

# Summertime in the Belgrades



... Serving the Central Maine Lakes & Kennebec River Corridor

— A Cider Mill Press Publication —

VOLUME 14, NUMBER 1

## Summer of 2012: Bring On The Magic!

by Esther J. Perne

**T**he woods: a canopy of green. The waters: a shimmer of silver. The fields: a carpet of color.

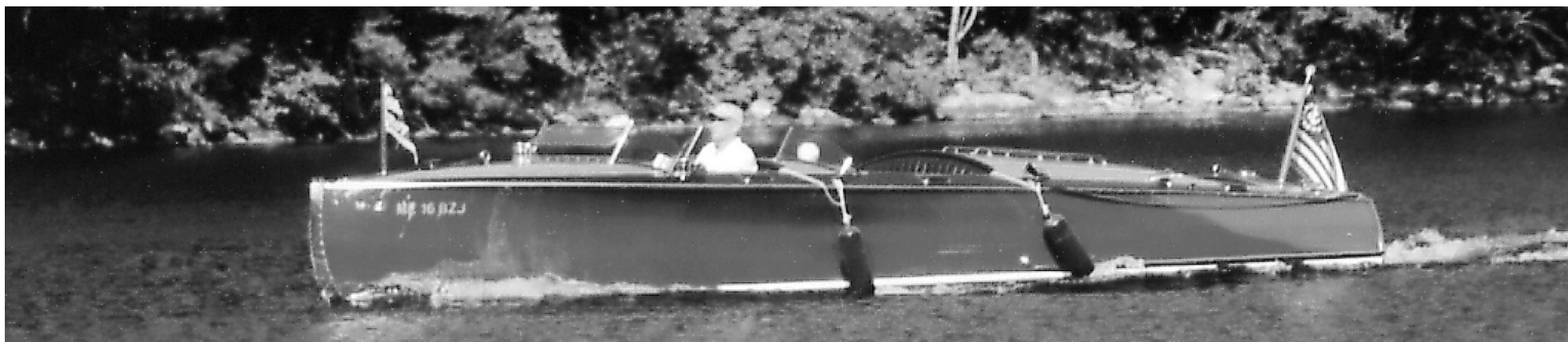
Summer is here with all its lessons in renewal, with all its reminders of the perseverance of nature, with all its magic for those who live here, summer here or just pass through – and then return time and again.

With all the changes around the globe and across the continent this corner of the world, this lake



with those children and grandchildren who cannot be given the unbridled, seemingly safe freedom that previous generations enjoyed but who still can be granted the world of bare feet and freckling faces, of awkwardly-mastered paddling and rowing, of quiet (and electronic free) picnics and cook-outs, of day camps and nature classes, of long days and lazy sunsets, and of ice cream dripping down a cone.

Let the magic begin with hiking and biking (and



country, retains a refreshing stock of unchanging qualities, where memories once-upon-a-time made can still be rediscovered and where like magic each new summer is another opportunity to enjoy the rewards of the season and to regroup for the challenges ahead.

Let the magic begin with a stepping back – back

in time, back in space, back in place to the process and the rituals of the opening/airing of a camp, to the echo of the “welcome back” greeting, to the posting of summer hours (longer not shorter) in small town businesses, and to the visiting of old haunts for boating, for fishing, for thinking.

Let the magic begin with the future generations,

wheelchairing), with National Trails Day and the dedication of new trails in Waterville and Skowhegan and with the dreams of future trails – a connection from Gardiner to Richmond and, biggest dream of all, the entire East Coast Greenway.

*Continued on page 2*

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Continued from page 1

Let the magic begin with gardening and growing, with visits to markets and farms and open spaces and greenhouses. Let a single plant take hold in a child's life – a pumpkin, maybe, or a bean – and live through the magic of food in the making.

Let the magic begin with festivals and fairs and a family outing called Fiber Frolic where fun is wholesome and the fiber animals are warm and fuzzy.

Let the magic begin with the small towns of Maine, with the art and the music, the celebrations and fests

Let the magic begin with the lakes, with the breezes cooling and lulling, the water mirror-perfect or lapping or even turbulent with white caps but always a companion and friend.

Let the magic begin with the nearest picnic table, the first patch of wild strawberries, the next wink of a new moon and the best hug a child has been given.

Summer is here! Bring on the magic.



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**June 2, 2012 at 9:30am**  
"National Trails Day"  
**Joyce Street Entrance**  
Next to the Water Pollution Control Plant



*Thanks to our Major Supporters and Funding Resources*

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- Riverfront Community Development Bond (DECD)
- Maine Recreational Trails Funding Program
- New Balance Foundation
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## Welcome Letter

Dear Readers:

Welcome to the summer of 2012. As always, it is good to be back sharing with you the highlights – historical, cultural, recreational, and natural – of this unique area.

Even before summer is fully launched there is already that familiar feeling of promise to the season. A mild winter, unusually high temperatures and early ice-outs, flowers and lawn mowing have contributed to this year's sense of summer. The many meetings and mailings throughout the fall, winter and spring to lay plans for the summer season on the part of associations, businesses, and environmental groups have also kept the summer of 2012 in focus.

And now it's here. The summer of 2012 provides a renewed opportunity to get close to the outdoors, to enjoy family, community and friends, to take part in the amazing range of seasonal celebrations and activities, and to read *Summertime in the Belgrades*.

*Summertime's* pages more than ever will be full of suggestions for outings and events, most of them free, accessible, family-oriented and fun. Topics timely to the region – fishing, gardening, outdoor concerts, water sports, fairs and festivals – will be part of our weekly coverage, along with write-ups about history, conservation and current trends of concern and interest.

Again, *Summertime's* popular columns will be back for the season: Guide Mike Guarino's everything the angler wants to know about fishing and more, Dr. Eleanor Sabeau's veterinary advice for pet care, the Kennebec County Soil & Water District's very helpful coverage of conservation, and the Friends of Cobbosee Watershed's contribution of news and activities in their chain of lakes and communities.

New columns this season will include: "Milfoil Matters," a weekly account by lake-dweller Lynn Mattson about the Belgrades (and beyond) leading-edge proactive projects for removing invasive aquatic plants and "Katy's Column" by author and commentator Katy Perry who will share views and news from the Kennebec Corridor and from Hallowell as that community celebrates its 250th anniversary.

In the area of special acknowledgements, we wish good luck and happy hiking to regular contributor, Peter Kallin, who recently retired as executive director from the Belgrade Regional Conservation Alliance.

No season of *Summertime* is complete without our loyal advertisers, not only because they support us, which they do and we thank them, but because they provide the goods and services, the long hours and late nights, the helpful information and the smiles that make this region such a welcome place for visitors, vacationers and residents.

Yes, it's here, the summer of 2012. We look forward to seeing you as we make the delivery rounds, pick up our mail, attend those awesome summer events and meetings, and share the region with you through the pages of *Summertime in the Belgrades*.

*Esther and Erle, Michael, Gregor, and the grandboys Corey and Ethan*

## Summertime in the Belgrades

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## Legacies

On Saturday, June 2, REM will hold its annual Community Volunteer Awards Ceremony from 2:00 to 4:00 p.m. in the Waterville Opera House. The public is encouraged to attend.

REM, whose initials stand for “Revitalizing the Energy in Maine,” is a Waterville-based nonprofit that promotes civic engagement. According to its website, REM “supports a network of citizen volunteers working to improve the quality of life in Central Maine. In REM, work is cooperative, diversity is honored, self-reliance is promoted, and civic life is renewed.”

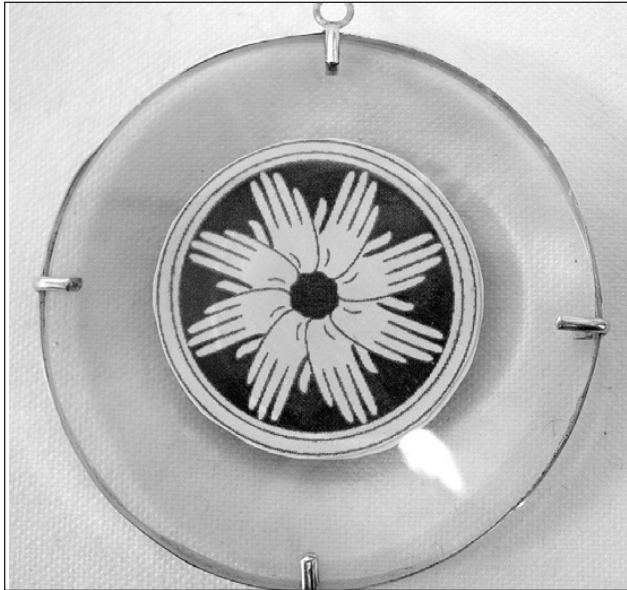
Each year, REM holds a ceremony where REM and other area nonprofit organizations each honor one or more volunteers of their own choosing. Each honoree receives a crystal medallion, two inches in diameter, which can be displayed on a wooden stand or attached to a handmade, beaded necklace.

Usually, the ceremony is held in the fall or winter, but this year, REM decided to wait until spring to take advantage of the newly renovated and reopened Opera House. At this year’s ceremony, the following organizations will be honoring volunteers: the Alford Youth Center, Hardy Girls Healthy Women, Hospice Volunteers of the Waterville Area, Inland Hospital, the Kennebec Montessori School, the Kotlas - Waterville Area Sister City Connection, MaineGeneral Health, the Mid-Maine Homeless Shelter, REM, and Spectrum Generations.

According to Faye Nicholson and Jackie Dalton, REM’s Co-Executive Directors, “Some stars get big bucks for throwing balls through hoops, getting battered on the football field or singing rap music. The real stars live right here and give of their lives and hearts for no pay at all. They literally change our lives. And for them we invite you to join us at the REM Awards. The real winners will be you.”

During the ceremony, REM will present a PowerPoint slide show with a segment about each honoree and the organization that he or she serves. In between segments of the slide show, young dancers from the TNT Dance Studio of

## Community Stars to Shine At REM Awards



Each honoree receive a crystal medallion.

Fairfield, young violinists from the Pineland Suzuki School of Augusta, and local vocalists Maureen Vachon and David Deas will entertain the audience. Eric Leimbach, a former local radio host who now teaches fourth grade at Madison Elementary School, will be the master of ceremonies.

The ceremony will also see the release of the 2012 edition of the REM Partners Directory. The REM Partners is a loose coalition of more than fifty schools, hospitals, churches, and other Central Maine non-profit organizations con-

vened by REM to “work together to identify community problems and develop programs to address them.” Each year, REM produces a directory bearing a half-page description of and contact information for each of the REM Partners. The directory is released at the REM Awards Ceremony and is distributed throughout the year at businesses, hospitals, and other public places in Greater Waterville. One can also download the directory from REM’s website.

The ceremony will be video-recorded by Central Maine Community Access Television for later broadcast. Central Maine CATV broadcasts on the Time Warner public access channel in Fairfield, Albion, Benton, Clinton, China, Waterville, Winslow, Oakland, and Vassalboro.

After the ceremony, the audience will be able to greet the attendees and congratulate them individually at a reception to be held in the REM Forum, across the skywalk and down two flights of stairs. The food will be prepared by Dreamers’ Creative Catering, REM’s own volunteer-run, food-service operation.

Admission to the ceremony and reception is free, but donations will be gratefully accepted. For more information about the day’s festivities, one may call the REM office at 873-4444 or visit [www.rem1.org](http://www.rem1.org).

## Colby Grads Offered Life Advice from Former Prime Minister Tony Blair

When Waterville’s Colby College held its 191st commencement this year, a very unique guest speaker, former British Prime Minister Tony Blair, delivered the commencement address to the 465 members of the Class of 2012. Blair, who now works to promote peace, respect, and understanding worldwide, shared seven lessons, excerpted here as follows:

- One: Never stop learning. Carry on. Have the humility always to know that you can learn more. Successful people are not defined by a restless search for fame and fortune but by an insatiable desire to be better and an infinite curiosity as to how. They’re perpetual voyagers on the journey of self-improvement.
- Two: Maintain an open mind to those of different faiths, cultures, races, and nations.
- Three: Giving is as good as getting. Compassion is as important as ambition. Don’t just choose a career, choose a cause.
- Four: Friendship matters, and family matters most. It’s in the family that you learn one of the most important lessons of life: that it is not all

about you.

- Five: Be a leader, not a follower. Be a doer and not a critic. Progress is forged by the courage of the change-maker. Courage is not the absence of fear, it’s the overcoming of fear... All leaders have their doubts, anxieties, periods of acute lack of confidence, worry.

- Six: Make use of the interconnected world. It’s a fascinating and energizing and exciting world out there. Take advantage of it. See the world. See its possibilities.

- Seven: This time of challenge presents unprecedented opportunity and hope for the future.

“Have confidence,” said Blair. “Because we’re not an empire based on interest but a way of life based on values. And those values – democracy, liberty, the equality of each human being regardless of race and religion, faith, or gender, free enterprise, fair play – these values that define your nation at its best and my nation at its best – they’re not a monument to our past, they are humanity’s best hope for the future.”



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## Milfoil Matters

## Milfoil In Great Pond

by Lynn Matson

Belgrade Lakes, Maine. For many of us the name is almost magical. It's a refuge from that other world...a place with deep family traditions...where kids learn to swim, fish and boat...where life takes on a whole new meaning...where time almost stands still.

At the center of it all is our lakes. It's our lakes that brought us all here and that bind us together. It's our lakes that we most cherish and most want to preserve for the generations to come. And it's our lakes that are at great peril threatened by a small feathery aquatic plant called milfoil.

No one is sure how it got here...maybe on a boat propeller, the bed of a boat trailer or even a duck decoy. But what is certain is that variable milfoil is in Great Pond. And without action, our lakes may never be the same again.

A thick mat of milfoil could grow around virtually the entire shoreline of Great and Long Ponds...all the way out to where the water is 15' to 20' deep. Once an area is infested with milfoil, we can't swim in it or navigate a boat through it.

Like it or not, we are in for one tough fight with this aggressive invader. There's an awful lot at stake...loss of a traditional way of life...and an uncertain future for generations to come.

But there is good news. The milfoil is now confined to a very small area in Great Pond. With aggressive action, it's believed the milfoil can be contained so that it will not spread to other parts of the lake. Achieving this kind of success will require an all out effort. Every one of us is going to have to play a part to stop this milfoil.

The first thing we have to do is fully understand the threat posed by this invasive plant. A special edition of the Belgrade Lakes Association – "BLA" (representing Great and Long Ponds) newsletter was the initial step in a campaign designed to educate shorefront property owners, renters, visitors and the watershed communities about milfoil. Copies are available at the Maine Lakes Resource Center on Main Street in Belgrade Lakes Village.

Subsequent steps have included initiating a BLA Stop Milfoil Capital Campaign for \$500,000,

obtaining a "Surface Use Restriction" from the Maine Department of Inland Fisheries and Wildlife and the Department of Environmental Protection, and hiring New England Milfoil, a professional milfoil mitigation company, to begin removal work in the infested area (North Bay) for nine nonconsecutive weeks, which will be complemented by Belgrade Regional Conservation Alliance volunteers and Colby College interns. commencing May 21.

With the campaign in place, it is time to expand reach of the education and to provide more extensive feedback on the Stop Milfoil effort. To date the news is good.

By the end of May, the capital campaign has received \$129,355 in pledges and donations from 156 individuals, New England Milfoil has removed 1200 gallons of the invasive plant, and their survey of the infected area shows no spreading since last summer.

For more information or to volunteer or to donate, call 512-5554 or visit [www.belgradelakeassociation.org](http://www.belgradelakeassociation.org)

## Conservation

Kennebec Messalonskee Trails, the City of Waterville and Waterville Main Street will host a walk and celebration of the opening of the "Waterville Connector Trail" and the "2-Cent Plaza" on National Trails Day, Saturday, June 2nd.

The 2-mile Waterville Connector Trail, which extends from Waterville's Quarry Road Recreation Area across the 2-Cent Bridge to the Winslow School Trails is the first trail in the community to connect several of the shorter trails already developed. It is paved throughout, is handicapped accessible, and is the first trail to transition between off-road trails and City streets with sidewalks and bicycle lanes. An informational kiosk is located at the 2-Cent Plaza overlooking the Kennebec River.

The National Trails Day event will start at 10 am at two locations. A 2-mile walk will start at the North Street end, opposite MaineGeneral's Thayer campus Emergency Room entrance, while those with limited mobility or in wheelchairs will start at the parking lot of the Pleasant

Street Methodist Church and proceed 0.4 miles. Starting at 11 am a celebration will take place at 2-Cent Plaza, followed by Health and Wellness activities hosted by Waterville Main Street.



Waterville: Inland Hospital Trails.



Augusta: Approach to Bond Brooks Trails.

Waterville's many downtown will be open for lunch.

For more information visit [www.kmtrails.org](http://www.kmtrails.org) or call 592-0004.



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The 2012 Maine Fiber Frolic at the Windsor Fairgrounds on Saturday and Sunday, June 2 and 3, 9 am-4 pm, is a celebration of fiber, fiber animals and fiber arts and includes many animal barns, demo areas and exhibits.

For visitors in the fiber business the used equipment sale and the fleece barns are popular. There is an extensive range of materials for the creative set. For the children Dan Grady will present his “Marvelous Marionette Medley.” And there will be live entertainment all day Sunday with the “Potluck String Band.”

Admission is \$5 for adults, \$2 for seniors, children under 12 free. For more information visit [www.fiberfrolic.com](http://www.fiberfrolic.com)



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join us on National Trails Day!

# June 2

for the  
**Waterville Connector Trail  
and 2-Cent Plaza  
Grand Opening**

**10 am**  
Walkers start at North Street trailhead across from Thayer Hospital.

**11-3 pm**  
After your trek, join us for a day of Health and Wellness activities hosted by the local Waterville downtown businesses.

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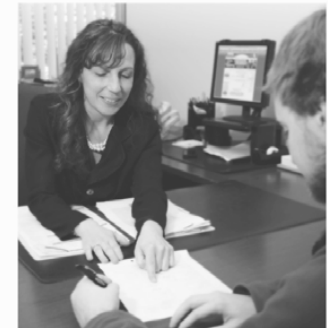
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## Notebook

### Augusta

• Luge Gold Medal Olympian Julia Clukey's Camp for Girls will be held June 20-30 at Camp KV, the Kennebec Valley YMCA Camp. Julia will work daily during the ten-day camp with the girls, grades 4-7, to build self-confidence and positive friendships and experiences based on the Camp KV values of caring, honesty, respect, and responsibility. Rates for the day camp are \$299 for Y members; \$325 for program members and \$350 for non-members. To register visit [www.kvymca](http://www.kvymca) or call 622-9622.

### Belgrade

• Polls will be open on Tuesday, June 12 from 8 am to 8 pm at the Belgrade Community Center for All Seasons for residents to vote on the ballot question that would designate the tax increment financing district, development program and credit enhancement agreement for a natural gas pipeline corridor from the Sidney town line along Routes 27 and 11, including Depot Street, to the Oakland town line. 495-2258

### Farmington

• The Arts Institute of Western Maine will offer a performance of Maine Mountain Chamber Music on Saturday, June 16 at 7:30 pm at Nordica Auditorium at the University of Maine at Farmington. Under the direction of Laurie Kennedy and Yuri Funahashi, the Maine Mountain Chamber Music concert will feature Suzanne Nance, who has performed with opera companies and orchestras in the United States and in Europe, most recently in Prague, London, Philadelphia, Chicago and New York. Admission is \$15, free for children under 16. <http://ArtsInstitute.org>

### Gardiner

• The 5th annual "Variations 5, an Exhibition of Art, Bodies of Text and Perspectives," will run June 15 through July 7. The exhibit highlights six ArtDog artists who each selected a form of text to be secretly exchanged every two weeks. The "writings," ranging from stories, to poems, to single verses to directions, were interpreted by each artist in any medium and in any way that inspired them. The exhibition is free and open to the public at the Circling the Square Fine Art Press Gallery Fridays 2-6 pm and Saturdays 10 am-4 pm. An Artists' Reception will be held Friday, June 15, 5-7 pm. 582-2108

### Hallowell

• Call for artists and artisans! Hallowell's 6th Annual Outdoor Art Festival will be held Sunday, July 1, 11

am-4 pm, on the Hallowell Riverfront in conjunction with the Kennebec Valley Chamber of Commerce "Whatever Family Festival." Other events on the riverfront boardwalk near the entrance to the Rail Trail will include Hallowellness and the Farmers' Market. The art show and sale feature original creations only; artists will be welcome as long as space permits. Space fees are \$15 for Kennebec Valley Art Association and/or Hallowell Board of Trade members and \$25 for all others. All applicants must register at Spinoff Studio, 629-9120 or [jprice@iaofmaine.org](mailto:jprice@iaofmaine.org). All artists who register before June 1 will be listed in the promotional material received on or before October 1, 2011. 622-3813

### Hinckley

• June Nature Camp will be held at the L.C. Bates Museum June 18-22 and 25-29, 9 am-12 noon with special programs for children of all ages. Cost is \$7 a day. 238-4250.

### Livermore

• Living History Days of Summer are back at Washburn-Norlands Living History Center starting Tuesday, July 3. Drop in tours of the historic 1800s mansion, farm, library, old schoolhouse and extended property will be offered to the public on Tuesdays and Thursdays throughout the summer. Tickets are \$10 each or \$25 per family. 897-4366

### Monmouth

• The Theater at Monmouth 2012 season opens on Saturday, June 23 with the children's show "The Little Prince," adapted from the book by Antoine de Saint-Exupery about a world-weary Aviator, stranded in the Sahara Desert, who encounters a mysterious little boy who shares his adventures through the galaxy. The show will be a matinee at 1 pm; it is also scheduled for June 30, July 7, 14 and 31, and August 2, 7, 12, 16 and 17. Tickets are \$12 for adults, \$9 for children. 933-9999

### Mt. Vernon

• Be a part of history! Interview, research, type or share memories, pictures and written materials. The Mount Vernon Historical Society is looking for volunteers, documents and pictures on the Elizabeth Arden estate. 293-2007

### Readfield

• Maranacook Summer Camps start June 18 and are scheduled through August, as follows:  
• Boys' Black Bear Basketball, grades 4-8, June 18-21, 8:30 am-3 pm, \$95  
• Co-Ed Black Bear Basketball, K-3, June 18-21, 8:30-11:30 am, \$65  
• Babysitter Training, ages 11-15, June 20, 8:30 am-3 pm, \$90

• Write On! High Above the Clouds, ages 10-12, June 25-29, 8:30-11:30 am, \$110  
• Girls Basketball, grades 4-8, June 25-29, 9 am-2 pm, Friday 9-noon, \$95  
• Track Experiences, ages 6-11, June 25-Aug 11, 5-6 pm, Mon and Tues, \$65  
• Track Experiences, ages 12-15, June 25-Aug 11, 5-6:30 pm, Mon and Tues, \$65  
• Write On! When Did That Happen? Ages 10-12, July 9-13, 8:30-11:30 am, \$110  
• Black Bear Baseball, grades 1-12, July 16-19, 9 am-noon, \$90  
• Art, ages 8-12, July 23-27, 9 am-noon, \$65  
• Gymnastics, ages 5 and up, July 23-27, noon-3 pm, \$100  
• Soccer, grades 4-8, July August 6-9, 9:30 am-2:30 pm, \$95  
• Little Kickers, ages 5-8, August 6-9, 9:30-11:30 am, \$55  
• Beginning Tennis, ages 6-10, August 6-10, 10-11 am, \$35

Camps are open to everyone. For more details or to register on line visit [maranacook.maineadulted.org](http://maranacook.maineadulted.org), or call 685-4923.

### Rome

• The Mt. Philip Grange monthly bean suppers are scheduled the 3rd Wednesday, 4:30-6 pm. Guests are invited to fill up on 3 kinds of beans, 2 types of American Chop Suey, hot dogs, coleslaw, bread and homemade pies. 2012 dates will be: June 16, July 21, August 18, September 15, October 20. Tickets are \$7, under 5 free, family of 4 or more \$20. To get on the mailing list contact [holtie@tdstelme.net](mailto:holtie@tdstelme.net)

### Sidney

• Spaces are available for craft tables, flea market items, and the auto/tractor swap at the 3rd Annual Sidney Historical Society Antique Car and Tractor Show to be held on Saturday, July 28, 8 am-2 pm, rain or shine, at the Silver Spur Riding Club. 649-9156 or 547-3342.

### Smithfield

• The Fairfield Grange Wednesday night summer supper schedule begins on June 13 and runs through August 8, with no supper on July 4. The menu will rotate turkey pie, baked ham and roast beef. Tickets are \$8, under 10 years \$4. The Grange is located on Route 8 in Smithfield.

### Waterville

• Mid-Maine Chamber of Commerce is teaming up with Ewaste Recycling Solutions to make it affordable for small businesses to dispose of computers/electronics, lamps, batteries, ballasts, and mercury con-

*Continued on page 12*

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## Calendar Directory

### TOWN BY TOWN...

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#### AUGUSTA

• Arboretum, 6 miles of year round walking trails open dawn to dusk, Visitor Center open Mon-Fri 9 am-4 pm, Viles Arboretum, 626-7989, [vilesarboretum.org](http://vilesarboretum.org), 153 Hospital St.

#### Capitol Complex, State Street

• **Maine State House**, Hall of Flags, House and Senate Rooms, Klir Beck dioramas, Mon-Fri 8 am-5 pm, book tours at Maine State Museum, walk-ins welcome 9 am-1 pm, 287-2301, [www.maine.gov](http://www.maine.gov)

• **Art in the Capitol**, Maine Arts Commission monthly self-guided exhibits in State House hallways (Mon-Fri 8 am-5 pm), Blaine House (call for times), and Maine Arts Commission Office (8:30am-4:30 pm), 287-6746, [mainearts.maine.gov](http://mainearts.maine.gov)

• **Governor's Mansion**, 1830 Blaine House, Tue-Thu 2-4 pm, 287-2121, [www.blainehouse.org](http://www.blainehouse.org)

• **Maine State Museum**, Tue-Fri 9 am-5 pm, Sat 10 am-4 pm, \$2 adults, \$1 ages 6-18, 287-2301, [www.maine.state.museum.org](http://www.maine.state.museum.org)

• **Maine State Library**, Mon-Sat opens 9 am, 287-5600, [www.maine.gov/msl/](http://www.maine.gov/msl/)

#### Other Museums

• **Children's Discovery Museum, CDM**, hands-on displays, actives, Tue-Thu 10 am-4 pm, Fri-Sat 10 am-5 pm, Sun 11 am-4 pm, admission, 622-2209, [www.childrensdiscoverymuseum.org](http://www.childrensdiscoverymuseum.org), 171 Capitol St.

• **Kennebec Historical Society**, Wed-Fri 10 am-2 pm, 622-7718, [www.kennebechistorical.org](http://www.kennebechistorical.org), 107 Winthrop St.

#### University of Maine at Augusta, University Drive

• **Danforth Gallery**, Jewett Hall, art exhibits, UMA-1234, [www.uma.edu](http://www.uma.edu)

• **Holocaust and Human Rights Center of Maine**, Michael Klahr Center, Mon-Fri 8 am-4 pm, 621-3530, [www.hhrc.uma.edu](http://www.hhrc.uma.edu)

• **UMA Fitness Trail**, 2 miles of wooded trails, near Civic Center

#### Riverfront/Downtown

• **Old Fort Western**, 1754 fort, house, store, 1-4 pm daily, admission \$6, 4-14 years \$4, 626-2385, [www.oldfortwestern.org](http://www.oldfortwestern.org) Cony St.

• **Riverfront Park**, boat launch, Greenway Trail, playground, eastside Kennebec River

• **Kennebec River Rail Trailhead**, Maine State Housing Authority parking lot, 623-8162, [www.krrt.org](http://www.krrt.org), Water St.

• **Museum in the Streets**, walking/history tour, [www.augustamaine.gov](http://www.augustamaine.gov), downtown.

• **Farmers' Market at Mill Park**, Tues 2-6 pm, 626-2305,

[www.farmersmarketmillpark.org/](http://www.farmersmarketmillpark.org/), North Water St.

• **Farmers' Market at Turnpike Mall**, 549-5112, Wed and Sat 10 am-1 pm, Western Ave.

#### BELGRADE LAKES

• **Great Pond Mailboat**, 215-7520, Mon-Sat, 10 am, Post Office, Main St.

• **Spring Gallery & Sculpture Garden, Modern Art Foundry**, Thu-Sun 11 am-5 pm and by appointment, 495-3113, [www.springgallerymaine.com](http://www.springgallerymaine.com), 81 Main St.

• **The Belgrade Community Center for All Seasons**, swimming, gym, playground, picnic area, rec programs, library, 495-3481, [www.belgrademaine.com](http://www.belgrademaine.com) 1 Center Dr.

• **Union Church Coffee House**, check for schedule, 7:30 pm, \$5, 495-3599, [www.unionchurchmaine.org](http://www.unionchurchmaine.org), Main St.

• **Belgrade Historical Society**, monthly meetings, 465-7924

• **Farmers' Market**, Sun 8 am-1 pm, Thu 2-6 pm, 465-7058, [www.belgradelakesfarmersmarket.org](http://www.belgradelakesfarmersmarket.org), Main St.

• **Peninsula Park on Long Pond**, picnic tables, Main St.

• **Maine Lakes Resource Center**, 512-5150, [www.dockstodorways.com](http://www.dockstodorways.com), 171 Main St.

#### FAIRFIELD

• **Fairfield Historical Society**, 1890 Cotton-Smith House, Tue 9 am-12 noon, 1-4 pm, 453-2998, [www.fairfieldmehistoricalicalsociety.net](http://www.fairfieldmehistoricalicalsociety.net), 42 High St.

• **Farmers' Market**, 948-5724, Wed 2-6 pm, Sat 9:30 am-1:30 pm, Nazarene Church parking lot, 81 Main St.

#### FARMINGTON

• **Farmington Historical Society**, 778-2835, Wed and Sat, 11 am-2 pm, July-August, 118 Academy St.

• **Nordica Homestead Museum**, opera singer Lillian Nordica costumes, jewelry, mementos, 778-2042, Tue-Sat 10 am-12 n and 1-5 pm, Sun 1-5 pm, 116 Nordica Lane, Holley Rd.

• **Contra Dance**, 491-9928, [www.starleft.org](http://www.starleft.org) 2nd Sat of the month, all welcome, 6:30-7:30 pm family dance, 8-11 pm regular dance, admission, Grange Hall, Bridge St, Rt 43, West Farmington

• **University of Maine campus and Arboretum**, four walking tours with informal guide pamphlet to campus trees, 581-1541, [www.umaine.edu/arboretum/](http://www.umaine.edu/arboretum/), downtown

• **Farmers' Market**, 778-6602, Fri 9 am-2 pm, Better Living Center parking lot, Front St; Saturday 8 am-12 noon, Main St.

• **Meetinghouse Park and Gazebo**, weekly concerts throughout summer, downtown

• **Fairgrounds**, events throughout summer, Franklin County Fair in Sept, High St.

#### GARDINER

• **Artdogs and Circling the Square Fine Art Press**, 1-5 pm Fri, 10 am-4 pm Sat, 582-2108, 275-277, Water St.

• **Johnson Hall Performing Arts Center**, 582-7144, [www.johnsonhall.org](http://www.johnsonhall.org) 280 Water St.

• **Farmers' Market**, 582-3100, [www.gardinerfarmersmarket.org](http://www.gardinerfarmersmarket.org), Wed 2-6 pm, rain or shine, The Common

• **Kennebec River Rail Trail**, terminus near Gardiner/Randolph Bridge, 6.5 miles to Augusta

o Waterfront Park, picnicking, events throughout summer, Kennebec River

o **The Center for Maine Craft**, 9 am-6 pm daily, 588-0021, [www.maineecrafts.org](http://www.maineecrafts.org), West Gardiner Service Plaza, Route 126 off Routes 95 and 295

#### GREENE

• **Araxine Wilkins Sawyer Memorial**, free monthly entertainment programs, 946-5311, [www.sawyer-foundation.com](http://www.sawyer-foundation.com), 371 Sawyer Rd, off Rt 202

#### HALLOWELL

• **Harlow Gallery, Kennebec Valley Art Association**, 622-3813, [www.harlowgallery.org](http://www.harlowgallery.org) Wed, Thu, Sat, 12-6 pm, 160 Water St.

• **Gaslight Theater**, 626-3698, [www.gaslighttheater.org](http://www.gaslighttheater.org) City Hall, 1 Winthrop St.

• **Museum in the Streets**, history/walking tour, [www.historichallowell.org](http://www.historichallowell.org), downtown

• **Farmers' Market**, 622-1350, Sun 11 am-3 pm, north end of Water St.

• **Vaughn Woods**, 166 acre park/trails, Middle St.

• **Kennebec River Rail Trail**, to Augusta, Farmingdale/Gardiner, downtown

• **Waterfront Park**, weekly summer concerts, North Water St.

#### HINCKLEY

• **L.C. Bates Museum at Good Will-Hinckley School**, early 20th century natural history and cultural exhibits, nature trails, adults \$3, up to 17 years \$1, 238-4250, [www.gwh.org](http://www.gwh.org) Wed-Sat 10 am-4:30 pm, Sun 1-4:30 pm, Rt 201

#### KINGFIELD

• **Reinhart Gallery Art Center**, 266-4656, 245 Main St, [www.ianreinholdt.com/gallery.html](http://www.ianreinholdt.com/gallery.html)

• **Ski Museum of Maine**, by appointment, 265-2023, 256 Main St, [www.skimuseumofmaine.org](http://www.skimuseumofmaine.org)

• **Stadler Gallery**, 265-5025, 12-4 pm daily or by appointment. 225 Main St, [www.stadlergallery.com](http://www.stadlergallery.com)

• **Stanley Museum**, 265-2729, [www.stanleymuseum.org](http://www.stanleymuseum.org), memorabilia/displays on Stanley Steamers, Tue-Sun 1-4 pm, 40 School St.

#### LIVERMORE

• **Washburn-Norlands Living History Center**, 18<sup>th</sup>-19<sup>th</sup> century mansion/farmstead/schoolhouse, library, chapel, 897-4366, [www.norlands.org](http://www.norlands.org), admission, living history tours Tue and Thu 1-4 pm, 290 Norlands Rd.

#### MADISON

• **Lakewood Theater, Maine's Summer Theater, Young Performers Camp**, 474-7176, [www.lakewoodtheater.org](http://www.lakewoodtheater.org), Rt 201

• **Skowhegan School of Painting and Sculpture**, 474-9345, [www.skowheganart.org](http://www.skowheganart.org), summer evening artists lecture series, East Madison Rd.

#### MONMOUTH

• **Monmouth Museum**, local and regional Maine history, Wed-Sun 1-4 pm, 933-2287, [www.monmouthmuseuminc.org](http://www.monmouthmuseuminc.org),

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751 Main St.

• **The Theater At Monmouth**, The Shakespeare Theater of Maine, Cumston Hall, 933-9999, [www.theateratmonmouth.org](http://www.theateratmonmouth.org), Main St.

## MOUNT VERNON

• **D.E.W Animal Kingdom**, Zoo, 293-2837, [www.dewanimalkingdom.com](http://www.dewanimalkingdom.com), Tue-Sun 10 am-5 pm, \$10, 918 Pond Rd, Rt 41

## NEW PORTLAND

• **Nowetah's American Indian Museum and Craft Shop**, 628-4981, daily 10 am-5 pm, free, 628-4981, 2 Colegrove Rd, Rt 27, [www.nowetahs.webs.com/](http://www.nowetahs.webs.com/)  
• **Wire Bridge**, 1864, probably only wire suspension bridge in U.S., off Rt 27

## NEW SHARON

• **Farmers' Market**, Sat 9 am-1 pm, Douin's Market, 491-9025, 150 Mercer Rd, Rt 2

## NORRIDGEWOCK

• **Norridgewock Historical Society Museum**, 1838 building, Sat 10 am-3 pm, 634-5032, [www.norridgewock.com](http://www.norridgewock.com), Mercer Rd, Rt 2  
• **Osoola Park**, picnic area, great playground, boat launch, on Kennebec River, Rt 8

## OAKLAND

• **Macartney House Museum**, Oakland Area Historical Society, 465-7549, Wed 1:30-4:30 pm, 1815 home with antique furnishings and Oakland artifacts, 25 Main St.

## READFIELD

• **Readfield Historical Society and Museum** in 1823 schoolhouse, 685-4662, [www.readfieldhistorical.org](http://www.readfieldhistorical.org), Thu and Sat 10 am-2 pm or by appointment, Rt 17, Readfield Depot

## ROME

• **Mt. Philip Grange**, suppers 3rd Sat of month, 4:30-6 pm, all you can eat beans, cornbread, rolls, chop suey, pies, Rts 135/225  
• **Trails: Mount Philip** on Rt 225; The Mountain on Rt 27; French's Mountain and Kennebec Highlands, Watson Pond Rd; 495-6039, [www.belgradelakes.org](http://www.belgradelakes.org), maps available at BRCA, Belgrade Lakes

## SIDNEY

• **New England Music Camp**, concerts free and open to the public, famous Bowl-in-the-Pines on Lake Messalonskee, 465-3025, [www.nemusiccamp.com](http://www.nemusiccamp.com), Rt 23  
• **Sidney Historical Society**, 547-3142, <http://www.rootswweb>  
• **Silver Spur Riding Club**, horse shows, [www.silverspur-maine.com/](http://www.silverspur-maine.com/), River Rd/Rt 104

## SKOWHEGAN

• **Margaret Chase Smith Library**, residence, home, museum exhibits, 474-7133, [www.mcslibrary.org](http://www.mcslibrary.org), free, Mon-Fri 10 am-4 pm. 54 Norridgewock Ave.  
• **History House Museum**, 1800s local history and cul-

ture, 474-6632, [www.skowhegan.com/historyhouse](http://www.skowhegan.com/historyhouse), Tue-Fri 1-5 pm, Elm St.

• **Fairgrounds**, weekly horse shows/competitions at covered arena, Skowhegan State Fair in Aug, 474-3621, Madison Ave.  
• **Farmers' Market**, Wed 3-6 pm, Sat 9 am-1 pm, weekly entertainment, 938-3906, SSomersset Gristmill parking lot, downtown

## SMITHFIELD

• **Fairview Grange** suppers, 362-2791, every Wed in summer, 5 pm, Village Rd, Rt 8  
• **Sunbeam Roller Rink**, Wed, Fri, Sat 7-10 pm, 362-4951, 830 Village Rd, Rt 8  
• **Sunset Camps**, public beach, 362-2611, [www.sunset-camps.com](http://www.sunset-camps.com), Village Rd, Rt 8

## UNITY

• **Unity College Centre for the Performing Arts**, folk genre music, 568-3147, [www.unitymaine.org](http://www.unitymaine.org), 42 Depot St.

## WATERVILLE

• **Aqua City Actor's Theatre (ACAT)**, 873-7000, [www.acattheatre.org](http://www.acattheatre.org). Waterville Opera House Studio Theater, Main St.  
• **Museum in the Streets**, downtown history/walking tour, [www.the museum in the streets.com/waterville.htm](http://www.the museum in the streets.com/waterville.htm)  
• **Two Cent Bridge**, historic foot bridge over Kennebec River, Head of Falls park/events area, Front St.  
• **Colby College Museum of Art**, 859-5600, [www.colby.edu/museum/](http://www.colby.edu/museum/) Tues-Sat 10 am-4:30 pm, Sun 12-4:30 pm, free, Colby College Campus, Mayflower Hill  
• Thomas College Art Gallery, 180 West River Rd.  
• **Waterville Historical Society Redington Museum**, 1814 home, pharmacy, 872-9439, [www.redingtonmuseum.org](http://www.redingtonmuseum.org). Tue-Sat tours at 10 and 11 am, 1 and 2 pm, 62 Silver St.  
• **Waterville Opera House**, 873-7000, [www.operahouse.com](http://www.operahouse.com), 93 Main St.  
• **Farmers' Market**, Thu 2-6 pm, 680-2055, [www.waterville-farmersmarket.org](http://www.waterville-farmersmarket.org), The Concourse parking lot.

## WAYNE

• **Farmers' Market**, 873-7000, <http://waynefarmersmarket.weekly.com>, Sat 9 am-noon, Town Green, next to Post Office, Main St.

## WILTON

• **Wilton Farm & Home Museum**, 645-2091, 645-4578, [www.wiltonmaine.org](http://www.wiltonmaine.org), Sat 1-4 pm or by appointment, Canal St.

## WINTHROP

• **Norcross Park**, playground, picnic site, boat launch on Maranacook Lake, downtown.  
• **Farmers' Market**, 395-4244, [www.camarkets.com](http://www.camarkets.com), Tue and Sat 9 am-1 pm, parking lot, downtown,

*Additions/Updates/Corrections: Please contact Summertime in the Belgrades with any changes to this Directory.*



## ASSOCIATIONS/GROUPS

### THE BELGRADES...

- **East Pond Association**, Smithfield/Oakland, [www.eastpond.org](http://www.eastpond.org)
- **North Pond Association**, Smithfield/Rome, 152 Madison Avenue, Skowhegan, ME 04976, 474-8988, [www.northpond.net](http://www.northpond.net)
- **McGrath Pond/Salmon Lake Association (MP/SL)**, Belgrade/Oakland, RR 2, Box 2800, Belgrade, 04917, 465-3983, [www.salmonlake.org](http://www.salmonlake.org)
- **Great/Long Ponds: Belgrade Lakes Association (BLA)**, Belgrade/Rome/Mount Vernon, PO Box 551, 137 Main Street, Belgrade Lakes, 04918, 512-5150, [www.belgradelake-sassociation.com](http://www.belgradelake-sassociation.com)
- **Friends of Messalonskee Lake Watershed**, Oakland/Belgrade/Sidney, PO Box 532, Oakland, 04963, 465-2888, [www.snowpond.org](http://www.snowpond.org)
- **Belgrade Regional Conservation Alliance and BRCA Conservation Corps**, PO Box 250, 137 Main Street, Belgrade Lakes, 04918, 495-6039, [www.belgradelakes.org](http://www.belgradelakes.org)
- **Belgrade Lakes Region Business Group (BLRBG)**, PO Box 596, Belgrade Lakes, 04918, 495-3700, [www.belgrade-lakesmaine.com](http://www.belgrade-lakesmaine.com)
- **Maine Lakes Resource Center/Docks to Doorways**, PO Box 431, 137 Main Street, Belgrade Lakes, 04918, 495-3617, 620-6029, [www.dockstodoorways.com](http://www.dockstodoorways.com)

### BEYOND...

- **Maine Congress of Lake Associations (COLA)**, PO Box 426, 137 Main Street, Belgrade, 04917, 1-855-463-2652, [www.mainecola.org](http://www.mainecola.org)
- **Friends of the Cobbossee Watershed**, PO Box 5003, Augusta, 04332-5003, 621-4100, [www.watershedfriends.com](http://www.watershedfriends.com)
- **Franklin County Soil & Water Conservation District**, 107 Park St, Farmington, 04938, 778-4279, [www.franklincswcd.org](http://www.franklincswcd.org)
- **Kennebec County Soil & Water Conservation District**, Central Maine Commerce Center, 21 Enterprise Dr, Augusta, 04330, 622-7847, ext. 3, [www.kcswcd.org](http://www.kcswcd.org)
- **Kennebec Land Trust (KLT)**, PO Box 261, 134 Main St, Winthrop, 04364, 377-2848, [www.tkl.org](http://www.tkl.org)
- **Kennebec Messalonskee Trails**, PO Box 2388, Waterville, 04903, 873-6443, [www.KMTrails.org](http://www.KMTrails.org)
- **Kennebec River Rail Trail**, PO Box 2195, Augusta, 04338, 623-8162, [www.krrt.org](http://www.krrt.org)
- **30 Mile River Watershed Association (30 MRWA)**, Kimball Pond in Vienna to the Androscoggin River, 293-2181, [www.30mileriver.org](http://www.30mileriver.org)
- **Parker Pond Association**, Mount Vernon/Vienna, [www.parkerpond.org](http://www.parkerpond.org)
- **Central Maine chapter of the New England Mountain Bike Association (CeMeNEMBA)**, 1154 West Rd, Belgrade 04917, 441-6227, [www.cemenemba.org](http://www.cemenemba.org)

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## — Calendar —

**Wednesday 5/30 through Saturday 6/2** – "Pageant Play," hilarious satire set in the world of pint-sized Texas beauty pageants, 474-7176, Lakewood Theater, Route 201, Madison.

**Friday 6/1 and Saturday 6/2** – Plant Sale, 9 am-2 pm, Old South First Congregational Church, Main Street, Farmington.

**Friday 6/1 through Sunday 6/3** - "I Hate Hamlet," performed by ACAT, Aqua City Actor's Theater, Studio Theater, 873-7000, Waterville Opera House, 93 Main Street, downtown Waterville.

**Friday 6/1 through Saturday 6/25** - "Streams, Stones and Frozen Fire," landscape drawings by Abbott Meader, Raku Pottery by Nancy Meader, Wed-Sat 12-6 pm, free and open to the public, opening reception and meet the artists Friday 6/15, 5-8 pm, 622-3813, Harlow Gallery, 160 Water Street, Hallowell.

**Friday 6/1** – 2012 Relay For Life of Franklin County, theme "Race for a Cure, Ladies and Gentlemen, Start Your Engines!" an overnight event that joins communities in the fight against cancer; friends, families, schools, businesses and organizations walk around the track, camp, enjoy entertainment, activities and a Luminaria ceremony while raising money for the American Cancer Society, 4:30 pm-8 am, 1-800-ACS-2345, [www.relayforlife.org](http://www.relayforlife.org), Franklin County Fairgrounds, Farmington.

**Saturday 6/2 and Sunday 6/3** – Free Family Fishing Days; any person (except those whose license has been suspended or revoked) may fish without a license, all other laws and regulations apply, 287-8000, [mefishwildlife.com](http://mefishwildlife.com), Maine Department of Inland Fisheries and Wildlife.

**Saturday 6/2 and Sunday 6/3** – Spring

Classic Horse Show, free and open to the public, concessions available, covered arena, 474-2947, Fairgrounds, Route 201 north, Skowhegan.

**Saturday 6/2** – 16th Annual Paddle for Pine Tree Camp, Paddle with a purpose, raise pledges to benefit campers with disabilities, two hour paddle on beautiful North Pond, family-oriented, appropriate for all ages, skill levels and abilities, followed by a celebratory barbecue and free time on the 285-acre lakeside camp area, [www.pinetreesociety.org](http://www.pinetreesociety.org), 443-3341, Pine Tree Camp, Rome.

**Saturday 6/2 and Sunday 6/3** – 2012 Maine Fiber Frolic, great family outing, sheep, llamas, goats, rabbits, fleece/fiber products, sheep and alpaca shearing, shows, drills, demonstrations, parade, children's area, Dan Grady's "Marvelous Marionette Medley," educational presentations and much more, food concessions available, picnic tables, most exhibits under cover, 9 am-4 pm, adults \$5, seniors \$2, children under 12 free, [www.fiberfrolic.com](http://www.fiberfrolic.com), Windsor Fairgrounds, Route 32, Windsor.

**Saturday 6/2** – Morning Bird Walk to celebrate National Trails Day, 8-9:30 am, on the beautiful trails on the Good Will-Hinckley campus with a museum expert, free and open to the public, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

**Saturday 6/2** – Waterville Connector Trail and 2-Cent Plaza Grand Opening to celebrate National Trails Day, 10 am – meet at North Street Trailhead across from Thayer Hospital, 11 am-3 pm – health and wellness activities hosted by Waterville downtown businesses at 2-Cent Plaza, sponsored by Kennebec Messalonskee Trails, 873-6443, Waterville.

**Saturday 6/2** – River Walk Trail and Rivers Edge Bike Park Grand Opening to celebrate National Trails Day, celebration and refreshments, 11 am-1 pm, sponsored by Skowhegan Parks and Recreation

Department, [www.skowhegan.org](http://www.skowhegan.org), 474-6901, Mt. Pleasant Avenue, Skowhegan.

**Saturday 6/2** – University of Maine at Augusta Jazz Combo Concert at the Hubbard Free Library, free program, everyone welcome, refreshments after concert, sponsored by The Friends of Hubbard Free Library, 2 pm, 622-6582, 115 Second Street, Hallowell.

**Saturday 6/2** – REM Award Ceremony to honor an exemplary volunteer, 2-4 pm, 873-4444, Waterville Opera House, Main Street, Waterville.

**Monday 6/4** – Golf Classic, Mid-Maine Chamber of Commerce, 11 am shotgun start, 873-3315, Waterville Country Club, Country Club Drive, Oakland.

**Monday 6/4** – Bird Walk, 5 pm, 293-2565, Dr. Shaw Library, Mount Vernon.

**Tuesday 6/5** – Transit of Venus, watch Venus pass between us and the sun (next opportunity will be in 2117), 5:30-6:30 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

**Thursday 6/7 through Sunday 6/10** – "Enchanted April," comedy of four English women on holiday in a coastal castle in Italy, 474-7176, Lakewood Theater, Route 201, Madison.

**Thursday 6/7** – "Understanding Abrupt Climate Change with Systems Sciences and Geophysics," by Alder Stone Fuller, Belgrade Regional Conservation Alliance lecture, 7 pm, 495-6039, Lakes Resource Center, 137 Main Street, Belgrade Lakes.

**Friday 6/8** – Barry Wood, old pop classics, soft rock of the 50s-70s and traditional country, 2 and 7 pm, free admission, air-conditioned hall, 946-5311, Araxine Wilkins Sawyer Memorial, 371 Sawyer Rd, off Route 202, Greene.

**Friday 6/8 through Sunday 6/10** - "I Hate Hamlet," by ACAT, Aqua City Actors Theater, 7:30 pm Friday and Saturday, 2 pm Sunday, tickets \$12, seniors and students \$10, [www.operahouse.org](http://www.operahouse.org) or 873-7000, Studio Theater, Waterville Opera House, 93 Main Street, downtown Waterville.

**Saturday 6/9** – Jeffrey and Allison Wells, authors of "Maine's Favorite Birds," Nature Walk at Whistle Stop Trail, West Farmington 9 am, Book Presentation and Signing 10:30 am, 778-3454, DDG Booksellers, 193 Broadway, Farmington.

**Saturday 6/9 through Friday 6/15** – Annual Book and Plant Sale, 873-2430, Humane Society, 100 Webb Road, Waterville.

**Saturday 6/9** – Carriage House Sale, Kennebec Historical Society, 622-7718, 107 Winthrop Street, Augusta.

**Saturday 6/9** – Antique Power Show, celebrate 38 years of old iron, free, open to public, view antique engines, tractors, inventions, flea market, raffle, silent auction, easy parking, grounds for children to romp, 474-3621, Fairgrounds, Route 201, Skowhegan.

**Saturday 6/9** - 2012 St. Michael School, Augusta, Golf Tournament, to benefit school tuition assistance, register at 12 noon, shotgun start 1 pm, 623-3491, Natanis Golf Course, Vassalboro.

**Saturday 6/9** – Contra Dance, all welcome; 6:30-7:30 pm family dance with sit-in band, \$2 adult, \$1 child; pot luck snacks 7:30-8 pm; 8-10:30 pm regular dance with band and caller, adults \$6, \$5 students, \$15 family max, 491-9928, Farmington Grange, Bridge Street, Route 43, West Farmington.

**Sunday 6/10** – Eleven Ponds Bicycle Ride, 30 miles, road riding, 9 am,



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**Henry IV, Part I** by William Shakespeare directed by Dawn McAndrews

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**Sunday 6/10** – Concerts at Jewett features Island Chamber Players, 2 pm, pre-concert talk 1 pm, tickets \$10, students \$5, 12 and under free, 621-3551, [www.concertsatjewett.com](http://www.concertsatjewett.com), Jewett Auditorium, University of Maine, Augusta.

**Monday 6/11** - Kennebec Valley YMCA Golf Tournament, to provide scholarships to summer Camp KV, 20th annual, noon shotgun start, rain or shine, 626-3488, Augusta Country Club.

**Wednesday 6/13** – Public Supper, Turkey Pie, \$8 per person, \$4 under 10 years old, 5 pm til gone, Fairview Grange, Smithfield.

**Wednesday 6/13 through Saturday 6/16** – “Enchanted April,” 474-7176, Lakewood Theatre, Route 201, Madison.

**Thursday 6/14 through Sunday 6/17** – Maine Horse Association 33rd Annual Downeast Horse, open to the public, covered arena, free admission, 474-2947, Skowhegan Fairgrounds, Madison Ave, Skowhegan.

**Thursday 6/14 through Sunday 6/17** – 38th Blistered Fingers Family Bluegrass Music Festival, good family entertainment, extra large tent area, 13 great groups, camping available, 873-6539, <http://www.blisteredfingers.com>, Litchfield Fairgrounds, Litchfield.

## Island Chamber Players at UMA June 10

On Sunday, June 10, the University of Maine at Augusta College of Arts and Sciences and the UMA Senior College will present the Island



Chamber Players at Jewett Auditorium at 2 pm. The newly formed group, which includes Robert Dan on the Viola, Benjamin Noyes, cello, and Chiharu Naruse on the piano, will perform as a trio, as soloists, and in various combinations as duos. The group welcomes Robert Dan, who has performed numerous times in Carnegie Hall and international venues, most recently in Israel. Dan has moved to Maine to join the Bates College faculty.

The Concerts at Jewett program on June 10 will include Mozart, Ravel, Debussy, Kodaly and Franck. Except for the Mozart pieces, all the works were composed in the later 1800s during the late romantic and impressionist periods. There will be a pre-concert talk at 1 pm; the concert starts at 2 pm. The series is in its 9th season.

Tickets are \$10, \$5 student, 12 and under free and may be purchased at the door or at Pat's Pizza of Augusta or Apple Valley Books in Winthrop. For more information contact 621-3551, [umasc@maine.edu](mailto:umasc@maine.edu), or [www.concertsatjewett.com](http://www.concertsatjewett.com)

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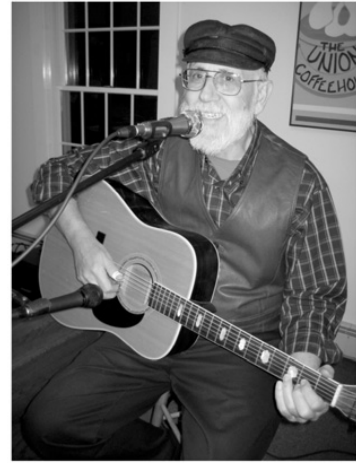
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## — Kennebec Corridor News & Notes —

# Skowhegan River Trail Holds Grand Opening

Celebrate National Trails Day 2012 in Skowhegan with a grand new trail that focuses on the Kennebec River, fitness stations, and a Mt. Bike Park. Located on the eastern side of the Kennebec, the trail includes some steep hairpin curves, views of historic Skowhegan, impressive runoff control banking and ditching, and a smooth, paved surface for walking and biking. The National Trails Day celebration on Saturday, June 2, 11 am-1 pm will take place at the Joyce Street Entrance next to the Water Pollution Control Plant. The other access point is off Mt. Pleasant Avenue (off Cedar Street from Route 201 South).

A light lunch and refreshments will be served at the opening while supplies last. For more information visit [www.skowhegan.org](http://www.skowhegan.org) or call the Skowhegan Parks and Recreation Department at 474-6901.



...Notebook continued from Page 7

taining devices. Anything that contains mercury, lead, or other heavy metals is illegal to store for more than a year. Recycling day is Friday, June 8, 9 am-1 pm. For rates and more information about the Mid-Maine Chamber of Commerce call 877-0087.

## Winthrop

• There are over 25 pieces of public art on buildings in Winthrop, a student program that originated in 1996. Search for them throughout town or watch the slideshow at [www.winthropmaine.org](http://www.winthropmaine.org)



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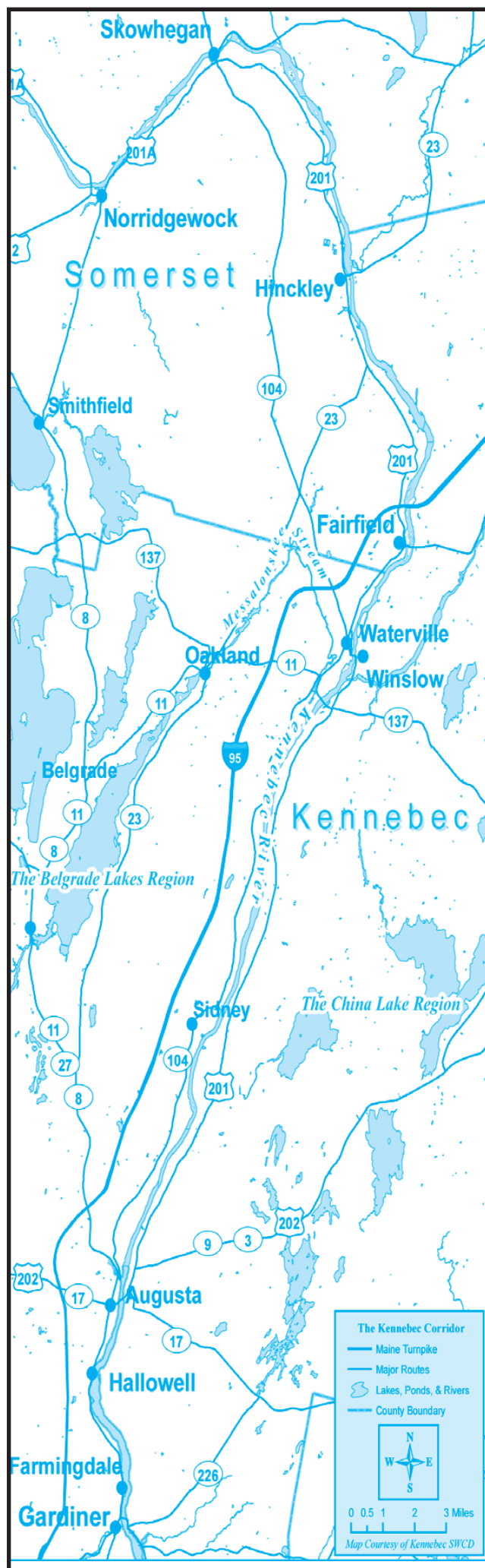
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## —Katy's Column—

### Hallowell Veterans' Monument Dedication



On Monday, May 28, 2012 a new Veterans' Monument was dedicated at the Hallowell Cemetery. For the past several years Michael Madden, Arthur Moore and his wife, Florence, Larry Auger and other members of the Veterans' Committee and many community people have been working to assure that no soldier's name from the Spanish-American War, World War I, World War II, Korea, Vietnam, Granada, Kuwait, Iraq or Afghanistan would be missing from the to-be dedicated memorial.

Goodrich-Caldwell American Legion Post 6 has considerable respect for the two soldiers whose names represent their Post. Frank Goodrich joined the Canadian Army, was shipped to France and later joined the Royal Air Force. Three Caldwell brothers, Cecil, Maurice and Frank were Hallowell natives and were all killed in the line of duty.

Mrs. Janice Bowman of Palmyra, Maine is a direct descendent of the Caldwell family and was present to preside at the unveiling of the monument. She has been told, and the public is aware, of the pride Post 6 has that she accepted their invitation to be present at the unveiling of the monument.

"Post 6 in Hallowell has worked to renew and bring a 'seal-tag protected' display of all the Hallowell people who have served their country over the past years. The dedication of this granite monument, however, is due in very large part to the multitude of local volunteers, financial backers, promoters and important data that has made this event possible," Madden says of the monument dedication.

The dedication ceremony was well attended and the new monument is now on view for the public at the Hallowell Cemetery.

*Katy Perry is an autho, and news commentator who knows, loves, and respects Maine.*

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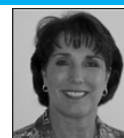


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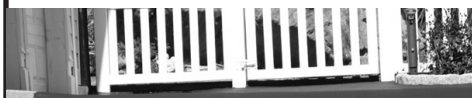
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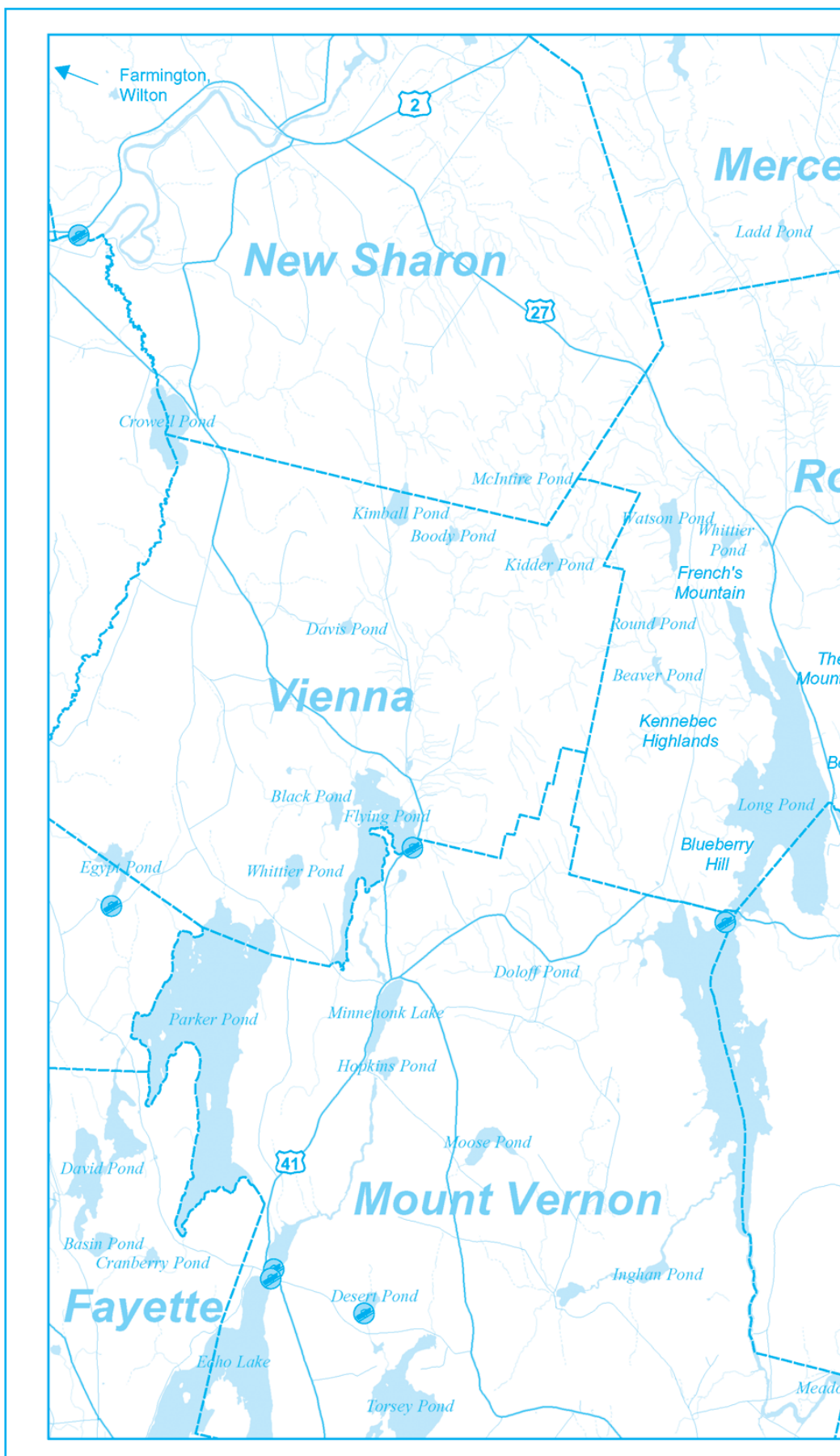
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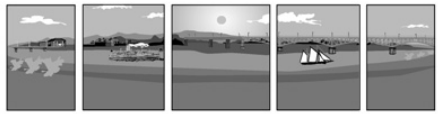
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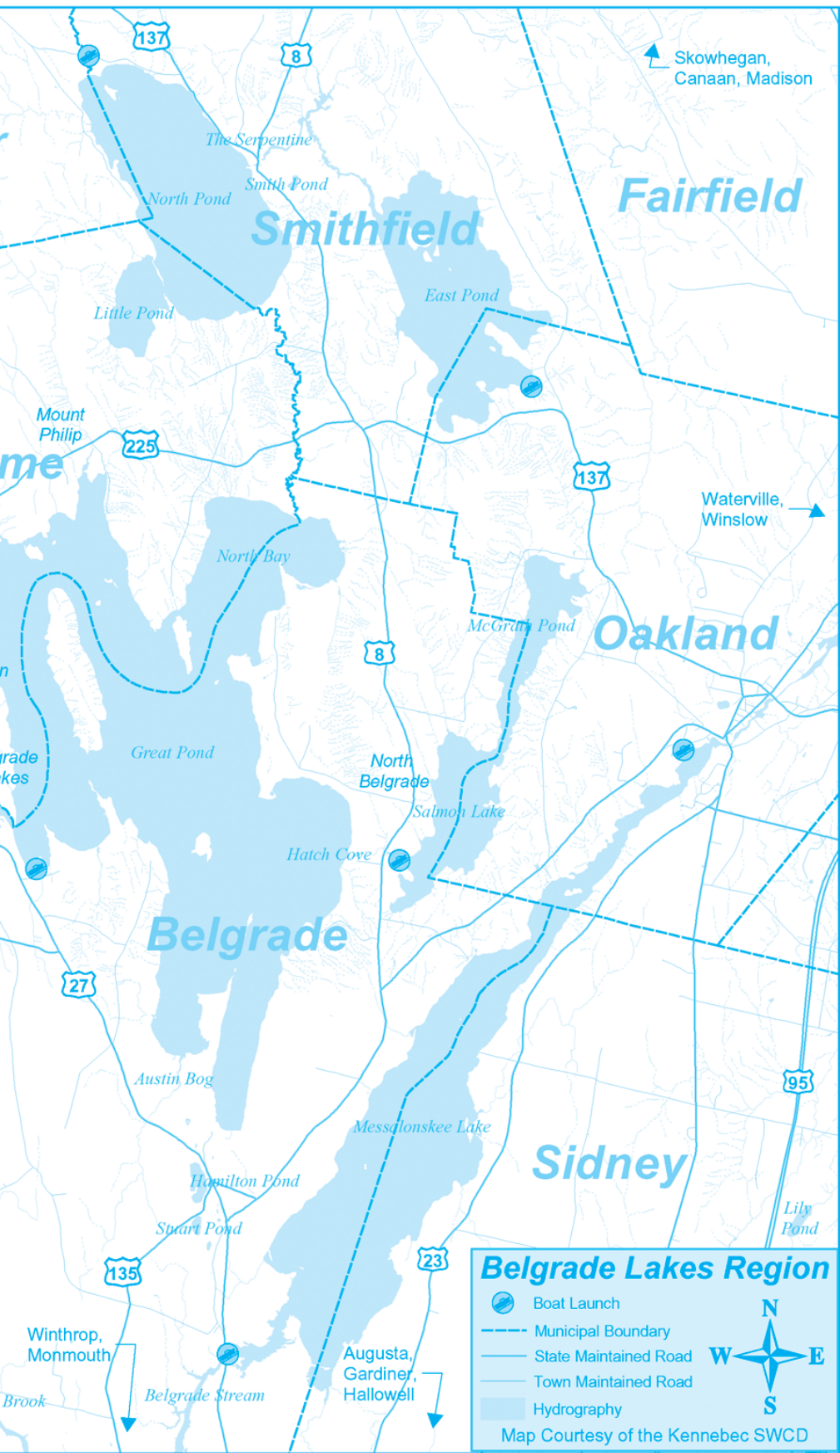
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Cobbossee Watershed

Cobbossee Corner



Friends Executive Director, John Blouin, and Education and Programs Director, Tamara Whitmore, at the Business After Hours Event.

Collaboration Key to Protecting Watersheds

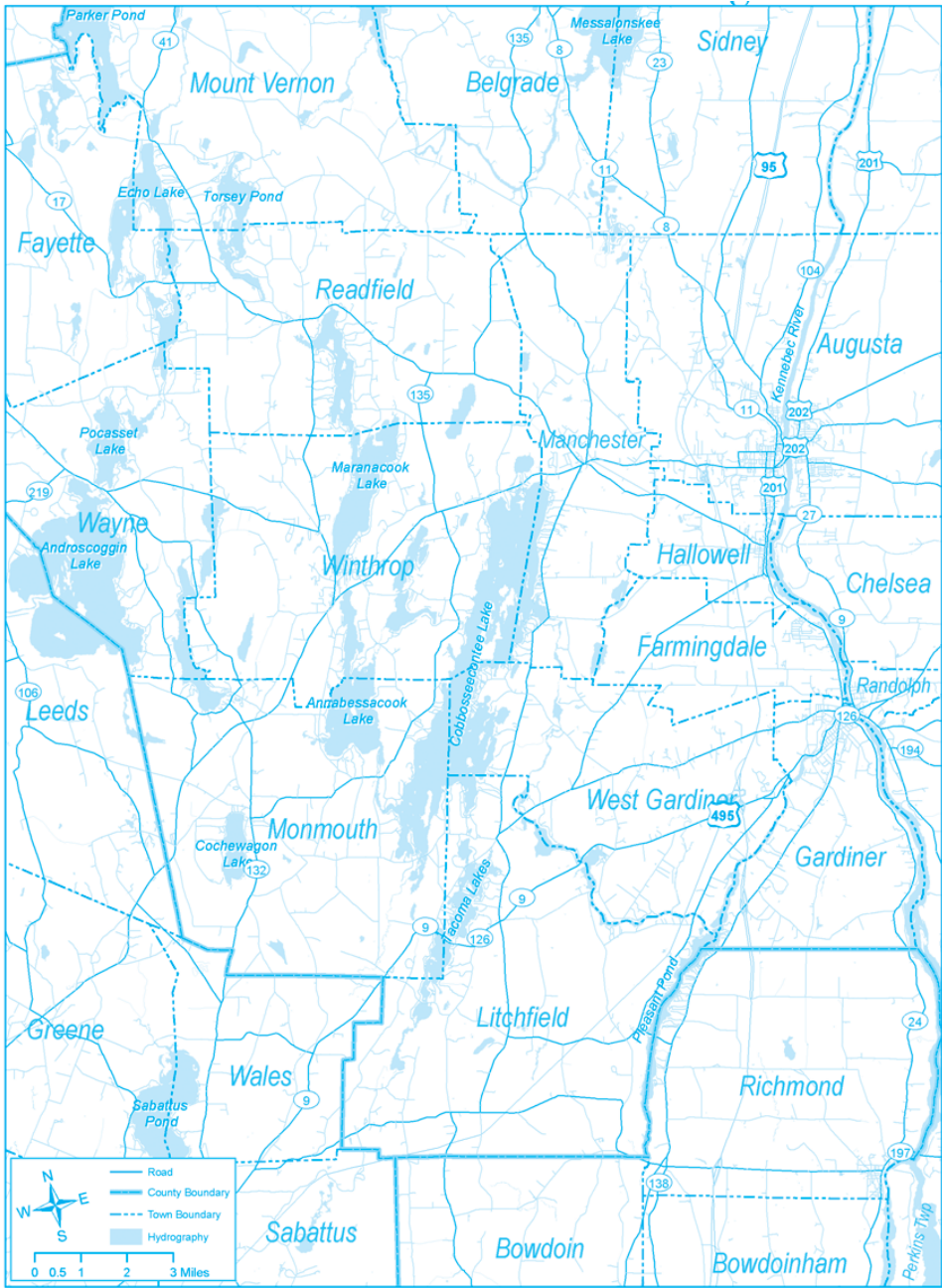
The Friends of the Cobbossee Watershed was formed in 2001 to connect citizens to actions they could take to help protect our lakes, ponds and streams. Since then, it has become abundantly clear that success in protecting watersheds comes not from the work of one organization working with individuals, but rather from a dynamic and complex collaboration of organizations, agencies, businesses, schools, communities and local citizens working together.

The Friends focus on two main threats to local water quality, nonpoint source pollution and invasive aquatic plants, is greatly aided by the partnering with state, regional and local agencies such as the Maine Department of Environmental Protection, the Kennebec County Soil and Water Conservation District and the Cobbossee Watershed District. These agencies provide resource information, technical guidance and often administer grant funding that incorporates the work of Friends programs, such as Slow the Flow, Youth Conservation Corps, Courtesy Boat Inspections and Milfoiler (Invasive Aquatic Plant Control) programs.

Lake Associations are another key partner in the work of the Friends, providing opportunities to connect with lakefront property owners and promote the resources that the Friends can offer. The Friends are often included in lake association annual meetings and assist associations via providing administrative support overseeing Courtesy Boat Inspection and plant control programs. Lake Associations also often connect with individual towns, to help promote the valuable work of the Friends and advocate for town funding support for programs that help protect property values.

Businesses are another key partner in protecting the Cobbossee Watershed, as they provide sponsorship support to most of the Friends programs. Sponsors not only benefit from the positive advertising of supporting a local organization doing good work, but also help protect their bottom lines by helping to protect the natural resources that bring valuable tourist dollars to the area. Even schools are an essential partner in the Friends conservation work, as they incorporate watershed related issues into their curriculum via the Friends Watershed Science and Field Experiences programs. By educating our children to become environmentally literate citizens, schools are helping to create stewards of our natural resources for the future.

The list of partners helping to protect the Cobbossee Watershed goes on  
Continued on page 17...



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## Friends of the Cobbossee Watershed Kicks off Summer Season with Annual Event to Honor Business Supporters

In May 22, 2012 the Friends thanked area business sponsors and major supporters via the May "Business After Hours" event. Co-promoted by the Kennebec Valley and Winthrop area Chambers of Commerce, the event was co-hosted by the Friends and Andy & Sheree Wess, owners of Lakeside Motel & Cabins in East Winthrop. Held on the Lakeside property on the shores of Cobbossee Lake, the Business After Hours featured complimentary barbeque fare, cool libations, Hershey's Ice Cream via the Friends ice cream boat, the OTTER II, and boat rides compliments of Clark Marine. In addition, a free raffle for attendees consisted of wonderful prizes donated by area businesses, with winners thrilled to receive items ranging from rounds of golf to eco-friendly cleaning supplies.

In its fifth year, the event attracted a record 150 + people, and Friends Executive Director John Blouin, took the opportunity to thank current sponsors and supporters, as well as promote additional ways businesses and individuals can

collaborate with the Friends to help "protect and improve the 28 lakes and streams of the Cobbossee Watershed". Blouin provided a quick overview of the Friends major programs that focus on education, nonpoint source pollution and invasive aquatic plants, and highlighted the win-win scenario of businesses sponsoring programs that dually protect our natural resources for the future as well as provide an opportunity to promote their business in a socially and environmentally responsible manner. Blouin also encouraged individuals to get involved with the Friends by volunteering at the Friends numerous fundraising events during the summer, including the "Friends on the Fourth" 5K Race, "Spotters Sprint" Canoe & Kayak Paddle, and the Friends Annual Cocktail Party.

The Business After Hours event is made possible by the generous support of Lakeside Motel and Cabins, Clark Marine, the Friends Board of Directors, and the efforts of numerous volunteers.



The OTTER II, the Friends 22' "Ice Cream Boat" and "Floating Classroom" provided ice cream to Business After Hours attendees.

....Continued from page 16.

and on, creating a web of engaged sectors, including Kennebec Land Trust, residential youth camps, recreation groups, scout groups, the Kennebec Garden Club, the Cobbossee Yacht Club and on and on! And the partnering collaboration doesn't stay just within our local watershed; connecting with adjoining watershed

groups such as the 30 Mile River Watershed and Belgrade Regional Conservation to our north, helps make programs more effective and extend funding potential. To explore ways that you can get involved with the Friends of the Cobbossee Watershed, or find out more about their partners, call their office at 207-621-4100 or log on to [www.watershedfriends.com](http://www.watershedfriends.com).

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## — Upcoming —

### JUNE

- Friends of the Belgrade Public Library will hold their Third Annual Yard Sale on Saturday, June 16, 9 am-1 pm at Day's Real Estate, Route 27, Belgrade Lakes. 495-2102
- The 15th Annual Garden Party sponsored by the Hospice Volunteers Waterville Area will be held on Saturday, June 16 at Fieldstone Gardens in Vassalboro, 10 am-3 pm. Party includes workshops, music, local artisans, garden tours, children's activities, live alpacas, and lunches. Preregister at [www.hvwa.org/events-calendar](http://www.hvwa.org/events-calendar) or 873-3615
- On Saturday, June 16, Borderline Express will perform at the New Sharon Congregational Church at 7 pm. Tickets \$10. [www.newsharonchurch.org](http://www.newsharonchurch.org)
- "Early Wings Over Maine: It all started in Augusta," by Bill Perry and John D. Davis will be presented by the Kennebec Historical Society at 6:30 pm on Wednesday, June 20 at the Augusta Airport Hangar. 622-7718
- The Samuel C. Leigh Memorial Golf Tournament to benefit the Memorial Scholarship Fund, is scheduled for Saturday, June 23 at Natanis Golf Course in Vassalboro. 11:30 am check-in, 12:30 pm shotgun start. Entry fee individual \$90, team \$360. [www.majorleighmemorialscholarship.com](http://www.majorleighmemorialscholarship.com), 860 424-1369

- Kingfield POPS 2012, the Tenth Anniversary outdoor performance of the Bangor Symphony Orchestra, is scheduled for Saturday, June 30 at the Kennedy Farm in Kingfield. Special guest artist will be Noel Paul Stookey of Peter, Paul and Mary; other entertainment and events include Erica Brown and the Bluegrass Connection, an Art Walk Friday, June 29, and Festival of the Arts on Saturday, 9 am-4 pm. [www.kingfieldpops.com](http://www.kingfieldpops.com), 265-7677

### JULY

- The 9th Annual "Friends on the 4th" 5K, sponsored by the Friends of the Cobbossee Watershed will take place in Winthrop along Lake Maranacook on Wednesday, July 4. 621-4100, [www.watershed-friends.com](http://www.watershed-friends.com)
- On Sunday, July 8 the PFBF CPAs 3rd annual road race will be held at First Park in Oakland. Proceeds benefit Mid-Maine Homeless Shelter. Race starts and ends at FirstPark Drive. Fees: \_ Marathon \$35/\$45 after June 8, 5K \$30/\$35 after June 8. Registration available Saturday, July 7, 4-6 pm and 7/8 at 7 am or in advance at [www.pfbf.com](http://www.pfbf.com), 873-1603
- The 17th Annual Kennebec Valley Chamber of Commerce Golf Tournament to benefit the Kennebec Leadership Institute will be held on Monday, July 9 at the Augusta Country Club. 623-4559
- The 29th Annual Moxie Festival, "We're in Moxieland," will be held July 13-15 in Lisbon Falls.

- MIFF 15, the Maine International Film Festival featuring 50 filmmakers and 100 films will be held on July 13-22 in Waterville. [Miff.org](http://Miff.org)
- Saturday, July 21 is Maine Audubon Society Loon Count day. Call a local lake association or Maine Audubon at 781-6180, or email [sgallo@maineaudubon.org](mailto:sgallo@maineaudubon.org) to volunteer.
- The Kennebec Historical Society will hold a Book Sale on Saturday, July 21. 622-7718

### AUGUST

- The 10th Taste of Greater Waterville presented by the Mid-Maine Chamber of Commerce and headlined by song artist Eddie Money, will be held Wednesday, August 1, 11 am-11 pm in downtown Waterville. 873-3315
- Mercer Old Home Days are scheduled for Saturday and Sunday, August 4 and 5 in downtown Mercer, off Route 2, between Farmington and Skowhegan.
- The 30 Mile Watershed Annual Paddle Trek will be on Saturday, August 11, 7 am-3 pm, Mount Vernon to Wayne, or portions of waterway. Pre-registration required. [www.30mileriver.org](http://www.30mileriver.org), 293-2181
- On Saturday, August 11, the first annual Augusta Fest will be held downtown, along Water Street, Riverside Park and Old Fort Western.



L to R: **Sam Tippet** – Sr. Account Executive, **Roxanne Robinson** – Client Services Assistant, **David Veilleux** – Sr. Account Executive, **Kenneth Viens, CFP®** – Sr. Account Executive, **Joe Jabar, CFP®** – Sr. Account Executive /LPL Branch Manager, **Cheryl Flewelling** – Client Services Director



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#### Community Involvement

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- United Way of Mid-Maine - Board of Directors
- Coaches youth football, basketball, and baseball

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## – Conservation Too –

## An Alphabet Soup Regarding Water Quality

by Kennebec County Soil & Water Conservation District

And so we start the 2012 conservation season. It seems like ages ago that the water surface was covered with ice and snow but it is time to get your feet wet and enjoy the summer season in the Belgrade and Cobbossee watersheds. What better time to start the discussion about water quality in our ponds and streams?

The Kennebec District is primarily concerned with Non Point Source (NPS) pollution throughout Kennebec County. Non-point source pollution means just what its name implies. It comes from many sources instead of a single spot. It includes the rain runoff from roofs, parking areas and roadways. It includes the runoff from your yard or a farmer's field. It even includes the water runoff from a local car wash. NPS at all of those sites add up and have a cumulative effect on our lakes and ponds.

How do we address these NPS sites? We use another three letter abbreviation, a "BMP" or Best Management Practice. A BMP is a practice done to address the problems caused by the Non-Point Source. Confused yet? It doesn't need to be that complicated. Staff here at the Kennebec District are able to identify different types of BMP's designed to intercept water runoff and

either remove or decrease that runoff's impact on a stream or pond. There are even BMP's to address the soapy water used at that car wash mentioned above.

We work with various pond and lake associations and individual landowners. Over the summer months we will address issues people should focus on. This isn't just people who own camps on the water either. It is everybody who uses the resources in that area whether you simply walk on the beach, live year-round on the shoreline, or occasionally drop a boat into the water. Regardless of where you live, you are in some watershed. The water that leaves your property ends up in one of our streams or ponds. Even if it seems to disappear down a storm drain, that water runoff ends up somewhere.

What can you do to help protect and even improve the water quality of the ponds, lakes and streams that make up our marvelous watersheds? There are a number of ways for us to minimize our impact on the water quality. Some people focus on managing their yard and property. Use only phosphorous free fertilizer and then only fertilize in the fall. Cut back on the amount of lawn you maintain and keep the lawn well

back from the water's edge. A good buffer planting of shrubs and bushes does a much better job of intercepting water runoff and filtering it before it gets to the lake. Control the water runoff from your buildings or driveway and parking. These impervious surfaces can concentrate rainwater runoff and funnel it into the lake. Divert that water into the woods or otherwise filter it so it doesn't transport soil, chemicals, or other toxics into the water. If you have a driveway or share a camp road, make sure it is designed and maintained to collect the rainwater and divert it into rain gardens or other vegetative area where the water is filtered before it gets to the lake. Check the road surface, the ditches and the culverts to see that they are not eroding. If you use a boat, keep it maintained. Don't spill or drain engine fluids into the water. Make sure you check your boat and trailer for any petroleum residue and/or other pollutants.

Remember, there is a lot to do in order to protect water quality.

Articles contributed by the Kennebec County Soil & Water Conservation District in Augusta For information about any of our conservation projects please contact Dale Finseth at 622-7847, x 3 or check our website at [www.kcswwcd.org](http://www.kcswwcd.org)

## Paddle for Pine Tree Camp

On Saturday, June 2, the 16th Annual Paddle for Pine Tree Camp Classic will take place on North Pond in Rome. Maine's premier paddling event, the Paddle for Pine Tree Camp attracts hundreds of participants and raises thousands of dollars that help send more than 650 Maine children and adults with physical and/or developmental disabilities to the barrier-free, lakeside world of Pine Tree Camp.

Since 1945, the camp has welcomed all who could benefit from its programming and no one has been turned away. Proceeds from the paddle event will help ensure that this Open Door Policy continues. In 2011 Paddle for Pine Tree Camp raised more than \$35,000 for Pine Tree Camp.

On June 2, Paddlers will enjoy a 2-hour paddle along North Pond's shoreline, a celebratory barbecue, free time, and guided tours of the camp. The event is family-oriented, and appropriate for ages, skill levels and abilities. For more



information visit [www.pinetreesociety.org](http://www.pinetreesociety.org) or call 443-3341.



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Bear Spring Camps, 60 Jamaica Point Rd., Rome, 397-2341, [www.bearspringcamps.com](http://www.bearspringcamps.com)

Belgrade Cottages, 9 Bass Lane, Belgrade, 495-9217, [www.belgradecottages.com](http://www.belgradecottages.com)

Castle Island Camps, American Plan, Castle Island Rd, Belgrade Lakes, 495-3312, [www.castleislandcamps.com](http://www.castleislandcamps.com)

The Village Inn, 1 & 2 bedroom suites, Rt 27, Belgrade Lakes Village, 495-3553, [www.villageinnducks.com](http://www.villageinnducks.com)

Whisperwood Cottages, American Plan, boat rentals, 103 Taylor Woods Rd, Belgrade, 465-3983, [www.whisperwood-lodge.com](http://www.whisperwood-lodge.com)

Wings Hill Inn, Rt 27, Belgrade Lakes, 495-2400, 866-495-2400, [www.wingshillinn.com](http://www.wingshillinn.com)

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## — The Small Garden Guide —

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### Belgrade

- **Belgrade Lakes Golf Club**, lunch/snacks, West Road, Belgrade Lakes, 495-4653, [www.belgradelakesgolf.com](http://www.belgradelakesgolf.com)
- **Pete's Pig**, 81 Main St., Belgrade Lakes Village, 495-4095, [www.petespig.com](http://www.petespig.com)
- **The Village Inn**, Rte. 27, Belgrade Lakes Village, 495-3553, [www.villageinnducks.com](http://www.villageinnducks.com)
- **Whisperwood**, Salmon Lake/McGrath Pond, Taylor Woods Rd, Belgrade, open to the public by reservation only, 465-3983, [www.whisperwoodlodge.com](http://www.whisperwoodlodge.com)
- **Wings Hill Inn and Restaurant**, Rt. 27, Belgrade Lakes Village, 495-2400 or 800-495-2400, [www.wingshillinn.com](http://www.wingshillinn.com)

### New Sharon

- **Top of the Hill Grill**, 54 Farmington Falls Rd. New Sharon. 779-0973. [www.topofthehillgrillonline.com](http://www.topofthehillgrillonline.com)

### Oakland

- **Alden Camps**, Lunch or dinner by reservations, Sat. - Wed., space permitting. 3 Alden Camps Cove, Oakland. 465-7703. [www.aldencamps.com](http://www.aldencamps.com)
- **Riverside Farm Market & Cafe**, 291 Fairfield St, Oakland, 465-4439. [www.riversidefarmmarket.com](http://www.riversidefarmmarket.com)

### Waterville

- **Cacciatores**. 150 JFK Plaza, Kennedy Memorial Drive, 872-9700.
- **Restaurant & Pub at the Waterville Grand**. 375 Upper Main St, Waterville. 873-0111.

### Winslow

- **Lobster Trap & Steakhouse**. 21 Bay St, Winslow. 872-0529. [www.lobstertrap-seafood.com](http://www.lobstertrap-seafood.com).

### Winthrop

- **Peppers Garden & Grill**. 357A Main St, Winthrop. 377-8877
- **Sully's Restaurant & Tavern**. 38 Main St, Winthrop. 377-5663, 377-5808

### Fishing Boat Rentals on Salmon Lake & McGrath Pond

Located on the South end of Salmon Lake in North Belgrade

All boats shown on our website

**Now open to the Public for Dining by reservation only. 465-3983**

Breakfast 8:am - 9:am, Dinner served at 5:pm

Daily menu listed on our website

Boat docking available for Lake Residents

[www.whisperwoodlodge.com](http://www.whisperwoodlodge.com)

## Ballard Meats & Seafood

Custom Cut Meats



- Retail
- Wholesale
- Smoking



1-800-564-6328 • 622-9764

Myrtle St., Manchester, Maine

### Belgrade Cottages Guide Service

Guided Fishing Trips

Wildlife and Scenic Lake Tours

Bob Richter 207-314-8469

Sunset Cruises

Canoe and Kayak Rentals

Great Pond – Belgrade

## Cacciatores

"An Italian Steakhouse"

Waterville's Best Dining Experience

Now Serving  
**PRIME RIB**  
Fridays and Saturdays

**OPEN EVERYDAY**  
**LUNCH AND DINNER**  
Serving Fine Wine & Cordials  
Senior Discounts Everyday

**Delicious Italian Food**  
**Made with the Freshest Ingredient**  
Fresh Steaks, Seafood,  
Pasta, and Salads  
Gluten-Free Pasta Available!

150 JFK Plaza • Waterville  
Next to TJ MAXX (Kennedy Memorial Drive)  
872-9700 (Reservations Accepted)  
[www.Cacciatores.com](http://www.Cacciatores.com)



## Appetizers at Altitude

## Belgrade Lakes Golf Club

**Open to the Public**



Belgrade's certified organic  
community farm & farmstand

Open 7days a week 9-6pm  
Summer csa shares available

Flowers, herbs, greens and veggies  
Come visit our horse and oxen powered farm  
Where children and veggies grow!

Rt.27 Belgrade, Maine • 207.495.2593  
[www.winterberryfarmstand.com](http://www.winterberryfarmstand.com)



**Belgrade Lakes Farmers' Market**  
**Opening for the season**  
**Thursday, June 7, 2-6 pm**  
**At the Maine Lakes Resource Center**  
**Main Street (Route 27)**  
**Belgrade Lakes Village**

**Local food for local folks – veggies,**  
**baked goods, meat and poultry,**  
**cheeses**  
**and dairy, pies, maple syrup, seafood,**  
**jams and jellies.**





## –Business Directory–

### ACCOMMODATIONS

See page 20

### ADVENTURE

**Belgrade Cottages Guide Service**, fishing, lake tours, canoe/kayak trips and rentals. 9 Bass Lane, Belgrade, 314-8469, [www.belgradecottages.com](http://www.belgradecottages.com)

**Maine Wilderness Tours**, fishing, canoeing/kayaking, lobster picnic, bird watching, 7 Croquet Lane, Belgrade, 465-4333, [www.MaineWildernessTours.com](http://www.MaineWildernessTours.com)

### ANTIQUES

**Barbara's Antique & Collectibles Group Shoppe**, Rt 201, 414 Lakewood Rd, Madison, 474-2550, 474-8357

**Stoney Creek Antiques**, 881 Civic Center Drive, Augusta, 626-9330

### BANKING

**Kennebec Savings Bank**, 150 State St, Augusta, 622-5801, [www.kennebecsavings.com](http://www.kennebecsavings.com)

**Maine State Credit Union**, 200 Capitol St, Augusta, 623-1851, [www.maine.statecu.org](http://www.maine.statecu.org)

### BEVERAGES

**Jokas' Discount Beverage**, 52 Front St, Waterville, 873-6228, [www.jokas.net](http://www.jokas.net)

### BICYCLES

**Auclair Cycle & Ski**, 64 Bangor St, Augusta, 623-4351, [www.AuclairCycleSki.com](http://www.AuclairCycleSki.com)

### BOATS

(Besides the categories immediately following, see Canoes and Kayaks, Docks, and Boat Repair.)

### BOAT COVERS

**Waterville Upholstery & Canvas**, 1042 Kennedy Memorial Dr, Oakland, 465-7847

### BOAT LIFTS

**Hammond Lumber Company**, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, [www.hammondlumber.com](http://www.hammondlumber.com)

### BOAT MOORINGS

**Great Pond Marina**, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, [www.greatpondmarina.com](http://www.greatpondmarina.com)

### BOAT RENTALS

**Belgrade Canoe & Kayak**, Rt 27, Belgrade, 495-2005, 242-6331, [www.kayakandcanoe.com](http://www.kayakandcanoe.com)

**Castle Island Camps**, Castle Island Rd, Belgrade Lakes, 495-3312, [www.castleislandcamps.com](http://www.castleislandcamps.com)

**Great Pond Marina**, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, [www.greatpondmarina.com](http://www.greatpondmarina.com)

**Whisperwood Cottages**, 103 Taylor Woods Rd, Belgrade, 465-3983, [www.whisperwoodlodge.com](http://www.whisperwoodlodge.com)

### BOAT REPAIR

**Belgrade Boat Shop**, 936 Augusta Rd, Belgrade, 485-6953

**Kennebec Boat Repair**, 907 Oakland Road, Belgrade, 465-9012, [www.KennebecBoatRepair.com](http://www.KennebecBoatRepair.com)

### BOAT SALES AND SERVICES

**Belgrade Canoe & Kayak**, Rt 27, Belgrade, 495-2005, 242-6331, [www.kayakandcanoe.com](http://www.kayakandcanoe.com)

**Clark Marine**, 57 Puddledock Rd, Manchester, 622-7011, [mail@clarkmarine.biz](mailto:mail@clarkmarine.biz), [funonthewaterstartshere.com](http://funonthewaterstartshere.com)

**Hamlin's Marine**, 290 West River Road, Waterville, 872-5660, [www.hamlinsmarine.com](http://www.hamlinsmarine.com)

**Mid-Maine Marine and RV**, 885 Kennedy Memorial Drive, Oakland, 465-2146, [www.midmainemarine.com](http://www.midmainemarine.com)

**Trailside Performance**, 797 Augusta Rd (Rt 201), Winslow, 873-2366, [www.trailsideperformance.com](http://www.trailsideperformance.com)

### BOAT STORAGE

**Belgrade Boat Storage**, 41 Pinkham's Cove Rd, Rt 27, Belgrade, 495-3421, 314-3287, [www.belgradeboatstorage.com](http://www.belgradeboatstorage.com), [www.belgradeboatrentals.com](http://www.belgradeboatrentals.com)

**Belgrade Lakes Marine and Storage**, Inc, 366 Augusta Rd, Belgrade, 495-2378, [www.belgradelakesmarine.com](http://www.belgradelakesmarine.com)

**Clark Marine**, 57 Puddledock Road, Manchester, 622-7011; and Rt 202, Monmouth, [mail@clarkmarine.biz](mailto:mail@clarkmarine.biz), [funonthewaterstartshere.com](http://funonthewaterstartshere.com)

**Great Pond Marina**, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, [www.greatpondmarina.com](http://www.greatpondmarina.com)

**Hamlin's Marine**, 290 West River Rd, Waterville, 872-5660, [www.hamlinsmarine.com](http://www.hamlinsmarine.com)

**Kennebec Boat Repair**, 907 Oakland Road, Belgrade, 465-9012, [www.KennebecBoatRepair.com](http://www.KennebecBoatRepair.com)

**Maple Leaf Self Storage**, 688 Manchester Rd, Rt 135, Belgrade, 495-2191, 441-5529

**Mid-Maine Marine and RV**, 885 Kennedy Memorial Dr, Oakland, 465-2146, [www.midmainemarine.com](http://www.midmainemarine.com)

**Trailside Performance**, 797 Augusta Rd, Rt 201, Winslow, 873-2366, [www.trailsideperformance.com](http://www.trailsideperformance.com)

### BOOKS

**CHILDREN'S BOOK CELLAR**, 52 Main St, Waterville, 872-4543, [kidsbookseller@verizon.net](mailto:kidsbookseller@verizon.net)

### BOTTLE AND CAN REDEMPTION

**Jokas' Discount Beverage**, 52 Front St, Waterville, 873-6228, [www.jokas.net](http://www.jokas.net)

### BUILDERS

(See also Kitchens, Plumbing, and Excavating)

**Craig's Carpentry/North Bay Estates**, Rt 8, North Belgrade, Craig Alexander, 649-3749

**G&L Contracting**, Adam Gardner, Belgrade, 215-7951

**LakeHouse Renovations**, Joint Venture Company, 10 Liberty Rd, Readfield, 685-7393 or 242-3663, [www.lake-housedesignbuild.com](http://www.lake-housedesignbuild.com), [www.lakehouserenovations.com](http://www.lakehouserenovations.com)

**Mainely Molding & Restoration**, 449 Wilder Hill Rd, Norridgewock, 634-2821, [www.mainelymolding.com](http://www.mainelymolding.com)

### BUILDING MATERIALS

**Gagne and Son**, 28 Old Rt 27, Belgrade, 495-3313, [www.gagneandson.com](http://www.gagneandson.com)

**Hammond Lumber Company**, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, [www.hammondlumber.com](http://www.hammondlumber.com)

### CANOES AND KAYAKS

**Belgrade Canoe & Kayak**, Route 27, Belgrade, 495-2005, 242-6331, [www.kayakandcanoe.com](http://www.kayakandcanoe.com)

**Belgrade Cottages Guide Service**, fishing, lake tours, canoe/kayak trips and rentals. 9 Bass Lane, Belgrade, 314-8469, [www.belgradecottages.com](http://www.belgradecottages.com)

### CLOTHING

**New Balance Factory Outlet**, 13 Walnut St, Skowhegan, 474-6231, [www.newbalance.com](http://www.newbalance.com), [nbfactorystore.com](http://nbfactorystore.com)

### COMPUTER CONSULTANTS

**Samara Consulting**, Macintosh Consultant, Michael Breault, 24 Welch Rd, Wilton, 645-5083, cell 578-0226, [mbreault@samaraconsulting.com](mailto:mbreault@samaraconsulting.com), [www.samaraconsulting.com](http://www.samaraconsulting.com)

### DENTAL CARE

**The Complete Dental Center**, 107 Birch St, Farmington, 860-2781

### DINING

(See Dining Directory on page 21)

### DOCKS

**G&L Contracting**, Belgrade, 215-7951, [agardner81@yahoo.com](mailto:agardner81@yahoo.com)

**Hammond Lumber Company**, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, [www.hammondlumber.com](http://www.hammondlumber.com)

**Trailside Performance**, 797 Augusta Rd, Rt 201, Winslow, 873-2366, [www.trailsideperformance.com](http://www.trailsideperformance.com)

### ELDER CARE

**Maine-ly Elder Care**, 28 Center St, Oakland, 465-3249, [www.maine-lyeldercare.com](http://www.maine-lyeldercare.com)

### EXCAVATING

**Belgrade Boat Storage**, 41 Pinkham's Cove Rd, Belgrade, 495-3421, 314-3287, [www.boatstorage.com](http://www.boatstorage.com)

**David Stevens**, P.O.Box 146, Belgrade, 465-3815, cell 314-0314

### EYE CARE

**Maine Eye Care Associates**, 325 E. Kennedy Memorial Dr, Waterville, 873-2731, [www.MaineEyeCare.com](http://www.MaineEyeCare.com)

### FARMSTANDS

**Riverside Farm Market & Cafe**, 291 Fairfield St, Oakland, 465-4439, [www.riversidefarmmarket.com](http://www.riversidefarmmarket.com)

**Winterberry Farm**, 538 Augusta Rd, Rt 27, Belgrade, 495-2593, [www.winterberryfarmstand.com](http://www.winterberryfarmstand.com)

### FINANCIAL PLANNING

**Golden Pond Wealth Management**, 129 Silver St, Waterville, 873-2200, [www.goldenpondwealth.com](http://www.goldenpondwealth.com)

**Kennebec Wealth Management**, 150 State St, Augusta, 622-5801, [www.kennebecsavings.com](http://www.kennebecsavings.com)

### FIREWOOD

**J & M Logging, Inc.** 853 Civic Center Dr., Augusta, 622-6353

### FLOORING

**Hammond Lumber Company**, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland,





Skowhegan, 866-HAMMOND, [www.hammondlumber.com](http://www.hammondlumber.com)

FLOWERS AND PLANTS

**Longfellow’s Greenhouses**, 81 Puddledock Rd, Manchester, 622-5965, [www.longfellowsgreenhouses.com](http://www.longfellowsgreenhouses.com)  
**Pierce’s Greenhouse**, 407 Belgrade Rd, Oakland, 465-7788

GALLERIES

**Artisan’s Barn**, 163 North Rd, Readfield. 685-9787, [www.theartisansbarn.com](http://www.theartisansbarn.com)  
**Spring Gallery & Sculpture Garden**, bronze castings, 81 Main St, Belgrade Lakes, 495-3113, [www.modernartfoundry.com](http://www.modernartfoundry.com), [www.springgallery.com](http://www.springgallery.com)

GIFTS

**Day’s General Store**, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, [www.go2days.com](http://www.go2days.com)  
**The 1830 House on Long Pond**, 134 Main St, Belgrade Lakes Village, 495-3277  
**The Village Peddler Gift Shop**, Lake Shore Dr, Belgrade Lakes, 495-7707

GOLF

**Lakewood Golf Course**, 803 Lakewood Rd, Madison, 474-5955, [www.lakewoodgolfmaine.com](http://www.lakewoodgolfmaine.com)  
**Natanis Golf Course**. 735 Webber Pond Rd, Vassalboro, 622-3561, [www.natanisgc.com](http://www.natanisgc.com)

GRANITE

**Have Granite Will Travel**, 42 South Mitchell Rd, Troy, 948-5952, [www.mainegraniteking.com](http://www.mainegraniteking.com)

GROCERIES

**Day’s General Store**, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, [www.go2days.com](http://www.go2days.com)

HEALTH CENTER

**Belgrade Regional Health Center**, 4 Clement Way, Belgrade Lakes, 495-3323, [www.healthreachchc.org](http://www.healthreachchc.org)  
**Inland Hospital, The Clinic at Walmart**, walk-in health care, 80 Waterville Commons Dr, Waterville, 680-2110, [www.inlandhospital.org](http://www.inlandhospital.org)

HEATING

**Jim Webster, West Road**, Belgrade, 495-2370, 462-3472

ICE CREAM

**Day’s General Store**, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, [www.go2days.com](http://www.go2days.com)

JEWELRY

**Larsen’s Jewelers**, 57 Main St, Waterville, 872-6301, 800-697-1874, [www.larsensjewelers.com](http://www.larsensjewelers.com)  
**L.Tardif Jeweler**, 62 Main St, Waterville, 872-7542, 800-834-3638

KITCHENS

**Hammond Lumber Company**, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, [www.hammondlumber.com](http://www.hammondlumber.com)

LAKE ASSOCIATIONS

**Belgrade Lakes Association (BLA)**, Long Pond and Great Pond, PO Box 551, Main Street, Belgrade Lakes, 512-5150, [www.belgradelakesassociation.com](http://www.belgradelakesassociation.com)

LANDSCAPING

**G&L Contracting**, Belgrade, 215-7951, [agardner81@yahoo.com](mailto:agardner81@yahoo.com)  
**Lakeside Landscape**, 13 Station Rd, Belgrade, 465-3039, 831-7053, 632-1086, [lakesidelandscape1@yahoo.com](mailto:lakesidelandscape1@yahoo.com)  
**Longfellow’s Greenhouses**, 81 Puddledock Rd., Manchester, 622-5965, [www.longfellowsgreenhouses.com](http://www.longfellowsgreenhouses.com)  
**Lynch Landscaping**, Skowhegan, 474-2420, [lynchlandscaping.com](http://lynchlandscaping.com)  
**Native Notions**, 213 West Rd, Belgrade, 495-6040, 314-9538, [nativenotions@hotmail.com](mailto:nativenotions@hotmail.com), [www.nativenotionslandscape.com](http://www.nativenotionslandscape.com)

MASONRY

**Michonski Brothers Mason Contractors**, PO Box 656, Norridgewock, 634-3203

MEATS

**Ballard Meats & Seafood**, Myrtle St, Manchester, 622-9764, 1-800-564-6328

MOVIE THEATERS

**Railroad Square Cinema**, call for titles and times, 17 Railroad Square, Waterville, 873-6526, [www.railroad-squarecinema.com](http://www.railroad-squarecinema.com)

PHYSICAL THERAPY

**Dockside Physical Therapy**, 47 Main St, Belgrade Lakes, 495-3195, 512-2544, Fax 512-2545

PIANO SUMMER CAMP

**Diane Gorman**, [Gorman3366@roadrunner.com](mailto:Gorman3366@roadrunner.com), 906 Manchester Rd, Belgrade, 495-3222

PICTURE FRAMING

**The Framemakers**, 46 Main St, Waterville, 872-8927, [www.theframemakers.com](http://www.theframemakers.com)

PLUMBING

**Paul Hanna's Plumbing**, Belgrade Lakes, 495-3805  
**Houle's Plumbing, Heating and Air Conditioning**, 19 North St, Waterville, 872-6762, [www.houlesphac.com](http://www.houlesphac.com)

PRINT, MAIL & MORE

**Color Storm, Inc**, Main St, Belgrade Lakes, 592-5990

PROTECTIVE COATINGS

**Normile Sealcoating**, pavement and roofing, 332-4131, [normile.chris@gmail.com](mailto:normile.chris@gmail.com)

REAL ESTATE DEVELOPMENTS

**North Bay Estates, Belgrade**, 649-3749, [crgsnbe@yahoo.com](mailto:crgsnbe@yahoo.com)

REAL ESTATE

**Coldwell Banker Thomas Agency**, 75 Main St, Winthrop, 377-2121, [www.coldwellbankerthomas.com](http://www.coldwellbankerthomas.com)  
**Day's Real Estate**, 262 Augusta Rd, Rt 27, Belgrade Lakes, 495-3111, 1-888-495-3111, [www.daysrealestate.com](http://www.daysrealestate.com)  
**Lakepoint Real Estate**, 221 Main St, Belgrade Lakes, 495-3700, [www.belgradelakepoint.com](http://www.belgradelakepoint.com)  
**Rizzo Mattson Realtors**, 219 Capitol St, Aigista. 622-9000. 800 894-7979, [www.rizzomattson.com](http://www.rizzomattson.com)  
**Sprague & Curtis Real Estate**, 75 Western Ave, Augusta, 623-1123, [www.spragueandcurtis.com](http://www.spragueandcurtis.com)

RESERVATIONS

See page 20

RESTAURANTS

(See Dining Directory on page 21)

RETIREMENT COMMUNITIES

**Granite Hill Estates**, 60 Balsam Dr, Hallowell, 626-7786, 1-888-321-1119, [www.granitehillestates.com](http://www.granitehillestates.com)

SCHOOLS

**St. Michael School**, grades pre-K through 8, 56 Sewell St, Augusta, 623-3491, [www.smsmaine.org](http://www.smsmaine.org)

SEAFOOD

**Ballard Meats & Seafood**, 55 Myrtle St, Manchester, 622-9764, 1-800-564-6328  
**Lobster Trap & Steakhouse**, 15 Bay St, Winslow, 872-0529, [www.lobstertrap-seafood.com](http://www.lobstertrap-seafood.com)

SECURITY SYSTEMS

**Cayer Security Services, Inc**, 208 College Ave, Waterville, 453-9177, [www.cayersecurity.com](http://www.cayersecurity.com)

SELF STORAGE

**Maple Leaf Self Storage**, 688 Manchester Rd., Rt 135, Belgrade, 495-2191

SEPTIC SYSTEMS

**Bellavance Construction Company Inc**, 31 Hulin Rd, Belgrades Lakes, 495-2492  
**Stanley’s Septic Tank Service & Construction**, 187 Norridgewock Rd, Fairfield, 453-9819, 1-800-660-7826, [www.stanleyseptic.com](http://www.stanleyseptic.com)

SHOES AND SNEAKERS

**New Balance Factory Outlet**, 13 Walnut St, Skowhegan, 1-877-623-7867, [www.newbalance.com](http://www.newbalance.com)

SPA

**Belgrade Lakes Day Spa**, “Your Premier Wellness Center,” 495-2560, [www.belgradelakesdayspa.com](http://www.belgradelakesdayspa.com)

STONEWORK

**Gagne and Son**, 28 Old Rt 27, Belgrade, 495-3313, 1-800-339-3313, [www.gagneandson.com](http://www.gagneandson.com)

THEATER

**The Theater at Monmouth**, Cumston Hall, off Rt 135, Monmouth, 933-9999, [www.theateratmonmouth.org](http://www.theateratmonmouth.org)

VETERINARY SERVICES

**Lakeside Veterinary Clinic**, 88 Libby Hill Rd, Oakland, 465-7387, 465-8387, [www.lakevets.com](http://www.lakevets.com)

WINDOWS

**Hammond Lumber Company**. Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland and Skowhegan, 1-866-HAMMOND, [www.hammondlumber.com](http://www.hammondlumber.com)

WINDOW TREATMENTS

**Blind Time**, 24 Meadow Hill Dr, Farmingdale, 621-9832, [www.blindtime.com](http://www.blindtime.com)







## Expressions

## Bluegrass at Its Family-Friendly Best



When the 38th Blistered Fingers Family Bluegrass Music Festival opens at the Litchfield Fairgrounds on Thursday, June 14, it will be a “Welcome Home” for the many fans, friends and family who camp out for the week or visit for a day.

Run by the Cormier family of Sidney, this impressive event is noted for its professionalism, its energy, and its attention to safety and security. It’s also large on tradition. What began several generations ago as a series of simple family gatherings in a Sidney home now embraces music lovers and listeners from all over the east coast. There’s a lot of bluegrass music both formal and informal at the June and August Blistered Fingers festivals and there’s a lot of friendship, socializing, food, fun and camping from roughing-it tents to streamlined RVs.

Part of what makes a Blistered Fingers event so special is the cordial enthusiasm and appreciation of hostess Sandy Cormier and her year-to-year positive planning. “We had a great eventful 2011 and what a year 2012 will be,” Sandy wrote to her thousands of “Dear Friends” in her 2012 newsletter that contains a lot of family and festival news and updates, especially concerning the new location at the Litchfield Fairgrounds where guests enjoy a specially-built stage, plenty of indoor bathroom facilities, free hot showers, and electrical hookups for campers.

Although the festivals begin on Thursday, gates open on the preceding Monday at 8 am for Early Birds, and even earlier arrivals may use the area across from the main gate to wait for Monday morning.

A really unique aspect of Blistered Fingers

Festivals is the Open Stage (acoustic only) on Sunday afternoon for five bands. This has given many bands a great start of getting hired for the following festival season. Bands are encouraged to apply early.

Another unique, but not surprising, aspect is how welcome children are. New in 2011 Blistered Fingers Kids Academy in conjunction with the Bluegrass Music Association of Maine for ages 6-18 was started and it was a huge success. Kids who register will receive a free Blistered Fingers Kids Academy t-shirt. Applications are on [www.blisteredfingers.com](http://www.blisteredfingers.com).

For more information call 873-6539

Weekend ticket and camping rates are available. Day prices payable at the gate are Thursday: \$15, 5 -9:30 pm, Friday and Saturday \$25 or after 5 pm \$20, Sunday \$10.

### June 14,15, 16 & 17. 2012 Litchfield Fairgrounds – Litchfield, Maine

The Lonesome River Band (VA).....	Sat
Little Roy & Lizzy (GA).....	Sat
The Bluegrass Brothers (.....)	Thur, Fri
White Mountain Bluegrass (N.....)	Sat, Sun
Tony Holt & Wildwood Valley Boys (IN).....	Fri
Bluegrass Diamonds (NB).....	Fri, Sat, Sun
Travers Chandler & Avery County (VA).....	Thu, Fri, Sat
Original Condition (ME).....	Thu, Fri, Sat
Blue Around The Edge (RI).....	Fri, Sun
The Pine Hill Ramblers (MA).....	Sun
Maranacook String Band (ME).....	Fri
Robinson’s Bluegrass Gospel Sing & Jam.....	Sun
Blistered Fingers (ME).....	Sat



### Stoney Creek Antiques Quality Antiques and Collectibles

antique & vintage glass/dinnerware,  
art, books, miniatures, vintage clothes  
jewelry, period furniture, Americana

881 Civic Center Drive, Augusta  
10-5 Tues-Sat 626-9330

Contact Summertime with ads and event information.

207-495-3777

[ebelnews@earthlink.net](mailto:ebelnews@earthlink.net)

[www.sumbelnews.com](http://www.sumbelnews.com)

David J. Auclair  
[www.auclaircycle.com](http://www.auclaircycle.com)

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### PIERCE’S GREENHOUSES

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SPRING HOURS  
Sunday thru Saturday  
9AM-5PM



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## Fishing

## Another Year of Exploring the Belgrades!

by Mike Guarino



Everett Day caught this big largemouth bass last week in the Belgrades.  
The bass was hiding in a fallen tree in about 3 feet of water



Welcome back to another year of exploring the Belgrades! It's shaping up to be an exceptional season and everyone is chomping at the bit to get out and enjoy this beautiful area. We've been spending a lot of time targeting largemouth and smallmouth bass on the lakes; although fly fishing the local ponds and streams is always fun too.

The smallmouth bass fishing is off the charts right now! Because of the early spring and above average temperatures, anglers are getting to experience awesome fishing a little earlier in the season than usual. Right now the male bass are

busy making nests and are easily found up and down the shorelines. The bigger females are often found hanging in 8 – 10 feet of water somewhere off-shore near the beds. The tricky part is getting her to bite. Baits like Senkos, plastic worms and tube jigs probably account for more smallmouth bass than any other options, but top-water lures can often trick the biggest fish. If conditions are right, fishermen can expect intense strikes as the bigger bass crush slowly moving surface plugs. Another option this time of year for the bigger bass is to use slash baits like the Rapala X-Rap. These baits can cover a lot of

water and work well when casting away from the shoreline. Once you find a series of bass beds that have male bass protecting the nest, try fan casting out toward deeper water to search for his girlfriend. Chances are she's out there waiting for just the right moment to move shallow.

As for largemouth bass like the beauty in this picture, we've been finding a lot of quality fish on a number of the Belgrade lakes. The largemouth fishing has been very impressive so far. The bass seem to be holding in traditional heavy cover, especially fallen trees and sunken timber. They have also been stacking up near currents like culverts or dams. We've been having good luck on jigs in black with pumpkin/red flake trailers. If you catch a couple of crayfish out of the lake you'll notice that many of them have small bright red marks down their backs. So it only makes sense to try red flake trailers on your jigs.

As you can see by the other attached picture, I made a few furry friends early this spring. This was a very special treat indeed because otters are one of my favorite animals to watch. Otters are much more active at night and like to play and feed in backwaters, so most anglers never see them. I first spotted this group about a week after ice out. They were very active and playful. When you think about it, otters are very social, love to frolic with their friends, are wicked cute, and go fishing every day! No wonder they are my favorite critter! This group was extremely curious and would hang around my boat each time our paths crossed. There were five otters in this group, but I couldn't get a picture of all five at once. They would swim like a porpoise around the boat and then stop and pop their heads up to watch us. But as soon as I would move the camera they would scatter. It's amazing how long they can stay underwater – we estimated up to 4 minutes and they would cover a couple of hundred yards before popping back up for air! Hopefully they will show up again soon so I can take some more pictures! Good luck!



Mike Guarino can be contacted at 465-4333  
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## Pet World

## Ticked Off

It is an opinion universally acknowledged, that ticks are gross. And they are, with their creeping, sticking, attaching, blood sucking and bloating ways. They lurk where our furry friends like to go, and those same friends can pick them up and inadvertently bring them into our households, even our beds. While for the most part, they are just a nuisance, they hurt, and more significantly, they can potentially transmit some pretty nasty diseases in this area. While their population here has blossomed in the last 20 years, undoubtedly reflecting the wildlife populations they like to parasitize, such as deer, fortunately our arsenal against them has increased as well.

Most ticks have a relatively long life cycle, requiring three hosts to feed on during their life stages, which include the egg, larva, nymph and adult forms. Ticks lay eggs in the hundreds to thousands in the spring and the tiny larvae which hatch must quickly seek a blood meal, usually from a rodent or bird, before they fall to the ground and become nymphs. The nymph stage can remain inactive over winter but start moving again early the next spring, seeking another blood meal from a rodent, deer, pet or human. Nymphs tend to be tiny, like the head of a pin or a freckle. After they feed for 3 to 5 days, they detach from the host, lay dormant and in late summer, molt and become adults. Throughout the fall, adult females attach to another host, feed and mate there with males. After a week or two, ticks detach and the female lays low during the winter, only to lay all those

eggs again in the early spring.

How to avoid becoming a "host" or "blood meal" is a concern for us and our pets. Outdoors, environmental control for ticks can include sprays for the yard, ideally those which are not harmful to the environment or wildlife, not to mention pets. There are a number of effective products that can be used on your pet to prevent attachment and/or to kill the tick before it has a significant meal. These include monthly topical liquid applications such as Vectra®, Frontline®, Advantix®, Parastar® and others. With the exception of Frontline® and Easyspot®, many of these flea and tick products can be quite toxic to cats and caution must be used. With the increase in tick prevalence in the area, many people have also turned back to collars with chemicals which will repel and kill ticks, such as the Preventic® or Scalibor® collar. Again, only a few are safe for and even to be used around cats. Although products like Vectra are labeled as water repellent, avid swimmers may do better with a collar. Collars can also be removed and safely stored for periods of time when the pet is inside, shortening the time that the chemical needs to be in contact with the pet. Never use products intended for use on human clothing or around the house directly on a pet.

Of course, just a "touch and look" check of your pet every night can help find and remove any unwanted guests before they get a good bite. Ticks generally like to move up as high on the pet as they can before attaching. Often they attach around the head, ears and

neck, but they can be anywhere. If a tick has started to attach, the safest way to remove it is to use rubbing alcohol and a pair of tweezers, or a small gadget like an O Tom tick Puller or Tick Key. Dab rubbing alcohol around the head area of the tick and grasp it as close to the skin as possible with tweezers; use steady pressure to pull it out. Sometimes it's not possible to get the whole tick, and parts of the head may remain. Tick bites can get nasty. Swelling, redness and crusting are not uncommon, but should resolve within a week. Sometimes antibiotic ointments are helpful. Never squish a tick because it could inject or be carrying disease causing organisms. Put it in alcohol to kill it.

In addition to the "ick factor", tick bites can be the cause of disease because ticks feed on multiple hosts. They can act as a "vector", spreading germs from one mammal to the next. These include Lyme disease, and other rickettsial diseases such as *Ehrlichiosis*. In the Northeast, the bacteria that causes Lyme disease (*Borrelia burgdorferi*) is carried by a relatively small tick known as *Ixodes Scapularis*. Many people don't notice these ticks on their pet, particularly in the nymph stage, because they are so very tiny. Like other ticks, when the nymph or adult attaches to feed, it must keep the host's blood from clotting in order to get a good blood meal. It achieves this by regurgitating various enzymes from its midgut that keep the blood flow liquid and smooth. It is during this process of regurgitation that the Lyme bacteria is brought up from the tick's gut to its mouth parts, and into the pet or person.

In dogs, there is a vaccine to prevent Lyme disease  
...Continued on page 27

*Pet World, a bi-weekly column by Dr. Eleanor Sabeau, or Dr. Jennie Marvelle. They can be reached at Lakeside Veterinary Clinic lakevets@roadrunner.com or by phone at 465-7387*

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**PALERMO** - Sheepscot Lake access. Like new 3BR, 2BA Cape. Beautiful Oak kitchen w/open FR, HW & tile floors, spacious rooms, large deck, daylight rec room, solar HW, auto generator. Pretty lot w/extensive gardens, dock/beach. **MLS #1050294 \$249,900**



**MONMOUTH** - Sand Pond ROW. Monmouth yr round home. Boat, swim or fish from the shared ROW (2 other properties). Completely renovated 2BR, 1BA w/ new roof. Some new flooring. Beautiful water views. **MLS #1045300 \$127,000**



**BELGRADE** - Great Pond - Enjoy gorgeous sunsets & lake views from this 3 season cottage situated at lake's edge on prestigious Great Pond. 3 cozy BR, 2 BA, many built-ins, propane fp, attached oversized heated garage, dock, tennis courts & storage area. **MLS #1013749 \$338,000**



**MERCER** - North Pond - Wide open waterfront views from this yr round cottage. Cozy fireplace, open lvg rm, dng rm, kitchen. Newer septic, well, metal roof and heating system are a major plus. Fully furnished, dock and boat mooring. **MLS #1054113 \$189,000**



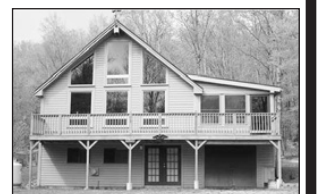
**AUGUSTA** - Togus Stream deeded ROW. Pleasant home on the outskirts of Augusta. Spacious, level lot. Large attached garage. Fully appliances. Possible second BR on second floor. **MLS #1053184 \$99,000**



**MANCHESTER** - Cobbossee Lake access - Manchester 4 BR, 2.5 BA colonial bordering Augusta Country Club. Spacious rooms, many improvements. Cherry kitchen w/granite, master suite, family rm, bath w/whirlpool, deck, boat dock & beach area. **MLS #1054620 \$279,900**



**BELGRADE** - Long Pond access. This 3 bdrm, 2 bth home. Amenities include a spacious kitchen, fireplace, pellet stove, family rm. Deck/hot tub, workshop, near golf course walking distance to stores/restaurants. **MLS #1024960 \$156,900**



**VIENNA** - Kimball Pond - Yr round or vacation home with owned waterfront on Kimball Pond. 3 BR, family rm, 1.5 baths. Open bright interior, lots of glass, 3 season porch, great kitchen, metal roof, new windows on front, garage under, well maintained. Four season recreation. **MLS #1052399 \$169,900**





Business

Businesses “Adopt” Food Pantries

There’s an awesome project underway in Somerset County. As part of an initiative by the Greater Somerset Public Health Collaborative and United Way of Mid-Maine, local businesses and government offices in Skowhegan, Madison and Norridgewock are enlisting to support local food cupboards.

The project, which has been endorsed by Main Street Skowhegan, Skowhegan Rotary, Madison Business Alliance and Norridgewock Chamber of Commerce, to date has signed up local businesses and government offices in Skowhegan, Madison and Norridgewock on a month-by-month basis for each month through February 2013.

For the month of June, Somerset Sports and Fitness has adopted the Town of Smithfield Food Pantry. The Skowhegan business will collect food and cash contributions from its 700-plus members and from visitors who use the exercise and weight workout facility and attend the over 40 classes each week.

According to Kelly Coughlin, General Manager at Somerset Sports and Fitness, the business chose the Town of Smithfield Food Pantry because the town is small and might especially need help.

“I didn’t realize how many people rely on



food cupboards,” Coughlin said. “We are very community oriented and when offered this opportunity, we jumped at the chance.”

...Continued from page 26  
that is effective in preventing infection (although not one hundred percent). Most vets also recommend yearly screening for exposure to Lyme bacteria and other rickettsial diseases with a quick blood test that is done right in the clinic. If exposure is detected, prompt and appropriate measures can be taken to prevent serious sequelae in dogs, such as kidney disease, arthritis or neurologic disease. Early detection can allow treatment before the disease progresses from an acute to a chronic state. Fortunately, in many cases, when treated early after exposure (i.e. the “acute” state), even sick dogs respond well to antibiotic therapy. Generally, cats are considered resistant to clinical

Food cupboards use donated funds to buy high protein foods and refrigerated foods that aren’t available from federal sources. In addition to the growing demand of more people out of work and out of money, local food cupboards are receiving less donated food from the U.S. Department of Agriculture food distribution program because supplies are going to areas of the country affected by natural disasters such as tornados and hurricanes.

The Smithfield effort to help local families with free food is based at the town office on Village Road.

For more information about the project, or to “adopt,” call 474-8691.



Lyme disease.  
If your dog is known to have been exposed to Lyme disease, be aware that you and your family are in the same environment that your dog was when he was exposed; he may have also brought infected ticks closer to you. While a tick is needed to transmit bacteria from one animal to another, and you cannot get Lyme disease directly from your dog, there are usually a large number of ticks in a given area, many of which may have fed on the same host, such as an infected deer. Make sure to consult with your physician if you have any concerns about exposure in yourself or your family.



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If you have a major medical emergency such as chest pain, a severe breathing problem, cardiac condition, or major trauma, please call 911 or go to the nearest emergency room.

If you have a minor health condition such as poison ivy, a fish hook, laceration, etc, please try to call before arriving at the health center. We accept patients on a walk-in basis, but you will be asked to wait until our regularly scheduled patients are seen. If you call ahead, we can give you a scheduled appointment and likely reduce your wait.

We are located at 4 Clement Way, just off Route 27, 3 miles north of the intersection of Routes 27 and 135. We look forward to seeing you for any of your healthcare concerns. For more information call 495-3323 or visit www.BelgradeCHC.org.

Sincerely,

Amy Madden, MD  
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**LONG POND~** Cozy 2br camp with loft. Beautiful 110ft of waterfrontage with deck on the water. Expansive views of the lake morning, noon, and night. (984563) **\$285,000**



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