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### Comprehensive Services for Visually Impaired and Blind Individuals of all Ages, 1999

Maine Department of Labor

Maine Division for the the Blind and Visually Impaired

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### FOR VISUALLY IMPAIRED AND BLIND INDIVIDUALS

A card is available to visually impaired people who do not have a driver's license. This card is acceptable identification for cashing checks, and other transactions. It may be obtained at any Department of Motor Vehicles office. The fee is \$5.00.

#### **LIBRARY SERVICES**

Maine State Library Talking Book
Program provides books and
magazines in a recorded cassette or
disc format to people who are
visually impaired, blind, or physically
handicapped.

Applications are available from the Maine State Library and from public library service centers throughout the state, or by calling the Special Services toll-free numbers:

1-800-452-8793 or 1-800-762-7106

#### FOR MORE INFORMATION

PLEASE CALL
THE DIVISION FOR THE BLIND
AND VISUALLY IMPAIRED
OFFICE NEAREST YOU.

AUGUSTA 04333-0073 2 Anthony Avenue, 73 SHS Tel: 207-624-5191/1-800-760-1573

BANGOR 04401 45A Oak Street Tel: 207-561-4920/1-888-545-8811

ELLSWORTH 04605 248 State Street, Suite 3A Tel: 207-664-2310/1-800-371-7543

LEWISTON 04240
5 Mollison Way
Tel: 207-753-9099/1-800-741-2991

PORTLAND 04101 185 Lancaster Street Tel: 207-822-0400 x 600/1-800-315-1192

PRESQUE ISLE 04769
40 North Street, Suite F
Tel: 207-768-6830/1-800-635-0357

ROCKLAND 04841 279 Main Street, Suite One Tel: 207-594-1834/1-800-432-1680 Comprehensive
Services
For
Visually Impaired
And Blind Individuals
Of All Ages
LIBRARY USE ONLY



STATE OF MAINE DEPARTMENT OF LABOR

AND
VISUALLY IMPAIRED

If you have a vision problem that prevents you from carrying out the activities of daily living, getting an education or a job, there is help.

The Division for the Blind and Visually Impaired can provide many services to persons with severe visual impairments.

## VOCATIONAL REHABILITATION SERVICES

The goal of vocational rehabilitation services is to help you retain or return to employment.

#### You could receive:

- Individual counseling and guidance, and vocational assessment.
- Orientation and mobility instruction to develop independent travel skills.
- Other training, devices, treatment, job placement and follow-up services to enable you to succeed in a job.

## INDEPENDENT LIVING SERVICES

Adaptive skill-training provides alternative skills to accomplish activities of daily living.

Homemaking skills training may include meal preparation, shopping, and cleaning.

Individuals may be trained in a variety of personal management skills such as managing money, dialing a telephone, and telling time.

Mobility instruction assists individuals to travel safely through the use of alternative techniques.

## **FOR CHILDREN**

Comprehensive services for children and families begin as soon as a child is identified as blind or visually impaired.

Education consultants and teachers work with parents and schools to develop and implement an individualized education program.

The Division can supply specialized materials and equipment to support an individualized education program.

#### **FINANCIAL SERVICES**

Any person legally blind and in need, may apply for SSI or SSDI at the nearest Social Security Office. For information, please call: 622-8348 or 1-800-772-1213

# REAL ESTATE TAX EXEMPTION

Persons who are legally blind may receive a real estate tax exemption of up to \$4,000.00 on their property valuation by applying through your local town office.

You must provide a medical report that states "you are legally blind".