

# Where Children and Veggies Grow

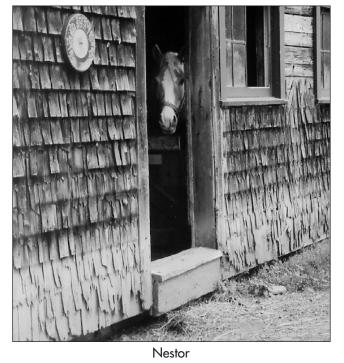
by Esther J. Perne





unday, July 25 is Open Farm Day across Maine, a unique and wonderful opportunity to enjoy scenic rural settings and to sample life on a working farm where children romp and smiles prevail and everyone pitches in to help with the hard, hard work...and gets to enjoy the rewards. Dozens of farms will greet visitors of all ages on July 25, including one very special place in Belgrade...

It's a hot day on Belgrade's Winterberry Farm but the breezes play across the 40 acres of livestock pastures and organic gardens and it's cool inside the 150-year-old barn where customers measure and weigh their



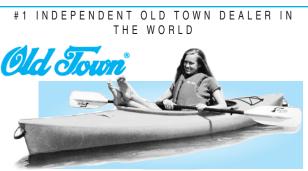
weekly generous CSA (Community Supported Agriculture) allotment... and invariably peek around the corner to see who's in the stalls. It might be Nestor, one of the farm's three working ponies, a duck who's waddled up from the pond to visit the laying hen flock, or - if they aren't out doing their job of rooting the fallow field - the pigs.

"This isn't just ours," says owner Mary Perry while encouraging visitors to look around. "We're like a community farm. I love to have people come and get their hands in the dirt." She also loves to have them wander down to the gardens, admire the calves and sheep, and let their children run and play.

*Continued on page 2* 



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*Continued from page 1* 



What's it like to visit Winterberry Farm? Well, let's start at the attractive roadside stand which advertises "Pies! Pies! Pies!" and is full of much more in terms of baked, preserved and fresh garden goodies. Out back, toward the imposing, historic barn, past the rope swing that kids can't resist, and the frisky Australian Shepherds - Skip and Rosemary, and the trademark 1952 Ford truck, guests are halted by a garden devoted to banks of flowers which delightfully block the view.

But don't stop there...the view of fields, woods and, way in the distance, Great Pond

is amazing: a greenhouse bursting with heavily-laden tomato plants, a turkey pen, beehives, a pasture where sheep and cows and ponies graze, and beyond the vegetable gardens - long, straight rows of carefullytended plants, enough to feed 65 CSA shares, two apprentices, Mary and her three



CSA pick-up

children - Kenya age 14, Gil age 10, and Sage age 4.

Now that guests have glimpsed the lay of the land, let the real visit begin: a garden tour, a hand wool spinning demo, a walk through the barn, a stop in the shade, fresh veggies and pies to buy, a few shaggy heads to pat, maybe some work - a little weeding or something - to experience.

Come and enjoy a day on the farm...Winterberry Farm on Route 27 in Belgrade.





Sage



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• Erosion Mulch

### Editorial **Rapid Response**

stoically ... another milfoil discovery, a new location, interesting speculations, an immediate plan of action, hope for the best, relief that much education, experience, ability to react is already in place here in the Belgrades.

Great Meadow Stream: we remember it well - that's where the parents canoed from Great to North Ponds when they were newlyweds (1937!!). They always lamented that they were only equipped with a few oranges for refreshment, not knowing it would be such a long, hot paddle. But in those days, they were surrounded by water...they could drink. Just a little cupful out of the lake!

Te receive the news rather release site of a frog purchased for the annual Frog Day contest in Norridgewock. He/she had served its competition purposes and deserved freedom again. Of course, frogs are supposed to be returned to where they came from. But to the baitman's frogcrowded cooler? Not our jumper.

> Frogs, we find out thankfully, and other animals are not carriers of milfoil.

That hurdle passed, we return to the big picture, the watershed one: yes, there are challenges and even problems in the Belgrades, but look - once again what is being done proactively! The stream is already posted, the permit in place, let the handpulling begin.

We remember the stream, too, as the

### -Animal Countdown -

### More Farms, More Animals to Visit

pen Farms near the Belgrades that Organic. 10 am-3 pm. represent a cross section of specialities include:

Augusta: Spinakees' Farm, 1180 Vernon. Tasker Road. Fiber and Livestock. 12-4 pm.

East Wilton: Whitehill Farm, 357 McCrillis Corner Road. Diversified 29 Long Meadow Drive. Diversified Certified Organic.

Madison: North Star Orchards, 97 Orchard Road, Route 43. Apples.

Monmouth: Friends' Folly Farm, 319 goats, fiber processing milll, meat rabbits and veggies.

Monmouth: Phoenix Farm, 191 to check for exact open hours before South Monmouth Road. Diversified visiting.



Mount Vernon: FireSide Ridge Alpaca Farm, 17 S. Taylor Road, Mount

Sidney: Misty Acres Alpaca Farm, 3071 West River Road.

West Gardiner: Long Meadow Farm, Organic with Chickens, Sheep & Goats.

A complete listing, description and location with directions and maps of all farms participating Norris Hill Road, Monmouth. Angora in Open Farm Day is available at 287-3491, www.maine.gov/agriculture or www.getrealmaine.com It's advisable

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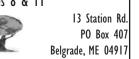
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Legacies

# New Milfoil Infestation in Belgrades Spurs Rapid Response

The discovery was confirmed July 9. Variable of Great Pond near the stream. Both the surveybeen identified in the Great Meadow Stream end of Great Pond. The source of the milfoil has not been identified; the quantity is 12-14 clumps; the location is near the Route 225 bridge on the tion looks very positive. The Eurasian Water Great Pond side in a couple of backwater recesses. No milfoil has been identified to date in either North Pond or Great Pond.

official surface use restriction. In the meantime, a sign has been posted at the bridge identifying the stream as milfoil infested and requesting "Please Do Not Boat or Fish in this Stream Through September, 2010." A buoy with the same signage has been placed at the inlet of the stream into Great Pond. The posting is intended to discourage boat traffic and fishing, which could cause the milfoil to spread.

Belgrade Lakes Association (BLA), the Belgrade Regional Conservation Alliance (BRCA), and the Maine Department of Environmental Protection (DEP)started working together to implement a plan of action to remove the milfoil and control its spread. The removal will be done by hand pulling by trained volunteers under a permit issued by the DEP. Volunteers are needed to make this effort successful and to survey the area has been one interception of an invasive plant,

Leaf Milfoil, an invasive plant species, has ing and the removal will continue through September, 2010. Please contact Corinne which flows from North Pond into the North Dawson, Milfoil Coordinator for BRCA at 495-6039 or brcamf@gwi.net

Summertime in the Belgrades

In other milfoil news, the Salmon Lake situa-Milfoil discovered in Kozy Cove in 2009 and treated with an herbicide appears to have been eradicated. The DEP has conducted three dive Although the entry at the Route 225 bridge is surveys of Kozy Cove in 2010 and to date has unofficial, it may eventually be subjected to an found no Milfoil. They will schedule one or two more dives.

Additionally the BRCA has recently surveyed the remaining Salmon Lake shoreline and coves with no invasive plants noted. The volunteers conducting this survey are greatly appreciated. According to Pete Kallin, Executive Director of the BRCA, there have been some very impressive invasive plant "saves" in 2009 and 2010. Doug McCafferty of Whisperwood Camps on Salmon Immediately upon the identification, the Lake had two confirmed saves last year and one this year. Doug has been acting as an official Courtesy Boat Inspector, i.e. submitting formal reports that go into the Belgrades watershed totals.

> Another private camp save was at Alden Camps on East Pond last summer when both Fernwart and Eurasian Milfoil were intercepted from an arriving boat. This summer so far there

Eurasian Milfoil, at the public boat landing on Great Pond. All of the boats in the above saves came from infested waterways in Connecticut and Massachusetts.

On Messalonskee Lake, which has officially struggled with the milfoil dilemma for a decade, invasives were intercepted going into the lake four times last year and ten times coming out.

Although the situation is far past the eradication stage, according to Mike Wiley, President of the Snow Pond/Messalonskee Lake Association, the lake association is "up to speed on managing it." In conjunction with the University of Maine at Farmington they will start laying benthic barriers this August and diver-assisted suction boats will be on the lake right after Labor Day.

"You've got to get your expectations right or it can overwhelm you," says Wiley.

Although he has been on Lake Messalonskee since 1958 Wiley, who is originally from Minnesota, says that every lake in southern Minnesota is like a garden.

Such comparisons provide a positive perspective on Maine's Milfoil initiative, on the preparedness in individual watersheds like the Belgrades where a rapid response for eradication is in place and where management practices are being implemented as a secondary plan of action.

### Notebook -

#### Pine Tree Camp Seeks Alumni

• 2010 is the 65th Anniversary of Pine Tree Camp in Rome and to help in the reunion celebration for alumni scheduled for Sunday, August 8, the search is on for former staff and campers. Founded in 1945 with 75 Maine children with disabilities in attendance, the camp currently provides a barrier-free summer camp experience to 650 Maine children and adults with disabili-

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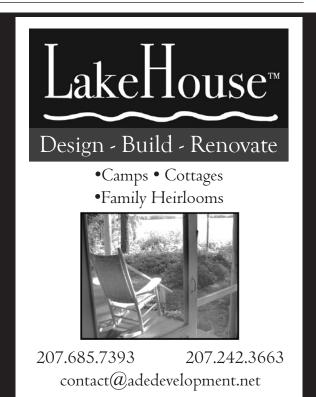
Campers come for six full days of activities including swimming, fishing, kayaking, hiking, adaptive tennis, drama, arts and crafts and spending time in Maine's only accessible treehouse. Programming is purely recreational. A full medical staff is on-site and available 24/7 to ensure that campers, many of whom are medically fragile, are well-cared-for and safe.

Throughout its history Pine Tree Camp has opened its doors to anyone who can benefit from the experience regardless of their ability to pay the now \$1600 tuition. It has served thousands of

campers and impacted the lives of thousands of staff members; accurate alumni records have been kept for only the last five years.

Anyone who has attended, has worked at, or has information about alumni of Pine Tree Camp since its founding is invited to contact the Pine Tree Society. An on-line form is available at www.pinetreesociety.org in which Pine Tree Camp alumni can input information to be added to a directory and at the same time RSVP for the reunion celebration, 11 am-3 pm on August 8. Or, call 443-3341.







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his time of year we get a lot of visitors and long L time residents who come into the office and confess, "I love to get up in the morning and bathe in the lake. Is that OK?" I don't want to be a spoilsport but there are a lot of things that we used to do in our lakes that we have since learned were not all that good for water quality. And things that weren't that bad when one person did it are hundreds of times worse when hundreds of people do them. The following article, written by BRCA's longest serving board member (20 years!), Roy Bouchard, whose day job is Head of the Lakes Division for Maine DEP, originally appeared in BRCA's summer newsletter last year.

Bathing in the lake was a fun summer tradition that seemed totally harmless before we started to study water pollution. We now know using soap and shampoo is not an advisable activity, particularly when and where lots of other people are doing it.

While many soaps are biodegradable, that does not mean they are harmless. Even assuming there would be rapid dilution; the localized concentrations may be high at least briefly when there are multiple bathers in the same area, together or in succession. Many soaps contain surfactants which are important for cutting oils and similar substances and making them soluble so they wash off. These are often either toxic or challenging to life in the lake, especially microorganisms and invertebrates. Soaps may also alter the pH (acidity) of the water significantly in the vicinity of their use. Deodorant soaps and dandruff shampoos often contain heavy metals or other ingredients that are harmful when multiple people are using them in an area.

Many soap labels claim "no phosphorus" or "low phosphorus". Most soap, even "no phosphate" ones, contains some phosphorus. While several "green" products are indeed a lot better than the standard bathing soaps and shampoos in

### **Summertime Bathing**

#### by Peter Kallin; Guest article by Roy Bouchard

this regard, the body oil and other grime washed off bathers' bodies, greatly aided by soaps with their surfactants, can contribute a lot of phosphorus to fresh waters.

In addition to phosphorus, body oils, and other pollutants, bathing in lakes can contribute bacteria and viruses at higher amounts than just swimming. While it may or may not be a heath issue in a given situation, do we really want to increase the bacteria numbers in lakes where others are swimming? And many people find the thought of swimming where others have been bathing unpleasant - it makes the lake seem more of a bathtub than a lake. So what to some may seem an innocuous activity in reality is one of the many things people do that all

### -Conservation-

#### **East Pond Association**

Saturday, July 24, 10 am, barbecue will follow, Town Office, Route 8, Smithfield. www.eastpond.org, 465-7307

#### Belgrade Lakes Association (Great and Long Ponds)

Sunday, July 25, 9-11 am, refreshments available, Belgrade Community Center for All Seasons, Route 27, Belgrade Lakes. www.belgradelakesassociation.com, 512-5150

#### McGrath Pond/Salmon Lake Association

Sunday, August 1, 4:30-5:30 pm social time, review exhibits, discuss issues with DEP and Colby College representatives, take a tour of camp, 5:30-6:15 pm dinner, 6:15-7 pm presentations from DEP and Colby students, 7-7:30 pm Election of Board and Officers for the coming

add up to water pollution. Everyone should know that it is not allowed under state law to intentionally introduce foreign substances (including soap and shampoo) into our waters without a permit. However, let's not just rely on the law as a justification for saying not to do it. The reasons stated above are behind the law and why I can't encourage people, pets, or any other kind of bathing or washing in lakes.

Summer camps and public facilities have a special opportunity and responsibility to be good stewards of our waters and to educate not only their campers but the public by way of example. We as lake users have our own role to play by not polluting the waterways we all share.



Peter Kallin, Executive Director of the Belgrade Regional Conservation Alliance (BRCA), can be contacted at 495-6039 or brca@gwi.net, or visited at the BRCA Office, The Boathouse, Belgrade Lakes.

### 2010 Belgrade Area **Associations Annual** Meetings

year. Everyone welcome - nonmembers, too! Pine Tree Camp, North Pond Road, Rome. 465-3983

#### North Pond Association

Sunday, August 15, 4 pm social hour, 5 pm dinner (register at www.NorthPond.net), 6 pm meeting. Guest speakers, t-shirts, NPA bumper stickers, 50/50 raffle and Buffer Plant Raffle. 362-5533. Pine Tree Camp, Rome. www.NorthPond.net, 362-5533

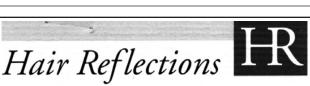
#### Snow Pond/Messalonskee Lake Association

Date to be determined, probably late August. www.snowpond.org, 314-1489

#### Belgrade Regional Conservation Alliance, BRCA

Tuesday, September 7, dinner and program at Alden Camps, Route 225, Oakland. www.belgradelakes.org, 495-6039





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# Calendar Directory

#### TOWN BY TOWN...

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#### AUGUSTA

• Arboretum, 6 miles of year round walking trails open dawn to dusk, Visitor Center open M-F 9-4, Pine Tree State Arboretum, 621-0031, 153 Hospital Street, Route 201, www.pinetreestatearboretum.org

 Art in the Capitol, unique monthly self-guided exhibits in the State House hallways (M-F 8-5), Blaine House (call for times), and Maine Arts Commission Office (8:30-4:30), 287-6719, Capitol Complex, State Street.

• Children's Discovery Museum, CDM, 622-2209, www.childrensdiscoverymuseum.org Tuesday-Thursday 10 am-4 pm, Friday-Saturday 10 am-5 pm, Sunday 11 am-4 pm, admission, 171 Capitol Street.

• Danforth Gallery, Jewett Hall, art exhibits, University of Maine at Augusta, 621-3243, Tuesday-Friday 9 am-5 pm, Saturday noon-5 pm. Route 27.

• Governor's Mansion, 1830 Blaine House, 287-2121, Tuesday-Thursday 2-4 pm, State Street.

• Holocaust and Human Rights Center of Maine, Michael Klahr Center, 46 University Dr., University of Maine.

• Kennebec Historical Society, 622-7718,

www.kennebechistorical.org, W-F 10-2, 107 Winthrop Street. • Kennebec River Rail Trailhead, www.krrt.org, Maine State Housing Authority parking lot, Water Street.

Maine State Museum, 287-2301,

www.mainestatemuseum.org Tuesday-Friday 9 am-5 pm, Saturday 10 am-4 pm, admission, State House Complex, State Street.

• Museum of the Streets, walking/history tour, downtown.

• Old Fort Western, 626-2385, www.oldfortwestern.org, 1-4 pm daily, admission, 16 Cony Street.

• Farmers' Market at Mill Park, 626-2305, Tuesday 2-6 pm, North Water Street.

• Farmers' Market at Turnpike Mall, 549-5112, Wednesday and Saturday 10 am-1 pm, Western Avenue.

#### **BELGRADE LAKES**

• Great Pond Mailboat, 215-7520, Monday-Saturday, departs 10 am, Post Office, Main Street, Route 27. • Spring Gallery & Sculpture Garden, 495-3113,



Try our mouthwatering ribs,

www.springgallerymaine.com, presented by Modern Art Foundry, Wednesday-Sunday 11 am-5 pm and by appointment, 81 Main Street, Route 27.

#### • The Belgrade Community Center for All Seasons,

495-3481, www.belgrademaine.com 1 Center Drive, off Route 27.

 Union Church Coffee House, 495-3599, last Saturday of month, 7:30 pm, \$5 donation, Main Street/Route 27.

Farmers' Market, 465-7058, Sundays 8 am-1 pm,

Thursdays 2-6 pm, www.belgradelakesfarmersmarket.org, Main Street/Route 27.

#### FAIRFIELD

• Fairfield Historical Society, 453-2998. www.fairfieldmehistoricalsociety.org Tuesdays 9 am-12, 1-4 pm. Cotton-Smith House, 42 High Street.

• Farmers' Market, 948-5724, Wednesday 2-6 pm, Saturday 9:30 am-1:30 pm, Nazarene Church parking lot, 81 Maine Street.

#### FARMINGTON

• Farmington Historical Society, 778-2835, Wednesday and Saturday, 11 am-2 pm, July-August, 118 Academy Street.

 Nordica Homestead Museum, opera singer Lillian Nordica costumes, jewelry, career mementos, 778-2042, Tuesday-Saturday 10 am-12 n and 1-5 pm, Sunday 1-5 pm, closed Monday, 116 Nordica Lane, off Routes 27/4.

 University of Maine Farmington (UMF) Art Gallery, 778-7002, Tuesday-Sunday noon-4 pm, free. 238 Main Street.

 Contra Dance, 491-9928, www.starleft.org second Saturday of the month, all welcome, 6:30-7:30 pm family dance, 8-11 pm regular dance, admission, Grange Hall, Bridge Street, Route 43, West Farmington.

• UMF Arboretum, four walking tours with informal guide pamphlet to campus trees, University of Maine.

• Farmers' Market, 778-6602, Friday 9 am-2 pm, Better

Living Center parking lot, Front Street; Saturday 8 am -12 noon, Main Street.

#### GARDINER

 Circling the Square Fine Art Press, 1-5 pm Friday, 10 am-4 pm Saturday, 582-2108, www.theartdogs.com, 275 Water Street.

 Johnson Hall Performing Arts Center, 582-7144, www.johnsonhall.org Water Street.

• Farmers' Market, 582-3100,

www.gardinerfarmersmarket.org, Wednesday 2-6 pm, rain or shine, The Common.

#### HALLOWELL

• Harlow Gallery, 622-3813, www.harlowgallery.org

Wednesday, Thursday, Sunday, 12-4, Friday, 12-8, Saturday, 12-6, 160 Water Street.

• Gaslight Theater, 626-3698, www.gaslighttheater.org City Hall, 1 Winthrop Street.

• Museum of the Streets, downtown history/walking tour. • Farmers' Market, 622-1350, Sunday 11 am-3 pm, north end of Water Street.

#### HINCKLEY

• L.C. Bates Museum at Good Will-Hinckley, 238-4250, www.gwh.org Wednesday-Saturday 10 am-4:30 pm, Sunday 1-4:30 pm, Route 201.

#### KINGFIELD

• Reinholt Fine Arts Gallery, 266-4656, 245 Main Street.

• Ski Museum of Maine, 8 am-5 pm Monday-Thursday, 8

am-6 pm Friday and Saturday, 491-5481, 256 Main Street. • Stadler Gallery, 265-5025, 12-4 pm daily or by appointment. 225 Main Street.

• Stanley Museum, 265-2729, www.stanleymuseum.org, memorabilia/displays on Stanley Steamers, Tuesday-Sunday 1-4 pm, 40 School Street.

#### LIVERMORE

• Washburn-Norlands Living History Center, 18th-19th century mansion/farmstead/schoolhouse, 897-4366, www.norlands.org, admission, tours Tuesday-Saturday 1-4 pm, 40 School Street.

#### MADISON

• Lakewood Theater and Lakewood Inn Restaurant, Maine's Summer Theater, Young Performers Camp, 474-7176, www.lakewoodtheater.org, Route 201.

 Skowhegan School of Painting and Sculpture, 474-9345, www.skowheganart.org, summer evening artists lecture series, call for schedule, East Madison Road.

#### MONMOUTH

• Monmouth Museum, 933-2287,

www.monmouthmuseuminc.org Wednesday-Sunday 1-4 pm, shop open Thursday 5:30-8 pm, 751 Main Street.

 The Theater At Monmouth, The Shakespeare Theater of Maine, Cumston Hall, 933-9999, 933-9999, www.theateratmonmouth.org, Main Street.

#### MOUNT VERNON

 D.E.W Animal Kingdom, Zoo, 293-2837, www.dewanimalkingdom.com, 10 am-5 pm, 918 Pond Road,

#### Route 41.

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#### **NEW PORTLAND**

• Nowetah's American Indian Museum and Craft Shop, 628-4981, Daily 10 am-5 pm, free, 2 Colegrove Road, Route 27.

•Wire Bridge, 1864 wire suspension bridge, probably only one in U.S., off Route 27.

#### **NEW SHARON**

• Farmers' Market, Saturday 9 am-1 pm, Douin's Market, intersection Routes 2/27.

#### NORRIDGEWOCK

 Norridgewock Historical Society Museum, 634-5032, www.norridgewock.com, Saturday 10 am-3 pm, Mercer Road, Route 2.

• Oosoola Park, picnic area, playground, boat launch, on Kennebec Rivers, Route 8.

#### OAKLAND

• Macartney House Museum, Oakland Area Historical Society, 465-7549, Wednesday 1:30-4:30 pm. 1815 home with antique furnishings and Oakland artifacts, Main Street. • Messalonskee Center for the Performing Arts, 465-9135, 131 Messalonskee Drive.

#### READFIELD

• Readfield Historical Society and Museum, 685-4662, Thursday and Saturday 10 am-2 pm or by appointment, Readfield Depot.

#### Rome

• Mt. Philip Grange suppers, the third Saturday of the month, 4:30-6 pm, all you can eat beans, cornbread, rolls, chop suey, pies, Routes 135/225.

• Trails: Mount Philip, Route 225; The Mountain, Route 27; French's Mountain and Kennebec Highlands, Watson Pond Road; www.belgradelakes.org, 495-6039.

#### **SIDNEY**

• New England Music Camp, 465-3025, concerts free and open to the public, 465-3025, www.nemusiccamp.com, Route 23, Lake Messalonskee.

• Silver Spur Riding Club, River Road, Route 104.

#### **SKOWHEGAN**

• Margaret Chase Smith Library, residence and exhibits, 474-7133, www.mcslibrary.org, free, Monday-Friday 10 am-4 pm. 54 Norridgewock Avenue.

- History House Museum, 474-6632,
- www.skowhegan.com/historyhouse, Tuesday-Friday 1-5 pm,

#### Elm Street.

• Skowhegan Fairgrounds, weekly horse shows at the covered arena, 474-3621, Madison Avenue, Route 201 North.

• Farmers' Market, Saturday 9 am-1 pm, 938-3906,

Skowhegan Savings Parking Lot, Old Grange Hall, Madison Avenue.

#### **S**MITHFIELD

• Fairview Grange suppers, 362-2791, every Wednesday in summer, 5 pm til gone, Village Road, Route 8.

• Sunbeam Roller Rink, 362-4951, 830 Village Road, Route 8.

• Sunset Camps, public beach, 362-2611, www.sunsetcamps.com, Village Road, Route 8.

#### UNITY

• Unity College Centre for the Performing Arts, 568-3147, www.unitymaine.org, 42 Depot Street.

#### WATERVILLE

• Aqua City Actor's Theatre (ACAT), 873-7000, www.acattheatre.org. Waterville Opera House Studio Theater, Main Street.

- Museum of the Streets, downtown history/walking tour. Colby College Museum of Art, 859-5600, www.colby.edu/museum/ Tuesday-Saturday 10 am-4:30 pm, Sunday 12-4:30 pm, free, Colby College Campus, Mayflower Hill.
- Thomas College Art Gallery, 180 West River Road.

 Waterville Historical Society Redington Museum, 872-9439, www.redingtonmuseum.org. Tuesday-Saturday; tours at 10, 11, 1 and 2, 62 Silver Street.

• Waterville Opera House, 873-7000, www.operahouse.com, 93 Main Street.

• Farmers' Market, Thursday 2-6 pm, 680-2055, www.watervillefarmersmarket.org, The Concourse parking lot.

#### WAYNE

• Farmers' Market, 873-7000, http://waynefarmersmarket.weekly.com. Saturdays 8:30-11 am, Town Green, next to the Post Office, Main Street.

#### WILTON

• Wilton Farm & Home Museum, 645-2261, 645-2360, Saturday 1-4 pm or by appointment, Canal Street.

#### WINTHROP

• Norcross Park, playground, picnic site, boat launch on Maranacook Lake, downtown.

• Farmers' Market, 215-7183, Tuesday and Saturday 9 am-1 pm, parking lot, downtown.

#### ASSOCIATIONS/GROUPS

#### THE BELGRADES...

• East Pond Association, 197 Brickett Point Estates,

Oakland, ME 04963, 465-7307, www.eastpond.org

 North Pond Association, 152 Madison Avenue, Skowhegan, ME 04976, 474-8988.

• McGrath Pond/Salmon Lake Association (MP/SL), RR

2 Box 2800, Belgrade, ME 04917. 465-3983.

 Great/Long Ponds: Belgrade Lakes Association (BLA), P.O. Box 551, Belgrade Lakes, ME 04918.

www.belgradelakesassociation.com. 512-5150.

• Snow Pond/Messalonskee Lake Association, P.O. Box

532, Oakland, ME 04963, www.snowpond.org, 465-2888.

• Belgrade Regional Conservation Alliance (BRCA) and BRCA Conservation Corps, P.O. Box 250, Belgrade Lakes, ME 04918. 495-6039, www.belgradelakes.org

• Belgrade Lakes Region Business Group (BLBG), P.O. Box 596, Belgrade Lakes, ME 04918. 495-3700, www.belgradelakesmaine.com

#### BEYOND...

• Maine Congress of Lake Associations (COLA), P.O. Box 426, Belgrade, ME 04917. 1-877-254-2511, www.mainecola.org

• Friends of the Cobbossee Watershed, P.O. Box 5003,

Augusta, ME 04332. 621-4100, www.watershedfriends.com

 Franklin County Soil & Water Conservation District, 107 Park Street, Farmington, ME 04938, 778-4279, www.franklin2swcd.org

 Kennebec County Soil & Water Conservation District, Central Maine Commerce Center, 21 Enterprise Drive, Augusta, ME 04330, 622-7847, ext. 3, www.KCSWCD.org

• Kennebec Land Trust (KLT), PO Box 261, Winthrop, ME 04364. 933-2220, www.tklt.org

 Kennebec Messalonskee Trails, 873-6443, www.KMTrails.org

•Kennebec River Rail Trail, 623-8162, www.krrt.org

• 30 Mile River Watershed Association (30 MRWA), www.news.30mileriver.org

• Androscoggin Lake Improvement Corporation, P.0.

Box 307, Wayne, ME 04284. www.androscogginlake.org

• Parker Pond Association, Mount Vernon/Vienna. www.parkerpond.org

• Central Maine chapter of the New England Mountain Bike Association (CeMeNEMBA), 1154 West Road, Belgrade, ME 04917. 441-6227, www.cemenemba.org 🤰







### Calendar —

Wednesday 7/21 through Saturday 7/24 - "Shakespeare in Hollywood," comedy, 474-7176, Lakewood Theater, Route 201, Madison.

Friday 7/23 – Animal Story Hour, ages 3-6 recommended, 10, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Friday 7/23 – Maine Jazz Camp Student Concert, 6:30 pm, Roberts Learning Center, University of Maine, Farmington

Friday 7/23 through Sunday 7/25 -"Misalliance," George Bernard Shaw comedy, 7:30 pm Friday & Saturday, 7 pm Sunday, 933-9999, The Theater At Monmouth.

Friday 7/23 - "Stimulus Package" Concert: Atlantic Music Festival Orchestra, join AMF's chamber players and award-winning composer George Tsontakis for a delightful evening of French music (Debussy, Poulenc and Messiaen) and Tsontaki's brand new work, "Stimulus Package," 7 pm, Lorimer Chapel, Colby College, Waterville.

Friday 7/23 - New England Music Camp Student Honor Recital, open to the public and free of charge, everyone welcome, 7:30 pm, 465-3025, Alumni Hall, NEMC, Route 23, Sidney.

Friday 7/23 - Readfield Historical Society presents Birdie Gogins aka The Marden's Lady, \$10, 7:30 pm, Union Meeting House, Church Road, Readfield.

Saturday 7/24 - East Pond Association Annual Meeting, 10 am, barbecue lunch to follow, committee reports, status of water quality, courtesy boat inspections, everyone welcome to attend, www.eastpond.org, Town Office (Old Elementary School), Route 8, Smithfield. Saturday 7/24 - Open Studio, Wesserunsett Arts Council, Thirteen Artists in Somerset County area -Athens, Hartland, Harmony, Wellington, Anson, 10 am-6 pm, www.wesarts.org, Route 150, Athens.

Saturday 7/24 and Sunday 7/25 -

Antique and Vintage Art Appraisal, with David Keef and Johanna Moore of ARTI-FACTS, \$10 verbal per piece, \$100 written per piece, 11 am-3 pm, 622-3813, Harlow Gallery, Water Street, Hallowell.

Saturday 7/24 – "Beavers and their Friends," children's program, 10 am, \$1, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Saturday 7/24 – "King Artie and the Knights of the Round Table," Young Performers Camp production, 10 am and 1 pm, 474-7176, Lakewood Theater, Route 201, Madison.

Saturday 7/24 – Children's Garden Party Teddy Bear Tea, bring a favorite stuffed animal for an old-fashioned garden tea party and games, 1 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Saturday 7/24 – New England Music Camp Student Concert at Bowl in the Pines, featuring Concert Orchestra, Concert Band, rain or shine, free to the public, everyone welcome, 3 pm, 465-3025, Route 23, Sidney.

Saturday 7/24 - "Sleeping Beauty," The Missoula Children's Theatre, 3 pm, 873-7000, Waterville Opera House, 93 Main Street, Waterville.

Saturday 7/24 - Atlantic Music Festival orchestra, Delaware Symphony conductor David Amado, pianist Bruce Brubaker, and the Atlantic Music Festival

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Orchestra meet in a lively and spirited performance of Haydn's "London" Symphony and Beethoven;'s Piano Concerto #1,7 pm www.atlanticmusicfestival.org for location, Colby College, Waterville.

Sunday 7/25 – Maine Open Farm Day, dozens of farms open to public, free, demonstrations, tours, visits to barns, farm-raised products for sale, children's activities, and more, statewide.

Sunday 7/25 – Belgrade Fire Department 4th Annual Auto Show, twenty classes, gates open 8 am, rain or shine, \$5 car and driver, \$3 spectator, 5 and under free, 215-6142, Depot Road, next to Belgrade Central School, Belgrade Depot.

Sunday 7/25 – The Belgrade Lakes Association Annual Meeting, 9 am, refreshments served, come learn about BLA programs, bring any and all interested friends, 512-5152, Belgrade Community Center for All Seasons, Route 27, Belgrade Lakes.

Sunday 7/25 - New England Music Camp Student Concert at Bowl in the Pines, featuring Symphony Orchestra, Symphonic Band, Chorale, 3 pm, free to the public, everyone welcome, in case of rain concert still scheduled, 465-3025, Route 23, Sidney.

Sunday 7/25 – Coburn Park Concert Series, Barbie and the Band, 5 pm, 474-0527, Philbrick Gazebo, Coburn Park, Water Street, Skowhegan.

Monday 7/26 – Old Crow Band, 7 pm, Meetinghouse Square, downtown Farmington.

Tuesday 7/27 - Off the Hill Band, 11:30 am-1 pm, bandstand, Meetinghouse Square, downtown Farmington.

**Tuesday** 7/27 – Kayak/canoe trip, call for details 495-6039, Belgrade Regional Conservation Alliance, Belgrade Lakes.

Tuesday 7/27 - Rock on the River, 7-8:30 pm, Boardwalk on the Kennebec River, Water Street, north end of Hallowell.

Wednesday 7/28 – Learning About the Past through Play, setting type on a printing and letter press, 1 pm, \$1 per participant included in admission, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Wednesday 7/28 - Summer Reading Program Final Party, Judy Pancoast "Beach Songs," 2-3 pm, 465-7533, Oakland Public Library, Church Street, Oakland.

Wednesday 7/28 - Public Supper, 5 pm til gone, Fairview Grange, Route 8, Smithfield.

Wednesday 7/28 - Sunset Concert Series, bounce house, vendors, 6 pm, Waterfront Park, Augusta.

Wednesday 7/28 – Owl Prowl, Wednesday Night at the Museum, 6:30 pm, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

Wednesday 7/28 - A Century of changes in Boating and fishing in the Belgrade Lakes, Belgrade Historical Society, 7 pm, North Belgrade Community Center, Route 8, North Belgrade.

Wednesday 7/28 – William Shakespeare's "Comedy of Errors," 7:30 pm, 933-9999, Cumston Hall, Main Street, The Theater At Monmouth.

Wednesday 7/28 – New England Music Camp Faculty Recital, open to the pub-

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Thursday 7/29 – "Is He Dead?" Mark

Street, The Theater At Monmouth.

Twain, 933-9999, Cumston Hall, Main

Thursday 7/29 - Evening Story Time, 6

pm, 495-3508, Belgrade Public Library,

lic, free of charge, everyone welcome, 8 pm 465-3025, Alumni Hall, Route 23, Sidney.

Wednesday 7/28 - Baroque Then and Now, Atlantic Music Festival concert, the Baroque tradition continues, experience Bach, Corelli and Vivaldi as well as modern looks at the Baroque, from the dark Shostakovich to the humorous P.D.Q.Bach!, 7 pm, Lorimer Chapel, Colby College, Waterville.

Thursday 7/29 and Friday 7/30 – Annual KNEADING Conference, workshops, demonstrations, lectures, field trips in the art of wood-fired bread baking, local grain growing, milling and oven building, for professional and home **bakers**, farmers and millers, oven builders and interested community members, 947-6622, Skowhegan.

Thursday 7/29 - Harry Vayo on his hammered dulcimer, 1-2:30 pm, Arts in the Park, noon to 4 pm, Castonquay Square, downtown Waterville.

Thursday 7/29 - Art Programs for Children, 1 pm, \$2 per participant, including materials, 238-4250, L.C. Bates Museum, Route 201, Hinckley.

**Thursday 7/29 -** Family Concert, Atlantic Music Festival, strings, woodwinds, brass, percussion, these are the musical families we'd like to share with your family, a feast of musical treats by AMF resident artists, including the incredible Carnival of Animals, recommended for ages 3-103, 7 pm, Lorimer Chapel, Colby College, Waterville.

Thursday 7/29 through Sunday 7/30 -Vienna Historical Society 28th annual plays, "Huldy's Harlow Hill Hotel" by Beverly Wight Smith and "Summer Sweets" by Beverly Shaw, \$5 adults, \$2 children under 12, refreshments will be sold by the Mill Stream Grange, 7 pm evenings, 2 pm Saturday matinee, Vienna Union Hall, Vienna.

Thursday 7/29 - Celtic Spring, six siblings who play the fiddle and stepdance, backed by mom on keyboard and dad on percussion, traditional music of Ireland, Scotland, and Cape Breton, Nova Scotia, 7:30 pm, \$10, 948-SHOW, Unity Centre For the Performing Arts, 42 Depot Street, Unity.



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problems as well as chronic health conditions. Please call us for an appointment at 495-3323. We will see you as soon as possible at the health center. Our appointment hours are Monday through Friday, 8:00 AM to 12:30 PM and 1:30 PM to 4:30 PM, and Tuesday evening 5:00 PM to 7:00 PM.

Summer 2010

If you have a major medical emergency such as chest pain, a severe breathing problem, cardiac condition, or major trauma, please call 911 or go to the nearest emergency room.

Welcome to the beautiful Belgrade Lakes Region. We at the Belgrade Regional Health Center hope you enjoy your stay and enjoy good health during your visit. We look

forward to the return of our summer residents, as well as visitors to the area.

In case you do have a health concern while visiting, we are available to treat acute

If you have a minor health condition such as poison ivy, a fish hook, laceration, etc, please try to call before arriving at the health center. We accept patients on a walk-in basis, but you will be asked to wait until our regularly scheduled patients are seen. If you call ahead, we can give you a scheduled appointment and likely reduce your wait.

We are located at 4 Clement Way, just off Route 27, 3 miles north of the intersection of Routes 27 and 135. We look forward to seeing you for any of your healthcare concerns.

Sincerely,

Amy Madden, M.D.

Vickie Chapman, A.P.R.N.

Megan O'Brien, F.N.P.

Center for All Seasons, Route 27,

Theater, Route 201, Madison.

Thursday 7/29 through Sunday 8/1 –

"Gypsy," musical, 474-7176, Lakewood

Belgrade Lakes.

Belgrade Regional Health Center

4 Clement Way • Belgrade, Maine 04917 • Telephone: (207) 495-3323 • Fax: (207) 495-3353 Mailing Address: PO Box 274 • Belgrade Lakes, Maine 04918

Health Care Providers: Diane Campbell, MD • Marvin Lee, MD • Vickie Chapman, APRN Practice Manager: Deborah Rocque

Matt Colaluca, PA-C

Jessica Hopkins, L.C. S.W.

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### Activities & Outings —





On Sunday, July 25, the Belgrade Fire Department will hold its 4th Annual Auto Show, rain or shine, at the Belgrade Central School grounds. Gates will open at 8 am for show cars; judging begins at 10 am. Admission is \$5 per car and driver, \$3 for spectators, children 5 and under free.

Classes for the show will include: Tuners,



Foreign and Sports, Antiques, Street Rods, Corvettes, Camaros, Mustangs, Special Interest, Trucks – 4wd, 2wd and pre-'72, and the Best of the 50s, 60s, 70s, 80s, 90s, and 2000s. There will also be classes for Mopars and Motorcycles, Tri 5 Chevys, and Restoration in Progress. Special awards will be presented for Best in Show and Outstanding Detail.

### Belgrade Fire Department Auto Show 7/25



There will be a food booth and great music all day. Toilet facilities will be available on the premises. No smoking, pets or alcohol are allowed on school grounds.

For more information call 215-6142. Entry to the Auto Show is on the Depot Road (off Route 27) in Belgrade Depot.



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Summertime in the Belgrades



## -Kennebec Corridor-**Old Canada Road Receives Phone Funds**

The Old Canada Road Scenic Byway was L the recipient of a \$2500 donation from Skowhegan Savings Bank to support the development of a mobile phone application for the 78mile stretch of Route 201 from Solon to the Canadian border.

Travelers along that stretch will be able to download the GPS-activated application on their Android and iPhone devices and receive information on various points of interest along the route such as historic details about Benedict Arnold's trip to Quebec. The tour interpretive materials are researched and designed by the local members of the Old Canada Road Scenic Byway nonprofit organization and local youth organizations.

Bob Haynes, coordinator of Old Canada Road, noted, "The Directors of the Old Canada Road Scenic Byway Inc. believe this exciting new tourism product will be a great help in describing our history culture and recreational opportunities. It appeals to a new, broad mobile audience that we wish to attract to the Upper Kennebec and Moose River Valleys. Its photo and video capability make it a very flexible tool to entice visitors to our four-season world. We are very appreciative of Skowhegan Savings for recognizing the potential of this economic development tool and helping make it a reality."





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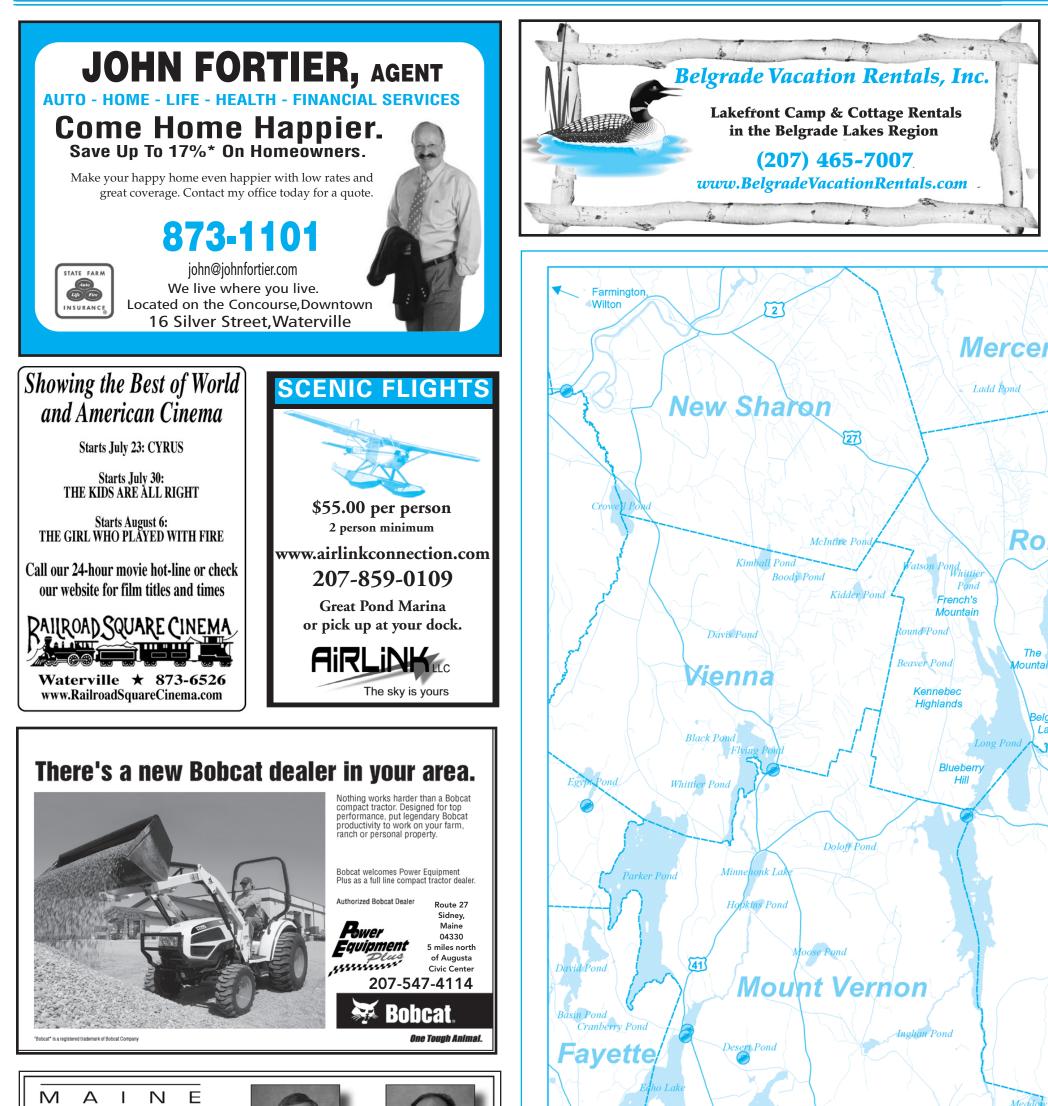
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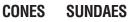


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### Shaw's "Misalliance" **Opens at Monmouth**



14

• eorge Bernard Shaw's J "Misalliance" will open at The Theater At Monmouth on Friday, July 23 at 7:30 pm.

Summertime in the Belgrades

Quoted by the Washington Post as "[Shaw's] carnival is open for business in all its riotous glory," "Misalliance" is a hilarious view of life, parenting, love and lust. A pompous underwear magnate, a stiff ambassador, a fetching Polish aviatrix, and a plain-talking socialist clerk are the memorable characters, directed by David Greenham, who animate this comedy.

Performances

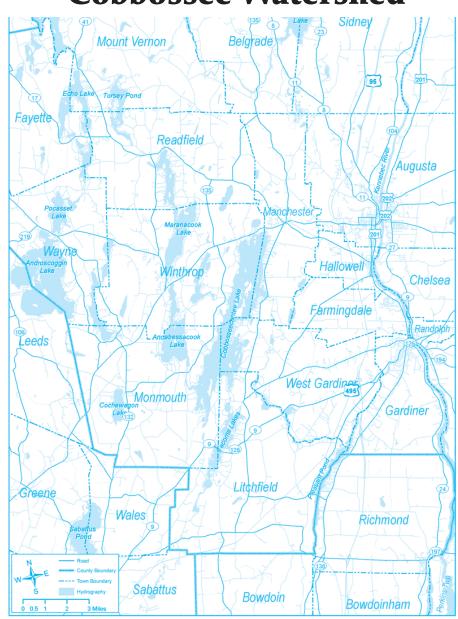
will

take place on July 23, 24, 25 Photo by Ron Simons 31, and August 4, 12, 14, 17, 18, and 20. Tickets are \$26 on opening night. All other performances are \$24 for adults, \$22 for seniors and matinees, \$20 for students.

A reception will be held opening night after the show, where audience members can enjoy complimentary food and drinks and an opportunity to meet with the director and members of the cast. A 50/50 raffle will be held before the show and during intermission.

For reservations call 933-9999 or visit www.theateratmonmouth.org









### **Cobbossee Watershed**

Summertime in the Belgrades

### Cobbossee Corner

### 1st Annual "Spotter's Sprint" Canoe & Kayak Paddle

Toin the party and enter the Friend's first annual "Spotter's Sprint" Canoe & Kayak Paddle, being held on Sunday, August 15 at 10:00 a.m. at the YMCA Camp of Maine, located off of Route 135 in East Winthrop, ME.

"Spotter's Sprint" is a 1.5+- mile course off the Western Shore of picturesque Lake Cobbosseecontee. Open to all casual & competitive paddlers, awards will be presented in 30 different category combinations.

The pre-registration fee of \$20 guarantees all participants a T-shirt and full cookout provided by the YMCA camp staff. Event day registration, also \$20, includes the cookout but no T-Shirt. Spectators are also welcome to attend the cookout for \$6/pp - no pre-registration required. Menu items include hot dogs, tofu dogs, hamburgers, cheeseburgers, veggie burgers, cold salads, chips, assorted cookies, & assorted cold & hot beverages.

Sponsored by Sprague & Curtis Real Estate and Winthrop Area Federal Credit Union, you don't want

### Friends 8th Annual Cocktail Party and "Microwave Auction

The Friends of the Cobbossee Watershed's 8th Annual Cocktail Party & "Microwave" Auction will be held on Wednesday, August 18 from 5:30-7:30pm at the home of Mary Blouin, on the shores of Lake Cobbosseecontee in Manchester.

This year's "Microwave" Auction - 6 items in 15 minutes - is back with guest auctioneer John James, 92 Moose radio personality, adding to the festive evening. This year's items include Red Sox - Yankee and Patriot - Jet tickets; a one-week stay at a coastal Downeast Maine cottage, a weekend stay at a slopeside Sugarloaf condo, luxury box tickets to NASCAR at the Loudon Speedway, and a complete LakeSmart© certified landscaping package up to \$1,000.

The event features an open bar, catering by White Flour Catering of Hallowell, and musical entertainment by the Marcia Gallagher Jazz Quartet. Boat rides aboard the Friends 22' pontoon boat, the





to miss out on this new, exciting family-friendly event - the only one of its kind in the area!

Registration forms may be downloaded at FMI, contact the www.watershedfriends.com. Friends at 621-4100 or via email at mail@watershedfriends.com.



OTTER II, will also be provided. Cost is \$75 per person, with 100% of all contributions going toward programs and projects offered by the Friends. Parking will be at the Augusta Country Club, with golf cart and pontoon shuttle provided by Friends staff.

FMI, please contact the Friends at 621-4100 or by email at mail@atershedfriends.com



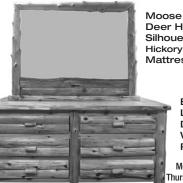
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## Expressions -

ural roads and rustic studios beckon! The Wesserunsett Arts Council Open Studio tour on July 24, 10 am-6 pm offers a unique glimpse of thirteen artists located throughout Somerset County. Some paint, some sculpt, some work with fabric or wood. All welcome visitors to their studios and galleries on July 24.

Let the tour begin with a visit to www.wesarts.org where detailed addresses and interesting tidbits describe the work of the artists and the artists at work.

Kevin James, for example, Smithfield resident has his studio gallery in Cornville in an historic structure built around 1916 by Harvey Doane Eaton who speculated that it would serve as the maintenance shop for the proposed "Skowhegan-Athens Railroad." James used to bike past it as a 10-yearold, bought the building in 2000 and moved in the next spring. Since day one, James notes, "I have had people stopping in to take a look and tell me how many years they have been "drivin' by here" and how much the building has captured their attention and imagination."

James makes paintings, sculptures and poems from, respectively, oil paint, wood and found objects, and slices o' life.

Kathleen Perelka whose home and studio are in Canaan is "working to capture the vanishing Maine

### **Open Studio Tour in Somerset County**



"Set-up for Painting Bees" by Lynn Harwood

landscape through my pastels. The open fields of hay, corn and other crops with just a hint of human occupation in the distance remind me of my childhood in central Maine....I am looking to capture the



"Vienna Mountain" by Kathleen Perelka

essence of a place, a time of year or a time of day."

The Alsop-Hoy studio in Solon offers wood designs rooted in function and the natural beauty of wood. "From a rough-sawn board we create a piece of furniture joined by the ancient tradition of pinned mortise and tenon...Polished grain patterns tell a century-long story, the connection of a tree to its environment."

Words are one medium; actually meeting the artists, viewing their works, and visiting their studios is better.

It's time to follow the back roads, through the open fields and scenic woods and stop at studios all along the way on Saturday, July 24.



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Summertime in the Belgrades



## Conservation Too -

Before starting this week's article I downloaded a couple of pictures for inspiration. Both are from a watershed survey the Kennebec District did last spring. One shows an old metal crushed culvert but still in use. The other is a classic metal culvert which has been 'fixed' by being slip lined with a smaller plastic culvert and then with expandable foam added between the two culverts in order to hold the entire contraption together. I try and look at these water conveyances as a brook trout or other form of aquatic life. It isn't a good view! They look like barriers to me

The Kennebec District is currently involved in a rather large culvert/stream barrier survey in the lower portion of the Kennebec River watershed. We have partnered with the Kennebec Estuary Land Trust [KELT], the Andy Valley Soil & Water District [AVSW-CD] and the Sheepscot River Watershed Council [SRWC] in an effort to survey all road crossings and document how the water gets from one side of the road to the other. Take a look next time you are driving along or taking a walk and you will realize that the methods vary.

Ideally the water travels slowly enough and through a wide enough channel to maintain an environment conducive to fish passage and all the other aquatic critters that may move up and down

streams. While we usually focus on fish, there are all kinds of other critters important to stream and pond health. And that means water quality.

What do we

find? Sometimes the road crossing is a bridge. Often that is better than a culvert because the water flow is more gradual and the stream bed beneath the bridge is closer to a "natural" channel. Usually it is a culvert. Frequently they are so small and/or steep that wildlife is unable to travel up them. Or they may be so damaged that most critters, and certainly fish, can't travel through them. Or the classic - a culvert where the water runs out the lower end, drops a couple feet and scours out a large hole beneath the outlet.

Unfortunately the 'fix' for such barriers is usually replacement. The replacement is nearly always much larger and installed deeper. Replacement is expensive. The improved life span of the properly sized culvert makes the cost more realistic. The vast improvement for aquatic plants and animals up stream can be



Barriers in the 'Not-so-Wild'

by Dale Finseth



priceless!

Most of this culvert survey field work will be done this summer. We hope to work with others and replicate the survey further north in both the Androscoggin and Kennebec River watersheds. The results can help guide construction and planning decisions at local, State and the Federal levels.

Remember... the objective is improved water quality and native plants and animals are a big part of that.

Articles contributed by the Kennebec County Soil & Water Conservation District in Augusta who can be contacted at the District office on Green Street at 207-622-7847 x 3 or check our website at www.kcswcd.org

### — Upcoming -

• The 2010 Volunteer Lake Monitoring Program annual conference will be held on Saturday, July 31 in Turner. Speakers, hands-on activities, re-certification, lunch, networking are on the day-long agenda. 783-7733.

• On Sunday, August 1, a 1920s-style Silent Film Night sponsored by the Belgrade Historical Society will be held at Memorial Hall in Oakland. One of Holman Day's silent films will be shown, accompanied by Betty Grant's live and lively piano music. Old posters and memorabilia welcome. 465-7924.

• The Annual Loon Calling contest, the Fire Department Bean Hole Bean Supper and FIRE-



WORKS will take place on Saturday, August 7 in Belgrade Lakes. The supper starts at 4 pm at the Center for All Seasons; the Loon Calling sign-up is 6:30 pm, the contest at 7 pm at the bridge in Belgrade Lakes, fireworks will be at dusk over Great Pond near the boat landing and marina.

• Over 50 fiber art studios and farms statewide will open their doors to the public and offer special demonstrations for the Fiber Arts Tour Weekend, August 6-8, 10 am-5 pm - including weaving studios, alpaca farms, yarn spinners, and fabric shops. www.mainefiberarts.org, 721-0678.

• The 156th Topsham Fair "Farm Fresh Family Fun" will be held August 8-14. Children 12 and under free; Tuesday only Seniors and 13-18 year olds \$3; adults Sunday-Tuesday \$6, Wednesday-Saturday \$7. Free parking. Topsham Fair Grounds, Route 196, Coastal

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• On Tuesday, August 17, the Oakland Area Historical Society will hold an Ice Cream Social with the R.B. Hall Band in front of the Macartney House Museum at 6 pm. 465-7549.

• The Maine Academy of Country Music will host the Country Grass Music Festival Friday through sunday, August 20-22 at Broken Acres Family Retreat, Route 206, Jefferson. Headliner for the show will be national country star, Leona Williams who will perform two shows, with her son Ron, on Saturday. 426-9580.



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Photo by Chewonki Foundation

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Maeve the bat

#### From Mice to Moose:

An Interactive Program about Maine Mammals presented by the Chewonki Foundation as part of its traveling natural history program.

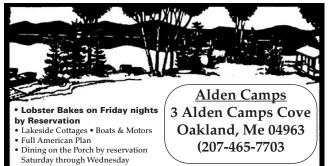
Wednesday, August 11, 2010 • 7-9 pm Union Church, Main Street, Belgrade Lakes



Program organized by the BLA Membership Committee



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## Accommodations -

Summertime in the Belgrades

Abenakis All Season Camps, 1339 Augusta Rd. (Rte. 27), Belgrade. 495-2294. www.abenakiscamps.com

Alden Camps, American Plan cottages, boat rentals, 3 Alden Camps Cove, Oakland. 465-7703. www.aldencamps.com

Among the Lakes Bed & Breakfast, Route 8, North Belgrade, 465-4900. www.amongthelakes.com

Bear Spring Camps, 60 Jamaica Point Rd., Rome. 397-2341, www.bearspringcamps.com

Castle Island Camps, American Plan, Castle Island Road, Belgrade Lakes. 495-3312. www.castleislandcamps.com

Kozy Cove Cottages. Route 8, Salmon Lake, Belgrade. 465-0959, www.kozy-covecottages.com

### — Town by Town —

#### Augusta

• Augusta Trails will be having weekly mountain bike rides, weather permitting, on the new trails at Bond Brook Recreation Area, Monday nights at 5 pm, beginning July 12. Depending on the group, the ride will be 5-7 miles on the Nordic ski trails and the single track mountain bike trails. To access the ride, go to the Augusta State Airport and drive through the adjacent Mt. Hope Cemetery on Winthrop Street to the parking lot at the back of the cemetery. For ride information call 242-2471 after 4 pm the day of the ride.

#### Belgrade

• An invitation to all seasonal residents: There will be an informational meeting/discussion on Wednesday, August 4, 6:30-8 pm at the Belgrade Community Center for All Seasons for tax paying, nonresident property owners. Representatives of local groups and committees and town management will be present to answer questions and field concerns. 495-2258.

#### Farmington

• Summer Fest and Art in the Park, sponsored by the Farmington Downtown Association, will be held Friday and Saturday, July 30 and 31 in downtown Farmington. Highlights of the event include crafters, food and demonstrations on Broadway, a Farmers' Market , a Tribute to Jud Strunk, road race, street dance, Kid's Parade and much more.

#### Freeport

• Freeport Family Performing Arts announces auditions for its inaugural production of "Mary O'Leary & the Leprechauns of Ballybun Village," written and directed by Tim Ryan, on Saturday, July 31, 1-4 pm and Sunday, August 1, 4-7 pm at the Freeport High School Cafeteria, 30 Holbrook Street. Auditions are open to everyone from everywhere, ages 7 years to adults. Entire families are encouraged to audition; people of short stature are very highly encouraged. Be prepared to tell a joke as well as read from the script. Show dates will be in late September and early October. 415-6251.

The Village Inn, 1 & 2 bedroom suites, Route 27, Belgrade Lakes Village. 495-3553. www.villageinnducks.com

Whisperwood Cottages, American Plan, boat rentals, 103 Taylor Woods Road, Belgrade. 465-3983. www.whisperwoodlodge.com

Wing's Hill Inn, Route 27, Belgrade Lakes. 495-2400 or 866-495-2400. www.wingshillinn.com

#### **RESERVATIONS SERVICES**

Belgrade Vacation Rentals, 54 Main St., Oakland, 04963, 207-465-7007, www.belgradevacationrentals.com

Lakeside Cottage Rentals, P.O Box 304, Belgrade Lakes, 04963, 512-2957, www.lcrentals.com



### Hinckley

• The L.C. Bates Museum will host a Teddy Bear Tea on Saturday, July 24, 1-2 pm, rain or shine. Discover how teddy bears got their name, learn about the real bears of Maine, make a teddy bear craft, and go on a bear scavenger hunt. Children are invited to bring their own stuffed animal. The museum will serve iced tea, lemonade, and cookies. Saturday, July 31, noon to 4 pm, will be Mammal Day at the museum. Explore mammal tracks, pelts, skulls, and the lovely museum dioramas. Take a guided trail walk. 238-4250.

#### North Pond

• The NPA's awesome Boat Parade will take place on Saturday, July 31 to coincide with Pine Tree Camp's fireworks that night. Everyone is welcome to join the parade. Meet at 10:30 am at the north end of Hight Island toward the boat landing. Boats will be going in the direction of North Shore Drive/Lakeview Drive. Pine Tree Camp will host 3 nights of fireworks on the lake this summer: Friday, July 23, Saturday July 31 and August 21.

#### Oakland

• The Oakland Public Library is showing an exhibit "Kids with Cameras." The photographers are winners of the student photography contest sponsored by the Waterville Area Boys and Girls Club. The exhibit has instructions for any person who would like to participate in the contest next spring. 465-7533.

#### Vienna

• The Vienna Historical Society will present two humorous, historic plays on Thursday through Saturday, July 29-31, at the Vienna Union Hall. This is the 28th consecutive year of original performances. This year's plays will be "Huldy's Harlow Hill Hotel" by Beverly Wight Smith - set in Vienna in the Roaring Twenties, and "Summer Sweets" by Beverly Shaw based on true events from Vienna's past - with a few embellishments. Admission is \$5 for adults ad \$2 for children under 12. The evening starting time is 7 pm; the Saturday matinee is 2 pm. Refreshments will be sold by the Mill Stream Grange.

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Summertime in the Belgrades



### Dining

#### Augusta

• **Riverfront Barbeque & Grille,** 300 Water St., Augusta. 622-8899, *www.riverfrontbbq.com* 

#### Belgrade

• Belgrade Lakes Golf Club, lunch/snacks, West Road, Belgrade Lakes, 495-4653

• Belgrade Lakes Seafood and Dairy Bar, Rte. 27, Belgrade Lakes, 495-0926

• Lazy Lab Café, 81 Main St., Belgrade Lakes, 495-2872, www.lazylabcafe.com

• Sunset Grill, West Rd., Belgrade Lakes, 495-2439

• The Village Inn, Rte. 27, Belgrade Lakes Village, 495-3553, www.villageinnducks.com

• Wings Hill Inn, Rte. 27, Belgrade Lakes Village, 495-2400, www.wingshillinn.com

• Whisperwood, Salmon Lake/McGrath Pond, Taylor Woods Road, open to the public by reservation only, 465-3983, *www.whisperwoodlodge.com* 

#### Oakland

•Alden Camps, Lunch or dinner by reservations, Sat. -Wed., space permitting. 3 Alden Camps Cove, Oakland. 465-7703. *www.aldencamps.com*  •Pete's Pig Southern Barbecue, Catering for corporate outings, golf tournaments, special events, 54 Main Street, Oakland. 1-877-860-1503

• Riverside Farm Market & Cafe, 291 Fairfield Street, Oakland, 465-4439. www.riversidefarmmarket.com

#### Waterville

• Buen Apetito. 46 Chaplin St. (at Railroad Square), Waterville. 861-4649.

Cacciatores. 150 JFK Plaza, KMD, 872-9700.
Dairy Queen. 13 KMD Plaza, Waterville, 872-2220; and 161

College Ave, Waterville, 873-1677, *www.dairyqueen.com* 

• Killarney's Restaurant & Pub. At The Holiday Inn, 375 Upper Main Street, Waterville. 873-0111.

#### Winslow

• Lobster Trap & Steakhouse. 25 Bay Street, Winslow. 872-0529. www.lobstertrap-seafood.com.

#### Winthrop

• Peppers Garden & Grill. 357A Main Street, Winthrop. 377-8877

• Sully's Restaurant & Tavern. 38 Main Street, Winthrop. 377-5663, 377-5808

## The Small Garden Guide

### Take a Locavore Tour



A locavore is someone who eats food grown and produced locally; a Locavore Tour showcases successful backyard "do-it-yourself" strategies for growing, raising, harvesting and preserving foods to become more self-reliant to meet the tourer's own food needs. Extension in Cumberland County, Master Gardeners and Master Food Preservers present Backyard Locavore Tour 2010.

Topics featured through demonstrations, tours, talks and food samples will include: vegetable gardening, square foot gardening methods, beekeeping, root cellaring, drying foods, canning foods, freezing vegetables and fruits, composting, raising chickens for eggs and meat, high yield fruit trees, and worm composting.

The event is a self-guided auto tour to gardens in: Cape Elizabeth, Cumberland, Falmouth, Gray, Portland, South Portland, Steep Falls, Yarmouth, and other locations. Addresses, maps, and a ticket booklet will be mailed.

Send checks made out to CCEA - \$15 adults, \$12 seniors, kids under 12 free, additional donations welcome - to UMaine Extension, Backyard Locavore Tour 2010, PO Box 9300, Portland, ME 04104-9300, or call 780-4205. Limited advance sales are available. Proceeds will benefit the new CCEA home at the Regional Learning Center at Tidewater Farm in Falmouth.





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### Belgrade Lakes Golf Club

One such opportunity is being offered on Saturday, August 14 (rain date 8/15), 10 am to 4 pm, when the University of Maine Cooperative

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### -Business Directory-

ACCOMMODATIONS See page 18

#### ADVENTURE

20

Maine Excursions. Canoe & kayak trips, salt & fresh water fishing. Belgrade. 465-3520, *www.maineexcursions.com* Maine Wilderness Tours. Fishing, canoeing/kayaking, lobster picnic, bird watching. Belgrade. 465-4333. *www.MaineWildernessTours.com* Paradis Outfitters. 3575 Middle Road, Sidney. 547-GUNS, *www.paradisoutfitters.com* 

#### **AIRPLANE RIDES**

AirLink, LLC. Float plane rides. 2 LaFleur Rd., Waterville. 859-0109 or 609-712-0866 (Cell) *www.airlinkconnection.com* 

#### ANTIQUES

**Barbara's Antique & Collectibles Group Shoppe.** Rt. 201, 414 Lakewood Road, Madison. 474-2550

#### AUCTIONS

James D. Julia, Inc., 203 Skowhegan Road (Rte. 201), Fairfield, 453-7125, www.juliaauctions.com

#### BANKING

Kennebec Savings Bank. 150 State St., Augusta. 622-5801. www.kennebecsavings.com Skowhegan Savings Bank, Route 27, Belgrade. 495-7787. www.skowsavings.com Taconnet Federal Credit Union, 316 Benton Avenue, Winslow. 872-7909, 1-800-339-7909 www.taconnet.com

#### BEVERAGES

Jokas Discount Beverage, 52 Front Street, Waterville. 873-6228.

#### BOATS

(Besides the categories immediately following, see Canoes and Kayaks, Docks, and Wooden Boat Repair.)

**BOAT COVERS** Waterville Auto Top & Upholstery. 1042 Kennedy Memorial Drive, Oakland. 465-7847

#### **BOAT LIFTS**

Hammond Lumber Company. Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland and Skowhegan. 866-HAMMOND, *www.hammondlumber.com* **Power Equipment Plus.** 2309 Belgrade Road, (Route 27), Sidney. 547-4114, *pep@pivot.net* 

#### 485-6953

#### **BOAT SALES AND SERVICES**

Belgrade Canoe & Kayak, Route 27, Belgrade. 495-2005, 242-6331, www.kayakandcanoe.com
Clark Marine, 57 Puddledock Road, Manchester. 622-7011, www.clarkmarine.biz
Hamlin's Marine, 290 West River Road, Waterville.
872-5660, www.hamlinsmarine.com
Mid-Maine Marine and RV, 885 Kennedy Memorial Drive, Oakland. 465-2146, www.midmainemarine.com
Power Equipment Plus, 2309 Belgrade Road, (Route 27), Sidney. 547-4114, pep@pivot.net
Trailside Performance, 797 Augusta Road (Rte. 201), Winslow.
873-2366, www.trailsideperformance.com

#### BOAT STORAGE

Belgrade Boat Rentals Storage, Route 27, Belgrade. 495-3415. boatstorage@roadrunner.com Belgrade Lakes Marine and Storage, Inc., 366 Augusta Rd., Belgrade. 495-2378, www.belgradelakesmarine.com Clark Marine, 57 Puddledock Road, Manchester. 622-7011; and Rte. 202, Monmouth. www.clarkmarine.biz Great Pond Marina, 25 Marina Drive, Route 27, Belgrade Lakes. 495-2213, www.greatpondmarina.com Hamlin's Marine, 290 West River Road, Waterville. 872-5660. www.hamlinsmarine.com Maple Leaf Self Storage, 688 Manchester Rd., Belgrade. 495-2191, 441-5529. Mid-Maine Marine and RV, 885 Kennedy Memorial Drive, Oakland. 465-2146, www.midmainemarine.com Trailside Performance, 797 Augusta Road, Route 201, Winslow. 873-2366, www.trailsideperformance.com

BOOKS

Children's Book Cellar, 52 Main St., Waterville. 872-4543, kidsbookseller@verizon.net

#### BOTTLE AND CAN REDEMPTION

Flying Pond Variety, 165 Pond Rd., Route 41, Mt. Vernon. 293-2916 or 293-2994 Jokas' Discount Beverage, 52 Front Street, Waterville. 873-6228

#### BUILDERS

(See also Electricians, Kitchens, Plumbers, and Excavating.)
Craig's Carpentry/North Bay Estates, North Belgrade. Craig
Alexander, 649-3749
G&L Contracting, Adam Gardner, Belgrade. 215-7951
Grandview Log & Timber Frames, 72 Burtons Lane, Winthrop.
395-4172. www.grandviewtimbers.com

Home Modification Specialists of Maine, a Division of Care & Comfort, 180 Main Street, Suite 4, Waterville.

CANOES AND KAYAKS

Belgrade Canoe & Kayak, Route 27, Belgrade. 495-2005. *www.kayakandcanoe.com* Kimball Pond Boat Barn, specializing in wood-canvas canoe restoration. 21 Day Road, Vienna. 249-2814, *kpboatbarn@yahoo.com* 

#### CHAINSAWS

**Power Equipment Plus,** 2309 Belgrade Road, Route 27, Sidney. 547-4114, *pep@pivot.net* 

#### CLASSES

Thomas College, 180 West River Road, Waterville. 859-1102, 888-299-6832

#### CLOTHING

New Balance Factory Outlet, 13 Walnut St., Skowhegan. 474-6231.

#### COMPUTER CONSULTANTS

Samara Consulting. Macintosh Consultant, Michael Breault, 24 Welch Road, Wilton. 645-5083, cell: 578-0226 mbreault@samaraconsulting.com, www.samaraconsulting.com

#### DINING

See Dining Directory on page 19

#### DOCKS

G&L Contracting, Belgrade. 215-7951, agardner81@yahoo.com Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland and Skowhegan. 866-HAMMOND. www.hammondlumber.com Power Equipment Plus, 2309 Belgrade Road, Route 27, Sidney. 547-4114. pep@pivot.net

**Trailside Performance**, 797 Augusta Rd. Route 201, Winslow. 873-2366. *www.trailsideperformance.com* 

#### ELDER CARE

Maine-ly Elder Care, 28 Center Street, Oakland. 465-3249. www.maine-lyeldercare.com

#### EXCAVATING

Belgrade Boat Rentals and Storage. Route 27, Belgrade.
495-3415. *boatstorage@roadrunner.com*David Stevens. P.O. Box 146, Belgrade. 465-3815.
cell 314-0314.

#### EYE CARE

Maine Eye Care Associates 325 E. Kennedy Memorial Drive, Waterville. 873-2731, www.MaineEyeCare.com

#### FARMSTAND

Riverside Farm Market & Cafe, 291 Fairfield Street, Oakland. 465-4439, www.riversidefarmmarket.com Winterberry Farm, Route 27, Belgrade. 495-2593, www.winterberryfarmstand.com

#### **BOAT MOORINGS**

Great Pond Marina. 25 Marina Drive (Route 27), Belgrade Lakes. 495-2213, www.greatpondmarina.com

#### **BOAT RENTALS**

Belgrade Canoe & Kayak, Route 27, Belgrade. 495-2005,
242-6331, www.kayakandcanoe.com
Castle Island Camps, Castle Island Road, Belgrade Lakes.
495-3312, www.castleislandcamps.com
Great Pond Marina. 25 Marina Drive (Route 27), Belgrade
Lakes. 495-2213, www.greatpondmarina.com

Whisperwood Cottages, 103 Taylor Woods Road., Belgrade. 465-3983, www.whisperwoodlodge.com

#### BOAT REPAIR

Mobile Marine, 897-1032 (home) or 897-8433 (cell) Belgrade Boat Shop, 936 Augusta Road, Belgrade 04917 (cell) 1-800-366-5302, www.careandcomfort.com LakeHouse Renovations, Joint Venture Company, Liberty Rd., Readfield. 685-7393 or 242-3663,www.adedesignbuild.net Mainely Molding & Restoration, 449 Wilder Hill Rd., Norridgewock. 634-2821, lanca@tds.net

#### **BUILDING MATERIALS**

(See also Flooring, Stonework and Windows.) Gagne and Son, 28 Old Route 27, Belgrade. 495-3313,

www.gagneandson.com

Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland, Skowhegan. 866-HAMMOND, *www.hammondlumber.com* 

#### **BUS SERVICE**

**Concord Coach Lines**, 9 Industrial Drive, Augusta. 1-800-639-3317, *concordcoachlines.com* 

#### FINANCIAL PLANNING

**Edward Jones,** 54 Main Street, Oakland. 465-7179 **Golden Pond Wealth Management,** 129 Silver Street, Waterville. 873-2200, *www.goldenpondwealth.com* 

#### FLOORING

Hammond Lumber Company, Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland and Skowhegan. 866-HAMMOND, www.hammondlumber.com

#### FLOWERS AND PLANTS

Longfellow's Greenhouses, 81 Puddledock Rd., Manchester. 622-5965, *www.longfellowsgreenhouses.com* 



#### **FURNITURE**

Country Rustics Furniture & Lighting, 844 US Route 2., East Wilton. 645-7110

#### GALLERIES

Artisan's Barn, 163 North Rd., Readfield. 685-9787, www.theartisansbarn.com Spring Gallery & Sculpture Garden, bronze castings, 81 Main Street, Belgrade Lakes. 495-3113, www.modernartfoundry.com

#### GIFTS

365 Days of Christmas. Route 27, (between Belgrade Canoe & Kayak and Town Office), Belgrade. 495-6090, 877-365-XMAS www.365daysofchristmas.com The Brass Knocker Gift Shop. Route 27, Main St., Belgrade Lakes. 495-3345. Day's General Store. Route 27, Belgrade Lakes. 495-2205. www.go2days.com Kozy Cottage. 13 Church St., Oakland. 465-0959 www.kozy-covecottages.com The Village Peddler Gift Shop. Lake Shore Drive, Belgrade

Lakes. 495-7707.

#### GOLF

Lakewood Golf Course. 803 Lakewood Road, Madison. 474-5955, www.lakewoodgolfmaine.com Natanis Golf Course. 735 Webber Pond Road, Vassalboro. 622-3561. www.natanisgc.com

#### GRANITE

Have Granite Will Travel. 42 South Mitchell Rd, Troy. 948-5952, www.mainegraniteking.com

#### GROCERIES

Day's General Store. Route 27, Belgrade Lakes. 495-2205. www.go2days.com Flying Pond Variety. 165 Pond Rd., Mt. Vernon. 293-2916

#### HAIR CARE

Hair Reflections, 849 Kennedy Memorial Drive, Oakland. 465-3323

#### HEALTH CENTER

Belgrade Regional Health Center, 4 Clements Way, Belgrade Lakes. 495-3323, www.healthreachchc.org/Belgrade/

HOME FURNISHINGS Blind Time, 621-9832 Floorz 2 Ceilingz, 171 Main Street, Belgrade Lakes

**ICE CREAM** 365 Days of Christmas, Route 27, (between Belgrade Canoe & Kayak and Town Office), Belgrade. 495-6090, www.365daysofchristmas.com

#### **JEWELRY**

Larsen's Jewelers. 57 Main Street, Waterville. 872-6301, 800-697-1874, www.larsensjewelers.com L. Tardif Jeweler. 62 Main St., Waterville, 800-834-3638 or 872-7542.

#### **KITCHENS**

Hammond Lumber Company. Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland Skowhegan. 866-HAMMOND. www.hammondlumber.com

#### LANDSCAPING

Foster Tree Care and Landscaping, 3675 Middle Rd., Sidney. 547-3476

G&L Contracting. Belgrade. 215-7951, agardner81@yahoo.com Lakeside Landscape, Belgrade. 831-7053, 632-1086, lakesidelandscape1@yahoo.com

Longfellow's Greenhouses, 81 Puddledock Rd., Manchester. 622-5965, www.longfellowsgreenhouses.com

Native Notions, 213 West Rd., Belgrade. 495-6040 or 314-9538, nativenotions@hotmail.com

#### LAKE ASSOCIATIONS

Belgrade Lakes Association, BLA, Long Pond and Great Pond, PO Box 551, Belgrade Lakes. 512-5150, www.belgradelakesassociation.com

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Longfellow's Greenhouses, 81 Puddledock Rd., Manchester. 622-5965, www.longfellowsgreenhouses.com Lynch Landscaping. 474-2420, www.lynchlandscaping.com

Native Notions, 213 West Rd., Belgrade. 495-6040 or 314-9538, nativenotions@hotmail.com

#### LAWN AND GARDEN EQUIPMENT

Power Equipment Plus, 2309 Belgrade Road, Route 27, Sidney. 547-4114, pep@pivot.net

MEATS Ballard Meats & Seafood, Myrtle Street, Manchester. 622-9764, 1-800-564-6328

#### **MOVIE THEATERS**

Railroad Square Cinema, call for titles and times, 17 Railroad Square, Waterville. 873-6526, www.railroadsquarecinema.com

#### PHARMACY

Kennebec Pharmacy & Home Care, 43 Leighton Rd., Augusta. 626-2726 or 888-463-8083, www.kpprx.com

#### POISON IVY CURE

Nature's Poison Ivy Relief, Inc., 751-6978. www.naturespoisonivyrelief.com **REAL ESTATE DEVELOPMENTS** North Bay Estates, Belgrade. 649-3749. crgsnbe@yahoo.com

#### REAL ESTATE

Coldwell Banker Thomas Agency, 75 Main St., Winthrop. 377-2121. www.coldwellbankerthomas.com Cathleen Horner, Century 21 Surette Real Estate, 113 Silver Street, Waterville. 491-2846 Day's Real Estate, 262 Augusta Road (Rte. 27), Belgrade Lakes, 495-3111, 888-495-3111. www.daysrealestate.com Lakepoint Real Estate, 221 Main St., Belgrade Lakes, 495-3700, www.belgradelakepoint.com North Bay Estates, Belgrade. 649-3749. crgsnbe@yahoo.com

#### RESERVATIONS See page 18

RESTAURANTS

See Dining Directory on page 19

#### **RETIREMENT COMMUNITIES**

Granite Hill Estates, 60 Balsam Drive, Hallowell. 626-7786. www.granitehillestates.com

#### SEAFOOD

Ballard Meats & Seafood, Myrtle Street, Manchester. 622-9764, 1-800-564-6328 Lobster Trap & Steakhouse, 25 Bay Street, Winslow. 872-0529, www.lobstertrap-seafood.com

SECURITY SYSTEMS Cayer Security Services, Inc., 453-9177, www.cayersecurity.com

#### SELF STORAGE

Maple Leaf Self Storage, 688 Manchester Rd., Belgrade. 495-2191, 441-5529

#### SEPTIC SYSTEMS

Stanley's Septic Tank Service & Construction, 187 Norridgewock Road, Fairfield. 453-9819, fax 453-6962

SHOES AND SNEAKERS New Balance Factory Outlet, 13 Walnut St., Skowhegan. 1-877-623-7867

#### **STONEWORK**

Gagne and Son, 28 Old Route 27, Belgrade. 495-3313, www.gagneandson.com

#### THEATERS

The Theater at Monmouth, Cumston Hall, off Route 135, Monmouth. 933-9999, www.theateratmonmouth.org

Belgrade Lakes Seafood and Dairy Bar, Rte. 27, Belgrade Lakes. 495-0926

Dairy Queen, 13 KMD Plaza, Waterville, 872-2220; and 161 College Avenue, Waterville. 873-1677. www.dairyqueen.com Day's General Store, Route 27, Belgrade Lakes. 495-2205. www.go2days.com

#### **INSURANCE**

John M. Fortier, State Farm Insurance, 16 Silver St., Waterville. 873-1101, john@johnfortier.com Higgins & Bolduc Agency, 56 Main Street, Oakland. 465-2531, www.higginsandbolduc.com

#### PHYSICAL THERAPY

Dockside Physical Therapy. 47 Main St., Belgrade Lakes. 495-3195, 512-2544, Fax 512-2545

#### **PICTURE FRAMING**

The Framemakers, 46 Main St., Waterville, 872-8927, www.theframemakers.com.

#### PLUMBING

Paul Hanna's Plumbing, Belgrade Lakes. 495-3805 Houle's, 19 North Street, Waterville. 872-6762, www.houlesphac.com

#### **TREE CARE**

Foster Tree Care and Landscaping, 3675 Middle Road, Sidney. 547-4376

#### WINDOWS

Hammond Lumber Company. Auburn, Bangor, Belgrade, Brunswick, Fairfield, Farmington, Greenville, Portland and Skowhegan. 866-HAMMOND. www.hammondlumber.com

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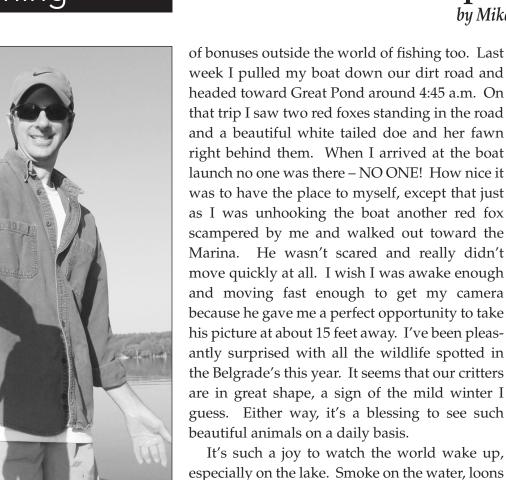
Kimball Pond Boat Barn, specializing in wood-canvas canoe restoration, 21 Day Road, Vienna. 249-2814,

kpboatbarn@yahoo.com



### ----- Fishing -

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et's face it, getting up really early can be a drag; it cramps our style especially in the summertime when Mainers are suppose to take it easy after a long winter. When the alarm clock starts buzzing at 4:30 I get grouchy, mumbling comments like, "I'm not a farmer" or "have I lost my mind". But once I manage to shake out the cobwebs and smell the coffee perking down in the kitchen, my mood brightens. As a matter of fact, that's the single greatest tip I can offer this week; if you are going fishing early in the morning, set the coffee pot the night before. Oh how that wonderful smell can become a mood altering aroma that early in the morning!

So now that we are actually standing up and sipping our coffee, all we have to do is take care of business and head to the lake. There are many fishing advantages to getting up early and a lot right behind them. When I arrived at the boat launch no one was there - NO ONE! How nice it was to have the place to myself, except that just as I was unhooking the boat another red fox scampered by me and walked out toward the Marina. He wasn't scared and really didn't move quickly at all. I wish I was awake enough and moving fast enough to get my camera because he gave me a perfect opportunity to take his picture at about 15 feet away. I've been pleasantly surprised with all the wildlife spotted in the Belgrade's this year. It seems that our critters are in great shape, a sign of the mild winter I guess. Either way, it's a blessing to see such beautiful animals on a daily basis. It's such a joy to watch the world wake up, especially on the lake. Smoke on the water, loons calling, eagles soaring and hopefully fish moving the calm surface water – these things make anglers happy! With the summer heat kicking into full gear, the bite definitely seems to be bet-

Summertime in the Belgrades

ter early in the morning. The pictures attached to this article are photos are of David Weil from upstate New York. I asked David and his two young sons to get up early in order to have the best chance at catching fish. The kids actually handled it very well - you never know with kids, but Matt and Chris were real troopers and topnotch fishermen! The boys fished for white perch out of the back of the boat, while dad fished Senkos and jigs for bass. It turned out to be quite a day as you can see and the kids had a blast catching and releasing white perch all morning long. We found a lot of perch in about 25 feet of water although it was tricky catching bigger perch. The small ones were very aggressive and you had to fight your way through the little guys to catch the bigger ones. In retrospect, if we had used small live bait on light jig heads we probably would have caught more of the big



David Weil of New York caught these big bass early in the morning in about 15 feet of water on July 12. The bite is definitely best early in the a.m.

guys. As for the bass, they were sluggish as you can imagine, but when we slowed down our presentation and made multiple casts in the same location, eventually they would bite. Sometimes when the heat kicks in, I have a tendency to fish too fast and try to cover too much water. This time of year, sticking with a good location and slowing down to cover the entire area can lead to some really big fish! David proved that when he caught some seriously huge bass! Good luck.

> Mike Guarino can be contacted at 465-4333 www.mainewildernesstours.com





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Summertime in the Belgrades

### Business

### **Belgrade Business Group Holds Summer Celebration**



The annual summer cookout and potluck for members of the Belgrade Lakes Regional Business Group was held recently at the Great Pond Marina. Although the gathering was casual, one business item was announced: that the fireworks which were cut short on the 4th of July will be re-scheduled for Saturday, August 7 following the annual Fire Department Bean Hole Bean Supper and the annual Loon Calling Contest. The display on the 7th will be on Great Pond near the public boat landing.

### Pete's Pig: Southern Barbecue Comes to You

"Meeting the people is half the fun," says Peter Clark, an Augusta native who has spent enough time in the south to really know his barbecue. "You have to reach the taste of the people who are buying from you," he states.

Reaching the taste includes smoking his own meats, making his own sauce, and having a few secret - but not too spicy - ingredients.

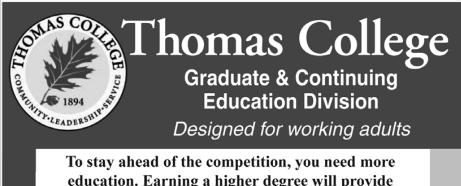
"We're trying to do something a little different," Pete explains. He'll always offer his basic menu of rib platters and pulled pork sandwiches at his location on Kennedy Memorial Drive near the turnpike in Waterville. But he's going to start adding weekly specials, maybe a chicken dish, that customers can call in to find out about. Most of all, however, he plans on building up his catering business, which can provide salads, desserts, and other courses to embellish the basic barbecue.

"Quantity has never been an issue for me," states Pete who has catered several special events this summer and is currently planning for a large wedding reception.

To sample this unique Southern Barbecue visit Pete's Pig at his Kennedy Memorial Drive location Wednesday through Friday, 11 am-7 pm. For catering quotes email info@petespig.com or call 1-877-860-1503.



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