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-A Cider Mill Press Publication -

VOLUME 13, NUMBER 1

## 2011: Welcome Back to Summer

by Esther J. Perne

t's that time again – time for the sights and sounds and endearing rituals that symbolize life near a lake. Time to open the camp, take off the dust covers, set up lawn and deck chairs, check out the old fishing hats and gear, and quietly breath the scent of pine. It's time to discover winter's contributions – branches blocking camp roads and driveways, maybe a wire sagging or down, a mouse's nest in a cupboard or drawer, pine needles stuck against screens and pine cones scattered along walkways. And time to rediscover

nature's changeless patterns - water high with spring runoff tugging on the shore, birds setting up homes for soon-to-arrive nestlings, a new layer of duff carpeting the yard, the hum of a persistent mosquito and another and another, and the haunting call of the loon.

The return of summer is a time of work – putting in docks, water lines, flowers and other plants, fighting back overgrowth, and seriously considering (yes, this should be the summer!) buffer strips and erosion control bushes and berms. It's a time of bustle – snowbirds returning, hibernators emerging, new folks discovering the area. And it's a time of renewed pleasure – sitting





on a porch, deck or dock listening to waves lapping on the shore, to the happy chatter of children, to neighbor greeting neighbor, to the inner clock becoming aligned with this most gentle time of year.

There's news to catch up on when summer arrives, news of events missed during the long winter, the sadness of hearing someone has passed away, the excitement of discovering a new romance in progress or hearing about a new birth, of learning who's back already from a southern winter home and what has changed in the community - new businesses, new neighbors, new watercraft,

news about the economy.

Whether for regular returnees, for those embarking on a totally new experience, or those who never leave, the ritual of summer is special. Seasonal communities and businesses come to life - buildings are spruced up, open signs appear on shops and stores and owners adopt long daily schedules. For travelers the trip is a special ritual, too: the packing, the route, the stops along the way and finally those familiar journey's end landmarks: the crooked pine at the fork in the road, the old cellar hole or abandoned vehicle with trees growing in the middle of it, the farm at the crossing that's never heard of a word called paint,

Continued on page 2







Continued from page 1

the rock at the turn that looks like it was sliced in half with a giant butter knife.

The reward for everyone is the lakes – the shine of sparkling water through the trees, sooner or later visible from almost every roadway and height in the area. Forgotten during the winter or times away, this constant glimpsing of lakes, ponds and rivers is a unique way of central Maine life, always better each season than remembered or expected.

In spite of the increasing nearness of construction and development, the lakes and waterways retain their basic beauty, their peacefulness and rusticity, and their invitation to step back in time to a less complicated way of life. They remain a refuge as well as a destination for fishing, relaxation, or a getaway.

What is so special about summer near a lake? It's that sense of inner being that carries over through the rest of the year – through times more demanding in places far removed, a sense that provides memories long after they are experienced.

Summer near a lake offers unique sights and smells and sounds. Sights: There is the inspirational sight of a color-infused sunset, the calming sight of a bird soaring gracefully on the wind, the artful sight of clouds forming and re-forming into pictures in the sky and the friendly sight of fireflies flickering in the dark. Smells: There is the time-arrested smell of a camp that's been closed



tight all winter, the piney smell of warm breezes blowing through the woods and the homey smell of the old, time-worn, small town general store. Sounds: There are the sounds of crickets in the tall roadside grass (and sometimes in a lodge's walls), the sound of bird and squirrel language echoing through the treetops and, of course, that most elusive sound of all – the laugh of the loon.

A lake is for everyone. There are enough diversions to counteract loneliness and enough quiet to counterbalance a frenzy of activities. It is a retirement destination - an area to go and stay, to be reclusive or to entertain guests and visitors. It is an arena for good parenthood, for family interaction, for getting to know each other without the parameters of a distracting schedule. It is a quick and clever retreat for local anglers to cast a line from roadside, bridge, or boat.

For children, a lake-oriented life can be a positive character-forming experience. Its challenges and pleasures provide a lifetime opportunity for rest and relaxation. Co-existing with water and woods, learning respect and affection for nature creates a feeling of self confidence which encourages creativity and independence.

The story of the lakes in this area goes back to the 1700s to the Indians and the early settlers, the millers and the merchants, but the summer resident story in this region and in many of Maine's lake resorts starts quite innocently with the discovery of good fishing and the tales those anglers told. The subsequent lodging industry and the advent of the grand hotels (for city families and fishing widows) and eventually the private camps initiated a seasonal trend that is now well over a century old.

Like many time-honored traditions the more this seasonality appears to change, the more it actually remans unaltered, endearing, familiar. Whether this is a first visit to a lake region, one of a lifetime of visits, or the summer to finally explore the region from a nearby town, welcome to the mystique – the mystique of a lifestyle other people dream. Here it is lived. Welcome back to summer.







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Summer in the Belgrades\_511.indd 1



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• Stone and Gravel

## **-**Welcome Letter**-**



### Dear Readers,

to the nights of open windows. many people visit, vacation and live Welcome to the quiet countryside here - is being maintained. and the refreshing intown parks of green and to the rippling waters and the newspaper remain, too, through sun-favored skies of blue. Welcome timely editorial content designed to to the season's activities that await inform, educate and connect the on a calendar rich in awesome, area, through weekly articles and wholesome, family-oriented events columns on history, conservation, and outings.

free-ing season, releasing the region endar of events, and through a from the expenses and cumbersome range of newsy and noteworthy rituals of winter and much of the items of interest. lifestyle it offers is absolutely free: share.

For Summertime in Belgrades, 2011 is the 20th season memories and lead into a lot more to the Belgrades. anticipate.

friendliness and peacefulness of the the cub region remain and an acceptable bal-

Telcome to the summer of 2011, ance between development and to the days of dressing down, remoteness - those reasons why so

The basic format and structure of business, recreation, and entertain-Summer in central Maine is a ment, through a comprehensive cal-

Most of all, Summertime's sucoutdoor concerts, art shows, historic cess is due to our loyal, supportive sites, festivals and festivities all advertisers. That same core of busiwithout a price for admission and ness owners and workers who are with a priceless reward in enrich- the backbone of the region help ment; recreation, adventure and make this unique publication possileisure all within close geographic ble, by being our support team, by reach and close to nature; longer distributing Summertime on their days, a slower pace and more time, shelves, by tirelessly and with a all gifts of the season to savor and smile welcoming customers through the busy summer season. To them the we and the area owe many thanks.

Here's to 2011... We'll see you as that the same staff has overseen the we make the delivery rounds, join publication's editorial content and you as we mingle at those awesome the 10th season that we have owned summer events, and think of you as this unique area spokespiece - sea- we share the region with you sons that translate into a lot of good through the pages of Summertime in

Thankfully, the basic beauty, Esther, Erle, Mike, Gregor, and Corey



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## Legacies

## **Gravestone Studies Conference at Colby College**





**T**s it a gravestone, tombstone headstone, monu-**⊥**ment, tablet, marker, ledger? Is it art, history, art history, genealogy, anthropology, conservation or culture?

tombstone topics such as Finding Humor in Cemeteries, Telling a Town's History stone by stone, Paranormal Experiences, A History of the and visitors locally are such cemeteries as the Hearse, and Creating the Nation's First Tombstone Trail (which began in Indiana in 2010 and has a goal to reach Chicago by 2013), Resource Packets for Teachers, Conservation, hidden in the woods and along the back roads. and Fun and Games With a Grave Theme.

The conference also includes guided and selfguided tours of cemeteries in central Maine, including local visits in Gardiner, Hallowell, Waterville, Farmington, Fairfield, Madison, Augusta and Fayette. Unique among local cemeteries are Riverside Cemetery in Farmington which has more white bronze than any other



cemetery in central Maine, the Wing Cemetery in Wayne, completed in 1871, which is a unique "ring" construction that took six years in the designing, and Readfield's Case Cemetery, 1789, Presenters from across the country will cover whose slate gravestones are some of the oldest on the tour.

> Not on the tour, but interesting for residents Quaker burial ground in Belgrade, the Ellis Pond Cemetery with its Revolutionary War tombstones, and the many small burial sites almost

> The Association for Gravestone Studies, an association of approximately 1000 members worldwide, half of whom are from the Northeast, is based in Greenfield, Massachusetts. In addition to conferences and seminars it publishes an annual journal and a quarterly newsletter and encourages work in local areas to ensure that cemeteries are mapped, recorded and cared for.

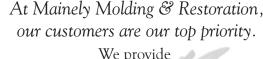
> All interested participants are invited to join the series of lectures, cemetery tours and workshops at Colby.

> Registration on a space available basis for the full conference is \$375 for nonmembers without lodging, \$95 per day. Membership is \$20 for students, \$40 seniors, \$50 individuals, \$60 family. For more information visit www.gravestonestudies.org, email info@gravestonestudies.org or call 413-772-0836 Tuesday-Thursday 9 am-3 pm.

The next association meeting in Maine will be



a seminar July 17-23, to study the physical, chemical, ecological, and esthetic relationships between lichens and gravestones in Hancock and Sullivan Counties..



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## \_Watershed\_ Wisdom

reetings to the greater Belgrade Lakes **J**Community! After a winter that came and went a few times, spring arrived with ice out on April 16th, nearly a month later than last year, but more in line with historic averages. Then spring came and went a few times with an extensive mud season. Now summer has unofficially arrived, marked by this initial edition of this year's "Summertime in the Belgrades." This is my fifth season as author of the Watershed Wisdom column and I am looking forward to helping our readers better understand some of the natural processes that take place in our lakes and some of the science behind the measures that need to be taken to protect them. Hopefully a little knowledge and understanding will raise awareness and inspire living lightly on the land for the sake of the lakes. Our children and grandchildren will then be able to enjoy the same water quality we have. Because of their fundamental importance, I will be revisiting some of the same topics I discussed last year but hopefully in a way that will shed more understanding. We will also look at some new topics and emerging developments and programs, including the new Maine Lakes Resource Center (MLRC) that will be opening in Belgrade Lakes sometime in July.

Our first topic is one of the most basic but also one of the most important to understand: "What exactly is a watershed and why should I care?" When most people hear the word, "watershed," they immediately think of water bodies such as lakes, rivers, or streams. But a watershed actually refers to the land from which water flows into a particular water body. Think of it as the land "shedding" water like feathers shed water from a duck's back. When it rains, some of the water evaporates quickly back into the atmosphere, some infiltrates into porous soils and becomes groundwater, and the rest runs off as "stormwater." Watershed boundaries are always at the top of the hill or along a ridge. Rain landing (or snow melting) on one side of the hill will run into one watershed and rain landing a short distance on the other side of the hill may drain to a completely different watershed.

The amount that runs off depends on the land characteristics. In undeveloped forest areas like the Kennebec Highlands, or in areas such as the Belgrade Esker with very porous soils, infiltration is high and very little runs off. In steep rocky areas or in developed areas with lots of impervious surfaces such as roofs or pavement, less infiltrates and more runs quickly down the hill, perhaps in a roadside ditch that dumps to a small stream to a larger one and then to the Belgrade Lakes. As the water flows across the surface of the land, it picks up dirt and other pollutants such as oil and grease from the roads. In most cases, those pollutants eventually end up in the lake. In future columns we will talk about ways of maximizing the use of some of Mother Nature's cleansing processes in order to minimize polluted runoff. We

### Watersheds 101

by Peter Kallin

will also be demonstrating many of these techniques at the MLRC.

Some water bodies have very large watersheds- the Mississippi River Watershed comprises approximately half the area of the continental United States and includes many large subwatersheds such as the Ohio and Missouri Rivers. The Belgrade Lakes Watershed is approximately 180 square miles with portions of 13 different municipalities in three different counties and contains the subwatersheds of East Pond, North Pond, Salmon Lake, McGrath Pond, Great Pond, Long Pond, and Messalonskee Lake. The Belgrade Lakes Watershed in turn is a subwatershed of the Lower Kennebec River Watershed (USGS Hydrologic Unit Code 01030002). This illustrates another important point about watersheds- they are determined entirely by Mother Nature's boundaries when she laid down the topography, not by Man's artificial municipal boundaries. This means that many different political groups need to cooperate to control the land use within a watershed.

The bottom line- everyone lives in a watershed and the water quality of the downstream watersheds is determined by the water quality upstream. For example, over half the water entering Long Pond comes over the Belgrade Lakes Dam from Great Pond. And how we live on the land determines the quality of the water that drains from our watershed. We will talk more about that in future columns.

If you are not yet a member of the BRCA or one of our lake associations, please consider joining to help protect water quality. If you are in Belgrade Lakes Village, please stop by the BRCA Office and introduce yourself. We are in the same building as the Post Office, across the street from Day's Store. We have a lot of good information about the natural resources of this region, including maps of the nearby hiking trails, surveys of the lakes, and in depth informational brochures about some of the topics that will be covered in this column.

Peter Kallin, Executive Director of the Belgrade Regional Conservation Alliance (BRCA), can be contacted at 495-6039 or brca@gwi.net, or visited at the BRCA Office, The Boathouse, Belgrade Lakes.

### Conservation-

## **Conservation Program Funding Available**

The Maine USDA Natural Resources Conservation Service (NRCS) has announced Fiscal Year 2012 deadlines for applying for conservation program funding through the 2008 Farm Bill as follows:

...The 2012 general Environmental Quality Incentives Program (EQIP) application deadline is July 1, 2011. EQIP offers financial and technical assistance to agricultural and forest producers to install or implement structural and management practices on eligible lands which include crop and hay land, pastureland, private non-industrial forestland and other farm lands.

...Irrigation-related practices technical and financial assistance funding applications, which are received by July 1, 2011, will be considered for funding in Fiscal Year 2012. Project examples include irrigation sprinkler systems and irrigation storage reservoirs.

...High Tunnel applications are being accepted until July 1, 2011 through the Environmental Quality Incentives Program. This is the third year of a three –year pilot study established under the "Know Your Farmer, Know Your Food" initiative. High Tunnels increase the availability of locally-grown produce by extending the season through indoor growing.

Continued on page 19...

### Back Yard Beautification at a Bargain

The Franklin County Soil & Water Conservation District has the following trees, shrubs and other plants available at low sale prices:

Fruit! Trees remaining on sale include Cortland, McIntosh, Macoun, Empire and Freedom apple trees as well as Santa Rosa and Shiro Plum trees. All fruit trees have to be ordered at least one day ahead of pick up.

Lilacs! Colors in inventory include: pink and lavender - pink Anabel, Katherine Hevemeyer, Beauty of Moscow; the reblooming S. Josee Lilacs; blue President Lincoln and President Grevy; deep maroon purple Pocahontas and Agincourt; and more.

Other! There are a limited number of small black walnut trees at \$4 each. Also, comfrey, catnip, spear, mint, periwinkle for shady spots and a high bush American cranberry bush.

Call 778-4279 for pricing and go on line at franklincswcd.org for a full description and colored picture of most items. The office is at 107 Park Avenue, Farmington.

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## Activities & Outings -

Meet sheep, goats, rabbits, alpacas and llamas at the Windsor Fairgrounds, Friday and Saturday, June 4 and 5, 9 am-4 pm daily! Stroll barn to barn to exhibit hall to covered arena. Pet the animals, meet the owners, watch shows and competitions, sheep and alpaca shearing and grooming, and learn about all the products that are made from fiber. Highlights of the 11th Annual event include workshops, a Kids' Area, a Sheep to Shawl competition, and – new this year – Dan Grady's "Marvelous Marionette Medley."

There's easy parking, plenty of room for children to romp, it's ok to touch the soft, wooly exhibits of yarn, felt, mittens, sweaters, and other fiber creations, and there will be a variety of food concessions. Admission is \$5 adults, \$2 seniors, children under 12 free. For a complete schedule and list of workshops visit www.fiberfrolic.com Windsor Fairgrounds is on Route 32.



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## Notebook -

## Hospice Volunteers of Somerset County

• The Sebasticook Valley Chamber of Commerce is holding a Golf Tournament for the benefit of Pine Tree Hospice and Hospice Volunteers of Somerset County – two groups which provide without cost all non-medical services to families challenged by end of life issues and grief. The shotgun start will take place on June 18 at 10 am at Palmyra Golf Course. Registration is \$70 per golfer and includes greens fees, cart rental, prizes, gifts, and lunch. 368-4698, 564-4440, 474-7775.

#### **Maine Fiberarts Exhibit**

• Maine Fiberarts, in Topsham, will present a gallery talk and reception with Maine weavers Susan Barrett Merrill and Emi Ito on Sunday, June 12. An open house reception is scheduled from 2-5 pm and the talk "Fiber Arts in Bermuda and Bequla" will take place from 2:30-3 pm. The gallery talk is part of an exhibition of handwoven masks by Brooksville fiber artist Merrill, who has spent time studying her art in Bermuda and Begula, and handwoven textiles by Bath weaver Ito who moved here from Japan 12 years ago and weaves in the Japanese "Saori" style. The exhibition will be on display at Maine Fiberarts through June 30. The talk and reception are free and open to the public. Maine Fiberarts Center/Gallery is located at 13 Main Street. 721-0678

#### **Shaker Conference**

• A conference open to the public, "We Will Sustain the Structure: The Built and Natural Environments of the Shakers" will be held at Sabbathday Lake Shaker Village in New Gloucester on Friday through Sunday, July 15-17. Sponsored by the Shaker Society, the Shaker Museum and Shaker Library and Maine Preservation, the conference will present a fresh understanding of the Shakers within the context of their environment, both natural and created, showing how the organic process has been in existence since the establishment of the Shaker Church in America. Special activities will include tours of Shaker Mill sites and Shaker Village and a Shaker Village Barn tour. Conference registration is \$150 and includes all speakers, special programs and activities, and five meals. Deadline is June 30. United Society of Shakers, 707 Shaker Rd., New Gloucester, ME 04260, www.shaker.lib.me.us, 926-4597

#### Saddleback Survivor Camp

• Saddleback Mountain in Rangeley is offering a 4-day Survivor Camp, July 5-8 with Survivor, Bob Crowley, winner of the CBS television series Survivor Gabon. Crowley is the oldest winner of the show and the first teacher and the first Mainer to win. Along with his assistant, registered Maine Guide Peter Christensen, he will teach fire building techniques, cooking over fires, gathering food, shelter building and navigation. Families, couples and singles are all welcome. Participants must be ages 10 and older and able to walk in the woods for a few hours and carry a 10-20 lb pack. Cost is \$500 per person. www.saddlebacksummer.com, 1-877-864-5441

#### Belgrade

• The Belgrade Regional Conservation Alliance's Education & Outreach Event Schedule for 2011 starts Thursday, June 2 and continues through the September annual meeting. June events feature a lecture on Thursday, June 2 at 7 pm at the Union Church in Belgrade Lakes on "Geologic Influences on Benedict Arnold's March to Quebec, 1775." Guest lecturer is Bruce Rueger who currently serves as Visiting Assistant Professor of Geology at Colby College in Waterville. On Thursday, June 16 at 7 pm at the church there will be a lecture by Susan Gallo, wildlife biologist from the Maine Audubon Society on "Loons." 495-6039

#### **Farmington**

• For National Trails Day (June 4) or for any day, a growing source to check for trails in Maine is the website www.MaineTrailFinder.com. Sponsored by the Center for Community GIS, a program of the Quebec-Labrador Foundation, the site adds new trails weekly and allows users to search and display information and maps for hiking, snowshoeing, mountain biking, and cross-country skiing trails. 778-0900

#### Gardiner

• A Gardiner Public Library bookstore! Since January, Book It! - a used-book store located at Lisa's Legit Burritos, 242 Water Street offers donated used books, movie DVDs and books on tape at discount prices. Proceeds benefit the library's Community Archives Room renovations fund, an estimated \$165,000 which will be supplemented with grants and donations. Lisa's Legit Burritos is open Monday through Saturday, 11 am-7 pm. Donations of books can be dropped off at the Gardiner Public Library, 152 Gardiner Street, Monday, Wednesday and Thursday, 10:30 am-5:30 pm, Tuesday 10:30 am-7:30 pm, Friday 9:30 am-5 pm and Saturday 9:30 am-12:30 pm. 582-3312, 203-2013.

Theater Camp! Space is still available in all four sessions of the popular Summer Shenanigans Visual and Performing Arts Day Camp at Johnson Hall. In a unique creative process, campers choose their characters on the first day of camp and spend the rest of the week writing a play, building sets, making props, working on

individual art projects and learning theater games and basic stage training – and putting on a show for family and friends. Session I is June 27-July 1 for grades K-1, 9 am-noon. Session II is July 11-15, grades 2-4, 9 am-4 pm. Sessions III is July 18-22, grades 4-6 and Session IV July 25-29, grades 7-9. 582-7144.

#### Hallowell

• Olympian Julia Clukey to speak at Hubbard Free Library on Tuesday, June 7 at 7 pm. Clukey competed in the 2010 Winter Olympic Games in Vancouver, finishing 17th in luge, and has already announced plans to participate in the 2014 Winter Olympics in Sochi, Russia. She will share her story of Olympic success and her message about good decision making. The presentation is free and open to the public. Refreshments will follow. 622-6582.

?Predators: The Balance of Nature? will be sponsored by The Friends of Hubbard Free Library on Saturday, June 18, 2 pm. This engaging FREE slide show, activities and discussion by the Chewonki Foundation will allow kids and adults to see predators in the context of food webs and natural cycles. Participants will have the opportunity to study mounted animals in addition to seeing three live non-releasable predators such as an alligator, owl or tarantula. Refreshments will follow the presentation. 622-6582.

Artists and artisans are invited to participate in the 4th Annual Riverfront Art Show and Sale, to be held Sunday, June 26, 11 am-4 pm. The show and sale feature original creations and artists will be welcome as long as space permits. Space fees are \$15 for KVAA, Kennebec Valley Art Association and/or Hallowell Board of Trade members and \$25 for all others. 622-1350.

#### Hinckley

• Beasts and Books! New at the L.C. Bates Museum, on 3rd Fridays from June until October the Beasts and Books program will be held from 10-11 am. Appropriate for ages 3 to 6 (with a parent), the program will include animal stories told in the museum, with a craft to make and take. Dates include June 17, July 15, August 19, September 16 and October 21. 238-4250.

"No Child Left Inside!" From June 20 through 29, 9 am-12 noon, the L.C. Bates Museum will hold a special weekday program for children of all ages. Topics of the day include: June 20 and 27 "Birds of Prey, June 21 and 28 "Buggin' Out," June 22 and 29 "Reptiles Rule," June 23 "Rocks," and June 24 "Pond Fun." Cost is \$7 a day. 238-4250.

#### Maranacook/Readfield

- Maranacook Summer Camps start June 20 and are scheduled through July, as follows:
- Boys' Baketball Camp (Grades 4-8), June 20-23, 8:30 am, \$90
- Co-Ed Basketball Camp (K-3), June 20-23, 8:30 am, Continued on page 20

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#### **A**UGUSTA

- Arboretum, 6 miles of year round walking trails open dawn to dusk, Visitor Center open Mon-Fri 9pm-4pm, **Viles Arboretum**, 626-7989, *www.vilesarboretum.org*, 153 Hospital Street, Capitol Complex, State Street
- Maine State House, Hall of Flags, House and Senate Rooms, Klir Beck dioramas, Mon-Fri 8 am-5 pm, book tours at Maine State Museum, walk-ins welcome 9 am-1 pm, www.maine.gov
- Art in the Capitol, Maine Arts Commission monthly self-guided exhibits in State House hallways (Mon-Fri 8 am-5 pm), Blaine House (call for times), and Maine Arts Commission Office (8:30am-4:30 pm), 287-6746, mainearts.maine.gov
- **Governor's Mansion**, 1830 Blaine House, Tue-Thu 2-4 pm, 287-2121, www.blainehouse.org
- Maine State Museum, Tue-Fri 9 am-5 pm, Sat 10 am-4 pm, \$2 adults, \$1 ages 6-18, 287-2301, www.mainestatemuseum.org
- Maine State Library, 287-5600, Mon-Sat opens 9 am.
- Children's Discovery Museum, CDM, hands-on displays, actives, Tue-Thu 10 am-4 pm, Fri-Sat 10 am-5 pm, Sun 11 am-4 pm, admission, 622-2209, www.childrensdiscoverymuseum.org, 171 Capitol St,
- Kennebec Historical Society, Wed-Fri 10 am-2 pm, 622-7718, www.kennebechistorical.org, 107 Winthrop St.
- University of Maine at Augusta, University Drive
- Danforth Gallery, Jewett Hall, art exhibits, UMA-1234, www.uma.edu/DanforthGallery
- Holocaust and Human Rights Center of Maine, Michael Klahr Center, 621-3530, www.hhrc.uma.edu
- UMA Fitness Trail, 2 miles of wooded trails, near Civic Center

#### Riverfront/Downtown

- Old Fort Western, 1754 fort, house, store, 1-4 pm daily, admission \$6, 4-14 years \$4, 626-2385, www.oldfortwest-ern.org Cony St.
- Riverfront Park, boat launch, Greenway Trail, playground, eastside Kennebec River
- **Kennebec River Rail Trailhead**, Maine State Housing Authority parking lot, *www.krrt.org*, Water St.
- **Museum in the Streets**, walking/history tour, www.augustamaine.gov, downtown.
- Farmers' Market at Mill Park, Sun 2-6 pm, 626-2305, www.farmersmarketmillpark.org/, North Water St.
- Farmers' Market at Turnpike Mall, 549-5112, Wed and Sat 10 am-1 pm, Western Ave.

#### BELGRADE LAKES

• Great Pond Mailboat, 215-7520, Mon-Sat, 10 am, Post

- Office, Main St.
- Spring Gallery & Sculpture Garden, Modern Art Foundry, Thu-Sun 11 am-5 pm and by appointment, 495-3113, www.springgallerymaine.com, 81 Main St.
- The Belgrade Community Center for All Seasons, swimming, gym, playground, picnic area, rec programs, library, 495-3481, www.belgrademaine.com 1 Center Dr.
- Union Church Coffee House, last Sat of month, 7:30 pm, \$5, 495-3599, Main St.
- **Belgrade Historical Society,** monthly meetings, 465-7924
- **Farmers' Market,** Sun 8 am-1 pm, Thu 2-6 pm, 465-7058, *www.belgradelakesfarmersmarket.org*, Main St.
- Peninsula Park on Long Pond, picnic tables, Main St.

#### **FAIRFIELD**

- Fairfield Historical Society, 1890 Cotton-Smith House, Tue 9 am-12 noon, 1-4 pm, 453-2998, www.fairfieldmehistoricalsociety.net, 42 High St.
- Farmers' Market, 948-5724, Wed 2-6 pm, Sat 9:30 am-1:30 pm, Nazarene Church parking lot, 81 Main St.

#### FARMINGTON

- Farmington Historical Society, 778-2835, Wed and Sat, 11 am-2 pm, July-August, 118 Academy St.
- Nordica Homestead Museum, opera singer Lillian Nordica costumes, jewelry, mementos, 778-2042, Tue-Sat 10 am-12 n and 1-5 pm, Sun 1-5 pm, 116 Nordica Lane, Holley Rd.
- Contra Dance, 491-9928, www.starleft.org 2nd Sat of the month, all welcome, 6:30-7:30 pm family dance, 8-11 pm regular dance, admission, Grange Hall, Bridge St, Rt 43, West Farmington
- University of Maine campus and Arboretum, four walking tours with informal guide pamphlet to campus trees, 581-1541, www.umaine.edu/arboretum/, downtown
- Farmers' Market, 778-6602, Fri 9 am-2 pm, Better Living Center parking lot, Front St; Saturday 8 am-12 noon, Main St.
- Meetinghouse Park and Gazebo, weekly concerts throughout summer, downtown
- Fairgrounds, events throughout summer, Franklin County Fair in Sept, High St.

#### GARDINER

- Artdogs and Circling the Square Fine Art Press, 1-5 pm Fri, 10 am-4 pm Sat, 582-2108, www.theartdogs.com, 275-277, Water St.
- Johnson Hall Performing Arts Center, 582-7144, www.johnsonhall.org 280 Water St.
- Farmers' Market, 582-3100, www.gardinerfarmersmarket.org, Wed 2-6 pm, rain or shine, The Common
- Kennebec River Rail Trail, terminus near Gardiner/Randolph Bridge, 6.5 miles to Augusta o Waterfront Park, picnicking, events throughout summer, Kennebec River

#### GREENE

• Araxine Wilkins Sawyer Memorial, free monthly entertainment programs, 946-5311, www.sawyer-foundation.com, 371 Sawyer Rd, off Rt 202

#### HALLOWELL

- Harlow Gallery, Kennebec Valley Art Association, 622-3813, www.harlowgallery.org Wed,Thu, Sat, 12-6 pm, 160 Water St.
- **Gaslight Theater,** 626-3698, www.gaslighttheater.org City Hall, 1 Winthrop St.
- **Museum in the Streets,** history/walking tour, www.his-torichallowell.org, downtown
- Farmers' Market, 622-1350, Sun 11 am-3 pm, north end of Water St.
- Vaughn Woods, 166 acre park/trails, Middle St.
- Kennebec River Rail Trail, to Augusta, Farmingdale/Gardiner, downtown
- Waterfront Park, weekly summer concerts, North Water St.

#### HINCKLEY

• L.C. Bates Museum at Good Will-Hinckley School, early 20th century natural history and cultural exhibits, nature trails, adults \$3, up to 17 years \$1, 238-4250, www.gwh.org Wed-Sat 10 am-4:30 pm, Sun 1-4:30 pm, Rt 201

#### KINGFIELD

- Reinhart Gallery Art Center, 266-4656, 245 Main St, www.ianreinholt.com/gallery.html
- o Ski Museum of Maine, by appointment, 265-2023, 256 Main St, www.skimuseumofmaine.org
- **Stadler Gallery**, 265-5025, 12-4 pm daily or by appointment. 225 Main St, *www.stadlergallery.com*
- Stanley Museum, 265-2729, www.stanleymuseum.org, memorabilia/displays on Stanley Steamers, Tue-Sun 1-4 pm, 40 School St.

#### Livermore

• Washburn-Norlands Living History Center, 18th-19th century mansion/farmstead/schoolhouse, library, chapel, 897-4366, www.norlands.org, admission, living history tours Tue and Thu 1-4 pm, 290 Norlands Rd.

#### Madison

- Lakewood Theater, Maine's Summer Theater, Young Performers Camp, 474-7176, www.lakewoodtheater.org, Rt 201
- o Skowhegan School of Painting and Sculpture, 474-9345, www.skowheganart.org, summer evening artists lecture series, East Madison Rd.

#### MONMOUTH

- Monmouth Museum, local and regional Maine history, Wed-Sun 1-4 pm, 933-2287, www.monmouthmuseuminc.org, 751 Main St.
- The Theater At Monmouth, The Shakespeare Theater of Maine, Cumston Hall, 933-9999, www.theateratmonmouth.org, Main St.

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#### MOUNT VERNON

• D.E.W Animal Kingdom, Zoo, 293-2837, www.dewanimalkingdom.com, Tue-Sun 10 am-5 pm, \$10, 918 Pond Rd, Rt 41

#### **New Portland**

- Nowetah's American Indian Museum and Craft Shop, 628-4981, daily 10 am-5 pm, free, 628-4981, 2 Colegrove Rd, Rt 27, www.nowetahs.webs.com/
- Wire Bridge, 1864, probably only wire suspension bridge in U.S., off Rt 27

#### **NEW SHARON**

• Farmers' Market, Sat 9 am-1 pm, Douin's Market, 491-9025, 150 Mercer Rd, Rt 2

#### Norridgewock

- Norridgewock Historical Society Museum, 1838 building, Sat 10 am-3 pm, 634-5032, www.norridgewock.com, Mercer Rd, Rt 2
- Oosoola Park, picnic area, great playground, boat launch, on Kennebec River, Rt 8

#### **O**AKLAND

• Macartney House Museum, Oakland Area Historical Society, 465-7549, Wed 1:30-4:30 pm, 1815 home with antique furnishings and Oakland artifacts, 25 Main St.

#### READFIELD

• Readfield Historical Society and Museum in 1823 schoolhouse, 685-4662, www.readfieldhistorical.com/, Thu and Sat 10 am-2 pm or by appointment, Rt 17, Readfield Depot

#### Rome

- Mt. Philip Grange, suppers 3rd Sat of month, 4:30-6 pm, all you can eat beans, cornbread, rolls, chop suey, pies, Rts 135/225
- Trails: Mount Philip on Rt 225; The Mountain on Rt 27; French's Mountain and Kennebec Highlands, Watson Pond Rd; 495-6039, www.belgradelakes.org, maps available at BRCA, Belgrade Lakes

#### SIDNEY

- New England Music Camp, concerts free and open to the public, famous Bowl-in-the-Pines on Lake Messalonskee, 465-3025, www.nemusiccamp.com, Rt 23
- Sidney Historical Society, 547-3142, http://www.rootsweb
- Silver Spur Riding Club, horse shows, www.silverspurmaine.com/, River Rd/Rt 104

#### SKOWHEGAN

- Margaret Chase Smith Library, residence, home, museum exhibits, 474-7133, www.mcslibrary.org, free, Mon-Fri 10 am-4 pm. 54 Norridgewock Ave.
- **History House Museum**, l800s local history and culture, 474-6632, www.skowhegan.com/historyhouse, Tue-

Fri 1-5 pm, Elm St.

- Fairgrounds, weekly horse shows/competitions at covered arena, Skowhegan State Fair in Aug, 474-3621, Madison Ave.
- Farmers' Market, Wed 3-6 pm, Sat 9 am-1 pm, weekly entertainment, 938-3906, Skowhegan Savings Parking Lot, Old Grange Hall, Madison Ave.

#### **S**MITHFIELD

- Fairview Grange suppers, 362-2791, every Wed in summer, 5 pm, Village Rd, Rt 8
- Sunbeam Roller Rink, Wed, Fri, Sat 7-10 pm, 362-4951, 830 Village Rd, Rt 8
- Sunset Camps, public beach, 362-2611, www.sunset-camps.com, Village Rd, Rt 8

#### UNITY

• Unity College Centre for the Performing Arts, folk genre music, 568-3147, www.unitymaine.org, 42 Depot St.

#### WATERVILLE

- Aqua City Actor's Theatre (ACAT), 873-7000, www.acattheatre.org. Waterville Opera House Studio Theater, Main St.
- **Museum in the Streets,** downtown history/walking tour, *www.the museum in the streets.com/waterville.htm*
- Two Cent Bridge, historic foot bridge over Kennebec River, Head of Falls park/events area, Front St.
- Colby College Museum of Art, 859-5600, www.colby.edu/museum/ Tues-Sat 10 am-4:30 pm, Sun 12-4:30 pm, free, Colby College Campus, Mayflower Hill o Thomas College Art Gallery, 180 West River Rd.
- Waterville Historical Society Redington Museum, 1814 home, pharmacy, 872-9439, www.redingtonmuseum.org. Tue-Sat tours at 10 and 11 am, 1 and 2 pm, 62 Silver St.
- Waterville Opera House, 873-7000, www.operahouse.com, 93 Main St.
- **o Farmers' Market,** Thu 2-6 pm, 680-2055, www.waterville-farmersmarket.org, The Concourse parking lot.

#### WAYNE

• Farmers' Market, 873-7000,

http://waynefarmersmarket.weekly.com, Sat 9 am-noon, Town Green, next to Post Office, Main St.

#### WILTON

• Wilton Farm & Home Museum, 645-2091, 645-4578, www.wiltonmaine.org, Sat 1-4 pm or by appointment, Canal St.

#### WINTHROP

- **o Norcross Park,** playground, picnic site, boat launch on Maranacook Lake, downtown.
- o Farmers' Market, 395-4244, www.camarkets.com, Tue and Sat 9 am-1 pm, parking lot, downtown,

Additions/Updates/Corrections: Please contact Summertime in the Belgrades with any changes to this Directory.

#### **ASSOCIATIONS/GROUPS**

THE BELGRADES...

- East Pond Association, Smithfield/Oakland, www.eastpond.org
- North Pond Association, 152 Madison Avenue, Skowhegan, ME 04976, 474-8988, www.northpond.net
- McGrath Pond/Salmon Lake Association (MP/SL), RR 2 Box 2800, Belgrade, 04917. 465-3983, www.salmonlake.org
- Great/Long Ponds: Belgrade Lakes Association (BLA), PO Box 551, Belgrade Lakes, 04918, 512-5150, www.belgradelakesassociation.com
- Snow Pond/Messalonskee Lake Association, PO Box 532, Oakland, 04963, 465-2888, www.snowpond.org
- Belgrade Regional Conservation Alliance (BRCA) and BRCA Conservation Corps, PO Box 250, Belgrade Lakes, 04918, 495-6039, www.belgradelakes.org
- Belgrade Lakes Region Business Group (BLBG), PO Box 596, Belgrade Lakes, ME 04918. 495-3700, www.belgradelakesmaine.com

#### BEYOND...

- Maine Congress of Lake Associations (COLA), PO Box 426, Belgrade, 04917. 1-877-254-2511, www.mainecola.org
- Friends of the Cobbossee Watershed, PO Box 5003, Augusta, 04332-5003, 621-4100, www.watershedfriends.com
- Franklin County Soil & Water Conservation District,
- 107 Park Street, Farmington, 04938, 778-4279, www.franklineswcd.org
- Kennebec County Soil & Water Conservation District, Central Maine Commerce Center, 21 Enterprise Drive, Augusta, 04330, 622-7847, ext. 3, www.kcswcd.org
- Kennebec Land Trust (KLT), PO Box 261, 134 Main St., Winthrop, ME 04364, 377-2848, www.tklt.org
- •Kennebec Messalonskee Trails, PO Box 2388, Waterville, 873-6443, www.KMTrails.org
- •Kennebec River Rail Trail, PO Box 2195, Augusta, 623-8162, www.krrt.org
- 30 Mile River Watershed Association (30 MRWA), Kimball Pond in Vienna to the Androscoggin River, 293-2181, www.30mileriver.org
- Parker Pond Association, Mount Vernon/Vienna. www.parkerpond.org
- Central Maine chapter of the **New England Mountain Bike Association (CeMeNEMBA)**, 1154 West Road, Belgrade, ME 04917. 441-6227, www.cemenemba.org





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## - Calendar <del>—</del>

Thursday 6/2 through Saturday 6/4 – "I Love You, You're Perfect, Now Change," 474-7176, Lakewood Theater, Route 201, Madison

Thursday 6/2 through Saturday 6/4 - "The Importance of Being Earnest," by Oscar Wilde, high farce and witty dialog, 626-3698, Gaslight Theater, Hallowell City Wall, Winthrop Street, downtown Hallowell.

**Friday 6/3 through Sunday 6/5 -** "Picasso at the Lapin Agile," performed by ACAT, Aqua City Actor's Theater, Studio Theater, 873-7000, Waterville Opera House, 93 Main Street, downtown Waterville.

Friday 6/3-Saturday 6/25 - "The Drawing Story," 14 artists including painters, illustrators, a sculptor and a tattoo artist respond to the question: What is the drawing story? 5-8 pm, free and open to the public, opening reception and meet the artists 6/3, 5-8 pm, 622-3813, Harlow Gallery, 160 Water Street, Hallowell.

Saturday 6/4 – 15th Annual Paddle for Pine Tree Camp, Paddle with a purpose, raise pledges to benefit campers with disabilities, two hour paddle on beautiful North Pond, family-oriented, appropriate for all ages, skill levels and abilities, followed by a celebratory barbecue with live music, www.pinetreesociety.org, 443-3341, Pine Tree Camp, Rome.

Saturday 6/4 and Sunday 6/5 – 2011 Maine Fiber Frolic, great family outing, sheep, llamas, goats, rabbits, fleece/fiber products, Sheep to Shawl Competition, sheep and alpaca shearing, goat show, llama drill parade, children's area, Dan Grady's "Marvelous Marionette Medley," educational presentations and much more, food

concessions available, picnic tables, most exhibits under cover, 9 am-4 pm, adults \$5, seniors \$2, children under 12 free, www.fiberfrolic.com, Windsor Fairgrounds, Route 32, Windsor.

Saturday 6/4 and Sunday 6/5 – Civil War Reenactment Weekend, Confederate and Union infantry and civilian reenactors from across New England, encampment, scrimmages, raids, battles, field music, fashion show, tea party, quilting, dances, tea, bean supper, contra dance, gates open 9 am, admission \$8 adults, \$5 children under 12, Washburn-Norlands Living History Center, 897-4366, www.norlands.org, three miles off Route 4, Livermore.

Saturday 6/4 - Contra-Dance to benefit the "Norlands," The Racket Factory will perform, producing the finest reel, jigs, waltzes, mambos and polkas, locally made music using only fiddles, guitar, banjo, bas and a five-string racket, dancers of all abilities welcome, come early for a traditional bean supper with slow smoked brisket at 5 pm, dance at 7 pm, \$5, 897-4366, www.norlands.org, off Route 4, Livermore.

Saturday 6/4 – Morning Bird Walk to celebrate National Trails Day, 8 am, Play Unplugged along the trails, 10 am, both trail programs will be outside on the beautiful trails on the Good Will-Hinckley campus and will have a museum expert on hand, free and open to the public, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

**Saturday 6/4 -** Stewardship day, 9 am, work location to be announced, Belgrade Regional Conservation Alliance, 495-6039, Belgrade Lakes.

**Saturday 6/4 –** National Trails Day, guided hike of historic Mt. Pisgah, one-mile trail, 9-11 am, rain date Sunday 6/5, arrange-

ments for visit to fire tower for those unable to hike, Kennebec Land Trust, 933-2220, Winthrop.

Sunday 6/5 – Sandy River Festival, log rolling, canoe relay, inner tube race, fly fishing, food, 9-mile river voyage from Strong to the Fairbanks Bridge leaves at 8 am, 684-4429 or 684-2195, Route 4, Strong.

**Wednesday 6/8 –** Night at the Museum, Animal Headgear, antlers to horns to antenna, 6:30-7:30 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Thursday 6/9 – Seasoned Worker Forum, discuss the older worker issues, for over 50, retired, semi-retired, looking for work, or interested in the economy, free, 9 amnoon, 645-5800, Wilton Career Center, Rt 2E, Wilton.

Thursday 6/9 through Sunday 6/12 – Stage presentation "Up the Down Staircase," 474-7176, Lakewood Theater, Route 201, Madison.

Friday 6/10 – Vital Maine Communities Conference: "Making Maine's Downtowns Work," key strategies for downtown revitalizations, workshops, speakers, awards, 626-3117, www.mdf.org or 612-2571, Main Street Skowhegan.

#### Friday 6/10 through Sunday 6/12 -

"Picasso at the Lapin Agile," by ACAT, Aqua City Actors Theater, 7:30 pm Friday and Saturday, 2 pm Sunday, tickets \$12, seniors and students \$10, www.operahouse.org or 873-7000, Studio Theater, Waterville Opera House, 93 Main Street, downtown Waterville.

**Saturday 6/11** – Fort to Fort Canoe and Kayak Expedition, leave Fort Halifax Park in Winslow 9 am, arrive Old Fort Western in Augusta 5-6 hours later, scenic, historic, fun, bring sufficient water and snacks,

return shuttle for participants available, flotation devices required, register at 626-2385, Old Fort Western, Augusta.

Saturday 6/11 – The Annual Kennebec Celebration of the Spring Running and life in, on and along the Kennebec River with exhibits, events, crafts, demonstrations, 11 am-4 pm, rain or shine, 563-3146, www.KennebecCelebration.com, Old Fort Western and East Side Boat Launch, Kennebec Riverfront, Augusta.

Saturday 6/11 – Antique Power Show, celebrate 38 years of old iron, free, open to public, view antique engines, tractors, inventions, flea market, raffle, silent auction, easy parking, grounds for children to romp, 474-3621, Fairgrounds, Route 201, Skowhegan.

**Saturday 6/11 -** 2011 St. Michael School, Augusta, Golf Tournament, to benefit school tuition assistance, 623-3491, Natanis Golf Course, Vassalboro.

Saturday 6/11 – Contra Dance, all welcome; 6:30-7:30 pm family dance with sitin band, \$2 adult, \$1 child; pot luck snacks 7:30-8 pm; 8-10:30 pm regular dance with Racket Factory band and Cynthia Phinney caller, adults \$6, \$5 students, \$15 family max, 491-9928, Farmington Grange, Bridge Street, Route 43, West Farmington.

**Saturday 6/11** – Acoustic Coffeehouse, 7:30 pm, Simons and Goodwin featured performers followed by open mic, donation at door includes refreshments, Union Church, Main Street, Belgrade Lakes.

Sunday 6/12 – "Astonishing Oceans," explore the Marine Biology room at the L.C. Bates museum, discover the diversity of shelled creatures up close, take home a mini shell, 1-3 pm, 238-4250, Route 201, Hinckley.





Black Fly Follies 7/2 at 7:30pm

Much Ado About Nothing 7/8 - 8/20

The Compleat Wrks of 7/10 - 8/17
William Shakespeare, abridged

Room Service 7/15 - 8/20

Blithe Spirit 7/22 - 8/19

King Lear 7/29 - 8/18

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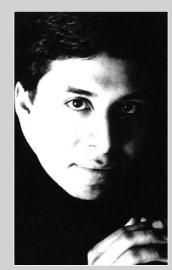
June 3 - June 16, 2011

## Summertime in the Belgrades



### **Concert at Jewett June 12**





George Lopez

Suzanne Nance

Favorite Songs: Opera & Broadway by Suzanne Nance with George Lopez, piano, will be performed at Jewett Auditorium, University of Maine at Augusta on Sunday, June 12, at 2 pm. Suzanne has performed with opera companies and orchestras in the United States and Europe, most recently Prague, London, Philadelphia, Chicago, Boston, New York and across Maine. She is currently the Music Director for Maine Public Broadcasting Network and produces and hosts the 9 am-noon weekday classical music program. George Lopez, considered one of the best chamber musicians of his generation. has been featured across the globe as a recitalist and a soloist with orchestras.

The Concerts at Jewett series is presented by UMA College of Arts and Sciences and UMA Senior College and is in its 8th season. Tickets are \$10, \$5 student, 12 and under free and may be purchased at the door or at Pat's Pizza of Augusta, Apple Valley Books in Winthrop, and Mike Davis Entertainment, Waterville. For more information contact 621-3551, umasc@maine.edu, or www.concertsatjewett.com

Sunday 6/12 – "Concerts at Jewett" show tunes and opera favorites by soprano Suzanne Nance, accompanied by George Lopez on piano, 2 pm, tickets \$10, students \$5, 12 and under free, 621-3551, www.concertsatjewett.com, Jewett Auditorium, University of Maine, Augusta.

Monday 6/13 - Kennebec Valley YMCA Golf Tournament, to provide scholarships to summer Camp KV, 19th annual, noon shotgun start, rain or shine, 626-3488, Augusta Country Club.

**Tuesday 6/14** – The Crosby's free Outdoor Concert Series, 11:30 am-1 pm, Meetinghouse Park Gazebo, downtown Farmington.

Tuesday 6/14 through Sunday 6/19 - 34th Annual Conference of the Association for Gravestone Studies, join fellow gravestone enthusiasts for lectures, cemetery tours, and workshops, open to all interested participants, 413-772-0836, cwpatten@tds.net, www.gravestonestudies.org

Wednesday 6/15 through Monday 7/4 – Whatever 2011 Family Festival, free family fun, more than 85 entertainment and sports offerings during the festival, highlights include Saturday, June 18 – Greater Gardiner River Festival, Saturday, June 25 – Family Festival Day in Capitol Park and Hallowell Riverfront Celebration, Monday, July 4th festivities,

www.augustamaine.com, greater Augusta.

Wednesday 6/15 - Public Supper, 5 pm till gone, 634-4392, Fairview Grange, Village Rd, Route 8, Smithfield.

Wednesday 6/15 – "The Life and Times of Henry Ford," by Bob Ryan, Executive Director Boothbay Railway Museum, 6:30 pm, sponsored by the Kennebec Historical Society, 622-7718, St. Mark's Episcopal Church, 9 Summer St, Augusta.

Wednesday 6/15 - Solon artist Abby Shahn speaker at June ArtTalk at the Harlow Gallery, abstract expressionist will discuss the life of an artist living, gardening, surviving winter and creating art in this place and in these times, 7 pm, suggested \$3 donation, 622-3813, www.harlowgallery.org, www.abbyshahn.com, 160 Water Street, downtown Hallowell.

Thursday 6/16 through Sunday 6/19 – Maine Horse Association 32nd Annual Downeast Horse Congress Show, Class AA double judged show, pleasure classes Thu-Sat, hunter classes and dressage competition Sun, covered arena, free admission, Skowhegan Fairgrounds, Madison Ave, Skowhegan.

Thursday 6/16 through Sunday 6/19 – Blistered Fingers Family Bluegrass Music Festival, good family entertainment, extra large tent area, 15 great



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## Kennebec Corridor News & Notes -



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## Celebrating the Revitalized Kennebec

Celebration Annual Kennebec  $oldsymbol{1}$  Celebrating the Spring Running and Life In, On and Along the Kennebec River will take place Saturday, June 11, 10 am-4 pm, rain or shine, at Old Fort Western in Augusta. The festival brings people together in an educational and entertaining gathering to celebrate the renewed vitality of the river since the removal of the Edwards Dam, the annual return of fish from the sea to their freshwater spawning grounds, and improved quality of lifestyles along Kennebec.

On June 11 visitors will be treated to a gathering of Maine artisans featuring finely crafted products and work, there will be children's activities and an Education Tent, live music, fly tying and fly fishing demos, conservation and marine resources booths, food concessions, entertainment and more, especially – new this year – events, artists, food and live music scheduled on the west side of the Kennebec, focusing on Water and Front Streets.

Highlights of the celebration will include:



- Free tours of Old Fort Western, the oldest wooden fort in America, 10 am-3 pm
- Guests of honor, the Burnurwurskek Singers from the Penobscot Nation Tribe, members of the Abnaki culture whose ancestors inhabited Maine long before European exploration took place.
- Abnaki Historians Jonathan Yellowbear and Lynn Sacobie
- The Wooden Canoe Heritage Association demonstrating seat caning and paddle carving and displaying old canoes
- The Education Tent with displays from farming to fisheries to forestry to healthier lifestyle choices





- The Maine Craft Show a great shopping opportunity
- Free Trolley Rides
- Walking tours of the Riverfront with volunteers from the Viles Arboretum
- Eastern Mountain Sports Water Demonstration on the West side
- A Beer Garden and Music at the West side gazebo starting at 4 pm

Some of the activities will be at the East Side boat landing where there is a great playground for children. Admission to Kennebec Celebration is free for the whole family. For more information visit www.KennebecCelebration.com or call 626-2385.

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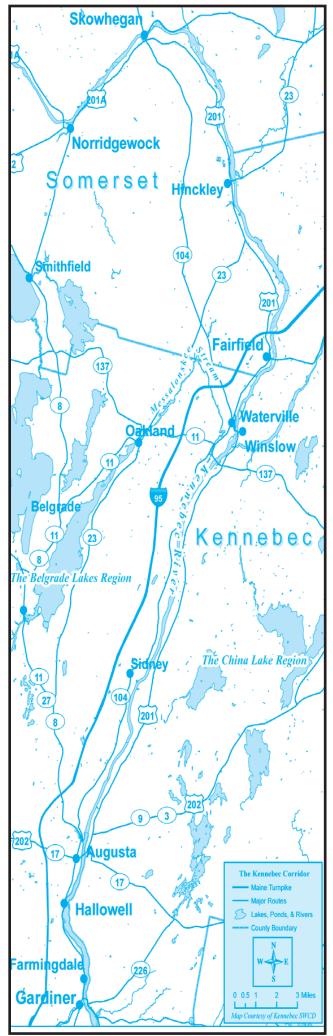
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### Paddle the Kennebec, Winthrop to Augusta, June 11



The 12th annual Fort Halifax to Old Fort ■ Western Canoe and Kayak Expedition, sponsored by Augusta's Old Fort Western, is scheduled for Saturday, June 11. Official launch time is 9 am from Fort Halifax Park in Winslow, but participants are free to put in whenever and wherever they wish. The full trip takes five to six hours and ends at Old Fort Western in Augusta. Free transportation will be provided back to Winslow until 3 pm. All safety regulations will be in effect; flotation devices are required; participants are encouraged to bring sufficient water and snacks for the trip. Interested paddlers are urged to phone 626-2385 or e-mail oldfort@oldfortwestern.org no later then June 9. Check www.oldfortwestern.org by 6 am the morning of June 11 for cancellation due to weather conditions.



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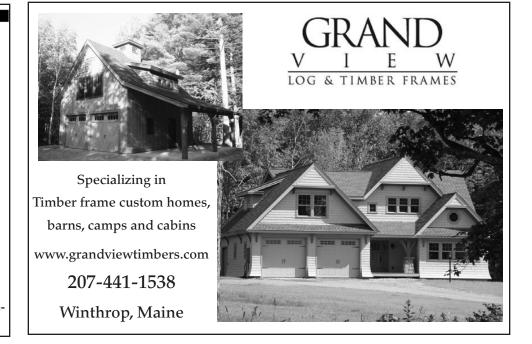
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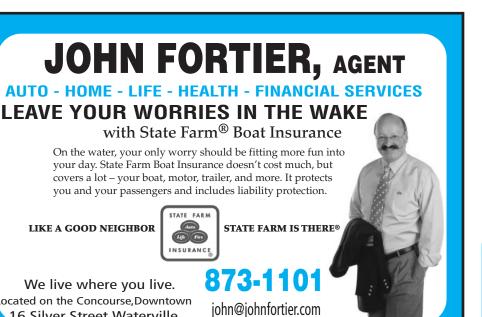
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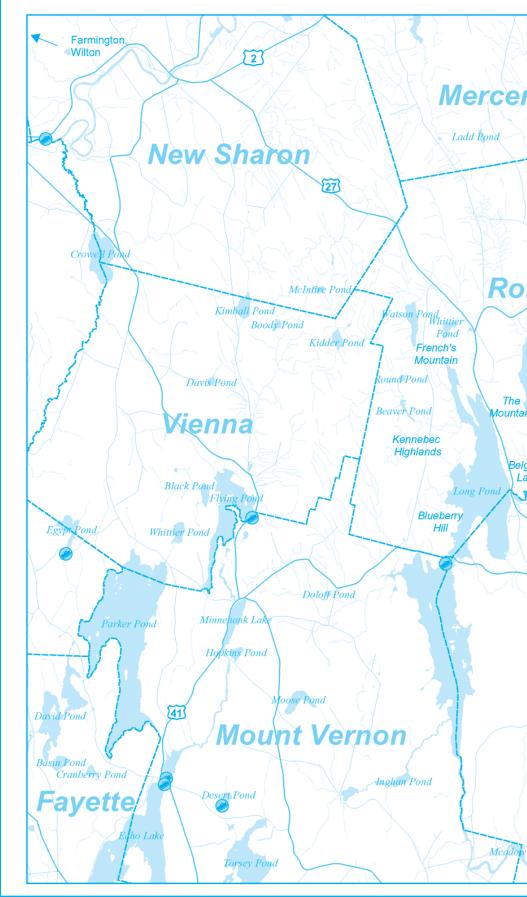




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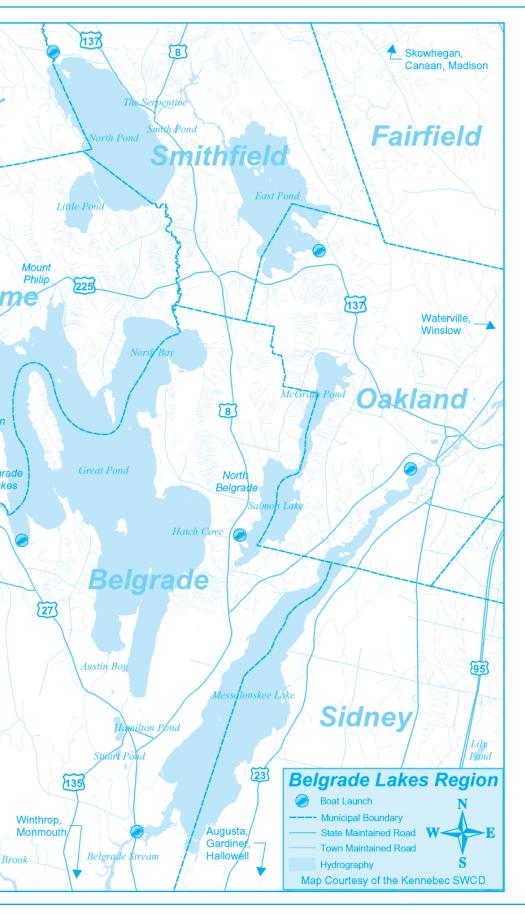
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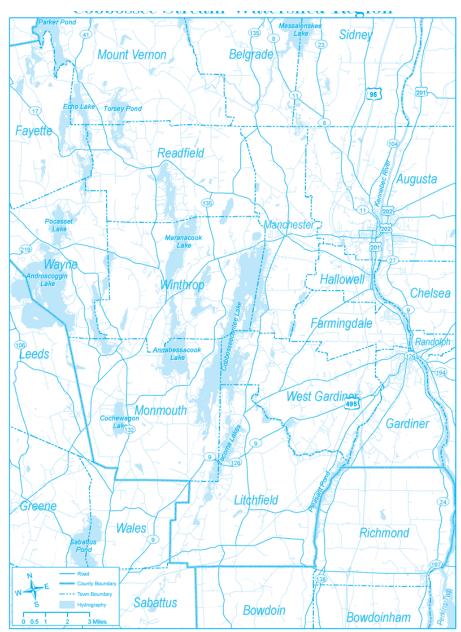
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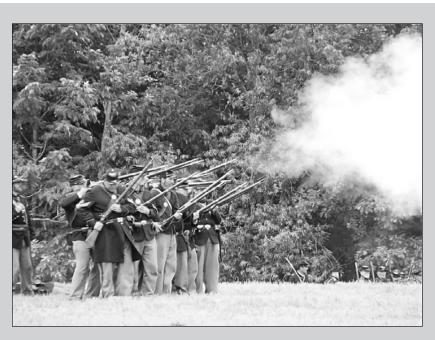
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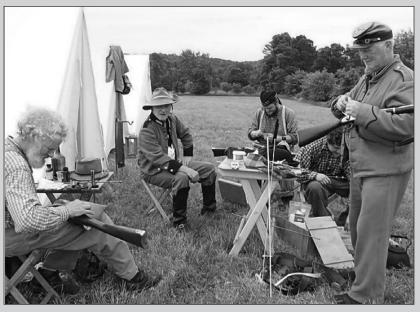
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## Civil War Weekend at Norlands a Journey Back in Time





The Third Rally for Norlands: Civil War Reenactment Weekend at the ■ Washburn-Norlands

Living History Center in Livermore will take place on Saturday and Sunday, June 4 and 5. Organized by the 3rd Maine Company A and 15th Alabama Company G to benefit the nonprofit Norlands, the rally will include scrimmages with replica weaponry, encampments that guests can visit, field music, a 19th Century fashion show, vintage town ball, living history and in the 19th Century historic Norlands farm, wagon rides, basket weaving, open fire cooking, children's activities, a patriotic concert, a bean supper, a contra dance and much more.

The Norlands' mission is to preserve the heritage and traditions of rural life in Maine's settlement, to celebrate the outstanding political and business development achievements of the Washburn family, and to use living history methods to teach today's citizens, especially children, about the

Gates will open at 9 am daily. Admission is \$8 adults and \$5 for children under 12, and includes the reenactment and the Norlands buildings. For more information visit www.norlands.org or call 897-4366.





### Cobbossee Corner

## **Invasive Plant Patrol Workshop**

aine waters are being invaded! As with a serious illness, early detection is key; the earlier the introduced invader--such as Eurasian water-milfoil or zebra mussels--is detected, the greater the chances for finding an effective treatment and reducing the risk of spread. With over 6000 lakes and ponds, and thousands of miles of suitable stream habitat to be monitored for the presence of aquatic invaders on an ongoing basis, the challenge here in Maine is enormous. MAINE NEEDS YOUR HELP! Free training, coming soon to Litchfield, will provide you with everything you need to get started.

Introductory Invasive Plant Patrol Workshop, Monday, June 27, 2011, 3:00pm to 8:30pm, at Carrie Ricker Middle School, Litchfield. This workshop is presented by the Maine Volunteer Lake Monitoring Program, and hosted by the Tacoma Lakes Improvement Society, the Friends of Cobbossee Watershed, and the Litchfield Conservation Commission. Pre-registration is required. Please contact the Maine Volunteer Lake Monitoring Program at vlmp@mainevlmp.org or (207) 783-7733 to register. For on-line registration and workshop schedule updates www.mainevolunteerlakemonitors.org/work-

shops The primary goal of the Introductory Invasive Plant Patrol Workshop is to provide those who wish to join Maine's "early detection" effort with information and guidance needed to get started. The workshop is presented in four parts:

- · Overview of invasive species issues in Maine and beyond
- Plant identification fundamentals
- Plant identification hands-on exercise with live
- Conducting a screening survey, tools and techniques

All workshop participants receive an "Invasive Plant Patroller's Handbook," and the full-color Maine Field Guide to Invasive Aquatic Plants. Invasive Plant Patrol workshops are provided, free of charge to participants, by the Maine Volunteer Lake Monitoring Program Center for Invasive Aquatic Plants. IPP workshops are funded in large part by a grant from the Maine Department of Environmental Protection with funds generated by Maine Lake and River Protection Sticker Program. Additional support for the workshops comes from foundation grants, private donations, and the generosity of local sponsors. Anyone interested in learning about aquatic invaders is welcome to participate in the workshops. Those who wish to become active members of Maine's early detection team and to make a formal commitment to the statewide endeavor, are encouraged to become Certified IPP Volunteers.

Tacoma Lakes Improvement Society is forming an Invasive Plant Patrol Team - Please Join! For the past 5 years, a small group of Certified IPP Volunteers has been scouring the waters of the Tacoma Lakes chain in search for something they hope never to find: invasive aquatic plants. The Tacoma Lakes Improvement Society is now looking to significantly expand participation in that effort.

"When it comes to monitoring aquatic invaders, the more eyes on the water, the better," says Certified Plant Patroller and team organizer, Buffy DeMatteis. The creation of a strong, active Invasive Plant Patrol Team is essential to ensuring the quality of invasive aquatic plant surveys, and also to sustaining the effort over time. As part of a larger team, each patroller can focus more comprehensively on a relatively small survey area, and no is asked to take on more than he or she can easily handle."

"An active, well trained, fully equipped survey team will benefit our community in many ways," continued DeMatteis. "Variable milfoil has been in nearby Pleasant Pond for a while now, and just last year, the same invasive plant was found in Purgatory Stream, which brings it perilously close to all of the Tacoma Lakes. We need to be very alert, informed, and proactive if we are to prevent this invader from spreading throughout the chain. With a large, active team, we hope to rule out the presence of invasive aquatic plants annually.

Barring that, our goal is to detect new infestations early, before they become irreversibly established." (Note: Purgatory Stream is Woodbury Pond's outlet stream; the infestation is currently separated from the pond by Woodbury's outlet dam.) According to Roberta Hill, Invasives Coordinator for the Maine Volunteer Lake Monitoring Program, approximately sixty Maine waterbodies are now being monitored by active or



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actively forming Invasive Plant Patrol Teams. Maine's largest IPP Team, on Damariscotta Lake, is comprised of 160 trained patrollers. The Maine Volunteer Lake Monitoring Program (VLMP) is the oldest, and one of the largest, citizen-based lake monitoring programs in the nation. Through its nationally recognized Invasive Plant Patrol program, the VLMP Center for Invasive Aquatic Plants has now trained nearly 2,500 Plant Patrollers across the state of Maine. For more information regarding Invasive Plant Patrol Workshops, the threat of aquatic invaders in Maine, IPP Lake Teams, or the Maine Volunteer Lake Monitoring Program, please contact: Roberta Hill Program Director, Center for Invasive Aquatic Plants MAINE VOLUNTEER LAKE MONITOR-ING PROGRAM 24 Maple Hill Road, Auburn, ME 04210, 207-783-7733 mciap@mainevlmp.org www.MaineVolunteerLakeMonitors.org



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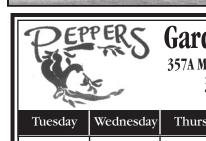


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## Upcoming —

**JUNE** 

- Somerset County 2011 Relay for Life takes place Saturday 6/18 into Sunday 6/19 at the Skowhegan Fairgrounds.
- A Book and Plant Sale will be held on Saturday, June 18, 9 am-2 pm at the Humane Society, 100 Webb Rd, Waterville, rain or shine. A wide selection of plants will be available; books by the truck load; gardening questions answered. 873-2430
- Trek Across Maine, bicycle tour from Sunday River To The Sea, will take place Friday through Sunday, June 17-19. All ages and experience levels, comprising 2,500 bikers, to support the American Lung Association. 1-888-241-6566 ext 0312 or biketreknewengland.org
- Gems of the Kennebec (Art of and from the River) by artist Michelle M. Curlett and photographer Bill Haley will be on display at Joyce's Restaurant, Hallowell on Sunday, June 19.
- On Wednesday, June 22 the Belgrade Historical Society will hold its annual meeting and power point "The Mystery of Miss Pattee" at the house she built, at 6:30 pm at Whisperwood Camps, Taylor Woods Road. 465-7924
- Mastersingers USA, an award-winning male chorus,

- under the directions of UMF Chorus Director Bruce On Sunday 6/26, Concerts at Jewett will feature McInnes will perform at Nordica Auditorium on Friday, June 24 at 7:30 pm. Admission is \$15; children 15 and under free.
- Hospice Garden Party celebrates its 14th year on Saturday, June 18 at Fieldstone Gardens in Vassalboro, beginning at 9 am, rain date June 19. Activities include workshops, tours, children's activities, live music, local artisans, buffet gourmet luncheon, \$5 admission for all ages, buffet \$10.873-3615 for reservations.
- River Fest 2011- focusing on downtown and the Kennebec River, including rafting, kayaking and events on the water - will be held in Skowhegan June 24 through 26, www.skowheganchamber.com, 474-
- Saturday, June 25 is Kids Day in Capitol Park in Augusta with more than 80 free events and entertainment 623-4559. and www.AugustaMaine.com
- Third Annual Rail Trail Marathon/5K/Half Marathon Relay will be held on the Kennebec River Rail Trail in Augusta on Saturday, June 25. 622-9009, www.krrt.org
- "A Sense of Place" is the theme of the annual Maine Lakes Conference set for Saturday, June 25 at Colby College, Waterville. The agenda includes distinguished presenters, networking, vendors, workshop sessions. Continental breakfast and lunch are included in registration. www.mainecola.org

PORTopera's Young Artists in Cafe Vienna (in English) at 2 pm, with a pre-concert talk by Steven Morris at 1 pm. Tickets \$10, students \$5, 12 and under free, available at Pat's Pizza, Augusta, Apple Valley Books, Winthrop, and Mike Davis Entertainment, Waterville. 621-3551

**JULY** 

- The 9th Annual "Friends on the 4th" 5K, sponsored by the Friends of the Cobbossee Watershed will take place in Winthrop along Lake Maranacook on Monday, July 4. 621-4100, www.watershedfriends.com
- Old Hallowell Day Book Sale of used books and videos will be Saturday, July 16, 9 am-12 noon. 622-6582
- The Maine International Film Festival in Waterville is scheduled for Friday, July 15 through Sunday, July 24. The event features the best of American independent, international, and Maine-made films.
- Saturday, July 16 is Maine Audubon Society Loon Count day. Call a local lake association or Maine Audubon at 781-6180, or email sgallo@maineaudubon.org to volunteer
- The annual summer show of the Artistree Artisans Cooperative, with over 90 juried artisans will be held at the Belgrade Center for All Seasons on Saturday, July 23, 9 am-4 pm. 923-3194



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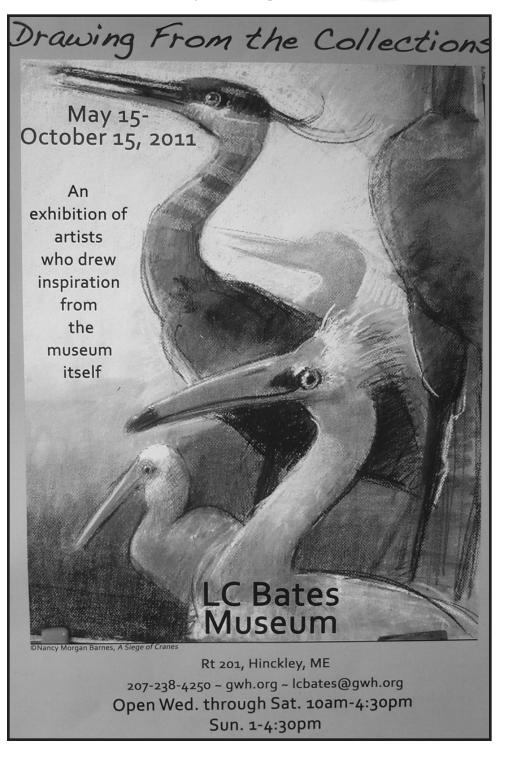
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## Conservation Too **-**

'n Maine, we have a long history of gravel road **⊥**building and maintenance. The reality is that most of the unpaved gravel roadways in Maine started out as a foot path or logging roads used by horses or oxen. Over time, these old byways became access points for vehicles and were "improved" to the point that they could be driven on. Improvement generally meant adding gravel and cutting in rough ditches as needed. Unfortunately the added gravel would erode on an annual basis and more would be added the following spring or summer and ditches would fill with sediment and fail to carry water away from the road surface. This cycle of eroding soils and adding more gravel continues today with most gravel "camp" roads. As development has increased, so has vehicle traffic. Travel by much heavier vehicles like those used for the new construction leads to major problems that all cost money to fix and have negative impacts on water quality.

At the Kennebec Soil and Water Conservation District, we regularly receive calls for assistance on gravel road issues. The main cause of the problems seen on these roads is that they were

### Developing A Gravel Road Maintenance Plan

by Josh Platt

never built for vehicle traffic and very little fixing the worst sites first has proven to be sucthought was given to the best locations to build them. Many road associations get into the endless and expensive cycle of adding more gravel to the bad spots each year never fixing the root of the problem. Fixing a road properly usually requires a larger initial investment however significant savings can be realized over time.

Having a road maintenance plan developed can be a great first step toward addressing the issues and challenges of maintaining a gravel road in Maine. The key to a road maintenance plan is **prioritization**. When creating a plan for a road group, the first activity we undertake is to walk or drive at a snail's pace the entire road looking closely at all of the problem areas and also looking at the larger watershed picture. Carefully photographing each site and recording the necessary construction to properly address the problems will provide the group or association with useful documentation. Once the plan is complete and all information has been collected, it is time to prioritize the sites. Looking at the entire road and all of the problems is overwhelming to most road associations so prioritizing and

Pooling resources and having a 300 foot section fixed the right way vs. the band aid approach of adding more and more gravel will save money! Other than annually grading and shaping the "new" section, if constructed properly, it shouldn't need attention for many years thus generating a savings in annual gravel costs. Properly armoring a section of ditch that was prone to erosion and washout can be a permanent fix if it is cleaned out regularly and kept free of leaves and other debris.

In our grant funded watersheds, we can provide this service free of charge while in watersheds where do not have dedicated funding, we charge for the service. If you or your road association is interested in having a maintenance plan completed on your road, please contact the district to schedule a site visit. Information about the district and our programs is available on our website. www.kcswcd.org

Articles contributed by the Kennebec County Soil & Water Conservation District in Augusta who can be contacted at the District office on 21 Enterprise Street at 207-622-7847 x 3 or check our website at www.kcswcd.org

#### ...Continued from page 5

...Funding for the development of 2011 Plans, Conservation Activity through the Environmental Quality Incentives Program, is currently available for Agricultural Energy, Forest Organic Transition, Management Comprehensive Nutrient Management, Fish and Wildlife Habitat, and Pollinator Habitat. Applications will be funded as requests are received and eligibility has been determined as long as funding is available but no later than June 30, 2011.

For more information call 778-4767 at the Franklin County USDA Service Center in Farmington and talk to Paul or Jade or visit www.me.nrcs.usda.gov. 🦠





### MVLMP Celebrates 40 Years, and Looks Ahead

Thanks to the thousands of individuals who ▲ have committed time, energy, money and passion to the task of protecting Maine lakes, the nonprofit Maine Volunteer Lake Monitoring Program turns 40 in 2011. Since 1971, the VLMP has trained and certified volunteers to collect crucial data about Maine lakes and has used the information to protect lakes from polluted runoff, algae blooms, invasive plants and animals, and other threats.

As a result Maine still possesses some of the cleanest, clearest lakes in the country, which attract visitors and vacations from all over the country and the world.

In 2011, the VLMP will pilot two new work-

shops for volunteer lake monitors. The first will provide monitors with the information and tools necessary to monitor indications of climate change. The second is for monitors who are interested in learning more about how lake watersheds influence the health of lakes and will teach them how to conduct watershed surveys.

Since all workshops and training are free, and VLMP is training record numbers of new volunteers, donations are needed. The Anniversary fundraising goal is to raise \$10,000. Contributions may be sent to VLMP, 24 Maple Hill Road, August, ME 04210. For more information call 783-7733.



"For Those Who Desire Quality" lynchlandscaping.com 207-474-2420

#### Lake Smart Certified

- Buffers & Rain Gardens
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#### **ICPI & NCMA Trained**

• Patios • Walks • Walls

#### NOFA Land Care Accredited

•Lawns • Plantings

• Phosphorous Free & Organic Ferilization

Maine Pesticide Licensed

Please visit our website www.sumbelnews.com



Watch This Space All Summer for BLA Announcements and Tips for Lakeside Living from "A Laker's Dozen" ......And, Watch Out for Phrank Phosphorous!

A Laker's Dozen- No. 5:

Take a Break, Put down your Rake, and Save the Lake! Limit lawn size, mow less often, leave the clippings instead of using fertilizer, and don't rake within 75 feet of shore.

This helps keep Phrank Phosphorous from becoming a big problem!

**Belgrade Lakes Association** 207-512-5150 • www.blamaine.com







- Lobster Bakes on Friday nights by Reservation
- Lakeside Cottages Boats & Motors Full American Plan
- Dining on the Porch by reservation Saturday through Wednesday

(207-465-7703 E-mail: info@aldencamps.com • Website: www.aldencamps.com

## Why Pay More? LARGEST SELECTION OF

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3 Alden Camps Cove

Oakland, Me 04963

Central Maine's Largest Redemption Center 873-6228 • 52 Front Street • Waterville



## Γhe Village Inn

Belgrade Lakes, Maine

Open for Dinner Seven Days A Week 5pm-9pm Join us at The Tavern At The Village Inn Lower Level – June 13 - Labor Day 3pm–10pm

> Reservations Encouraged (207) 495-3553

"Where Memories Last a Lifetime"



## Accommodations -

Abenakis All Season Camps, 1339 Augusta Rd. (Rt 27), Belgrade, 495-2294, www.abenakiscamps.com

Alden Camps, American Plan cottages, boat rentals, 3 Alden Camps Cove, Oakland, 465-7703, www.aldencamps.com

Among the Lakes Bed & Breakfast, Rt 8, North Belgrade, 465-4900, www.amongthelakes.com

Bear Spring Camps, 60 Jamaica Point Rd., Rome, 397-2341, www.bearspringcamps.com

Belgrade Lakes Four Season Cottages, 9 Bass Lane, Belgrade, 495-9217, www.belgradecottages.com

Castle Island Camps, American Plan, Castle Island Rd, Belgrade Lakes, 495-3312, www.castleislandcamps.com

Kozy Cove Cottages, Rt 8, Salmon Lake, Belgrade, 465-0959,

....Notebook continued from page 7 \$60

- Field Hockey (Grades K-8), June 20-23, 12 pm, \$60
- Babysitter Training, June 21-22, 9 am, \$70
- Adult Tennis, 5 Tuesdays, June 21, 6:30 pm, \$85
- Acting Act Theatre (Grades 4-8), July 11-15, 9 am, \$85
- Art Camp (Grades 2-6), July 11-14, 9 am, \$85
- Lady's Black Bear Basketball (Grades 4-8), July 11-14, 9 am, \$85
- Gymnastics (Ages 5 and up), July 18-22, 9 am, \$105
- Baseball Camp, July 25-28, 9 am, \$85
- Soccer Camp (Grades 4-8), July 25-28, 9 am, \$95
- Little Kickers (ages 5-8), July 25-28, 9:30 am, \$55
- Tennis (young players), July 25-29, 10 am, \$35

Camps are open to everyone. For more details or to register on line visit maranacook.maineadulted.org, or call 685-4923

#### Monmouth

• A collaboration of The Theater At Monmouth and Cumston Public Library is offering a free movie series featuring a great film that coincides with every production that The Theater At Monmouth plans to bring to stage this year. In addition to the film, snacks will be provided, with popcorn popped on site in a vintage style popcorn cart. Suggested donation is \$5. Learn more about this movie series at www.theateratmonmouth.org or call 933-9999.

#### Rome

• It will be great to see you again!! is the message from the Mt. Philip Grange as the monthy bean supper schedule starts up. Guests are invited to fill up on 3 kinds of beans, 2 types of American Chop Suey, hot dogs, coleslaw, bread and homemade pies - and a generous serving of friendliness. 2011 dates will be: June 18, July 16, August 20, September 17, October 15.

#### Maple Leaf Self Storage Belgrade Me - 3.3 mi off Rte 27 on Route 135 495-2191

Various size units Owners live on site



Boat / Auto Storage By foot or unit

### ABENAKIS ALL SEASON CAMPS

Fishing, hunting, kayaking, canoeing, or just plain www.abenakiscamps.com

1339 Augusta Rd. (RT 27) Belgrade, ME 04917

207-495-2294

www.kozy-covecottages.com

The Village Inn, 1 & 2 bedroom suites, Rt 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com

Whisperwood Cottages, American Plan, boat rentals, 103 Taylor Woods Rd, Belgrade, 465-3983, www.whisperwoodlodge.com

Wings Hill Inn, Rt 27, Belgrade Lakes, 495-2400, 866-495-2400, www.wingshillinn.com

#### **RESERVATIONS SERVICES**

Belgrade Vacation Rentals, 81 Main St, Belgrade Lakes, 495-4011, www.belgradevacationrentals.com

Clee & Dee LLC, 40 Belgrade Road, Oakland, 465-4430



Tickets are \$7, under 5 free, family of 4 or more \$20. Augusts proceed will help donate school supplies to Messalonskee Middle School and High School; September funds dictionaries to all the 3rd grade students in Rome, Belgrade, Sidney and Oakland. Note this summer: bathroom facilities will not be available since they are under conversion to the 21st century. holtie@tdstelme.net

#### Skowhegan

• Wanted: businesses or organizations that work in the outdoor recreation field. River Fest 2011, June 24-26, and the Upper Kennebec Valley Expo under the tent is the place to be for hundreds of potential customers. Expo hours are Friday 1-7 pm, Saturday 9 am-7 pm, Sunday 9 am-1 pm. Contact Main Street Skowhegan at 612-2571, www.mainstreetskowhegan.org

#### Waterville

• Take a Seat! Help renovate the beautiful, historic Waterville Opera House by dedicating a seat with a tax-deductible contribution of \$250, \$500 or \$1,000. Each gift will be commemorated with a personalized nameplate on the back of the seat, either the donor's name or the name of someone loved and admired. 873-7000.

#### Wayne

• Cary Memorial Library to Host Roundtable of Maine Authors! Four Maine authors will be appearing at the Cary Memorial Library on Friday, June 24for readings, a question and answer session and book signings, 4-6 pm. The writers include poet Carol Bachofner, novelist Kevin C. Mills and local historians Fran Houston and Eleanor Richardson. The event will be moderated by Betsy Connnor Bowen. For each of the authors, Maine is the setting for their work. The topic for discussion will be why and how. The event is free and open to the public. 685-3612



Route 8, Belgrade

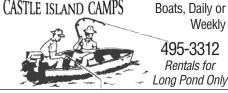
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Now open to the Public for Dining

by reservation only, 465-3983

Breakfast 8:am - 9:am, Dinner served at 5:pm

Daily menu listed on our website

Boat docking available for Lake Residents

www.whisperwoodlodge.com

in North Belgrade

## Dining

#### Augusta

• **Riverfront Barbeque & Grille,** 300 Water St., Augusta. 622-8899, www.riverfrontbbq.com

#### Belgrade

- Belgrade Lakes Golf Club, lunch/snacks, West Road, Belgrade Lakes, 495-4653, www.belgradelakesgolf.com
- The Village Inn, Rte. 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com
- Whisperwood, Salmon Lake/McGrath Pond, Taylor Woods Road, open to the public by reservation only, 465-3983, www.whisperwoodlodge.com
- Wings Hill Inn and Restaurant, Rte. 27, Belgrade Lakes Village, 495-2400 or 800-495-2400, www.wingshillinn.com

#### **Oakland**

• Alden Camps, Lunch or dinner by reservations, Sat. - Wed., space permitting. 3 Alden Camps Cove, Oakland. 465-7703. www.aldencamps.com

• **Riverside Farm Market & Cafe, 291** Fairfield Street, Oakland, 465-4439. www.riversidefarmmarket.com

#### Waterville

- Cacciatores. 150 JFK Plaza, Kennedy Memorial Drive, 872-9700.
- **Dairy Queen.** 13 KMD Plaza, Waterville, 872-2220; and 161 College Ave, Waterville, 873-1677, www.dairyqueen.com
- **Restaurant & Pub at the Waterville Grand.** 375 Upper Main Street, Waterville. 873-0111.

#### Winslow

• **Lobster Trap & Steakhouse.** 25 Bay Street, Winslow. 872-0529. *www.lobstertrap-seafood.com*.

#### Winthrop

- Peppers Garden & Grill. 357A Main Street, Winthrop. 377-8877
- •Sully's Restaurant & Tavern. 38 Main Street, Winthrop. 377-5663, 377-5808

## The Brass Knocker Gift Shop

39 Main Street Route 27 • Belgrade Lakes Village Our 64th Season



Unusual Gifts for that Special Person Wednesday, Thursday, Friday, Saturday 11:00 - 3:00 Shop 495-3345 Home 495-2795

## - The Small Garden Guide -

...the first week in June:





## Think Gardening, Think CSA

CSA: Community Supported Agriculture is a subscription service through which consumers sign up and pay growers in advance to receive vegetables or other farm products - meat, dairy - during the summer. Some plans provide for a weekly share of whatever is in season; others allow shareholders to choose produce and draw against their accounts. A new trend (the Turnpike Mall Farmers' Market in Augusta is the first in

the state) is CSA Farmers' Markets. Through CSAs farmers get early season financial support and the shareholder gets fresh products and a weekly visit (children love it!) to a local farm. Some farms offer CSA work shares. A partial list of CSAs is available at www.mofga.org

Farmers' Markets: Check the Calendar Directory on Pages 6-7 town by town for days, times, and locations.

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Waterville's Best Dining Experience

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Take a scenic shuttle ride from the parking area to our clubhouse and enjoy a relaxed snack, lunch, or cocktails on our outside decks or inside the clubhouse.

Belgrade Lakes Golf Club West Road, Belgrade Lakes

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#### Belgrade Cottages Guide Service

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Bob Richter 207-314-8469



## See What's NEW at Waterville DQ®!

Along with our old favorites, DQ® is now offering fabulous ORANGE JULIUS treats at our Kennedy Memorial Drive store! Premium Fruit Smoothies, low fat and fat free Julius® Fruit Drinks and juicy hot dogs. SWEET! Stop by our KMD store year round to enjoy a sweet deal on a new treat!





161 College Ave. • **873-1677** 13 KMD Plaza • **872-2220** www.dairyqueen.com www.dairyqueen.com



Rt.27 Belgrade, Maine • 207.495.2593 www.winterberryfarmstand.com



## -Business Directory-

#### **ACCOMMODATIONS**

See page 20

#### **ADVENTURE**

Maine Wilderness Tours, fishing, canoeing/kayaking, lobster picnic, bird watching, 7 Croquet Ln, Belgrade, 465-4333, www.MaineWildernessTours.com

**Paradis Outfitters,** 3675 Middle Rd, Sidney, 547-GUNS, www.paradisoutfitters.com

#### **AIRPLANE RIDES**

**AirLink**, **LLC**, float plane rides. 2 LaFleur Rd, Waterville, 859-0109 or 609-712-0866 (cell), www.airlinkconnection.com

#### **ANTIQUES**

**Barbara's Antique & Collectibles Group Shoppe,** Rt 201, 414 Lakewood Rd, Madison, 474-2550

**Stoney Creek Antiques,** 881 Civic Center Drive, Augusta, 626-9330

#### **AUCTIONS**

James D. Julia, Inc., 203 Skowhegan Rd (Rt 201), Fairfield, 453-7125, www.juliaauctions.com

#### **BANKING**

Kennebec Savings Bank, 150 State St, Augusta, 622-5801, www.kennebecsavings.com

Maine State Credit Union, 200 Capitol St, Augusta, 623-1851, www.mainestatecu.org

**Skowhegan Savings Bank,** Rt 27, Belgrade, 495-7787, www.skowsavings.com

#### **BEVERAGES**

**Jokas' Discount Beverage**, 52 Front St, Waterville, 873-6228

#### **BICYCLES**

**Auclair Cycle & Ski,** 64 Bangor St, Augusta, 623-4351, www.AuclairCycleSki.com

#### **BOATS**

(Besides the categories immediately following, see Canoes and Kayaks, Docks, and Wooden Boat Repair.)

#### **BOAT COVERS**

Waterville Auto Top & Upholstery. 1042 Kennedy Memorial Dr, Oakland, 465-7847

#### **BOAT LIFTS**

Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

Power Equipment Plus, 2309 Belgrade Rd, Rt 27, Sidney.
547-4114, pep@pivot.net

#### **BOAT MOORINGS**

**Great Pond Marina**, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

#### **BOAT RENTALS**

**Belgrade Canoe & Kayak,** Rt 27, Belgrade, 495-2005, 242-6331, www.kayakandcanoe.com

**Castle Island Camps,** Castle Island Rd, Belgrade Lakes, 495-3312, www.castleislandcamps.com

**Great Pond Marina**, 25 Marina Dr , Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

**Whisperwood Cottages**, 103 Taylor Woods Rd, Belgrade, 465-3983, *www.whisperwoodlodge.com* 

#### **BOAT REPAIR**

**Mobile Marine**, 897-1032 (home) or 897-8433 (cell) Belgrade Boat Shop, 936 Augusta Rd, Belgrade, 485-6953

#### **BOAT SALES AND SERVICES**

**Belgrade Canoe & Kayak,** Rt 27, Belgrade, 495-2005, 242-6331, www.kayakandcanoe.com

**Clark Marine,** 57 Puddledock Rd, Manchester, 622-7011, mail@clarkmarine.biz, funonthewaterstartshere.com

Hamlin's Marine, 290 West River Road, Waterville, 872-5660, www.hamlinsmarine.com

Mid-Maine Marine and RV, 885 Kennedy Memorial Drive, Oakland, 465-2146, www.midmainemarine.com

**Power Equipment Plus,** 2309 Belgrade Rd, (Rt 27), Sidney, 547-4114, pep@pivot.net

**Trailside Performance**, 797 Augusta Rd (Rt 201), Winslow, 873-2366, www.trailsideperformance.com

#### **BOAT STORAGE**

**Belgrade Boat Storage**, 41 Pinkham's Cove Rd, Rt 27, Belgrade, 495-3415, boatstorage@roadrunner.net

Belgrade Lakes Marine and Storage, Inc, 366 Augusta Rd, Belgrade, 495-2378, www.belgradelakesmarine.com

Clark Marine, 57 Puddledock Road, Manchester, 622-7011; and Rt 202, Monmouth, *mail@clarkmarine.biz*,

funonthewaterstartshere.com

**Great Pond Marina**, 25 Marina Dr, Rt 27, Belgrade Lakes, 495-2213, www.greatpondmarina.com

Hamlin's Marine, 290 West River Rd, Waterville, 872-5660, www.hamlinsmarine.com

Maple Leaf Self Storage, 688 Manchester Rd, Rt 135, Belgrade, 495-2191, 441-5529

Mid-Maine Marine and RV, 885 Kennedy Memorial Dr, Oakland, 465-2146, www.midmainemarine.com

**Trailside Performance,** 797 Augusta Rd, Rt 201, Winslow, 873-2366, www.trailsideperformance.com

#### **BOOKS**

**Children's Book Cellar,** 52 Main St, Waterville, 872-4543, *kidsbookseller@verizon.net* 

Re-Books, 25 East Concourse, Waterville, 877-2484

#### **BOTTLE AND CAN REDEMPTION**

Jokas' Discount Beverage, 52 Front St, Waterville, 873-6228

#### **BUILDERS**

(See also Electricians, Kitchens, Plumbers, and Excavating) **Bellavance Construction Company Inc,** 31 Hulin Rd, Belgrades Lakes, 495-2492

Craig's Carpentry/North Bay Estates, Rt 8, North Belgrade, Craig Alexander, 649-3749

**G&L Contracting**, Adam Gardner, Belgrade, 215-7951 **Grandview Log & Timber Frames**, 72 Burtons Ln, Winthrop, 441-1538, www.grandviewtimbers.com

**LakeHouse Renovations, Joint Venture Company,** Liberty Rd, Readfield, 685-7393 or 242-3663, www.adedesignbuild.net

Mainely Molding & Restoration, 449 Wilder Hill Rd, Norridgewock, 634-2821, lanca@tds.net

#### **BUILDING FOUNDATIONS AND JACKING**

Bellavance Jacking Co, LLC, 31 Hulin Rd, Belgrades Lakes, 495-2492

#### **BUILDING MATERIALS**

(See also Flooring, Stonework and Windows)

**Gagne and Son,** 28 Old Rt 27, Belgrade, 495-3313, www.gagneandson.com

Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

#### **BUS SERVICE**

**Concord Coach Lines,** 9 Industrial Dr, Augusta, 1-800-639-3317, *concordcoachlines.com* 

#### **CANOES AND KAYAKS**

**Belgrade Canoe & Kayak,** Route 27, Belgrade, 495-2005, 242-6331, www.kayakandcanoe.com

#### **CHAINSAWS**

**Power Equipment Plus,** 2309 Belgrade Rd, Rt 27, Sidney, 547-4114, pep@pivot.net

#### **CLOTHING**

New Balance Factory Outlet, 13 Walnut St, Skowhegan, 474-6231

#### **COMPUTER CONSULTANTS**

Samara Consulting, Macintosh Consultant, Michael Breault, 24 Welch Rd, Wilton, 645-5083, cell 578-0226, mbreault@samaraconsulting.com, www.samaraconsulting.com

#### **DINING**

(See Dining Directory on page 21)

#### DOCKS

G&L Contracting, Belgrade, 215-7951, agardner81@yahoo.com
Hammond Lumber Company, Auburn, Bangor, Belgrade,
Brunswick, Fairfield, Farmington, Greenville, Portland,
Skowhegan, 866-HAMMOND, www.hammondlumber.com
Power Equipment Plus, 2309 Belgrade Rd, Rt 27, Sidney,
547-4114, pep@pivot.net

**Trailside Performance,** 797 Augusta Rd, Rt 201, Winslow, 873-2366, www.trailsideperformance.com

#### **ELDER CARE**

Maine-ly Elder Care, 28 Center St, Oakland, 465-3249, www.maine-lyeldercare.com

#### **EXCAVATING**

**Belgrade Boat Storage**, 41 Pinkham's Cove Rd, Belgrade, 495-3415, boatstorage@roadrunner.com

**Bellavance Construction Company Inc,** 31 Hulin Rd, Belgrade Lakes, 495-2492

**David Stevens,** P.O.Box 146, 103 Grandview Dr, Belgrade, 465-3815, cell 314-0314

#### EYE CARE

**Maine Eye Care Associates,** 325 E. Kennedy Memorial Dr, Waterville, 873-2731, www.MaineEyeCare.com

#### **FARMSTANDS**

Riverside Farm Market & Cafe, 291 Fairfield St, Oakland, 465-4439, www.riversidefarmmarket.com

Winterberry Farm, 538 Augusta Rd, Rt 27, Belgrade, 495-2593, www.winterberryfarmstand.com

#### FINANCIAL PLANNING

**Golden Pond Wealth Management,** 129 Silver St, Waterville, 873-2200, *goldenpondwealth.com* 

Kennebec Wealth Management, 150 State St, Augusta, 622-5801, www.kennebecsavings.com



#### **FLOORING**

Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

#### FLOWERS AND PLANTS

Longfellow's Greenhouses, 81 Puddledock Rd, Manchester, 622-5965, www.longfellowsgreenhouses.com

Pierce's Greenhouse, 407 Belgrade Rd, Oakland, 465-7788

#### **GALLERIES**

Artisan's Barn, 163 North Rd, Readfield. 685-9787, www.theartisansbarn.com

Spring Gallery & Sculpture Garden, bronze castings, 81 Main St, Belgrade Lakes, 495-3113, www.modernartfoundry.com

#### **GIFTS**

The Brass Knocker Gift Shop, Rt 27, Main St, Belgrade Lakes, 495-3345

Day's General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

Kozy Cottage, 13 Church St, Oakland, 465-0959, www.kozy-covecottages.com

The 1830 House on Long Pond, 134 Main St, Belgrade Lakes Village, 495-3277, www.the1830houseonlongpond.com

The Village Peddler Gift Shop, Lake Shore Dr, Belgrade Lakes, 495-7707

#### **GOLF**

Lakewood Golf Course, 803 Lakewood Rd, Madison, 474-5955, www.lakewoodgolfmaine.com

Natanis Golf Course. 735 Webber Pond Rd, Vassalboro, 622-3561, www.natanisgc.com

#### **GRANITE**

Have Granite Will Travel, 42 South Mitchell Rd, Troy, 948-5952, www.mainegranitekingcom

#### **GROCERIES**

Day's General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

#### HAIR CARE

Hair Reflections, 849 Kennedy Memorial Dr, Oakland, 465-7848

#### **HEALTH CENTER**

Belgrade Regional Health Center, 4 Clement Way, Belgrade Lakes, 495-3323, www.healthreachchc.org

Inland Hospital at clinics at Wal\*Mart Supercenters, walk-in health care, 201 Civic Center Dr, 620-8570; 80 Waterville Commons Dr, Waterville, 680-2110, www.inlandhospital.org

#### **ICE CREAM**

Dairy Queen, 13 KMD Plaza, Waterville, 872-2220; and 161 College Avenue, Waterville, 873-1677. www.dairyqueen.com Day's General Store, 180 Main St, Rt 27, Belgrade Lakes, 495-2205, www.go2days.com

#### **INSURANCE**

John M. Fortier, State Farm Insurance, 16 Silver St, Waterville, 873-1101, john@johnfortier.com

#### **JEWELRY**

Larsen's Jewelers, 57 Main St, Waterville, 872-6301, 800-697-1874, www.larsensjewelers.com

L.Tardif Jeweler, 62 Main St, Waterville, 872-7542, 800-834-3638

#### **KITCHENS**

Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan, 866-HAMMOND, www.hammondlumber.com

#### LAKE ASSOCIATIONS

Belgrade Lakes Association (BLA), Long Pond and Great Pond, PO Box 551, Belgrade Lakes, 512-5150, www.belgradelakesassociation.com

#### **LANDSCAPING**

Foster Tree Care and Landscaping, 3675 Middle Rd, Sidney, 547-4376, 547-4640

**G&L Contracting,** Belgrade, 215-7951, agardner81@yahoo.com Lakeside Landscape, 13 Station Rd, Belgrade, 465-3039, 831-7053, 632-1086, lakesidelandscape1@yahoo.com Longfellow's Greenhouses, 81 Puddledock Rd., Manchester, 622-5965, www.longfellowsgreenhouses.com

Lynch Landscaping, Skowhegan, 474-2420,

lynchlandscaping.com

Native Notions, 213 West Rd, Belgrade, 495-6040, 314-9538, nativenotions@hotmail.com, www.nativenotionslandscape.com

#### LAWN AND GARDEN EQUIPMENT

Power Equipment Plus, 2309 Belgrade Rd, Rt 27, Sidney, 547-4114, pep@pivot.net

#### **MEATS**

Ballard Meats & Seafood, Myrtle St, Manchester, 622-9764, 1-800-564-6328

#### **MOVIE THEATERS**

Railroad Square Cinema, call for titles and times, 17 Railroad Square, Waterville, 873-6526, www.railroadsquarecinema.com

#### **PHARMACY**

Kennebec Pharmacy & Home Care, 43 Leighton Rd, Augusta, 626-2726, www.kpprx.com

#### PHYSICAL THERAPY

Dockside Physical Therapy, 47 Main St, Belgrade Lakes, 495-3195, 512-2544, Fax 512-2545

#### PICTURE FRAMING

The Framemakers, 46 Main St, Waterville, 872-8927, www.theframemakers.com

#### **PLUMBING**

Paul Hanna's Plumbing, Belgrade Lakes, 495-3805 Houle's Plumbing, Heating and Air Conditioning, 19 North St, Waterville, 872-6762, www.houlesphac.com

#### **REAL ESTATE DEVELOPMENTS**

North Bay Estates, Belgrade, 649-3749, crgsnbe@yahoo.com

#### **REAL ESTATE**

Coldwell Banker Thomas Agency, 75 Main St, Winthrop, 377-2121, www.coldwellbankerthomas.com

Day's Real Estate, 262 Augusta Rd, Rt 27, Belgrade Lakes, 495-3111, 1-888-495-3111, www.daysrealestate.com Lakepoint Real Estate, 221 Main St, Belgrade Lakes,

495-3700, www.belgradelakepoint.com

Snow Pond Real Estate, 40 Belgrade Rd, Oakland, 465-4430, 458-0874, www.snowpondrealty.com

#### **RESERVATIONS**

See page 20

#### **RESTAURANTS**

(See Dining Directory on page 21)

#### **RETIREMENT COMMUNITIES**

Granite Hill Estates, 60 Balsam Dr, Hallowell, 626-7786, 1-888-321-1119, www.granitehillestates.com

#### **SCHOOLS**

St. Michael School, grades pre-K through 8, 56 Sewell St, Augusta, 623-3491, www.smsmaine.org

#### **SEAFOOD**

Ballard Meats & Seafood, 55 Myrtle St, Manchester, 622-9764, 1-800-564-6328

Lobster Trap & Steakhouse, 15 Bay St, Winslow, 872-0529, www.lobstertrap-seafood.com

#### **SECURITY SYSTEMS**

Cayer Security Services, Inc, 208 College Ave, Waterville, 453-9177, www.cayersecureity.com

#### **SELF STORAGE**

Maple Leaf Self Storage, 688 Manchester Rd., Rt 135, Belgrade, 495-2191

#### **SEPTIC SYSTEMS**

Bellavance Construction Company Inc, 31 Hulin Rd, Belgrades Lakes, 495-2492 Stanley's Septic Tank Service & Construction, 187 Norridgewock Rd, Fairfield, 453-9819, 1-800-660-7826, www.stanleysseptic.com

#### SHOES AND SNEAKERS

New Balance Factory Outlet, 13 Walnut St, Skowhegan, 1-877-623-7867

#### **STONEWORK**

**Gagne and Son**, 28 Old Rt 27, Belgrade, 495-3313, 1-800-339-3313, www.gagneandson.com

#### **THEATER**

The Theater at Monmouth, Cumston Hall, off Rt 135, Monmouth, 933-9999, www.theateratmonmouth.org

#### TREE CARE

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#### **VETERINARY SERVICES**

Lakeside Veterinary Clinic, 88 Libby Hill Rd, Oakland, 465-7387, 465-8387

#### **WINDOWS**

Hammond Lumber Company. Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland and Skowhegan, 866-HAMMOND, www.hammondlumber.com

#### WINDOW TREATMENTS

Blind Time, 24 Meadow Hill Dr, Farmingdale, 621-9832, www.blindtime.com



## Expressions •

## Picasso, Einstein, and the Nimble Rabbit at Waterville's ACAT Theater

theoretical physicist and an abstract artist Awalk into a bar.... No, it's not the beginning of a joke, but the premise of Steve Martin's play "Picasso at the Lapin Agile."

On October 8, 1904, Albert Einstein and Pablo Picasso meet at the Lapin Agile (Nimble Rabbit), a bar in Montmartre, Paris. Each man is on the verge of ground-breaking achievement that will change the Twentieth Century: Einstein will publish his theory of relativity in 1905 and Picasso will paint "Les Demoiselles d'Avignon" in 1907. But for this one very special night, Picasso, Einstein and the colorful habitués of the Lapin Agile have lengthy debates about women, sex, art, and the value of genius and talent.

The show runs June 3-5 and 10-12, with performances at 7:30 pm on Friday and Saturday and at 2 pm on Sunday. Performances will be in the Waterville Opera House's Studio Theater, located on the first floor of The Center, 93 Main Street, Waterville.

Tickets are \$12 for adults and \$10 for youths and seniors. This play has some adult language and may not be appropriate for children. For reservations visit www.operahouse.org or call 873-7000.



Picasso cast.

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## **Gaslight Theater Presents** "The Importance of Being Earnest"



Tallowell's Gaslight Theater presents its final ■ weekend of "The Importance of Being Earnest: A Trivial Comedy for Serious People" Thursday, June 2 through Saturday, June 4, at 7:30 pm each night.

In this Oscar Wilde farce, two young men, Jack Worthing and Algernon Moncrieff, have taken to bending the truth in order to add excitement to their lives. Jack has invented an imaginary brother, Earnest, whom he uses as an excuse to escape from his dull home in the country and frolic in town. Algernon reverses the technique, using his

fictitious friend Bunbury to provide a convenient and frequent method of seeking adventures in the

When their deceptions eventually cross paths, the result is a series of crises that threaten to spoil their romantic pursuits: Jack of his love Gwendolyn and Algernon of his belle Cecily.

Tickets cost \$12 for adults, \$10 for students and seniors. Call 626-3698 for reservations. Gaslight Theater is located at Hallowell City Hall, Winthrop Street.

### Dying to Act?

Gaslight Theater auditions for its summer show, "And Then There Were None," will be held at Hallowell City Hall on Sunday, June 12 at 3 pm and on Tuesday, June 14 at 6:30 pm.

In this classic thriller from Agatha Christie, ten people stranded on a remote island die one by one. Their deaths appear to mimic a nursery rhyme that describes how each of ten soldiers meets his death, until there are none. With no way to flee, the guests set about trying to determine before it is too late who the hidden host – and murderer – might be and where he might be hiding.

Directed by George Dunn, "And Then There Were None" has excellent parts for eleven actors. The performances will take place August 26-28 and September 1-3.



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## **-** Fishing **-**

**T**elcome back to another fun filled year of exploring the beautiful Belgrade Lakes region! For a while it felt like winter would never end, but as we teetered on the edge of despair, the crocus started popping, followed by the tulips and bleeding hearts, and eventually the black flies. Ahhh. ... Spring in Maine, perhaps the single greatest environmental transformation in the country! I think my favorite part of spring is seeing all the deer emerge from their winter haunts. Sure, I love watching the grass turn green and picking fiddle heads with my kids in our favorite (and secret) patches, but there's nothing more reassuring than seeing the deer emerge. It's a sudden occurrence really, like someone flicked an imaginary switch presto! The whitetail ghosts appear from out of nowhere, looking a bit ragged but overall they are quite healthy. It's a true sign of perseverance, strength and the will to survive. For those who do not live in Maine year round I can honestly tell you that this winter was tough and packed quite a wallop. But don't worry, the locals survived with a smile, showing the same resilience as the white-tailed deer.

During the last few weeks of May our area received a lot of rain and wind and cold conditions. While these conditions made lake fishing difficult, the fishermen who braved the choppy waters were rewarded with excellent catches of largemouth & smallmouth bass, northern pike and trout. The best fishing was for pre-spawn smallmouth bass. The bigger female bass have put the feed bag on recently and they have offered anglers fast paced action. Three years ago we had a terrific spawning season, one of the best we've had in years and now that year class of fish are big and healthy. I have a feeling fishermen are going to have a banner year on large smallies. Most anglers will be searching for bedded bass in early June and the water temperatures will dictate when and where the beds will be. The male bass will be working hard to make the nests in their shallow water locations while the larger females will be cruising nearby. Once anglers can pattern the prespawn females the excitement will really begin. One great method to catch the bigger bass is by throwing top water baits that entice aggressive (and quite enjoyable) strikes! Putting plastic baits into the nests will certainly draw bites from the buck males protecting the nests too.

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## Another Fun Filled Summer Begins ...

by Mike Guarino



Pat caught this beautiful pre-spawn smallmouth bass last week on Long Pond.

The action can be fast and furious. It's important that anglers make an effort to release the bass back in the same area they are caught as this practice makes for better fishing for years to come. For trout fishermen, the Belgrade Village spillway has produced some terrific brook trout and salmon this spring, including a few brookies that were true trophies. Day's Store has plenty of bait, lures and information for anglers looking to fish this historic spot. Fly fishermen looking to hook up should also hit both the spillway and the current that flows through the Castle Island location.

Maine's spring wild turkey hunting season. We are fortunate to have a high turkey population in central Maine and many hunters take advantage of this opportunity. The Maine Department of Inland Fisheries and Wildlife (www.maine.gov/IFW/) now offers two wild turkey permits per hunter during the spring season, so hunters have even more incentive to hunt these wily birds. Many local farmers and landowners welcome turkey hunters, however,

it's always best to ask for permission if you are accessing land you are not familiar with. The wild turkey is an interesting creature in many ways. While they are easily spotted on country roads by hunters, commuters, and passersby, turkeys are not easily snuck up on! They are a very difficult bird to get close to and are quite challenging to hunt. They have amazing vision and can sense predators with keen eyesight and that magical 6th sense that many wild creatures possess. If you missed out on the spring season, there's always the fall season to focus on. Personally, I think our area has one of the best The beginning of June brings the end of wild turkey hunting opportunities in the entire northeast. Good luck!

> Mike Guarino can be contacted at 465-4333 www.mainewildernesstours.com







## Pet World

## **Pets and Pests**

pring has been slow to settle in here in Central Maine this year, but sooner Oor later warmer temperatures are going to bring with them lots of pests to plague us and our furry friends. Ticks, fleas, mosquitoes and black flies all bring their share of woe for all of us, but for our four legged companions they can also bring some serious diseases as well. Fortunately we now have several tools to protect our pets that are not only highly effective but also relatively safe compared to the flea and tick treatments of years ago.

Fleas are a constant bane that are sneaky in setting up housekeeping on and around our animals and homes. Not only are they nasty, but they also carry diseases such as tapeworm and Hemobartonella in cats. For the most part, fleas like warm humid conditions to thrive, but they are quite adaptable. Fleas like to have a blood meal on an animal and then lay eggs soon thereafter, both on the pet and in their environment. Eggs hatch and become little larvae that wiggle their way to quiet dark spots to pupate, similar to a butterfly. When the timing is right (a warm body and warm environment) they can hatch and come looking for a meal in large numbers at once. Fleas can wait in this suspended state for up to a year. Once they get established in a household, this cycle can be hard to break. Regular monthly topical treatment (such as Frontline Plus or Vectra) for all pets in the house is the key to eliminating them, along with rigorous cleaning of the house to get rid of the eggs and pupae before they hatch.

Mosquitoes bites are also miserable enough to contend with, but they too can transmit a very serious disease known as heartworm infection. These parasites are carried from an infected dog's blood to another by a mosquito who bites the infected dog, and then bites another. While the disease is much more prevalent in the South, we still see cases every year here in Maine. While treating heartworm disease can be dangerous and costly, there is a much safer and economical way to prevent your dog from developing the disease if he does get

## A Local Experience.



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bitten by an infected mosquito. Giving your dog a monthly heartworm preventative (such as Heartgard or Interceptor) is the key to protection. These "heartworm pills" prevent heartworm infection and they have the added benefit of also acting as good dewormer for cleaning up intestinal parasites such as roundworms as well. Many pet owners give the heartworm preventative every month, even in the winter, to prevent intestinal parasites from infecting their pets. The medication is generally safe for all dogs and is packaged in a chewable form which most seem to feel is a treat. Making sure your dog has not already been exposed to heartworm is important before first starting any preventative medication, however. There is a quick heartworm test done right in the clinic to ensure this.

As the black flies swarm up on the first warm days of spring, they also cause significant skin infections in many dogs who spend time outside. Blackflies are not good at penetrating a thick hair coat but they like to chew on soft exposed parts of dogs such as the underside of ears and the belly or armpit where the hair is thin. They can cause a lot of bleeding and itching that can lead to bacterial skin infections and/or ear infections. Often the bite looks like a bulls eye on the dog's skin (not to be confused with Lyme disease rash seen in some people after a tick bite). Although it seems that few things actually can repel these pests, some of the newer topical treatments such as Vectra for dogs and Advantix can protect your pets from being bitten as much. (Caution to cat owners - these two topicals intended for dogs should never be put on a cat they could be deadly).

Many of us apply these topical preventatives monthly also to prevent our pets from getting bitten by ticks. Some products such as Vectra claim to repel ticks and prevent attachment. Others such as Frontline Plus do a good job of killing the tick soon after it tries to attach to the dog. More ticks seem to be making central Maine home than in the past. Wildlife populations and migrations tend to contribute to the tick populations as well. The dreaded deer tick actually is carried and spread by deer and white footed mice. This is the species that has been shown to carry the bacteria that causes Lyme disease in people and dogs. While there is a vaccine to prevent Lyme disease in dogs, a good preventative topical treatment is added insurance to prevent exposure. Recently, other tick borne diseases are becoming more common in this area as well, such as Ehrlichia and Anaplasmosis. Most vets are also checking for exposure to these diseases as well as Lyme disease and heartworm in the "heartworm test".

Like us, pets want to be outside enjoying the good weather this summer. We are lucky to have quick and effective tools such as topical flea and tick treatments and heartworm preventative to keep them safe and healthy. It sure beats giving a cat a flea bath! And they are much more effective as well. Keep an eye on your pets for pests and bites but try to think prevention first - it's usually much better option for your furry friends.

Pet World, a weekly column by Dr. Eleanor Sabean Dr. Sabean can be reached at Lakeside Veterinary Clinic lakevets@roadrunner.com or by phone at 465-7387

## 15th Annual Paddle for Pine Tree Saturday, June 4

The Paddle for Pine Tree Camp Classic will feature a two-hour trip around ▲ beautiful North Pond. The event is family-oriented and appropriate for all ages, skill levels and abilities. Participants will enjoy a celebratory barbecue and live music following the trip.

All money raised through the event will help Maine children and adults with disabilities attend Pine Tree Camp this summer. At Pine Tree Camp campers make friends for the first time. They are one in the crowd rather than "the one with the disability." Campers are able to actively participate in activities rather than sitting on the sidelines. They enjoy all of the outdoor activities for which Maine is famous - fishing, kayaking, hiking and swimming - experiencing freedom and independence. Because of the generous support of friends like you, Pine Tree Camp has never turned a camper away because they could not afford to pay tuition.

REGISTER NOW to be a part of this fun-filled event! You may register online at www.pinetreesociety.org. If you need support registering on-line, or would like to register over the phone, please call me at (207) 443-3341. And when you're on our website, read more about the first annual Paddle for Pine Tree Camp Challenge.



### **Business**

On Friday, June 10, downtown Skowhegan will be the host site during the second day of the 2011 Vital Maine Communities Conference, focusing on the theme "Making Maine's Downtowns Work." (The first day of the conference, June 9 in Lewiston, will address "Building Boom in a Recession.")

Skowhegan, the 7th town in Maine to become a Main Street Maine community, joined in 2007, and is responsible for several downtown improvement projects and events, such as the annual River Fest.

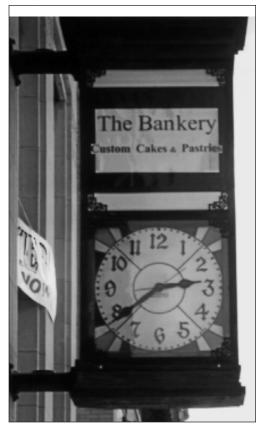
The June 10 conference will include education sessions, networking, tours, local foods, displays, a silent auction, and honor and achievement awards. For details contact Main Street Skowhegan at 93 Madison Avenue, 612-2571.

Developed by the National Trust for Historic Preservation in 1980, the downtown revitalization movement is currently active in 44 states in over 1200 Main Street communities, including nine in Maine. Its goal is to achieve long-term sustainability through downtown revitalization, especially traditional commercial districts. Separate from town government, the Main Street executive director is funded by donations from local businesses, individuals, municipal and fundraising events.

## **Skowhegan Hosts Main Street Maine Conference June 10**

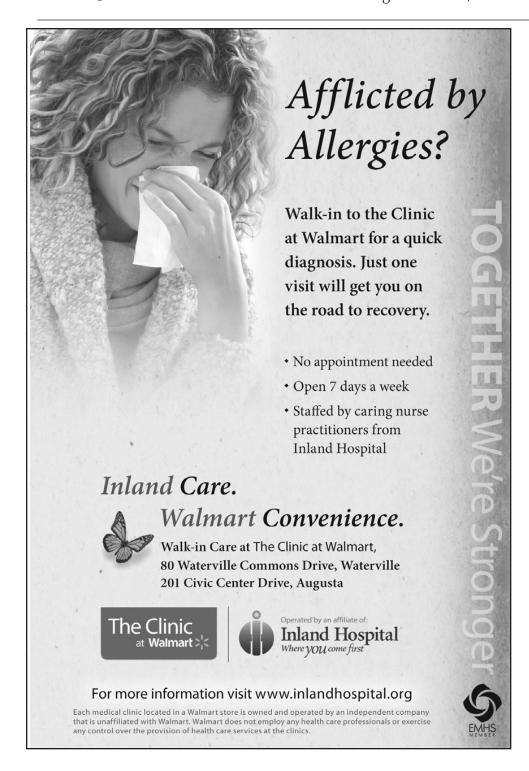


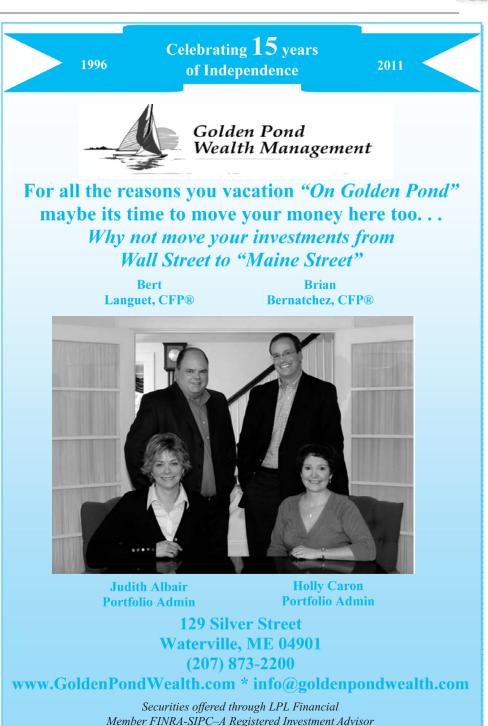




In central Maine three towns are Main Street Maine Communities: Waterville, Gardiner, and Skowhegan; two, Augusta and Farmington, are Maine Downtown Network Communities; and several, including Oakland, Readfield, and Belgrade Lakes, are addressing revitalization through the efforts of local businesses, private organizations, and individuals.

For more information about the Revitalizing Maine Communities, Main Street Maine, and the annual conference call the Maine Development Foundation at 626-3117 or visit www.mdf.org







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