershed**, Oakland/Belgrade/Sidney, PO Box 532, Oakland, 04963, 465-2888, [www.snowpond.org](http://www.snowpond.org)
- **Belgrade Regional Conservation Alliance and BRCA Conservation Corps**, PO Box 250, 137 Main Street, Belgrade Lakes, 04918, 495-6039, [www.belgradelakes.org](http://www.belgradelakes.org)
- **Belgrade Lakes Region Business Group (BLRBG)**, PO Box 596, Belgrade Lakes, 04918, 495-3700, [www.belgrade-lakesmaine.com](http://www.belgrade-lakesmaine.com)
- **Maine Lakes Resource Center/Docks to Doorways**, PO Box 431, 137 Main Street, Belgrade Lakes, 04918, 495-3617, 620-6029, [www.dockstodoorways.com](http://www.dockstodoorways.com)

##### BEYOND...

- **Maine Congress of Lake Associations (COLA)**, PO Box 426, 137 Main Street, Belgrade, 04917, 1-855-463-2652, [www.mainecola.org](http://www.mainecola.org)
- **Friends of the Cobbossee Watershed**, PO Box 5003, Augusta, 04332-5003, 621-4100, [www.watershedfriends.com](http://www.watershedfriends.com)
- **Franklin County Soil & Water Conservation District**, 107 Park St, Farmington, 04938, 778-4279, [www.franklin-cswcd.org](http://www.franklin-cswcd.org)
- **Kennebec County Soil & Water Conservation District**, Central Maine Commerce Center, 21 Enterprise Dr, Augusta, 04330, 622-7847, ext. 3, [www.kcswwcd.org](http://www.kcswwcd.org)
- **Kennebec Land Trust (KLT)**, PO Box 261, 134 Main St, Winthrop, 04364, 377-2848, [www.tklt.org](http://www.tklt.org)
- **Kennebec Messalonskee Trails**, PO Box 2388, Waterville, 04903, 873-6443, [www.KMTrails.org](http://www.KMTrails.org)
- **Kennebec River Rail Trail**, PO Box 2195, Augusta, 04338, 623-8162, [www.krrt.org](http://www.krrt.org)
- **30 Mile River Watershed Association (30 MRWA)**, Kimball Pond in Vienna to the Androscoggin River, 293-2181, [www.30mileriver.org](http://www.30mileriver.org)
- **Parker Pond Association**, Mount Vernon/Vienna, [www.parkerpond.org](http://www.parkerpond.org)
- **Central Maine chapter of the New England Mountain Bike Association (CeMeNEMBA)**, 1154 West Rd, Belgrade 04917, 441-6227, [www.cemenemba.org](http://www.cemenemba.org)

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## — Calendar —

**Thursday 6/21 through Sunday 6/24** - "9 to 5: The Musical," 474-7176, Lakewood Theater, Route 201, Madison.

**Friday 6/22 through Sunday 6/24** – 17th Annual Maine Antique Tractor Club Festival, games, pulls, auction, crafters, vendors and more, parade Saturday at noon, for camping information call 778-2157, [www.maineantiquetractorclub.com](http://www.maineantiquetractorclub.com), Fairgrounds, Farmington.

**Friday 6/22** - The Amazing Life at the Pond, hands-on, interactive day program for children, 9 am-noon, explore the lives of wetland animals with nets, buckets and magnifying glasses, each child will create a small nature journal of the animals discovered in the pond from insects to crustaceans to amphibians, please wear boots or footwear that can get wet, \$9, preregistration required, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

**Friday 6/22** – Seaplane Rides, by appointment only, \$89, 10 am and 1:30 pm, 859-0109, Waterfront Park, Augusta.

**Friday 6/22** – Old Fashioned Fun, toys and chores of the early 1900s, explore the past in a fun hands-on journey, 1 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

**Friday 6/22** – Mary Murphy, solo songs accompanied by her playing on the piano, guitar and harmonica, jazz music, some nostalgic music of the 40s and 50s, some classic country, gospel, originals, and some classical selections, 2 and 7 pm, free admission, air-conditioned, 946-5311, Araxine Wilkins Sawyer Foundation, 371 Sawyer Road, Greene.

**Friday 6/22** – Carnival, 4-10 pm, 582-3312, Waterfront Park, Gardiner.

**Friday 6/22** – "Sweatband," live performance, 7-10 pm, Waterfront Park, Gardiner.

**Friday 6/22** – Barbara Lee Artist Lecture Series, Huma Bhabha, 8:30 pm, free admission, Skowhegan School of Painting and Sculpture, Campus Fresco Barn, White Schoolhouse Road, Madison.

**Saturday 6/23** – Greater Gardiner Riverfest, events all day, downtown and on the Kennebec River, sales, children's activities, crafts, Coast Guard Vessel tours, food, music, carnival, Talent Show, Fireworks, 8 am-dark, see details on page 12, Water Street and Waterfront Park, Gardiner.

**Saturday 6/23** - Seaplane Rides, 10 am and 1:30 pm, \$89, by appointment only, 859-0109, Waterfront Park, Augusta.

**Saturday 6/23** - Maine Lakes Conference "The Economic Value of Lakes," 8 am-4 pm, \$25 includes food, materials, exhibits, prizes, register at Congress of Lake Associations [www.maineola.org](http://www.maineola.org), 1-855-463-2652, Diamond Building, Colby College, Waterville.

**Saturday 6/23** – Endangered Species, children's program, \$1, 10 am, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

**Saturday 6/23** – Samuel C. Leigh Memorial Golf Tournament to benefit the Memorial Scholarship Fund, 11:30 am check-in, 12:30 pm shotgun start, \$90 individual, \$360 team, 860-424-1369, Natanis Golf Course, Vassalboro.

**Saturday 6/23** – "The Little Prince," Children's Show, 1 pm, 933-9999, Cumston Hall, The Theater at Monmouth.

**Saturday 6/23** – Barbecue Buffet Supper, 4:30-6 pm, 622-0552, South Parish Congregational Church, Augusta.

**Sunday 6/24** – The Fourth Annual

Kennebec River Rail Trail Half Marathon, 5K, and Half Marathon Relay, 7:30 am, 622-9009, City Center, Old Fort Western Parking Lot, Augusta.

**Sunday 6/24** – "Humanity in Nature" Artists Reception, 2-4 pm, free admission, meet the artists, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

**Sunday 6/24** – Guided walking tour of Coburn Park with renowned area naturalist, Warren Balgooyen, sponsored by Skowhegan History House Museum & Research Center, 2 pm, reserve tickets at 474-6632 or email [melvinburnham@skowheganhistory-house.org](mailto:melvinburnham@skowheganhistory-house.org), Coburn Park, Route 2, Skowhegan.

**Sunday 6/24** – Wine & Cheese Reception, land easement presentation by Belgrade Regional Conservation Alliance, farm protection presentation by Farmland Trust, meet 3 local artists dedicated to "artfully" preserving Winterberry Farm in Belgrade, story time for children, all ages welcome, a family event, donations at the door accepted, 5-7 pm, 495-2593, Maine Lakes Resource Center, Belgrade Lakes Village.

**Monday 6/25** - "We Love Bugs," children's program, 9 am-noon, \$9, preregistration required 238-4250, L.C. Bates Museum, Route 201, Hinckley.

**Monday 6/25** – Old Fort Western, Nation's oldest surviving wooden fort, open every day during the Whatever Family Festival, daily tours and demonstrations, 1-4 pm, 626-2385, Cony Street, Augusta.

**Monday 6/25** – Old Crow Band, 7-9:30 pm, Meeting House Park, Downtown Farmington.

**Tuesday 6/26** - "Skills of the Hunters and Gatherers of Maine," children's program, 9 am-noon, \$9, preregistration required 238-

4250, \$7, L.C. Bates Museum, Route 201, Hinckley.

**Tuesday 6/26** – Music on Main – Arizona Rose & the Rich Ric Band, free, 11:30 am - 1 pm, Meetinghouse Park Gazebo, downtown Farmington.

**Tuesday 6/26** – Milfoil Information Meeting, open to public, 6 pm, 512-5554, Maine Lakes Resource Center, 137 Main Street, Route 27, Belgrade Lakes Village.

**Tuesday 6/26** – Rock On The River, 7-8:30 pm, 620-7477, Riverfront Boardwalk, Hallowell.

**Wednesday 6/27** - "Fossils of Dinosaurs and other Ancient Beasts," children's program, 9 am-noon, pre-registration required 238-4250, \$7, L.C. Bates Museum, Route 201, Hinckley.

**Wednesday 6/27** – "A Zero Waste World," presented by Chewonki, 9:30 am, 495-3508, Belgrade Public Library, Route 27, Belgrade Lakes.

**Wednesday 6/27** – Lunch with an Artist, Matthew Alden Price, free, bring your own lunch, noon-1 pm, 629-9020, SpinOff Studio, 184 Water Street, Hallowell.

**Wednesday 6/27** – "Insects and Bugs," open up your eyes and ears to a simply fascinating world of invertebrates on a walk and tour, make a bug craft, too, 1 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

**Wednesday 6/27** – Northern Stars Planetarium presented by Hubbard Free Library, see the stars from inside an inflatable star theater, planetarium educator John Meader will introduce kids to many fascinating aspects of astronomy and space science, free presentation, all are welcome, space is limited – please call 622-6582, sponsored by The Friends of

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Hubbard Free Library, at American Legion Hall, 114 Second Street, Hallowell.

**Wednesday 6/27** – Public Supper, roast beef, 5 pm til gone, \$8, Under 10 \$4, Fairview Grange, Route 8, Smithfield.

**Wednesday 6/27** – “Potatoes and Farming in Maine,” program by Dean Yeaton, 634-5032, Norridgewock Historical Society, Route 2, Norridgewock.

**Wednesday 6/27** – “Cold Blue Steel,” Waterfront Wednesday Free Concert, concessions, activities for children, 7 pm, Waterfront Park, Downtown Augusta.

**Wednesday 6/27** – “Dam Removal on the Penobscot,” lecture by Charles Baeder, Executive Director, Belgrade Regional Conservation Alliance, 7 pm, 495-6039, Maine Lakes Resource Center, Route 27, Belgrade Lakes Village.

**Wednesday 6/27** – Faculty Recital, free

admission, open to the public, call for time, 465-3025, Alumni Hall, New England Music Camp, Route 23, Sidney.

**Wednesday 6/27 through Saturday 6/30** – “9 to 5: The Musical,” 474-7176, Lakewood Theater, Route 201, Madison.

**Thursday 6/28** – “Wetland Wonders,” children’s program, 9 am-noon, \$9, preregistration required, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

**Thursday 6/28** – “Forest Habitat Exploration,” discover the skulls, furs, and feet of mammals, walk through the forest with a museum guide and explore what lives there, 1 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

**Thursday 6/28** – Tour of historic Johnson Hall, the oldest operating theater in Maine, 5 pm refreshments, tour at 5:30 pm, 30-45 minutes, 582-7144, Johnson Hall, Water Street, Gardiner.

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## — Kennebec Corridor News & Notes —

### Whatever Kicks Off

### Greater Gardiner Riverfest

Saturday, June 23, 2012

8 am-2 pm	Huge Indoor Lawn Sale, Boys & Girls Club of Greater Gardiner
9 am-4 pm	Library Book Sale
10 am-12 pm	Children's Art in front of Johnson Hall
10 am-4 pm	11th Annual Gardiner Arts & Crafts Festival
10 am-4 pm	Giant Sabre Tooth Tiger Slide (fee), Waterfront Park
10 am-5 pm	Coast Guard Vessel Tours
11 am-4 pm	Vehicle Extraction & Demos
11 am-10 pm	Specialty Food Vendors/Novelties
12 pm-4 pm	Music & Entertainment in Johnson Hall Mini-Park
12 pm-11 pm	Carnival
6:30 pm	Johnson Hall Waterfront Talent Show
Dusk	Gardiner Rotary Fireworks



### Whatever Continues

### Hallowell Riverfront Festival and Hallowellness Day

Sunday, July 1, 2012

On Sunday, July 1 in Hallowell the sound of a live string band will carry across the Kennebec River from the Waterfront Park as the 5th annual Riverfront Festival and Hallowellness day takes place from 11 am-4 pm.

As the "All Ways One Band" fills the air with music, enjoy some hardcore hula-hooping with Tracy Tingley, or a relaxing massage by Lisa Rourke Antworth, or advice on health by a dozen or more Wellness Practitioners who will be on site to answer questions while promoting wellness.

A special feature of this year's event is the focus on fireworks. Safe Kids Maine will be on hand to help educate Maine families about safety around fireworks and the prevention of fireworks injuries.

The work of local artists will showcase a diverse range of mediums. William Jacobs will be creating with stone, while a range of painters and photographers will display works of nature, abstract expressionism, and other inspirational themes. "Out of My



Head" will have wears for children. And "Wags Rags" will have entertainment for pets.

The Riverfront Festival and Hallowellness day are scheduled in conjunction with the Whatever Family Festival and the Hallowell Farmers' Market. For more information visit [www.hallowell.org](http://www.hallowell.org) or call 620-7477.



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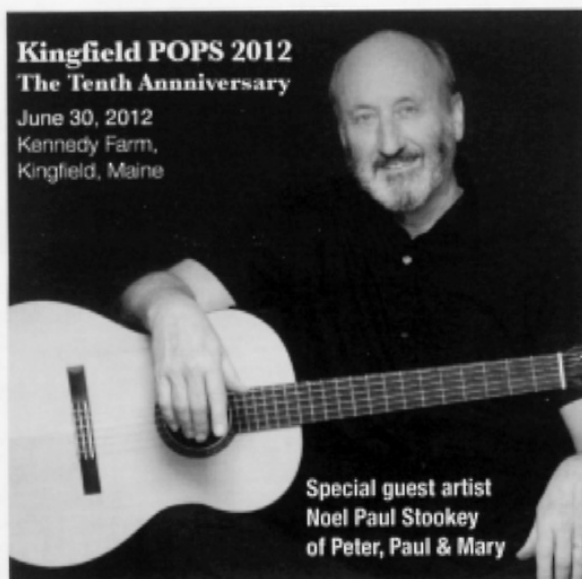
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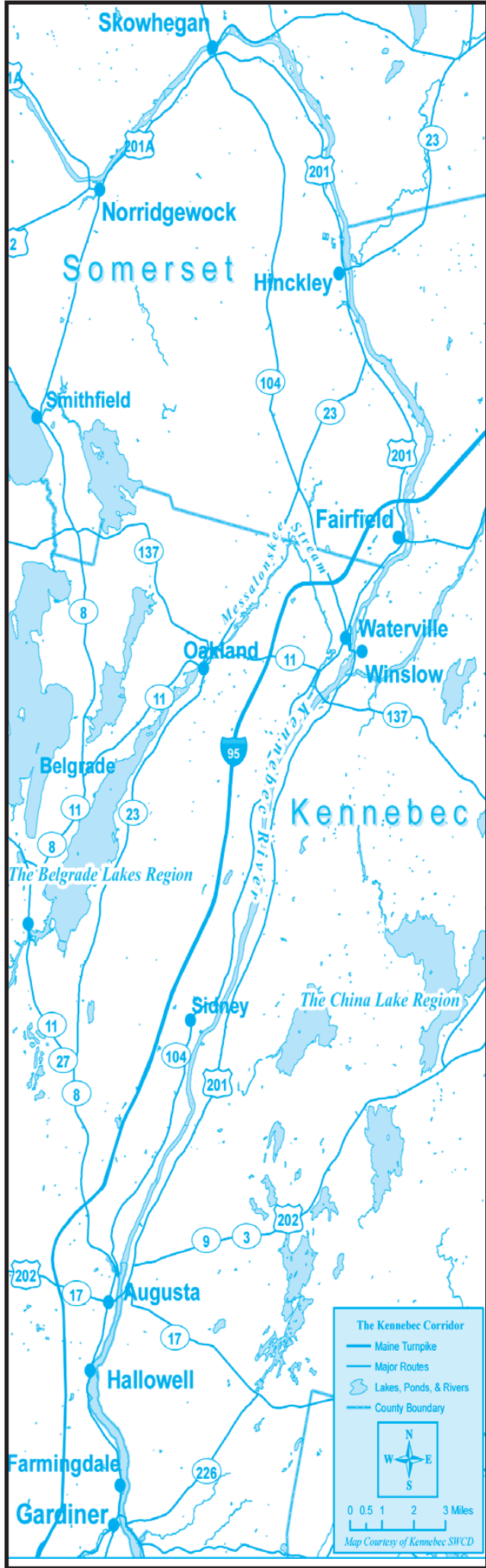


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Special guest artist  
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**Fireworks finale.**

**Kingfield POPS**  
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## —Katy's Column—

### Spindleworks Comes To Hallowell

Years ago I visited Spindleworks in Brunswick and was impressed with what that group was doing for handicapped people. Little wonder their arrival in Hallowell delighted me. Let me tell you why.

I firmly believe that every person has unexplored talent they have never known – or were interested in – embedded in their selves! That fact might be more relevant when we think of handicapped, disabled or mentally challenged people.

In 1967, "Independent Association" was founded by Maine families to assure educational programming for children with mental or physical limitations. For nearly 50 years this agency has carried out its promise to encourage, educate and display works by young people who, too often, are overlooked by the general public. Little wonder the arrival of that group in Hallowell bodes well for not only the city but for its inhabitants.

A short time ago I dropped in and surveyed all the artwork displayed on the wall, saw young people and, yes, some adults, bent over their table, paint brush in hand, creating a work of ART! It's a daily routine and, believe me, I doubt the painters are enjoying their creations more than the staff there to assist, aid and encourage them in their efforts.

Whatever their interest, music, painting, weaving or building, each artist plans whatever they do that day with assistance from the staff. It is also amazing the encouragement and help each participant receives from fellow artists. They learn but they also create a lot of friendship along the way.

Spindleworks focuses on strength, creativity, and finding one's own expressive voice, and being part of a warm, caring community is the thoughtful way it identifies itself. From what I have witnessed over the past years, Independent Association has well carried out their reason for being!

I dare say you would be as impressed as I have been in the cultural benefits this group has brought to Hallowell. Stop in at Spinoff Studios right across the street from Slate's restaurant on Water Street in this 250-year-old city and see for yourself the talent that is being initiated and the delight each has received from the efforts. A genuine plus for young people who might never have been aware of their abilities!

Not only is the artwork to see, but it is sold at the shop and at events throughout the year. The artist receives 75% of the article's cost. Can you think of anything that might impress a 12-year-old artist more? See for yourself the good things that are happening right under our noses!

For more information contact [www.spinof.org](http://www.spinof.org).

*Katy Perry is an author, and news commentator who knows, loves, and respects Maine.*

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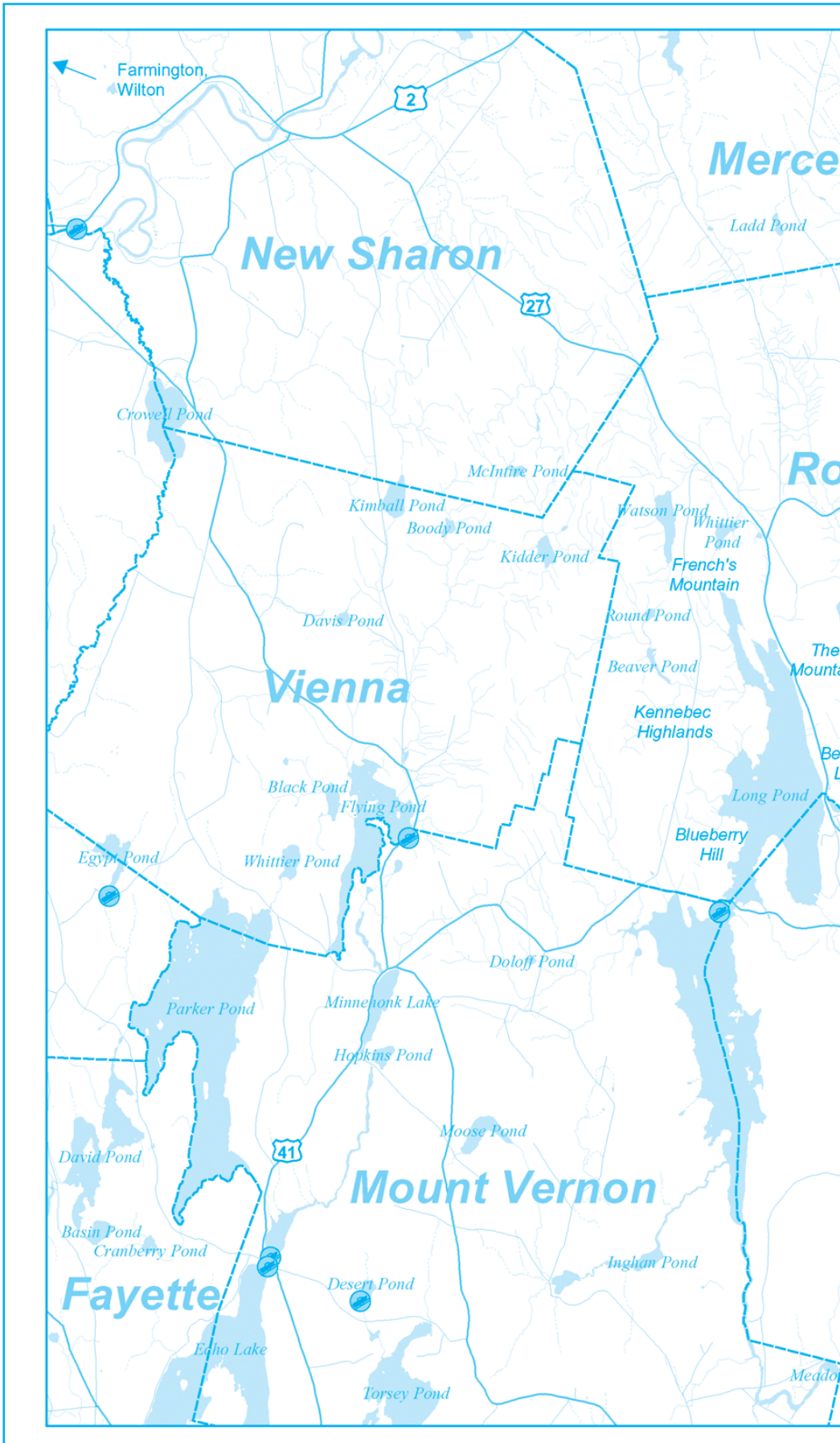
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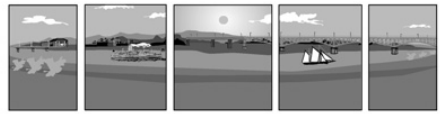
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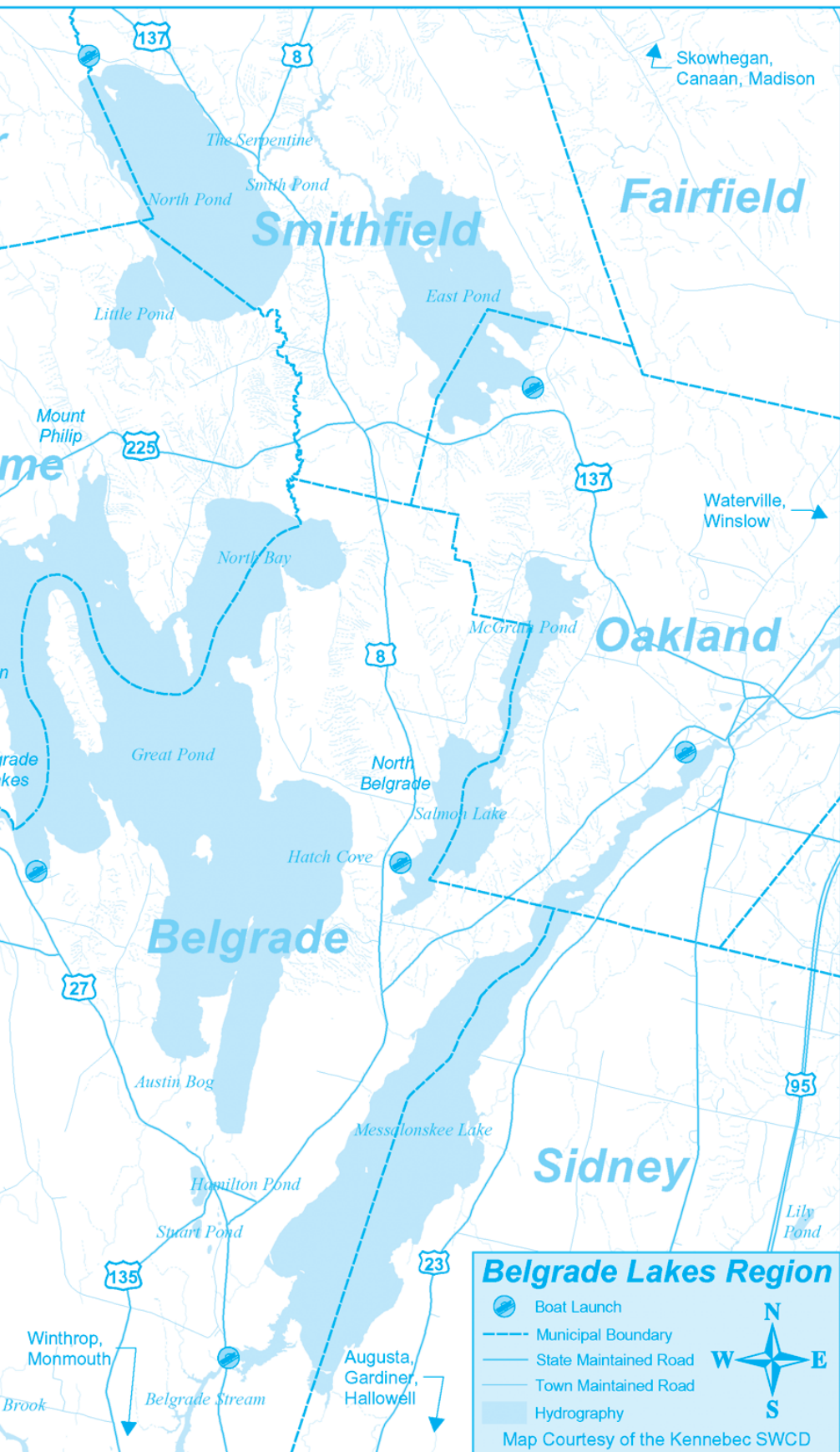


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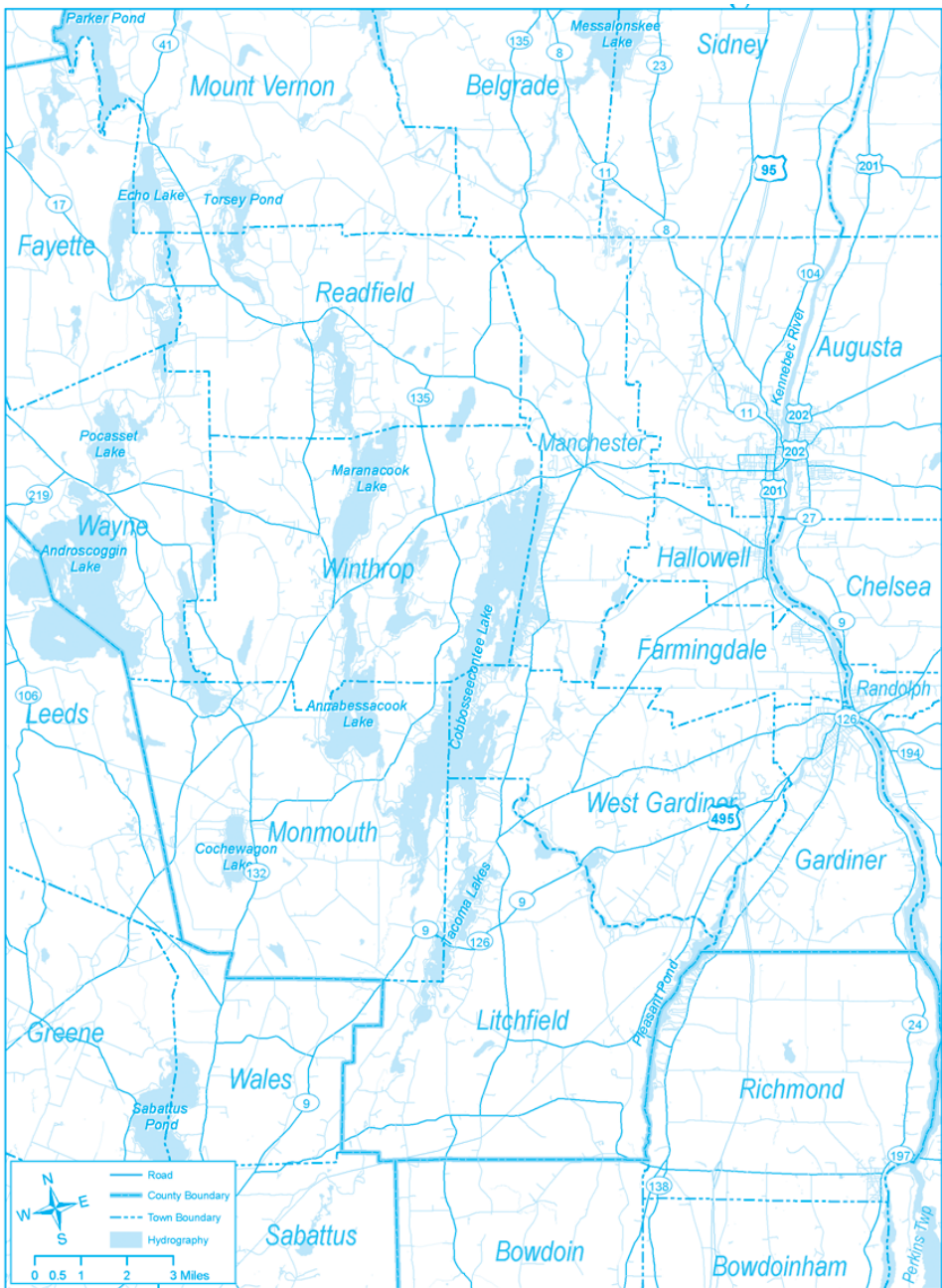
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## Cobbossee Corner

# Get Outside and Play

By Kelsey Ouellette, Education and Outreach Intern



Kids don't play outside anymore. In this tech savvy world where most people are glued to their phones or tablets all day and many children would rather play video games than sports, it's no wonder there's a national problem with less and less kids playing outside.

This concept was first brought to national attention in 2004 with the release of Richard Louv's book *Last Child in the Woods* (first edition). In the book, Louv coined the term "Nature Deficit Disorder" which makes the connection between lack of outdoor time and physical, cognitive and emotional challenges in young people. *Last Child in the Woods* sparked an entire movement, including follow-up books by Louv, the creation of the Children & Nature Network and other similar organizations.

What information are these concerns based upon? According to Be Out There.org, a National Wildlife Federation movement to get kids outside, over the last twenty years, there has been a shift from kids spending most of their time outside to spending it inside with electronics, namely, kids are only playing outside half as much as children did two decades ago. This dramatic decrease in time outdoors can be connected to the United States' childhood obesity rate doubling during the same time period and the U.S. becoming the leading consumer in ADHD medications worldwide.

The solution to this concerning phenomenon is simple: Take away the electronics and encourage kids to play outside. Research has shown how important it is for our children to spend time outside. In a study led by Dr. Pooja Tandon of Seattle Child's Research Institute, researchers found that spending time outdoors is an integral part of many areas of development in children including motor, vision, social/emotional and cognitive development as well as a natural way for kids to obtain healthy Vitamin D levels and maintain a healthy body weight (<http://www.dpfc.net/Blog/post/2012/05/24/The-Importance-of-Outdoor-Play.aspx>). Also, exposure to the outdoors and nature helps kids develop and learn about their senses because all five are used, whereas using electronics indoors only requires the use of two, sight and hearing, which can hinder the child's development ([http://www.early-childhoodnews.com/earlychildhood/article\\_view.aspx?ArticleID=275](http://www.early-childhoodnews.com/earlychildhood/article_view.aspx?ArticleID=275)). Without play in nature, kids will not have as much opportunity to learn how to interact cooperatively with other children and be creative by using their imagination to make up new games to play.

Lastly, if we want to ensure that our natural world is in good hands for the future, our children need to spend enough time outside to build a relationship with nature. Wells and Leikes (2006) found that children need to participate in "wild nature activities" before the age of 11 in order to establish a connection to, and interest in, caring for the environment. Therefore, everything comes full circle. If we are exposed to nature at a young age as a fun, adventurous place to play and explore, then as adults there will be more people who have a natural desire to take care of the environment that gave them so many good experiences and memories as a child.

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donations at the door accepted to benefit Winterberry Farm





## Tadpole Patrol – Making Summertime Education Fun!

This summer kicks off the ninth year of the Friends of the Cobbossee Watershed's Tadpole Patrol program. Tadpole Patrol is one of the Friends most successful educational programs with over 1300 children having attended one of the sessions held on several lakes throughout the Cobbossee Watershed.

The Tadpole Patrol program offers three different levels of lake exploration. Level 1 is the original Tadpole Patrol geared for children entering grades 2, 3, and 4. At this level, children will experience lake ecology, observe wildlife in and around the lake, and learn the basics of water testing with professional equipment! The second level is TP II- Lake Science Investigators! (LSI) and is for children entering grades 4, 5, and 6. Level 2 activities are more science based with children performing water quality tests and recording the data in their own LSI journal as well as recording their wildlife observations seen using binoculars and our underwater camera. Level 2 participants also learn about the threat of invasive aquatic plants and how to identify native and non-native plant species. TP3 - Jr. Lake Monitors is the third level offered for youth entering grades 6 and up. Level 3 is the most advanced session, where participants will be trained in proper water quality testing techniques and will compare their collected data with



data recorded by the scientists at Cobbossee Watershed District.

All Tadpole Patrol programs take place aboard the Friend's 22' pontoon boat, The OTTER II. This "floating classroom" enables participants to have a unique, interactive, and, most importantly, FUN experience that teaches them about the importance of watershed protection and water quality. Each session of Tadpole Patrol is just \$20 per participant, regardless of level, and made possible in part by the generous sponsorship of August Fuel Company and Kennebec Savings Bank. Visit the Friends website for the Tadpole Patrol schedule, registration form and more information. [www.watershedfriends.com](http://www.watershedfriends.com)



## Get Outside this Summer with the Friends!!



Come explore the outdoors with five full days of FUN! The Friends of the Cobbossee Watershed is once again holding their week long Summer Nature Day Camp for children entering grades 4-6. There will be two 1-week sessions: Session A- July 16-20 and Session B- August 6-10. Both sessions will be held at the YMCA Camp of Maine on Cobbossee Lake in East Winthrop. The camp will run from 8:30 a.m. to 4:30 p.m. Monday through Friday.

During the week, campers will have the opportunity to engage in a wide range of activities to help them gain a better understanding and relationship with nature. Campers will make nature inspired crafts, play games geared toward helping them understand natural processes, and participate in interactive activities such as geo-caching, learning basic wilderness skills, creating "Eco" Skits, recording observations in their own nature journal and much more! Campers will also take part in many traditional summertime activities including hiking, swimming, canoeing,

kayaking, and fishing! Summer Nature Day Camp will also be visited by our 22' pontoon boat, the OTTER II, which will provide campers with a special camp session of the Friends popular "Tadpole Patrol" program.

Cost for each 5-day camp session is \$195/pp, and includes lunch and afternoon snack. Early registration is recommended, as space is extremely limited! The Friends 2012 Nature Day Camps are supported by the generous sponsorship of Sprague & Curtis Real Estate, Tim Horton's of Augusta and D & H Motors of Gardiner.

FMI or if you have any questions, please feel free to call the Friends office at (207) 621-4100 or visit the Friends website – [www.watershedfriends.com](http://www.watershedfriends.com)



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## — Upcoming —

### JUNE

- Norlands Living History Center in Livermore is holding a Strawberry Festival on Saturday, June 30 with storytelling, crafts, mimes, hayrides and strawberry short cake from 10 am-4 pm. \$8 per person. 897-4366
- On Saturday, June 30, Smithfield Volunteer Fire & Rescue will hold its annual Chicken BBQ, starting at 11 am, downtown Smithfield.
- The Theater at Monmouth's legendary Black Fly Follies is scheduled for Saturday, June 30 at 7:30 pm. Acts from the bizarre to the fantastic, song and dance. 933-9999

### JULY

- The Harlow Encaustic Art Show deadline for email submissions is July 1. The show is August 3-25. Encaustic means using a beeswax-based painting medium. 622-3813
- The Friends of the Belgrade Public Library will hold a used book sale on Wednesday, July 4 from 9 am-2 pm in Belgrade Lakes Village. 649-4238
- On Sunday, July 8, the PFBF, CPAs 3rd annual race, a 1/2 Marathon, 5K Run-or-Walk will be held at 46 FirstPark Drive, Oakland to benefit Mid-Maine Homeless Shelter. [www.pfbf.com](http://www.pfbf.com) or 873-

1603

- Concerts in Coburn Park in Skowhegan start on Sunday, July 8 with "Borderline Express" and continue through August 26.
- Mel Croft, president of the Belgrade Regional Conservation Alliance will lead an "Esker Hike" on Wednesday, July 11 at 5:30 pm. Meet at the Belgrade Community Center for All Seasons. 495-6039
- Le Festival de la Bastille is scheduled for July 13-15 at Pete Gagne Field in Augusta with live music, a children's program, talent show, Canadian and American foods, Fireworks and more. 622-8211
- MIFF 15, the Maine International Film Festival in Waterville will be held July 13-22 at Railroad Square Cinema and the Waterville Opera House. Order a Festival Pass at [www.miff.org](http://www.miff.org). 861-8138
- The East Pond Association (Oakland, Smithfield) Annual Meeting will be Saturday, July 21, 10 am at the Smithfield Tow Office on Route 8. Membership is open to all. [www.EastPond.org](http://www.EastPond.org)
- The Kneading Conference will be held in Skowhegan on Thursday and Friday, July 26-27 and the Maine Artisan Bread Fair on Saturday, July 28 at the Skowhegan State Fairgrounds. [kneadingconference.com](http://kneadingconference.com) 474-3621

- River Fest will be held in Skowhegan from July 27 through August 5 with many downtown events sponsored by the Skowhegan Run of River committee, Skowhegan Area Chamber of Commerce and Main Street Skowhegan including an Art Walk, chicken barbecue, beano, Moonlight Madness, raft rides and more. 474-3621, 612-2571.

### AUGUST

- On Saturday, August 4 at 1 pm the L.C. Bates Museum in Hinckley will hold "Forest Walk - Signs of Animals," an hour long exploration of the woods to learn animal signs all around us! 238-4250
- At the Union Coffeehouse in Belgrade Lakes on Saturday, August 11 Martin Swinger will perform at 7 pm.
- The 39th Blistered Fingers Family Bluegrass Music Festival will be August 23-26 at the Litchfield Fairgrounds. 12 live bands, field picking, camping, open stage, concessions... 873-6539
- Maine Farm Days will be held on August 22 and 23 at Misty Meadow Farms in Clinton. Free admission, many tours, children's activity tent, food, farm equipment, demonstrations and more.



L to R: **Sam Tippet** – Sr. Account Executive, **Roxanne Robinson** – Client Services Assistant, **David Veilleux** – Sr. Account Executive, **Kenneth Viens, CFP®** – Sr. Account Executive, **Joe Jabar, CFP®** – Sr. Account Executive /LPL Branch Manager, **Cheryl Flewelling** – Client Services Director



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## MILFOIL PUBLIC MEETING

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### Maine Lakes Resource Center

- Milfoil Presentation
- Progress Report
- Expert Panel
- Q & A's



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## –Conservation Too–

## It Rained Hard. So What!

by Kennebec County Soil & Water Conservation District

To start with I need to admit that I'm a big fan of numbers and enjoy doing arithmetic and math calculations. Since my last article most of us experienced a severe weather event also known as a "deluge of rain". We have talked about stormwater runoff before, but what does that mean other than the ditch next to our driveway may have a lot of water in it and the pond or lake level may rise a bit. What impact does our own behavior have on that? Isn't that just nature doing what nature does?

Like many things in our life if we anticipate an event and make informed decisions, we can often affect the impact or outcome. In the case of a rain storm, we can design our landscape and manage our property in a manner so that the impact on water quality is moderated. Designers and engineers as well as municipal officials, road managers and the Maine DEP refer to this as "stormwater control".

Let's start with some numbers: We measure rainfall in inches of rain. Given that most of us measure liquids in gallons or liters, it's hard to translate how much an inch of rain really is. You may also use the term CFM (Cubic Feet per Minute). ... but let's stick to rainfall.

If you have a parking area or a building roof that is near the shoreline, all the rain falling on that surface is diverted to the lowest point and then leaves that surface into a runoff area. How much water gets focused to that area? If you



have a 25' x 40' building or parking area, you have 1,000 square feet of area that the rain doesn't soak into. A square foot is 144 square inches. One inch of rain on that surface translates into 144,000 cubic inches (83 ft<sup>3</sup>) or about 625 gallons of water. Now consider your property. How much impervious surface do you have? An impervious surface doesn't soak up the rain but carries it off to another location. If you have a home, garage, storage shed, deck, driveway and parking area, you may have as much as 10,000 square feet of impervious area. For every inch of rain that falls on those surfaces, your property needs to deal with an additional 6-7,000 gallons of water in addition to the rain that has already fallen on the property.

How much is 6-7,000 gallons? That would be the water in a 4 foot tall above-ground pool that is 20 feet in diameter. My numbers may be only

estimates and an inch of rain may fall over an extended period of time. But, you get the picture. And there are some areas around here that reported nearly 8 inches of rain recently. Consider how much water that is flowing off a large parking lot. It has damaging effects. See the extreme example of a field cleared just before the last storm.

Here is the opportunity to use some of those BMP's (Best Management Practices) by focusing on how to manage your yard and property. A good buffer planting, if well established, does a good job of intercepting water runoff and filtering it before it gets to the lake. Control the water runoff from your buildings or driveway and parking by diverting that water into the woods or otherwise filter it so it doesn't concentrate and transport soil, chemicals, or other toxics into the water. Make sure roadways and parking areas are designed and maintained to divert water into either filter ponds or a vegetative area where the water is filtered before it gets to the lake. Check the road surface, ditches and culverts to see that they are not simply channeling soil particles and other pollutants into the lake.

Remember, there is a lot to do in order to protect water quality. 

*Articles contributed by the Kennebec County Soil & Water Conservation District in Augusta For information about any of our conservation projects please contact Dale Finseth at 622-7847, x 3 or check our website at [www.kcsxcd.org](http://www.kcsxcd.org)*

... Conservation continued from page 5

and wildlife habitat along Meadow Brook. In addition, it provides for public access, and hiking and snowmobile trails.

The easement was purchased with funds contributed from the Land for Maine's Future (LMF) Program and KLT; and with support from KLT members, the Maine Department of Agriculture, Meadow Brook Farm Project Manager, Jerry Bley; and the Fields Pond and Cricket Foundations. KLT's Lands Committee Chair Bob Mohlar noted the Graf's vision:

KLT and the people of Fayette and surrounding area are grateful to have neighbors like the Grafts who have worked patiently and graciously with us to conserve this remarkable area as working farmland and forest for current and

future generations.

The Maine Dept. of Agriculture, Food and Rural Resources sponsored the Meadow Brook Farm project application to the Land for Maine's Future Program in 2011. At the March 13, 2012 LMF Board meeting, the LMF board confirmed funding for KLT's purchase of an agricultural conservation easement for the subject property.


For years the Graf family has done its part in keeping this farm going, protecting the prime farmland soils on the farm, and making farmland available in Fayette for future farmers. The conservation of important agricultural soils, preservation of agricultural and natural resource based businesses, and maintenance of wildlife habitat and open space are important to Maine people and consistent with LMF's mission, said Don

Marean, Chairman, Land for Maine's Future Board.

The Sturtevant Family eighth-generation farm and tourism business, Home-Nest Farm Bed & Breakfast, is adjacent to Meadow Brook Farm. In 2002, the Sturtevant family donated a 22.5 acre conservation easement to KLT, the Sturtevant Farm Scenic Area, which includes farm fields and a scenic view of Maine's western mountains. This summer the Sturtevant family are donating a second easement to KLT, 60-acres including working forestland and wetlands connected to the Graf's Meadow Brook Farm. The new easement will provide for a non-motorized trail network linking the two conservation properties. The easements will have public access points on the Bamford Hill and Asa Hutchinson Roads.

KLT will hold a conservation celebration at the historic Fayette Baptist Church on Saturday, July 7th from 9-11 a.m. with strawberries, music by the Rogers Brothers Fiddle-Cello Duo, visits to see the Meadow Brook farm animals, and optional hikes on the Meadow Brook Farm trail and to KLT's Sturtevant easement scenic lookout.

Don Marean, Chair, Land for Maine's Future Board; Walter Whitcomb, Commissioner, Maine Department of Agriculture; Elaine and Berndt Graf, and KLT President Stan Eller, will present comments during a 15 minute program that begins at 9:45 a.m.

The event is free, and will be held rain or shine. The public is welcome! 



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**Bear Spring Camps**, 60 Jamaica Point Rd., Rome, 397-2341, [www.bearspringcamps.com](http://www.bearspringcamps.com)

**Belgrade Cottages**, 9 Bass Lane, Belgrade, 495-9217, [www.belgradecottages.com](http://www.belgradecottages.com)

**Castle Island Camps**, American Plan, Castle Island Rd, Belgrade Lakes, 495-3312, [www.castleislandcamps.com](http://www.castleislandcamps.com)

**Kozy Cove Cottages**, Rt 8, Salmon Lake, Belgrade, 465-0959, [www.kozy-covecottages.com](http://www.kozy-covecottages.com)

**The Village Inn**, 1 & 2 bedroom suites, Rt 27, Belgrade Lakes Village, 495-3553, [www.villageinnducks.com](http://www.villageinnducks.com)

**Whisperwood Cottages**, American Plan, boat rentals, 103 Taylor Woods Rd, Belgrade, 465-3983, [www.whisperwood-lodge.com](http://www.whisperwood-lodge.com)

**Wings Hill Inn**, Rt 27, Belgrade Lakes, 495-2400, 866-495-2400, [www.wingshillinn.com](http://www.wingshillinn.com)

## RESERVATIONS SERVICES

**Belgrade Vacation Rentals**, 81 Main St, Belgrade Lakes, 495-4011, [www.belgradevacationrentals.com](http://www.belgradevacationrentals.com)



....Notebook continued from page 7

appliances, window blinds, any item containing offensive and/or inappropriate slogans. Volunteers are needed. 873-3615 ext 13.

### Wayne

• The Third Annual Make-A-Movie Week will be held starting Sunday, July 22 at the North Wayne Schoolhouse. From 3-5 pm, a workshop on shoot-from-the-hip hands-on video will show participants how to plan and shoot a video in under ten takes, edit and post. On Saturday, July 28, 5-7 pm, videos will be turned in. On Sunday, July 29, the Third Annual MAMW Schoolhouse Movie Night will be held from 6-8 pm with prizes and a dessert potluck. Admission \$10 adults, \$5 children. [sue\\_saint40@hotmail.com](mailto:sue_saint40@hotmail.com)

### Wilton

• Donn Fendler, of "Lost on A Mountain in Maine," will be at the Wilton Free Public Library on Tuesday, July 3 at 1 pm to discuss his experience as a young boy lost on Mount Katahdin. He will be available to chat with students after his talk, as well as to sign both "Lost on A Mountain in Maine" and his newest book, a graphic novel titled "Lost Trail: Nine Days Alone in the Wilderness." 645-4831

### Winthrop

• The 3rd annual Concerts at Norcross Point will have weekly performances every Sunday 2-4 pm through August 26 except for a Saturday concert on August 18 1-3 pm to coincide with the Winthrop Art Walk. All concerts are free of charge. Norcross Point is handicapped accessible, with paved sidewalks. Listeners are also welcome to boat in and anchor off-shore. The concert schedule includes: June 24 - The Maranacook String Band, July 1 - Nasty Habits, July 15 - Simons and Goodwin, July 22 - make up date, July 29 - Stan Davis, August 5 - Colwell Brothers Band, August 12 - KPAC Jazz Band, August 18 - The Pam Baker Blues Band, August 19 - Ampersand, August 26 - make up date. 620-6231

...Continued from page 3

time at a particular point on the spiritual journey that is life."



Dick Klyver has lived in Eastport, Maine since 1974. Before that he traveled in East Africa and Madagascar where he drew and sculpted in the wild. He draws inspiration from the life force that animates a telling gesture of each species he sculpts, capturing their inner spirit in natural motion.



Antje Roitzsch also lives on the coast of Maine where she worked as a goldsmith for 14 years before moving into sculpting. The detail of shapes and textures found in nature are the main inspirations for her sculptures. Her art is created to be touched and visitors are encouraged to handle her sculptures.

Both Antje and Bill will be at Spring Gallery on Wednesday, July 4 to talk with visitors, Bill 11 am-noon, Antje 12-2 pm. For more information call 495-3113.



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### Belgrade

• **Belgrade Lakes Golf Club**, lunch/snacks, West Road, Belgrade Lakes, 495-4653, [www.belgradelakesgolf.com](http://www.belgradelakesgolf.com)  
 • **Pete's Pig**, 81 Main St., Belgrade Lakes Village, 495-4095, [www.petespig.com](http://www.petespig.com)  
 • **The Village Inn**, Rte. 27, Belgrade Lakes Village, 495-3553, [www.villageinnducks.com](http://www.villageinnducks.com)  
 • **Whisperwood**, Salmon Lake/McGrath Pond, Taylor Woods Rd, Belgrade, open to the public by reservation only, 465-3983, [www.whisperwoodlodge.com](http://www.whisperwoodlodge.com)  
 • **Wings Hill Inn and Restaurant**, Rt. 27, Belgrade Lakes Village, 495-2400 or 800-495-2400, [www.wingshillinn.com](http://www.wingshillinn.com)

### Fairfield

• **Cacciatores**, 29 Main St, Fairfield, 872-9700.

### New Sharon

• **Top of the Hill Grill**, 54 Farmington Falls Rd. New Sharon. 779-0973. [www.topofthehillgrillonline.com](http://www.topofthehillgrillonline.com)

### Oakland

• **Alden Camps**, Lunch or dinner by reservations, Sat. - Wed., space permitting. 3 Alden Camps Cove, Oakland. 465-7703. [www.aldencamps.com](http://www.aldencamps.com)  
 • **Riverside Farm Restaurant and Wine Market**, 291 Fairfield St, Oakland, 465-4439. [www.riversidefarmmarket.com](http://www.riversidefarmmarket.com)

### Waterville

• **Restaurant & Pub at the Waterville Grand**. 375 Upper Main St, Waterville. 873-0111.

### Winslow

• **Lobster Trap & Steakhouse**. 21 Bay St, Winslow. 872-0529. [www.lobstertrap-seafood.com](http://www.lobstertrap-seafood.com).

### Winthrop

• **Peppers Garden & Grill**. 357A Main St, Winthrop. 377-8877



**Whisperwood Lodge & Cottages**

**Fishing Boat Rentals on Salmon Lake & McGrath Pond**

Located on the South end of Salmon Lake in North Belgrade

All boats shown on our website

**Now open to the Public for Dining by reservation only. 465-3983**

Breakfast 8:am - 9:am, Dinner served at 5:pm  
**Daily menu listed on our website**  
 Boat docking available for Lake Residents

[www.whisperwoodlodge.com](http://www.whisperwoodlodge.com)

## Ballard Meats & Seafood

Custom Cut Meats



- Retail
- Wholesale
- Smoking



1-800-564-6328 • 622-9764

Myrtle St., Manchester, Maine

### Belgrade Cottages Guide Service

Guided Fishing Trips

Sunset Cruises

Wildlife and Scenic Lake Tours

Canoe and Kayak Rentals

Bob Richter 207-314-8469

Great Pond – Belgrade



## Cacciatores

"An Italian Steakhouse"

Waterville's Best Dining Experience

Now Serving  
**PRIME RIB**  
 Fridays and Saturdays

**OPEN EVERYDAY**  
**LUNCH AND DINNER**  
 Serving Fine Wine & Cordials  
 Senior Discounts Everyday

**Delicious Italian Food**  
**Made with the Freshest Ingredient**  
 Fresh Steaks, Seafood,  
 Pasta, and Salads  
 Gluten-Free Pasta Available!

29 Main Street • Fairfield  
 872-9700 (Reservations Accepted)  
[www.Cacciatores.com](http://www.Cacciatores.com)



## Recipe of the week - from Sue Gawler's Collection

### Roasted Asparagus Heaven

2 lbs asparagus  
 6 slices bacon  
 4 oz plain chevre (goat cheese)  
 2-3 tsp fresh lemon juice  
 Olive oil

Preheat oven to 500 degrees. Lightly grease rimmed cookie sheet with olive oil or butter. Cook bacon until crisp; drain and crumble.

Trim asparagus (snap the bottom tough part off - the stem knows where to break when you bend it).

Put asparagus on the baking sheet, drizzle with olive oil, turn to coat. Sprinkle with salt & pepper.

Roast until just softening (about 5-6 min). Arrange on platter, sprinkle with goat cheese, then bacon.

Dress with the lemon juice and 2 tsp more of olive oil.

(recipe courtesy of [epicurious.com](http://epicurious.com))

## Location, Location, New Location



The Belgrade Lakes Farmers' Market opened its 8th season at the new Maine Lakes Resource Center (MLRC) on Main Street (Route 27) in Belgrade Lakes Village during the second week in June. The new setting provides access by lake from Great Pond and access to the MLRC which will be open at market times for visitors to

view the ongoing art and educational exhibits available to the public. The MLRC will have a booth at the market and has provided the market organizers with an Americorp volunteer to lend a helping hand.

Also, this year, there will be a booth just for market matters, with informational brochures, canvas shopping bags with the Farmers' Market logo, an events flier, a water bowl for dogs, and an invitation to join a group called "Friends of the Market" who will help mind the booth from time to time. The booth is also committed to hosting non-profit groups such as the Belgrade Regional Health Center, Belgrade Central School's ecology club and others throughout the season.

The Belgrade Lakes Farmers' Market has always enjoyed the music of spontaneous groups of musicians, playing to the delight of the crowd. New this year is a running roster of events, mostly agricultural in nature and some just for fun. Some of the listings include: beekeeping, crepe making, spinning and fiber arts, "know your meats" talk, flower show, blueberry festival, ice cream making, an "old apple varieties of Belgrade" talk, face painting, kids food craft, and a juggler/clown. Every week not only will there be an ever-changing bounty of the best that area farmers have to offer, but there will be interesting and fun events to enjoy with the whole family.

The Belgrade Lakes Farmers' Market will be open Sundays 8 am-1 pm and Thursdays 2-6 pm. For more information visit [www.belgradelakesfarmersmarket.org](http://www.belgradelakesfarmersmarket.org).



## Appetizers at Altitude

## Belgrade Lakes Golf Club

## Open to the Public



Belgrade's certified organic community farm & farmstand

Open 7 days a week 9-6pm  
 Summer CSA shares available

Flowers, herbs, greens and veggies  
 Come visit our horse and oxen powered farm  
 Where children and veggies grow!

Rt. 27 Belgrade, Maine • 207.495.2593  
[www.winterberryfarmstand.com](http://www.winterberryfarmstand.com)





-Business Directory-

ACCOMMODATIONS

See page 20

ADVENTURE

**Belgrade Cottages Guide Service**, fishing, lake tours, canoe/kayak trips and rentals. 9 Bass Lane, Belgrade, 314-8469, [www.belgradecottages.com](http://www.belgradecottages.com)  
**Maine Wilderness Tours**, fishing, canoeing/kayaking, lobster picnic, bird watching, 7 Croquet Lane, Belgrade, 465-4333, [www.MaineWildernessTours.com](http://www.MaineWildernessTours.com)

ANTIQUES

**Barbara’s Antique & Collectibles Group Shoppe**, Rt 201, 414 Lakewood Rd, Madison, 474-2550, 474-8357  
**Stoney Creek Antiques**, 881 Civic Center Drive, Augusta, 626-9330

BANKING

**Kennebec Savings Bank**, 150 State St, Augusta, 622-5801, [www.kennebecsavings.com](http://www.kennebecsavings.com)  
**Maine State Credit Union**, 200 Capitol St, Augusta, 623-1851, [www.maine.statecu.org](http://www.maine.statecu.org)

BEVERAGES

**Jokas’ Discount Beverage**, 52 Front St, Waterville, 873-6228, [www.jokas.net](http://www.jokas.net)

BICYCLES

**Auclair Cycle & Ski**, 64 Bangor St, Augusta, 623-4351, [auclaircycle@msn.com](mailto:auclaircycle@msn.com)

BOATS

(Besides the categories immediately following, see Canoes and Kayaks, Docks, and Boat Repair.)

BOAT COVERS

**Waterville Upholstery & Canvas**, 1042 Kennedy Memorial Dr, Oakland, 465-7847

BOAT LIFTS

**Hammond Lumber Company**, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, [www.hammondlumber.com](http://www.hammondlumber.com)

BOAT MOORINGS

**Great Pond Marina**. 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, [www.greatpondmarina.com](http://www.greatpondmarina.com)

BOAT RENTALS

**Belgrade Canoe & Kayak**, Rt 27, Belgrade, 495-2005, 242-6331, [www.kayakandcanoe.com](http://www.kayakandcanoe.com)  
**Castle Island Camps**, Castle Island Rd, Belgrade Lakes, 495-3312, [www.castleislandcamps.com](http://www.castleislandcamps.com)  
**Great Pond Marina**, 25 Marina Dr , Rt 27, Belgrade Lakes, 495-2213, [www.greatpondmarina.com](http://www.greatpondmarina.com)  
**Whisperwood Cottages**, 103 Taylor Woods Rd, Belgrade, 465-3983, [www.whisperwoodlodge.com](http://www.whisperwoodlodge.com)

BOAT REPAIR

**Belgrade Boat Shop**, Rt 135, Belgrade, 485-6953  
**Kennebec Boat Repair**, 907 Oakland Road, Belgrade,

465-9012, [www.KennebecBoatRepair.com](http://www.KennebecBoatRepair.com)

BOAT SALES AND SERVICES

**Belgrade Canoe & Kayak**, Rt 27, Belgrade, 495-2005, 242-6331, [www.kayakandcanoe.com](http://www.kayakandcanoe.com)  
**Clark Marine**, 57 Puddledock Rd, Manchester, 622-7011, [mail@clarkmarine.biz](mailto:mail@clarkmarine.biz), [funonthewaterstartshere.com](http://funonthewaterstartshere.com)  
**Hamlin’s Marine**, 290 West River Road, Waterville, 872-5660, [www.hamlinsmarine.com](http://www.hamlinsmarine.com)  
**Mid-Maine Marine and RV**, 885 Kennedy Memorial Drive, Oakland, 465-2146, [www.midmainemarine.com](http://www.midmainemarine.com)  
**Trailside Performance**, 797 Augusta Rd (Rt 201), Winslow, 873-2366, [www.trailsideperformance.com](http://www.trailsideperformance.com)

BOAT STORAGE

**Belgrade Boat Storage**, 41 Pinkham’s Cove Rd, Rt 27, Belgrade, 495-3421, 314-3287, [www.belgradeboatstorage.com](http://www.belgradeboatstorage.com), [www.belgradeboatrentals.com](http://www.belgradeboatrentals.com)  
**Belgrade Lakes Marine and Storage**, Inc, 366 Augusta Rd, Belgrade, 495-2378, [www.belgradelakesmarine.com](http://www.belgradelakesmarine.com)  
**Clark Marine**, 57 Puddledock Road, Manchester, 622-7011; and Rt 202, Monmouth, [mail@clarkmarine.biz](mailto:mail@clarkmarine.biz), [funonthewaterstartshere.com](http://funonthewaterstartshere.com)  
**Great Pond Marina**, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, [www.greatpondmarina.com](http://www.greatpondmarina.com)  
**Hamlin’s Marine**, 290 West River Rd, Waterville, 872-5660, [www.hamlinsmarine.com](http://www.hamlinsmarine.com)  
**Kennebec Boat Repair**, 907 Oakland Road, Belgrade, 465-9012, [www.KennebecBoatRepair.com](http://www.KennebecBoatRepair.com)  
**Maple Leaf Self Storage**, 688 Manchester Rd, Rt 135, Belgrade, 495-2191, 441-5529  
**Mid-Maine Marine and RV**, 885 Kennedy Memorial Dr, Oakland, 465-2146, [www.midmainemarine.com](http://www.midmainemarine.com)  
**Trailside Performance**, 797 Augusta Rd, Rt 201, Winslow, 873-2366, [www.trailsideperformance.com](http://www.trailsideperformance.com)

BOOKS

**CHILDREN’S BOOK CELLAR**, 52 Main St, Waterville, 872-4543, [kidsbookseller@verizon.net](mailto:kidsbookseller@verizon.net)

BOTTLE AND CAN REDEMPTION

**Jokas’ Discount Beverage**, 52 Front St, Waterville, 873-6228, [www.jokas.net](http://www.jokas.net)

BUILDERS

(See also Kitchens, Plumbing, and Excavating)

**Craig’s Carpentry/North Bay Estates**, Rt 8, North Belgrade, Craig Alexander, 649-3749  
**G&L Contracting**, Adam Gardner, Belgrade, 215-7951  
**LakeHouse Design Build**, Serving Central Maine’s Waterfront Design Build Needs Since 1987. 10 Liberty Lane P.O. Box 663 Readfield, Maine 04355 [www.lakehousedesignbuild.com](http://www.lakehousedesignbuild.com) 207.685.7393 -207.242.3663  
**Mainely Molding & Restoration**, 449 Wilder Hill Rd, Norridgewock, 634-2821, [www.mainelymolding.com](http://www.mainelymolding.com)

BUILDING MATERIALS

**Gagne and Son**, 28 Old Rt 27, Belgrade, 495-3313, [www.gagneandson.com](http://www.gagneandson.com)  
**Hammond Lumber Company**, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, [www.hammondlumber.com](http://www.hammondlumber.com)

CANOES AND KAYAKS

**Belgrade Canoe & Kayak**, Route 27, Belgrade, 495-2005, 242-6331, [www.kayakandcanoe.com](http://www.kayakandcanoe.com)  
**Belgrade Cottages Guide Service**, fishing, lake tours, canoe/kayak trips and rentals. 9 Bass Lane, Belgrade, 314-8469, [www.belgradecottages.com](http://www.belgradecottages.com)

CLOTHING

**New Balance Factory Outlet**, 13 Walnut St, Skowhegan, 474-6231, [www.newbalance.com](http://www.newbalance.com), [nbfactorystore.com](http://nbfactorystore.com)

COMPUTER CONSULTANTS

**Samara Consulting**, Macintosh Consultant, Michael Breault, 24 Welch Rd, Wilton, 645-5083, cell 578-0226, [mbreault@samaraconsulting.com](mailto:mbreault@samaraconsulting.com), [www.samaraconsulting.com](http://www.samaraconsulting.com)

DENTAL CARE

**The Complete Dental Center**, 107 Birch St, Farmington, 860-2781

DINING

(See Dining Directory on page 21)

DOCKS

**G&L Contracting, Belgrade**, 215-7951, [agardner81@yahoo.com](mailto:agardner81@yahoo.com)  
**Hammond Lumber Company**, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, [www.hammondlumber.com](http://www.hammondlumber.com)  
**Trailside Performance**, 797 Augusta Rd, Rt 201, Winslow, 873-2366, [www.trailsideperformance.com](http://www.trailsideperformance.com)

ELDER CARE

**Maine-ly Elder Care**, 28 Center St, Oakland, 465-3249, [www.maine-lyeldercare.com](http://www.maine-lyeldercare.com)

EXCAVATING

**Belgrade Boat Storage**, 41 Pinkham’s Cove Rd, Belgrade, 495-3421, 314-3287, [www.boatstorage.com](http://www.boatstorage.com)  
**David Stevens**, P.O.Box 146, Belgrade, 465-3815, cell 314-0314

EYE CARE

**Maine Eye Care Associates**, 325 E. Kennedy Memorial Dr, Waterville, 873-2731, [www.MaineEyeCare.com](http://www.MaineEyeCare.com)

FARMSTANDS

**Winterberry Farm**, 538 Augusta Rd, Rt 27, Belgrade, 495-2593, [www.winterberryfarmstand.com](http://www.winterberryfarmstand.com)

FINANCIAL PLANNING

**Golden Pond Wealth Management**, 129 Silver St, Waterville, 873-2200, [www.goldenpondwealth.com](http://www.goldenpondwealth.com)  
**Kennebec Wealth Management**, 150 State St, Augusta, 622-5801, [www.kennebecsavings.com](http://www.kennebecsavings.com)

FIREWOOD

**J & M Logging, Inc.** 853 Civic Center Dr., Augusta, 622-6353

FLOORING

**Hammond Lumber Company**, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, [www.hammondlumber.com](http://www.hammondlumber.com)





FLOWERS AND PLANTS

**Longfellow’s Greenhouses**, 81 Puddledock Rd, Manchester, 622-5965, [www.longfellowsgreenhouses.com](http://www.longfellowsgreenhouses.com)  
**Pierce’s Greenhouse**, 407 Belgrade Rd, Oakland, 465-7788

GALLERIES

**Artisan’s Barn**, 163 North Rd, Readfield. 685-9787, [www.theartisansbarn.com](http://www.theartisansbarn.com)  
**Spring Gallery & Sculpture Garden**, bronze castings, 81 Main St, Belgrade Lakes, 495-3113, [www.modernartfoundry.com](http://www.modernartfoundry.com), [www.springgallery.com](http://www.springgallery.com)

GIFTS

**Kozy Cottage**, 13 Church St, Oakland, 465-0959, [www.kozy-covecottages.com](http://www.kozy-covecottages.com)  
**Day’s General Store**, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, [www.go2days.com](http://www.go2days.com)  
**The 1830 House on Long Pond**, 134 Main St, Belgrade Lakes Village, 495-3277  
**The Village Peddler Gift Shop**, Lake Shore Dr, Belgrade Lakes, 495-7707

GOLF

**Lakewood Golf Course**, 803 Lakewood Rd, Madison, 474-5955, [www.lakewoodgolfmaine.com](http://www.lakewoodgolfmaine.com)  
**Natanis Golf Course**. 735 Webber Pond Rd, Vassalboro, 622-3561, [www.natanisgc.com](http://www.natanisgc.com)

GROCERIES

**Day’s General Store**, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, [www.go2days.com](http://www.go2days.com)

HEALTH CENTER

**Belgrade Regional Health Center**, 4 Clement Way, Belgrade Lakes, 495-3323, [www.healthreachchc.org](http://www.healthreachchc.org)  
**Inland Hospital, The Clinic at Walmart**, walk-in health care, 80 Waterville Commons Dr, Waterville, 680-2110, [www.inlandhospital.org](http://www.inlandhospital.org)

HEATING

**Jim Webster, West Road**, Belgrade, 495-2370, 462-3472

ICE CREAM

**Day’s General Store**, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, [www.go2days.com](http://www.go2days.com)

JEWELRY

**Larsen’s Jewelers**, 57 Main St, Waterville, 872-6301, 800-697-1874, [www.larsensjewelers.com](http://www.larsensjewelers.com)  
**L.Tardif Jeweler**, 62 Main St, Waterville, 872-7542, 800-834-3638

KITCHENS

**Hammond Lumber Company**, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, [www.hammondlumber.com](http://www.hammondlumber.com)

LAKE ASSOCIATIONS

**Belgrade Lakes Association (BLA)**, Long Pond and Great Pond, PO Box 551, Main Street, Belgrade Lakes, 512-5150, [www.belgradelakesassociation.com](http://www.belgradelakesassociation.com)

LANDSCAPING

**G&L Contracting**, Belgrade, 215-7951, [agardner81@yahoo.com](mailto:agardner81@yahoo.com)  
**Lakeside Landscape**, 13 Station Rd, Belgrade, 465-3039, 831-7053, 632-1086, [lakesidelandscape1@yahoo.com](mailto:lakesidelandscape1@yahoo.com)  
**Longfellow’s Greenhouses**, 81 Puddledock Rd., Manchester, 622-5965, [www.longfellowsgreenhouses.com](http://www.longfellowsgreenhouses.com)  
**Lynch Landscaping**, Skowhegan, 474-2420, [lynchlandscaping.com](http://lynchlandscaping.com)  
**Native Notions**, 213 West Rd, Belgrade, 495-6040, 314-9538, [nativenotions@hotmail.com](mailto:nativenotions@hotmail.com), [www.nativenotionslandscape.com](http://www.nativenotionslandscape.com)

MASONRY

**Michonski Brothers Mason Contractors**, PO Box 656, Norridgewock, 634-2516 [www.michonskibrothers.com](http://www.michonskibrothers.com)

MEATS

**Ballard Meats & Seafood**, Myrtle St, Manchester, 622-9764, 1-800-564-6328

MOVIE THEATERS

**Railroad Square Cinema**, call for titles and times, 17 Railroad Square, Waterville, 873-6526, [www.railroadsquarecinema.com](http://www.railroadsquarecinema.com)

PHYSICAL THERAPY

**Dockside Physical Therapy**, 47 Main St, Belgrade Lakes, 495-3195, 512-2544, Fax 512-2545

PIANO SUMMER CAMP

**Diane Gorman**, [Gorman3366@roadrunner.com](mailto:Gorman3366@roadrunner.com), 906 Manchester Rd, Belgrade, 495-3222

PICTURE FRAMING

**The Framemakers**, 46 Main St, Waterville, 872-8927, [www.theframemakers.com](http://www.theframemakers.com)

PLUMBING

**Paul Hanna's Plumbing**, Belgrade Lakes, 495-3805  
**Houle's Plumbing, Heating and Air Conditioning**, 19 North St, Waterville, 872-6762, [www.houlesphac.com](http://www.houlesphac.com)

PRINT, MAIL & MORE

**Color Storm, Inc**, Main St, Belgrade Lakes, 592-5990

PROTECTIVE COATINGS

**Normile Sealcoating**, pavement and roofing, 332-4131, [normile.chris@gmail.com](mailto:normile.chris@gmail.com)

REAL ESTATE DEVELOPMENTS

**North Bay Estates, Belgrade**, 649-3749, [crgsnbe@yahoo.com](mailto:crgsnbe@yahoo.com)

REAL ESTATE

**Coldwell Banker Thomas Agency**, 75 Main St, Winthrop, 377-2121, [www.coldwellbankerthomas.com](http://www.coldwellbankerthomas.com)  
**Day's Real Estate**, 262 Augusta Rd, Rt 27, Belgrade Lakes, 495-3111, 1-888-495-3111, [www.daysrealestate.com](http://www.daysrealestate.com)  
**Lakepoint Real Estate**, 221 Main St, Belgrade Lakes, 495-3700, [www.belgradelakepoint.com](http://www.belgradelakepoint.com)  
**Rizzo Mattson Realtors**, 219 Capitol St, Aigista. 622-9000. 800 894-7979, [www.rizzomattson.com](http://www.rizzomattson.com)  
**Sprague & Curtis Real Estate**, 75 Western Ave, Augusta, 623-1123, [www.spragueandcurtis.com](http://www.spragueandcurtis.com)

RESERVATIONS

See page 20

RESTAURANTS

(See Dining Directory on page 21)

RETIREMENT COMMUNITIES

**Granite Hill Estates**, 60 Balsam Dr, Hallowell, 626-7786, 1-888-321-1119, [www.granitehillestates.com](http://www.granitehillestates.com)

SCHOOLS

**St. Michael School**, grades pre-K through 8, 56 Sewell St, Augusta, 623-3491, [www.smsmaine.org](http://www.smsmaine.org)

SEAFOOD

**Ballard Meats & Seafood**, 55 Myrtle St, Manchester, 622-9764, 1-800-564-6328  
**Lobster Trap & Steakhouse**, 15 Bay St, Winslow, 872-0529, [www.lobstertrap-seafood.com](http://www.lobstertrap-seafood.com)

SECURITY SYSTEMS

**Cayer Security Services, Inc**, 208 College Ave, Waterville, 453-9177, [www.cayersecurity.com](http://www.cayersecurity.com)

SELF STORAGE

**Maple Leaf Self Storage**, 688 Manchester Rd., Rt 135, Belgrade, 495-2191

SEPTIC SYSTEMS

**Bellavance Construction Company Inc**, 31 Hulin Rd, Belgrades Lakes, 495-2492  
**Stanley’s Septic Tank Service & Construction**, 187 Norridgewock Rd, Fairfield, 453-9819, 1-800-660-7826, [www.stanleysseptic.com](http://www.stanleysseptic.com)

SHOES AND SNEAKERS

**New Balance Factory Outlet**, 13 Walnut St, Skowhegan, 1-877-623-7867, [www.newbalance.com](http://www.newbalance.com)

SPA

**Belgrade Lakes Day Spa**, “Your Premier Wellness Center,” 495-2560, [www.belgradelakesdayspa.com](http://www.belgradelakesdayspa.com)

STONework

**Gagne and Son**, 28 Old Rt 27, Belgrade, 495-3313, 1-800-339-3313, [www.gagneandson.com](http://www.gagneandson.com)

THEATER

**The Theater at Monmouth**, Cumston Hall, off Rt 135, Monmouth, 933-9999, [www.theateratmonmouth.org](http://www.theateratmonmouth.org)

VETERINARY SERVICES

**Lakeside Veterinary Clinic**, 88 Libby Hill Rd, Oakland, 465-7387, 465-8387, [www.lakevets.com](http://www.lakevets.com)

WINDOWS

**Hammond Lumber Company**, Auburn, Bangor, Belgrade, Boothbay Harbor, Brunswick, Damariscotta, Fairfield, Farmington, Greenville, Pemaquid, Portland, Skowhegan, 866-HAMMOND, [www.hammondlumber.com](http://www.hammondlumber.com)

WINDOW TREATMENTS

**Blind Time**, 24 Meadow Hill Dr, Farmingdale, 621-9832, [www.blindtime.com](http://www.blindtime.com)







## Expressions

### Maranacook String Band to Perform in Wayne



The Maranacook String Band will perform at the Wayne Community Church, 22 Old Winthrop Road, on Sunday, July 1 at 4 pm. Consisting of former and current area students and led by veteran bluegrass songwriter Stan Keach, the band features hot mandolin picker Dan Simons; cosmic fiddler, Jay Smith; amazing teenaged vocalists Julie Churchill and Lee Stetson; bassist Zach Greenham and banjo player Megan Dood. They will perform songs from their debut CD *Bear In The Barn*.

The concert is in conjunction with the Wayne Community Church's Annual Silent Auction which showcases many local and regional products, services and experiences. It will benefit programs including outreach and camperships.

Concert tickets are \$8 for adults (\$10 day of concert); \$5 for students; \$20 for a family. There will be refreshments served and the Silent Auction will be open for business.

For tickets, drop by the Wayne Community Church or call 685-3505 or 685-9005.

## Maine Authors Featured at Farmington Book Signings

Three Maine authors are scheduled to be featured at the downtown Farmington book store, Devaney Doak & Garrett (DDG) Booksellers for Reading & Book Signings on the following dates: Tuesday, June 26 – Patricia O'Donnell, author of "necessary places"; Friday, July 13 – Monica Wood, author of "When We Were The Kennedys"; and Thursday, July 19 – Bernd Heinrich, internationally acclaimed biologist and nature writer of "Life Everlasting: The Animal Way of Death." All the appearances are at 7 pm.

Patricia O'Donnell of Wilton, director of the BFA Program in Creative Writing at the University of Maine at Farmington has had stories in numerous magazines and reviews. "necessary places" is a novel.

Monica Wood is the author of "Ernie's Ark" and "Any Bitter Thing." Her current work, "When We Were The Kennedys" is a memoir from Mexico, Maine, the rural paper mill town which is the setting for her book.

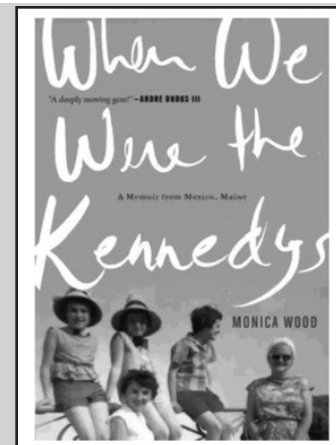
Bernd Heinrich is one of the finest naturalist-writers of our time who is from Wilton, Maine, attended the Goodwill-Hinckley School and has spent a lifetime researching and writing about science and nature.

DDG Booksellers will be selling all three of these books and will also be present to sell books at a signing by Don Fendler of "Lost on a Mountain in Maine" at the Wilton Free Public Library on Tuesday, July 3 at 1 pm.

For more information call 778-3454.



Monica Wood

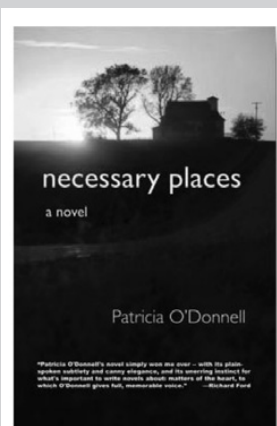


Friday, July 13<sup>th</sup> at 7pm

**A READING & BOOK SIGNING**



Patricia O'Donnell

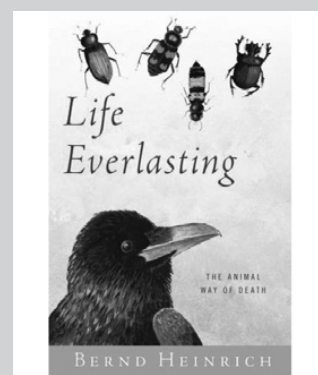


**A Reading and Book Signing**

**Tuesday June 26th, 7:00 pm**



Bernd Heinrich



**A READING & BOOK SIGNING**

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## Fishing



The title of this week's article sums it up completely. Yes, there are such things as beautiful bugs and they are showing up all over the Belgrades right now. Let's face it, Mainers know their bugs; we live in their world. But this past week the talk of the town is not black flies or mosquitoes – we all know about them. It's the mayfly and they are viewed by many anglers as the Madonna of all bugs. There are 162 different kinds of mayflies in the State and bug aficionados study them with intense interest. If you don't know what they look like, just look at the screens on your camp or the siding on your house. Chances are you'll find a few stuck there! Fly fishermen who take their sport seriously pay close attention to the mayfly hatch simply because these bugs bring the biggest fish to the surface and make them easier to catch. Now is certainly the time to hit the lakes and ponds in the area and cast mayfly imitation flies for rising brown and brook trout. There are a wide variety of trout ponds in the area and any of these waters can produce excellent dry fly fishing, especially on a calm evening. One additional bonus to the mayfly hatch is that legions of white perch feed heavily on bugs. The perch can usually be found by searching shorelines in the late afternoon. Anglers might want to start searching the shores where the breeze was blowing into during the day. Often times the breeze will blow the bugs into the trees and then when the wind calms down the bugs will re-emerge over the water and draw the fish up.

The Kennebec River from Waterville south to Gardiner has anglers jumping for joy right now because striped bass and shad are running hard up the river. The stripers are chasing alewives and blue back herring. The bait runs anywhere from 6 – 14 inches long and lures like Sluggos and Fin-S Fish work really well. The bass also take top water lures and flies, too. Fly fishermen have been focusing on the Augusta stretch just north of the boat launch and in Winslow by Fort

## Beautiful Bugs, Sea Run Fish & Wind!

by Mike Guarino



Halifax Park. The Shad fishing is still hit or miss in some stretches but anglers are catching this "poor man's tarpon" in Waterville and near Fort Halifax. Shad Darts and silver steamer flies imitating bait fish have been sealing the deal on the shad. If you've never caught a shad on a fly rod, you are in for a real treat! The Kennebec has specific rules and regulations including single hook restrictions and no live bait rules, so anglers are encouraged to check the rule book before they fish. There's excellent access in Waterville, Sidney, Augusta and Hallowell, along with a variety of great shoreline fishing spots.

This week's fishing report is really tricky because of the all windy weather anglers had to endure over the past five days. The good news is that at the time of writing, the wind has started to let up and the fishing has improved. There's lots of discussion about how high pressure systems and "bluebird sky days" affect the fishing and personally I haven't decided one way or the other. Many years ago I fished with a professional bass fishermen who taught me that when the wind picks up we should throw spinner baits and bladed baits like the Mepps spinner across wind-blown points and grass beds. He was right and this past week, despite the difficult fishing conditions, white and chartreuse spinner baits helped us catch some really nice pike and bass.



Sometimes when the bite is off, I'm willing to swap some big fish for numbers of fish any day!

A quick update on the loons. It looks like the nests survived the high water levels and we've seen a whole bunch of baby loons riding along their parents backs. This is such good news for all of us loon lovers! Hopefully we will have a great loon count next month!

Mike Guarino can be contacted at 465-4333  
[www.mainewildernesstours.com](http://www.mainewildernesstours.com)



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## Pet World

## Losing Weight with Your Pet

The summer is the BEST time to get in shape and lose weight! Looking for a workout partner? Look no further! Research has shown that exercising with your pet can increase your compliance rate with your OWN exercise routine, and keep you from quitting!

For the past two months, we have been promoting weight loss and health in pets AND their people through a Biggest Loser-like challenge. Each week, the pet-owner combo weighs in here at the clinic, and receives a take-home prize. At the end of 3 months, the pet-owner combo, pet, and owner who has lost the most weight will win fun prizes! All of the owners can choose how best to control their diet, whether it be calorie-counting, Weight Watchers, or just making a few changes. The dogs are monitored on a calories-in diet provided by their veterinarian. The owners are encouraged to exercise with weekly challenges, such as 30 squats before each meal, or planking for 30 seconds per day, and then a fitness walking routine is formulated for each dog.

So far, the results have been astounding! Our biggest loser dog has lost 7.55% of his

body weight, and our biggest loser owner has lost 4.52% of her body weight! In keeping with the research, this dynamic duo is an owner-pet team, and they're keeping each other in shape.

Interested in losing weight with your pet? The easiest way to start is with three 20-minute walks per week. If you are unsure of your pet's fitness level, check with your veterinarian! They may be able to do more, or have advice on how to start their weight loss more slowly.

Always check with your own physician before starting a fitness routine, and look to set realistic weight loss goals.

In the summer, it is important to hydrate both yourself and your pets for these walks, and try to exercise when it's not TOO hot out. The most important thing about any fitness plan is to make it a ROUTINE. They say it takes about 30 days to make a habit, so plan out a fitness calendar for yourself and your furry friend this July, and stick to it!

*Pet World, a bi-weekly column by Dr. Eleanor Sabeian, or Dr. Jennie Marvelle. They can be reached at Lakeside Veterinary Clinic lakevets@roadrunner.com or by phone at 465-7387*

### 2012 Maine Agricultural Fairs

For a great family fun outing, Maine's Agricultural Fairs top the list. Food, rides, exhibits, competitions, and especially animals are an attraction for all ages. Details are available at [www.getrealmaine.com](http://www.getrealmaine.com)

Houlton Fair – July 4-8  
 Ossipee Valley (South Hiram) – July 12-15  
 Waterford World's Fair – July 20-22  
 Pittston Fair – July 26-29  
 Bangor State Fair – July 27-August 5  
 Northern Maine Fair (Presque Isle) – July 27-August 4  
 Monmouth Fair – August 1-4  
 Athens Wesserunsett Valley Fair – August 3-5  
 Topsham Fair – August 5-12  
 Skowhegan State Fair – August 9-18  
 Union Fair and Wild Blueberry Festival – August 18-25  
 Acton Fair – August 23-26  
 Piscataquis Valley Fair (Dover-Foxcroft) – August 23-26  
 Windsor Fair – August 26-September 3  
 Blue Hill Fair – August 30-September 3  
 Harmony Free Fair – August 31-September 3  
 Springfield Fair – August 31-September 3  
 Clinton Lions Fair – September 6-9  
 Litchfield Fair – September 7-9  
 Oxford County Fair – September 9-16  
 New Portland Lion's Fair – September 14-16  
 Farmington Fair – September 16-22  
 Common Ground Country Fair (Unity) – September 21-23  
 Cumberland Fair – September 23-29  
 Fryeburg Fair – September 30-October 7

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**SIDNEY-MESSALONSKEE/SNOW POND** - Casual elegance. Quality, 3,200+SF Contemporary Cape w/200' frontage. Westerly views. Stunning cathedral interior, gorgeous stone dbl fireplace, granite counters, cherry floors, master suite, FR, lrg deck, dock, more. Beautiful! MLS #1057459 \$775,000



**WEST GARDINER-COBBOSSÉE** - Lakefront home built in 2005. Gorgeous setting w/sandy beach area & dock. Large concrete patio overlooking lake. LR w/cathedral ceiling & stone hearth w/views! 3BR, 2.5BA, attached 2 car grg & FR above. Lots of privacy! Like new! WOW! MLS #1020591 \$649,000



**SIDNEY-MESSALONSKEE LAKE** - Remarkable Log home. Unique property with bunkhouse/garage & your own tennis court! Spectacular interior with stone fireplace, wood beams & cathedral ceilings. Year round or seasonal living. MLS #1038013 \$499,000



**VASSALBORO-WEBBER POND** - Prettiest piece of property! 45 acres, farmhouse, barn, PLUS 2+ AC Acreage w/ 1200' of road frontage, beautiful flat, open land, apple orchard, well landscaped. House has updated windows, siding, needs further updates. MLS #1018939 \$325,000



**WINTHROP-COBBOSSÉE LAKE** - Incredible expansive views from this 2BR Cottage. Level 1/2 acre lot w/ 125' of water frontage. Large LR w/stone fireplace, eat-in kitchen & full bath. 2BR upstairs & bunkhouse. Really nice location! MLS #1040189 \$250,000



**WINTHROP-MARANACOOK LAKE ROW** - Contemporary style, offers 3 levels of living space. Open kitchen/LR with cathedral ceiling, 3+BR and 2 baths. Huge garage with rec room above. In popular Winthrop! MLS #1017527 \$209,000



**MONMOUTH-WILSON POND** - Enjoy gorgeous views from your Master BR & back deck! 5BR, 2.5BA, 3200 SF Colonial. Ample storage, 2.5 car heated grg. This homes' open concept makes it perfect for entertaining or sit & enjoy the peaceful breeze off the lake. A MUST SEE! Mls #1050520 \$385,000



**PITTSBURY-KENNEBEC RIVER** - Private waterfront setting to enjoy this newer 3BR, 3BA Ranch. Large deck & doors for water views from LR, DR & Master BR. Floor to ceiling brick FP, great kitchen w/large island & plenty of storage, laundry room & attached garage. Mls#1056804 \$289,900



**WAYNE-POCASSET LAKE** - Spectacular waterfront home w/sandy beach & special features throughout. Birch kitchen w/granite counters, cedar vaulted ceilings, master BR suite w/loft, 4 BRs. Pristine & elegant. Dignity by water's edge. Custom furniture available. MLS #917008 \$479,900






Business


Environmental Quality Incentives Program Sign-Up Deadline July 2

**Wilton Free Public Library** **When:** Tuesday, July 3  
**welcomes** **Where:** Wilton Free Public Library  
**Time:** 1:00 p.m.

**Donn Fendler**  
**of *Lost on A Mountain in Maine***



Donn Fendler, of *Lost on A Mountain in Maine*, will be at the Wilton Library to discuss his experience as a young boy lost on Mount Katahdin. He will be available to chat with students after his talk, as well as sign both *Lost on A Mountain in Maine* and his newest book, a graphic novel titled *Lost Trail: Nine Days Alone in the Wilderness*. Devaney, Doak and Garrett Booksellers will sell both of these books at the event.

 This program will be interpreted in American Sign Language.

For more information, contact Cassie at 645-4831 or wfplkids@wilton-free.lib.me.us

Agricultural producers are reminded that requests for 2013 assistance through the Environmental Quality Incentives Program (EQIP) administered by the USDA Natural Resources Conservation Service (NRCS) are due by July 2, 2012.

The general EQIP program offers technical and financial assistance to agricultural producers, including woodland owners, to implement conservation practices such as: grassed waterways and diversion ditches, cover crops, conservation crop rotation and tillage, and mulching.


EQIP funds are available to assist producers in addressing such concerns as soil and water quality, grazing land conservation, animal waste management, forest stand improvement, and irrigation water management. Any producer engaged in livestock, crop, or forest production on eligible land may apply for EQIP. Eligible land includes cropland, pastureland and private non-industrial forestland.

For lands with an irrigation history, EQIP offers technical and financial assistance to growers for irrigation-related practices such as irrigation sprinkler systems and irrigation storage reservoirs.

NRCS accepts applications on a continuous basis. However, only applications which are received by July 2, 2012 will be considered for general EQIP funding in fiscal year 2013. Applications received after this date will be considered for funding in 2014.

Producers interested in the EQIP Program should visit the 107 Park St, Farmington USDA Service Center to complete an application and begin the conservation planning process. For additional program information visit the Maine NRCS website at [www.me.nrcs.usda.gov](http://www.me.nrcs.usda.gov).

NRCS, in existence since 1935, is the lead conservation agency that helps farmers conserve, maintain and improve natural resources through science-based conservation efforts, technical assistance and incentive-based programs.



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Practice Manager: Wendi Wainer

Summer 2012

Dear Belgrade Community:

Welcome to the beautiful Belgrade Lakes Region. We at the Belgrade Regional Health Center hope you enjoy your stay and enjoy good health during your visit. We look forward to the return of our summer residents, as well as visitors to the area.

In case you do have a health concern while visiting, we are available to treat acute problems, as well as chronic health conditions. Please call us for an appointment at 495-3323. We will see you as soon as possible at the health center. Our appointment hours are Monday through Friday, 8 a.m. to 12:30 p.m. and 1:30 p.m. to 4:30 p.m., and Tuesday evening from 5 to 7 p.m..


If you have a major medical emergency such as chest pain, a severe breathing problem, cardiac condition, or major trauma, please call 911 or go to the nearest emergency room.

If you have a minor health condition such as poison ivy, a fish hook, laceration, etc, please try to call before arriving at the health center. We accept patients on a walk-in basis, but you will be asked to wait until our regularly scheduled patients are seen. If you call ahead, we can give you a scheduled appointment and likely reduce your wait.

We are located at 4 Clement Way, just off Route 27, 3 miles north of the intersection of Routes 27 and 135. We look forward to seeing you for any of your healthcare concerns. For more information call 495-3323 or visit [www.BelgradeCHC.org](http://www.BelgradeCHC.org).

Sincerely,

Amy Madden, MD  
Megan O'Brien, FNP  
Jessica Hopkins, LCSW  
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**BELGRADE –** GNicely maintained 3 bedroom, 2 bath home in Belgrade Lakes Village. Gas fireplace, large front porch, mudroom and deck. Detached garage and separate office/shop building. Lots of storage and automatic generator system. (1054951) **\$199,900**



**VIENNA~** Enjoy spectacular views from this remodeled cottage on Flying Pond with 100' of frontage. Interior totally remodeled with new pine, flooring and cabinets. Large family room with lake views in walk out basement. Just move in and enjoy! (1051972) **\$184,000**



**BELGRADE~** Spacious camp with deeded access to beautiful Sandy Cove beach and sunset views. Open floor plan, Newer sun room addition, 1 and 1/2 baths. Large Deck, Storage shed, very private setting just steps from the beach. (1054601) **\$149,900**



**ROME-LONG POND ACCESS~** Nice, level, wooded, corner lot, 0.7 acres with shared beach and recreation area. (1052949) **\$20,000**



**SMITHFIELD~** Brand New water front cottage on East Pond with large deck overlooking the lake! Beautiful sunset views, only 50+/- ft. from the 200+ ft. of frontage & new dock system. All pine interior, wood & tile floors with open kitchen/living room. Finished daylight. (1047434) **\$259,900**



**ROME~** Newly finished custom designed home on private lot. Features include 1-2 bedrooms, loft, 2 baths, beautiful stone fireplace, enclosed sunroom and access to nearby shared beach and separate boating area on Long Pond. Abuts Kennebec Highlands Conservation Area. (1053955) **\$175,000**



**ROME~** Spacious kitchen, 4 bedrooms, 2 baths, living room, dining area, deck, short walk to Belgrade Lakes Village amenities, private backyard. (1056540) **\$124,500**



**ROME~** Maine getaway on private lot. Cozy A-frame within walking distance to Rome Town Beach on Great Pond. (1057051) **\$59,900**



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