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# Comprehensive Services for Visually Impaired and Blind Individuals of all Ages, 2002

Maine Department of Labor

Maine Division for the the Blind and Visually Impaired

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## **VOCATIONAL REHABILITATION SERVICES**

The goal of vocational rehabilitation services is to help you retain or return to employment.

You could receive:

- Individual counseling and guidance, and vocational assessment.
- Orientation and mobility instruction to develop independent travel skills.
- Other training, devices, treatment, job placement and follow-up services to enable you to succeed in a job.

For more information, please call the  
Division for the Blind and Visually  
Impaired office nearest you.

**AUGUSTA 04333-0073**  
2 Anthony Avenue, 73 SHS  
Tel: 207-624-5191  
1-800-760-1573

**BANGOR 04401**  
45 Oak Street, Suite 1  
Tel: 207-561-4020  
1-888-545-8811

**ELLSWORTH 04605-1850**  
248 State Street, Suite 3A  
Tel: 207-664-2310  
1-800-371-7543

**LEWISTON 04240**  
5 Mollison Way  
Tel: 207-753-9099  
1-800-741-2991

**PORTLAND 04101**  
185 Lancaster Street  
Tel: 207-822-0400 x 600  
1-800-315-1192

**PRESQUE ISLE 04769-3222**  
66 Spruce Street, Suite 3  
Tel: 207-760-6347  
1-800-635-0357

**ROCKLAND 04841-9914**  
279 Main Street, Suite 1  
Tel: 207-594-1834  
1-800-432-1680

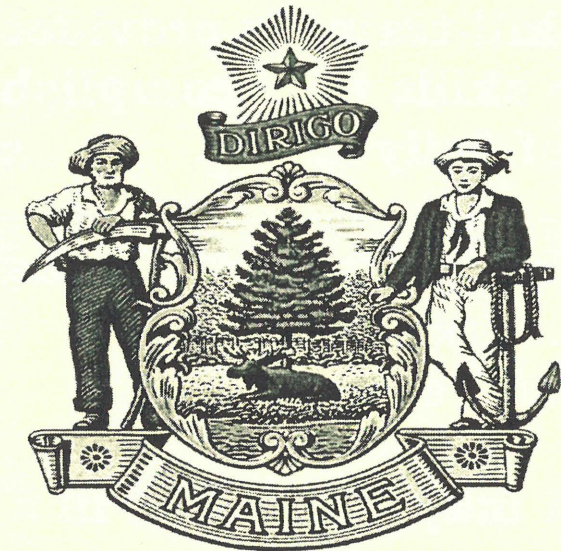
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## **Comprehensive Services**

**For  
Visually Impaired  
And Blind Individuals  
Of All Ages**



DEPARTMENT OF LABOR

**Division for the Blind  
And  
Visually Impaired**

FEB 07 2002



If you have a vision problem that prevents you from carrying out the activities of daily living, getting an education or a job, there is help. The Division for the Blind and Visually Impaired can provide many services to persons with severe visual impairments.

### **INDEPENDENT LIVING SERVICES**

Adaptive skill-training provides alternative skills to accomplish activities of daily living.

Homemaking skills training may include meal preparation, shopping, and cleaning.

Individuals may be trained in a variety of personal management skills such as managing money, dialing a telephone, and telling time.

Mobility instruction assists individuals to travel safely through the use of alternative techniques.

### **EDUCATION SERVICES FOR CHILDREN**

Comprehensive services for children and families begin as soon as a child is identified as blind or visually impaired.

Education consultants and teachers work with parents and schools to develop and implement an individualized education program.

The Division can supply specialized materials and equipment to support an individualized education program.

### **LIBRARY SERVICES**

The Maine State Library Talking Book Program provides books and magazines in a recorded cassette or disc format to people who are visually impaired, blind, or physically handicapped.

Applications are available from the Maine State Library and from public library service centers throughout the state, or by calling the Special Services toll-free number:

1-800-762-7106

### **FINANCIAL SERVICES**

Any person legally blind and in need, may apply for SSI or SSDI at the nearest Social Security Administration office. For information, please call:

622-1451 or 1-800-772-121

### **I.D. CARDS FOR VISUALLY IMPAIRED AND BLIND INDIVIDUAL**

A card is available to visually impaired people who do not have a driver's license. This card is acceptable identification for cashing checks, and other transactions. It may be obtained at any Department of Motor Vehicles office. The fee is \$5.00.

### **REAL ESTATE TAX EXEMPTION**

Persons who are legally blind may receive a real estate tax exemption of up to \$4,000.00 on their property valuation by applying through your local town office.

You must provide a medical report that states "you are legally blind".