

... Serving the Central Maine Lakes & Kennebec River Corridor

-A Cider Mill Press Publication -

VOLUME 13, NUMBER 10

Who Will Inherit the Camp?

by Esther J. Perne

ell it, share it, divide it, destroy it. A dilemma accompanies almost every lakeshore property, and the solution isn't easy, because... How do you bequeath a dream?

How do you pass along those idyllic summer days, nights listening to the loons, intergenerational camaraderie, escape from less freeing lifestyles in less rustic places, and the internal peace and growth that lakeside dwellers experience? How do you leave a legacy of fishing in the gentle rain, being where people look each other in the eye and say hello, closing an agreement with a simple handshake?

How do you insert into a legal will those contented smiles of an infant kicking its bare legs in the warm summer sun, of a child



The original Golden Pond camp, 1908.

The remaining one third of the former Lakeshore Hotel, now a family compound.

splashing in the lake, of a pre-teen heading out of the cove in his first motor boat, of visitors arriving weary and tentative and leaving rested and encouraged?

And how, oh how, do you distribute fairly the legacy of the ever-increasing shorefront proper-

Yes, consult with a lawyer, an estate planner, an accountant or a financial advisor, and any other professional with experience in inheri-

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tance. Talk with lakefront property owners who have been through the agonizing process, those who have handled it smoothly, and those who are struggling with it (there are many). And then? The solution isn't always the most astute professionals, adequate money although that certainly is very necessary, a well written will, or even a poorly written will. According to financial specialists who also understand the intangibles of a lakeside camp, the solution is talking out the emotional side of the camp sooner rather than later, while good health still prevails, and finding out who among the potential heirs is really interested in what.

The solution is in recognizing that each subsequent generation dilutes the potential pool of owners and that multiple ownership is very difficult. The solution is in realistically foreseeing and averting a major inheritance controversy by selling out, or designating that the property be sold upon death, and distributing the profit among the heirs.

Other advice to consider regarding legacy properties includes getting the children and grandchildren and other relatives (the same ones who stop in, have a great time and leave) to start contributing financially now, maybe



even share in that ever-increasing tax bill.

Finally, review and update plans as circum- of financial resources. stances change. Many lakeside properties are on their third and fourth generations. A lot of since the turn of the 1900s when these lakes grandchildren are involved and a lot of great were first settled by seasonal vacationers, the grandchildren, and great-greats will be. cabin (or castle) by the lake was and still is the Divorce and re-marriage, multiple families, step-relatives, and extended families all enter rich intangibles of time spent on a lake are the into the picture and with them financial greatest inheritance they can give - that and inequities. Often those who want to keep the peace among their heirs.

property in the family the most have the least

But back to the dreams. More often than not, dream of the original owner. All the wonderful,









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6th Annual Belgrade Summer Lobster Bake Benefit

It's a wrap: an end of summer social celebration, Maine's most in-demand outdoor menu, and two exciting auctions - all to benefit youth recreation programs and lake quality protection.

On Saturday, August 13, the Belgrade Community Center for All Seasons and the Belgrade Lakes Association will hold their annual adults-only Summer Lobster Bake to benefit community and youth recreation programs and lake learning and protection programs. The schedule begins at 5:30 pm, dinner is at 7 pm. To learn more, call Jessica Moore at 495-3481.







Summertime in the Belgrades --A Cider Mill Press Publication--

Business: The Great Employee

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Legacies

Pass It On Features Consignment Wear

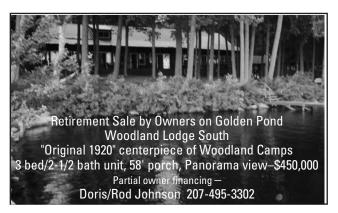


'm very happy with how it's going," says **▲**Jan Edelstein of her consignment shop adjacent to Antique Interiors on Main Street in Belgrade Lakes.

The idea of consignment clothing came to her in February; in June she opened Pass It On; on Thursday, August 11, 3-8 pm, there will be a Grand Opening celebration with 50% off summer clothes and all men's and children's clothes, 20% off all items over \$20, and 20-50% off selected items in the antique shop.

Currently Pass It On offers a lot of designer items, a children's section, and a separate cottage with men's clothing and shoes. There is some vintage clothing in stock with a lot more on the way. Customers are welcome to just visit, to hang out - especially in the well-stocked antique shop - or to make an appointment to bring in clothing.

The hours for Pass It On are 10 am-5 pm, seven days a week. For more information call 495-3500.



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Jan Edelstein and her dog "Jack"

Larsen's Jewelry

Central Maine's **Great Diva**





Birthplace of Madame Nordica, Farmington, Maine; from a c. 1908 postcard published by the Metropolitan News Company, Boston, Massachusetts.

t's a special day in a special year. August 17 is **▲**Nordica Day. 2011 is the Centennial Celebration of Lillian Nordica's final concert in Farmington, Maine, the town where she was born, where her birthplace is now a museum of rich mementos, and from where she toured the world as a renowned opera diva. Gowns, furniture, dishes, opera scores, rare bronzes, bric-abrac and choice china and glass are stored or on display at the Nordica Museum in Farmington where visitors are welcome June 1-September 15, 1-5 pm, Tuesday through Sunday. Admission is adults \$2, children \$1, under 5 free. In celebration of the Centennial of her final Farmington concert, 7 concerts have been performed in July and August. For more information about the concerts and about Lillian Nordica call 778-2042.







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Watershed Wisdom

Ancient Wisdom

by Peter Kallin

have been discussing Mother Nature's watershed **⊥**design and the importance of maintaining upland forests and vegetated wetland buffers to protect water quality. I have talked about the importance of responsible development to avoid excess stormwater runoff that can cause erosion and deplete groundwater supplies. These are not new ideas. Consider this observation from over 2000 years ago:

"There are mountains in Attica, which can now keep nothing but bees, but which were clothed, not so very long ago, with fine trees producing timber suitable for roofing the largest buildings....while the country produced boundless pasture for cattle. The annual supply of rainfall was not lost, as it is at present, through being allowed to flow over a denuded surface to the sea, but was received by the earth, in all its abundance, into her bosom where **she stored it."** Plato: Dialogue of Critias 360 B.C.E

Plato could just as easily be talking about modern

day America. Cutting down forests in the uplands and have a bank that has life and is of one substance."clearing the native vegetation results in too much impervious surface, which in turn results in excess stormwater runoff. Instead of recharging the groundwater aquifers and filtering slowly into streams and lakes, this runoff flows quickly down the hills, resulting in flooding in the lowlands and excessive erosion and phosphorus-laden sediments flowing into our

The LakeSmart program I discussed a few weeks ago emphasizes the importance of maintaining native vegetated buffers along the shorelines of our lakes, rivers, and streams. Over 500 years ago, Leonardo da Vinci gave the same advice:

"The roots of the willows do not suffer the banks of the canals to be destroyed; and the branches of the willows, nourished during their passage through the thickness of the bank and then cut low, thicken every year and make shoots continually, and so you

Leonardo Da Vinci (1452-1519)

A few hundred years later, Henry David Thoreau built his home next to Walden Pond and observed:

"My house was on the side of a hill, immediately on the edge of the larger wood, in the midst of a young forest of pitch pines and hickories, and half a dozen rods from the pond, to which a narrow footpath led down the hill. In my front yard grew the strawberry, blackberry, and life-everlasting, johnswort and goldenrod, shrub oaks and sand cherblueberry and groundnut."- Henry David Thoreau (1817-1862)

Thoreau clearly understood the importance of diverse vegetation and a healthy vegetated buffer. Interestingly, even before the advent of shoreland zoning rules, he built his house a half dozen rods back from the water, almost exactly the 100 ft setback requirement of Maine's current law. With his narrow meandering footpath, I'm sure Thoreau would have qualified for a LakeSmart Award. He certainly understood the beauty of healthy lakes with forested shorefront areas:

"A lake is the landscape's most beautiful and expressive feature. It is earth's eye; looking into which the beholder measures the depth of his own nature. The fluviatile trees next the shore are the slender eyelashes which fringe it, and the wooded hills and cliffs around are its overhanging brows."

We have discussed the importance of watersheds and managing our lakes on a watershed basis instead of arbitrary municipal boundaries. There are two places in Maine where this takes place- the Cobbossee Watershed District and the Penobscot Nation in the Penobscot River Watershed. It is no coincidence that Cobbossee Lake is the only major lake that has been taken off of the official DEP list of impaired waterbodies. Native Americans have long recognized the importance of taking care of our lakes and rivers. Chief Seattle (1786-1866) was not a Penobscot but I think they would agree with him:

"The rivers are our brothers. They quench our thirst. The rivers carry our canoes, and feed our children. If we sell you land, you must remember, and teach your children, that the rivers are our brothers and yours, and you must henceforth give the rivers the kindness you would give any brother."

More recently Luna Leopold (1915-2006), the son of the great 20th Century conservationist Aldo Leopold, who was the Chief Hydrologist of U.S. Geological Services (USGS) and a Professor at the University of Continued on page 19...

Peter Kallin, Executive Director of the Belgrade Regional Conservation Alliance (BRCA), can be contacted at 495-6039 or brca@gwi.net, or visited at the BRCA Office, The Boathouse, Belgrade Lakes.



n Saturday, August 13, the Friends of Messalonskee will hold its second annual Milfoil Awareness Day to help everyone identify, understand and help to manage this menacing invasive water plant. The event will take place at the Oakland Boat Landing off Old Belgrade Avenue from 10 am-2 pm and will include boat rides to look at milfoil areas on the lake.

At 11 am there will be a short annual meeting which is open to all interested parties, followed by a lunch (finger sandwiches donated by Big G's) hosted by the Friends. Everyone is invited to join the fun, to enjoy the freebees, camaraderie, Tshirts and hats, and to learn more about milfoil.

Since milfoil is often spread from lake to lake by boaters, people from other Belgrade lakes are especially invited to come see what milfoil looks like and learn what the Friends of Messalonskee and state agencies are doing to manage it. Last summer Benthic barriers, which are underwater mats that block sunlight and kill milfoil, were placed at three key locations in the lake. Boats and divers were also used to manually pick the milfoil and to use a suction-harvesting machine. Milfoil grows quickly, can choke out other plants, and interferes with recreational activities such as swimming and boating. It has spread to much of Messalonskee Lake.

How much? Dr. Daniel Buckley, Chairman of the Biology Department at the University of Maine at Farmington mapped milfoil in



Messalonskee Lake in 2010. This map will be on display at Milfoil Awareness Day.

Friends of Messalonskee was formerly the Snow Pond-Messalonskee Lake Association. The name change recognizes that the lake is used by all area people and the issues surrounding the lake affect everyone. The Friends of Mesalonskee will continue to focus on the important issues that affect the preservation of the lake and its environs, including invasive plants, water quality, recreation, etc. Everyone is welcome to join the Friends.

For more information call 660-5069 or 465-3799.



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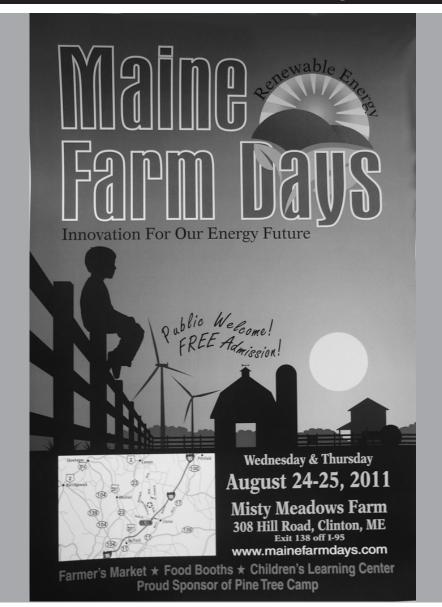
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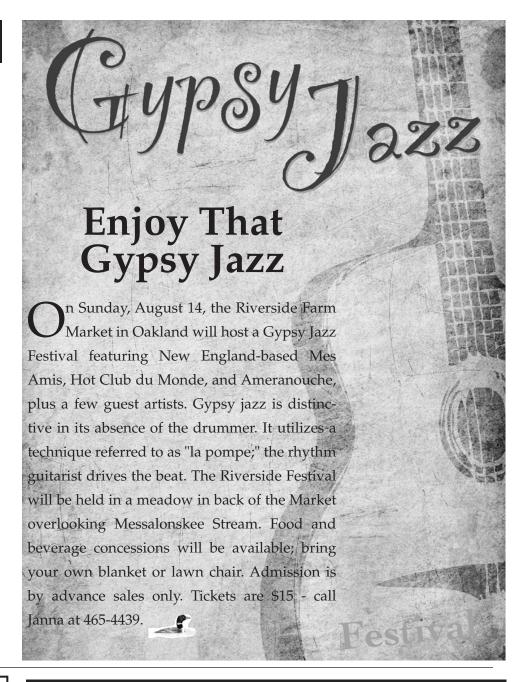


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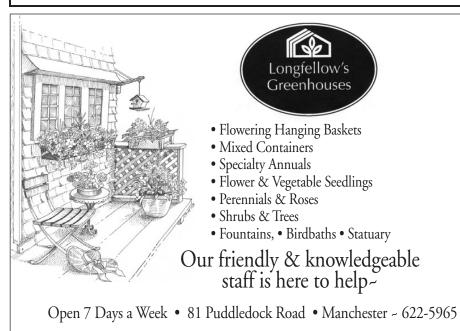


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Notebook •

Saddleback Mountain

• Several top National and Maine Bands are on the agenda at the Saddleback Bluegrass Festival, Friday and Saturday, August 12 and 13. Friday's festival starts at 3 pm and features outstanding Maine performers - The Pineland Fiddlers, 317 Main Street Student Ensemble, The Toughcats, and Erica Brown & The Bluegrass Connection. Performances begin Saturday at 11 am with some of the top national bluegrass performers including Ricky Skaggs & Kentucky Thunder, Crooked Still, The Farewell Drifters, Michael Cleveland & Flamekeeper, Darol Anger's Republic of Strings, Della Mae, and Mason Strunk. Mason is the grandson of the late Eustis, Maine singer/songwriter Jud Strunk. Mason has opened for legcomedian Bob Marley singer/songwriter Jonathan Edwards and performed at last year's Saddleback Bluegrass Festival. For more information about the Festival visit www.saddlebackmaine.com or call 1-877-864-5441.

Kennebec/Somerset County Soil & Water Conservation District

• The fall bulb sale 2011 is now in progress. Forms are available at www.kcswcd.org and orders must be received by August 26. Bulbs will be available after October 17, 2011 at Cumberland Farms in Skowhegan and the Kennebec SWCD office in Augusta. Payment must be received with the order. Mail to: Kennebec SWCD, 21 Enterprise Drive, Suite #1, Augusta, ME 04330. Order numbers with an E are for early planting and will come into the office early. Buyers will be contacted when they arrive. 622-7847

Franklin County Soil and Water Conservation District

• Last Contractor Certification Class this year. Contractor certification or 7 Shoreland zoning credits are offered for this basic & advanced class in erosion and sediment control practices hosted by Franklin County Soil & Water and instructed by DEP's Bill LaFlamme. Certified individuals will receive discounts on erosion control products, get accelerated permitting, and receive free advertising. They will also be ready to comply with state legislation regulating soil disturbance work within 250 feet of waterbodies that takes

effect January 1, 2013. \$55 before October 15, \$65 after. Send check to FCSWCD, 107 Park Street, Farmington, ME 04938. 778-4279

Belgrade Regional Conservation Alliance

• The Belgrade Regional Conservation Alliance's 4th Annual 5K Race for the Lakes will be held on Saturday, September 3 at 8 am. The official, timed race takes place on a safe, rolling, out and back course on Point Road, starting at Camp Runoia. Pre-registration is \$15 by 8/26/11 at www.belgradelakes.org. An Awards Ceremony will follow. Funds raised will support Milfoil Prevention and create a Watershed-wide Action Plan to improve water quality. 495-6039.

Augusta

- Come see the future of Lithgow. A campaign kick-off event for an expanded Lithgow Public Library will be held on Saturday, September 10, 11 am-2 pm. Fun, food and entertainment for all ages:
- Chat with local authors Jane McCloskey and Angus King
- See a live wood carving demonstration by Dan Burns
- Participate in a scavenger hunt
- Browse through the "outdoor library"
- Listen to a story
- Play games or participate in arts and crafts
- Get your face painted
- See a cooking demonstration
- Enjoy great food and great music Each child will receive a book to take home commemorating the event. 626-2415

Hinkley

• Beasts and Books! Animal stories told in the L.C. Bates Museum with a craft to make and take will be held 10-11 am on Friday August 19, September 16 and October 21. Appropriate for ages 3 to 6 with a parent. 238-4250

Jefferson

• Country legend, Tony Booth, will appear for two performances on Saturday, August 20 at the annual CountryGrass Festival held at Broken Acres, Family Retreat. In his career, Booth recorded 12 albums. The CountryGrass festivities will run August 19-21, starting at 4 pm on Friday, 10 am Saturday and Sunday. There is free camping in the rough, clean rest rooms, showers, and a snack bar open throughout the weekend. Tickets are \$10 on Friday and Sunday, \$20 Saturday. 622-6772

Kents Hill

• A Classical Piano Concert by Dr. Lloyd Arriola playing the works of Franz Liszt in honor of Liszt's 200th birthday anniversary will be held on Sunday, August 21 at 2 pm at the Center for the Performing Arts at Kents Hill School. The concert will benefit the Maine Lakes Resource Center in Belgrade Lakes. Dr. Arriola is a highly experienced pianist and conductor who received his doctorate from the Juillard School in New York City and will be making his Carnegie Recital Hall debut on November 20, 2011. Tickets are available at www.mainelakesresourcecenter.org

Livermore

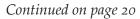
• Step into the past. Live-In Experiences are back. In July, the Washburn-Norlands Living History Center hosted its first Live-In since fire destroyed the original barn and Farmer's Cottage in April 2008. The next Live-In Experience, scheduled for Saturday and Sunday, September 10 and 11, is open to the public. Reservations are requested no later than one week in advance of the program. Space is limited to a maximum of 16 participants. For more information or to register call 897-4366, e-mail volunteers@norlands.org or visit www.norlands.org.

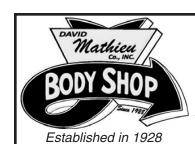
Monmouth

- Going to a show? Arrive early to enjoy Preshow Festivities which include preshow discussions, parking lot performances, and tours of beautiful Cumston Hall. For a weekly preshow schedule visit www.theateratmonmouth.org or call 933-9999.
- -Bring your group event to live theater! Looking for something exciting to do with your employees, campers or family? Whether it's an evening out with your church group or a matinee with your business colleagues, The Theater At Monmouth is the place to go for great professional theater. Discounts for parties of ten or more, as well as Preshow Festivities. 933-9999

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Capitol Complex, State Street

- Maine State House, Hall of Flags, House and Senate Rooms, Klir Beck dioramas, Mon-Fri 8 am-5 pm, book tours at Maine State Museum, walk-ins welcome 9 am-1 pm, www.maine.gov
- Art in the Capitol, Maine Arts Commission monthly self-guided exhibits in State House hallways (Mon-Fri 8 am-5 pm), Blaine House (call for times), and Maine Arts Commission Office (8:30am-4:30 pm), 287-6746, mainearts.maine.gov
- Governor's Mansion, 1830 Blaine House, Tue-Thu 2-4 pm, 287-2121, www.blainehouse.org
- Maine State Museum, Tue-Fri 9 am-5 pm, Sat 10 am-4 pm, \$2 adults, \$1 ages 6-18, 287-2301, www.mainestatemuseum.org
- Maine State Library, 287-5600, Mon-Sat opens 9 am.
- Children's Discovery Museum, CDM, hands-on displays, actives, Tue-Thu 10 am-4 pm, Fri-Sat 10 am-5 pm, Sun 11 am-4 pm, admission, 622-2209, www.childrensdiscoverymuseum.org, 171 Capitol St,
- **Kennebec Historical Society,** Wed-Fri 10 am-2 pm, 622-7718, www.kennebechistorical.org, 107 Winthrop St. University of Maine at Augusta, University Drive
- Danforth Gallery, Jewett Hall, art exhibits, UMA-1234, www.uma.edu/DanforthGallery
- Holocaust and Human Rights Center of Maine, Michael Klahr Center, 621-3530, www.hhrc.uma.edu
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Riverfront/Downtown

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- Riverfront Park, boat launch, Greenway Trail, playground, eastside Kennebec River
- Kennebec River Rail Trailhead, Maine State Housing Authority parking lot, www.krrt.org, Water St.
- Museum in the Streets, walking/history tour, www.augustamaine.gov, downtown.
- Farmers' Market at Mill Park, Sun 2-6 pm, 626-2305, www.farmersmarketmillpark.org/, North Water St.
- Farmers' Market at Turnpike Mall, 549-5112, Wed and Sat 10 am-1 pm, Western Ave.

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- The Belgrade Community Center for All Seasons, swimming, gym, playground, picnic area, rec programs, library, 495-3481, www.belgrademaine.com 1 Center Dr.
- Union Church Coffee House, second Sat of month, 7:30 pm, \$5, 495-3599, Main St.
- Belgrade Historical Society, monthly meetings, 465-7924
- Farmers' Market, Sun 8 am-1 pm, Thu 2-6 pm, 465-7058, www.belgradelakesfarmersmarket.org, Main St.
- Peninsula Park on Long Pond, picnic tables, Main St.
- Selah Boat Tours, Please call Captain Jim to arrange your tour of Great Pond today 207-495-8826

FAIRFIELD

- Fairfield Historical Society, 1890 Cotton-Smith House, Tue 9 am-12 noon, 1-4 pm, 453-2998, www.fairfieldmehistoricalsociety.net, 42 High St.
- Farmers' Market, 948-5724, Wed 2-6 pm, Sat 9:30 am-1:30 pm, Nazarene Church parking lot, 81 Main St.

FARMINGTON

- Farmington Historical Society, 778-2835, Wed and Sat, 11 am-2 pm, July-August, 118 Academy St.
- Nordica Homestead Museum, opera singer Lillian Nordica costumes, jewelry, mementos, 778-2042, Tue-Sat 10 am-12 n and 1-5 pm, Sun 1-5 pm, 116 Nordica Lane, Holley Rd.
- Contra Dance, 491-9928, www.starleft.org 2nd Sat of the month, all welcome, 6:30-7:30 pm family dance, 8-11 pm regular dance, admission, Grange Hall, Bridge St, Rt 43, West Farmington
- University of Maine campus and Arboretum, four walking tours with informal guide pamphlet to campus trees, 581-1541, www.umaine.edu/arboretum/, downtown
- Farmers' Market, 778-6602, Fri 9 am-2 pm, Better Living Center parking lot, Front St; Saturday 8 am-12 noon, Main St.
- Meetinghouse Park and Gazebo, weekly concerts throughout summer, downtown
- Fairgrounds, events throughout summer, Franklin County Fair in Sept, High St.

GARDINER

- Artdogs and Circling the Square Fine Art Press, 1-5 pm Fri, 10 am-4 pm Sat, 582-2108, www.theartdogs.com, 275-277, Water St.
- Johnson Hall Performing Arts Center, 582-7144, www.johnsonhall.org 280 Water St.
- Farmers' Market, 582-3100,
- www.gardinerfarmersmarket.org, Wed 2-6 pm, rain or shine, The Common
- Kennebec River Rail Trail, terminus near Gardiner/Randolph Bridge, 6.5 miles to Augusta
- Waterfront Park, picnicking, events throughout summer, Kennebec River

GREENE

• Araxine Wilkins Sawyer Memorial, free monthly entertainment programs, 946-5311, www.sawyer-foundation.com, 371 Sawyer Rd, off Rt 202

HALLOWELL

- Harlow Gallery, Kennebec Valley Art Association, 622-3813, www.harlowgallery.org Wed,Thu, Sat, 12-6 pm, 160 Water St.
- Gaslight Theater, 626-3698, www.gaslighttheater.org City Hall, 1 Winthrop St.
- Museum in the Streets, history/walking tour, www.historichallowell.org, downtown
- Farmers' Market, 622-1350, Sun 11 am-3 pm, north end of Water St.
- Vaughn Woods, 166 acre park/trails, Middle St.
- Kennebec River Rail Trail, to Augusta, Farmingdale/Gardiner, downtown
- Waterfront Park, weekly summer concerts, North Water St.

HINCKLEY

• L.C. Bates Museum at Good Will-Hinckley School, early 20th century natural history and cultural exhibits, nature trails, adults \$3, up to 17 years \$1, 238-4250, www.gwh.org Wed-Sat 10 am-4:30 pm, Sun 1-4:30 pm, Rt 201

KINGFIELD

- Reinhart Gallery Art Center, 266-4656, 245 Main St, www.ianreinholt.com/gallery.html
- Ski Museum of Maine, by appointment, 265-2023, 256 Main St, www.skimuseumofmaine.org
- Stadler Gallery, 265-5025, 12-4 pm daily or by appointment. 225 Main St, www.stadlergallery.com
- Stanley Museum, 265-2729, www.stanleymuseum.org, memorabilia/displays on Stanley Steamers, Tue-Sun 1-4 pm, 40 School St.

LIVERMORE

• Washburn-Norlands Living History Center, 18th-19th century mansion/farmstead/schoolhouse, library, chapel, 897-4366, www.norlands.org, admission, living history tours Tue and Thu 1-4 pm, 290 Norlands Rd.

MADISON

- Lakewood Theater, Maine's Summer Theater, Young Performers Camp, 474-7176, www.lakewoodtheater.org, Rt
- Skowhegan School of Painting and Sculpture, 474-9345, www.skowheganart.org, summer evening artists lecture series, East Madison Rd.

MONMOUTH

- Monmouth Museum, local and regional Maine history, Wed-Sun 1-4 pm, 933-2287, www.monmouthmuseuminc.org, 751 Main St.
- The Theater At Monmouth, The Shakespeare Theater of Maine, Cumston Hall, 933-9999, www.theateratmonmouth.org, Main St.

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MOUNT VERNON

• D.E.W Animal Kingdom, Zoo, 293-2837, www.dewanimalkingdom.com, Tue-Sun 10 am-5 pm, \$10, 918 Pond Rd, Rt 41

New Portland

- Nowetah's American Indian Museum and Craft Shop, 628-4981, daily 10 am-5 pm, free, 628-4981, 2 Colegrove Rd, Rt 27, www.nowetahs.webs.com/
- Wire Bridge, 1864, probably only wire suspension bridge in U.S., off Rt 27

NEW SHARON

• Farmers' Market, Sat 9 am-1 pm, Douin's Market, 491-9025, 150 Mercer Rd, Rt 2

Norridgewock

- Norridgewock Historical Society Museum, 1838 building, Sat 10 am-3 pm, 634-5032, www.norridgewock.com, Mercer Rd, Rt 2
- Oosoola Park, picnic area, great playground, boat launch, on Kennebec River, Rt 8

OAKLAND

• Macartney House Museum, Oakland Area Historical Society, 465-7549, Wed 1:30-4:30 pm, 1815 home with antique furnishings and Oakland artifacts, 25 Main St.

READFIELD

• Readfield Historical Society and Museum in 1823 schoolhouse, 685-4662, www.readfieldhistorical.com/, Thu and Sat 10 am-2 pm or by appointment, Rt 17, Readfield Depot

ROME

- Mt. Philip Grange, suppers 3rd Sat of month, 4:30-6 pm, all you can eat beans, cornbread, rolls, chop suey, pies, Rts 135/225
- Trails: Mount Philip on Rt 225; The Mountain on Rt 27; French's Mountain and Kennebec Highlands, Watson Pond Rd; 495-6039, www.belgradelakes.org, maps available at BRCA, Belgrade Lakes

SIDNEY

- New England Music Camp, concerts free and open to the public, famous Bowl-in-the-Pines on Lake Messalonskee, 465-3025, www.nemusiccamp.com, Rt 23
- Sidney Historical Society, 547-3142, http://www.rootsweb
- Silver Spur Riding Club, horse shows, www.silverspurmaine.com/, River Rd/Rt 104

SKOWHEGAN

- Margaret Chase Smith Library, residence, home, museum exhibits, 474-7133, www.mcslibrary.org, free, Mon-Fri 10 am-4 pm. 54 Norridgewock Ave.
- History House Museum, 1800s local history and culture, 474-6632, www.skowhegan.com/historyhouse, Tue-

Fri 1-5 pm, Elm St.

- Fairgrounds, weekly horse shows/competitions at covered arena, Skowhegan State Fair in Aug, 474-3621, Madison Ave.
- Farmers' Market, Wed 3-6 pm, Sat 9 am-1 pm, weekly entertainment, 938-3906, Skowhegan Savings Parking Lot, Old Grange Hall, Madison Ave.

SMITHFIELD

- Fairview Grange suppers, 362-2791, every Wed in summer, 5 pm, Village Rd, Rt 8
- Sunbeam Roller Rink, Wed, Fri, Sat 7-10 pm, 362-4951, 830 Village Rd, Rt 8
- Sunset Camps, public beach, 362-2611, www.sunsetcamps.com, Village Rd, Rt 8

UNITY

 Unity College Centre for the Performing Arts, folk genre music, 568-3147, www.unitymaine.org, 42 Depot St.

WATERVILLE

- Aqua City Actor's Theatre (ACAT), 873-7000, www.acattheatre.org. Waterville Opera House Studio Theater, Main St.
- Museum in the Streets, downtown history/walking tour, www.the museum in the streets.com/waterville.htm
- Two Cent Bridge, historic foot bridge over Kennebec River, Head of Falls park/events area, Front St.
- Colby College Museum of Art, 859-5600, www.colby.edu/museum/ Tues-Sat 10 am-4:30 pm, Sun 12-4:30 pm, free, Colby College Campus, Mayflower Hill
- Thomas College Art Gallery, 180 West River Rd.
- Waterville Historical Society Redington Museum, 1814 home, pharmacy, 872-9439, www.redingtonmuseum.org. Tue-Sat tours at 10 and 11 am, 1 and 2 pm, 62 Silver St.
- Waterville Opera House, 873-7000, www.operahouse.com, 93 Main St.
- Farmers' Market, Thu 2-6 pm, 680-2055, www.watervillefarmersmarket.org, The Concourse parking lot.

WAYNE

• Farmers' Market, 873-7000,

http://waynefarmersmarket.weekly.com, Sat 9 am-noon, Town Green, next to Post Office, Main St.

• Wilton Farm & Home Museum, 645-2091, 645-4578, www.wiltonmaine.org, Sat 1-4 pm or by appointment, Canal St.

WINTHROP

- Norcross Park, playground, picnic site, boat launch on Maranacook Lake, downtown.
- Farmers' Market, 395-4244, www.camarkets.com, Tue and Sat 9 am-1 pm, parking lot, downtown,

Additions/Updates/Corrections: Please contact Summertime in the Belgrades with any changes to this Directory.

ASSOCIATIONS/GROUPS

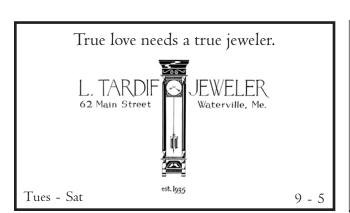
THE BELGRADES...

- East Pond Association, Smithfield/Oakland, www.eastpond.org
- North Pond Association, 152 Madison Avenue, Skowhegan, ME 04976, 474-8988, www.northpond.net
- McGrath Pond/Salmon Lake Association (MP/SL), 103 Taylor Woods Rd., Belgrade, 04917. 465-3983, www.salmonlake.org
- Great/Long Ponds: Belgrade Lakes Association (BLA), PO Box 551, Belgrade Lakes, 04918, 512-5150, www.belgradelakesassociation.com
- Friends of Messalonskee Lake Watershed, PO Box 532, Oakland, 04963, www.snowpond.org
- Belgrade Regional Conservation Alliance (BRCA) and BRCA Conservation Corps, PO Box 250, Belgrade Lakes, 04918, 495-6039, www.belgradelakes.org
- Belgrade Lakes Region Business Group (BLBG), PO Box 596, Belgrade Lakes, ME 04918. 495-3700, www.belgradelakesmaine.com
- Maine Lakes Resource Center / Docks to Doorways, PO Box 431, Belgrade Lakes, 04918, www.dockstodoorways.com

BEYOND...

- Maine Congress of Lake Associations (COLA), PO Box 426, Belgrade, 04917. 1-877-254-2511, www.mainecola.org
- Friends of the Cobbossee Watershed, PO Box 5003, Augusta, 04332-5003, 621-4100, www.watershedfriends.com
- Franklin County Soil & Water Conservation District, 107 Park Street, Farmington, 04938, 778-4279, www.franklineswcd.org
- Kennebec County Soil & Water Conservation District, Central Maine Commerce Center, 21 Enterprise Drive, Augusta, 04330, 622-7847, ext. 3, www.kcswcd.org
- Kennebec Land Trust (KLT), PO Box 261, 134 Main St., Winthrop, ME 04364, 377-2848, www.tklt.org
- Kennebec Messalonskee Trails, PO Box 2388, Waterville, 873-6443, www.KMTrails.org
- Kennebec River Rail Trail, PO Box 2195, Augusta, 623-8162, www.krrt.org
- 30 Mile River Watershed Association (30 MRWA), Kimball Pond in Vienna to the Androscoggin River, 293-2181, www.30mileriver.org
- Parker Pond Association, Mount Vernon/Vienna. www.parkerpond.org
- Central Maine chapter of the New England Mountain Bike Association (CeMeNEMBA), 1154 West Road, Belgrade, ME 04917. 441-6227, www.cemenemba.org





BELGRADE REGIONAL HEALTH CENTER

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Calendar —

...Thursday 8/11 through Saturday 8/20 -Skowhegan State Fair, midway, harness racing, exhibits, livestock, 4-H Display, nightly entertainment, food, fun, more, Monday 8/15 is Senior Citizen Day, www.skowheganstatefair.com, Fairgrounds, Route 201, Skowhegan.

- ... Thursday 8/11 through Sunday 8/21 Tent Sale, shoes, sports apparel, 474-6231, New Balance Factory Store, 12 Walnut Street, Skowhegan.
- ...Wednesday 8/10 through Saturday 8/13 -"Once Upon A Mattress," 474-7176, Lakewood Theater, Route 201, Madison.
- ...Thursday 8/11 The Annual Children's Day Program, featuring "Mr. Magic" with Dennis Labbe, all children should be accompanied by an adult, free, air-conditioned auditorium, 2 pm, 946-5311, Araxine Wilkins Sawyer Memorial, 371 Sawyer Road, Greene
- ...Friday 8/12 Magician Dennis Labbe presents "Magical Wonders," 2 and 7 pm, for all ages, free admission, air-conditioned auditorium, 946-5311, Araxine Wilkins Sawyer Memorial, 371 Sawyer Road, Greene.
- ...Friday 8/12 and Saturday 8/13 2nd Annual Saddleback Mountain Bluegrass Festival, eleven of the top bands in bluegrass music, includes food venues, beer garden, free parking, camping on a first come first serve basis beginning at 9 am Friday, festival starts 3 pm Friday, 11 am Saturday, tickets for 2 days \$45 at gate,

www.saddlebackmaine.com, Saddleback Mountain, 976 Saddleback Mountain Road, Rangeley.

...Friday 8/12 through Sunday 8/14 -

Readfield Heritage Days, food, entertainment, fireworks, parade, sales, games and activities, and much more, 685-5318 or 631-1852, Town Beach and downtown Readfield

...Friday 8/12 - Civil War Sesquicentennial

Event, bring a favorite book, a beverage, and stories to swap, 4 pm, in the Sculpture Garden, inside if raining, 395-3113, Spring Gallery, Main Street, Belgrade Lakes.

- ...Friday 8/12 Artwalk Gardiner, to promote Kennebec Valley art, open studios and shops, restaurants will be open, meet the artists, refreshments available at many exhibits, 5:30-8:30 pm, www.theartdogs.com, 582-6600, Historic District, Water Street, downtown Gardiner.
- ...Friday 8/12 and Saturday 8/13 "Rent," the Tony Award winning hit musical, presented by Fairway Players, 7 pm Friday, 2 and 7 pm Saturday, \$10 in advance, \$15 at the door, tickets available at Axell's Scandinavian Inn, Route 202, Manchester, 623-4583, performance at Winthrop Performing Arts Center, 211 Rambler Road, Winthrop.
- ...Friday 8/12 "Room Service," hilarious farce, 7:30 pm, 933-9999, Cumston Hall, The Theater At Monmouth.
- ...Friday 8/12 New England Music Camp Student Recital, open to the public, free of charge, everyone welcome, 7:30 pm, 465-3025, Alumni Hall, NEMC Camp, Route 23, Sidney.
- ...Friday 8/12 The Midnight Mile, "Fun"-Raiser to benefit the Strong Kids Campaign of the Kennebec Valley YMCA, have you ever wondered how fast you could run a mile across a bridge at midnight?, registration 10:30-11:30 pm, event starts midnight, pre-registration encouraged at Kennebec Valley YMCA or www.kvymca.org, \$15 individual/\$40 family in advance, night of event \$20 individual/\$50 family, 622-9622, start City of Augusta, Town Office Parking Lot, City Center Plaza, 16 Cony Street, Augusta.
- ...Saturday 8/13 3rd Annual Paddle Trek sponsored by the 30 Mile River Watershed, canoeists and kayakers may join all or parts of this 15-mile paddle from Mt. Vernon Village to Wayne Village, begins 7 am, ends in Wayne Village around 3 pm, other starting points available, free, pre-registration

required, space limited, www.30mileriver.org, paddle@30mileriver.org, 754-5197, begins at Minnehonk Lake public beach, downtown Mount Vernon.

- ...Saturday 8/13 Public Breakfast, featuring scrambled eggs, bacon and sausage patties, hash browns, baked beans, fresh fruit, homemade baked goods, juice, coffee, tea, 8-9:30 am, \$7 adults, \$3 children 10 or younger, Union Church, Main Street, Route 27, Belgrade Lakes.
- ...Saturday 8/13 Multimedia presentation on volunteer work of Mahatma Gandhi Foundation in Las Terrenas, Dominican Republic, over 200 volunteers from 26 countries have changed lives through literacy, education, sports, health and the environment, the founders will talk briefly about the library/community center, sponsored by the Winthrop Ministerial Association, 9-10 am, 685-4657, United Methodist Church, Winthrop.
- ...Saturday 8/13 "Amazing Reptiles," Children's Workshop, 10 am, \$1, 238-4250, L.C. Bates Museum, Route 201, Hinckley.
- ...Saturday 8/13 "The Stories of Scheherzade," The Tales of Aladdin, Lakewood Theater Young Performers Camp, 10 am and 1 pm, 474-7176, Lakewood Theater, Route 201, Madison.
- ...Saturday 8/13 Friends of Messalonskee, second annual Milfoil Awareness Day, to help everyone identify, understand and help manage this menacing invasive water plant, including boat rides to look at milfoil areas

on the lake, 10 am-2 pm, short annual meeting 11 am, followed by free lunch (Big G's finger sandwiches) hosted by the Friends, fun, freebees, camaraderie, T-shirts, hats, 465-3799, Oakland Boat Launch, Old Belgrade Avenue, Oakland.

- ...Saturday 8/13 "Much Ado About Nothing," by William Shakespeare, 1 pm, 933-9999, Cumston Hall, The Theater At Monmouth.
- ...Saturday 8/13 Pushy Plants and Alien Animals, drop in anytime for a fun exploration of invasive species of Maine, 1-4 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.
- ...Saturday 8/13 Dam-Jam, all boaters are invited to listen to The School Street Band and celebrate another summer in Belgrade Lakes, presented by Day's Store as a thank you to friends and customers, 2 pm, 495-2205, on the point, behind Day's Store, Long Pond/Main Street, Belgrade Lakes.
- ...Saturday 8/13 "Alice in Wonderland," Missoula Children's Theatre Camp production starring local students, original, presented by Waterville Opera House, 873-7000, 3 pm, Strider Theater, coolly College campus, Waterville.
- ...Saturday 8/13 New England Music Camp Student Concert at "Bowl in the Pines," open to the public, free of charge, everyone welcome, 3 pm, 465-3025, NEMC Camp, Route 23, Sidney.
- ...Saturday 8/13 Public Supper, \$6 adults, under 12 \$3, 5:30 pm,



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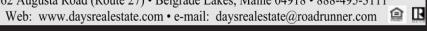
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Baptist Church, Smithfield.

...Saturday 8/13 – 6th annual Belgrade
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Center for All Seasons and the Belgrade
Lakes Association, Social Hour and Silent
Auction 5:30-6:30 pm, fabulous dinner,
dessert and Live Auction 7 pm, proceeds
benefit Community & Youth Recreation
Programs, Lake Learning & Protection
Programs, reservations required 495-3481,
Belgrade Community Center for All Seasons,
Route 27, Belgrade Lakes.

...Saturday 8/13 - Third Annual Big Band Bash, Maine's own Al Corey Orchestra, free and open to the public, 5:30-8 pm, 888-321-1119, Granite Hill Estates, 60 Balsam Drive, Hallowell.

...Saturday 8/13 – "Much Ado About Nothing," by William Shakespeare, 7:30 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...Saturday 8/13 - Folksinger Bill Berlinghoff, feature performer, followed by open mic, 7:30 pm, \$5 donation, Union Coffeehouse, Main Street, Belgrade Lakes.

...Sunday 8/14 - The First Annual Riverside

Gypsy Jazz Festival, featuring
Ameranouche, Hot Club du Monde, and
Mes Amis, food and beverages available for
sale throughout the day at the festival location and the Market, tickets \$15, advance
sales only, non-refundable, reserve at 4654439, festival on the grounds behind the
restaurant overlooking Messalonskee
Stream, Riverside Farm Market & Cafe, 291
Fairfield Street, Oakland.

...Sunday 8/14 - Ampersand, jazz, funk, disco, classic rock, come dance outside, free of charge, family-oriented atmosphere, handicapped accessible, toilet facilities, 2-4 pm, 620-6231, Norcross Point, Maranacook Lake, off Bowdoin Street, Winthrop.

...Sunday 8/14 – "James and the Giant Peach," children's play (for everyone), 1 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...Sunday 8/14 - Voice and Flute recital by Lynn Floyd Crizer, soprano, and Rebecca Floyd Perchal, flute, donations, 2 pm, 778-2042, Nordica Auditorium, University of Maine, Farmington.

...Sunday 8/14 – New England Music Camp Student concert at "Bowl in the Pines," rain or shine, free to the public, everyone welcome, 3 pm, 465-3025, NEMC Camp, Route 23, Sidney.

...Sunday 8/14 – "Bob Lovelace," Coburn Park Concert, 5 pm, free, refreshments for sale on premises, 474-6894, Philbrick Gazebo, Coburn Park, Water Street, Skowhegan.

...Sunday 8/14 – "Much Ado About Nothing," by William Shakespeare, 7 pm, post show discussion series with the cast and crew, 933-9999, Cumston Hall, The Theater At Monmouth.

...Monday 8/15 – Old Crow Band, 7 pm, bandstand, Meetinghouse Square, Route 27, downtown Farmington.

...Tuesday 8/16 - Arizona Rose and The Rich Ric Band, free concert, weather permitting, 11:30 am-1 pm, 778-3424, Band Stand, Meetinghouse Square, downtown Farmington.

...Tuesday 8/16 – "James and the Giant Peach," play for children, 1 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...Tuesday 8/16 - Ice Cream Social, sponsored by the Oakland Area Historical Society, music by R.B. Hall Band, 6 pm, parking lot in front of the Macartney House Museum, Main Street, downtown Oakland.

...Tuesday 8/16 - Master Class by Dr. Joseph Wiggett, professor of voice at California State University, Stanislas, 7 pm, donations, 778-2042, Nordica Auditorium, University of Maine, Farmington.

...Tuesday 8/16 - Rock on the River, 7-8:30 pm, Boardwalk on the Kennebec River, Water Street, Hallowell.

...Tuesday 8/16 – "Room Service," hilarious farce, 7:30 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...Wednesday 8/17 – Hall-Dale Taiko
Drummers, Japanese-style performance,
directed by Naoto Kobayashi, teacher at
Hall-Dale and his fabulous student drummers, audience participation, too, Lively
Lunches at Johnson Hall Mini-Park series,
bring a bag lunch or order from a local
restaurant, snacks and sweets on sale, no
admission, noon-1 pm, 582-7144, Johnson
Hall Mini-Park, rain place inside Johnson
Hall, 280 Water Street, Gardiner.

...Wednesday 8/17 – "Blithe Spirit" by Noel Coward, 1 pm, 933-9999, The Theater at Monmouth.

...Wednesday 8/17 - Capture Wild

Continued on page 12...

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- Our Own Chili
- Bean's Corner BBQ Beans
- Corn Muffins
- Fresh Biscuits
- Signature Strawberry Shortcake
- Hand Cut Fries & Potato Chips

- The Best Prime Rib around every Friday Night!
- Fresh Salad Bar every Friday & Saturday night
- Our Own Potato Salad
- 5 Signature BBQ Sauces!
- Homemade Salad Dressings
- Freshly Baked Bread
- Homemade Sausage Gravy
 Relation Woffles
- Belgian Waffles
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Calendar Continued

Animals on Paper, Summer Art Program for Children, this session will focus on mammals in the Museum in pencil, 1 pm, \$2 per participant, all supplies provided, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

...Wednesday 8/17 - Friends of the Cobbossee Watershed 9th Annual Cocktail Party and "Microwave" Auction with guest auctioneer and Master of Ceremonies Gary Crocker - Maine Humorist, open bar, catering by White Flour of Hallowell, musical entertainment by Sam Chandler Jazz, boat rides in the OTTER II, 5:30-7:30 pm, \$75 per person, 100% of all contributions go to programs and projects of the Friends, 621-4100, golf cart shuttle service from Harold Howell Way Road, Dennett home, Lake Annabessacook, Winthrop.

...Wednesday 8/17 - "Covered Bridges of Maine," by Joseph Conwill, 6:30 pm, sponsored by Kennebec Historical Society, 622-7718, Augusta City Center Lecture Hall, Augusta.

...Wednesday 8/17 - Bat Lecture by Dave Yates, Biodiversity Research Institute, general bat information, New England-specific information, White Nose Syndrome, 7 pm, call 495-6039 for location, sponsored by Belgrade Regional Conservation Alliance, Main Street, Belgrade Lakes.

...Wednesday 8/17 - Nordica Day Concert, featuring Joseph Wiggett, baritone, Shannon Connell, soprano, and Jesse Wakeman, tenor, donations, 778-2042, Nordica auditorium, University of Maine, Farmington.

...Wednesday 8/17 – "The Compleat Wrks of William Shakespeare, abridged," run-through of all Shakespeare's comedies, histories and tragedies by an amazing cast of three actors, 7:30 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...Thursday 8/18 through Sunday 8/21 – "The Red Velvet Cake War," Texas comedy, 474-7176, Lakewood Theater, Route 201, Madison.

...Thursday 8/18 – "James and the Giant Peach," play for children, 1 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

...Thursday 8/18 – Summer History Program, come imagine and explore the past, try on clothes, do chores, wash clothes in a tub, experience old time school, and play with old fashioned toys, 1 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

...Thursday 8/18 – Women of Maine Film, sponsored by Belgrade Regional Conservation Alliance, 7 pm, 495-6039 for location, Belgrade Lakes.

...Thursday 8/18 - Ashelin, a band of five sisters from Newfoundland, Canada, singing folk, pop, originals, traditional, Newfoundland and Irish music, 7:30 pm, \$15, 948-7469, Unity Centre For the Performing Arts, 42 Depot Street, Unity.

...Thursday 8/18 – "King Lear," by William Shakespeare, 7:30 pm, 933-9999, Cumston Hall, The Theater At Monmouth.

Kennebec Corridor News & Notes

ArtWalk Gardiner Set For August 12

Stroll along brick sidewalks, climb steep, narrow stairs, sip wine in funky studios, and gaze at views of the Kennebec River.

On Friday, August 12, from 5:30-8:30 pm, ArtWalk Gardiner invites the public to visit exhibits at shops, studios, restaurants and boutiques along historic downtown Water Street. Some places offer music, many provide refreshments, and almost all have artists available greeting visitors, answering questions and working - and selling their artwork.

ArtWalk Gardiner is one of the best opportunities to meet the town's vibrant art community,





ST. MICHAEL SCHOOL Augusta

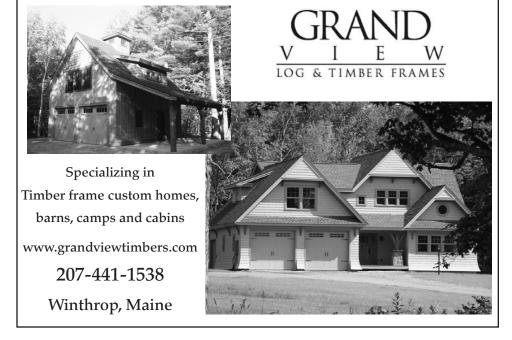
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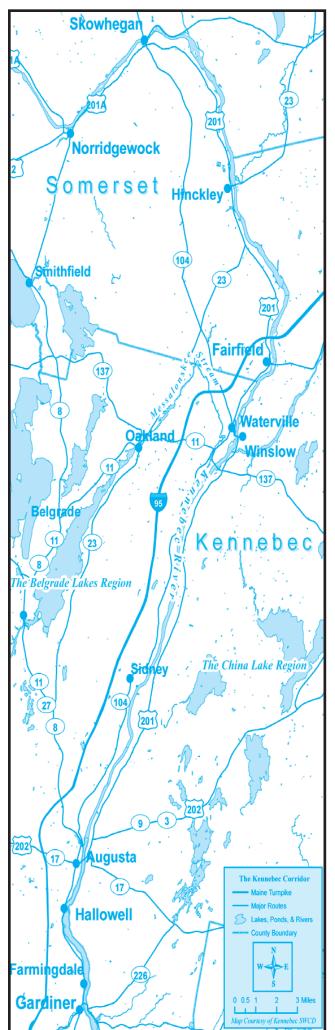
For information, call the Office at 623-3491. Visit our website at www.smsmaine.org St. Michael School provides a competitive, affordable, high quality education. We welcome both Catholic and non-Catholic students.

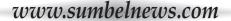
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Maps/guides of the ArtWalk will be available at exhibit locations and in other shops which stay open for the occasion. For more information visit www.theartdogs.com.



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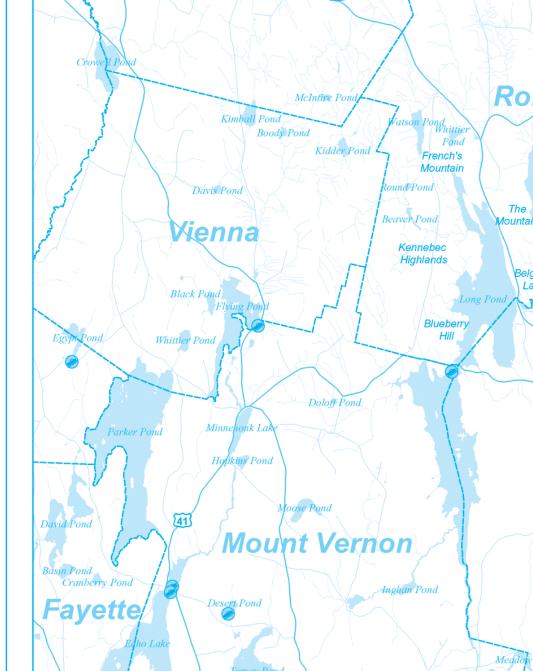
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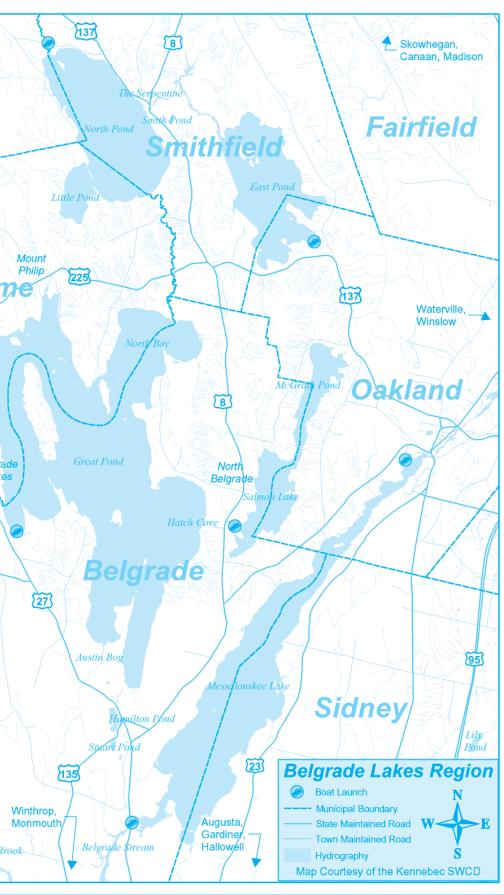
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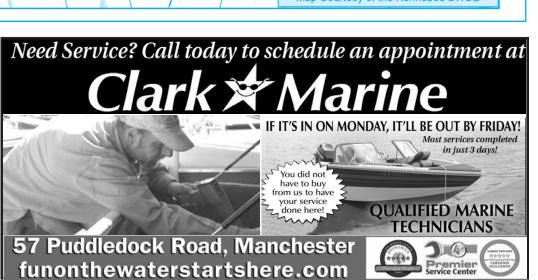


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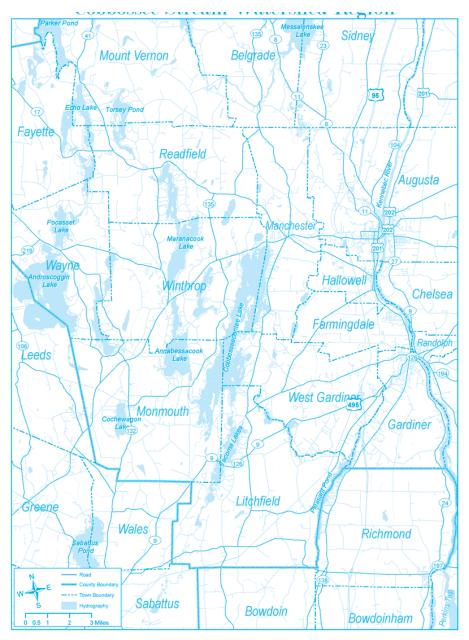
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Heritage Days August 12-14 field Heritage Days 2011 •10 am-3 pm - Activities

Readfield Celebrates

Readfield Heritage Days 2011 will be held on Friday, August 12 through Sunday, August 14, with a full agenda of sales, food, fun and competitions, historic open houses, festivities, and outdoor events:

Friday, August 12

- •4:30-6 pm Readfield Fire Department and Ladies Auxiliary cookout at the Readfield Town Beach
- •5-7 pm Readfield Historical Society Annual Wine and Cheese Social
- •7-8 pm Rick Charrette concert
- •8-9 pm "Readfield's Got Talent," 4th Annual Talent Show (685-5318 or 631-1852 to enter)
- •9:15 pm Fireworks

Saturday, August 13

- •8 am-3 pm Ricky Gibson
 Annual Car Show, Maranacook
 Community School
- •10 am Parade

- •10 am-3 pm Activities at the beach, 16-foot waterside, obstacle course, and more
- •10 am-2 pm Readfield Union Meeting House, Open House
- •1-3 pm Free ice cream social sponsored by the Readfield Fire Department Auxiliary, at the beach
- •2 pm Slide show and walkabout of historic Factory Square with Marius Peladeau starting at the Town Office
- •4:30-6 pm Readfield Fire Department's Famous Bean-Hole Supper

Sunday, August 14

•7 pm - The Marden's Lady, Birdie Googins, Union Meeting House, 685-4662 for tickets

T-shirts and raffle tickets to benefit Heritage Days are available at the Town Office, 8 Old Kents Hill Road, 685-4939.





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The Otter II

The ever-popular Ice Cream Boat operates each summer from mid-May through mid-October.

The original OTTER (2002-2005) and current OTTER II (a 22' Avalon pontoon boat launched in 2006) moves around each week to one of eleven water bodies of the Cobbossee Watershed, "hosted" by residents who provide us with dock space and an electrical hook-up for our freezers. Since that first summer of 2002, the original OTTER and OTTER II have come in contact with tens of thousands of people, enlisted over 2,000 members and provided valuable information and advice to thousands more on what one can do to help protect the Cobbossee Watershed.

Clark Marine of Manchester, Maine continues to provide major support of the OTTER II, with Hershey Ice Cream supplying the delicious treats each summer!



Along with our mascot "Spotter the Otter", The OTTER II will be all over the watershed once again this summer - participating at numerous community events, fairs, parades and gatherings. Check the EVENT CALENDAR to find out where The OTTER II will be, or if you would like the OTTER II or Spotter to appear at your event or function, please contact our office.

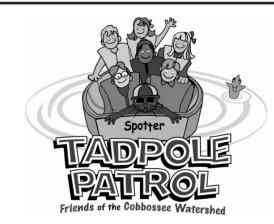
Fall Classic Tour of Cobbossee Watershed

The Friends of the Cobbossee Watershed are starting a new event. It is a bicycle ride called the Fall Classic Tour of the Cobbossee Watershed. Each year it will feature a ride that tours a significant piece of our beautiful watershed. There will be mountains with views of streams and lakes, and roads that parallel the lakes and streams with birdseye views of them throughout the ride. The ride will begin and end in the same place and there will be a celebration at the end probably including a barbecue and a band. There may even be a feed and bathroom stop along the way. We hope to feature a photographer as well, and you will see outrageous support because local bicycle shops have asked to be a part of this.

This year, the ride will take place on Sunday, September 11th starting and ending at the State YMCA Camp in East Winthrop. The ride will start

at 9:30 and roll up route 135 toward Kent's Hill. It will then make it's way toward Wayne, and then over Mt. Pisgah, and through North and East Monmouth, and up along 135 again to the finish at the YMCA Camp. In Kent's Hill there are views of Torsey Pond, and many lakes not even in the Cobbossee Watershed in the Wayne and Fayette areas, as well as incredible views of Berry, Dexter, and Wilson Ponds as you go over Mt. Pisgah. The route will cover about 35 miles and you are welcome to ride it at a leisurely pace or you can blister it, whichever you choose.

There is a flat registration fee, and prizes for people that acquire pledges, and the prizes get higher in value as participants move up in the dollar amounts of their pledges. See the breakdown at BikeReg!



Spaces Still Available!!

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Level 2: Grades 4-6, August 19 & 25

Level 3: Grades 6 and up, August 26



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Upcoming –

- The Lively Lunches at Johnson Hall Mini-Park on Water Street in Gardiner series wraps up on Wednesday, August 24 with Rick Adam, one-man band, musical saw, juggling, magic, hat tricks, laugh-riot comedy skits, and more. 582-7144
- The 42 Annual State Appaloosa Horse Show will be held at the Skowhegan Fairgrounds on Friday through Sunday, August 26-28. Free admission, covered arena, concessions, barns to visit. 474-2947
- On Friday, August 26, Erica Brown and The Bluegrass Connection will perform at the Araxine Wilkins Sawyer Memorial, 371 Sawyer Road, Greene. Shows, at 2 pm and 7 pm, are for all ages. Admission is free; air-conditioned auditorium. www.sawyer-foundation.com, 946-5311
- Gaslight Theater in Hallowell presents "And Then There Were None" by Agatha Christie, August 26-28 and September 1-3. 626-3698
- The last Saturday breakfast of the 2011 season at the Union Church in Belgrade Lakes will be August 27 with a menu of breakfast casseroles, from 8-9:30 am. Adults \$7, children 10 or younger \$3. 397-3015

- On Saturday, August 27, there will be a Free Tour of Great Pond on a pontoon boat equipped with underwater visualization and monitoring technology, 9:30-11 am. The Colby/COLA LakeSmart Trip leaves from the public docks behind the Belgrade Lakes Post Office, Belgrade Lakes. Reservations required. 495-2301
- Author Cynthia Lord will be introducing her new picture book, "Happy Birthday, Hamster," on August 27, 10 am-noon at the Children's Book Cellar in Waterville. 872-4543
- The Windsor Fair runs from Sunday, August 28 through Monday, Labor Day, September 5 and offers extensive agricultural and arts/crafts exhibits, a midway, animal pull events, harness racing, a wide range of displays and food booths, and an historical section. www.windsorfair.com 549-7911
- A Public Chicken Barbecue is scheduled for Saturday September 3, 11:30 am, Thorndike Church, Route 139, \$8 per person. Also Yard Sale, 9 am. 948-2455
- The Homes of Wayne Tour, 9 Classic Camps & Village Homes and fall gardens, will be Saturday, September 10, 10 am-4 pm, to benefit the Cary Memorial Library and Wayne Community Church. 685-3612

- On Friday, September 16, the Eighth Annual Thomas College Lunder Scholars Golf Invitational will be held at the Belgrade Lakes Golf Club. 8 am registration and continental breakfast, 9 am shotgun start, steak and chicken luncheon to follow. The fund has provided over \$200,000 in scholarship aid to more than 100 Maine students since 2003. 859-1167
- The 2nd Annual 5K Run/Walk at the University of Maine at Augusta Fitness Trails to benefit the UMA Women's Basketball Team will be on Saturday, September 17. Pre-register until September 16 online at RunReg.com; type "University of Maine at Augusta" in the search bar.
- A Kennebec Historical Society presentation on Milton Bradley will be given by David Richards on Wednesday, September 21 at 6:30 pm at the Augusta City Center Lecture Hall, Cony Street. 622-7718
- The 18th Annual Rise 'N Shine 5K Road Race will be on Friday, September 30 at 6:35 am sunrise. Those who pre-register by September 16 at any Kennebec Savings Bank branch or at the YMCA will receive a free long sleeved t-shirt. 622-5801.



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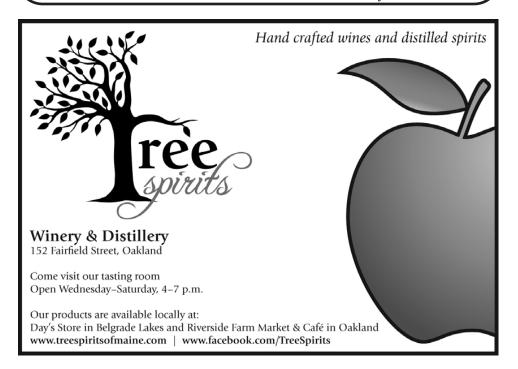
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Conservation Too

I'm a little late for my composting article for 2011. But it is time when people are beginning to harvest more out of their own garden or buy more fresh produce from farmstands and markets. That raw produce generates a bit more "waste" that is a great addition for the compost pile. For some folks, the summer and fall is the best time to start thinking about composting. If you are still "just thinking about it"... IT IS TIME TO START! It is estimated that composting your household waste can cut the amount of your annual waste by nearly 80%.

To begin with the basics of composting - it is a mixture of nitrogen, carbon, oxygen and moisture. With the proper mix of these elements little critters will begin to digest all the material. They generate heat while they are at it. The end result is a marvelous material which gardeners refer to as "black gold". This compost is not only a precious soil amendment for gardeners and landscapers but it has been created by recycling materials that otherwise would have been in the waste stream. For technical guidance on making compost, and help with designs for a home made compost bin or compost pile we recommend checking the Maine cooperative extension service. http://www.umext.maine.edu/onlinepubs/htm-

...Watershed Wisdom continued from page 5

California summed it all up when he said:

"Water is the most critical resource issue of our lifetime and our children's lifetimes. The health of our waters is the principal measure of how we live on the land."

Our new Maine Lakes Resource Center (MLRC) will shortly be working to make conservation a tradition in our watershed. We plan to implement some of the wisdom of past generations to preserve this special place for future generations. We need to take advantage of Mother Nature's built in systems and figure out ways to modify man-made systems to mimic natural systems. We have implemented many state-of-the-art best management practices into the design of our new center. Come visit and learn how to live lightly on the land for the sake of the lakes. We want our children and grandchildren to have memories like E.B. White:

Letters of E.B. White, Childhood memories, age 5:

It's Composting Time

by Dale Finseth

pubs/1143.htm

So you may ask, "Where do I get nitrogen and carbon? Most of us can figure out how to get the oxygen and the moisture. An easy way to think of the nitrogen and carbon is to use a simple color code. Most green stuff has the nitrogen and most brown stuff has the carbon. For most people, the nitrogen comes from lawn clippings and food scraps. For your brown stuff focus on dry leaves, dead grass, stale bread products, paper napkins and the like. Avoid meat and oil laden foods unless you have become a bit more expert at your composting. Mix the nitrogen and carbon materials together. Most people use some sort of container or bin. But you can simply use a pile if that is all you have. Use more of the carbon material by volume. Keep the mixture stirred up so it has plenty of oxygen and keep it about as moist as a wrung out sponge. The compost mixture needs to be of sufficient size to begin its work. A good sized pile in a shady area will work. The compost bin or other container keeps the mixture together. Your compost pile needs to be of sufficient size for the "magic" to begin.

Sounds simple doesn't it? If you haven't done it before however, it takes some time to learn the method. Talk to a neighbor who composts. Don't overthink it? Don't be in a hurry! People may try to sell

"For me the golden time of year was summertime, when we all went for one month to a rented camp on the shore of Great Pond, one of the Belgrade Lakes in Maine. This Belgrade era began, I think, in 1904, when I was five years old. It was sheer enchantment. We Whites were city people—everything about Belgrade was a new experience: the big freshwater lake, the pines and spruces and birches, the pasture with its sweetfern and juniper, the farmhouse where we took our meals, the rough camp with its sparsely furnished bedrooms... the boating, the swimming, and the company of other campers along the shore. The month of August was four solid weeks of heaven....

The delicious smells and sounds of Belgrade are still with me after these many years of separation. I spent much of my time in a canoe, exploring bogs and streams, netting turtles.... At Bean's store [in the Village] Father would treat us to a round of Moxie or birch beer, and we could feed the big bass that hung

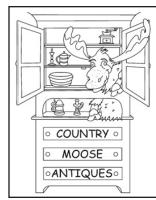
you something that will "make compost in a few weeks". While that may be possible, it is highly unlikely. The one item I suggest getting is a compost thermometer in order to keep track of how hot the compost is getting. It should be above 95-100° in order to be working. It can get much hotter. Turn the mixture weekly

My system is a large compost bin that holds more than a cubic yard. I use lawn clippings and food scraps for my nitrogen. I use junk mail and a pile of last fall's leaves for my carbon. For the past two months my pile has been at 110-150°. Our regular rain showers have helped keep it moist. Sometimes household compost will not work that well but my pile is large enough to work very well. I've been making compost for years.

The Kennebec 2011 edition of the Kennebec County Ag Map is now hot off the press. Look for a copy to find local farm stands and Farmers' Markets and start eating food that was grown locally. Do your part to support local food production and all of its benefits.

Articles contributed by the Kennebec County Soil & Water Conservation District in Augusta For information about any of our conservation projects please contact Dale Finseth at 622-7847, x 3 or check our website at www.kcswcd.org

around the wharf and then head back [in the launch] across the lake... (There was a new drink out called Coca-Cola, but Father assured us it was a cheap imitation of Moxie and without virtue.)"



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David Hepfner 207-685-9502 Readfield, ME



Announcing...
Saturday, August 13

The 6th Annual Summer Lobster Bake to benefit the Belgrade Community Center* and the Belgrade Lakes Association**

Held at the Belgrade Community Center.
Social hour and silent auction 5:30-6:30 pm.
Dinner and live auction 7:00 pm. Dinner reservations may be made and tickets purchased by contacting Jessica Moore at 495-3481.

Don't miss out! Tickets are limited.

* Funds support community and youth recreation programs.

** Funds support lake water quality programs.





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-Accommodations -

Abenakis All Season Camps, 1339 Augusta Rd. (Rt 27), Belgrade, 495-2294, www.abenakiscamps.com

Alden Camps, American Plan cottages, boat rentals, 3 Alden Camps Cove, Oakland, 465-7703, www.aldencamps.com

Among the Lakes Bed & Breakfast, Rt 8, North Belgrade, 465-4900, www.amongthelakes.com

Bear Spring Camps, 60 Jamaica Point Rd., Rome, 397-2341, www.bearspringcamps.com

Belgrade Cottages Guide Service, fishing, lake tours, canoe/kayak trips and rentals. 9 Bass lane, Belgrade 314-8469 www.belgradecottages.com

Castle Island Camps, American Plan, Castle Island Rd, Belgrade Lakes, 495-3312, www.castleislandcamps.com

....Notebook continued from page 7

academic needs. The annual drive is now in its seventh year. Donations of school supplies can be made at any of the ten Skowhegan Savings branches. Customers are urged to donate popular items that include: 3-ring binders, lined paper, pens, pencils, highlighters, book covers, glue sticks, lunch boxes and backpacks. Each branch has a drop-box. Donors do not have to be Skowhegan Savings customers. Donated supplies will be presented to area school principals to distribute. 1-800-303-9511

Waterville

• The 2nd Annual Barrels Community Dinner by the River will be held on Saturday, August 20, 4:30-7:30 pm, rain or shine at Head of Falls. The outdoor riverside dinner features an all-local menu of creative canapes and appetizers, local beer and wine, salads, vegetables, free range hormone-free meats, whole grain breads, and dessert - all served by Barrels volunteers, with a backdrop of live music. Tickets, \$50 per person, include the multi-course meal and two drinks and are available at Barrels and Waterville Main Street. 660-4844

Winthrop

• Concerts at Norcross Point continue through September 4. All concerts are Sundays from 2-4 pm except Saturday, August 20, which is 1-3 pm to coincide with the Annual Winthrop Sidewalk Art Festival from 10 am-4 pm. The band is to be announced; the invitation is to enjoy the art show and stroll over to the park (maybe buy an ice cream on the way). All concerts are free of charge. 620-6231

Kozy Cove Cottages, Rt 8, Salmon Lake, Belgrade, 465-0959, www.kozy-covecottages.com

The Village Inn, 1 & 2 bedroom suites, Rt 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com

Whisperwood Cottages, American Plan, boat rentals, 103 Taylor Woods Rd, Belgrade, 465-3983, www.whisperwoodlodge.com

Wings Hill Inn, Rt 27, Belgrade Lakes, 495-2400, 866-495-2400, www.wingshillinn.com

RESERVATIONS SERVICES

Belgrade Vacation Rentals, 81 Main St, Belgrade Lakes, 495-4011, www.belgradevacationrentals.com

Clee & Dee LLC, 40 Belgrade Road, Oakland, 465-4430





Featuring Folksinger Bill Berlinghoff Plus Open Mic Hour

Saturday, August 13th - 7:30 PM

Union Church - Route 27 in Downtown Belgrade Lakes

Refreshments

\$5.00 Donation at the Door



Hall-Dale Taiko Drummers, August 17, noon to 1 p.m. Lively Lunches in Johnson Hall Mini-Park--no charge for tickets. This exciting performance combines big drums and choreography, Japanese-style. Directed by teacher Naoto Kobayashi, the group consists of talented Hall-Dale High School drummers



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in North Belgrade

Dining

Augusta

• Riverfront Barbeque & Grille, 300 Water St., Augusta. 622-8899, www.riverfrontbbq.com

Belgrade

- Belgrade Lakes Golf Club, lunch/snacks, West Road, Belgrade Lakes, 495-4653, www.belgradelakesgolf.com
- Pete's Pig, 81 Main St., Belgrade Lakes Village, 495-4095,
- The Village Inn, Rte. 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com
- Whisperwood, Salmon Lake/McGrath Pond, Taylor Woods Road, open to the public by reservation only, 465-3983, www.whisperwoodlodge.com
- Wings Hill Inn and Restaurant, Rte. 27, Belgrade Lakes Village, 495-2400 or 800-495-2400, www.wingshillinn.com

New Sharon

•Top of the Hill Grill, 54 Farmington Falls Rd. New Sharon. 779-0973. www.topofthehillgrillonline.com

Oakland

• Alden Camps, Lunch or dinner by reservations, Sat. - Wed., space permitting. 3 Alden Camps Cove, Oakland.

465-7703. www.aldencamps.com

• Riverside Farm Market & Cafe, 291 Fairfield Street, Oakland, 465-4439. www.riversidefarmmarket.com

Readfield

- Country Moose Antiques & Moose Muffins Dessert Café, 1135 Main Street, 207-685-9968
- Emporium Le Kitchen, rbittar@igacc.com 685-7348

Waterville

- Cacciatores. 150 JFK Plaza, Kennedy Memorial Drive, 872-9700.
- Dairy Queen. 13 KMD Plaza, Waterville, 872-2220; and 161 College Ave, Waterville, 873-1677, www.dairyqueen.com
- Restaurant & Pub at the Waterville Grand. 375 Upper Main Street, Waterville. 873-0111.

Winslow

• Lobster Trap & Steakhouse. 25 Bay Street, Winslow. 872-0529. www.lobstertrap-seafood.com.

Winthrop

- Peppers Garden & Grill. 357A Main Street, Winthrop.
- Sully's Restaurant & Tavern. 38 Main Street, Winthrop. 377-5663, 377-5808

www.whisperwoodlodge.com The Brass Knocker Gift Shop 39 MAIN STREET ROUTE 27 · BELGRADE LAKES VILLAGE



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the fields, the barns, and the many booths and displays - food and children's activities, too - on Wednesday and Thursday, August 24 and 25. www.MaineFarmDays.com

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-Business Directory-

ACCOMMODATIONS

See page 20

ADVENTURE

Belgrade Cottages Guide Service, fishing, lake tours, canoe/kayak trips and rentals. 9 Bass lane, Belgrade 314-8469 www.belgradecottages.com

Maine Wilderness Tours, fishing, canoeing/kayaking, lobster picnic, bird watching, 7 Croquet Ln, Belgrade, 465-4333, www.MaineWildernessTours.com

Paradis Outfitters, 3675 Middle Rd, Sidney, 547-GUNS, www.paradisoutfitters.com

AIRPLANE RIDES

AirLink, LLC, float plane rides. 2 LaFleur Rd, Waterville, 859-0109 or 609-712-0866 (cell), www.airlinkconnection.com

ANTIQUES

Barbara's Antique & Collectibles Group Shoppe, Rt 201, 414 Lakewood Rd, Madison, 474-2550

Country Moose Antiques & Moose Muffins Dessert Café, 1135 Main Street, Readfield, 207-685-9968

Stoney Creek Antiques, 881 Civic Center Drive, Augusta, 626-9330

AUCTIONS

James D. Julia, Inc., 203 Skowhegan Rd (Rt 201), Fairfield, 453-7125, www.juliaauctions.com

AUTOMOTIVE

Mathieu Auto Body and Mechanical Repair Services, 6 Allen Street, Waterville 872 5518, www.davidmathieucompany.com

BAIT & TACKLE

Fisherman's Choice Bait & Tackle, 22 Water St., Oakland, 465-7101

BANKING

Kennebec Savings Bank, 150 State St, Augusta, 622-5801, www.kennebecsavings.com

Maine State Credit Union, 200 Capitol St, Augusta, 623-1851, www.mainestatecu.org

Skowhegan Savings Bank, Rt 27, Belgrade, 495-7787, www.skowsavings.com

BEVERAGES

Jokas' Discount Beverage, 52 Front St, Waterville, 873-6228

BICYCLES

Auclair Cycle & Ski, 64 Bangor St, Augusta, 623-4351, www.Auclair CycleSki.com

BOAT COVERS

Waterville Auto Top & Upholstery. 1042 Kennedy Memorial Dr, Oakland, 465-7847

BOAT LIFTS

Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

Power Equipment Plus, 2309 Belgrade Rd, Rt 27, Sidney.
547-4114, pep@pivot.net

BOAT MOORINGS

Great Pond Marina, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

BOAT RENTALS

Belgrade Canoe & Kayak, Rt 27, Belgrade, 495-2005, 242-6331, www.kayakandcanoe.com
Castle Island Camps, Castle Island Rd, Belgrade Lakes,

495-3312, www.castleislandcamps.com

Great Pond Marina, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

Whisperwood Cottages, 103 Taylor Woods Rd, Belgrade, 465-3983, www.whisperwoodlodge.com

BOAT REPAIR

Kennebec Boat Repair, 907 Oakland Road, Belgrade, 465-9012, www.KennebecBoatRepair.com

Mobile Marine, 897-1032 (home) or 897-8433 (cell)

Belgrade Boat Shop, 936 Augusta Rd, Belgrade, 485-6953 Thunder Castle Boats, Readfield, 207-685-9502

BOAT SALES AND SERVICES

Belgrade Canoe & Kayak, Rt 27, Belgrade, 495-2005, 242-6331, www.kayakandcanoe.com

Clark Marine, 57 Puddledock Rd, Manchester, 622-7011, mail@clarkmarine.biz, funonthewaterstartshere.com

Hamlin's Marine, 290 West River Road, Waterville,

872-5660, www.hamlinsmarine.com

Mid-Maine Marine and RV, 885 Kennedy Memorial Drive, Oakland, 465-2146, www.midmainemarine.com

Power Equipment Plus, 2309 Belgrade Rd, (Rt 27), Sidney, 547-4114, *pep@pivot.net*

Trailside Performance, 797 Augusta Rd (Rt 201), Winslow, 873-2366, www.trailsideperformance.com

BOAT STORAGE

Belgrade Boat Storage, 41 Pinkham's Cove Rd, Rt 27, Belgrade, 495-3415, boatstorage@roadrunner.com

Belgrade Lakes Marine and Storage, Inc, 366 Augusta Rd, Belgrade, 495-2378, www.belgradelakesmarine.com

Clark Marine, 57 Puddledock Road, Manchester, 622-7011; and Rt 202, Monmouth, *mail@clarkmarine.biz*,

funonthewaterstartshere.com

Great Pond Marina, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

Hamlin's Marine, 290 West River Rd, Waterville, 872-5660, www.hamlinsmarine.com

Kennebec Boat Repair, 907 Oakland Road, Belgrade, 465-9012, www.KennebecBoatRepair.com

Maple Leaf Self Storage, 688 Manchester Rd, Rt 135, Belgrade, 495-2191, 441-5529

Mid-Maine Marine and RV, 885 Kennedy Memorial Dr, Oakland, 465-2146, www.midmainemarine.com

Trailside Performance, 797 Augusta Rd, Rt 201, Winslow,

873-2366, www.trailsideperformance.com

Children's Book Cellar, 52 Main St, Waterville, 872-4543, *kidsbookseller@verizon.net*

Re-Books, 25 East Concourse, Waterville, 877-2484

BOTTLE AND CAN REDEMPTION

Jokas' Discount Beverage, 52 Front St, Waterville, 873-6228

BUILDERS

BOOKS

(See also Electricians, Kitchens, Plumbers, and Excavating) **Bellavance Construction Company Inc,** 31 Hulin Rd, Belgrades

Lakes, 495-2492

Craig's Carpentry/North Bay Estates, Rt 8, North Belgrade, Craig Alexander, 649-3749

G&L Contracting, Adam Gardner, Belgrade, 215-7951 **Grandview Log & Timber Frames**, 72 Burtons Ln, Winthrop, 441-1538, www.grandviewtimbers.com

LakeHouse Renovations, Joint Venture Company, Liberty Rd, Readfield, 685-7393 or 242-3663, www.adedesignbuild.net

Mainely Molding & Restoration, 449 Wilder Hill Rd,
Norridgewock, 634-2821, lanca@tds.net

BUILDING FOUNDATIONS AND JACKING

Bellavance Jacking Co, LLC, 31 Hulin Rd, Belgrades Lakes, 495-2492

BUILDING MATERIALS

(See also Flooring, Stonework and Windows) Gagne and Son, 28 Old Rt 27, Belgrade, 495-3313, www.gagneandson.com

Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

BUS SERVICE

Concord Coach Lines, 9 Industrial Dr, Augusta, 1-800-639-3317, concordcoachlines.com

CANOES AND KAYAKS

Belgrade Canoe & Kayak, Route 27, Belgrade, 495-2005, 242-6331, www.kayakandcanoe.com
Belgrade Cottages Guide Service, fishing, lake tours,

Belgrade Cottages Guide Service, fishing, lake tours, canoe/kayak trips and rentals. 9 Bass lane, Belgrade 314-8469 www.belgradecottages.com

CHAINSAWS

Power Equipment Plus, 2309 Belgrade Rd, Rt 27, Sidney, 547-4114, pep@pivot.net

CLOTHING

New Balance Factory Outlet, 13 Walnut St, Skowhegan, 474-6231

COMPUTER CONSULTANTS

Samara Consulting, Macintosh Consultant, Michael Breault, 24 Welch Rd, Wilton, 645-5083, cell 578-0226, mbreault@samaraconsulting.com, www.samaraconsulting.com

DINING

(See Dining Directory on page 21)

DOCKS

G&L Contracting, Belgrade, 215-7951, agardner81@yahoo.com
Hammond Lumber Company, Auburn, Bangor, Belgrade,
Brunswick, Fairfield, Farmington, Greenville, Portland,
Skowhegan, 866-HAMMOND, www.hammondlumber.com
Power Equipment Plus, 2309 Belgrade Rd, Rt 27, Sidney,
547-4114, pep@pivot.net

Trailside Performance, 797 Augusta Rd, Rt 201, Winslow, 873-2366, www.trailsideperformance.com

ELDER CARE

Maine-ly Elder Care, 28 Center St, Oakland, 465-3249, www.maine-lyeldercare.com

EXCAVATING

Belgrade Boat Storage, 41 Pinkham's Cove Rd, Belgrade, 495-3415, boatstorage@roadrunner.com

Bellavance Construction Company Inc, 31 Hulin Rd, Belgrade Lakes, 495-2492

David Stevens, P.O.Box 146, 103 Grandview Dr, Belgrade, 465-3815, cell 314-0314

EYE CARE

Maine Eye Care Associates, 325 E. Kennedy Memorial Dr, Waterville, 873-2731, www.MaineEyeCare.com

FARMSTANDS

Riverside Farm Market & Cafe, 291 Fairfield St, Oakland, 465-4439, www.riversidefarmmarket.com
Winterberry Farm, 538 Augusta Rd, Rt 27, Belgrade, 495-2593, www.winterberryfarmstand.com

FINANCIAL PLANNING

Golden Pond Wealth Management, 129 Silver St, Waterville, 873-2200, *goldenpondwealth.com*

Kennebec Wealth Management, 150 State St, Augusta, 622-5801, www.kennebecsavings.com

August 12 – August 18, 2011

Summertime in the Belgrades



FIREWOOD

J & M Logging, Inc., 853 Civic Center Dr., Augusta, 622-6353

FLOORING

Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

FLOWERS AND PLANTS

Longfellow's Greenhouses, 81 Puddledock Rd, Manchester, 622-5965, www.longfellowsgreenhouses.com

Pierce's Greenhouse, 407 Belgrade Rd, Oakland, 465-7788

GALLERIES

Artisan's Barn, 163 North Rd, Readfield. 685-9787, www.theartisansbarn.com

Spring Gallery & Sculpture Garden, bronze castings, 81 Main St, Belgrade Lakes, 495-3113, www.modernartfoundry.com

GIFTS

The Brass Knocker Gift Shop, Rt 27, Main St, Belgrade Lakes, 495-3345

Country Moose Antiques & Moose Muffins Dessert Café, 1135 Main Street, Readfield, 207-685-9968

Day's General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

Kozy Cottage, 13 Church St, Oakland, 465-0959, www.kozy-covecottages.com

The 1830 House on Long Pond, 134 Main St, Belgrade Lakes Village, 495-3277, www.the1830houseonlongpond.com

The Village Peddler Gift Shop, Lake Shore Dr, Belgrade Lakes, 495-7707

GOLF

Lakewood Golf Course, 803 Lakewood Rd, Madison, 474-5955, www.lakewoodgolfmaine.com

Natanis Golf Course. 735 Webber Pond Rd, Vassalboro, 622-3561, www.natanisgc.com

GROCERIES

Day's General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

GROOMING

Dogwood Spa Pet Grooming, 682 Augusta Rd., Belgrade, 512-2423

HAIR CARE

Hair Reflections, 849 Kennedy Memorial Dr, Oakland, 465-7848

HEALTH CARE

Belgrade Regional Health Center, 4 Clement Way, Belgrade Lakes, 495-3323, www.healthreachchc.org
Inland Hospital clinics at Wal*Mart Supercenters, walk-in health care, 201 Civic Center Dr, Augusta, 620-8570;
80 Waterville Commons Dr, Waterville, 680-2110,

ICE CREAM

www.inlandhospital.org

Dairy Queen, 13 KMD Plaza, Waterville, 872-2220; and 161 College Avenue, Waterville, 873-1677. www.dairyqueen.com **Day's General Store,** 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

INSURANCE

John M. Fortier, State Farm Insurance, 16 Silver St, Waterville, 873-1101, *john@johnfortier.com*

JEWELRY

Larsen's Jewelers, 57 Main St, Waterville, 872-6301, 800-697-1874, www.larsensjewelers.com
L.Tardif Jeweler, 62 Main St, Waterville, 872-7542, 800-834-3638

KITCHENS

Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

LAKE ASSOCIATIONS

Belgrade Lakes Association (BLA), Long Pond and Great Pond, PO Box 551, Belgrade Lakes, 512-5150, www.belgradelakesassociation.com

LANDSCAPING

Foster Tree Care and Landscaping, 3675 Middle Rd, Sidney, 547-4376, 547-4640

G&L Contracting, Belgrade, 215-7951, agardner81@yahoo.com **Lakeside Landscape,** 13 Station Rd, Belgrade, 465-3039, 831-7053, 632-1086, lakesidelandscape1@yahoo.com **Longfellow's Greenhouses,** 81 Puddledock Rd., Manchester, 622-5965, www.longfellowsgreenhouses.com

Lynch Landscaping, Skowhegan, 474-2420,

lynchlandscaping.com

Native Notions, 213 West Rd, Belgrade, 495-6040, 314-9538, nativenotions@hotmail.com, www.nativenotionslandscape.com

LAND SURVEYING

Acme Land Surveying, LLC, 108 Farmington Road, Suite 5 Farmington Maine 778-4081, www.acmelandsurveying.com

LAWN AND GARDEN EQUIPMENT

Power Equipment Plus, 2309 Belgrade Rd, Rt 27, Sidney, 547-4114, pep@pivot.net

MEATS

Ballard Meats & Seafood, Myrtle St, Manchester, 622-9764, 1-800-564-6328

MOVIE THEATERS

Railroad Square Cinema, call for titles and times, 17 Railroad Square, Waterville, 873-6526, www.railroadsquarecinema.com

PHARMACY

Kennebec Pharmacy & Home Care, 43 Leighton Rd, Augusta, 626-2726, www.kpprx.com

PHYSICAL THERAPY

Dockside Physical Therapy, 47 Main St, Belgrade Lakes, 495-3195, 512-2544, Fax 512-2545

PIANO LESSONS

Diane Gorman, *Gorman3366@roadrunner.com* 906 Manchester Rd Belgrade 495-3222

PICTURE FRAMING

The Framemakers, 46 Main St, Waterville, 872-8927, www.theframemakers.com

PLUMBING

Paul Hanna's Plumbing, Belgrade Lakes, 495-3805 **Houle's Plumbing, Heating and Air Conditioning,** 19 North St, Waterville, 872-6762, www.houlesphac.com

PROTECTIVE COATINGS

Normile Sealcoating, pavement and roofing, 332-4131, normile.chris@gmail.com

REAL ESTATE DEVELOPMENTS

North Bay Estates, Belgrade, 649-3749, crgsnbe@yahoo.com

REAL ESTATE

Coldwell Banker Thomas Agency, 75 Main St, Winthrop, 377-2121, www.coldwellbankerthomas.com

Day's Real Estate, 262 Augusta Rd, Rt 27, Belgrade Lakes, 495-3111, 1-888-495-3111, www.daysrealestate.com

Lakepoint Real Estate, 221 Main St, Belgrade Lakes, 495-3700, www.belgradelakepoint.com

Rizzo Mattson Realtors, 219 Capitol Street Augusta, 622-9000, 800 894 7979, www.rizzomattson.com

Snow Pond Realty, 40 Belgrade Rd, Oakland, 465-4430, 458-0874, www.snowpondrealty.com`

Sprague & Curtis Real Estate, 75 Western Ave, Augusta, www.spragueandcurtis.com, 623-1123

The Swan Agency Sotheby's International Realty, Pam Armour, 374-2020, www.swanagency.com

RESERVATIONS

See page 20

RESTAURANTS

(See Dining Directory on page 21)

RETIREMENT COMMUNITIES

Granite Hill Estates, 60 Balsam Dr, Hallowell, 626-7786, 1-888-321-1119, www.granitehillestates.com

SCHOOLS

St. Michael School, grades pre-K through 8, 56 Sewell St, Augusta, 623-3491, *www.smsmaine.org*

SEAFOOD

Ballard Meats & Seafood, 55 Myrtle St, Manchester, 622-9764, 1-800-564-6328

Lobster Trap & Steakhouse, 15 Bay St, Winslow, 872-0529, www.lobstertrap-seafood.com

SECURITY SYSTEMS

Cayer Security Services, Inc, 208 College Ave, Waterville, 453-9177, www.cayersecureity.com

SELF STORAGE

Maple Leaf Self Storage, 688 Manchester Rd., Rt 135, Belgrade, 495-2191

SEPTIC SYSTEMS

Bellavance Construction Company Inc, 31 Hulin Rd, Belgrades Lakes, 495-2492

Stanley's Septic Tank Service & Construction, 187 Norridgewock Rd, Fairfield, 453-9819, 1-800-660-7826, www.stanleysseptic.com

SHOES AND SNEAKERS

New Balance Factory Outlet, 13 Walnut St, Skowhegan, 1-877-623-7867

SPA

Belgrade Lakes Day Spa, "Your Premier Wellness Center" (207)495-2560, www.belgradelakesdayspa.com

STONEWORK

Gagne and Son, 28 Old Rt 27, Belgrade, 495-3313, 1-800-339-3313, www.gagneandson.com

THEATER

The Theater at Monmouth, Cumston Hall, off Rt 135, Monmouth, 933-9999, www.theateratmonmouth.org

TREE CARE

Foster Tree Care and Landscaping, 3675 Middle Rd, Sidney, 547-4376

VETERINARY SERVICES

Lakeside Veterinary Clinic, 88 Libby Hill Rd, Oakland, 465-7387, 465-8387

WINDOWS

Hammond Lumber Company. Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland and Skowhegan, 866-HAMMOND, www.hammondlumber.com

WINDOW TREATMENTS

Blind Time, 24 Meadow Hill Dr, Farmingdale, 621-9832, www.blindtime.com



Expressions

The 24th Annual Winthrop Sidewalk Art Festival is scheduled for Saturday, August 20 (rain or shine) from 10 am-4 pm in downtown Winthrop. Sponsored by the Winthrop Area Chamber of Commerce, the Sidewalk Art Show is one of the best art shows in the state and includes many other community events such as book signings, luncheons, entertainment and sales. The show attracts many high-quality artists and draws many attendees from throughout the region. This year's array of artwork has been expanded to include fabric, leather, metal, and wood, in addition to the traditional categories of oil paintings, watercolors, photography, and other media.

Other special activities held in Winthrop on the day of the Sidewalk Art Show will include:

- Local authors will be available to sign their books at Apple Valley Books, 121 Main Street, as follows: in the morning - Lynn Plourde with her two new children's books, "Only Cows Allowed" and "Dino Pets Go Home," as well as her earlier books; Barbara Walsh with her new children's book illustrated by Jamie Wyeth, "Sammy in the Sky;" and Ben Thomas with his two young adult novels "Scuba Gold: and "Code Breaker." In the afternoon: Nancy Prince with her children's book, "Libby's Loons."
- The Charles M. Bailey Public Library will be holding its Friends of the Library Book Fair from 9 am-2 pm; the book sale will be taking place in the multi-purpose room of the Winthrop Town Office, 17 Highland Avenue.
- Subman, the mascot of Subway, will be walking around town and handing out coupons, courtesy of the Winthrop Subway, 134 Main Street.
- The Winthrop United Methodist Church, 58 Main Street, will be holding its annual "Whale of a Sale" from 8 am-1:30 pm. New this year, "The Treasure Chest," will feature antiques, collectibles, and new items.
- Concerts at Norcross Point will be scheduled from 1-3 pm at the park on Lake Maranacook. Band tab.
- The regular Farmers' Market will take place downtown from 9 am-1 pm.
 - Yard sales will be scheduled around town.
- Businesses and restaurants will be offering sales and discounts.

For more information, visit the Winthrop Area Chamber of Commerce, sponsor of the event, at www.winthropchamber.org or call 377-8020.

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Winthrop Sidewalk Art Festival Saturday August 20





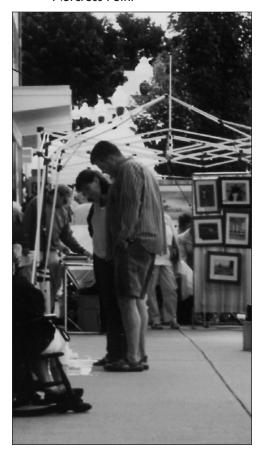
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Fishing -

Hot Summer Fishing

by Mike Guarino





Jim Savage and his son Hayden were visiting from Australia last week and caught some great fish. Northern pike largemouth and smallmouth bass and Hayden even caught a painted turtle in the net!

Magazine or Field & Stream and certainly isn't the topic of conversation at the Sunset Grille during Sunday morning breakfast. Let's face it, he's not the most glamorous fish in the lake, but he certainly has something to offer to summer anglers. So, let's pretend you are a pickerel. You sit perfectly still in your favorite weed bed: it's warm, weedy, and four of your best friends are hanging out with It's tough to be you . . you. Your only concern is that darn osprey that's overhead or maybe a big, hungry northern pike. Despite quietly minding your own business, you are on "red alert" waiting for your favorite food to cruise by. A few sunfish fry round your weed bed and you rocket out and snatch one – yummy. Life is good. This

The chain pickerel doesn't get much press. is a good day to be a pickerel! Then you spot ⚠ He seldom graces the cover of BassMaster it, your arch enemy, your kryptonite – a black jitterbug is fluttering past, just out of reach. You tell yourself not to eat it, momma said stay away from those, don't do it . . . but in the end you simply can't help yourself! With two huge flicks of your tail, you rocket out of your comfy weed bed and crush the top water lure. Three minutes later, some kid is holding you up and you are getting your picture taken.

> That's pickerel fishin'. That's the way it works for the fish and the angler. They are abundant, they are aggressive and they love black jitterbugs! Sometimes chain pickerel can save the day when the bass fishing is slow or the kids are getting restless. Pickerel also love 8-inch ribbon tail worms rigged Texas

style with a 3/0 worm hook. On North Pond and East Pond where the pickerel are everywhere, a purple sparkle worm works excellent during the middle of the day.

This past week saw some quirky bass fishing, but there were few complaints about the size of the fish. The smallmouth bass were active early in the morning and were aggressively hitting top water lures. It seems we catch some of our bigger fish on top, but not as many numbers of smallies. That's a fair tradeoff if you ask me. You can always work the shoreline side of the rock piles or the docks and moored boats to catch a bunch of smaller bass. This past week we chucked a lot of Spooks and Sammy's before 8 a.m. Fish them aggressively and then stop the bait for about 3-5 seconds. The bass would swirl behind the lure - one subtle flick of the bait and PRESTO! He was on. You have to cover a lot of water with this technique because you are searching out the biggest bass in the area but the rewards are worth it. A good baitcaster with decent braided line and long casts seemed to up the odds. Depending on which lake you are fishing, you might catch a big northern pike with this method too.

Summer northern pike fishing has produced a few good fish this past week. The water temperatures are pretty warm for shallow pike, but they come in during the evening hours. Live bait is always a good choice this time of year, but big stick baits and spoons always catch a few. During the daylight hours the pike move off the weeds and into 15-25 feet of water so trolling might be your best option during the heat of the season. They seem to key on submerged alewives so imitating that bait fish with a Rapala or spoon is always a good idea.

Good luck this week!



Mike Guarino can be contacted at 465-4333 www.mainewildernesstours.com



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Pet World

'n short, canine parvovirus is a viral infection that Lcan seriously affect young and adolescent canines. It is very prevalent in our environment and and can be highly contagious, yet many people have never heard of it unless they have known an animal affected by it. Even folks who are diligent about getting their dogs properly vaccinated may not realize that they are in fact protecting their dogs from it when they get a "Distemper" vaccine for them. For many years, canine vaccines have been administered as a combination shot including Canine Distemper, Canine Parvovirus, parainfluenza, Canine Hepatitis and sometimes others all in that simple "Distemper" vaccine.

The term "Parvovirus" actually includes a large group of viruses that can infect many mammal species (including humans). The version of the virus that affects each species is pretty specie specific however; for example the dog parvovirus will not infect pigs, the cat parvovirus will not infect people, and so on. The canine parvovirus does affect most members of the dog family (wolves, coyotes, foxes etc.). While the parvoviruses of other species have been well known for decades, the canine parvovirus is a relative newcomer. The original canine parvovirus, discovered in 1967 and called CPV-1 did not pose much of a medical threat except to newborn puppies initially. However by 1978, a new variant, CPV-2 and in 1979 CPV-2b

What Is Parvo in Dogs?

appeared in the U.S. These newer versions were suspected to be a mutation from the feline parvovirus (confusingly, parvovirus in cats is also known as the feline "distemper" virus).

Unfortunately this virus is shed in very large amounts by infected animals; it is also especially hardy in the environment and is difficult to destroy (common household cleaners and cold or sunlight cannot destroy it). So sadly, worldwide distribution of the virus rapidly occurred, and dogs as a species had no inherent immunity to it. Until effective vaccines were developed, many dogs died from parvo. Currently, the virus is considered to be present in EVERY ENVIRONMENT canines frequent. Attempting to shield a puppy from exposure is completely futile. Vaccination is the only way to protect your young dog. Mothers who have been vaccinated give their puppies some immunity for a short time after birth, but all puppies should start a series of vaccines at 7 weeks of age. Currently, available vaccines cover all variants of canine parvo including an even newer strain that has been discovered (CPV-2c).

The disease in dogs primarily consists of vomiting and diarrhea, often with frank blood. The virus attacks all rapidly dividing cells in the body, including the lining of the gut (hence the vomit and diarrhea) the bone marrow (where the red blood cells and immune cells are manufactured).

This combination of destruction of the immune cells, bleeding in the gut and invasion of bacteria from the gut to the bloodstream can be deadly. Some breeds are more susceptible to mortality than others, such as Dobermans and Pit Bulls. Very young puppies with no immunity seem to fade and die overnight; in these cases the virus has usually caused sudden damage to the heart muscle, or myocarditis. The incubation period once a dog is exposed to the virus is between 3 to 7 days; once they are sick they shed large numbers of virus in their stool and vomit, and continue to do so for weeks after they seem to recover. The virus can then live in the environment, even in your yard in Maine, for over a year.

Over thirty years have passed since parvo first had such a devastating effect on the canine population. Parvoviral infection must be considered as a possible diagnosis in any young dog with vomiting and/or diarrhea. There is a quick and accurate test your vet can do on the dog's feces right in the office to diagnose parvo. With proper treatment, often involving days of isolation in a hospital, survival rates now approach 80% or better. However, vaccinating young puppies appropriately is still paramount in protecting them from this deadly disease. Older, adolescent dogs may be less likely to die from this disease, but hospitalization for treatment is much more stressful and painful, and usually much more expensive.

Pet World, a weekly column by Dr. Eleanor Sabean, or Dr. Jennie Marvelle. They can be reached at Lakeside Veterinary Clinic lakevets@roadrunner.com or by phone at 465-7387

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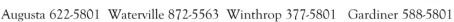


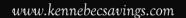
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FAYETTE-COBBOSSEE LAKE Southerly exposure, beachfront, Beautiful 3 BR. 2 bath home w/ 2 car. deck, dock, Level 2 ac lot, Gorgeous views of the lake. Terrific frontage, convenient location, vr round access. One of the prettiest spots on the lake Special. #976755 \$149,900



SOMERVILLE LONG POND-Nice waterfront lot with open, scenic views. Cozy 2 BR ranch with pine interior, cathe dral ceiling & wood trim. Newly updated, nice wood floors, propane heat, furnished, well & septic, lots to offer- year round access! #1021818 \$129,900



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Business

Invaluable Employee

ois is always pointing out that she came →with the business, just like the equipment when we bought the store from my parents," says Diane Oliver, owner of Day's Store in Belgrade Lakes, in describing 25-year employee Lois Davis.

As area workers go, Lois is a true native, a lifetime Rome resident who graduated from Williams High School in Oakland, married Roger Davis who works at Hammond Lumber, and raised two daughters in Rome.

She started working at Day's 25 years ago for Joyce and Gary Day in the gift shop, following a brief stint at a factory in Skowhegan. Day's, plus cleaning and opening cabins for individuals and for Bear Spring Camps in Rome, have occupied all of Lois' work time.

From the gift shop, Lois has "done it all" at Day's - cash, deli, magazines, fishing licenses. She loves being the store photo taker and scrapbooker and has photos of customers, turkeys tagged, deer tagged, fish caught, etc. Thanks to Lois, after the pictures come off the wall at Day's, Lois puts them into scrapbooks, which answers the question a lot of people have about what happens to those pictures.



Lois Davis

country music, going to the gym, soap operas, facebook and computer games, and spending time with her daughters, Bobbie Jo Plaisted and Barbara Stevens and three grandchildren, Cody Stevens, Liza Plaisted, and O'brien Plaisted.

What does she hate? "Thunder storms are fun to be around Lois," says Diane. "She hates them and is very afraid of them. You'll always get a screech or jump out of Lois if the thunder booms and the lights go out."

"I think what Lois most loves about her job," investment...

says Diane, "is seeing all the returning people. She knows so many for so many years and loves to see them return (each season)."

As if to confirm that Lois is in the right place at the right time dealing with the seasonality of a lake resort area and the people who love it, the only movie she lists, appropriately, on facebook for liking is "On Golden Pond."

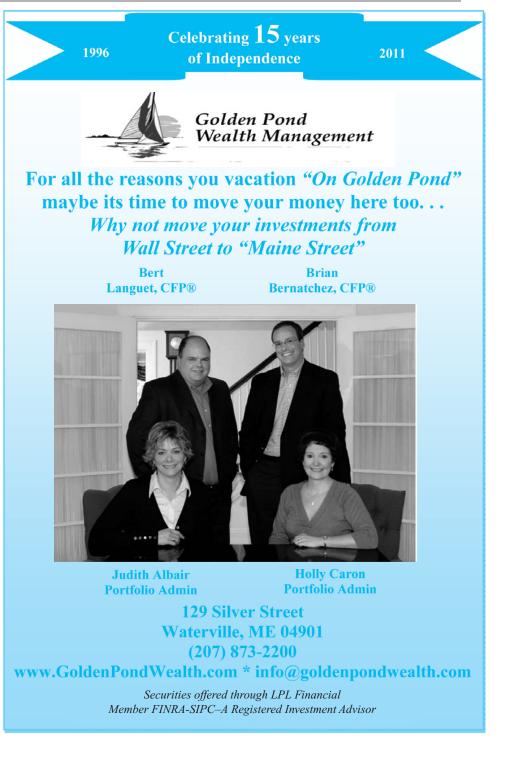
Lois is best known for her wit with the customers, especially some of the locals she loves to get going, including Carl, Alexi, Dave, Tom, Franny, and Mr. Elz.

"What we most want to say is how fortunate In her away-from-the-store life, Lois likes we are that we have Lois as a great employee," summarizes Diane. "It is because of her leadership along with our other employees that Kerry and I are able to leave for some time off. We feel very comfortable and appreciate all she has done for our family business over the last 25 years...and we look for more."

> "This is not an end to a long relationship, simply a recognition of a good stretch of time together," Diane concludes.

> After all, Lois Davis, came with the business, 25 years ago. Now that's an invaluable









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