

11-2012

# DOCTalk November/December 2012 Employee Newsletter

Maine Department of Corrections

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# DOCTalk

NOVEMBER-DECEMBER 2012 EMPLOYEE NEWSLETTER



## The Year in Review Issue



DOCTalk is the employee newsletter for the Maine Department of Corrections (MDOC).

DOCTalk is published 6 times a year: January/February, March/April, May/June, July/August, September/October, and November/December.

## Submission Deadlines

January/February 2013 Issue:  
**Tuesday, March 5, 2013**  
March/April 2013 Issue:  
**Tuesday, May 7, 2013**  
May/June 2013 Issue:  
**Tuesday, July 9, 2013**

Please send submissions and changes to the contributor list to Cheryl Miller in Central Office at 287-2212; Fax 287-4370 or [Cheryl.Miller@maine.gov](mailto:Cheryl.Miller@maine.gov)

## Contributors

Our sincere thanks and appreciation to everyone who submitted articles and photos to DOCTalk. Their time and effort contribute significantly in producing a quality publication.

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## From the Commissioner



*Commissioner Joseph Ponte*

I hope everyone enjoyed their holidays with family and friends. It is a good time of year to take satisfaction in what we accomplished in 2012 and set new goals for 2013. With only six months remaining in the FY-13 fiscal year, much of our future rests in our budget request for FY-14-15. With the return of a Democratic Legislature and Republican Governor in the Executive Office, it will take some time to figure things out. Much of our plans will rest on Legislative funding to move things forward. The fiscal picture in our state has not improved and without more revenue the chances for increased funding is unlikely, but that should not prevent us from continued success. Over

the last couple years we have learned to do more with less, becoming more efficient while never decreasing our quality of service to the citizens of the State of Maine. I am confident we will continue this positive work ethic in the years to come!

Our Department has accomplished a great deal this past year. Keeping our costs down, enabled us to fund several capital projects such as installing secure ceilings in both juvenile facilities and up-grading camera systems and control rooms at several sites. In 2012, the Department also started a K-9 program at MCC and MSP, acquired new equipment and improved training for our CERT Teams, opened the Southern Maine Pre-Release Center in York County (more than doubling our capacity for female inmates in minimum or community status), created and trained an Inner Perimeter Security Team at MSP (which we will be expanding into MCC), and added 12 new positions to our Probation Department. This is just a few of the many things accomplished in the past year.

You may have heard the Department has decided to close the Central Maine Pre-release Center (CMPRC) and re-open 96 beds at the Bolduc facility. We will be working on this over the next several months, but do not at this time, have a definite date set for the closure and transfer. Our Department will be meeting with the Union to address and accommodate staff concerns as best we can. For the past several years, the State has had plans to sell the compound, of which CMPRC is a part of, and it appears we have sufficient bed space to close CMPRC without causing overcrowding at Bolduc.

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**ON THE FRONT COVER** Photo of winter trees taken on grounds outside of DOC Central Office. Share one of your photos and it might appear in a future issue of DOCTalk. (Email your photos to [Cheryl.Miller@maine.gov](mailto:Cheryl.Miller@maine.gov))



## Commissioner continued

Part of our FY-14-15 budget bill is to request borrowing authority to build a new Maine Correctional Center. We know this will be a difficult project to sell during tight fiscal times, but it will save the State millions of dollars over time and provide a safer, more efficient facility for staff and inmates.

We will be getting back to our round table meetings in early February and I hope you take this opportunity to talk to me directly on any issues you feel are important. Thank you for the work you do every day.

Stay safe.

## Looking Back—2012 in Review

*Wow! When I asked folks throughout the Department to share a list of accomplishments in 2012, I never expected such a extensive and detailed list. As you read through this issue of DOCTalk, you'll learn about the many changes and quality improvement plans set in motion in 2012. I think everyone knows that we've worked hard this year and what follows is the proof.*

*The entries appear in Facility/Region/Division alphabetical order and some items may appear more than once (under different headings) demonstrating the phenomenal collaboration throughout the Department.*

*I hope this year-end review makes you feel proud of all that was accomplished throughout Corrections, and inspires forward momentum in all Departments, Regions, Divisions, Communities and Facilities, for a great 2013!*

## ADULT SERVICES

- Moved and upgraded two major probation offices in Biddeford and Lewiston.
- Conducted two of the largest new officer training academies the adult field services ever had. The first round included 10 new Probation Officers statewide; the second included several new

Probation Officers and 12 new Probation Officer Assistants.

- Implemented the Adult Community Corrections restructure plan which included:

Two Regional Correctional Manager positions in every region doing quality, focused staff supervision.

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## Maine Department of Corrections 2012 Accomplishments

- Reduction of Segregation Use at Maine State Prison
- Established Staffing Matrix
- Reduction in Overtime
- Established Performance Based Measurements System (PBMS)
- Implementation of Classification System
- Established Quality Assurance Division
- Re-organization of Central Office and Facility Staff
- Restructuring of Community Corrections
- Conversion of Downeast Correctional Facility
- Creation of Security Department
- Tracking Data in Mapping
- Overhaul of Community Integration
- Established K-9 Program
- MOU with Department of Agriculture to Establish the ShelterME Program at Bolduc Correctional Facility
- Implemented Master Scheduler
- Opened the Southern Maine Re-entry Center

## Year in Review continued



One Sex Offender Specialist Regional Correctional Manager position, who will soon start her new statewide supervision duties of the Sex Offender Specialist Probation Officers.

Created and implemented the graduated sanctions grid and accompanying policy.

Submitted legislation to support certain graduated sanctions contained in the grid.

Recruited, hired and trained 12 new Probation Officer Assistants who are now working in their respective regions, easing the administrative responsibilities of Probation Officers.

- Through a cooperative agreement with the Muskie Institute:

Created and implemented a Coaching Manual for Regional Correctional Managers to guide their supervision process.

Created the framework and supporting training curriculum (all module completion by June 2013) for a statewide case management model for the Department of Corrections – MURRM (Maine's Unified Risk Reduction Model).

Hosted two statewide conferences for community service providers (Portland and Orono) on Evidence-Based Practices (EBP) and Becoming Evidence-Based Programs. Muskie staff made free program evaluation tools available to the vendors and provided recommendations for improvements on submitted assessments. A Preferred Provider list of EBPs is the desired outcome in 2013.

Conducted statistical analysis on long-term data and authored the first comprehensive Adult Recidivism Data Report.

- Retirements of the Regional Correctional Administrator's (RCA) in Regions 2 and 3 resulted in the promotions of two Regional Correctional Managers (RCM) into those positions—Bill Goodwin (R-3) and Scott Landry (R-2). Despite being new to their roles as RCAs, they

successfully led their regions through record staffing shortages and major change in work practices.

- Region 1 also faced record staffing shortages due to retirements, promotions and long-term leaves. Lisa Nash successfully led her region through these major challenges as well.
- Despite some challenges, we delivered increased quantity and quality training than we ever have in the past. (Examples include: annual mandatory training at Maine Criminal Justice

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**For the first time in the Department's history we now have a Comprehensive Health Services contract. This gives our Department the quality of service and the opportunity to work with one company for all of our medical, mental health and substance abuse needs, rather than several companies.**

**The Department was able to accrue personal services savings from FY12 that rolled into FY13 for capital projects which gave us more options to fund much needed infrastructure and capital equipment needs.**

## Year in Review continued

Academy, Brain Development, Leadership Development, trainings for supervisors and managers).

- Closed Bangor Pre-Release Center and transitioned all female inmates to either SCCP or MCC. Those who went back to MCC were allowed to rehab the building slated for the new Pre-Release Center in Alfred.
- Located the building, negotiated a contract, recruited, trained, staffed and opened the 64 bed Southern Maine Reentry Center for women offenders in Alfred. The program is at capacity with minimum and community custody females. All eligible inmates have outside paid employment; community service work crews are active and varied programming is in place.
- Converted Downeast Correctional Facility from medium custody to a minimum custody facility. Community work crews are active and paid work release opportunities have been secured for a large number of inmates.
- Charleston Correctional Facility increased paid community work release opportunities for inmates.
- Bolduc Correctional Facility implemented the RescueME pro-

gram and now has two rescue horses on grounds. Inmate caretakers were selected and trained.

### BOLDUC CORRECTIONAL FACILITY (BCF)

- BCF received 100% American Correctional Association (ACA) accreditation on October 26th.
- ShelterME program in collaboration with the Maine Department of Agriculture and assistance from the Maine State Society for the Protection of animals became a reality with two horses (Bradley and Lincoln) being cared for at Bolduc Correctional Facility.
- Raised 1,000 turkeys through the collaboration of The Prison Industry Program and Bolduc Farm Program.
- K-9 Corrections, in collaboration with Knox County Humane Society, continues to train dogs for adoption into families.
- Volunteers were recognized through a special ceremony honoring all their work and dedication throughout the year.
- BCF donated various food and staple items to the Salvation Army.



- BCF auto body vocational school restored a 1936 Dodge Fire Truck belonging to town of Fryeburg and refurbished a Plow Truck for the town of Cushing.
- Caseworker, Anne Rourke started the evidence-based program "Thinking for a Change" for prisoners at BCF.
- Rick Horton, previous substance abuse counselor at BCF, moved to the Maine State Prison and was replaced by Nancy Mahoney, Substance Abuse Counselor.

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## Year in Review continued



- Ray Felt, Unit Manager retired after a long career with Corrections.
- Bolduc staff and prisoners celebrated end of the harvest season with a large harvest feast.

### DOWNEAST CORRECTIONAL FACILITY (DCF)

- Converted from Medium/Minimum to all Minimum custody facility in May. This required a completed change in thinking for employees. (Over 50% of our security staff have more than 10 years of service and learned and practiced the medium custody mind set.) Staff often reflects on how the job feels new again. The conversion also resulted in new staff positions.
- Work release program successfully implemented. Whitney's, a local employer, hired approximately 12 prisoners. The crew performed various duties for the blueberry and wreathing sea-

sons. In the past, Whitney's has traveled to Florida to bring back migrant workers to fill these jobs.

- Implemented the unit management practice. Correctional officers are more engaged in the decision process for prisoner management.
- Approximately 12,000 hours of community service hours were performed for local schools, non-profits, state, county, and municipal agencies.
- Installed a new boiler system replacing the original unit from the 1950's. In just the past three months, the facility has seen significant savings.

### HEALTH CARE SERVICES

What an exciting year for the Health Care Services Department! In July, we welcomed Correct Care Solutions (CCS) as our new, comprehensive provider of Medical, Pharmaceutical, and Mental Health services at all nine State facilities. The first six months have been filled with transition changes and challenges! With the arrival of CCS, every MDOC facility now boasts on-site nursing services seven days per week. Correct Care Solutions also provides a meth-

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### CORIS TEAM

- Drug Screening module
- Classification instrument
- Incident reporting - reasons
- Transition to Correctional Care Solutions
- PBMS - Performance Based Measures (ASCA) reporting
- CORIS Discipline Module
- Internet Access for MCC Women's Center and Southern Maine Reentry
- IRIS Scanning Platform
- "Update of Spike Server Telephony Code (Includes - RECORD ALL CALLS)"
- Office 10 Upgrade
- Offender Search Service Changes
- JDAI initiative
- Detention types changed to more closely reflect the data being requested.





## Year in Review continued



od of Electronic Records Management known as “ERMA.” We look forward to arrival of Miss ERMA and her electronic medical record component, in early 2013!

Other Highlights include:

- Successfully went out to bid and selected a reputable company to provide a PANAX Dental X-Ray machine, which will be housed within the dental suite at the Maine Correctional Center upon its much anticipated arrival in spring 2013!
- Kim Robbins, Health Services Coordinator, was invited by the Cochrane Collaboration College of Justice-Health Field to participate on a panel in Washington, DC as a subject matter expert to share her opinions and experiences regarding correctional health care.
- The Medical Department at the Maine State Prison is the recipient of a new emergency stretcher with hydraulic capability and a new intravenous infusion pump

which was purchased for the infirmary.

2013 promises to bring many more interesting developments, so stay tuned!

## INDUSTRIES PROGRAM

*By Robert Walden, Industries Director*

It was an exciting past year for us in Correctional Industries and we don't see it as ending just rolling over to the start of what promises to be a very rewarding 2013. Some of our highlights include:

- The start up of the prison outreach craftsmanship program in association with the New Hampshire Institute of Furniture Making.
- Expanded business relationships through the Division of Purchases which has led to new sales and services provided to six municipalities and no less than eight state agencies.
- A return to the Maine Fair and Show circuit with retail booth appearances at the Fryeburg Fair and Lewiston Home Show.
- Establishing a collaborative Turkey Raising Program effort with the Bolduc Correctional Facility Farm Program.

## JUVENILE COMMUNITY CORRECTIONS

### Region 1

- Establishment of Youth Court in the greater Bath/Brunswick/Yarmouth area.

JCCO Dave Clock has been instrumental in initiating and developing a Youth Court in Cumberland county. The Greater Portland Youth Court is a restorative justice model used in other States and jurisdictions, such as Lewiston, Maine.

The Youth Court has trained a number of youth in the model and coaches them to become advocates for the community, victims and offenders.

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## Year in Review continued



Dave has been the prime mover in pulling together informational presentations and building motivation and commitment of prominent educators, court staff, law enforcement officers, youth, parents and community stakeholders to support the program. He has worked hard throughout 2012 to put together professional quality informational packets, research youth court models on the internet, take youth to attend the Lewiston Youth Court, recruit student participants and lead Q&A sessions.

Dave also partnered with attorney Victoria Morales and YouthMove Maine to apply for Federal supporting funds and, as a result, a three-year grant was awarded to the Greater Portland Youth Court.

We commend Dave Clock's

drive and commitment to institute a restorative justice program in Region I.

- Restorative Justice Juvenile Community Review Board in Old Orchard Beach/Saco area.
- York County Juvenile Community Correction field office merged with the York County adult field office in Biddeford.
- Region 1 staff, Mike Mack and Neil MacLennan, joined forces with Portland Police Dept. in mentoring in the first youth Navy SEAL training class.

In September, JCCO Neil MacLennan and RCM Mike Mack took part in the SEALS-Fit program organized by the Portland Police Department, Maine Leadership Institute and the Phoenix Foundation.

They worked with retired Navy Seal Hans Ruediger and several fellow law enforcement officers to lead 15 Cumberland county youth through a seven week fitness and leadership program based on exercise drills from the Navy Seals training program.

The program featured mentors from the Maine De-

partment of Corrections, the U.S. Marshall's Service, Maine State Police, Westbrook PD, PPD and South Portland PD. The students also worked with mentors from the Maine Leadership Institute.

- Creation of Community Reintegration Specialists (CRS) to serve Region 1 youth transitioning out of Long Creek Yoputh Development Center (LCYDC).

Two CRS positions were created using LCYDC staff to help provide support, assistance, and services to youth as they transition from facility to community supervision.

The CRSs become involved with youth as soon as they achieve Phase III in treatment at the facility. CRS duties and responsibilities

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## Year in Review continued

include facilitating and coordinating community services, identifying needs, and reinforcing case plan goals.

The CRS assist the JCCO in creating a calendar which documents all clients' activities for each month including; counseling, education, work, public service, leisure activity, and free time. The CRS also provide weekly reports identifying any challenges or barriers to goal achievement. The CRS provides immediate response to clients' risk and needs.

JCCOs Brian MacDougall, Rick Rogers and others have worked hard to train the Long Creek's CRSs, Jared Eaton, Mark Labacz, Rick Laflamme and Sean O'Keefe (now a JCCO) in field operations, officer safety and supervision. The Region I JCCOs have found the CRS crew to be a valuable asset and the result has been less returns of community reintegrated youth to the facility.



### Region 3

- In March, JCCO Mary Jones was promoted to RCM of Adult Community Corrections, Region 3. Darrin Constant was hired to replace her in Washington County. During this time, we also hired Kelly Nightengale and Warren Brown to cover vacancies in Southern Aroostook and Penobscot Counties, respectively.
- During the summer, RCM Galan Williamson initiated weekly supervision consultations. These are one hour meetings in which JCCOs participate by conference call. It has enabled us to reduce the number of staff meetings, therefore decreasing the amount of travel for those that live a good distance from Bangor. The consultations are an opportunity to do refresher trainings, discuss challenging cases, and provide information such as policy updates.
- In October, DOC was awarded a four-million-dollar grant from The Substance Abuse and Mental Health Administrative (SAMSHA) which will benefit Region 3, as well as, York and Cumberland Counties. The purpose of the grant is to develop a comprehensive strategic plan for improving and expanding services provided by systems of



care for children and youth with serious mental health conditions and their families.

- Also in October, several JCCOs, RCA Dave Barrett, and others met with Jim Payne of the Casey Foundation to review data compiled by the Juvenile Detention Alternative Initiative (JDAI). We were able to see trends in the types of detention and compare that to other states with the goal of improving our detention practices.
- Several Region 3 folks have been active with the Shared Youth Vision District Councils, whose main goals are to reduce detention numbers and improve graduation rates. Dave Barrett is a co-chair in District, Gary Sanfacon co-chairs in District 8, and Darrin Constant has been participating in District 7 meetings.

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## Year in Review continued



- Congratulations to Roxann Austin and John Bennoch for 15 years of state service.

## DIVISION OF JUVENILE SERVICES

### Community Correction

#### Highlights:

- All cases managed and supervised according to actuarial Criminogenic Risk Domains, using the YLS-CMI and soon to upgrade to the YLS-CMI 2 (second version with improved functionality).
- Emphasis on early diversion, when appropriate, using Restorative Justice and Assets Development Models of Intervention, results in return rates of only about 10%. Approximately, 70% of first time referrals are successfully diverted with excellent results, after consultation with the juvenile and their family, taking into account information from the police, prosecutor and victims of the crime. This saves money, allowing an increased focus on managing high risk offenders.
- Successfully achieved a competitive and collaborative, \$4 million, four-year grant from SAMHSA (Substance Abuse, Mental Health Services Administration) to implement a trauma-informed system of care approach within juvenile corrections and expand other System of Care approaches, statewide. This builds on eight-year collaboration between the State of Maine, DHHS, private providers and THRIVE, a non-profit mental health agency.
- Implementation of the Juvenile Detentions Alternatives Initiative (JDAI), as a partnership between the Juvenile Justice Implementation Council (JJIC) and the Annie E. Casey Foundation. The major goals are to safely and cost-effectively reduce secure confinement and detentions for non-violent juveniles.
- Implemented a broad array of Evidence-based Practice and Treatment, consistent with the best research related to reducing recidivism and achieving positive youth outcomes. Maine, according to the Center for Evidence-based Practice, is among the National leaders in this work. This information has been published.
- Juvenile arrest rates have dropped by 26% from 2001 to 2010. The evidence-based approach to reducing juvenile delinquency was first adopted in 2000 and has been improved upon each year. During this time, arrests for violent offenses decreased by 28% and the average daily population of Maine youth in juvenile corrections facilities has been reduced by 37%. Evidence-based treatment is cost effective, saving up to \$5 to \$20, or more, for each dollar invested, when the cost of avoided crime and other costs are calculated. The future of corrections lies in improving availability, fidelity and access to evidence-based practice. It is generally maintained that about 80% of crime is committed by about 20% of offenders. Focusing on that high risk group results in significant improvement.
- The Juvenile Division, through the Juvenile Justice Advisory Group (JJAG), promotes Collaborative Problem Solving Solutions (Dr. Ross Greene's approach) and TARGET (Trauma Affect Regulation Guide to

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## Year in Review continued

Education and Therapy) within Maine Schools, community corrections and juvenile youth development centers, with expansion planned for adult facilities. Outcomes related to both are very promising here in Maine and nation-wide.

### Facility Highlights:

- Implementation of evidence-base practice, including a comprehensive risk-reduction model of case management, supplemented by evidence-based programming, to include Aggression Replacement Therapy, TARGET (Trauma Affect Regulation Guide to Education and Treatment) and Sexual Behavior Treatment. The outcomes from these approaches are very positive.
- Outstanding performance with American Correctional Association (ACA) Accreditation (100% in all mandatory and applicable non-mandatory standards) and the top possible ratings (LEVEL 4) in the Council of Juvenile Correctional Administrators' (CJCA) Performance-based Standards (PbS) which address safety, order, justice, program and reintegration domains within juvenile correctional facilities, here in Maine and across the nation. As a result, Superintendent Rod Bouffard and Associate Commissioner Barry

Stoodley will be presenting on Maine's accomplishments at the PbS Statewide Coordinator's meeting in Houston, Texas on January 25, 2013.

- Implementation of an intensive Community Reintegration supervision plan that provides for daily monitoring, supervision and support for released juveniles during the initial 90 days, when juveniles are most susceptible to failure and re-offending. The national one year-rate of recidivism for such juveniles is between 50-70%. In Maine, it is about 33%. The goal for the Community Reintegration supervision program is to reduce this rate to 10-15%, which would be among the best results in the nation. Preliminary results confirm that this is possible.
- Education outcomes for committed juveniles are commendable. (Educational attainment is related to successful transition, lowered recidivism and positive youth outcomes.)

On average, each committed juvenile has been out of school for about six months prior to commitment.

43% are students in need of Special Education services. 8% more require 504 or ESL accommodations.

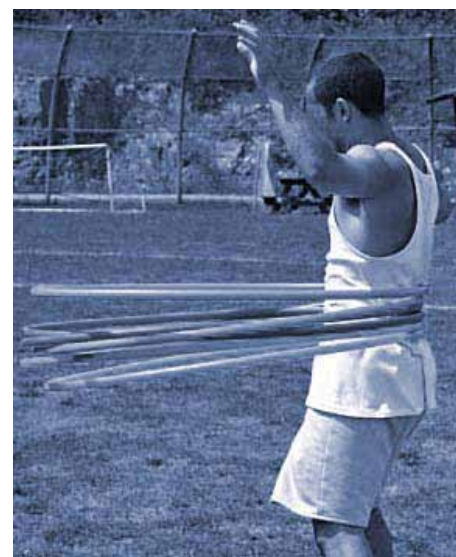
Most juveniles are several years behind academically where they should be based on their age.

On average, juveniles are able to achieve between 1.4 to 2.5 yearly measured attainment levels in Reading and Math, respectfully, during each six months of incarceration.

### New Initiative:

- To research, plan and implement a specialized program for young adult offenders, based on re-investing existing resources at the Mountain View Youth Development Center. This group of young adult offenders, who will be sight and sound separated for juvenile offenders, will benefit from a therapeutic, risk reduction model of change, supple-

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## Year in Review continued



mented by a significant emphasis on education and vocational training. The anticipated results will be lowered recidivism, fewer returns, and more productive citizens upon release.

### JUVENILE JUSTICE ADVISORY GROUP (JJAG)

- The 2012 to 2014 Maine Plan for Juvenile Justice and Delinquency Prevention Plan was released. The plan outlines the work of the Juvenile Justice Advisory Group (JJAG) for the next three years.
- The JJAG suffered a significant loss in federal funding again in

2012. The Office of Juvenile Justice and delinquency Prevention Title II Formula Grant was reduced from \$600,000 in 2011 to \$400,000 in 2012; the Juvenile Accountability Block Grant for 2011 was \$276,279 and for 2012, \$167,214; and the Title V Community Delinquency Prevention Grant for 2011 was \$50,000 but was zeroed out in 2012. In 2012, the loss of funding amounted to \$359,065.

- Governor Paul R. LePage attended the October JJAG meeting to share goals and objectives for the next few years regarding children in the system and those at risk of entering the system.
- Maine gained national attention for our work with Dispro-

portionate Minority Contact (DMC). The Office of Juvenile Justice and Delinquency Prevention featured Maine and six other states for an excellent plan for DMC.

Maine's DMC work included completion of the 2012 Maine Disproportionate Minority Contact Cumberland County Law Enforcement Interview and Case Review Report. It is the second phase of a three phase research project to provide quantitative and qualitative data on whether or not DMC is present, but also why.

- Karen Williams returned to Maine to train law enforcement and education staff about development of the adolescent brain. The two training locations were full to capacity with a waiting list.
- Dr. Ross Greene's Collaborative Problem Solving Initiative saw the addition of seven new schools eager to excel in this model for working with children and the second annual *Lives in the Balance* conference.
- Monitoring for compliance to the Juvenile Justice and Delinquency Prevention Act (JJDP),

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## Year in Review continued

Maine Detention and Correctional Standards and the Maine Juvenile Code (Title 15):

There are 45 Law enforcement facilities in the State of Maine that have the ability to process and/or detain a juvenile in a structurally secure environment. Of that number 43 are primarily for adults.

In 2012, 91 law enforcement facilities across the State were classified and inspected for regulatory compliance under the Juvenile Justice and Delinquency Prevention Act (JJDPa).

The 2012 data indicate that the State of Maine has achieved a significant level of compliance under the JJDPa.

A “Technical Assistance Tool” (disk) was developed for those facilities that may be at risk of future non-compliance. Included in the tool are legal references (Maine Title 15, Maine 34-A, section 1208, the Juvenile Justice and Delinquency Prevention Act, and the Prison Rape Elimination Act), model policies and procedures regarding secure detention, as well as useful forms such as a

data collection form, a safety check sheet, and a suicide/risk assessment. Still in the early stages, a couple of law enforcement agencies have been identified to serve as pilot sites for implementation of the “Technical Assistance Tool.”

### LONG CREEK YOUTH DEVELOPMENT CENTER (LCYDC)

- Long Creek Youth Development Center (LCYDC) received full American Correctional Association (ACA) accreditation in 2012. Changes to the facility include the addition of Correct Care Solutions (CCS), a medical care unit based out of Tennessee which has been working to integrate the facilities Medical and Mental Health departments through the process of electronic charting known as ERMA.
- The TARGET (Trauma Affect Regulation: Guidelines for Education and Therapy) program, fully enacted at LCYDC has received a positive response from the female population within the facility, and new efforts to reduce recidivism and support youths living in the community has enhanced the relationship

between LCYDC and the neighboring communities.

- Almost half of the residents at Long Creek have participated in the activities sponsored by the Athletic Department and this year. We made the State Class D playoffs in soccer and basketball and named a player to the State All-Star (soccer) Team. Youth also competed in local road races, Ultimate Frisbee, and the Club soccer.
- The A.R. Gould School issued 21 high school diplomas, and graduated 22 students with GED's. Students from the school also completed college courses in the following fields: Introduction to Sociology, College Prep Math, Introduction to Literature, Introduction to Psychology, College Prep Reading and Writing, and Mixed Media.

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## Year in Review continued

- Under joint sponsorship between the Departments of Education and Corrections, an informal workshop *Partnering for Successful School Transition* was facilitated by Project Impact and the A.R. Gould School to help participants gain an understanding of programming offered to students at LCYDC, clarify the roles and responsibilities of public school personnel in the school reintegration process, and strengthen the working relationship between JCCOs and public schools.
- The Volunteer Office at LCYDC ended 2012 with 175 active volunteers who volunteered an average of 622 hours per month, or 7,464 hours for the year.
- The Unit Sponsorship Initiative is almost complete with four out of five housing units matched with a sponsoring group.
- The new Pet Therapy Program began this year and is running strong with 10 active volunteers and 12 active canines.
- The 317 Main Street music group offered three eight-week sessions of music programming to the LCYDC residents.
- Residents presented a check in the amount of \$600 to the co-founders of the local nonprofit 'The Sisters' Wish from our Second Annual Variety and Art show proceeds.

### MAINE CORRECTIONAL CENTER (MCC)

- We sent out 67 Supervised Community Confinement Program (SCCP) packets for prisoners from MCC. Of those, 42 (35 males and 7 females) were transferred to the community under

the program. Twenty-five men and seven women successfully completed their programs.

- MCC hired 30 new Correctional Officers during 2012 and put them through our training department. Of the 30, twenty-eight are still with us. Many thanks to our officers who committed to assisting in the five weeks of initial training, as well as, on-the job-training involved before new officers are assigned to their jobs.
- In 2012, MCC took in 945 prisoners—829 male and 116 female. There were 388 releases as well. The classification process was refined to 10 days, meaning assessments were completed in that time frame from admission to enable a prisoner to be classified by risk to minimum, medium or close. A new assessment tool was put in place during this time as well.

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## Year in Review continued

- The Maine Correctional Center was awarded a contract from the Office on Women's Health to provide a "Seeking Safety" facilitator training for staff. On February 13th, over twenty staff from the MCC, the Muskie School for Public Service, and the Women's Re-Entry Center attended a day-long training presented by a representative from Treatment Innovations in Massachusetts. The "Seeking Safety" model specifically targets both trauma and substance abuse and is recognized as an effective treatment strategy.

The presenter reviewed current research, clinical issues in treating trauma and substance abuse, and provided assessment and treatment resource information. It is anticipated that trained treatment staff will offer this program first to a group of selected female prisoners which will fulfill our contract commitment and then broaden the program availability to the male population.

- The year 2012 has seen many changes in the School Department at Maine Correctional Center. The year began with Jim Howard easing into his new role as Adult Education Director and teacher in the Women's Center. Working with teaching assistant Mary Ellen Randall, Jim was faced with moving the school

forward in a time of transition at the Women's Center. By September, we began a new chapter as Dr. Michael Shannon came on board as the new teacher for the Women's Center, and Jim began transitioning to his new position in the Men's School, replacing Kay Bouchard after her retirement. Jim and Mike have been assigned as co-directors of the School Department at MCC.

- Thirty-four students received their GED through the MCC school department during the last year.
- Every semester two Osher scholarships are granted to MCC students, one for men and one for women. These are for inmates who have never taken a college class and are under age 35. Eric and Jim managed the correspondence with the professors at the University of Maine at Augusta to facilitate this program. Despite obstacles like shut-downs and inner turmoil, the students all succeeded in passing their classes.
- With his newcomer's eyes, Jim saw opportunities for collaboration. He approached the Sunshine Foundation with a novel request, to fund two math classes taught on-site by a professor from Southern Maine Community College. Taught by Professor Peter Durgin, these classes



were offered to both men and women with great success. The women began with entry level Math 020, the men with Math 050. This program continued with Peter offering an algebra prep class through the summer to help the students progress to the next level in the fall. Ten women took Math 050 in the fall, and a number of them have registered for Algebra 140, a for-credit college class. For one student, this was the final class she needed to attain her Associate's Degree. The group all benefited from twice-weekly tutoring sessions with Eric Reburn, a teacher in the Men's School.

- During the spring of 2012, for the first time MCC had two female students attend classes at Southern Maine Community College. Each took two entry-level classes in reading and writing. Both students were successful in completing their semesters with passing grades.

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## Year in Review continued

- Addressing the wide range of needs at MCC is a challenge at any time, but even more so during transitions. Mary Ellen and Jim shared teaching responsibility for the GED and literacy students in the Women's Center. To address the needs of the literacy students, they attended a class called Star Reading, which has become the nationwide model for improving adult critical reading skills. This has paid off as we have applied evidence-based practice to the pre-GED classes, and have seen solid CASAS (Comprehensive Adult Student Assessment Systems) score gains.

Meanwhile, during the spring Eric and Kay taught the men's GED and literacy classes, while Jim took over intake assessments and began a current events class for men in the Protective Custody unit. Eric has maintained the GED program for men, helping many who struggle with his math teaching wizardry. Mary Ellen spends two mornings a week teaching men's classes, while Jim has just begun his transition to the third floor classroom. And, as the Southern Maine Pre-Release Center began to fill, Mary Ellen provided weekly classes there for eight women studying for their GEDs. Mike, now that he has completed his mandatory training, has begun his math brush-up class and has a current



events class in the works for the Women's Center.

Through the many changes, we have worked as a team to keep the GED students on track, literacy students progressing, and college students enrolled and succeeding. The traditional roles have melted through necessity as staff members step in to help wherever needed. Inmate tutors also have been invaluable in their role as support for the students.

- Non-school staff have also been incredibly supportive as we attempt to meet our new challenges. For instance, education assessments for new inmates require space and security staff assistance, which has been truly positive. And office associate Lauri Noel has many times lent her time and expertise to school staff. Challenges have not been only in-house. The Department of Education has taken a new direction, requiring a more career-focused curriculum,

new procedures and piloting a new statewide online database for recording data. All of these demand adjustments, a learning curve, and time to put into place. We are setting new goals for the School Department that will consider education as part of a complete personal plan, and will draw on the strengths of all staff members. As a team, we can accomplish much this coming year.

- Book Suggestion Lists were posted in many areas of the Maine Correctional Center for inmates to write down books they'd like added to our library collection. We have the luxury of purchasing new books due to a number of generous cash donations to the inmate benefit fund. This money is dedicated solely for the benefit of the prisoners' library and will be used to add new reading material to the Women's Center Library and MPU areas, as well as the main library. Prisoners have a lot of time on their

*Continued next page*



## Year in Review continued

hands, especially when they are “in the pods,” and an infusion of popular books will go a long way to help them cope with the stress of prison. It is very unusual for us to be able to add new books to the A-pod mix and we are grateful to the donors for this opportunity.

### MAINE STATE PRISON (MSP)

- Retirements – We’ve had a number of employees who have left for a variety of reasons, but the greatest being individuals who have done their time—20 years plus of service—or reaching the age in which they could retire. We boast that the number of service years of many of our retirees as being more than 20 years. The



dedication and service of these folks has not gone unnoticed. We have also lost staff through early retirement due to health issues or death. Our best wishes to these employee and continue condolences to the families affected.

- MSP held a very successful job fair to recruit Correctional Officers. In 2012, we trained and hired 19 new officers and 2 new support staff.
- Many of our employees found promotional opportunities within MSP, which brought a new perspective and energy to the facility. We look forward to many years of continued service in their new positions.
- An Inner Perimeter Security (IPS) Team was established in 2012. The Teams consists of a captain, two sergeants, and four corporals. A lot of credit goes to the IPS team.
- The introduction of a K-9 Unit (CO Colt Sleaster and his dog TJ and CO Kyle Sylvester and his dog Gunner) into the facility has yielded some contraband finds. We are excited to see what 2013 will bring for both teams.
- MSP celebrated it’s 10th anniversary in the Warren facility. It seems unbelievable that 10 years has passed since the moved from



the Thomaston facility. A little bit of history—the Thomaston facility was opened in 1824.

- In October, the American Correctional Association (ACA) awarded the Maine State Prison a score of 100% for meeting all of the mandatory and non-mandatory standards during its re-accreditations audit. It cannot be state enough how something like this can only be accomplished when all staff comes together to achieve the common goal of ACA every day.
- In 2012, we received 69 prisoners from the courts, 31 prisoners from Probation & Parole, and 551 prisoners from other Maine DOC facilities.
- In 2012, we released 117 inmates to a straight discharge, 102 to probation, 1 to parole, 12 to other agencies such as INS or Federal system, and 846 to other Maine DOC facilities.

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## Year in Review continued

### MOUNTAIN VIEW YOUTH DEVELOPMENT CENTER (MVYDC)

- MVYDC has continued to attain a Level 4 (highest obtainable) for our committed area for our October Performance Based Standards (PBS) reports, and for the first time, our detained unit achieved a Level 4!
- Jobs for Maine Graduates - by Pat Gillis, JMG Program Manager

Jobs for Maine's Graduates(JMG) had a busy 2012—just how busy is reflected in the photos on the right. There have been community service projects for local agencies, unique training programs, and new work opportunities for residents—these are the special things that deserve highlights in the year-

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*January-March: JMG managed the Vocational Training Program for MVYDC residents at United Technologies Center in Bangor. Some student welders became nationally certified.*



*March & April: JMG kicks off the Jumpstart Our Youth (JOY) program. The assessment team, made up of JMG students, choose to award a \$1,000 grant to Spruce Run after candidates presented to the class.*



*April: JMG & Project Impact host the Workforce Investment Board -Youth Council meeting.*



*August: JMG assists with the Equestrian Training Program for residents at Northern Maine Riding Adventures.*



*August-September: JMG arranged a new work release opportunity for JMG students at Thomas Farms in Corinth. Workers assisted with a busy fall harvest season.*



*November: JMG and Volunteer Services took on a project for Safe Havens Supervised Visitation program at Penquis*

*CAP in Dover Foxcroft. Woodworking and Art students collaborated to design and construct a toy box, bookshelf, and original drawings to donate to Safe Havens' new location.*



*November & December: JMG set up a new opportunity for residents to assess their interests and skills through the ASVAB Career Exploration Program. Juniors and seniors completed the military entrance exam along with the FYI career interest inventory. This new program will be done twice per year.*



*December: JMG's most recent project and the last project of the year—helping students in the Art class design and decorate snowflakes for Sandy Hook Elementary School. The snowflakes decorate and brighten the new building where the surviving children are now attending school.*

## Year in Review continued

end-review newsletter. What isn't often talked about is the daily work of JMG—direct care and instruction for residents. JMG is responsible for managing five simulated work teams (Building Trades, Culinary Arts, Custodial, Small Engine Repair, and Food Service) and teaching college and career preparation skills. The day-to-day work is challenging and rewarding with opportunities to practice what we all learn in Corrections, motivational interviewing, and cooperative problem solving as residents and staff find ways to solve issues. JMG is always searching for ways to benefit the learning experiences of the young men it serves here at MVYDC. Whether it's a special presentation, a trip to a job fair, or securing new classroom materials, JMG always tries to keep things fresh and current.

- Mountain View Mental Health Review - by *Agnieszka Serwick*

Several staff participated in DOC's comprehensive plan to improve trauma informed services including:

In April, Psychologist Asia Serwik, Ph.D. and Community Reintegration Specialist Amy Gilbert attended three-

day training on TARGET, a treatment for youth who have experienced trauma.

In May, clinicians attended training on Trauma Focused-Cognitive Behavioral Therapy (TF-CBT). From June 2012-January 2013, they participated in bi-weekly consults with a national expert, Felicia Neubauer, LCSW, on implementing the model with residents at Mountain View.

In September, four staff participated in an intensive week long Aggression Replacement Training (ART) institute to become new facilitators. Trainers for the institute included DOC and Becket staff.

Three clinicians became newly trained to provide risk evaluation and crisis intervention services as part of the Suicide Prevention Protocol.

After saying goodbye to Dr. Peter Ippoliti upon his retirement in May, Mountain View welcomed new clinician Kathy Monahan, LCPC-C.

In collaboration with Long Creek Youth Development Center, the Sexual Behavior Treatment (SBT) Program finalized the "Phase 2" curriculum which

has also been disseminated to other residential treatment centers in the state that treat youth with sexual behavior problems. Also in collaboration with Long Creek, the updated SBT policy was drafted to better reflect the current evidence-based practices that are a part of SBT treatment. Finally, the team began piloting a "Healthy Relationships" group to be offered to all youth.

## DIVISION OF OPERATIONS

- ACA Accreditation  
The ACA (American Correctional Association) evaluated six locations in 2012. Maine facilities passed the accreditation process with flying colors. Congratulations to:

MSP .....	100%
BCF .....	100%
MVYDC .....	100%
CCF .....	100%
LCYDC .....	100%
MCC .....	99.9%

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## Year in Review continued



- K-9 Unit

K-9 Units were reintroduced to the Maine Department of Corrections in 2012. Currently the Department has three trained and certified handlers:

Officer Joseph Salisbury  
Officer Colt Sleaster  
Officer Kyle Sylvester

These Officers were selected by the Department to attend training and successfully completed K-9 Patrol and K-9 Drug certification.

- NIC Security Audit and Training

The Department of Corrections and Two Bridges Regional Jail collaborated in bringing NIC to Maine to perform an in-depth security audit analysis. The program was comprised of a one day classroom session and three days of on-site training/evaluating of each facility. The NIC Security Audit provided insight related to security enhancement for the Department's facilities.

- PREA Coordinator

The Prison Rape Elimination Act (PREA) was introduced in 2003 in order to prevent, detect and respond to the growing concern over sexual abuse and misconduct in U.S. Correctional facilities. The State of Maine PREA Coordinator is responsible for ensuring that our State's correctional facilities are compliant with the National PREA Standards which dictate how we can reduce the number of PREA allegations that occur within our facilities. Currently, a large portion of this compliance relies upon several contractors we have hired as part of the federal PREA grant that MDOC was awarded in 2011. Through a combination of work as a team the MDOC will have a greater understanding and knowledge of PREA and how we can provide higher levels of protection and treatment for our offenders. Michelle Urbanek was hired as the PREA Coordinator in 2012.

## DIVISION OF QUALITY ASSURANCE & PROFESSIONAL PRACTICES

- Establishment a of New Division: Quality Assurance and Professional Practices  
Fully staffed in January of 2012, we toured and presented our



mission to all Departments/ Divisions. We developed and implemented a web-based electronic services request submission form and the system is functioning well; responses for requests are within 24 hours of receipt.

- Reentry Programs

QA worked with the Adult Associate Commissioner in evaluating woman's re-entry as a whole, partly resulting in the opening of the new Southern Maine Re-Entry Center.

We also worked on establishing performance measures for practices concerning adult inmates transferring to Southern Maine Re-entry Center (SMRC) and Central Maine Pre-Release Center (CMPRC) as they go through reentry programs, are released and reentering the community.

- Breaking new ground in Evidence-Based Practices  
QA Kicked-off a pilot project to make Evidence-Based Practices,

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## Year in Review continued



Functional Family Therapy, and Multi-systemic Therapy available for adult inmates in reentry centers to increase effective transitional services for men and women returning home to their families. The inmate must still have a qualifying child in the home he or she is returning to.

- Webinar on Evidence-Based Practices in Maine  
Developed and delivered PowerPoint presentation for joint webinar with DOC and DHHS on evidence-based practices in Juvenile Justice and Mental Health treatment in Maine jails. Topics included Functional Family Therapy (FFT) and other Evidence-Based Practices, and data reflecting DOC's return on investment.
- PbS (Performance-based Standards)  
Met with PbS Learning Institute in to explore the possibility of expanding use of the PbS database and continuous quality improvement model for department wide implementation projects and improvement plans. Currently being used by Juvenile facilities and trials are being planned for other projects on the adult side/Department wide.
- Juvenile Programs  
Community Reintegration Specialist (CRS) pilot project at MVYDC and LCYDC~ in collaboration with the statewide DOC Juvenile staff, developed the reporting tool used by the CRS workers. The tool was developed to track aftercare progress as we move towards a reduction in return rates and increase standardized practices statewide for youth on aftercare.
- Held discussions with stakeholders to expand Multi-Systemic Therapy (MST) and MST-Problematic Sexual Behaviors (MST-PSB) into areas not served by program. Plan is initially for Aroostook, and eventually into Washington Counties underway. Draft RFP written and actual service implementation expected by May 2013.
- All MST and FFT contracts now follow on a Pay-for-Performance format and have quarterly Adherence to the Model meetings between DOC, DHHS, provider and national consultants.
- Juvenile Detention Alternative Initiative (JDAI)  
DOC collaborated with IT, and Muskie school to work on initial Juvenile Detention Alternative Initiative (JDAI) Measures report which compares like data to other JDAI sites across the country.
- DOC Contracting Process  
QA, DOC Finance, Central Office operations and Division of Purchases' are in the final steps of having an established pilot to standardized a paperless contracting process for the Department. This will be in place for the 2014 contract cycle and has already started with some of the contracts in the facilities.
- Performance Based Management System (PBMS)  
Maine became a PBMS site in 2012. QA is working with entire DOC on data gathering to fully satisfy PBMS collection by April 2013. QA co-facilitated PBMS training with Deputy Superintendents and Regional RCA's. Initiated efforts to establish Performance-Based Measurement System review committee to ensure all standards will be available to include in monthly reports to PBMS. The goal is to be fully functioning as of April 1, 2013.

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## Year in Review continued

- **Correct Care Solution (CCS) Medical Provider**

QA team worked on the RFP for the new medical care provider RFP and selection of successful bidder. Work continues with CCS team on standardizing subcontractor reporting process, setting program goals and individual client outcome benchmarks.

Worked closely with CCS to initiate gathering of Performance Based Measurement System (PBMS) data for medical, mental health and substance abuse standards.

- **Collected and analyzed data on classification meetings to determine if MDOC policy and the Commissioner's Directives were being met.**
- **SCAAP**  
Collected and submitted data for the State Correctional Alien Assistance Program (SCAAP) grant resulting in a financial award of over \$125,000 to the Department.
- **Batterer Intervention Programs (BIP)**  
QA provides oversight monitoring for Maine's Batterer Intervention Programs. Worked on revision of the annual Data Collection Form for Batterer Intervention Programs and submitted them to federal BIP Directors for

comments and feedback. Also, attended training and planning meeting for the proposed Automated Victim Notification System. Met with Chuck Moody, Director of the Northern New England Batterer's Intervention Program to discuss a collaboration w/DHHS grant funding and establishing a pilot program evaluation process.

- **Diversion to Assets**  
QA is assisting in a five-year recidivism study on Diversion to Assets program to show positive effect of asset development by program participants.
- **Special Management Unit (SMU) / Mental Health Steering Committee**  
QA is participating on Special Management Unit/Mental Health Unit Steering Committee quarterly meetings to lend support, create reports and assist with other tasks identified by the group. Some of the goals: to have as much standardization in DOC concerning segregation, MH units, communication between facilities, and training for staff in CORIS.
- **Substance Abuse and Mental Health Services Administration (SAMHSA) Grant**  
QA is grant administrator for a SAMSHA Grant. Part of the money will be used to develop a High Fidelity Wraparound pro-

gram for youth involved with Juvenile Services. THRIVE will act as contract administrator and supervise programs falling under the grant.

- **Performance Management Team (PMT)**  
QA has spearheaded DOC's Performance Management Team, a new group of Departmental staff focusing on continuous quality improvement planning. Two main focuses of the group in 2012 were Adult Services Reentry and Case Management project and the other, Juvenile Services' Transition Planning project. QA Developed a logic model for adult services case management/re-entry data tracking, to be overseen by PMT.

## VICTIM SERVICES

The Maine Department of Corrections (MDOC) Victim Services assists and advocates for crime victims whose offenders are either incarcerated, on probation and/or paying restitution. The MDOC Victim Services continually strive to honor the rights of all victims of any crime. Victim Services notifies victims upon request of an offenders release from incarceration, which includes a furlough request, application for the Supervised Community Confinement Program (SCCP) and/or any

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## Year in Review continued

other early release program the Offender is eligible to apply for as well as transfers to re-entry facilities. Victim Services also assists victims in obtaining the restitution ordered by the Court including locating victim information, provide referrals and to advocate for and assist as appropriate.

Victim Services aggressively notifies victims of sex offenders, who are being released to the community, in writing and/or phone calls. Victim Services offers safety planning meetings with victims prior to the release and the safety plan meeting includes those requested by the victim and can include Victim Services Advocate, Probation Officer, Law Enforcement, District Attorney's Office, Sexual Assault Center Advocate and anyone else the victim wants to be part of this meeting. Victim Services goal is to advocate and assist crime victims providing information resources and referrals in order to increase safety.

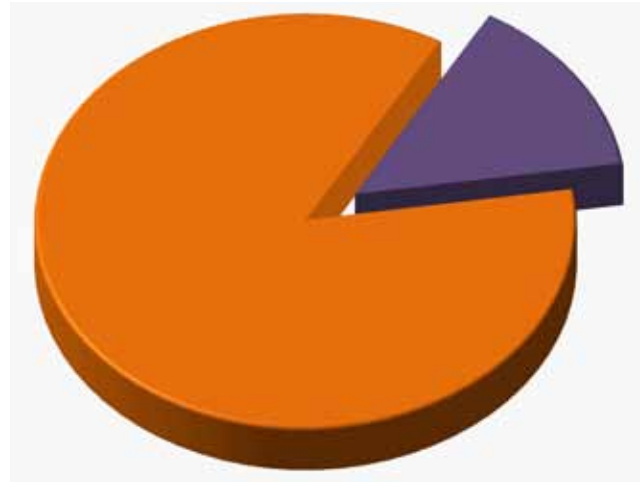
In addition to the charts noted on right for data collected in 2012, the MDOC Victim Services contacted victims of 132 offenders who applied for a furlough, 579 victims were notified in writing of an offenders upcoming release into the community. Assistance via telephone was provided in hundreds of cases providing referrals statewide to the Maine Domestic Violence Centers, Sexual Assault Centers, Counseling Agencies, Maine Victims Compensation Program, Address confidentiality Program, Law Enforcement as well as other agencies.

The Maine Department of Corrections collects restitution from MDOC clients who are ordered to pay restitution in order to reimburse their victim for out of pocket expenses related to the crime. Victim services assists in the collection and disbursement of restitution and researches cases as needed. Cases involving an advocate's research in order to disburse the funds available are called "found money". After due diligence has been met and victim services is unable to locate a victim the money is sent to "Abandoned Property" to be held for the victim until it is claimed. Maine Statute allows the Maine Rev-

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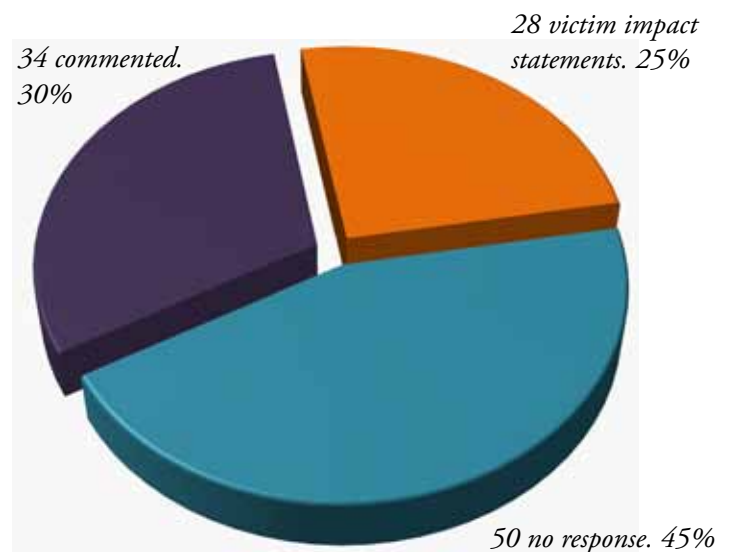
### DOC Victim Contacts FY 2012 on 130 tracked Sex Offender Releases

*9 victims contacted who requested and attended a safety plan meeting. 14%*



*54 victims contacted who did not request a safety plan meeting. 86%*

### 112 Victim Contacts Made Regarding SCCP Investigations 2012



## Year in Review continued

enue Service to garnish state income tax refunds from any MDOC clients with outstanding restitution obligations due. The 2012 figures are noted below:

- \$935,518.59 restitution was collected
- \$862,808.76 disbursed totaling 7,741 restitution checks disbursed to crime victims
- \$66,777.23 “found money”
- \$10,593.03 sent to abandoned property
- \$55,638.45 was acquired by Maine income tax garnishments

Please feel free to refer any crime victim to the Maine Department of Corrections Victim Services at 1-800-968-6909 for information, services and referrals.

### WOMEN'S SERVICES (MCC AND SMRC)

*By Amanda Woolford  
Director of Woman's Programming*

It has been a whirlwind year for the folks at the Maine Correctional Center (MCC) and the Southern Maine Re-entry Center (SMRC):

- In January, we started the first off-grounds college classes for two young ladies. Twice a week they were taken and dropped off at Southern Maine Community



College in South Portland and attended two classes each ( Math and English). Both were very successful and received all A's for the semester.

- In late March, we also started a work release program from MCC, 12 ladies were hired by the Sea Dogs, to clean the stadium in Portland after all of their home games. The ladies were extremely successful and were able to earn money that went toward the payment of fines and back owed child support. They were also able to save money for down payments on apartments after their release and send some home to help with the bills. They

worked all thorough the summer and ended the season when the Sea Dogs did, in September.

- In early May, it was decided to move the Women's Re-Entry Center from Bangor to its new home in Alfred. Preparations began slowly to transition the remaining women out of Bangor and feverishly work to open the new Re-Entry Center in the first week of July. Many of the women were released out onto Supervised Community Confined Program (SCCP) if they were eligible, and the remaining were temporarily moved back to MCC to help with the construction and preparation of the

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## Year in Review continued

new program in Alfred. The ladies did a wonderful job with all the work they did and with the tough transition from one community to another.

- In May and June, we conducted dozens of interviews to hire new staff for the Southern Maine Re-Entry Center. We really lucked out with applicants received and could not be happier to have them all on our team. They have shown tremendous dedication by taking on the indescribable task of opening a brand new facility—building it from the bottom up—and then continuing to be successful in the day-to-day running of the facility. They really pulled it off!! GO TEAM SMRC!!
- In June, I transitioned from Unit Manager at MCC to Director Women's Services for the Department.
- In July, we opened the Southern Maine Re-Entry Center (SMRC). After months of preparation and hard work from almost everyone in DOC we finally had a new home we could call our own. We quickly got to work filling it with residents, setting up programming, and making connections in the community. We are extremely proud

to say by the end of December the program did not have one empty bed and the work release had ten times more participants than when we left Bangor.

- In August, we were able to close half of B Pod because of the opening of SMRC and the increased numbers of ladies going out on Supervised Community Confinement Program (SCCP). Despite the 28 intakes in the month of September alone, we have been able to keep it closed and are down to only 15 residents as of the end of December still living in B pod.
- In September, we added a new teacher to our group at the Women's Center. Dr. Michael Shannon comes to us with a lifetime of experience teaching at all levels including adult education and college level courses. Dr. Shannon also has a wealth of experience working with alternative education. It was clear from his interview we would be foolish not to make him part of our team. Dr. Shannon hit the ground running with fresh ideas and along with his great sense of humor, he fits right in.
- November was another great month because after months of searching for the right Unit

Manager to replace me in the Women's Center we found and hired Tamson Ross. Tamson comes to us having a long history with adult probation and has worked in region one for the past 14 years. Tamson has great enthusiasm toward the population and we can't wait to see what 2013 has in store for the Women's Center.

- Also in November the Women's Center partnered with the State Police to begin raising puppies who are destined for greatness. These pups will eventually become police K9 dogs for many agencies, including DOC. Our women raising these dogs will save the State of Maine \$6,000 per dog. With our first round of three puppies we have already saved the State \$18,000 with another two additional pups coming in the beginning of 2013. The State Police has shown incredible dedication to the program and are in the Women's Center a few times a week including weekends. They are very impressed with what the puppies are already trained to do and can't wait to expand the program.

Okay I think it's time I settle in for *a long winter's nap*, as it was a busy year to say the least!

## Thanks for all the contributions. To be continued in 2013...



# Industries Receives a Letter...and a Poem

*Dear Maine Prison Industries,*

*We were out there in July and I was so taken back by the incredible workmanship that was displayed. What a phenomenal program. I purchased several bowls to bring back for my kids for Christmas...but a thought kept burning in my mind. I had to put it to paper. I come from a family of ten...never having a lot of material things (thank God), but one thing we did have was a lot of love and imagination. Every Christmas we would pick one name from our family members, purchase or make a small gift, and write a poem for them. This year, I am re-visiting Christmas past. Our loved ones will be receiving these bowls with the attached poem. You all are in our hearts and prayers this Christmas Season. God Bless.*

*Mary Rayment  
Beloit, WI*



## The Wooden Bowl

The journey of this wooden bowl  
began with soil and seed.  
The sun and rain joined in as well  
to do their part to feed.

This tree withstood the fiercest storms  
no greater could be found,  
until the day the ax was hewn  
and it laid upon the ground.

Now some may say "it all ends here",  
but my friend, it's just the start.  
For the journey that this wood did take  
was emblazoned on my heart.

This mighty one was not forlorn  
or forgotten to decay.  
There was a special purpose born  
on that somewhat fateful day.

The mill produced such flawless boards  
for skilled hands to select,  
and grace them with their talents rare  
laboring only to perfect.  
Creations of the grandest sort  
could only cross my mind.

Will it be a hand carved hutch,  
the one of unique kind?  
Or how about a jewelry box,  
that houses precious gems?  
A podium hosting speeches  
from Republicans and Dems?

A clock that's gifted to the queen,  
a guitar strummed by the best.  
A cradle made for that first child  
where he could always rest.

An I-beam for the Grand Hotel,  
an Olympiad's slick skis.  
So many valuable treasures  
can be made from these cut trees.  
But Fate had other plans that day.  
The wood was stacked up high,  
and fastened to a flatbed truck.  
Down the highway it did fly.

Along the road of bumps and curves,  
anticipation to the test.  
'til finally past a guarded gate  
that old semi came to rest.

What was this place so bleak...so cold  
with fences and barbed wire?  
There were several people in plain view  
all wearing the same attire.

"Maine State Prison" read the sign  
that hung upon the door.  
Those trees in all their various forms  
were thrown upon the floor.

Soon repositioned down the hall  
to a workshop hailing noise  
With men of every race and creed.  
Shoot! Some of them mere boys.  
There was sawing...drilling...measuring,  
clamps and nails and glue.  
Prison guards were looking on,  
until their day was through.

Soon all the wood was divvied out  
which rendered works of art.  
Men worked hard to ensure this wood  
would be perfect from the start.

*Continued next page*

## Poem continued

So before you is a wooden bowl  
'tis empty, or so it seems.  
This bowl was made by a pair of hands  
that held a lot of dreams.

A pair of hands that one day took  
their freedom quite for granted.  
Their views on life and their approach  
became quite bent and slanted.

Society will call it "crime"  
I call it "choosing sin"  
'Cause the bottom line that still remains  
it's a choice from deep within.  
This is why this wooden bowl  
is so special.....so unique.

It represents forgiveness  
which is something we all seek.

Please understand what Christmas is  
and why Christ came to Earth...  
To teach us love and to forgive  
and restore our peace and mirth.

So when you gaze upon this bowl  
or when you fill it up.  
When it's on a table spread  
with your full plate and full cup.

When your day is difficult at best,  
When your only choice was sin,  
When you want to throw it all away  
Just keep rememberin'....

Our Savior came to save us all  
from crisis such as these.  
It's a gift that we've been given;  
to embrace Him on our knees.  
Say prayers to Him with all your heart,  
and I promise from above...  
will pour on you God's mercy...  
....His Peace.....Forgiveness....Love.

And don't forget to say a prayer  
for the one who made this bowl.  
For he, like we, have all chose sin.  
and want God to save our soul.

God Bless You!

## Joint Standing Committee on Criminal Justice and Public Safety

*By Jody L. Breton, CGFM, Associate Commissioner*

The 126th First Regular Legislative Session began its work on January 8, 2013. Our committee of jurisdiction is the Joint Standing Committee on Criminal Justice and Public Safety (CJPS) and consists of Senator Stan Gerzofsky, Chair (D-Cumberland), Senator David E. Dutremble (D-York), and Senator Gary E. Plummer (R-Cumberland). Also on the CJPS committee are Representatives Mark N. Dion, Chair (D-Portland); Michel A. Lajoie (D-Lewiston); Bryan T. Kaenrath (D-South Portland); Alan M. Casavant (D-Biddeford); Timothy I. Marks (D-Pittston); Joshua R. Plante (D-Berwick); Ricky D. Long, Ranking Minority Member (R-Sherman); Thomas M. Tyler (R-Windham); Jethro D. Pease (R-Morrill); and Corey S. Wilson (R-Augusta).

Senator Gerzofsky will be the Senate Chair, Representative Dion will be the House Chair, and the Leads will be Senator Plummer and Representative Long.

If you would like to listen in to any of the sessions, go to <http://www.maine.gov/legis/> place your cursor on "Au-

dio" (found on the right side of the page) and then click on the committee you wish to listen in on.

The five Bills proposed are: An Act to Amend Probation Provisions, An Act to Clarify Statutes around Transportation for Department of Corrections Prisoners or Residents on Work Release and Funeral Costs for Persons Deceased While Incarcerated in State Custody, An Act to Create a Young Adult Offender programs in Juvenile Correctional Facilities, An Act to Amend the Amend the County Jail Inspection Requirement when the Facility is Accredited; and An Act to Exempt Prisoners to File Harassment Provisions in Court Against Department of Corrections' Personnel.

The first legislative session is called the long session because it is scheduled to run until June. The budget will be a big area of focus. I will keep you updated as much as I can on the budget process.

## Volunteer Recognition at Maine State Prison

On November 7th, Maine State Prison (MSP) recognized its many volunteers. Held in the MSP chapel, more than 35 volunteers, along with many staff, were in attendance.

The recognition opened with administrators expressing their appreciation and thanks for the many hours volunteers have given in service.

Guest speaker, Kandyce Powell, spoke about how valuable the Hospice program at MSP has become.

Three inmates spoke about what volunteering has meant to them. Other speakers included Chaplain Foster and Gary Upham from the Education Department.

A moment of silence was held for the passing of former volunteers and there was a remembrance of Arnie Neptune, a longtime volunteer with the Native Americans population at MSP. Special recognition was given to Darcy Austin who is moving away.

Volunteers were presented with a certificate, a Prison Showroom discount coupon, (thanks to Ken Lindsey and the Industry Program), and special pin inscribed with the words "Volunteers are seldom paid; not because they are worthless, but because they are PRICELESS!"

The celebration continued with cake and coffee, while the prison band *The Sounds of Comfort* played.

## A Tribute to Gerald H. Asch

*By Ken Lindsey*

On November 23rd the Maine State Prison was saddened by the loss of one of our own. Gerald "Jerry" H. Asch passed after a brief courageous battle with cancer. Jerry was a 14-year Navy veteran who served during the Gulf War and enjoyed sharing his stories of the high seas with co-workers at the prison. Jerry had worked at the prison for over 20 years first working at MCI (Supermax Facility) and then working for the last eight years at the Prison Showroom. Jerry's positive attitude was infectious. Anyone who came into contact with Jerry at work would get his "joke of the day." Each day was a different joke, although sometime the jokes didn't make sense. It still was a fun way to start the day.

Jerry grew up in Detroit, Michigan and was an avid Detroit Lions and Tigers fan. He participated in many

"fantasy" sports leagues with other prison staff always "talking smack" about his beloved Lions and Tigers; he definitely was a Detroit boy at heart.

Jerry's love of airplane repair served him well as a volunteer at the Owls Head Transportation Museum. He was also a 32nd Degree Mason as a member of the King Solomon Lodge #61 in Waldoboro.

The most important thing in Jerry's life was his family. He had two children, a son and daughter, and many grandchildren. He often talked about the spoiling of his grandchildren—taking them to Sea Dogs games and fishing. In late October Jerry's daughter and daughter-in-law both gave birth on the same day. It was great to see Jerry smile and talk about the newest grandchildren. It



*Gerald "Jerry" H. Asch*

was a moment when he was able to forget about his illness and focus on family.

Jerry will be missed by all of those that came into contact with him. Jerry was a parent, grandparent, veteran and prison guard. But most of all he was a friend that I am proud to of had the honor of knowing.



## Maine State Prison Graduates Another Crisis Intervention Team



### New Crisis Intervention Team (CIT) members are:

Dr. Janine McCarthy (Administrative Maximum Facility Psychologist, Florence Federal Correctional Complex)  
 Dr. Jennifer Koch (Administrative Maximum Facility Psychologist, Florence Federal Correctional Complex)  
 Hector Joyner (Assistant Correctional Services Branch Administrator, Central Office - Washington, DC)  
 David Cutler (MSP Capt.)  
 Deb Hill (MSP Caseworker)  
 Phil Newth (MSP Cpl.)  
 Victoria Mathiau (MSP Ofc.)

Lidia Kozlowski (MSP Sgt.)  
 Mark Engstfeld (MSP Sgt.)  
 Eric Legassie (Probation and Parole)  
 Dr. Alison Leukefeld (Psychologist, Speciality Treatment Program Coordinator, Central Office Bureau of Prisons)  
 Wesley Butler (Rockport Police Department)  
 Amanda Woolford (SitCon)  
 Robert Thompson (Women's Reentry Center)  
 Angie Newhouse (Central Office/Auditing Class only)  
 Giles Soucy (NAMI Facilitator)

## MPS Graduates Corrections Officers



*Recent CO graduates (left to right, front row) Amber Jeskey, Sean Scanlon, Valerie Munk, Jeremiah Manning, Valentin Alvarado (back row) Trevor Field, Joshua Daigle, William Deetjen, Mitchell Tafel, Kodey Carsile, and Aaron Abbott.*

On December 28th, Maine State Prison graduated from Basic Corrections eleven more Corrections Officers. Many of the officers family and friends were present to witness the graduation. The class was named after the late Gerald "Jerry" Asch, a corrections officer who was a positive role model for the profession with 21 years of service.

### Promotions at MSP

- Mike Garan was promoted to Correctional Corporal Firearms Instructor.
- Eric Bueno was promoted to Correctional Care and Treatment Worker in the close unit.
- Ron Coloumbe came to us from MCC after a short time in retirement; welcome aboard Ron. Congratulations Mike, Eric, and Ron!

## A Thanksgiving Feast

*From the Food Services Staff at the Maine State Prison*

What does it take to feed everyone at the Maine State Prison a wholesome and traditional Thanksgiving meal?

Food Services cooked over sixty turkeys providing approximately 1,200 healthy appetite servings. They mashed 500 pounds of genuine Aroostook County potatoes and baked 30 pans of corn bread dressing prepared from a classic *Southern Living* magazine recipe. The feast also included turkey gravy, candied yams, peas and carrots, hot rolls, 30 pans of pumpkin pie, 30 pans of apple pie, and chocolate milk.

*The MSP Food Services staff would like to thank all our MSP coworkers for their fine efforts to ensure we are in a safe and healthy environment.*

## MSP Employees "Adopt" a Family

Once again this year during the holiday season, Maine State Prison employees helped those less fortunate in our local community by collecting Christmas presents, food, and household items for a family in need. This was coordinated through the local Salvation Army.



## Thanks from MCC... ...and Best Wishes

John Hoeprich our Computer Technologies Teacher. Although at MCC for only four years John was instrumental in making a positive difference in the lives of numerous prisoners in helping them gain marketable skills through CompTIA A+ certification. John and his family are downsizing and moving to upstate New York. John will be pursuing other opportunities in teaching and pastoral ministry. Our best wishes. (See tribute to John on page 31.)

Paul Charland, a long time Correctional Officer and Correctional Trades Shop supervisor has left MCC after 25 years of service. Paul started as a Corrections Officer in 1985, and took a short break trying another career before returning to Corrections. Paul has been a member of the CERT Team, worked with the K-9 teams and has served our country in Iraq. Paul promoted to a Correctional Trades Shop Supervisor in 1997 supervising the Women's Industry program, Upholstery and Industrial Stitching programs. Thank you for your service.

Laurie Noel, Office Assistant II, for her service at the Maine Correctional Center. Laurie is transferring to Bureau of Conservation.

### More Staff Notes: A Proud Father

After spending nearly a decade coaching Division III soccer in Maine, Joel Bancroft is going to the Big Dance—soccer's equivalent of March Madness—in his first season as an assistant coach at Penn State. To read more: <http://www.pressherald.com/sports/big-chance-for-soccer-coach-2012-11-29.html?searchterm=Big+Chance+for+Soccer+Coach>

Joel is the son of Donald Bancroft, Correctional Laundry Supervisor at MCC. Don has worked at MCC for 27 years.

## Sergeant John “Jack” McGloin Retires from MCC

Sergeant John “Jack” McGloin has retired after 22 years with the Maine Correctional Center. Jack started in 1991, after serving 21 years with the U.S. Air Force, first as Para Rescue, Crew Chief and then as a Recruiter. As a Corrections Officer Jack worked in a number of housing units and helped train a number of new officers. He promoted to a Correctional Sergeant in 2003. Jack has worked as both an Operations Sergeant and a Unit Sergeant. He was a member of the CERT Team serving as Armorer and K-9 with his bloodhound partners Lulu then Sadie. Jack has received several letters of appreciation for his work at MCC. He will be missed here at DOC but he and Sadie plan to enjoy retirement.



*Sergeant John “Jack” McGloin with Lulu (left) and Sadie (right).*

## A Tribute to MCC Teacher John Hoeprich

A wonderful and gifted educator has moved on from the Maine Correctional Center and is on his way to rural New York.

John Hoeprich joined the MCC educational team as a teacher for the Computers for Schools program in October of 2008. Under his leadership the program constantly evolved to keep pace with the fast changing field of computer technology. Under his guidance the program matured into a twenty first century technology learning laboratory where he taught computer science, hard wire assembly and software applications. This prepared his students to pass the Comp TIA+ certification exam.



*John Hoeprich always closed a conversation with “...and if there is anything more I can do to help....”*

John was tireless in this willingness to keep the classroom and library computers and printers working. Sometimes providing a quick repair on the spot or carrying it off for his students to repair. One July, a freak lightning storm struck the library’s computer system rendering it useless. This was a major disaster, as all book records since 1998 were created and stored on this computer. The library system are school computers, ineligible for help from IT department in Augusta. After devoting a great deal of research and energy, John successfully reconnected Follett and restored the information. John applied this learning experience to the benefit of his students.

John was a role model for his students. Soft spoken, polite and professional demeanor was his natural nature. Each student, colleague, visitor and phone caller were given care, attention, and concern. He always closed a conversation with “...and if there is anything more I can do to help....”

With his students hard work and good study habits, high standards were not an option, they were the expectation. His explanation was simple. “My students are not technology professionals because they attended class and passed the Comp TIA+ exam. They also need to have the work ethic, attitude, and honesty which the customer expects from a professional.”

His presence and contributions will be greatly missed and we wish him all the best in his new endeavors.



# Wreaths Across America.....“Remember, Honor, Teach”

By Tamson Ross, Unit Manager MCC

There are very few experiences in one's life that truly touch your soul. Participating in *Wreaths Across America* is just one of those experiences. Once you have had the honor of taking part in something like this, it never really leaves you and you never want to stop participating.

Every year for the last 5 years or so, I have been fortunate enough to join my fellow Maine Police Emerald Society members in escorting the wreaths bound for Arlington National Cemetery through Maine. It is a two-day journey and this year I made the trip with MCC Correctional Officer Mike Barrett. We left with the rest of the Maine Police Emerald Society members in the very early hours on Sunday, December 9th and made our way up to Harrington. There we met up with the tractor trailers, Patriot Riders, Golden Star Mothers, Air National Guard, the Governor and his wife (she goes all the way down to Arlington with the wreaths)—and of course, the Worcesters and their employees. Karen and Morrill Worcester, owners of Worcester Wreath Company, started *Wreaths Across America*. The Worcesters are some of the nicest, most patriotic people you'll ever meet.

Along our journey we stop at schools, monuments, veterans' homes and many communities where the Worcesters make presentations and present a wreath(s). It is an opportunity for them to educate everyone present about *Wreaths Across America* and their mission. They are always greeted by large crowds. According to the Worcesters there were nearly 200,000 volunteers across the country in 825 locations this year and an incredible 420,000 wreaths were placed!

The mission of *Wreaths across America* is to “Remember, Honor and Teach”—remember the heroes, honor them and their families, and teach children about these heroes and their sacrifices. The Worcesters truly want to honor those who risked their lives and the many who died for this country. They want to ensure that our veterans are never forgotten.

I look forward to this escort all year, and I know all the other volunteers do as well. It is hard to put into words the experience because it is so emotional and I believe

*Continued next page*



## Wreaths continued

one that forever changes you. This year, I told Officer Barrett before we began that it would be a very emotional experience for him and to be prepared. He soon understood exactly what I meant as we drove through a small town and saw a woman standing on the side of the road clutching a folded flag, crying. That is a memory you never forget. Along the way we are greeted by hundreds

of community members, holding signs or flags, some waving, some saluting. In many towns, the fire trucks and emergency vehicles are there with lights flashing and huge flags hoisted across the road. It is so touching. There are also the people you meet along the way, and those that you see every year, most of whom are veterans and are so grateful that people remember them.



*Tamson Ross, Unit Manager for the Women's Center at MSP poses with Patriot Rider who does the escort every year.*



*Freeport, Maine greets the wreath escort.*

This year I was given an incredible honor when a Patriot Rider (see photo left) whom I have come to know over the years gave me a Naval coin that was his father's (I have Navy in my family). I had a hard time accepting such a sentimental gift but he insisted. Needless to say, many tears were shed by both of us. It is these experiences that make this journey one of my favorite things every year. It is truly an honor to escort these wreaths and to have the opportunity to say thank you to all the veterans. May we all remember and keep in our thoughts our current soldiers, our veterans, and their families all of whom who have sacrificed so much. We are free because they are brave.



*The entire law enforcement escort team taken at the Kittery Trading Post where the escort was then turned over to the New Hampshire State Police. Can you spot Tamson?*

## Welcome Merry

*By Katrina Brown*

We at the Maine Correctional Center would love to introduce our newest K-9 puppy, Merry. Merry was eight weeks old when she arrived at the Women Center and her breed is the Belgian Malinois. She is named after fallen Maine State Trooper Thomas J. Merry who's EOW was on July 12th 1980. He was killed when he was struck by a suspect's vehicle while setting up for a roadblock. Thomas Merry was 28 and served 3 years with the agency. He was survived by his wife and son. We at the Women Center are so proud to have this pup named after this fallen hero.

The Women Center said farewell to pup Packy as she moves on to training with the State Troopers. She will be greatly missed by all and we know she will become a dedicated K-9 dog. Packy will do proud by any dog handler who is lucky enough to receive her.

Foxy and Bach continue to grow and amaze us all with how advanced their training has become. Both pups have accepted our newest addition, Merry, with open



*(Left.) New K-9 pup Merry, greeting Foxy. (Right.) K-9 Bach growing up quickly! Photos by Katrina Brown*

paws. Merry has quickly become the leader of the pack and is not afraid to show it! We are all so proud of this new program and hope it will continue to grow.

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## Update from Charleston Correctional Facility

*Submitted by Dyana White*

Since our last submission there have been many changes at Charleston Correctional Facility (CCF). We welcomed new Corrections Officer Gary Sudsbury and new Corrections Office/Carpentry Correctional Trades Instructor Ken Kimball. Jeff Morin returned as Director, while Chad Curtis is currently working his magic at Central Maine Pre-Release Center, but we suspect he will be back eventually.

We've had a rough couple months with co-workers and friends losing loved ones—seemed like we were hearing of more losses every couple weeks. Hopefully the New Year will bring more happy news and less sad news.

In October, our Caseworkers Ashley Williams and Hollie Brewer began an arts and crafts program. Ashley and Hollie meet with inmates monthly for an hour or so to create something representative of the season or holiday. They've

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### CCF Staff Updates

Hired in November:

Kenneth Kimball, Correctional Office/  
Carpentry Correctional Trades Instructor  
Gary Sudsbury, Correctional Officer



## Charleston continued

been getting about 30 participants each time. In December, the “regulars” had an opportunity to have family members visit to make Christmas crafts with them. This program has been a big motivator for the inmates and their gratitude is abundant. It is always nice to see positive outcomes.

The industries program is in overdrive getting projects completed, as well as, making our famous snowshoes—we even had a special shoe order from a bi-athlete in Alaska training for the Olympics! Pine Grove Lodge, where the snowshoes are tied, was recently featured in *Downeast Magazine*. CCF was put on notice to be ready for an increase in

snowshoes orders, as well as, other products.

Thanks to the initiative of Sgt. Dionne, CCF was the recipient of trees cut along I-95. Sgt. Dionne stopped to talk with DOT crews cutting the trees and we were able to collaborate and have the trees brought to CCF. The tree have been put to good use keeping us all warm.

Earlier this month, acting on a tip, we were successful in preventing illegal drugs from entering the facility—all thanks to teamwork, CCF staff professionalism, a K-9 unit, and collaboration with Piscataquis County officials and Maine State Police. Three felony drug-related charges were levied before the end of the day.



*Inmates working hard to get it just right participate in an arts and craft program at Charleston Correctional Facility.*



*Thanksgiving turkeys made from Oreo cookies.*

## Region 1 • Adult Community Corrections

*By Carol Carlow*

### Taking On a New Challenge

With a host of best wishes going with her, PPO Tamson Ross left Community Corrections to take on the challenge of Unit Manager at the Women's Center at the Maine Correctional Center in Windham. Tamson became a part of the Community Corrections staff in November of 1998 and in these past fourteen years, she has always performed her job with great expertise and professionalism. It goes without saying that this experience and job performance will be great assets as

she faces the challenges of her new position and strives to increase the collaboration between community and the facilities. We will all miss you, Tamson, but at the same time want to say congratulations and all the best always!

### Employee of the Year Award

PPO Troy Thornton is the proud recipient of this year's Employee of the Year Award. Employees from every department are nominated each year for this award based

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## Region 1 • Adult continued

on merit and overall job performance but only one will be chosen. It is obvious to us, that Troy does his job and does it well and it is nice to see this fact recognized by others. Congratulations Troy! Way to go guy!

### The Year in a Snapshot

As the year 2012 comes to a close and the new year of 2013 unfolds before us, it seemed most timely to take a look back at a year that is now history. Like every region in the department, Region One has certainly had its fair share of changes:

- In March, we were finally successful in moving our York County Staff into a new office in Biddeford.

- In June we celebrated the retirement of Corinne Zipps.
- Four staff members welcomed new babies to their families this year and all are doing well.
- This fall the addition of four new Probation Officer Assistants came into being and is nothing short of hugely successful.

As we step forward into a brand new year, let us do so with a positive attitude and an extra measure of enthusiasm for whatever the new year brings.

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## Region 2 • Adult Community Corrections

*By Donna Davis*

On December 14th, Probation Officer Mark Fortin received a commendation. Mark's contribution to an investigation was key to the apprehension of an individual involved in a violent robbery. Officer Fortin provided valuable intel to local law enforcement that was an integral part of their investigation.

Probation Officer Roy Gutfinski retired on December 31st. A luncheon was held in his honor at the Lucky Garden in Hallowell. Officer Gutfinski received a plaque and a gift certificate to L.L.Bean.

For Christmas, Region 2 employees "Adopted a Child". and gave a staff member's grandson a gift certificate to Walmart. Employees also took names from the Walmart giving tree and purchased toys for three children. Staff also collected money and purchased a gift certificate to a supermarket for a family.

Probation Officer Joe Galego will be leaving on January 6th to pursue a new career. He will be joining the Augusta



*Region 2-Adult staff participated in a Walmart Giving Tree to provide toys for children during the holidays.*

Fire Department as a paramedic/firefighter. He has been working towards this goal for a while and his hard work has paid off.

## Region 3 • Adult Community Corrections

*By Mary Jones and Pat Delahanty*

### New Hires

Region 3 is extremely happy to announce that all four Probation Officer Assistants (Lori Lamma, Adam Pinette, Patty Stevens, Stefanie Trench) and one Probation Officer (Jennifer Mitkus) have successfully completed the Probation Officer and Probation Officer Assistant Academy training at Maine Criminal Justice Academy. After a brief period of job shadowing in the field, they have all enthusiastically hit the ground running with case load work. Everyone in Region 3 is happy to have them on board!

### Departmental Collaboration

Region 3 has continued toward the goal of increasing collaborative efforts between field and facility staff. On January 3rd, all three Knox County Probation Officers and the Knox County Probation Officer Assistant participated in a team meeting with caseworkers at Maine State Prison to begin conversations around the re-entry process. The group plans to continue their meetings on a monthly basis to further problem solve to better ensure a more fluid re-entry process.





# Long Creek Residents Decks the Halls...

By Frances Jane Addor, Roger Addor and Ted Brown

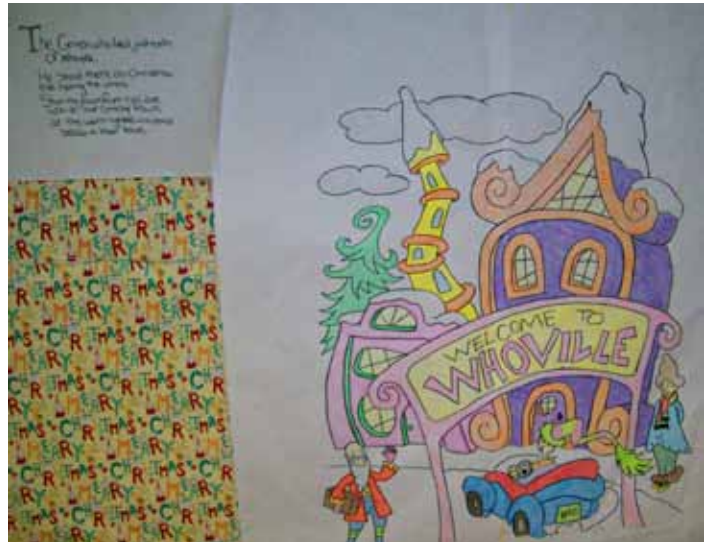
Every Christmas at Long Creek Youth Development Center (LCYDC), residents assigned to each of several living units pick a seasonal theme and decorate their common areas. They use their imaginations, creative talents, and available materials to best develop their chosen theme. Several volunteers are given the task of ranking the success of these endeavors with the payoff for the youth—besides bragging rights—a gradation of awards ranging from pizza, soda, an in-house movie with popcorn, and the like.

Under the watchful eye of Emmy Brown, long-time Volunteer Services Coordinator at Long Creek, the three of us served as this year's judges the afternoon before Christmas Day. As is usual in our experience, each of the five units did a remarkable job, but two of this year's efforts struck us so viscerally that they are the reason for the recognition expressed here.

In one unit, we were greeted by an enthusiastic group of young women who had somehow put together around the whole common area a sequential rendition of scenes and quotes from *How the Grinch Stole Christmas*. This led finally to the girls holding hands around a tree and together singing the Whoville Who's song. But, more emotionally touching, presumably in concert with the "stolen Christmas" theme, the girls had mounted in the center of the room a display of individually drawn angels each representing one of the 20 children, and 6 women, who died in the Newtown, Connecticut school tragedy.

The other remarkable exhibit presented by one of the young men's units was a very touching surprise. The display centered on individual photographs of each of the young men from Maine (with a couple from New Hampshire) who died in Iraq or Afghanistan. The photos were displayed on the walls around the room along with a short biography about each soldier. The necessary research for this project was provided by Long Creek's librarian.

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*Residents used their imagination and talents to decorate common areas in their units at Long Creek Youth Development Center.*

## Deck the Halls continued

In each of these efforts, these incarcerated kids thought beyond themselves. Each group bought forth an idea and then carried it through to completion. As judges, we were privileged, as well as, moved witnessing the results.



*Long Creek residents' display honors fallen soldiers from Maine and New Hampshire.*



*JPW TJ Whitcomb with his Long Creek bag on the move again. This time the locale was Fenway Park, Boston.*

## Month-Long Series of Special Performances

*By Chaplain Doug Spearman and Volunteer Chaplain Dan Mercer*

Being a teen in a correctional facility is always tough around the holidays. The entire staff at Long Creek Youth Development Center (LCYDC) always goes out of their way to make the weeks around Christmas as bright as possible. Chaplains Doug Spearman, Daniel Mercer, and the many volunteers joined forces to present a month-

long series of special events, concerts, and performances that highlight faith and encourage all the residents who care to join in on the fun.

This year we kicked off our concert series with a nationally known Christian Rapper from Boston, Lamar Calahan. This performance was held in our gym and always attracts most of the residents.

This was followed the next week by a local choir who brought sounds of the season and led the chapel goers in Christmas carols. Maine State Representative Amy Volk, accompanied by her husband and beautiful daughter, Mariah, sang and shared a message of hope the Saturday before Christmas along with the worship team from the Church of the Holy Spirit in Portland.

On Christmas Eve, music and food were the highlight with over 60 Boston Crème Donuts distributed to a packed crowd of kids while the Evan's family performed holiday music. Many of our volunteers gave up time with



*Sounds of the holidays fill the chapel at Long Creek Youth Development Center.*

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## Performances continued



*Richard Hagerstrom demonstrates his juggling skills to bring in the New Year.*

their families to participate with some of the youth and even return Christmas morning so the kids did not have to go without encouragement.

New Year's was celebrated with a special performance from the "Supreme Court Jester," Richard Hagerstrom—a Christian juggler and illusionist. We will wrap up this packed schedule with the wonderfully talented Tenley Westbrook and band in our gym later this week.

Blessings to all who participated and helped make the holiday season a very special one to remember for the residents of Long Creek.

In the spirit of the holiday season, LCYDC Chaplain Doug Spearman offered these thoughts:

*The most precious gift we give to ourselves at Christmas is the gift of ourselves and the time we will spend with family and friends. In a culture that has made this a stressful time and excess. Some of us will eat too much, most will spend too much, and unfortunately others will drink too much. Let's make this Christmas what it is really intended to be about; God's love and our love for one another expressed in action and words. We have all been impacted by the sad news and loss of precious children and their teachers in Newtown, Connecticut. Our prayers go out to these families grieving this Christmas and at the same time reminds us to recognize how much we should appreciate being with our loved ones. It's life itself and the simple things we want to treasure most this Christmas. In the words of Charles Dickens, "I will honor Christmas in my heart and try to keep it all the year."*

## Volunteers and Donations Making a Difference

*By Melanie Cardus and Stephanie Netto*



*Melanie Cardus from LCYDC with a volunteer from UNUM ready to spread some cheer.*

Long Creek was buzzing with holiday celebrations in December. The volunteer office hosted six holiday dinners with generous support of Aramark at Unum and Village Park Variety. Aramark prepared many pans of lasagna and Village Park Variety prepared and donated wonderful desserts. Residents were allowed to invite two individuals from their visits card to come to the facility and enjoy an evening spending time together and eating delicious food. Every year, the volunteer office reaches out to area churches asking for support with our holiday wish list drive. This year's response was overwhelming. Donation drop-offs began on December 17th and continued steadily throughout the week. On Christmas morning every resident received a gift bag filled with items they had previously selected from a wish list.

Dear Volunteers,

During this Christmas season  
There is more than just one reason  
To thank you for what you do  
We know that it is showing through  
People either angry or sad  
What ever you do, we can't be mad  
From socks to soap  
You give us hope  
Now enjoy your Christmas season  
And show more of what you do  
So I may be a little more like you!

*(Above.) The Long Creek volunteer office received this note of thanks from a resident.*



# A Tribute to Kim Deering and Long Creek Sports

By Bill Linnell

What a banner year 2012 was for sports at Long Creek Youth Development Center! Long Creek's A. R. Gould School made the State Class D playoffs in not just one, but two co-ed sports—soccer and basketball. Also, for the first time, a player was named to the State All-Star (soccer) Team. Other athletes competed in local road races, Ultimate Frisbee, and Club Soccer. Participation in sports at Long Creek achieved an all-time high in 2012 with over one-half of all committed residents being involved. Belonging to an athletic team is one of the top factors in reducing juvenile offenses.

So how do you start up an athletic program at a juvenile correctional facility in less than five years? And not just any athletic program, but one with field teams in six different sports, sends three of those teams to the state playoffs for a total of five playoff appearances, and includes an individual all-star team member and an individual sportsmanship award. A record like this sounds like Bob Kraft or Bill Belichick of the New England Patriots is involved! Close—but not quite. Long Creek's Kim Deering is the mastermind behind this impressive record. If you list the top ten athletic directors in Maine High School sports, Kim Deering would be numbers one through five.

After some thirty years without competitive sports, Long Creek's indomitable recreation director resurrected interscholastic sports, starting with a cross-country team in the fall of 2008. Basketball followed in the winter of 2008-2009. The next year, LCYDC's basketball team made its first Class D playoff appearance. Soccer followed in 2010, and made the playoffs in 2011 and 2012. Then basketball *rang the bell* for the playoffs again in 2012. In addition, a Long Creek soccer player was named Outstanding Sportsman in all of Western Maine Class D in 2011 and another player was named to the State Class D All-Star Team in 2012.

In the spring of 2010, the first-year track team made it to the state meet, which is even more remarkable, considering the student-athletes at Long Creek's A.R. Gould

School are usually only available for one season. With rare exceptions, coaches have to start from scratch with each year. Our 2012 accomplishments also include a competitive co-ed Ultimate Frisbee Travel Team and a spring Club Soccer program. These were in addition to the twice-weekly "Noon Ball" basketball games with staff and residents (that Kim Deering organizes and usually plays in).

How did Kim Deering, a member of USM's Sports Hall of Fame, accomplish all of this? She advocated for sports and won administrative support

within the building and from Commissioner Ponte. She lined up teams to play against other teams that were willing to play within the building's secure perimeter (even if the A.R. Gould School could not reciprocate). She recruited and supervised coaches, shaped new policies, got permission from resident's parents, and collected donated uniforms and equipment. She attended almost every practice in every sport—supporting and sometimes filling in for an absent coach—not to mention the additional duties that required locking and unlocking every locker, making sure uniforms were washed, and boiling dozens of mouth guards. After countless meetings with teachers and administrators on eligibility and security issues, Kim took players to meals after practice, packed gym bags for away games, and was a positive impact in the life of the residents at Long Creek Youth Development Center.



*Kim Deering has made a huge impact on the residents at Long Creek with sports programming.*

## The Holiday Season at Mountain View Youth Development Center

Staff and residents at Mountain View Youth Development Center marked the holiday season in a variety of ways:

- Staff sponsored 16 children for the Piscataquis Santa Project during the Holiday Season.
- MVYDC received contributions of games, puzzles, hygiene products, candy, socks, cards, and more for the residents to enjoy during the holidays. Volunteer Services Coordinator Marsha Higgins, staff and residents would like to thank the Bangor Lions Club and churches from Sommesville, Hulls Cove, Rangeley, East Millinocket, Dexter, and Charleston for their generous donations.
- Gift bags for inmates at the Charleston Correctional Facility were distributed during the holidays. Thanks to the Charleston Pentecostal Church for their generosity in helping with the purchasing of gift items.
- Residents enjoyed going to The Nutcracker ballet in December. For some residents (and staff) this was their first opportunity to view a ballet performance. Residents were also treated to a trip to the movies to watch *Les Miserable* in December.

*Despite their busy schedule, Santa and Mrs. Claus made a stop at the Mountain View Youth Development Center on December 21st. Residents were treated to a reading of Twas the Night Before Christmas by Santa and afterwards Santa and Mrs. Claus passed out treats.*



## High School Criminal Justice Class Visits Mountain View

On December 4th, our Board of Visitors member Brian Welsh, was approved to bring his High School Criminal Justice Class, from the Tri-County Technical Center in Dexter, into our facility to get an introduction to the Department of Corrections by means of Mountain View Youth Development Center (MVYDC). The goal was to provide students with a realistic view and understanding of how a correctional facility is operated. MVYDC's empty unit was made available to the class. Students were able to actually use the technology, conduct a search, view a presentation, and ask questions. This

unique experience may have been the first time students have ever been allowed access into a juvenile correctional facility. Mr. Welsh particularly wanted the students to understand why our recidivism rate is so good when compared to other facilities, and why programming needs to be carefully developed and implemented. Students particularly enjoyed the practical involvement such as room searches and what a day on the unit is like. Perhaps there will be a future Mountain View employee from Mr. Welsh's class one day.

# Mountain View Helping Hands and Mountaineering Class Help Harvest Trees

Juvenile Facility Operations Specialist “Bud” Dillon has had a very busy year with the Helping Hands (HH) crew (Residents who have requested and been approved to provide off-grounds community restitution hours under supervision). The crew continued to mow and clean cemeteries in Charleston and Dover throughout the fall.

Beginning in November, the HH crew, along with students and staff of the Mountaineering Class, worked at the Charlotte White Center’s Highland Blue Ribbon Tree Farm in Dover. They began by harvesting, bailing, loading and storing Christmas trees; then reloading the trees onto tractor trailer trucks for delivery. In all, they harvested approximately 6,000 trees.

JFOS Dillon received a nice complimentary letter from Rod Willey, Senior Program Director for Charlotte White Center, in which he thanked the staff and youth for an amazing job, and looks forward to more opportunities for collaboration in the future. Below is an excerpt from his letter:

*Both the staff and youth from your facility were amazing to work beside. They worked extremely hard, and with enthusiasm. I didn't hear any complaints about the nature of the work – handling heavy Christmas trees in the cold, wet, and mud – and we had a great time working side by side. Our crew got along incredibly well with*

*your staff and youth, and anything that needed to be done got done quickly and safely. One thing that stood out to me as I worked with your group was the tremendous desire of both staff and residents to learn about the trees, and the business. It also was clear that being outdoors and working hard, and making a difference with CWC's mission-based business was a great experience for the residents. No matter how hard the work, they kept asking when they could come back!*

Thanks to JFOS Dillon, staff, helping hands crew, and mountaineering!!

## Day One Annual Celebration

By Suzanne Ackerman, Day One Program Coordinator

On November 1st, Mountain View’s Deputy Superintendent Boyd Kronholm and Long Creek’s Superintendent Rod Bouffard attended Day One’s 39th Annual Celebration and Dinner that was held at the Sable Oaks Marriott in South Portland. The keynote speakers were boxing legends “Irish” Micky Ward and Dicky Eklund who inspired the Academy Award-winning film *The Fighter*. Both men shared their stories about struggles with substance use and how it impacted their lives.

Day One offers substance abuse treatment for youth at both Mountain View and Long Creek Youth Development Centers.



(Left.) Long Creek’s Superintendent Rod Bouffard and Mountain View’s Deputy Superintendent Boyd Kronholm.

(Above.) Boxing legends Dicky Eklund and Micky Ward. (Photo from the Day One website: <http://www.day-one.org/annual-celebration.html>.)



# Recent Staff Updates at Mountain View Youth Development Center

## Welcome New Hires

On November 19th, Superintendent Morin announced the selection of the following staff:

Joseph Capehart, Special Ed Teacher

Tannya Morris, Special Ed Teacher

Bruce Palmer, Spec. Ed Teacher

Matthew Dever, Library/Media Specialist/ Teacher

John Dalzell, JPW/Correctional Cook

Jean Barry, our teacher substitute for many years, as a full-time Science Teacher

Mountain View also welcomes:

Astrid Redmond of Day One as a new Substance Abuse Counselor

Kathy Monahan as the new Charlotte White Center Therapist

Dr. Peter Ippoliti returns to us for several hours a week to clinically assist.

## Promotions

Congratulations to Jean Barry on her succession to Science Teacher!

## Welcome Back Larry

Mountain View welcome back one of its own—Larry Austin returned to MVYDC as Superintendent effective December 1, 2012. Larry has 26 years of experience in DOC, both at the facility and correctional field levels in both juvenile and adult corrections. His knowledge and experience will help lead the Department as we move forward to address significant challenges and opportunities. Larry completed his Masters of Science in the Administration of Criminal Justice at Husson University in Bangor, where he now enjoys some teaching for the Criminal Justice Class.

## Gerry Merrill New Deputy

### Superintendent of Support Services

Gerry Merrill was selected as the Director of Support Services for Mountain View Youth Development Center and the Charleston Correctional Facility, and began his duties on December 1st. Gerry comes with in-depth knowledge of the American Correctional Association (ACA) process, has both correctional and law enforcement experience, and a keen awareness of how our Department operates. Gerry has been transitioning to his new role, while also helping Central Office with policy development until his position there as Director of Policy is filled. Congratulations and welcome Larry!

## Thank You Jeff Morin

The staff at Mountain View wish to thank Mr. Jeff Morin for stepping in to lead MVYDC as Superintendent during an extremely difficult time of unknowing and uncertainty. Jeff immediately went to work, crafted out a staff matrix/schedule, worked diligently on American Correctional Association (ACA), Performance-based Standards (PbS), FY13 and Zero-based budgets, monthly reports, mapping, resident situations and several audits.

We received a 100% score on ACA, gained a Level 4 on PbS, provided a PREA survey for National Survey of Youth in Custody, and all the while worked on a plan to join youthful offenders into the MV mix. He experienced many tough situations while here and many good times (like dunk tanks).

Jeff—the staff at Mountain View are so appreciative for all you did and we thank you!



## Region 2 • Juvenile Community Services

*By Susan L. Carr, Regional Correctional Manager*

We recently had a pot luck lunch and Yankee Swap to celebrate the holiday's. Staff played some fun communication games and fabulous prizes were awarded. Staff received some lovely gifts of shirts and/or vests with the State of Maine logo on them.

Jay Pennell has continued working with the Lewiston Auburn Neighborhood Network, which supports collaboration regarding the Somali community. The Neighborhood Network will be applying for a grant to provide culturally competent evidence based services. This is exciting news as there is a big need to address trauma and environmental risk factors within the Somali Community. We'll keep our fingers crossed!

In November staff participated in a Conference with Jim Paine from Anne E. Casey Foundation. Staff reviewed all sorts of data which seems to have some staff excited about becoming involved in this initiative as it moves forward.

Recently Steve Labonte, Jay Pennell and Linda Hersey attended a three day training on 4 Step TARGET. (Trauma Adaptive Recovery Education and Treatment) This will

allow them to run groups or do individual work with their clients. Jay will be conducting groups soon at the Tree Street Youth Center.

We continue working corroboratively with Thrive, as we work toward becoming a Trauma Informed Agency. Thrive provides trainings, technical assistance and consultation to youth and family-serving organizations and communities to strengthen the trauma-informed aspects of their practice. Services incorporate youth and family perspective through partnerships with Maine Alliance of Family Organizations, Youth MOVE Maine and individuals with lived experiences in behavioral health, juvenile justice, child welfare and special education systems.

Thrive is Maine's graduated System of Care, and receives funding from Maine's Department of Corrections Division of Juvenile Services and the federal Substance Abuse and Mental Health Services Administration. This funding will help us work with Thrive to develop a service delivery continuum that improves treatment delivery for our youth and their families.





# Central Office Gets into the Spirit of the Season...





# Charleston's Work Crews Hard at Work

Here's a sample of the various projects the inmate work crews from Charleston Correctional Facility have worked on in recent months:

- Worked for the Town of Dover-Foxcroft at the old Moosehead Manufacturing building.
- Building a new fishing Derby trailer for the Milo Fire Department.
- Upgrading an office for the Maine Forest Service in Greenville.
- Renovations for the town of Dover on the Center Hall.
- Shingling the roof on the old elementary school for the town of Garland.
- Working for the Town of Dexter at the Old Fossa' store.
- Removing planking on a trailer for the Maine Department of Transportation.
- Remodeling the Greenville Public Works office space.
- Rebuilding race ways for the Maine Fish and Wildlife in Enfield.
- Installing new entry doors for the New Hope Baptist church in Dexter.

## Employees' Services Anniversaries

### Facility Key:

CC-Community Corrections

CO-Central Office

CCF-Charleston Correctional Facility

CMPRC-Central Maine Pre-Release

Center

DCF-Downeast Correctional Facility

LCYDC-Long Creek Youth Development Center

MCC-Maine Correctional Center

MSP-Maine State Prison

MVYDC-Mountain View Youth

Development Center

SMRC-Southern Maine Re-Entry Center for Women

### 5 Years

Brian Baker .....MSP  
Trent A Bennett.....MVYDC  
Eric Bueno .....MSP  
Brent W Hooper ..... DCF  
Joshua A Libby .....MSP  
Dale Saucier .....MVYDC  
Troy Varney ..... CO

### 10 Years

Mark J D'Angelo.....BCF  
Michael C Lyon .....CC

Dianne L Nielsen ..... MCC

Terry E Smith.....MVYDC

### 15 Years

Roxann L Austin .....CC  
John P Bennoch .....CC  
William H Beverly Jr. .... DCF  
Sandra L Cyr .....MVYDC  
Jamie L Emerson .....MVYDC  
Susan L Gagnon .....CC  
Michael W Garan Jr. ....MSP  
David D Garrison ..... DCF  
Linda J Hersey .....CC  
Julio R Martinez.....CC  
Cheryl A McKenney.....CC  
Donald C Muth Jr.....CC  
Stephanie A Netto ..... LCYDC  
Michael W Robinson .....MSP  
Shane J Tyrrell.....MVYDC

### 20 Years

Creig A Ponsant .....BCF  
Janice A Sabin ..... LCYDC  
David A Williams.....MSP

### 25 Years

Harvey E Bailey..... MCC  
Steven P Conner .....CCF  
James B Stoddard Jr .....Pre-Release

### More than 25 Years

Wendell R Atkinson (1973).....MSP  
Willard R Blanchard (1984) ..... MCC  
Rodney E Bouffard (1976) ..... LCYDC  
David W Carroll (1986)..... MCC  
Dwayne A Chase.....MVYDC/CCF  
Ralph F Colfer (1984).....Pre-Release  
Susan L Colson (1986) .....CC  
George W Curran Jr. (1984) ..... MCC  
David E Cyr (1983) .....CC  
David M Daniels (1985) ..... DCF  
Scott F Farrell (1976) ..... LCYDC  
Werden C Grover (1985) ..... DCF  
Betsy Jaegerman (1976).....CC  
Michael K Mack (1984) .....CC  
Priscilla G McLellan (1985)MVYDC/CCF  
Kevin G Millay (1985) ..... DCF  
Paul F Whittaker (1985) .....MSP

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# **Santa's Workshop At Downeast Correctional Facility**

Vocational Trades Instructor Christopher Sprague and his crew made toys for the Machias Christmas Program. The carpentry and garments crews worked on the projects as well. The town of Machias donated the wood used for this project.