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Take One

Summertime in the Belgrades



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—A Cider Mill Press Publication—

VOLUME 13, NUMBER 3

Summer Says "Take Two Steps Back"

by Esther J. Perne



Summer says "lighten up!" Enjoy the long days, the early dawns, the late sunsets, the extra hours to be outdoors working or playing or going somewhere that wouldn't be gone to in the dark (or the winter).

Summer says "dress down!" Simplify is the word of the wardrobe, bare legs in shorts, bare arms in t-shirts, bare feet in sandals, lightweight sweaters and jackets - or, at camp, bathing suits with plenty of sunscreen on.

Summer says "go rec!" It's a region where outdoor sports reign: water sports, ball sports, foot-power sports, paddle sports, peddle sports, team sports, riding sports, gliding sports, hiking sports, biking sports, remote sports, urban sports....go rec!



Continued on page 2

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Continued from page 1

Summer says "do nothing!" Bring back the art of lounging, daydreaming, dozing, puttering, tinkering, relaxing, getting up late, getting up slowly, not getting up...yea nothing!

Summer says "talk!" No, summer says "converse!" Get into the go-to-the-store-and-end-up-chatting syndrome. Ditto post office, farmers' market, shopping spree, ditto antiquing and yard sales, ditto all the great celebrations and cultural outings.

Summer says "go free!" Music, art, festivals, fireworks, historic sites, concerts, museums, libraries, galleries, parks, boat launches, concerts and many more activities and outings are free and open to the public. Others have an admission that is truly nominal.

Summer says "celebrate!" Festivals, fairs, social gatherings, celebrations, festivities abound.

Summer says "children!" They're great, they're wonderful. They're our future. And no one enjoys summer's activities like children do.

Summer says "stop!" Slow the rushed schedule, disrupt the routine, take time out, now.

Summer says "look!" at the scenery, the views, the waterways calm as a mirror or wind-tossed with white caps, sailboats idling on a distant cove, rippling green fields, a million stars in the sky.

Summer says "listen!" to the call of the loon, the birds flitting through berry bushes, rain on the roof, the piercing cry of a seagull, the caw of the crow, children laughing...so much more.

Most of all, summer says "eat treats!" Hurrah for strawberry shortcake! Hurrah for ice cream!



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Brand New in Belgrade! Camp Loon For Teens

Day camp at the Belgrade Community Center for All Seasons has a new focus this season: teens. From a week in 2010 to seven weeks this summer, the summer day camp schedule has expanded for students entering grades 6 through 9.

Camp Loon, new this summer, is an Outdoor Recreation & Conservation Program which includes canoeing, swimming, lake conservation, orienteering, kayaking, fishing, hiking, knot tying, fire building, survival skills, outdoor cooking, history of Belgrade and more.

The camp will be offered in three sessions, Session 1 "Survivor Island" July 5-9 and 11-15; Session 2 "Amazing Race," July 25-29 and August 1-5; and Session 3 "King of the Hill," August 8-12 and 15-19.

On the first Thursday of each session an off-site adventure will be held and on the second Thursday there will be an overnight adventure. Campers will also have the opportunity to earn first aid certification.

Fees for Camp Loon are \$200 for residents and \$250 for non-residents per 2-week session. Camp will be held at the Belgrade Community Center for All Seasons' newly renovated "Waterfront Cottage" - a project supported by "Calling All Loons" and local businesses.

Belgrade's other teen camp, Build A Boat Camp with the Compass Project, now in its second year, is scheduled for July 18-22. Ten students will work together to build a Peace Canoe and a set of paddles while learning teamwork, youth leadership, dealing with frustration, and respect.

The cost of the camp is \$150; campers supply their own lunch,



snacks and drinks. The Compass Project will provide all materials, supplies and instruction.

The completed boat will be auctioned off at the 5th Annual Summer Lobster Bake in August to raise money for the Belgrade Community Center for All Seasons to help pay for future programs. For more information call 495-3481.



Summertime in the Belgrades
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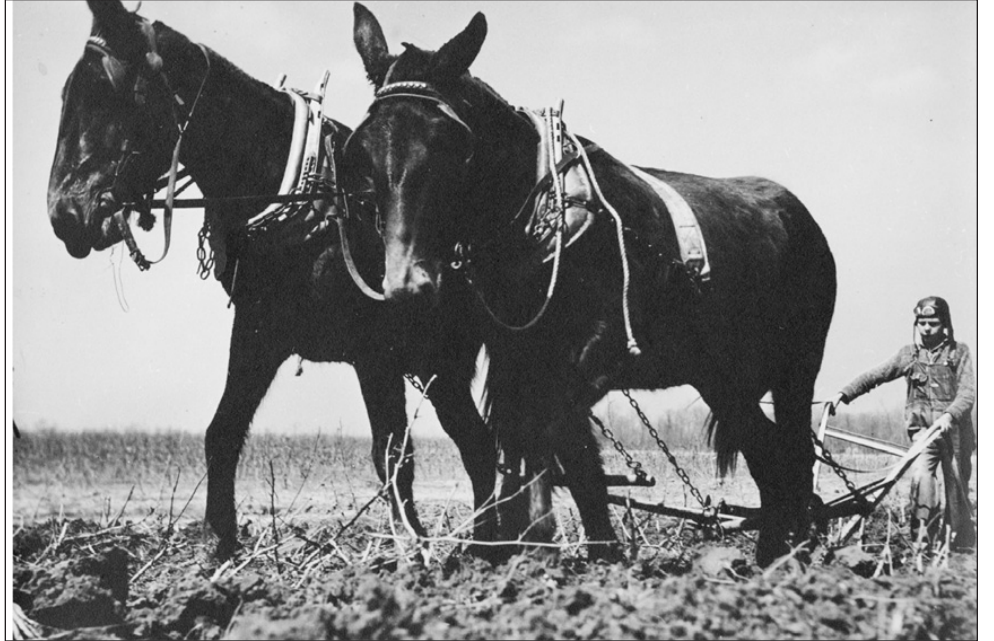


Legacies

Photography Featured at Colby College Museum Summer Exhibits



James McNeill Whistler *Amsterdam, From the Tolhuis*, 1863 Etching and drypoint (fourth state of four) on paper 5 1/8 in. x 8 1/4 in. The Lunder Collection



Margaret Bourke-White (1904 - 1971) *Elbow Creek, Arkansas*, c. 1936-1937 Gelatin silver print 10 in. x 13 1/8 in. Gift of Mrs. Helen Caldwell Cushman

Historic documentary photography from the 1930s American masters, current photography on Detroit's industrial decline, a select group of photographs from the Norma B. Marin Photography Collection, and a tribute exhibition of Whistler prints highlight the summer season at the Colby College Museum of Art as photography from various periods in American history comes together in the following separate but related exhibitions.

- **American Modern**, July 9-October 2: This exhibit showcases photographs from the 1930s by American masters Berenice Abbott, Margaret Bourke-White and Walker Evans with loans from major collections including the Metropolitan Museum, the National Gallery of Art, and the Art Institute of Chicago. In the 1930s photographers pushed the genre of documentary photography to the forefront of public culture in the United States and onto the walls of newly opened museums and art galleries. That historic development is explored in the Colby exhibition, which focuses exclusively on the work of Abbott, Evans and Bourke-White.

- **Andrew Moore: Detroit Disassembled**, June

2-October 2: Made in 2008 and 2009, these seven highly detailed color photographs capture the citywide impact of Detroit's industrial decline, its challenges and the encroachment of nature on the city most associated with American mobility.

- **Celebrating a Gift: The Norma B. Marin Photography Collection**, through October 2: Norma B. Marin began collecting photographs in 1970, gradually acquiring works by such major photographers as Berenice Abbott, Alfred Stieglitz, Ansel Adams, Imogen Cunningham, Charles Sheeler, Lee Friedlander, Harry Callahan and Andre Kertesz. For several years, through a long-term loan, the Colby Museum has integrated works from the Marin collection into its exhibitions and teaching programs. In the spring of 2011, Norma Marin promised her collection to the museum. This exhibition presents selections from her generous gift.

- **Exhibiting Whistler: A Tribute to David P. Becker**, June 16-October 2: A Bowdoin College alumnus and longtime resident of Portland, David P. Becker (1947-2010) was also an internationally recognized print scholar and curator.

Selected from the Lunder Collection by guest curator Susan Schulman, this tribute exhibition celebrates Becker's passion for the print medium, his impeccable connoisseurship, and his work as guest curator, beginning in 2006, of several Whistler exhibitions at the Colby Museum.

Also on view through October 2: *Inspired by Buddhism: Asian Art* from the Permanent Collection; *Little Elegies: The Art of Nineteenth-Century Mourning*; *Selections from the Permanent Collection: Genre, Still Life, Landscape*. The summer exhibitions at Colby will close October 2, just prior to the groundbreaking for the museum's new addition, which is scheduled to open in summer 2013. Following a brief closure in the fall of 2011, select galleries will remain open throughout the construction process.

The Colby College Museum of Art is open Sunday noon-5 pm, and Tuesday through Saturday 10 am-5 pm. It is closed on Mondays and June 28-July 1. For more information visit www.colby.edu/museum or call 859-4353.



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Watershed Wisdom

This time of year, I go to a lot of lake association and road association annual meetings to talk about water quality. One question I get frequently is some variant of, "What's the deal with phosphorous?" We have previously discussed the concept of "eutrophication," or nutrient enrichment. Even with fully intact upland forests and vegetated wetland buffers to control sediment erosion, some sediment and nutrients are going to enter the lake. These are natural processes and a certain level of nutrients is necessary to support aquatic life. The problem comes when nutrient loading exceeds what the lake really needs to maintain a healthy aquatic ecosystem. The situation is analogous to maintaining a healthy diet and active lifestyle. If you consistently overeat, you will gain weight and suffer other health problems including premature aging. To remain healthy, you need to limit your caloric input to what your metabolism requires. It is the same with lakes. A lake will normally exist in a relatively clean state for tens of thousands of years with the healthy nutrient loading provided by Mother Nature. But if the nutrient load is excessive, that clean stage of life (the stages limnologists refer to as "oligotrophic" or "mesotrophic") can be reduced to less than 100 years. To keep our lakes from premature aging, we need to put the lakes on a diet. In Maine, the key to protecting water quality is limiting phosphorous. This week I will explain the concept of a "limiting nutrient" and why controlling phosphorous is important.

Aquatic ecosystems vary in complexity but are all based on a food chain that has phytoplankton and other plants at the bottom. Phytoplankton are minute floating plant cells that create biomass through the process of photosynthesis. Using energy from sunlight, algae form plant cells by combining carbon dioxide (CO₂) and water (H₂O) with some nitrogen (N) and phosphorous (P). In the 1950s, an oceanographer named Redfield studied marine algae and determined that on average they were comprised of carbon, nitrogen, and phosphorous in a C:N:P ratio of 106:16:1. For freshwater algae, the ratio is 113:15:1. This means that for every 113 molecules of carbon dioxide the plant uses, it needs 15 molecules of nitrogen and one molecule of phosphorous to create plant biomass. Since light, carbon dioxide and nitrogen are in ample supply in most freshwater systems, the amount of plant growth that can take place is limited by the amount of phosphorous available.

What's the Deal With Phosphorous?

by Peter Kallin

Phosphorous is the "limiting nutrient" in the system. Think of a car manufacturer who needs a ton of steel and 4 tires to manufacture a car. Even with twenty tons of steel, if he only has four tires, he can only make one car until he gets more tires. He is limited by his tire supply. In the same way, the productivity of freshwater aquatic systems is generally limited by the amount of phosphorous available.

Phosphorous is critical to life and helps organisms store energy through the ATP-ADP cycle. It exists in multiple oxidation states and readily combines with oxygen. Under aerobic conditions, phosphorous is not especially soluble in water so precipitation percolating or filtering through the soil will not dissolve much phosphorous even if it is relatively abundant in the soil, as it is around here. Most of the phosphorous in the soils is strongly bound to iron or aluminum minerals under normal oxygenated conditions and these minerals don't give up their phosphorous easily. It is a different story however if the soil is eroded and washes into the lake.

Once in the lake, some phosphorous rich sediments settle to the bottom but soluble, bioavailable phosphorous (known as soluble reactive phosphorus = SRP) in the water column is quick-

ly taken up by some type of algae, either green or blue-green, which reduces water clarity, or perhaps by macrophyte (large) plants. These algae will be grazed by zooplankton, which in turn will be eaten by fish, transferring the phosphorous up the food chain. Some will be returned to the water through excretion, starting the cycle again, but some will be washed downstream, be removed by human or other fishermen, or settle to the bottom where it is at least temporarily not "bioavailable." Limnologists refer to these various places phosphorous can be as "compartments" and phosphorous is always cycling between compartments. The bottom line is that some phosphorous is always coming into the lake, some is being stored as biomass, and some is always leaving. If more is coming in than going out, phosphorous will accumulate and plants and algae will thrive. It's a bit like tracking the amount of money in your check book. Some cash is always coming in and some is leaving and the actual amount in your account will vary over time. If you have more coming in than

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Peter Kallin, Executive Director of the Belgrade Regional Conservation Alliance (BRCA), can be contacted at 495-6039 or brca@gwi.net, or visited at the BRCA Office, The Boathouse, Belgrade Lakes.

Conservation

Schedule

June 25, 2011 8:15 to 4:00 pm

- 8:15 to 9:00 am** Registration and Continental Breakfast
- 9:00 to 9:10 am** Welcome and Opening Remarks, Jim Hart, President of COLA
- 9:10 to 9:50 am** Keynote Address: A Sense of Place, James R. Fleming, Colby College
- 9:50 to 10:50 am** Panel: Protecting Quality of Place: Are Maine's Ground Rules Changing?
- 10:50 to 11:15 am** Morning Break
- 11:15 to 12:00 pm** COLA Annual Meeting
- 12:00 - 1:00 pm** Lunch
- 1:00 - 4:00 pm** Afternoon Concurrent Sessions:
 - Resources and Capacity Building for Lake Associations: Networking
 - Findings of Lake Sustainability Studies at Colby and the University of Maine:
 - Protecting Quality of Place: Hands-on Workshop – Creating Shoreland Sanctuaries

Maine Lakes Conference 2011 A Sense of Place

Join Maine Congress of Lake Associations (COLA) for a day of learning, networking and inspiration with other lake leaders at the MAINE LAKES CONFERENCE June 25th! Get new ideas, techniques, and resources, all planned for you and for enhancing our collaborative protection of Maine lakes.

The schedule will include the Keynote Speaker, the Plenary Discussion, Breakout Sessions; Resources for Lake Associations; and the Findings of Lake Sustainability Studies at Colby and the University of Maine.

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— Activities & Outings —



Everything for Kids, families and the young at heart is the theme of Kids Day in Capitol Park in Augusta, a unique celebration that is one of the highlights of the Whatever Family Festival. Starting at 11 am until 3 pm on Saturday, June 25, over a dozen Characters will be roaming the park where several dozen booths, exhibits and displays, trucks of all sizes and types, vendors and concessions, and entertainment on three different stages will be set up. (Rain location will be Augusta Civic Center.) Nearby, the Maine State Museum will have free admission from 10 am-4 pm.

Kids Day is fun - face painting, balloons, a dunk tank. It's educational - K-9 Demonstrations, Summer Reading Program Sign-Up. And it makes

Kids Day in Capitol Park



some great resources available - Girl Scouts, Friends of the Cobbossee Watershed.

The Dance Stage and the Kids Stage provide the perfect opportunity for relaxing and watching. The Touch A Truck (and climb on it, and pretend drive) displays are a kids' dream come true.

The B98.5 Texaco Country Showdown on the Capital Stage, 12 noon-5 pm, lends a backdrop of entertainment which take front place when the park festivities wind down.

For a complete list of activities, entertainment, and displays go to www.AugustaMaine.com or call 623-4559.

P.S. Bring blankets, lawn chairs, sunscreen, and walking shoes.



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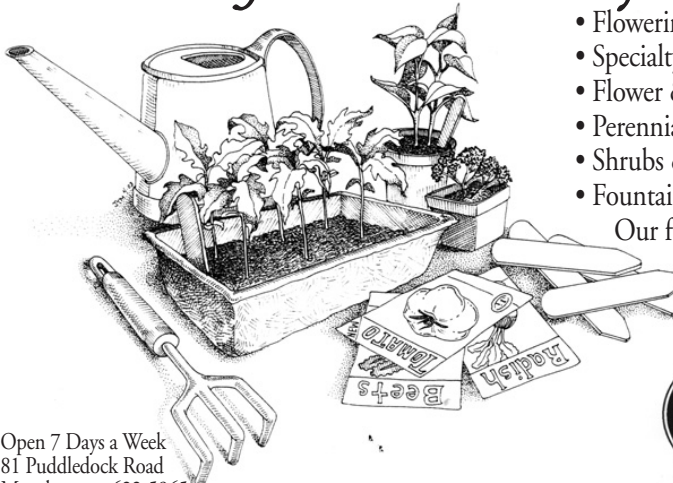


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— Notebook —

Kennebec Land Trust Outing Club

• The Kennebec Land Trust Outing Club (KLTOC) is a new outdoor activity-oriented club offering a wide variety of events to active adults ages 18 to 35. KLTOC brings together those who share a love of nature and outdoor exploration. It's a great way to explore the outdoors, get to know Kennebec Land Trust properties, and socialize with a fun, friendly, and active group. KLTOC is free to Kennebec Land Trust members or \$5 per outing. Become a member of the Kennebec Land Trust (KLT) with a donation of \$30 or more (fully tax-deductible) by registering at www.tkl.org. Monthly outings are on the schedule. Call 377-2848 or email Theresa Kerchner at tkerchner@tkl.org to register.

Maine Fiberarts

• Maine Fiberarts presents a lecture and slideshow given by sculptural knitter and author Katharine Cobey on Saturday, June 25, 2-4 pm at the Frontier Cafe & Cinema in the Fort Andross Building, 14 Maine Street, Brunswick. The presentation will also include a short film taken of a working 1950s Worumbo Mill in Lisbon Falls. The film portrays the process from woolen fleece to finished suit taken in the 1950s by a contestant for the TV series "Truth or Consequences." On display will be a woolen quilt, yardage, and a man's coat created at Worumbo. Speaker Katharine Cobey is nationally recognized for her contributions to the art and stewardship of American knitting. Her topic at the June 25 lecture will be "Knitting Great Shapes." Tickets are \$10 in advance, \$12 at the door. 725-5222

Augusta

• In recognition of "Adopt A Cat Month" and because an increased number of cats and kittens need forever homes, the Kennebec Valley Humane Society, which serves 21 area towns, is waiving the adoption fee for cats older than 6 months of age. The cats are all spayed/neutered, up to date on routine vaccinations, and ready for love. The humane society is also in need of dry cat food, dry kitten food, canned cat food and cat litter to help fulfill its mission to provide shelter, food, medical care and a second chance for local homeless animals. 626-3491

Belgrade

• The Belgrade Lakes Farmers' Market is open for the 2011 season! The Sunday market will be 8 am-1 pm in the parking lot of the Village Inn. The Thursday market will open after the new Maine Lakes Resource Center construction is completed. For more on the market visit www.belgrade-lakesfarmersmarket.org

Belgrade/Rome

• New hours added, more volunteers needed at the Belgrade/Rome Special Needs Food Pantry located on Route 27 at the Belgrade Town Hall. In an effort to serve more people from Belgrade and Rome, the Food Pantry will now be open on Tuesdays from 9-11 am and Thursdays 5-6:30 pm. Residents who may be in need of additional and supplemental food items are welcome to visit the Pantry monthly. Also, volunteers are needed to help collect, purchase, organize and distribute contributions. 495-2022/5.25. 778-4279

Fairfield

• Fairfield Serves: On the Home Front to the Battlefields! The Fairfield History House Museum, 42 High Street, will be displaying military memorabilia starting July 9, 10 am-3 pm and each Tuesday throughout the summer from 10 am-3 pm until September 1. The exhibit is free. All wars will be covered, with emphasis on the Civil War, who served and what families were doing to support the war efforts. The exhibit includes military items from numerous wars: a Civil War Company property book, diaries, letters, photographs, newspaper articles and other period documents. This exhibit is in conjunction with the Central Kennebec Heritage Council, a collaboration of museums and libraries in Central Maine, that works to promote our local heritage. The project is funded in part by support from the Maine Humanities Council. 453-2998

Gardiner

• A new series of local author workshops featuring writers from around the lower Kennebec Valley will be held monthly through the fall in the Hazzard Reading room of the Gardiner Public Library. On Wednesday, June 29, 6:30-8 pm, Augusta author Dan Harrington will discuss his book, "Who's at the Door: a memoir of me and the missionaries," about missionaries from The Church of Jesus Christ of Latter-day Saints. A book signing will follow the workshop. The event is free and open to the general public. The local author series is sponsored by the Gardiner Library Association as it begins the final phase of renovations, which will be the Community Archives Room. 582-3312

Kingfield

• The 2011 Kingfield POPS Festival of the Arts will take place Friday, June 24, 5-8 pm, and Saturday, June 25, starting at 10 am. On Friday, an Art Walk will take place in downtown Kingfield where galleries, shops and museums will be open to visit and explore. On Saturday, the Festival of Arts will be held 10 am-4 pm with live local music all day, a Farmers' Market, and fine artists and artisans selling and displaying their work. Starting at 4:30 pm, activities of the

POPS Concert will begin. The 2011 concert features the Bangor Symphony Orchestra, Dave Mallett, Leah Tyssee, Boreal Tordu, and a fireworks finale. Food vendors will be on site, picnics are ok. Tickets are \$20 in advance, \$25 at the gate, free for youth age 17 and younger. For more information go to www.kingfieldpops.com. 265-7677

Monmouth

• The Theater at Monmouth is seeking volunteers for the 2011 season to help with ushering, parking, and operating the concessions and gift shops. Volunteer benefits include the opportunity to see the shows for free, and earning credit to use for purchasing tickets for friends and family or to use at the concession stand and gift shop. For anyone interested in volunteering in July and/or August there is a volunteer information meeting on June 22 at 6:30 pm. For more information, contact Rebecca Caron, Volunteer Coordinator, Tuesday-Sunday 10 am-5:30 pm at 933-9999.

Mount Vernon

• Summer swimming lessons start Tuesday, July 5 for ages four and older at the Mount Vernon town beach on Minnehonk Lake. Fees are \$40 per child for Mount Vernon residents, and \$45 per child for non-residents. Family rates are available. For more information, including scholarships, call Cherie Wenzel at 293-2959 or Matthew Larou at 293-4448. Matthew is this year's waterfront director.

Norridgewock

• The Norridgewock Historical Society is in need of a volunteer to assume responsibilities for keeping the military histories of its members and their families as well as displaying the Museum's military uniforms from Memorial Day until July 4th. The uniforms are kept in cedar storage at the Museum when not on display. For more information, please call Reta Thebarg at 634-3871.

Readfield

• Don't forget Day Camp! Maranacook Summer Camps have begun. July camp schedule includes July 11-15
Acting Theatre, grades 4-8
Art Camp, grades 2-6
Lady's Black Bear Basketball, grades 4-8
July 18-22
Gymnastics, ages 5 and up
July 25-28
Baseball Camp
Soccer Camp, grades 4-8
Little Kickers, ages 5-8
Tennis, young players
For times, rates and to register online go to

Continued on page 20

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Calendar Directory

TOWN BY TOWN...

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AUGUSTA

- Arboretum, 6 miles of year round walking trails open dawn to dusk, Visitor Center open Mon-Fri 9pm-4pm, Viles Arboretum, 626-7989, www.vilesarboretum.org, 153 Hospital Street.
- **Capitol Complex, State Street**
- Maine State House, Hall of Flags, House and Senate Rooms, Klir Beck dioramas, Mon-Fri 8 am-5 pm, book tours at Maine State Museum, walk-ins welcome 9 am-1 pm, www.maine.gov
- **Art in the Capitol**, Maine Arts Commission monthly self-guided exhibits in State House hallways (Mon-Fri 8 am-5 pm), Blaine House (call for times), and Maine Arts Commission Office (8:30am-4:30 pm), 287-6746, mainearts.maine.gov
- **Governor's Mansion**, 1830 Blaine House, Tue-Thu 2-4 pm, 287-2121, www.blainehouse.org
- **Maine State Museum**, Tue-Fri 9 am-5 pm, Sat 10 am-4 pm, \$2 adults, \$1 ages 6-18, 287-2301, www.maine-statemuseum.org
- **Maine State Library**, 287-5600, Mon-Sat opens 9 am.
- **Children's Discovery Museum, CDM**, hands-on displays, actives, Tue-Thu 10 am-4 pm, Fri-Sat 10 am-5 pm, Sun 11 am-4 pm, admission, 622-2209, www.childrensdiscoverymuseum.org, 171 Capitol St,
- **Kennebec Historical Society**, Wed-Fri 10 am-2 pm, 622-7718, www.kennebechistorical.org, 107 Winthrop St.
- **University of Maine at Augusta, University Drive**
- **Danforth Gallery**, Jewett Hall, art exhibits, UMA-1234, www.uma.edu/DanforthGallery
- **Holocaust and Human Rights Center of Maine**, Michael Klahr Center, 621-3530, www.hhrc.uma.edu
- **UMA Fitness Trail**, 2 miles of wooded trails, near Civic Center
- **Riverfront/Downtown**
- **Old Fort Western**, 1754 fort, house, store, 1-4 pm daily, admission \$6, 4-14 years \$4, 626-2385, www.oldfortwestern.org Cony St.
- **Riverfront Park**, boat launch, Greenway Trail, playground, eastside Kennebec River
- **Kennebec River Rail Trailhead**, Maine State Housing Authority parking lot, www.krrt.org, Water St.
- **Museum in the Streets**, walking/history tour, www.augustamaine.gov, downtown.
- **Farmers' Market at Mill Park**, Sun 2-6 pm, 626-2305, www.farmersmarketmillpark.org/, North Water St.
- **Farmers' Market at Turnpike Mall**, 549-5112, Wed and Sat 10 am-1 pm, Western Ave.

BELGRADE LAKES

- **Great Pond Mailboat**, 215-7520, Mon-Sat, 10 am, Post Office, Main St.
- **Spring Gallery & Sculpture Garden**, Modern Art Foundry, Thu-Sun 11 am-5 pm and by appointment, 495-3113, www.springgallerymaine.com, 81 Main St.
- **The Belgrade Community Center for All Seasons**, swimming, gym, playground, picnic area, rec programs, library, 495-3481, www.belgrademaine.com 1 Center Dr.
- **Union Church Coffee House**, second Sat of month, 7:30 pm, \$5, 495-3599, Main St.
- **Belgrade Historical Society**, monthly meetings, 465-7924
- **Farmers' Market**, Sun 8 am-1 pm, Thu 2-6 pm, 465-7058, www.belgradelakesfarmersmarket.org, Main St.
- **Peninsula Park on Long Pond**, picnic tables, Main St.

FAIRFIELD

- **Fairfield Historical Society**, 1890 Cotton-Smith House, Tue 9 am-12 noon, 1-4 pm, 453-2998, www.fairfieldmehistoricalociety.net, 42 High St.
- **Farmers' Market**, 948-5724, Wed 2-6 pm, Sat 9:30 am-1:30 pm, Nazarene Church parking lot, 81 Main St.

FARMINGTON

- **Farmington Historical Society**, 778-2835, Wed and Sat, 11 am-2 pm, July-August, 118 Academy St.
- **Nordica Homestead Museum**, opera singer Lillian Nordica costumes, jewelry, mementos, 778-2042, Tue-Sat 10 am-12 n and 1-5 pm, Sun 1-5 pm, 116 Nordica Lane, Holley Rd.
- **Contra Dance**, 491-9928, www.starleft.org 2nd Sat of the month, all welcome, 6:30-7:30 pm family dance, 8-11 pm regular dance, admission, Grange Hall, Bridge St, Rt 43, West Farmington
- **University of Maine campus and Arboretum**, four walking tours with informal guide pamphlet to campus trees, 581-1541, www.umaine.edu/arboretum/, downtown
- **Farmers' Market**, 778-6602, Fri 9 am-2 pm, Better Living Center parking lot, Front St; Saturday 8 am-12 noon, Main St.
- **Meetinghouse Park and Gazebo**, weekly concerts throughout summer, downtown
- **Fairgrounds**, events throughout summer, Franklin County Fair in Sept, High St.

GARDINER

- **Artdogs and Circling the Square Fine Art Press**, 1-5 pm Fri, 10 am-4 pm Sat, 582-2108, www.theartdogs.com, 275-277, Water St.
- **Johnson Hall Performing Arts Center**, 582-7144, www.johnsonhall.org 280 Water St.
- **Farmers' Market**, 582-3100, www.gardinerfarmersmarket.org, Wed 2-6 pm, rain or shine, The Common
- **Kennebec River Rail Trail**, terminus near Gardiner/Randolph Bridge, 6.5 miles to Augusta
- **Waterfront Park**, picnicking, events throughout summer, Kennebec River

GREENE

- **Araxine Wilkins Sawyer Memorial**, free monthly entertainment programs, 946-5311, www.sawyer-foundation.com, 371 Sawyer Rd, off Rt 202

HALLOWELL

- **Harlow Gallery**, Kennebec Valley Art Association, 622-3813, www.harlowgallery.org Wed, Thu, Sat, 12-6 pm, 160 Water St.
- **Gaslight Theater**, 626-3698, www.gaslighttheater.org City Hall, 1 Winthrop St.
- **Museum in the Streets**, history/walking tour, www.historichallowell.org, downtown
- **Farmers' Market**, 622-1350, Sun 11 am-3 pm, north end of Water St.
- **Vaughn Woods**, 166 acre park/trails, Middle St.
- **Kennebec River Rail Trail**, to Augusta, Farmingdale/Gardiner, downtown
- **Waterfront Park**, weekly summer concerts, North Water St.

HINCKLEY

- **L.C. Bates Museum at Good Will-Hinckley School**, early 20th century natural history and cultural exhibits, nature trails, adults \$3, up to 17 years \$1, 238-4250, www.gwh.org Wed-Sat 10 am-4:30 pm, Sun 1-4:30 pm, Rt 201

KINGFIELD

- **Reinhart Gallery Art Center**, 266-4656, 245 Main St, www.ianreinholt.com/gallery.html
- **Ski Museum of Maine**, by appointment, 265-2023, 256 Main St, www.skimuseumofmaine.org
- **Stadler Gallery**, 265-5025, 12-4 pm daily or by appointment. 225 Main St, www.stadlergallery.com
- **Stanley Museum**, 265-2729, www.stanleymuseum.org, memorabilia/displays on Stanley Steamers, Tue-Sun 1-4 pm, 40 School St.

LIVERMORE

- **Washburn-Norlands Living History Center**, 18th-19th century mansion/farmstead/schoolhouse, library, chapel, 897-4366, www.norlands.org, admission, living history tours Tue and Thu 1-4 pm, 290 Norlands Rd.

MADISON

- **Lakewood Theater, Maine's Summer Theater, Young Performers Camp**, 474-7176, www.lakewoodtheater.org, Rt 201
- **Skowhegan School of Painting and Sculpture**, 474-9345, www.skowheganart.org, summer evening artists lecture series, East Madison Rd.

MONMOUTH

- **Monmouth Museum**, local and regional Maine history, Wed-Sun 1-4 pm, 933-2287, www.monmouthmuseuminc.org, 751 Main St.
- **The Theater At Monmouth**, The Shakespeare Theater of Maine, Cumston Hall, 933-9999, www.theateratmonmouth.org, Main St.

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MOUNT VERNON

- **D.E.W Animal Kingdom**, Zoo, 293-2837, www.dewanimalkingdom.com, Tue-Sun 10 am-5 pm, \$10, 918 Pond Rd, Rt 41

NEW PORTLAND

- **Nowetah's American Indian Museum and Craft Shop**, 628-4981, daily 10 am-5 pm, free, 628-4981, 2 Colegrove Rd, Rt 27, www.nowetahs.webs.com/
- **Wire Bridge**, 1864, probably only wire suspension bridge in U.S., off Rt 27

NEW SHARON

- **Farmers' Market**, Sat 9 am-1 pm, Douin's Market, 491-9025, 150 Mercer Rd, Rt 2

NORRIDGEWOCK

- **Norridgewock Historical Society Museum**, 1838 building, Sat 10 am-3 pm, 634-5032, www.norridgewock.com, Mercer Rd, Rt 2
- **Oosoola Park**, picnic area, great playground, boat launch, on Kennebec River, Rt 8

OAKLAND

- **Macartney House Museum**, Oakland Area Historical Society, 465-7549, Wed 1:30-4:30 pm, 1815 home with antique furnishings and Oakland artifacts, 25 Main St.

READFIELD

- **Readfield Historical Society and Museum** in 1823 schoolhouse, 685-4662, www.readfieldhistorical.com/, Thu and Sat 10 am-2 pm or by appointment, Rt 17, Readfield Depot

ROME

- **Mt. Philip Grange**, suppers 3rd Sat of month, 4:30-6 pm, all you can eat beans, cornbread, rolls, chop suey, pies, Rts 135/225
- **Trails: Mount Philip** on Rt 225; **The Mountain** on Rt 27; French's Mountain and Kennebec Highlands, Watson Pond Rd; 495-6039, www.belgradelakes.org, maps available at BRCA, Belgrade Lakes

SIDNEY

- **New England Music Camp**, concerts free and open to the public, famous Bowl-in-the-Pines on Lake Messalonskee, 465-3025, www.nemusiccamp.com, Rt 23
- **Sidney Historical Society**, 547-3142, <http://www.rootsweb>
- **Silver Spur Riding Club**, horse shows, www.silverspur-maine.com/, River Rd/Rt 104

SKOWHEGAN

- **Margaret Chase Smith Library**, residence, home, museum exhibits, 474-7133, www.mcslibrary.org, free, Mon-Fri 10 am-4 pm, 54 Norridgewock Ave.
- **History House Museum**, 1800s local history and culture, 474-6632, www.skowhegan.com/historyhouse, Tue-

Fri 1-5 pm, Elm St.

- **Fairgrounds**, weekly horse shows/competitions at covered arena, Skowhegan State Fair in Aug, 474-3621, Madison Ave.
- **Farmers' Market**, Wed 3-6 pm, Sat 9 am-1 pm, weekly entertainment, 938-3906, Skowhegan Savings Parking Lot, Old Grange Hall, Madison Ave.

SMITHFIELD

- **Fairview Grange** suppers, 362-2791, every Wed in summer, 5 pm, Village Rd, Rt 8
- **Sunbeam Roller Rink**, Wed, Fri, Sat 7-10 pm, 362-4951, 830 Village Rd, Rt 8
- **Sunset Camps**, public beach, 362-2611, www.sunset-camps.com, Village Rd, Rt 8

UNITY

- **Unity College Centre for the Performing Arts**, folk genre music, 568-3147, www.unitymaine.org, 42 Depot St.

WATERVILLE

- **Aqua City Actor's Theatre (ACAT)**, 873-7000, www.acattheatre.org. Waterville Opera House Studio Theater, Main St.
- **Museum in the Streets**, downtown history/walking tour, www.the museum in the streets.com/waterville.htm
- **Two Cent Bridge**, historic foot bridge over Kennebec River, Head of Falls park/events area, Front St.
- **Colby College Museum of Art**, 859-5600, www.colby.edu/museum/ Tues-Sat 10 am-4:30 pm, Sun 12-4:30 pm, free, Colby College Campus, Mayflower Hill
- **Thomas College Art Gallery**, 180 West River Rd.
- **Waterville Historical Society Redington Museum**, 1814 home, pharmacy, 872-9439, www.redingtonmuseum.org. Tue-Sat tours at 10 and 11 am, 1 and 2 pm, 62 Silver St.
- **Waterville Opera House**, 873-7000, www.operahouse.com, 93 Main St.
- **Farmers' Market**, Thu 2-6 pm, 680-2055, www.waterville-farmersmarket.org, The Concourse parking lot.

WAYNE

- **Farmers' Market**, 873-7000, <http://waynefarmersmarket.weekly.com>, Sat 9 am-noon, Town Green, next to Post Office, Main St.

WILTON

- **Wilton Farm & Home Museum**, 645-2091, 645-4578, www.wiltonmaine.org, Sat 1-4 pm or by appointment, Canal St.

WINTHROP

- **Norcross Park**, playground, picnic site, boat launch on Maranacook Lake, downtown.
- **Farmers' Market**, 395-4244, www.camarkets.com, Tue and Sat 9 am-1 pm, parking lot, downtown,

Additions/Updates/Corrections: Please contact Summertime in the Belgrades with any changes to this Directory.



ASSOCIATIONS/GROUPS

THE BELGRADES...

- **East Pond Association**, Smithfield/Oakland, www.eastpond.org
- **North Pond Association**, 152 Madison Avenue, Skowhegan, ME 04976, 474-8988, www.northpond.net
- **McGrath Pond/Salmon Lake Association (MP/SL)**, RR 2 Box 2800, Belgrade, 04917. 465-3983, www.salmonlake.org
- **Great/Long Ponds: Belgrade Lakes Association (BLA)**, PO Box 551, Belgrade Lakes, 04918, 512-5150, www.belgradelakesassociation.com
- **Friends of Messalonskee Lake Watershed**, PO Box 532, Oakland, 04963, www.snowpond.org
- **Belgrade Regional Conservation Alliance (BRCA) and BRCA Conservation Corps**, PO Box 250, Belgrade Lakes, 04918, 495-6039, www.belgradelakes.org
- **Belgrade Lakes Region Business Group (BLBG)**, PO Box 596, Belgrade Lakes, ME 04918. 495-3700, www.belgradelakesmaine.com
- **Maine Lakes Resource Center / Docks to Doorways**, PO Box 431, Belgrade Lakes, 04918, www.dockstodoorways.com

BEYOND...

- **Maine Congress of Lake Associations (COLA)**, PO Box 426, Belgrade, 04917. 1-877-254-2511, www.mainecola.org
- **Friends of the Cobbossee Watershed**, PO Box 5003, Augusta, 04332-5003, 621-4100, www.watershedfriends.com
- **Franklin County Soil & Water Conservation District**, 107 Park Street, Farmington, 04938, 778-4279, www.franklineswcd.org
- **Kennebec County Soil & Water Conservation District**, Central Maine Commerce Center, 21 Enterprise Drive, Augusta, 04330, 622-7847, ext. 3, www.kcswcd.org
- **Kennebec Land Trust (KLT)**, PO Box 261, 134 Main St., Winthrop, ME 04364, 377-2848, www.tkl.org
- **Kennebec Messalonskee Trails**, PO Box 2388, Waterville, 873-6443, www.KMTrails.org
- **Kennebec River Rail Trail**, PO Box 2195, Augusta, 623-8162, www.krrt.org
- **30 Mile River Watershed Association (30 MRWA)**, Kimball Pond in Vienna to the Androscoggin River, 293-2181, www.30mileriver.org
- **Parker Pond Association**, Mount Vernon/Vienna. www.parkerpond.org
- Central Maine chapter of the **New England Mountain Bike Association (CeMeNEMBA)**, 1154 West Road, Belgrade, ME 04917. 441-6227, www.cemenemba.org



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Calendar

...**Thursday 6/23 through Saturday 6/25** - "Heaven Help Me," 474-7176, Lakewood Theater, Route 201, Madison.

...**Friday 6/24 through Sunday 6/26** - 16th Annual Maine Antique Tractor Club Festival, games, pulls, auction, crafters, vendors and more, parade Saturday at noon, for camping information call 778-2157, www.maineantique-tractorclub.com, Fairgrounds, Farmington.

...**Thursday 6/23 through Sunday 6/26** - Skowhegan River Fest 2011, water events, rafting, biking, canoeing, fun family activities, food, live music and more, 474-6901, www.skowsavings.com/riverfest, downtown and riverfront Skowhegan.

...**Thursday 6/23 and Friday 6/24** - Important Lamp & Glass Auction, preview 8-10 am mornings of sale, auction 10 am, 451-7125, James D. Julia Inc., Route 201, Fairfield.

...**Friday 6/24** - Guided Tour of the Arboretum, 9-11 am, 621-0031, meet at Viles Visitor Center, Route 201, Augusta.

...**Friday 6/24** - The Amazing Life at the Pond, hands-on, interactive day program for children, 9 am-noon, explore the lives of wetland animals with nets, buckets and magnifying glasses, each child will create a small nature journal of the animals discovered in the pond from insects to crustaceans to amphibians, please wear boots or footwear that can get wet, \$7, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

...**Friday 6/24** - Roundtable of Maine authors, readings, question and answer session, book signings, with poet Carol Bachnofner, novelist Kevin C. Mills and local historians Fran Houston and Eleanor Richardson, moderated by Betsy Connor Bowen, 4-6 pm, free and open to the public, 685-3612, Cary Memorial Library, Wayne.

...**Friday 6/24** - Pondtown Poets, poetry reading from their recently-published chapbook, "Pondtown Poetry II," and other poems by Judy Feinstein of Hallowell, Aline Gifford of

Augusta, Sally R. Joy of Augusta, Susan J. Parks of Winthrop and Gaylord D. Weston of Belgrade, free and open to the public, refreshments will be served, 7 pm, The Harlow Gallery, 160 Water Street, Hallowell.

...**Saturday 6/25** - Seaplane Rides, with Airlink LLC, 10 am-3 pm, fee charged, 859-0109, Waterfront Park, Augusta.

...**Saturday 6/25** - 3rd Annual Rail Trail Half Marathon running race/5K Race/Half Marathon 2-Person Relay, following the Kennebec River on the Kennebec River Rail Trail, flat and fast course, 7:30 am, number of registrants limited, register online at www.krrt.org, 622-9009, race start at Old Fort Western Parking Lot, 16 Cony Street, Augusta.

...**Saturday 6/25** - Garage and Bake Sale, Smithfield Historical Society, proceeds will help with needed repairs to The Groves House, 634-4392, 7 am-noon, 25 Lake View Drive, Smithfield.

...**Saturday 6/25** - Smithfield Fire & Rescue annual Chicken BBQ, full meal: half chicken, cole slaw, salad, roll, dessert and soft drink or water, \$8, 11 am until gone, Fire Station, Village Road/Route 8, Smithfield.

...**Saturday 6/25** - Lawn & Bake Sale, 8 am-1 pm, 622-0552, South Parish Congregational Church, Augusta.

...**Saturday 6/25** - Maine Lakes Conference "A Sense of Place," 8:15 am-4 pm, \$35 includes food, materials, exhibits, prizes, register at Congress of Lake Associations www.maineconla.org, Diamond Building, Colby College, Waterville.

...**Saturday 6/25** - 2nd Annual Whatever Arts Festival, 9 am-4 pm, 622-2424, St. Mark's Episcopal Church, Augusta.

...**Saturday 6/25** - Kennebec Valley Garden Club, Garden Tour, 9am-3 pm, rain or shine. \$15 in advance, \$20 day of tour, 622-4256, greater Augusta.

...**Saturday 6/25** - Seaplane Rides, Airlink, 10 am-3 pm, fee charged, 859-0109, Waterfront Park, Augusta.

...**Saturday 6/25** - 2nd Annual Milfoil Awareness Day, sponsored by Friends of Mesalonskee to help everyone identify, understand and manage this menacing invasive water plant, take a boat ride with a plant specialist, see what milfoil looks like, learn about the control efforts, 10 am-3 pm, 465-3799, 660-5069, Oakland Boat Landing, Old Belgrade Road, Oakland.

...**Saturday 6/25** - "Hooked on Fishing - Not on Drugs," using the art and outlet of fishing to teach youth good values and decision-making, sponsored by the Department of Inland Fisheries and Wildlife, loaner fishing equipment and bait will be on site, parents are requested to accompany their children, 10 am-3 pm, Friends of Messalonskee, 465-3799, 660-5069, Oakland Boat Landing, Old Belgrade Road, Oakland.

...**Saturday 6/25** - Printing on an Acorn Letter Press, children's program, \$1, 10 am, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

...**Webber Pond Loon Paddle**, participate in a short educational program about loons, then canoe or kayak on Webber Pond to Kennebec Land Trust properties on both sides of the lake, group will stop for a picnic, pack a lunch, bring your own kayak/canoe, co-sponsored by the Webber Pond Association, 10 am, 377-2848, Webber Pond boat landing.

...**Saturday 6/25** - Parker Pond Headlands Hike, join the Kennebec Land Trust Outing Club for a hike followed by a optional lunch, 10:30 am, 377-2848 to register, Parker Pond Headlands, Mount Vernon.

...**Saturday 6/25** - Kids Day In Capitol Park, more than 80 free events and activities, entertainment on three stages, fun, fun, fun, 11 am-3 pm, rain location Augusta Civic Center, 623-4559, Capitol Park, State Street, Augusta.

...**Saturday 6/25** - B98.5 Texaco Country Showdown, noon-5 pm, join B98.5 personalities and special guest National Recording Artist Eric Lee Bettingfield as 25 contestants vie for top spot to compete in the Regional Finals, 623-4735, Capital Stage (rain location - Buker Center), Augusta.

...**Saturday 6/25** - Drawing Exhibition, 12-6 pm, 622-3813, Harlow Gallery, Water Street, Hallowell.

...**Saturday 6/25** - Pollination Day, celebrate pollinators in our world as we collaborate with Barrels Market in Waterville to bring you a hands-on program on pollination and samples of local honey! Yum!, 1-3 pm, 238-2450, L.C. Bates Museum, Route 201, Hinckley.

...**Saturday 6/25** - Public Supper, 5:30 pm, \$6 adults, under 12 \$3, Baptist Church, Smithfield.

...**Saturday 6/25** - "The Compleat Wrks of William Shakespeare, abridged," a fast-paced rollercoaster of a show, three actors run through all of the Bard's works with plenty of improv and audience participation, 7:30 pm, 933-9999, Cumston Hall, Main Street, The Theater at Monmouth.

...**Saturday 6/25** - Mastersingers USA, 100-man choral directed by Bruce McInnes, UMF music professor, 7:30 pm, \$15 adults, \$5 children 15 and under, <http://ArtsInstitute.org>, Nordica Auditorium, University of Maine, Farmington.

...**Sunday 6/26** - Hallowellness, Celebration of Body, Mind & Spirit, nutrition, training, massage and more, 11 am-4 pm, Hallowell Waterfront, Water Street, Hallowell.

...**Sunday 6/26** - "Green Scene" - Appreciating Our Environment, info and exhibits, 11 am-4 pm, 620-7477, Boardwalk, Hallowell.

...**Sunday 6/26** - Riverfront Outdoor Art Fair, showcase of 30 area artists and fine crafters, sponsored by the Kennebec Valley Art Association, 11am-4 pm, 622-3813, Riverfront, Hallowell.

Sunday 6/26 - Riverfront Serenade, great music down by the riverside, 2-4 pm, 620-7477, Waterfront, Hallowell.

...**Sunday 6/26** - "Drawings From the Collections" Artists Reception, 2-4 pm, free admission, meet the artists, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

...**Sunday 6/26** - Cafe Vienna (in English) performed by PORTopera's Young Artists, 2 pm,

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PORTopera's—Young Artists to perform at UMA Jewett Auditorium.



The "Concerts at Jewett" series sponsored by University of Maine at Augusta College of Arts and Sciences and UMA Senior College will feature PORTopera's Young Artists on Sunday June 26, 2011, 2:00 PM at UMA Jewett Auditorium. They will perform *Café Vienna*, a one-act opera performed in English, by contemporary American composer Richard Pearson Thomas. There will be a pre-concert talk at 1:00 PM by Music Director Steven Morris. Light refreshments will be served after the pre-concert talk.

Café Vienna is a wonderful melodic work set in a Vienna coffee house circa 1907. The plot deals with the intersecting lives of four of the shop's patrons. This charming opera is whimsical, amusing, and tuneful in only the way a piece set in romantic Vienna can be.

PORTopera Young Artists are selected through national auditions and are rising young singers on the cusps of major operatic careers. *Café Vienna* will be performed in five locations around Maine.

Tickets are \$10, students \$5, 12 & under free. Tickets are available at Pat's Pizza in Augusta, Apple Valley Books in Winthrop, Mike Davis Entertainment in Waterville, and at the door. Call 621-3551, or email umasc@maine.edu for more information or for mail order tickets. www.concertsatjewett.com.

pre-concert talk by Steven Morris at 1 pm, tickets \$10, student \$5, 12 and under free, 621-3551, www.concertsatjewett.com, Jewett Auditorium, University of Maine, Augusta.

...**Sunday 6/26** - Opening reception for "Variations IV," a unique art exhibition highlighting seven artists, seven objects and multiple perspectives presented by Artdogs studios, 2-4 pm, exhibit will run through July 23, 582-2108, Circling the Square Fine Art Press Gallery, 274 Water Street, Gardiner.

...**Sunday 6/26** - Grand Opening, Tavern at The Village Inn, featuring the Nitpickers, 6 pm, 495-3553, Route 27 /Main Street, Belgrade Lakes.

...**Monday 6/27** - "Exploring Birds of Prey," children's program "No Child Left Inside," children will go on a bird walk, dissect an owl pellet, explore the collections, and make bird art to bring home, 9 am-noon, \$7, preregistration required 238-4250, L.C. Bates Museum, Route 201, Hinckley.

...**Monday 6/27** - Old Crow Band, 7:30 pm, Meeting House Park, Downtown Farmington.

...**Tuesday 6/28** - Invasive Plant Patrol Workshop, with Belgrade Regional Conservation Alliance on Lake Messalonskee, rain date June 30, 495-6039 for details and to sign up, Oakland Boat Landing, Old Belgrade Road, Oakland.

...**Tuesday 6/28** - "Buggin' Out," children's program "No Child Left Inside," includes a museum insect tour, a walk along the trails and a fun bug craft, look through insect glasses, walk like a bug, and examine species under a magnifying glass, 9 am-noon, preregistration required 238-4250, \$7, L.C. Bates Museum, Route 201, Hinckley.

...**Tuesday 6/28** - Seminole Wind Music Concert, free, 11:30 am to 1 pm, Meetinghouse Park Gazebo, downtown Farmington.

...**Tuesday 6/28** - Rock On The River, 7-8:30 pm, 620-7477, Riverfront Boardwalk, Hallowell.

...**Wednesday 6/29** - "Reptiles Rule!" children's program, "No Child Left Inside," children will discover types of reptiles from Maine and beyond by listening to crocodile sounds, touching snake skin, and looking at lizards from warmer climes, 9 am-noon, pre-registration required 238-4250, \$7, L.C. Bates Museum, Route 201, Hinckley.

...**Wednesday 6/29** - Hike Mount Phillip in Rome, 5 pm, call 495-6039 to sign up and get on the list to receive trip details, sponsored by Belgrade Regional Conservation Alliance, Main Street, Belgrade Lakes.

...**Wednesday 6/29** - Local Author Series book signing with Dan Harrington, "Who's at the Door: a memoir of me and the missionaries," Augusta author and Cony graduate, 6:30-8 pm, 582-3312, Hazzard Reading Room, Gardiner Public Library, 152 Water Street, Gardiner.

...**Wednesday 6/29** - Borderline Express, Waterfront Wednesday Free Concert, concessions, activities for children, 7 pm, Waterfront Park, Downtown Augusta.

...**Thursday 6/30** - Poetry and Music Series, Lithgow Public Library, Rocker Poet Dave Morrison and acoustic musicians Anna and Dave Patterson, 6:30 pm, free and open to the public, 626-2415, Winthrop Street, Augusta.

Belgrade Historical Society

Annual Meeting, Wednesday, June 22

"The Mystery of Miss Pattee" at the house she built
researched and presented by Belgrade alumna Linda Snow McLoon

dessert at 6:30 pm

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River Fest is Family-Friendly and Full of Fun Events

The 5th Annual River Fest and Upper Kennebec Valley Outdoor Expo will take place June 23-26 in downtown Skowhegan. Started in 2007 to promote the Run of River Project whose mission is to preserve and enhance the Kennebec River environment to benefit the physical and economic well-being of the greater Skowhegan area, River Fest provides a schedule of activities that attracts participants of all ages and highlights downtown Skowhegan and the Kennebec River as rewarding destinations for scenery, shopping, and recreation.

River Fest 2011

Tentative Schedule of Events

Thursday, June 23

- 6:00 pm SouthSide Tavern Sundowner Canoe Race on the Kennebec River. Registration starts at 4:30 pm at the Swinging Bridge on the island. For more information call 474-6073

- Post race entertainment with Mike Roderigue at the SouthSide Tavern

Friday, June 24

- Outdoor Expo Open 1:00 – 7:00 pm, Municipal Parking Lot

- 3:00 - 10:30 pm Watering Hole, Municipal Parking Lot. Come & enjoy the vendor tent, beverages, food & fun! ID required, must be 21 & over.

Vendors: The Heritage House Restaurant, T & B's, and Kniffin's

- Live music! Music sponsored by Somerset Woods Trustees

- 5:30 Rob Burnell

- 8:00 Emerald Sky (tickets sold at the gate)

Saturday, June 25

- Outdoor Expo Open 9:00 am – 7:00 pm, Municipal Parking Lot

- 9:00 am - 2:00 pm Rolling on the River Raft Rides, Mill Street Canoe Portage Moxie Outdoor Adventures will be offering free river raft rides down the river for ages 5 to Senior Citizens. All safety gear will be provided. Youths must be accompanied by an adult. All participants must register for raft trips inside the River Fest Event Tent to receive more information and a departure time.

- Trusty & Penny go for quad bike ride around Skowhegan

- 9:00 am - 1:00 pm Fun Family Events Activities Include: Rock Climbing Wall, Face Painting, River Rock Painting, Entertainment, Watermelon Eating Contest, Farmer's Market, Poster Contest Display & Results, Raffles, Food, Fun and Much More! FREE! Rolling on the River Raft Rides; registration in the River Fest tent, sponsored by Moxie Outdoor Adventures

- Skowhegan Farmer's Market; live entertainment, local foods

- Hight Trout Pond: Casting & Youth Fishing Tournament

- 9 am-3 pm KVCAP Bus Transportation provided

- Skowhegan Parks & Recreation Bike Giveaway:



Several new bicycles will be raffled off to children ages 6-10! Easy to enter & win. Children ages 6-10 who participate in one of the family fun activities with a physical emphasis, (e.g., rock climbing wall, bike course, etc.) Saturday, June 25 in the Municipal Parking lot will receive a raffle ticket to enter the drawing. The drawing will take place at 12:30 on Saturday, next to the bike trailer in the Municipal Parking lot. Bikes are generously sponsored by the New Balance Foundation.

- 9:00 am - Noon Q106.50 Live Remote Broadcast from the River Fest tent

- 3:00 - 10:00 pm Watering Hole, Municipal Parking Lot. Come & enjoy the vendor tent, beverages, food & fun! ID required, must be 21 & over.

Participating vendor: The Old Mill Pub

- 8:30 pm "Glow Stick" River Run, Rt. 2 Boat Landing. Be creative! Light up your canoe/kayak to ride on the river. Life vests & flashlight required. \$5.00 registration fee includes glow stick. Additional glow sticks available for purchase. Register at the Skowhegan Recreation Department up until June 24 at 4:00 pm.

- Live music at the River Fest Event Tent!

- 1:00 pm Kids Karaoke contest

- 3:00 pm Ranura

- 8:00 pm Pat Colwell and the Soul Sensations (tickets sold at the gate)

Sunday, June 26

- Road race 8:00 am 5K Road Race @ at Coburn Park. Enjoy scenic views of Skowhegan as the race route goes through Coburn Park and across Skowhegan's walking bridge! \$10.00 registration fee. Race registration can be taken care of anytime during the weekend at the River Fest table under

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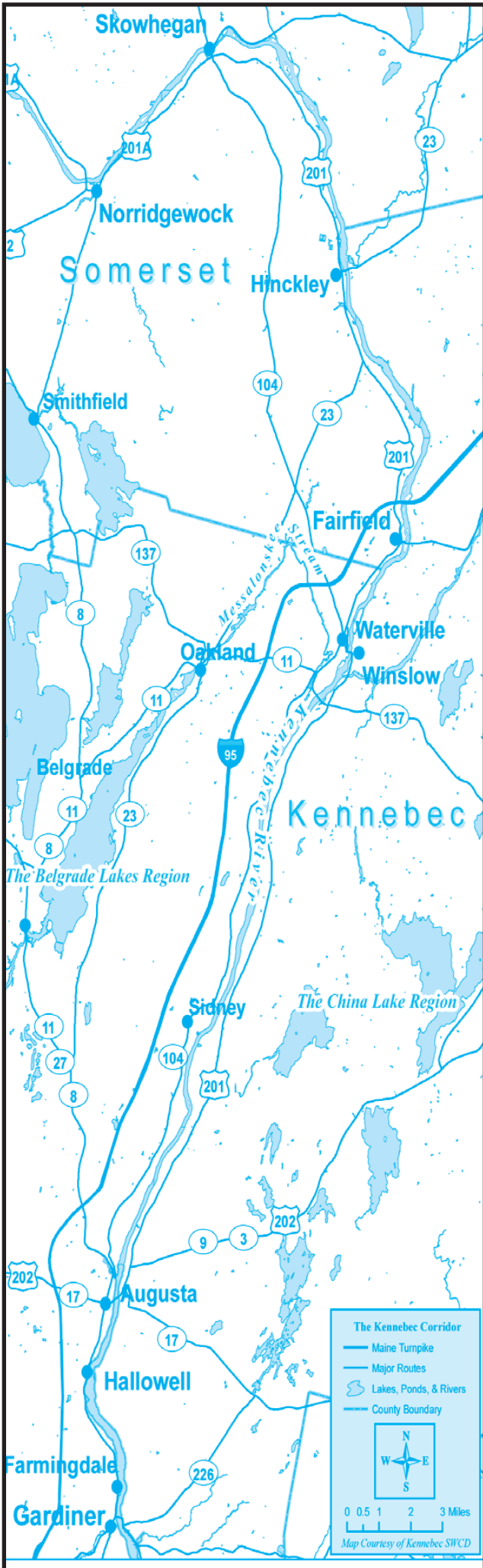
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the tent. You can also pre-register by calling the Skowhegan Parks & Recreation Department at 474-6901. Road Race sponsored by the Skowhegan Rotary Club.

- Outdoor Expo open: 9:00 am – 1:00 pm, Municipal Parking Lot
- 9:00 am - Noon Jazz Brunch
- 9:00 am - 1:00 pm Fun Family Events Activities Include Rock Climbing Wall, Face Painting, River Rock Painting, Entertainment, Watermelon Eating Contest, Farmer's Market, Poster Contest Display & Results, Raffles, Food, Fun and Much More! FREE! Rolling on the River Raft Rides; registration in the River Fest tent, sponsored by Moxie Outdoor Adventures

This is the second year that Skowhegan Savings is underwriting the event. More details are available at www.skowsavings.com/riverfest.

Hallowell Riverfront Celebration

On Sunday, June 26, Hallowellness, the "Green Scene," the Riverfront Outdoor Art Fair and the Riverfront Serenade will be held in historic Hallowell.

Hallowellness, a celebration of body, mind and spirit health, will include exhibits on nutrition, personal training, fitness and exercise, cancer awareness, hand and foot reflexology, massage and reiki, stress reduction, spinal/postural screenings and much more. Professionals in wellness-related fields will be set up at the Hallowell Waterfront, from 11 am-4 pm.

At the same time on the waterfront, the Riverfront Outdoor Art Fair, sponsored by the Kennebec Valley Art Association, will showcase over 30 area artists and fine crafters. From 2-4 pm there will be a Riverfront Serenade featuring great music down by the riverside.

Throughout the day, downtown Hallowell will offer eating options, window shopping, antiques, and an extensive variety of shops, stores, and boutiques for visitors to enjoy. For more information go to www.hallowell.org or www.AugustaMaine.org.

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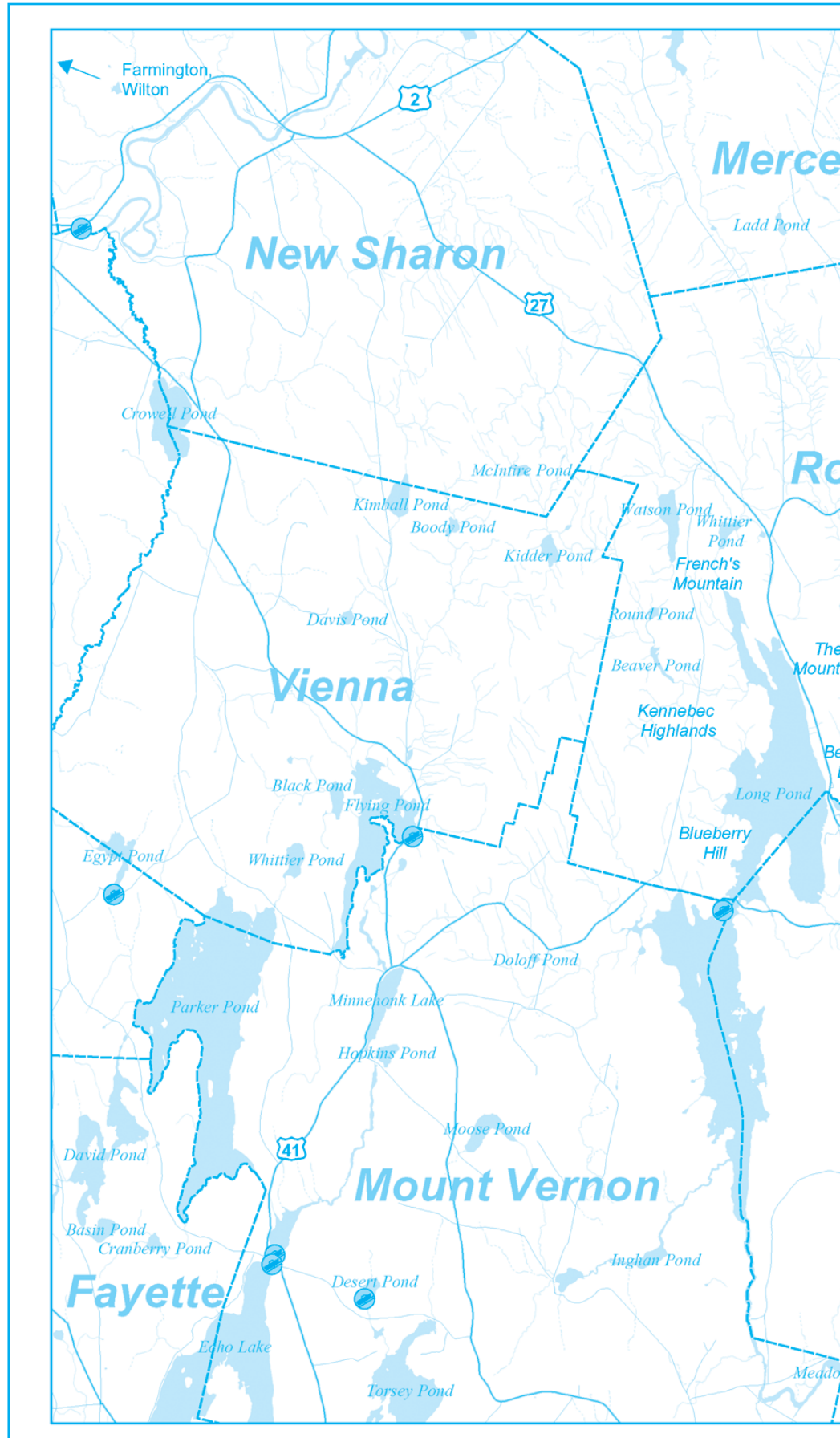
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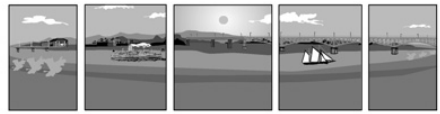
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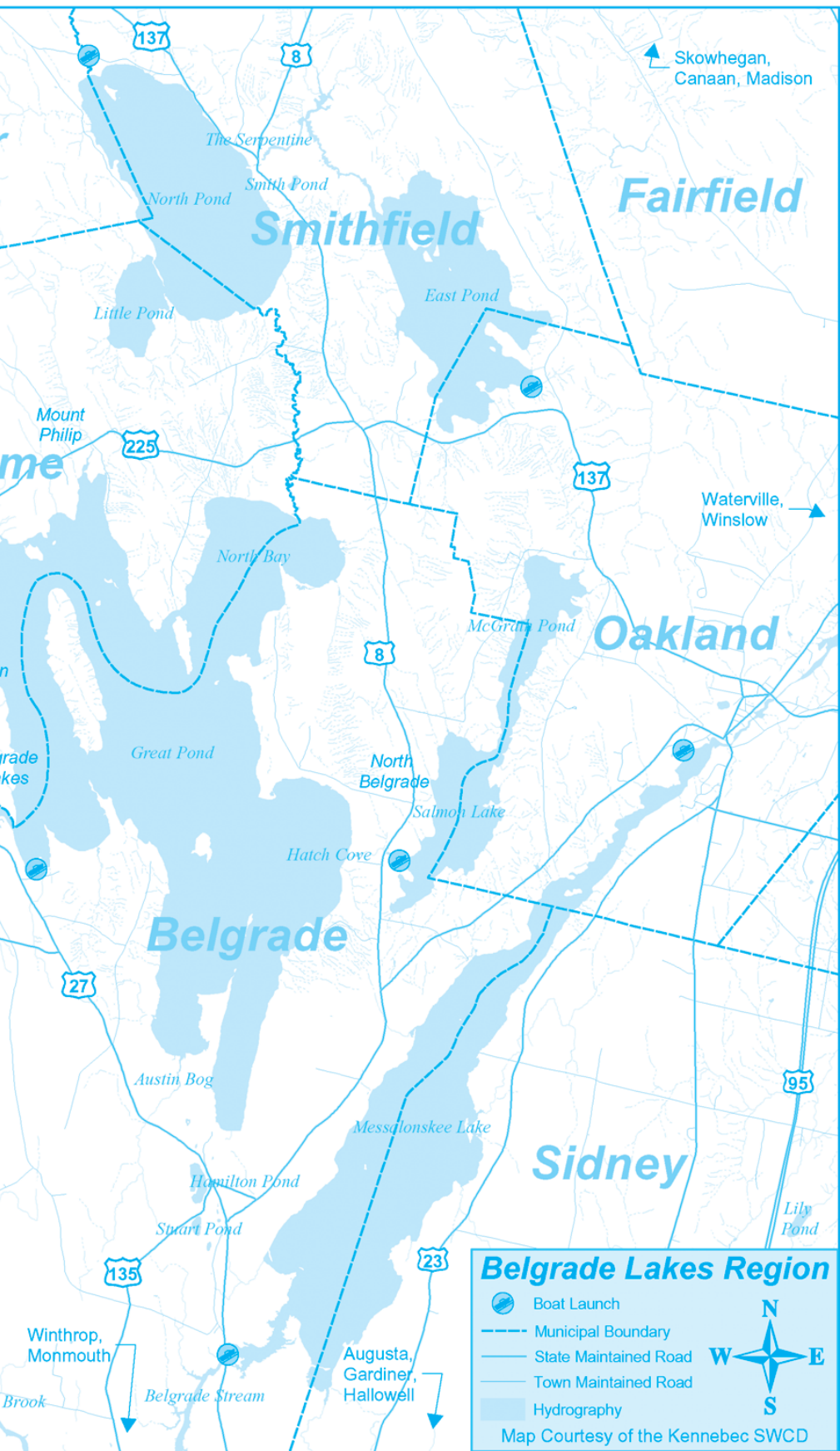


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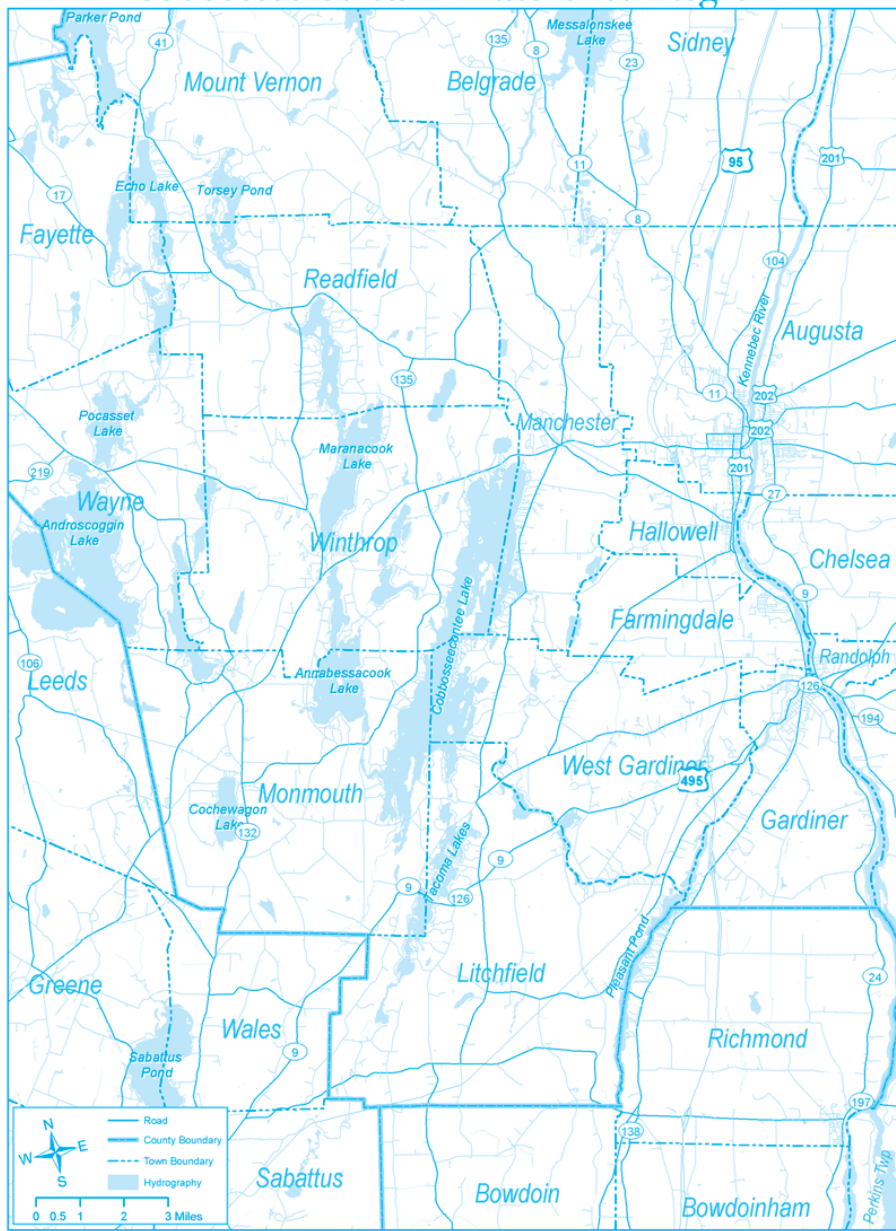
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Cobbossee Watershed



Maine Authors at Cary Memorial Library

Maine as a setting, Maine as an inspiration, Maine as it applies to writing will be the topic of a roundtable discussion to be held on Friday, June 24, 4-6 pm, at the Cary Memorial Library in Wayne. Free and open to the public, the event will feature author readings, a question and answer session and book signings with four Maine authors.

Carol Willette Bachofner has written two volumes of poetry: "Breakfast at the Brass Compass: Poems of Mid-coast Maine" and "I Write in the Greenhouse." A native of York, she lived in California for many years before returning. Reviewers credit her writing with deeply reflecting Maine's landscape and natural imagery.



Carol Bachofner



Fran Houston

Fran Houston lives on Peak's Island, her inspiration for the photographs and oral history book "For the Love of Peaks." Born in New Jersey, she traveled extensively and worked in electrical engineering before moving to Maine while dealing with a chronic illness. "For the Love of Peaks is my way of giving back to a community that has

healed me," she writes.

Kevin C. Mills, an award-winning journalist at the Lewiston Sun Journal, has written a novel, "Sons and Daughters of the Ocean," based loosely on his family maritime history, and the nonfiction "Sidelined" about his misadventures during a sports journalism career. Mills was named Best Author in the Portland Phoenix 2011 Readers Poll.

Eleanor Motley Richardson has summered in North Haven since she was two. In 1992 she traveled around in a rowboat gathering stories from 90 families for "North Haven Summers." It was reprinted in 2009 by popular demand. In 2002, she and her husband retired to a cottage his great-grandfather had built in Rockland. The exploration of her new surroundings resulted in "Mechanic Street: Uncovering the History of a Maine Neighborhood."



Elenor Richardson

Moderator Betsy Connor Bowen began writing her debut novel "Spring Bear," set in the imaginary woods town of Soper's Mills, just after she discovered her soul's home beside a lake in central Maine. It won a 2009 Maine Literary Award. Currently she is finishing a biographical memoir about her father, a photojournalist, biographer and crusading liberal.

Cary Memorial Library is located on 17 Old Winthrop Road, just off Route 133 in downtown Wayne. Extra parking is available across the street at the Wayne Community Church. For more information call 685-3612.



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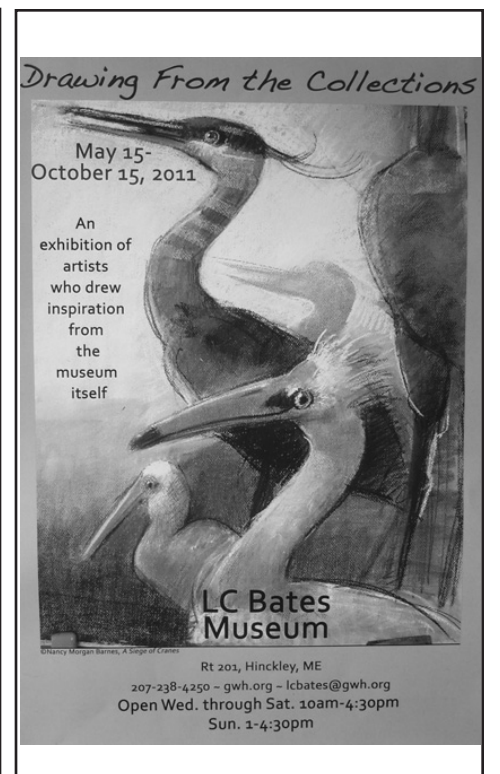
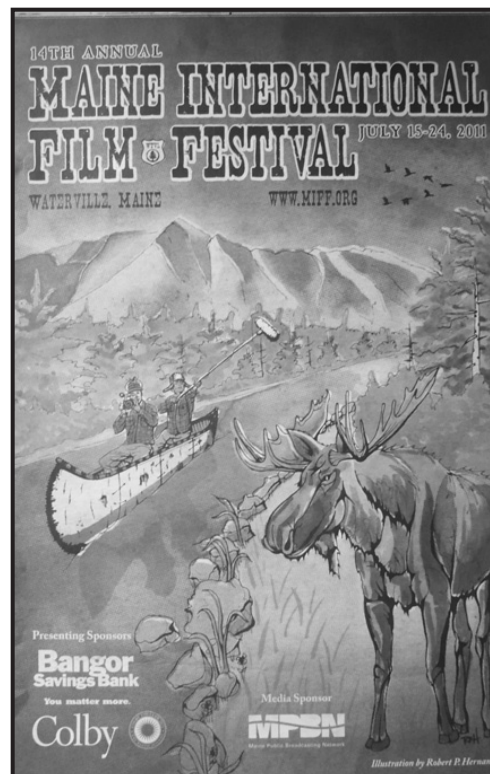
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Cobbossee Corner

The Friends Mil-Foiler Program



From post cards in 2003 to a watershed-wide initiative today, the Mil-Foiler Program is designed to prevent the spread or introduction of Invasive Aquatic Plants like milfoil and hydrilla into the Cobbossee Watershed.

Although Maine has largely been spared the devastating effects seen in other states, some of the "Eleven Most Unwanted" Invasive Aquatic Plants (IAPs) are now in 33 Maine water bodies, including variable-leaf milfoil in the Cobbossee Watershed's own Pleasant Pond, Purgatory and Cobbossee Streams.

Two of the most aggressive IAPs are in Maine waters. Eurasian Water Milfoil was discovered in a Scarborough gravel quarry in the fall of 2006 and Hydrilla was discovered in Pickerel Pond in Limerick in the fall of 2002. (Eurasian Milfoil has also been discovered and treated in Salmon Lake in the Belgrade chain in 2009.)

In 2003, Friends of the Cobbossee Watershed mailed 5 post cards over an 8-week period to 15,000 Cobbossee Watershed residents. The post cards, produced and subsidized by J.S.

McCarthy printing, accomplished the Friends' objective. Awareness was raised dramatically by the shocking photographs of IAPs in other states where they have taken over.

Today, the Mil-Foiler Program consists of a coordinated, 3-tiered approach for the entire 217-square mile Cobbossee Watershed and is designed to keep existing infestations from entering non-infested waters while limiting further impact where they already exist.

For more information visit www.watershed-friends.com or call 621-4100.



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- Black Fly Follies, The Theater At Monmouth's 11th annual music and comedy variety one-night show is set to perform at Cumston Hall on Saturday, July 2 at 7:30 pm. \$22 adults, \$18 seniors and students; seats sell quickly. www.theaterat-monmouth.org, 933-9999
- On July 4th in Belgrade Lakes there will be a full schedule of activities from 9 am to 9:15 pm, including a book sale, boat parade, ground parade, lots of food, children's activities, and fireworks. 242-9958
- On Thursday, July 7 at 7:30 pm The Kane Sisters, musicians, educators, and world-renowned fiddlers, will perform at the Unity Center for the Performing Arts. 948-7469
- "The Royal River Chorus," barbershop harmony, one of the largest female singing organizations in the world, will perform at the Araxine Wilkins Sawyer Memorial in Greene on Friday, July 8 at 2 and 7 pm. Free admission, air-conditioned. 946-5311
- A Summer Yard Sale, rain or shine, will be held at St. Mark's Episcopal Church, corner of Eustis and North Streets, Waterville on Saturday, July 9,

8 am-1 pm. A cookout lunch will be available. 872-7869

- On Friday, July 15 "Beasts and Books" at 10 am, appropriate for age 3 to 6 with a parent. Animals stories are told in the L.C. Bates Museum in Hinckley with a craft to make and take. 238-4250
- The Old Hallowell Day Book Sale will be Saturday, July 16, 9 am-noon at the Hubbard Free Library, 115 Second Street, Hallowell. 622-6582
- On Wednesday, July 27, Sidney Emmons will speak to the Norridgewock Historical Society, Route 2/Mercer Road about his book "Growing Up Between the Bridges." 634-3871
- The Camps, Year 2 - members' turn to tell a story or memory at the Belgrade Historical Society July 27 meeting, North Belgrade Community Center, at 7 pm. 465-7924
- On Saturday, July 30, join Robyn LeGrand for a letterboxing event at The Mountain in Rome,

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sponsored by the Belgrade Regional Conservation Alliance. To sign up and get on the list to receive trip details call 495-6039

• Riverside Farm Market in Oakland is hosting an outdoor under tents Gypsy Jazz Festival on Sunday, August 14, noon to dusk, with three bands - and food. 465-4439

• New at the L.C. Bates Museum in Hinckley, Star Party, night at the museum from 8:30-10 pm. Come join us for a beginner's exploration of the night sky and try out the museum telescope. Friday, August 26, 238-4250



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Health Care Providers: Diane Campbell, MD • Marvin Lee, MD • Vickie Chapman, APRN Practice Manager: Deborah Rocque

Summer 2011

Welcome to the beautiful Belgrade Lakes Region. We at the Belgrade Regional Health Center hope you enjoy your stay and enjoy good health during your visit. We look forward to the return of our summer residents, as well as visitors to the area.

In case you do have a health concern while visiting, we are available to treat acute problems as well as chronic health conditions. Please call us for an appointment at 495-3323. We will see you as soon as possible at the health center. Our appointment hours are Monday through Friday, 8:00 AM to 12:30 PM and 1:30 PM to 4:30 PM, and Tuesday evening 5:00 PM to 7:00 PM.

If you have a major medical emergency such as chest pain, a severe breathing problem, cardiac condition, or major trauma, please call 911 or go to the nearest emergency room.

If you have a minor health condition such as poison ivy, a fish hook, laceration, etc, please try to call before arriving at the health center. We accept patients on a walk-in basis, but you will be asked to wait until our regularly scheduled patients are seen. If you call ahead, we can give you a scheduled appointment and likely reduce your wait.

We are located at 4 Clement Way, just off Route 27, 3 miles north of the intersection of Routes 27 and 135. We look forward to seeing you for any of your healthcare concerns.

Sincerely,

Amy Madden, M.D.

Vickie Chapman, A.P.R.N.

Matt Colaluca, PA-C

Megan O'Brien, F.N.P.

Jessica Hopkins, L.C. S.W.

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www.HealthReachCHC.org



- Conservation Too -

Last season I reported on one of the Kennebec District's projects to survey and map barriers to aquatic life in the Merrymeeting Bay area. At the time of my article, we were about half done with the survey. That project was done with our project partners - Kennebec Estuary Land Trust [KELT], the Andy Valley Soil & Water District [AVSWCD] and the Sheepscot River Watershed Council [SRWC]. We worked to survey all road crossings and document how the water gets from one side of the road to the other. I try and look at these water conveyances as would a brook trout or other form of aquatic life. It isn't a good view! They look like barriers to me.

That project and the final report were completed this winter. Over 400 barriers were mapped with a relatively thorough review of each site and an analysis to determine the extent of the barrier. If you want to take a look at the public report, check out our website at www.kcswcd.org

We learned a number of things. Some of those lessons are things we will try to avoid in the future. Others seem very useful as we do our conservation work going forward. One of the better lessons is to collect basic data about road crossings i.e. culverts or bridges whenever we may be involved in a watershed survey for other project. Culverts and

More about Barriers to Aquatic Life Forms

by Dale Finseth

bridges are sites that usually don't change a great deal over time. Frequently when change does occur, it is expected to last for decades and almost always costs a great deal of money. Therefore, it is important to make the most of the opportunity to do it right.

As we have learned in other recent work regarding culverts and stream crossings, that means to prepare for future changes in the area. The land use around such sites can change dramatically. Anticipate development that may happen upstream or a change from open fields to residential use. Do the stream crossing work in manner to address those likely changes.

When working on a road crossing site there are some basic goals. Remember that the ideal is to have the water travel slowly enough and through a wide enough channel to maintain an environment conducive to fish and other aquatic critter passage.



Plan for all those animals that may move up and down stream. While we usually focus on fish, there are all kinds of other critters important to stream and pond health. The focus is water quality.

Sometimes the road crossing is a bridge. Often that is better than a culvert because the water flow is more gradual and the stream bed beneath the bridge is closer to a "natural" channel. But usually it is a culvert. Frequently they are so small and/or steep that wildlife is unable to travel up them. Or they may be so damaged that most critters, and certainly fish, can't travel through them. Or the classic - a culvert where the water runs

out the lower end, drops a couple feet and scours out a large hole beneath the outlet.

Remember... the objective is improved water quality and native plants and animals are a big part of that.



Articles contributed by the Kennebec County Soil & Water Conservation District in Augusta who can be contacted at the District office on 21 Enterprise Street at 207-622-7847 x 3 or check our website at www.kcswcd.org

...Watershed Wisdom continued from page 5

going out, your account will grow and you can afford to spend more.

The most complicated situation for our lakes occurs in the summertime when the surface waters warm and the lake stratifies into a warm surface layer called the "epilimnion" and a colder, deeper layer called the "hypolimnion." I'll talk a little bit more about why this happens in future columns but anyone who swims in the lakes in the summer and dives down until the water suddenly changes temperature has experienced it firsthand. Under these thermally stratified conditions, there is little mixing between the layers and the oxygen that is entering the lake from the atmosphere never makes it to the bottom of the lake. At the same time, organic matter continues to fall to the bottom and uses up oxygen as it

decomposes. As a result, the bottom waters go anoxic (no oxygen). Under these conditions, the iron in the sediments is reduced from the ferric (+3) form, which is nearly insoluble to the ferrous (+2) form, which is highly soluble. When the iron dissolves, the phosphorous that had been bound up in the non bioavailable particulate state is suddenly released into the water column as bioavailable SRP. If a mixing event occurs such as a sudden cooling of the surface water or a strong wind that can cause upwelling, this bioavailable phosphorous is suddenly stirred into the upper epilimnion where it can trigger an algae bloom because the limiting nutrient is no longer limited. This is when East Pond suddenly turns green or the swimmers in Great Pond start complaining about Gloeotrichia. This phosphorous loading

from the sediments is called "internal loading" and is difficult to control. In future columns we will discuss ways of taking advantage of Mother Nature's natural systems to reduce phosphorous loading. In the mean time, do everything you can to reduce erosion and prevent sediment from entering the lakes. In simple terms, erosion control equals phosphorous control.

If you have shorefront property and want to reduce the amount of phosphorus washing into the lake from your property, please contact the BRCA Youth Conservation Corps Director, Clark Freeman, at 495-6039. He will arrange a site visit and provide you with some recommendations and possible free labor from the Conservation Corps.



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A Laker's Dozen- No. 2:
Respect the Shoreland Zone Regulations.
Before making any change on your property, check with your town office or Code Enforcement Officer to see what's permitted and what's not permitted in the shoreland zone - the area within 250 feet of lakes and 75 feet of streams.

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Alden Camps, American Plan cottages, boat rentals, 3 Alden Camps Cove, Oakland, 465-7703, www.aldencamps.com

Among the Lakes Bed & Breakfast, Rt 8, North Belgrade, 465-4900, www.amongthelakes.com

Bear Spring Camps, 60 Jamaica Point Rd., Rome, 397-2341, www.bearspringcamps.com

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Castle Island Camps, American Plan, Castle Island Rd, Belgrade Lakes, 495-3312, www.castleislandcamps.com

Kozy Cove Cottages, Rt 8, Salmon Lake, Belgrade, 465-0959, www.kozy-covecottages.com

The Village Inn, 1 & 2 bedroom suites, Rt 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com

Whisperwood Cottages, American Plan, boat rentals, 103 Taylor Woods Rd, Belgrade, 465-3983, www.whisperwood-lodge.com

Wings Hill Inn, Rt 27, Belgrade Lakes, 495-2400, 866-495-2400, www.wingshillinn.com

RESERVATIONS SERVICES

Belgrade Vacation Rentals, 81 Main St, Belgrade Lakes, 495-4011, www.belgradevacationrentals.com

Clee & Dee LLC, 40 Belgrade Road, Oakland, 465-4430

...Notebook Continued from page 7

maranacook.maineadulted.org. 685-4923

Skowhegan

• Skowhegan Savings has donated \$1,500 to the Somerset Woods Trustees to help fund the maintenance of the Kennebec Banks Picnic Area & Historic Site located on Route 2 east of Skowhegan. The Somerset Woods Trustees, founded in 1927 by Skowhegan native Louise Helen Coburn, protects land in Somerset County that offers public benefit and the appropriate cultural and natural resources required to manage the area. Besides the donated funds, Skowhegan Savings provided a group of five employees to clean up and stain the picnic table canopies on the site. Skowhegan Savings reviews applications for community donations on a quarterly basis; the next deadline is June 30, 2011. For guidelines visit www.skowsavings.com or contact 800-303-9511.

Waterville

• The 42nd annual Waterville Intown Arts Fest will be Saturday, July 23, 9 am-4 pm. Dozens of artists will line Main Street to display and sell their artwork. Artists interested in participating may still sign up by downloading a PDF of the Arts Fest rules and entry form at www.watervillemainstreet.org

Wayne

• Team up with friends and family to make a

movie! The second annual Make-A-Movie Weekend will take place from Friday, July 29 to Sunday, July 31. The event will kick off Friday, 6-7 pm, at the North Wayne Schoolhouse when teams get the "mystery prop." They will return Sunday at 6 pm for a potluck to turn in movies. Movies will be screened and prizes awarded on Saturday, August 6, 6-8 pm at the Schoolhouse. The event is free and open to the public. The entry fee for teams is \$25. 377-4380

Winthrop

• The second annual Concerts at Norcross Point has returned to the gazebo in the park with Stan Davis, songs of timeless wisdom, on Sunday, June 19. Concerts will continue weekly every Sunday 2-4 pm through September 4 except for a Saturday concert on August 20 1-3 pm to coincide with the Winthrop Art Walk. All concerts are free of charge. Norcross Point is handicapped accessible, with paved sidewalks. Listeners are also welcome to boat in and anchor offshore. Amateur songwriters/performers are welcome at the only open mic event n June 26. The concert schedule includes: June 26 - Megan Murphy, July 3- no concert, July 10 - Colwell Brothers Band, July 17 - Maranacook String Band-bluegrass and beyond, July 24 - Simons and Goodwin, July 31 - Nasty Habits-good times and classic rock and roll, August 7 - TBA, August 14 - Ampersand-jazz, funk, disco, classic, August 20 - TBA, August 21 - make-up date, August 28 - Bertha's Crib, September 4 - make-up date. 620-6231

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Belgrade

- **Belgrade Lakes Golf Club**, lunch/snacks, West Road, Belgrade Lakes, 495-4653, www.belgradelakesgolf.com
- **The Village Inn**, Rte. 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com
- **Whisperwood**, Salmon Lake/McGrath Pond, Taylor Woods Road, open to the public by reservation only, 465-3983, www.whisperwoodlodge.com
- **Wings Hill Inn and Restaurant**, Rte. 27, Belgrade Lakes Village, 495-2400 or 800-495-2400, www.wingshillinn.com

Oakland

• **Alden Camps**, Lunch or dinner by reservations, Sat. - Wed., space permitting. 3 Alden Camps Cove, Oakland. 465-7703. www.aldencamps.com

• **Riverside Farm Market & Cafe**, 291 Fairfield Street, Oakland, 465-4439. www.riversidefarmmarket.com

Waterville

- **Cacciatores**. 150 JFK Plaza, Kennedy Memorial Drive, 872-9700.
- **Dairy Queen**. 13 KMD Plaza, Waterville, 872-2220; and 161 College Ave, Waterville, 873-1677, www.dairyqueen.com
- **Restaurant & Pub at the Waterville Grand**. 375 Upper Main Street, Waterville. 873-0111.

Winslow

• **Lobster Trap & Steakhouse**. 25 Bay Street, Winslow. 872-0529. www.lobstertrap-seafood.com

Winthrop

- **Peppers Garden & Grill**. 357A Main Street, Winthrop. 377-8877
- **Sully's Restaurant & Tavern**. 38 Main Street, Winthrop. 377-5663, 377-5808

The Small Garden Guide

The Civil War Garden

They've turned the sod and tilled the soil, added some well composted horse manure and planted some heirloom plants. The Norridgewock Historical Society Susquicentennial Civil War Garden on the front lawn of the Museum on Route 2 is ready for visitors to see the heirloom plants and get a sense of the foods and other products made from the gardens of the past.

The plants growing in the Civil War Garden are heirloom varieties which were used for daily cooking, home care, flavoring, decorating and storage for the winter months and include: Flowers and Herbs used for making teas, salves, medicine, flavoring, insect control, soap scenting and dyes. Examples are anise, aster, blue flax, basil, chives, cosmos, dill, lavender, marigolds, sage, savory, zinnias.

Vegetables include foods that were eaten as they ripened and had storage qualities without refrigeration, namely the "Three Sisters": corn, a staple for breads, cereals and as a fresh vegetable; pole beans which grew around the corn and climbed the stalks and long pie pumpkin, sweet meat squash, and blue Hubbard squash which provided shade at the base of the corn and beans to decrease weed growth and competition for soil nutrients.

The corn known as Byron Yellow Flint Corn, is a variety grown by the Abenaki Indians living in this area approximately seven hundred years



ago. Among the beans are the scarlet runners originally brought back from France by Thomas Jefferson and the Saturday Night Special which is used for traditional baked beans. There are many more varieties in the Civil War Garden.

A map of the garden is available inside the museum explaining what plants are growing and their location. The museum (634-5032) is open Saturday 10 am-3 pm. The garden can be viewed in front of the museum.



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See page 20

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Stoney Creek Antiques, 881 Civic Center Drive, Augusta, 626-9330

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Maine State Credit Union, 200 Capitol St, Augusta, 623-1851, www.maine.statecu.org

Skowhegan Savings Bank, Rt 27, Belgrade, 495-7787, www.skowsavings.com

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Castle Island Camps, Castle Island Rd, Belgrade Lakes, 495-3312, www.castleislandcamps.com

Great Pond Marina, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

Whisperwood Cottages, 103 Taylor Woods Rd, Belgrade, 465-3983, www.whisperwoodlodge.com

BOAT REPAIR

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Belgrade Boat Shop, 936 Augusta Rd, Belgrade, 485-6953

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Belgrade Canoe & Kayak, Rt 27, Belgrade, 495-2005, 242-6331, www.kayakandcanoe.com

Clark Marine, 57 Puddledock Rd, Manchester, 622-7011, mail@clarkmarine.biz, funonthewaterstartshere.com

Hamlin's Marine, 290 West River Road, Waterville, 872-5660, www.hamlinsmarine.com

Mid-Maine Marine and RV, 885 Kennedy Memorial Drive, Oakland, 465-2146, www.midmainemarine.com

Power Equipment Plus, 2309 Belgrade Rd, (Rt 27), Sidney, 547-4114, pep@pivot.net

Trailside Performance, 797 Augusta Rd (Rt 201), Winslow, 873-2366, www.trailsideperformance.com

BOAT STORAGE

Belgrade Boat Storage, 41 Pinkham's Cove Rd, Rt 27, Belgrade, 495-3415, boatstorage@roadrunner.com

Belgrade Lakes Marine and Storage, Inc, 366 Augusta Rd, Belgrade, 495-2378, www.belgradelakesmarine.com

Clark Marine, 57 Puddledock Road, Manchester, 622-7011; and Rt 202, Monmouth, mail@clarkmarine.biz, funonthewaterstartshere.com

Great Pond Marina, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

Hamlin's Marine, 290 West River Rd, Waterville, 872-5660, www.hamlinsmarine.com

Maple Leaf Self Storage, 688 Manchester Rd, Rt 135, Belgrade, 495-2191, 441-5529

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Trailside Performance, 797 Augusta Rd, Rt 201, Winslow, 873-2366, www.trailsideperformance.com

BOOKS

Children's Book Cellar, 52 Main St, Waterville, 872-4543, kidsbookseller@verizon.net

Re-Books, 25 East Concourse, Waterville, 877-2484

BOTTLE AND CAN REDEMPTION

Jokas' Discount Beverage, 52 Front St, Waterville, 873-6228

BUILDERS

(See also Electricians, Kitchens, Plumbers, and Excavating)

Bellavance Construction Company Inc, 31 Hulin Rd, Belgrades Lakes, 495-2492

Craig's Carpentry/North Bay Estates, Rt 8, North Belgrade, Craig Alexander, 649-3749

G&L Contracting, Adam Gardner, Belgrade, 215-7951

Grandview Log & Timber Frames, 72 Burtons Ln, Winthrop, 441-1538, www.grandviewtimbers.com

LakeHouse Renovations, Joint Venture Company, Liberty Rd, Readfield, 685-7393 or 242-3663, www.adedesignbuild.net

Mainly Molding & Restoration, 449 Wilder Hill Rd, Norridgewock, 634-2821, lanca@tds.net

BUILDING FOUNDATIONS AND JACKING

Bellavance Jacking Co, LLC, 31 Hulin Rd, Belgrades Lakes, 495-2492

BUILDING MATERIALS

(See also Flooring, Stonework and Windows)

Gagne and Son, 28 Old Rt 27, Belgrade, 495-3313, www.gagneandson.com

Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

BUS SERVICE

Concord Coach Lines, 9 Industrial Dr, Augusta, 1-800-639-3317, concordcoachlines.com

CANOES AND KAYAKS

Belgrade Canoe & Kayak, Route 27, Belgrade, 495-2005, 242-6331, www.kayakandcanoe.com

Belgrade Cottages Guide Service, fishing, lake tours, canoe/kayak trips and rentals. 9 Bass lane, Belgrade 314-8469 www.belgradecottages.com

CHAINSAWS

Power Equipment Plus, 2309 Belgrade Rd, Rt 27, Sidney, 547-4114, pep@pivot.net

CLOTHING

New Balance Factory Outlet, 13 Walnut St, Skowhegan, 474-6231

COMPUTER CONSULTANTS

Samara Consulting, Macintosh Consultant, Michael Breault, 24 Welch Rd, Wilton, 645-5083, cell 578-0226, mbreault@samariconsulting.com, www.samariconsulting.com

DINING

(See Dining Directory on page 21)

DOCKS

G&L Contracting, Belgrade, 215-7951, agardner81@yahoo.com

Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

Power Equipment Plus, 2309 Belgrade Rd, Rt 27, Sidney, 547-4114, pep@pivot.net

Trailside Performance, 797 Augusta Rd, Rt 201, Winslow, 873-2366, www.trailsideperformance.com

ELDER CARE

Maine-ly Elder Care, 28 Center St, Oakland, 465-3249, www.maine-lyeldercare.com

EXCAVATING

Belgrade Boat Storage, 41 Pinkham's Cove Rd, Belgrade, 495-3415, boatstorage@roadrunner.com

Bellavance Construction Company Inc, 31 Hulin Rd, Belgrade Lakes, 495-2492

David Stevens, P.O.Box 146, 103 Grandview Dr, Belgrade, 465-3815, cell 314-0314

EYE CARE

Maine Eye Care Associates, 325 E. Kennedy Memorial Dr, Waterville, 873-2731, www.MaineEyeCare.com

FARMSTANDS

Riverside Farm Market & Cafe, 291 Fairfield St, Oakland, 465-4439, www.riversidefarmmarket.com

Winterberry Farm, 538 Augusta Rd, Rt 27, Belgrade, 495-2593, www.winterberryfarmstand.com

FINANCIAL PLANNING

Golden Pond Wealth Management, 129 Silver St, Waterville, 873-2200, goldenpondwealth.com

Kennebec Wealth Management, 150 State St, Augusta, 622-5801, www.kennebecsavings.com



FLOORING

Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

FLOWERS AND PLANTS

Longfellow's Greenhouses, 81 Puddledock Rd, Manchester, 622-5965, www.longfellowsgreenhouses.com

Pierce's Greenhouse, 407 Belgrade Rd, Oakland, 465-7788

GALLERIES

Artisan's Barn, 163 North Rd, Readfield. 685-9787, www.theartisansbarn.com

Spring Gallery & Sculpture Garden, bronze castings, 81 Main St, Belgrade Lakes, 495-3113, www.modernartfoundry.com

GIFTS

The Brass Knocker Gift Shop, Rt 27, Main St, Belgrade Lakes, 495-3345

Day's General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

Kozy Cottage, 13 Church St, Oakland, 465-0959, www.kozy-covecottages.com

The 1830 House on Long Pond, 134 Main St, Belgrade Lakes Village, 495-3277, www.the1830houseonlongpond.com

The Village Peddler Gift Shop, Lake Shore Dr, Belgrade Lakes, 495-7707

GOLF

Lakewood Golf Course, 803 Lakewood Rd, Madison, 474-5955, www.lakewoodgolfmaine.com

Natanis Golf Course. 735 Webber Pond Rd, Vassalboro, 622-3561, www.natanisgc.com

GRANITE

Have Granite Will Travel, 42 South Mitchell Rd, Troy, 948-5952, www.mainegraniteking.com

GROCERIES

Day's General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

HAIR CARE

Hair Reflections, 849 Kennedy Memorial Dr, Oakland, 465-7848

HEALTH CARE

Belgrade Regional Health Center, 4 Clement Way, Belgrade Lakes, 495-3323, www.healthreachchc.org

Inland Hospital clinics at Wal*Mart Supercenters, walk-in health care, 201 Civic Center Dr, Augusta, 620-8570; 80 Waterville Commons Dr, Waterville, 680-2110, www.inlandhospital.org

ICE CREAM

Dairy Queen, 13 KMD Plaza, Waterville, 872-2220; and 161 College Avenue, Waterville, 873-1677. www.dairyqueen.com

Day's General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

INSURANCE

John M. Fortier, State Farm Insurance, 16 Silver St, Waterville, 873-1101, john@johnfortier.com

JEWELRY

Larsen's Jewelers, 57 Main St, Waterville, 872-6301, 800-697-1874, www.larsensjewelers.com

L.Tardif Jeweler, 62 Main St, Waterville, 872-7542, 800-834-3638

KITCHENS

Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

LAKE ASSOCIATIONS

Belgrade Lakes Association (BLA), Long Pond and Great Pond, PO Box 551, Belgrade Lakes, 512-5150, www.belgrade-lakesassociation.com

LANDSCAPING

Foster Tree Care and Landscaping, 3675 Middle Rd, Sidney, 547-4376, 547-4640

G&L Contracting, Belgrade, 215-7951, agardner81@yahoo.com

Lakeside Landscape, 13 Station Rd, Belgrade, 465-3039, 831-7053, 632-1086, lakesidelandscape1@yahoo.com

Longfellow's Greenhouses, 81 Puddledock Rd., Manchester, 622-5965, www.longfellowsgreenhouses.com

Lynch Landscaping, Skowhegan, 474-2420, lynchlandscaping.com

Native Notions, 213 West Rd, Belgrade, 495-6040, 314-9538, nativenotions@hotmail.com, www.nativenotionslandscape.com

LAWN AND GARDEN EQUIPMENT

Power Equipment Plus, 2309 Belgrade Rd, Rt 27, Sidney, 547-4114, pep@pivot.net

MEATS

Ballard Meats & Seafood, Myrtle St, Manchester, 622-9764, 1-800-564-6328

MOVIE THEATERS

Railroad Square Cinema, call for titles and times, 17 Railroad Square, Waterville, 873-6526, www.railroadsquarecinema.com

PHARMACY

Kennebec Pharmacy & Home Care, 43 Leighton Rd, Augusta, 626-2726, www.kpprx.com

PHYSICAL THERAPY

Dockside Physical Therapy, 47 Main St, Belgrade Lakes, 495-3195, 512-2544, Fax 512-2545

PIANO LESSONS

Diane Gorman, Gorman3366@roadrunner.com 906 Manchester Rd Belgrade 495-3222

PICTURE FRAMING

The Framemakers, 46 Main St, Waterville, 872-8927, www.theframemakers.com

PLUMBING

Paul Hanna's Plumbing, Belgrade Lakes, 495-3805

Houle's Plumbing, Heating and Air Conditioning, 19 North St, Waterville, 872-6762, www.houlesphac.com

REAL ESTATE DEVELOPMENTS

North Bay Estates, Belgrade, 649-3749, crgsnbe@yahoo.com

REAL ESTATE

Coldwell Banker Thomas Agency, 75 Main St, Winthrop, 377-2121, www.coldwellbankerthomas.com

Day's Real Estate, 262 Augusta Rd, Rt 27, Belgrade Lakes, 495-3111, 1-888-495-3111, www.daysrealestate.com

Lakepoint Real Estate, 221 Main St, Belgrade Lakes, 495-3700, www.belgradelakepoint.com

Snow Pond Real Estate, 40 Belgrade Rd, Oakland, 465-4430, 458-0874, www.snowpondrealty.com

Sprague & Curtis Real Estate, 75 Western Ave, Augusta, www.spragueandcurtis.com, 623-1123

RESERVATIONS

See page 20

RESTAURANTS

(See Dining Directory on page 21)

RETIREMENT COMMUNITIES

Granite Hill Estates, 60 Balsam Dr, Hallowell, 626-7786, 1-888-321-1119, www.granitehillestates.com

SCHOOLS

St. Michael School, grades pre-K through 8, 56 Sewell St, Augusta, 623-3491, www.smsmaine.org

SEAFOOD

Ballard Meats & Seafood, 55 Myrtle St, Manchester, 622-9764, 1-800-564-6328

Lobster Trap & Steakhouse, 15 Bay St, Winslow, 872-0529, www.lobstertrap-seafood.com

SECURITY SYSTEMS

Cayer Security Services, Inc, 208 College Ave, Waterville, 453-9177, www.cayersecurity.com

SELF STORAGE

Maple Leaf Self Storage, 688 Manchester Rd., Rt 135, Belgrade, 495-2191

SEPTIC SYSTEMS

Bellavance Construction Company Inc, 31 Hulin Rd, Belgrades Lakes, 495-2492

Stanley's Septic Tank Service & Construction, 187 Norridgewock Rd, Fairfield, 453-9819, 1-800-660-7826, www.stanleysseptic.com

SHOES AND SNEAKERS

New Balance Factory Outlet, 13 Walnut St, Skowhegan, 1-877-623-7867

STONEMWORK

Gagne and Son, 28 Old Rt 27, Belgrade, 495-3313, 1-800-339-3313, www.gagneandson.com

THEATER

The Theater at Monmouth, Cumston Hall, off Rt 135, Monmouth, 933-9999, www.theateratmonmouth.org

TREE CARE

Foster Tree Care and Landscaping, 3675 Middle Rd, Sidney, 547-4376

VETERINARY SERVICES

Lakeside Veterinary Clinic, 88 Libby Hill Rd, Oakland, 465-7387, 465-8387

WINDOWS

Hammond Lumber Company. Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland and Skowhegan, 866-HAMMOND, www.hammondlumber.com

WINDOW TREATMENTS

Blind Time, 24 Meadow Hill Dr, Farmingdale, 621-9832, www.blindtime.com





Expressions

Drawing from the Collections at L.C. Bates

by Gregor Smith

This year, nearly two dozen Maine museums and galleries large and small are collaborating to present *Where to Draw the Line: The Maine Drawing Project*, a series of exhibitions that focus on the process of drawing and how artists use it as a vehicle for creating diverse forms of visual expression.

The L.C. Bates Museum's contribution is an exhibition entitled *Drawing from the Collections*. This exhibition, which runs from May 15 to

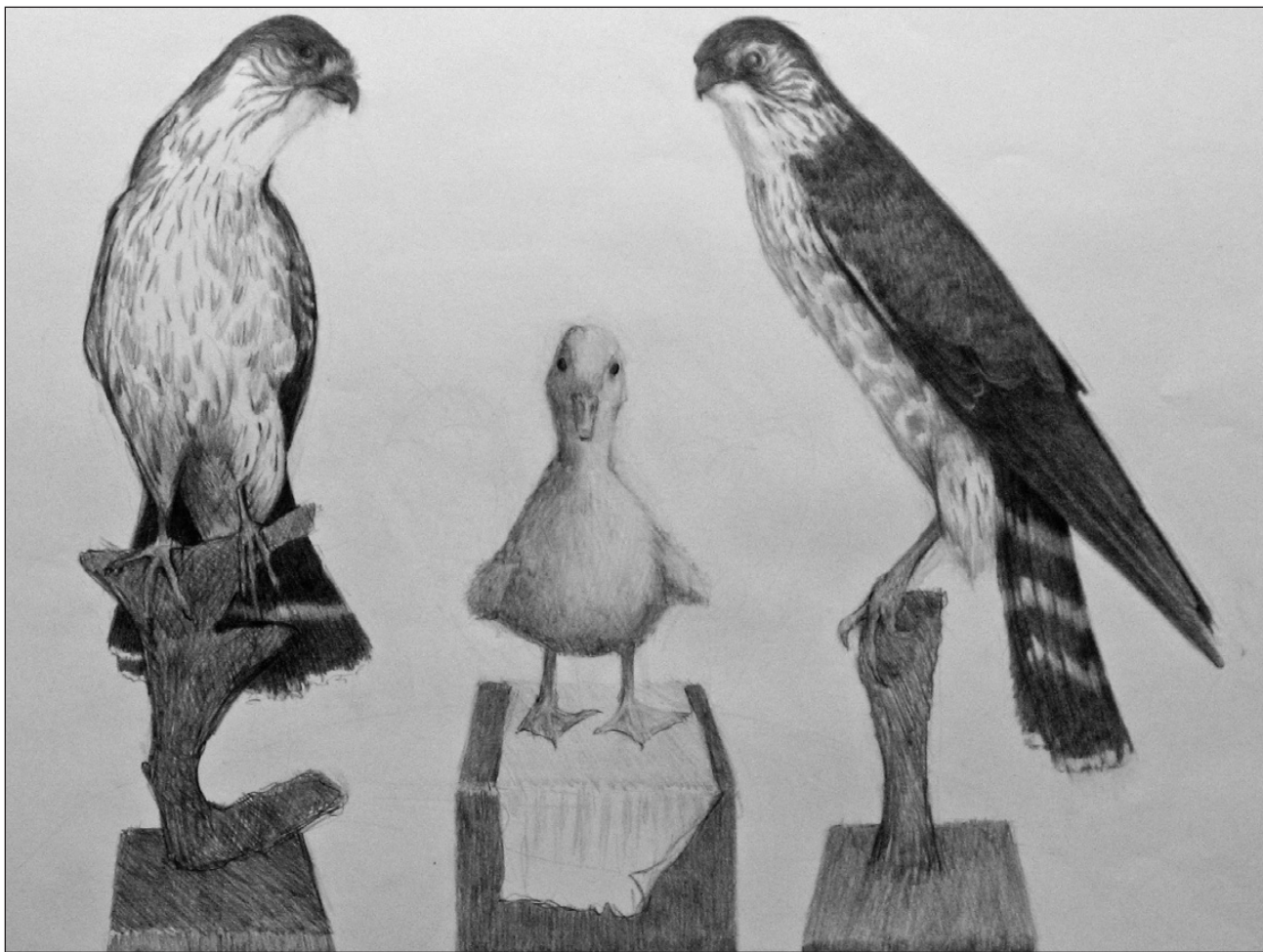
artists represented in our show were drawn more to the smaller objects, including bones, butterflies and bats. Other popular items were those specimens that were native to Maine, such as moose, birds and insects.

Even though many of the entries are smaller, the museum allowed the artists to use any drawing medium and size they wanted, and these artists were able to interpret the collection any way they pleased. The results submit-

ing these great works, visitors too will be as inspired as the artists.

In addition to the exhibit, L.C. Bates will also be hosting and sponsoring children's programs throughout the summer. Led by some of the participating artists and museum staff, the children's programming will focus on both education and interactive components. Entitled "Capturing Wild Animals on Paper," the workshops will be held every Wednesday, starting at 1:00 p.m., from July 6 to August 17. Through these educational and fun classes, children will hone their drawing skills and learn the finer aspects of rendering nature and animals on paper. Additionally, each workshop will present, highlight and feature a different medium, including chalk, ink, graphite, and pencil.

Please contact the L.C. Bates Museum at Good Will-Hinckley 238-4250, on Facebook, or at lcbates@gwh.org, if you have any questions or would like more information about the exhibition and the children's drawing workshops. The L.C. Bates Museum is located on the campus of Good Will-Hinckley School on Route 201 in Hinckley. The museum is open Wednesday through Saturday from 10:00 a.m. to 4:30 p.m., on Sunday from 1:00 to 4:30 p.m., and other times by appointment. Admission is \$3 for adults and \$1 for children.



October 15, features works by over 25 artists, all of whom are either from or are familiar with Maine.

The artists have all come in person to the museum to be inspired by its extensive collection of taxidermy, plant and historic artifacts, and then draw any of the objects. Barbara Sullivan, a participating artist, summed up the feeling of working in such an intimate setting by saying, "Drawing at the L.C. Bates is like taking a visual walk back in time, an eye walk."

L.C. Bates encouraged the artists to choose a subject from the many birds, wild beasts, fish and reptiles collections in the museum. Many

ted looked like a perfect color wheel, with (colored) pencil, India ink, pastel, crayon, graphite and charcoal renderings of Maine's natural habitats.

Mainer Janice Kasper perfectly echoed the direction of the museum when she said, "L.C. Bates Museum is a real treasure for not only artists but for all who love nature. One's first reaction might be one of revulsion, thinking that these wonderful creatures had their lives ended so abruptly. But we can honor their life by looking closely and studying these mounts and conjuring the spirit that one time lived within." The museum's hope is that upon see-

Artists' Reception

June 26, 2:00 - 4:00 p.m.

Come meet the artists whose works appear in *Drawing from the Collections*. Visitors may talk with the artists about their work and inspiration and learn more about the other amazing resources and work at L.C. Bates.

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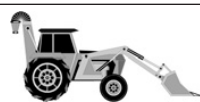
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Fishing

Peak Smallmouth Bass Fishing

by Mike Guarino



Brian Heath, from North Carolina caught this beautiful smallmouth on a 7-weight fly rod using a muddler minnow with a bead head nymph dropper. He followed things up by catching this big pike on a spin rod with a husky jerk Rapala. What a great day!

The waters of the Belgrade Lakes Region are on fire! No, not real fire, but anglers are reporting red hot fishing across the entire chain of lakes. The last few weeks have produced some of the best smallie fishing in recent memory and anglers who are chasing this spunky fighter have had blistering action. Add to that reports of big landlocked salmon in Long Pond and some giant browns in Great Pond and you'll see anglers running around, itching to get on the water!

The last week has been typical of the Belgrade fishing experience. The weather provided one 95-degree day, two 50 degree days, one perfect overcast and calm day, and a couple of thunderstorms just to add flavor. Of course we did get some hail last Tuesday, quickly followed by a magnificent sunset that added ambiance of an already amazing day! Does the drastic change in the weather matter? No, but it does keep anglers on their toes. When the heat wave crashed upon us, the smallmouth fishing was amazing. Then the cold front hit and we were concerned that the bite would go down the toilet. Just the opposite! The fish went crazy the next day, and we caught smallmouth on off shore structure all day long. It was the most

amazing fishing of the year. The bass were stacked up in 10 – 12 feet of water on the deep side of rocky reefs. It was very obvious they were feeding on crayfish because they had pieces of the crustaceans sticking out of their mouths. One interesting note was the crayfish were very small, about 2 inches long and the shells were soft. It's no wonder we were catching so many bass on soft plastics in the watermelon and red/brown colors. The worms and tubes we were using matched the forage exactly.

I received a few calls and facebook notes this week with questions about the northern pike fishing. Answering these questions is very difficult because the pike bite is harder to predict than a Tim Wakefield knuckleball. It's up, it's down, and it's over there and then over here. But when you hit it . . . oh it feels so good! In the last week I fished for pike on Great Pond, Long Pond and Snow Pond. Each day we had chances at big pike and each day we caught them on different lures/bait. Some of the big fish beat us, but we also put a whoopin' on some of them too. If I had to make a suggestion it would be to fish with live bait. If you like artificial lures, I'd recommend big spinnerbaits, Mepps Spinners and husky jerk Rapalas. The

big fish are still hanging close to shallow water (especially at dusk), but you'll need to put your time in to catch them. Also, the Great Meadow Stream in North Bay on Great Pond is closed to motorized boats, so anglers need to be aware. There is milfoil test going on in that area, which is very important to the long term sustainability of the lake. North Bay is still open and there are plenty of other places to fish pike on Great Pond, including Hatch Cove, Austin Bog and of course the boat launch by the marina. For some reason, folks overlook this hotspot! Good luck this week! I hope you have a great time fishing (and catching!). I'll post your pictures on facebook if you send them to me and some neat videos we pick up during our adventures. Oh – did I mention the white perch are cruising along the shorelines right now? If you want to get some for a fish fry, now's the time!

Mike Guarino can be contacted at 465-4333
www.mainewildernesstours.com



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Pet World

Hot Dog!

As summer rolls in, and the temperature rises, it feels wonderful to get outside! Most dog owners love to spend their outdoor time with their pets. However, it is very important to know about the risks— especially the risk of “heat stroke.”

Heat stroke occurs more commonly in the lower temperatures of June than in the higher temperatures of August. This is due to the fact that a key factor in heat stroke is the body’s inability to accommodate to the higher temperatures. Accommodation is a body process that takes approximately 7 to 14 days to occur, where a dog’s body can become more accustomed to high temperatures, and more able to handle heat stress. It makes sense, then, that the body is not as prepared for high temperatures in June as it is in August.

Heat stroke, or hyperthermia, is a condition that occurs when a dog or cat’s temperature rises above 108 degrees. While this may seem very high, it can occur very quickly, and the outside temperature does not have to be more than 60 degrees.

The most common cause of heat stroke is a dog being left in a car on a summer day. Even when a car is parked in the shade, with the windows cracked, the inside temperature of the car can rise up to 20 degrees Fahrenheit in just 10 minutes. For that reason, it is not recommended that a dog be left alone in a car for more than 10 minutes unsupervised. It may be tempting to leave your dog in the car for a “quick trip” into the grocery store, but unexpected waiting times and conversations often make even quick trips too long. People often try to leave a car running with the air conditioner on for this reason. However, an idling car’s air conditioner will not always keep the car’s temperature below damaging levels in the heat due to recirculation of the inside air.

Another common reason for heat stroke is over-exertion. If your dog is

unaccustomed to long hikes, or you are unable to carry extra water for him or her, it might be best to leave him or her home in a climate-controlled environment. This is especially true if your dog has other risk factors for heat stroke, such as being overweight or having a pushed-in nose (like Boston Terriers, Pugs, and ShihTzus do), or having any systemic illness (like Diabetes, Cushing’s disease, or heart disease).

If your dog begins panting excessively, or collapses, it is a medical emergency. He or she should be brought to your regular veterinarian or an emergency facility immediately. It is important to cool them on the way, if possible, with towels soaked in cold water or small ice packs wrapped in thin towels placed on their thighs or in their armpits.

However, cooling alone is not enough. Many of these dogs can go into shock, spontaneously bleed due to an inability of their blood to clot, or be unable to maintain their temperatures after cooling has begun (so they become too cold and cannot warm up). That is why it is SO important that they be seen by a doctor immediately.

Summer is a wonderful time to have fun with your pet! Please be safe.

*Pet World, a weekly column by Dr. Eleanor Sabean
Dr. Sabean can be reached at Lakeside Veterinary Clinic
lakevets@roadrunner.com or by phone at 465-7387*



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MANCHESTER-COBOSSEE-
Acreage & water frontage! Lovely 3-4BR Antique Cape, 59 ac. Great location, lots of charm. Fireplace, deck porch & attached shed/small barn. #1013620 \$399,000



WINTHROP-COBOSSEE- 2BR, 2BA home on pretty 5 acre lot. Open interior w/center island & granite, LR w/stone fireplace, oversized MBR w/whirlpool. Lg deck, screened porch, 2 car, lg walkout lower lvl for expansion. #1004408 \$439,000



WEST GARDINER-COBOSSEE LAKE- Westley views/sunsets. Beautiful 3BR/2BA contemp home. Extensive renovations/updates, open interior, lots of glass, new kitchen, lg deck, rec room, 2 car garage, dock & more. #1001122 \$589,500



MONMOUTH- COBOSSEE LAKE- Yr round home w/so much to offer: beach area, pretty views, aprox 170' of frontage, lrg front yard patio, landscaping, Decks, 3BR, office, newer roof, plenty of windows & more! #983961 \$349,900.



WINTHROP-COBOSSEE- Southerly exposure, beachfront. Beautiful 3 BR, 2BA w/garage, deck, dock, level 2 ac lot. Terrific frontage, easy yr round access. One of the prettiest spots on the lake. #881274 \$599,900



WEST GARDINER-COBOSSEE - 3000SF. Open architecture w/wooden beams. Spectacular sunsets, private, sand beach, 2 docks. Separate cottage w/wrap around deck, 2 garages, 2.8 ac #1002133 \$899,000



Business



2'nd Annual Concerts at Norcross Point! The schedule is as follows:

- June 19: Stan Davis songs of timeless wisdom
<http://www.stopbullyingnow.com>
- June 26: Megan Murphy, local songstress, and Open Mic- come sign up and share!
- July 3: No concert
- July 10: The Colwell Brothers Band (if you don't know these guys, you SHOULD!) <http://soul-sensations.com>
- July 17: The Maranacook String Band- bluegrass and beyond! www.facebook.com/pages/Maranacook-String-Band/320038922931
- July 24: Simons and Goodwin- Crowd favorites return with their unique folk mix of covers and originals
www.simonsandgoodwin.com
- July 31: Nasty Habits- Super good times & classic rock and roll covers! We had one of our largest turnouts last year with this great group!
<http://www.facebook.com/event.php?eid=169353876444912#!/NASTYHABITSBAND>

Recreation is Focus of Winthrop's Economic Development

In 2010, the Winthrop comprehensive planning process determined recreation as the primary focus of Winthrop's economic development strategy in order to take advantage and help preserve natural assets and promote community wellness. The Town of Winthrop's slogan, "We Play Outside," was a product of the comprehensive planning process. In addition, the planning process to improve bicycling and pedestrian routes in Winthrop is an outgrowth of the overall plan.

At the Winthrop Area Chamber of Commerce breakfast meeting in June, Winthrop Town Councilor Sarah Fuller and Winthrop Comprehensive Planning Committee Chair Patrice Putman were the featured speakers to discuss the planning process currently underway to improve bicycling and pedestrian route in Winthrop and connect these transportation corridors to trails and paths in adjacent communities. Priorities that have been identified and feedback and ideas from Chamber members were also discussed.

"A key focus of the comprehensive planning process for the town was to enhance the trails and assets that contribute to our recreation economy and provide residents with safe places to ride and walk," stated Fuller prior to the meeting. "Working on this route and trail planning brings us one step closer to making the recommendations in the comprehensive plan a reality and will allow us to pursue grant funding for these projects in the future."

The planning process to improve bicycling and pedestrian routes in Winthrop is being coordinated by Kennebec Valley Council of Governments (KVCOG), made possible by a Maine Department of Transportation grant, and builds off ideas generated by the Winthrop Comprehensive Planning, Green, and Recreation committees.

For more information about Winthrop and the Comprehensive Plan visit www.winthrop-maine.org or call 377-7200. For the Winthrop Area Chamber of Commerce information go to www.winthropchamber.org or call 377-8020.



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