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Comprehensive Services for Visually Impaired and Blind Individuals of all Ages, 2003

Maine Department of Labor

Maine Division for the the Blind and Visually Impaired

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**VOCATIONAL
REHABILITATION
SERVICES**

The goal of vocational rehabilitation services is to help you retain or return to employment.

You could receive:

- Individual counseling and guidance, and vocational assessment.
- Orientation and mobility instruction to develop independent travel skills.
- Other training, devices, treatment, job placement and follow-up services to enable you to succeed in a job.

For more information, please call the
Division for the Blind and Visually
Impaired office nearest you.

AUGUSTA 04333-0073
2 Anthony Avenue, 73 SHS
Tel: 207-624-5191
1-800-760-1573

BANGOR 04401
45 Oak Street, Suite 1
Tel: 207-561-4020
1-888-545-8811

ELLSWORTH 04605-1850
248 State Street, Suite 3A
Tel: 207-664-2312
1-800-371-7543

LEWISTON 04240
5 Mollison Way
Tel: 207-753-9099
1-800-741-2991

PORTLAND 04101
185 Lancaster Street
Tel: 207-822-0400 x 600
1-800-315-1192

PRESQUE ISLE 04769-3222
66 Spruce Street, Suite 3
Tel: 207-760-6347
1-800-635-0357

ROCKLAND 04841-9914
279 Main Street, Suite 1
Tel: 207-594-1834
1-800-432-1680

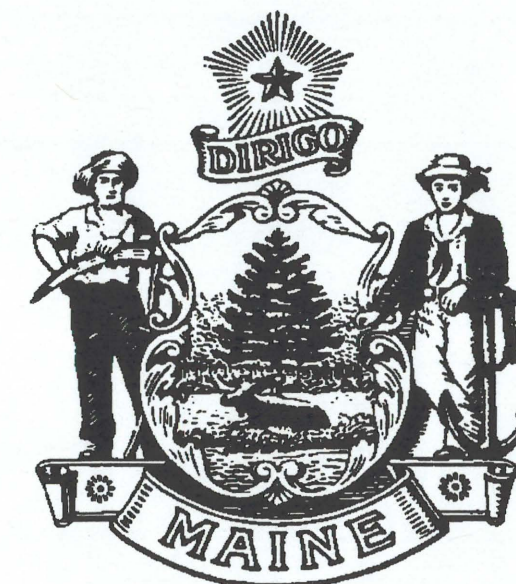
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LIBRARY USE ONLY

Comprehensive Services

**For
Visually Impaired
And Blind Individuals
Of All Ages**



DEPARTMENT OF LABOR

**Division for the Blind
And
Visually Impaired**

If you have a vision problem that prevents you from carrying out the activities of daily living, getting an education or a job, there is help. The Division for the Blind and Visually Impaired can provide many services to persons with severe visual impairments.

INDEPENDENT LIVING SERVICES

Adaptive skill-training provides alternative skills to accomplish activities of daily living.

Homemaking skills training may include meal preparation, shopping, and cleaning.

Individuals may be trained in a variety of personal management skills such as managing money, dialing a telephone, and telling time.

Mobility instruction assists individuals to travel safely through the use of alternative techniques.

EDUCATION SERVICES FOR CHILDREN

Comprehensive services for children and families begin as soon as a child is identified as blind or visually impaired.

Education consultants and teachers work with parents and schools to develop and implement an individualized education program.

The Division can supply specialized materials and equipment to support an individualized education program.

LIBRARY SERVICES

The Maine State Library Talking Book Program provides books and magazines in a recorded cassette or disc format to people who are visually impaired, blind, or physically handicapped.

Applications are available from the Maine State Library and from public library service centers throughout the state, or by calling the Special Services toll-free number: 1-800-762-7106

FINANCIAL SERVICES

Any person legally blind and in need, may apply for SSI or SSDI at the nearest Social Security Administration office. For information, please call:

622-1451 or 1-800-772-1213

I.D. CARDS FOR VISUALLY IMPAIRED AND BLIND INDIVIDUALS

A card is available to visually impaired people who do not have a driver's license. This card is acceptable identification for cashing checks and other transactions. It may be obtained by calling any Department of Motor Vehicles office. The fee is \$5.00.

REAL ESTATE TAX EXEMPTION

Persons who are legally blind may receive a real estate tax exemption of up to \$4,000.00 on their property valuation by applying through your local town office.

You must provide a medical report that states "you are legally blind".