

Summertime in the Belgrades



... Serving the Central Maine Lakes & Kennebec River Corridor

— A Cider Mill Press Publication —

VOLUME 13, NUMBER 5

Changes In The Channel

by Esther J. Perne

To the first explorers (1770s) the waterway was just a stream, connecting one lake to another and looking pretty much like a good site for a mill - or two or three.

To the first settlers (1790s) the waterway was a mill stream where a little bit of damwork could raise the water level and create a lot of power to fuel at least three mills - an Excelsior Mill, a Saw Mill and a Spool Mill - and, like most mill centers, that's where the community formed and developed, first as Locke's Mills in 1800, then Chandler's Mills around 1810, and Belgrade Mills in 1829. Docks and boathouses for commercial use appeared along the banks. The Mills nomenclature was dropped and Lakes added around 1900 about the time all the mills burned. It was the end of industry; tourism had begun.

To the first wave of tourist/vacationers (early 1900s), staying at grand hotels, the stream was an idyllic route to idyllic fishing, easily accessed by oars (manned by local farmer/guides). For major transportation and mail needs, steamboats plied the stream aptly captained by seasoned lakes men for whom the navigation was easy. No mat-



The Channel circa 1940.

ter that the stream, although higher since a century of dams, was still a obstacle course of rocks. Ever more docks and storage buildings, for the fishing clientele and steamboats, developed along the stream.

To the next wave of tourist/vacationers (1910-20) with their preference for personal rustic cottages and big, heavy inboard boats, the stream was an ordeal - narrow, shallow and full of rocks that often required a navigator leaning over the deck to direct the driver where to steer let alone what to do when another

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Boat houses along The Channel.



Campers visiting the Village via The Channel.

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Continued from page 1



New dock construction, late June, 2011. Photo Jim Kaiser

boat was approaching from the opposite direction. But steer the stream they did, often daily from their remote cottages for gas, newspapers, ice cream and a little contact with the rest of the world. Docks and village access points were plentiful.

In 1923 at the request of boat and camp own-

ers, Central Maine Power Company, the owner and controlling entity (for electric power) of all the dams in the Belgrade chain, dredged the stream at Belgrade Lakes. Hence, "The Channel," a name poignantly meaningful to grateful stream users for several generations. Channel became a beloved buzzword for the many water-

craft owners who enjoyed the new easy navigation. They also enjoyed the convenient "public" docks at Day's Marina (site of the current Post Office) and the covert use of sundry private docks along the west bank of The Channel.

Some of these private docks were the answer to a growing dilemma for owners of heavy inboards, many of whom didn't have their own boathouses: winter storage. Starting in the 1920s, twenty slips were constructed under a roof along the western side of the stream. Renting for \$20 a season, each slip had a block and tackle with which each boat could be hoisted above the water (ice) and supported for the winter. Putting up and taking down cost extra. The arrangement proved popular until the coming of outboard motors, lighter boats and alternative storage options. By the late fifties the slips had disappeared.

Interestingly, little seemed to change along The Channel for the next several decades. It was always a safe bet dockwise to boat to the Village. Day's Marina gave way to the Post Office, a real estate company, a bagel shop and The Mill Stream Cafe, and the docks remained more or less available....until 2003 when an eight-foot fence prevented access to the Village by boat for the first time in the community's history and the docks began to deteriorate.

This July, under the auspices of a major Docks to Doorways initiative, and in conjunction with the soon to open Maine Lakes Resource Center in Belgrade Lakes, the docks on the stream are back.



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A Lakeside Cottage is a Quiet Corner For Teens



Above: Early reconstruction, June 15



Right: Camp Loon cabin nearing completion, June 23

Camp Loon for teens is the latest summertime offering to Belgrade area youth entering grades 6 through 9, and its focus is outdoor recreation, land and lake conservation, and lakeside activities and skills. Year round residents and summer seasonal teens are invited to meet, mingle, and move into a beautifully rebuilt and restored cottage located on the waterfront in a quiet corner of the Center For All Seasons property and find a space of their own created and offered as a contribution to the community by a

group of local contractors, builders and craftsmen. The campers will bring youthful energy to a building which as recently as mid-June was an old, dilapidated and leaning collection of closet sized rooms on a shaky foundation and under a leaky roof. The building had seen duty as the office and manager's residence when the property was a commercial campground. Empty for a decade or more, the structure caught the attention of

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Legacies

Council of Museums Explores Local Military History

The Central Kennebec Heritage Council of Museum's "Central Maine Serves" 2011 project which explores local military history begins on Saturday, July 9 with exhibit openings at eight central Maine museums and libraries. The exhibitions are about local people who have served in war time, from the Revolutionary War to World War II. On July 9 the museums will be open from 10 am-3 pm, at the following locations:

- Fairfield History House
- Norridgewock Historical Society
- Macartney House Museum, Oakland
- L.C. Bates Museum, Hinckley
- Taconnet Falls Genealogy Library, Winslow
- Old Canada Road Museum & Research Center, Bingham
- Margaret Chase Smith Library, Skowhegan
- Skowhegan History House Museum



The exhibits will continue into fall. Visitors are encouraged to visit each of the museums to view different perspectives on the service of local community members. There is a brochure with information about the exhibits and directions to each one available at all the participating museums.

The Central Kennebec Heritage Council is a collaboration of museums and libraries that works to promote local heritage. The "Central Maine Serves," project endeavors to introduce our community to inland Maine's involvement in our country's wars, from the Revolutionary War to more recent conflicts, with an emphasis

on the Civil War. Each museum has used its unique collections to create an exhibit and/or related programs that examine how its town's citizens or organizations served in the wars.

The Central Maine Serves project is funded in part by support from the Maine Humanities Council.

To kick-off the project, on Friday, July 8, 2011 at 7 pm, Earle G. Shettleworth, Director of the Maine Historic Preservation Commission will present a free, illustrated talk on "Civil War Images" in Prescott Building at Good Will-Hinckley, Route 201, Hinckley. Mr. Shettleworth will show period photographs that record the Civil War including Maine's involvement in the war.

For more information contact the L.C. Bates Museum at 238-4250.



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— Watershed Wisdom —

Last week I described a few simple things that everyone can do to help protect water quality. The Maine Congress of Lake Associations (MCOLA) has published a “Laker’s Dozen,” which I printed in one of my columns last year (see: <http://www.mainecola.org>). The Belgrade Lakes Association (BLA) has been publicizing some of these tips in an ad running in this paper through the summer. Most of these common-sense tips are very similar to BLA’s original recommendations when they began in 1908. I’m sure that those who have the interest and take the time to read a column entitled, “Watershed Wisdom,” already think about their actions a bit and are careful about what they do around the lake in order to minimize their impact. In a sense I am “preaching to the choir” here. While the choir can lead the song, everyone must join in to protect the lakes. The lakes are suffering from “death by a thousand cuts,” - the cumulative sum of many small impacts. To improve the water quality, we need to reverse the trend and get people to realize that “every little bit helps” and that everyone needs to change their behavior a bit for the good of all. We need to figure out how to get more people involved in the choir, or at least swaying to the music.

Getting people to change their behavior is one of the most difficult tasks of all. The LakeSmart program I described last week is one example of a “social marketing” program that attempts to change social mores around the lake, by providing positive rewards to those who give up their manicured lawns and instead maintain a natural vegetated buffer. As more people adopt these practices, peer pressure works to influence the rest.

Watershed Managers understand most of the causes of Nonpoint Source (NPS) Pollution affecting our impaired watersheds. We also understand most of the solutions to slow or reverse these NPS impacts. These solutions include Low Impact Development (LID) techniques such as porous pavers or rain gardens, and other conservation best management practices (BMP) such as riparian buffer strips or improved gravel roads and septic systems. NPS pollution is a byproduct of how we live in the watershed; reducing NPS requires getting a large percentage of the watershed population to actually change the way they live in the watershed and adopt and implement conservation BMPs. Effecting this behavioral change is a significant

Making Conservation a Tradition

by Peter Kallin

challenge. The new Maine Lakes Resource Center (MLRC), which will be opening shortly in Belgrade Lakes, is being designed to showcase LID techniques and conservation BMPs. More importantly it is also being designed to host community events such as the local farmers market or folk concerts to attract audiences that might otherwise not normally visit a conservation venue.

We expect that faithful readers of this column

will visit the center simply to learn more about the lakes and what more they can do to help. We hope you will come often and bring your friends. We are also targeting those who are not yet part of the choir. If a fisherman on Great Pond wants to park his boat at our dock to go buy a 6-pack of

Continued on page 19...

Peter Kallin, Executive Director of the Belgrade Regional Conservation Alliance (BRCA), can be contacted at 495-6039 or brca@rwi.net, or visited at the BRCA Office, The Boathouse, Belgrade Lakes.

— Conservation —

Cases of Lyme disease are increasing in Maine. Lyme disease is commonly carried by deer ticks, which are found in wooded or grassy areas. While you and your family are exploring the natural beauty of the Belgrade Lakes Region this summer, learn the facts about protecting yourself from and treating Lyme disease, sponsored by the Belgrade Regional Health Center.

Symptoms of Lyme disease may include:

- Rash: Lyme disease often causes a bull’s eye like rash. A red, fingertip size bump with a white center forms at the bite site.
- Flu-like symptoms: fever, chills, fatigue, and headache may accompany the rash.
- Joint pain: Several weeks or months after the initial symptoms joint pain may occur.
- Neurological symptoms: If left untreated, serious symptoms may arise such as facial paralysis and muscle weakness. Look for headache, stiff neck, as well as confusion and extreme sleepiness. Meningitis may also occur, which could be fatal.

Treatment:

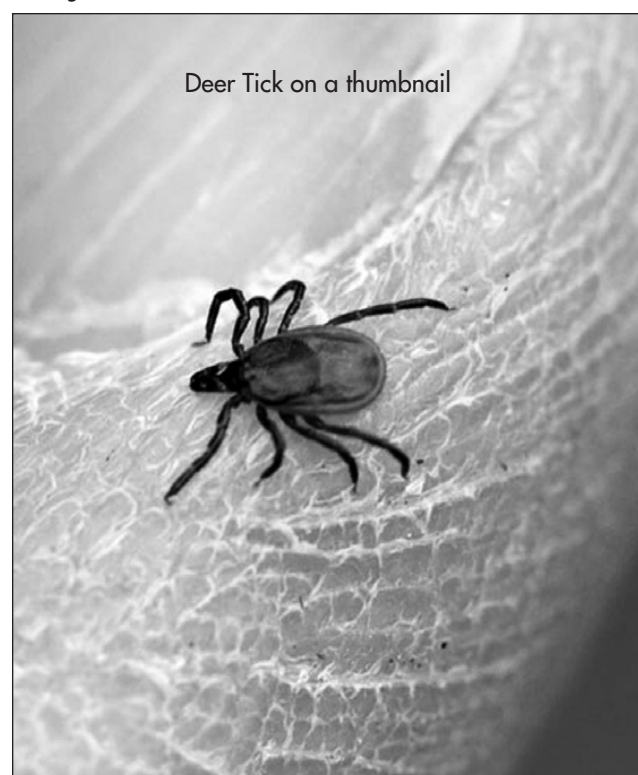
- Contact your health care provider. Oral antibiotics are effective with early diagnosis.
- A more serious infection will require a hospital stay and intravenous antibiotics.

Tips for avoiding Lyme disease:

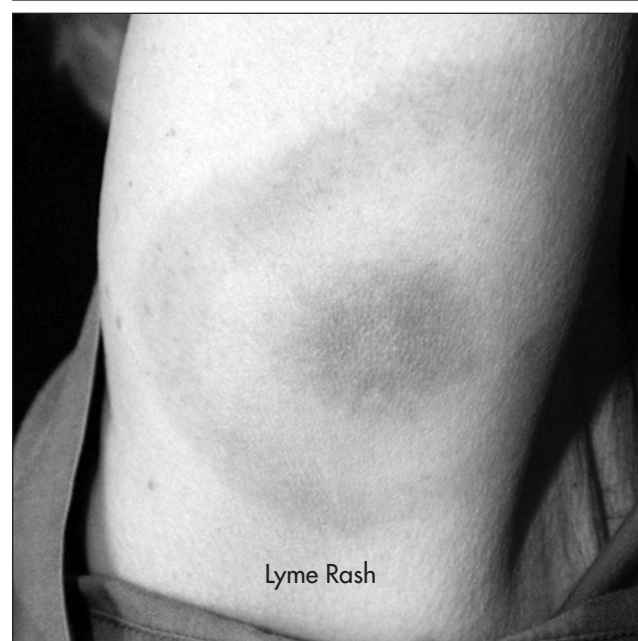
- Cover up exposed skin when you are in wooded or grassy areas.
- Look for and remove any ticks that you find. Deer ticks are just slightly larger than a pin head – look carefully. Using blunt tweezers, grab the head of the tick as close to the skin as possible. Pull upward applying even pressure. Do not crush the tick. Once the whole tick has been removed, wash and disinfect the area. Early detection decreases your risk of contracting Lyme disease.

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Protect yourself against Lyme disease this summer



Deer Tick on a thumbnail



Lyme Rash

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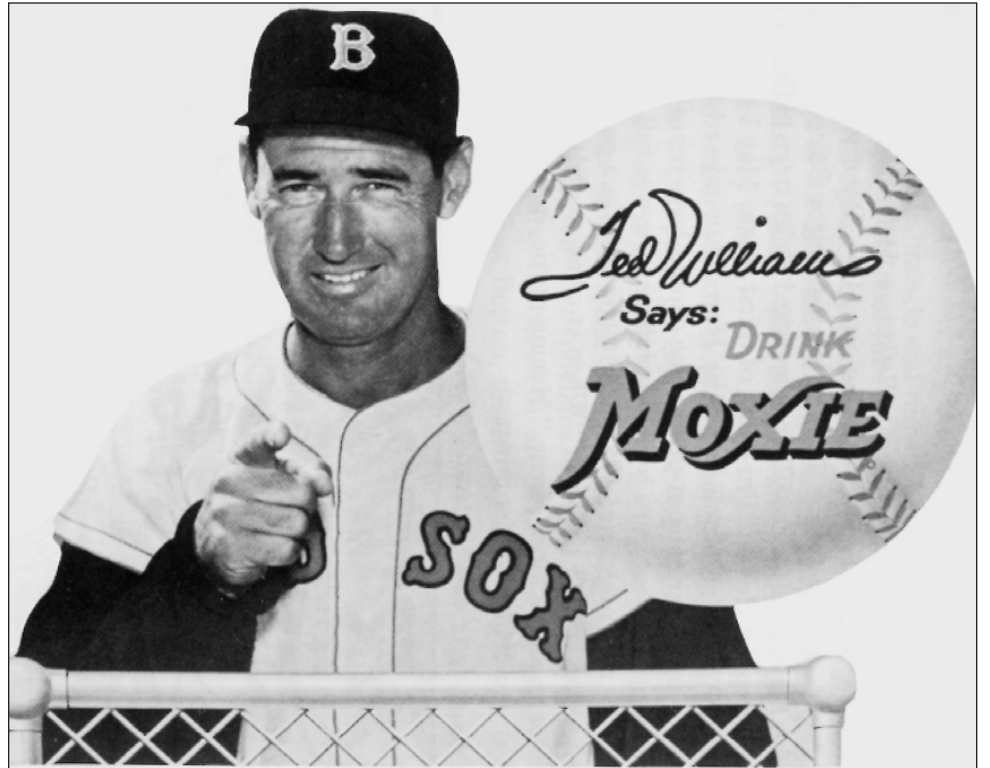
— Activities & Outings —

Maine's unique "tonic" drink will be the star at the "granddaddy of Moxie celebrations" on Friday through Sunday, July 8-10, in Lisbon Falls, with a full schedule of activities that range from children's games to Chief Worumbo's Androscoggin River canoe race to the Moxie Chuggin' Challenge to fireworks and a parade.

Invented in 1876 by Augustin Thompson, Moxie now has devoted followers from all over the world, a year round schedule of events, the New England Moxie Congress and a sizable collection of Moxie memorabilia at the Mathews Museum of Maine Heritage in Union - Thompson's home town. Books have been written about Moxie, characters have been created, and all types of souvenirs have been produced, but the basic drink remains the same.



Celebrate Moxie July 8-10



Significantly for this area, the 2011 Moxie Festival theme contest winner is from Waterville - Jeff Moxcey who submitted: "Moxie..It's Maine in a bottle." Entries were received from Maine, California, Massachusetts, New Hampshire, New York, Pennsylvania and Texas. Moxcey will review the July parade from the VIP review stand.

For details, directions and more information about the 2011 Moxie Festival visit www.MoxieFestival.com.

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Notebook

Maine Birding

• The Maine Department of Inland Fisheries and Wildlife, the Maine Birding Trail and Cornell University have launched a state-specific version of eBird - a popular birding site where bird-watchers share information about sightings, trips and trends. Birders may submit observations, look at data already collected, view news, read articles regarding Department activities, and consider volunteer opportunities. Visit Maine eBird site at <http://ebird.org/content/me> or access it from www.mefishwildlife.com

East Pond Association

• The Bob Joly Youth Conservation Corps Award, which, along with \$250 each, will be awarded to the two outstanding Belgrade Regional Conservation Alliance Youth Conservation Corps crew members at the end of each summer work season in memory of Bob Joly of Smithfield who passed away February 9, 2010. Bob lived on East Pond, loved all the Belgrade lakes, and worked much of his life to implement measures to protect these treasures. Bob was one of the founding fathers of the Youth Conservation Corps in 1996, did all the early water quality testing for East Pond, and was involved with the Congress of Lake Associations, the East Pond Association, the other Belgrade lake associations, and many organizations around the state. www.eastpond.org

North Pond Association

• BoatUS Foundation recently awarded North Pond Association a grant to create helpful tools for all lake lovers to have on hand in boats and camps, on docks and refrigerators and anywhere else useful. Monies were also awarded for a kiosk to be built at the boat landing. Everyone who voted for the grant online made it happen. Thanks from NPA! www.boatus.com

Maine Lakes Resource Center

• New dates!! An art exhibit by Waterville artist Matthew Russ to benefit the new Maine Lakes Resource Center in downtown Belgrade Lakes will run July 23-August 20. The artist's talk and opening reception will be Saturday, July 23 at 5 pm. For more information about the artist, including images of recent work, visit

www.matthewruss.com For more information about the Maine Lakes Resource Center visit www.dockstodoorways.com.

Augusta

• Check out classes at the Viles Arboretum. Spring and summer yoga classes were planned, every Thursday evening 5:15-6:45 pm through Willow Tree Yoga, based on a traditional Hatha style yoga practice. For more information about classes and other programs at the Arboretum visit www.vilesarboretum.org or call 626-7989.

Belgrade Lakes

• The tradition returns: Saturday morning breakfasts will be served at the Union Church on August 6, 13 and 27. (On August 20 there will be a Turkey Dinner at the church.) Each week's menu will feature a different specialty plus bacon and other side dishes, fresh fruit, homemade baked goods, juice, coffee and tea, and cereal will be available. August 6 is pancakes, August 13 scrambled eggs, August 27 casseroles and quiches. Breakfast will be served from 8-9:30 am for \$7 adults and \$3 children 10 years of age or younger. 397-3015

Farmington

• Want a walking tour? The University of Maine offers the UMF Arboretum Walking Tour, a guide to some of the significant and beautiful trees on the campus. Directions for a Northern Loop Trail (20 minutes) and a Southern Loop Trail (thirty minutes) with numbered stops and detailed tree descriptions are available in a walking tour guide booklet. The guide is the work of a long line of authors and is a collaborative effort between UMF and the Gold LEAF Institute. 778-7080

Gardiner

• Everyone is invited to grab a broom and a pair of work gloves and spruce up Downtown Gardiner. On Sunday, July 10, at 10 am, volunteers will meet in the Johnson Hall Mini Park to pick up litter, sweep sidewalks, weed, place mulch in beds, paint over graffiti and do anything else to spruce up downtown. Refreshments will be provided. Please RSVP so enough equipment and supplies will be available. info@gardinermainstreet.org or 582-3100.

Hallowell

• Gaslight Theater announces the cast for its upcoming Agatha Christie mystery "And Then There Were None." The cast includes Steven Dostie as Narracott, Jim Lattin as Rogers, Phylliss McQuaide as Mrs. Rogers, Matthew Blais as Phillip Lombard, Heidi Holst as Vera Claythorne, Frank Omar as Sir Lawrence Wargrave, Walter Guild as General MacKenzie, Paul Chamberlain as Anthony Marston, Andrews Tolman as Dr. Armstrong, Jen Cart as Emily Brent, and Dale Smith as William Blore. The play is directed by George Dunn and the assistant director is Carl Homer. "And Then There Were None" is the story of eight strangers who are lured to a house with two servants on a remote island off the coast of Devon. Upon arrival they discover that their host, an eccentric millionaire, is missing. At dinner a recorded message is played accusing each guest of having a dark and guilty secret. By the end of the evening the ten occupants become nine. Stranded on the island by a torrential storm and haunted by an ancient nursery rhyme, one by one the guests begin to die in a perfect balance of comedy and intrigue! The play will be performed at Hallowell City Hall on August 26-28 and September 1-3. For more information visit www.gaslighttheater.org.

Hinckley

• Summer History programs every Thursday at 1 pm at the L.C. Bates Museum on Route 201. Come explore the past of Maine! July 7-August 18. Try on clothes, do chores, and play with old fashioned toys. 238-4250

Monmouth

• The Theater At Monmouth, the Shakespearean Theater of Maine, is hosting the Winthrop Area Chamber of Commerce's Business After Hours event on Wednesday, July 13 at 5:30 pm. The event, to be held at Cumston Hall, will include door prizes, tours, refreshments, and tickets to that evening's 7:30 pm performance of "Much Ado About Nothing." Reservations are required; pairs of free tickets will be given to the first 30 Chamber members who request them by calling the box office at 933-9999. For more information go to www.winthropchamber.org or call 377-8020.

Skowhegan

• Skowhegan Savings has announced it will

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Calendar Directory

TOWN BY TOWN...

GREAT VISITS, AWESOME OUTINGS – INCLUDING ART, MUSIC, CULTURE, HISTORY, RECREATION, FARMERS' MARKETS, TRAILS, SCENIC SITES AND MORE...

AUGUSTA

• Arboretum, 6 miles of year round walking trails open dawn to dusk, Visitor Center open Mon-Fri 9pm-4pm, Viles Arboretum, 626-7989, www.vilesarboretum.org, 153 Hospital Street.

Capitol Complex, State Street

• Maine State House, Hall of Flags, House and Senate Rooms, Klir Beck dioramas, Mon-Fri 8 am-5 pm, book tours at Maine State Museum, walk-ins welcome 9 am-1 pm, www.maine.gov

• Art in the Capitol, Maine Arts Commission monthly self-guided exhibits in State House hallways (Mon-Fri 8 am-5 pm), Blaine House (call for times), and Maine Arts Commission Office (8:30am-4:30 pm), 287-6746, mainearts.maine.gov

• Governor's Mansion, 1830 Blaine House, Tue-Thu 2-4 pm, 287-2121, www.blainehouse.org

• Maine State Museum, Tue-Fri 9 am-5 pm, Sat 10 am-4 pm, \$2 adults, \$1 ages 6-18, 287-2301, www.maine.state.museum.org

• Maine State Library, 287-5600, Mon-Sat opens 9 am.

• Children's Discovery Museum, CDM, hands-on displays, actives, Tue-Thu 10 am-4 pm, Fri-Sat 10 am-5 pm, Sun 11 am-4 pm, admission, 622-2209, www.childrensdiscoverymuseum.org, 171 Capitol St,

• Kennebec Historical Society, Wed-Fri 10 am-2 pm, 622-7718, www.kennebechistorical.org, 107 Winthrop St.

University of Maine at Augusta, University Drive

• Danforth Gallery, Jewett Hall, art exhibits, UMA-1234, www.uma.edu/DanforthGallery

• Holocaust and Human Rights Center of Maine, Michael Klahr Center, 621-3530, www.hhrc.uma.edu

• UMA Fitness Trail, 2 miles of wooded trails, near Civic Center

Riverfront/Downtown

• Old Fort Western, 1754 fort, house, store, 1-4 pm daily, admission \$6, 4-14 years \$4, 626-2385, www.oldfortwestern.org Cony St.

• Riverfront Park, boat launch, Greenway Trail, playground, eastside Kennebec River

• Kennebec River Rail Trailhead, Maine State Housing Authority parking lot, www.krrt.org, Water St.

• Museum in the Streets, walking/history tour, www.augustamaine.gov, downtown.

• Farmers' Market at Mill Park, Sun 2-6 pm, 626-2305, www.farmersmarketmillpark.org/, North Water St.

• Farmers' Market at Turnpike Mall, 549-5112, Wed and Sat 10 am-1 pm, Western Ave.

BELGRADE LAKES

• Great Pond Mailboat, 215-7520, Mon-Sat, 10 am, Post Office, Main St.

• Spring Gallery & Sculpture Garden, Modern Art Foundry, Thu-Sun 11 am-5 pm and by appointment, 495-3113, www.springgallerymaine.com, 81 Main St.

• The Belgrade Community Center for All Seasons, swimming, gym, playground, picnic area, rec programs, library, 495-3481, www.belgrademaine.com 1 Center Dr.

• Union Church Coffee House, second Sat of month, 7:30 pm, \$5, 495-3599, Main St.

• Belgrade Historical Society, monthly meetings, 465-7924

• Farmers' Market, Sun 8 am-1 pm, Thu 2-6 pm, 465-7058, www.belgradelakesfarmersmarket.org, Main St.

• Peninsula Park on Long Pond, picnic tables, Main St.

FAIRFIELD

• Fairfield Historical Society, 1890 Cotton-Smith House, Tue 9 am-12 noon, 1-4 pm, 453-2998, www.fairfieldmehistoricalociety.net, 42 High St.

• Farmers' Market, 948-5724, Wed 2-6 pm, Sat 9:30 am-1:30 pm, Nazarene Church parking lot, 81 Main St.

FARMINGTON

• Farmington Historical Society, 778-2835, Wed and Sat, 11 am-2 pm, July-August, 118 Academy St.

• Nordica Homestead Museum, opera singer Lillian Nordica costumes, jewelry, mementos, 778-2042, Tue-Sat 10 am-12 n and 1-5 pm, Sun 1-5 pm, 116 Nordica Lane, Holley Rd.

• Contra Dance, 491-9928, www.starleft.org 2nd Sat of the month, all welcome, 6:30-7:30 pm family dance, 8-11 pm regular dance, admission, Grange Hall, Bridge St, Rt 43, West Farmington

• University of Maine campus and Arboretum, four walking tours with informal guide pamphlet to campus trees, 581-1541, www.umaine.edu/arboretum/, downtown

• Farmers' Market, 778-6602, Fri 9 am-2 pm, Better Living Center parking lot, Front St; Saturday 8 am-12 noon, Main St.

• Meetinghouse Park and Gazebo, weekly concerts throughout summer, downtown

• Fairgrounds, events throughout summer, Franklin County Fair in Sept, High St.

GARDINER

• Artdogs and Circling the Square Fine Art Press, 1-5 pm Fri, 10 am-4 pm Sat, 582-2108, www.theartdogs.com, 275-277, Water St.

• Johnson Hall Performing Arts Center, 582-7144, www.johnsonhall.org 280 Water St.

• Farmers' Market, 582-3100, www.gardinerfarmersmarket.org, Wed 2-6 pm, rain or shine, The Common

• Kennebec River Rail Trail, terminus near Gardiner/Randolph Bridge, 6.5 miles to Augusta

• Waterfront Park, picnicking, events throughout summer, Kennebec River

GREENE

• Araxine Wilkins Sawyer Memorial, free monthly entertainment programs, 946-5311, www.sawyer-foundation.com, 371 Sawyer Rd, off Rt 202

HALLOWELL

• Harlow Gallery, Kennebec Valley Art Association, 622-3813, www.harlowgallery.org Wed, Thu, Sat, 12-6 pm, 160 Water St.

• Gaslight Theater, 626-3698, www.gaslighttheater.org City Hall, 1 Winthrop St.

• Museum in the Streets, history/walking tour, www.historichallowell.org, downtown

• Farmers' Market, 622-1350, Sun 11 am-3 pm, north end of Water St.

• Vaughn Woods, 166 acre park/trails, Middle St.

• Kennebec River Rail Trail, to Augusta, Farmingdale/Gardiner, downtown

• Waterfront Park, weekly summer concerts, North Water St.

HINCKLEY

• L.C. Bates Museum at Good Will-Hinckley School, early 20th century natural history and cultural exhibits, nature trails, adults \$3, up to 17 years \$1, 238-4250, www.gwh.org Wed-Sat 10 am-4:30 pm, Sun 1-4:30 pm, Rt 201

KINGFIELD

• Reinhart Gallery Art Center, 266-4656, 245 Main St, www.ianreinhold.com/gallery.html

• Ski Museum of Maine, by appointment, 265-2023, 256 Main St, www.skimuseumofmaine.org

• Stadler Gallery, 265-5025, 12-4 pm daily or by appointment. 225 Main St, www.stadlergallery.com

• Stanley Museum, 265-2729, www.stanleymuseum.org, memorabilia/displays on Stanley Steamers, Tue-Sun 1-4 pm, 40 School St.

LIVERMORE

• Washburn-Norlands Living History Center, 18th-19th century mansion/farmstead/schoolhouse, library, chapel, 897-4366, www.norlands.org, admission, living history tours Tue and Thu 1-4 pm, 290 Norlands Rd.

MADISON

• Lakewood Theater, Maine's Summer Theater, Young Performers Camp, 474-7176, www.lakewoodtheater.org, Rt 201

• Skowhegan School of Painting and Sculpture, 474-9345, www.skowheganart.org, summer evening artists lecture series, East Madison Rd.

MONMOUTH

• Monmouth Museum, local and regional Maine history, Wed-Sun 1-4 pm, 933-2287, www.monmouthmuseuminc.org, 751 Main St.

• The Theater At Monmouth, The Shakespeare Theater of Maine, Cumston Hall, 933-9999, www.theateratmonmouth.org, Main St.

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MOUNT VERNON

- **D.E.W Animal Kingdom**, Zoo, 293-2837, www.dewanimalkingdom.com, Tue-Sun 10 am-5 pm, \$10, 918 Pond Rd, Rt 41

NEW PORTLAND

- **Nowetah's American Indian Museum and Craft Shop**, 628-4981, daily 10 am-5 pm, free, 628-4981, 2 Colegrove Rd, Rt 27, www.nowetahs.webs.com/
- **Wire Bridge**, 1864, probably only wire suspension bridge in U.S., off Rt 27

NEW SHARON

- **Farmers' Market**, Sat 9 am-1 pm, Douin's Market, 491-9025, 150 Mercer Rd, Rt 2

NORRIDGEWOCK

- **Norridgewock Historical Society Museum**, 1838 building, Sat 10 am-3 pm, 634-5032, www.norridgewock.com, Mercer Rd, Rt 2
- **Osoola Park**, picnic area, great playground, boat launch, on Kennebec River, Rt 8

OAKLAND

- **Macartney House Museum**, Oakland Area Historical Society, 465-7549, Wed 1:30-4:30 pm, 1815 home with antique furnishings and Oakland artifacts, 25 Main St.

READFIELD

- **Readfield Historical Society and Museum** in 1823 schoolhouse, 685-4662, www.readfieldhistorical.com/, Thu and Sat 10 am-2 pm or by appointment, Rt 17, Readfield Depot

ROME

- **Mt. Philip Grange**, suppers 3rd Sat of month, 4:30-6 pm, all you can eat beans, cornbread, rolls, chop suey, pies, Rts 135/225
- **Trails: Mount Philip** on Rt 225; The Mountain on Rt 27; French's Mountain and Kennebec Highlands, Watson Pond Rd; 495-6039, www.belgradelakes.org, maps available at BRCA, Belgrade Lakes

SIDNEY

- **New England Music Camp**, concerts free and open to the public, famous Bowl-in-the-Pines on Lake Messalonskee, 465-3025, www.nemusiccamp.com, Rt 23
- **Sidney Historical Society**, 547-3142, <http://www.rootsweb>
- **Silver Spur Riding Club**, horse shows, www.silverspur-maine.com/, River Rd/Rt 104

SKOWHEGAN

- **Margaret Chase Smith Library**, residence, home, museum exhibits, 474-7133, www.mcslibrary.org, free, Mon-Fri 10 am-4 pm. 54 Norridgewock Ave.
- **History House Museum**, 1800s local history and culture, 474-6632, www.skowhegan.com/historyhouse, Tue-

Fri 1-5 pm, Elm St.

- **Fairgrounds**, weekly horse shows/competitions at covered arena, Skowhegan State Fair in Aug, 474-3621, Madison Ave.

- **Farmers' Market**, Wed 3-6 pm, Sat 9 am-1 pm, weekly entertainment, 938-3906, Skowhegan Savings Parking Lot, Old Grange Hall, Madison Ave.

SMITHFIELD

- **Fairview Grange** suppers, 362-2791, every Wed in summer, 5 pm, Village Rd, Rt 8
- **Sunbeam Roller Rink**, Wed, Fri, Sat 7-10 pm, 362-4951, 830 Village Rd, Rt 8
- **Sunset Camps**, public beach, 362-2611, www.sunset-camps.com, Village Rd, Rt 8

UNITY

- **Unity College Centre for the Performing Arts**, folk genre music, 568-3147, www.unitymaine.org, 42 Depot St.

WATERVILLE

- **Aqua City Actor's Theatre (ACAT)**, 873-7000, www.acattheatre.org. Waterville Opera House Studio Theater, Main St.
- **Museum in the Streets**, downtown history/walking tour, www.the museum in the streets.com/waterville.htm
- **Two Cent Bridge**, historic foot bridge over Kennebec River, Head of Falls park/events area, Front St.
- **Colby College Museum of Art**, 859-5600, www.colby.edu/museum/ Tues-Sat 10 am-4:30 pm, Sun 12-4:30 pm, free, Colby College Campus, Mayflower Hill
- Thomas College Art Gallery, 180 West River Rd.
- **Waterville Historical Society Redington Museum**, 1814 home, pharmacy, 872-9439, www.redingtonmuseum.org. Tue-Sat tours at 10 and 11 am, 1 and 2 pm, 62 Silver St.
- **Waterville Opera House**, 873-7000, www.operahouse.com, 93 Main St.
- **Farmers' Market**, Thu 2-6 pm, 680-2055, www.waterville-farmersmarket.org, The Concourse parking lot.

WAYNE

- **Farmers' Market**, 873-7000, <http://waynefarmersmarket.weekly.com>, Sat 9 am-noon, Town Green, next to Post Office, Main St.

WILTON

- **Wilton Farm & Home Museum**, 645-2091, 645-4578, www.wiltonmaine.org, Sat 1-4 pm or by appointment, Canal St.

WINTHROP

- **Norcross Park**, playground, picnic site, boat launch on Maranacook Lake, downtown.
- **Farmers' Market**, 395-4244, www.camarkets.com, Tue and Sat 9 am-1 pm, parking lot, downtown,

Additions/Updates/Corrections: Please contact
Summertime in the Belgrades with any changes to this
Directory.



ASSOCIATIONS/GROUPS

THE BELGRADES...

- **East Pond Association**, Smithfield/Oakland, www.eastpond.org
- **North Pond Association**, 152 Madison Avenue, Skowhegan, ME 04976, 474-8988, www.northpond.net
- **McGrath Pond/Salmon Lake Association (MP/SL)**, RR 2 Box 2800, Belgrade, 04917. 465-3983, www.salmonlake.org
- **Great/Long Ponds: Belgrade Lakes Association (BLA)**, PO Box 551, Belgrade Lakes, 04918, 512-5150, www.belgradelakesassociation.com
- **Friends of Messalonskee Lake Watershed**, PO Box 532, Oakland, 04963, www.snowpond.org
- **Belgrade Regional Conservation Alliance (BRCA)** and **BRCA Conservation Corps**, PO Box 250, Belgrade Lakes, 04918, 495-6039, www.belgradelakes.org
- **Belgrade Lakes Region Business Group (BLBG)**, PO Box 596, Belgrade Lakes, ME 04918. 495-3700, www.belgradelakesmaine.com
- **Maine Lakes Resource Center / Docks to Doorways**, PO Box 431, Belgrade Lakes, 04918, www.dockstodoorways.com

BEYOND...

- **Maine Congress of Lake Associations (COLA)**, PO Box 426, Belgrade, 04917. 1-877-254-2511, www.mainecola.org
- **Friends of the Cobbossee Watershed**, PO Box 5003, Augusta, 04332-5003, 621-4100, www.watershedfriends.com
- **Franklin County Soil & Water Conservation District**, 107 Park Street, Farmington, 04938, 778-4279, www.franklineswcd.org
- **Kennebec County Soil & Water Conservation District**, Central Maine Commerce Center, 21 Enterprise Drive, Augusta, 04330, 622-7847, ext. 3, www.kcswcd.org
- **Kennebec Land Trust (KLT)**, PO Box 261, 134 Main St., Winthrop, ME 04364, 377-2848, www.tkl.org
- **Kennebec Messalonskee Trails**, PO Box 2388, Waterville, 873-6443, www.KMTrails.org
- **Kennebec River Rail Trail**, PO Box 2195, Augusta, 623-8162, www.krrt.org
- **30 Mile River Watershed Association (30 MRWA)**, Kimball Pond in Vienna to the Androscoggin River, 293-2181, www.30mileriver.org
- **Parker Pond Association**, Mount Vernon/Vienna. www.parkerpond.org
- Central Maine chapter of the **New England Mountain Bike Association (CeMeNEMBA)**, 1154 West Road, Belgrade, ME 04917. 441-6227, www.cemenemba.org



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9 - 5

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Tuesday Evening 5:30 - 7:00 pm

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— Calendar —

...**Thursday 7/7 through Saturday 7/9** – William Shakespeare's "Much Ado About Nothing," 7:30 pm, 933-9999, Cumston Hall, The Theater at Monmouth.

...**Thursday 7/7 through Sunday 7/10** – "Sugar," musical, 474-7176, www.lakewoodtheater.org, Lakewood Theater, Route 201, Madison.

...**Friday 7/8 through Sunday 7/10** – Moxie Festival 2011, celebration of Moxie – the official soft drink of Maine, three days of events, food, fun, a parade, fireworks, and more, www.moxiefestival.com Lisbon Falls.

...**Friday 7/8** - Alex the Jester, wacky giberish and amazing stunts, 2 pm, 465-7533, 465-9554, Oakland Public Library, 18 Church Street, Oakland.

...**Friday 7/9** - "The Royal River Chorus," formed in 1984 as a chapter of Sweet Adelines International, famous for their commitment to excellence, the love of music and a desire to advance the musical art form of barbershop harmony, this non-profit association is one of the largest female singing organization in the world, 2 and 7 pm, free, air-conditioned, 946-5311, Araxine Sawyer Memorial, 371 Sawyer Road, Greene.

...**Friday 7/8** - "Civil War Images," a free illustrated talk presented by Earle G. Shettleworth, Director of the Maine Historic Preservation Commission, to kick off the Central Kennebec Heritage Council of Museums "Central Maine Serves" project for exploring local military history, 7 pm, 238-4250, Prescott Building, Good Will-Hinckley, Hinckley, Maine.

...**Friday 7/8** - Poetry readings by Herb Coursen, author of "Blues in the Night," and Bob MacLaughlin, author of "Faulty Wiring," 7:30 pm, free admission, all

listeners are welcome, 685-3612, Cary Memorial Library, 17 Old Winthrop Road, Wayne.

...**Friday 7/8** - New England Music Camp Student Recital, open to the public, free of charge, everyone welcome, 7:30 pm, 465-3025, Alumni Hall, Route 23, Sidney.

...**Saturday 7/9** - Summer Yard Sale, 8 am-1 pm, rain or shine, cookout lunch available, 872-7869, St. Mark's Episcopal Church, corner of Eustis and North Streets, Waterville.

...**Saturday 7/9** – Summer Art and Craft Fair, inside and out, many crafts, food, jewelry, baskets, lakeside setting, 9 am-2 pm, 293-2877, downtown Mount Vernon.

...**Saturday 7/9** - Fayette Historical Society first Open House, exhibits include old Fayette artifacts and the newly refurbished Grange Museum, refreshments will be served, 10 am-2 pm, 685-3655, 685-9347, Starling Hall, Route 17, Main Street, Fayette.

...**Saturday 7/9** - Central Kennebec Heritage Council of Museums "Central Maine Serves" project opening in eight area museums and libraries, exhibits about military service and local people who have served in war time, from the Revolutionary War to World War II, 10 am-3 pm, 238-4250, participating museums/libraries are listed on page 4, central Maine.

...**Saturday 7/9** - Fairfield Serves: "On the Home Front to the Battlefields," displaying military memorabilia, all wars will be covered with emphasis on the Civil War, who served and what families were doing to support the war efforts, 10 am-3 pm, 453-2998, Fairfield History House Museum, 42 High Street, Fairfield.

...**Saturday 7/9** - Teddy Bear Tea, bring a favorite stuffy for herbal iced tea, cookies, and the history of teddy bears, 2-4 pm,

238-4250, L.C. Bates Museum, Route 201, Hinckley.

...**Saturday 7/9** - Public Supper, homemade casseroles and goodies, adults \$6, under 12 \$3, 5:30 pm, Smithfield Baptist Church, Route 137, downtown Smithfield.

...**Saturday 7/9** – Contradance: Family Dance with sit-in band, 6:30-7:30 pm - \$2 adult/\$1 child; pot pluck snacks 7:30-8 pm; Regular Contra with Kim Roberts calling and Sassafras Stomp playing, sit-ins welcome, 8-10:30 pm - \$6 adults/\$5 students or \$15 family, all dances called, all welcome, no partner necessary, 491-9928, Farmington Grange, Bridge Street, Route 43, West Farmington.

...**Saturday 7/9** - Talisker, performing an eclectic mix of British Isles folk music, plus open mic hour, 7:30 pm, \$5 donation includes refreshments, Union Coffeehouse, Union Church, Route 27, downtown Belgrade Lakes.

...**Sunday 7/10** - 2nd Annual 1/2 Marathon, 5K Run-or-Walk, sponsored by PFBF CPAs, proceeds benefit Make-A-Wish Maine Chapter, all money raised in Maine stays in Maine, race info and registration form available at www.pfbf.com or contact 873-1603, fee \$35, additional registration available Saturday, July 9, 4-6 pm and on race day at 7 am, race starts and ends at 46 FirstPark Drive, Oakland.

...**Sunday 7/10** - Parker Pond Headland Family Hike, join Glenn Hodgkins and Maggie Chadwick, stewards, for a family hike at the 142-acre Parker Pond Headland featuring a new trail on our recent 42-acre addition to the original Headland parcel, bring snacks, cameras, binoculars, 9-11 am, 377-2848, Kennebec Land Trust and Parker Pond Association, Mount Vernon.

...**Sunday 7/10** - Milfoil Mania Day on East Pond, early detection saves lakes from invasives, members of the East Pond

Association will parade around the lake on boats to inspect plants that shorefront residents and users think might be suspicious, divers will be on board - to check out locations marked with a weighted buoy, place a white towel on dock where boat should stop, no need to wait - members will come to door, www.eastpond.org, Smithfield/Oakland.

...**Sunday 7/10** - The Colwell Brothers Band, 2-4 pm, Norcross Point, Winthrop.

...**Sunday 7/10** – New England Music Camp concert at "Bowl in the Pines," 3 pm, open to public, free of charge, 465-3025, Route 23, Sidney.

...**Sunday 7/10** - Coburn Park Concert Series, Kennebec Valley Performing Arts Band, 5 pm, 474-0527, Philbrick Gazebo, Coburn Park, Water Street, Skowhegan.

...**Sunday 7/10** - "The Compleat Wrks of William Shakespeare, abridged," a high-speed roller-coaster performance rocketing through all of Shakespeare's comedies, histories and tragedies, performed by three actors: Adam Long, Daniel Singer, and Jess Winfield, 7 pm, 933-9999, Cumston Hall, The Theater at Monmouth.

...**Monday 7/11 through Friday 8/19** - Summer Apprentice Programs for Old Fort Western and the Viles Arboretum week-long schedules begin, ages 8 -12, \$62.50 per week each for Fort and Arboretum, for information call Fort: 626-2385, Arboretum: 626-79890, Augusta.

...**Monday 7/11** - The Atlantic Music Festival, through August 6, 26 nights of classical music, for promising young musicians from all over the world, Opening Concert is Saturday, July 16, 704-1311, Colby College, Waterville.

...**Monday 7/11** - 16th Annual Kennebec Valley Chamber of Commerce Golf Tournament to benefit the Kennebec Leadership Institute, 12 noon, 623-4559,

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Saturday, July 9th – 7:30 PM

Union Church - Route 27 in Downtown Belgrade Lakes

Refreshments

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Gawler Family Concert featuring John, Ellen and Elsie Gawler along with some friends. Join us for some great toe tapping music Friday, July 15, 2011 at 7p.m. Sponsored by the Friends of the Belgrade Public Library Center for all Seasons, Rt. 27, Belgrade. Tickets Adults: \$10; Children: \$5; Under 5: Free

Augusta Country Club, Route 202, Manchester.

...Monday 7/11 - Old Crow Band Concert, 7-9 pm, Meetinghouse Park Gazebo, Main Street, downtown Farmington.

...Tuesday 7/12 – Outdoor Music Concert, free, 11:30 am-1 pm, Meetinghouse Park Gazebo, downtown Farmington.

...Tuesday 7/12 - Invasive Plant Patrol Workshop, 2:30-8 pm, 495-6039, Community Center, downtown Mount Vernon.

...Tuesday 7/12 – Rock on the River, 7-8:30 pm, boardwalk on the Kennebec River, Hallowell.

...Wednesday 7/13 – Capturing animals on paper! Art Program with Margaret Libby, Colby College Art Professor, 1-2 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

...Wednesday 7/13 – Children's Games from Around the World, with Gene Roy, Summer Reading Program, 2 pm, 465-7533, 465-9554, Oakland Public Library, Church Street, Oakland.

...Wednesday 7/13 - Turkey Supper, roast turkey with all the trimmings and home-made pies, \$8 adults, \$3 children 6-12, 5-7 pm, Oakland-Sidney United Methodist Church, West School Street, Oakland.Oakland-Sidney

...Wednesday 7/13 – Public supper, 5 pm 'til gone, Fairview Grange, Route 8, Smithfield.

...Wednesday 7/13 - Waterfront Wednesday, Sunset Concert Series, clown, bounce house, vendors, 6 pm, Waterfront Park, Augusta.

...Wednesday 7/13 – William Shakespeare's "Much Ado About Nothing," 7:30 pm, 933-9999, The Theater at Monmouth.

...Wednesday 7/13 through Saturday 7/16 - "Sugar," musical, 474-7176, Lakewood Theater, Route 201, Madison.

...Wednesday 7/13 - Moonlight Paddle, 8 pm, Flying Pond Public Boat Launch, Route 41, Vienna.

...Wednesday 7/13 - Faculty Recital, 8 pm, 465-3025, Alumni Hall, New England Music Camp, Route 23, Sidney.

...Thursday 7/14 - 3rd Annual Golf Tournament to benefit the Belgrade Public Library, prizes, cocktail reception, live and silent auctions, 1 pm shotgun start, 495-2101, Belgrade Lakes Golf Course, Belgrade Lakes.

...Thursday 7/14 – Glass Plate Negatives Lecture, Kevin Johnson from the Penobscot Museum will present pictures from the early 20th century, 7 pm, 495-6039, call for location, sponsored by Belgrade Regional Conservation Alliance, Main Street, Belgrade Lakes.

...Thursday 7/14 - ArtTalk for July: Ceramic artist Malley Weber of Hallowell Clay Works, slide show and presentation, 7 pm, The Harlow Gallery, 160 Water Street, Hallowell.

...Thursday 7/14 - Colin Grant Band, violinist, Cape Breton-style traditional music, 7:30 pm, \$15, 948-SHOW, Unity Centre for the Performing Arts, 42 Depot Street, Unity.

...Thursday 7/14 through Sunday 7/18 – "Room Service," hilarious farce, a group of actors try to get a play produced before a gaggle of creditors close in and shut them down; (the 1937 Broadway version inspired the much-loved Marx Brothers film), 7:30 pm, 933-9999, The Theater at Monmouth.



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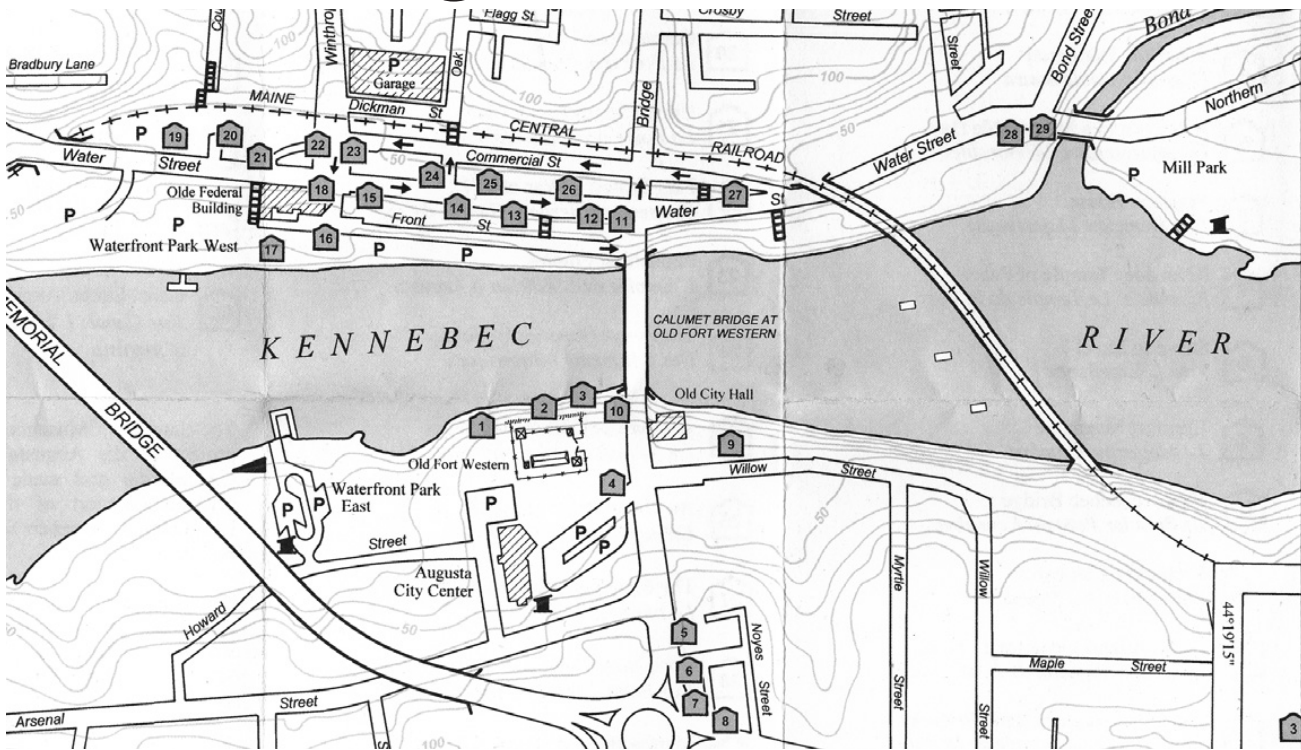
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— Kennebec Corridor News & Notes —

Augusta's Museum in the Streets Features Sites Along the Kennebec



Water Street, Front Street, Cony, Willow and Canal Streets form the Kennebec riverfront area that is Augusta's Museum in the Streets. Finished in 2009, the downtown tour of historic places is a project of the Augusta Historic Preservation Commission and made possible through the generous support of the Maine Community Foundation, Kennebec Savings Bank and John Bridge.

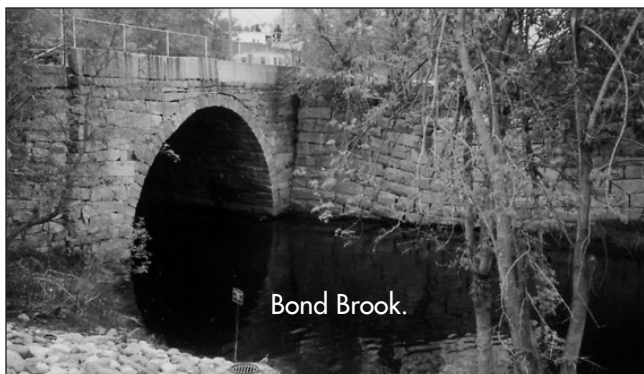
Featuring 38 historic locations, the Museum tour is marked by signs that are in both English and French and contain detailed site descriptions.

The First Kennebec Bridge, for example (site number 10), a two-span wooden toll bridge built in 1797, gave Augusta the distinction of having the first crossing over the Kennebec River as well as having the largest bridge in the District of Maine. It decayed and collapsed in 1816 and was replaced by a new covered bridge in 1818.

Today's Calumet Bridge is in roughly the same



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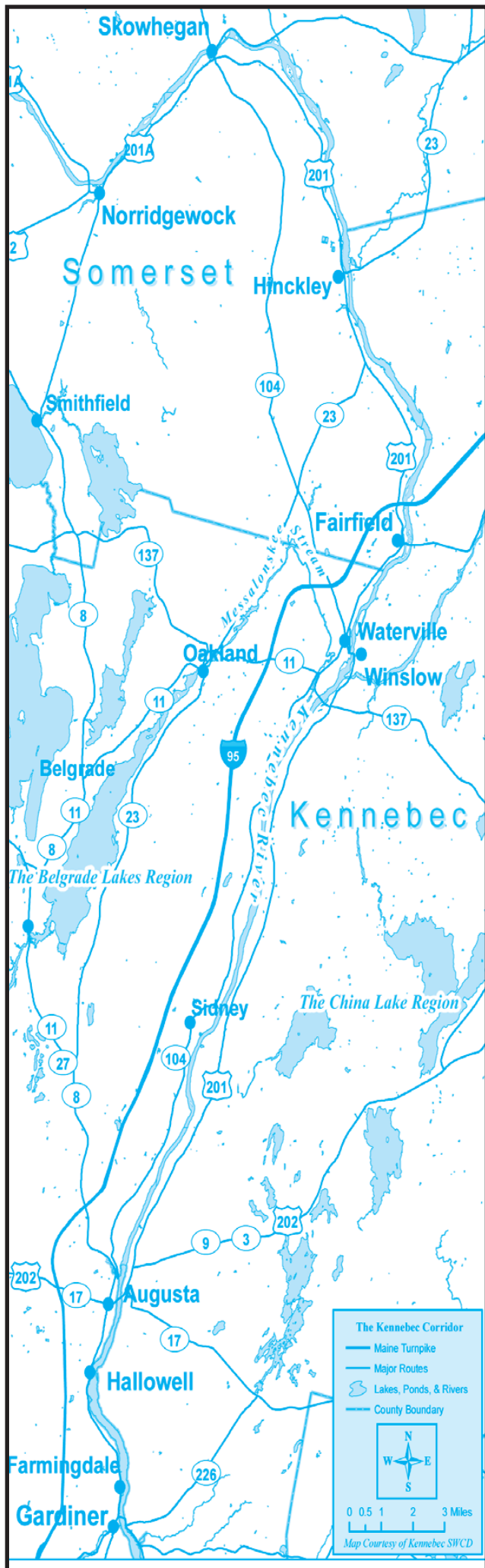
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1754 Old Fort Western



location and connects Museum tour-followers to the cluster of historic sites on the east side of the Kennebec where the Old City Hall (not a sign location) is a prominent, but converted (to elderly housing) landmark on the bridge.

Augusta's most historic landmark on the east side of the Kennebec River is Old Fort Western, built in 1754 as part of the strategy to expand and strengthen Massachusetts' territorial claims along the Kennebec River. It has remained intact through a variety of mercantile and housing functions and provides an outstanding stop and visit for those following the Museum in the Streets tour.

The other sites on the east side of the Kennebec River are fascinating but require some imagination since the structures either burned or were torn down. In some cases, like the 14-room Federal style mansion built in 1799 by Arthur Lithgow and home to one of Augusta's most prominent nineteenth century citizens, Reuel Williams, it is possible to appreciate the house's majesty by observing other historic homes in the neighborhood.

The majority of the signs and sites are on the west side of the Kennebec River where some of the stately structures described, especially the Old Post Office building, still stand. Trains and steamboats, mills and other hallmarks of history all come to life along the Kennebec River during a tour of the Museum in the Streets. For more information visit www.augustamaine.gov.

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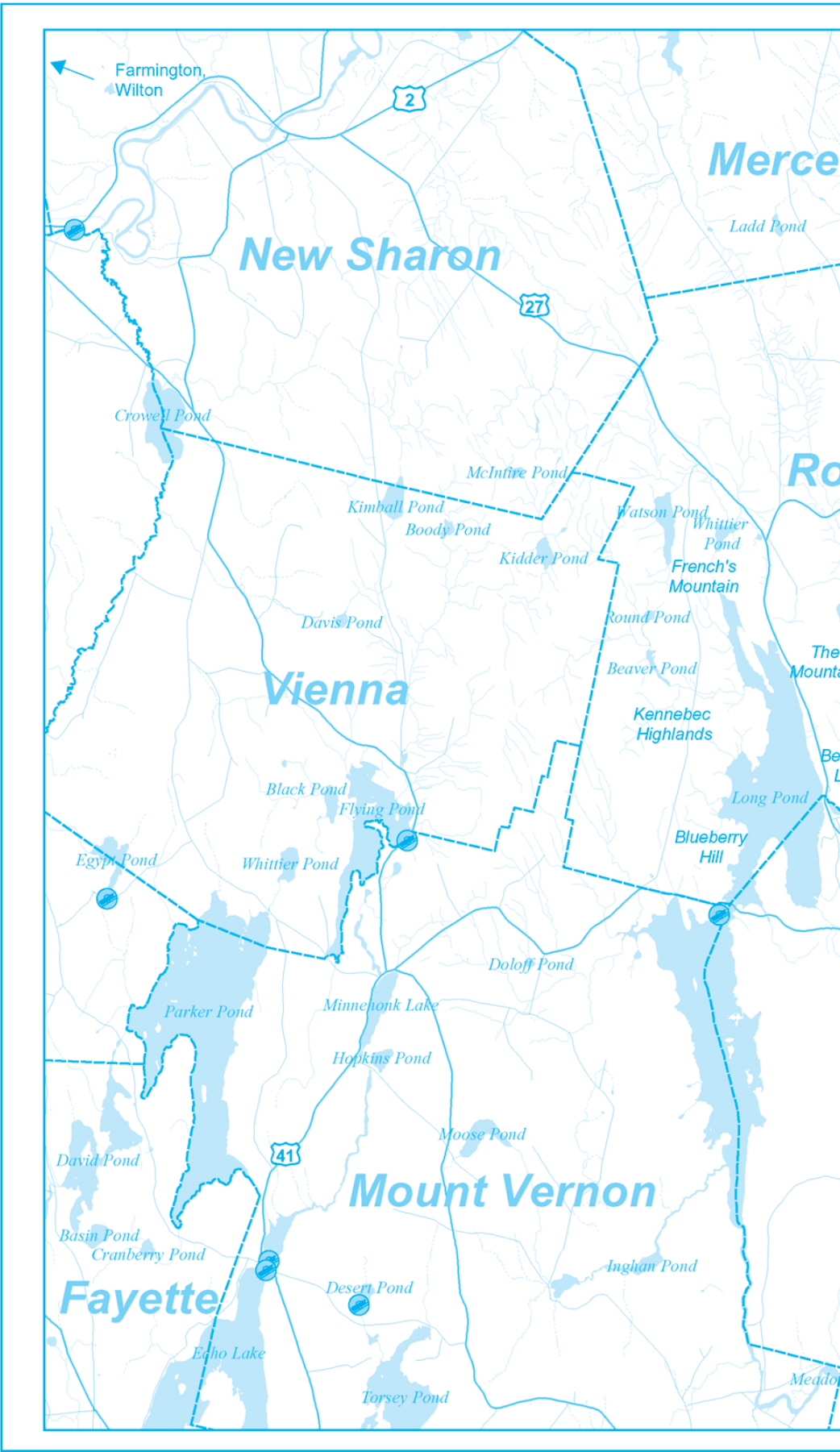
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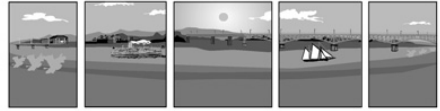
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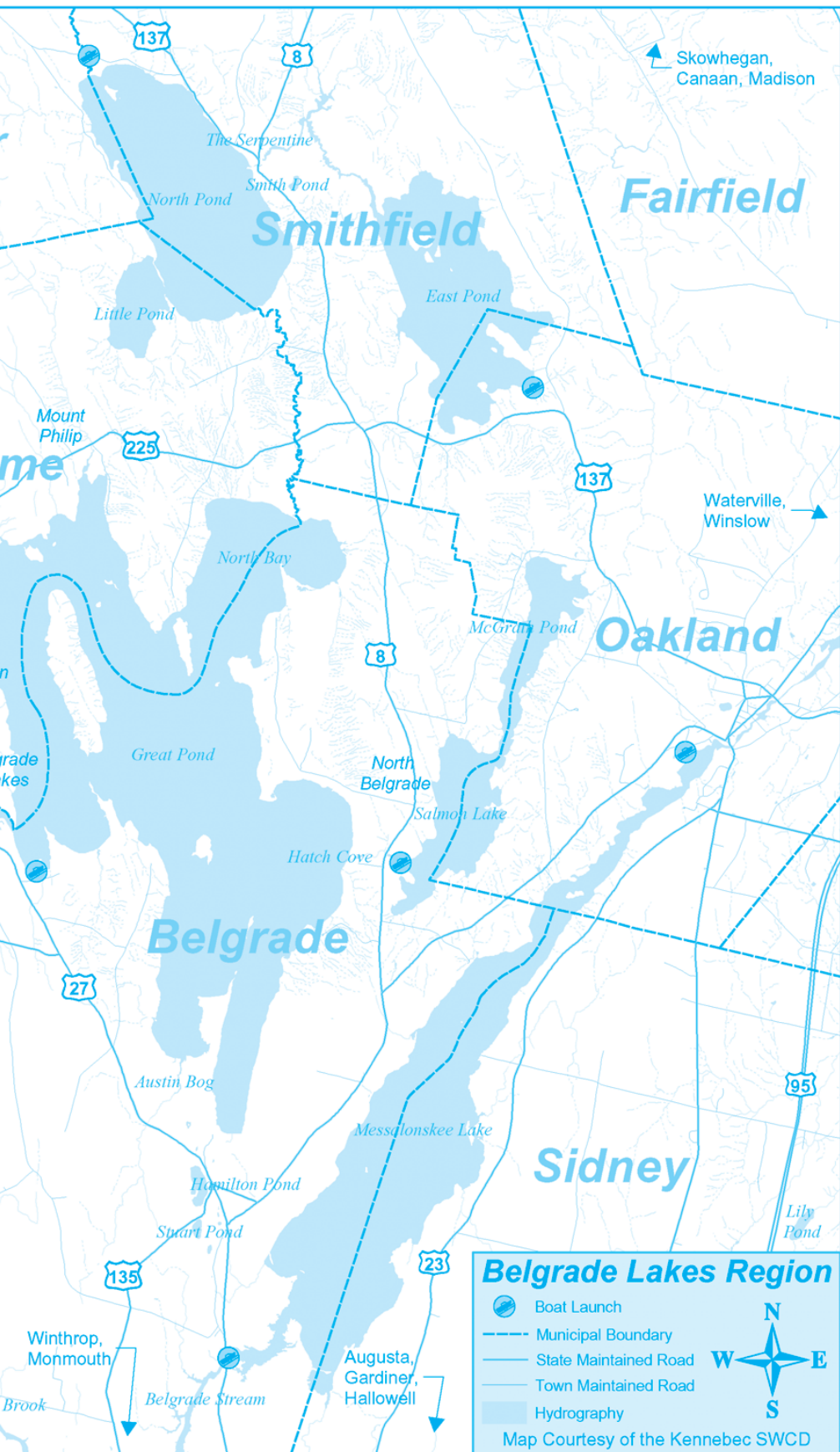


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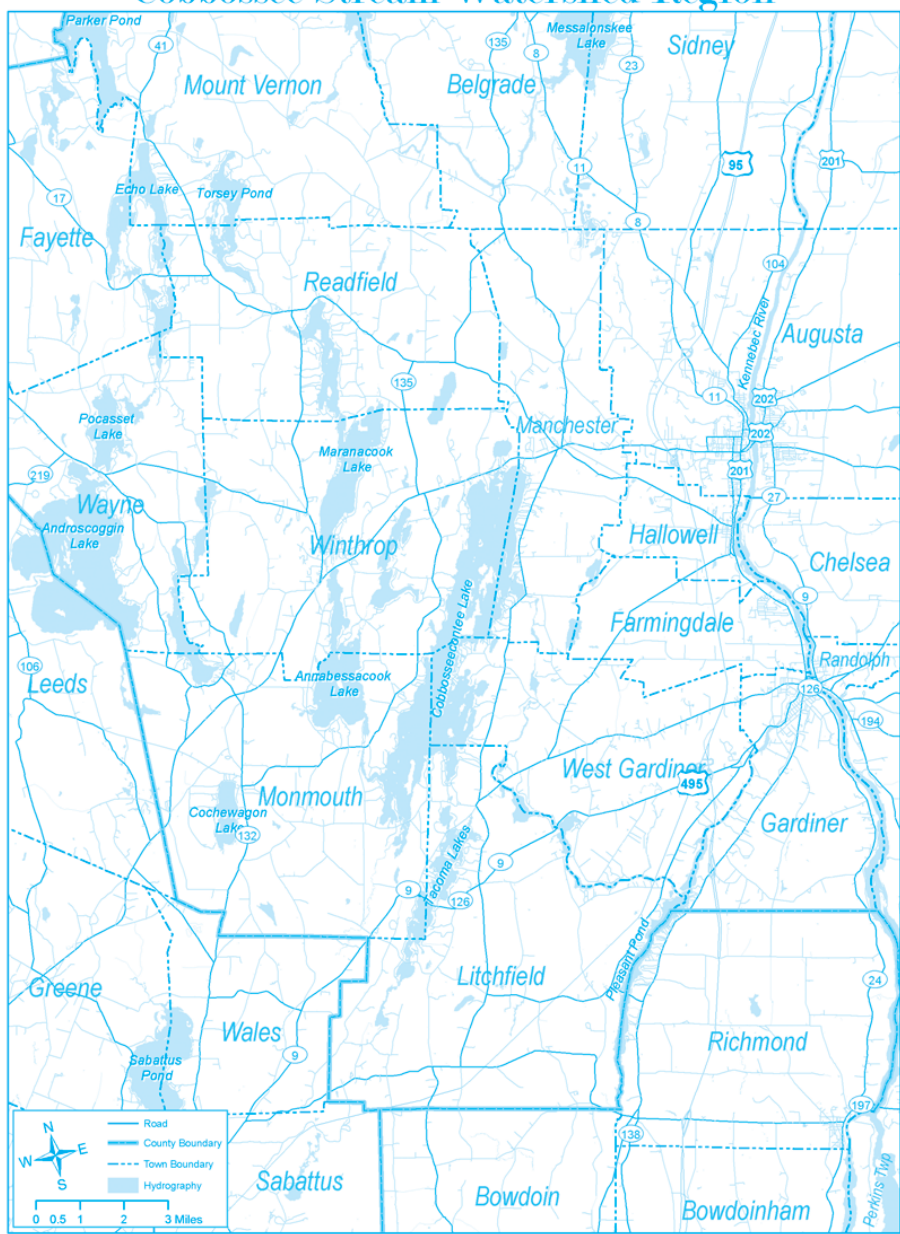
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"Much Ado About Nothing" has a post WWII setting, which quickly shifts from the idea of real war into a much more merry war between the sexes as the soldiers settle down to civilian life. Although soldiers may know how to be heroic in war time, heroism does not always translate easily to times of peace.

Directed by Jeri Pitcher, "Much Ado About Nothing" opens Friday, July 8, at 7:30 pm, with a preview on Thursday, July 7. Additional performances will take place on July 9, 13, 21 and 30, and August 5, 9, 10, 13, 14 and 20. Tickets are \$26 on opening night; all other performances are \$24 for adults, \$22 for seniors and maninees, \$20 for students. For more information and ticket reservations, please visit www.theateratmonmouth.org or call the Box Office at 933-9999.

The Theater at Monmouth, founded in 1970, is a professional repertory company that strives to bring innovative approaches to Shakespeare and other classic plays through professional productions at historic Cumston Hall in Monmouth. The 2011 Theater repertory includes Shakespeare's "Much Ado About Nothing" and "King Lear;" Long, Singer and Winfield's "The Compleat Wrks of William Shakespeare, abridged;" Boretz and Allen's "Room Service;" Noel Coward's "Blithe Spirit;" and the children's show, the David Wood adaptation of Roald Dahl's "James and the Giant Peach." Coleman, Comden and Green's "On the Twentieth Century" will close the 42nd season.



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July 2 - 4	Maranacook Lake
July 4	“Friends on the 4th” 5K Run/Jog/Walk
July 4	Norcross Point Fireworks
July 8-9	Tacoma Lakes
July 9	Tacoma Lakes Imp. Society Annual Meeting
July 9	Maranacook Lake Association Annual Meeting
July 9	Torsey Pond Association Annual Meeting
July 10	Cobbosseecontee Yacht Club Annual Meeting
July 15-16	Cobbossee Lake
July 16	Old Hallowell Days Parade
July 18-22	Friend’s Summer “Nature Day Camp”
July 22-23	Cobbossee Lake
July 23	Concert on the Lake - Cobbossee
July 29	Maranacook Lake
July 30	Wilson Pond
July 30	Berry/Dexter/Wilson W/S Association Annual Meeting
August 5-6	Pleasant Pond / Cobbossee Stream
August 8-12	Friend’s Summer “Nature Day Camp”
August 12	Cobbossee Lake
August 13	Maranacook Lake
August 17	FOCW Annual Cocktail Party & Auction
August 19- 20	Annabessacook Lake
August 20	Annabessacook Lake I/A Annual Meeting
August 21	Spotter’s Sprint Canoe & Kayak Paddle
August 26-27	Cobbossee Lake
Sept. 11	Fall Classic Bicycle Tour



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— Upcoming —

- The 14th Annual Maine International Film Festival is scheduled for July 15-24 in Waterville. Over 100 films will be shown at the Railroad Square Cinema and Given Auditorium at Colby College. www.miff.org
- The Gawler Family concert to benefit the Belgrade Public Library will be held on Friday, July 15 at 7 pm at the Center for All Seasons.
- The 32nd Old Hollowell Day celebration is scheduled for Saturday, July 16, starting with a 5K Road Race at 7:30 am. Events all day: sales, art, food, music, big parade, much more.
- Tour the Monmouth Museum and Cumston with the Kennebec Historical Society at 1:30 pm on Sunday, July 17, meet at 751 Maine Street, Monmouth. 622-7718
- On Friday, July 22, naturalist and nature photographer John Green will narrate his slide film, "Nature Odyssey," an hour-long natural history journey to selected North American locations, at 2 and 7 pm at the Araxine Wilkins Sawyer Memorial in Greene. Free admission. 946-5311
- Waterville's 42nd Annual Intown Arts Fest will be Saturday, July 23. Over 100 artists will set up along

- Main Street, all price ranges, and mediums; sales and specials in stores and restaurants in Waterville.
- Taylor's Grove will perform at the Readfield Union Meeting House at 7:30 pm, Saturday, July 23. \$10 in advance, \$12 at door. 685-4662
- The Sidney Historical Society Antique Car and Tractor Show will be held at the Silver Spur Riding Club on the River Road on Saturday, July 30.
- The Eastern Maine Agility Dog Show will be held at the Skowhegan Fairgrounds Friday, July 29 through Sunday, July 31. Free and open to the public. 474-2947
- Taste of Greater Waterville, dinner and entertainment under the stars, will be Wednesday, August 3. Downtown Waterville Sidewalk Sales are August 5-7. 873-3315
- On Friday, August 5, widely acclaimed singer and songwriter, Tom Seiling, will perform a free, very participatory family program at the Hubbard Free Library in Hallowell entitled ?Bugs, Baboons, and Story Tunes? 622-6582

- The 2010 Wilton Blueberry Festival will be held Friday and Saturday, August 5 and 6 in downtown Wilton and at the Nichols Expo Center. The schedule includes many crafters and sales, food – especially blueberry goodies, children's activities, bingo, live entertainment and much more.
- On Saturday, August 6 the Rome Yacht Club will hold its annual race at 10 am; the Commodore's Ball will take place Friday, August 5. mbarne-sphd@earthlink.net
- The Blistered Fingers August Family Bluegrass Festival will be held August 25-28 at the Litchfield Fairgrounds. Twelve bands will be featured along with plenty of field picking. www.blisteredfingers.com
- Farmington's End of Summer Hurrah will be August 26-28. www.franklincountyaine.org



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- **Loon Call 5k - Smithfield Baptist Church 7-7:30am registration**
- **Then kick off the rest of the day with the FREE FunFest across from Sunset Camps~ 10-2pm**
- For everyone~ esp. residents of towns surrounding North Pond~Rome, Smithfield, Mercer
- Learn WHY all the FUSS over MILFOIL and other invasive plants
- Name the Milfoil Menace~have your picture taken with him
- Face Painting
- Water Creature ID and Science FUN for KIDS
- Free Fish and Lake Activity Booklets
- Courtesy Boat Inspection Training-on the spot 12-2pm
- Lead Tackle Exchange via **Unleaded Loon Project** 10-12pm
- Fishing Line Recycling... bring in your old line to deposit in our bin
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–Conservation Too–

Project permitting is one of the least understood aspects of getting your project completed and it can be the most time consuming unless you fully understand what is expected of you, the landowner or contractor. The need to obtain proper permitting before a project can begin requires some knowledge of the Maine DEP and municipal permitting system as well as where to find help.

“Under the state’s Shoreland Zoning Statutes, the shoreland zone is generally defined as all areas located within 250 feet of rivers, lakes, ponds, some non-forested wetlands, coastal waters, and within 75 feet of some streams” (Maine Nonpoint Source Training and Resource Center, 2009). Maine has lots of water so much of our real estate is found within the shoreland zone. Municipalities are allowed to enact their own shoreland rules as long as they are still meeting all state Shoreland Zoning rules and some towns choose to have stricter standards than the state minimums. In most cases, construction of any kind within the shoreland zone will require both, a permit from DEP as well as

...Watershed Wisdom continued from page 5

beer at Day’s, he is welcome to. In the process of walking up our meandering, mulched path between two rain gardens planted with native plants, we hope he will learn how the native vegetation is helping to clean up the lakes. Visitors coming to the Belgrade Lakes Farmers’ Market on Sunday to buy fresh produce will be walking across porous pavers in our parking lot and walkways and then over reinforced turf that can take heavy traffic without eroding. We hope they will realize that they could do something similar at their own shorefront property and we will be prepared to show them how and point them to DEP-certified contractors who can help them with the installation. We will be doing interesting lake science with Colby College and have a weather station that can be checked on line to find out the weather, as well as the water

Don’t Get Tangled In Red Tape

by Josh Platt

one from the town. It is best to discuss your project with the municipal codes officer first before significant money is spent on planning.

The Maine DEP has created a straightforward permitting process for small projects within the shoreland zone called Permit by Rule. Larger, more complex projects will require different tiers of permitting and can take much longer to be approved due to the review process required. Review can take as little as two weeks for a Permit by Rule or up to a year for a multiple tier NRPA permit so start the permitting process early in the game.

Two very important items to be aware of are the Certified Contractor Requirement which goes into effect January 1, 2013 and the newly discovered Dig-Safe rule about road maintenance. Beginning in 2013, “all excavation work in excess of one cubic yard done in shoreland areas, must be supervised by an individual certified in erosion control practices by the Department of Environmental Protection (DEP)” (Maine Nonpoint Source Training and Resource Center, 2009). All contractors who plan to do work in

these areas should plan ahead and become certified.

Routine maintenance of gravel roads usually includes grading and cleaning the ditches and this kind of maintenance occurs all over the state on thousands of miles of gravel roadways each year. This June, it came as a surprise to many of us, including Maine DEP that a state law requiring a Dig-Safe ticket is required for even routine grading and ditch cleaning. This requirement could seriously handicap the gravel road maintenance that has been occurring without incident for years so a group has formed that will be meeting to discuss this issue. Stay tuned!

Assistance is available to help sort out permitting, laws and rules pertaining to construction and maintenance of roads and shoreland areas. Municipalities and the Maine DEP are both available to answer questions and help in obtaining useful information



Articles contributed by the Kennebec County Soil & Water Conservation District in Augusta who can be contacted at the District office on 21 Enterprise Street at 207-622-7847 x 3 or check our website at www.kcsuwc.org

...Conservation continued from page 5

- Check your pets, as well as yourself. Remove ticks before entering your home.

The Belgrade Regional Health Center, conveniently located just two miles south of Belgrade Lakes center on Route 27, offers affordable care to residents and visitors year-round and is currently accepting new patients. To schedule an appointment, call (207) 495-3323. Visit us online at www.BelgradeCHC.org.



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Laker’s Dozen # 1: Always check your boat, trailer, and equipment for plant fragments and remove them before you launch and after take-out. This keeps invasive plants from spreading.

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– Accommodations –

Abenakis All Season Camps, 1339 Augusta Rd. (Rt 27), Belgrade, 495-2294, www.abenakiscamps.com

Alden Camps, American Plan cottages, boat rentals, 3 Alden Camps Cove, Oakland, 465-7703, www.aldencamps.com

Among the Lakes Bed & Breakfast, Rt 8, North Belgrade, 465-4900, www.amongthelakes.com

Bear Spring Camps, 60 Jamaica Point Rd., Rome, 397-2341, www.bearspringcamps.com

Belgrade Cottages Guide Service, fishing, lake tours, canoe/kayak trips and rentals. 9 Bass lane, Belgrade 314-8469 www.belgradecottages.com

Castle Island Camps, American Plan, Castle Island Rd, Belgrade Lakes, 495-3312, www.castleislandcamps.com

Kozy Cove Cottages, Rt 8, Salmon Lake, Belgrade, 465-0959, www.kozy-covecottages.com

The Village Inn, 1 & 2 bedroom suites, Rt 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com

Whisperwood Cottages, American Plan, boat rentals, 103 Taylor Woods Rd, Belgrade, 465-3983, www.whisperwood-lodge.com

Wings Hill Inn, Rt 27, Belgrade Lakes, 495-2400, 866-495-2400, www.wingshillinn.com

RESERVATIONS SERVICES

Belgrade Vacation Rentals, 81 Main St, Belgrade Lakes, 495-4011, www.belgradevacationrentals.com

Clee & Dee LLC, 40 Belgrade Road, Oakland, 465-4430

....Notebook continued from page 7

sponsor the Coburn Park Commission's Concerts in the Park this summer. During July and August, the free Concerts in the Park series entertains between 100 and 250 residents from Skowhegan and neighboring towns at each 5 pm Sunday performance. The donated funds from Skowhegan Savings will allow the Coburn Park Commission to compensate the musical talent. The Commission is a non-profit organization that maintains the park, located on Water Street, for various outings and events including weddings, festivals, picnics and concerts. For more information about the park or concerts visit <http://skowhegan.com/coburnpart/#2>. For information about Skowhegan Savings community donations, including the application and process, visit <http://skowsavings.com/charitable-donations.php>.

Smithfield

- The Smithfield Historical Society is selling 2011 calendars, available at area stores and the town office - great souvenirs. They also have created a one-hour video tour of Smithfield available for \$5. And, a website is in the works. Contact Richard Witham at 634-4392 or randfw@tds.net or Joyce Stapes at 362-2243.

Waterville

- Book signings at Children's Book Cellar: Maine author/illustrator Chris Van Dusen, Saturday, August 6, 10 am-12 noon; Archer Mayor, mysteries (and murder) set in Maine, Tuesday, August 9, 2-3 pm; Maine author Cynthia Lord, Saturday, August 27, 10 am. 872-4543

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...Continued from page 3

Adam Gardner and Andy Mannnett, principals in G & L Contracting, who a year ago along with Peter Barrett and Klaus Thalinger had won a national Capt. Morgan photo contest that rewarded them with a \$50,000 Grand Prize. The money came with a stipulation that a percentage of the loot be used for community improvement projects.

Last August a trust "Calling All Loons" was created by the contest winners with goals of building of a learning and social center for young teens, and for financial support for education in specialized fields of study for regional students.

With volunteer labor, donated materials and financial support from Calling All Loons Foundation and the Town of Belgrade construction was begun. From the initial planning of the project, started 10 months ago, to its finish in mid June this project is a great demonstration of what a group of ambitious, motivated volunteers can accomplish....a lakeside cottage that is a quiet base camp for teens.

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• **Riverfront Barbeque & Grille**, 300 Water St., Augusta. 622-8899, www.riverfrontbbq.com

Belgrade

• **Belgrade Lakes Golf Club**, lunch/snacks, West Road, Belgrade Lakes, 495-4653, www.belgradelakesgolf.com
 • **The Village Inn**, Rte. 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com
 • **Whisperwood**, Salmon Lake/McGrath Pond, Taylor Woods Road, open to the public by reservation only, 465-3983, www.whisperwoodlodge.com
 • **Wings Hill Inn and Restaurant**, Rte. 27, Belgrade Lakes Village, 495-2400 or 800-495-2400, www.wingshillinn.com

Oakland

• **Alden Camps**, Lunch or dinner by reservations, Sat. - Wed., space permitting. 3 Alden Camps Cove, Oakland. 465-7703. www.aldencamps.com
 • **Riverside Farm Market & Cafe**, 291 Fairfield Street, Oakland, 465-4439. www.riversidefarmmarket.com

Readfield

• **Emporium Le Kitchen**, rbittar@iqacc.com 685-7348 -

Waterville

• **Cacciatores**. 150 JFK Plaza, Kennedy Memorial Drive, 872-9700.
 • **Dairy Queen**. 13 KMD Plaza, Waterville, 872-2220; and 161 College Ave, Waterville, 873-1677, www.dairyqueen.com
 • **Restaurant & Pub at the Waterville Grand**. 375 Upper Main Street, Waterville. 873-0111.

Winslow

• **Lobster Trap & Steakhouse**. 25 Bay Street, Winslow. 872-0529. www.lobstertrap-seafood.com.

Winthrop

• **Peppers Garden & Grill**. 357A Main Street, Winthrop. 377-8877
 • **Sully's Restaurant & Tavern**. 38 Main Street, Winthrop. 377-5663, 377-5808

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Winterberry Farm in Belgrade, famous for

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Owner/gardener/baker/neighbor/mother/homeschooler and very hard worker (yes, a true farmer!) Mary Perry and her children - Kenya, age 15, Gil age 11, and Sage age 4 (the eager play date) - are trying to do it all.

"This isn't just ours," said Mary when interviewed last summer. "We're like a community farm. I love to have people come and get their hands in the dirt...to have them wander down to the gardens, admire the animals, and let their children run and play."

Anyone who can donate some weeding or harvesting work, help with chores, or staff the farm stand and greet customers is invited to call 649-3331.

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-Business Directory-

ACCOMMODATIONS
See page 20

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Maine Wilderness Tours, fishing, canoeing/kayaking, lobster picnic, bird watching, 7 Croquet Ln, Belgrade, 465-4333, www.MaineWildernessTours.com
Paradis Outfitters, 3675 Middle Rd, Sidney, 547-GUNS, www.paradisoutfitters.com

AIRPLANE RIDES
AirLink, LLC, float plane rides. 2 LaFleur Rd, Waterville, 859-0109 or 609-712-0866 (cell), www.airlinkconnection.com

ANTIQUES
Barbara’s Antique & Collectibles Group Shoppe, Rt 201, 414 Lakewood Rd, Madison, 474-2550
Stoney Creek Antiques, 881 Civic Center Drive, Augusta, 626-9330

AUCTIONS
James D. Julia, Inc., 203 Skowhegan Rd (Rt 201), Fairfield, 453-7125, www.juliaauctions.com

AUTOMOTIVE
Mathieu Auto Body and repair services, 6 Allen Street, Waterville 872 5578, www.davidmathieucompany.com

BANKING
Kennebec Savings Bank, 150 State St, Augusta, 622-5801, www.kennebecsavings.com
Maine State Credit Union, 200 Capitol St, Augusta, 623-1851, www.mainestatecu.org
Skowhegan Savings Bank, Rt 27, Belgrade, 495-7787, www.skowsavings.com

BEVERAGES
Jokas’ Discount Beverage, 52 Front St, Waterville, 873-6228

BICYCLES
Auclair Cycle & Ski, 64 Bangor St, Augusta, 623-4351, www.AuclairCycleSki.com

BOAT COVERS
Waterville Auto Top & Upholstery. 1042 Kennedy Memorial Dr, Oakland, 465-7847

BOAT LIFTS
Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com
Power Equipment Plus, 2309 Belgrade Rd, Rt 27, Sidney. 547-4114, pep@pivot.net

BOAT MOORINGS
Great Pond Marina, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

BOAT RENTALS
Belgrade Canoe & Kayak, Rt 27, Belgrade, 495-2005, 242-6331, www.kayakandcanoe.com
Castle Island Camps, Castle Island Rd, Belgrade Lakes, 495-3312, www.castleislandcamps.com
Great Pond Marina, 25 Marina Dr , Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com
Whisperwood Cottages, 103 Taylor Woods Rd, Belgrade, 465-3983, www.whisperwoodlodge.com

BOAT REPAIR
Kennebec Boat Repair, 907 Oakland Road, Belgrade, 465-9012, www.KennebecBoatRepair.com
Mobile Marine, 897-1032 (home) or 897-8433 (cell)
Belgrade Boat Shop, 936 Augusta Rd, Belgrade, 485-6953

BOAT SALES AND SERVICES
Belgrade Canoe & Kayak, Rt 27, Belgrade, 495-2005, 242-6331, www.kayakandcanoe.com
Clark Marine, 57 Puddledock Rd, Manchester, 622-7011, mail@clarkmarine.biz, funonthewaterstartshere.com
Hamlin’s Marine, 290 West River Road, Waterville, 872-5660, www.hamlinsmarine.com
Mid-Maine Marine and RV, 885 Kennedy Memorial Drive, Oakland, 465-2146, www.midmainemarine.com
Power Equipment Plus, 2309 Belgrade Rd, (Rt 27), Sidney, 547-4114, pep@pivot.net
Trailside Performance, 797 Augusta Rd (Rt 201), Winslow, 873-2366, www.trailsideperformance.com

BOAT STORAGE
Belgrade Boat Storage, 41 Pinkham’s Cove Rd, Rt 27, Belgrade, 495-3415, boatstorage@roadrunner.com
Belgrade Lakes Marine and Storage, Inc, 366 Augusta Rd, Belgrade, 495-2378, www.belgradelakesmarine.com
Clark Marine, 57 Puddledock Road, Manchester, 622-7011; and Rt 202, Monmouth, mail@clarkmarine.biz, funonthewaterstartshere.com

Great Pond Marina, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com
Hamlin’s Marine, 290 West River Rd, Waterville, 872-5660, www.hamlinsmarine.com
Kennebec Boat Repair, 907 Oakland Road, Belgrade, 465-9012, www.KennebecBoatRepair.com
Maple Leaf Self Storage, 688 Manchester Rd, Rt 135, Belgrade, 495-2191, 441-5529
Mid-Maine Marine and RV, 885 Kennedy Memorial Dr, Oakland, 465-2146, www.midmainemarine.com
Trailside Performance, 797 Augusta Rd, Rt 201, Winslow, 873-2366, www.trailsideperformance.com

BOOKS
Children’s Book Cellar, 52 Main St, Waterville, 872-4543, kids-bookseller@verizon.net
Re-Books, 25 East Concourse, Waterville, 877-2484

BOTTLE AND CAN REDEMPTION
Jokas’ Discount Beverage, 52 Front St, Waterville, 873-6228

BUILDERS
(See also Electricians, Kitchens, Plumbers, and Excavating)
Bellavance Construction Company Inc, 31 Hulin Rd, Belgrades Lakes, 495-2492
Craig’s Carpentry/North Bay Estates, Rt 8, North Belgrade, Craig Alexander, 649-3749
G&L Contracting, Adam Gardner, Belgrade, 215-7951
Grandview Log & Timber Frames, 72 Burtons Ln, Winthrop, 441-1538, www.grandviewtimbers.com
LakeHouse Renovations, Joint Venture Company, Liberty Rd, Readfield, 685-7393 or 242-3663, www.adedesignbuild.net
Mainely Molding & Restoration, 449 Wilder Hill Rd, Norridgewock, 634-2821, lanca@tds.net

BUILDING FOUNDATIONS AND JACKING
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BUILDING MATERIALS
(See also Flooring, Stonework and Windows)
Gagne and Son, 28 Old Rt 27, Belgrade, 495-3313, www.gagneandson.com
Hammond Lumber Company, Auburn, Bangor, Belgrade,

Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

BUS SERVICE
Concord Coach Lines, 9 Industrial Dr, Augusta, 1-800-639-3317, concordcoachlines.com

CANOES AND KAYAKS
Belgrade Canoe & Kayak, Route 27, Belgrade, 495-2005, 242-6331, www.kayakandcanoe.com
Belgrade Cottages Guide Service, fishing, lake tours, canoe/kayak trips and rentals. 9 Bass lane, Belgrade 314-8469 www.belgradecottages.com

CHAINSAWS
Power Equipment Plus, 2309 Belgrade Rd, Rt 27, Sidney, 547-4114, pep@pivot.net

CLOTHING
New Balance Factory Outlet, 13 Walnut St, Skowhegan, 474-6231

COMPUTER CONSULTANTS
Samara Consulting, Macintosh Consultant, Michael Breault, 24 Welch Rd, Wilton, 645-5083, cell 578-0226, mbreault@samaraconsulting.com, www.samaraconsulting.com

DINING
(See Dining Directory on page 21)

DOCKS
G&L Contracting, Belgrade, 215-7951, agardner81@yahoo.com
Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com
Power Equipment Plus, 2309 Belgrade Rd, Rt 27, Sidney, 547-4114, pep@pivot.net
Trailside Performance, 797 Augusta Rd, Rt 201, Winslow, 873-2366, www.trailsideperformance.com

ELDER CARE
Maine-ly Elder Care, 28 Center St, Oakland, 465-3249, www.maine-lyeldercare.com

EXCAVATING
Belgrade Boat Storage, 41 Pinkham’s Cove Rd, Belgrade, 495-3415, boatstorage@roadrunner.com
Bellavance Construction Company Inc, 31 Hulin Rd, Belgrade Lakes, 495-2492
David Stevens, P.O.Box 146, 103 Grandview Dr, Belgrade, 465-3815, cell 314-0314

EYE CARE
Maine Eye Care Associates, 325 E. Kennedy Memorial Dr, Waterville, 873-2731, www.MaineEyeCare.com

FARMSTANDS
Riverside Farm Market & Cafe, 291 Fairfield St, Oakland, 465-4439, www.riversidefarmmarket.com
Winterberry Farm, 538 Augusta Rd, Rt 27, Belgrade, 495-2593, www.winterberryfarmstand.com

FINANCIAL PLANNING
Golden Pond Wealth Management, 129 Silver St, Waterville, 873-2200, goldenpondwealth.com
Kennebec Wealth Management, 150 State St, Augusta, 622-5801, www.kennebecsavings.com

FLOORING
Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com



FLOWERS AND PLANTS

Longfellow’s Greenhouses, 81 Puddledock Rd, Manchester, 622-5965, www.longfellowsgreenhouses.com
Pierce’s Greenhouse, 407 Belgrade Rd, Oakland, 465-7788

GALLERIES

Artisan’s Barn, 163 North Rd, Readfield. 685-9787, www.theartistsbarn.com
Spring Gallery & Sculpture Garden, bronze castings, 81 Main St, Belgrade Lakes, 495-3113, www.modernartfoundry.com

GIFTS

The Brass Knocker Gift Shop, Rt 27, Main St, Belgrade Lakes, 495-3345
Day’s General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com
Kozy Cottage, 13 Church St, Oakland, 465-0959, www.kozy-covecottages.com
The 1830 House on Long Pond, 134 Main St, Belgrade Lakes Village, 495-3277, www.the1830houseonlongpond.com
The Village Peddler Gift Shop, Lake Shore Dr, Belgrade Lakes, 495-7707

GOLF

Lakewood Golf Course, 803 Lakewood Rd, Madison, 474-5955, www.lakewoodgolfmaine.com
Natanis Golf Course. 735 Webber Pond Rd, Vassalboro, 622-3561, www.natanisgc.com

GRANITE

Have Granite Will Travel, 42 South Mitchell Rd, Troy, 948-5952, www.mainegraniteking.com

GROCERIES

Day’s General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

HAIR CARE

Hair Reflections, 849 Kennedy Memorial Dr, Oakland, 465-7848

HEALTH CARE

Belgrade Regional Health Center, 4 Clement Way, Belgrade Lakes, 495-3323, www.healthreachchc.org
Inland Hospital clinics at Wal*Mart Supercenters, walk-in health care, 201 Civic Center Dr, Augusta, 620-8570; 80 Waterville Commons Dr, Waterville, 680-2110, www.inlandhospital.org

ICE CREAM

Dairy Queen, 13 KMD Plaza, Waterville, 872-2220; and 161 College Avenue, Waterville, 873-1677. www.dairyqueen.com
Day’s General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

INSURANCE

John M. Fortier, State Farm Insurance, 16 Silver St, Waterville, 873-1101, john@johnfortier.com

JEWELRY

Larsen’s Jewelers, 57 Main St, Waterville, 872-6301, 800-697-1874, www.larsensjewelers.com
L.Tardif Jeweler, 62 Main St, Waterville, 872-7542, 800-834-3638

KITCHENS

Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

LAKE ASSOCIATIONS

Belgrade Lakes Association (BLA), Long Pond and Great Pond, PO Box 551, Belgrade Lakes, 512-5150, www.belgradelake-sassociation.com

LANDSCAPING

Foster Tree Care and Landscaping, 3675 Middle Rd, Sidney, 547-4376, 547-4640
G&L Contracting, Belgrade, 215-7951, agardner81@yahoo.com
Lakeside Landscape, 13 Station Rd, Belgrade, 465-3039, 831-7053, 632-1086, lakesidelandscape1@yahoo.com
Longfellow’s Greenhouses, 81 Puddledock Rd., Manchester, 622-5965, www.longfellowsgreenhouses.com
Lynch Landscaping, Skowhegan, 474-2420, lynchlandscaping.com
Native Notions, 213 West Rd, Belgrade, 495-6040, 314-9538, nativenotions@hotmail.com, www.nativenotionslandscape.com

LAND SURVEYING

Acme Land Surveying, LLC, 108 Farmington Road, Suite 5 Farmington Maine 778-4081, www.acmelandsurveying.com

LAWN AND GARDEN EQUIPMENT

Power Equipment Plus, 2309 Belgrade Rd, Rt 27, Sidney, 547-4114, pep@pivot.net

MEATS

Ballard Meats & Seafood, Myrtle St, Manchester, 622-9764, 1-800-564-6328

MOVIE THEATERS

Railroad Square Cinema, call for titles and times, 17 Railroad Square, Waterville, 873-6526, www.railroadsquarecinema.com

PHARMACY

Kennebec Pharmacy & Home Care, 43 Leighton Rd, Augusta, 626-2726, www.kpprx.com

PHYSICAL THERAPY

Dockside Physical Therapy, 47 Main St, Belgrade Lakes, 495-3195, 512-2544, Fax 512-2545

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Diane Gorman, Gorman3366@roadrunner.com 906 Manchester Rd Belgrade 495-3222

PICTURE FRAMING

The Framemakers, 46 Main St, Waterville, 872-8927, www.the-framemakers.com

PLUMBING

Paul Hanna's Plumbing, Belgrade Lakes, 495-3805
Houle's Plumbing, Heating and Air Conditioning, 19 North St, Waterville, 872-6762, www.houlesphac.com

PROTECTIVE COATINGS

Normile Sealcoating, pavement and roofing, 332-4131, normile.chris@gmail.com

REAL ESTATE DEVELOPMENTS

North Bay Estates, Belgrade, 649-3749, crgsnbe@yahoo.com

REAL ESTATE

Coldwell Banker Thomas Agency, 75 Main St, Winthrop, 377-2121, www.coldwellbankerthomas.com
Day's Real Estate, 262 Augusta Rd, Rt 27, Belgrade Lakes, 495-3111, 1-888-495-3111, www.daysrealestate.com
Lakepoint Real Estate, 221 Main St, Belgrade Lakes, 495-3700, www.belgradelakepoint.com
Rizzo Mattson Realtors, 219 Capitol Street Augusta, 622-9000, 800 894 7979, www.rizzomattson.com

Snow Pond Realty, 40 Belgrade Rd, Oakland, 465-4430, 458-0874, [www.snowpondrealty.com`](http://www.snowpondrealty.com)

Sprague & Curtis Real Estate, 75 Western Ave, Augusta, www.spragueandcurtis.com, 623-1123

The Swan Agency Sotheby's International Realty, Pam Armour, 374-2020, www.swanagency.com

RESERVATIONS

See page 20

RESTAURANTS

(See Dining Directory on page 21)

RETIREMENT COMMUNITIES

Granite Hill Estates, 60 Balsam Dr, Hallowell, 626-7786, 1-888-321-1119, www.granitehillestates.com

SCHOOLS

St. Michael School, grades pre-K through 8, 56 Sewell St, Augusta, 623-3491, www.smsmaine.org

SEAFOOD

Ballard Meats & Seafood, 55 Myrtle St, Manchester, 622-9764, 1-800-564-6328

Lobster Trap & Steakhouse, 15 Bay St, Winslow, 872-0529, www.lobstertrap-seafood.com

SECURITY SYSTEMS

Cayer Security Services, Inc, 208 College Ave, Waterville, 453-9177, www.cayersecureity.com

SELF STORAGE

Maple Leaf Self Storage, 688 Manchester Rd., Rt 135, Belgrade, 495-2191

SEPTIC SYSTEMS

Bellavance Construction Company Inc, 31 Hulin Rd, Belgrades Lakes, 495-2492
Stanley’s Septic Tank Service & Construction, 187 Norridgewock Rd, Fairfield, 453-9819, 1-800-660-7826, www.stanleysseptic.com

SHOES AND SNEAKERS

New Balance Factory Outlet, 13 Walnut St, Skowhegan, 1-877-623-7867

STONEWORK

Gagne and Son, 28 Old Rt 27, Belgrade, 495-3313, 1-800-339-3313, www.gagneandson.com

THEATER

The Theater at Monmouth, Cumston Hall, off Rt 135, Monmouth, 933-9999, www.theateratmonmouth.org

TREE CARE

Foster Tree Care and Landscaping, 3675 Middle Rd, Sidney, 547-4376

VETERINARY SERVICES

Lakeside Veterinary Clinic, 88 Libby Hill Rd, Oakland, 465-7387, 465-8387

WINDOWS

Hammond Lumber Company. Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland and Skowhegan, 866-HAMMOND, www.hammondlumber.com

WINDOW TREATMENTS

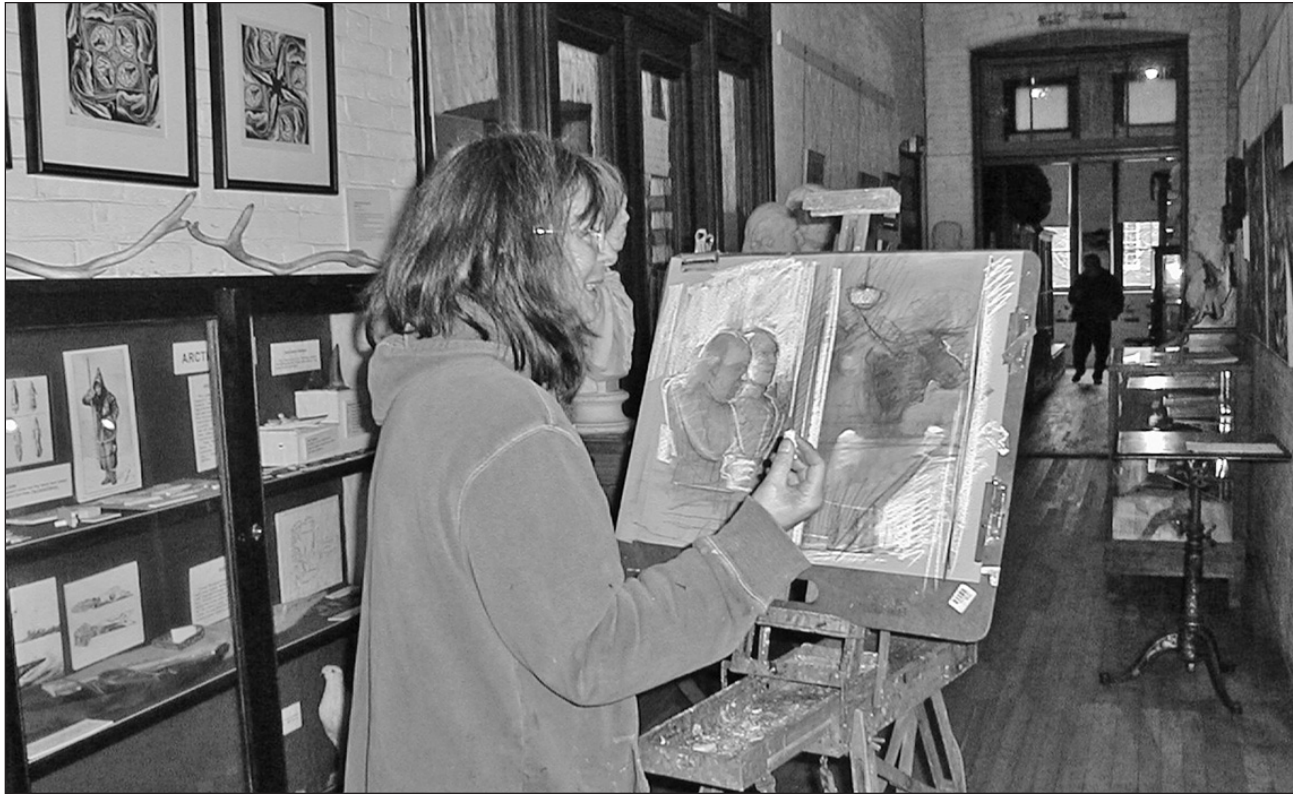
Blind Time, 24 Meadow Hill Dr, Farmingdale, 621-9832, www.blindtime.com





Expressions

Capture Wild Animals on Paper! Summer Art Programs for Children



This summer the L.C. Bates Museum will be hosting a series of hour-long art programs for children on six Wednesdays, July 6 through August 17, at 1 pm. Each program will explore a different art medium from printmaking to watercolors to pencil drawing. Participants will also explore the current "Drawing from the Collections" art exhibit featuring the work of over twenty artists from Maine and beyond that drew inspiration from the museum collections. The cost is \$2 pr participant. All supplies are provided.

On Wednesday, July 13, the program will feature a special guest, Margaret Libby, from Colby College, who will teach the nature journal art program. Libby is trained in figure drawing, painting, and fine art photography.

Other programs include: July 20 - printmaking, July 27 - works with mixed media art, August 3 - pastels, August 10 - watercolors, and August 17 - pencil.

The L.C. Bates Museum on Route 201 is open Wednesday, Thursday, Friday and Saturday from 10 am-4:30 pm and Sunday from 1-4:30 pm, and other times by appointment. For more information call 238-4250.



Wayne Library Hosts Summer Poetry Series

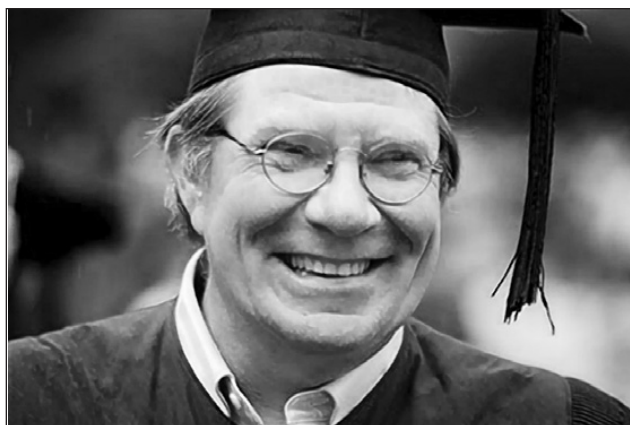
The Cary Memorial Library in Wayne will be presenting three Friday night poetry readings this summer, featuring six poets, beginning with Herb Coursen and Bob MacLaughlin on July 8th.

Herb Coursen lives in Brunswick where he taught Shakespeare for many years at Bowdoin College. He is an ex fighter pilot and was once a professional squash player. He has had a long and distinguished career as a poet and has published a number of books of fiction as well. His most recent book of poems is "Blues in the Night."

Bob MacLaughlin has been a sports writer, magazine editor and advertising copywriter. He lives on a lake in Waldoboro and recently published a collection of funny and poignant poems, "Faulty Wiring," about his relationship with his father as he experiences Alzheimer's disease.

The second reading will take place on Friday, July 15 and will feature Robert Farnsworth and Carolyn Gelland.

Robert Farnsworth has taught writing and literature at Bates College in Lewiston for the past twenty years. His poetry has appeared in magazines all over the United States, in Canada and in the United Kingdom. His most recent book,



Robert Farnsworth

"Rumored Islands," was published in 2010 by Harbor Mountain Press.

Carolyn Gelland was married to the poet Kenneth Frost who moved to Maine after teaching for some years at Columbia University and the New School in New York City. His book, "Night Flight," was published in December 2010. Ken passed away in February 2011. Carolyn, who is a poet herself, will read from Ken's work this evening.

The Cary Memorial Library is located at 17 Old Winthrop Road in Wayne, just off Route 133. Programs are free and begin at 7:30 pm. All listeners are welcome. For more information please call 685-3612.



Friends of Belgrade Library 3rd Annual Golf Tournament

The 3rd Annual Golf Tournament to benefit the Belgrade Public Library will be held on Thursday, July 14 at the Belgrade Lakes Golf Course. Sponsored by the Friends of the Belgrade Public Library, the Tournament will have a 1 pm tee off time using a scramble format. The tournament will be followed by a cocktail reception and awards ceremony, with prizes for the longest drive, closest to the pin, hole in one (a car!), the lowest team score, the most golf balls driven into the water, the most lost on the course, and the most dangerous team hits.

At the reception there will be silent and live auctions for items including Red Sox tickets, a float plane ride, a painting of the old Belgrade Hotel, a certificate for 4 to the Deutsche Bank Championship, a camp on Long Pond for a weekend, and many more. To play in the tournament or attend the reception contact jpjohnson027@roadrunner.com or 495-2101.



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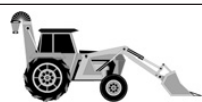
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Fishing

It's Been a Great Week...

by Mike Guarino



Young Emma Jane Parsons caught this massive largemouth bass! Way to go Emma Jane!



Mary Wyen's photo of the loon with the baby!

There were so many highlights from this past week that's it hard to pick a starting point! The fishing was great, the company was even better and the weather was really pretty good too. So many memories and stories to tell, but how about starting with all the little critters running, swimming, jumping, hopping and waddling around. For example, on Thursday morning around 5 a.m. I spotted my first flock of baby turkeys. There were three mother hen turkeys and 19 chicks (give or take a few – they are hard to count, and in my defense they all look the same). The hens kept a close watch on their brood and every time I tried to get close enough to take a picture they would shepherd the little ones away. I didn't want to harass them too much, so I left well enough alone and headed to the lake. Once on the water, I had the privilege of fishing with my good friend Marty and his wife Gwen. My New Jerseyian friends come up and stay at Whisperwood every year, and we had a blast throwing Yamamoto swimming Senkos and spinnerbaits for largemouth bass. They even caught a few on top water, which is always a thrill. While on our trip, Marty told me that he has taken up photography and moments later a mother loon with two babies on her back swam around the corner. It was fate, karma, a gift from the loon gods! When the loon first rounded the bend, she didn't realize we were there and dove to catch some fish. The little fluff balls bobbed around and minutes later momma popped up right next to them. As soon as she saw us, the babies were back up on

their feathered raft! In the blink of an eye, the mother loon lifted her wing and hid the babes under the protection of her arm. If you didn't know the babies were there, you would never have seen them. It was a great experience. Marty did get some photos of the loon and some terrific eagle shots later in the day. The bald eagles seem to be thriving this year, and it's rare to not see an eagle on a morning's fishing trip. Of course the baby ducks and geese are everywhere, along with lots of small turtles. Speaking of turtles, kudos to whoever had traffic stopped the other day on Route 27 in front of Hammond Lumber Company. That stubborn snapping turtle just didn't want to cross the road, but you helped him make the trip safely. Being hit by cars is one of the leading causes of death for snapping turtles, which can live to be over 50 years old. Plus, they lay a clutch of eggs that should be hatching in the next few weeks. Nice job

So in addition to all the little critters there's also a lot of baby fish swimming around this time of year. The smallmouth bass have entered their post spawn time, meaning they have begun to move off beds and spend more time in deeper water. The big females have the feed bag on now, so anglers should be able to catch some bigger fish in 10-15 feet. One observation from the past week is that the smallies are keyed on little crayfish. The crayfish are about an inch long and seem to be very abundant. If worms and minnow imitating baits are not working, try a crayfish imitating bait like a jig or crayfish colored crankbait. The sun-

fish (known in some places as bream) are also on their beds in the shallow weedy water and you can bet that their fry will attract the largemouth bass. Once the fry pop and start swimming around, the largemouth fishing will be excellent!

Trout fishing is in high gear right now for trollers and fly fishermen. The big mayflies are everywhere and they are drawing trout to the surface. These next few weeks offer fly fishermen a chance to catch trout on the surface on the lakes and ponds in the area. Dusk fishing seems to be the best time to catch cruising browns and brookies. If river fishing puts the wind in your sails, you might want to head up the Shawmut section of the Kennebec River. The river levels are excellent right now and wading options abound in this stretch of river. Elk hair caddis flies and green or brown drakes (big mayflies called Hexagenias) are a great option this time of year on the river, but be aware, the fish here are smart. Light tippets and proper presentation are key to catching the browns and rainbows in this area. Good Luck



Mike Guarino can be contacted at 465-4333
www.mainewildernesstours.com



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Pet World

More Pain Relief Please

They say the only good thing about pain is when it stops. Actually pain does serve a purpose when it alerts us that potential damage will occur if the body continues to be used in ways which cause the pain. It does serve to remind us not to run on a sprained ankle, causing more permanent damage to our ligaments. It does remind the dog with a broken toe not to put too much weight on that foot because the bone will not be able to heal with constant motion. This warning system is somewhat crude, though, and at some point, when we get the warning loud and clear, it is OK to make the pain stop.

When we are sensitive to the mood and behavior of our four legged friends, it is often apparent when they are feeling pain. Once the cause of the pain has been identified and the risk of reducing it assessed, giving them relief is an important next step. For traumatic injuries, often relief is needed in varying degrees for a relatively short period of time. Chronic pain may require a longer term solution.

Some folks tend to reach for medicines that they take themselves and give them to their pets. This is not advisable because several are not safe. For instance, an adult dose of Tylenol can cause death in cats. Cats are also very sensitive to NSAID medications such as aspirin as well. Frequent doses of aspirin given to a dog may relieve pain for a while, but can cause stomach ulcers, sometimes even perforations. It is best to consult your vet when starting or changing pain medications. Veterinarians now have a number of prescription medicines designed and approved for pets that are effective and when given as directed, safe.

When it comes to chronic pain, there are a number of other things owners can do to help a pet enjoy a better quality of life. One of the key things that will help an overweight pet with joint pain is weight loss.

This makes sense but it is often an obstacle for an owner who feels food is love or a pet can't lose weight because he's too painful to exercise. Sadly, with muscles it's a case of "use it or lose it", and muscle loss can make joint pain even worse. With medication, reasonable low impact exercise may be possible. Being overweight can contribute to pain in another way as well. Interestingly, science is telling us that excess fat tissue increases inflammation in the body.

For many years vets have prescribed supplements that help protect and lubricate joints in our patients. These are known as chondroprotectants, or proteins that the body uses to protect and heal cartilage. Many owners have at least heard of chondroitin sulfate and/or glucosamine supplements because they take them themselves. Because the intestinal tract in companion animals differs from ours, veterinary versions of these supplements are more likely to be properly absorbed by your pet. There are also injectable forms known as PSGAGs that can be given in the office that may offer relief more quickly.

Another group of nutritional supplements that may help reduce pain and joint damage are essential fatty acids, or EFAs. Also known as omega acids, these supplements may contain fish oil, flax seed oil, primrose oil and others. With specific omega acids known as EPA's there are potential benefits for pain relief at higher doses. Again, consult a vet to make sure the dose and combination of these omega acids is appropriate for your pet.

An effective approach to pain relief can require some lifestyle and diet changes but these changes need not be huge. A combined approach of rational gentle exercise, weight loss and supplements is a great place to start. When needed, medication can help improve a pet's quality of life. Fortunately the more we learn about pain and our pets, the more we can do to prevent unnecessary pain.

*Pet World, a weekly column by Dr. Eleanor Sabeau
Dr. Sabeau can be reached at Lakeside Veterinary Clinic
lakevets@roadrunner.com or by phone at 465-7387*

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Business

Skowhegan Kneading Conference Gets \$48,000 Grant



Mobile wood-fired ovens built by Maine Wood Heat Company, Skowhegan.

What began as a grassroots project to revive the struggling Skowhegan economy by bringing back local grain production and artisan bread baking has grown into an annual event that brings over 250 farmers, millers, novice and professional bakers, bread-lovers, and wood-fired oven enthusiasts to central Maine each July.

Now in its fifth year, the Kneading Conference is the model of regional enterprise that connects the local grain farmer to the miller, the baker, and the consumer. It also is the recipient of a substantial grant that benefits Skowhegan, Somerset County, and the state.

Conference will expand its educational program by taking to the road with grain-to-bread workshops for farmers and school children across Maine.

The new oven will also be used to bake breads to sell at the Artisan Bread Fair, a free event held annually at the Skowhegan State Fairgrounds, whose goals are to promote the return of Maine to a grain producing state. The Artisan Bread Fair and the Kneading Conference also show the employment possibilities in small grain farming and artisan baking.

The concept of grain-to-bread answers a uni-

A \$48,000 grant awarded this year to the Kneading Conference by the Quimby Family Foundation is funding a portable baking kitchen, a commercial scale wood-fired masonry oven, and housing for both at the Somerset Grist Mill in downtown Skowhegan. With the new equipment, the Kneading

versal consumer concern about processed foods and underscores the growing interest in greater hands-on involvement with food, an interest made evident by the attendance at the conference and Bread Fair by people from around Maine and the United States, Canada, Europe and (this year) New Zealand. At the Kneading Conference, which is supported by King Arthur Flour and Heart of Maine Resource, Conservation and Development, discussions and workshops by industry experts cover such topics as heirloom grains, milling techniques, soil fertility, the philosophy of baking, bakery entrepreneurship, earth and brick oven construction, and production and home baking practices.

The Artisan Bread Fair is an opportunity for attendees to sample Maine-made breads, pastries and pizza, to talk to professional bakers, and to purchase everything to do with bread-baking, including books, new and antique tools, kitchen equipment, and complementary food.

The 2011 Kneading Conference will take place at the Skowhegan State Fairgrounds on Thursday, July 28 and Friday, July 29, followed by the Artisan Bread Fair on Saturday, July 30.

For more information contact www.heartof-maine.org.



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AUTHOR, ERNIE WEISS, AT
GRANITE HILL ESTATES

On July 22, at 2:00 p.m., we welcome author and holocaust survivor, Ernie Weiss, to our Media Room. His book, *Out of Vienna* chronicles his family's flight through 13 European countries to escape Nazi persecution. It's based on personal interviews, exhaustive research, and the author's own recollections.

Ernie will discuss his book, read excerpts from it, and sign copies. Books will be available for purchase at the event, or you can bring your own, if you've already purchased one.

Admission is free and open to the public.

TO LEARN MORE OR SCHEDULE A TOUR:
CALL STEVE ROY, TOLL FREE, 888-321-1119 OR
E-MAIL STEVEN.ROY@GRANITEHILLESTATES.COM.

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