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# Maine Developmental Disabilities Council Five-year State Plan Goals and Objectives 2011-2016

Maine Developmental Disabilities Council

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# Maine Developmental Disabilities Council

## Five-Year State Plan GOALS & OBJECTIVES 2011-2016

### **GOAL # 1: Access to Quality Comprehensive Services and Supports**

**MDDC will support self-advocates, families and stakeholders in advocacy, capacity building and systems change activities that result in individuals with developmental disabilities being able to access quality comprehensive services and supports that enable them to participate in community life as they choose.**

#### *Objective 1.1:*

Support three initiatives to improve access to quality mental health services for persons with developmental disabilities by expanding the pool of professionals with specific training in dual diagnosis, and decreasing barriers to accessing quality, timely services.

#### *Objective 1.2:*

Engage with at least three other partners to remove barriers to expanded implementation of the “medical home” model and provision of coordinated and effective cross-disciplinary services for children with developmental disabilities.

#### *Objective 1.3:*

Engage in three or more cross-disciplinary initiatives to remove barriers to early identification and access to timely and well-coordinated early intervention services for young children with developmental delays and disabilities.

#### *Objective 1.4:*

Expand access to quality health care services for persons with developmental disabilities and their families by engaging in at least four initiatives that result in increased numbers of medical care providers who have received training and expanded their capacity to address health care needs of children and adults with developmental disabilities.

*Objective 1.5:*

Support at least three cross-systems initiatives to increase access to appropriate and effective services and supports for adults with developmental disabilities and dementia-related conditions.

*Objective 1.6:*

Provide opportunities for at least 200 state-level policymakers in the executive and legislative branches to learn about the needs of un-served and under-served individuals with developmental disabilities and their families and about key components of quality services that support self-determination and community inclusion.

*Objective 1.7:*

Engage in at least three activities that support a 10% gain in positive employment outcomes for adults with developmental disabilities.

*Objective 1.8:*

Address at least five policy, practice and/or funding barriers to assure an increase in the availability and/or quality of education programs, community services and natural supports for individuals with developmental disabilities and their families.

*Objective 1.9:*

Support at least two initiatives that increase the number of individuals with developmental disabilities who have access to self-directed, individualized housing and participation in activities in their communities of choice.

## **GOAL # 2: Self-Determination**

**MDDC will engage in advocacy, capacity building and systems change activities so that Maine residents with developmental disabilities and their families will be able to exercise self-determination by exercising choice and control, and directing their own services.**

### *Objective 2.1:*

Engage in initiatives addressing four or more lifespan transitional phases or events that result in at least 500 individuals with developmental disabilities having improved access to adequate, timely and effective transitional services and supports.

### *Objective 2.2:*

Provide opportunities for at least 200 individuals with developmental disabilities, their families and stakeholders to learn about civil rights and less restrictive guardianship options.

### *Objective 2.3:*

Support the involvement of at least 100 individuals with developmental disabilities and their families in leadership and policy making roles to address at least five areas of concern identified by self-advocates and their families that impede individual choice and management of services and supports.

### **GOAL # 3: Self-Advocacy**

**MDDC will collaborate with the statewide self-advocacy organization and other stakeholders to increase the participation of self-advocates in policymaking activities in leadership roles.**

#### *Objective 3.1:*

Increase by 50 the number of individuals with developmental disabilities and their families who have received comprehensive advocacy training in leadership, public policy development and self-determination, and are engaged in systems advocacy activities.

#### *Objective 3.2:*

Provide opportunities for at least 400 individuals with developmental disabilities, their families and supporters to be engaged in advocacy activities with state and federal policymakers regarding issues of interest to the developmental disabilities community.

#### *Objective 3.3:*

Support new opportunities for individuals with developmental disabilities to engage in leadership and policy making roles in at least five cross-disability and policymaking entities affecting rights of and/or services for individuals with developmental disabilities and their families and through participation in five policymaking entities focused on general community issues.

#### *Objective 3.4:*

Support a 100% increase in paid and active members in the statewide self-advocacy organization, Speaking Up For Us, and an expanded role for the organization at the local and state level in public policy advocacy activities.

#### *Objective 3.5:*

Increase engagement of families of adults with developmental disabilities in advocacy by supporting the development of a statewide family advocacy organization with membership of at least 100.

## **GOAL # 4: Opportunities for Inclusion as Valued Members of Communities**

**MDDC will engage in advocacy, capacity building and systems change activities to effect change that results in persons with developmental disabilities and their families having equal opportunities to be included as visible, active and valued members of their communities.**

### *Objective 4.1:*

Resolve at least three policies and/or practices to remove systemic barriers and expand opportunities for individuals with developmental disabilities to be integrated members of Maine's workforce and to have increased access to individualized vocational training, education, self-employment and customized employment.

### *Objective 4.2:*

Provide opportunities for at least 100 legislators and/or policymakers and 500 members of the general public to increase their understanding of the employment contributions of individuals with developmental disabilities.

### *Objective 4.3:*

Participate in initiatives that result in at least 3,000 members of the public having opportunities to expand their understanding of the value of community inclusion and accessibility for persons with disabilities.

### *Objective 4.4:*

Engage in at least three initiatives that result in natural supports in inclusive community activities being available to at least 50 individuals with developmental disabilities, and the recognition of contributions of individuals with developmental disabilities in valued roles in their communities.

### *Objective 4.5:*

Support community awareness activities that result in at least 15 individuals with developmental disabilities being recognized as valued community members through their participation in the arts and recreation.