

Summertime in the Belgrades



... Serving the Central Maine Lakes & Kennebec River Corridor

—A Cider Mill Press Publication—

VOLUME 13, NUMBER 11

Farm Days: the Best Last Family Outing of the Season

by Esther J. Perne



Maine Farm Days on Wednesday and Thursday, August 24 and 25, at the Misty Meadows Farm in Clinton is a free invitation to farming at its finest: corn-planted fields (including a maze) in every direction; 550 cows and 400 young stock - contented and well fed; petting sheep, goats and calves waiting to charm young children; work horses pulling wagons around the grounds; a host family - Belinda and John Stoughton and children, warm and welcoming.

Maine Farm Days is a gathering of dedicated farmers, here for the "Maine Farm Days Agricultural Exposition," studying the newest in equipment, greeting fellow professionals from around the state, comparing figures (and fortunes), discussing with vendors the latest and greatest in spraying, fertilizing, spreading and other high-tech, insider talk, and nodding with approval at the non-farmers here to share and appreciate.

Maine Farm Days is non-farmers, the general public, anxious to indulge in nostalgia or to show their children a farm, a little bit tentative on arrival but quick to get into the swing of things, pausing by booths where



Continued on page 2

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Continued from page 1



agriculture is explained, browsing in the craft tent, letting the kids loose in the children's tent, admiring display equipment, resting in the shade with a tasty snack, tackling the milking contest or smiling at the contestants, and relaxing on the wagon tour where grand-scale, environmentally-sound practices are pointed out in an easy-to-see way.

The Misty Meadow operation is huge, a

large dairy farm that grows 950 acres of their own feed and other crops - all the forage they need to feed over 900 cows. The farm raises many of its own replacement animals, and milks over 500 cows that produce about 4,400 gallons of milk a day.

Maine Farm Days is a great way to say good-bye to the summer season, to linger in a country setting, to discover once again there's a lot of learning outside of school

(which, by the way, starts next week!), and to appreciate a farmer's lifestyle and the production of food.

Maine Farms Days is ready and waiting for the farmers, of course, but also for everyone. It's the best finale outing of the vacation season, and it's free.

Misty Meadows Farm is located at 308 Hill Road in Clinton. For schedule details and directions visit www.MaineFarmDays.com



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Eco Kids

Gloeotrichia is a big word, but ask any K through 6-grader who has taken the Eco Kids course sponsored by the Belgrade Regional Conservation Alliance and they can pronounce it properly and tell you if it is in the lake.

Crayfish is a small crustacean that hides under rocks in the lake. The Eco Kids know that and they also have spent time in the water searching for crayfish near the shore.

The Eco Kids Series was started in 2010 to bring awareness of the outdoors to youth. Scavenger hunts and relays were the beginning of a program that has grown into a weekly series held in collaboration with the 2011 Camp Golden Pond at the Belgrade Community Center for All Seasons.

The Tuesday afternoon sessions



this season included: Maps - learn how to find buried treasure; Safety - what could possible go wrong?; Soils - hope you aren't allergic to chocolate...or dirt; Water - Splish, splash. Bring your swimsuit!; Plants - dance with the plants!!!!; Animals - Grrr, Hiss, Woof and Chirp!

On Tuesday, August 16, Eco Kids will play games and show off what they've done all summer at the Maine Lakes Resource Center on Main Street in Belgrade Lakes.

For information about the BRCA call 495-6039. For information about Camp Golden Pond call 495-3481. For information about gloeotrichia ask an Eco Kid.



Summertime in the Belgrades

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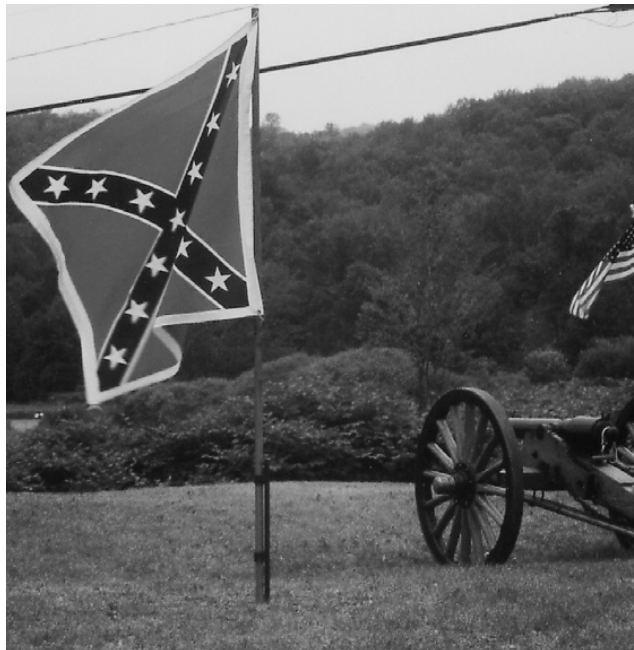
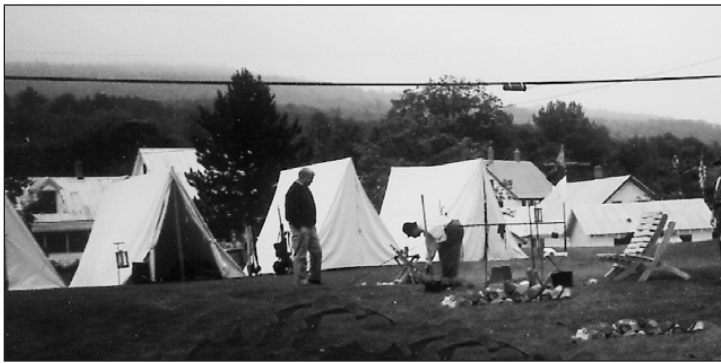


Legacies

Vienna Historical Society Hosts Huge Civil War Event

In observance of the 150th Anniversary of the start of the Civil War, the Vienna Historical Society will hold an open house and living history day featuring an encampment of Company K, the 3rd Maine Regiment Volunteer Infantry. Festivities will be from 9:00 a.m. to 6:00 p.m. on Saturday and Sunday, August 20 and 21st at the Historical Society on Town House Road. There will be something of interest for everyone

The 3rd Maine Infantry will have their entire organization encamped just as they would have been in 1861. Visitors can walk all through the encampment and learn about the various aspects of camp life. No camp would be complete without "camp followers" and the 3rd Maine has their own contingent of proper ladies in tow. Children (and maybe even some men) will be allowed to



march in drills with the soldiers. The camp ladies will tell all about their costumes and perhaps dress up some volunteer visitors.

Several local artisans will be displaying their wares, as well as demonstrating some of their techniques. There will also be food, antiques, music, dancing and featured speakers on both days. Historian David Cook of Winthrop will speak at 2:00 p.m. on Saturday on "Maine and the Great Rebellion." Mr. Cook is an exciting speaker and is writing a book on the 3rd Maine's participation in the Civil War. On Sunday at 2:00 p.m., the speaker will be Helen Neff, who will offer a discourse on "Quilts of the Underground Railroad." Ms. Neff is an accomplished quilter and has done extended research on the use of quilt symbols as guideposts on the Underground

Railroad, and will be displaying her sampler quilt.

The Historical Society has published a new book, *Where Have All the Soldiers Gone: Civil War Veterans of Vienna and Mount Vernon*, which will be introduced at the event. The book chronicles the service records of local veterans, and follows their lives after returning from the war. Most stayed right here at home, but many migrated west and had exciting adventures.

The Vienna Historical Society extends an invitation to everyone to attend this event, and inspect the progress in refurbishing Waite House. Please bring all the children to see this wonderful historical enactment by the 3rd Maine. The event is free and there will be plenty of parking.

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Watershed Wisdom

The Belgrade Lakes area is a special place, dominated by the 7 large lakes of the Belgrade Lakes chain (East Pond, North Pond, Salmon Lake-McGrath Pond, Great Pond, Long Pond, and Messalonskee Lake) but also containing numerous smaller ponds, especially in the Kennebec Highlands. The State of Maine has over 6000 “great ponds” of over 10 acres. Maine lakes bring in almost \$4 billion dollars per year to Maine’s economy. It is incumbent on all of us to understand and protect these lakes and hopefully the new Maine Lakes Resource Center that opened this week will help us do that.

Maine residents take lakes for granted— we’ve always had lakes as part of our landscape. These lakes are here because of the last ice age when large masses of ice were moving across Maine in a south-westerly direction, gouging out the earth’s surface and piling up rocks ahead of the ice. About 20,000 years ago, when the glaciers began to melt and recede, they left behind large chunks of ice in low points in the landscape. These ice chunks melted and formed Maine’s lakes and ponds, most of which are elongated north to south along the glaciers’ direction of movement at the peak of the ice

Deadline is September 2 for NRCS Money

September 2, 2011 is the deadline for applications for the following Natural Resources Conservation Service financial assistance programs:

-Wildlife Habitat Incentives Program (WHIP) for Maine landowners, including non-agricultural and forestry landowners, who would like assistance in developing, improving, or managing wildlife habitat or restoring natural ecosystems.

-New England-New York Forestry Initiative, through WHIP, for Maine forest land owners to improve wildlife habitat, forest health and productivity, and water quality.

-Wetlands Reserve Program (WRP), to help farmers restore farmland, including pastures, which were once wetlands to create fully-functioning wetlands again. This is a great opportunity for many landowners who may have land that is poorly drained and difficult to cultivate, landowners who are looking to cut back on farming but don't want to sell the land, or those landowners interested in establishing and protecting prime wildlife habitat.

All applications are for Fiscal Year 2012. For more information call 778-4767.

age. In terms of geological time, lakes are transient phenomena. Once lakes are formed, Mother Nature begins to fill them back in. As water goes through the hydrologic cycle, it is evaporated from the lakes, becomes water vapor in the atmosphere, and then condenses first into clouds and then cloud droplets combining to form precipitation. This precipitation falls back to earth, eroding the earth’s surface as it flows downhill, sometimes after melting in the spring. Over geological time scales, these erosion processes turn rock into soil but they also eventually fill in low points in the landscape including lakes and ponds.

This is why the southern states have very few lakes. Without the glaciers to reform large numbers of lakes every 50 thousand years or so, there are very few natural processes that form lakes. Beavers will dam streams or rivers to form ponds, volcanoes will form crater lakes (e.g., Crater Lake, OR), meandering rivers will occasionally split off an “oxbow” lake, and sometimes meteors will crash into the earth forming depressions (kettle lakes of NC) or tectonic plates will rise from the sea (Lake Okeechobee) or collide (Lake Tanganyika). But these are uncommon events. Generally speaking lakes in the southern US are actually impoundments formed by damming a river or stream. This is why southerners are especially fascinated by Maine’s natural lakes.

Newly formed glacial lakes contain nothing but water. They are what limnologists (people who study lakes) call “oligotrophic” or nutrient poor (think Lake Superior). Water flowing towards the lake dissolves minerals from the rocks and picks up soil particles including nutrients such as nitrogen and phosphorous. Over time, as this water enters the lakes, the water in the lakes becomes enriched and can support aquatic plants and animals including fish. This natural enrichment process is known as “eutrophication.” A little eutrophication is a natural and necessary part of a lake’s life cycle. But like many things in life, too much of a good thing can be disastrous and lead to premature death or illness. We talked about that earlier in some of our phosphorus columns and why we need to focus on erosion control.

Our summer is rapidly reaching an end— days are getting shorter and the nights are getting cooler. As air temperatures decrease, the warm water at the lake surface also cools. Because the cooler water is denser than the water below, it sinks until it reaches the level where it is no longer cooler than the surrounding water. This sinking water creates downward convective currents that both cool the water column and bring oxygen rich water from the

surface to deeper depths. As the lake cools, eventually it reaches a point of maximum density where the water is the same temperature (4°C=39°F) and density throughout and is well oxygenated from top to bottom. Because it is of uniform density, there is little resistance to mixing and the lake mixes easily with wind or flowing water currents. This is known as “turnover.” Cold water can dissolve more oxygen than warm water so this is the time of year when oxygen in the water column is maximized. Because water has a maximum density at 4°C, further cooling results in water that is less dense than the deeper water and the surface water stops mixing downward and eventually freezes, resulting in a protective insulating blanket that allows the rest of the lake to remain as liquid water through the winter.

In the spring, as the ice melts and the water warms, the lake again reaches a point where it is the same density throughout and easily mixed. Because of this, lakes in temperate regions like Maine turn over twice a year, in spring and fall. Limnologists (scientists who study lakes) call these types of lakes “dimictic” lakes. This turnover ensures that the entire water column gets well oxygenated at least twice a year. In other parts of the world, the temperatures don’t get cold enough to turn over deep lakes. In these lakes, which limnologists call “meromictic,” the deep waters become anoxic and there is a permanent “dead zone” in which poison gases such as hydrogen sulfide can build up. Occasionally an unusual event such as an earthquake will disturb the stratification and the lake will belch poison gas such as Lake Nyos in Cameroon did in 1986, causing nearly 1,800 deaths. Next time you find yourself feeling like our cold Maine winters are a problem, think about what the cold is doing to help turn over our lakes and keep them healthy.

If you want to learn more about lakes, I invite you to visit our web site at www.belgrade-lakes.org. We have a lot of good information on watersheds posted there, including copies of all my past Watershed Wisdom columns. Come on down to our new Maine Lakes Resource Center where we will be creating exhibits and hosting events to encourage people to learn how to better protect our lakes. Let’s make conservation a tradition in our community.

Peter Kallin, Executive Director of the Belgrade Regional Conservation Alliance (BRCA), can be contacted at 495-6039 or brca@gvi.net, or visited at the BRCA Office, The Boathouse, Belgrade Lakes.

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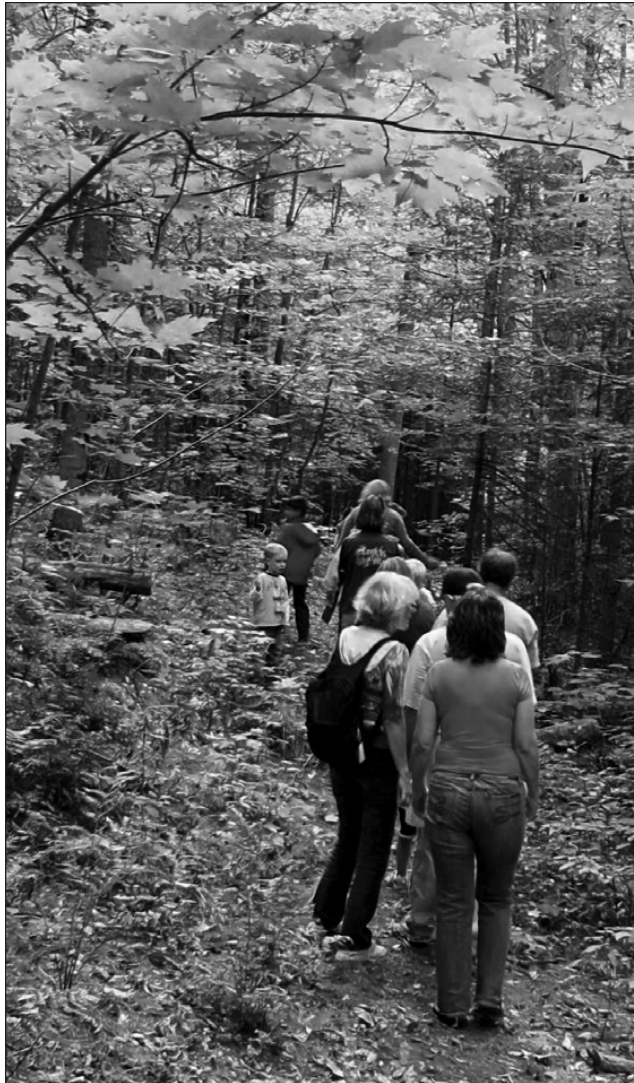


— Activities & Outings —

Come join a guided nature hike on the trails behind the L.C.Bates Museums on August 25, at 10 AM. The hike will explore the trees, plants and animals found along the Dartmouth Trail. The Dartmouth Trail that was built in 1916 leads through a softwood forest inhabited by many species of birds, insects and animals. Along the trail we might see longhorn beetles, hear some warblers, see signs of forest animals, and learn about our native trees and the creatures that depend on them.

On Friday, August 26th at 8:30pm there will be a STAR PARTY at the L.C.Bates Museum. August 26th Night at the museum is a Star Party. Come join us for a beginners' exploration of the night sky. Try out the museum telescope too! We welcome all levels of experience and bring your telescopes if you have them!

On Saturday August 27th from 1-4pm is a Museum BUG DAY! This fun family day focuses on the world of the most abundant animal species, the insect! Bug walks with a museum staff member will be at noon and 2pm. The museum will set up bug activities for visitors to explore like trying on bug glasses, viewing museum specimens, making a bug mask, playing with insect puppets, and making a bug life cycle! Families are invited to stop in at anytime.



Hikers on the trail

Family Adventures at L.C.Bates Museum



Child making a Frog Life cycle craft

The L.C Bates Museum is dedicated to inspiring wonder, discovery and responsibility for our natural and cultural worlds through exhibitions and programs. For more information about the L.C. Bates Museum exhibits and programs, contact the L.C.Bates Museum at Good Will-Hinckley 207-238-4250 or lcbates@gwh.org. The L.C. Bates Museum is located on Rt 201 in Hinckley, Maine on the campus of Good Will-Hinckley. The Museum is open Wednesday, Thursday, Friday and Saturday from 10AM to 4:30 PM and Sunday from 1 to 4:30 PM. in winter by appointment or chance. The admission is \$3.00 for adults and \$1.00 for children.



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Notebook

Belgrade Historical Society

• The August meeting of the BHS will be held at the Advent Christian Campground, Station Road, off Route 8 in North Belgrade. Arrive by 7 pm, earlier to walk around. The guest speaker will be Duane Crabtree, the Campground's historian, who has spent many summers at the Campground. 465-7924

Walk to Defeat ALS

• Want to join the Sue Boo (Sue Gawler) Team in the Walk to Defeat ALS® on September 10... Go to www.alsa.org/sueboocrew to make a donation. ALS - Amyotrophic Lateral Sclerosis - or Lou Gehrig's Disease comes out of the blue; it can happen to anyone. Help raise money and help raise awareness. Participate in the Walk as a walker or donor. Join the Sue Boo Crew!

Augusta

• "Off Limits: Pine Trees, Politics, and the King's Broad Arrow" is the featured exhibit in the Maine State Museum lobby through August. The exhibit looks at the importance of the white pine in the economy, politics, and settlement of colonial Maine. Artifacts excavated from the Revolutionary War privateer Defence are featured, as well as drawings by Samuel F. Manning that detail the processes of felling, transporting, and working the huge white pines into masts for the British Navy. 287-5600

• Save the dates! On Friday and Saturday, September 23 and 24, there will be an Adoption/Foster Care Conference and Expo at the Augusta Civic Center. Friday is Professional's Day, Saturday Expo & Workshops Day. Keynote speaker will be Dr. Joyce Maguire Pavao, nationally recognized adoption and family relationships expert. 827-2331

Belgrade

• Volunteers needed for "swap shop." The Town of Belgrade Transfer Station Committee is looking for volunteers to assist in the organization of the "Swap Shop" building at the Transfer Station. If volunteers are not found the "Swap Shop" will be closed. Please see the Transfer Station Supervisor, Clarence Burnham, for more details. 495-2258

• On Tuesday, September 6, 12-8 pm at the

Center for All Seasons there will be a special referendum for RSU 18 on the following: "Do you favor authorizing the School Board to undertake an energy conservation project at Messalonskee High School, Messalonskee Middle School and Williams Elementary School, including construction and installation of a wood-chip boiler, distribution systems, an accessory building to house the boiler and related improvements and to finance the project by the issuance of bonds or notes in the name of the regional school unit for the Project in an amount not to exceed \$3,188,000 and by a federal grant in the amount of \$500,000 awarded by the State Department of Conservation, Maine Forest Service?" 495-2580

Hallowell

• Gaslight Theater is taking reservations for Agatha Christie's classic "And Then There Were None." The show opens August 26 at Hallowell City Hall. Performances are August 26 and 27 at 7:30 pm, August 28 at 2 pm, and September 1-3 at 7:30 pm. Tickets are \$12 for adults, \$10 for students and seniors. Join the doomed cast on a deserted island where one by one they disappear until there are none. 626-3698

• The public is invited to the Harlow Gallery and historic downtown Hallowell on Saturday, September 10 to experience "Art at Home." This new collaborative event offers a self-guided tour of seven residences with private art collections, which were selected to showcase not only their residents' art collections, but also their relationships with their art. During the day there will be special discounts at select Hallowell businesses, and there will be a random drawing for a piece of art. Tickets are \$25 in advance or \$30 the day of the event. 622-3813

Madison

• Calling all Artisans & Crafters. The 2011 Madison-Anson Days Celebration, August 25-28, will feature a Sidewalk Craft Show, as well as sidewalk sales. There will be booth space on both sides of Main Street; in case of rain the show will be held inside a downtown location. Booth space, 12x10 area, is \$25 for each vendor; proceeds will be used to advertise the show. Craft show hours are: Thursday ad Friday 11 am-5 pm, Saturday 10 am-3 pm. 696-4808

Rome

• The Rome Yacht Club had a wonderful 2011

race with beautiful weather, great clues and lively competition. The Big Boat Winners were captained by Sarah Lowell, the Small Boat Winner by Anna Barnes, and the Paddle winner by Liza Lowell. Rick Biche was in charge of the creative and challenging clues. Next year's race (the 36th? annual) will be on Saturday, August 4 with Lisa Vines Bruce is the new Commodore and Liza Lowell the new Vice Commodore. Liza and her husband, Keith, will be the 2012 cluemasters.

Skowhegan

• Skowhegan Fairgrounds is the place to go for fall horse shows, scheduled as follows: August 26-28 - 42nd Annual State Appaloosa Horse Show; September 3 & 4 - Maine Quarter Horse Show; September 10 & 11 - AHAME Autumnfest Horse Show; September 16-18 - Downeast Medal Finals; October 1 - Special Olympics Maine Equestrian Competition. 474-2947

• Somerset Woods Trustees will hold its annual BBQ fundraiser on Wednesday, August 24, 11:30 am-1:30 pm at the rest area on Route 2 known as Kennebec Banks. The BBQ will be prepared by the Trustees of the Somerset Woods and will include either a hamburger, chips and drink or two hot dogs, chips and drink for \$5. The State of Maine is no longer maintaining the Route 2 picnic area, and this fundraiser is to help support future maintenance. For tickets contact 474-0057, 474-3324, or 431-5021.

Waterville

• Thanks to the excellent response by many generous individuals, businesses, and foundations, the Opera House met the bonus 3:1 match offered by the Harold Alfond Foundation. The renovations to the theater will now include a set construction shop at the base of the freight elevator for a \$4.3 million project. Seats may still be named with a contribution of \$250, \$55, or \$1,000 and gifts of any amount are welcome. The Opera House also is looking for bids in the following: earthwork, concrete, masonry, metals, roofing, pass doors and hardware, drywall, painting, elevator, fire suppression, mechanical, and electrical. www.operahouse.com, 873-7000

• Wonderful crafting things are happening at Women's Initiative located at 93 Main Street, the Center, in the lower level. Crafting Circle meets on Tuesdays and Thursdays 11:30 am-2:30 pm. Tuesday is bring your own project. Thursday is

Continued on page 20

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Calendar Directory

TOWN BY TOWN...

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AUGUSTA

- Arboretum, 6 miles of year round walking trails open dawn to dusk, Visitor Center open Mon-Fri 9pm-4pm, Viles Arboretum, 626-7989, www.vilesarboretum.org, 153 Hospital Street.
- **Capitol Complex, State Street**
- Maine State House, Hall of Flags, House and Senate Rooms, Klir Beck dioramas, Mon-Fri 8 am-5 pm, book tours at Maine State Museum, walk-ins welcome 9 am-1 pm, www.maine.gov
- **Art in the Capitol**, Maine Arts Commission monthly self-guided exhibits in State House hallways (Mon-Fri 8 am-5 pm), Blaine House (call for times), and Maine Arts Commission Office (8:30am-4:30 pm), 287-6746, mainearts.maine.gov
- **Governor's Mansion**, 1830 Blaine House, Tue-Thu 2-4 pm, 287-2121, www.blainehouse.org
- **Maine State Museum**, Tue-Fri 9 am-5 pm, Sat 10 am-4 pm, \$2 adults, \$1 ages 6-18, 287-2301, www.maine.state.museum.org
- **Maine State Library**, 287-5600, Mon-Sat opens 9 am.
- **Children's Discovery Museum, CDM**, hands-on displays, actives, Tue-Thu 10 am-4 pm, Fri-Sat 10 am-5 pm, Sun 11 am-4 pm, admission, 622-2209, www.childrensdiscoverymuseum.org, 171 Capitol St,
- **Kennebec Historical Society**, Wed-Fri 10 am-2 pm, 622-7718, www.kennebechistorical.org, 107 Winthrop St.
- **University of Maine at Augusta, University Drive**
- **Danforth Gallery**, Jewett Hall, art exhibits, UMA-1234, www.uma.edu/DanforthGallery
- **Holocaust and Human Rights Center of Maine**, Michael Klahr Center, 621-3530, www.hhrc.uma.edu
- **UMA Fitness Trail**, 2 miles of wooded trails, near Civic Center
- **Riverfront/Downtown**
- **Old Fort Western**, 1754 fort, house, store, 1-4 pm daily, admission \$6, 4-14 years \$4, 626-2385, www.oldfortwestern.org Cony St.
- **Riverfront Park**, boat launch, Greenway Trail, playground, eastside Kennebec River
- **Kennebec River Rail Trailhead**, Maine State Housing Authority parking lot, www.krrt.org, Water St.
- **Museum in the Streets**, walking/history tour, www.augustamaine.gov, downtown.
- **Farmers' Market at Mill Park**, Sun 2-6 pm, 626-2305, www.farmersmarketmillpark.org/, North Water St.
- **Farmers' Market at Turnpike Mall**, 549-5112, Wed and Sat 10 am-1 pm, Western Ave.

BELGRADE LAKES

- **Great Pond Mailboat**, 215-7520, Mon-Sat, 10 am, Post Office, Main St.
- **Spring Gallery & Sculpture Garden**, Modern Art Foundry, Thu-Sun 11 am-5 pm and by appointment, 495-3113, www.springgallerymaine.com, 81 Main St.
- **The Belgrade Community Center for All Seasons**, swimming, gym, playground, picnic area, rec programs, library, 495-3481, www.belgrademaine.com 1 Center Dr.
- **Union Church Coffee House**, second Sat of month, 7:30 pm, \$5, 495-3599, Main St.
- **Belgrade Historical Society**, monthly meetings, 465-7924
- **Farmers' Market**, Sun 8 am-1 pm, Thu 2-6 pm, 465-7058, www.belgradelakesfarmersmarket.org, Main St.
- **Peninsula Park on Long Pond**, picnic tables, Main St.
- **Selah Boat Tours**, Please call Captain Jim to arrange your tour of Great Pond today 207-495-8826

FAIRFIELD

- **Fairfield Historical Society**, 1890 Cotton-Smith House, Tue 9 am-12 noon, 1-4 pm, 453-2998, www.fairfieldmehistoricalociety.net, 42 High St.
- **Farmers' Market**, 948-5724, Wed 2-6 pm, Sat 9:30 am-1:30 pm, Nazarene Church parking lot, 81 Main St.

FARMINGTON

- **Farmington Historical Society**, 778-2835, Wed and Sat, 11 am-2 pm, July-August, 118 Academy St.
- **Nordica Homestead Museum**, opera singer Lillian Nordica costumes, jewelry, mementos, 778-2042, Tue-Sat 10 am-12 n and 1-5 pm, Sun 1-5 pm, 116 Nordica Lane, Holley Rd.
- **Contra Dance**, 491-9928, www.starleft.org 2nd Sat of the month, all welcome, 6:30-7:30 pm family dance, 8-11 pm regular dance, admission, Grange Hall, Bridge St, Rt 43, West Farmington
- **University of Maine campus and Arboretum**, four walking tours with informal guide pamphlet to campus trees, 581-1541, www.umaine.edu/arboretum/, downtown
- **Farmers' Market**, 778-6602, Fri 9 am-2 pm, Better Living Center parking lot, Front St; Saturday 8 am-12 noon, Main St.
- **Meetinghouse Park and Gazebo**, weekly concerts throughout summer, downtown
- **Fairgrounds**, events throughout summer, Franklin County Fair in Sept, High St.

GARDINER

- **Artdogs and Circling the Square Fine Art Press**, 1-5 pm Fri, 10 am-4 pm Sat, 582-2108, www.theartdogs.com, 275-277, Water St.
- **Johnson Hall Performing Arts Center**, 582-7144, www.johnsonhall.org 280 Water St.
- **Farmers' Market**, 582-3100, www.gardinerfarmersmarket.org, Wed 2-6 pm, rain or shine, The Common
- **Kennebec River Rail Trail**, terminus near Gardiner/Randolph Bridge, 6.5 miles to Augusta
- **Waterfront Park**, picnicking, events throughout summer, Kennebec River

GREENE

- **Araxine Wilkins Sawyer Memorial**, free monthly entertainment programs, 946-5311, www.sawyer-foundation.com, 371 Sawyer Rd, off Rt 202

HALLOWELL

- **Harlow Gallery**, Kennebec Valley Art Association, 622-3813, www.harlowgallery.org Wed, Thu, Sat, 12-6 pm, 160 Water St.
- **Gaslight Theater**, 626-3698, www.gaslighttheater.org City Hall, 1 Winthrop St.
- **Museum in the Streets**, history/walking tour, www.historichallowell.org, downtown
- **Farmers' Market**, 622-1350, Sun 11 am-3 pm, north end of Water St.
- **Vaughn Woods**, 166 acre park/trails, Middle St.
- **Kennebec River Rail Trail**, to Augusta, Farmingdale/Gardiner, downtown
- **Waterfront Park**, weekly summer concerts, North Water St.

HINCKLEY

- **L.C. Bates Museum at Good Will-Hinckley School**, early 20th century natural history and cultural exhibits, nature trails, adults \$3, up to 17 years \$1, 238-4250, www.gwh.org Wed-Sat 10 am-4:30 pm, Sun 1-4:30 pm, Rt 201

KINGFIELD

- **Reinhart Gallery Art Center**, 266-4656, 245 Main St, www.ianreinhold.com/gallery.html
- **Ski Museum of Maine**, by appointment, 265-2023, 256 Main St, www.skimuseumofmaine.org
- **Stadler Gallery**, 265-5025, 12-4 pm daily or by appointment. 225 Main St, www.stadlergallery.com
- **Stanley Museum**, 265-2729, www.stanleymuseum.org, memorabilia/displays on Stanley Steamers, Tue-Sun 1-4 pm, 40 School St.

LIVERMORE

- **Washburn-Norlands Living History Center**, 18th-19th century mansion/farmstead/schoolhouse, library, chapel, 897-4366, www.norlands.org, admission, living history tours Tue and Thu 1-4 pm, 290 Norlands Rd.

MADISON

- **Lakewood Theater, Maine's Summer Theater, Young Performers Camp**, 474-7176, www.lakewoodtheater.org, Rt 201
- **Skowhegan School of Painting and Sculpture**, 474-9345, www.skowheganart.org, summer evening artists lecture series, East Madison Rd.

MONMOUTH

- **Monmouth Museum**, local and regional Maine history, Wed-Sun 1-4 pm, 933-2287, www.monmouthmuseuminc.org, 751 Main St.
- **The Theater At Monmouth**, The Shakespeare Theater of Maine, Cumston Hall, 933-9999, www.theateratmonmouth.org, Main St.

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MOUNT VERNON

- **D.E.W Animal Kingdom**, Zoo, 293-2837, www.dewanimalkingdom.com, Tue-Sun 10 am-5 pm, \$10, 918 Pond Rd, Rt 41

NEW PORTLAND

- **Nowetah's American Indian Museum and Craft Shop**, 628-4981, daily 10 am-5 pm, free, 628-4981, 2 Colegrove Rd, Rt 27, www.nowetahs.webs.com/
- **Wire Bridge**, 1864, probably only wire suspension bridge in U.S., off Rt 27

NEW SHARON

- **Farmers' Market**, Sat 9 am-1 pm, Douin's Market, 491-9025, 150 Mercer Rd, Rt 2

NORRIDGEWOCK

- **Norridgewock Historical Society Museum**, 1838 building, Sat 10 am-3 pm, 634-5032, www.norridgewock.com, Mercer Rd, Rt 2
- **Osooola Park**, picnic area, great playground, boat launch, on Kennebec River, Rt 8

OAKLAND

- **Macartney House Museum**, Oakland Area Historical Society, 465-7549, Wed 1:30-4:30 pm, 1815 home with antique furnishings and Oakland artifacts, 25 Main St.

READFIELD

- **Readfield Historical Society and Museum** in 1823 schoolhouse, 685-4662, www.readfieldhistorical.com/, Thu and Sat 10 am-2 pm or by appointment, Rt 17, Readfield Depot

ROME

- **Mt. Philip Grange**, suppers 3rd Sat of month, 4:30-6 pm, all you can eat beans, cornbread, rolls, chop suey, pies, Rts 135/225
- **Trails: Mount Philip** on Rt 225; The Mountain on Rt 27; French's Mountain and Kennebec Highlands, Watson Pond Rd; 495-6039, www.belgradelakes.org, maps available at BRCA, Belgrade Lakes

SIDNEY

- **New England Music Camp**, concerts free and open to the public, famous Bowl-in-the-Pines on Lake Messalonskee, 465-3025, www.nemusiccamp.com, Rt 23
- **Sidney Historical Society**, 547-3142, <http://www.rootsweb>
- **Silver Spur Riding Club**, horse shows, www.silverspur-maine.com/, River Rd/Rt 104

SKOWHEGAN

- **Margaret Chase Smith Library**, residence, home, museum exhibits, 474-7133, www.mcslibrary.org, free, Mon-Fri 10 am-4 pm. 54 Norridgewock Ave.
- **History House Museum**, 1800s local history and culture, 474-6632, www.skowhegan.com/historyhouse, Tue-

Fri 1-5 pm, Elm St.

- **Fairgrounds**, weekly horse shows/competitions at covered arena, Skowhegan State Fair in Aug, 474-3621, Madison Ave.
- **Farmers' Market**, Wed 3-6 pm, Sat 9 am-1 pm, weekly entertainment, 938-3906, Skowhegan Savings Parking Lot, Old Grange Hall, Madison Ave.

SMITHFIELD

- **Fairview Grange** suppers, 362-2791, every Wed in summer, 5 pm, Village Rd, Rt 8
- **Sunbeam Roller Rink**, Wed, Fri, Sat 7-10 pm, 362-4951, 830 Village Rd, Rt 8
- **Sunset Camps**, public beach, 362-2611, www.sunset-camps.com, Village Rd, Rt 8

UNITY

- **Unity College Centre for the Performing Arts**, folk genre music, 568-3147, www.unitymaine.org, 42 Depot St.

WATERVILLE

- **Aqua City Actor's Theatre (ACAT)**, 873-7000, www.acattheatre.org. Waterville Opera House Studio Theater, Main St.
- **Museum in the Streets**, downtown history/walking tour, www.the museum in the streets.com/waterville.htm
- **Two Cent Bridge**, historic foot bridge over Kennebec River, Head of Falls park/events area, Front St.
- **Colby College Museum of Art**, 859-5600, www.colby.edu/museum/ Tues-Sat 10 am-4:30 pm, Sun 12-4:30 pm, free, Colby College Campus, Mayflower Hill
- Thomas College Art Gallery, 180 West River Rd.
- **Waterville Historical Society Redington Museum**, 1814 home, pharmacy, 872-9439, www.redingtonmuseum.org. Tue-Sat tours at 10 and 11 am, 1 and 2 pm, 62 Silver St.
- **Waterville Opera House**, 873-7000, www.operahouse.com, 93 Main St.
- **Farmers' Market**, Thu 2-6 pm, 680-2055, www.waterville-farmersmarket.org, The Concourse parking lot.

WAYNE

- **Farmers' Market**, 873-7000, <http://waynefarmersmarket.weekly.com>, Sat 9 am-noon, Town Green, next to Post Office, Main St.

WILTON

- **Wilton Farm & Home Museum**, 645-2091, 645-4578, www.wiltonmaine.org, Sat 1-4 pm or by appointment, Canal St.

WINTHROP

- **Norcross Park**, playground, picnic site, boat launch on Maranacook Lake, downtown.
- **Farmers' Market**, 395-4244, www.camarkets.com, Tue and Sat 9 am-1 pm, parking lot, downtown,

Additions/Updates/Corrections: Please contact
Summertime in the Belgrades with any changes to this
Directory.



ASSOCIATIONS/GROUPS

THE BELGRADES...

- **East Pond Association**, Smithfield/Oakland, www.eastpond.org
- **North Pond Association**, 152 Madison Avenue, Skowhegan, ME 04976, 474-8988, www.northpond.net
- **McGrath Pond/Salmon Lake Association (MP/SL)**, 103 Taylor Woods Rd., Belgrade, 04917. 465-3983, www.salmonlake.org
- **Great/Long Ponds: Belgrade Lakes Association (BLA)**, PO Box 551, Belgrade Lakes, 04918, 512-5150, www.belgradelakesassociation.com
- **Friends of Messalonskee Lake Watershed**, PO Box 532, Oakland, 04963, www.snowpond.org
- **Belgrade Regional Conservation Alliance (BRCA) and BRCA Conservation Corps**, PO Box 250, Belgrade Lakes, 04918, 495-6039, www.belgradelakes.org
- **Belgrade Lakes Region Business Group (BLBG)**, PO Box 596, Belgrade Lakes, ME 04918. 495-3700, www.belgradelakesmaine.com
- **Maine Lakes Resource Center / Docks to Doorways**, PO Box 431, Belgrade Lakes, 04918, www.dockstodoorways.com

BEYOND...

- **Maine Congress of Lake Associations (COLA)**, PO Box 426, Belgrade, 04917. 1-877-254-2511, www.mainecola.org
- **Friends of the Cobbossee Watershed**, PO Box 5003, Augusta, 04332-5003, 621-4100, www.watershedfriends.com
- **Franklin County Soil & Water Conservation District**, 107 Park Street, Farmington, 04938, 778-4279, www.franklineswcd.org
- **Kennebec County Soil & Water Conservation District**, Central Maine Commerce Center, 21 Enterprise Drive, Augusta, 04330, 622-7847, ext. 3, www.kcswwcd.org
- **Kennebec Land Trust (KLT)**, PO Box 261, 134 Main St., Winthrop, ME 04364, 377-2848, www.tkltr.org
- **Kennebec Messalonskee Trails**, PO Box 2388, Waterville, 873-6443, www.KMTrails.org
- **Kennebec River Rail Trail**, PO Box 2195, Augusta, 623-8162, www.krrt.org
- **30 Mile River Watershed Association (30 MRWA)**, Kimball Pond in Vienna to the Androscoggin River, 293-2181, www.30mileriver.org
- **Parker Pond Association**, Mount Vernon/Vienna. www.parkerpond.org
- Central Maine chapter of the **New England Mountain Bike Association (CeMeNEMBA)**, 1154 West Road, Belgrade, ME 04917. 441-6227, www.cemenemba.org



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— Calendar —

...Through Saturday 8/20 – Skowhegan State Fair, midway, harness racing, exhibits, food, fun, entertainment, more, www.skowheganstatefair.com, Fairgrounds, Route 201, Skowhegan.

...Through Sunday 8/21 – Tent Sale, factory store, 474-6231, 12 Walnut Street, Skowhegan.

...Thursday 8/18 - Women of Maine Film, by Lauren Shaw, 7 pm 495-6039, Maine Lakes Resource Center, Main Street, Belgrade Lakes.

...Thursday 8/18 through Sunday 8/21 – "The Red Velvet Cake War," 474-7176, Lakewood Theater, Route 201, Madison.

...Friday 8/19 through Sunday 8/21 - Country Grass Music Festival, hosted by Maine Academy of Country Music, featuring country legend, Tony Booth for two performances on Saturday, free camping in the rough, clean rest rooms and showers, snack bar open all weekend, \$10 Friday and Sunday, \$20 Saturday, 622-6772, Broken Acres Family Retreat, Route 206, Jefferson.

...Friday 8/19 - Beasts and Books, animal stories told in the museum with a craft to make and take, appropriate for ages 3 to 6 with a parent, 10-11 am, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

...Friday 8/20 – "James and the Giant Peach," summer show for children (and adults), 1 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...Friday 8/19 and Saturday 8/20 - "Rent," the Tony-Award winning hit musical, presented by Fairway Players, 7 pm, \$10 in

advance, \$15 at the door, tickets available at Axle's Scandinavian Inn, Route 202, Manchester, 623-4583, performance at Winthrop Performing Arts Center, 211 Rambler Road, Winthrop.

...Friday 8/19 – "Blithe Spirit" by Noel Coward, 7:30 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...Saturday 8/20 - "Invasive Species," Children's Program, 10 am, \$1, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

...Saturday 8/20 - Build a Bat House, construct a bat house to mount on your property, 10 am, 495-6039, Maine Lakes Resource Center, Main Street, Belgrade Lakes.

...Saturday 8/20 - Winthrop sidewalk Art Show, artists, food, sales, concert, a farmers' market, rain or shine, 10 am-4 pm, 458-4112, downtown Winthrop.

...Saturday 8/20 - Concert at Norcross Point, Lake Maranacook, 1-3 pm, 620-6231, off Bowdoin Street, Winthrop.

...Saturday 8/20 – "Room Service," hilarious comedy, 1 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...Saturday 8/20 - 2nd Annual Barrels Community Dinner by the River, featuring an all-local menu, 4:30-7:30 pm, rain or shine, \$50 per person, 660-4844, Head of Falls, downtown Waterville.

...Saturday 8/20 - Monthly Bean supper, 3 kind of beans, 2 types American Chop Suey, hot dogs, coleslaw, bread, home-made pies, all you can eat, \$7, under 5 free, proceeds used to donate school supplies to Messalonskee Middle School & Messalonskee High School, 4:30-6 pm, Mt. Philip Grange, Routes 225 and 27, Rome.

...Saturday 8/20 - BBQ Turkey Dinner and all the fixings, cole slaw, corn, potato, and a dessert, 5 pm, Union Church, Route 27, Belgrade Lakes.

...Saturday 8/20 – "Much Ado About Nothing," by William Shakespeare, last performance of the summer season, 7:30 pm, 933-9999, Cumston Hall, The Theater at Monmouth.

...Sunday 8/21 - Horse Equitation/Game Show, 8 am, Silver Spur Riding Club, River Road, Sidney.

...Sunday 8/21 - Art and Faith: Discussion about Religion and Poverty, sponsored by the Colby Art Museum, in conjunction with the exhibit "American Modern: Abbot, Evans, Bourke-White," an exhibit about grinding poverty in the 1930s, at the discussions Maine clergy will talk about religion's role in combating poverty, both historically and today, and how local churches are responding, discussion at 2 pm, gallery tour of the exhibition at 1:30 pm will precede the talk, 859-5600, Colby College, Waterville.

...Sunday 8/21 - Kennebec Land Trust Annual Meeting and Potluck BBQ, field trips including a Gott Pasture or Mount Pisgah hike or a Perkins paddle 2-4 pm, potluck and brief meeting, photo contest and exhibit, 4-6 pm, bring kayak, canoe, bathing suit, 377-2848, Wayne Yacht Club, Wayne.

...Sunday 8/21 - Piano recital by Dr. Lloyd Arriola, a selection of works by Franz Liszt in commemoration of Liszt's 200th birthday, to benefit the Maine Lakes Resource Center, tickets available at www.maineresourcecenter.org, 2 pm, Center for the Performing Arts, Kents Hill School, Route 17, Kents Hill.

...Sunday 8/21 – "Skowhegan Community Band and Sing-A-Long with Barbie," 5-6:15 pm, bring lawn chairs and blankets, 474-0527, Philbrick Gazebo, Coburn Park, Water Street, Skowhegan.

...Sunday 8/21 and Monday 8/22 - Auditions for "The 25th Annual Putnam County Spelling Bee!" a hilarious tale of overachievers' angst chronicling the experience of six adolescent outsiders vying for the spelling championship of a lifetime, 6-8:30 pm, performance dates October 14-16 and 21-23, 873-7000, The Waterville Opera House Studio Theater, 93 Main Street, 1st Floor, Waterville.

...Monday 8/22 – The Old Crow Band, 7 pm, Gazebo, Meetinghouse Square, Route 27, downtown Farmington.

...Tuesday 8/23 – Outdoor Concert, free, 11:30 am-1 pm, Meetinghouse Park Gazebo, downtown Farmington.

...Tuesday 8/23 – Rock on the River Summer Concert Series, 7-8:30 pm, Bandstand, Water and Winthrop Streets, Hallowell.



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...Wednesday 8/24 and Thursday 8/25 - Maine Farm Days, wagon tours, children's activities, display booths, farm equipment displays, demos, milking, barn visits, food booths, and much more, free and open to the public, www.mainefarmdays.com, Misty Meadows Farm, 308 Hill Road, ex 138 off I-95, Clinton.

...Wednesday 8/24 through Saturday 8/27 - "The Red Velvet Cake War," 474-7176, Lakewood Theater, Route 201, Madison.

...Wednesday 8/24 - Rick Adam, one-man band, musical saw, juggling, magic, hat tricks, laugh-riot comedy skits, last performance in Lively Lunches at Johnson Hall Mini-Park series, noon-1 pm, 582-7144, Water Street, Gardiner.

...Wednesday 8/24 - Stargazing Hike, hope for a clear evening as the autumnal celestial bodies begin to emerge, 8 pm, 495-6039, French Mountain, Watson Pond Road, Rome.

...Thursday 8/25 through Sunday 8/28 - Madison-Anson Days, Father Rasele celebration, food, music, entertainment, Sidewalk Craft Show, parade, contests, much more, 696-5622, downtown Madison.

...Thursday 8/25 - JJ Chaisson's PEI Kitchen Party, multi-instrumental, multi-award musician, fiddle and guitar, traditional Prince Edward Island turns, \$15, 7:30 pm, 948-SHOW, Unity Centre For the Performing Arts, 42 Depot Street, Unity.

...Thursday 8/25 through Sunday 8/27 - Blistered Fingers Family Bluegrass Festival, great line-up of bands, camping, hot showers, booths, foods, extra large tent area for spectators, field picking 24 hours a day, 873-6539, blist-f@blisteredfingers.com, www.blisteredfingers.com, Litchfield Fairgrounds, Litchfield.

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— Kennebec Corridor News & Notes —

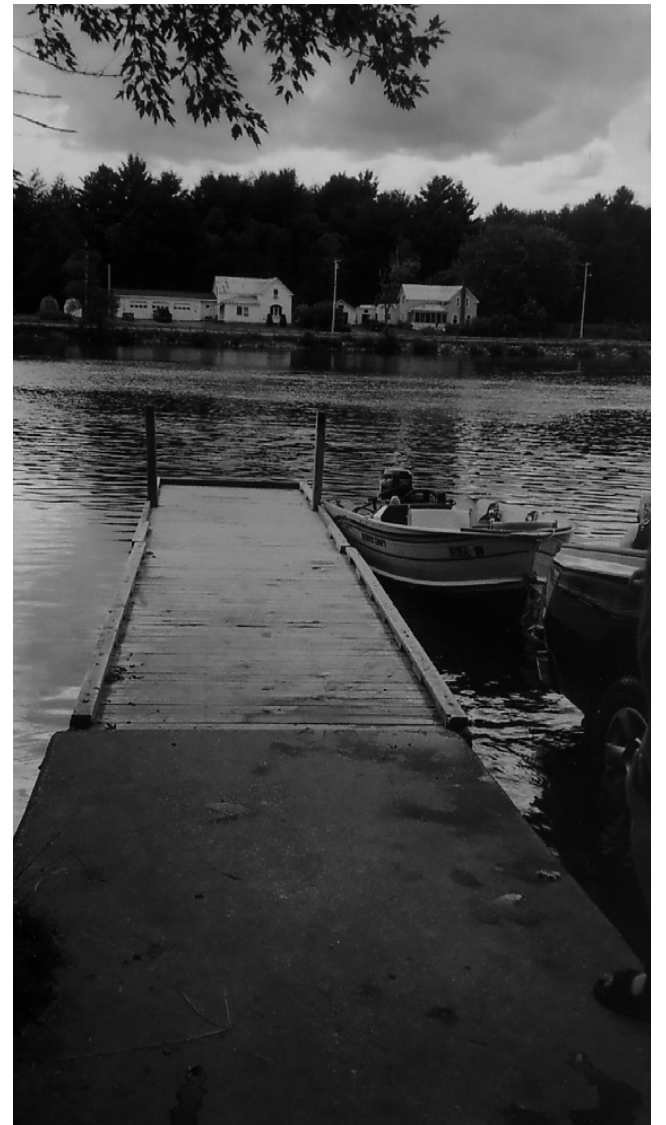
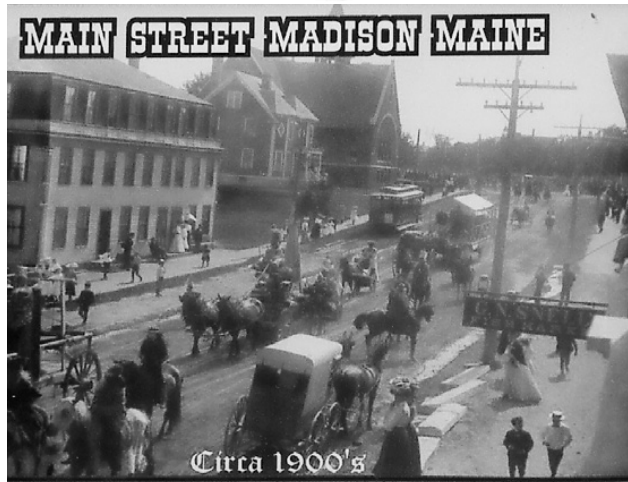
Madison-Anson: Celebrating 35 Years of History



Madison-Anson Days, 35th Anniversary Celebration, will be held on August 25-28 with activities along Main Street, along the Kennebec River, and at venues throughout town.

Highlights of the 4-day event include the 2nd Annual Chili Cook Off, Family Movie Night, a Sidewalk Crafters Show and sales along Main Street, a bike race, an Outdoor Concert with Borderline Express, a parade, fireworks, a book sale, a golf tournament, a 3 on 3 basketball tournament, an exhibition football game, many activities for children, and lots of special food events. And, oh yes, Fireworks!

For complete details visit www.madison-maine.com and see the Madison-Anson Days link or call 696-5622.



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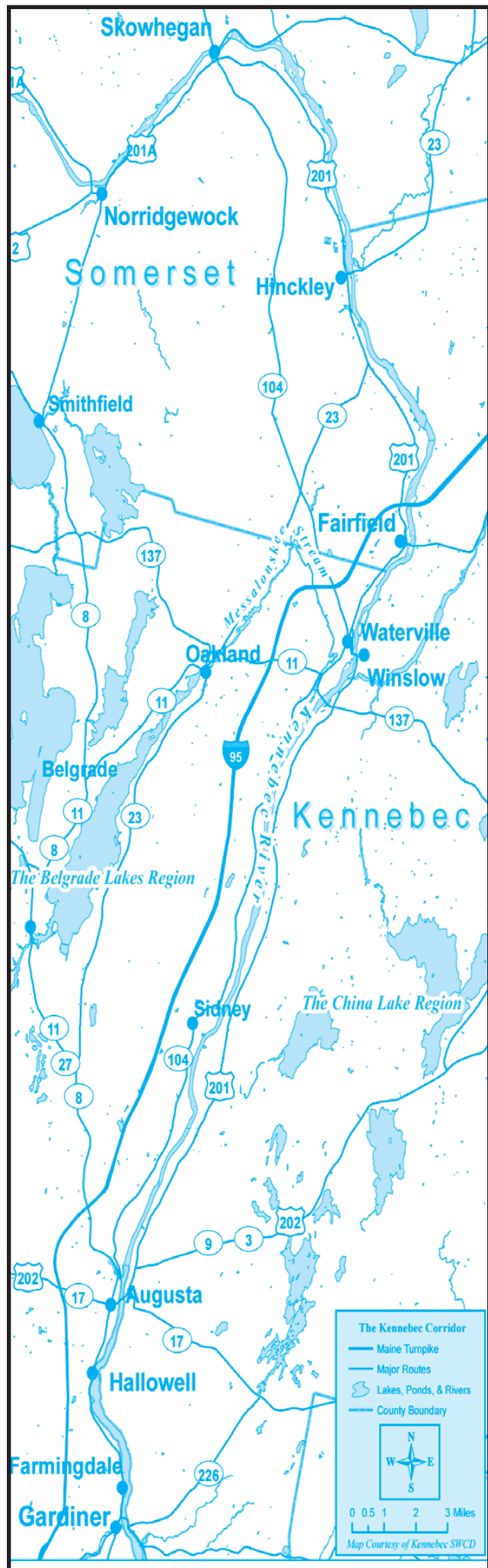
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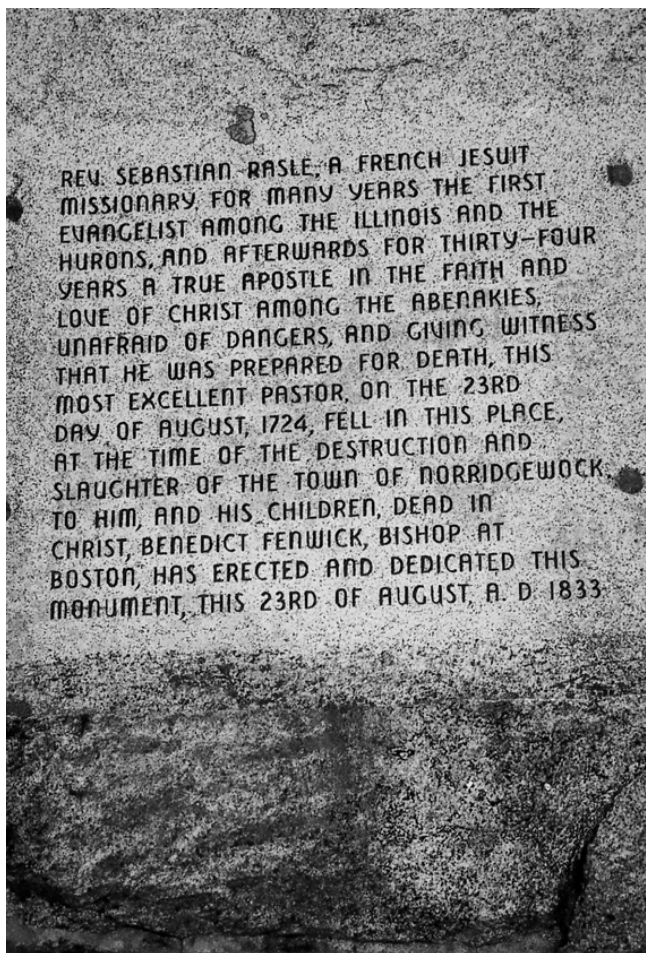
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They Arrived by Whale Boat...



Inscription on Father Rasle monument

It took the British four attempts to locate and kill Father Sebastian Rasle, a Jesuit Missionary, in his settlement on the Kennebec River in Norridgewock. He was the second recorded white man to arrive in the area, in 1697, the builder of the first church edifice in town, the founder of the first Native American school in the region now known as the state of Maine, the author of an Abenaki dictionary, and a true apostle in the faith who remained among the Abenakies for 34 years.

Father Rasle, giving the Indians counsel and acting as their representative in many conferences with their enemies, won the hatred of the English. When the Indians asked the English to vacate lands which they had seized, the English blamed Rasle and called out the troops. On their 4th attempt, when English troops set out from Boston in whale boats they achieved a surprise attack on the village. On August 23, 1724, Father Rasle and almost all his followers were massacred, the buildings were destroyed and the few Indians who survived fled to St. Francis, never to return.



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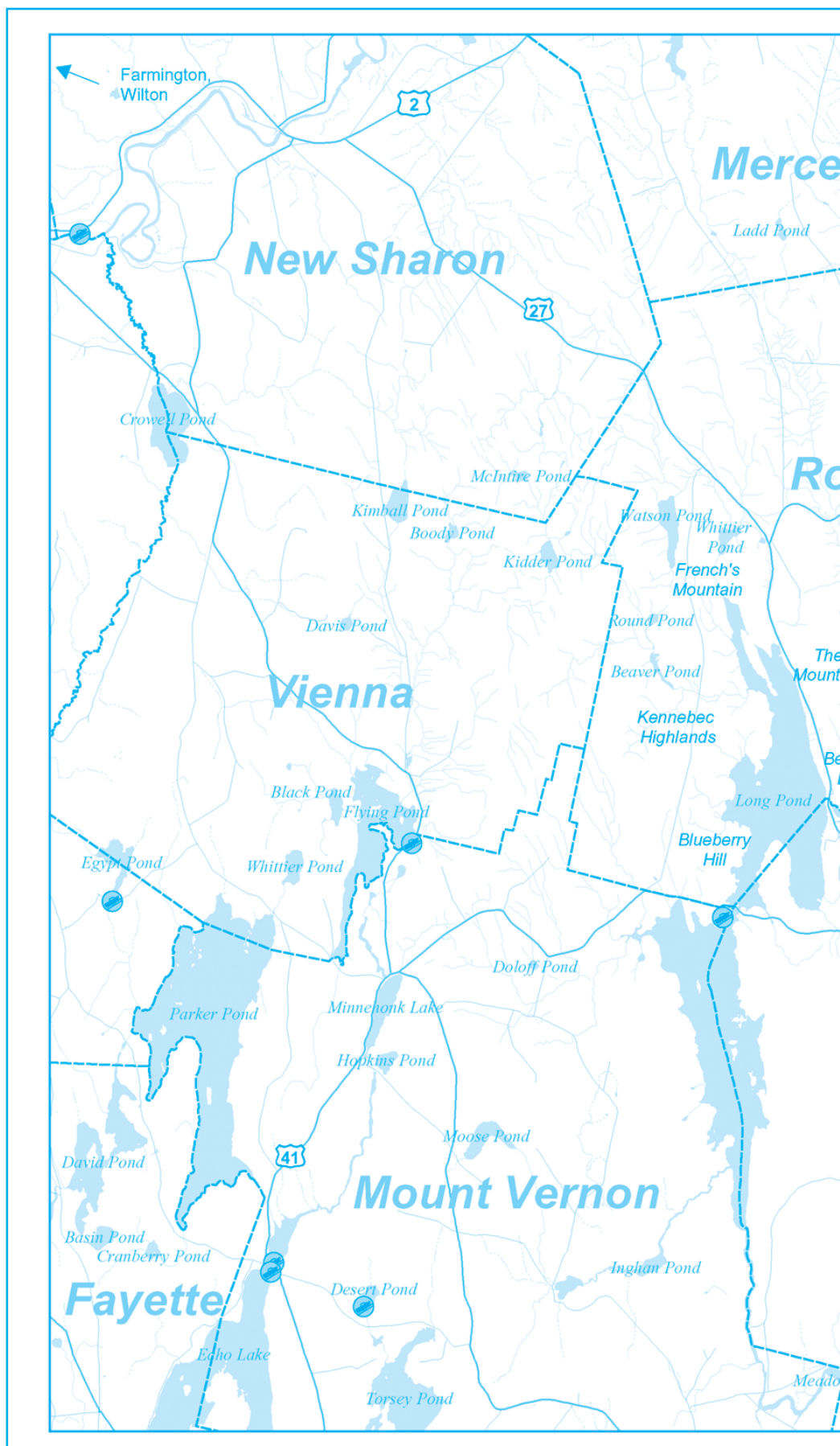


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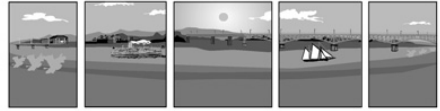
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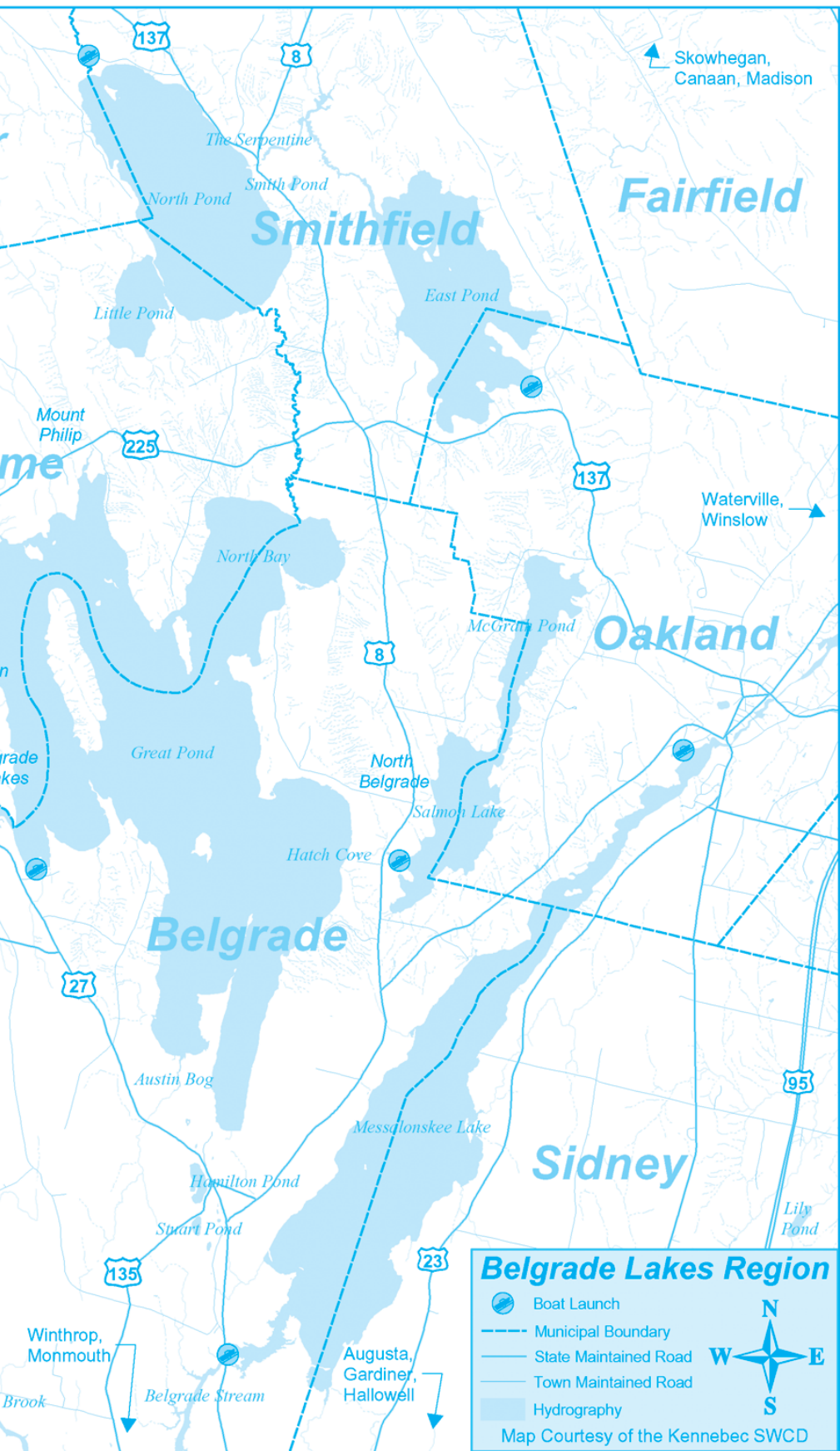


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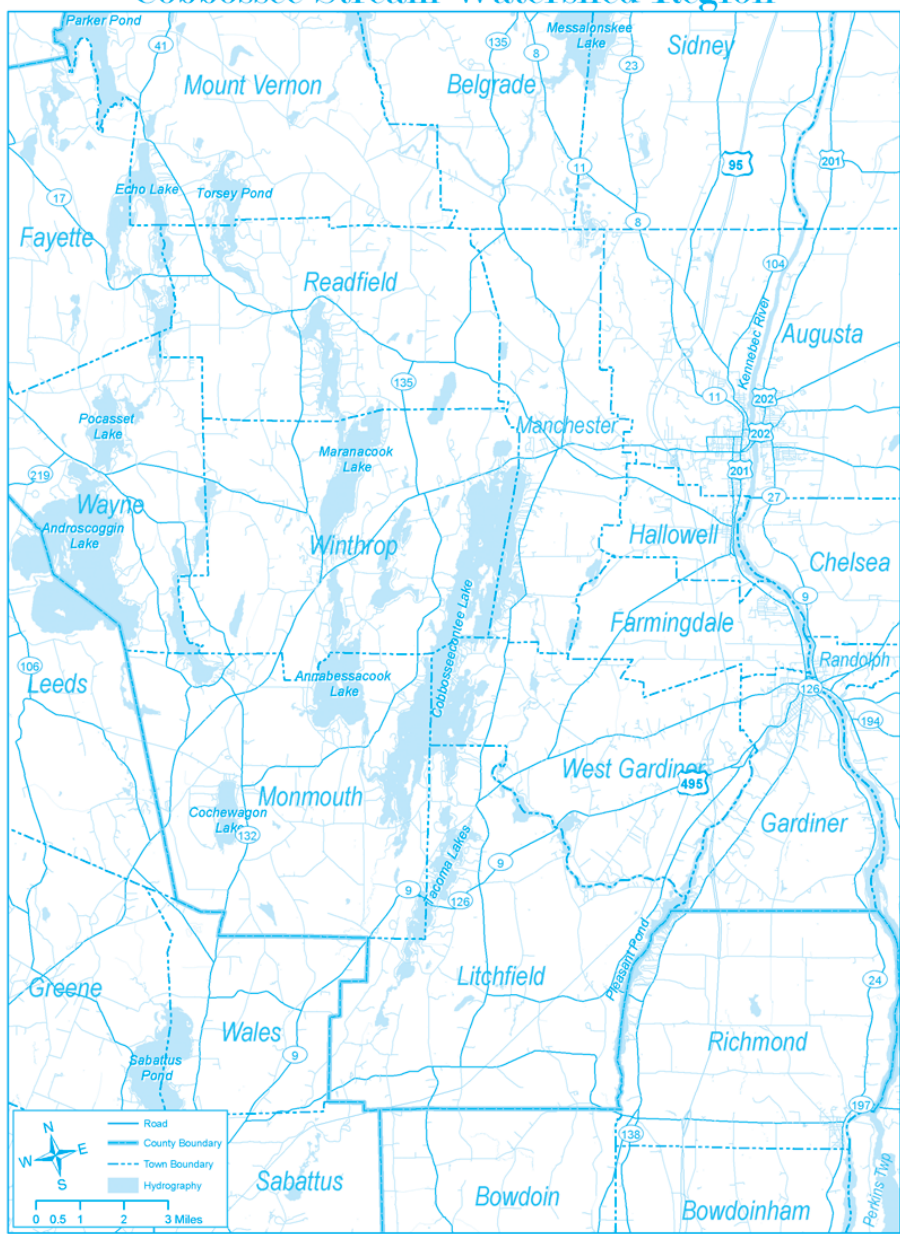
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Cobbossee Watershed



Classical Concert at Kents Hill



Franz Liszt



Lloyd Arriola

A unique opportunity to enjoy classical piano music is being offered on Sunday, August 21, at 2 pm at Kents Hill School when pianist Lloyd Arriola performs a selection of works by Franz Liszt in commemoration of Liszt's 200th birthday.

Franz Liszt, 1811-1886, composer and virtuoso pianist, was arguably the first super-celebrity of the music world; in the 19th century his performances throughout the great centers of Europe "caused hysterical adulation in audiences."

Lloyd Arriola, who has a doctorate in music from the Juilliard School in New York City, is a pianist of "tremendous power, passion and commitment." He will be playing the same Franz Liszt program on November 20, 2011 as his Carnegie Recital Hall Debut. His performance at the Center for the Performing Arts at Kents Hill School is being donated to benefit the Maine Lakes Resource Center in Belgrade Lakes.

For information about tickets visit the Center or go to www.mainelakesresourcecenter.org

Kents Hill School is located on Route 17 west of Augusta. For information contact www.kentshill.org or 685-4914.



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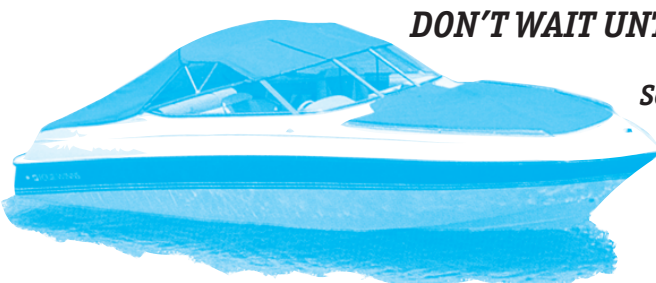
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Diver Assisted Suction Harvester (DASH) Boat is a Step Up in the Effort to Control Milfoil

The Friends of the Cobbossee Watershed DASH boat has been working in Cobbossee Stream since it got a brand new motor from Clark Marine in Manchester. It is picking up tremendous amounts of milfoil which is being disposed of according to plan.

Friday, it will move to Lower Pleasant Pond where it will remove milfoil for the rest of the summer. Variable Leaf Milfoil was discovered in Upper and Lower Pleasant Pond in 2001 and it suspected to have been there for quite a long while before it was discovered, so it has a large start in the area.

The DASH unit was built last year with funding from a grant from the Maine Milfoil Initiative and matching funds acquired from the Four Towns Watershed Association through the towns of West Gardiner, Richmond, and Litchfield.

The boat is used in conjunction with a Certified Diver who is schooled in the removal of Variable Leaf Milfoil plants without leaving fragments of roots or the plant itself.

The diver descends and scoops out the plant, and places it into the suction device from the boat. The suction device takes plant and water up onto the boat, and deposits everything into waiting baskets. These baskets allow water to pass through, but the plant and all fragments remain. The baskets

are then emptied into a harmless compost pile. Mert Hickey from West Gardiner has graciously offered his services to empty the baskets for the Friends as often as needed.

Variable Leaf Milfoil has infested Pleasant Pond, Cobbossee Stream, Horseshoe Pond, and Purgatory Stream. It is not native and is very aggressive and will live in water up to 30 feet in depth. It takes oxygen from the water, and kills the naturally occurring plant life. It significantly lowers shore-front property values and renders the water unusable. It is spread mostly by "hitchhiking" which means that boats moving from one lake or pond to another might pick up a plant fragment and drop it in the next lake or pond where it can take root. Once in, it is very difficult and expensive, if not completely impossible, to remove.

The Friends of the Cobbossee Watershed is an organization celebrating its tenth year in existence and fights to protect and improve the 28 lakes and streams in the Cobbossee Watershed. The organization uses Educational Programs to create great stewards for its watershed, and runs a Courtesy Boat Inspection program as well as a Benthic Barrier Program in order to stop Invasive Aquatic Plant Species.



Canoe and Kayak Paddle

Join the Party and enter the Friend's annual Canoe and Kayak Paddle! (Also known as "Spotter's Sprint") This is open for both casual and competitive paddlers. You don't want to miss out on this fun and exciting event! It is the only one of it's kind in the area.

It happens on August 21, 2011 at 10:30 in the morning at the State YMCA Camp in East Winthrop, Maine. You will want to get there early to get your race package and on-site registration.

Spotter's Sprint is a 1.5+ mile course off the Western Shore of picturesque Lake Cobbosseecontee. The race is open to all casual and competitive paddlers, and there are awards in 30 different category combinations. All paddlers must wear an approved PFD while in the water. There are no exceptions to this important rule. Volunteers will be stationed by boat along the course, and the YMCA has ample parking facilities for participants and spectators.

This is the second year that Spotter's Sprint has been

offered as an event and it is great and fun event aimed at people of all ages. From a one person kayak or canoe, up to a War Canoe utilizing many people, it is fun for all, and just plain fun!

A cookout provided by the YMCA Camp Staff will follow the awards ceremony and is included in the registration fee for all contestants. Spectators are also welcome to attend the cookout for \$6/pp and there is no pre-registration required.

If you do not have one, kayaks and canoes may be rented on-site. Ask the race coordinator Ken Smith about it.

Sprague & Curtis Real Estate will be sponsoring this event again this year!

To register, just go to www.watershedfriends.com and register online or download a registration form.

For more information, please contact the Friends Executive Director at 207-621-4100, or via email at ken@watershedfriends.com.



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Hours: Tues.-Thurs. 11:30-8:30, Fri. & Sat. 11:30-9
Banquet facility for up to 30

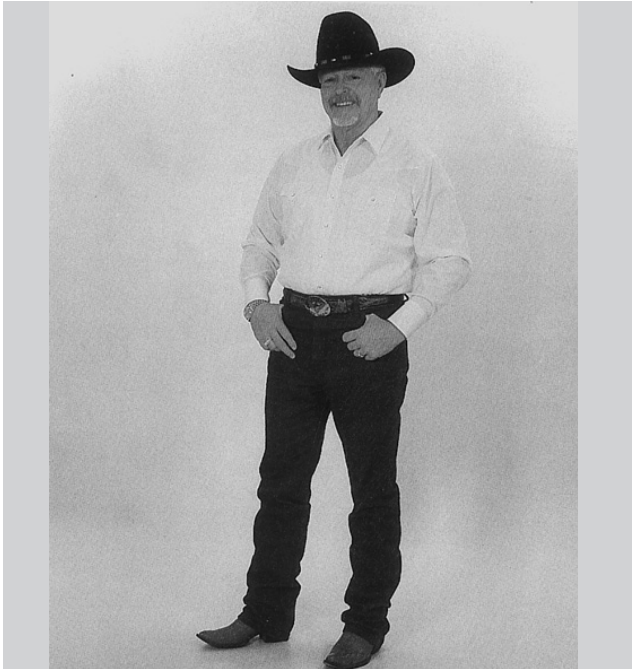


— Upcoming —

- A sunset paddle, picnic and swim to Sunset Beach on Hodgdon Island, Lake Cobbossee, is planned for Saturday, August 27 at 4:30 pm with the Kennebec Land Trust Outing Club. 377-2848
- Three Dog Night will be featured at the 1st ever North by Northeast Music Festival sponsored by Calumet Club Productions on Saturday, August 27 at "Pete Gagne Memorial" Field, Old Belgrade Road, Augusta. A portion of the proceeds will benefit "Maine National Guard Foundation Fund." 446-1099
- The End of Summer Hoorah! comes to Farmington Fairgrounds on August 26-28 with bikes, cars, fabulous food, music and more. On Friday a Texas Hold 'Em Tourney, on Saturday a Motorcycle Raffle run, on Sunday the Annual Car/Bike Show. 778-4215
- The last Coburn Park Concert Series of the season in Skowhegan will be on Sunday, August 28, 5-6:15 pm, featuring "After Six." 474-0527
- Maranacook Community Schools food service department will be hosting a Serv Safe Food Certification One Day Course on Monday, August 29, 8 am-5 pm at Maranacook High School. \$136 per person. 685-1009
- A Mushroom foray with Barbara Skapa will be held on Wednesday, August 31 at 5 pm on the

- Sanders Loop Trail, Kennebec Highlands. Test your mushroom-hunting skills; learn about mushroom ecology and identification. 495-6039
- On Thursday, September 1, the Chas Lester Duo will perform on the lawn at Lithgow Library, 45 Winthrop Street in Augusta at 6:30 pm. 626-2415
- Singer/songwriter Larry Irwin will perform on Friday, September 9, at the Araxine Wilkins Sawyer Foundation in Greene at 2 and 7 pm. Admission is free. 946-5311
- On Sunday, September 11, the annual Franco-American Family Festival will be held at Head of Falls, Front Street, Waterville, 12-4 pm. The schedule includes vendors, car show, family events and bands, La Famille LeBlanc, Blistered Fingers and Original Condition. 680-4200
- The Annual Lithgow Library book Sale will be September 17 and 18, 9 am-1 pm at the former Fashion Bug space in the Augusta Plaza on Western Avenue. Donations will be accepted before September 14. 626-2415
- REM's 2nd Annual Drums Along the Kennebec, celebrating the spirit of the river and telling the story of different cultures through the art of drumming, will be held on Saturday, September 17 at Head of Falls in Waterville. 622-3355
- On Saturday, September 17, Norlands Living History Center will hold its Second Annual

- Autumn Pie and Arts festival from 1-4 pm. Musicians, too. 897-4366
- Tole'n ME Chapter of Decorative Artists is holding its annual Artists Boutique Auction on Sunday, September 18 at 2 pm (preview 12:30-2 pm) at Goodwill Hinckley School. Beautifully designed and painted treasures for the home will be auctioned; light lunch available.
- The Harlow for the Hall exhibition to support Johnson Hall in Gardiner will be held September 28 to October 1 at Harlow Gallery in Hallowell. 622-3813



Country legend, Tony Booth, will perform on Saturday, August 20 at the CountryGrass Festival in Jefferson.

Advertising in Summertime in the Belgrades really works! Call Erle Morse at 207-495-3777 for rates and information.



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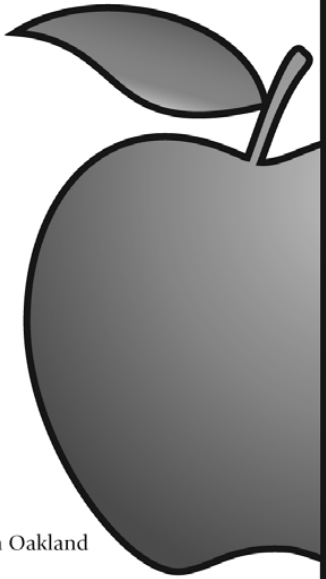


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– Conservation Too –

This spring and summer we have received a number of calls to help camp/gravel road groups. The good news is that we now work with a number of different camp/gravel road associations in their efforts to improve their gravel roads. That improvement results in less stormwater runoff into the lake. We'd like to think that neighbors who share the use and responsibility for their road are trying to work together in order to become better stewards of their property and their watershed. As the saying goes, "Hope springs eternal".

Camp road groups have always struggled to work together. Like any social organization, it is always easier to get along with each other when only a minimal amount of money is involved i.e. road maintenance fees, and the willingness to bring a good plate of food to the annual meeting is the most rigorous demand. Once the focus of the group is on financing a major road repair or the costs of a more elaborate road maintenance plan, friction can test the group's ability to get along and work together. This year there seems to be a renewed focus by watershed

associations, the Maine DEP and even informal road groups to work on long range road maintenance plans. The Kennebec District can assist a group to create a better plan for working together.

There are even some efforts to help groups who have not yet become formal "associations" to do the needed work to become a Statutory Road Association or a Nonprofit Corporation Road Association. While an informal road group needs to do some work to become either, there are substantial benefits to the group if they want to get work done on their road and protect themselves with some legal benefits.

There are reasons to form an "Association". 1] It is able to make plans for maintaining and fixing your gravel road. 2] It can move forward with the needed work to put that plan into action. And perhaps most importantly, 3] It can collect dues/fees from the landowners in order to pay for the work that has been planned.

The group can't depend on the long history of "neighborliness" to see it through a divisive and

by Dale Finseth

potentially expensive problem that will cost the road group serious money.

Resources include: The Maine DEP produced manual, "A Guide to Forming Road Associations" which has a new 2009 edition. The 2009 Edition includes changes in State law which effect Road Associations and the work they do to improve camp roads. www.maine.gov/dep/blwq/docwatershed/camp/roads/index.htm

Or check out the website of Fire Road #53 in the China watershed. They have created an excellent list of resources for any group wanting to work together as a road association. Go to www.FireRoad53.com and review the excellent materials they have put together. Or check the Maine Alliance of Road Associations at www.MaineRoads.org

Remember, think "water quality"



Articles contributed by the Kennebec County Soil & Water Conservation District in Augusta For information about any of our conservation projects please contact Dale Finseth at 622-7847, x 3 or check our website at www.kcsxcd.org

North Pond Association Receives BoatU.S. Foundation Grant to Promote Safe and Clean Boating

North Pond Association which is surrounded by Rome, Smithfield and Mercer, has received a Grassroots Grant from the BoatU.S. Foundation for Boating Safety & Clean Water. The highly competitive, annual grant program is designed to help nonprofit groups, associations, organizations and other waterway users to help spread the message about safe and clean boating practices at the grass roots level.

Water runoff can cause severe erosion and carry some pretty unhealthy "stuff" into our waterways. A buffer's job, as the name implies is to come between that water runoff and the waterbody we wish to protect. The term for such a buffer when located near the water's edge is a riparian buffer. It is located in the riparian zone. For our purpose, that might include colorful short shrubs adding planning. Start thinking about your site

This year the safety grant program attracted 150 applications from around the country and North Pond Association was one of only 11 that received funding. The group/organization will use the funds to construct an informational kiosk, print and dis-

tribute materials to raise awareness and recognition of invasive aquatic plant species and Suspicious Species Collection Kits for boaters to have in their boats.

"Working with small local water oriented nonprofits like this enables us to focus on issues specific to local waterways," said Alanna Keating, Grant Coordinator for the BoatU.S. Foundation. "We rely on enthusiastic volunteers like these to help expand our reach."

Since 1988, the Foundation has awarded over \$1,000,000 in grants to fund projects that promote responsible boating on a local level. A list of all 11 recipients, as well as grant applications and guidelines are available online at www.BoatUS.com/Foundation.

The BoatU.S. Foundation for Boating Safety and Clean Water is a national 501(c)(3) nonprofit education and research organization primarily funded by the voluntary contributions of the 600,000 members of BoatU.S. The Foundation operates more than a dozen programs including the only accredited, free,

online general boating safety course, a low-cost EPIRB rental program, the "Help Stop the Drops" national clean fueling campaign, a free kid's Life Jacket Loaner Program, and has awarded hundreds of thousands of dollars in grants for nonprofit groups for boating safety and environmental projects.

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References available.

David Hefner 207-685-9502 Readfield, ME

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The LakeSmart program is sponsored by the Belgrade Lakes Association, funded by its members, and operated in cooperation with the Maine state Department of Environmental Protection.



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Alden Camps, American Plan cottages, boat rentals, 3 Alden Camps Cove, Oakland, 465-7703, www.aldencamps.com

Among the Lakes Bed & Breakfast, Rt 8, North Belgrade, 465-4900, www.amongthelakes.com

Bear Spring Camps, 60 Jamaica Point Rd., Rome, 397-2341, www.bearspringcamps.com

Belgrade Cottages Guide Service, fishing, lake tours, canoe/kayak trips and rentals. 9 Bass lane, Belgrade 314-8469 www.belgradecottages.com

Castle Island Camps, American Plan, Castle Island Rd, Belgrade Lakes, 495-3312, www.castleislandcamps.com

Kozy Cove Cottages, Rt 8, Salmon Lake, Belgrade, 465-0959, www.kozy-covecottages.com

The Village Inn, 1 & 2 bedroom suites, Rt 27, Belgrade Lakes Village, 495-3553, www.villageinnnducks.com

Whisperwood Cottages, American Plan, boat rentals, 103 Taylor Woods Rd, Belgrade, 465-3983, www.whisperwood-lodge.com

Wings Hill Inn, Rt 27, Belgrade Lakes, 495-2400, 866-495-2400, www.wingshillinn.com

RESERVATIONS SERVICES

Belgrade Vacation Rentals, 81 Main St, Belgrade Lakes, 495-4011, www.belgradevacationrentals.com

Clee & Dee LLC, 40 Belgrade Road, Oakland, 465-4430

....Notebook continued from page 7

quilting for beginners. The Circle is also making matching table settings for the REM Craft Fair in late October. Books, puzzles, coffee and a place to drop in are available on other weekdays at the Women's Initiative. 692-0290

• The Central Maine Mountain Bike Festival is scheduled for Saturday and Sunday, August 27 and 28 at the Quarry Road Recreation Area in Waterville. Family-friendly activities will include geocaching, a climbing wall, and children's bicy-

...Pet Page continued from page 26

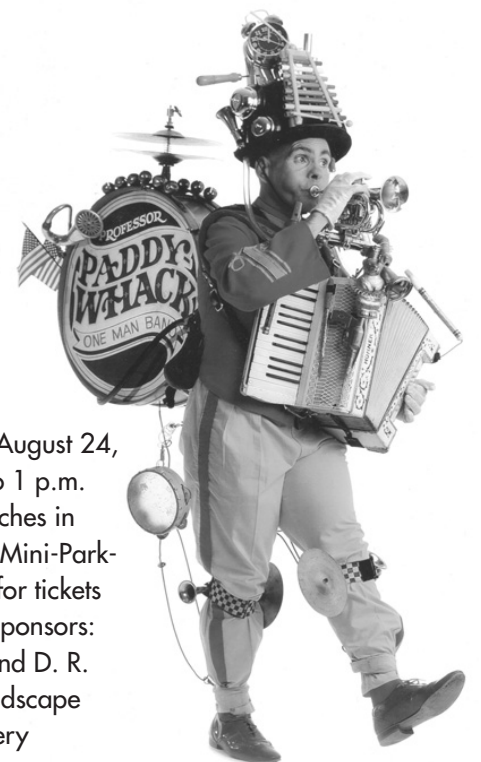
excessive drinking and as a result, more urine. Medications such as prednisone or furosemide can also cause some excess urine production.

Although coming home to find urine on your floor, bed or carpet is no fun, it can be a message that something is not OK with your pet. There are a number of good products available that are designed to chemically neutralize the odor and stain of urine with enzymes. It's best to apply such a product to areas where your pet has gone; animals can smell very small amounts of their old urine and may be stimulated to use the area again when they smell it. If the problem continues, have your pet and their urine examined. A great deal of information can be gleaned by your vet from a simple urine sample. If you are not able to collect one at home, your vet has a number of tricks (and helpful staff!) to obtain a sample in the office. Having the problem diagnosed and effectively addressed will be a relief for you and your pet.



cle obstacle course. Saturday evening's line-up offers a cook-out, music and campfire. Sunday morning, Central Maine Cycling Club will hold a time trial. Overnight camping is encouraged. Other options include kayaking on Messalonskee Stream, swimming at the North Street Pool, showers, a children's playground and nearby ice cream shop. This event is a FUNdraiser for CeMeNEMBA; donations are encouraged. For a complete schedule visit www.cemenemba.org. 441-6227

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622-8899, www.riverfrontbbq.com

Belgrade

• **Belgrade Lakes Golf Club**, lunch/snacks, West Road, Belgrade Lakes, 495-4653, www.belgradelakesgolf.com
• **Pete's Pig**, 81 Main St., Belgrade Lakes Village, 495-4095,
• **The Village Inn**, Rte. 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com
• **Whisperwood**, Salmon Lake/McGrath Pond, Taylor Woods Road, open to the public by reservation only, 465-3983, www.whisperwoodlodge.com
• **Wings Hill Inn and Restaurant**, Rte. 27, Belgrade Lakes Village, 495-2400 or 800-495-2400, www.wingshillinn.com

New Sharon

• **Top of the Hill Grill**, 54 Farmington Falls Rd. New Sharon.
779-0973. www.topofthehillgrillonline.com

Oakland

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• **Riverside Farm Market & Cafe**, 291 Fairfield Street, Oakland, 465-4439. www.riversidefarmmarket.com

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• **Emporium Le Kitchen**, rbittar@iqacc.com 685-7348

Waterville

• **Cacciatores**. 150 JFK Plaza, Kennedy Memorial Drive, 872-9700.
• **Dairy Queen**. 13 KMD Plaza, Waterville, 872-2220; and 161 College Ave, Waterville, 873-1677, www.dairyqueen.com
• **Restaurant & Pub at the Waterville Grand**. 375 Upper Main Street, Waterville. 873-0111.

Winslow

• **Lobster Trap & Steakhouse**. 25 Bay Street, Winslow. 872-0529. www.lobstertrap-seafood.com.

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The Small Garden Guide

Don't Forget The Fairs

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One of the best ways to find out is to visit a Maine Agricultural Fair, head to the exhibit hall for garden produce, or the Grange displays, or the 4-H building, and admire the incredible, edible assortment of home grown vegetables. These exhibit halls are also a great escape from too much rain or sun and sometimes have snack booths selling yummy homemade food.

Some of the fairs nearby and fun to attend are:

- Skowhegan Fair, August 11-20
- Windsor Fair, August 28-September 5
- Clinton Lions Fair, September 8-11
- Litchfield Fair, September 9-11
- Farmington Fair, September 18-24
- Common Ground Fair, September 23-25

The last fair of the season is not so nearby, but



still a lot of fun to attend is Fryeburg Fair, October 2-9.

For more information and details about addresses, phone numbers and websites by fair name go to www.getrealmaine.com.

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Paradis Outfitters, 3675 Middle Rd, Sidney, 547-GUNS, www.paradisoutfitters.com

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AirLink, LLC, float plane rides. 2 LaFleur Rd, Waterville, 859-0109 or 609-712-0866 (cell), www.airlinkconnection.com

ANTIQUES
Barbara’s Antique & Collectibles Group Shoppe, Rt 201, 414 Lakewood Rd, Madison, 474-2550
Country Moose Antiques & Moose Muffins Dessert Café, 1135 Main Street, Readfield, 207-685-9968
Stoney Creek Antiques, 881 Civic Center Drive, Augusta, 626-9330

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Fisherman’s Choice Bait & Tackle, 22 Water St., Oakland, 465-7101

BANKING
Kennebec Savings Bank, 150 State St, Augusta, 622-5801, www.kennebecsavings.com
Maine State Credit Union, 200 Capitol St, Augusta, 623-1851, www.maine.statecu.org
Skowhegan Savings Bank, Rt 27, Belgrade, 495-7787, www.skowsavings.com

BEVERAGES
Jokas’ Discount Beverage, 52 Front St, Waterville, 873-6228

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Auclair Cycle & Ski, 64 Bangor St, Augusta, 623-4351, www.AuclairCycleSki.com

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Waterville Auto Top & Upholstery. 1042 Kennedy Memorial Dr, Oakland, 465-7847

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Power Equipment Plus, 2309 Belgrade Rd, Rt 27, Sidney. 547-4114, pep@pivot.net

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Great Pond Marina, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

BOAT RENTALS
Belgrade Canoe & Kayak, Rt 27, Belgrade, 495-2005, 242-6331, www.kayakandcanoe.com
Castle Island Camps, Castle Island Rd, Belgrade Lakes,

495-3312, www.castleislandcamps.com
Great Pond Marina, 25 Marina Dr , Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com
Whisperwood Cottages, 103 Taylor Woods Rd, Belgrade, 465-3983, www.whisperwoodlodge.com

BOAT REPAIR
Kennebec Boat Repair, 907 Oakland Road, Belgrade, 465-9012, www.KennebecBoatRepair.com
Mobile Marine, 897-1032 (home) or 897-8433 (cell) Belgrade Boat Shop, 936 Augusta Rd, Belgrade, 485-6953
Thunder Castle Boats, Readfield, 207-685-9502

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Belgrade Canoe & Kayak, Rt 27, Belgrade, 495-2005, 242-6331, www.kayakandcanoe.com
Clark Marine, 57 Puddledock Rd, Manchester, 622-7011, mail@clarkmarine.biz, funonthewaterstartshere.com
Hamlin’s Marine, 290 West River Road, Waterville, 872-5660, www.hamlinsmarine.com
Mid-Maine Marine and RV, 885 Kennedy Memorial Drive, Oakland, 465-2146, www.midmainemarine.com
Power Equipment Plus, 2309 Belgrade Rd, (Rt 27), Sidney, 547-4114, pep@pivot.net
Trailside Performance, 797 Augusta Rd (Rt 201), Winslow, 873-2366, www.trailsideperformance.com

BOAT STORAGE
Belgrade Boat Storage, 41 Pinkham’s Cove Rd, Rt 27, Belgrade, 495-3415, boatstorage@roadrunner.com
Belgrade Lakes Marine and Storage, Inc, 366 Augusta Rd, Belgrade, 495-2378, www.belgradelakesmarine.com
Clark Marine, 57 Puddledock Road, Manchester, 622-7011; and Rt 202, Monmouth, mail@clarkmarine.biz, funonthewaterstartshere.com
Great Pond Marina, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com
Hamlin’s Marine, 290 West River Rd, Waterville, 872-5660, www.hamlinsmarine.com
Kennebec Boat Repair, 907 Oakland Road, Belgrade, 465-9012, www.KennebecBoatRepair.com
Maple Leaf Self Storage, 688 Manchester Rd, Rt 135, Belgrade, 495-2191, 441-5529
Mid-Maine Marine and RV, 885 Kennedy Memorial Dr, Oakland, 465-2146, www.midmainemarine.com
Trailside Performance, 797 Augusta Rd, Rt 201, Winslow, 873-2366, www.trailsideperformance.com

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Jokas’ Discount Beverage, 52 Front St, Waterville, 873-6228

BUILDERS
(See also Electricians, Kitchens, Plumbers, and Excavating)
Bellavance Construction Company Inc, 31 Hulin Rd, Belgrades Lakes, 495-2492
Craig’s Carpentry/North Bay Estates, Rt 8, North Belgrade, Craig Alexander, 649-3749
G&L Contracting, Adam Gardner, Belgrade, 215-7951
Grandview Log & Timber Frames, 72 Burtons Ln, Winthrop, 441-1538, www.grandviewtimbers.com
LakeHouse Renovations, Joint Venture Company, Liberty Rd, Readfield, 685-7393 or 242-3663, www.adedesignbuild.net
Mainely Molding & Restoration, 449 Wilder Hill Rd, Norridgewock, 634-2821, lanca@tds.net

BUILDING FOUNDATIONS AND JACKING
Bellavance Jacking Co, LLC, 31 Hulin Rd, Belgrades Lakes, 495-2492

BUILDING MATERIALS
(See also Flooring, Stonework and Windows)
Gagne and Son, 28 Old Rt 27, Belgrade, 495-3313, www.gagneandson.com
Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

BUS SERVICE
Concord Coach Lines, 9 Industrial Dr, Augusta, 1-800-639-3317, concordcoachlines.com

CANOES AND KAYAKS
Belgrade Canoe & Kayak, Route 27, Belgrade, 495-2005, 242-6331, www.kayakandcanoe.com
Belgrade Cottages Guide Service, fishing, lake tours, canoe/kayak trips and rentals. 9 Bass lane, Belgrade 314-8469 www.belgradecottages.com

CHAINSAWS
Power Equipment Plus, 2309 Belgrade Rd, Rt 27, Sidney, 547-4114, pep@pivot.net

CLOTHING
New Balance Factory Outlet, 13 Walnut St, Skowhegan, 474-6231

COMPUTER CONSULTANTS
Samara Consulting, Macintosh Consultant, Michael Breault, 24 Welch Rd, Wilton, 645-5083, cell 578-0226, mbreault@samariconsulting.com, www.samariconsulting.com

DINING
(See Dining Directory on page 21)

DOCKS
G&L Contracting, Belgrade, 215-7951, agardner81@yahoo.com
Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com
Power Equipment Plus, 2309 Belgrade Rd, Rt 27, Sidney, 547-4114, pep@pivot.net
Trailside Performance, 797 Augusta Rd, Rt 201, Winslow, 873-2366, www.trailsideperformance.com

ELDER CARE
Maine-ly Elder Care, 28 Center St, Oakland, 465-3249, www.maine-lyeldercare.com

EXCAVATING
Belgrade Boat Storage, 41 Pinkham’s Cove Rd, Belgrade, 495-3415, boatstorage@roadrunner.com
Bellavance Construction Company Inc, 31 Hulin Rd, Belgrade Lakes, 495-2492
David Stevens, P.O.Box 146, 103 Grandview Dr, Belgrade, 465-3815, cell 314-0314

EYE CARE
Maine Eye Care Associates, 325 E. Kennedy Memorial Dr, Waterville, 873-2731, www.MaineEyeCare.com

FARMSTANDS
Riverside Farm Market & Cafe, 291 Fairfield St, Oakland, 465-4439, www.riversidefarmmarket.com
Winterberry Farm, 538 Augusta Rd, Rt 27, Belgrade, 495-2593, www.winterberryfarmstand.com

FINANCIAL PLANNING
Golden Pond Wealth Management, 129 Silver St, Waterville, 873-2200, goldenpondwealth.com
Kennebec Wealth Management, 150 State St, Augusta, 622-5801, www.kennebecsavings.com



FIREWOOD

J & M Logging, Inc., 853 Civic Center Dr., Augusta, 622-6353

FLOORING

Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

FLOWERS AND PLANTS

Longfellow’s Greenhouses, 81 Puddledock Rd, Manchester, 622-5965, www.longfellowsgreenhouses.com
Pierce’s Greenhouse, 407 Belgrade Rd, Oakland, 465-7788

GALLERIES

Artisan’s Barn, 163 North Rd, Readfield. 685-9787, www.theartisansbarn.com
Spring Gallery & Sculpture Garden, bronze castings, 81 Main St, Belgrade Lakes, 495-3113, www.modernartfoundry.com

GIFTS

The Brass Knocker Gift Shop, Rt 27, Main St, Belgrade Lakes, 495-3345
Country Moose Antiques & Moose Muffins Dessert Café, 1135 Main Street, Readfield, 207-685-9968

Day’s General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com
Kozy Cottage, 13 Church St, Oakland, 465-0959, www.kozy-covecottages.com
The 1830 House on Long Pond, 134 Main St, Belgrade Lakes Village, 495-3277, www.the1830houseonlongpond.com
The Village Peddler Gift Shop, Lake Shore Dr, Belgrade Lakes, 495-7707

GOLF

Lakewood Golf Course, 803 Lakewood Rd, Madison, 474-5955, www.lakewoodgolfmaine.com
Natanis Golf Course. 735 Webber Pond Rd, Vassalboro, 622-3561, www.natanisgc.com

GROCERIES

Day’s General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

GROOMING

Dogwood Spa Pet Grooming, 682 Augusta Rd., Belgrade, 512-2423

HAIR CARE

Hair Reflections, 849 Kennedy Memorial Dr, Oakland, 465-7848

HEALTH CARE

Belgrade Regional Health Center, 4 Clement Way, Belgrade Lakes, 495-3323, www.healthreachchc.org
Inland Hospital clinics at Wal*Mart Supercenters, walk-in health care, 201 Civic Center Dr, Augusta, 620-8570; 80 Waterville Commons Dr, Waterville, 680-2110, www.inlandhospital.org

ICE CREAM

Dairy Queen, 13 KMD Plaza, Waterville, 872-2220; and 161 College Avenue, Waterville, 873-1677. www.dairyqueen.com
Day’s General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

INSURANCE

John M. Fortier, State Farm Insurance, 16 Silver St, Waterville, 873-1101, john@johnfortier.com

JEWELRY

Larsen’s Jewelers, 57 Main St, Waterville, 872-6301, 800-697-1874, www.larsensjewelers.com
L.Tardif Jeweler, 62 Main St, Waterville, 872-7542, 800-834-3638

KITCHENS

Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com
LAKE ASSOCIATIONS
Belgrade Lakes Association (BLA), Long Pond and Great Pond, PO Box 551, Belgrade Lakes, 512-5150, www.belgradelakesassociation.com

LANDSCAPING

Foster Tree Care and Landscaping, 3675 Middle Rd, Sidney, 547-4376, 547-4640
G&L Contracting, Belgrade, 215-7951, agardner81@yahoo.com
Lakeside Landscape, 13 Station Rd, Belgrade, 465-3039, 831-7053, 632-1086, lakesidelandscape1@yahoo.com
Longfellow’s Greenhouses, 81 Puddledock Rd., Manchester, 622-5965, www.longfellowsgreenhouses.com
Lynch Landscaping, Skowhegan, 474-2420, lynchlandscaping.com
Native Notions, 213 West Rd, Belgrade, 495-6040, 314-9538, nativenotions@hotmail.com, www.nativenotionslandscape.com

LAND SURVEYING

Acme Land Surveying, LLC, 108 Farmington Road, Suite 5 Farmington Maine 778-4081, www.acmelandsurveying.com

LAWN AND GARDEN EQUIPMENT

Power Equipment Plus, 2309 Belgrade Rd, Rt 27, Sidney, 547-4114, pep@pivot.net

MEATS

Ballard Meats & Seafood, Myrtle St, Manchester, 622-9764, 1-800-564-6328

MOVIE THEATERS

Railroad Square Cinema, call for titles and times, 17 Railroad Square, Waterville, 873-6526, www.railroadsquarecinema.com

PHARMACY

Kennebec Pharmacy & Home Care, 43 Leighton Rd, Augusta, 626-2726, www.kpprx.com

PHYSICAL THERAPY

Dockside Physical Therapy, 47 Main St, Belgrade Lakes, 495-3195, 512-2544, Fax 512-2545

PIANO LESSONS

Diane Gorman, Gorman3366@roadrunner.com 906 Manchester Rd Belgrade 495-3222

PICTURE FRAMING

The Framemakers, 46 Main St, Waterville, 872-8927, www.theframemakers.com

PLUMBING

Paul Hanna's Plumbing, Belgrade Lakes, 495-3805
Houle's Plumbing, Heating and Air Conditioning, 19 North St, Waterville, 872-6762, www.houlesphac.com

PROTECTIVE COATINGS

Normile Sealcoating, pavement and roofing, 332-4131, normile.chris@gmail.com

REAL ESTATE DEVELOPMENTS

North Bay Estates, Belgrade, 649-3749, crgsnbe@yahoo.com

REAL ESTATE

Coldwell Banker Thomas Agency, 75 Main St, Winthrop, 377-2121, www.coldwellbankerthomas.com
Day's Real Estate, 262 Augusta Rd, Rt 27, Belgrade Lakes, 495-3111, 1-888-495-3111, www.daysrealestate.com
Lakepoint Real Estate, 221 Main St, Belgrade Lakes, 495-3700, www.belgradelakepoint.com
Rizzo Mattson Realtors, 219 Capitol Street Augusta, 622-9000, 800 894 7979, www.rizzomattson.com

Snow Pond Realty, 40 Belgrade Rd, Oakland, 465-4430, 458-0874, [www.snowpondrealty.com`](http://www.snowpondrealty.com)
Sprague & Curtis Real Estate, 75 Western Ave, Augusta, www.spragueandcurtis.com, 623-1123
The Swan Agency Sotheby's International Realty, Pam Armour, 374-2020, www.swanagency.com

RESERVATIONS

See page 20

RESTAURANTS

(See Dining Directory on page 21)

RETIREMENT COMMUNITIES

Granite Hill Estates, 60 Balsam Dr, Hallowell, 626-7786, 1-888-321-1119, www.granitehillstates.com

SCHOOLS

St. Michael School, grades pre-K through 8, 56 Sewell St, Augusta, 623-3491, www.smsmaine.org

SEAFOOD

Ballard Meats & Seafood, 55 Myrtle St, Manchester, 622-9764, 1-800-564-6328
Lobster Trap & Steakhouse, 15 Bay St, Winslow, 872-0529, www.lobstertrap-seafood.com

SECURITY SYSTEMS

Cayer Security Services, Inc, 208 College Ave, Waterville, 453-9177, www.cayersecurity.com

SELF STORAGE

Maple Leaf Self Storage, 688 Manchester Rd., Rt 135, Belgrade, 495-2191

SEPTIC SYSTEMS

Bellavance Construction Company Inc, 31 Hulin Rd, Belgrades Lakes, 495-2492
Stanley’s Septic Tank Service & Construction, 187 Norridgewock Rd, Fairfield, 453-9819, 1-800-660-7826, www.stanleysseptic.com

SHOES AND SNEAKERS

New Balance Factory Outlet, 13 Walnut St, Skowhegan, 1-877-623-7867

SPA

Belgrade Lakes Day Spa, "Your Premier Wellness Center" (207)495-2560 , www.belgradelakesdayspa.com

STONEWORK

Gagne and Son, 28 Old Rt 27, Belgrade, 495-3313, 1-800-339-3313, www.gagneandson.com

THEATER

The Theater at Monmouth, Cumston Hall, off Rt 135, Monmouth, 933-9999, www.theateratmonmouth.org

TREE CARE

Foster Tree Care and Landscaping, 3675 Middle Rd, Sidney, 547-4376

VETERINARY SERVICES

Lakeside Veterinary Clinic, 88 Libby Hill Rd, Oakland, 465-7387, 465-8387

WINDOWS

Hammond Lumber Company. Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland and Skowhegan, 866-HAMMOND, www.hammondlumber.com

WINDOW TREATMENTS

Blind Time, 24 Meadow Hill Dr, Farmingdale, 621-9832, www.blindtime.com





Expressions

Maine Documentary To Show 8/18 in Belgrade Lakes

"**M**aine Women: Living on the Land," a documentary film by Lauren Shaw, photographer, filmmaker, Professor in Visual and Media Arts at Emerson College in Boston since 1972, and Great Pond summer resident will be the premier program at the new Maine Lakes Resource Center in Belgrade Lakes on Thursday, August 18 at 7 pm.

Shaw, whose Belgrade connection first attracted local admirers with her photographs of the former Smithfield Auction Barn, has to her credit numerous distinguished awards, grants and exhibitions throughout the United States.

The photographic installation, "Maine Women: Living on the Land," was first exhibited at the Farnsworth Museum in Rockland in 2005, the same year the accompanying documentary film premiered at the Maine International Film

Festival and the book "Maine Women: Living on the Land" was published.

In 2009, Shaw's Great Pond Productions, Inc.

MAINE WOMEN

living on the land LAUREN SHAW



produced her documentary "A Drop in the Bucket" about clean water in Cambodia. She currently is working on a full-length docu-

mentary feature, "Angkor's Children."

The program is sponsored by the Belgrade Regional Conservation Alliance, 495-6039.

Enjoy a Family Bluegrass Weekend With 12 Bands

The Blistered Fingers Family Bluegrass Festival August concert at the Litchfield Fairgrounds will offer a "Welcome Home" feeling, reasonable camping rates, indoor bathroom facilities, free hot showers, concessions, a large tent, and a line-up of 12 bands during the 4-day weekend as follows:



- The Grascals(TN) - Fri
- The Bluegrass Brothers (VA) - Thur, Fri
- The Gibson Brothers (NY) - Sat
- The James King Band (VA) - Sat, Sun
- The Moron Brothers (KY) - Fri, Sat
- The Douthwrights (NB) - Sat, Sun
- Bluegrass Diamonds (NB) - Fri, Sat, Sun
- Remington Ryde (PA) - Thur, Fri
- The Pine Hill Ramblers (MA) - Sat, Sun
- Rough Edges (MA) - Thur, Fri
- Bluegrass Gospel Sing & Jam (MA) - Sun
- Blistered Fingers (ME) - Thur, Fri

The MC will be Evan Carl. New in 2011 - Kids Academy in conjunction with BMAM, ages 8-18.

For more information visit www.blisteredfingers.com, email blis-f@blisteredfingers.com or call 873-6539.

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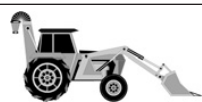
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Fishing

Thoughts From a Park Bench

by Mike Guarino

I'm sitting on a bench seat at Hayden Park, just south of Hammond Lumber, enjoying the shade of the trees and watching three loons' fish for their dinner. They don't seem to want their picture taken because each time I focus the camera lens they dive back down. It's frustrating to the point where I've given up. Don't they know they could be famous? We could put their picture in the "Summertime in the Belgrades" for the entire world to see! Anyway, back to my park bench and this article. It's breezy today, the wind blowing out of the south but it's a very pleasant 77 degrees with no humidity to make things sticky. I'm waiting for some of my friends to finish their kayaking trip so I can help shuttle their boats and bring them back to Great Pond.

I like where I'm sitting even though it's pretty close to the busy Route 27 thoroughfare. That road means so many different things to people. For some of us, it's a way to get to work or the grocery store or a boat launch, but for many travelers it's the first sign they are approaching their favorite place in the world! When heading north on 27 you catch your first glimpse of southern Messalonskee Lake, followed by the Hammond Lumber Company sign. That visual means good times are fast approaching! It might mean shopping in the Village, sweeping the spider webs off the porch at camp, a ham Italian at Days Store, a hike up in the Kennebec Highlands, or maybe a little fishing on the lakes . . .

While sitting here on my bench going over the last five days of fishing I realize that sometimes I fish too fast – that's a fact. Run and gun fishing, 90 m.p.h. Fish a spot, move to the next then scoot to the third. Heck, I even tried to persuade my wife into letting me buy a faster boat. Guess how that conversation went? Now that we are in the heat of the summer our pace should slow down and our fishing pace should too. This past week one of the best mid-day tactics on largemouth and smallmouth bass has been a shaky head jig. A shaky head is a special jig head tipped with a specific type of worm that offers excellent wiggle when slowly worked off the bottom. It's all the rage in many parts of the country and certainly is effective here in the Belgrades. The downside of the shaky head is that if you fish it too fast, you get hung up. Along with fishing shaky worms



Carolyn Bergman of Plymouth Meeting, PA was visiting the area with her family during the New England Music Camp alumni weekend. While she was here, she caught this big summer pike!

on these jig heads, we've also been catching fish on "beavers" and crayfish imitating plastic baits too. Anytime I fish these style baits, I always like to experiment with the presentations either off the dock or in the bathtub etc. You need to see what each bait offers on different jig heads before you just go casting them around. Once you get a good understanding of what your lure looks like underwater, you'll be able to fish it much more effectively. By the way, the Zoom Watermelon Shaky Head Worm fished on a 1/8 ounce jig head put an extra dozen smallies in the boat the other day on Great Pond. The fish were in 15 feet of water off the west side of Hoyts Island. They wouldn't take Senkos or crankbaits, but they loved that worm.

Story Time: On Tuesday of last week I had the pleasure of having Belgrade Icon Jack Shultz and his son-in-law in the boat. Jack told me about the lakes from back when he was a kid, and he knew all about the cottages, who owned them, etc, etc. It was brilliant! Well, around noontime we were fishing over by Chute Island when we heard a few kids hooting and hollering. They were kayaking and from a distance it looked like they were having a blast! We couldn't have been more wrong. One of the kids had flipped the kayak

and couldn't get it righted. He was working hard to get himself out of the drink and over time became exhausted and panicked. We decided that something wasn't right, reeled in our lines and zoomed over toward the kids (note to my wife: I would have gotten there sooner if I had a faster boat). Bottom line is, we pulled the young man into my boat and brought him home safely. He was very thankful and quite polite. Here's the moral of the story. If that kid hadn't been wearing his life jacket, this article might have a different theme. A vacationer died this past Wednesday in southern Maine while kayaking 200 feet from shore. That grown man didn't have his life jacket on, this kid did! Please, let's all make the right decisions and keep safe this summer! I can see my friends coming around the bend now, paddling merrily. They look like they are having a blast too. Now's a good time to let you know that the guy who's paddling in front of the pack is the Uncle of the kid I pulled out of the lake. By the way, he's wearing his life jacket – smart man! Good luck fishing this week!

Mike Guarino can be contacted at 465-4333
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Pet World

Water Works

One thing that can certainly strain our relationship with our pets is inappropriate urination. It may be a one time "accident", or it may become a frequent occurrence. Sometimes the reason is logical, i.e. slightly too long between opportunities to go, being too young to "hold it", inconsistent house training, or it may be a valid physical problem that results in our dog or cat going where they shouldn't and normally wouldn't.

Cats tend to be much more fastidious in their urination habits. Even from a young age they seek out areas that are designated for the purpose i.e a litter box. When they start "missing the box" the cause may be straightforward. Sometimes a change in the type of litter (e.g. clay vs pine) or a change in the size or placement of a litterbox can trigger a pattern of "accidents". Stress or interpersonal rivalries between cats can also result in "contests". A rule of thumb for households with multiple cats is to provide a separate box for each cat, with an extra one as well. Offering different types of litter, and a variety of locations for the boxes may alleviate these behavioral issues. Mature intact male cats are very likely to "mark" or spray inside the house, leaving in a strong smell that is meant to last! Neutering male cats before sexual maturity (6 or 7 months) is very helpful in preventing this behavior. Urine marking behavior in male dogs can be avoided by

timely neutering as well.

Unfortunately, a syndrome known as Feline Lower Urinary Tract Disease (or FLUTD) affects many cats, young and older alike. Although the exact cause is unknown, FLUTD results in a combination of urine abnormalities that include bleeding of the bladder, crystal (and even bladder stone) formation, and bacterial infection. Often owners note that their cats begin urinating inappropriately in obvious places, such as the sink or the bath tub. This is helpful in some ways because their owners can see the blood in their urine. Urinating in other areas such as laundry, beds, clothing or shoes may be their way of getting their peoples' attention. Cats are certainly prone to routine bacterial urinary infections but FLUTD is often the initiating cause and can result in recurring "infections". It can be a life threatening issue for males who become "blocked". If left untreated, obstruction can lead to serious complications such as kidney failure, heart arrhythmia and death. Diet change along with medication are usually necessary to help control this chronic disease.

Dogs also are prone to bacterial bladder infections, particularly female dogs. Often it is not possible to "see" blood or pus in a dog's urine (unless it's winter here in Maine!). Often the more obvious signs are the dog needing to go out more often,

passing small amounts of urine at a time, continually straining without producing urine, and of course, leaving urine spots in the house. Other causes of primary bladder problems in dogs include bladder stones, ulcers or polyps of the bladder wall, and cancer. Bladder stones in male dogs can be an emergency if the stones move into the urethra and cause obstruction; if a male dog is straining to urinate with little or no urine production, he should be seen by a vet as soon as possible.

Female dogs can also become incontinent, even at a young age. Usually they leak or dribble urine when asleep or relaxed on the couch, and may not even notice they are passing urine. Medication can be prescribed to control this type of incontinence. Older dogs of both sexes may also develop incontinence due to spinal disease or disease that affects the sphincter of the bladder, such as bladder cancer. Many incontinent dogs are more prone to bacterial infections because they are frequently wet.

Beyond those caused by primary bladder problems, there are a number of systemic disorders that lead to excessive drinking and urination. Both dogs and cats can develop kidney disease/renal failure. This insidious condition can come on quickly, or slowly, but often it is not discovered until irreparable damage has occurred. The only way to detect early kidney disease is through bloodwork and urine tests. Hormonal imbalances, such as adrenal gland diseases or diabetes mellitus, may also cause

...Continued on page 20

Pet World, a weekly column by Dr. Eleanor Sabeau, or Dr. Jennie Marvelle. They can be reached at Lakeside Veterinary Clinic lakevets@roadrunner.com or by phone at 465-7387

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Business

Gardiner Growth Initiative Identifies Three Development Strategies

Following a facilitated brainstorming process to develop a plan for sustainable business growth in Downtown Gardiner, a group of business and community leaders have presented a plan to the Gardiner City Council for official and for public feedback.

The plan recognizes three important facets of growth that the group believes will work together to boost economic growth in Downtown Gardiner.

Facet or phase one is the development of a business attraction incentive fund. After identifying critical business types needed downtown, Gardiner will attract these businesses by offering incentives which may take the form of a forgivable loan, grant, or other such subsidy. The Bank of Maine has generously offered up a challenge of \$125,000 to match contributions by other local businesses to capitalize this fund.

Phase two is the coordination of a brand development and marketing effort for Downtown Gardiner. For very good reason, the City of Gardiner is focused on marketing land at the city-owned Libby Hill Business Park. With business attraction incentives in hand, the group seeks to leverage efforts to market Libby Hill by recognizing that Libby Hill and Downtown Gardiner are the City's two biggest economic

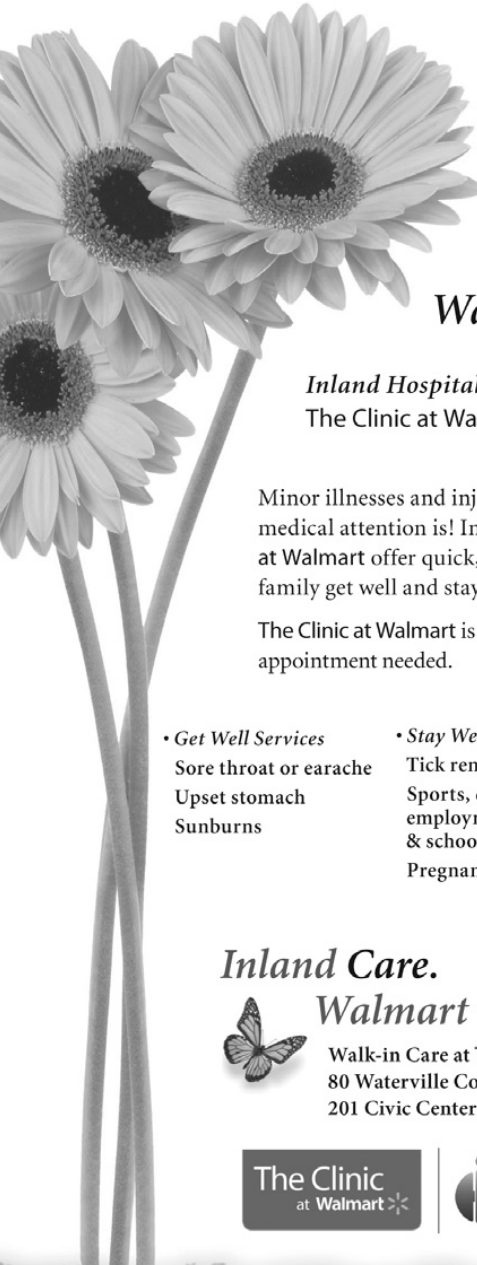


development assets, and each are more valuable with the other.

Phase three is rehabilitation of Johnson Hall. Across the country, where communities have invested in bringing historic cultural centers like Johnson Hall back to their full glory, economic prosperity has followed. A fully renovated Johnson Hall has the opportunity to be a one-of-a-kind cultural magnet for the region.

Over the coming months, the work plan for each of these development factors will be moving into action. For more information, or to become involved in this effort, contact Patrick Wright, Executive Director Gardiner Main Street - director@gardinermainstreet.org or 582-3100.





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